



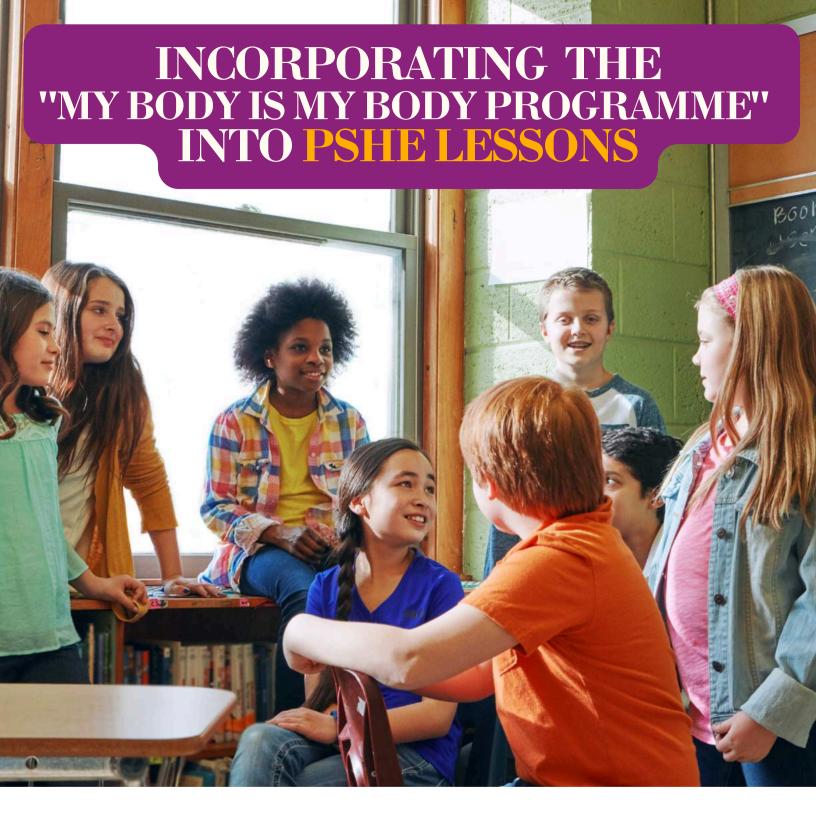
TABLE OF CONTENTS

Incorporating MBIMB	
into PSHE Lessons	3
New MBIMB Course For Kids	9
Makaton Partnership	12
Breaking Cycles	14





Mujib Hope Foundation	16
Action Centre Kenya	17
New Ambassadors	18
Nick Askew - Embracing Al	23
Annemarie Mostert - Woman of Stature Winner	24



Personal, Social, Health and Economic (PSHE) education plays a crucial role in developing the knowledge, skills, and attributes pupils need to manage many of the moral, social, and cultural issues they face as they grow up. Different countries have their own versions of PSHE, tailored to their specific cultural, social, and educational needs. Here's a look at what similar programs are called around the world:

PSHE Around The World

United States

In the USA, the equivalent is often referred to as Health Education or Social Emotional Learning (SEL). These programs focus on building skills and competencies to handle social interactions, emotional management, and decision-making, alongside health topics similar to those covered in PSHE.



Canada

Canada's approach is similar to that of the United States, often under the umbrella of Health and Physical Education, which includes components of social, emotional, and mental health education.



Europe

Across Europe, the terminology and structure can vary significantly:

- In Germany, it's part of Sozialkunde or social studies, which also includes civic education.
- In France, l'éducation civique (civic education) covers many of these aspects, focusing on rights, responsibilities, and health.
- Sweden has a broad curriculum that includes Life Skills education, focusing on similar areas as PSHE.



Asia

Asian approaches can vary widely:

- Japan has moral education classes, which include lessons on social behavior, ethics, and personal well-being.
- India utilizes Value Education or Life Skills Education, which incorporates personal hygiene, emotional development, and social responsibilities.



