

Super Savings

Super WINS!

That's why
we SHOP at
SPAR



Nescafé
Gold
Coffee Jar
(Excl. Alta Rica and
Decaf)
200 g
Assorted

139⁹⁹ each

WITH RewardsCARD



Tastic
Long Grain
Parboiled,
Brown or
Soft and
Absorbing Rice
2 kg

33⁹⁹ each

WITH RewardsCARD



SPAR
Frozen Mixed
Chicken Portions
5 kg

199⁹⁹ per pack

WITH RewardsCARD



Coca-Cola
Regular
Only
2 litre

BUY
2
FOR

42⁰⁰

Save R14



SPAR
Long Life
Full Cream, Low Fat or
Fat Free Milk
(Excl. Lactose Free)
6 x 1 litre

93⁹⁹ per pack

WITH RewardsCARD

+100 MB
FREE DATA mobile

AS SEEN
ON TV



Stork
Country
Spread 40%
Fat Spread Tub
1 kg

45⁹⁹ each

Save R12



SPAR or
Sunfoil
Sunflower Oil
2 litre

69⁹⁹ each

WITH RewardsCARD



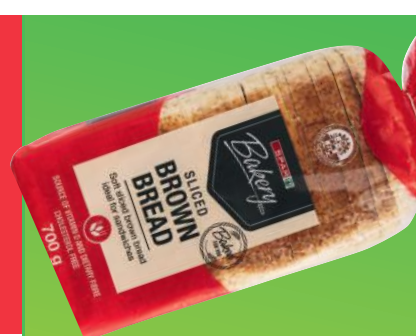
Bulk
Stewing Beef

119⁹⁹ per kg

SPAR



Fresh value



SPAR
Bakery
Brown Bread
700 g

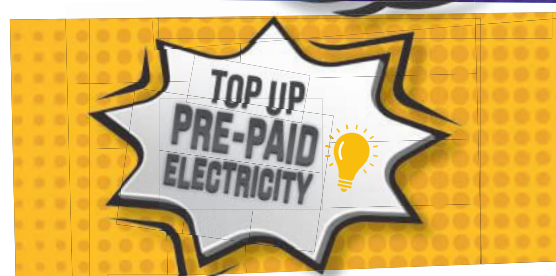
13⁹⁹
per loaf



Blue Ribbon
Classic White
Sliced Bread
700 g

16⁹⁹
per loaf

YOU CAN DO IT ALL, RIGHT HERE, AT **SPAR**



Experience a world of easy top-up options.
Now available in-store only at **SPAR**

Ts & Cs apply. For updated terms and conditions, please go to www.spar.co.za

Warm, hearty and ready to eat



Pieman's
Pies or
Sausage Rolls
(Excl. Burger Pies)
Assorted

BUY ANY
2 FOR **50⁰⁰**

EST. 1962
PIEMAN'S
MADE JUST RIGHT



McCOY
Pies or Sausage
Rolls
Assorted

BUY ANY
2 FOR **65⁰⁰**

More Pie.
More Filling.
More Value.



The FOOD STALL
at SPAR
Snacking Range
200 g
Assorted

69⁹⁹
each

The
**FOOD
STALL**
at SPAR



Fire & Grill
Grilled Rib Burger
& Chips 100 g

39⁹⁰
per meal

fire grill
BEST US DO THE GRILLING



Chikka Chicken
Smoky Cheeky
Stack & Chips

CHIKKA
FOR SHO

39⁹⁰
per meal

CHIKKA
CHICKEN



Gourmet Recipe
McCOY
REAL DEAL PIES

Limited
Edition
Available while
stocks last.

A BITE OF MZANSI
IN EVERY ROLL
Chakalaka & Grabouw Sausage Roll

Only at SPAR.

The
**FOOD
STALL**
at SPAR



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Fire up your heritage celebrations



Super ideas for making the most of traditional **favourites for less.**

**Flame-braaied
spatchcock
chicken in an
atchar & chutney
marinade**



**BUY
2
FOR** **65⁰⁰**

**SPAR
Bakery**
Garlic Bread
330 g



24⁹⁹
per pack

**SPAR
Bakery**
Braai Rolls
4s
Assorted



54⁹⁹
per kg

**Your Butcher
By SPAR**
Whole Chicken in a Bag
(Without Giblets)

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199⁹⁹
per kg

**Your Butcher
By SPAR**
Beef Rump or
Sirloin Steak



89⁹⁹
per kg

**Your Butcher
By SPAR**
Beef or Pork
Sausage



79⁹⁹
per kg

**Your Butcher
By SPAR**
Fresh Star Pack Chicken
(4 Drumsticks and 4 Thighs)
or Fillets



115⁹⁹
per kg

**Your Butcher
By SPAR**
Pork Belly Roast
or Braai Rashers
(Bone-In)



109⁹⁹
per kg

**Your Butcher
By SPAR**
Rooiberg
Boerewors



89⁹⁹
per kg

**SPAR
Tender & Tasty**
Pork Texan Steak



99⁹⁹
per kg

**Your Butcher
By SPAR**
Beef Original, Cheese
or Chargrill Flavour
Burger Patties



89⁹⁹
per kg

**SPAR
Tender & Tasty**
Deboned Chicken Thigh
Espetada Peri-Peri, BBQ,
Roasted Garlic Butter or
Sweet Chilli BBQ



36⁹⁹
per pack

**SPAR
freshline**
Onions
2 kg



399⁹⁹
per kg

**SPAR
Steak Co.**
Beef Ribeye
Steak



Flaming delicious
meals on a budget

**Cape Malay-style
lamb tjops with
tomato smootjie**

189⁹⁹
per kg

**Your Butcher
By SPAR**
Lamb Braai Shoulder or
Best End Chops
(Previously Frozen)

19⁹⁹
per pack

**SPAR
freshline**
Long Life
Tomatoes
750 g



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Braai Snoek
a whole fillet with marinade sachet
ready to grill on the braai
Apricot Marinade
1.1 kg
(900 g Snoek, 200 g Marinade)

139⁹⁹ each
WITH Rewards CARD

SPAR
Braai Snoek with
Apricot Marinade
1.1 kg

Chef's tip:
Try **SPAR**
Prawn tails
on the braai

Celebrate SA's
great **seafood**
tradition, the
affordable way

**Succulent ostrich
steak-filled
roosterkoek**

96⁹⁹ each
Your Butcher
By SPAR
Ostrich Fillets
400 g



34⁹⁹ each

SPAR
Bakery
White Ciabatta
450 g

189⁹⁹ per kg

SPAR
Tender & Tasty
Mini Texan
Beef Steak

22⁹⁹ per pack

SPAR
Bakery
Roosterkoek
4s

59⁹⁹ per pack

**Your Butcher
By SPAR**
Ostrich
Burgers
400 g

69⁹⁹ each

**Your Butcher
By SPAR**
Ostrich
Prime Steak
400 g

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29⁹⁹
each

SPAR
freshline
Golden Delicious
or Red Apples
1.5 kg



49⁹⁹
each

SPAR
Bakery
Swiss Rolls
5s
Assorted



129⁹⁹
each

SPAR
Bakery
Black
Forest
Cake



35⁹⁹
per pack
Save R10

SPAR
freshline
Mixed
Mushrooms
350 g



39⁹⁹
per pack

SPAR
freshline
Potjie Pack
1 kg



129⁹⁹
each

SPAR
Tender & Tasty
Pork Belly Ribs
Sweet & Sticky
or BBQ
1 kg

Pork belly ribs
with tangy and
sweet slaw



Meatless braai
potjie pie



Sticky upside
down banana
cake and
blueberry ice
cream



Roasted tomato
and guacamole
salad



34⁹⁹
per box

SPAR
freshline
Banana
Mini Box
1.2 kg



24⁹⁹
each

SPAR
freshline
Blueberries
125 g



24⁹⁹
per pack

SPAR
freshline
Crisp Lettuce
300 g



24⁹⁹
per pack

SPAR
freshline
Italian Salad or
Season's Value
220 g



36⁹⁹
each

SPAR
freshline
Guacamole
200 g
Assorted



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Enjoy more super deals!

