

Loving life with little ones

# toddle **ab**out

FREE

N. Hampshire  
& W. Berks

April - June 2026

RAISING  
HAPPY EATERS

HELPING YOUR  
LITTLE ONE SLEEP  
PAST THE LIGHT

WIN  
4 X TICKETS TO  
DRAYTON MANOR  
WITH PRIVATE MEET  
& GREET

Everything Bump, Baby & Toddler Near You

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Basingstoke and surrounding areas.

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# WELCOME



## SPRING EDITION!

**Spring always brings a fresh burst of energy...** and behind the scenes at Toddle About, that's exactly what it's felt like.

Over the past few months, **things have really stepped up a gear.** We've been out and about networking, **meeting fantastic local businesses** and building new relationships that we're genuinely excited to share with you. From brilliant classes and family-friendly venues to inspiring local events, there's so much happening across our communities, and we're right in the middle of it, **helping bring it all together.**

And the excitement doesn't stop there... **Toddle About LIVE! is coming back to Sherfield School this September!** After such an incredible response to our 2025 event, we're already planning an even bigger and better experience for families and local businesses alike. These events are all about **connection**, giving families the chance to **discover what's on their doorstep**, while helping local businesses showcase what they do best.

So make sure you **lock it into your diary** and **grab your tickets** — you'll find all the details on page 11. We can't wait to welcome you there.

**At the heart of everything we do is a simple goal: to support families.** Whether that's helping you find your next favourite class, a great day out, or simply giving you ideas to keep little ones entertained, we're here to **make life that little bit easier (and a lot more fun).**

So as you flick through this Spring issue, we hope you **discover something new**, feel inspired, and maybe even find your next adventure.

*Bill & Emily*

Subscribe FOR FREE today at  
[www.toddleabout.co.uk/subscribe](http://www.toddleabout.co.uk/subscribe)

PS. Have you used the Toddle About website yet? Simply pop in your postcode, and you will be shown all the different things on offer for little ones near you. Head there now: [www.toddleabout.co.uk](http://www.toddleabout.co.uk)

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### Cover picture:

Thank you to **Charise** from **co-photography** for this gorgeous cover photo.

Find out more at:

[www.co-photography.co.uk](http://www.co-photography.co.uk) & follow them @co\_photography23



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📍 ToddleAboutNorthHampshireandWestBerkshire

🌐 [toddleabout\\_nhants\\_wberks](https://www.toddleabout_nhants_wberks)

**9,000 copies** of Toddle About are distributed every quarter around North Hampshire and West Berkshire including Newbury, Thatcham, Alton, Winchester, Andover, Tadley, Bramley, Basingstoke, Hook and surrounding area.

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Toddle About North Hampshire & West Berkshire, 19 Herriard Way, Tadley Hampshire RG26 3UG. Call us on 07357 162124.



## New Home, Same Amazing Play

Tiny Town Cafe is a role play cafe in the heart of Newbury, recently relocating from their previous space to their new home. Have you checked it out yet?

They offer a safe, engaging play space for little ones and their families; with a vets, fire station, science lab and much more to explore.

Whether it's a play date, birthday party or part of the weekly routine, Tiny Town has the toys and coffee to keep you all happy.

Visit [www.tinytownnewbury.co.uk](http://www.tinytownnewbury.co.uk) to book your tickets today. [See P.19](#)



## Power of Outdoor Learning

Outdoor learning is at the heart of life at Little Oaks Nursery, based at The Oratory Prep School. Set within a 65-acre campus, children aged 2–4 benefit from daily access to nature, where exploration supports focus, creativity and social development. From woodland walks to den building and wildlife spotting, each experience builds confidence, resilience and independence. Staff embrace every opportunity to turn outdoor play into meaningful learning. Get in touch to find out how your child can grow through outdoor discovery.

To book a tour or find out more about open days, visit [www.oratoryprep.co.uk](http://www.oratoryprep.co.uk). [See P.27](#)



## Board Game Café for All the Family

Rocket Propelled Games is a family-run, independent board game café and shop creating a fun, fully inclusive environment. Passionate about board games, the team enjoys the challenge, strategy and social interaction they bring, aiming to unite people in a safe, welcoming space for all. The café offers a relaxed setting for families to play, connect and unwind together. Dedicated baby and toddler sessions take place every Thursday.

Visit [ww.rocketpropelledgames.co.uk](http://www.rocketpropelledgames.co.uk) to find out more [See P.34](#)

## Calm, Practical Birth Support

Larri, the doula behind LarenaDoula, offers steady, impartial support to families navigating pregnancy and birth. With a realistic, compassionate approach, she helps parents feel informed and grounded while moving through a maternity system that can sometimes feel overwhelming. Larri provides a consistent, reassuring presence during this significant transition. Her role is to listen, guide and support every decision, whatever the birth journey brings.

Get in touch to see if working together feels right via [www.larenadoula.co.uk](http://www.larenadoula.co.uk) [See P.27](#)



## New Book Makes Bedtime Easy!

Bestselling author Smriti Halls and Supertato co-creator Sue Hendra have released recently a new children's book set to make bedtime easier for thousands of parents.

Bedtime For Little Digger uses rhythmic text and charming, fun-filled illustrations to delight young vehicle fans while gently encouraging winding down and tidying toys away. Even little diggers need rest so they can wake bright and early, ready for a busy day ahead.

Available now at [www.waterstones.com](http://www.waterstones.com) [See P.17](#)





## Play Village Finds New Home

After nearly eight years running Pop Up Play Village as a fully mobile service, the team has opened a permanent role play centre at Basingstoke Leisure Park. The new venue will feature their much-loved imaginative play setups alongside a real café serving sandwiches, jacket potatoes, and coffee and cake. This marks an exciting new chapter, offering families a consistent space to play, explore and relax together.

Find out more at [www.popupplayvillage.co.uk/organiser/basingstoke](http://www.popupplayvillage.co.uk/organiser/basingstoke) See P.15



## Learning Through Play

Match 2 Learn has created a fun educational game helping children build skills in letters, colours and counting, and now it is set to launch on Amazon. Designed to encourage shared play, it brings learning to life through simple, engaging activities that support confidence and early development. Created with families in mind, the game makes it easy to combine playtime with learning at home. The upcoming Amazon release means even more families will soon be able to enjoy it.

In the meantime, go to [www.match2learn.co.uk](http://www.match2learn.co.uk) to buy it for yourself. See P.13

## Days Out Made Simple

Basingstoke Leisure Park is a go-to destination for families with young children, offering a variety of activities to suit all ages. If you're looking for ways to keep your little ones entertained, active and smiling, the Leisure Park has you covered. From splashing in the pool to stepping into role play worlds, first cinema trips or a game of bowling, there is plenty to enjoy. With ample free parking and places to eat, it's an easy family day out.

Visit [www.lovebasingstoke.co.uk/explore/be-inspired/explore-the-leisure-park](http://www.lovebasingstoke.co.uk/explore/be-inspired/explore-the-leisure-park) to plan your trip. See P.26



## Play with Purpose

Wellesley Prep School champions supported play with purpose, giving children a strong foundation for growth. Through a blend of child-initiated and adult-guided activities, experienced staff nurture each child's development and next steps. A focus on physical development includes access to specialist teaching in PE, gymnastics and swimming. Outdoor learning is central, with woodland sessions and gardening encouraging exploration and confidence. And from September, extended hours from 8am–6pm and 51-week places will offer greater flexibility for families beyond the term-time offering.

Visit [www.wellesleyprepschool.co.uk](http://www.wellesleyprepschool.co.uk) to find out more and to book a tour. See P.16



## Adventures at Bekonscot!

Step into a miniature world at Bekonscot Model Village & Railway, the oldest original model village in the world. Established in 1929 and set in 1.5 acres of manicured gardens it is the perfect day out for adventurers young and old. Wander through miniature village scenes, marvel at our extensive Gauge 1 model railway and watch the trains whizz by, enjoy a ride on our 7 1/4" narrow gauge light railway and relax with some tasty seasonal treats from our tearoom after a busy day of discovery.

Book online at - [www.bekonscot.co.uk](http://www.bekonscot.co.uk) at least 48hrs in advance to enjoy 10% off your next adventure!

See P.9



# TODDLE MODELS

## Baby and Toddler Photo Competition Winner

Thank you to everyone who entered our New Year Toddle Models competition!

Congratulations to little Oakley who won a **Little Tikes Bundle of toys**, worth £129!

We received so many gorgeous entries - we hope you enjoy looking through them as much as we have and that this gives all our entrants a lovely keepsake.



Oakley, 14 months old



Follow on socials: [@officiallittletikesuk](https://www.instagram.com/officiallittletikesuk)



Adriel & Ariella, 4 & 2 years



Aiden, 20 months



Alfie & Evie, 5 years & 6 months



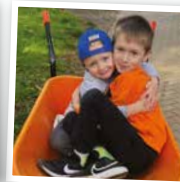
Alicja, 7 years



Astrid, 2 years 11 months



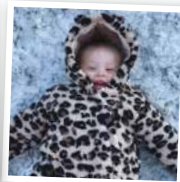
Avyans, 3 years 4 months



Charlie & Lewis, 4 & 6 years



Chester, 1 year 4 months



Daisy, 11 months



Darcy, 3 years



Eloise, 3 years 3 months



Everly & Maisie, 2.5 years & 9 months



Felicity, 4 months



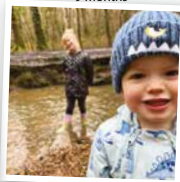
Florence, 1 year



Halen, 2.5 years



Hallie, 7 months



Harvey & Kaia, 2 & 8 years



Hope & Sydney, 2 & 3 years



Joel, 2 years 1 month



Jude, 3 years



Kylan, 13 months



Leo, 17 months



Lochie, 4 years



Louie & Grace, 3 & 1 years



Louis, 2 years



Maisie, 11 months



Maisie, 3 years



Marcy & Nate, 6 years



Niko, 19 months



Robin, 3 years



Roman, 3 years 5 months



Sophia, 4 months



Vincent, 3 years



Willow, 11 months



Zendaya, 2 years 11 months

COMPETITION

# TODDLE MODELS

## WIN A COMPACT FOLDING BE FUN BALANCE BIKE



WORTH £99

### Ready to get your little one rolling?

We're giving one lucky family the chance to kick-start their child's cycling journey - the fun, confident and completely stress-free way - with a **Be Fun Compact Folding Balance Bike**.

Designed to make those first wobbly steps on wheels feel natural and exciting, this balance bike helps little riders build confidence, coordination and independence from day one. No stabilisers. No pressure.

And when adventure time is over? It folds down in seconds - perfect for popping in the car, storing neatly at home, or taking along for family days out.

Because learning to ride should be simple, joyful and **FUN!**

Find out more at [www.befunwheels.com](http://www.befunwheels.com)

### HOW TO ENTER:

Send us a photo of your little one having fun or enjoying some spring sunshine!

We will print as many entries as possible in the next magazine to give you a lovely keepsake.

Enter by **Sun 7<sup>th</sup> June 2026**.

ENTER AT:

[www.toddle.fun/toddlemodels](http://www.toddle.fun/toddlemodels)



# Springtime Fun Family Days Out

MAKE THE  
MOST OF SPRING WITH  
THESE GREAT FAMILY-  
FRIENDLY EVENTS

SHAKE OFF THOSE WINTRY BLUES AND ENJOY THE SPRING SUNSHINE WITH THESE FUN DAYS

## CIRCUS DAY AT BEKONSCOT

2 - 4 MAY, 10AM - 5:30PM

The circus is coming to Bekonscot to celebrate the return of the National Film and Television School (NFTS) puppets! Come see the exhibition and try your hand at some circus skills.

*Cost: Free (included in standard entry price).*

**Bekonscot, Warwick Road, Beaconsfield HP9 2PL**

[www.bekonscot.co.uk](http://www.bekonscot.co.uk)

## THE BIG LITTLE CRICKET BASH

16 MAY, 10AM - 12PM

Join The Oratory Prep School for a fun-filled family day of cricket, games and activities. Enjoy great food, refreshing drinks and a lively atmosphere where children can play, explore and make memories together.

