

  
BROKEN SOUND  
CLUB

# *The* SOUND



OCTOBER 26, 2024

# News You Can Use

## GENERAL INFORMATION

- It was great to see everyone at Thursday's Town Hall meeting, now posted online. Please click [here](#) for the recording and [here](#) for the presentation. If you have any additional questions, please send an email to Merryl Magnuson at [mmagnuson@brokensoundclub.org](mailto:mmagnuson@brokensoundclub.org) and we will be delighted to address your inquiries accordingly.
- To view the updated Card Room Rules, please click [here](#).
- Ladies' Card Play will be held in Starling on Saturday, October 26 due to a private event.
- Launch of Pacesetter Mobile App. Join us Wednesday, October 30 at the [Informational Fair](#) for download and login assistance.
- Ladies' Card Play will be held in Starling on Friday, November 1 due to the Hadassah Card Party. Reminder: Please bring Checks/Cash in order to participate in the array of raffle and silent auction items.
- Save the date for the Ladies' Member-Guest Card Party on Tuesday, February 11. Click [here](#) to view.

## DINING UPDATE

- 1401 East Lunch & Dinner will be unavailable on October 26, due to set-up and preparations for The Old Course Welcome Back Cocktail Reception.
- CIRQ A la Carte Lunch will be unavailable on Saturday, November 9 due to the Fall Social.
- All Restaurants are closed for Dinner on November 9 due to the Fall Social Event.

## YOUTH UPDATE

- There will be no supervision in the Toddler Room on Thursday, October 31 due to the Trick-Or-Treating event at Laurel Pointe.

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## Did You Know?

You can access our Staff Contact Us page broken down by Department. You will find Staff names, email, phone number, title and photo. To view the page, please click [here](#).

# EVENTS UPDATE

COURTNEY SAINT ONGE, SOCIAL EVENTS MANAGER



Last week, our members enjoyed a fantastic Art Excursion at Little River in Miami, touring three galleries and meeting six talented local artists in their studios. We gained an inside look at their creative processes and unique artistic styles. We're excited for more outings like this!

Mark your calendars—on November 15th, we'll be visiting the Norton Museum, and on December 8th, join us for an Art Basel adventure, with stops at the Untitled Art Fair, SCOPE Art Show, and The Great Elephant Migration. Don't miss these special opportunities to experience incredible art with us!

A quick reminder—the club coordinates group tickets for Lynn University's Philharmonia, Drama Shows, and Speaker Series. Last month, a group of our members enjoyed Funny Girl and attended the first Speaker Series event, where Robert Watson interviewed three guests on the challenges facing new businesses and provided analysis of the media's coverage of the 2024 campaign and upcoming election. Upcoming events at Lynn University include the Philharmonia on November 10th and the play Our Town on December 6th. Our Town vividly brings the small town of Grover's Corners to life in three acts: 'Daily Life,' 'Love and Marriage,' and 'Death and Eternity.'



# GROUP VALET

We recently partnered with an online site called GroupValet, which makes it easy to create and manage your own groups and activities. You will begin to receive emails from notice@groupvalet.com - this is not spam. Please be sure to read emails from GroupValet.

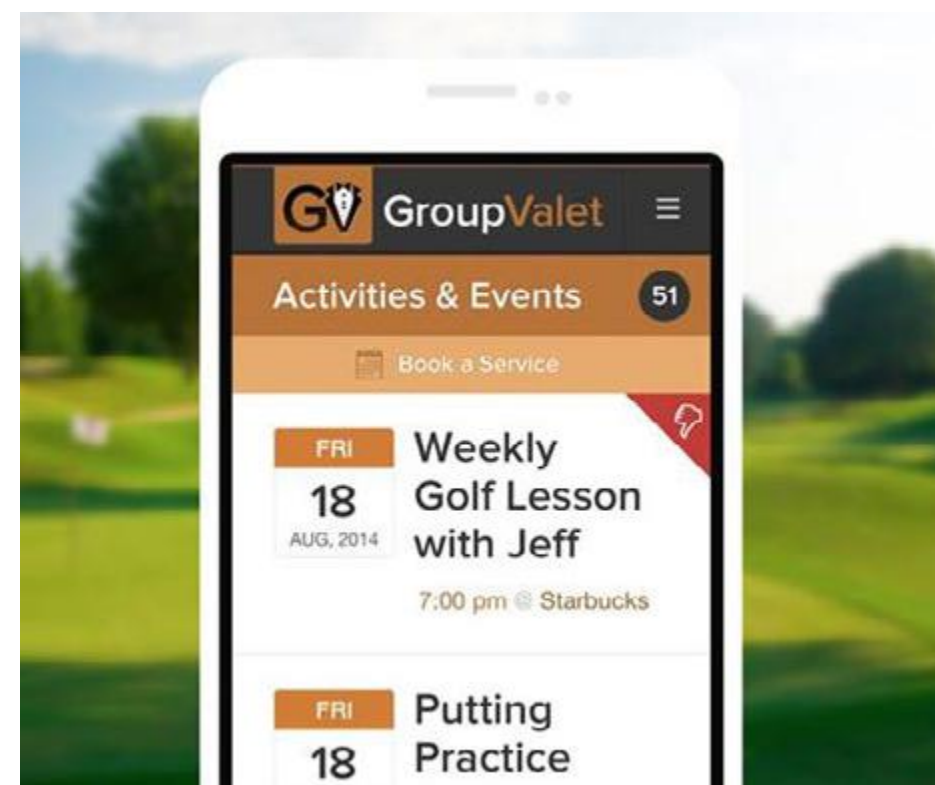
With GroupValet, you can create and manage your own activities for golf, tennis, dining, cards, or any other type of activity you do with a group. If you have a weekly golf, tennis or card game, you can now use GroupValet to get your group members to sign up each week. It will save you significant time and frustration.

As long as your group members can receive email, they will be able to use GroupValet. In the email is a Sign Up and Decline button. They click the button and they are done – it couldn't be more simple.

If you have a special interest, you can use GroupValet to start your own club and let other members join that club. And because GroupValet automates the management of the activities, you won't be burdened with a lot of extra work.

## HOW TO GET STARTED:

Feel free to log in and start creating your own groups. As a member of Broken Sound Club you already have an account on GroupValet – make sure to use the same email address our club has on file. Just go to <http://www.groupvalet.com> and click Get My Password in the upper right, which will allow you to choose your own password and log in. Do not go to "Sign Up" as we've already created an account for you in GroupValet. To view the Quick Start Guide, please click [here](#).



If you have an Apple or Android device you can also use the free GroupValet app, click below to download.

APPLE PRODUCTS

ANDROID PRODUCTS

# MEMBER

## Informational Fair

**Wednesday, October 30 | 5:00 - 7:00 pm**  
**Illuminations | All Members Welcome!**

Discover everything happening at Broken Sound this season. Enjoy complimentary hors d'oeuvres and wine tastings while learning about our exciting seasonal events and activities. Representatives from all Club departments, amenities, and Board of Governors will be present to answer your questions and help you get involved in our vibrant community.

Don't miss this opportunity to explore all the wonderful offerings and make the most of your membership!

**Register online or please call Reception at (561) 241 - 6800.**

**REGISTER NOW**

### Departments Included:

- BSMA
- Club Course and The Old Course Golf
- Clubs within the Club
- Communications
- Dining and Events

- Fitness/Salon and Spa
- Member Services
- Racquet Sports
- Pacesetter - Mobile App Set Up
- Youth & Aquatics



