JUNE 2020

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Creative Thinking

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"Mark" My Words... a message from Dawn Giganti Happy June,

How have you been? I don't know about you, but now my four main food groups consist of chips, cookies, and beer or wine. I'm avoiding the scale just as much as I'm trying to avoid the coronavirus. I can still button my pants, but I'm not sure for how much longer. I wish I could say that I'm at least walking every day to make up for my poor food choices. I just can't find the motivation! Even though I'm telling myself that I'll eat better and exercise, it doesn't seem to happen.

Lately, I can't sleep when it's time for bed, even if I'm exhausted. I lay there grateful I got through another day. However, the longer I lay awake, it starts morphing into feeling guilty about letting myself go, missing my friends and family, worrying about the new "norm," getting back on track financially and how uncertain the future is.

This has been a hard couple of months. It's easy to get down when we can't seem to hold it all together. However, we need to give ourselves a whole lot of grace. I happened to stumble upon this bible verse this past week and found it very comforting. The last phrase of Colossians I:17 says, "And He is before all things, and in Him, all things hold together." When Paul uses the phrase, "In Him, all things hold together," he is speaking of our Lord's power to sustain and prevent breakdown. Even in moments of breakdown, God creates a breakthrough!

I know it's challenging to relax but keep reminding yourself that we'll get thru this global crisis. Give a little more grace and ease up expectations. That breakthrough is just around the corner!

Have a beautiful and blessed June!

Haure H. Diganti

Dawn Giganti, Marketing & Administrative Assistant Creative Carpet & Flooring

June 2020

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

					17 35 29 30 21 22 25 34 25 36 27 35 29 30 31	19 29 11 12 13 24 25 26 27 18 19 30 31
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	1	2	3	4
5	6	Notes				

Month at a Glance:

6th D-Day, WWII - Take a moment of silence today and thank the many soldiers who fought and died for our country.

14th Flag Day - Raise the flag today and every day with pride!

20th First Day of Summer - Grab an ice tea and enjoy the season, because the amount of daylight only goes down from here!

21st <u>Father's Day</u> - Whether biological, adopted or informally, today is a day to enjoy time with Dad and appreciate all he's done for you.

June Birthdays - A happy birthday to the following staff members:

27th - Autumn Sibo, Highland Flooring Consultant

Miles of scenic paths where you can exercise and enjoy nature -

WILL COUNTY ILLINOIS TRAILS

Goodenow Grove Nature Preserve Length: trails totaling 5.42 miles Trail Access: 27064 S. Dutton Rd. in Beecher Surface: mix of natural, crushed

limestone & paved

Hickory Creek Bikeway Length: 5.93 miles Trail Access: Hickory Creek Barrens in New Lenox - Hickory Creek Junction & LaPorte Rd. Access in Mokena Surface: paved

Lake Renwick Bikeway Length: 3.35 miles Trail Access: Lockport St., east of Division St., in Plainfield Surface: paved

LAKE COUNTY INDIANA TRAILS

Buckley Homestead Length: Two trails totaling 2.5

Trail Access: 3606 Belshaw Rd.,

The Chesapeake & Ohio Greenway

Trail Access: Broadway & Taft St.,

Length: Six trails totaling 5 miles

Trail Access: 9410 Old Lincoln

miles

Lowell

Surface: natural

(aka the C&O Trail)

Length: 1.9 miles

Surface: asphalt

Highway, Hobart

Surface: natural

Deep River County Park

Merrillville

Messenger Woods Nature Preserve Length: 1.98 miles Trail Access: Bruce Rd., east of Cedar Rd., in Homer Glen Surface: natural

Old Plank Road Trail Length: 22 miles Trail Access: Washington St. & Park Rd. in Joliet - Schoolhouse Rd. in New Lenox - Route 30 in Mokena Surface: paved

Prairie Bluff Preserve Length: 3.21 miles Trail Access: Renwick Rd., east of Weber Rd., in Crest Hill Surface: paved



Erie Lackawanna Trail Length: 16 miles Trail Access: North point is Sibley St. & Hohman Ave., Hammond. South point is West 93rd Ave, Crown Point Surface: asphalt

Green Link Trail Length: 0.75 miles Trail Access: West Second Ave & Roosevelt St., Gary Surface: asphalt

Hobart Prairie Grove Trail Length: 2.2 miles Trail Access: 5227 S. Liverpool Rd., Hobart Surface: dirt Length: 9.93 miles
Trail Access: Hollywood Rd., south
of Interstate 80, in Joliet
Surface: paved
Spring Creek Greenway Trail