*Cost: Free.*

**The Oratory Prep School, Goring Heath RG8 7SF**

[www.oratoryprep.co.uk/admissions/visit-us](http://www.oratoryprep.co.uk/admissions/visit-us)

## WATERCRESS FESTIVAL

17 MAY, 10AM - 4PM

Celebrate all things watercress at this vibrant, family-friendly festival in New Alresford. Enjoy street markets, cookery demos, lively Kids Zone with circus skills, and the famous Watercress Eating Championship, an great day packed with fun, food and entertainment for all ages.

*Cost: Free.*

**Various locations across Alresford, Hampshire**

[www.watercressfestival.org](http://www.watercressfestival.org)

## BANK HOLIDAY GARDEN PARTY

25TH MAY, 12PM - 3PM

Celebrate summer in the Rose Garden with live music, children's entertainment, face painting, and sweet treats. Enjoy a relaxed family atmosphere, explore the new garden bar, and soak up a fun-filled afternoon supporting a fantastic local charity together.

*Cost: £5 per person donation (to Hampshire Hospitals Charity).*

**The Wellington Arms, Stratfield Turgis RG27 0AS**

[www.wellingtonarmshampshire.co.uk/whats-on](http://www.wellingtonarmshampshire.co.uk/whats-on)

## FIREMAN SAM LIVE!

31 MAY, 12:30PM

When Norman Price gets into trouble, it's up to Fireman Sam, Elvis and Ellie to save the day. With clues, pirate songs and plenty of swashbuckling adventure, Fireman Sam's new live show is perfect for all budding pirates!

*Cost: Adults £21. Under 16s £20 (includes £4 booking fee).*

**The Haymarket, Wote St, Basingstoke RG21 7NW**

[www.anvilarts.org.uk/events/fireman-sam-live](http://www.anvilarts.org.uk/events/fireman-sam-live)

## THATCHAM FAMILY FUN DAY

28 JUNE, 11AM - 4PM

Thatcham's much-loved Family Fun Day returns for another huge celebration of community spirit. Expect a lively mix of funfair rides, entertainment, stalls and delicious food, with plenty of activities to keep children entertained all day.

*Cost: Free.*

**Henwick Sports Ground, Thatcham RG18 3BU**

[www.thatchamtowncouncil.gov.uk/event](http://www.thatchamtowncouncil.gov.uk/event)

# CHEESE & CARROT STARS



The ultimate finger food for babies and toddlers alike, these soft veggie-packed stars from Annabel Karmel are the perfect lunch, dinner or nutritious snack for growing little ones.

**Makes:** 10-12 stars

## Ingredients:

- 200g carrots, peeled and grated
- 2 eggs, beaten
- 50g Cheddar cheese, grated
- 4 tbsp self-raising flour
- 25g Parmesan cheese, grated

Written by  
Annabel  
Karmel

## Method:

1. Preheat the oven to 180°C Fan.
2. Put the carrots in a clean tea towel, squeeze out as much liquid as possible.
3. Place in a bowl. Add the cheeses, eggs, flour and seasoning (for babies 12 months +)
4. Line a baking sheet with non-stick baking paper. Put a star cutter onto the sheet. Fill the cutter with the carrot mixture. Press down firmly. Remove the cutter and repeat.
5. Bake in the oven for about 15 minutes until lightly golden and set.

Looking for more recipe inspiration? Annabel's award-winning recipe app is home to 1,300+ simple and delicious ideas for the whole family, PLUS new recipes every week.

**Start your FREE trial today!**



Save  
10%  
when you book  
online 48 hrs  
in advance

## Enjoy Adventures at Bekonscot this Spring!

There is lots going on at Bekonscot Model Village & Railway over the 2026 season. Set in 1.5 acres of tranquil gardens Bekonscot captures a snapshot of 1930s rural England. During your next visit:

- 🏠 Explore our model villages.
- 🚂 Watch the trains whizz along our Gauge 1 model railway.
- 🚂 Ride on our 7 1/4" narrow gauge light railway.
- 🍷 Enjoy some tasty seasonal treats from our tearoom.
- 🏴‍☠️ Discover pirate adventures in our playground.
- 🏠 Enjoy themed crafts Tues - Thurs during the school holidays.



To plan your next adventure visit [www.bekonscot.co.uk](http://www.bekonscot.co.uk)

Follow us for  
daily updates!



## SPRINGTIME SPOTTER

CAN YOU COUNT UP ALL THE DIFFERENT THINGS IN OUR GARDEN?



## CHEEKY CHARLIE HUNT!

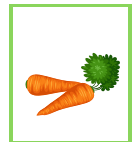
WE'VE HIDDEN CHARLIE, TODDLE ABOUT'S CHEEKY MASCOT, THROUGHOUT THE MAGAZINE!  
CAN YOU COUNT HOW MANY TIMES HE APPEARS?

### HOW MANY?

		<input type="text"/>		<input type="text"/>		<input type="text"/>		<input type="text"/>
		<input type="text"/>		<input type="text"/>		<input type="text"/>		<input type="text"/>

## BEASTIE BITES

MATCH THE ANIMAL TO THEIR FAVOURITE FOOD!



ANSWERS ON P.39



# TODDLE ABOUT LIVE! HAMPSHIRE

Toddle About LIVE! Hampshire is a fun, welcoming event created especially for parents of babies and children aged 0-5. Meet trusted local businesses, discover activities and services for your family, enjoy hands-on fun, and connect with other parents in your community.

**Sat 12th May 2026 10am - 3pm**

Whether you're looking for ideas, support, or simply a lovely day out together, this is an event designed around real family life.

WITH OUR FRIENDS AT  Hampshire Hospitals Charity

Sherfield School - Hook, nr Basingstoke, Hampshire RG27 0HU



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[www.petiteschoolofdancing.com](http://www.petiteschoolofdancing.com)



Follow us for daily updates!



# Laughter & Play

## THE TWO KEY INGREDIENTS FOR LANGUAGE DEVELOPMENT

by Nicky McKeon



Let's be honest... When was the last time you got down on the floor and played with your child? And really played? When did you intently watch how your little one played with a toy and then joined in with their game, before introducing your rules of how to play?

The key to supporting positive language development is to laugh and play together every day - even if it is only for 5 minutes.

We know that children develop at different rates, but we also know that the best learning is offered with patience, curiosity and joint attention. In a world dominated by passive electronic devices, the essential ingredients to developing communication skills with your child is through person to person play, using facial expressions, shared awareness and unbridled happiness.

It doesn't have to be hard or expensive - here are some quick and easy ideas to make you both smile:

### FLOURY LANGUAGE

A sieve, some flour and a piece of black card in a tray can capture a child's imagination and enrich their language so easily - think how the flour falling through the sieve could be snow, space dust, fairy dust. Drawing shapes in the fallen flour with your fingers can promote sensory joy and descriptive language ("soft", "cold", "like clouds") and knowing that there has to be a finish and tidy-up helps with transitioning from activities, following instruction and sequencing. Your simple commentary will model language and introduce new and exciting vocabulary.

### STORY SOUNDTRACKS

A shared story book will help your child predict familiar and new situations ("Who's going to be hiding on the next page?") and expand memory

skills ("What did the caterpillar eat on Tuesday?")

Taking turns to offer instructions is a great way to demonstrate patience and develop resilience, in addition to modelling to your child how to ask for help ("Can you see the butterfly? I can't find it. Can you help me?") Making animal noises together during the story is a good way to check out if your child can produce all of their vowel sounds correctly ("Eeek! Squawk! Woof! Moo!")

### BATH TIME BANTER

Ditch the bath toys for one night and replace with different sized spoons, measuring cups and plastic beakers. This provides a great opportunity to introduce comparative language (big / little, full / empty) and imaginative role play - who wouldn't want a frothy cappuccino at the Splash Cafe?

Through activities such as these, you can build a closer and more trusting relationship with your child and help to ensure that their language is developing in an appropriate way.

If you have any concerns regarding your child's speech and language development, speak to your Health Visitor or contact your nearest Independent Speech and Language therapist via the ASLTIP website ([www.asltip.com](http://www.asltip.com)). We're a friendly bunch and can always offer some top tips, ideas to support your child and some reassuring words for you.

*But most importantly, have fun and play together every day!*



Nicky McKeon is a qualified Speech and Language Therapist. She is a mum to teenagers with a background in commercial marketing and experience in early years and primary education. She is passionate about supporting children's communication development through fun, accessible approaches for families. [www.asltip.com/members/nicky-mckeon](http://www.asltip.com/members/nicky-mckeon)

# toddling about

## N. Hampshire & W. Berks

# SPOTLIGHT ON... JOLLY TOTS TADLEY (MESSY PLAY)



We've asked local blogger **Mama Around Town**, to share some of her favourite adventures and activities to try with little ones.

Jolly Tots is a **brilliant Messy Play session** for children up to school age. Based in Silchester and Heath End, the 1hr and 45 mins session kept my little one entertained right through. There was a small break in the middle to enjoy a small snack and drink (**all included in the price**) and a 10 minute singing session at the end.

Jo and Emma, who run the sessions, put so much attention in to the **different themes** each week. Everything was really thought out and clean with an extensive choice of tables to play at. We enjoyed playdough, coloured rice, colouring, painting, water play, dolls and ride ons, flower building and sand. **Great for little ones** to get their hands into, without having to clear up the mess at home.

Being a parent can sometimes mean last minute changes - there was so **need to book** this session, just turn up, pay at the door and play!

This is definitely in **my top 5 favourite classes** for under 5s and especially if you have multiples!



**INFO:** **Classes / Place: Tuesday** - Silchester Hall, Silchester, for children under 5 years old.  
**Classes / Place: Thursday & Friday** - Heath End Hall, Tadley.  
 Various morning session suitable for Mini Messy for children under 2 years old and 2-5 yr  
**Check Out:** [www.jollytotstadley.blogspot.com](http://www.jollytotstadley.blogspot.com) for the most up to date info

*Mama Around Town* through her socials shares her adventures with her children and days out in and around Hampshire and Berkshire. Discover her world at [@mamaaroundtown](https://www.instagram.com/mamaaroundtown)

Turn ★ Recognise ★ Articulate

- Learn Phonics
- Learn to count
- Learn the colours
- Learn the alphabet

Can you match the symbol?

a	b	c	m	j	y
1	2	3	c	e	u

match2learnltd [www.match2learn.co.uk](http://www.match2learn.co.uk)

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## CAMPFIRE CHATMALLOWS™ – STORYTELLING SET, £23.95

Gather around this special campfire! Pick 3 Chatmallows from the drawing string bag, add them to a stick, and create imaginative stories using the 48 story starter icons. With a safe LED campfire glow, this set boosts vocabulary, creativity, reasoning, and social skills.

[www.learningresources.co.uk/campfire-chatmallows](http://www.learningresources.co.uk/campfire-chatmallows)



## YOBIB TRAVEL BIB, £24.50

YOBIB is a thoughtfully designed silicone bib created for children prone to motion sickness. Made from soft, food-grade silicone, it discreetly protects clothing during travel. Reusable, easy to clean and beautifully simple, YOBIB offers parents a refined, practical solution that brings calm, comfort and confidence to every journey.

Search YOBIB on Amazon



## MY COMMUNICATION FLASH CARDS, £6.50

These bright, child-friendly communication cards are designed to support speech, emotions and daily needs. Featuring clear illustrations and simple phrases, they help children express feelings, make choices and communicate routines. Ideal for home, school and children with additional needs.

[www.sngsensoryltd.co.uk](http://www.sngsensoryltd.co.uk)



## SLIPFREE® SHOES, FROM £15.95

Slipfree® shoes are soft, flexible, non-slip footwear designed to support safe, confident movement. With a barefoot feel and seriously grippy soles, they help protect feet from everyday hazards. With UPF 50+ sun protection, they're podiatrist approved for babies' first steps, designed to swim in, and perfect for all adventures.