# SPACESETTER MOBILE APP

*Launching October 30*

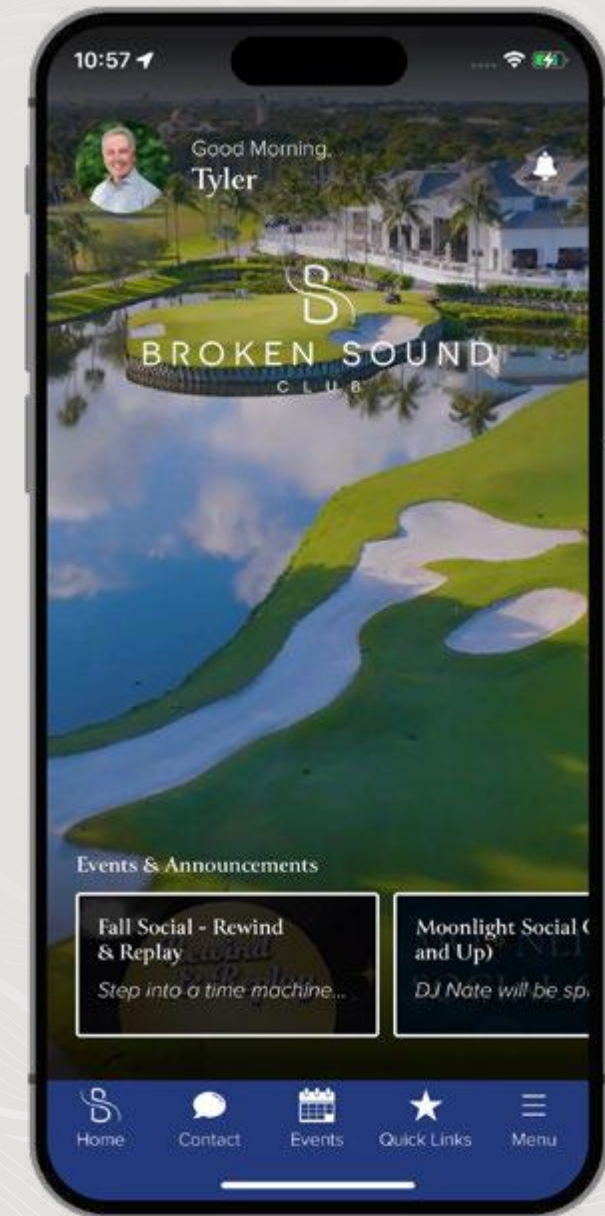
Join us at the **Informational Fair** for assistance with downloading and logging into the new Mobile App.

### New App Features:

- To-Go Dining Orders
- Request My Car
- Request My Clubs
- Club Transfer Request
- Live Chat with Golf and Racquets
- Request a Personal Session/Lesson
- Compliments and Comments Feature
- Registered Guest Version of the App (coming soon)

### Enhanced Features:

- Beautiful Home Screen with video and upcoming event highlights
- User Friendly Dining Reservation system
- Improved Event Calendar with automatic personal calendar integration
- Member Directory with Member photos and village
- Staff Directory with photos
- Integration of Group Valet Member Chat Application



**Stay tuned for more information on login credentials**

# October 26 - November 23

# Dining at a Glance

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>THE OLD COURSE BISTRO MOONSTONE MAIN CLUBHOUSE</b></p> <p>Dinner reservations are available two weeks in advance and Special Events can be reserved one month prior to the event date. For more detailed information about Dining Options, Dress Code, Cancellation Policy and Hours of Operation, please see our current dining schedule located on our website and on our app.</p>						<p><b>26</b> Bistro All Day CIRQ A la Carte Lunch Bistro Curbside CIRQ Bar Bites CIRQ A la Carte Dinner</p>

<p><b>27</b> Bistro All Day 1401 East A la Carte Lunch CIRQ Brunch Buffet Bistro Curbside CIRQ Bar Bites Bistro Pizzeria Murder Mystery Dinner Buffet 1401 East After Fore</p>	<p><b>28</b> 1401 East A la Carte Lunch CIRQ A la Carte Lunch CIRQ Bar Bites Burgers &amp; Brews</p>	<p><b>29</b> 1401 East A la Carte Lunch CIRQ A la Carte Lunch CIRQ Bar Bites CIRQ Twin Plates</p>	<p><b>30</b> 1401 East A la Carte Lunch Bistro Lunch CIRQ A la Carte Lunch Bistro Curbside CIRQ Bar Bites CIRQ Tuscan Dinner Buffet</p>	<p><b>31</b> 1401 East A la Carte Lunch Bistro Lunch Bistro Curbside CIRQ A la Carte Lunch CIRQ Bar Bites CIRQ A la Carte Dinner 1401 East A la Carte Dinner</p>	<p><b>1</b> 1401 East A la Carte Lunch Bistro Lunch CIRQ A la Carte Lunch Bistro Curbside CIRQ Bar Bites CIRQ A la Carte Dinner Lakeside Happy Hour 1401 East A la Carte Dinner</p>	<p><b>2</b> Bistro All Day 1401 East A la Carte Lunch CIRQ A la Carte Lunch Bistro Curbside CIRQ Bar Bites Lobster Bash 1401 East A la Carte Dinner</p>
<p><b>3</b> Bistro All Day 1401 East A la Carte Lunch CIRQ Brunch Buffet Bistro Curbside CIRQ Bar Bites Bistro Pizzeria CIRQ Family Dinner Buffet 1401 East After Fore</p>	<p><b>4</b> 1401 East A la Carte Lunch CIRQ A la Carte Lunch CIRQ Bar Bites Burgers &amp; Brews</p>	<p><b>5</b> 1401 East A la Carte Lunch Bistro Lunch CIRQ A la Carte Lunch CIRQ Bar Bites CIRQ Twin Plates</p>	<p><b>6</b> 1401 East A la Carte Lunch Bistro Lunch CIRQ A la Carte Lunch Bistro Curbside CIRQ Bar Bites CIRQ Tuscan Dinner Buffet</p>	<p><b>7</b> 1401 East A la Carte Lunch Bistro Lunch Bistro Curbside CIRQ A la Carte Lunch CIRQ Bar Bites CIRQ A la Carte Dinner 1401 East A la Carte Dinner</p>	<p><b>8</b> 1401 East A la Carte Lunch Bistro Lunch CIRQ A la Carte Lunch Bistro Curbside CIRQ Bar Bites CIRQ A la Carte Dinner Lakeside Happy Hour 1401 East A la Carte Dinner</p>	<p><b>9</b> Bistro All Day 1401 East A la Carte Lunch Bistro Curbside All Restaurants Closed for Dinner</p>
<p><b>10</b> Bistro All Day 1401 East A la Carte Lunch CIRQ Brunch Buffet Bistro Curbside CIRQ Bar Bites Bistro Pizzeria CIRQ Family Dinner Buffet</p>	<p><b>11</b> CIRQ A la Carte Lunch CIRQ Bar Bites Burgers &amp; Brews</p>	<p><b>12</b> 1401 East A la Carte Lunch Bistro Lunch CIRQ A la Carte Lunch CIRQ Bar Bites CIRQ Twin Plates</p>	<p><b>13</b> 1401 East A la Carte Lunch Bistro Lunch CIRQ A la Carte Lunch Bistro Curbside CIRQ Bar Bites CIRQ Tuscan Dinner Buffet</p>	<p><b>14</b> Bistro Lunch Bistro Curbside CIRQ Bar Bites CIRQ A la Carte Lunch CIRQ A la Carte Dinner</p>	<p><b>15</b> 1401 East A la Carte Lunch Bistro Lunch CIRQ A la Carte Lunch Bistro Curbside CIRQ Bar Bites CIRQ Chef's Specials Lakeside Happy Hour 1401 East A la Carte Dinner</p>	<p><b>16</b> Bistro All Day CIRQ A la Carte Lunch Bistro Curbside CIRQ Bar Bites CIRQ A la Carte Dinner</p>
<p><b>17</b> Bistro All Day CIRQ Brunch Buffet Bistro Curbside CIRQ Bar Bites Bistro Pizzeria CIRQ Family Dinner Buffet</p>	<p><b>18</b> CIRQ A la Carte Lunch CIRQ Bar Bites Burgers &amp; Brews</p>	<p><b>19</b> 1401 East A la Carte Lunch Bistro Lunch CIRQ A la Carte Lunch CIRQ Bar Bites CIRQ Twin Plates</p>	<p><b>20</b> 1401 East A la Carte Lunch Bistro Lunch CIRQ A la Carte Lunch Bistro Curbside CIRQ Bar Bites CIRQ Tuscan Dinner Buffet</p>	<p><b>21</b> Bistro Lunch Bistro Curbside CIRQ Bar Bites CIRQ A la Carte Lunch CIRQ A la Carte Dinner</p>	<p><b>22</b> 1401 East A la Carte Lunch Bistro Lunch CIRQ A la Carte Lunch Bistro Curbside CIRQ Bar Bites CIRQ Chef's Specials Lakeside Happy Hour 1401 East A la Carte Dinner</p>	<p><b>23</b> Bistro All Day CIRQ A la Carte Lunch Bistro Curbside CIRQ Bar Bites CIRQ A la Carte Dinner</p>

# Weekly Dining Events



Hours of Operation & Dress Code

[VIEW](#)

