

New South Wales Primary Schools Sports Association



Athletics Championship

Wednesday, 22 October 2025

and Thursday, 23 October 2025

Sydney Olympic Park Athletic Centre

Hosted by
New South Wales Primary Schools Sports Association
in conjunction with the NSW Department of Education School Sport Unit



Education

Acknowledgement of Country

New South Wales Primary School Sports Association would like to begin by acknowledging the Traditional Custodians of the land on which we gather for these championships. We pay respects to their Elders past and present and extend that respect to Aboriginal and Torres Strait Islander peoples here today.

We strive to ensure every Aboriginal and Torres Strait Islander learner in NSW achieves their potential through education. We meet for these championships on the traditional lands of the Wann clan, known as the Wann-gal. The lands of the Wann-gal stretched along the southern shore of the Parramatta River between Cockle Bay (Cadi-gal land) and Rose Hill (Burramatta-gal land).



Welcome from the New South Wales Primary Schools Sports Association President

Welcome to the 2025 NSW Primary Schools Sports Association Athletics Championship.

We are thrilled to welcome all students who have earned the opportunity to represent their school, zone, and association after progressing through a series of pathway events. These championships align with the Personal Development, Health, and Physical Education curriculum, reinforcing the importance of an active and healthy lifestyle.

We encourage all participants and their families to embrace the experience both on and off the field. This is a chance to compete with passion, build friendships, explore host cities and towns, and enjoy the spirit of teamwork and camaraderie.

A sincere thank you to our dedicated teachers and school staff who generously volunteer their time to support school sport pathways. We also extend our gratitude to Principals for their ongoing encouragement and backing.

We appreciate the invaluable support of the NSW Department of Education and the School Sport Unit, whose contributions help make these programs possible. A special thank you to our Executive Officers, administrative staff, sport conveners, championship managers, local associations, and volunteer officials, your hard work and dedication bring these championships to life.

Best of luck and enjoy the championships!

Tracey McKinnery
President
NSW Primary Schools Sports Association



The New South Wales Primary Schools Sports Association Athletics Convener's message

It is my pleasure to welcome everyone to the 2025 NSWPSA Athletics Championship.

This event represents the pinnacle of primary school athletics in our state, bringing together the most talented athletes from each association to compete at the highest level. It is a celebration of dedication, determination and the pursuit of personal bests.

NSWPSSA Championships have long been a launching pad for future sporting success. Many former participants are now representing Australia on the world stage, including at this year's World Athletics Championships in Tokyo and the World Para Athletics Championships in Delhi. Whether you win a medal or not this week, the lessons you take from this experience, resilience, confidence and self-belief, will serve you well in sport and in life.

We are privileged to hold this event at the world-class Sydney Olympic Park Athletic Centre. I would like to sincerely thank the venue staff for their ongoing support and the professional standard they bring to this event.

To all parents, carers, and families — thank you. Your support, encouragement and commitment have helped these young athletes reach this point. I ask every athlete to take a moment to thank those who have helped them on their journey.

A special thank you also goes to our dedicated officials and team managers. Your willingness to give your time, energy and expertise ensures this championship runs smoothly and creates a positive experience for all involved. Your contribution is invaluable and greatly appreciated.

Good luck to all competitors over the next two days. Compete with pride, strive for your personal best and most importantly, enjoy the experience!

Peter Cardy
Athletics Convener
NSW Primary Schools Sports Association



New South Wales Primary Schools Sports Association Executive

Role	Name	School
President	Tracey McKinnier	NSW Department of Education
Senior Vice Present	Ben Thomas	Avoca Beach PS
Vice President	Mark Clemson	Tea Gardens PS
Vice President	Les Daley	Murwillumbah PS
Vice President	Jayne Rixon	Dapto PS
Honorary Treasurer	Glenn Hidson	NSW Department of Education
Executive Officer	Mr Jason Wilesmith	NSW School Sport Unit
Athletics Convener	Mr Peter Cardy	NSW School Sport Unit
Asst. Athletics Convener	Mr Andrew Smith	Wyong Creek PS

Competing Associations	Association colours	Code
Barrier	Navy/Gold/Red	B
Combined Independent Schools	Navy/Red/White	CIS
Hunter	Royal Blue/Gold	H
MacKillop	Sky/Maroon	M
North Coast	Gold/Green	NC
North West	Sky Blue/Black	NW
Polding	Gold/Maroon	P
Riverina	Black/White	R
South Coast	Aqua/Yellow/Navy	SC
Sydney East	Red/White/Royal Blue	SE
Sydney North	Black/Red	SN
Sydney South West	Bottle Green/White	SSW
Sydney West	Sky Blue/Black/Gold	SW
Western	Red/Green	W

NSWPSSA Grandstand Allocation and Opening Ceremony Order 2025

<p>1</p>  <p>North Coast Bay 4 Lower</p>	<p>8</p>  <p>Sydney South West Bay 7 Lower</p>
<p>2</p>  <p>Polding Bay 10 Lower</p>	<p>9</p>  <p>MacKillop Bay 7 Upper</p>
<p>3</p>  <p>Sydney North Bay 10 Upper</p>	<p>10</p>  <p>Sydney East Bay 6 Lower</p>
<p>4</p>  <p>North West Bay 9 Lower</p>	<p>11</p>  <p>Barrier Bay 6 Lower</p>
<p>5</p>  <p>CISSA Bay 9 Upper</p>	<p>12</p>  <p>Western Bay 6 Upper</p>
<p>6</p>  <p>South Coast Bay 8 Lower</p>	<p>13</p>  <p>Riverina Bay 5 Lower</p>
<p>7</p>  <p>Sydney West Bay 8 Upper</p>	<p>14</p>  <p>Hunter Bay 5 Lower</p>

Team Supervision

Association team managers are reminded that team members should be supervised at all times when not competing. The athletics convener asks that all association teams keep their area in the grandstand as clean and tidy as possible. Failure to comply may result in a fee for cleaning being applied. Any breakages of equipment within the designated area of the grandstand will be the responsibility of the association concerned. Team members should only be allowed to leave the athletic centre if they have the permission of their team managers.

Please Note: All team managers are reminded that supervision of any competitor using the warm-up facilities, outside the rostered period, is the relevant association's responsibility.

PLEASE NOTE – FOOTWEAR

The Department of Education requires all competitors to wear footwear in all events.

If an athlete requires the use of starting blocks they must use the starting blocks provided by the centre.

The following sized spikes must be used:

Track events – up to 7mm

Field events – up to 9mm

Athletes wearing spiked shoes during a crouch start MUST use starting blocks.

Athletes in spikes may alternatively use a standing start.

Spiked shoes are permitted in all sprint events (100m, 200m and relays).

Spiked shoes are not permitted in 800m or 1500m events.

**Loved ones at home wanting to catch all the action?
This event is being livestreamed!**

Livestreaming events at the School Sport Unit



**This event is
being live
streamed.
Scan here:**



<https://nswschoolsport.brightcovegallery.com/>

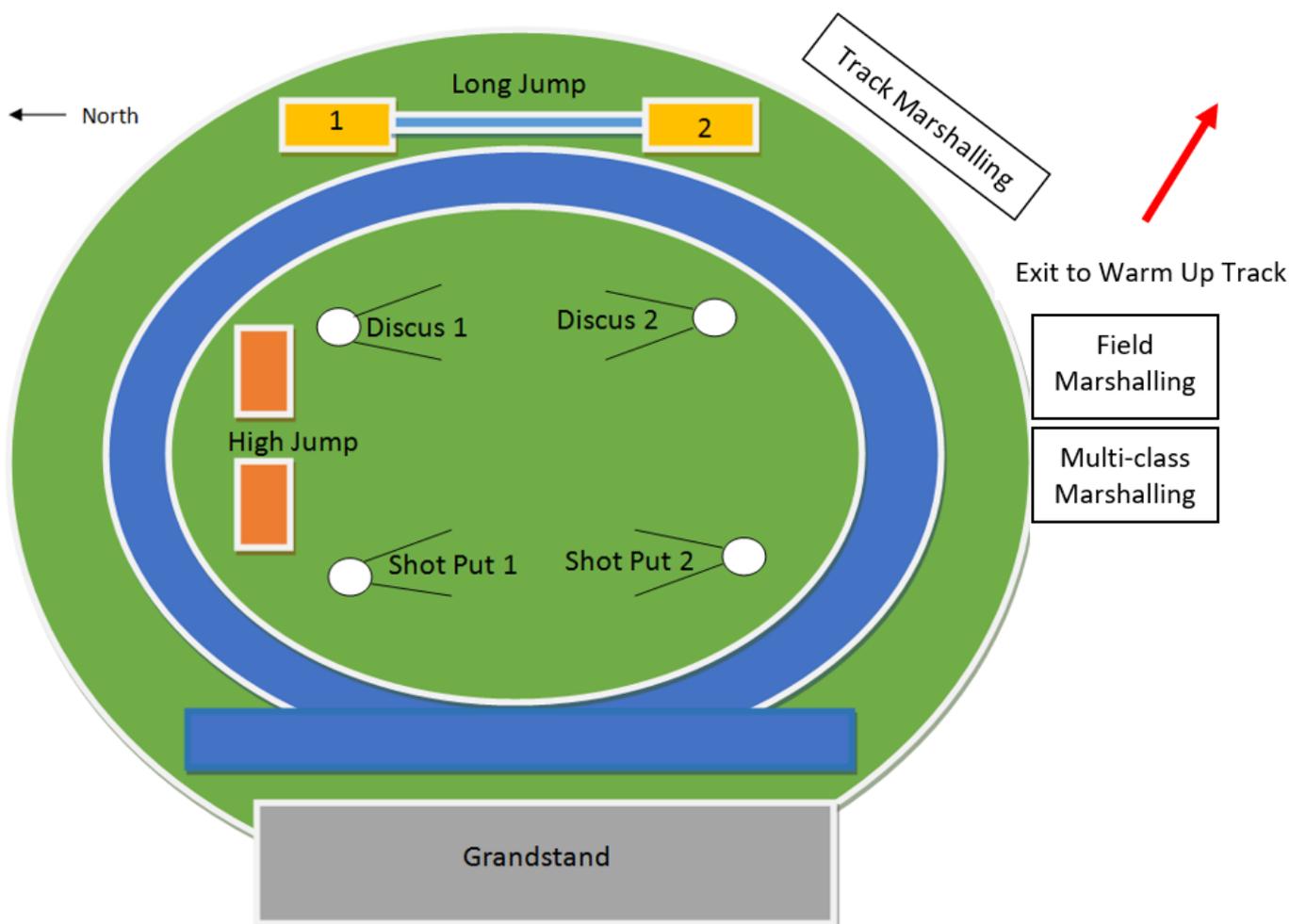
Warm Up Facilities

Warm up facilities are available outside the stadium to the southern end of the venue. This area is accessible via the gate near to the track marshalling tent. Please note the map below outlines the location of the warm up track. We advise competitors to consult with their team management regarding appropriate warm up procedures.

Map of Competition Area and Warm up Track



Competition Area



New South Wales Primary Schools Sports Association Athletics Officials 2025

Championship Director	Peter Cardy	School Sport Unit
Championship Manager	Mitch Frew	Copacabana PS
Track Referees	Jessica Harpur	Valley View PS
	John Morris	School Sport Unit
Field Referee - Throws	Bronwyn Cook	Hurstville PS
Field Referee - Jumps	Rhonda Creasey	Wallsend PS
Technical Manager	Ron Richter	Athletics NSW
Multi Class Coordinator	Margaret Thornton	Catholic Schools Parramatta Diocese
Multi Class Results	Anthony Moyes	School Sport Unit
Multi Class Assistants	Ivan Sunjic	School Sport Unit
	Kate Bailey	School Sport Unit
	Alicia Marks	Port Macquarie Public School
	Tiana Pinkney	Forster PS
	Tiffany Muir	Carlton South PS
	Taylor Hornry	CSNSW (Marg Thornton)
	Emma Partington	CSNSW Sport (Marg Thornton)
	Thomas Hogan	Terrigal PS
Announcers	Ben Thomas	NSWPSSA Vice President
	Mark Clemson	NSWPSSA Vice President
Presentations	Brett Thurgate	Port Macquarie PS
	Bob Harrison	Hunter Executive Officer
Scoreboard Operator	Jo Wazny	Athletics NSW
Meet Manager / Hytek results	Shannon Smith	Athletics NSW
	Sue Stephens	School Sport Unit
Photo Finish Judges	Daniel Warren	Athletics NSW
	Craig Emme	Athletics NSW
	Daniel Bliss	Athletics NSW
	Joshua Henry	Athletics NSW
Administration Manager	Katie Bond	Narara PS
Administration Assistants	High School Assistants	Wyndham College
Web Results	Terri Peck	School Sport Unit
	Cathy Nagy	School Sport Unit
	James Brennan	School Sport Unit
	Michelle Pigram	Sydney East Executive Officer
Electronic Sign	Rob Cormack	School Sport Unit
Social Media	Tracey McKinnery	NSWPSSA President
Start Area Coordinators	Shane Randall	Terrigal PS
	Dennis Jarmaine	Avoca Beach PS
	Jake Fuller	Stuarts Point PS
Starters & Check Starters	Barry Pecar	School Sport Unit
	Amber Houston	Keiraville PS
	Sandy Fenning	Nambucca Heads PS
	Elizabeth Reakes	Catholic Diocese Broken Bay
	Timothy Duggan	Nowra PS
	Nicholas Olijnyk	IPSHA - (Wednesday)
	Sharon Twigg	SASSA - (Thursday)
Starters Assistants	Scott Laidlaw	Beresford Road Public School
	Amelia O'Brien	CSNSW
	Mia Rodgers	CSNSW