Chill Now, Enjoy Anytime



SPAR
Large Eggs
48s

119⁹⁹
per pack



SPAR
Choice Butter or
Butterable Spread Tub
500 g

69⁹⁹
each

WITH Rewards CARD



Lancewood
Cream Cheese
230 g
Assorted

46⁹⁹
per pack

WITH Rewards CARD



Clover
Bliss or Authentikos
Yoghurt
1 kg
Assorted

42⁹⁹
each

WITH Rewards CARD



SPAR
Low Fat or
Fat Free Smooth or
Fruit Yoghurt (Excl. Aloe &
Seeded, Double Cream or
Indulge Range)
1 kg
Assorted

32⁹⁹
each



Clover
Smooth Yoghurt,
Tropika or Noloc
6 x 100 g
Assorted

18⁹⁹
each

WITH Rewards CARD



Danone
Yogi Sip
500 g
Assorted

19⁹⁹
each



Parmalat
Steri Stumpie
350 ml
Assorted

BUY ANY
2 FOR
30⁰⁰

+300 MB
FREE DATA

BUY ME
TO WIN



Lancewood
Prepacked Cheese
900 g
Assorted

129⁹⁹
each

Save R40



Parmalat
Processed
Cheese Slices
900 g
Assorted

119⁹⁹
per pack



SPAR
Full Cream
Maas
2 kg

31⁹⁹
each

WITH Rewards CARD



SPAR
Smoked Viennas
(Excl. Chicken)
500 g

44⁹⁹
each



SPAR
Back, Lean, Shoulder,
Streaky, Diced
Bacon or
Chicken Rashers
200 g

29⁹⁹
per pack



SPAR
French Polony or
Chicken
2 kg

65⁹⁹
each

WITH Rewards CARD

SAVE

and WIN your share of R6 million
in instant cash!

Competition valid from 23 Jun - 7 Oct 2025



SPAR Rewards deals available while stocks last.

HOW TO ENTER

Step 1:

Buy any 3 participating products
and swipe your SPAR Rewards card.

Step 2:

Take your winning slip and till slip
to the in-store kiosk to redeem your
R1 000 INSTANT cash.

Ts & Cs apply.

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App Store

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Enjoy more super deals!

Freeze Now, Enjoy Anytime



I&J
Crumbed
Fish Fingers
800 g

94⁹⁹ each

94⁹⁹ each

WITH **Rewards** CARD



CRUMBED HAKE FILLET PORTIONS

Wild caught succulent Cape Hake Fillet portions coated in our crispy golden crumb and flavoured with zesty lemon.



DEEP WATER HAKE

5 PRIME MEDALLIONS

Wild caught pure Cape Hake medallions from the pristine depths of the south-east Atlantic Ocean.



SPAR
Sourdough Pizza
400 g
Assorted

69⁹⁹ each



Dr. Oetker
Nice & Easy
Meals (Excl.
Plated)
350 g
Assorted

BUY
ANY
2
FOR

120⁰⁰



I&J
Beefers or
Chicksters Beef
Patties
800 g



94⁹⁹ each



McCain
Skinny Fries or Slap
Chips
1 kg

47⁹⁹ per pack

WITH **Rewards** CARD



McCain
Country
Crop or
Garden Mix
1 kg

43⁹⁹ each



McCain
Frozen
Vegetables
or Stir Fry
250 g
Assorted

BUY
ANY
2
FOR

29⁰⁰



SPAR
Crumbed Chicken
Steaklets, Pops, Fries
Coated, Nuggets, Strips
or Burgers
750 g

59⁹⁹ each



SPAR
Frozen
Chicken
Liver Tub
250 g

BUY
2
FOR

26⁰⁰



Ola
Magnum
Mini Ice
Cream
5s
Assorted

94⁹⁹ per pack

WITH **Rewards** CARD



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Enjoy more super deals!

Pantry Essentials



SPAR
Super Maize Meal 2.5 kg
+ SPAR
Sunflower Oil 750 ml
+ SPAR
Cake Wheat Flour 2.5 kg
+ SPAR
White Sugar 2.5 kg

BUY ALL FOR

145⁰⁰

WITH Rewards CARD



Fatti's & Moni's
Spaghetti or
Macaroni Only
500 g

BUY ANY
2
FOR

32⁰⁰

WITH Rewards CARD



Kellogg's
Instant Noodles
5 x 70 g
Assorted

BUY ANY
4
FOR

95⁰⁰

WITH Rewards CARD



SPAR
Shredded
Tuna in Oil
or Water
170 g

18⁹⁹
each



Maggie
Lazenby
Worcestershire
Sauce
250 ml
Assorted

25⁹⁹
each



SPAR
White or
Brown
Vinegar
2 litre

26⁹⁹
each



Royco
Sauce, Gravy
or Marinade
32 g - 48 g
Assorted

BUY ANY
3
FOR

45⁰⁰

WITH Rewards CARD



Knorr
Packet Soup
(Incl. Tasty Range)
50 g
Assorted

BUY ANY
4
FOR

24⁰⁰

WITH Rewards CARD



Snowflake
Easy Mix
1 kg
Assorted

32⁹⁹
each



Selati
Icing or Castor Snow
Sugar
500 g

21⁹⁹
each



Moir's
Baking Powder
200 g

29⁹⁹
each



Snowflake
Cake
Wheat
Flour
2.5 kg

34⁹⁹
each



White Star
Super Maize
Meal
5 kg

59⁹⁹
each

WITH Rewards CARD



Snowflake
Cake Wheat
Flour
10 kg

122⁹⁹
each

WITH Rewards CARD



SPAR
Super Maize Meal
12.5 kg

114⁹⁹
each

WITH Rewards CARD

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Priced to make you feel super!

Breakfast, Sweets and Beverages



Futurelife
Instant Cereal
Original or
Zero
500 g
Assorted

43⁹⁹
each

WITH Rewards CARD



Future life
Granola
Crunch
700 g
Assorted

59⁹⁹
each



Jungle
Oats
1 kg

70⁰⁰
each

WITH Rewards CARD



Nescafé
Ricoffy
Pouch
800 g

VALUE REFILL

NEW
800 g



SPAR
Cornflakes
500 g

27⁹⁹
each

WITH Rewards CARD



Iwisa or Super Sun
Instant
Maize Porridge
1 kg
Assorted

27⁹⁹
each



Nestlé
Cremora Coffee and
Tea Creamer
750 g

54⁹⁹
each



Five Roses
Ceylon Blend
Tagless
Teabags
100s

63⁹⁹
each

WITH Rewards CARD



House of Coffees
Hug in a Mug
Cappuccino Sticks
8s
Assorted

65⁹⁹
per pack



SPAR
Rusk
450 g / 500 g
Assorted

43⁹⁹
per pack



Yum Yum
Peanut Butter
(Excl. Choc
Dreams &
Caramel)
400 g
Assorted

38⁹⁹
each



SPAR
Honey
500 g

59⁹⁹
each



Cadbury
Selected Chocolate Slabs
Includes Bubbly (Excl. Special
Edition Fudge Mint Crisp,
Fudge Cookie Crumble, Astro,
P.S. 5 Star and Crunchie)
150 g
Assorted

39⁹⁹
each

WITH Rewards CARD



Nestlé
Kit Kat, Aero,
Bar-one,
Smarties or Tex
Chocolate Bars
(Excl. Milkybar)
40 g / 41.5 g /
42 g / 52 g

BUY
ANY
3
FOR

36⁰⁰
each

WITH Rewards CARD



SPAR
Gums or Jellies
(Excl. Chocolate
Malt Balls,
Speckled Eggs
and Candy Coated
Peanuts)
125 g
Assorted

18⁹⁹
per pack

WITH Rewards CARD



Risi
Marie
Biscuits
Multipack

24⁹⁹
per pack



Simba
Nik Naks
135 g
Assorted

25⁰⁰
each

WITH Rewards CARD



Willards
Cheese
Curlys
90 g

BUY
ANY
2
FOR

24⁰⁰
each

WITH Rewards CARD



Bakers
Eet-Sum-Mor
200 g
Assorted

26⁹⁹
each

WITH Rewards CARD

+150 MB
FREE DATA
mobile

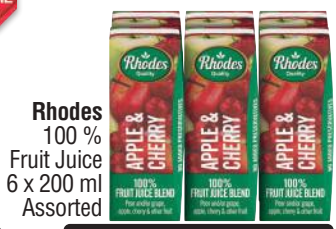


Red Bull
Energy Drink
4 x 250 ml
Assorted

54⁹⁹
per pack

WITH Rewards CARD

SAVE
EXTRA
IN-STORE
ONLY



Rhodes
100 %
Fruit Juice
6 x 200 ml
Assorted

39⁹⁹
per pack

WITH Rewards CARD

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Enjoy more super deals!