PSHE Around The World

Africa

In African countries, the approach to this type of education varies widely, often depending on resources available:

- South Africa has Life Orientation, which covers health, social, environmental, and personal development.
- In Nigeria, it's incorporated into the broader curriculum under subjects like Civic Education and Social Studies.



South America

In South American countries, there's often a focus on Formación Ciudadana (citizen training) or Educación Cívica, which includes elements of PSHE by focusing on citizenship, rights, health, and sometimes environmental education.

• Brazil refers to it as part of the broader Ensino Religioso (religious education) and Educação Moral e Cívica (moral and civic education).



The "My Body is My Body Programme" is a vital asset for reinforcing Personal, Social, Health, and Economic (PSHE) education in Key Stages 1. Through its engaging and ageappropriate musical format, it offers unique resources that support core PSHE topics such as self-awareness, self-care, managing feelings, and safety. This report outlines how each of the six songs from the programme can be integrated into the PSHE curriculum to enhance understanding and application of these essential concepts.



INCORPORATING THE "MY BODY IS MY BODY PROGRAMME" INTO PSHE LESSONS

Song Integration and PSHE Lessons

Song 1 "My Body is My Body"

Objective: To teach children body empowerment and boundaries.

PSHE Integration: The "My Body is My Body" song, with its focus on teaching children about body safety, can be seamlessly integrated into the 'Self-Awareness' and 'Self-care, Support and Safety' segments of the PSHE curriculum. It reinforces the concept that every child has autonomy over their own body, which is a fundamental aspect of both self-awareness and safety. By emphasizing body autonomy, the song supports PSHE objectives like identifying personal boundaries and understanding privacy.

Song 2 "If It Doesn't Feel Right, Don't Do It"

Objective: To teach children to listen to their feelings, talk about peer pressure and help children with body empowerment

PSHE Integration: Ideal for the self-care, support, and safety sections. This song encourages children to listen to their feelings and seek help if something feels wrong, supporting the PSHE goals of recognizing and reacting to unsafe situations.

Song 3 "The What If Game "

Objective: Teach children to say "NO" with authority in difficult situations.

PSHE Integration: Useful in managing feelings and changing and growing sections of PSHE. It teaches assertiveness, a crucial skill when dealing with peer pressure or uncomfortable situations. This song could form part of discussions on consent and resisting unwanted contact, aligning with the PSHE focus on dealing with touch and understanding consent.



INCORPORATING THE "MY BODY IS MY BODY PROGRAMME" INTO PSHE LESSONS



Song 4 "If You've Got A Problem"

Objective: Reinforce the importance of speaking up about problems.

PSHE Integration: This can be integrated into lessons on managing feelings and seeking support. The song encourages open communication about issues and the subject of safe adults to talk to. This aligns with the PSHE aim of expressing and managing feelings effectively.

Song 5 "Love is Gentle"

Objective: Teach that love should be kind and caring.

PSHE Integration: Appropriate for discussions on relationships within the changing and growing module. It helps children understand healthy emotional interactions, complementing lessons on different types of relationships and how they should function.

Song 6 "Say No to Secrets Song"

Objective: Teach children not to keep secrets about being hurt or touched inappropriately.

PSHE Integration: The curriculum's section on healthy relationships can be enriched by the programme's focus on not keeping secrets, especially those that make children uncomfortable. This aligns with teaching children about trust, consent, and the characteristics of positive and negative interactions. Cross-curricular Integration

Link the lessons from "My Body is My Body" across other subjects such as music, drama, and art to reinforce the messages through creative expression. Prepare a school assembly where children can showcase the "My Body is My Body" play or some songs from the programme, promoting community awareness of the importance of body safety.