	Leah Russell	CSNSW
	Adrian Deck	CASA
	Kim Fleming	CSSA-(Wednesday)
	Miles Carson	IPSHA - (Thursday)
	High School Assistants	Wyndham College
Call Room Manager - Track	Daniel Brown	Sydney West Executive Officer
Assistant Call Room Managers - Track	Trent Reynolds	Western Executive Officer
	Peter Yeo	North West Executive Officer
	Terry Willis	Riverina Executive Officer
	Rebecca Wade	Sydney North Executive Officer
	Shane Ellis	Sydney South West Executive Officer
	Les Daley	NSWPSSA Executive
Call Room Manager – Field	Mitch Lambert	North Coast Executive Officer
	Rebecca Nasr	Padstow Park
Call Room Manager – Multi-class	Meegan Dignam	South Coast Executive Officer
	Baillie Drew	Avoca Beach PS
Timekeepers	Rebecca (Bec) Gasparini	HICES
	Kelly-Anne Guthrie	HRIS
	Lachlan Hunt	IPSHA - (Wednesday)
	Mia Hartley	HICES - (Thursday)
	High School Assistant	Wyndham College
Judges	Wilson Truong	St Johns Park PS
	Randolf Frankson	Old Guildford PS
	Paige Mathewson	Carrington Public School
	Chloe White	HZSA - (Wednesday)
	Gordon Bromhead	CSSA - (Thursday)
	High School Assistant	Wyndham College
Chief Umpire	Karen Griffiths	Gosford PS
Umpires	Mischa Hardy	Denistone East PS
	Naomi O'Neill	Farmborough Road Public School
	Adam Quinn	Burraneer Bay PS
	Renee Elmowy	Carlton PS
	Krystal Meindl	Wollondilly Public School
	Amy Forman	ASISSA
	Ben Lenarduzzi	CSNSW
	Dom Offria	CSNSW
Chief High Jump Judge	Lucy Thomas	Narara PS
Assistant Chief High Jump Judge	Janice Hinton	School Sport Unit
High Jump Judges	Mathew Boutland	Ettalong PS
	Jordan Desoisa	Dapto PS
	High School Assistants	Wyndham College
Chief Judge - Long Jump 1	Neil Hinton	School Sport Unit
Long Jump 1 Judges	Peter Leary	Berowra PS
	Darren Croft	Arcadia Vale Public School
	Nikki Kundrus-Little	CSNSW
	High School Assistants	Wyndham College
Chief Judge	Neshelle Battle	Westdale PS
Long Jump 2 Judges	Michael Trompp	Brighton-Le-Sands PS
	Isabella Mossin	Concord West Public School
	Sarah Pignatelli	CSNSW
	High School Assistants	Wyndham College
Chief Judge - Shot Put 1	Kim Robinson	Parkes East Public School
Shot Put 1 Judges	April Farrell	Teralba PS
	Jared Fitzsimmons	Matthew Pearce Public School
	Leo Andreone	Mortdale PS

	High School Assistants	Wyndham College
Chief Judge - Shot Put 2	Luke Hogan	North Kellyville Public School
Shot Put 2 Judges-	Ingrid Harris	Taren Point PS
	Diana Dickson	Bonnyrigg Public School
	Will Perrau	CSNSW
	High School Assistants	Wyndham College
Chief Judge – Discus	Katrina Morrow	Eastwood
Discus Judges	Steve Collins	Kulnorra Public School
	Danielle Rowan	Padstow Park Public School
	Sebastian Pendleton	Winston Heights PS
	High School Assistants	Wyndham College
Discus EDM Operator	Marc Ambat	Athletics NSW
Publicity, Media & Public Relations	Lucette King	School Sport Unit
Opening Ceremony	Tracey McKinnery	NSWPSSA President
Music	Millenium Marching Band	Arts, Sports and Initiatives
Student Officials Coordinator	Nathan Hulands	Wyndham College
Staff registration	Chris Kelleway	School Sport Unit
State Team Selections	Joelle Bailey-Maguire	Sydney Catholic Schools
	Sarah Young	Edward PS
	Liane Sharp	Yowie Bay PS
Apparel	Paul Faulkner	Bedgerebong PS
	Keellie King	School Sport Unit
	Jayne Rixon	NSWPSSA Vice President
	Andrew Hooper	Emu Heights PS
	Helen Christie	School Sport Unit
Gate entry	Brett Thurgate	Port Macquarie PS
	Andrew Hooper	Emu Heights PS
	Jayne Rixon	NSWPSSA Vice President
Livestreaming	Darren Lang	School Sport Unit
Teacher Professional Learning Program	John Cronin	Tenambit PS
	Sophie Russell	Macksville PS
	Peter Blair	Banora Point PS
	Maddison Phillips	Austral PS
	Gabrielle Donnelly	Sanctuary Point PS
	Emily King	Penshurst PS
	Amy Woodhouse	Clovelly PS
	Savannah Wheeler	Valley View PS
	Shannon Sienkiewicz	Campbellfield PS
	Col Cheong	Barnier PS
	Reece Hadley	Claremont Meadows PS
	Adelaide Ellis	Bletchington PS



NSWPSSA State Team Selection



From this championship a NSWPSSA Athletics Team will be selected to attend the 2025 School Sport Australia Track and Field Championship in Canberra: Thursday 27 November to Sunday 30 November 2025.

New South Wales Primary Schools Sports Association Team Managers

	<p>Barrier Izzat Sadeq – School of the Air</p>
	<p>CISSA Peter Groves – Macarthur Anglican School Kath Sambell – Kambala Kate Bailey – NSWCIS Carolyn Sparkes – CSSA</p>
	<p>Hunter Bianca Parr – Glen William PS Deb Healey – Kurri Kurri PS Alison Lochrin – Merewether Heights PS Kristy Lee Frost – Coal Point PS Andrew Atherton – Thornton PS</p>
	<p>MacKillop Rebecca Hanrahan – Mater Dei, Camden Peta Haynes – Sydney Catholic Schools Kim Donohue – St Luke’s, Revesby Ian Goodochkin – Sacred Heart Central, Cootamundra Carol Daher – St Joseph’s Enfield</p>
	<p>North Coast Ashley Harris – Hastings PS Simon Prichard – Kingscliff PS Sue Magarry – Cowper PS Amanda Van Den Berg – South Tweed PS</p>
	<p>North West Kevin Squires – Tamworth PS Stewart Adamson – Tamworth PS Kristy Moffitt – Delungra CS</p>
	<p>Polding Karen Grant – Broken Bay Diocese Andrew Spencer – Corpus Christi, St Ives Julie-Ann Thompson – Our Lady of Good Council, Forestville Sarah Lino – St Joseph’s, Tweed Heads Belinda Tyrrell – St Nicholas’, Tamworth</p>
	<p>Riverina Sarah Housten - Hay PS Mark Crittenden – Koorringal PS Geoff Davis – Young PS Tamara Ackers – Finley PS Belinda Graham – Young PS</p>

New South Wales Primary Schools Sports Association Team Managers

	<p>South Coast Vicki Bennett – Cambewarra PS Lyn Allison – Moruya PS Liam Murphy – Barrack Heights PS Blake Davis – Queanbeyan South PS Matthew Clark – Keiraville PS</p>
	<p>Sydney East Kylie Archer – Burraneer Bay PS Chloe Barker – Carlton South PS Kurtis Smith – Oyster Bay PS Michelle Hanley – Carlton PS Kristie Philip – Carlton PS</p>
	<p>Sydney North Nathan Casey – Avalon PS Gail Farrell – Gorokan PS Chris Mensforth – Copacabana PS Katrina West – The Entrance PS</p>
	<p>Sydney South West Dean Kellaway – Oran Park PS Matt Ryan – Oran Park PS Mandy Wells – NSW Teacher’s Federation Nicole McCauley – Woodland Road PS</p>
	<p>Sydney West Brad King – Matthew Pearce PS Ron Haworth – York PS Ben Abbott – Hambledon PS Rachel Garrow – Wilberforce PS</p>
	<p>Western Michelle Eather – Wellington PS Toby Morgan – Dubbo North PS Rachelle Darcy – Geurie PS</p>
	<p>NSWPSSA Andrew Smith – Wyong Creek PS Joelle Bailey – St Brigid’s Catholic PS, Coogee Mitch Frew – Copacabana PS Peter Cardy – School Sport Unit Sarah Young – Edward PS Shane Randall – Terrigal PS Liane Sharp – Yowie Bay PS Tiana Hazlewood – Forster PS</p>

Champion Region

Associations will be competing for the St George Shield for the aggregate point score.

1971	North West	1989	Metropolitan North	2007	MacKillop
1972	St George	1990	Metropolitan East	2008	MacKillop
1973	St George	1991	Metropolitan East	2009	MacKillop
1974	St George	1992	Metropolitan East	2010	MacKillop
1975	St George	1993	Metropolitan North	2011	CIS
1976	Liverpool	1994	Metropolitan North	2012	MacKillop
1977	Metropolitan West	1995	Metropolitan North	2013	MacKillop
1978	Liverpool	1996	MacKillop	2014	CIS
1979	North Sydney	1997	MacKillop	2015	CIS
1980	Liverpool	1998	MacKillop	2016	MacKillop
1981	Metropolitan West	1999	MacKillop	2017	Sydney North
1982	Metropolitan West	2000	MacKillop	2018	CIS
1983	Metropolitan East	2001	MacKillop	2019	Sydney North
1984	Carnival Abandoned	2002	MacKillop	2020	Cancelled Covid-19
1985	Metropolitan East	2003	N/A	2021	Cancelled Covid-19
1986	Metropolitan North	2004	CIS	2022	CIS
1987	Point Score Abandoned	2005	MacKillop	2023	Sydney North
1988	Metropolitan North	2006	MacKillop	2024	Sydney North

Colgate Cup

Awarded to the school that achieves the most points at the NSWPSA Athletics Carnival.

2005	St Lucy's School, Wahroonga	2015	Barker
2006	St Lucy's School, Wahroonga	2016	Marayong PS
2007	Our Lady of Fatima, Caringbah	2017	Marayong PS
2008	Our Lady of Fatima, Caringbah	2018	Bellingen PS
2009	Holy Family, Menai	2019	Sydney Grammar, St Ives
2010	Lilli Pilli PS	2020	Cancelled Covid-19
2011	St Patrick's, Griffith	2021	Cancelled Covid-19
2012	Lindfield East PS	2022	Shell Cove PS
2013	Cambridge Park PS	2023	Kariong PS
2014	Christ the King, North Rocks	2024	Balgowlah North PS

Queen Elizabeth II Silver Jubilee Trophy

Awarded to the most outstanding athlete at the carnival.

1977	Adeola Forowa	Forest	ACT
1978	Nicole Leistenschneider	Frenchs Forest PS	North Sydney
1979	Ashley Goodwin	Wollongong PS	South Coast
1980	Jenny Walker	Berimba PS	South Coast
1981	Apolonia Pearce	Hamilton PS	Hunter
1982	Alain Noisier	Carlton South PS	St George
1983	Terry La	Bonnyrigg PS	Liverpool
1984	Carnival Abandoned		
1985	Hung Ly	Lakemba PS	Metropolitan East
1986	Hung Ly	Lakemba PS	Metropolitan East
1987	Not awarded due to rain		
1988	Neil Wallington	Excelsior PS	Metropolitan West
1989	Donna Jones	Richmond Nth PS	Metropolitan West
1990	Leanna Smith	Elernmore Vale PS	Hunter
1991	Andrew Large	Birchgrove PS	Metropolitan East
1992	David Geddes	Beacon Hill PS	Metropolitan North

Queen Elizabeth II Silver Jubilee Trophy continued

Awarded to the most outstanding athlete at the carnival.

1993	David Geddes	Beacon Hill PS	Metropolitan North
1994	Michael Doggett	Lithgow PS	Western
1995	Michael Doggett	Lithgow PS	Western
1996	David Tehuia	Belmore South PS	Sydney East
1997	Kimberlee Green	Sylvania Heights PS	Sydney East
1998	Robert Boateng	Liverpool PS	Sydney South West
1999	Jacinta Doyle	Star of the Sea, Miranda	MacKillop
2000	Jacinta Doyle	Star of the Sea, Miranda	MacKillop
2001	Jacinta Doyle	Star of the Sea, Miranda	MacKillop
2002	Jake Mendes (equal)	Governor Phillip King PS	Sydney South West
2002	Justin Hayward (equal)	Cromer PS	Sydney North
2003	Martin Stonis	Chatswood PS	Sydney North
2004	Annaliese Gardiner	Abbotsleigh PS	CIS
2004	Christie Pearson	Blue Mountains Grammar	CIS
2004	Chris Knight	St Paul's Gateshead	Polding
2004	Carney Fletcher	Mullaway PS	North Coast
2005	Alex Jalloh	Belmore North PS	Sydney East
2006	Alex Jalloh	Belmore North PS	Sydney East
2006	Hafiz Gami	Belmore South PS	Sydney East
2007	Alex Jalloh	Belmore North PS	Sydney East
2008	Sara Marshall	Green Point Christian Coll.	CIS
2009	Jordan Shelley	The Hills Grammar School	CIS
2009	Brooke Salzmann	Lucas Heights PS	Sydney East
2010	Tyrone Taukamo	Malabar PS	Sydney East
2011	Lachlan Bent	St Joseph's, Kilaben Bay	Polding
2011	Chyna Williams	Casula PS	Syd Sth West
2012	James Gallagher	Ulladulla PS	South Coast
2013	Emily Crawford	Pacific Hills CS	CIS
2014	Jai McPherson	West Wallsend PS	Hunter
2014	Nakeisha Brimble	Mawarra PS	Sydney South West
2015	Brianna Worsfold	Gordon East PS	Sydney North
2016	Chelsea Ezeoke	Balarang PS	South Coast
2017	Chelsea Ezeoke	Balarang PS	South Coast
2018	Delta Amidzovski	St Pauls, Albion Park	Mackillop
2019	Michael Ajaka	St Kevin's, Eastwood	
2020	Cancelled Covid-19		
2021	Cancelled Covid-19		
2022	Harry Keats	Oxley College	CIS
2023	Harlow Pate	Wilton PS	Sydney South West
2024	Lachlan Chappell	St Bernard's Botany	MacKillop

Most Outstanding Athlete in a Multi Class Event

Previously known as AWD / Para-Athlete

2009	Rohan Bright	Mt Kuringai PS	Sydney North
2010	Rohan Bright	Mt Kuringai PS	Sydney North
2011	Noah Negus	St Patrick's, Griffith	Polding
2012	Ashleigh O'Keefe	North Rocks PS	Sydney West
2013	Sara Negus	St Patrick's Griffith	MacKillop
2014	Tamsin Colley	Kensington PS	Sydney East
2015	Holly Saunders	North Beaches	CIS
2016	Lucia Bruce-Gilchrist	Annandale North PS	Sydney East
2017	Odesza Toia	Marayong PS	Sydney West
2018	Lexie Phillips	Macquarie College	CIS
2019	Talon Doyle	Brooke Avenue PS	Sydney Morth
2020	Cancelled Covid-19		
2021	Cancelled Covid-19		
2022	Mia Hogan	St Patrick's, Albury	MacKillop
2023	Sienna Compton	St Aloysius, Chisholm	Polding
2024	Elijah Duckworth	Lucas Heights PS	Sydney East

