

KHC KIDS

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MARCH, 2026

DIY Horse Treats!

**Who is the Arabian Horse?
Learn more here!**

**Horsepower in Action:
Endurance Riding**

AND MORE...



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BREED OF THE MONTH!

THE ARABIAN HORSE

Across sunlit deserts and rolling hills, a spirited little horse prances with pride—it's the Arabian!

With its high-set tail, elegant neck, and bright, curious eyes, this beautiful horse looks like it stepped right out of a magical story.

But don't let the graceful looks fool you—Arabians are brave, clever, and full of energy. Saddle up as we discover the enchanting world of this incredible breed!



Read the next page for more Arabian Facts AND a fun activity!



ARABIAN HORSE

Where They Came From:

Arabian horses come from the deserts of the Middle East, where they were carefully bred by Bedouin people. These horses were chosen for their speed, stamina, and cleverness—perfect for traveling across long, hot deserts. Their elegant shape, high tails, and bright eyes made them easy to recognize and admired wherever they went!

How Big Are They?

Arabian horses are slightly smaller than some other riding breeds. They usually stand between 14 and 15.2 hands tall (that's about 56 to 62 inches at the shoulder). They have a light, compact build with strong bones and good endurance, making them fast and agile for riding and sports.



What They're Used For:

Today, Arabians are loved for their energy, intelligence, and friendly personalities. They shine in horse shows, endurance rides, and pleasure riding. Arabians are brave and full of spirit, making them favorites for riders who want a horse that's both beautiful and full of personality!

How Big Are They?

Gypsy Vanners are built like little tanks! They usually stand between 13 to 16 hands tall (that's about 52 to 64 inches at the shoulder). They're **compact**, muscular, and strong—perfect for pulling wagons or carrying riders of all ages.

☀️ Arabian Horse Fast Facts ☀️

🐾 Known for their elegant necks, high tails, and bright, expressive eyes, Arabian horses usually stand between 14 and 15.2 hands tall and are full of energy and intelligence.

📅 The Arabian Horse Association (AHA) was founded in 1908 in the United States to protect the breed and keep detailed records of pedigrees (family trees).

🌍 Today, thousands of Arabians are registered worldwide. While exact numbers are hard to count, there are well over 100,000 Arabian horses around the globe, admired for their beauty and spirit.

🌐 Originally from the Middle East, Arabians are now found in North America, Europe, Australia, and beyond. They excel in riding, endurance, shows, and even therapy programs.

🛡️ The registry helps preserve the breed's unique traits—like their stamina, intelligence, and striking looks—and promotes responsible breeding to keep Arabians healthy and true to their heritage.



ACTIVITY #1

Find the 4 Arabians!



HAY THERE, LET'S EAT!

DIY HORSE TREATS!

Homemade Horse Treat Ingredients:

- 3 cups Oatmeal (I used Quick Oats)
- 1/2 cup of flour
- 2 chopped or grated carrots
- 1 large apple (diced)
- 1/4 cup Molasses or 1/4 cup honey
- 1 cup apple sauce
- 1 TBSP Vegetable Oil or Coconut Oil

Homemade Horse Treats Directions:

STEP 1

Preheat your oven to 350 degrees F. and grease a cookie sheet to keep the treats from sticking OR line the cookie sheet with a piece of parchment paper instead of using grease if you prefer.

STEP 3

Finely chop or grate 2 large carrots and 1 apple into small pieces. Have an adult help you with this step!

STEP 5

Now you can stir in the applesauce and 1/4 cup of molasses into the oat mixture. Combine these ingredients well!

STEP 6

Roll the treat mixture into small balls (or whatever size you want to give to your horses). If they are too crumbly, add a little more honey. If they are too sticky, add more oats and/or flour.

STEP 7

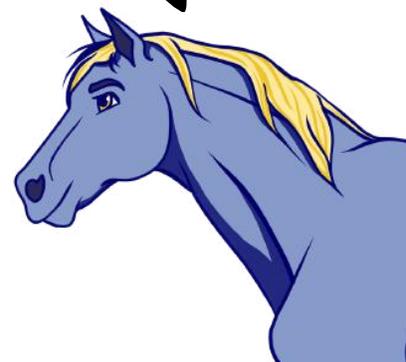
Place the uncooked horse treats onto the greased or lined baking pan and bake at 350 F for 15 minutes. Have an adult help you remove the treat from an oven and let them cool for about 20 minutes, then remove them and store them in a container.

STEP 8

Let your horses enjoy as an occasional treat!