## CIRQ Grille and Bar

**A la Carte Lunch with Salad Bar**

Mondays - Wednesday  
Fridays - Saturdays

[MENU](#)

**Brunch Buffet**  
Sundays

**Burgers & Brews**  
Mondays

New time: Dinner Starting 5:00 PM

[MENU](#)

**Twin Plates**  
Tuesdays

[MENU](#)

**Tuscan Dinner Buffet**  
Wednesdays

[MENU](#)

**À la Carte Dinner**  
Thursdays - Saturdays

[MENU](#)

**Family Dinner Buffet**  
Sundays

[MENU](#)

## YOUTH

**Lunch & Dinner**  
Daily in Bistro & CIRQ

[MENU](#)

## Bistro

**Lunch**

Wednesdays - Fridays  
Saturdays & Sundays

[MENU](#)

**Bistro Curbside**  
Wednesdays - Sundays

3:00 pm - 6:00 pm

[MENU](#)

**Bistro Pizzeria**  
Sundays

5:00 pm - 8:00 pm

[MENU](#)

## Zest Restaurant

**Dinner**

Tuesdays - Saturdays

Closed for restaurant enhancements

[MENU](#)

## 1401 East Restaurant

**Lunch**

Daily

[MENU](#)

**Dinner**

Thursdays - Saturdays

No Dinner - Oct 26

[MENU](#)

**After Fore Dinner**  
Sundays

[MENU](#)

# bistro PIZZERIA

Sunday, October 27 &  
November 3  
5:00 pm - 8:00 pm

GENERAL ATTIRE  
NO RESERVATIONS REQUIRED.

[MENU](#)



## Lobster Bash

Saturday, November 2 | 5:30 pm  
\$85 Adult | \$20 Child | Illuminations Ballroom

GENERAL ATTIRE

Join us for a summer lobster bash buffet. Savor the flavors of the sea with family and friends in a festive and elegant setting.

*Reservations are required and are now open.*

To reserve, please call 561-241-6800.

[VIEW MENU](#)

# CHEF SHOWDOWN

COUNTRY CLUB COMPETITION

Please join Bob Friedman Host Committee member and resident of Broken Sound Club for Chef Showdown.

Executive Chefs from Boca Raton's finest private country clubs will compete in this Iron Chef-style competition.

**Purchase a Ticket and Cheer on Chef Michael Bass!**



Thursday, November 14, 2024  
6:00 p.m. | Tickets: \$300



Host Club:  
**St. Andrews Country Club**  
17557 Claridge Oval W  
Boca Raton, FL 33496

Benefiting



**To Purchase Tickets**

Scan QR code  
Or Call: (561) 494-6887

# Thanksgiving Dinner

Thursday, November 28

Seatings begin at 4:00 PM

Illuminations Ballroom & CIRQ

Adult \$68 | Child \$20 | Club Attire

[VIEW MENU](#)

Reservations are required and open Monday October 28th.

For reservations, please call 561-241-6800.

*If a cancellation is needed, please call the Reservations team at least 48 hours prior to reservation. Members who fail to cancel in due time will be charged in full.*



# Pahlmeyer WINE DINNER



Tuesday, October 22

# 1401 East

Opening Dinner | Friday, October 18



## October 26 - November 23

## Events at a Glance

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>THE OLD COURSE CLUB COURSE MOONSTONE MAIN CLUBHOUSE</b></p> <p>Dinner reservations are available two weeks in advance and Special Events can be reserved one month prior to the event date. For more detailed information about Dining Options, Dress Code, Cancellation Policy and Hours of Operation, please see our current dining schedule located on our website and on our app.</p>						<p><b>26</b> OC Welcome Back Cocktail Reception</p>
<p><b>27</b></p>	<p><b>28</b> Current Events</p>	<p><b>29</b> BSWGA Magic Hands</p>	<p><b>30</b> 105 Tennis Under the Lights Dink &amp; Drink Membership Info Fair</p>	<p><b>31</b> OCWGA Trick or Treat at Laurel Pointe</p>	<p><b>1</b> Hadassah Tea &amp; Card Party</p>	<p><b>2</b> Youth Game Night</p>
<p><b>3</b></p>	<p><b>4</b> Beginner Canasta Lessons BSWGA Opening Day Reception Bowling Club</p>	<p><b>5</b> BSWGA Opening Day Magic Hands Beginner Canasta Lessons Writers Workshop</p>	<p><b>6</b> BSMGA Opening Day &amp; Reception Beginner Canasta Lessons 105 Tennis Under the Lights</p>	<p><b>7</b> Beginner Canasta Lessons Jukebox Bingo BSC Singers</p>	<p><b>8</b> Beginner Canasta Lessons</p>	<p><b>9</b> Fall Social - Rewind &amp; Replay</p>
<p><b>10</b> Lynn University Philharmonia No.2</p>	<p><b>11</b> Current Events OCMGA Opening Day TikTok Dance Class</p>	<p><b>12</b> BSWGA Magic Hands Grief Support Photography Club</p>	<p><b>13</b> Spa Event Fitness Class: Sound Healing 105 Tennis Under the Lights</p>	<p><b>14</b> OCWGA Opening Day Paint &amp; Pinot - Arcylic Panel Art Class Late Night Piano Bar</p>	<p><b>15</b> Norton Museum Trip Youth Movie Night</p>	<p><b>16</b> Parent/Child Pickleball Event</p>
<p><b>17</b> OC Mixer Member-Guest Billiards Demo</p>	<p><b>18</b> OCMGA Comedy Speaker: Lenny Dave</p>	<p><b>19</b> BSWGA Great Courses Magic Hands Spa Event</p>	<p><b>20</b> 105 Tennis Under the Lights Book Club</p>	<p><b>21</b> OCWGA Canasta &amp; Mah Jongg Meet &amp; Greet</p>	<p><b>22</b> Women's Club Opening Day Luncheon</p>	<p><b>23</b> Family Bingo Night</p>



# A MASQUERADE MURDER MYSTERY DINNER BUFFET

**Sunday, October 27**  
**5:30 pm Cocktail Reception**  
**6:30 pm Dinner Buffet**  
**Illuminations | Members Only**  
**\$54 per person | Club Attire**  
**(Masks are Encouraged)**

Reservations are required.

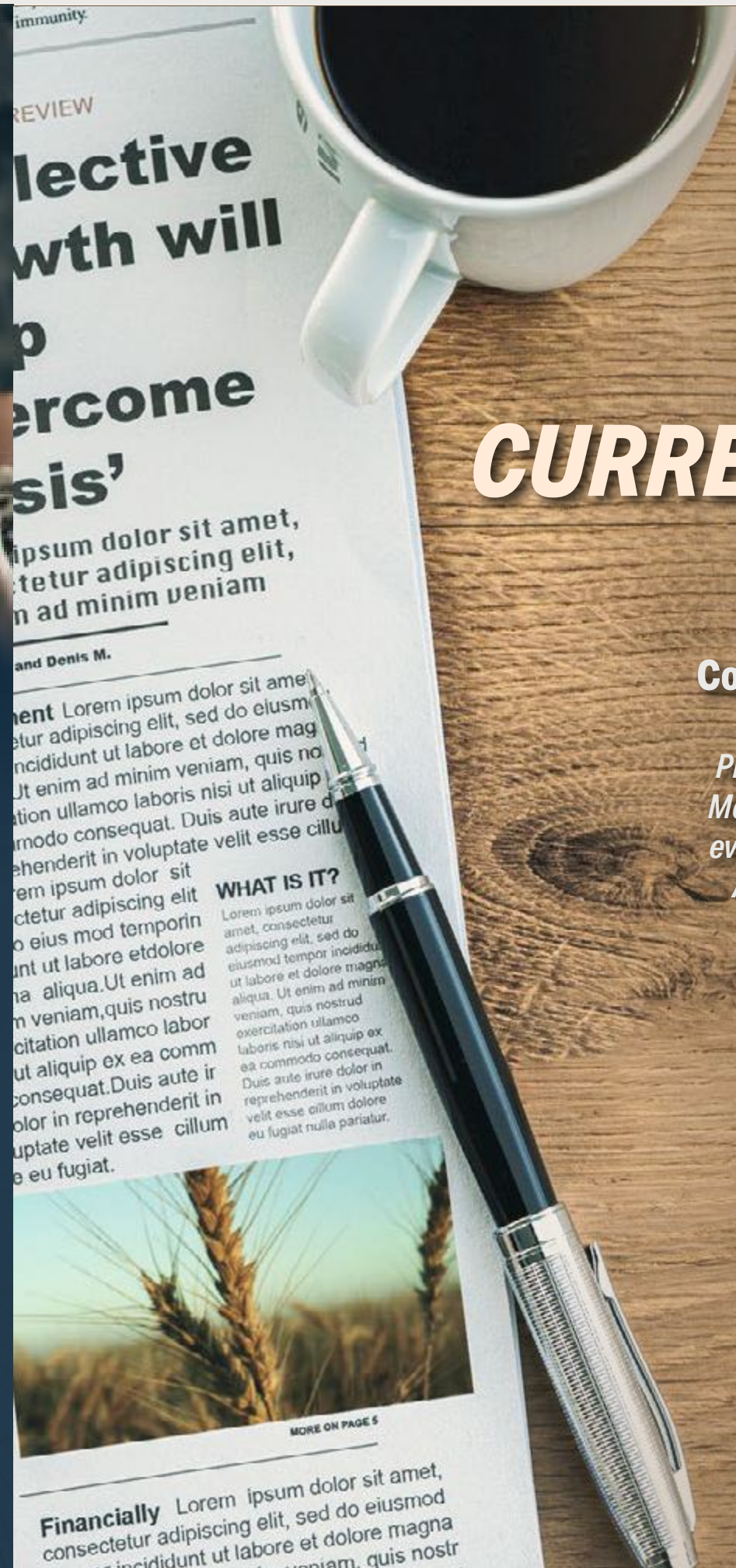
*If a cancellation is needed, please call Reception at 561-241-6800 to cancel at least 48 hours in advance. Members who fail to cancel in due time will be charged in full.*