Rock Run Greenway Trail

Spring Creek Greenway Trail Length: 5.01 miles Trail Access: Gougar Rd., north of Route 6, in Joliet Surface: crushed limestone

Wauponsee Glacial Trail Length: 22.9 miles Trail Access: Hoff Rd. in Elwood Surface: paved & crushed limestone

DuPage River Trail Length: 2.55 miles Trail Access: Royce Rd., west of Route 53, in Naperville Surface: paved

Homestead Village & Homestead Acres

Length: 2 miles total Trail Access: 10250 Olcott Ave. or 9921 Olcott Ave., St. John Surface: paved

Hoosier Prairie Nature Preserve Length: 0.8 miles Trail Access: East on Main St., Schererville Surface: natural

Lake Etta Length: Two trails totaling 2 miles Trail Access: 6201 Parrish Ave., Hammond

Hammond Surface: natural

Lake George Trail (Wolf Lake) Length: 3.1 miles Trail Access: North end of Forsythe Park, Hammond; 119th St., Whiting Surface: asphalt

 $\label{eq:main_model} Maley, T.~(2020, April~1). \textit{ Take a hike} \dots. Retrieved from nwitimes.com: \ https://www.nwitimes.com/entertainment/take-a-hike-and-explore-the-more-than-50-great-trails-in-the-region/collection_18b7bb2e-8c78-514b-be3e-3ba23b33787e.html#1$

The Forest Preserve District of Will County. (n.d.). *Top 10 Trail Trips to Try*. Retrieved from Forest Preserve District of Will County: https://www.reconnectwithnature.org/news-events/big-features/top-10-will-county-forest-preserve-trail-trips-try

MEET OUR NEW & RETURNING FRIENDS & CLIENTS...

Anga Heraty Anthony Dahlberg Barbara Amelio Bill Goldsmith Bob & Debbie Oster Cindy Hepp Clifton Graves Crystal Taylor Dawn & Rick Tustin Debbie Carr Deborah Nowlan Eileen Nocera George & Sue Tragos Greg Oboy Helen Pulice

Holly Ervin Isidor Torres Jackie Hoffman James & Karen Castelnuovo Jamil & Hiba Kanan Jennifer & Bill Cullen Jim Wilkins John & Stacey Paprocki Joseph Cariola Julie Wagner Justin & Melanie Boehl Kaleb Yanko

Karen Edgar

Kathy & Tony Janik Kathy Tobin Ken Czulno Kurt & Debbie Hermanson Kyle & Kelly Devries Larry & Heidi Guttman Laura Schulte Lena & Sean Gentile Linda Olson Mark & Susan Pagane Mike Madura Mike Myung

Milton Bonich Nora Reece Pam & Jim Huizinga Phil Christensen Roberto Mendoza Sharon Williams Sherri Kalicky Stefanie Schodrof Stephen Chlebek Susan & Joe Belsanti Terri & Tim Silakowski Victoria & Mike Lanigan

BECKY BURKE

of Orland Park, IL
You are this month's
MYSTERY WINNER!
We have a \$50 Creative
Carpet & Flooring gift card
reserved just for you!

reserved just for you! Stop in your nearest showroom to claim your prize!

NOTE: Must be picked up before 6/30/2020

Did You Know



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Don't visit any flooring dealer until you call us for a FREE Consumer Awareness Guide! You will learn...

- √ 4 predatory sales tactics
- √ 7 costly misconceptions about flooring
- √ 5 questions to ask a dealer before buying

Visit our website to obtain your copy!

JUNE 2020

Why are insects attracted to light?

Porch lights. Campfires. Streetlights. It seems like the minute night-lights come on, swarms of insects swoop in. Despite the threat of overheating next to the bulb or, worse yet, being sizzled in a bugzapper, moths and their ilk just can't seem to help themselves. What could account for such odd, sometimes self-destructive behavior? Here are the reasons insects are attracted to light.

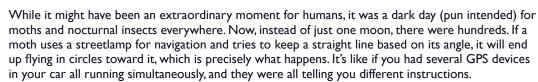
Transverse orientation

Imagine a ship — before GPS — sailing across the ocean. There are no buildings, monuments, landmarks, or street signs to help the sailors navigate the endlessly smooth sea. The only thing that they can rely on to maintain the proper course is the North Star.

Moths and other nocturnal flying insects use a similar approach to navigate their surroundings. Instead of the North Star, they use the moon. The moon is a bright, easy-to-see light that stays in the same position no matter where you are. Insects use the position of the unchanging light to help them fly upright and maintain a straight course. This is called a transverse orientation.