Receipe from "Mama on
the Homestead"
[https://mamaonthehomestead.com/home
made-horse-treats/](https://mamaonthehomestead.com/home-made-horse-treats/)



TACK BOX TREASURES!

YOUR CORNER FOR LEARNING ABOUT TACK AND EQUINE EQUIPMENT!

This month we will be learning about...

THE MCCLELLAN SADDLE

What Is a McClellan Saddle? 🐾

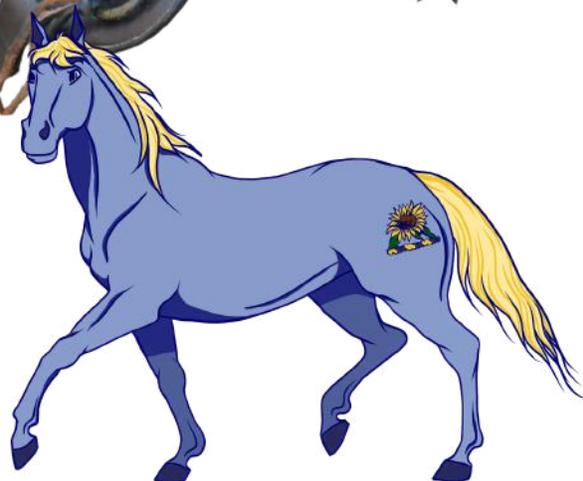
The McClellan saddle is a lightweight, versatile riding saddle originally designed for the U.S. cavalry in the mid-1800s. It's built to keep both horse and rider comfortable on long rides, making it great for trail riding, ranch work, or historical reenactments.

💡 Why use it?

The McClellan saddle distributes the rider's weight evenly across the horse's back, helping prevent pressure points and soreness. Its design allows freedom of movement for the horse's shoulders, making it ideal for horses that need agility and endurance. Unlike modern Western saddles, the McClellan has a narrow tree, minimal padding, and a distinctive wooden frame, giving it a classic, durable feel while staying lightweight for long hours in the saddle.



The **McClellan saddle** is great for long rides and keeping both you and your horse comfortable! But remember—saddles need to fit just right. If it's too tight, it can pinch the horse's back; too loose, and it can slip. Always check the fit, make sure the saddle pads are in place, and keep the saddle clean and well-oiled!



A HORSE OF A DIFFERENT COLOR!

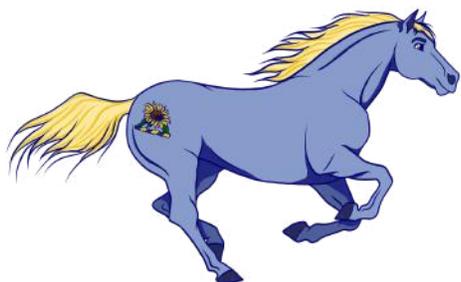
EQUINE GENETICS



CHESTNUT

The chestnut, or sorrel, coat color in horses is caused by the recessive “e” allele at the Extension (E) gene, which prevents black pigment in the hair. Horses with two copies of this allele (ee) will always be chestnut or sorrel. This color comes in a wide range of shades, from light golden reds (sorrel) to bright copper, rich red, and deep dark liver chestnut. The mane and tail are usually the same color as the body, though they can sometimes be slightly lighter or darker.

Chestnut is one of the most common horse coat colors, appearing in many breeds around the world. Horses with this color have dark skin and dark eyes, giving their coat a bold, uniform look. Its classic, warm tones have been admired for centuries, making chestnut horses both striking and timeless.



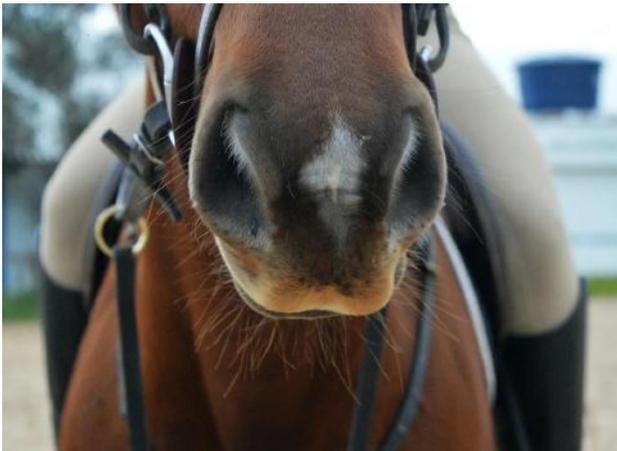
ACTIVITY ON THE NEXT PAGE!

