

# Concord

City News and Activity Guide

WINTER/SPRING 2026



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[www.cityofconcord.org](http://www.cityofconcord.org)



# Shop Concord for the Holidays!



**Shop locally to support Concord's small businesses.**

While supplies last, receive a free \$50 Shop Concord bonus card with every original \$100 gift card purchase, a free \$25 Shop Concord card with every \$50 gift card purchase, or a free \$10 Shop Concord card with every \$20 gift card purchase. Gift cards can be used for purchases at any participating business.

[concordfirst.com/buy-gift-cards](https://concordfirst.com/buy-gift-cards)

**More than 65 participating businesses • Local dollars stay in our community**

**• Tap to Pay now available; can be used at multiple locations •**





# in this issue...

## City of Concord

Carlyn S. Obringer  
**Mayor**

Laura M. Nakamura  
**Vice Mayor**

Dominic Aliano  
**Councilmember**

Pablo Benavente  
**Councilmember**

Laura M. Hoffmeister  
**Councilmember**

Valerie J. Barone  
**City Manager**

Colleen Awad  
**Community Relations  
Manager and Co-Editor**

Barbie Gary  
**Recreation Manager and  
Co-Editor**

**On the cover:** Discover why everyone's hooked on pickleball! Visit [page 32](#) to learn more about our fun, fast-paced classes for any skill level — it's easy to learn, social, and seriously addictive!

**Parks  
Make  
Life  
Better!**

[www.cityofconcord.org](http://www.cityofconcord.org)

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## City of Concord Contacts

<b>Website</b>	<a href="http://www.cityofconcord.org">www.cityofconcord.org</a>
<b>Events</b>	<a href="http://www.visitconcordca.com/events">www.visitconcordca.com/events</a>
<b>Classes</b>	<a href="http://www.concordreg.org">www.concordreg.org</a>
<b>E-mail</b>	<a href="mailto:cityinfo@cityofconcord.org">cityinfo@cityofconcord.org</a>
<b>Phone</b>	925-671-2489 (CITY)

Americans with Disabilities Act (ADA) Coordinator .....	671-3243
Building.....	671-3107
Business Licenses .....	671-3307
Cable TV	
Astound (formerly Wave) .....	866-928-3123
AT&T .....	866-210-2675
Comcast.....	800-945-2288
City Clerk.....	671-3390
City Council .....	671-3158
City Manager .....	671-3150
Code Enforcement Hotline.....	671-3075
Concord Naval Weapons Station Reuse Project .....	671-3001
Economic Development.....	671-3001
Engineering .....	671-3361
Flood Zone Inquiries .....	671-3425
Garbage Collection .....	682-9113
Housing.....	671-3387
Mayor.....	671-3158
Permit Center .....	671-3107
Picnic Site Reservations .....	671-3404
Planning.....	671-3152
Police and Fire Emergencies.....	911
Police Information .....	671-3220
Pothole Hotline.....	671-3228
Public Works .....	671-3448
Park Maintenance .....	671-3444
Recreation Registration .....	671-3404
Sewer Problems.....	671-3099
Shopping Cart Hotline .....	888-992-4778
Street Light Outages Hotline .....	671-3213
Street Sweeping .....	671-3448
Street Trees .....	671-3444
Toyota Pavilion at Concord Information.....	676-8742
Traffic Safety and Signals.....	671-3132

## Recreation Program Locations

Baldwin Park Dance Studio & Preschool - 2790 Parkside Cir.	
Camp Concord, South Lake Tahoe .....	671-3006
Centre Concord - 5298 Clayton Road.....	671-3382
Clayton Valley Bowl - 5300 Clayton Road .....	689-4631
Concord Community Park & Pool - 3501 Cowell Road	671-3480
Concord Library - 2900 Salvio St.....	646-5455
Concord Senior Center - 2727 Parkside Cir. ....	671-3320
Diablo Creek Golf Course - 4050 Port Chicago Highway ..	686-6267
Markham Nature Park - 1202 La Vista Ave.	
Newhall Park - 1351 Newhall Parkway	
Village Music - 1720 Linda Dr.....	676-8400
Willow Pass Community Center & Park.....	671-3423
2748 E. Olivera Road	