Integrating the "My Body is My Body Programme" into PSHE education offers a robust tool for enhancing children's understanding of their bodies, feelings, and relationships. Each song addresses critical aspects of the PSHE curriculum, providing a musical and memorable approach to serious topics. This integration ensures that children not only learn about these essential concepts but also retain and apply them effectively in their everyday lives. Such a curriculum enhancement can significantly contribute to the well-rounded development of children, preparing them to handle personal and social challenges more adeptly.





The Safeguarding Fundamentals Quality Mark is a pioneering standard dedicated to transforming the safety and well-being of children across all organisations. The Safeguarding Fundamentals Quality Mark is the brainchild of a senior barrister with a global reputation in safeguarding, and inspirational England international footballer Paul Stewart. Paul's personal journey from survivor of childhood abuse in the sport to advocate, imbues Safeguarding Fundamental's mission with profound authenticity and first-hand experience.

The Safeguarding Fundamentals Quality Mark is not just a certification; it is a commitment to great practice in safeguarding. It provides organisations with the tools, knowledge, and support needed to create environments where children are safe, respected, and nurtured.

Safeguarding Fundamentals works across the spectrum of organisations involved with children, from dance and arts, cubs and brownies to sports clubs.

The Safeguarding Fundamentals system has been designed to work alongside and support all governing body safeguarding requirements.

safeguardingfundamentals.com

Join us in our mission to set a new standard in child protection and welfare. Together, we can make a lasting difference in the lives of children, ensuring they thrive in environments that are safe, supportive, and empowering.

Take a look at the videos or audio version for an overview of the SGF Silver Quality Mark and then simply click on the button to get your organisation the SGF Silver Quality Mark accreditation



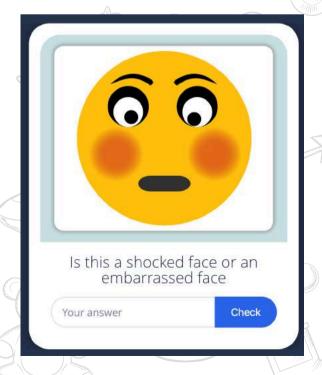


MBIMB NEW COURSE FOR CHILDREN

We are thrilled to introduce our new addition to our My Body is My Body Programme – an engaging, interactive course designed specifically for children. This innovative course offers a unique blend of education and fun, aimed at empowering kids with knowledge about body safety in a manner that's both entertaining and memorable.

The activities are tailored to keep children engaged while they learn crucial life skills. Featuring a series of fun quizzes that test their understanding, interactive drag-and-drop exercises that enhance their learning, and a "What Face Is This?" activity to help them express and identify emotions, this course is packed with creative ways to engage young minds.





A highlight of our course is the inclusion of our six fun animated songs, each crafted to reinforce important messages about body safety and self-awareness. Through these catchy tunes and vibrant animations, children will learn to recognize their value and the importance of consent and personal boundaries.

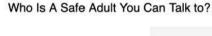
Furthermore, the course encompasses the entire My Body is My Body Programme, ensuring a comprehensive learning experience. Children will explore various sections, each designed to address key aspects of body safety and emotional intelligence, with plenty of interactive elements to keep them involved and excited about learning.



for Children

This course is an invaluable resource for parents and teachers alike, offering a platform to discuss sensitive topics in a way that's accessible and appropriate for children. It's a tool to open up conversations, encourage questions, and foster a safe environment for learning and growth. We invite you to explore this new course with your children or students.

Together, we can make a significant impact on their understanding of body safety, empowering them with knowledge and confidence.





Mommy

Daddy

Aunty

Uncle

Granny

Grandpa

School Head

Teacher

Police Officer



We invite you to explore this new course with your children or students. Together, we can make a significant impact on their understanding of body safety, empowering them with knowledge and confidence.