Baby Care & Personal Favourites



Purity
Puree 110 ml
or Baby Food Jars
125 ml
110 ml
Assorted

**BUY ANY
2
FOR**
28⁰⁰
WITH RewardsCARD



Nestlé
Cerelac
Baby Cereal
Just Add Water
200 g
Assorted

33⁹⁹
each
WITH RewardsCARD



Nestlé
Nestum
Baby Cereal
Just Add Milk
200 g
Assorted



24⁹⁹
each
WITH RewardsCARD



Nestlé
3+ Powdered Drink
900 g

169⁹⁹
each
WITH RewardsCARD



Pampers
Premium Care
Nappies or Pants
Value Pack
or Active Baby
Diapers or Pants
Jumbo Pack

229⁹⁹
per pack
WITH RewardsCARD



Telament
Gripe Water
Alcohol Free
150 ml

38⁹⁹
each



Dettol
Antiseptic Liquid
750 ml

89⁹⁹
each



Libresse
Pantyliners
40's

29⁹⁹
per pack



Libresse
Maxi Pads
16s / 20s
Assorted

39⁹⁹
per pack



Laxador
Bisacodyl Tablets
30s

32⁹⁹
per pack

SPAR
Women's
CHALLENGE
10/5km

Jozi

MARK
YOUR
CALENDAR!

5 OCTOBER 2025

MARKS PARK SPORTS CLUB

08H00



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Load up on these super deals!

Cleaning Made Easy



Sta Soft
Fabric Softener
Refill Pouch
(Excl. Ultra)
500 ml
Assorted

29⁹⁹
each
WITH RewardsCARD



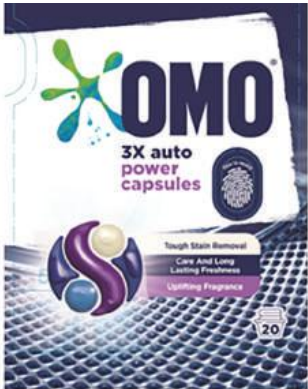
Sunlight
Laundry Bar
400 g / 500 g
Assorted

22⁹⁹
each
WITH RewardsCARD



Omo
Auto
Washing Powder 3 kg,
Semi Concentrate Liquid
2 litre
or Concentrate Capsules
420 ml
Assorted

124⁹⁹
each
WITH RewardsCARD



Scotch Brite
Jumbo,
Heavy Duty or
Multi-Coloured
Scourer
3s / 4s / 5s

25⁹⁹
per pack



Finish
All in 1 56s,
Quantum Tabs 50s
or Ultimate Plus Tabs
45s

219⁹⁹
each



Sunlight
Original
Dishwashing
Liquid Bottle
750 ml
(Incl. Platinum)

60⁰⁰
Save R14



Jeyes
Homeguard
Thick Bleach
750 ml
Assorted

21⁹⁹
each



Shield
Sheen
300 ml
Assorted

39⁹⁹
each
WITH RewardsCARD



SPAR
Mini
Toilet Tissues
1 ply
18s

59⁹⁹
per pack
WITH RewardsCARD



Glade
Air Freshener
180 ml
Assorted

20⁹⁹
each
WITH RewardsCARD



Mortein Target
Insect Killer
300 ml
Assorted

34⁹⁹
each



SPAR goodliving
Dustpan & Brush
Grey
1s

44⁹⁹
per pack
WITH RewardsCARD



Koopman
Spaghetti, Skimmer,
Serving Spoon or
Soup Ladle

29⁹⁹
each



SPAR Rewards deals available while stocks last.

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Enjoy more super deals!

Pet Care



Husky
Wet Dog Food
775 g
Assorted

BUY
ANY
2
FOR

62⁰⁰

WITH Rewards CARD



Beeno
Mallovs 500 g or
Biscuits 800 g
Assorted

64⁹⁹

each
WITH Rewards CARD



Bobtail
Dog Food
(includes Specialised Diet)
5.5 kg / 6.5 kg / 7 kg / 8 kg

209⁹⁹

each

WITH RewardsCARD



Dreamies
Cat Treats
60 g
Assorted

BUY
ANY
3
FOR

100⁰⁰



Brenngo
Garden
Bird Seeds
2 kg

29⁹⁹

each



Whiskas
Wet Cat Food
12s
Assorted

129⁹⁹

per pack



SPAR
Purr-fect
Dry Pellets
Cat Food
4 kg
Assorted

149⁹⁹

each

Household Made Easy



Koopman
Whistling Kettle
Stainless Steel

179⁹⁹

each



SPAR
goodliving
Vacuum Bullet Flask
1s
Assorted Colours

99⁹⁹

each



SPAR
goodliving
Travel Mug
450 ml

49⁹⁹

each



Koopman
Hanging
Basket

35⁹⁹

each



Hth
Floater
Plus
1.6 kg

169⁹⁹

each

WITH RewardsCARD



Blu 52
Granular
Chlorine
4 kg

199⁹⁹

each



Blu52
All In
One Pool
Solution
Floater
1.2 kg

139⁹⁹

each



Loctite
Super Glue
3 g

59⁹⁹

each



Energizer
Max AA or AAA
8s

99⁹⁹

per pack

WITH RewardsCARD

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CELEBRATE What Brings Us Together

THIS HERITAGE DAY

Nando's
Vusa 125 ml or
Peri-Peri Sauce
250 ml
or Peri-naise
265 g
Assorted

39⁹⁹
each

Knorr
Salad Dressing
340 ml
Assorted

34⁹⁹
each

SPAR
Original or
Tangy Mayonnaise
750 g

31⁹⁹
each

Hinds
Southern Grill
or Coating
200 g
Assorted

16⁹⁹
each

Pringles
Potato Chips
165 g
Assorted

41⁹⁹
each
WITH Rewards CARD

Koo
Chakalaka
410 g
Assorted

22⁹⁹
each

Knorr
Aromat
Seasoning
70 g / 75 g
Assorted

27⁰⁰
each
WITH Rewards CARD

Simba
Potato Chips
120 g
Assorted

32⁰⁰
each
WITH Rewards CARD
Save R12

Danone
Ultramel
Flavoured Custard
1 kg
Assorted

27⁹⁹
each
WITH Rewards CARD

Wellington's
Sweet Chilli or Sweet
Jalapeno Sauce
700 ml

41⁹⁹
each
WITH Rewards CARD

Jan Braai
Basting or Potjie
Sauce
400 g / 750 ml
Assorted

38⁹⁹
each

Rhodes
Braai Relish
410 g

15⁹⁹
each

Grapetiser
or Appletiser
Juice
6 x 300 ml

99⁹⁹
per pack
WITH Rewards CARD

Willard's
Big Korn
Bites
120 g
Assorted

32⁰⁰
each
WITH Rewards CARD

SPAR
Sliced
or Grated Beetroot
780 g

27⁹⁹
each
WITH Rewards CARD

Robertson's
Herbs and Spices
Medium Refill (Excl.
Black Pepper /
Whole Spice /
Ginger)
12 g - 100 g
Assorted

27⁰⁰
each
WITH Rewards CARD

Manhattan
or Mister Sweet
Mallows
400 g / 440 g
Assorted

38⁹⁹
each
WITH Rewards CARD

aQuellè
Natural Still
or Sparkling Water
1.5 litre

20⁰⁰
each
WITH Rewards CARD

Sparletta
or Twist
Soft Drink
1.5 litre
Assorted

24⁰⁰
each
WITH Rewards CARD

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FLAVOURS. FUN. FAMILY.