Norman & Elizabeth Austen Trophy

Small Schools Relay Champions – up to 25 students

1981	Krambach (H)	1996	Trunkey Creek (W)	2011	Bilbul PS (R)
1982	Dalgety (SC)	1997	Enngonia (W)	2012	Central Tilba (SC)
1983	Bendick Murrell (W)	1998	Lowesdale (R)	2013	Ulong (NC)
1984	Carnival Abandoned	1999	Ben Lomond (NW)	2014	Cabbage Tree Is (NC)
1985	Lue (W)	2000	Ben Lomond (NW)	2015	Bellata PS (NW)
1986	Lue (W)	2001	Grevillia (NC)	2016	Dundurrabin PS (NC)
1987	Eurongilly (R)	2002	Kirkconnell (W)	2017	Ellerston (H)
1988	Tambar Springs (NW)	2003	Belltrees (H)	2018	Currabubula (NW)
1989	Lowesdale (R)	2004	Walhallow (NW)	2019	Blanford PS
1990	Lowesdale (R)	2005	Martindale (H)	2020	Cancelled Covid-19
1991	Fernleigh (NC)	2006	Pleasant Hills (R)	2021	Cancelled Covid-19
1992	Euabalong West (W)	2007	Rankins Springs (R)	2022	Binya PS (R)
1993	Euabalong West (W)	2008	Kangaloon (SC)	2023	Kangaloon (SC)
1994	Burruga (W)	2009	Corndale (NC)	2024	Tharbogang PS (R)
1995	Pleasant Hills (R)	2010	Corndale (NC)		

The Nigel Bagley Trophy

Small Schools Relay Champions – 26-54 students

1992	Tarcutta (R)	2003	Tharbogang (R)	2014	Wooli PS (NC)
1993	Dungay (NC)	2004	Spring Ridge (NW)	2015	Weethalle PS (R)
1994	Hargraves (W)	2005	Springhill (W)	2016	Tharbogang PS (R)
1996	Willow Tree (NW)	2007	Iona (H)	2018	The Risk (NC)
1997	Bilbul (R)	2008	Newrybar (NC)	2019	St Francis Xavier LC (M)
1998	Grong Grong (R)	2009	Jerilderie (R)	2020	Cancelled Covid-19
1999	Grong Grong (R)	2010	Mitchells Island (H)	2021	Cancelled Covid-19
2000	Belltrees (NW)	2011	North Star (NW)	2022	Cumnock PS (W)
2001	Hermidale (W)	2012	Mitchells Island PS (H)	2023	Karangie (NC)
2002	Weethalle (W)	2013	Yoogali (R)	2024	Bobs Farm PS (H)

NSWPSSA Athletics Records as at October 2024

NB: Records established using Electronic Timing (Commenced 1991)

Boys Track Records

Event	Age	Time	Record holder	School	Region	Year
100m	8 Yrs	13.98	Rivah McDonald	Gunnedah South PS	NW	2024
100m	9 Yrs	13.58	Joshua Mulligan	Wyoming PS	SN	1998
100m	10 Yrs	12.85	Alex Jalloh	Belmore North PS	SE	2005
100m	11 Yrs	12.25	Robert Boateng	Liverpool PS	SSW	1998
100m	12 Yrs	11.87	Brody Perry	Muswellbrook PS	H	2016
100m	13 Yrs	12.21	Craig Hamburger	Belmont PS	H	1993
Event	Age	Time	Record holder	School	Region	Year
200m	Junior	26.48	Alex Jalloh	Belmore North PS	SE	2005
200m	11 Yrs	25.12	Lachlan Chappell	Botany PS	SE	2024
200m	12/13 Yrs	23.83	James Gallagher	Ulladulla PS	SC	2012
Event	Age	Time	Record holder	School	Region	Year
800m	Junior	2:19.84	Joshua O'Connell	Abbotsford PS	SE	2017
800m	11 Yrs	2:13.20	Joshua O'Connell	Abbotsford PS	SE	2018
800m	12/13 Yrs	2:08.37	Christiano Calcarao	St Pius X College	CIS	2023
Event	Age	Time	Record holder	School	Region	Year
1500m	Junior	4:41.67	Alexander Miller	Mortlake PS	SE	2023
1500m	11 Yrs	4:33.19	Kobe Short	Valentine PS	H	2024
1500m	12/13 Yrs	4:29.42	Oliver White	Northbridge PS	SN	2019
Event		Time	Record holder	Region	Year	
4 x 100m Relays - Junior		55.15	Epping West PS	MN	1995	
4 x 100m Relays - Senior		51.45	St Edward's Tamworth	P	2019	

Boys Field Records

Event	Age	Distance	Record holder	School	Region	Year
Discus	Junior	45.02m	Cameron MacEntyre	Wahroonga PS	SN	2009
Discus	11 Yrs	44.97m	Tyrone Taukamo	Malabar PS	SE	2010
Discus	12/13 Yrs	53.11m	Michael Ajaka	St Kevin's	MAC	2019
Event	Age	Distance	Record holder	School	Region	Year
Shot Put	Junior	12.98m	Jamal Idris	Chester Hill Nth PS	SSW	2000
Shot Put	11 Yrs	16.09m	Tyrone Taukamo	Malabar PS	SE	2010
Shot Put	12/13 Yrs	14.76m	Fonokalafi Fa'anunu	Warnervale PS	SN	2023
Event	Age	Height	Record holder	School	Region	Year
High Jump	Junior	1.55m	Jordan Simpson	Epping West PS	MN	1995
			Andrew Graham	Tharawal PS	ME	1995
			John Thornell	Miller PS	MSW	1995
			Cadel Holmes	St Andrew's	CIS	2018
			Alex Lukell	Barker College	CIS	2019
High Jump	11 Yrs	1.65m	John Thornell	Miller PS	MSW	1996
			David Curren	Barker College	CIS	1998
			Monty Richards	Eastwood Heights PS	SN	2002
High Jump	12/13 Yrs	1.70m	Joshua Lawrence	Menai PS	SE	2002
Event	Age	Distance	Record holder	School	Region	Year
Long Jump	Junior	5.05m	Ross Windsham	Manly Vale PS	MN	1992
Long Jump	11 Yrs	5.60m	Sam Hing	Guildford PS	SW	1998
Long Jump	12/13 Yrs	5.87m	Kurt Jenner	Mt Pritchard PS	SSW	2005

NSWPSSA Athletics Records as at October 2024

NB: Records established using Electronic Timing (Commenced 1991)

Girls Track Records

Event	Age	Time	Record holder	School	Region	Year
100 m	8 Yrs	13.96	Harlow Pate	Wilton PS	SSW	2022
100 m	9 Yrs	13.84	Harlow Pate	Wilton PS	SSW	2023
100 m	10 Yrs	13.36	Chelsea Ezeoke	Balarang PS	SC	2016
100 m	11 Yrs	12.72	Chelsea Ezeoke	Balarang PS	SC	2017
100 m	12 Yrs	12.66	Chelsea Wright	Werrington County	SW	2024
100 m	13 Yrs	13.61	Erin Higgins	Holy Trinity	CIS	2012
Event	Age	Time	Record holder	School	Region	Year
200 m	Junior	26.55	Harlow Pate	Wilton PS	SSW	2024
200 m	11 Yrs	25.96	Chelsea Ezeoke	Balarang PS	SC	2017
200 m	12/13 Yrs	25.50	Rachel Junor	Penrith Christian	CIS	1995
Event	Age	Time	Record holder	School	Region	Year
800 m	Junior	2:22.44	Christie Pearson	Blue Mountains G	CIS	2004
800 m	11 Yrs	2:19.55	Ivy Boothroyd	Grays Point PS	SE	2018
800 m	12/13 Yrs	2:13.46	Jenny Blundell	Oakhill Drive PS	SN	2006
Event	Age	Time	Record holder	School	Region	Year
1500 m	Junior	4:55.66	Josephine Han	Manly Vale PS	SN	2024
1500 m	11 Yrs	4:51.58	Ronia Warszawska	Engadine PS	SE	2022
1500 m	12/13 Yrs	4:30.62	Imogen Stewart	Gymea North PS	SE	2017
Event	Time	Record holder	Region	Year		
4 x 100m Relays - Junior	57.32	St Catherine's	CIS	2022		
4 x 100m Relays - Senior	53.23	St Catherine's	CIS	2024		

Girls Field Records

Event	Age	Distance	Record holder	School	Region	Year
Discus	Junior	39.21m	Rachel Bardney	St John XXIII Stanhope Gardens	MAC	2016
Discus	11 Yrs	39.08m	Jaunita Lloyd	Nuwarra PS	SSW	2008
Discus	12/13 Yrs	42.46m	Taylah Sengul	James Erskine PS	SW	2007
Event	Age	Distance	Record holder	School	Region	Year
Shot Put	Junior	12.10m	Chelsea Ezeoke	Balarang PS	SC	2016
Shot Put	11 Yrs	15.16m	Paletina Lemi	Sacred Heart	MAC	2007
Shot Put	12/13 Yrs	12.66m	Savannah Auvaa	Bathurst South PS	W	2024
Event	Age	Height	Record holder	School	Region	Year
High Jump	Junior	1.48m	Brooke Salzman	Lucas Heights PS	SE	2009
High Jump	11 Yrs	1.62m	Marnie Clarkson	PLC Sydney	CIS	2010
High Jump	12/13 Yrs	1.64m	Delta Amidzovski	St Phillips Albion Park	MAC	2018
Event	Age	Distance	Record holder	School	Region	Year
Long Jump	Junior	4.73m	Jacinta Doyle	Star of the Sea	MAC	2000
Long Jump	11 Yrs	5.09m	Fornetina Kelemete	Eastern Creek PS	SW	2003
Long Jump	12/13 Yrs	5.49m	Delta Amidzovski	St Phillips Albion Park	MAC	2018

Small Schools 4 x 100m Relay Records

Event	Time	Record holder	Region	Year
Nigel Bagley Relay	54.48	Jerilderie PS	R	2009
Norm & Elizabeth Austen Relay	57.66	Martindale PS	H	2005

Athletes competing in Multi-class events

In Multi-class competition, multiple disability categories compete against one another in each event.

The multi-class format aims to bring a level of equality across the wide range of impairment classifications using the Australia Baseline Performance Scoring System to determine results.

Each athlete's performance is compared to the "baseline" for their classification class and converted to a percentage. The higher the percentage, the better their result. Thus, the winner may not be the athlete who crosses the line first or throws/jumps the greatest distance, but the competitor achieving the largest percentage.

The baseline data used for scoring is based on world record (or similar) results and maintained by Athletics Australia.

Why use the multi-disability format?

There is an established format for multi-disability events in swimming, cross country and athletics, through Australian Swimming, NSW Swimming, Athletics Australia and Athletics NSW and the NSW Department of Education (DoE) School Sport Unit. This ensures consistency in format for competitors across each sport.

When events utilise the Multi-class format, Australian Swimming, FINA, World Athletics and World Para Athletics rules still apply. The results are divided into age groups, however, there is only one set of placegetters (i.e. 1st, 2nd, 3rd) per age, per event based on percentages achieved. Places are not given for each specific classification.

The DoE School Sport Unit believe that by utilising a multi-disability format for competitions and placing emphasis on the enjoyment and personal improvement factors in sport, rather than winning. This will assist to increase the standard of performance that is required to win an event, increasing the prestige and value of performance and the title that is won.

Livestreaming events at the School Sport Unit



This event is
being live
streamed.
Scan here:



<https://nswschoolsport.brightcovegallery.com/>

NSWPSSA Athletics Records as at October 2024					
Junior Boys Multi-class (8-10 Years) Track Records					
Event	Classification	Time	Record	School	Year
100 M	T01	15.91	Kulraj Singh	Toongabbie West PS	2019
100 M	T11	22.51	Lachlan Evans	Lane Cove West PS	2022
100 M	T12	15.88	Xavier Wilson	Shell Cove	2022
100 M	T13	15.84	Jeremiah Middleton	Covenant CS	2022
100 M	T20	15.64	Rishal Chand	Blacktown West PS	2014
100 M	T21	32.16	Seth King	Holy Family, Parkes	2022
100 M	T34	32.88	Ethan Gallagher	Blue Haven PS	2009
100 M	T35	20.91	Zac Farrugia	Llandilo PS	2024
100 M	T36	19.18	Spencer Studdert	St Patricks College	2024
100 M	T37	16.64	Jackson Love	Narrabeen North PS	2015
100 M	T38	16.75	Beau Matthews	Barker College	2019
100 M	T40	20.40	Cody Wheeler	Nangus PS	2024
100 M	T41	20.20	Steven Carrozza	Strathfield North PS	2024
100 M	T42	22.34	Lachlan East	Wye PS	2017
100 M	T43	20.34	Shea Gilchrist	Port Kembla PS	2019
100 M	T44	18.32	Tristan de Maria	Holy Spirit, Carnes Hill	2016
100 M	T46	16.02	Tim Wilson	Madang Ave PS	2004
100 M	T47	17.25	Zavier Beattie	SJ West Tamworth	2024
100 M	T53	48.74	Sebastian Mackintosh	Gwynneville PS	2013
100 M	T54	25.44	Cormac Ryan	St Marys, Concord	2016
100 M	T60	17.85	Talon Doyle	Brooke Avenue PS	2019
100 M	T63	18.78	Hudson Wan	Our Lady of Mt Carmel, Mt Pritchard	2022
100 M	T64	19.24	Bailey Thompson	Mendooran PS	2018
100 M	T72	29.55	Charlie Dickson	Northbridge PS	2024
Event	Classification	Time	Record	School	Year
200 M	T01	32.02	Jack McLeod	Newport PS	2006
200 M	T11	54.41	Lachlan Evans	Lance Cove West PS	2022
200 M	T12	32.55	Xavier Wilson	Shell Cove PS	2022
200 M	T13	33.71	Jeremiah Middleton	Covenant CS	2022
200 M	T20	32.71	Edward Parker	St Bernards, Berowra	2012
200 M	T21	1:13.34	Seth King	Holy Family, Parkes	2022
200 M	T34	1:13.05	Ethan Gallagher	Blue Haven PS	2009
200 M	T35	39.51	Caleb Hyslop	St Aloysius, Chisholm	2022
200 M	T36	39.70	Zac Harding	Dubbo South PS	2018
200 M	T37	36.35	Jackson Love	Narrabeen North PS	2015
200 M	T38	36.46	Beau Matthews	Inaburra CIS	2019
200 M	T40	45.54	Cody Wheeler	Nangus PS	2024
200 M	T41	41.49	Steven Carrozza	Strathfield North PS	2024
200 M	T42	48.47	Lachlan East	Wye PS	2017
200 M	T43	47.43	Toby Morgan	Parkes East PS	2022
200 M	T44	38.2	Tristan de Maria	Holy Spirit, Carnes Hill	2015
200 M	T46	36.78	Brock Styles	Quakers Hill PS	2008
200 M	T47	35.73	Zavier Beattie	SJ West Tamworth	2024
200 M	T54	49.13	Lachlan Reid	OLOR Waitara	2024
200 M	T60	37.70	Talon Doyle	Brooke Avenue PS	2019
200 M	T64	41.94	Bailey Thompson	Mendooran PS	2018
Event	Classification	Distance	Record	School	Year
800 M	T01	3:12.92	Zane Graham	Lisarow PS	2022
800 M	T11	4:44.35	Lachlan Evans	Lane Cove PS	2022
800 M	T12	2:48.48	Xavier Wilson	Shell Cove PS	2022
800 M	T13	2:55.83	Jeremiah Middleton	Covenant CS	2022
800 M	T20	3:02.56	Oliver Sandona	NP Shellharbour	2024
800 M	T35	3:21.98	Caleb Hyslop	St Aloysius, Chisholm	2022
800 M	T36	4:12.75	Spencer Studdert	St Patricks College	2024
800 M	T37	3:19.79	Jeremy Boyce	St Marys, Toukley	2012

NSWPSSA Athletics Records as at October 2024 – Cont.