Click Here To Access This Course

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The "My Body Is My Body" Programme is thrilled to announce an exciting new partnership with The Makaton Charity to create a specialized children's workbook. This collaborative effort will integrate the power of Makaton's visual symbols and signs into our body safety education materials, making them more accessible and engaging for all children, including those with communication and learning disabilities. By incorporating Makaton into our SEND workbook, we aim to empower children with diverse needs to better understand, articulate, and advocate for their personal safety. This initiative not only enhances the inclusivity of our program but also strengthens our commitment to ensuring every child can learn about body safety in a way that resonates with them.

The Makaton Charity is an organization dedicated to supporting individuals who have communication and learning disabilities by promoting the use of Makaton. Makaton is a unique language program that combines signs, symbols, and speech to help people communicate. It's designed to support spoken language and the signs and symbols are used with speech in spoken word order.

This approach can be particularly beneficial for those who have cognitive impairments, autism, Down's syndrome, specific language impairments, and other communication disorders.





The charity aims to provide training, resources, and support to individuals, their families, and professionals who interact with Makaton users. By doing so, it empowers those who might otherwise struggle to communicate, enhancing their ability to express themselves and understand others. The use of Makaton can play a critical role in inclusive education and accessibility, much like programs that focus on body safety and child empowerment.

My Body is My Body **QR Codes for the 6 MBIMB Songs**

is My Body





Song 1 My Body Is My Body



Song 2 If It Don't feel Right



Song 3 The What If Game



Song 4 If You've Got A Problem



Song 5 **Love Is Gentle**



Song 6 Say No To Secrets

www.mbimb.org Charity Number 1199901



Breaking Cycles:

Sumaya's Path from Trauma to Triumph. Highlighting her journey of overcoming her traumatic past and building a resilient future, emphasizing the transformative process and her fight for a better life for herself and her children.

Sumaya, A daughter, a widow, a mother: Her journey towards emotional resilience-building Sumaya is a 35-year-old Syrian woman. She is also a widow and she has 4 young children. Her husband passed away due to a short illness. She grew up in a strict family who to customs and traditions with which Sumaya is not comfortable.

Her family does not allow their daughters to get an education and they expect their daughters to get married a very young age. Sumaya herself was married off at age 15. All the unmarried girls in her family have to work in agriculture until get married. She reports that her parents were very violent with her and her siblings. She is extremely afraid of her parents.

With the passing of her husband, she no longer has a breadwinner for her young family, but according to her, she says; "I choose death rather than returning to my parents' home, I do not want that life for my children!". She does not want her children to grow up with violence and abuse and to be controlled in every way. She wants her children to have a happy childhood and not live in fear in their own homes.



Breaking Cycles:

A friend, who is also a widow told her about our, "I Am Compassionate - Caregiver PSS" program. She called us and asked if she could join the program. Which she did.

After having completed the "I Am Compassionate - Caregiver PSS" program, Sumaya informed our facilitator that she found that the sessions provided her with a safe space to express her fears, to admit her faults and that she has learned proper techniques on how to be a better parent and how to discipline her children without being abusive toward them. She says she has also learned how to regulate her own emotions. In the past, she would either get very scared or very angry, now she uses the relaxation and anger management techniques that she learned during the PSS sessions. She feels that she is becoming a better parent and that her children are also happier.

She also said that in the past she was told that people who seek help for psychological difficulties are "crazy" and that there is a lot of gossip and stigma toward them. But, during the PSS sessions, she learned that getting help for your emotional problems is normal and useful. She felt that she still needed help with working through her childhood trauma, war trauma, and grieving the loss of her husband. She requested to have individual therapy.

Our Case Manager worked with, Sumaya to better understand her needs. She was referred to our psychologist and she is now continuing her journey towards healing emotionally and resilience-building through individual therapy.

MUJIB HOPE FOUNDATION

MHF Staff in Attendance
Dorcas Garba
Johnson Thomas



TRANSFORMING LIVES

By: Muniratu Jibrin

Mujib Hope Foundation held MBIMB learning discussion sabon gari Community Girei on 24th of April, 2024 in Adamawa state.