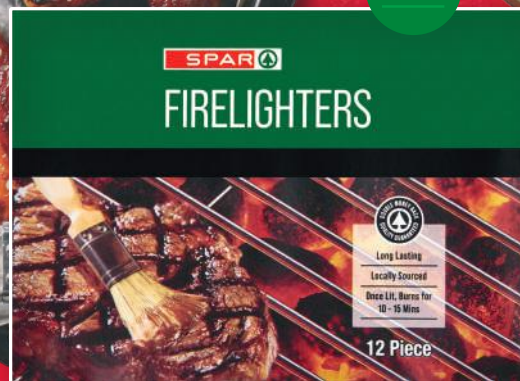
BRAAI DAY



SPAR
Charcoal Briquettes
5 kg

75⁹⁹
each

WITH RewardsCARD



SPAR
FIRELIGHTERS

SPAR
Firelighters
12s

19⁹⁹
per pack

WITH RewardsCARD



SPAR
Tender and Tasty
Sliced Biltong
35 g
Assorted

25⁹⁹
per pack



SPAR
Tender and Tasty
Sliced Beef Biltong
80 g
Assorted

From
59⁹⁹
per pack



Liqui-Fruit
100% Fruit
Juice Blend
1 litre
Assorted

50⁰⁰
Save R26



SPAR
Feta
400 g
Assorted

62⁹⁹
each



SPAR
Heavy Duty
Foil
5m

37⁹⁹
each

WITH RewardsCARD



Cappy
100% Fruit Juice
Blend
1.5 litre
Assorted

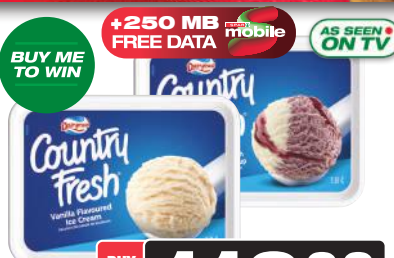
35⁹⁹
each

WITH RewardsCARD



Safari
Salted Peanuts
or Peanuts &
Raisins
450 g

54⁹⁹
each



Dairymaid
Country Fresh
Ice Cream
1.8 litre
Assorted

110⁰⁰
Save R44



SPAR
goodliving
Silver Premium
Cooler Box
10 litre

159⁹⁹
each

WITH RewardsCARD



SPAR
Mega
Roller Towels
2 Ply
2s

45⁹⁹
per pack

WITH RewardsCARD



SPAR
White Serviettes
1 ply
100s

18⁹⁹
per pack

WITH RewardsCARD



SPAR
Paper Plates
230 mm
50s

39⁹⁹
per pack

WITH RewardsCARD



SPAR
Disposable Cups
10s

14⁹⁹
per pack

WITH RewardsCARD



SPAR
goodliving
Cooler Box
(Blue, Red or
Silver)
26 litre

199⁹⁹
each

WITH RewardsCARD

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ML_SSR4829 15

Pamper your family for less

with

SPAR 



Explore your favourite **personal care brands**.

Bright smiles

September is
**Oral Health &
Heart Disease**
awareness
month

Only at
SPAR



23⁹⁹
per pack
WITH Rewards CARD

Colgate
Maximum Protect,
Herbal White, Winterfresh White,
Herbal 100 ml or Triple Action 150 ml
Toothpaste



31⁹⁹
per pack
WITH Rewards CARD

Colgate
Double Action
Toothbrush
1s / 2s
Assorted



34⁹⁹
each
WITH Rewards CARD

Aquafresh
Kids Milk Teeth
0-2 Years
Toothpaste
50 ml
Aquafresh
Advance Mint
Boost 9-12 Years
Toothpaste
75 ml

26⁹⁹
each
WITH Rewards CARD

Aquafresh
Kids
Toothbrush
1s
Assorted



36⁹⁹
each
WITH Rewards CARD



25⁹⁹
each

White Glo
Charcoal Toothpaste
75 ml



19⁹⁹
each

White Glo
Toothpaste
75 ml
Assorted



44⁹⁹
each
WITH Rewards CARD

Sensodyne
Toothpaste,
Clean & Fresh,
Fresh Mint,
Multicare or
Gentle Whitening
75 ml

79⁹⁹
each
WITH Rewards CARD

Sensodyne
Sensitivity &
Gum Soft
Toothbrush
1s

SENSODYNE

#1 DENTIST RECOMMENDED BRAND

Oral health is directly
linked to heart disease,
strokes and other
systemic conditions.
Poor oral hygiene can
allow infection to enter
the bloodstream.

Replace toothbrushes
every 3 months and
especially after illness.



39⁹⁹
each
WITH Rewards CARD

Colgate
Kids Toothbrush
Assorted
1s



7⁹⁹
each
WITH Rewards CARD

SPAR
Oral-Pro
Little Teeth
Kiddies
Toothbrush
1s

SPAR
Oral-Pro Junior
Toothbrush
1s

13⁹⁹
each
WITH Rewards CARD

LISTERINE
Brush  Floss  Rinse 

FROM
59⁹⁹
each
WITH Rewards CARD

Listerine
Cool Mint or Milder Taste,
Fresh Burst, Smart Rinse Mint or
Smart Rinse Berry, Base Range
Mouthwash (Excl. Total Care & Advanced)
500 ml
Assorted



33⁹⁹
each
WITH Rewards CARD

SPAR
Oral Pro
Mouth Wash
250 ml
Assorted

12⁹⁹
each
WITH Rewards CARD

SPAR
Oral-Pro
Toothbrush
Everyday Clean
Soft
2s

Stand a chance to

WIN
YOUR SHARE OF
R100 000
Mastercard vouchers
Valued at R500 each



How to enter:

Buy any x4 products
of Protex, Colgate or Sta-Soft

Scan the QR code
to enter the competition by
providing your contact details

Competition runs from 1 August to 30 September 2025. T&C's Apply.

Protex **Colgate** **Sta-Soft**

Not all products or variants are available in all stores.



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16_MI_SSR4829 TV products available nationwide. **Not available in Western Cape, Eastern Cape, KwaZulu-Natal, Upington or Keimoes area, the Lowveld or Belfast area. Errors and Omissions Excepted (E&OE).**

Bath bliss



72⁹⁹ each

Mousseon
Foam Bath
2 litre
Assorted



34⁹⁹ each

WITH Rewards CARD

SPAR
Germex
Hand Wash
or Hand
Sanitiser
250 ml
Assorted



BUY ANY
2
FOR

28⁰⁰

WITH Rewards CARD

Lifebuoy
Hygiene Soap
(Incl. The Naturals)
175 g
Assorted



BUY ME
TO ENTER



BUY ANY
2
FOR

28⁰⁰

WITH Rewards CARD

Protex
Hygiene Soap
175 g
Assorted



26⁹⁹ per pack

Koopman
Sponge
Bath Loofahs
1s



19⁹⁹ each

Koopman
Round Loofah
Assorted
Colours



19⁹⁹ each

Koopman
Bath Sponge on
a String
Assorted
Colours



19⁹⁹ each

Koopman
Round Bath
Sponge
1s



32⁹⁹ per pack

Care By
SPAR
Terry Adults
Face Cloth
2s



32⁹⁹ per pack

Care By
SPAR
Terry Kids
Face Cloth
2s



Care By SPAR
Guest Towel
1s

19⁹⁹ each



11⁹⁹ per pack

Care By
SPAR
Terry Adults
Face Cloth
1s



14⁹⁹ each

Care By
SPAR
Terry Kids
Face Cloth
1s

35⁹⁹ each

Koopman
Hanging Basket



19⁹⁹ each

Care By SPAR
Nail Brush
31 g

Radiant beauty



Himalaya THE HERBAL EXPERT
SINCE 1930

FROM

79⁹⁹ each

Himalaya
Facecare
Range
Assorted



NIVEA

IS FOR SKIN

FROM

89⁹⁹ each

WITH Rewards CARD

Nivea
Face Care
Range



Neutrogena
BEAUTY TO A BOON

Neutrogena
Lotion or Balm
300 ml / 400 ml
Assorted

FROM

56⁹⁹ each

WITH Rewards CARD



FROM

99⁹⁹ each

Neutrogena
Hydro Boost
Range
50 ml / 200 ml
Assorted

WITH Rewards CARD

FROM

99⁹⁹ each

WITH Rewards CARD

Neutrogena
Bright Boost
Range
50 ml
Assorted



FROM

99⁹⁹ each

WITH Rewards CARD

Neutrogena
Spot Control Range
50 ml
Assorted



Nivea
Perfect & Radiant
Range
50 ml / 150 ml
Assorted

FROM

124⁹⁹ each

WITH Rewards CARD



69⁹⁹ each

WITH Rewards CARD

Nivea
Shower
Gel for Female
500 ml
Assorted

FROM

57⁹⁹ each

WITH Rewards CARD

Nivea
Body Lotion
or Cream for Female
(Incl. Radiant & Beauty)
400 ml
Assorted



Nivea
Deodorant
for Women
90 ml
Assorted

41⁹⁹ each

WITH Rewards CARD



Nivea
Roll-On for Women
50 ml
Assorted

25⁹⁹ each

WITH Rewards CARD

Not all products or variants are available in all stores.

The **SPAR** you love, now online!