[www.slipfree.co.uk](http://www.slipfree.co.uk)



## THE BUSY BOX, £19.99

The Busy Box is a monthly, screen-free craft subscription designed to inspire creativity in young children. Each box includes eco-friendly, age-appropriate activities with clear instructions and a playful story element, helping parents enjoy meaningful, hands-on time with their children, while supporting early learning, fine motor skills and imagination at home.

[www.thebusybox.co.uk](http://www.thebusybox.co.uk)

WIN THIS!

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FATHER'S DAY CRAFT

# SALT DOUGH HANDPRINT BOWL



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## YOU WILL NEED:

- Small ovenproof bowl
  - Rolling pin
  - Salt Dough:
  - Acrylic paint
  - Mod Podge glue and sealer
  - Sharp knife
- 2 cups plain flour,  
1 cup salt, 1 cup water

## How to Make:

1. Mix flour, salt and water to make a stiff dough. If it's too sticky, add a little more flour.
2. Roll the dough to about 1cm thick. Press your child's hand firmly onto it to create a clear handprint.
3. Use a sharp knife to cut around the handprint. Smooth the edges with a damp finger.
4. Drape the dough over a small ovenproof bowl on a baking tray to form the bowl shape. Bake at 100°C for 2-3 hours until completely hard.
5. Once dry, paint your bowl and add a heart or design. Seal with Mod Podge to make it last forever.



Craft kindly supplied by Louise McMullen of Messy Little Monster, author of *Fun Painting Projects for Kids*. For more fun ideas visit [www.messylittlemonster.com](http://www.messylittlemonster.com)

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### Enter at [toddle.fun/thomas](http://toddle.fun/thomas)

Competition closes midnight on Sunday 14th June 2026.

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# More Than Morning Sickness



## HYPEREMESIS GRAVIDARUM EXPLAINED: WHEN NAUSEA AND VOMITING IN PREGNANCY GO FAR BEYOND THE NORM.

Sickness in pregnancy is often a welcome sign in those early days when all the evidence you have is the two lines on a stick. The challenge for many of us is that the term morning sickness doesn't really scratch the surface of our experience and symptoms are rarely limited to mornings.

Pregnancy sickness is a spectrum condition which affects everyone differently. It ranges from periods of mild nausea or the odd vomiting episode right through to constant nausea and regular vomiting. In most cases, a few tweaks to diet and lifestyle can make things easier to manage and symptoms usually ease around 12 weeks.

But what about when those tweaks don't work? What about when the nausea is so intense it feels like it's crushing your soul? When vomiting comes regardless of whether you have eaten anything? When it's so violent you struggle to catch your breath? When the mere thought of food kicks off the awful cycle of vomiting again? What if you can't keep down even a sip of water - or your own saliva?

That's Hyperemesis Gravidarum (HG). It's an extreme form of nausea and vomiting in pregnancy that affects up to 4% of pregnancies and requires medical treatment. Although symptoms start in the early weeks, they often last far beyond the first trimester, with almost a quarter of women needing anti-emetic treatment throughout their entire pregnancy.

For those with a family history of HG, there is an increased risk, and once you've had it in one

pregnancy, there's around an 80% chance you'll experience it again. Which is a pretty tough pill to swallow. Literally. The good news is that a variety of treatments can be safely used in pregnancy.

The key differences between HG and typical pregnancy sickness are the severity of symptoms and the impact they have on women's and birthing people's physical and mental health. It's not uncommon for sufferers to say they feel like they are dying, as though their body is failing in front of their eyes, and yet they are reminded that they are lucky to be pregnant.

Therein lies the contradiction: the gap between expectation and reality. The difference between what is expected of pregnancy and the reality of an HG pregnancy is vast and can lead us to question our experience. If everyone feels this unwell, why aren't we talking about it more often? Or are we just weak because we can't cope when everyone else can? It's easy to see how this leads to isolation.

### WHEN SHOULD I GET HELP?

Seek help as soon as you are struggling. If nausea and vomiting are impacting your ability to eat, drink or work, seek medical advice. There are medications that can help manage the symptoms.

The free helpline on **0800 055 4361** is available during office hours for empathy, expertise and support, or visit [www.pregnancysicknesssupport.org.uk](http://www.pregnancysicknesssupport.org.uk) any time. HG is brutal, but you don't have to face it alone.



Pregnancy  
Sickness  
Support

*Lindsay Salmon is Community & Engagement Manager at Pregnancy Sickness Support. Drawing on her lived experience of HG and a background in teaching, SEN and counselling, she is passionate about raising awareness, improving education, and amplifying the voices of the HG community.*



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VIP CLUB READER REVIEW:

# JAMIE'S LITTLE FOOD LIBRARY



Written by **Monica Tanasuc-Griboveanu**, Toddle About Subscriber

These fun, interactive cookbooks introduce little ones to baking with simple recipes and playful illustrations. Created by Jamie Oliver, they build confidence in the kitchen while encouraging creativity. £8.99 each from Waterstones.

We are so in love with "Jamie's Little Food Library"!!!

The books have simple yet realistic illustrations that are so fun and easy to follow. Each recipe has all the ingredients beautifully illustrated for easy recognition by little ones, along with the name of each ingredient in a big font that is so helpful for those starting their reading journey.

Each book has folding pages that are so fun to discover and help guide children through the instructions step by step. We had so much fun making the cookies recipe, as it was my little one's

and my first time baking cookies together. All you need are simple ingredients that most people already have at home, making it easy to get started and enjoy the process.

The books are the perfect start to a cooking journey, with four simple recipes that my little one loves so much. They've also been wonderful for bonding time, and now my little one gets excited for lunch or dinner preparation, always bringing along the recipe she wants us to make together that day.



*Review has been edited.*



Monica was given this product **as a freebie** for writing this review.

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# Raising A HAPPY EATER

## HOW TO HELP YOUR CHILD BUILD A HEALTHY RELATIONSHIP WITH FOOD.

by Alicia Eaton



If you are parenting a child under five, you probably spend a surprising amount of time thinking about food. What to buy, what to cook, whether your child will eat it – and if they don't, what that might mean. It can feel exhausting.

But beyond nutrients and portion sizes, something far more important is happening during these early years. Your child is forming a relationship with food – one that will likely stay with them for life. Many of us can remember episodes from our own childhood that still shape the way we eat as adults. Long before children understand ideas like healthy eating, they absorb the atmosphere around meals. They notice your tone of voice, how rushed or relaxed things feel, and whether food becomes a source of tension or enjoyment.

The reassuring part is that raising a happy eater is rarely about getting food exactly right. It is far more about helping children feel comfortable and unpressured, alongside a steady set of routines and habits. That is something most parents can offer, even on busy days.

### TODAY'S FOOD WORLD IS DIFFERENT

Parents today are raising children in a very different food environment from the one many of us grew up in. Supermarkets offer endless choice, cafés are everywhere and food delivery apps mean everyone can eat something different at the touch of a button.

Alongside this, there is a constant cultural conversation about sugar, ultra-processed foods, allergies and weight. Even very young children pick up on this emotional backdrop.

They may not understand the language adults use,

but they understand when something feels not quite right. They notice when food becomes a source of worry and can sense when adults feel conflicted about eating.

One of the most helpful things we can do is simplify the emotional atmosphere around food and avoid using labels such as 'good' and 'bad'.

### APPETITE IS ALLOWED TO CHANGE

One of the most common concerns I hear from parents is how unpredictable their child's appetite can seem. A toddler who eats enthusiastically one day might barely touch their food the next. They may love a food for weeks and then suddenly refuse it.

This fluctuation is normal. Young children's appetites vary depending on growth, sleep, activity and emotional state. Responding calmly to these phases helps far more than reacting with anxiety.

When children are coaxed or persuaded to eat more than they want, they begin to focus on adult expectations rather than their own internal cues. Over time, it becomes harder for them to recognise hunger and fullness.

Falling out of touch with your body's natural hunger signals is easily done and can lead to a child that pesters you for endless snacks, even when they're not genuinely hungry. This is not out of greediness, but more a response to tiredness, boredom or frustration.

So a happy eater is not a child who clears their plate every time, but one who gradually learns to recognise hunger, satisfaction and even occasional lack of appetite as normal.

## AVOID TURNING FOOD INTO A REWARD OR A BATTLEGROUND

Many of us fall into the habit of using phrases that can have unintended consequences:

*"Just three more bites."*

*"You can have pudding if you finish."*

*"Be good and eat your vegetables."*

They come from a place of care - we want our children to be nourished. But over time, these messages can create associations we did not intend. Food becomes something to earn or negotiate over. If dessert is framed as a prize and vegetables as an obstacle, we unintentionally elevate one and downgrade the other.

Keeping language neutral can make a big difference. Some families find it helpful to talk about "everyday foods" and "sometimes foods," rather than good and bad foods. This keeps the tone practical and removes moral weight from eating.

## THE POWER OF ROUTINE

Children feel safer when life is predictable, and eating is no exception. Regular mealtimes and planned snack times create a rhythm that reassures children food is coming again.

This alone should reduce frequent requests for snacks. Children who graze throughout the day often do not experience genuine hunger, which can make them seem fussy at mealtimes. Allowing gentle hunger to build helps them come to the table ready to eat and more open to new foods.

In France, children are taught that feelings of hunger are to be welcomed, for it means that you'll enjoy the next meal even more. So a little bit of patience is no bad thing.

## SENSORY PREFERENCES MATTER

Some children may appear fussy, but their senses are still developing and it's not uncommon for them to experience sensory overwhelm. Strong reactions to smells, colours, textures and how food feels in the mouth are not unusual.

One child may prefer crunchy textures, another may dislike foods that are mixed together, while some need to explore food with their fingers before feeling ready to taste it.

*Alicia Eaton is a Harley Street-based behaviour change psychotherapist with over 20 years' experience working with parents, children and teenagers. She's the author of *Mind How Your Kids Eat*, which explores how everyday habits and language shape children's long-term relationship with food.*

When we view these reactions as sensory preferences rather than stubbornness, the mood around mealtimes can soften. Instead of asking, "How do I make my child eat this?", we can ask, "How can I present this in a way that feels manageable?"

Small adjustments – separating foods, changing temperature or offering a familiar dip – can make a surprising difference.

## SIMPLE WAYS TO HELP RAISE A HAPPY EATER

### Keep the emotional atmosphere calm

Children eat best when they feel safe rather than watched or evaluated. Aim for connection at the table rather than control.

### Trust fluctuating appetites

Toddlers rarely eat the same amount each day. Calm responses help them stay connected to hunger and fullness cues.

### Avoid turning food into leverage

Using dessert as a reward or vegetables as a hurdle can create associations that last beyond childhood.

### Create gentle structure around food

A predictable rhythm reassures children that food is coming and allows appetite to build naturally.

### Respect sensory preferences

Texture, temperature and presentation matter more than many adults realise.

### Model the desired relationship with food

Children learn more from what they observe than from what they are told.

### Focus on the long game

No single meal shapes your child's eating habits. It is the small, repeated experiences over time that build curiosity and trust.

Early childhood is a powerful period for habit formation, but this does not mean parents have to get everything right. What matters most is the emotional pattern children experience repeatedly: calm meals, neutral language, recognition of internal hunger signals and a sense of connection at the table.

A happy eater is not a child who eats perfectly, but one who feels comfortable, curious and safe around food.





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# RISE AND SHINE (TOO EARLY):

by Melanie Hastings

## HELPING YOUR LITTLE ONE SLEEP PAST THE LIGHT



If your child has suddenly started greeting the day at an eye-watering 5am, you're not alone and you're definitely not imagining it. As the mornings grow lighter, little ones are among the first to notice, and their sleep can take a real hit as a result.

Young children are beautifully in tune with their environment, which means light even the faintest glimmer creeping under a door can signal their brains that it's time to wake up. The good news? There are some simple, gentle changes that can make a big difference.

**Block out the light.** This is often the single most effective step. Invest in proper blackout blinds or curtains not the flimsy kind, but ones that truly darken the room. Tape around the edges if needed. It might feel dramatic, but it genuinely works.

**Protect the sleep environment.** Keep the room cool and use white noise if you're not already. These cues help your child's brain stay in "sleep mode" for longer, even as the world outside wakes up.