The 'My Body Is My Body' learning session with the kids was engaging. During our small group discussions, the children openly shared stories they had read or heard about abuse, attempted abuse, and bullying both in schools and at home. We were able to connect with seven children—three boys and two girls.

It's wonderful that we had these important conversations with kids. Addressing abuse and bullying is crucial for creating safe environments for children to learn and grow.







ACTION CENTRE KENYA

By: Joseph Steward



We had an extraordinary day at Sidon Children's Home, and I'm thrilled to share the highlights with you, especially our experience with the My Body Is My Body (MBIMB) Programme.

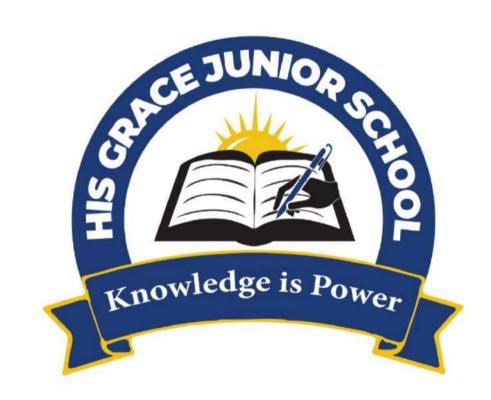
Our visit was packed with joy and interactive activities. We started the day by preparing and sharing a delicious lunch with the children, which really set a communal tone. Following our meal, we washed clothes together and played games, which brought lots of laughter and smiles. It was a beautiful sight to see the children engaging so fully and comfortably with us.

The cornerstone of our visit was the MBIMB Programme session. As always, the programme was a hit! We used the engaging, age-appropriate music and animated videos that are central to MBIMB, and it was evident how effective this medium is for teaching important concepts about body safety. The children were not only attentive but also very responsive, which shows just how powerful and essential these lessons are.

We wrapped up our day with a cake-cutting ceremony, celebrating our time together and the important messages we shared. The joy and understanding evident in the children's faces were profoundly rewarding. Thank you for developing such a wonderful and impactful programme. It's clear that MBIMB is not just an educational tool but a beacon of hope and safety for children. We are eager to continue this work and look forward to more opportunities to empower and educate young ones in such a meaningful way.



NEW AMBASSADOR UGANDA



His Grace Junior School



My Body is My Body Foundation Charity Number 1199901

NEW AMBASSADOR KENYA



<u>Jamal Nacheri</u>

Talanta Sportiff Soccer Club



My Body is My Body Foundation Charity Number 1199901











MBIMB Board Of Directors

CHRISSY SYKES

CEO AND FOUNDER CHRISSY CURRENTLY WORKS WITH NGO'S AND SCHOOL **VOLUNTEERS IN OVER 60 COUNTRIES WHO HAVE** REACHED AT LEAST 2 MILLION CHILDREN WITH THE PROGRAMME. ANOTHER 1.7 MILLION PEOPLE HAVE BEEN REACHED ON YOUTUBE. CHRISSY SPENDS HER TIME TEACHING VOLUNTEERS, SCHOOL TEACHERS AND COMMUNITY LEADERS HOW TO INTRODUCE THE SUBJECT OF CHILD ABUSE PREVENTION INTO THEIR COMMUNITIES USING THE MBIMB PROGRAMME.

DEE RUSSELL - THOMAS

WITH OVER 30 YEARS OF EDUCATION EXPERIENCE IN THE UK AND OVERSEAS, IN STATE AND PRIVATE SECTOR AND FROM INFANT THROUGH TO UNIVERSITY LEVEL, DEE IS ABLE TO SUPPORT, ADVISE AND PROVIDE TRAINING IN AREAS OF SCHOOL IMPROVEMENT, PLANNING FOR INSPECTIONS, LESSON OBSERVATIONS AND PERFORMANCE MANAGEMENT.