DOWNLOAD NOW ON



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Nourished skin

epi^{max}
for every body

epi^{max} original
Original or Junior
Moisturiser
400 g
Assorted

99⁹⁹
each



FROM
Nivea
Sun Protection
Lotion, Spray or Trigger for
Adults or Kids
200 ml

159⁹⁹
each

WITH RewardsCARD



229⁹⁹
each

WITH RewardsCARD

Nivea
Sun Protection Trigger
Sensitive 50 for
Kids
270 ml

36⁹⁹
each

WITH RewardsCARD

Vaseline
Blue Seal
Petroleum Jelly
250 ml
Assorted



**BUY ME
TO ENTER**



49⁹⁹
each

WITH RewardsCARD

Vaseline
Body Lotion or
Cream for Male
or Female (Excl.
Q10 Range)
400 ml
Assorted



139⁹⁹
each

WITH RewardsCARD

SPAR
Sola Sun
SPF 50
Trigger / Spray
200 ml



Bramley
Tissue Oil
100 ml
Assorted

25⁹⁹
each



INGRAM'S
THE SKIN DOCTOR

Ingram's
Body Lotion or Cream
For Male or Female
(Excl. Tissue Oil 450 ml only)
300 ml / 400 ml / 450 ml
Assorted

47⁹⁹
each

WITH RewardsCARD

Fresh defence

Revlon
Deodorant
for Female
90 ml
Assorted

25⁹⁹
each

WITH RewardsCARD

Playgirl
Aerosol
Deodorant
90 ml
Assorted

31⁹⁹
each

WITH RewardsCARD

Shower to Shower
Roll On
for Women
50 ml
Assorted

35⁰⁰

WITH RewardsCARD

Mitchum
Roll On for Female
50 ml
Assorted

36⁹⁹
each

WITH RewardsCARD

**BUY ANY
2
FOR**

68⁰⁰

WITH RewardsCARD

Shield
Anti Perspirant
Deodorant
for Female
150 ml
Assorted



Shield
Anti-Perspirant Roll
On for Women
50 ml
Assorted

40⁰⁰

WITH RewardsCARD



Yardley
Body Spray for
Women
90 ml
Assorted

39⁹⁹
each

WITH RewardsCARD

Not all products or variants are available in all stores



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Dove
Shampoo, 2in1 or
Conditioner
350 ml / 400 ml
Assorted

89⁹⁹
each

WITH Rewards CARD



Dove
Beauty Soap
for Women
4 x 90 g
Assorted

69⁹⁹
each

WITH Rewards CARD



Dove
Body Lotion or
Cream for Female
400 ml
Assorted

69⁹⁹
each

WITH Rewards CARD



Dove
Cotton Rounds
80s

29⁹⁹
each

WITH Rewards CARD

Dove
Cotton Wool
50 g

15⁹⁹
each

WITH Rewards CARD



15⁹⁹
per pack

Dove
Earbuds Value
Pack
200s

Crowning glory



Head & Shoulders
Shampoo or Conditioner
360 ml / 400 ml
Assorted

69⁹⁹
each

WITH Rewards CARD

Perfect curls



FROM

39⁹⁹
each

WITH Rewards CARD

The Perfect Hair
Treatment
Spray or
Lotion
125 ml
Assorted



The Perfect Hair
Repair & Growth
Treatment Sachet
50 ml

FROM

19⁹⁹
each

WITH Rewards CARD



SAVE
EXTRA
IN-STORE
ONLY

+250 MB
FREE DATA
mobile



Pantene
Shampoo and
Conditioner
400 ml
Assorted
(Incl. Treatments
360 ml)

BUY
ANY
2
FOR

100⁰⁰

Save R90



79⁹⁹
each

WITH Rewards CARD

Organics
Shampoo or
Conditioner
1 litre



Dark & Lovely
Beautiful Beginnings
250 ml
Assorted

FROM

49⁹⁹
each

WITH Rewards CARD



Dark & Lovely
Hair Care Range
(Excl. Relaxer Kit)
250 ml
Assorted

FROM

49⁹⁹
each

WITH Rewards CARD



Not all products or variants are available in all stores

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Smooth sensation



59⁹⁹
per pack
WITH RewardsCARD

Care by
SPAR
Advanced 3
Razors
Swivel
4s



25⁹⁹
per pack
WITH RewardsCARD

SPAR
Fixed Head
Twin Blade
Disposable
Razors
for Men or
Women
5s



54⁹⁹
per pack

Bic
Pure lady
Razors
6s

21⁹⁹
per pack

Bic
1 lady Disposable
Razors
5s



Soleil Escape 3 Blade Lavender and Eucalyptus Blister
or Soleil Escape 5 Blade Jasmine and Eucalyptus Blister 2
Available at Selected Stores



14⁹⁹
each
WITH RewardsCARD

Care by
SPAR
Roll-On
50 ml
Assorted



Care by
SPAR
Aerosol
150 ml
Assorted

21⁹⁹
each
WITH RewardsCARD



Care by
SPAR
Body Lotion
400 ml
Assorted

29⁹⁹
each
WITH RewardsCARD



Care by
SPAR
Body Wash
500 ml
Assorted

75⁰⁰
WITH RewardsCARD



Intimate protection



Scan to break the
cycle together.
CHOOSE CHANGE.

BUY ME
TO ENTER



39⁹⁹
per pack

Lil-lets
Essentials
Scented or
Unscented
Pantliners
100s



39⁹⁹
per pack

Lil-lets
Regular, Super
or Super Plus
Tampons
32s

19⁹⁹
per pack

Lil-lets
Maxi Regular
Sanitary Pads
7s / 8s / 10s
Assorted

Lil-lets
Intimate Cream
or Gel Wash
150 ml

65⁹⁹
each



49⁹⁹
per pack

Lillets
Drylock
Liners
34s

32⁹⁹
per pack



149⁹⁹
per pack
WITH RewardsCARD

Assure
Adult Pants
10s

NAPPI CODES:
Assure Slips (M) 1076490
Assure Slips (L) 1076491
Assure Slips (XL) 1076492
Assure Pants (M) 1076487
Assure Pants (L) 1076488
Assure Pants (XL) 1076489

Kotex

Kotex
Tampons
32s
Assorted

54⁹⁹
per pack
WITH RewardsCARD



37⁹⁹
per pack
WITH RewardsCARD

Kotex
Maxi Duo or Overnight
Sanitary Pads
16s

19⁹⁹
per pack
WITH RewardsCARD

Kotex
Maxi Singles
Pads 8s / 10s
or Pantyliners 20s
Assorted

always

Always
Panty Liners
16s / 20s

34⁰⁰
WITH RewardsCARD



Always
Maxi
Sanitary
Pads
8s / 10s
Assorted

45⁰⁰
WITH RewardsCARD



Always
Ultra Singles
Pads
8s / 10s

45⁰⁰
WITH RewardsCARD



SPAR
Petals
Pantyliners
100s

49⁹⁹
per pack
WITH RewardsCARD

SPAR
Petals
Tampons
16s

24⁹⁹
per pack
WITH RewardsCARD



Not all products or variants are available in all stores



SPAR Rewards deals available while stocks last.

Maximum 10 deals per customer on all SAVE EXTRA products. SAVE EXTRA products are only available in-store and not on the SPAR2U App. Specials available at selected SPAR and SUPERSPAR stores (excluding KWIKSPAR and SPAR Express stores) from 23 September up to and including 7 October 2025, while stocks last. We reserve the right to limit quantities. Prices include VAT. 20 MI_SSR4829 TV products available nationwide. Not available in Western Cape, Eastern Cape, KwaZulu-Natal, Upington or Keimoes area, the Lowveld or Belfast area. Errors and Omissions Excepted (E&OE).

Real men care station



Nivea
Deodorant Stick
50 ml
Assorted

69⁹⁹ each
WITH RewardsCARD

Nivea
Deodorant for Men
150 ml
Assorted

41⁹⁹ each
WITH RewardsCARD

Nivea
Body Lotion or Cream for Men
400 ml
Assorted

57⁹⁹ each
WITH RewardsCARD

Nivea
Shower Gel for Men
500 ml
Assorted

69⁹⁹ each
WITH RewardsCARD

Nivea
Anti-perspirant Roll On for Men
50 ml
Assorted

25⁹⁹ each
WITH RewardsCARD

Nivea
Mens Face Care Range
Assorted
Available at Selected Stores



Dove



Dove
Body Lotion or Cream for Men
400 ml
Assorted

140⁰⁰
WITH RewardsCARD



YOU COULD TOUR MOROCCO WITH BAFANA BAFANA

TERMS AND CONDITIONS: COMPETITION RUNS UNTIL 30 NOVEMBER 2025. STANDARD DATA RATES APPLY. FOR FULL T'S & C'S VISIT [HTTPS://COMPETITIONSTSANIDS.CO.ZA/SHIELD-VASELINE.PDF](https://competitionstsanids.co.za/shield-vaseline.pdf)

BUY ANY SHIELD VASELINE PRODUCTS

WHATSAPP
YOUR TILL SLIP TO 060 019 8931

WIN
A VIP MOROCCAN EXPERIENCE OR YOUR SHARE OF R1 MILLION IN PRIZES

Not all products or variants are available in all stores

LOVE IT? SPAR GETS IT DELIVERED 2U



Download now!