**Hold the line on wake-up time.** It can be tempting to go in the moment you hear stirring, but giving your child a little time to resettle whether that's a few minutes of quiet in their room or a reassuring pat and tuck-back-in gently reinforces that it's not yet time to start the day.

**Be patient with the transition.** It can take a week or two for little ones to adjust to seasonal changes. Consistency and calm are your best tools.

You've got this and brighter mornings really can mean better sleep for everyone.



Melanie Hastings is a certified sleep consultant and Norland Nanny with over 17 years of experience caring for little ones. Visit [www.melaniehastings.sleepnanny.co.uk](http://www.melaniehastings.sleepnanny.co.uk) to find out more and to get in touch.

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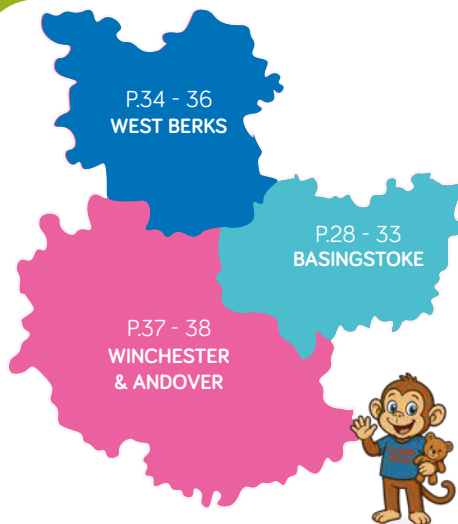
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## MONDAY

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Chineham, Basingstoke, RG24 8LT. 01256 474280.  
[www.christchurchchineham.org.uk](http://www.christchurchchineham.org.uk)

- Sparklers: 10:00 - 11:30.

**Cost:** £1.50 per session (*booking essential*).

**Dates:** 13 Apr - 27 Apr, 11 May - 18 May & 1 Jun - 20 Jul.

#### Home-Start Basingstoke & Deane

The Sarum Hill Centre, Sarum Hill, Basingstoke, RG21 8SR.  
01256325793. [homestart-basingstokedeane.org.uk](http://homestart-basingstokedeane.org.uk).

- Wellbeing Circle: 9:45 - 11:00. **Ages:** 0 - 5 yrs.
- Wellbeing Course (5 weeks): 11:30 - 12:30. **Ages:** 0 - 5 yrs.

**Cost:** Free (*booking essential*).

**Dates:** 13 Apr - 20 Jul.

#### Oakley with Wootton

St Leonard's Centre, Rectory Road, Oakley, RG23 7ED.  
01256 782724. [www.oakleywithwootton.org.uk](http://www.oakleywithwootton.org.uk).

- Pippins: 13:30 - 15:00.

**Ages:** 0 - 4 yrs. **Cost:** Free (*drop in*). **Dates:** 13 Apr - 20 Jul.

#### The Salvation Army

6 Mulford's Hill, Tadley, RG26 3LJ. +44 20 7367 4500.  
[www.salvationarmy.org.uk](http://www.salvationarmy.org.uk).

- Pebbles, Salvation Army: 10:00 - 11:30. **Ages:** 0 - 4 yrs.

**Cost:** £1.50 per session (*drop in*).

**Dates:** 13 Apr - 27 Apr, 11 May - 18 May & 1 Jun - 20 Jul.

#### The Roger Morris Community Centre

Eastrop Way, Basingstoke, RG21 4QE. 01256 473634.  
[www.viables.org.uk](http://www.viables.org.uk).

- Tiny Town - role play village (walking-5): 9:30 - 10:30.

**Cost:** £4 per session (*booking essential*). **Dates:** 13 Apr - 20 Jul.

## CREATIVE

### Pop Up Play Village Basingstoke

iFLY Indoor Skydiving, Basingstoke Leisure Park, Euskirchen Way, Basingstoke, RG22 6PG. 07789 717076.  
[popuppyvillage.co.uk](http://popuppyvillage.co.uk).

- Visit Our Village: 9:00 - 17:00. **Ages:** 0 - 8 yrs.

**Cost:** £9 per session (*booking essential*). **Dates:** 13 Apr - 20 Jul.

## DANCE & DRAMA

### Drama Tots Basingstoke

St Mary's Church Room, The Street, Old Basing, Basingstoke, RG24 7BW. 07803 046549. [www.dramatots.co.uk](http://www.dramatots.co.uk).

- Rising Stars 9:30 - 10:20. **Ages:** 1 yrs 6 mths - 3 yrs.
- Bright Stars 10:30am: 10:30 - 11:15. **Ages:** 3 - 6 yrs.

**Dates:** 13 Apr - 27 Apr, 11 May - 18 May & 1 Jun - 13 Jul.

**Cost:** £7.50 per session (*booking essential*).

### Petite School of Dancing

Pamber Memorial Hall, Pamber Heath Road, Pamber Heath, Tadley, RG26 3TQ. [www.petiteschoolofdancing.com](http://www.petiteschoolofdancing.com).

- Grown Up & Me: 10:30 - 11:15. **Ages:** 1 yrs 6 mths - 3 yrs.

**Cost:** £6 per session (*booking essential*).

**Dates:** 13 Apr - 27 Apr, 11 May - 18 May & 1 Jun - 13 Jul.

### Petite School of Dancing

Bramley Village Hall, The Street, Bramley, RG26 5BP.  
[www.petiteschoolofdancing.com](http://www.petiteschoolofdancing.com).

- Tiddlers: 16:00 - 16:30. **Ages:** 3 - 5 yrs.

**Cost:** £4.50 per session (*booking essential*).

**Dates:** 13 Apr - 27 Apr, 11 May - 18 May & 1 Jun - 13 Jul.

## PHYSICAL FUN

### Tumble Tots Basingstoke

North Warnborough Village Hall, Priors Corner, Dunley's Hill, North Warnborough, RG29 1EA. 07368 500820. [www.tumbletots.com](http://www.tumbletots.com).

- 2 - 3 Years: 9:30 - 10:15.
- Confidently Walking to 2 years: 10:30 - 11:15.
- 6 months to walking class: 11:30 - 12:15.
- 3 years to school age: 12:35 - 13:20.

**Cost:** £9.75 per session (*booking essential*).

**Dates:** 13 Apr - 18 May & 1 Jun - 13 Jul.

### Wellington Country Park

Odiham Road, Riseley, Reading, RG7 1SP. 0118 9326 444. [wellingtoncountrypark.co.uk](http://wellingtoncountrypark.co.uk).

- **Welly Tots 9:45 - 14:00.** Ages: 1 yrs 6 mths - 5 yrs.

**Cost:** £22.45 per session (*booking essential*).

**Dates:** 13 Apr - 22 Apr & 1 Jun - 17 Jul.

## SWIMMING

### Basingstoke Sports Centre

Festival Place, Basingstoke, RG21 7LE. 01256 326331. [www.better.org.uk](http://www.better.org.uk).

- **Pre School: 11:00 - 12:00.** *Preschoolers' swimming skills*

**Dates:** 13 Apr - 20 Jul.

## OTHER

### Basingstoke Discovery Centre

Festival Place, Basingstoke, RG21 7LS. [www.hants.gov.uk](http://www.hants.gov.uk).

- **Stay and Play at Basingstoke: 10:30 - 11:30.** Ages: 0 - 5 yrs.
- **Parent Meet and Connect: 11:30 - 12:30.** Ages: 0 - 2 yrs.

**Cost:** Free (*booking essential*). **Dates:** 13 Apr - 20 Jul.

### Tadley Library

Mulfords Hill, Tadley, RG26 3JE. [www.hants.gov.uk](http://www.hants.gov.uk).

- **Stay and Play: 10:30 - 11:00.** Ages: 0 - 5 yrs.
- **U3A Cribb at Tadley Library: 14:00 - 16:00.**

**Cost:** Free (*booking essential*). **Dates:** 13 Apr - 20 Jul.

## TUESDAY

## PARENTS & TOTS

### Home-Start Basingstoke & Deane

Rucstall Community Centre, Holbein Close, Basingstoke, RG21 3QN. 01256325793.

[homestart-basingstokedeane.org.uk](http://homestart-basingstokedeane.org.uk).

- **Multiple Birth Group: 10:00 - 11:30.**

*Group for parents of multiples*

**Ages:** 0 - 5 yrs. **Cost:** Free (*drop in*). **Dates:** 14 Apr - 21 Jul.

### Lychpit Village Hall

Great Binfields Rd, Lychpit, Basingstoke, RG24 8TF.

- **Basing Beans: 10:00 - 11:30.** Ages: 0 - 5 yrs.

**Cost:** £3 per session (*booking essential*).

**Dates:** 14 Apr - 19 May & 2 Jun - 21 Jul.

### Melrose Community Association

Melrose Community Hall, 597 Abbey Road, Popley, Basingstoke, RG24 9ES. 01256 420676.

[www.melrosecommunityassociation.co.uk](http://www.melrosecommunityassociation.co.uk).

- **Popley Little People: 9:30 - 12:15.**

**Cost:** £2.50 per session (*drop in*).

**Dates:** 14 Apr - 19 May & 2 Jun - 21 Jul.

### Oakley with Wootton

St Leonard's Centre, Rectory Road, Oakley, RG23 7ED. 01256 782724. [www.oakleywithwootton.org.uk](http://www.oakleywithwootton.org.uk).

- **New Life: 10:00 - 11:30.** Ages: 0 - 1 yrs.

**Cost:** Free (*drop in*). **Dates:** 14 Apr - 21 Jul.

### Sherfield Park Community Centre

Sunwood Dr, Sherfield on Loddon, Hook, RG27 0FP.

01256 883 967. [sherfieldparkcommunity.co.uk](http://sherfieldparkcommunity.co.uk).

- **Sherfield 0-5's: 10:00 - 11:30.**

**Cost:** £2.50 per session (*booking essential*).

**Dates:** 14 Apr - 19 May & 2 Jun - 21 Jul.

### St Mary's Basingstoke

St Mary's Church, Goat Ln, Eastrop Ln, Basingstoke, RG21 7PZ. 01256 464249. [stmarys-basingstoke.org.uk](http://stmarys-basingstoke.org.uk).

- **Toddler Group: 10:00 - 11:30.** Ages: 0 - 5 yrs.

**Cost:** £2.50 per session (*booking essential*).

**Dates:** 14 Apr - 19 May & 2 Jun - 21 Jul.

### Treasure Island Parent and Toddler Group

Popley Fields Community Centre, Carpenters Down, Popley Way, Basingstoke, RG249AE. +44 1256 414014.

**Times:** 9:30 - 11:00. **Ages:** 0 - 5 yrs. **Cost:** £2 per session (*drop in*). **Dates:** 14 Apr - 19 May & 2 Jun - 21 Jul.

### Viables Community Centre

The Harrow Way, Basingstoke, RG22 4BJ. 01256 473634. [www.viables.org.uk](http://www.viables.org.uk).

- **Barn Tots: 10:00 - 11:45.**

**Cost:** £2 per session (*booking essential*). **Dates:** 14 Apr - 21 Jul.

## CREATIVE

### Pop Up Play Village Basingstoke

iFLY Indoor Skydiving, Basingstoke Leisure Park, Euskirchen Way, Basingstoke, RG22 6PG. 07789 717076. [popupplayvillage.co.uk](http://popupplayvillage.co.uk).

- **Visit Our Village: 9:00 - 17:00.** Ages: 0 - 8 yrs.

**Cost:** £9 per session (*booking essential*). **Dates:** 14 Apr - 21 Jul.

## DANCE & DRAMA

### Perform Workshops LTD

Perform Basingstoke, Beggarwood Community Centre, Broadmere Road, Beggarwood, RG22 4AQ. 020 7255 9120. [www.perform.org.uk](http://www.perform.org.uk).

- **Drama, dance & singing classes for 4-12s: 16:00 - 17:00.**

**Dates:** 14 Apr - 19 May & 2 Jun - 14 Jul.

## PHYSICAL FUN

### Tumble Tots Basingstoke

Sycamore Centre - Ashwood Hall, Sycamore Way, Basingstoke, RG23 8AB. 07368 500820. [www.tumbletots.com](http://www.tumbletots.com).

