

Updated 10 Aug, 2023

# WHAT'S ON

**The Spiritual Path** with Shakti Durga

## Featured Event

THE INITIATES PATH

## Save the Date

Goddess Festival &  
Mission Day Weekend  
Coming home to the  
Harmony Centre



# Welcome



Our What's On e-magazine we hope will assist you to access programs you want to attend and also be a sharable newsletter to delight others on a spiritual path. So many wonderful opportunities to awaken to more of who we really are, to bring forth the light of the soul into our felt sensed experiences.

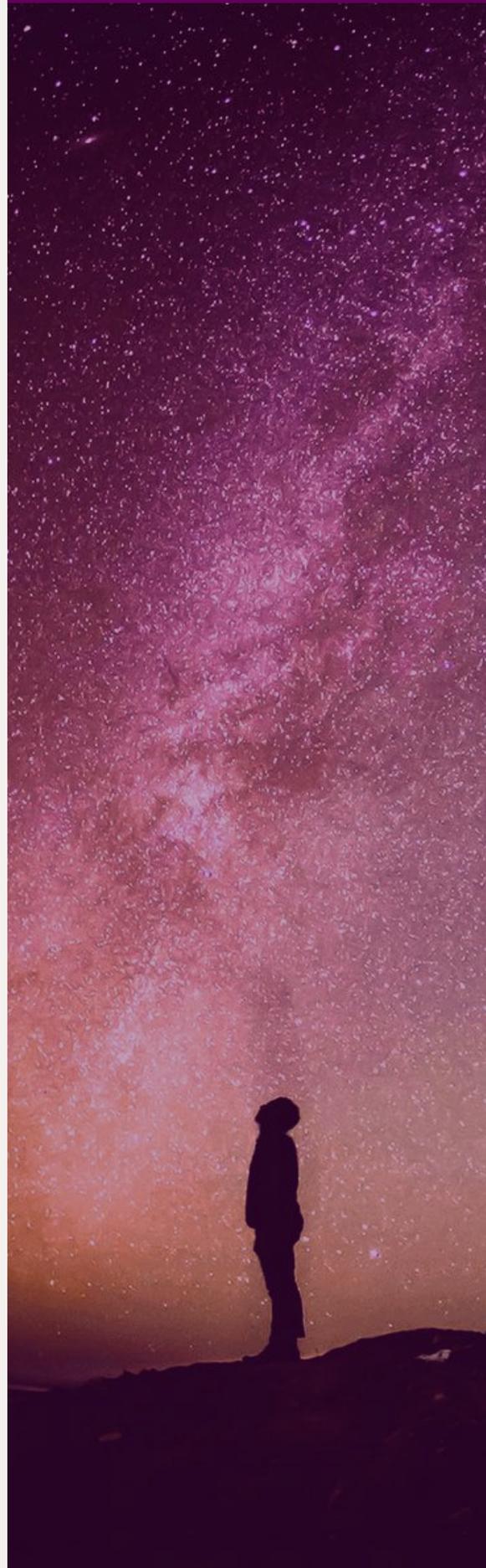
Many blessings to each of you and I look forward to seeing you soon.

Namaste Shakti Durga

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Join us for this 10 week entry point into the wonders of Shakti Durga's Mystery School...

# The Initiates Path

A doorway to embodied, eternal sacredness and wisdom

*with Shakti Durga*



Commencing Sat 2 Sep, 2023

**Enter into the imaginal world of beauty and truth known to the Ancient light bearers, and known already in our innermost hopes and dreams.**

The deep spiritual path has to be experienced to be understood. And, you are warmly invited. Entry into a mystery school is an amazing opportunity to enliven your soul connection and find answers to profound questions. It is not possible to describe how your journey will unfold, but for everyone, there is a quickening of consciousness that enables experiences that may take lifetimes to manifest without the requisite instruction and practice.

[LEARN MORE](#)

Coming HOME to the Harmony Centre

Save the Dates



## Navaratri Goddess Festival

15 - 26 October 2023

Here is just a few of things that we're planning

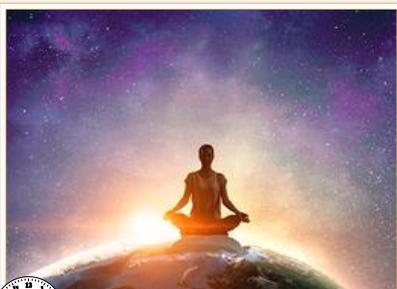
- Ceremonies
- Sound Bath
- Mantra
- Cooking classes
- Meditations
- Blessings
- Walks
- Picnics

FULL DETAILS AND REGISTRATION COMING SOON

## Mission Day Weekend

27, 28 & 29 October 2023

# Meditation Events



8am Sundays

### Spiritual Path Satsang

An online gathering of like-minded people for a transformational experience of meditation, mantra, music and discourse.

[LEARN MORE](#)



10:30am Sundays

### Cooranbong Community Satsang

Join us, in-person at the Harmony Centre. Sharing time in Satsang helps to dissolve our sense of separateness and hastens the journey towards inner peace.