Maximum 10 deals per customer on all **SAVE EXTRA** products. **SAVE EXTRA** products are only available in-store and not on the SPAR2U App. Specials available at selected **SPAR** and **SUPERSPAR** stores (excluding KWIKSPAR and SPAR Express stores) from **23 September up to and including 7 October 2025, while stocks last**. We reserve the right to limit quantities. Prices include VAT. TV products available nationwide. **Not available in Western Cape, Eastern Cape, KwaZulu-Natal, Upington or Keimoes area, the Lowveld or Belfast area. Errors and Omissions Excepted (E&OE).** MI_SSR4829 21

Real men care station

care MEN by SPAR

14⁹⁹ each
WITH Rewards CARD

Care by SPAR Roll-On 50 ml Assorted

60⁰⁰ each
WITH Rewards CARD

Care by SPAR Aerosol for Men 150 ml Assorted

75⁰⁰ each
WITH Rewards CARD

Care by SPAR Body Wash 500 ml Assorted

BUY ALL 3 FOR 114⁹⁹
WITH Rewards CARD

Oral B 3 Effect Classic Medium Toothbrush 2s, Old Spice Deodorant 150 ml or Gillette Blue 3 Razor 5s

BUY ME TO ENTER

Vaseline
Lotion or Cream for Men 400 ml Assorted

49⁹⁹ each
WITH Rewards CARD

Vaseline
Blue Seal Petroleum Jelly 250 ml Assorted

36⁹⁹ each
WITH Rewards CARD

Ingram's
Body Lotion or Cream For Male or Female (Excl. Tissue Oil 450 ml only) 300 ml / 400 ml / 450 ml Assorted

47⁹⁹ each
WITH Rewards CARD

Protex
Hygiene Soap for Men 175g Assorted

28⁰⁰ each
WITH Rewards CARD

BUY ME TO ENTER

Vaseline
Lotion or Cream for Men 400 ml Assorted

49⁹⁹ each
WITH Rewards CARD

Playboy
Aerosol Deodorant 150 ml Assorted

31⁹⁹ each
WITH Rewards CARD

Revlon
Deodorant for Men 120 ml Assorted

25⁹⁹ each
WITH Rewards CARD

Shield
Anti-Perspirant Roll On for Men 50 ml Assorted

40⁰⁰ each
WITH Rewards CARD

Shield
Anti Perspirant Deodorant for Men 150 ml Assorted

68⁰⁰ each
WITH Rewards CARD

BUY ME TO ENTER

Vaseline
Lotion or Cream for Men 400 ml Assorted

49⁹⁹ each
WITH Rewards CARD

Playboy
Aerosol Deodorant 150 ml Assorted

31⁹⁹ each
WITH Rewards CARD

Revlon
Deodorant for Men 120 ml Assorted

25⁹⁹ each
WITH Rewards CARD

Shield
Anti-Perspirant Roll On for Men 50 ml Assorted

40⁰⁰ each
WITH Rewards CARD

Shield
Anti Perspirant Deodorant for Men 150 ml Assorted

68⁰⁰ each
WITH Rewards CARD

AXE

AXE
Roll On for Men 50 ml Assorted

40⁰⁰ each
WITH Rewards CARD

AXE
Deodorant for Men 150 ml Assorted

66⁰⁰ each
WITH Rewards CARD

Yardley
Body Spray for Men 125 ml Assorted

39⁹⁹ each
WITH Rewards CARD

Care by SPAR
Shaving Moisturizing Foam 250 ml

29⁹⁹ each
WITH Rewards CARD

BIC
Flex 5 Blister Razors 2s

79⁹⁹ per pack

BIC
3 Hybrid Blister Razors 6 + 2 1s

109⁹⁹ per pack

BIC
Normal Pouch 5s

21⁹⁹ per pack

BIC
3 Sensitive Pouch 4 + 2 6s

54⁹⁹ per pack

Care by SPAR
Advanced 3 Razors Swivel for Men 4s

59⁹⁹ each
WITH Rewards CARD

SPAR
Fixed Head Twin Blade Disposable Razors for Men 5s

25⁹⁹ each
WITH Rewards CARD

Not all products or variants are available in all stores

SPAR Rewards deals available while stocks last.

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Treat and prevent

Grandpa
Powder Sachets
38s

89⁹⁹
each
WITH Rewards CARD



Grand Pa
Tablets
76s

89⁹⁹
each
WITH Rewards CARD

Vicks
Honey & Ginger or
Wet & Dry
Cough Syrup
100 ml

59⁹⁹
each
WITH Rewards CARD

64⁹⁹
each
WITH Rewards CARD

Vicks
Acta Plus
Extra Strong
Cough Syrup
100 ml



Vicks
Vapo Rub Original
50 g

59⁹⁹
each
WITH Rewards CARD



29⁹⁹
each
WITH Rewards CARD

Panado
Paracetamol
Tablets
24s



59⁹⁹
each

Panado
Peadiatric Syrup
100 ml
Assorted



20⁰⁰
WITH Rewards CARD

BioPlus
Sachet
10 ml



Benylin
Cough
Syrup Kids
100 ml

52⁹⁹
each
WITH Rewards CARD



Benylin
Wet & Dry
Cough Syrup
100 ml

59⁹⁹
each
WITH Rewards CARD



Vital



Vital
Tablets
Men or
Women
50+
30s

139⁹⁹
each

Vital
Tablets
Men or
Women
Multitime
30s

124⁹⁹
each

Powder room



50⁰⁰
WITH Rewards CARD

SPAR
Rainbow
Facial Tissues
200s

AS SEEN
ON TV

+300 MB
FREE DATA
mobile

BUY ME
TO WIN



124⁹⁹
per pack
Save R44

Baby Soft
Toilet Tissues
2 ply or Quilts
18s

lil-lets.

Dove
100% pure cotton

STAND A CHANCE TO
WIN 1 OF 5
SPA VOUCHERS
with Lil-Let's & Dove Cotton

Break the Cycle with Lil-Lets and live the soft life with Dove Cotton and you could WIN!

Purchase any 3 Lil-Lets or Dove Cotton products between 23 September and 7 October for a chance to WIN 1 of 5 spa vouchers worth R1 000 each.

To enter, simply email your till slip to lil-letsSA@lil-lets.com and you could be one of our lucky winners.

Ts&Cs Apply.



Learn more about Lil-Lets
at Lil-Lets.com



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LOVE IT? SPAR GETS IT DELIVERED



Download now!



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tops!
at SPAR

EVERYONE WINS



R300 MILLION

in **GUARANTEED** prizes

FOOD VOUCHERS

FASHION VOUCHERS

TRAVEL VOUCHERS

ENTERTAINMENT VOUCHERS

BUY SWIPE REDEEM

any participating products for R100 or more.

your SPAR Rewards card at the till.

Scan here and upload your till slip.



Now that's **UNBELIEVABLE!**

SWIPE WIN!



Deals valid from **23 September** to **7 October 2025**.



499⁹⁹

WITH Rewards CARD

Jameson
Select Reserve
Blended
Irish Whiskey
750ml



499⁰⁰ per combo

WITH Rewards CARD

Courvoisier
VS
Cognac
750ml and
Appletiser
1.25L

SAVE EXTRA
IN-STORE ONLY



219⁹⁹

WITH Rewards CARD

Bell's
Extra Special
Blended Scotch
Whisky
750ml



179⁹⁹

WITH Rewards CARD

KWV
3 Year Old
Brandy
750ml



140⁰⁰

WITH Rewards CARD

Brutal Fruit
Sparkling Spritzer
(Incl. Variants)
Handies
6 x 275ml

SAVE EXTRA
IN-STORE ONLY



200⁰⁰

WITH Rewards CARD

Windhoek
Draught or Lager
Handies
6 x 440ml or
Cans
6 x 500ml

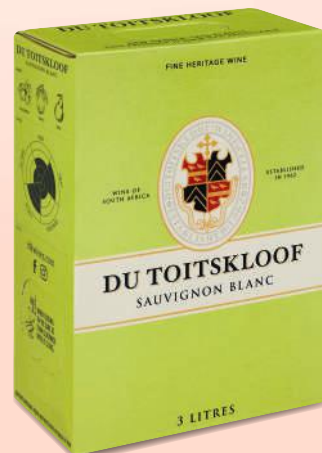


160⁰⁰

WITH Rewards CARD

Castle Lite
Cans
6 x 410ml

SAVE EXTRA
IN-STORE ONLY



159⁹⁹ each

WITH Rewards CARD

Du Toitskloof
Sauvignon Blanc,
Pinotage/Merlot/Ruby
Cabernet, Pinotage
Rosé, Chenin Blanc or
Cabernet Shiraz
3L