## Recreation Services Important Numbers

Athletic Facility Rentals .....	671-3423
Camp Concord Registration .....	671-3404
Class Registration/Picnic Rentals.....	671-3404
Facility Rentals .....	671-3324
Rain Information Hotline.....	671-3479

## Sports Organizations

### Youth Baseball/Softball

Clayton Valley Little League .....	<a href="http://www.claytonvalleylittleleague.org">www.claytonvalleylittleleague.org</a>
Concord American Little League	
.....	<a href="http://www.concordamericanlittleleague.com">www.concordamericanlittleleague.com</a>
JOBL Baseball & Softball .....	<a href="http://www.joblconcord.com">www.joblconcord.com</a>
Payless Batting Cages .....	825-7526

### Youth Football/Cheerleading

Clayton Valley Athletic Assn .....	<a href="http://www.cvaajreagles.com">www.cvaajreagles.com</a>
Concord Youth Football .....	<a href="http://www.concordyouthfootball.sportngin.com">www.concordyouthfootball.sportngin.com</a>

### Youth Soccer

Concord AYSO .....	<a href="http://www.concordayso.org">www.concordayso.org</a>
Diablo Valley Futbol Club .....	<a href="http://www.diablovalleyfc.com">www.diablovalleyfc.com</a>
Liga Latina.....	759-2118
Mt. Diablo Soccer Association .....	<a href="http://www.mdsoccer.org">www.mdsoccer.org</a>

### Adult Soccer

Bay Area Adult Soccer League.....	<a href="http://www.baasl.org">www.baasl.org</a>
Concord AYSO .....	<a href="http://www.concordayso.com">www.concordayso.com</a>
East Bay Over 30 Soccer.....	<a href="http://www.ebots.org">www.ebots.org</a>

### Adult Sports

#### Flag Football, Cornhole, Pickleball, Softball, Tennis

Concord Recreation Services.....	671-3423
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### Bocce

Concord Bocce Federation .....	<a href="http://www.concordbocce.org">www.concordbocce.org</a>
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### Swimming

Terrapins Swim Team.....	<a href="http://www.terrapinsswim.com">www.terrapinsswim.com</a>
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Connect with us on social media!



[facebook.com/CityofConcordCA](https://facebook.com/CityofConcordCA)



[x.com/CA\\_Concord](https://x.com/CA_Concord)



[instagram.com/cityofconcord](https://instagram.com/cityofconcord)

## News in Brief

### Shop Concord for the Holidays

Holiday shoppers are encouraged to shop local this season! The City of Concord and the Greater Concord Chamber of Commerce have relaunched the popular Shop Concord e-gift card program, which increases local businesses' sales and rewards customers for keeping their dollars local. Enjoy many of Concord's favorite restaurants, retailers, services and activities with one card. The latest news? Cardholders can now save their Shop Concord cards in their digital wallets and tap-to-pay.

Shop Concord was relaunched on Nov. 24, thanks to a \$10,000 contribution from the City of Concord to supply a bonus gift card with every purchase, while supplies last. The e-gift cards can be purchased on the Shop Concord Yiftee page, which includes a list of participating merchants: [www.concordfirst.com/shop-concord](http://www.concordfirst.com/shop-concord).



### Todos Santos Snowy Scenes Showdown!

Downtown Concord businesses are decking their windows in festive holiday style! Vote for your favorite display between December 5 and December 31.

Spread holiday cheer and support local! Follow the City's social media for more details on how to vote.

### Stay Alert This Holiday Season

The holidays are a time for celebration and shopping, but they're also a time to stay vigilant. Crimes of opportunity, like vehicle burglaries and package thefts, tend to increase around the holidays. To help keep this season merry and bright, the Concord Police Department offers some simple tips to protect you and your property.

If you notice anything suspicious—whether people on foot or in vehicles—don't hesitate to report it.

**Call Concord Police Department at 925-671-3333 or dial 911 in emergencies.**

Our officers are ready to investigate and prevent potential crimes in our community.