[LEARN MORE](#)



10am Mondays

### Wellbeing Meditation and Healing Clinic

The Wellbeing meditation is suitable to all – from beginners to advanced. It is a guided, intuitive experience integrating sound & energy healing.

[LEARN MORE](#)

### Monday Online Meditations with Savitur

[LEARN MORE HERE](#)



8-8:30am

-Kick start your week with an intuitive lift and shift



# Sacred Ceremony

Commune with your higher souls and ignite your spirit. Sacred ceremonies are devotional practices that utilise the elements, mantra and certain physical actions as a form of active meditation.



10am Wed, 30 Aug, 23

## Full Moon Fire Ceremony

The energy of full moon is a particularly auspicious time to perform sacred ceremony. In this ceremony the energy of the Divine is in the form of Narayani (Strength, Abundance and Wisdom) is invoked. This ceremony powerfully connects us with the Divine.

Cost: By donation – \$180

[LEARN MORE](#)

[Sacred Ceremony events on Shakti Durga.com](https://www.shaktidurga.com/sacred-ceremony-events)





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[LEARN MORE](#)



1pm Sun 13 Aug, 23

### Shivaratri - A monthly dance with the light

Each month just before the moon goes fully dark there is a sliver of light, the waning moon. That is a great time to connect with Lord Shiva. Every Shivaratri is about overcoming darkness and ignorance.

Cost: By donation – \$54

[LEARN MORE](#)

## Weekly Ceremonies



6:30am TUESDAYS

### Kali Wellbeing Fire Ceremony

This fire holds an intention to further awaken the consciousness of the Earth and of Humanity

 - Adi Dass

[LEARN MORE](#)



7am WEDNESDAYS

### Wellbeing Fire Ceremony

These healing fire ceremonies provide an opportunity to heal old wounds of body, mind and spirit

 - Bhadra Kali

[LEARN MORE](#)



## Sacred Music & Mantra

**Chanting is a great way to raise your vibration, so at times we use the power of sacred sound to 'lift and shift' blockages in our conscious and unconscious landscape.**

Sound is energy and our system responds to the sounds and vibrations of Sanskrit chants. Listening to these sounds has a rejuvenating effect on the body, mind and spirit.

[Mantra/ Music event list on Shakti Durga.com](http://ShaktiDurga.com)





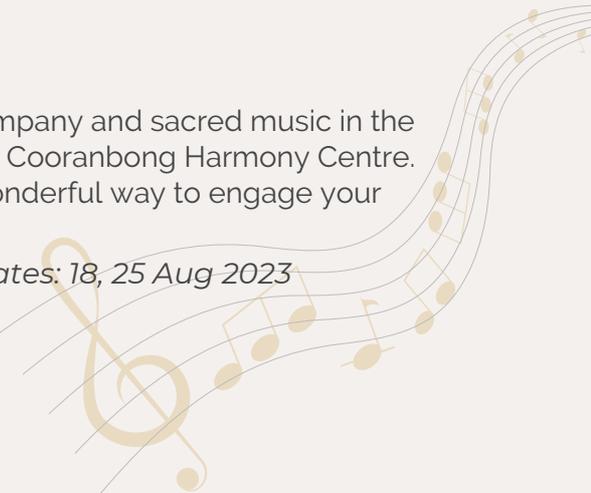
6:30pm Fri 18 Aug, 2023

### Kirtan

Come and enjoy good company and sacred music in the warmth and beauty of our Cooranbong Harmony Centre. Sacred music is such a wonderful way to engage your heart mind and spirit.

*Additional upcoming dates: 18, 25 Aug 2023*  
**\*No Kirtan on the 11 Aug**

[LEARN MORE](#)



8am Thursdays

### Morning Mantra – Chant Practice

A guided mantra practice to lift your energy for the day, with the chants currently being practiced regularly within the community.

 - Siddhi Shakti

[LEARN MORE](#)



# Energy Healing

**Build a thriving heart-centred business as an Energy Healer, while continuing to develop spiritually, mentally and emotionally.**



Discover your inner gifts of intuitive awareness, healing power and spiritual connection. Be empowered to serve those who want to get to the root cause of health, family, relationship and life issues, and to transform their experience.



Commences 10 or 12 Oct, 2023

**Join this marvellous journey of a lifetime and be rewarded with the opportunity to serve and to make a living out of that service.**

Complete the full certification to become a fully accredited Ignite Your Spirit Healer and live a fulfilling career that will transform the way you see yourself and your potential. Or enhance and complement your skills as a healer, by completing the individual certificates.

[LEARN MORE](#)



Commences 10 or 12 Oct, 2023

### Certificate of Energy Healing Foundation

Awaken to a paradigm of healing that explores the energy field but also the mind, body and soul essence.

Learn safe and proven energy healing methods. Find gifts and talents you didn't know you had, and a range of skills you can use personally and professionally for life.

[LEARN MORE](#)



Commences 10 or 12 Oct, 2023

### Certificate of Physical Body Healing & Colour Therapy 2

We help facilitate inner transformation that sets one free to create new patterns of awareness and health for the future.

