

Exploring College and Career

Grade 11

Welcome to the College and Career Exploration Activity!

Objective:

Today, you will explore your interests, strengths, and potential career paths to help you make informed decisions about your future after high school. This exercise will guide you in planning for your transition to college or a career.

Lesson Summary:

Introduction

Key Points:

We will focus on planning for your future as you consider the transition from high school to college or a career. We'll explore your interests, identify your strengths, and discuss potential career paths that align with your passions and skills.

Reflective Writing Space:

Why is it important to consider your interests and strengths when planning for the future? How can exploring career paths now benefit you in the long term?

Brainstorming Interests and Strengths

Instructions:

Identify what you are passionate about and what you excel in. Think about subjects you enjoy, activities you excel at, and hobbies that capture your interest.

Reflective Writing Space:

What are your top three interests? What are your top three strengths?



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Researching Career Path

Instructions:

Use the internet or other resources to explore careers that align with what you love and do well. Look for information about what these careers involve, the education needed, and potential job outlooks.

Reflective Writing Space:

What educational requirements are needed for the careers you researched? What do these careers involve on a day-to-day basis?

Organizing Information

Instructions:

With the information you've gathered, organize it into a clear format. This will help you visualize your path forward and make informed decisions about your future.

Reflective Writing Space:

Why is it helpful to organize your research into a chart or list? How can this information guide your future decisions?

Sharing and Discussion

Instructions:

Share some of the career paths you've explored. This is a great opportunity to learn from each other and possibly discover new options based on your classmates' research.



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Reflective Writing Space:

What career path did you choose to share, and why does it interest you? How does this career align with your strengths and interests?

Sharing and Discussion

Instructions:

Share some of the career paths you've explored. This is a great opportunity to learn from each other and possibly discover new options based on your classmates' research.

Reflective Writing Space:

What career path did you choose to share, and why does it interest you? How does this career align with your strengths and interests?

Reflective Journal Section:

Use this space to jot down any additional thoughts, feelings, or reflections about exploring college and career options. Consider how you can use this awareness to make informed decisions and build a future that excites and motivates you.

Keep this handout as a personal guide and reminder of the insights you've gained today. Use it to continue practicing and enhancing your planning skills as you transition into this new phase of your educational journey.