**VIEW MENU**

*Get ready for a glamorous evening of mystery, intrigue, and murder at this masquerade murder mystery party!*

*Attend the Masquerade Dinner and help get this soiree back on track by trading clues with your guests, gathering information, and solving the crime before the masked menace gets away!*

Member-Charge Bar | Smaller tables will be merged to enhance the experience.



## CURRENT EVENTS

**Monday, October 28**  
**4:00 – 5:30 pm | Starling**  
**Complimentary | Members only**

*Please join us on the second and fourth Monday of the month to discuss current events. This group is an open forum and ALL opinions and voices are welcome!*

**Register online or please call Reception at (561) 241 – 6800.**

**REGISTER NOW**

*The next meeting will be on Monday, November 11.*

# BEGINNER CANASTA LESSONS

Monday, November 4 — Friday, November 8

9:00 am | Heron | \$130

Curious about how to play this popular card game? Join instructor Barbie Tannenholtz for this series of canasta lessons.

Register online or please call Reception at 561-241-6800.

**REGISTER NOW**

Last day to register or cancel is Monday, October 28.



# Magic Hands KNITTING CLUB

Tuesdays

10:00 am - Noon

Osprey

Members & Guests

Complimentary Knitting Lessons

If you are interested or have any questions, please contact Nancy Ehrlich at (954) 646-1189.



BROKEN SOUND

# Bowling Club

Monday, November 4 | 7:00 pm

Bowlero - 21046 Commercial Trail, Boca Raton

3 games for \$14+ | \$6+ Shoe Rental | Members Only

Join Broken Sound's Bowling Club for a night of fun! The goal of this club is to create an ongoing monthly bowling league which will meet the first Monday of every month.

As a reminder, League bowlers receive additional benefits which includes two free games a week, discounted bowling prices and 20% off food and non-alcoholic beverages from the League bowler menu. All levels of play welcome!

For more information or to register, please call Jan Bloom at 561-213-4246 or Member Experience at 561-241-6846.



Thursday, November 7  
7:30 pm | Pelican

Jukebox Bingo brings together the best of both worlds for a high energy game that is fun for everyone.

Go Ahead and Sing Along with Jukebox Bingo!

Register online or please call Reception at 561-241-6800.

**REGISTER NOW**

**Fall Social**

# Rewind & Replay

THE ULTIMATE DECADES PARTY

Saturday, November 9  
Main Clubhouse | 7:00 PM

**\$129 per person**

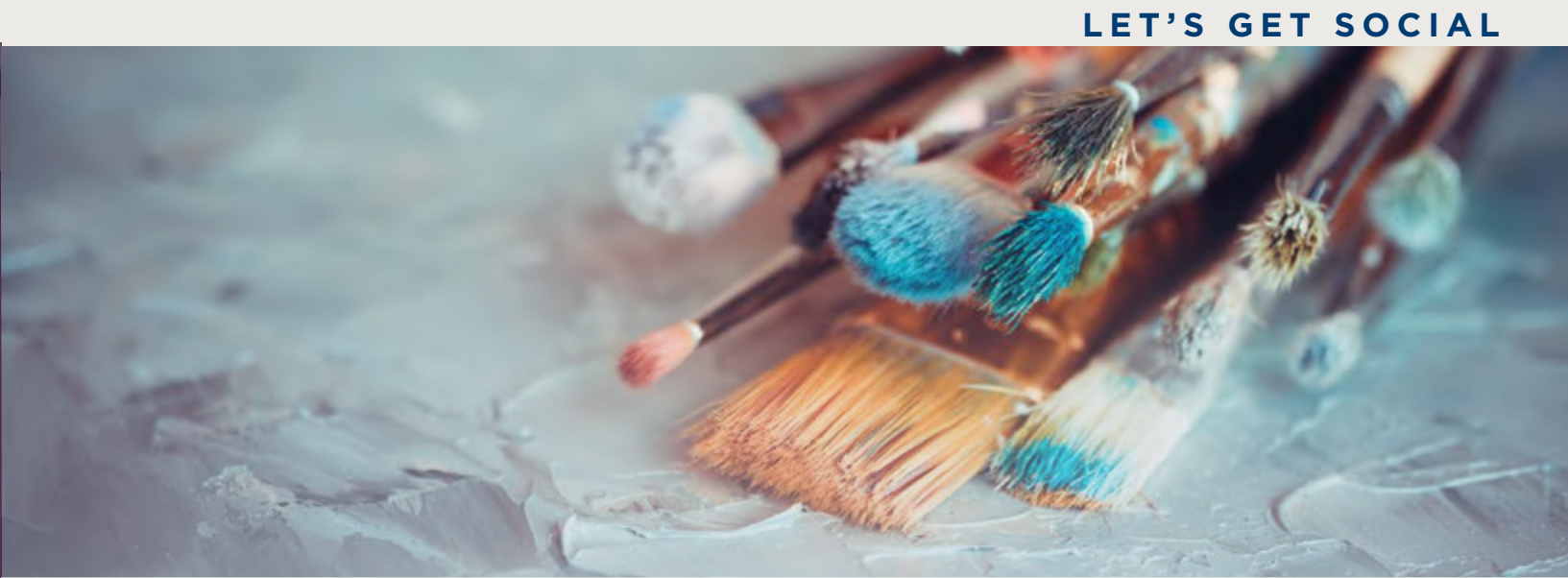
*Reservations are now open and required.*

Live Entertainment | Cocktail Attire | Buffet Dinner  
Premium Bar | Open Seating | Members Only

Step into a time machine and groove through the decades!  
Join us for the 2024 - 2025 Fall Social where you can dance to the 70's disco, and rock out to the 80's and 90's hits.  
*Get ready to dance the night away!*

**To reserve, please call Reception at 561-241-6800.**

**REGISTER NOW**



## Paint and Pinot

# Acrylic Panel Art Class



Thursday, November 14th  
5:00 pm | Starling  
\$38.00 per person

Register online or call  
Reception at 561-241-6800.

**REGISTER NOW**

The last day to register or cancel is Monday, November 11th.

*Paint, sip, and have creative fun!*

No Experience Necessary.  
Step-by-Step Instructions.  
All Supplies Included.



LATE NIGHT

★ *Piano Bar* ★



Thursday, November 14  
8:30 - 11:00 PM | Vista Lounge  
Complimentary

Register online or please  
call Reception at 561-241-6800.

[REGISTER NOW](#)

Member-Charge Bar | Guest are Welcome

# Norton Museum of Art

Friday, November 15 | 1:30 pm | \$62

\*Bus departs the Moonstone parking lot at 12:35 pm\*

[REGISTER NOW](#)

Register online or please call Reception at (561) 241 – 6800.  
Last day to register or cancel is Wednesday, November 6th.