ANTONIA NOBLE

DURING HER 25 YEARS AS A BARRISTER, ANTONIA NOT ONLY DEVELOPED A DEEP UNDERSTANDING OF THE LAW BUT THE ABILITY TO PROCESS AND PRESENT INFORMATION LOGICALLY AND CLEARLY. WHAT'S MORE, IT'S WHAT SHE IS PASSIONATE ABOUT. SHE CARES DEEPLY ABOUT JUSTICE, FAIRNESS AND LIBERTY AND LOVES NOTHING MORE THAN HELPING INDIVIDUALS AND ORGANISATIONS FIND THEIR VOICE AND REACH BETTER OUTCOMES.

NICK ASKEW

CEO + FOUNDER OF SPACE AUTO, A RETAIL AND MARKETING SOFTWARE AND DATA TECHNOLOGY COMPANY IN DALLAS, TEXAS. ALSO, FOUNDER OF LUMINARY 2, A DEVELOPMENT AND TECHNOLOGY AGENCY DELIVERING CUTTING-EDGE BUSINESS TECHNOLOGY SOLUTIONS, SPECIALIZING AND INVESTING IN STRATEGIC SAAS PRODUCTS THAT REVOLUTIONIZE INDUSTRIES.

CAROLINE FLYNN

CAROLINE IS THE VICE CHAIR FOR THE BASW ENGLAND LONDON BRANCH BRITISH ASSOCIATION OF SOCIAL WORKERS. SINCE 2006 CAROLINE HAS WORKED AS A LOCUM SOCIAL WORKER, CONSULTANT SOCIAL WORKER, MANAGER AND CHILD PROTECTION CHAIR THROUGHOUT THE UK.













DR. TUFAIL MUHAMMAD

ADVISORY BOARD
DR. TUFAIL MUHAMMAD (MD, MCPS, DCH, DCPATH) IS A
PAEDIATRICIAN BY PROFESSION. CURRENTLY, HE IS THE
CHAIRMAN OF THE CHILD RIGHTS & ABUSE COMMITTEE,
PAKISTAN PEDIATRIC ASSOCIATION AND DIRECTOR OF
THE REGIONAL TRAINING INSTITUTE PESHAWAR. HE HAS
POSTGRADUATE QUALIFICATIONS AND TRAINING IN
PEDIATRICS, CLINICAL PATHOLOGY, PUBLIC HEALTH
AND REPRODUCTIVE HEALTH.

DAVID ELLIS

ADVISORY BOARD
DAVID HAS WORKED IN THE VOLUNTARY SECTOR FOR
OVER 35 YEARS, BOTH OVERSEAS AND IN THE UK. THIS
HAS INVOLVED DIRECTOR LEVEL AND CHIEF EXECUTIVE
APPOINTMENTS WITH A NUMBER OF NATIONAL
DISABILITY CHARITIES.
DAVID HAS RECENTLY RETIRED AS THE CHIEF EXECUTIVE
AT NATIONAL STAR, A NATIONAL CHARITY WORKING
WITH AND FOR YOUNG PEOPLE WITH COMPLEX
DISABILITIES.

DR. JOHN HARRISON

ADVISORY BOARD
DR. JOHN HARRISON IS AN EDUCATOR PAR EXCELLENCE,
AN ALUMNI OF THE SO CALLED OXFORD OF INDIA - THE
PRESTIGIOUS ST. STEPHEN'S COLLEGE, DELHI
UNIVERSITY, WHO IN HIS 30 YEARS ILLUSTRIOUS
CAREER HAS SERVED IN DIRECTOR LEVEL POSITIONS
HEADING SEVERAL TOP INTERNATIONAL CBSE AND IB
SCHOOLS IN INDIA, G D GOENKA WORLD SCHOOL GURGAON, THE VENKATESHWAR SCHOOL - GURGAON,
INDUS INTERNATIONAL SCHOOL - HYDERABAD TO NAME
A FEW.