ALL THE PRETTY PONIES

NAME THE MARKINGS

Write your guess in the space below each image.

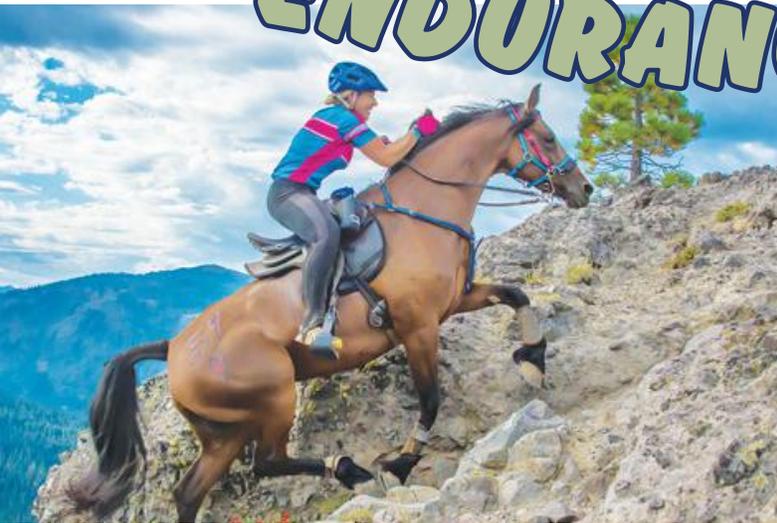
Answer on the second to last page!



HORSEPOWER IN ACTION!

LEARN ABOUT RIDING DISCIPLINES!

ENDURANCE RIDING



Endurance riding is a long-distance competition that tests a horse's stamina, fitness, and willingness to go the distance. The goal isn't speed alone—it's about completing the course safely and keeping the horse healthy and sound throughout the ride.

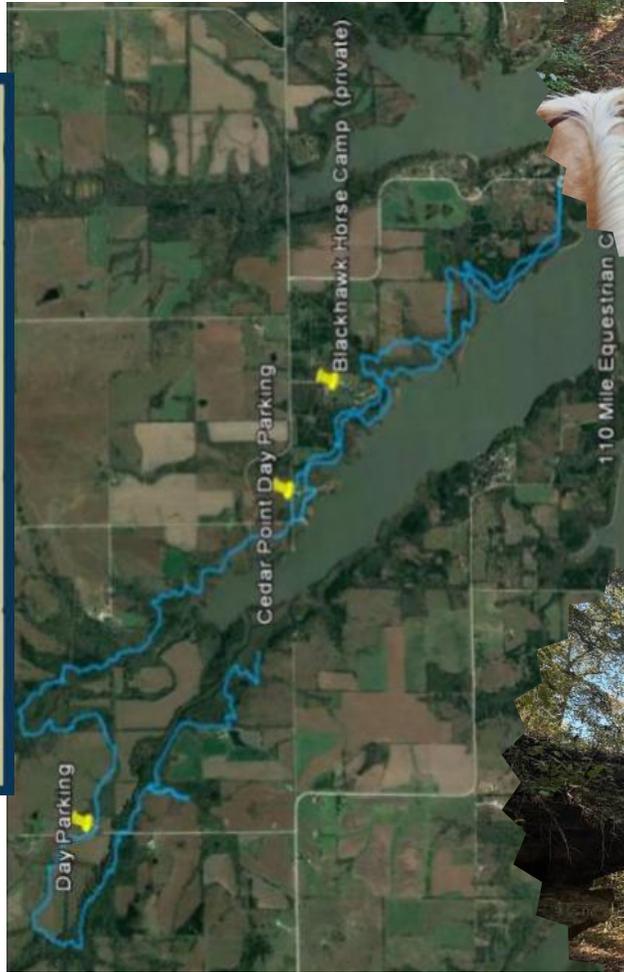
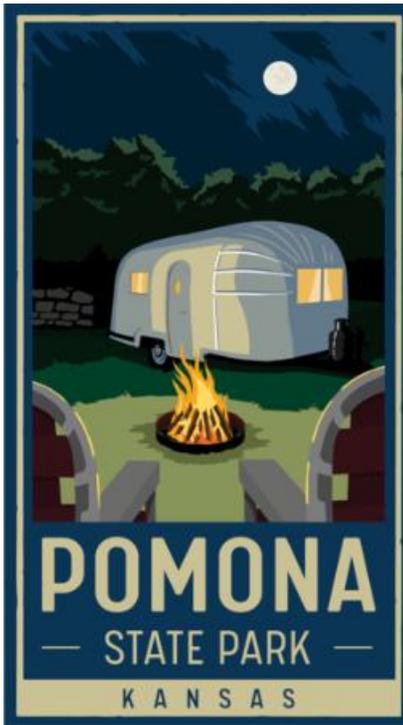
Riders and their horses cover trails that can range from 25 to 100 miles (or more!), often through forests, hills, and open fields. Along the way, veterinarians perform mandatory checks to make sure the horse is fit to continue. Horses are judged on their condition, recovery rate, and overall performance rather than just crossing the finish line first.

