



NO PLACE

Like *This Place*

In 2025:

7

branches

1349

full & part-time staff

3820

program & policy volunteer hours

“

...the Y is a fantastic community resource for both its facilities and its friendly helpful staff. I think its great that people of all ages from all walks of life get together there and find common ground.

”



168
years

49,808
members

\$1.4M
in financial assistance



A NOTE FROM OUR LEADERSHIP

This year has been defined by momentum at the YMCA of Central New York. Guided by our Strategic Plan, we have continued to move forward with clarity of purpose, strengthening our ability to serve, connect, and respond to the evolving needs of our community.

Across our Y, we have seen what progress in motion truly looks like. It's reflected in investment in our buildings, a growing variety of programs, deeper community partnerships, and a renewed focus on delivering experiences that foster belonging and well-being.

We are working intentionally to remove more barriers and ensure that more individuals and families can engage with the Y in ways that are meaningful to them, both within our branches and out in the community. Increasing the amount of financial assistance we offer to \$1.4M reflects our belief that strong communities are built when everyone has the opportunity to participate and thrive.

None of this progress happens without people. Our staff, volunteers, members, and partners bring our mission to life each day. Their passion and dedication continue to move us forward, turning strategy into action and vision into impact.

As we look ahead, we do so with confidence and determination. The momentum we've built positions us to deepen our impact and continue advancing our mission in new and meaningful ways.

Together, we are creating a future where every person can connect, grow, and belong. Together, we are making sure that there is No Place Like This Place!

Josh Royce

President and CEO



Julie Mann

Chief Volunteer Officer





YOUTH DEVELOPMENT

“...our granddaughter looks forward to summer at the Y. She’s taken basketball lessons, pottery classes, and swim lessons. When I return home after work, the first words out of her mouth are ‘can we go to the Y tonight?’ Young and old, geriatric or infant, there’s always something exciting going on!”





2996
campers served



1500
afterschool arts students

EMPOWERING OUR FUTURE

In 2025, our Youth Development programs continued to create meaningful opportunities for young people and families to grow, connect, and thrive. Across our community, we supported children through child care and early learning experiences, including **preschool** and **universal preschool** programs that build strong foundations for lifelong learning. Our **before and after school programs** and **camp**s provided safe, engaging environments for thousands of youth. From **youth sports** to **family programs**, we focused on creating inclusive spaces where young people can develop confidence, teamwork, and a sense of belonging.

We also deepened our impact through targeted initiatives like the **Young Men Thriving/BYMOC (Boys and Young Men of Color)** strategy, **Y Achievers**, **teen programs**, and **education & leadership opportunities** that empower youth to discover their voice and lead with purpose. Programs like **Power Scholars Academy** helped participants gain significant academic growth, while daily **afterschool arts** activities reach students directly in their schools. Together, these efforts reflect our dedication to empowering the next generation with the skills, relationships, and opportunities they need to shape a stronger and more connected future.

6045
children in child care and early education

67
Power Scholars learning in city parks over the summer

HEALTHY LIVING

“The EGYM is fantastic for me, someone who has never exercised on purpose! The workout is structured and I’m not required to adjust the machines. Thank you for making it easy for a non-gym person.”

CREATING LASTING CHANGE

Our commitment to health, fitness, and healthy living continued to strengthen individuals and families across our community. Through a wide range of **group exercise classes** and **accessible wellness** offerings, we create welcoming spaces where people of all ages and abilities improve their physical and emotional well-being while forming meaningful relationships.



We also served more people through programs for **active older adults** and healthy living options for **mobility** and **brain health**. These programs are designed not just to support fitness goals, but to foster a sense of belonging and community that is essential to long-term health.



With tools like **EGYM**, members were empowered to take ownership of their health journeys with confidence and support. Endurance-based opportunities such as **running programs** and **triathlon training** encouraged participants to set ambitious goals, build resilience, and celebrate their progress along the way. We’re creating lasting change by helping individuals lead healthier lives and strengthening the overall well-being of our community.