# Billiards

## DEMONSTRATION MATCH

SUNDAY, NOVEMBER 17

12:00 PM & 1:00 PM | BILLIARDS ROOM

Whether you're a beginner or looking to refine your skills, this event offers the perfect chance to get tips from an experienced player while enjoying a live game demonstration. From understanding the basics to learning new strategies, you'll walk away with insights to improve your own game.

We will be offering two 45-minute demonstrations starting at 12:00 pm and 1:00 pm.

[JOIN THE 12:00 PM DEMO](#)

[REGISTER NOW](#)

[JOIN THE 1:00 PM DEMO](#)

[REGISTER NOW](#)

NATIONALLY RECOGNIZED COMEDY HISTORIAN

**LENNY DAVE**

*Presents...*

**THE BORSCHT BELT  
COMEDY LEGACY!**

**Monday, November 18 | 7:30 pm  
Illuminations 1 | Complimentary**

Everyone has a "Borscht Belt" story... and they're excited to share it. Is it any wonder that "The Borscht Belt" produced, welcomed and catered to so many of our favorite Jewish comedians of the past 100 years? Comedy pioneers and legends such as Danny Kaye, Milton Berle, Jerry Lewis, Sid Caesar, Carl Reiner, Mel Brooks, Mort Sahl, Lenny Bruce, Buddy Hackett and Joan Rivers (among many others) both earned their comedy stripes and left their indelible mark there.

**To join waitlist, please call Reception at 561-241-6800.**

**JOIN WAITLIST**

*Members must call Reception at 561-241-6800 at least 48 hours in advance, or a \$10 per person no-show fee will be charged.*

# GREAT COURSES

AMERICA'S FOUNDING FATHERS

**TUESDAY, NOVEMBER 19 | 7:30 PM  
STARLING | COMPLIMENTARY**

On Tuesday, November 19, Professor Allen C. Guelzo of Gettysburg College will continue the lecture series on the "America's Founding Fathers" with Lecture No. 17 "Rufus King's Slaves" and Lecture No. 18 "David Brearley's Postponed Parts".

*For more information, please contact  
Harold Berzow at [hsberzow@prodigy.net](mailto:hsberzow@prodigy.net).*

**Register online or please call Reception at 561-241-6800.**

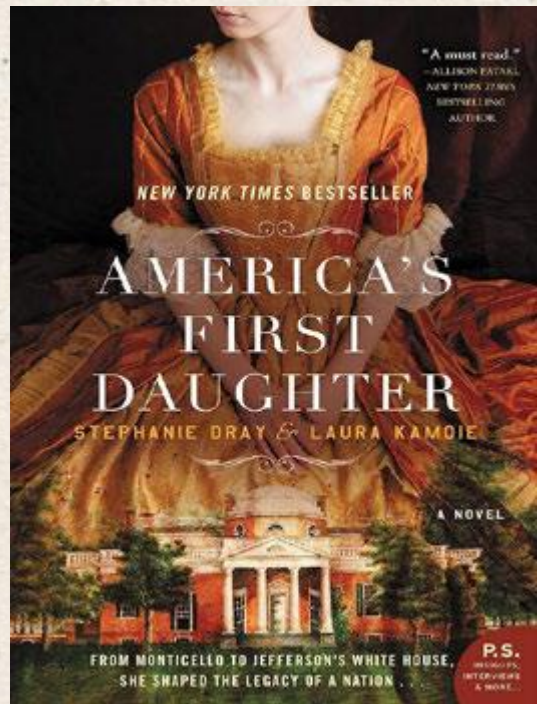
**REGISTER NOW**

On Tuesday, December 3, the lectures will be No. 19 "John Dunlap and David Claypoole's Broadside" and No. 20 "Alexander Hamilton's Papers"

# BOOK CLUB

*Good Books, Good Conversation, and Good Company!*

Wednesday, November 20 | 4:00 PM  
Starling | Complimentary



We will be discussing America's First Daughter by Stephanie Dray and Laura Kamoie.

This compelling, richly researched novel tells the untold story of Martha "Patsy" Jefferson Randolph, the eldest daughter of Thomas Jefferson.

As her father's constant companion, Patsy witnesses his complex relationship with the nation and his controversial liaison with Sally Hemings. Torn between love, duty, and principles, Patsy navigates life at Monticello, the White House, and beyond, all while protecting her father's legacy. Through tragedy, scandal, and sacrifice, she shapes the future of the nation her father helped found.

Hosted by Sheryl Lucas. For more information, please call 516-242-1942

Register online or please call Reception at 561-241-6800.

**REGISTER NOW**

Next Meeting: December 18  
The Cemetery of Untold Stories by Julia Alvarez



## CANASTA & MAH JONGG

### *Meet and Play*

Thursday, November 21  
7:00 pm | Sandpiper

This is a chance to play with new people and set up permanent games!

You will have the opportunity to play Canasta or Mah Jongg with others looking for a game.

If you are not able to attend and are looking for a game, please utilize the sign-up sheet in the Ladies Card Room.

**REGISTER NOW**





YOU ARE CORDIALLY INVITED TO THE  
**WOMEN'S CLUB**  
**GRAND OPENING LUNCHEON**  
 FRIDAY, NOVEMBER 22



**GUEST SPEAKER**  
**SOLEDAD O'BRIEN**  
 "THE TRANSFORMATIVE  
 POWER OF INFORMATION"

Soledad's work has been recognized with numerous awards, including four Emmy Awards, four Gracie Awards, which honor women in media, and two Cine Awards for her work in documentary films. She was inducted into the Broadcasting and Cable Hall of Fame in 2023. Our accomplished speaker makes a national impact through her work as a journalist, documentarian, author, speaker, and philanthropist.

10:30 am Registration Opens | 12:00 pm Luncheon | Couvert \$125

To join waitlist, please call the Reception Desk at 561 241 6800\*

**JOIN WAITLIST**

**Women's Club Members Only**  
 Please RSVP no later than November 8, 2024.

For additional information, please contact:

**Ellyn Mantell at 908 883 0469 or [ellynmantell@aol.com](mailto:ellynmantell@aol.com)**  
**Susan Goldstein at 646 342 5903 or [spgnycl@icloud.com](mailto:spgnycl@icloud.com)**

\*If you are part of a group reservation, please have a table captain call and provide the list of names when you register.



**3rd Annual**

**TRICK  
 OR  
 TREAT**

**Thursday, October 31**  
**4:30 - 7:00 pm**

**Hosted by Laurel Pointe**  
**at Broken Sound Club**

**Complimentary**

**Music, refreshments and special treats.**  
**Food will be available for purchase via food truck.**  
**Please park at the Tennis Center. Shuttle will be provided.**  
**Parental supervision required.**

**For more information, please call Marla Golberg at**  
**561-251-4663 or call Youth at 561-241-6828.**



**Saturday, November 2 | 5:30 - 9:00 pm**  
**Starling | Complimentary | Members Only**

Drop-off begins at 5:30 pm, pick-up no later than 9:00 pm.  
 Light snacks provided. Limited Availability.

**Register online or call Youth at 561-241-6876**

**REGISTER NOW**

*48 hr cancellation policy. If a cancellation is needed, please call Youth at 561-241-6828  
 Members who fail to cancel in due time will be charged a no-show fee of \$10 per person.*

**YOUTH**

*Slumber Style*

# Movie Night

Featuring... "Inside Out 2"

Friday, November 15

Drop off 6:15 pm | Pick up 8:45 pm | Fitness Studio 1

Complimentary | Members Only

*PJs, blankets and pillows welcomed!*

Moonstone Café will be open until 6:45 pm with kids' menu and goodies. The game room will be closed during the movie unless accompanied by parents.