A good endurance horse moves efficiently with a steady, balanced stride, shows mental focus, and responds calmly to the rider over long hours. Riders wear lightweight tack suited for long distances, and they must carry supplies like water and food for both themselves and their horse. Breeds like the Arabian are popular in endurance riding because of their natural stamina, sure-footedness, and endurance.

HAVE YOU EVER COMPETED IN ENDURANCE RIDING?

KS HORSE TRAIL OF THE MONTH!

POMONA LAKE TRAILS



ABOUT THE TRAIL!

Pomona Lake Trails near Osage City, Kansas, offer scenic riding for horseback riders with a permit. The Black Hawk Trail begins on the northeast side of the lake near the 110 Mile Boat Ramp and stretches about 30 miles through wooded areas, grasslands, and riparian zones. Riders can access the trail from the 110 Mile Boat Ramp, east of Cedar Park, or near the intersection of 197th & Berryton Road. Primitive equestrian campsites at Cedar Park include 7 sites with corrals, fire rings, and basic toilets, though riders should bring their own water. The trail passes through shaded woods, open meadows, and gentle hills, with occasional views of the lake along the way. Some areas are flagged as needing repair or may be affected by flooding, so riders should stay alert. The trail is suitable for experienced riders and adventurous beginners, offering a mix of natural terrain and peaceful scenery.



ANSWER SHEET

ACTIVITY #1

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ACTIVITY #1

Find the 4 Arabians!



ACTIVITY #3



Star



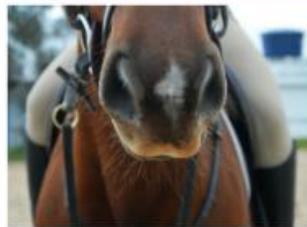
Strip



Blaze



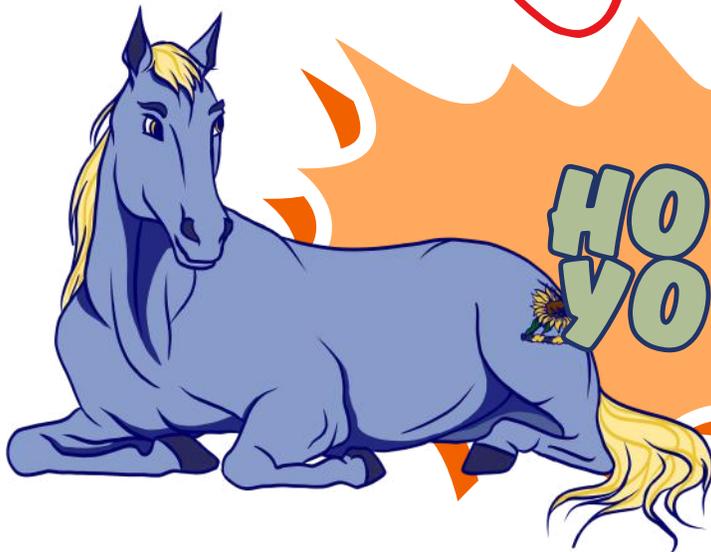
Bald Face



Snip



War Bonnet



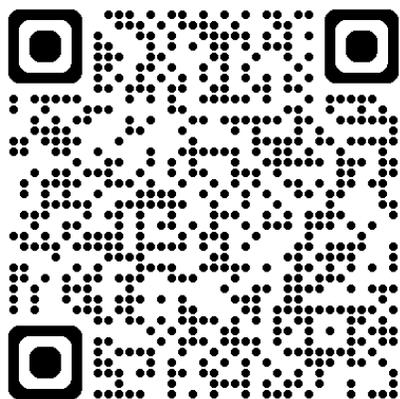
HOW DID YOU DO?

HORSEMANSHIP REWARDS PROGRAM!



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PROGRAM TODAY!

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TO LEARN MORE!



HAPPY TRAILS! UNTIL NEXT MONTH...

UNTIL THEN, ENJOY THIS BONUS COLORING PAGE!