Junior Boys Multi-class (8-10 Years) Track Records

Event	Classification	Distance	Record	School	Year
800 M	T38	3:12.42	Cooper Robb-Jackson	Barker College	2018
800 M	T40	4:26.23	Hugo Russell	Frenchs Forest	2019
800 M	T42	4:21.86	Lachlan East	Wyee PS	2017
800 M	T43	3:51.50	Shea Gilchrist	Port Kembla PS	2019
800 M	T44	3:22.55	Tristan De Maria	Holy Spirit, Carnes Hill	2015
800 M	T46	3:10.04	Bailey Cooper	Shelley PS	2009
800 M	T54	3:35.11	Cormac Ryan	St Marys, Concord	2015
800 M	T64	4:07.77	Bailey Thompson	Mendooran PS	2018

NSWPSSA Athletics Records as at October 2024

Junior Boys Multi-class (8-10 Years) Field Records

Event	Classification	Distance	Record	School	Year
Discus	F01	18.20	Joey Aoun	St Bernadettes, Dundas Valley	2015
Discus	F11	8.09	Christopher Shaw	Sacred Heart Villawood	2009
Discus	F12	21.62	Xavier Wilson	Shell Cove PS	2022
Discus	F13	18.14	Jeremiah Middleton	Covenant CS	2022
Discus	F20	18.91	Ethan Hooker	Lismore Heights PS	2013
Discus	F21	5.43	Seth King	Holy Family, Parkes	2024
Discus	F34	5.46	Gregory Luff	GyMEA North PS	2009
Discus	F35	12.90	Mustapha Khoder	Toongabbie West PS	2016
Discus	F36	13.89	Spencer Studdert	St Patricks College	2024
Discus	F37	15.74	Matthew Engesser	St Paul Apostle, Winston Hills	2017
Discus	F38	18.40	Beau Matthews	Inaburra PS	2019
Discus	F40	14.99	Cody Wheeler	Nangus PS	2024
Discus	F42	6.09	Kodi Stevenson	Botany PS	2009
Discus	F43	9.67	Kodi Stevenson	Botany PS	2010
Discus	F44	17.62	Tristan De Maria	Holy Spirit, Carnes Hill	2016
Discus	F46	18.07	Hayden Coulton	Marayong South PS	2019
Discus	F47	17.06	Samuel Rugendyke	Woy Woy PS	2023
Discus	F52	3.98	Student DNP	Bald Face PS	2019
Discus	F54	7.15	Chithic Machar	St Josephs, Belmore	2010
Discus	F56	8.49	Finn Moar	Carlton PS	2022
Discus	F57	14.42	Lachlan Reid	OLOR Waitara	2024
Discus	F60	16.41	Talon Doyle	Brooke Avenue	2019
Discus	F64	10.17	Bailey Thompson	Mendooran PS	2018

Event	Classification	Distance	Record	School	Year
Long Jump	T01	3.35	Kobe Johnson	Kariong PS	2024
Long Jump	T11	1.11	Christopher Shaw	Sacred Heart Villawood	2010
Long Jump	T12	3.74	Xavier Wilson	Shell Cove PS	2022
Long Jump	T13	3.16	Jeremiah Middleton	Covenant CS	2022
Long Jump	T20	3.58	Mackhaila Nohokau	Cambridge Park PS	2015
Long Jump	T21	0.91	Seth King	Holy Family, Parkes	2023
Long Jump	T34	0.45	Gregory Luff	GyMEA North PS	2009
Long Jump	T35	2.25	Zac Farrugia	Llandilo PS	2024
Long Jump	T36	2.43	Zac harding	Dubbo South PS	2017
Long Jump	T37	3.33	Jackson Love	Narrabeen North PS	2016
Long Jump	T38	2.86	Cooper Robb-Jackson	Barker College	2018
Long Jump	T40	1.46	Luke Small	St Thomas More, Ruse	2014
Long Jump	T41	1.09	Luke Small	St Thomas More, Ruse	2013
Long Jump	T42	2.06	Daniel Rigby	Cammeray PS	2017
Long Jump	T43	2.37	Shea Gilchrist	Port Kembla PS	2019
Long Jump	T44	3.01	Tristan De Maria	Holy Spirit, Carnes Hill	2016
Long Jump	T45	1.80	Blake Heath	Parkview PS	2019
Long Jump	T46	2.58	Bailey Cooper	Shelley PS	2009
Long Jump	T47	3.10	Sam Rugendyke	Woy Woy PS	2023

NSWPSSA Athletics Records as at October 2024 – Cont.

Junior Boys Multi-class (8-10 Years) Field Records

Event	Classification	Distance	Record	School	Year
Long Jump	T60	3.01	Talon Doyle	Brooke Avenue PS	2019
Long Jump	T63	2.38	Hudson Wan	Our Lady of Mt Carmel, Mt Pritchard	2022
Long Jump	T64	2.22	Bailey Thompson	Mendooran PS	2018
Event	Classification	Distance	Record	School	Year
Shot Put	F01	8.08	Isaac Moshonas	St Joseph's Como	2019
Shot Put	F11	3.54	Christopher Shaw	Sacred Heart Villawood	2010
Shot Put	F12	6.67	Mitchell Deefholts	Mary Immaculate, Quakers Hill	2010
Shot Put	F13	6.85	Chad McGill	John The Baptist, Bonnyrigg	2004
Shot Put	F20	7.36	Dylan Bundock	Lismore Heights PS	2004
Shot Put	F21	1.06	Seth King	Holy Family, Parkes	2023
Shot Put	F34	2.28	Ethan Gallagher	Blue Haven PS	2009
Shot Put	F35	4.72	Max Papacostantinou	Tharawal PS	2018
Shot Put	F36	4.84	Spencer Studdert	St Patricks College	2024
Shot Put	F37	5.58	Henry Moeakiola	Guildford West PS	2007
Shot Put	F38	6.48	Beau Matthews	Inaburra CIS	2019
Shot Put	F40	6.26	Cody Wheeler	Nangus PS	2024
Shot Put	F41	3.63	Steven Carrozza	Strathfield North PS	2024
Shot Put	F43	5.85	Aaron Lehanne	June North PS	2010
Shot Put	F44	6.25	Majye Moreno	Fingal Head PS	2009
Shot Put	F45	2.73	Blake Heath	Parkview PS	2019
Shot Put	F46	6.99	Tim Wilson	Madang Avenue PS	2004
Shot Put	F52	1.75	Student DNP	Bald Face PS	2019
Shot Put	F54	3.19	Chithic Machar	St Josephs, Belmore	2010
Shot Put	F56	4.43	Finn Moar	Carlton PS	2022
Shot Put	F57	5.20	Lachlan Reid	OLOR, Waitara	2024
Shot Put	F60	6.17	Talon Doyle	Brooke Avenue PS	2019
Shot Put	F64	4.99	Bailey Thompson	Mendooran PS	2018

NSWPSSA Athletics Records as at October 2024

Senior Boys Multi-class (11-13 Years) Track Records

Event	Classification	Time	Record	School	Year
100 M	T01	13.94	Nana Wireko	Lurnea PS	2008
100 M	T12	15.81	Xavier Wilson	Shell Cove PS	2024
100 M	T13	15.10	Jeremiah Middleton	Covenant CS	2024
100 M	T20	14.37	Chand Chand	Blacktown West PS	2016
100 M	T21	21.05	Samuel Ferguson	Lake Cathie PS	2024
100 M	T34	57.81	Bailey Whitton	June PS	2018
100 M	T35	14.37	Elijah Duckworth	Lucas Heights PS	2024
100 M	T36	15.18	Mitchell Pink	St Michaels, Nowra	2006
100 M	T37	16.27	Jackson Love	Narrabeen North PS	2018
100 M	T38	15.67	Bennett Powell	North Haven PS	2004
100 M	T40	20.38	Kobey Pinnell	Kings Langley PS	2016
100 M	T41	19.16	Cameron Fisher	Gordon West PS	2019
100 M	T42	22.39	Lachlan East	Wye PS	2019
100 M	T43	19.59	Caleb Hyslop	St Aloysius, Chisholm	2023
100 M	T44	16.44	Nathan Dingle	Kirrawee PS	2007
100 M	T45	14.55	Brock Styles	Quakers Hill PS	2010
100 M	T46	14.68	Bradley Jones	St Christophers	2005
100 M	T47	16.17	Jordan Kawtal	St Kevins, Eastwood	2017
100 M	T54	43.79	Isaiah Lawler	Norwest CS	2024
100 M	T60	15.36	Jamison Sheather	Balgowlah North PS	2024
100 M	T61	22.03	Nathan Barbara	St Anthony's Marsfield	2019
100 M	T63	18.74	Hudson Wan	OLMC Mt Pritchard	2024
100 M	T64	16.94	Tristan De Maria	Holy Spirit Carnes Hill	2018

NSWPSSA Athletics Records as at October 2024 – Cont.

Senior Boys Multi-class (11-13 Years) Track Records

Event	Classification	Distance	Record	School	Year
200 M	T01	28.82	Nana Wireko	Lurnea PS	2008
200 M	T12	30.66	Xavier Wilson	Shell Cove PS	2024
200 M	T13	30.13	Jeremiah Middleton	Covenant CS	2024
200 M	T20	29.62	Cory Nordstrom	St Josephs Uralla	2009
200 M	F21	48.09	Tyghah Hand	Nambucca Heads PS	2022
200 M	T35	29.57	Elijah Duckworth	Lucas Heights PS	2024
200 M	T36	30.62	Mitchell Pink	St Michael's, Nowra	2006
200 M	T37	33.68	Jackson Love	Narrabeen North PS	2017
200 M	T38	33.59	Oliver Masri	St Thomas Aquinas Bowral	2019
200 M	T40	47.32	Isaac Natoli	Italian BL	2012
200 M	T41	40.94	Cameron Fisher	Gordon West PS	2019
200 M	T42	50.10	Lachlan East	Wye PS	2019
200 M	T43	37.52	Caleb Hyslop	St Aloysius, Chisholm	2023
200 M	T44	34.52	Nathan Dingle	Kirrawee PS	2007
200 M	T45	30.53	Brock Styles	Quakers Hill PS	2010
200 M	T46	29.24	Bradley Jones	St Christophers	2005
200 M	T47	34.10	Jordan Kawtal	St Kevins, Eastwood	2017
200 M	T54	38.66	Cormac Ryan	St Mary's Concord	2018
200 M	T60	31.09	Jamison Sheather	Balgowlah North PS	2024
200 M	T63	41.05	Hudson Wan	OLMC Mt Pritchard	2024
200 M	T64	41.11	Bailey Thompson	Mendooran PS	2019
Event	Classification	Distance	Record	School	Year
800 M	T01	2:51.59	Oscar Melbourne	Chertsey PS	2019
800 M	T11	4:15.90	Connor McLeod	Quakers Hill PS	2012
800 M	T12	2:43.51	Xavier Wilson	Shell Cove PS	2024
800 M	T13	2:44.12	Jeremiah Middleton	Covenant CS	2024
800 M	T20	2:45.33	Cory Nordstrom	St Josephs Uralla	2009
800 M	T21	4:31.01	Samuel Ferguson	Lake Cathie PS	2024
800 M	T35	3:04.85	Elijah Duckworth	Lucas Heights PS	2024
800 M	T36	3:36.42	Edward Lennon	Our Lady of the Way, Emu Plains	2022
800 M	T37	2:57.00	Archi Whalan	Schofields PS	2023
800 M	T38	3:03.66	Cooper Robb-Jackson	Barker College	2019
800 M	T40	3:57.60	Rohan Bright	Mt Kuringai PS	2009
800 M	T42	4:49.46	Lachlan East	Wye PS	2019
800 M	T43	3:24.60	Caleb Hyslop	St Aloysius, Chisholm	2024
800 M	T44	3:48.86	Daniel Murrell	St Josephs Uralla	2015
800 M	T45	2:57.77	Brock Styles	Quakers Hill PS	2010
800 M	T46	3:12.11	Bailey Cooper	Shelley PS	2010
800 M	T54	2:47.79	Cormac Ryan	St Marys, Concord	2018
800 M	T60	2:42.29	Jamison Sheather	Balgowlah North PS	2024
800 M	T64	4:29.55	Bailey Thompson	Mendooran PS	2019

NSWPSSA Athletics Records as at October 2024

Senior Boys Multi-class (11-13 Years) Field Records

Event	Classification	Distance	Record	School	Year
Discus	F01	21.60	Alofi Fepuleai	Toongabbie West PS	2013
Discus	F11	11.74	Christopher Shaw	Sacred Heart, Villawood	2011
Discus	F12	17.40	Xavier Wilson	Shell Cove PS	2023
Discus	F13	21.15	Jeremiah Middleton	Covenant CS	2024
Discus	F20	34.51	Sanaila Koroiravu	Bonnyrigg CS	2016
Discus	F21	10.85	Skylar Gover	Annandale PS	2023
Discus	F34	7.18	Cody Hall	Holy Family Parkes	2013

NSWPSSA Athletics Records as at October 2024 – Cont.