**REGISTER NOW**

Register online or call Youth  
at 561-241-6828

*If a cancellation is needed, please call Youth at 561-241-6828  
at least 48 hours prior to the event.*

*Members who fail to cancel in due time will be charged a  
no-show fee of \$10 per person.*

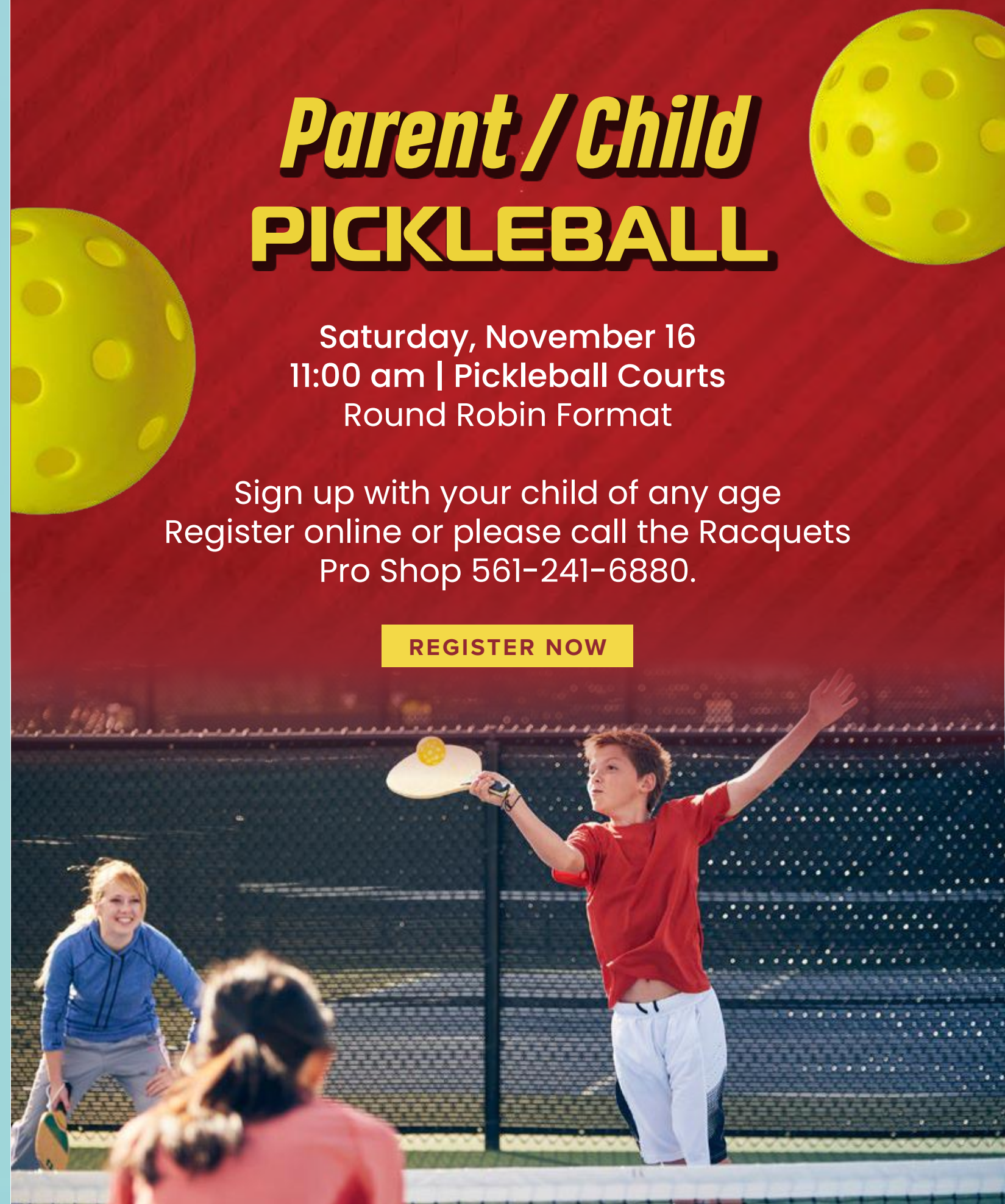


# *Parent / Child* **PICKLEBALL**

Saturday, November 16  
11:00 am | Pickleball Courts  
Round Robin Format

Sign up with your child of any age  
Register online or please call the Racquets  
Pro Shop 561-241-6880.

**REGISTER NOW**





YOUTH  
 Story Time with  
*NANA GINGERBREAD*

Tuesday, November 26th  
 4:00 pm | Illuminations  
 Complimentary | Members Only  
 Parental supervision is required.

This is a fun story-telling show  
 all about the magic of Thanksgiving followed  
 by gingerbread cookie decorating.

Register online or call Youth at 561-241-6828.

**REGISTER NOW**

*If a cancellation is needed, please call Youth at least 48 hrs prior to the event.  
 Members who fail to cancel in due time will be charged a no-show fee of \$10 per person.*



YOUTH  
**Family Bingo**

Saturday November 23  
 5:00 pm - 7:00 pm | Pelican  
 Complimentary | Members Only

Join us for an evening of friendly  
 competition with a classic game of bingo  
*Parental supervision is required.*

Register online or please call Youth at 561-241-6828

**REGISTER NOW**

*If a cancellation is needed, please call Youth at 561-241-6828 at least 48 hours prior to the event.  
 Members who fail to cancel in due time will be charged a no-show fee of \$10 per person.*



YOUTH

LASER TAG

Wednesday, November 27  
3:30 pm - 5:30 pm

Basketball Court & Moonstone Parking Lot  
Complimentary | Members Only

Get ready for an afternoon of family fun with laser tag and games!

Gloria's ice cream truck will be on site. All ice cream \$3!

*Parental Supervision is required.*

Register online or call Youth at 561-241-6828.

**REGISTER NOW**

*Reservation to close on Tuesday, November 26.*

*If a cancellation is needed, please call Youth at 561-241-6828 at least 48 hours prior to the event. Members who fail to cancel in due time will be charged a no-show fee of \$10 per person.*

# October Youth Class Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<p><b>BASKETBALL</b> 4:00 - 4:30 PM (AGES 4-6)</p> <p>BASKETBALL COURT COMPLIMENTARY WALK-IN</p>	<p><b>TENNIS CLINIC</b> 4:30 - 5:30 PM (AGES 4 &amp; UP)</p> <p>RACQUET CENTER REGISTER WITH RACQUET SHOP</p>	<p><b>TODDLER ROOM SUPERVISION</b> 3:00 - 6:00 PM</p>	<p><b>TODDLER ROOM SUPERVISION</b> 3:00 - 6:00 PM</p>	<p><b>TODDLER ROOM SUPERVISION</b> 9:00 - 12:00 PM</p>	<p><b>TODDLER ROOM SUPERVISION</b> 9:00 - 12:00 PM</p>
	<p><b>BASKETBALL</b> 4:30 - 5:30 PM (AGES 7 &amp; UP)</p> <p>BASKETBALL COURT COMPLIMENTARY WALK-IN</p>		<p><b>PICKLEBALL CLINIC</b> 4:30 - 5:30 PM (AGES 4 &amp; UP)</p> <p>RACQUET CENTER REGISTER WITH RACQUET SHOP</p>	<p><b>TENNIS CLINIC</b> 4:30 - 5:30 PM (AGES 4 &amp; UP)</p> <p>RACQUET CENTER REGISTER WITH RACQUET SHOP</p>		<p><b>FITNESS</b> 12:00 - 12:30 PM (AGES 4-6)</p> <p>FITNESS STUDIO 2 COMPLIMENTARY WALK-IN</p>
			<p><b>*SELF-DEFENSE</b> 5:00 - 6:00 PM (AGES 5 &amp; UP)</p> <p>FITNESS STUDIO 2 REGISTRATION REQUIRED</p>			<p><b>FITNESS</b> 12:30 - 1:30 PM (AGES 7 &amp; UP)</p> <p>FITNESS STUDIO 2 COMPLIMENTARY WALK-IN</p>

\* TO REGISTER FOR SELF-DEFENSE CLASS PLEASE CONTACT CARLOS SUAREZ AT 561 929 0812

XXIO | **nc** NEVER COMPROMISE | **asics**

# EXPERIENCE DAY



Thursday October 31 | 11:00 am - 3:00 pm  
Club Course Driving Range

**REGISTER  
NOW**

## LADIES' GOLF CLINIC SERIES

# Swing & Sip

GRAB A FRIEND AND JOIN US! BRUSH UP ON YOUR SKILLS OR LEARN SOMETHING NEW IN THIS FUN INFORMATIVE AND SOCIAL GOLF CLINIC LED BY OUR PGA GOLF PROS.