- **Confidently Walking to 2 years: 9:30 - 10:15.**
- 2 - 3 Years: 10:30 - 11:15.
- 6 months to walking class: 11:30 - 12:15.
- 3 years to school age: 12:35 - 13:20.

**Cost:** £9.75 per session (*booking essential*).

**Dates:** 14 Apr - 19 May & 2 Jun - 14 Jul.



## SWIMMING

### Basingstoke Sports Centre

Festival Place, Basingstoke, RG21 7LE. 01256 326331.  
www.better.org.uk.

- **Pre School:** 11:30 - 12:30. *Preschoolers' swimming skills*
- **Dippers:** 9:30 - 10:00. *Baby water fun with parents*
- **Splashers:** 10:00 - 10:30. *Toddler water fun with parents*
- **Paddlers:** 10:30 - 11:00 & 11:00 - 11:30. *Toddlers' swimming*

**Dates:** 14 Apr - 21 Jul.

## OTHER

### Alton Library

Vicarage Hill, Alton, GU34 1HT. www.hants.gov.uk.

- **Storytime at Alton Library:** 10:30 - 11:00. **Ages:** 0 - 5 yrs.
- **Chat About at Alton Library:** 14:00 - 15:30.

**Cost:** Free (*booking essential*).

**Dates:** 14 Apr - 21 Jul.

### Basingstoke Discovery Centre

Festival Place, Basingstoke, RG21 7LS. www.hants.gov.uk.

- **Baby Rhymetime:** 10:30 - 11:00. **Ages:** 0 - 2 yrs.

**Cost:** £1 per session (*booking essential*). **Dates:** 14 Apr - 21 Jul.

### Chineham Library

Chineham District Centre, Basingstoke, RG24 8BQ.  
www.hants.gov.uk.

- **Storytime:** 10:30 - 11:00. **Ages:** 3 - 5 yrs.
- **Scrabble:** 10:30 - 12:30.
- **Construction Club:** 15:15 - 16:45. **Ages:** 5 - 12 yrs.

**Cost:** Free (*booking essential*).

**Dates:** 14 Apr - 21 Jul.

### Tadley Library

Mulfords Hill, Tadley, RG26 3JE. www.hants.gov.uk.

- **Boardgames & Colouring:** 10:00 - 12:30. **Ages:** 3 - 12 yrs.
- **Baby Rhymetime:** 10:30 - 11:00. **Ages:** 0 - 1 yrs.
- **Chat About at Tadley Library:** 11:00 - 12:00.

**Cost:** Free (*booking essential*).

**Dates:** 14 Apr - 21 Jul.



## WEDNESDAY

## PARENTS & TOTS

### Hatch Warren Community Centre

Long Cross Ln, Basingstoke, RG22 4XF. 01256 811262.  
www.hatchwarren.org.

- **Warren Tots Pre-Play Sessions:** 10:00 - 11:30.

**Ages:** 0 - 4 yrs. **Cost:** £3.50 per session (*booking essential*).

**Dates:** 15 Apr - 20 May & 3 Jun - 15 Jul.

### Home-Start Basingstoke & Deane

Fairfields Primary School, Council Road, Basingstoke, RG21 3DH. 01256325793. homestart-basingstokedeane.org.uk.

- **The Little Welly Club!** 9:20 - 10:30.

**Ages:** 0 - 4 yrs. **Cost:** Free (*drop in*). **Dates:** 15 Apr - 22 Jul.

### Home-Start Basingstoke & Deane

The Sarum Hill Centre, Sarum Hill, Basingstoke, RG21 8SR. 01256325793. homestart-basingstokedeane.org.uk.

- **Bumps to Newborn & Beyond:** 9:30 - 11:00.

**Ages:** 0 - 4 yrs. **Cost:** Free (*drop in*).

**Dates:** 15 Apr - 22 Jul.

### Melrose Community Association

Melrose Community Hall, 597 Abbey Road, Popley, Basingstoke, RG24 9ES. 01256 420676.

www.melrosecommunityassociation.co.uk.

- **Popley Little People:** 9:30 - 12:15.

**Cost:** £2.50 per session (*drop in*).

**Dates:** 15 Apr - 20 May & 3 Jun - 22 Jul.

### Tadley & District Community Association

The Point, Newchurch Road, Tadley, RG26 4HN. 01189814538.  
www.tadleycommunitycentre.org.uk.

- **Cheeky Chimps:** 9:30 - 11:00. **Ages:** 0 - 5 yrs.

**Cost:** £3 per session (*booking essential*).

**Dates:** 15 Apr - 20 May & 3 Jun - 22 Jul.

### The Roger Morris Community Centre

Eastrop Way, Basingstoke, RG21 4QE. 01256 473634.  
www.viables.org.uk.

- **Weigh and play:** 9:30 - 11:00.

**Cost:** Free (*booking essential*). **Dates:** 15 Apr - 22 Jul.

## CREATIVE

### Pop Up Play Village Basingstoke

iFLY Indoor Skydiving, Basingstoke Leisure Park, Euskirchen Way, Basingstoke, RG22 6PG. 07789 717076.  
popupplayvillage.co.uk.

- **Visit Our Village:** 9:00 - 17:00. **Ages:** 0 - 8 yrs.

**Cost:** £9 per session (*booking essential*). **Dates:** 15 Apr - 22 Jul.

## PHYSICAL FUN

### Tumble Tots Basingstoke

Sycamore Centre - Ashwood Hall, Sycamore Way, Basingstoke, RG23 8AB. 07368 500820. www.tumbletots.com.

- **Confidently Walking to 2 years:** 9:30 - 10:15.
- **2 - 3 Years:** 10:30 - 11:15.
- **3 years to school age:** 11:30 - 12:15.

**Cost:** £9.75 per session (*booking essential*).

**Dates:** 15 Apr - 20 May & 3 Jun - 15 Jul.

### Wellington Country Park

Odiham Road, Riseley, Reading, RG7 1SP. 0118 9326 444.  
wellingtoncountrypark.co.uk.

- **Welly Wednesdays:** 9:30 - 11:00.

**Ages:** 1 - 8 yrs. **Cost:** £21.95 per session (*booking essential*).

**Dates:** 15 Apr - 20 May & 3 Jun - 15 Jul.

## SWIMMING

### Basingstoke Sports Centre

Festival Place, Basingstoke, RG21 7LE. 01256 326331.  
www.better.org.uk.

- **Pre School:** 11:30 - 12:00, 12:00 - 12:30 & 15:30 - 16:00. *Preschoolers' swimming skills*
- **Dippers:** 10:00 - 10:30. *Baby water fun with parents*
- **Splashers:** 9:30 - 10:00 & 10:30 - 11:00. *Toddler water fun with parents*
- **Paddlers:** 11:00 - 11:30. *Toddlers' swimming basics*

**Dates:** 15 Apr - 15 Jul.

## OTHER

### Basingstoke Discovery Centre

Festival Place, Basingstoke, RG21 7LS. www.hants.gov.uk.

- **Rhymetime at Basingstoke:** 10:30 - 11:00. **Ages:** 0 - 5 yrs.

**Cost:** £1 per session (*booking essential*). **Dates:** 15 Apr - 22 Jul.

## THURSDAY

### PARENTS & TOTS

#### Beggarwood Babies

Beggarwood Community Centre, Broadmere Road, Basingstoke, RG22 4QZ. 07709036647.

• **Beggarwood Babies Group: 11:30 - 14:00. Ages:** 0 - 12 yrs.  
**Cost:** Free (*booking essential*). **Dates:** 16 Apr - 16 Jul & 23 Jul.

#### Christ Church

Chineham, Basingstoke, RG24 8LT. 01256 474280.  
www.christchurchchineham.org.uk.

• **Sparklers: 10:00 - 11:30.**  
**Cost:** £1.50 per session (*booking essential*).  
**Dates:** 16 Apr - 21 May & 4 Jun - 16 Jul.

#### Home-Start Basingstoke & Deane

Oakridge Hall For All, Forsythia Walk, Basingstoke, RG21 5RL.  
01256325793. homestart-basingstokedeane.org.uk.

• **Multiple Birth Group: 10:00 - 11:30. Ages:** 0 - 5 yrs  
**Cost:** Free (*booking essential*). **Dates:** 16 Apr - 23 Jul.

#### Melrose Community Association

Melrose Community Hall, 597 Abbey Road, Popley, Basingstoke, RG24 9ES. 01256 420676. www.melrosecommunityassociation.co.uk.

• **Popley Little People: 9:30 - 12:15.**  
**Cost:** £2.50 per session (*drop in*).  
**Dates:** 16 Apr - 21 May & 4 Jun - 16 Jul.

#### Oakley with Wootton

St Leonard's Centre, Rectory Road, Oakley, RG23 7ED.  
01256 782724. www.oakleywithwootton.org.uk.

• **Quackers: 10:00 - 11:30.**  
**Ages:** 0 - 3 yrs. **Cost:** Free (*drop in*). **Dates:** 16 Apr - 23 Jul.

#### Sycamore Community Halls

Sycamore Halls Community Centre, Sycamore Way, Basingstoke, RG23 8AB. +44 1256 474660.  
sycamorehalls.co.uk.

• **Munchkins: 10:00 - 11:30. Ages:** 0 - 5 yrs.  
**Cost:** £1.50 per session (*booking essential*).  
**Dates:** 16 Apr - 21 May & 4 Jun - 16 Jul.

#### The Roger Morris Community Centre

Eastrop Way, Basingstoke, RG21 4QE. 01256 473634.  
www.viables.org.uk.

• **Park Tots: 9:45 - 11:30. Ages:** 0 - 5 yrs.  
**Cost:** £2.50 per session (*booking essential*).  
**Dates:** 16 Apr - 23 Jul.

#### Viables Community Centre

Viables Community Centre, The Harrow Way, Basingstoke, RG22 4BJ. 01256 473634. www.viables.org.uk.

• **Toot Toot PPlay: 13:00 - 14:44.**  
**Ages:** 1 - 5 yrs. **Cost:** Free (*booking essential*). **Dates:** 16 Apr - 23 Jul.

### CREATIVE

#### Pop Up Play Village Basingstoke

iFLY Indoor Skydiving, Basingstoke Leisure Park, Euskirchen Way, Basingstoke, RG22 6PG. 07789 717076.  
popupplayvillage.co.uk.

• **Visit Our Village: 9:00 - 17:00. Ages:** 0 - 8 yrs.  
**Cost:** £9 per session (*booking essential*). **Dates:** 16 Apr - 23 Jul.

### DANCE & DRAMA

#### Drama Tots Basingstoke

Lychpit Hall, Great Binfields Road, Lychpit, Basingstoke, RG24 8TF. 07803 046549. www.dramatots.co.uk.

• **Rising Stars: 9:30 - 10:10. Ages:** 1 yrs 6 mths - 3 yrs.  
• **Bright Stars: 10:30 - 11:15. Ages:** 3 - 5 yrs.

**Cost:** £7.50 per session (*booking essential*).  
**Dates:** 23 Apr - 30 Apr, 14 May - 21 May & 4 Jun - 9 Jul.

#### Petite School of Dancing

Brocas Hall, Minchens Lane, Bramley, RG26 5BH.  
www.petiteschoolofdancing.com.

• **Grown Up & Me: 10:00 - 10:45. Ages:** 1 yrs 6 mths - 3 yrs.  
**Cost:** £6 per session (*booking essential*).

**Dates:** 16 Apr - 21 May & 4 Jun - 16 Jul.

### PHYSICAL FUN

#### Tumble Tots Basingstoke

Victoria Halls, West Green Road, Hartley Wintney, RG27 8RQ.  
07368 500820. www.tumbletots.com.

