

THE EARLY YEARS Value Packs



Innovative Resources has created four value packs bursting with colourful, fun-filled resources for building social and emotional literacy in the early years.

RESPECTFUL RELATIONSHIPS

Making friends comes naturally to some children. However, many children find forming friendships a highly complex business, full of unspoken rules and expectations. The resources in this pack will help children develop respectful friendships, make positive choices, name feelings, navigate conflict and value difference.

- Cars 'R' Us (cards)
- The Wrong Stone (picture book)
- Can-Do Dinosaurs (cards)
- Pocket of Stones (tactile)
- Funky Fish Feelings (cards)
- Stones... Have Feelings Too! (stickers)

PRODUCT CODE: 1142
RRP: \$212.00



EXPLORING FEELINGS

Learning to recognise and manage feelings is at the heart of social and emotional literacy. This pack includes a range of lively and engaging characters to help us have conversations about different body signals and emotions. Each resource contains a booklet full of activities and suggestions for how to use the cards to help children develop these essential life skills.

- The Bears (cards)
- The Bears (stickers)
- Body Signals® (cards)
- Funky Fish Feelings (cards)
- Anxiety Solutions for Kids (cards)
- Stones...Have Feelings Too! (cards)
- Stones...Have Feelings Too! (stickers)

PRODUCT CODE: 1145
RRP: \$275.00



SUPPORTING FAMILIES

When working with families who are navigating their way through challenges, it can be helpful to have a range of tools that cater to different ages, stages and learning styles. The Supporting Families pack includes a visually diverse set of cards and tactile resources for having conversations with young children, teenagers and adults. Use with families to explore feelings, find strategies for managing stress and anxiety, identify and celebrate the strengths of different family members, and talk about the idea that all families are unique.

- *Strength Cards for Kids (cards)*
- *Positive Parenting (cards)*
- *Strength Cards Unlimited (cards)*
- *Can-Do Dinosaurs (cards)*

PRODUCT CODE: 1152

RRP: \$216.00



TRAUMA-INFORMED CARE

Trauma can be difficult to recognise, especially in children, as it can manifest in many different ways. These resources are ideal for having gentle conversations about where trauma sits in the body and how it impacts on behaviour and emotions. They are also great for exploring strategies for managing feelings, naming strengths and talking about protective behaviours and safety.

- *Tell A Trusted Adult (cards)*
- *Rosy and Jack (picture book)*
- *Body Signals® (cards)*
- *Anxiety Solutions for Kids (cards)*
- *Cars 'R' Us (cards)*
- *Strength Cards for Kids (cards)*

PRODUCT CODE: 1138

RRP: \$255.00





ONLINE WORKSHOP TOOLS FOR BUILDING SOCIAL AND EMOTIONAL LITERACY IN THE EARLY YEARS

In this highly engaging workshop, delivered over four 90 minute sessions (or timed to suit), we explore a range of resources designed to help children develop their social and emotional literacy. These fun and colourful tools can be used to support children to build strengths and resilience, navigate and regulate emotions, develop healthy friendships and stay safe. Participants will:

- explore a range of tools that can help teach children to recognise and name common feelings
- discover how understanding body signals can help children develop protective behaviours
- learn some simple, fun activities children can do to self-soothe worry or anxiety
- explore some strengths-based, solution-focused strategies that can easily be incorporated when working with young children.

Our training is delivered by Alison Krusec. With over 30 years' experience working with children and families in a range of settings, Alison is the ideal person to support your team to build their social and emotional literacy toolkit. She can tailor training around the needs of your centre. Contact Alison to discuss your team's requirements - alison@innovativeresources.org.

ONLINE TOOLS WORKSHOP EXPLORING WAYS TO CAPTURE THE VOICE OF THE CHILD

In this session, we will explore a range of different tools that could be used to capture children's voices. The format is collaborative and conversation-based, enabling participants to ask questions, learn from peers and interact with a range of tools and other resources. Participants will:

- take away a range of strategies to support them to capture children's voices in respectful and innovative ways
- identify challenges and barriers, and how these might be overcome
- explore effective and fun feedback activities that work in different environments and settings.

Contact Alison to discuss your team's requirements – alison@innovativeresources.org

ONLINE TOOLS WORKSHOP NAVIGATING THE PLAYGROUND AND OTHER TRANSITIONS

Navigating unstructured time in the playground or other periods of 'free play' or 'free time' can leave many children feeling anxious and unsure. Join us for a discussion on how to use tools to help children connect with others and work through challenges in the playground. The workshop will include:

- ideas for helping children name their strengths and notice the strengths of other children
- suggestions for supporting children to identify feelings, respond to challenging situations and navigate
- tips for encouraging children to use their imaginations and immerse themselves in unstructured play
- an interactive exploration of resources and strategies for supporting children to navigate change.

This 90-minute workshop is suitable for those working with early years and primary school aged children.

Contact Alison to discuss your team's requirements – alison@innovativeresources.org

YOU MIGHT ALSO LIKE ...



SELF-CARE CARDS

Exquisite cards for exploring and practicing self-care

We can't look after others if we don't know how to look after ourselves. These beautifully illustrated cards encourage the art of 'noticing' – noticing how you're doing, what you're feeling, what's working well and what you need to do differently to support self-care. Great for staff meetings, supporting colleagues and professional development.

CAT NO: 4936 \$59.95



STICKERS

Stickers may be little, but they can say a lot.

Kids love stickers. Stickers are fun, versatile and tactile. They are a great tool to use with children who are just starting to develop their vocabulary around emotions and body signals. And older children love them too!

We have doubled the number of stickers in packs so now you can have twice the fun talking to kids about their strengths and feelings! They are also portable so you can take them anywhere, making them easy to whip out to do a quick activity or have some fun on the fly.

THE BEARS 480 stickers
CAT NO: 0251 \$14.95

STRENGTH CARDS 540 stickers
CAT NO: 0151 \$19.95

STRENGTHS CARDS FOR KIDS 400 stickers
CAT NO: 0520 \$19.95

STONES...HAVE FEELINGS TOO! 520 stickers
CAT NO: 3950 \$19.95



TELL A TRUSTED ADULT

Cards and lesson plans for teaching children to recognise body signals and be safe

Using beautiful, gentle artwork, Tell a Trusted Adult is a resource created by experienced educators, Sharon Hynes and Kat Meda, to help teachers explore the challenging topic of child safety. An important aspect of teaching child safety and empowering children to stay safe is helping them to recognise their body signals. This set includes 13 pairs of cards showing different body signals and associated emotions. And most importantly, children learn this key message – tell a trusted adult when you feel unsafe, anxious or worried. The card set also includes 9 activity cards and a comprehensive booklet. Both the activity cards and the booklet include a huge range of activities that you can use immediately with children.

CAT NO: 4980 \$55.00

TACTILE RESOURCES

To help build emotional intelligence in children



THE BEARS TACTILE CHARACTERS

Fall in love with these five adorable tactile characters from *The Bears*.

CAT NO: 0750 \$45.00



A POCKET OF STONES

Twelve hand-crafted, ceramic faces for play therapy and family work.

CAT NO: 0700 \$45.00