The invention of the lightbulb

For millions of years of moth evolution, the moon was the only source of light in the night sky, which made it a pretty reliable navigational instrument. In 1879, Thomas Edison changed all that with a creation called the lightbulb.



Lightbulbs are excellent sources of heat

Not all bugs rely on transverse orientation to get around, but they're still strangely attracted to lights. The nighttime air can be chilly, and bugs get cold too! Many insects are attracted to lightbulbs because of the heat produced. It's basically the bug equivalent of sitting on a peaceful beach — hundreds of other beachgoers included.

Other insects are attracted to heat for a different reason. Mosquitoes, for instance, are attracted to heat because they feed off of warm-blooded animals. When they get to the light for a hot meal, though, they're sadly disappointed.

Blinded by the light

Once the insect hits the lightbulb, you'd think they'd realize it's not the moon or a tasty treat and fly somewhere else, right? Experience tells us that's not what happens, though. Typically, when a moth flies into an artificial light source, it hits the glass and then proceeds to fly circles around the light for the rest of the evening. One theory is that they've literally been blinded by the light.

Just like any other animal, moths don't want to be eaten by predators. But, when they fly into a light source, their eyes try to adjust to the brightness. When they realize they've been duped, they turn around to fly away, but since their eyes are now adjusted to the light, they can't see in the dark anymore! Flying blind is an easy way to get eaten by a predator. So instead of wandering around in the dangerous darkness, they choose to fly back to the safety of the light where they can see. Thus, for the rest of the night, they're stuck circling the fake moon.

Lights that don't attract insects

While certain insects are attracted to light, not all light is equally as appealing. Traditional incandescent white lights are the most attractive for bugs. They give off the most light and heat of any bulb.

If you'd like your outdoor picnic to remain bug-free, try using a warm-colored LED light. They aren't as bright as the standard white bulbs and don't give off much heat. One study found that yellow-hued LED lights were the best for not attracting insects.

Hill, G. (2020, April 14). Why are insects attracted to light? Retrieved from Trivia Genius: https://www.triviagenius.com/why-are-insects-attracted-to-light/?utm_campaign=1093134558&utm_content=7488635&utm_term=16853655



Who wants to WIN a \$50 Gift Card towards dinner at TGI Friday's, Olive Garden or Beggars Pizza?

Take our Trivia Challenge!

This month's Mega Trivia question:

What color are
Dorothy's slippers in
the original "Wizard of
Oz" book?

- (A) Red
- (B) Silver
- (C) Green
- (D) Gold

To enter, visit our website at www.creativecarpetinc.com, click on "MEGA Trivia" under Specials and take your best guess. Your chances of winning are better than you think! Winner will be announced in the following month's newsletter. Entry deadline, June 20th, 2020. Good luck!!!

Last month's question:

What is the least rainy state in the U.S.?

Answer: (D) Nevada

Nevada takes the top spot as the driest state with an average yearly rainfall of only 9.5 to 10.3 inches. Source - Current Results, October 22, 2019

Congratulations to last month's winner:

Leanne Knollenberg

of Frankfort, IL

Stop by Creative Carpet & Flooring to claim your prize by June 30, 2020!

MEET OUR CARPET CLEANING CUSTOMERS...

Cindy Hepp David Frost Ken Czulno

Call for more info on our expert carpet cleaning services!



JUNE 2020



Born in 1874: The Ice Cream Soda

In the late 19th century, ice cream was widely available, through street vendors and at ice cream parlors. In 1874, the concept of the American "soda fountain" emerged with the invention of the ice cream soda. The ice cream soda was invented in Philadelphia in 1874 by Robert McCay Green, operator of a soda fountain at the Franklin Institute's semi-centennial celebration. He wanted to create a something to attract customers away from another larger, fancier soda fountain down the street. The result: a combination of vanilla ice cream and soda water and a choice of 16 different flavored syrups. Alas, the competitors soon began selling the new sensation. Green's will instructed that "Originator of the Ice Cream Soda" was to be engraved on his tombstone.

Lifestyle Direct, Inc. (2006, July). Ice Cream Soda. Retrieved from The Nibble Great Food Finds: https://www.thenibble.com/reviews/main/ice-cream/the-history-of-ice-cream4.asp

THANK YOU FOR THE KIND WORDS!

"Our experience with Creative Carpet was perfect from start to finish. Dana was wonderful to work with and very knowledgeable and helpful, and the installers were great and very professional. We couldn't be happier with our carpet and will definitely use them again!" - Rich & Jodie Powell of Saint John, IN

A gigantic THANK YOU to all who referred us last month...