• **3 years to school age: 9:30 - 10:15.**  
• **Confidently Walking to 2 years: 10:35 - 11:20.**  
• **2 - 3 Years: 11:35 - 12:20.**

**Cost:** £9.75 per session (*booking essential*).  
**Dates:** 16 Apr - 21 May & 4 Jun - 16 Jul.

### SWIMMING

#### Basingstoke Sports Centre

Festival Place, Basingstoke, RG21 7LE. 01256 326331.  
www.better.org.uk.

• **Pre School: 11:00 - 13:00.**  
**Dates:** 16 Apr - 16 Jul.

### OTHER

#### Alton Library

Vicarage Hill, Alton, GU34 1HT. www.hants.gov.uk.

• **Rhymetime at Alton Library: 10:30 - 11:00. Ages:** 0 - 5 yrs.  
• **Loopy Loopers at Alton Library: 14:00 - 16:00.**

**Cost:** Free (*booking essential*).  
**Dates:** 16 Apr - 23 Jul.



**TUMBLE TOTS**  
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Join from 6 Months...

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...up to School Age!

**07368 500 820**  
basingstoke@tumbletots.com  
[www.tumbletots.com/basingstoke](http://www.tumbletots.com/basingstoke)

### Basingstoke Discovery Centre

Festival Place, Basingstoke, RG21 7LS. [www.hants.gov.uk](http://www.hants.gov.uk).

- Rhymetime at Basingstoke: 10:30 - 11:00.
- Ages:** 0 - 5 yrs. **Cost:** £1 per session (*booking essential*).
- STEM Social at Basingstoke: 10:00 - 11:00.
- Read Aloud at Basingstoke: 12:45 - 13:30.

**Cost:** Free (*booking essential*).

**Dates:** 16 Apr - 23 Jul.

### Tadley Library

Mulfords Hill, Tadley, RG26 3JE. [www.hants.gov.uk](http://www.hants.gov.uk).

- Scrabble at Tadley Library: 10:00 - 12:00.
- Storytime at Tadley Library: 10:30 - 11:00. **Ages:** 3 - 5 yrs.
- U3A Scrabble at Tadley Library: 14:00 - 16:00.

**Cost:** Free (*booking essential*). **Dates:** 16 Apr - 23 Jul.

## FRIDAY

### PARENTS & TOTS

#### Hope Community Church

Hope Community Church, Sarum Hill Centre, The Sarum Hill, Basingstoke, RG21 8SR.

- Bouncing Beans: 10:00 - 12:00.
- Ages:** 0 - 4 yrs. **Cost:** £0.50 per session (*booking essential*).
- Dates:** 17 Apr - 22 May & 5 Jun - 17 Jul.

#### Melrose Community Association

Melrose Community Hall, 597 Abbey Road, Popley, Basingstoke, RG24 9ES. 01256 420676. [www.melrosecommunityassociation.co.uk](http://www.melrosecommunityassociation.co.uk).

- Popley Little People: 9:30 - 12:15.
- Cost:** £2.50 per session (*drop in*).
- Dates:** 17 Apr - 22 May & 5 Jun - 17 Jul.

#### St Luke's Church

Pamber Heath, Tadley, RG26 3DZ. 07759 151576.

- St Luke's Baby And Toddler Group: 10:00 - 11:29.
- Ages:** 0 - 4 yrs. **Cost:** Free (*booking essential*).
- Dates:** 17 Apr - 22 May & 5 Jun - 17 Jul.

#### Viabes Community Centre

The Harrow Way, Basingstoke, RG22 4BJ. 01256 473634. [www.viabes.org.uk](http://www.viabes.org.uk).

- Little Seedlings Music: 10:00 - 10:45.
- Cost:** £3 per session (*booking essential*). **Dates:** 17 Apr - 24 Jul.

## CREATIVE

### Pop Up Play Village Basingstoke

iFLY Indoor Skydiving, Basingstoke Leisure Park, Euskirchen Way, Basingstoke, RG22 6PG. 07789 717076. [popupplayvillage.co.uk](http://popupplayvillage.co.uk).

- Visit Our Village: 9:00 - 17:00. **Ages:** 0 - 8 yrs.
- Cost:** £9 per session (*booking essential*). **Dates:** 17 Apr - 24 Jul.

## PHYSICAL FUN

### Tumble Tots Basingstoke

Sherborne St John Village Hall, Kiln Road, Basingstoke, RG24 9HR. 07368 500820. [www.tumbletots.com](http://www.tumbletots.com).

- 6 months to walking class: 9:30 - 10:15.
- Confidently Walking to 2 years 10:35 - 11:20
- 2 - 3 Years: 11:35 - 12:20.
- 3 years to school age: 12:35 - 13:20.

**Cost:** £9.75 per session (*booking essential*).

**Dates:** 17 Apr - 22 May & 5 Jun - 17 Jul.

## SWIMMING

### Basingstoke Sports Centre

Festival Place, Basingstoke, RG21 7LE. 01256 326331. [www.better.org.uk](http://www.better.org.uk).

- Pre School: 11:30 - 12:00 & 12:00 - 12:30. *Preschoolers' swimming skills*
- Dippers: 9:30 - 10:00. *Baby water fun with parents*
- Splashers: 10:00 - 10:30. *Toddler water fun with parents*
- Paddlers: 10:30 - 11:00 & 11:00 - 11:30. *Toddlers' swimming*

**Dates:** 17 Apr - 17 Jul.

## OTHER

### Alton Library

Vicarage Hill, Alton, GU34 1HT. [www.hants.gov.uk](http://www.hants.gov.uk).

- Board Games Club at Alton Library: 15:30 - 16:45.
- Ages:** 5 - 12 yrs. **Cost:** Free (*booking essential*).
- Dates:** 17 Apr - 24 Jul.

### Basingstoke Discovery Centre

Festival Place, Basingstoke, RG21 7LS. [www.hants.gov.uk](http://www.hants.gov.uk).

- Craft and Chatter at Basingstoke: 10:00 - 12:30.
- Community Connections at Centre: 10:00 - 12:00.
- Cost:** Free (*booking essential*).
- Storytime: 10:30 - 11:00. **Ages:** 0 - 5 yrs.

**Cost:** £1 per session (*booking essential*).

**Dates:** 17 Apr - 24 Jul.

### Chineham Library

Chineham District Centre, Basingstoke, RG24 8BQ. [www.hants.gov.uk](http://www.hants.gov.uk).

- Rhymetime for Under 1's: 10:00 - 10:30.
- Rhymetime for Over 1's: 11:00 - 11:30.
- Cost:** Free (*booking essential*). **Dates:** 17 Apr - 24 Jul.

### Tadley Library

Mulfords Hill, Tadley, RG26 3JE. [www.hants.gov.uk](http://www.hants.gov.uk).

- Toddler Rhymetime: 10:30 - 11:00. **Ages:** 1 - 3 yrs.
- New Parents Meet at Tadley Library: 14:00 - 15:00.
- U3A Rummikub at Tadley Library: 14:00 - 16:00.
- Cost:** Free (*booking essential*). **Dates:** 17 Apr - 24 Jul.

## Are you running classes or events?

Advertise them on the Toddle About website for FREE at [toddle.fun/free-listing](http://toddle.fun/free-listing)

## SATURDAY

### CREATIVE

#### Pop Up Play Village Basingstoke

iFLY Indoor Skydiving, Basingstoke Leisure Park,  
Euskirchen Way, Basingstoke, RG22 6PG. 07789 717076.  
popupplayvillage.co.uk.

• Visit Our Village: 9:00 - 17:00. Ages: 0 - 8 yrs.

**Cost:** £9 per session (*booking essential*). **Dates:** 18 Apr - 25 Jul.

### DANCE & DRAMA

#### Petite School of Dancing

Bramley Village Hall, The Street, Bramley, RG26 5BP.  
www.petiteschoolofdancing.com.

• Tiddlers: 9:00 - 9:30.

**Ages:** 3 - 5 yrs. **Cost:** £4.50 per session (*booking essential*).

**Dates:** 18 Apr - 16 May & 6 Jun - 11 Jul.

### SWIMMING

#### Basingstoke Sports Centre

Festival Place, Basingstoke, RG21 7LE. 01256 326331.  
www.better.org.uk.

• Pre School: 9:00 - 9:30, 9:30 - 11:30 & 13:00 - 13:30.

*Preschoolers' swimming skills*

• Paddlers: 8:00 - 8:30 & 8:30 - 9:00. *Toddlers' swimming basics*

**Dates:** 18 Apr - 18 Jul.



### OTHER

#### Alton Library

Vicarage Hill, Alton, GU34 1HT. www.hants.gov.uk.

• Community Connections at Library: 13:00 - 15:00.

• Construction Club: 14:00 - 16:00. **Ages:** 5 - 12 yrs.

**Cost:** Free (*booking essential*). **Dates:** 18 Apr - 25 Jul.

#### Basingstoke Discovery Centre

Festival Place, Basingstoke, RG21 7LS. www.hants.gov.uk.

• Construction Club at Basingstoke: 10:00 - 13:00.

**Ages:** 5 - 12 yrs. **Cost:** £1 per session (*booking essential*).

**Dates:** 18 Apr - 25 Jul.

#### Tadley Library

Mulfords Hill, Tadley, RG26 3JE. www.hants.gov.uk.

• Dad's Rhymetime & Craft Tadley: 10:30 - 12:00.

**Ages:** 3 - 8 yrs. **Cost:** £0.50 per session (*booking essential*).

• Family Fun Board Games Tadley: 14:00 - 16:00.

• Construction Club at Tadley Library: 14:00 - 16:00.

**Cost:** Free (*booking essential*).

**Dates:** 18 Apr - 25 Jul.

## Find more activities online!

Search at

[www.toddleabout.co.uk](http://www.toddleabout.co.uk).

It's easy!

## GROWN UP & ME

For little movers 18 months - 3 years  
and their favourite grown up!

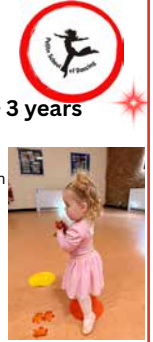
Come wiggle, giggle, and dance together in a class designed to build motor skills, coordination, and confidence—all while having FUN! 🎉

🎵 Simple steps & creative movement

🎵 Music they'll love

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♥ No dance experience needed



**Monday - Pamber Memorial Hall- 10.30-11.15am**  
**Thursday - Brocas Hall, Bramley - 10-10.45am**

SCAN THE QR CODE  
TO JOIN A CLASS

**NEW FOR 2026!**

Book on for the term,  
pay monthly.



## SUNDAY

### CREATIVE

#### Pop Up Play Village Basingstoke

iFLY Indoor Skydiving, Basingstoke Leisure Park,  
Euskirchen Way, Basingstoke, RG22 6PG. 07789 717076.  
popupplayvillage.co.uk.

• Visit Our Village: 9:00 - 17:00.

**Ages:** 0 - 8 yrs. **Cost:** £9 per session (*booking essential*).

**Dates:** 19 Apr - 19 Jul.



## WEST BERKS AREA



## MONDAY

## PARENTS &amp; TOTS

## St Mary's Greenham

St Mary's Church, New Road, Greenham, RG19 8RZ.  
www.stmarysgreenham.org.

- Teas, Toys and Tots Playgroup in Greenham: 9:30 - 11:00.
- Cost:** £1 per session (*booking essential*).  
**Dates:** 13 Apr - 27 Apr, 11 May - 18 May & 1 Jun - 20 Jul.

## St Nicolas Church, Newbury

West Mills, Newbury, RG14 5HG. +44 1635 47018.  
• Hidden Treasures: 10:00 - 11:15.

- Ages:** 0 - 4 yrs. **Cost:** £1 per session (*booking essential*).  
**Dates:** 13 Apr - 27 Apr, 11 May - 18 May & 1 Jun - 20 Jul.

## Tilehurst Methodist Church

26 School Road, Tilehurst, RG31 5AN. 0118 942 7128.  
www.tilehurstmethodist.org.uk.

- Tots at TMC - Under 5's: 10:00 - 11:30.
- Cost:** £4 per session (*booking essential*).  
**Dates:** 13 Apr - 27 Apr, 11 May - 18 May & 1 Jun - 20 Jul.