Continuing on what we covered in the first Physical Body unit, we will move on to look at a range of chronic conditions, as well as pre and post surgical care, and how to help with the other pandemic – anxiety and depression.

[LEARN MORE](#)



Booking Opening Soon

**SAVE THE DATE**

11 Jan - 14 Jan

Energy Healing Retreat

# Community Events



10am Mondays

## Wellbeing Meditation and Healing Clinic

Intuitive meditation experience, integrating sound and energy healing, followed by Healing Clinic. All Ignite Your Spirit and Energy Healing practitioners are welcome to join and build on practice hours!

[LEARN MORE](#)



6:45pm Mondays

## Prayer Circle Online

Prayer is a powerful tool for bringing healing and wholeness into our lives.



- Sri Suryani

[LEARN MORE](#)



10:30am Sundays

## Cooranbong Community Satsang

Join us, in-person at the Harmony Centre. Sharing time in Satsang helps to dissolve our sense of separateness and hastens the journey towards inner peace.

[LEARN MORE](#)



# Mystery School

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**Shakti Durga's Mystery School is spiritual activation and training for committed seekers of self realisation with a modern approach, guided by a living Guru..**

Mystics of any tradition receive higher teachings and shaktipat and work with Divine beings and inner plane beings in a safe way.

It is a pathway for students who are dedicated to a path of devotion and service to the world, with membership 'application only.'





9am Sat 19 Aug, 2023

### Mystery School Introduction *Suits American time zone*

For Students of the Mysteries and Seekers of Enlightenment  
An introduction session for people interested to know more about Shakti Durga's Mystery School, online via Zoom.

 - Shakti Durga

[LEARN MORE](#)



Commences 2 Sep, 2023

### The Initiates Path

Join us for this 10 week entry point into the wonders of Mystery School.

Enter into the imaginal world of beauty and truth known to the Ancient light bearers, and known already in our innermost hopes and dreams.

 - Shakti Durga

[LEARN MORE](#)

**Awaken your heart and  
imagining to the more sacred  
and empowering realities  
that flow from the source**

*The Initiates Path*



# Our Charity

The Spiritual Path with Shakti Durga and the Mystery School contribute to the support of our charity The WellBeing Initiative.

## The WellBeing Initiative

Was established to help lift human consciousness, to support people in leading happier, more fulfilling and healthier lives.

Ways you can make a difference...

### General Donations



[DONATE NOW](#)

General Donations support the core of our charitable work. When you donate to The Well Being Initiative you are funding projects that assist people to live better lives and to be empowered to overcome whatever limiting circumstances they may find themselves in. By giving to any branch of our charity, you are supporting us to deliver life-changing training and therapy to those who need it. General Donations keep our organisation going, and assist us to provide Lift or Ignite Your Spirit sessions to those who could not otherwise afford them, along with bursaries and scholarships for attendance at life-changing seminars, and free programmes to groups in need.

*All donations over \$2 are tax deductible and are used to keep the Well Being Initiative and its diverse projects going.*



### Lift Sessions

[DONATE NOW](#)

The Well Being Initiative's Lift Your Life fund provides Lift sessions to those in need, with a specific emphasis on assisting those with stress, burn out, depression, anxiety, chronic pain or relationship difficulties. When you purchase a full-priced Lift session, you are also purchasing a session for someone who would otherwise be unable to afford it. We are seeing profound transformations in our Lift clients, and it is all thanks to the generous contributions of our benefactors. For more info, see [www.thewbi.org](http://www.thewbi.org).



### Friends Giving Program

[DONATE NOW](#)

Our Friends Giving Program (once called Friends of Peace and Wellbeing) supports the running of the charity and provides the opportunity to offer weekly, fortnightly or monthly donations. This funding enables us to offer an array of seminars, meditation and wellbeing programs for the broader community.

## Shakti Durga's Spiritual Path event list



9am Sat 19 Aug, 2023 - [Mystery School Introduction](#)

Start 02 Sep, 2023 - [The Initiates Path](#)

Start 10 or 12 Oct, 2023 - [Certificate of Energy Healing Foundation](#)

Start 10 or 12 Oct, 2023 - [Physical Body Healing and Colour Therapy 2](#)

Start 10 or 12 Oct, 2023 - [Certification of IYS Energy Healing](#)



FEATURED



MEDITATION



SACRED CEREMONY



MUSIC MANTRA



ENERGY HEALING



COMMUNITY



RETREAT



MYSTERY SCHOOL



# Heart, Mind & Soul

## Mentoring with Gayatri

26 Jul and  
2, 9, 16 & 23 Aug

[LEARN MORE](#)

## The Consciousness Connection

### What's On List

Aug - Heart, Mind & Soul Mentoring

Sep 2023 - Hallmarks of Awakening

Nov 2023 - Emotional Liberation

Feb 2024 - Dimensions of Wealth

Apr 2024 - Laws of the Soul

Go to [The Consciousness Connection](#) for a full list of courses.

THE  
CONSCIOUSNESS  
CONNECTION