NANCY ABDELHADI

ADVISORY BOARD
NANCY HAS EXTENSIVE BUSINESS DEVELOPMENT,
MARKETING, COMMUNICATIONS, PUBLIC RELATIONS,
EVENT PLANNING AND RESEARCH EXPERTISE AS WELL
AS A RICH ACADEMIC AND PROFESSIONAL BACKGROUND
ON REGIONAL AND INTERNATIONAL LEVELS.
SHE ALSO HAS COMPREHENSIVE ORGANIZATIONAL,
PUBLIC RELATIONS AND MANAGEMENT COMPETENCIES.

ANNEMARIE MOSTERT

ADVISORY BOARD

ANNEMARIE IS ROTARY INTERNATIONAL DISTRICT GOVERNOR OF
DISTRICT 9400 FOR 2020 - 2021 COVERING BOTSWANA, ESWATINI,
PARTS OF MOZAMBIQUE AND PARTS OF SOUTH AFRICA. MEMBER OF
THE ORGANISING COMMITTEE FOR RI CONVENTION, 2025 CALGARY.
COORDINATOR OF STRATEGIC PLANNING COMMITTEE, ZONE 22, AFRICA.
AMBASSADOR GIRLS' EMPOWERMENT ZONE 22. AMBASSADOR, IEP
(INSTITUTE FOR ECONOMIC AND PEACE). LEAD TRAINER FOR ROTARY
INTERNATIONAL ASSEMBLY ORLANDO 2023. CEO AND FOUNDING
MEMBER OF SESEGO FOUNDATION. DISRUPTING POVERTY.

DR. DARWIN MOSES

ADVISORY BOARD DIRECTOR OF INCLUSION AND ACCESSABILITY SERVICES
DISABILITY AND INCLUSIVE DEVELOPMENT
PROFESSIONAL WORKED FOR THE EMPOWERMENT OF PEOPLE WITH DISABILITIES FOR MORE THAN 19 YEARS IN THE THEMATIC AREAS OF SPECIAL EDUCATION, INCLUSIVE EDUCATION, LIVELIHOOD, ADVOCACY AND NETWORKING. WORKED PAN INDIA AND INTERNATIONALLY. WORKED WILL ALL TYPES OF DISABILITIES.

Resources at Your Fingertips

In today's digital age there are some fantastic resources available. But wouldn't it be great if they were easier to find? The LinkIndex Keyring makes targeted resources more accessible by giving you instant access to them (via QR codes) on the go.



The LinkIndex Keyring is the ideal tool if you work in: Education, Health, Foster Care, Law, Nursing, Medicine, Probation, Social Work, Youth Work, Housing, Juvenile Justice and many more areas.

You will find resources for Domestic Abuse,
Support for Men, Child Sexual Exploitation, FGM,
Contextual Safeguarding, Crime, Knife Crime, Food
banks, Parenting Support, Helplines and much
more.

www.qrcoderesources.co.uk

About the LinkIndex Keyring

Here are some things you might want to know about the QR Code LinkIndex Keyring:

DESIGNED FOR PROFESSIONALS

The MAAPP LinkIndex Keyring was designed by professionals for professionals to give you instant access to over four hundred targeted resources.

EDUCATIONAL AND INFORMATIVE

Each category has multiple resources from partner agencies and they are both educational and informative.

EASILY ACCESS RESOURCES

Use of the LinkIndex Keyring gives you easy access to targeted resources and will help you promote better outcomes for children, adults and families.

ENHANCE YOUR KNOWLEDGE

The MAAPP keyring will enhance your knowledge of partner agency resources enabling you and families to make direct access to resources.



Board Member Update

NICK ASKEW EMBRACING AI

We are thrilled to share that Nick Askew's latest article "Embracing AI: How Automotive Dealerships Can Supercharge their Operations and Reconnect with Humanity" is featured in AutoSuccess Magazine USA-and yes, that's him on the cover!