## Tiny Town Café

34 Market Place, Newbury, RG14 5AG. 01635 947036.  
tinytownnewbury.co.uk.

- General Play Sessions 9:30 - 11:00, 11:30 - 13:00 & 13:30 - 15:00
- Ages:** 0 - 6 yrs.  
**Cost:** £8.50 per session (*drop in*). **Dates:** 13 Apr - 13 Jul.

## CREATIVE

## Great Shefford Village Hall

Station Road, Great Shefford, RG17 7DR. 07765 508 867.  
www.greatsheffordunderfives.co.uk.

- Great Shefford Under 5's: 9:30 - 11:00.
- Cost:** £3 per session (*booking essential*).  
**Dates:** 13 Apr - 27 Apr, 11 May - 18 May & 1 Jun - 20 Jul.

## Rocket Propelled Games

150-151 Bartholomew Street, Newbury, RG14 5HB.  
01635885655.

- SEN After School Club: 16:00 - 18:00.
- Cost:** £2.50 per session (*drop in*).  
**Dates:** 13 Apr - 20 Jul.

## TUESDAY

## PARENTS &amp; TOTS

## Aldermaston Parish Hall

The Street, Aldermaston, RG7 4LN. 07748 791544.  
aldermastonparishhall.co.uk.

- Aldermaston Toddlers: 9:30 - 11:30.
- Cost:** £3 per session (*booking essential*).  
**Dates:** 14 Apr - 19 May & 2 Jun - 21 Jul.

## Kennet Christian Centre

Enborne Road, Newbury, RG14 6AH. 01635 580346.  
www.thekcc.co.uk.

- Rainbow Activity Centre: Rainbow Toddlers: 10:00 - 11:30.
- Ages:** 0 - 4 yrs. **Cost:** £1.50 per session (*booking essential*).  
**Dates:** 14 Apr - 21 Jul.

## Kingsclere Village Club

George St, Kingsclere, Newbury, RG20 5NH. 01635 297913.  
www.kingsclerevillageclub.co.uk.

- Kingsclere Village Bunnies - Baby and Toddler Group: 9:00 - 11:00.
- Cost:** £2 per session (*drop in*). **Dates:** 14 Apr - 21 Jul.

## Saint Mary's Church, Shaw

Church Road, Shaw, Newbury, RG14 2DR. 01635 40450.  
shawchurch.org.

- Meeting Point: 9:45 - 11:15.
- Ages:** 0 - 5 yrs.  
**Cost:** Free (*booking essential*).  
**Dates:** 14 Apr - 19 May & 2 Jun - 21 Jul.

## St John's Church

St John's Road, Newbury, RG14 7PY. 01635 41249.  
stg-stj.org.uk.

- St John's Newbury Baby & Toddler Group: 9:30 - 11:15.
- Cost:** £2 per session (*drop in*).  
**Dates:** 14 Apr - 19 May & 2 Jun - 21 Jul.

## The Lambourn Centre

Close End, Lambourn, RG17 8NJ. 01488 73690. lambourn.org.

- Under 5's Parent & Toddler Group: 10:00 - 12:00.
- Cost:** Free (*booking essential*).  
**Dates:** 14 Apr - 19 May & 2 Jun - 21 Jul.

## Tiny Town Café

34 Market Place, Newbury, RG14 5AG. 01635 947036.  
tinytownnewbury.co.uk.

- General Play Sessions: 9:30 - 11:00, 11:30 - 13:00 & 13:30 - 15:00.
- Ages:** 0 - 6 yrs.  
**Cost:** £8.50 per session (*drop in*). **Dates:** 14 Apr - 14 Jul.

## SENSORY &amp; DEVELOPMENT

## Encanta Tots

Pangbourne Village Hall, 6 Station Rd, Pangbourne, RG8 7AN.  
07731873029. www.encantatots.co.uk.

- Toddler Sessions Pangbourne: 10:00 - 10:45.
- Ages:** 0 - 5 yrs. **Dates:** 14 Apr - 19 May & 2 Jun - 14 Jul.

## WEDNESDAY

## PARENTS &amp; TOTS

## Kennet Christian Centre

Enborne Road, Newbury, RG14 6AH. 01635 580346.  
www.thekcc.co.uk.

- Rainbow Activity Centre: Rainbow Toddlers: 10:00 - 11:30.
- Ages:** 0 - 4 yrs. **Cost:** £1.50 per session (*booking essential*).  
**Dates:** 15 Apr - 22 Jul.

## Are you running classes or events?

Advertise them on the Toddle About website for FREE at [toddle.fun/free-listing](http://toddle.fun/free-listing)



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Visit [www.pageantparty.co.uk](http://www.pageantparty.co.uk) or SCAN ME

### The Parent Village at Educafe

Newbury Central Library, The Wharf, Newbury, RG14 5AU.  
+44 1635 936211. [www.educafeuk.co.uk](http://www.educafeuk.co.uk).

**Times:** 11:00 - 14:00. **Cost:** Free (drop in).

**Dates:** 15 Apr - 22 Jul.

### The Salvation Army

Salvation Army - Newbury, Northcroft Lane, Newbury, RG14 1BU. +44 20 7367 4500. [www.salvationarmy.org.uk](http://www.salvationarmy.org.uk).

• Stay and Play - Newbury: 10:00 - 11:30. **Ages:** 0 - 4 yrs.

**Cost:** £1.50 per session (drop in).

**Dates:** 15 Apr - 20 May & 3 Jun - 15 Jul.

### Tilehurst Methodist Church

26 School Road, Tilehurst, RG31 5AN. 0118 942 7128.  
[www.tilehurstmethodist.org.uk](http://www.tilehurstmethodist.org.uk).

• Tots at TMC - Under 5's: 10:00 - 11:30.

**Cost:** £4 per session (booking essential). **Dates:** 15 Apr - 22 Jul.

### Tiny Town Café

34 Market Place, Newbury, RG14 5AG. 01635 947036.  
[tinytownnewbury.co.uk](http://tinytownnewbury.co.uk).

• General Play Sessions: 9:30 - 11:00, 11:30 - 13:00 & 13:30 - 15:00. **Ages:** 0 - 6 yrs.

**Cost:** £7 per session (drop in). **Dates:** 15 Apr - 15 Jul.

## SENSORY & DEVELOPMENT

### Encanta Tots

The Waterside Centre, Newbury, Waldegrave Place, Northbrook St., Newbury, RG14 1DS. 07731873029.  
[www.encantatots.co.uk](http://www.encantatots.co.uk).

• Toddler Sessions: 10:00 - 10:45.

**Ages:** 0 - 5 yrs. **Dates:** 15 Apr - 20 May & 3 Jun - 15 Jul.

## THURSDAY

### PARENTS & TOTS

#### Brightwalton Village Hall

Common Lane, Brightwalton, RG20 7BN.

• Brightwalton Toddler Group: 9:00 - 10:45.

**Ages:** 0 - 4 yrs. **Cost:** £3 per session (booking essential).

**Dates:** 16 Apr - 21 May & 4 Jun - 16 Jul.

#### Kennet Christian Centre

Enborne Road, Newbury, RG14 6AH. 01635 580346.  
[www.thekcc.co.uk](http://www.thekcc.co.uk).

• Rainbow Activity Centre: Rainbow Toddlers: 10:00 - 11:30.

**Ages:** 0 - 4 yrs. **Cost:** £1.50 per session (booking essential).

**Dates:** 16 Apr - 23 Jul.



**ENCANTA TOTS**

Bilingual Spanish & English music & sensory sessions for babies & pre-schoolers (0-5)

No previous Spanish required

Weekly Morning Sessions in Pangbourne & Newbury

Book a Class



[hola@encantatots.co.uk](mailto:hola@encantatots.co.uk)

### The Lambourn Centre

Close End, Lambourn, RG17 8NJ. 01488 73690. [lambourn.org](http://lambourn.org).

• Under 5's Parent & Toddler Group: 10:00 - 12:00.

**Cost:** Free (booking essential).

**Dates:** 16 Apr - 21 May & 4 Jun - 16 Jul.

### Tilehurst Methodist Church

26 School Road, Tilehurst, RG31 5AN. 0118 942 7128.  
[www.tilehurstmethodist.org.uk](http://www.tilehurstmethodist.org.uk).

• Tots at TMC - Under 5's: 10:00 - 11:30.

**Cost:** £4 per session (booking essential). **Dates:** 16 Apr - 23 Jul.

### Tiny Town Café

34 Market Place, Newbury, RG14 5AG. 01635 947036.  
[tinytownnewbury.co.uk](http://tinytownnewbury.co.uk).

• General Play Sessions: 9:30 - 11:00, 11:30 - 13:00 & 13:30 - 15:00. **Ages:** 0 - 6 yrs.

**Cost:** £7 per session (drop in). **Dates:** 16 Apr - 16 Jul.

## CREATIVE

### Rocket Propelled Games

150-151 Bartholomew Street, Newbury, RG14 5HB.  
01635885655.

• Baby and Toddler Meet Up: 10:00 - 12:00.

**Ages:** 0 - 5 yrs. **Cost:** Free (drop in).

• Home Education Meet Up: 12:00 - 16:00.

**Ages:** 5 - 16 yrs. **Cost:** £2.50 per session (drop in).

• Pokemon After School Club: 16:00 - 18:00.

**Cost:** £2.50 per session (drop in).

**Dates:** 16 Apr - 16 Jul.

**Email**  
**rocketpropelledgames@outlook.com**



SCAN TO FOLLOW ROCKET PROPELLED GAMES

Saturday's & Sunday's booking available

Opening Times

Mon 12-10pm  
Tue closed  
Wed closed  
Thursday 10-10pm  
Friday 10-10pm  
Saturday 10-10pm  
Sunday 10-4pm

Table Prices

Per Table  
1 hour £6  
2 hours £10  
3 hours £15

Clubs for children:

**Sen after school club**  
Mondays 4-6pm  
£2.50 per child / parents free

**Baby & Toddler Sessions**  
Thursdays 10-12pm  
Free

**Home Education Sessions**  
Thursdays 12-4pm  
£2.50 per child / parents free

**Pokemon after school club**  
Thursdays 4-6pm  
£2.50 per child / parents free

**D&D / Warhammer after school club**  
Fridays 4-6pm  
£2.50 per child / parents free

LET THE GAMES BEGIN!

Rocket Propelled Games  
Board Game Shop & Cafe  
150-151 Bartholomew Street  
Newbury RG14 5HB



## FRIDAY

### PARENTS & TOTS

#### Burghfield Common Village Hall

Recreation Road, Burghfield Common, RG7 3EN.  
0118 909 0838. [www.burghfieldparishcouncil.gov.uk](http://www.burghfieldparishcouncil.gov.uk).

- **Burghfield Common Toddler Group: 10:00 - 11:30.**  
**Cost:** £2.50 per session (*booking essential*).  
**Dates:** 17 Apr - 22 May & 5 Jun - 17 Jul.

#### GLENDALE CHURCH

The Well, Green Lane, Thatcham, RG19 3RG.  
[www.glendale-church.com](http://www.glendale-church.com).

- **Replenish Baby & Toddler Group: 10:00 - 12:00.**  
**Cost:** £2 per session (*drop in*).  
**Dates:** 17 Apr - 22 May & 5 Jun - 17 Jul.

#### Hungerford Youth and Community Centre

Priory Road, Hungerford, RG17 0AL. 07999 053744.  
[hungerfordyc.org.uk](http://hungerfordyc.org.uk).

- **Ladybugs Playgroup (Hungerford): 9:30 - 11:00.**  
**£2.50 per family – snacks included.** **Ages:** 0 - 5 yrs.  
**Dates:** 17 Apr - 22 May & 5 Jun - 17 Jul.

#### Newbury Baptist Church

Cheap Street, Newbury, RG14 5DD. +447901795987.  
[www.newburybaptistchurch.org](http://www.newburybaptistchurch.org).

- **Giggles and Wiggles Toddler Group: 9:30 - 10:45.**  
**Cost:** £1.50 per session (*booking essential*).  
**Dates:** 17 Apr - 22 May & 5 Jun - 17 Jul.