Senior Boys Multi-class (11-13 Years) Field Records

Event	Classification	Distance	Record	School	Year
Discus	F35	23.12	Elijah Duckworth	Lucas Heights PS	2023
Discus	F36	12.97	Will Hunter	Kegworth PS	2024
Discus	F37	22.48	Massimo Cassino	St Bernard's, Botany	2023
Discus	F38	18.32	Dean Chesham	Mawarra PS	2009
Discus	F40	14.94	Rohan Bright	Mt Kuringai PS	2009
Discus	F41	15.04	Cameron Fisher	Gordon West PS	2019
Discus	F43	19.19	Zachariah Hill	St Marys, Lane Cove	2017
Discus	F44	19.50	Kynan Miller	North Nowra PS	2019
Discus	F45	12.43	Brock Styles	Quakers Hill PS	2010
Discus	F46	16.33	Jordan Kawtal	St Kevins, Eastwood	2017
Discus	F53	9.21	Will Smith	Ocean Shores PS	2013
Discus	F56	16.21	Finn Moar	Carlton PS	2024
Discus	F57	4.74	Isaiah Lawler	Norwest CS	2024
Discus	F61	14.90	Nathan Barbara	St Anthony's Marsfield	2019
Discus	F63	7.65	Daniel Rigby	Cammarey PS	2018
Discus	F64	19.88	Tristan De Maria	Holy Spirit Carnes Hill	2018
Event	Classification	Distance	Record	School	Year
Long Jump	T01	3.97	Kai Davies	Mona Vale PS	2024
Long Jump	T12	3.75	Xavier Wilson	Shell Cove PS	2023
Long Jump	T13	4.17	Jeremiah Middleton	Covenant CS	2024
Long Jump	T20	4.21	Braiden Hill	Forster PS	2012
Long Jump	T21	1.87	Samuel Ferguson	Lake Cathie PS	2024
Long Jump	T34	0.64	Liam Luff	Gymea North PS	2009
Long Jump	T35	3.62	Elijah Duckworth	Lucas Heights PS	2024
Long Jump	T36	3.97	Mitchell Pink	St Michael's, Nowra	2006
Long Jump	T37	3.58	Matthew Engesser	St Paul the Apostle	2019
Long Jump	T38	3.49	Ronnie Tandy-Bell	Wellington PS	2022
Long Jump	T40	2.14	Kobey Pinnell	Kings Langley PS	2016
Long Jump	T41	2.13	James Gladman	St Bernards, Berowra	2015
Long Jump	T43	2.62	Caleb Hyslop	St Aloysius, Chisholm	2023
Long Jump	T44	3.11	Tahi Homann	Trinity, Kemps Creek	2010
Long Jump	T45	3.45	Brock Styles	Quakers Hill PS	2010
Long Jump	T46	3.34	Jordan Kawtal	St Kevins, Eastwood	2017
Long Jump	T60	3.69	Jamison Sheather	Bagowlah North PS	2023
Long Jump	T61	1.82	Nathan Barbara	St Anthony's Marsfield	2019
Long Jump	T64	2.36	Bailey Thompson	Mendooran PS	2019
Event	Classification	Distance	Record	School	Year
Shot Put	F01	9.13	Alofi Fepuleai	Toongabbie West PS	2013
Shot Put	F11	4.79	Thomas Mcisaac	St Josephs Gilgandra	2024
Shot Put	F12	6.37	Xavier Wilson	Shell Cove PS	2023
Shot Put	F13	6.75	Maker Machot	Bert Oldfield PS	2024
Shot Put	F20	10.06	Sanaila Koroiravu	Bonnyrigg PS	2016
Shot Put	F21	3.72	Samuel Ferguson	Lake Cathie PS	2024
Shot Put	F34	3.92	Liam Luff	Gymes North PS	2009
Shot Put	F35	7.63	Elijah Duckworth	Lucas Heights PS	2024
Shot Put	F36	9.44	Mitchell Pink	St Michaels Nowra	2006
Shot Put	F37	8.08	Jeremy Jones	Tweed Heads PS	2005
Shot Put	F38	7.50	Garnett Donnelly	Centaur PS	2016
Shot Put	F40	5.79	Dylan Clark	Kariong PS	2024
Shot Put	F41	5.73	Cameron Fisher	Gordon West PS	2019
Shot Put	F42	4.14	Joshua Armugam	Harrington Park PS	2005
Shot Put	F43	7.19	Zachariah Hill	St Marys, Lane Cove	2017
Shot Put	F44	6.42	Tim Hodge	St Bernadettes, Lalor Park	2012
Shot Put	F45	6.53	Brock Styles	Quakers Hill PS	2010
Shot Put	F46	8.02	Bradley Jones	St Christophers	2005

NSWPSSA Athletics Records as at October 2024 – Cont.**Senior Boys Multi-class (11-13 Years) Field Records**

Event	Classification	Distance	Record	School	Year
Shot Put	F53	3.20	Kowen Yarnold	Maitland PS	2016
Shot Put	F56	6.29	Finn Moar	Calton PS	2024
Shot Put	F57	5.10	Noah Ayres	Northern Beaches College	2024
Shot Put	F61	4.99	Nathan Barbara	St Anthony's Marsfield	2019
Shot Put	F63	4.98	Daniel Rigby	Cammarey PS	2018
Shot Put	F64	7.18	Tristan De Maria	Holy Spirit Carnes Hill	2018

NSWPSSA Athletics Records as at October 2024**Junior Girls Multi-class (8-10 Years) Track Records**

Event	Classification	Time	Record	School	Year
100 M	T01	16.02	Saskia Newman	Lindfield East PS	2012
100 M	T11	24.72	Isabella Ivanovski	Kyeemagh PS	2023
100 M	T12	18.46	Alissa Rutter	Ettalong PS	2016
100 M	T13	17.12	Jenna Jones	St Thomas Aquinas, Springwood	2011
100 M	T20	15.99	Odesza Toia	Marayong PS	2017
100 M	T21	25.54	Claudia Edwards	St Marys Manly	2024
100 M	T33	1:16.36	Sarah Clifton-Bligh	Forest Lodge PS	2014
100 M	T34	38.50	Kristy Pond	Jasper Road PS	2006
100 M	T35	19.33	Scarlet Monk	Winsdor Park PS	2022
100 M	T36	20.22	Anouk Laverty	Bellingen PS	2018
100 M	T37	18.40	Charlize Colwell	Oak Flats PS	2017
100 M	T38	17.63	Paris Meredith	Castle Hill PS	2008
100 M	T40	24.59	Jasmine Clingan	Woronora PS	2012
100 M	T41	22.28	Sienna Junkiewicz	St Josephs, Schofields	2016
100 M	T41	22.28	Jasmine Clingan	Holy Family, Menai	2013
100 M	T42	28.95	Farzarna Cook	Claremont Meadows PS	2015
100 M	T43	26.24	Tabitha Methurst	Oyster Bay PS	2024
100 M	T44	20.72	Holly Saunders	Northern Beaches Christian	2013
100 M	T45	18.72	Sofia Loghdey	Illawarra Grammar School	2024
100 M	T46	17.52	Gemma Sellick	Balgowlah Heights PS	2019
100 M	T47	17.41	Lexie Brown	Nambucca Heads PS	2019
100 M	T54	29.03	Victoria Simpson	Holy Family, Parkes	2015
100 M	T60	26.91	Sinead Harding	St Cecillas, Balgowlah	2007
100 M	T63	25.44	Emily Pratt	Edgeworth Heights PS	2018
100 M	RR3	41.81	Emily Hayes	Milperra PS	2022
Event	Classification	Time	Record	School	Year
200 M	T01	33.37	Saskia Newman	Lindfield East PS	2012
200 M	T11	52.66	Moana Fassisila	Lake Munmorah PS	2012
200 M	T12	40.34	Leilani Fassisila	Hunter Performing Arts	2014
200 M	T13	36.05	Mia Hogan	St Patrick's, Albury	2022
200 M	T20	34.63	Stephanie Bruzzese	St Vincent's, Ashfield	2017
200 M	T35	47.54	Violet Fuller	Lake Munmorah PS	2023
200 M	T36	41.71	Anouk Laverty	Bellingen PS	2018
200 M	T37	38.96	Charlize Colwell	Oak Flats PS	2017
200 M	T38	38.02	Anouk Laverty	Bellingen PS	2019
200 M	T40	53.62	Jasmine Clingan	Woronora PS	2012
200 M	T41	50.63	Sienna Junkiewicz	St Josephs, Schofields	2016
200 M	T44	45.87	Holly Saunders	Northern Beaches Christian	2013
200 M	T45	18.72	Sofia Loghdey	Illawarra Grammar School	2024
200 M	T46	36.52	Bernadette Flannery	St Marks, Drummoyn	2006
200 M	T47	36.12	Rosie Eisenhauer	Epping North PS	2024
200 M	T54	1:10.18	Victoria Simpson	Holy Family, Parkes	2015
200 M	T63	57.44	Emily Pratt	Edgeworth Heights PS	2018

NSWPSSA Athletics Records as at October 2024 – Cont.

Junior Girls Multi-class (8-10 Years) Track Records

Event	Classification	Time	Record	School	Year
800 M	T01	3:07.41	Sienna Compton	St Aloysius, Chisholm	2023
800 M	T12	3:43.84	Leilani Fassisila	Hunter School Of PA	2014
800 M	T13	3:13.49	Mia Hogan	St Patrick's, Albury	2022
800 M	T20	3:01.90	Stephanie Bruzzese	St Vincents, Ashfield	2017
800 M	T35	4:18.75	Violet Fuller	Lake Munmorah PS	2024
800 M	T36	3:38.76	Anouk Laverty	Bellingen PS	2018
800 M	T37	3:34.70	Holly Warn	Sacred Heart Mosman	2018
800 M	T38	3:15.27	Anouk Laverty	Bellingen PS	2019
800 M	T40	5:09.71	Lexie Phillips	Macquarie College	2018
800 M	T44	4:38.29	Rhiannon Bellette	St Christopher's Panania	2017
800 M	T45	4:07.80	Sofia Loghdey	Illawarra Grammar School	2024
800 M	T46	3:38.67	Gemma Sellick	Balgowlah PS	2019

NSWPSSA Athletics Records as at October 2024

Junior Girls Multi-class (8-10 Years) Field Records

Event	Classification	Distance	Record	School	Year
Discus	F01	20.90	Brooke King	Lavington PS	2014
Discus	F11	7.97	Isabella Ivanovski	Kyeemagh PS	2023
Discus	F12	7.88	Alissa Rutter	Ettalong PS	2016
Discus	F13	14.79	Hana Mitchell	Pottsville Beach PS	2009
Discus	F20	19.35	Olivia Earl	Tintinhull PS	2019
Discus	F21	3.26	Jasmine Diab	SB Castle Hill	2024
Discus	F33	1.62	Sarah Clifton-Bligh	Forest Lodge PS	2014
Discus	F34	7.03	Kara Mae Flett	Wyong PS	2018
Discus	F35	9.89	Mackenzie Smith	Bonville PS	2024
Discus	F36	7.87	Anouk Laverty	Bellingen PS	2018
Discus	F37	11.82	Sybella Warton	Allambie Heights PS	2017
Discus	F38	14.06	Nicole Robertson	Strathfield South PS	2012
Discus	F40	10.46	Lexie Phillips	Macquarie College	2018
Discus	F41	7.42	Charlize Tran	St Josephs, Riverstone	2016
Discus	F43	4.40	Julie Charlton	American International School	2009
Discus	F44	9.57	Tamsyn Turher	St Rose, Collaroy Plateau	2011
Discus	F45	4.73	Rhiannon Bellette	St Christopher's, Panania	2017
Discus	F46	11.40	Lexi Brown	Nambucca Heads	2019
Discus	F55	6.10	Victoria Simpson	Holy Family, Parkes	2015
Discus	F57	3.15	Ava Edwards	Penrith CS	2018
Discus	F58	6.31	Holly Saunders	Northern Beaches Christian	2012
Discus	F64	9.09	Alena Busa	Chisholm, Bligh Park	2022

Event	Classification	Time	Record	School	Year
Long Jump	T01	3.17	Bronte Cincotta	Maitland CS	2006
Long Jump	T11	0.85	Holly Arvidson	Denman PS	2008
Long Jump	T12	2.41	Alissa Rutter	Ettalong PS	2016
Long Jump	T13	3.12	Mia Hogan	St Patrick's, Albury	2022
Long Jump	T20	3.29	Odesza Toia	Marayong PS	2017
Long Jump	T35	1.21	Taylor O'Sullivan	Harrington Park PS	2008
Long Jump	T36	2.17	Anouk Laverty	Bellingen PS	2018
Long Jump	T37	2.52	Carly Salmon	Sacred Heart, Koorinal	2009
Long Jump	T38	2.72	Anouk Laverty	Bellingen PS	2019
Long Jump	T40	1.52	Lexie Phillips	Macquarie College	2018
Long Jump	T41	1.72	Jasmine Clingan	Holy Family, Menai	2013
Long Jump	T42	0.95	Emilee Pratt	Edgeworth Heights PS	2017
Long Jump	T43	1.73	Tabitha Smethurst	Oyster Bay PS	2024
Long Jump	T44	2.15	Sarah Walsh	St John the Baptist, Engadine	2008
Long Jump	T45	2.07	Sofia Loghdey	Illawarra Grammar School	2024
Long Jump	T46	3.10	Ella Osbourne	Dudley PS	2014
Long Jump	T58	1.29	Holly Saunders	Northern Beaches Christian	2012
Long Jump	T60	2.16	Sinead Harding	St Cecillas, Balgowlah	2006
Long Jump	T63	1.75	Emilee Pratt	Edgeworth Heights PS	2019

NSWPSSA Athletics Records as at October 2024 – Cont.