12,095
members over 55 building health & connections

8,994
began building EGYM strength

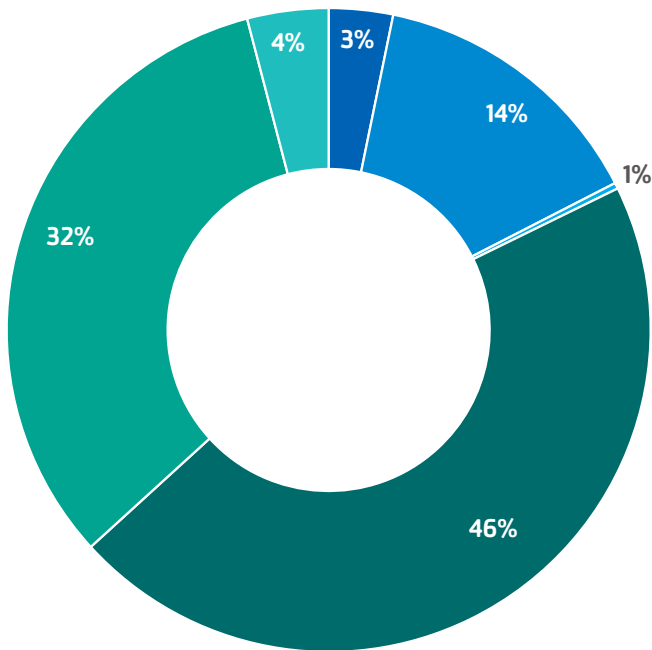
250+
runners and triathletes



2025 FINANCIALS

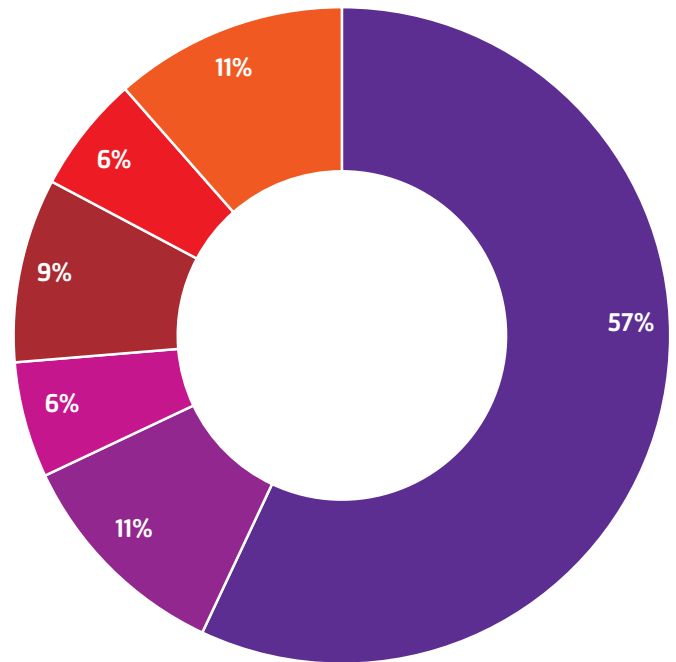
REVENUE

● Contributions	\$	923,429.00
● Fees & Grants	\$	4,080,666.00
● Management Fees	\$	84,921.00
● Membership	\$	13,037,307.00
● Program Fees	\$	9,370,367.00
● Other/Misc.	\$	1,168,900.00
TOTAL	\$	28,665,590.00



EXPENSE

● Salaries & Wages	\$	14,921,119.00
● Benefits & Taxes	\$	2,877,052.00
● Contract Services	\$	1,495,784.00
● Occupancy	\$	2,373,915.00
● Depreciation	\$	1,507,383.00
● Other	\$	3,006,278.00
TOTAL	\$	26,181,531.00
Change in Net Assets	\$	2,484,059.00





SOCIAL RESPONSIBILITY



“ The Y is a welcoming place with a hugely diverse population where people of all ages and backgrounds co-mingle to play and enhance their physical and mental health. Many languages can be heard and enjoyed. Friends can easily be made, and social barriers can be broken. The many programs and diverse activities are open to all to be enjoyed... What is not to like? ”





2705
served through
Safety Around Water



193
Access & Ability participants

STRONGER THROUGH UNITY

We continue working to bring people together and ensure that everyone in our community has access to the support and resources they need to thrive. Through new initiatives like **1115 Medicaid Waiver navigation** and ongoing **access & ability** services, we help individuals and families navigate complex systems and connect to essential care, removing barriers that can limit opportunity. Our commitment to inclusion is reflected in participation in events like **CNY Pride**. Programs like the **Writers Voice** support creativity. Our **cancer survivor programs** provide safe, supportive spaces for healing and wellness.

We also strengthen our community through outreach and essential services that meet people where they are. Our **housing** programs provide stability and security, while the **Safety Around Water** initiative equips children and families with critical life-saving skills. Programs like **Y on the Fly** extend our reach beyond our facilities, delivering resources, activities, food, and support directly into neighborhoods. These efforts demonstrate our commitment to fostering a community where people feel supported, barriers are reduced, and everyone has the opportunity to reach their full potential.

70+
Writers Voice classes offered

138+
residents in housing

THANK YOU TO OUR
**2025
HEROES**

At the Y, we work side-by-side with our neighbors to make sure that everyone—regardless of age, income, or background—has the opportunity to learn, grow, and thrive. Our work wouldn't be possible without our donors.

We're especially grateful to those who made leadership gifts of \$1,000 or more, joining a circle of supporters founded in 2005 to honor the memory of Dick Besse, a philanthropist and long-standing leader of the YMCA of Central New York. Over several decades, Dick gave generously to advance our cause: **to strengthen community.**

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THE HERITAGE CLUB is a special group of people who have committed to the stability and prosperity of the YMCA beyond their lifetime. Members have made a promise to ensure that our programs are always available for those who need them most.

We are grateful as an organization for those who have already made their commitment to the future of the YMCA of Central New York.

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FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

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