#### The Lambourn Centre

Close End, Lambourn, RG17 8NJ. 01488 73690. [lambourn.org](http://lambourn.org).  
• **Under 5's Parent & Toddler Group: 10:00 - 12:00.**

- **Cost:** Free (*booking essential*).  
**Dates:** 17 Apr - 22 May & 5 Jun - 17 Jul.

#### Tilehurst Methodist Church

26 School Road, Tilehurst, RG31 5AN. 0118 942 7128.  
[www.tilehurstmethodist.org.uk](http://www.tilehurstmethodist.org.uk).

- **Tots at TMC – Under 5's: 10:00 - 11:30.**  
**Cost:** £4 per session (*booking essential*). **Dates:** 17 Apr - 24 Jul.

#### Tiny Town Café

34 Market Place, Newbury, RG14 5AG. 01635 947036.  
[tinytownnewbury.co.uk](http://tinytownnewbury.co.uk).

- **General Play Sessions: 9:30 - 11:00, 11:30 - 13:00 & 13:30 - 15:00.** **Ages:** 0 - 6 yrs. **Cost:** £8.50 per session (*drop in*).
- **Parent & Tiny Toes Yoga: 13:30 - 15:00.**  
**Ages:** 2 mths - 6 yrs. **Cost:** £10 per session (*drop in*).  
**Dates:** 17 Apr - 17 Jul.

#### Upper Bucklebury Memorial Hall

Broad Lane, Upper Bucklebury, RG7 6QH.  
[buckleburymemorialhall.org.uk](http://buckleburymemorialhall.org.uk).

- **Bucklebury Baby & Toddler Group: 9:30 - 11:00.**  
**Cost:** £1 per session (*booking essential*).  
**Dates:** 17 Apr - 22 May & 5 Jun - 17 Jul.

## CREATIVE

#### Rocket Propelled Games

150-151 Bartholomew Street, Newbury, RG14 5HB.  
01635885655.

- **D&D/Warhammer After School Club: 16:00 - 18:00.**  
**Cost:** £2.50 per session (*drop in*).  
**Dates:** 17 Apr - 17 Jul.

## SATURDAY

### PARENTS & TOTS

#### Tiny Town Café

34 Market Place, Newbury, RG14 5AG. 01635 947036.  
[tinytownnewbury.co.uk](http://tinytownnewbury.co.uk).

- **General Play Sessions: 9:30 - 11:00, 11:30 - 13:00 & 13:30 - 15:00.** **Ages:** 0 - 6 yrs.  
**Cost:** £7 per session (*drop in*). **Dates:** 18 Apr - 11 Jul.

## OTHER

#### W Berks Mum2Mum Market

Thatcham Catholic Hall, 7 Bath Road, Thatcham, RG18 3AG.  
[www.mum2mummarket.co.uk](http://www.mum2mummarket.co.uk).

- **Thatcham - Nearly New Stall : 14:00 - 16:00.**  
**Dates:** 2 May.

## SUNDAY

### PARENTS & TOTS

#### Tiny Town Café

34 Market Place, Newbury, RG14 5AG. 01635 947036.  
[tinytownnewbury.co.uk](http://tinytownnewbury.co.uk).

- **General Play Sessions: 10:00 - 11:30, 12:00 - 13:30, 14:00 - 15:30 & 16:00 - 17:30.** **Ages:** 0 - 6 yrs. **Dates:** 19 Apr - 12 Jul.
- **SEN Play Session: 10:00 - 11:30.** **Ages:** 0 - 6 yrs.  
**Dates:** 19 Apr, 17 May & 21 Jun.  
**Cost:** £8.50 per session (*drop in*).



## WINCHESTER &amp; ANDOVER AREA

**MONDAY****PARENTS & TOTS****St Catherine's Church**

Littleton Church Room, Church Lane, Littleton, Winchester, SO22 6QY.

- Littleton Church Toddler Group: 10:00 - 11:30.

**Ages:** 0 - 5 yrs. **Cost:** Free (*drop in*).

**Dates:** 27 Apr, 11 May - 18 May, 1 Jun - 29 Jun & 13 Jul - 20 Jul.

**DANCE & DRAMA****Perform Workshops LTD**

Perform Andover, Andover Leisure Centre, West Street, Andover, SP10 1QP. 020 7255 9120. www.perform.org.uk.

- Drama, dance & singing classes for 4-12s: 16:00 - 17:00.

**Dates:** 13 Apr - 27 Apr, 11 May - 18 May & 1 Jun - 13 Jul.

**OTHER****Andover Library**

Andover Library, Chantry Centre, Andover, SP10 1LT. www.hants.gov.uk.

- Chat About at Andover Library: 10:30 - 12:00.
- Storytime: 11:00 - 11:30. **Ages:** 3 - 5 yrs.

**Cost:** Free (*booking essential*). **Dates:** 13 Apr - 20 Jul.

**Winchester Library**

Winchester Library, Jewry St, Winchester, SO23 8SB. www.hants.gov.uk.

- Scrabble Club at Winchester: 11:00 - 12:00.
- Home Education Club Winchester: 13:00 - 15:00.

**Cost:** Free (*booking essential*). **Dates:** 13 Apr - 20 Jul.

**TUESDAY****PARENTS & TOTS****Christ Church - Winchester**

Christ Church, Christchurch Road, Winchester, SO23 9SR. 01962 854454. ccwinch.org.uk.

- Bumps and Babies: 10:00 - 11:30.

**Ages:** 0 - 2 yrs. **Cost:** Free (*booking essential*).

- Toddlers: 10:00 - 11:30.

**Ages:** 3 - 5 yrs. **Cost:** £1 per session (*booking essential*).

**Dates:** 14 Apr - 21 Jul.

**OTHER****Andover Library**

Chantry Centre, Andover, SP10 1LT. www.hants.gov.uk.

- Chatty Craft: 10:30 - 12:00.
- Dog Storytime: 11:00 - 11:30. **Ages:** 3 - 8 yrs.

**Cost:** Free (*booking essential*). **Dates:** 14 Apr - 21 Jul.

**Winchester Library**

Jewry St, Winchester, SO23 8SB. www.hants.gov.uk.

- Knit and Natter at Winchester: 10:00 - 12:00.

**Cost:** Free (*drop in*). **Dates:** 14 Apr - 21 Jul.

**WEDNESDAY****PARENTS & TOTS****Picket Twenty Community Centre**

Picket Twenty Community Centre, Picket Twenty Way, Andover, SP11 6TY. 08081640909. picketttwenty.org.uk.

- Baby & Toddler Group: 10:30 - 12:00.

**Ages:** 0 - 4 yrs. **Cost:** Free (*drop in*). **Dates:** 15 Apr - 22 Jul.

**OTHER****Andover Library**

Chantry Centre, Andover, SP10 1LT. www.hants.gov.uk.

- Rhymetime: 11:00 - 11:30. **Ages:** 0 - 5 yrs.

**Cost:** Free (*booking essential*). **Dates:** 15 Apr - 15 Jul.

**Whitchurch Library**

Gill Nethercott Centre, Whitchurch, RG28 7HP. www.hants.gov.uk.

- Sociable Stitching at Whitchurch: 13:30 - 15:30.

**Cost:** Free (*booking essential*). **Dates:** 15 Apr - 22 Jul.

**Winchester Library**

Jewry St, Winchester, SO23 8SB. www.hants.gov.uk.

- Read Aloud at Winchester Library: 10:30 - 12:30.

**Cost:** Free (*booking essential*). **Dates:** 15 Apr - 22 Jul.

**THURSDAY****PARENTS & TOTS****St Paul's Church**

St Paul's Church, St Paul's Hill, Winchester, SO22 5AB. 01962 844878. stmatthewstpaul.org.

- Bumps & Babies: 9:15 - 10:30.

**Cost:** £1 per session (*booking essential*).

**Dates:** 16 Apr - 21 May & 4 Jun - 16 Jul.

**DANCE & DRAMA****Perform Workshops LTD**

Perform Winchester, Holy Trinity Parish Church, Upper Brook Street, Winchester, SO23 8DG. 020 7255 9120. www.perform.org.uk.

- Drama, dance & singing classes for 4-12s: 16:00 - 17:00.

**Dates:** 16 Apr - 21 May & 4 Jun - 16 Jul.

**OTHER****Alresford Library**

20 Broad Street, New Alresford, SO24 9AQ. www.hants.gov.uk.

- Rhymetime at Alresford Library: 11:15 - 11:45.

**Cost:** Free (*booking essential*). **Dates:** 16 Apr - 23 Jul.

**Andover Library**

Chantry Centre, Andover, SP10 1LT. www.hants.gov.uk.

- Parents Meet at Andover Library: 11:00 - 12:00.

**Ages:** 0 - 2 yrs. **Cost:** Free (*booking essential*).

- Baby Play at Andover Library: 11:00 - 12:00.

**Ages:** 0 - 2 yrs. **Cost:** £1 per session (*booking essential*).

**Dates:** 16 Apr - 16 Jul.



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## FRIDAY

### PARENTS & TOTS

#### St Barnabas Church, Winchester

St Barnabas Church, Fromond Rd, Winchester, SO22 6EF.  
01962 886629. stb.church.

- **Tiddlywinks:** 10:00 - 11:30.
- Ages:** 0 - 4 yrs. **Cost:** Free (*drop in*). **Dates:** 17 Apr - 24 Jul.

#### St Paul's Church

St Paul's Church, St Paul's Hill, Winchester, SO22 5AB.  
01962 844878. stmatthewstpaul.org.

- **Toddler Group:** 9:30 - 11:00.
- Cost:** £1 per session (*booking essential*). **Dates:** 17 Apr - 22 May & 5 Jun - 17 Jul.

## OTHER

#### Whitchurch Library

Gill Nethercott Centre, Whitchurch, RG28 7HP.  
www.hants.gov.uk.

- **Rhymetime at Whitchurch Library:** 10:30 - 11:00.
- Ages:** 0 - 2 yrs. **Cost:** Free (*booking essential*).
- Dates:** 17 Apr - 24 Jul.



## SATURDAY

### DANCE & DRAMA

#### Perform Workshops LTD

Holy Trinity Parish Church, Upper Brook Street, Winchester,  
SO23 8DG. 020 7255 9120. www.perform.org.uk.

- **Drama, dance & singing classes for 4-12s:** 9:30 - 11:00.
- Dates:** 18 Apr - 18 Jul.

## OTHER

#### Alresford Library

20 Broad Street, New Alresford, SO24 9AQ. www.hants.gov.uk.

- **Construction Club at Alresford Library:** 10:00 - 13:00.
- Cost:** Free (*booking essential*). **Dates:** 18 Apr - 25 Jul.

#### Andover Library

Chantry Centre, Andover, SP10 1LT. www.hants.gov.uk.

- **Community Connections at Library:** 10:00 - 12:00.
- **Dads' Rhymetime at Andover:** 11:00 - 11:30.
- Ages:** 3 - 5 yrs.
- **Construction Club at Andover:** 14:00 - 16:00.

- Ages:** 5 - 12 yrs.
- Cost:** Free (*booking essential*). **Dates:** 18 Apr - 18 Jul.

#### Whitchurch Library

Gill Nethercott Centre, Whitchurch, RG28 7HP.  
www.hants.gov.uk.

- **Construction Club at Whitchurch:** 10:00 - 13:00.
- Ages:** 3 - 8 yrs. **Cost:** £1 per session (*booking essential*).
- **Saturday Storytime at Whitchurch:** 10:30 - 11:00.

- Ages:** 3 - 8 yrs. **Cost:** Free (*booking essential*).
- Dates:** 18 Apr - 25 Jul.

#### Winchester Library

Jewry St, Winchester, SO23 8SB. www.hants.gov.uk.

- **Family Fun at Winchester Library:** 14:00 - 16:00.
- Ages:** 3 - 12 yrs. **Cost:** Free (*booking essential*).
- Dates:** 18 Apr - 25 Jul.



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## PLAY & DISCOVER Answers

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**SPRINGTIME SPOTTER**

	4		6		1		4
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# SWIMBiES

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