Junior Girls Multi-class (8-10 Years) Field Records

Event	Classification	Time	Record	School	Year
Shot Put	F01	6.92	Brooke King	Lavington PS	2014
Shot Put	F11	2.53	Isabella Ivanovski	Kyeemagh PS	2023
Shot Put	F12	3.83	Alissa Rutter	Ettalong PS	2016
Shot Put	F13	5.30	Jenna Jones	St Thomas Aquinas, Springwood	2011
Shot Put	F20	8.75	Alaianne Toia	Marayong PS	2016
Shot Put	F21	1.94	Jasmine Diab	SB Castle Hill	2024
Shot Put	F34	1.29	Teneisha Barbaro	Bonnyrigg PS	2011
Shot Put	F35	3.47	Addison Holmes	Holy Spirit, Carnes Hill	2022
Shot Put	F36	5.27	Tamsin Colley	Kensington PS	2011
Shot Put	F37	5.30	Sybella Warton	Allambie Heights PS	2017
Shot Put	F38	5.78	Nicole Robertson	Strathfield South PS	2012
Shot Put	F40	2.90	Grace Gallpen	St Michael's Deniliquin	2019
Shot Put	F41	3.25	Lucia Bruce-Gilchrist	Annandale North PS	2013
Shot Put	F42	3.31	Zohe Hughes	St Marys, Dubbo	2005
Shot Put	F43	3.98	Julie Charlton	American International School	2009
Shot Put	F44	3.52	Tamsyn Turner Holly Saunders	St Rose, Collaroy Plateau Northern Beaches College	2011 2013
Shot Put	F45	2.82	Rhiannon Bellette	St Christopher's, Panania	2017
Shot Put	F46	5.23	Alexcen Berry	St Francis Xavier, Wollongong	2005
Shot Put	F47	4.19	Lucy Rice	Goulburn West PS	2017
Shot Put	F55	2.40	Victoria Simpson	Holy Family Parkes	2015
Shot Put	F58	2.45	Holly Saunders	Northern Beaches Christian	2012
Shot Put	F60	2.80	Sinead Harding	St Cecílias, Balgowlah	2007
Shot Put	F63	3.60	Emilee Pratt	Edgeworth Heights PS	2019
Shot Put	F64	4.06	Alena Busa	Chisholm, Bligh Park	2022

NSWPSSA Athletics Records as at October 2024

Senior Girls Multi-class (11-13 Years) Track Records

Event	Classification	Time	Record	School	Year
100 M	T01	14.44	Alira Gardner	St Josephs Taree	2005
100 M	T11	18.02	Shannan Burrows	St Lucy's, Wahroonga	2010
100 M	T12	15.69	Layla Sharp	Cambridge Park	2019
100 M	T13	14.82	Jenna Jones	St Thomas Aquinas, Springwood	2013
100 M	T20	14.33	Telaya Blacksmith	Shell Cove PS	2019
100 M	T21	19.99	Rosie Henderson	MD Camden	2024
100 M	T33	30.91	Coco Espie	SCEGGS	2019
100 M	T34	28.18	Kristy Pond	Sherwood Ridge PS	2008
100 M	T35	18.64	Scarlet Monk	Laurieton PS	2024
100 M	T36	18.99	Tamsin Colley	Kensington PS	2014
100 M	T37	16.92	Sybella Warton	Allambie Heights	2019
100 M	T38	15.70	Sara Moroney	Gateshead West PS	2008
100 M	T40	20.54	Lashantaye Pinnell	Kings Lamgley PS	2017
100 M	T41	21.16	Lucia Bruce-Gilchrist	Annandale Noth PS	2016
100 M	T42	27.48	Farzarna Cook	Claremont Meadows PS	2016
100 M	T44	18.21	Sarah Walsh	St John the Baptist, Engadine	2009
100 M	T45	17.73	Hayleigh Gordon	Holy Cross, Helensburg	2008
100 M	T46	14.59	Gemma Sellick	Balgowlah Heights PS	2022
100 M	T47	14.62	Lexie Brown	Nambucca Heads PS	2022
100 M	T54	25.87	Victoria Simpson	Holy Family, Parkes	2017
100 M	T72	36.86	Emily Hayes	Lucas Heights PS	2024
Event	Classification	Time	Record	School	Year
200 M	T01	30.58	Bronte Cincotta	Maitland CS	2008
200 M	T11	38.48	Shannon Burrows	St Lucys, Wahroonga	2010
200 M	T12	32.99	Layla Sharp	Cambridge Park	2019
200 M	T13	32.27	Jenna Jones	St Thomas Aquinas, Springwood	2013
200 M	T20	30.90	Telaya Blacksmith	Shell Cove PS	2019
200 M	T21	30.90	Sienna Haag	Holy Family, Skennars Head	2023
200 M	T34	53.18	Kristy Pond	Sherwood Ridge PS	2008
200 M	T35	37.40	Scarlet Monk	Laurieton PS	2024

NSWPSSA Athletics Records as at October 2024 – Cont.

Senior Girls Multi-class (11-13 Years) Track Records

Event	Classification	Time	Record	School	Year
200 M	T36	43.31	Tamsin Colley	Kensington PS	2014
200 M	T37	35.54	Sybella Warton	Allambie Heights PS	2019
200 M	T38	32.38	Sarah Moroney	Gateshead West PS	2008
200 M	T40	48.24	Lashantaye Pinnell	Kings Langley PS	2017
200 M	T41	47.95	Lucia Bruce-Gilchrist	Annandale North PS	2016
200 M	T42	1:04.42	Taylor O'Sullivan	Harrington Park PS	2010
200 M	T44	37.16	Sarah Walsh	St John the Baptist, Engadine	2010
200 M	T45	38.33	Hayleigh Gordon	Holy Cross, Helensburgh	2009
200 M	T46	31.81	Gemma Sellick	Balgowlah PS	2022
200 M	T47	28.98	Lexie Brown	Nambucca Heads PS	2023
200 M	T54	51.47	Victoria Simpson	Holy Family, Parkes	2017
Event	Classification	Time	Record	School	Year
800 M	T01	3:00.85	Sienna Compton	St Aloysius, Chisholm	2024
800 M	T11	3:46.70	Rachel Shipp	Nareena Hills PS	2011
800 M	T12	2:50.86	Layla Sharp	Cambridge Park	2019
800 M	T13	3:04.71	Mia Hogan	St Patrick's, Albury	2023
800 M	T20	2:59.70	Stephanie Bruzzese	St Vincent's Ashfield	2018
800 M	T35	3:21.43	Scarlet Monk	Laurieton PS	2024
800 M	T36	3:27.59	Abbie Peet	Carinya Christian Tamworth	2019
800 M	T37	3:16.54	Sybella Warton	Allambie Heights PS	2018
800 M	T38	3:36.08	Indiana Cooper	Gundagai PS	2017
800 M	T44	4:18.14	Rhiann Bellette	St Christopher's Panania	2019
800 M	T47	5:04.92	Natalie Bellette	St Christopher's Panania	2016
800 M	T54	5:26.03	Ava Edwards	Penrith CS	2019
800 M	T60	4:20.33	Olivia Steele	Glendenning PS	2013

NSWPSSA Athletics Records as at October 2024

Senior Girls Multi-class (11-13 Years) Field Records

Event	Classification	Distance	Record	School	Year
Discus	F01	23.18	Khloe Hunter	Panania PS	2023
Discus	F11	7.35	Shannan Burrows	St Lucys, Wahroonga	2010
Discus	F12	12.80	Layla Sharp	Cambridge Park PS	2019
Discus	F13	17.91	Hana Mitchell	Pottsville Beach PS	2011
Discus	F13	17.91	Jenna Jones	St Thomas Aquinas, Springwood	2013
Discus	F20	25.83	Olivia Earl	Carinya Tamworth CS	2022
Discus	F21	13.42	Isabella Fede	St Joseph's, Laurieton	2024
Discus	F33	6.19	Coco Espie	SCEGGS	2019
Discus	F34	9.34	Macie Wilson	Gunning PS	2024
Discus	F35	14.81	Holly Saunders	Northern Beaches College	2015
Discus	F36	10.75	Tamsin Colley	Kensington PS	2013
Discus	F37	17.76	Kailyn Joseph	St Bernadettes, Castle Hill	2014
Discus	F38	16.06	Nicole Robertson	Strathfield South PS	2013
Discus	F40	11.42	Lexie Phillips	Macquarie CIS	2019
Discus	F41	13.32	Lucia Bruce Gilchrist	Annandale North PS	2016
Discus	F45	6.98	Rhiann Bellette	St Christopher's Panania	2019
Discus	F46	17.30	Lexie Brown	Nambucca Heads PS	2023
Discus	F42	11.17	Julie Charlton	Hills Grammar	2011
Discus	F43	9.84	Julie Charlton	Hills Grammar	2010
Discus	F55	7.97	Victoria Simpson	Holy Family Parkes	2017
Event	Classification	Distance	Record	School	Year
Long Jump	T01	3.92	Bronte Cincotta	Maitland CS	2008
Long Jump	T11	1.71	Shannon Burrows	St Lucys, Wahroonga	2010
Long Jump	T12	3.43	Layla Sharp	Cambridge Park	2019
Long Jump	T13	3.78	Jenna Jones	St Thomas Aquinas, Springwood	2013
Long Jump	T20	4.23	Telaya Blacksmith	Shell Cove PS	2019
Long Jump	T21	0.62	Rosie Henderson	Mater Dei, Camden	2024
Long Jump	T35	2.13	Scarlet Monk	Laurieton PS	2024
Long Jump	T36	2.57	Tamsin Colley	Kensington PS	2014
Long Jump	T37	3.12	Kailyn Joseph	St Bernadettes, Castle Hill	2014
Long Jump	T38	3.33	Sara Moroney	Gateshead West PS	2008

NSWPSSA Athletics Records as at October 2024 – Cont.

Senior Girls Multi-class (11-13 Years) Field Records

Event	Classification	Distance	Record	School	Year
Long Jump	T40	1.58	Lexie Philips	Macquarie CIS	2019
Long Jump	T41	2.11	Jasmine Clingan	Lucas Heights PS	2015
Long Jump	T44	2.42	Sarah Walsh	St John the Baptist, Engadine	2010
Long Jump	T45	2.16	Rhiann Bellette	St Christopher's Panania	2019
Long Jump	T46	3.98	Lexie Brown	Nambucca Heads PS	2023
Long Jump	T47	3.89	Alissa Jordan	Mowbray PS	2015
Long Jump	T60	2.68	Olivia Steele	Glendenning PS	2013
Event	Classification	Distance	Record	School	Year
Shot Put	F01	7.98	Brooke King	Lavington PS	2015
Shot Put	F11	3.34	Shannan Burrows	St Lucy's, Wahroonga	2010
Shot Put	F12	5.34	Leilani Faasisila	Hunter Performing Arts	2016
Shot Put	F13	7.00	Jenna Jones	St Thomas Aquinas, Springwood	2012
Shot Put	F20	9.20	Evalessi Taupeamuhu	Kalinda School	2024
Shot Put	F21	4.59	Isabella Fede	St Joseph's Laurieton	2024
Shot Put	F33	1.48	Sarah Clifton-Bligh	Forest Lodge PS	2015
Shot Put	F34	5.35	Teneisha Barbaro	Bonnyrigg PS	2012
Shot Put	F35	5.06	Holly Saunders	Northern Beaches College	2015
Shot Put	F36	5.00	Mikey Lloyd-Tighe	St Francis Xavier, Ballina	2007
Shot Put	F37	6.49	Charlize Tran	St John's Riverstone	2018
Shot Put	F38	7.28	Holly Mildwater	St Luke's CS	2024
Shot Put	F40	4.36	Lexie Phillips	Macquarie CIS	2019
Shot Put	F41	4.92	Lucia Bruce-Gilchrist	Annandale North PS	2016
Shot Put	F42	3.97	Matilda Chesterton	Newington PS	2022
Shot Put	F44	6.43	Alexcen Berry	St Josephs, Boorawa	2007
Shot Put	F45	4.20	Rhiann Bellette	St Christopher's Panania	2019
Shot Put	F46	7.75	Lexie Brown	Nambucca Heads PS	2022
Shot Put	F47	5.89	Ella Osbourne	Dudley PS	2015
Shot Put	F43	4.07	Julie Charlton	Hills Grammar	2010
Shot Put	F55	3.43	Victoria Simpson	Holy Family Parkes	2016
Shot Put	F60	3.28	Sinead Harding	St Cecílias, Balgowlah	2008
Shot Put	F64	5.16	Alena Busa	Chisholm, Bligh Park	2023

SPORTING CLASSIFICATION

Did you know?

Sporting classification can provide wonderful opportunities for students with disability to participate in competitive sport. Scan the QR code to find out about eligibility and to apply.



NSWPSSA Athletics Championship – 2025 Program of Events

Note: This program of events may be altered at the discretion of the championship director should circumstances arise.

Starting times are approximate. Please listen to announcements and check digital signage updates throughout the day.

TRACK EVENTS: ALL track competitors should report to the Call Room 30 minutes prior to the start time.

FIELD EVENTS: Be at the Call Room 30 minutes prior to the event to allow time for warm up and measuring of run ups.

DAY 1 Wednesday 22 October 2025

- 7.50am** Marshall for Opening Ceremony
- 8.00am** Opening Ceremony
- 8.30am** Call Room – 1500m and 9am field events

TRACK

9.00am 1500m Timed Finals

- T1 Junior Girls
- T2 Junior Boys
- T3 11 years Girls
- T4 11 years Boys
- T5 12/13 years Girls
- T6 12/13 years Boys

10.45am 200m Heats

- T7 Junior Girls
- T8 Junior Boys
- T9 11 years Girls
- T10 11 years Boys
- T11 12/13 years Girls
- T12 12/13 years Boys

12.10pm Multi Class 200m Timed Finals

- T13 Multi Class Junior Girls
- T14 Multi Class Junior Boys
- T15 Multi Class Senior Girls
- T16 Multi Class Senior Boys

12.55pm 100m Heats

- T17 8 years Girls
- T18 8 years Boys
- T19 9 years Girls
- T20 9 years Boys
- T21 10 years Girls
- T22 10 years Boys
- T23 11 years Girls
- T24 11 years Boys
- T25 12 years Girls
- T26 12 years Boys
- T27 13 years Girls
- T28 13 years Boys

2.50pm 800m Heats

- T29 Junior Girls
- T30 Junior Boys
- T31 11 years Girls
- T32 11 years Boys
- T33 12/13 years Girls
- T34 12/13 years Boys

4:45pm Finish

FIELD

9.00am (Attend O.C. then present to Call Room)

- F1 Junior Boys Discus
- F2 11 years Girls Long Jump
- F3 11 years Boys High Jump
- F4 12/13 years Boys Shot Put
- F5 Multi Class Junior Girls Long Jump
- F6 Multi Class Senior Girls Shot Put

11.30am (Call room at 11.00am)

- F7 Junior Girls Shot Put
- F8 11 years Boys Discus
- F9 12/13 years Girls Long Jump
- F10 12/13 years Boys High Jump
- F11 Multi Class Junior Boys Shot Put
- F12 Multi Class Senior Boys Discus

2.00pm (Call room at 1.30pm)

- F13 Junior Girls High Jump
- F14 Junior Boys Long Jump
- F15 11 years Girls Shot Put
- F16 12/13 years Girls Discus
- F17 Multi Class Junior Girls Discus
- F18 Multi Class Senior Girls Long Jump



NSWPSSA Athletics Championship – 2025 Program of Events

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FIELD EVENTS: Be at the Call Room 30 minutes prior to the event to allow time for warm up and measuring of run ups.