Competition valid from 7 August 2025 - 7 October 2025. Ts & Cs apply. One entry per till slip. While stocks last. We reserve the right to limit quantities. For more details visit www.topsatspar.co.za

FREE DELIVERY



aware!org
www.aware.org.za

Not For Persons Under The Age Of 18.

tops!
at SPAR

EVERYONE WINS

when you buy any one of these products

 Jameson Select Reserve Blended Irish Whiskey 750ml +1 GB FREE DATA mobile	 Jameson Triple Distilled Irish Whiskey 750ml +1 GB FREE DATA mobile	 Johnnie Walker Red Label Blended Scotch Whisky 750ml +1 GB FREE DATA mobile	 Johnnie Walker Gold Label Reserve Blended Scotch Whisky 750ml +750 MB FREE DATA mobile	 The Glenlivet Founder's Reserve Single Malt Scotch Whisky 750ml +1 GB FREE DATA mobile	 The Glenlivet 12 Year Old Single Malt Scotch Whisky 750ml +1 GB FREE DATA mobile	 Bell's Extra Special Blended Scotch Whisky 750ml +150 MB FREE DATA mobile	 The Balvenie 12 Year Old Doublewood Single Malt Scotch Whisky 750ml +1 GB FREE DATA mobile	 Martell VS Cognac 750ml +1 GB FREE DATA mobile	 KWV 3 Year Old Brandy 750ml +750 MB FREE DATA mobile
 Klipdrift Premium Brandy 750ml +750 MB FREE DATA mobile	 Courvoisier VS Cognac 750ml +1 GB FREE DATA mobile	 Red Heart Original Dark Rum 750ml +150 MB FREE DATA mobile	 Captain Morgan Original Spiced Gold 750ml +150 MB FREE DATA mobile	 Russian Bear Triple Distilled Vodka (Incl. Flavours) 750ml +150 MB FREE DATA mobile	 Wild Africa Premium Cream Liqueur (Incl. Variants) 750ml +150 MB FREE DATA mobile	 Gordon's London Dry Gin (Incl. Flavours) 750ml +150 MB FREE DATA mobile	 Jägermeister The Herbal Liqueur 750ml +500 MB FREE DATA mobile	 Casamigos Reposado 750ml +1 GB FREE DATA mobile	 Hartenberg Doorkeeper Range 750ml +150 MB FREE DATA mobile
 Roodeberg Black Blend 750ml +150 MB FREE DATA mobile	 Jakkalsvlei White, Pink or Red Moscato 750ml +150 MB FREE DATA mobile	 Spier Signature Range 750ml +150 MB FREE DATA mobile	 Tall Horse Range 750ml or 1.5L +150 MB FREE DATA mobile	 Du Toitskloof Range 3L +400 MB FREE DATA mobile	 4th Street Sweet Red, Sweet White, Sweet Rosé or Sweet Late Harvest 5L +400 MB FREE DATA mobile	 Appletiser or Grapetiser 100% Sparkling Juice (Incl. Variants) 1.25L +50 MB FREE DATA mobile	 Coca-Cola or Schweppes (Incl. Variants) 1L +50 MB FREE DATA mobile		
 Malibu Spirit Cooler (Incl. Variants) Cans 4 x 300ml +150 MB FREE DATA mobile	 Absolut Spirit Cooler (Incl. Variants) Cans 4 x 300ml +150 MB FREE DATA mobile	 Castle Lite Cans 6 x 410ml +400 MB FREE DATA mobile	 Bernini Sparkling Spritzer (Excl. Mimosa) Cans 6 x 500ml +150 MB FREE DATA mobile	 Corona Extra Cans 6 x 410ml +500 MB FREE DATA mobile	 Annabelle Cuvée Rosé Petillant Lightly Sparkling Cans 6 x 250ml or Cuvée Sparkling Wine (Incl. Non-Alcoholic) 750ml +100 MB FREE DATA mobile Try me	 Brutal Fruit Sparkling Spritzer (Incl. Variants) Handies 6 x 275ml +150 MB FREE DATA mobile	 Smirnoff Pine or Berry Twist Spirit Cooler Cans 6 x 440ml +150 MB FREE DATA mobile		
 Belgravia Spirit Cooler Cans 6 x 440ml +150 MB FREE DATA mobile	 Gordon's Spirit Cooler (Incl. Variants) Cans 6 x 440ml +150 MB FREE DATA mobile	 Valpré Still or Sparkling Mineral Water 6 x 500ml +50 MB FREE DATA mobile	 Monster Energy Drinks (Incl. Variants) Cans 4 x 500ml +50 MB FREE DATA mobile	 Chateau Del Rei Mimosa, Bellini or Sangria Cans 6 x 440ml +150 MB FREE DATA mobile Try me	 Windhoek Draught or Lager Handies 6 x 440ml or Cans 6 x 500ml +500 MB FREE DATA mobile				

R300 MILLION

in **GUARANTEED** prizes

Now that's **UNBELIEVABLE!**

BUY

any
participating
products for
R100 or more.

SWIPE

your SPAR
Rewards card
at the till.

REDEEM

Scan here
and upload
your till slip.



Switch to **SPAR Mobile** now and get guaranteed **FREE DATA** in-store when you buy any participating product.
Ts & Cs apply. Visit www.sparmobile.co.za for more information.

SWIPE R WIN!



Competition valid from 7 August 2025 - 7 October 2025.
Ts & Cs apply. One entry per till slip. While stocks last.
We reserve the right to limit quantities. For more details visit
www.topsatpar.co.za

FREE DELIVERY



#NO18

aware!org
www.aware.org.za

Not For Persons Under The Age Of 18.



The Aunties and Uncles, the Frikkies and Fionas

They're all winning and so will YOU!



359⁹⁹
WITH Rewards CARD

Jameson
Triple Distilled
Irish Whiskey
750ml



269⁹⁹
WITH Rewards CARD

Johnnie Walker
Red Label
Blended Scotch Whisky
750ml



749⁹⁹
WITH Rewards CARD

Johnnie Walker
Gold Label Reserve
Blended Scotch
Whisky
750ml



1299⁹⁹
WITH Rewards CARD

The Balvenie
12 Year Old
Doublewood
Single Malt
Scotch Whisky
750ml



599⁹⁹
WITH Rewards CARD

The Glenlivet
12 Year Old
Single Malt
Scotch Whisky
750ml



479⁹⁹
WITH Rewards CARD

The Glenlivet
Founder's Reserve
Single Malt
Scotch Whisky
750ml



219⁹⁹
WITH Rewards CARD

Klipdrift
Premium
Brandy
750ml



449⁹⁹
WITH Rewards CARD

Martell
VS
Cognac
750ml



84⁹⁹
each
WITH Rewards CARD

Jakkalsvlei
White, Pink or
Red Moscato
750ml



75⁹⁹
each
WITH Rewards CARD

Spier
Signature
Sauvignon Blanc,
Chardonnay or
Chardonnay/Pinot Noir
750ml



59⁹⁹
each
WITH Rewards CARD

Tall Horse
Chenin Blanc,
Sauvignon Blanc,
Chardonnay, Sugar Berry,
Pinotage, Shiraz, Merlot,
Cabernet Sauvignon or
Cabernet Moscato
750ml



89⁹⁹
each
WITH Rewards CARD

Annabelle
Cuvée
Sparkling Wine
(Incl. Non-Alcoholic)
750ml



119⁹⁹
each
WITH Rewards CARD

Hartenberg
Doorkeeper
Shiraz,
Merlot Malbec,
Grenache Shiraz
Mourvèdre or
Cabernet Sauvignon
Shiraz
750ml



82⁹⁹
each
WITH Rewards CARD

Spier
Signature
Cabernet Sauvignon,
Merlot, Pinotage
or Shiraz
750ml



159⁹⁹
WITH Rewards CARD

Roodeberg
Black Blend
750ml



169⁹⁹
each
WITH Rewards CARD

4th Street
Sweet Red,
Sweet White,
Sweet Rosé or
Sweet Late Harvest
5L



Fitch & Leedes
(Incl. Variants)
6 x 200ml

59⁹⁹
per pack
WITH Rewards CARD



Red Bull
Energy Drink
(Incl. Variants)
Cans
4 x 250ml

56⁰⁰
per pack
WITH Rewards CARD



Valpré
Still or
Sparkling
Mineral Water
6 x 500ml

69⁹⁹
per pack
WITH Rewards CARD



80⁰⁰
WITH Rewards CARD

**Appletiser or
Grapetiser**
100% Sparkling
Juice
(Incl. Variants)
1.25L



48⁰⁰
WITH Rewards CARD

**Coca-Cola
or Schweppes**
(Incl. Variants)
1L

Competition excludes Fitch & Leedes and Red Bull products.