### CLINIC DATES

**NOV 4 PUTTING**

- PRACTICE GREEN

**NOV 11 THE SHORT GAME**

- PRACTICE CHIPPING GREEN

**NOV 18 DRIVER OFF THE TEE**

- TOP TRACER RANGE

**NOV 25 COURSE PLAY & RULES**

- HOLES 9 AND 10

**EACH CLINIC WILL END  
WITH COCKTAILS & MUSIC!**



**[FOR DETAILS CLICK HERE](#)**



**REGISTER ON FORETEES**

MONDAYS 3:00 PM - 4:30 PM | 4 SESSION CLINIC | \$200  
LIMITED TO 12 GOLF MEMBERS

# BSWGA OPENING DAY

Opening Reception

Monday, November 4, 2024 at 5:30pm

9 & 18 Hole League Play

Tuesday, November 5, 2024

[CLICK HERE FOR INVITATION](#)

# BSMGA Opening Day Save the Date!

## November 6, 2024

JOIN US FOR OPENING DAY  
OF LEAGUE PLAY FOLLOWED BY  
A DINNER RECEPTION  
BEGINNING AT 5:30 PM





# OCMGA Opening Day

**Monday, November 11, 2024**  
**9:00 am Shotgun**

**Format: Step-Aside Scramble**  
**Teams ABCD**

**Breakfast and League Play**  
**Followed by a Lunch Reception.**

**All OCMGA Members receive an opening day Gift.**

  
 THE OLD COURSE  
 AT BROKEN SOUND CLUB



# OCWGA Opening Day

**November 14 | The Old Course**  
**7:30 am Breakfast | 8:30 am Shotgun**  
*Where There's No Place Like Home!*

**Format: ABCD Net Scramble**  
**Colors of the Day: Red, Yellow & Blue**  
**Breakfast and League Play**  
**Followed by a Lunch Reception.**

**Register Via Foretees.**  
*If attending Lunch only please email Sawyer*  
*at [Smorgan@brokenoundclub.org](mailto:Smorgan@brokenoundclub.org)*



## Mixed Member-Guest

**Sunday, November 17**

**The Old Course | \$895<sup>+tax</sup> per Foursome**

10:00 am Registration, Gift Shopping & Brunch

12:00 pm Shotgun Start

4:30 pm Cocktails, Hors D'oeuvres & Scoring

6:00 pm Dinner & Awards

**Register Via ForeTees.**

Registration open through November 11.

*\*Teams that cancel after the deadline will be charged 50% of entry fee.*



# 9 & DINE

**SUNDAY,  
NOVEMBER 24  
CLUB COURSE  
2:30 PM SHOTGUN**

**Format: Step-Aside Scramble**

**Select your own foursome**


**Hors d'oeuvres will be  
served after play**

**Register via Foretees or  
by calling the Signature Pro Shop  
at 561-241-6860.**

**Dinner only sign-up  
also available.**

Limited space available.  
\*Plus tax. Price includes golf and food.





# WEEKLY MEN'S TENNIS CLINIC

**MONDAYS & WEDNESDAYS: INTERMEDIATE/ADVANCED  
5:30 PM - 6:30 PM | \$28 PER SESSION | TENNIS COURTS**

Register at the Racquets Pro Shop or email Ben Wirth  
at [bwirth@brokensoundclub.org](mailto:bwirth@brokensoundclub.org)

For more information, please call the Racquets  
Pro Shop at 561-241-6880.

*24-hour cancellation policy in effect.*




# WEEKLY LADIES' TENNIS CLINIC

**TUESDAYS & THURSDAYS: INTERMEDIATE/ADVANCED  
5:30 PM - 6:30 PM | \$28 PER SESSION | TENNIS COURTS**

Register at the Racquets Pro Shop or email Ben Wirth  
at [bwirth@brokensoundclub.org](mailto:bwirth@brokensoundclub.org)

For more information, please call the Racquets  
Pro Shop at 561-241-6880.

*24-hour cancellation policy in effect.*



# NOVEMBER FITNESS **CHALLENGE**

**THE PUSH-UP CHALLENGE** is here!

A classic, but challenging exercise.

We're excited to see everyone come test themselves in trying to perform as many as they can in one minute!

Will it be 5, 10, or 100!?

**How to Participate?** Ask one of our floor staff to time you and they will record your result on our list.  
*Only one attempt allowed for each member.*

**Competition Begins November 1**  
The winner will receive a free 30-minute session with one of our trainers!



## *Sound Healing*

Wednesday, November 13 ~ 5:00 - 6:15 pm  
Complimentary ~ Studio 1

Join Kristin and experience the harmonious blend of meditation, and soothing sounds from crystal singing bowls, chimes, and Tibetan sound bowls. Don't miss this opportunity for holistic rejuvenation.

Online Registration Required  
Reservations will open on November 1.

**REGISTER NOW**

*Will replace our regularly scheduled "Gentle Restorative Yin Yoga on this date."*





# GOLF & TENNIS PILATES TRAINING SESSIONS

## Elevate Your Game with Pilates!

*Looking to take your golf or tennis skills to the next level?*  
Pilates might be the missing piece in your training!

Join us to experience training that enhances core strength, flexibility, balance, and overall body control—key elements for sports like golf and tennis.

Discover why top athletes like Coco Gauff, Serena Williams, Rory McIlroy, and Tiger Woods incorporate Pilates into their routines. Whether it's for warm-up, cooldown, or regular training, our expert instructors will create a sport-specific program to boost your performance!

**30 MIN / \$60 ▪ 45 MIN / \$70 ▪ 60 MIN / \$90**

**BOOK YOUR SESSION!**  
**CONTACT 561-241-6858**



## Sunset Floating Meditation

Wednesday, October 16





## Autumn Renewal Specials

### Hydra Bright Facial \$155

Target dryness, rough texture and uneven skin tone with gentle peel that brightens and resurfaces the skin to enhance the appearance of glowing, healthy complexion. Effective on all skin types, including sensitive skin. Includes a complimentary trial size PCA HydraBright moisturizer for home use and a complimentary glass of bubbles.

*Treat yourself with a warm hydrating hand or foot treatment.  
Complimentary with any 60 or 90 minute Massage  
during the month of October.*

To schedule, please call the  
Moonstone Spa at 561-241-6868.

## Amazing Eyes & Lip Event

Wednesday, November 13 | 2:00 pm - 6:00 pm  
30 Minutes | \$65 per person\*

Enjoy our signature micro-current eyelift and lip pluming treatment that is designed to soften fine lines, diminish the appearance of wrinkles and dark circles while lifting the brow for a brighter, firmer eye contour.

Finish with the LED treatment for an amazing glow.

The event includes a PCA gift, discounts on products the day of the event, hors d'oeuvres and the selection of wines.

**\*By Appointment, Limited Availability, please call 561 241 6868 to schedule.  
Booking begins Thursday, October 31st.**



# November Spa Specials

*"Fall in Love with your Skin"*

## All about Pumpkin Facial | \$125 | 60 Minutes

A powerful keratolytic & antioxidant therapy that brightens and rejuvenates the skin. A combination of Salicylic acid and pumpkin enzymes loosen dead surface cells while rich nutrient content in this treatment infuses the skin with high levels of Vitamin A, C, and antioxidants. This combination is essential to strengthen the collagen matrix that supports healthy younger skin. Take home a travel size PCA Nutrient Toner.

## Renewing Body Treatment | \$145 | 90 Minutes

Begin this treatment with a nourishing sugar cane oil and enzyme scrub to exfoliate the body while stimulating blood flow to the surface of the skin. A full body relaxation massage follows to release tension and stimulate the lymphatic system to assist in the elimination of toxins.

Take home a travel size Pure Fiji body Lotion.