DAY 2 – Track

Thursday 23 October 2025

8.00am Call Room – 200m Finals

TRACK

8.30am 200m Finals

T35 Junior Girls
T36 Junior Boys
T37 11 years Girls
T38 11 years Boys
T39 12/13 years Girls
T40 12/13 years Boys

9.00am Multi Class 800m Timed Finals

T41 Multi Class Junior Girls
T42 Multi Class Junior Boys
T43 Multi Class Senior Girls
T44 Multi Class Senior Boys

9.45am 800m Finals

T45 Junior Girls
T46 Junior Boys
T47 11 years Girls
T48 11 years Boys
T49 12/13 years Girls
T50 12/13 years Boys

10.25am 100m Semi-Finals

T51 8 years Girls
T52 8 years Boys
T53 9 years Girls
T54 9 years Boys
T55 10 years Girls
T56 10 years Boys
T57 11 years Girls
T58 11 years Boys
T59 12 years Girls
T60 12 years Boys
T61 13 years Girls
T62 13 years Boys

11.45am 4 x 100m Relay

T63 Junior Girls
T64 Junior Boys
T65 Senior Girls
T66 Senior Boys
T67 Nigel Bagley Trophy
T68 Norm & Elizabeth Austen Trophy

TRACK

1.45pm Multi Class 100m Timed Finals

T69 Multi Class Junior Girls
T70 Multi Class Junior Boys
T71 Multi Class Senior Girls
T72 Multi Class Senior Boys

2.05pm 100m Finals

T73 8 years Girls
T74 8 years Boys
T75 9 years Girls
T76 9 years Boys
T77 10 years Girls
T78 10 years Boys
T79 11 years Girls
T80 11 years Boys
T81 12 years Girls
T82 12 years Boys
T83 13 years Girls
T84 13 years Boys

2.45pm 4 x 100m Relay Finals

T85 Junior Girls
T86 Junior Boys
T87 Nigel Bagley Trophy
T88 Norm & Elizabeth Austen Trophy
T89 Senior Girls
T90 Senior Boys

3.20pm Presentation:

- Most outstanding association of the Meet
- Queen Elizabeth II Silver Jubilee Trophy
- Most Outstanding Athlete in able bodied events
- Most Outstanding Athlete in Multi-class event
- School of the Meet

NSWPSSA Athletics Championship – 2025 Program of Events

Note: This program of events may be altered at the discretion of the championship director should circumstances arise.

Starting times are approximate. Please listen to announcements and check digital signage updates throughout the day.

TRACK EVENTS: ALL track competitors should report to the Call Room 30 minutes prior to the start time.

FIELD EVENTS: Be at the Call Room 30 minutes prior to the event to allow time for warm up and measuring of run ups.

DAY 2 – Field

Thursday 23 October 2025

8.00am Call Room – 8.30am Field events.

FIELD

8.30am (Call room at 8.00am)

- F19 Junior Girls Discus
- F20 Junior Boys Shot Put
- F21 11 years Girls High Jump
- F22 11 years Boys Long Jump
- F23 Multi Class Junior Boys Long Jump
- F24 Multi Class Senior Boys Shot Put

11.00am (Call room at 10.30am)

- F25 Junior Boys High Jump
- F26 11 years Girls Discus
- F27 12/13 years Girls Shot Put
- F28 12/13 years Boys Long Jump
- F29 Multi Class Junior Girls Shot Put
- F30 Multi Class Senior Girls Discus

1.30pm (Call room at 1.00pm)

- F31 Junior Girls Long Jump
- F32 11 years Boys Shot Put
- F33 12/13 years Girls High Jump
- F34 12/13 years Boys Discus
- F35 Multi Class Junior Boys Discus
- F36 Multi Class Senior Boys Long Jump



Education





Section 5.2 – Athletics State Championship Rules – boys and girls

Amended March 2024

5.2.1

Refer to **General State Championship Rules**.

(a) Each association is eligible to enter three (3) competitors per event. Additional entries are considered where special circumstances occur refer to 5.2.22.

(b) All competitors must compete in designated association uniform.

5.2.2 Age divisions and events

Age divisions are:

8 years, 9 years, 10 years, 11 years, 12 years, 13 years

Junior: 8 years, 9 years, 10 years

Senior: 11 years, 12 years, 13 years.

A competitor whose significant birthday occurs during the current year is eligible for that age event only. No competitor shall enter both junior and senior events, nor in two age events, including relays.

Events are:

Track

100 Metres: 8 years, 9 years, 10 years, 11 years, 12 years, 13 years

200 Metres: Junior, 11 years, 12/13 years

800 Metres: Junior, 11 years, 12/13 years

1500 Metres: Junior, 11 years, 12/13 years

4 x 100 Metres Relays: Junior, Senior, Nigel Bagley, Norman & Elizabeth Austen

Field

High Jump: Junior, 11 years, 12/13 years

Long Jump: Junior, 11 years, 12/13 years

Shot Put: Junior (2 kg), 11 years (2 kg), 12/13 years (3 kg)

Discus: Junior (500gms), 11 years (750gms), 12/13 years (750gms)

Events are conducted in boys divisions and girls divisions.

5.2.3 Athletes in Multi Class events

(a) Track and field events are offered to athletes in Multi Class events in 2 age groups.

Junior: 8 years, 9 years, 10 years

Senior: 11 years, 12 years, 13 years

A competitor whose significant birthday occurs during the current year is eligible for that age event only. No competitor shall enter both junior and senior events.

(b) Events for athletes in Multi Class events are:

Track

100 Metres: Junior, Senior

200 Metres: Junior, Senior

800 Metres: Junior, Senior

All Multi Class track events will be conducted as timed finals.

Field

Long Jump: Junior, Senior

Shot Put: Junior, Senior

Discus: Junior, Senior

Events are conducted in boys divisions and girls divisions

(c) Each athlete in Multi Class events must have current classification documentation (national, provisional or review status) for their disability category. This documentation must be forwarded to their sports coordination officer at least 14 days prior to the commencement of the state championships.

The verification of classifications will be done against the Athletics Australia Classification Masterlist and in conjunction

with Paralympics Australia, Sports Inclusion Australia, Transplant Australia and Deaf Sports Australia.

Athletes who do not have a classification prior to competition and fail to meet this requirement will be ineligible to compete at the NSWPSA Athletics Championships.

All Intellectual and Hearing classifications should be completed prior to the state championships. Physical Impairment classifications requiring review will be conducted at the state championships (if classifiers available). Should a student's classification be deemed ineligible at this time, he/she can still participate, but receives no percentages, and will not be eligible for placings, medals, records or team selection.

If a student's classification changes during the championship, as a result of a classification review, the new classification will be used from that point in time for all future events being contested. If an event has already been completed, the former classification will be used to determine its results, placings and team selection.

(d) Classification for Athletes in Multi Class events is done by specific governing bodies. The classification categories and governing bodies are as follows:

Classification for Athletes in Multi Class events	
Classification category	Governing body
Intellectual	Sport Inclusion Australia
Physical	Athletics Australia
Vision	Paralympics Australia
Transplant	Transplant Australia
Hearing	Deaf Sports Australia

(e) Placings for athletes in Multi Class events will be determined using the Athletics Australia Baseline Performance. Each athlete's result will be compared to the Baseline Performance for their respective classification to determine a percentage. All results in each Multi Class event will be converted to a percentage and the largest percentage wins, second largest second etc.

(f) Guide runners are only permitted for athletes with T11 or T12 classification. Guide runners are optional for T12. It is the responsibility of the athlete to provide their own guide runner.

(g) Wheelchairs and Race Running Frames are considered personal equipment and must be supplied by the athlete. These must comply with the WPA Rules.

5.2.4 Starting and lane draw

(a) Lane draw: In the first round of 100m, 200m and 800m events, the lane draw order shall be drawn by lot. 1500m events will be seeded based on entry times. For semi-final and final rounds, competitors shall be ranked in accordance with their positions and times in the previous round. (See World Athletics Technical Rule 20.4). Competitors must occupy the arranged positions regardless of any withdrawals.

(b) Method: The method of starting for 100m, 200m and relays shall be "On your marks – set – gun". For the 800m and 1500m the method shall be "On your marks – gun".

(c) Starting blocks may be used, at the discretion of the athlete, in all laned track events, except where this contravenes any rule(s) made by the venue management on the use of starting blocks. Only starting blocks supplied by the venue are permitted to be used. Competitors may use a crouch start (with or without blocks) or a standing start. No other starting positions are permitted. Athletes wearing spiked shoes for a crouch start MUST use blocks, refer to 5.2.11(c).

(d) 800 metres: The start for the heats and finals of the 800 metres will be in lanes with the heats having up to two (2) competitors per lane.

(e) 1500 metres: A pack start will be used for 1500 metre races.

(f) False starts: Any athlete making a false start shall be warned. Any athlete(s) making further false starts in the race shall be disqualified from the race. If the disqualification is in the heat, the athlete will be advised of their disqualification but allowed to complete the race.

5.2.5 Placegetters

(a) At the completion of each race competitors must return to the finish line.

(b) Photo-finish and electronic timing will determine all placings and times.

(c) Should photo-finish equipment malfunction then placegetters shall receive from the chief judge tokens denoting place gained. These must then be taken to the track recorder.

5.2.6 Progression and Finalists

Semi-finalists and finalists for track events will be determined in the following manner (this may be altered at the discretion of the championship director should the circumstances arise):

(a) 100 metres: Heats to semi-finals 1st, 2nd, 3rd from each of the heats plus the next fastest times to complete the field of twenty (20). Semi-finals to finals 1st, 2nd and 3rd from each semi-final plus the next fastest times to complete the field of ten (10).

(b) 200 metres: Heats to finals 1st place from each heat plus the next fastest times to complete the field of nine (9).

(c) 800 metres: Heats to finals 1st place from each heat plus the next fastest times to complete the field of nine (9).

(d) 1500 metres: Will be run as timed finals, with the field split into two races.

(e) Relays: Heats to finals 1st place from each heat plus the next fastest times to complete the field of nine (9).

(f) Where semi-finals and/or finals must be abandoned, placings will be determined by the times recorded in the previous round.

5.2.7 Officials on duty

Only the officials on duty at the time of the event and competitors shall be allowed on the enclosure. At the conclusion of the event competitors must leave.

Note: Parents, coaches and unauthorised persons are not allowed on the field of play. Once competitors are in the hands of the officials controlling the event, they shall not receive any coaching or advice.

Penalty: Disqualification of the competitor involved.

5.2.8 Referee

Rules to be observed shall be in accordance with the World Athletics Technical Rules except where stated otherwise. The referee shall be the sole arbiter in points under dispute.

5.2.9 Protests

As per World Athletics Technical Rule 8.1, 8.2, 8.3, 8.4, 8.5, 8.6 with the following variations:

(1) Protests concerning the status of an athlete to participate in a competition must be made, prior to the commencement of such competition, to the championship management. Once the championship management make a decision, there shall be a right of appeal to the Jury of Appeal.

(2) Any protest shall, in the first instance, be made orally to the referee by athlete concerned or the team manager (who shall be a teacher), within fifteen (15) minutes of the completion of the event.

(3) The relevant team manager, who must be a teacher, may make a written appeal to the jury if dissatisfied with the referee's decision. The appeal may only be submitted on the supplied protest form and must be submitted within fifteen (15) minutes of the announcement of the referee's decision.

The Jury of Appeal shall be appointed by the championship director at the Technical Meeting.

5.2.10 Relays

(a) The following relay events will be held: Junior Boys, Junior Girls, Senior Boys, Senior Girls, Nigel Bagley Trophy, Norm and Elizabeth Austen Trophy.

(b) Team eligibility

(i) Each school may enter one relay team in each of the Junior Boys, Junior Girls, Senior Boys and/or Senior Girls relay events.

(ii) A boys team must consist of 4 boys from one school.

(iii) A girls team must consist of 4 girls from one school.

Or

(iv) An Association may nominate a composite team in the BOYS and/or GIRLS relays. A composite team may be entered from a Zone providing the total enrolment of the schools involved does not exceed 250 (K-6) students. Schools choosing this option may not enter the Nigel Bagley or Norm and Elizabeth Austen relays.

Or

A school may enter only one relay team via the following options:

(v) The Nigel Bagley Trophy: The Nigel Bagley Relay must include students from schools with a total enrolment of more than 25 students but not exceeding 54 students. The combination of boys and girls in each team is to be decided upon by the individual school. All students in the team must be enrolled at the same school. The classification of the enrolment will be determined by the February staff return.

(vi) The Norm & Elizabeth Austen Trophy: The Norm & Elizabeth Austen Relay must include students from schools with a total school enrolment not exceeding 25. The combination of boys and girls in each team is to be decided upon by the individual school. All students in the team must be enrolled at the same school. The

classification of the enrolment will be determined by the February staff return.

Note: The following is a summary of part of World Athletics relay rules and athletes should be aware of the complete rules. Relay batons will be provided.

(i) Relays shall be run on a circular track (4 x 100 metres).

(ii) A team shall consist of 4 runners and a baton shall be carried in hand.

(iii) The baton shall be passed within the takeover zone. The takeover zone shall be 30 metres long. Receiving athletes must start within this zone and have full control of the baton when leaving the zone.

(iv) All runners must remain in their allotted lane until all teams are clear of the takeover zone.

(v) If the baton is dropped it shall be recovered by the athlete who dropped it. If it drops out of the team's lane the athlete may leave the lane provided they don't lessen the distance covered and no other athlete is impeded.

(vi) Check-marks. An athlete may place one check-mark (to assist the baton change over) on the track within his/her own lane, inside or outside the takeover zone. Athletes may use adhesive tape, maximum 5cm x 40cm, of a distinctive colour which cannot be confused with other permanent markings. No other check marks may be used.

5.2.11 Equipment and footwear

(a) Competitors must use the equipment provided by the association or the venue.

(b) All competitors must wear footwear. Spiked shoes are only permitted in 100m, 200m, Relays, Long Jump and High Jump events. Spikes are not permitted in 800m or 1500m events.

(c) Athletes wearing spiked shoes during a crouch start MUST use starting blocks. Athletes in spikes may alternatively use a standing start.

(d) When spiked shoes are worn the maximum length for all track events and Long Jump is 7mm. For High Jump it is 9mm.

(e) Relay batons shall be 32mm x 290mm

5.2.12 Field events

(a) In all field events, except the High Jump, each athlete shall be allowed three trials and the eight athletes with the best valid performances shall be allowed one additional trial.