In this piece, he dives deep into how AI can revolutionize the automotive industry not just by boosting efficiency and decision-making but by enhancing the human connections that are at the heart of every successful dealership. From debunking myths to exploring transformative strategies, he outlines how dealerships can integrate AI to truly thrive.

https://www.autosuccessonline.com/embracing-aispace-auto/

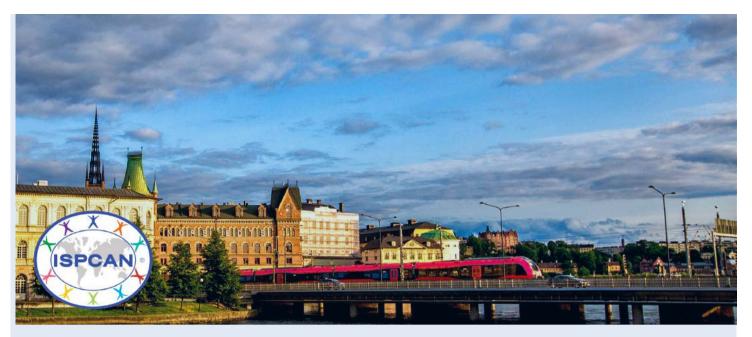
ANNEMARIE MOSTERT WOMAN OF STATURE OVERALL WINNER



We are so proud to announce that our Board member Annemarie Mostert was awarded the Woman of Stature Foundation's Woman Of Stature Overall Winner. This foundations unique value proposition is its commitment to empowering and supporting women entrepreneurs at all stages of their journey. Through a comprehensive range of programs, mentoring, networking opportunities, and resources, the Foundation aims to equip women with the skills, knowledge, and confidence they need to succeed in the business world. The Foundation's emphasis on personal development, leadership, and community building sets it apart, creating a supportive and collaborative environment that encourages women to take risks, pursue their dreams, and achieve their full potential. Ultimately, the Woman of Stature Foundation is dedicated to promoting gender equality and economic growth by empowering women entrepreneurs to succeed and make a positive impact in their communities. Congratulations Annemarie...

ANNEMARIE MOSTERT WOMAN OF STATURE WOMAN IN EDUCATION AND TRAINING WINNER





Sweden 2024 August 18-21st

We bring together the brightest minds in child protection from every sector to innovate and share best practices. Join us to keep pushing the boundaries of research and practice to ensure that all children have the chance to thrive no matter what their experience.

Working together to protect children in times of crisis
The international congress provides keynotes, panels, breakouts,
workshops, speaker Q&A sessions, wellness, social programs and an
expo hall. Sessions will be led by leaders who are pioneering research
and practices in various countries and complex situations across a
wide range of sectors. The keynotes will feature industry luminaries
as well as speakers from various sectors who will share the learnings
from their initiatives. Typically over 65 countries delegates attend.
The goal is to give regional and global leaders the tools and practices
they need to develop and deploy improvements to child protection
and improve outcomes for children and families. The key themes are
listed below if you would like to submit an abstract (summary of
research or practice) to be a presenter in the congress.

NEW MBIMB COLLECTION

EACH PURCHASE HELPS US CONTINUE OUR #MBIMB WORK TO EDUCATE AND PROTECT CHILDREN WORLDWIDE, MAKING A REAL DIFFERENCE ONE SHIRT AT A TIME.



MY-BODY-IS-MY-BODY.TEEMILL.COM

NEW!! NBIMB COLLECTION

EXPLORE OUR RANGE OF T-SHIRTS. JUMPERS. HOODIES AND TOTES

EACH PURCHASE HELPS US CONTINUE OUR #MBIMB WORK TO EDUCATE AND PROTECT CHILDREN WORLDWIDE, MAKING A REAL DIFFERENCE ONE SHIRT AT A TIME.

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