Lorna Lydick Phil Christensen Randy Stumpf Tracy & Jay Hamilton

Get A Night Out At One Of Your Favorite Restaurants Through Creative Carpet's

Referral Rewards Program

As you probably know, advertising is very expensive. Instead of paying the newspaper or other place to advertise, we'd rather reward you. So I've assembled my *Referral Rewards Program*. Every time you refer someone who becomes a client and purchases, we will send you a \$25 gift card to one of the following: Olive Garden, TGI Friday's or Beggars Pizza.



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2315 45th Street Highland IN 46322 (219) 595-5561

9am - 6pm Mon, Tue, Thu, Fri

10am - 6pm Wed

10am - 4pm Sat

The material contained in this newsletter is for informational purposes only and is based upon sources believed to be reliable and authoritative; however, it has not been independently verified by us. This newsletter should not be construed as offering professional advice.

Community Events

Deliver Hope and Hunger Relief to People in Our Community

Food banks across the country are seeing a spike in demand as millions have lost jobs and suffered other economic hardships during the coronavirus pandemic. In an effort to help respond to this new threat to food insecurity, we are collecting nonperishable food donations to aid the Food Bank of Northwest Indiana and Frankfort Township Food Pantry.



The food you collect and donate will go directly to children, adults, and seniors struggling with hunger in your community. They may be classmates, colleagues, neighbors, or even friends. So, the better question is: what kind of food would you like? Focus on foods that are nutrient-rich, healthy, and tasty... stuff you would want to





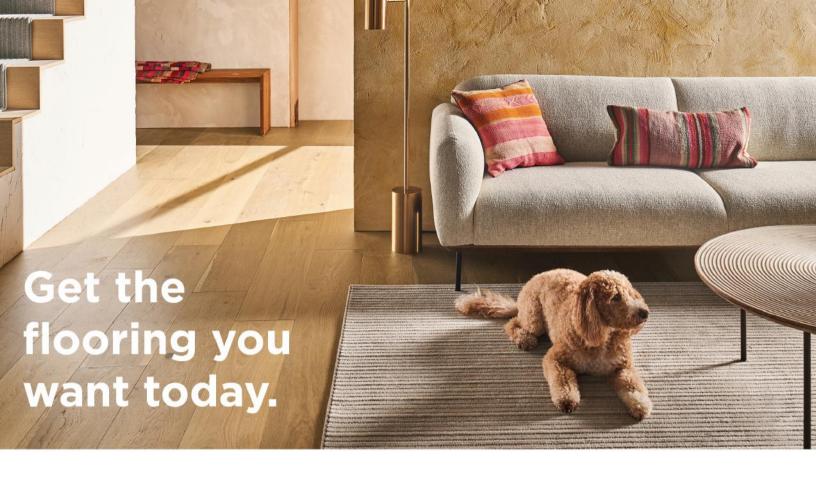
- **Canned Proteins** Canned chicken, tuna, and salmon are good, shelf-stable items that can add much-needed protein to a meal.
- Peanut Butter and Unsalted Nuts Peanut butter in a jar, peanut butter on crackers, or a container of unsalted nuts are a delicious, protein-packed lunch or snack.
- Mixes and Cereals made with water Many households do not regularly have milk or eggs, so consider boxed meals that can be made with just water. Think oatmeal, cereals, instant rice, or packaged pasta and noodles.
- Canned/Dried Beans, Lentils, Chickpeas These are great protein options for vegetarians, and can be used alone, in soups, or as part of a full meal.
- Ready-to-Eat Fruit Whether they are used for breakfast, in lunch, or an on-the-go snack, single-serve fruit cups, squeezable fruit sauces, or cartons of dried fruit help kids and families get nutritious servings of fruit year-round.

For additional information on food assistance in Northwest Indiana, please contact the Food Bank at 219.980.1777. For more information on the Frankfort Township Food Pantry, please contact 815-469-4907 X 2761.

Frankfort Township Food Pantry. (n.d.). Retrieved from Frankfort Township: https://www.frankforttownship.com/p/food_pantry

Home | Food Bank of Northwest Indiana. (n.d.). Retrieved from Food Bank of Northwest Indiana: https://foodbanknwi.org/

If you have a community event or fundraiser that you would like us to feature in July's 2020's Creative Thinking newsletter, please email <u>marketing@creativecarpetinc.com</u> by June 19, 2020.



12 Months Special Financing* through June 30

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you've always wanted.

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*With approved credit. Ask for details.





That's right... ALL 3 FOR FREE or FREE pad upgrade!