(b) In the event of a tie in a field event, except for high jump, the second best performance of the athletes tying shall resolve the tie. Then, if necessary, the third best, and so on.

(c) In all field events, except high jump, each athlete shall be allowed one minute to complete his/her attempt once called up by the official responsible for the event.

5.2.13 High jump

(a) Competitors may have three (3) attempts in rotation at each height. Three (3) consecutive failures regardless of the height at which any of such failures occur, will disqualify the athlete from further jumping except in the case of a tie for first place.

(b) The period allowed for a trial shall be: more than 3 competitors – 1 minute, 2 or 3 – competitors 1.5 minutes, 1 competitor – 3 minutes. Consecutive trials – 2 minutes.

(c) If an athlete returns from another event re-entry shall be at the existing bar height.

(d) In the event of a tie the best record on count back, in accordance with World Athletics Technical Rule 26.8, shall decide the place winners.

(e) Starting heights for High Jump shall be:

Junior Boys	1.20m
Junior Girls	1.10m
11 Years Boys	1.25m
11years Girls	1.15m
12/13 years Boys	1.30m
12/13 year Girls	1.20m

(f) Bar rises shall be 5cm until a maximum of six (6) competitors remain then 3cm. If the field comprises of less than eight (8) competitors the increments are at the discretion of the chief judge in consultation with the field referee. After an athlete has won the competition, the height or heights to which the bar is raised shall be decided by the athlete, in conjunction with the chief judge or field referee.

5.2.14 Qualifying distances/heights/times

These will be determined by the convener each year.

5.2.15 Most Outstanding Association

The following criteria will be used to determine the most outstanding association at the NSWPSA Athletics Championships. These points apply to both able bodied and athletes in Multi Class events and will contribute to the overall point score for each association.

Track events

100 metres, 200 metres, 800 metres, 1500 metres and field events:

- 1st place – 12 points
- 2nd place – 10 points
- 3rd place – 8 points
- 4th place – 6 points
- 5th place – 4 points
- 6th place – 2 points

Relay events:

- 1st place – 24 points
- 2nd place – 20 points
- 3rd place – 16 points
- 4th place – 12 points
- 5th place – 8 points
- 6th place – 4 points

5.2.16 Queen Elizabeth II Trophy – Most Outstanding Athlete

The following criteria will be used to determine the most outstanding athlete, in able bodied events, at the Annual NSWPSA Athletics Championships. Points will be allocated to competitors who finish 1st, 2nd, and 3rd in their respective finals events. The points awarded will be:

- 1st Place – 12 Points
- 2nd Place – 10 Points
- 3rd Place- 8 Points

Plus an additional 10 points for having set a new record or an additional 5 points for equalling a record by the completion of the event. The establishing of a new record or equalling of a record to earn points may occur in heats, semi-finals and finals.

5.2.17 Most Outstanding Athlete in Multi Class Events

The following criteria will be used to determine the most outstanding athlete in Multi Class Events at the NSWPSA Athletics Championships. Points will be allocated to competitors who finish 1st, 2nd, and 3rd in their respective finals events. The points awarded will be:

- 1st Place – 12 Points
- 2nd Place – 10 Points
- 3rd Place – 8 Points

5.2.18 School of the Meet

The School of the Meet Cup will be awarded to the school that achieves the most points at the NSWPSA Athletics Championship.

5.2.19 Discus – safety issues

For discus activities the following safety strategies must be employed

- (a) All discuses, must be of a rubber compound not wooden/metal.
- (b) Ensure discuses being returned to the throwing area are carried.
- (c) Protective cages or improvised barriers are recommended (eg. fence, cricket nets, hockey nets). Ensure other students are behind protective cages/barriers, well clear of the wire.
- (d) Where no protective cage/barrier is available, ensure other students are at least 20 metres behind and to the non-throwing side.

5.2.20 Selection of state teams

The state team selection committee will consist of three officials as appointed by the

NSW athletics convener and NSWPSA executive. With the exception of years when the Pacific School Games are to be contested, where specific selection criteria apply, the following procedures for representation at the School Sport Australia Championship shall apply.

(a) All children selected to represent the NSWPSA at the School Sport Australia Championships must be turning ten (10), eleven (11), or twelve (12) in the year of competition.

(b) The first four placegetters in the able-bodied Age 100 metres and first three placegetters in all other events will be considered for selection into the NSWPSA representative team according to the selection standards set by the NSWPSA.

Athletes in Multi Class events that comply with selection criteria outlined in the School Sport Australia Multi Class Selection Guides, for the year of competition, will be considered by the selection committee for positions in the team.

In the case of a dead heat for the third place, the championship director shall determine selection for the third position using the following criteria:

- (i) Field: the tie will be resolved at the event.
- (ii) Track: Times from the previous round will be used to split athletes for team selection (semi-finals for 100m, heats for 200m and 800m). If the tie is still not resolved heat times will then be used for 100m. If results are unable to be determined through this method, then a run-off will be held. Should a tie occur in 1500m, then a run-off will be held on Day 2 of the championship, at the convenor's discretion.

(c) All additional selections including the combined event will be determined by the state representative selection committee, taking into account performances from association, zone/district, school championships and the NSWPSA Championships in the year of competition only.

(d) Any competitor withdrawing from a Final at the NSWPSA Championships for a reason other than documented medical

reasons will be precluded from selection in that relevant age event at the School Sport Australia Championships in the year.

(e) Subject to the availability of placegetters and time constraints, the selection committee may choose the next most worthy athlete to replace any athlete unable to take his/her place.

(f) Combined event – (100m, 800m, Long Jump and Shot Put): Only athletes who compete at the NSWPSA Track and Field Championship, in the current year of competition, may apply for selection in the Combined Event to represent NSWPSA at the School Sport Australia 12 Years and Under Track and Field Championship. Nominations must be submitted by the close of Day 2 via their respective team manager/s. The NSWPSA selection committee will review all applications and inform successful athletes in due course.

5.2.21 Management structure

The NSW track and field team selected to compete at the School Sport Australia Championship will be entitled to the following supervision ratios:

A Manager in Charge (MIC) plus 7 team managers will be elected each year as a minimum. The following NSWPSA teacher supervision ratio to athletes will be limited to Able-bodied 1:25 – Multi Class 1:15. If the NSW team selected exceeds these ratios then positions for additional team managers will be advertised.

The team management structure and assigned roles will be delegated by the MIC upon appointment of the NSW Track and Field team management at the beginning of each year.

5.2.22 Additional entries/special consideration

NSWPSA encourages maximum student participation and inclusion in sporting events where ever possible. Athletic events, however, do require stringent qualifying conditions, to ensure entrants are of suitable standard and/or to limit the number of competitors to ensure competition can be completed within the given time constraints.

To be eligible to compete at the NSWPSA Athletics Championships, students must have qualified for their association's team by competing at their respective athletics competition and finishing in either first, second or third position overall in a specific event.

Special consideration may be granted for additional entries in the year of competition by the convener and executive committee using the appropriate form, no later than ten working days prior to the championships.

A special consideration application may be submitted on behalf of a student who was unable to compete at their association's competition due to competing at a higher level NSWPSA sanctioned event which was held on the same date. Associations must provide a student's zone results and compare these to their final association results. If comparative, then the application may be submitted for consideration, however if the zone result does not equal or better the association's results, no grounds for submission would be valid.

Special entry will not be permitted for students who tie for third place in field events - long jump, high jump, shot put and/or discus. Associations need to ensure they have stringent measures in place to complete correct and thorough count backs to split decisions.

If count backs cannot split final standings, conveners must hold "jump offs" or include "additional throws" to determine final standings.

Ties in track events should be determined via photo finish and if these are inconclusive, heat times for tied students should be used to determine final standings.

Other extreme circumstances may arise periodically and cause associations to request special entry considerations. Each application will be considered separately by the convener and executive committee.

Athletics Service Award Recipients

Year	Recipient	Region	Year	Recipient	Region
2010	Helen Notley	Polding	2019	Greg O'Toole	Polding
2011	Sue Stephens	Sydney East	2019	Jan Hinton	Sydney North
2014	Barry Pecar	Sydney East & North	2019	Neil Hinton	Sydney North
2014	Gary Balzola	Sydney North	2019	Peter Bylos	North Coast
2014	Nigel Bagley	Western	2019	Rob Cormack	Sydney East
2014	John Macintosh	South Coast	2019	Tracey Barnes	North Coast
2014	Rick Parsons	Sydney North	2022	Ann-Marie Miranda	MacKillop/Polding
2014	Mick Kell	North Coast	2022	Brett Thurgate	North Coast
2015	Carey Binks	Hunter	2022	Debra Hanson	Sydney West
2015	Craig Long	North West	2022	Jason Wilesmith	Riverina
2015	Gail Farrell	Sydney North	2022	Jenny Warren	North Coast
2015	John Bernasconi	Western	2022	John Morris	South Coast
2015	Les Carter	Hunter	2022	Leanne Simpson	MacKillop/Polding
2015	Marie Kelly	Sydney East	2022	Margaret Thornton	MacKillop
2015	Mark Sanders	Sydney South West	2022	Michael Connelly	North Coast
2015	Ross Higgins	Sydney South West	2022	Michelle Eather	Western
2016	Graham Walsh	Sydney North	2022	Peta Haynes	MacKillop
2016	Sandra Fenning	North Coast	2022	Vanessa Roach	Sydney North
2016	John Lingwood	Riverina	2023	Jennifer Alcorn	North West
2016	Craig Pickard	South Coast	2023	Joelle Bailey-MagGuire	MacKillop
2017	Doug Patterson	Sydney South West	2023	Shelley Darcey	Western
2017	Wayne Smith	Sydney East	2023	Kim Donohue	MacKillop
2017	Barry McColl	Riverina	2023	Lynne French	Riverina
2017	Rob Pugh	Sydney West	2023	Dean Kellaway	Sydney South West
2018	Garry McSweeney	Polding	2023	Anthony Moyes	Sydney West
2018	Peter Cook	Sydney East	2023	Ron Richter	Athletics NSW
2018	Peter Fitzpatrick	Sydney East	2023	Liane Sharp	Sydney East
2018	Sarah Young	Riverina	2024	Rhonda Creasey	Hunter
2018	Sharyn Wood	Sydney East	2024	Meegan Dignam	South Coast
2018	Tracey McKinnier	Sydney East	2024	Peter Groves	CIS
2019	Mandy Wells	Sydney South West	2024	Rob Jones	ANSW
2019	Andrew Smith	Sydney North	2024	Shane Randal	Sydney North
2019	Ben Thomas	Sydney North	2024	Elizabeth Reakes	MacKillop/Polding
2019	Bronwyn Cook	Sydney South West	2024	Kath Sambell	CIS



Our very special thanks go to the teacher and student officials and Athletics NSW Officials who have assisted at this championship.



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School sport for parents

Welcome and thank you for attending these championships and supporting your child. Parents, caregivers, coaches, teachers and volunteers play a significant role in the motivation and development of young people.

Due to the regularity of contact and the influence parents and caregivers have as role models for young people, they particularly have an opportunity to shape the behaviours, enthusiasm and respect young people demonstrate in their sporting endeavours.

Please find below some suggestions that might enhance the enjoyment of all those involved in the school sporting pathway.

1. Enjoy the journey.

- Sport is a journey that provides physical, social and emotional benefits for children. Enjoyment and having fun with friends is their greatest reward. You also share in this enjoyment.

2. It's better if the first question you ask your child is "did you enjoy it?" rather than "did you win?"

- Not every child is going to become a champion but every child has the opportunity to continue enjoying sport through coaching, managing or supporting.

3. Model good behaviours and never accept poor sportsmanship from your child or their coach.

- Children learn more by seeing than hearing, particularly from people they care about. No matter what the circumstances, be someone they can admire and respect.
- Parents aren't judged on their child's accomplishments, however, parents are often held responsible for their child's behaviour.

4. Your child's results should not affect your mood.

- Never get upset after an event where results don't go the way of your child.

5. Give your child space to grow and mature.

- All children are different. Accept your child for who they are. Fault finding makes the child question their self-worth. Letting a child know how much you care about them makes them proud and builds resilience.

6. Focus on the processes rather than the outcomes.

- Parents should understand that the best athletes focus on the process, because the result is often out of their control.

7. Avoid going over the top about your child's talent.

- Every sport has talented athletes, but for various reasons they do not always reach the pinnacle.

8. Encourage good attitudes.

- Good attitudes carry over into all aspects of life.

9. Support the coach, especially in public and in front of your child.

- If there is a disagreement, settle it privately.
- Negatively discussing other parents or coaches in front of your child can be detrimental
- No matter how private conversations are, they can become public very easily.

10. Build good relationships with other parents.

- Parents of your children's friends will often become your friends.

11. You should not compare your child's journey to another child's journey.

- Children mature at different rates. All children are different. Try to understand your child's views of the world around them.

12. If your child makes mistakes, let them experience the consequences of their actions.

- This is how they learn and grow and become independent, resourceful and confident.
- Set-backs and failures are opportunities for improvement. Explain to your child that continued effort, practice and learning are the keys to success.

13. Recognise your child's results don't define you.

- Your child's success or disappointment does not change other parents' views of you.

14. Develop your child's strengths.

- Help your child to identify their strengths and develop them. These children experience success, become inspired, confident and resilient.

PLAYERS, TEACHERS, COACHES AND SPECTATORS

CODE

YOUNG PEOPLE INVOLVED IN SPORT
HAVE A RIGHT TO PARTICIPATE IN A
SAFE AND SUPPORTIVE ENVIRONMENT



- ✦ The goals of the game are to have fun and improve skills.
- ✦ Be modest in success and generous in defeat.
- ✦ Play for the fun of it.
- ✦ Play by the rules and always respect the decisions of officials.
- ✦ Make no criticism either by word or gesture.
- ✦ Deliberately distracting or provoking an opponent or player is not acceptable or permitted in any sport.
- ✦ Be a good sport. Applaud good performance and efforts from all individuals and teams. Congratulate all participants on their performance regardless of the game's outcome.
- ✦ Condemn unsporting behaviour and promote respect for opponents.
- ✦ Condemn the use of violence in any form.
- ✦ Respect the rights, dignity and worth of all participants regardless of their gender, ability, cultural background or religion.
- ✦ Ensure any use of social media about or around this event/team/management is responsible and appropriate.
- ✦ Place the safety and welfare of the participants above all else.
- ✦ All school sports events are alcohol and smoke free zones.

For more information and results of all events, please see
<https://app.education.nsw.gov.au/sport>