# Group Fitness Class Schedule | October 2024

FITNESS CENTER / ROTUNDA | PHONE 561-241-6840

HOURS Monday - Friday: 5:30 am - 9:00 pm | Saturday - Sunday: 7:00 am - 7:00 pm

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Stretch</b> Studio 1 9:30 - 10:25 Lisa B.	<b>Aerobics &amp; More</b> Studio 1 8:30 - 9:25 Nora	<b>Stretch</b> Studio 2 7:30 - 8:25 Roberta	<b>Vinyasa Flow</b> Studio 1 8:00 - 9:00 Terri	<b>UltraFit Strength</b> Studio 2 8:30 - 9:25 Ginger	<b>Circuit Training</b> Studio 2 8:00 - 8:55 Ginger	<b>Men's Stretch</b> Studio 1 8:00 - 8:55 Roberta
<b>UltraFit Conditioning</b> Studio 2 10:30 - 11:25 Shelley	<b>Functional Conditioning</b> Studio 2 9:30 - 10:25 Roberta	<b>UltraFit Strength</b> Studio 1 8:30 - 9:25 Ginger	<b>Aerobics &amp; More</b> Studio 2 8:30 - 9:25 Nora	<b>Barre Fusion</b> Studio 1 8:30 - 9:25 Roberta	<b>Vinyasa Flow</b> Studio 1 8:00 - 9:00 Amy	<b>Cycle</b> Cycle Studio 8:15 - 9:00 Ginger
<b>Slow Yoga Flow</b> Studio 1 11:30 - 12:30 Shelby	<b>Cycle &amp; Core</b> Cycle Studio 9:30 - 10:25 Shelley	<b>Mat Pilates</b> Studio 2 9:15 - 10:10 Terri	<b>UltraFit Conditioning</b> Studio 2 9:45 - 10:40 Ginger	<b>Stretch</b> Studio 1 9:45 - 10:40 Roberta	<b>Barre / Pilates Fusion</b> Studio 1 9:15 - 10:10 Terri	<b>Functional Conditioning</b> Studio 1 9:00 - 9:55 Roberta
	<b>Chair Strength</b> Studio 1 10:30 - 11:25 Rita	<b>Stretch</b> Studio 1 9:45 - 10:40 Roberta	<b>Chair Strength</b> Studio 1 10:30 - 11:25 Rita	<b>Yoga Sculpt</b> Studio 2 10:45 - 11:40 Terri	<b>UltraFit Conditioning</b> Studio 2 9:30 - 10:25 Shelley	<b>UltraFit Conditioning</b> Studio 2 9:15 - 10:10 Ginger
	<b>Stretch</b> Studio 2 10:45 - 11:40 Roberta	<b>Slow Gentle Yoga</b> Studio 1 11:00 - 12:15 Kristin	<b>Youth Self Defense</b> Studio 2 5:00 - 6:00 (Registration required)	<b>PiYo</b> Studio 1 5:30 - 6:25 TBA	<b>Youth Self Defense</b> Studio 2 5:00 - 6:00 (Registration required)	<b>Chair Strength</b> Studio 1 10:30 - 11:25 Rita
	<b>PiYo</b> Studio 1 11:30 - 12:25 Terri	<b>UltraFit Conditioning</b> Studio 2 6:00 - 6:55 Stacey	<b>Gentle Restorative Yin Yoga</b> Studio 1 5:00 - 6:15 Kristin			<b>Youth Multi-Sports</b> Studio 2  Ages 4 - 6 12:00 - 12:30  Ages 7 & Up 12:30 - 1:00
	<b>Circuit Training/ Boxing</b> Studio 2 5:30 - 6:25 Leo					

Cardio
  Strength & Cardio
  Strength & Balance
  Mind, Body & More
  Yoga
  Youth

Please visit the Club's website for a selection of pre-recorded group fitness classes to view at your own leisure. For questions regarding Youth classes, please contact Beata Delanoe at 561-241-6828.

# Group Fitness Class Schedule | November 2024

FITNESS CENTER / ROTUNDA | PHONE 561-241-6840

HOURS Monday - Friday: 5:30 am - 9:00 pm | Saturday - Sunday: 7:00 am - 7:00 pm

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Functional Strength</b> Studio 1 9:30 - 10:25 Lisa B.	<b>Aerobics &amp; More</b> Studio 2 8:00 - 8:55 Ingrid	<b>Stretch</b> Studio 2 7:30 - 8:25 Roberta	<b>Vinyasa Flow</b> Studio 1 8:00 - 9:00 Terri	<b>UltraFit Strength</b> Studio 2 8:30 - 9:25 Ginger	<b>Circuit Training</b> Studio 2 8:00 - 8:55 Ginger	<b>Men's Stretch</b> Studio 1 8:00 - 8:55 Roberta
<b>Stretch</b> Studio 1 10:30 - 11:25 Lisa B.	<b>Barre Strength</b> Studio 1 8:45 - 9:40 Shelley	<b>UltraFit Strength</b> Studio 1 8:30 - 9:25 Ginger	<b>UltraFit Conditioning</b> Studio 2 9:45 - 10:40 Ginger	<b>Barre Fusion</b> Studio 1 8:30 - 9:25 Roberta	<b>Vinyasa Flow</b> Studio 1 8:00 - 9:00 Amy	<b>Cycle</b> Cycle Studio 8:15 - 9:00 Ginger
<b>UltraFit Conditioning</b> Studio 2 10:00 - 11:55 Shelley	<b>***Functional Conditioning</b> Studio 2 9:30 - 10:25 Roberta	<b>Mat Pilates</b> Studio 2 9:15 - 10:10 Terri	<b>Chair Strength</b> Studio 1 10:30 - 11:25 Rita	<b>***Stretch</b> Studio 1 9:45 - 10:40 Roberta	<b>Barre / Pilates Fusion</b> Studio 1 9:15 - 10:10 Terri	<b>Functional Conditioning</b> Studio 1 9:00 - 9:55 Roberta
<b>Slow Yoga Flow</b> Studio 1 11:30 - 12:30 Shelby	<b>Cycle &amp; Core</b> Cycle Studio 10:00 - 10:55 Shelley	<b>***Stretch</b> Studio 1 9:45 - 10:40 Roberta	<b>***Youth Self Defense</b> Studio 2 5:00 - 6:00	<b>Yoga Sculpt</b> Studio 2 10:45 - 11:40 Terri	<b>UltraFit Conditioning</b> Studio 2 9:30 - 10:25 Shelley	<b>Boot Camp</b> Studio 2 9:15 - 10:10 Ginger
	<b>Chair Strength</b> Studio 1 10:30 - 11:25 Rita	<b>Slow Gentle Yoga</b> Studio 1 11:00 - 12:15 Kristin	<b>Gentle Restorative Yin Yoga</b> Studio 1 5:00 - 6:15 Kristin		<b>Slow Yoga Flow</b> Studio 1 10:15 - 11:15 Shelby *Begins Nov 8*	<b>Chair Strength</b> Studio 1 10:30 - 11:25 Rita
	<b>Stretch</b> Studio 2 10:45 - 11:40 Roberta	<b>UltraFit Conditioning</b> Studio 2 6:00 - 6:55 Stacey			<b>***Youth Self Defense</b> Studio 2 5:00 - 6:00	<b>Youth Multi-Sports</b> Studio 2 Ages 4 - 6 12:00 - 12:30 Ages 7 & Up 12:30 - 1:00
	<b>Circuit Training/Boxing</b> Studio 2 5:30 - 6:25 Leo					

Cardio
Strength & Cardio
Strength & Balance
Mind, Body & More
Yoga
Youth

\*\*\* Class requires online registration

Please visit the Club's website for a selection of pre-recorded group fitness classes to view at your own leisure. For questions regarding Youth classes, please contact Beata Delanoe at 561-241-6828.

# Water Aerobics Class Schedule 2024

AQUATICS / POOL HOURS OF OPERATION

Daily: Sunrise - Sunset

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<b>8:00 - 9:00</b> Pam	<b>8:00 - 9:00</b> Lois	<b>8:00 - 9:00</b> Andrea	<b>8:00 - 9:00</b> Pam	<b>8:00 - 9:00</b> Lois	<b>8:00 - 9:00</b> Muge
	<b>11:00 - 12:00</b> Ginger	<b>10:00 - 11:00</b> Muge	<b>11:00 - 12:00</b> Ginger	<b>10:00 - 11:00</b> Karina	<b>11:00 - 12:00</b> Ginger	
	<b>3:00 - 4:00</b> Muge	<b>3:00 - 4:00</b> Ginger	<b>3:00 - 4:00</b> Ginger	<b>3:00 - 4:00</b> Ginger		

## Water Aerobics

All of the Water Aerobics classes are equal level exercises and a great low impact workout. Classes are 1 hour and include cardio, dumbbell exercises, noodle exercises and stretching.

Classes are held in the Grotto Pool and the water temperature is 85 degrees.

If the outside temperature is under 60 degrees, classes will be canceled.

All participants are welcome to join, no reservation needed. Please call the Towel Hut with any questions at 561-241-6819.

If there is inclement weather, classes will be canceled.

## Lap Lanes

There are 6 lap lines that are 25 yards long and vary in depth. Lap lanes are reserved by the hour.

The lap pool water temperature is 82 degrees.

Reservations are recommended. For reservation times or questions, please call the Towel Hut at 561-241-6819.



BROKEN SOUND  
CLUB

2401 WILLOW SPRINGS DRIVE  
BOCA RATON, FLORIDA 33496