SWIPE WIN!



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www.topsatspar.co.za

FREE DELIVERY



aware!org
www.aware.org.za

Not For Persons Under The Age Of 18.



The Kugels and Karens, the Joe Bloggs and Clever Clogs

They're all winning and so will YOU!

179⁰⁰ per combo
WITH Rewards CARD

Captain Morgan
Original Spiced Gold 750ml and **Coca-Cola** (Incl. Variants) 1L

SAVE EXTRA IN-STORE ONLY

149⁹⁹ each
WITH Rewards CARD

Russian Bear
Triple Distilled Vodka (Incl. Flavours) 750ml

169⁹⁹ each
WITH Rewards CARD

Gordon's
London Dry Gin (Incl. Flavours) 750ml

129⁹⁹ each
WITH Rewards CARD

Wild Africa
Premium Cream Liqueur (Incl. Variants) 750ml

299⁹⁹
WITH Rewards CARD

Jägermeister
The Herbal Liqueur 750ml

1099⁹⁹
WITH Rewards CARD

Casamigos
Reposado 750ml

219⁰⁰ per combo
WITH Rewards CARD

Red Heart
Original Dark Rum 750ml and **Coca-Cola** (Incl. Variants) 1L

SAVE EXTRA IN-STORE ONLY

160⁰⁰
WITH Rewards CARD

Malibu
Spirit Cooler (Incl. Variants) Cans 4 x 300ml

200⁰⁰
WITH Rewards CARD

Absolut
Spirit Cooler (Incl. Variants) Cans 4 x 300ml

240⁰⁰
WITH Rewards CARD

Gordon's
Spirit Cooler (Incl. Variants) Cans 6 x 440ml

240⁰⁰
WITH Rewards CARD

Belgravia
Gin and Dry Lemon (Incl. Variants) Cans 6 x 440ml

129⁹⁹ per pack
WITH Rewards CARD

Chateau Del Rei
Mimosa, Bellini or Sangria Cans 6 x 440ml

Try me

89⁹⁹ per pack
WITH Rewards CARD

Annabelle
Cuvée Rosé Petillant Lightly Sparkling (Incl. Variants) Cans 6 x 250ml

220⁰⁰
WITH Rewards CARD

Smirnoff
Pine or Berry Twist Spirit Cooler Cans 6 x 440ml

200⁰⁰
WITH Rewards CARD

Bernini
Sparkling Spritzer (Excl. Mimosa) Cans 6 x 500ml

200⁰⁰
WITH Rewards CARD

Corona
Extra Cans 6 x 410ml

220⁰⁰
WITH Rewards CARD

Luckybird
Cocktail Mixer (Incl. Variants) 750ml

130⁰⁰
WITH Rewards CARD

Castle
Lager Handies 6 x 330ml

180⁰⁰
WITH Rewards CARD

Carling Black Label
Cans 6 x 500ml

190⁰⁰
WITH Rewards CARD

Flying Fish
Pressed Lemon (Excl. Dry Apple) Flavoured Beer Cans 6 x 500ml

200⁰⁰ per pack
WITH Rewards CARD

Savanna
Premium Cider Dry Handies 12 x 330ml

Competition excludes Luckybird, Flying Fish, Savanna, Carling Black Label and Castle Lager products.

THE TASTE THAT'S STOOD THE TEST OF TIME

STAND A CHANCE TO WIN A CASTLE LAGER BRANDED GAS BRAAI

BUY ANY 2 x 6 PACKS OF CASTLE LAGER TO SHARE SWIPE YOUR SPAR REWARDS CARD FOR AUTOMATIC ENTRY

While stocks last. Ts & Cs apply. www.castlelager.co.za
Competition valid from 15 September to 26 October 2025

EXCLUSIVE TO tops! at SPAR

For your nearest TOPS at SPAR store, phone our share call number 0860 31 3141 or visit our website: www.topsatspar.co.za.

Specials available at all TOPS at SPAR stores from 23 September up to and including 7 October 2025 (including the Free State, Mpumalanga and North West Province) while stocks last. Not available in KwaZulu-Natal, Lowveld, Limpopo, Eastern, Northern or Western Cape. We reserve the right to limit quantities. Price and product availability may vary by region. In the event that an error occurs in an advertisement or incomplete information is printed, a notice will be displayed in-store with the correct details. Prices include VAT. No traders please.



Not For Persons Under The Age Of 18.

Super Savings



Kellogg's
Corn Flakes
1 kg

69⁹⁹
each

WITH RewardsCARD



All Gold
Tomato Sauce
700 ml

32⁹⁹
each

Save R7



SPAR
Parboiled Rice 5 kg
+ SPAR
Super Maize Meal 10 kg
+ Excella
Sunflower Oil
4 litre
+ SPAR
Frozen Mixed
Portions 2 kg

BUY
ALL
FOR

299⁰⁰



COMBO
DEAL

+200 MB
FREE DATA



Sunlight
5 in 1 Hand
Washing
Powder
3 kg
Assorted

79⁹⁹
each

Save R25



Bull Brand
Corned Meat
300 g

24⁹⁹
each



Koo
Baked Beans
in Tomato
Sauce
400 g
(Excl. Lite &
Variants)

BUY
2
FOR
30⁰⁰
Save R8

Selati
White Sugar
2,5 kg

58⁹⁹
each



COMBO
DEAL



SPAR French,
Chilli, Garlic
or Chicken Polony 1 kg
+ SPAR Yoghurt
Assorted 6 x 75 g
+ SPAR Bakery Bread
700 g
+ SPAR Individually
Wrapped Cheddar
or Gouda Cheese
Slices 200 g
+ SPAR 40% Daily
Spread Tub 500 g

BUY
ALL
FOR

110⁰⁰



SPAR
Rewards
More for You



SIGN UP FOR MORE! MORE SAVINGS. MORE WINS. MORE FOR YOU.
SPAR Rewards deals available while stocks last.

Let's chat **0860 313 141**

Say "hello" to get specials, store details, SPAR Rewards & more!
For more info: www.spar.co.za or Find us on [f /myspar](https://www.facebook.com/myspar)

SPAR

SUPERSPAR

SPAR: • BIRCHGATE • BLOEMHOF • BONANZA • BONUS • BOTHAVILLE • BREDELL • CONSTANTIA • CROSS • CRYSTAL GATE • CULLINAN • DANIELSKUIL • DANVILLE • DELAREYVILLE • DELMAS • DELTA • DERICKS • DIAS • DOUGLAS • FAMILY SAVE • FERRYVALE • FRANKFORT • GHANDI SQUARE • GOLDFIELDS • RANDGATE • GREENHILLS • HARTSWATER • HEIDELBERG • HILLBROW • KALAHARI • KISMET • KLOPPER PARK • KROONDAAL • LIME ACRES • LEONDALE • McLEANS • MOUNTAIN VIEW • NOORDWYK • ORCHARDS • POST OFFICE • PRIESKA • RANDJESPAK • ROOSVILLE • SAFI • SCHWEIZER RENEKE (Ex GG) • SELCOURT • SETARIA • SILVERTON • SIMUNYE • SOUTPANSBERG • SPARTAN • STRUBENSVALE • THE PALMS • THREE MONKEYS • VENTERSBURG • VREDE • WOLMARANSTAD • ZEEDERBERG
SUPERSPAR: • BALFOUR • BELA BELA • BENONI • BERTRAMS • BETHAL • BOKSBURG • CHRISTIANA • ERMELO • GEOLAIN • GROBLERSAL MALL • KATHU • KURUMAN • MARBLE HALL • MIDRAND • MOKOPANE • MOGOL (Onverwacht) • POSTMASBURG • PLATINUM PARK • PRIMROSE • RANDFONTEIN • SILVERPLACE • SOUTHERN • SUN VILLAGE • SYLVANIA • THABAZIMBI • THORNHILL • XAVIER • V.C. • VOLKSRUST • VRYBURG

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