#### Tips to Keep Your Vehicle Safe

- **Lock it up:** Always lock your vehicle, even if you're stepping away for a moment.
- **Stow it, don't show it:** Keep valuables out of sight, using your trunk for items like bags, laptops, and gifts. Avoid leaving personal items, like wallets or phones, in plain view.
- **Park smart:** Choose well-lit, visible areas to park your vehicle.
- **Stay aware:** Notice your surroundings as you go about your business.

#### Tips to Prevent Package Thefts

- **Schedule deliveries wisely:** Track packages and try to be home for deliveries.
- **Opt for a safe spot:** Use delivery lockers or arrange with neighbors to pick up packages.
- **Use package alerts:** Sign up for carrier delivery notifications to know when your package arrives.
- **Consider a secure delivery box:** A secure delivery box can prevent theft right on your doorstep.

Stay safe, stay alert, and let's make this a wonderful season for our community!

# Concord Police Department & A3: A Model

In an ongoing collaboration that is transforming how mental health crises are addressed in Contra Costa County, the Concord Police Department (CPD) and the Contra Costa County Health Services' Anyone, Anywhere, Anytime Crisis Response (A3) continue to set a high standard.

## A Community First Approach

Launched in December 2023, the A3 Program was developed in response to growing calls for an alternative to traditional emergency responses for mental health-related calls. Previously, 911 calls involving behavioral health crises were routed to police, fire, or EMS—often leaving first responders with limited options beyond hospital transports or psychiatric holds.

Thanks to the vision of Contra Costa Health and close coordination with public safety agencies like CPD, the A3 Program now offers 24/7 mental health support through trained clinicians and peer specialists. This countywide system provides immediate, professional care for those in crisis—without relying on law enforcement as the first line of response.

## Stronger Together: A3 and CPD Partnership

CPD has been a critical partner in shaping and supporting the A3 program since its early stages. Recently, CPD collaborated with A3 to develop a seven-part training video series for law enforcement agencies across the County. These videos educate officers on the A3 model, highlight best practices, and ensure

that law enforcement professionals are equipped to respond appropriately during a mental health crisis.

By strengthening the relationship between first responders and A3 clinicians, individuals in crisis will receive the right care at the right time while freeing up police officers to focus on core public safety duties.

In 2024, the CPD received 1,442 mental health calls, with 702 successfully diverted to A3. Over the past four years, CPD has reported a 26% decrease in mental health holds and a 41% reduction in mental health-related calls requiring a police response.

To honor this transformational work, Concord Police Chief Mark Bustillos presented the prestigious Chief's Award to the Contra Costa County Health Services A3 Leadership Team earlier this year at the Concord Police Department's Recognition and Awards Ceremony.

Award Recipients:

- Dr. Suzanne Tavano
- Amanda Dold
- Debbie Thomas
- Chad Pierce
- A3 Crisis Response Team

The Chief's Award is given to community members or organizations who demonstrate distinguished service or significant contributions to public safety. This year's recipients have exemplified these values through their unwavering commitment to improving mental health care in Concord and throughout the County.

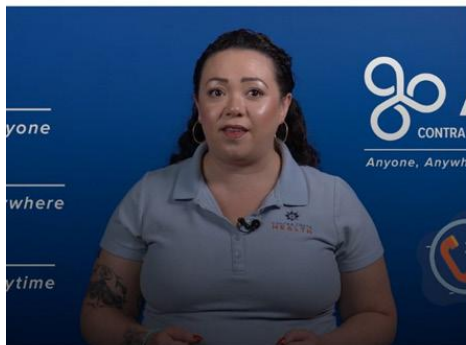
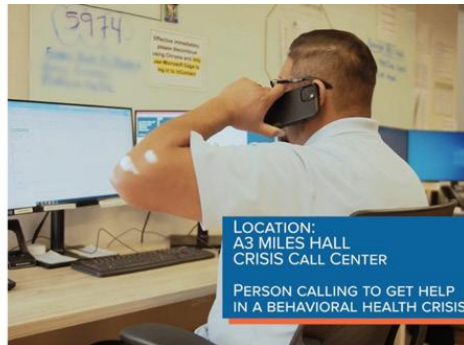


Chief Bustillos presenting the Chief's Award to A3 Leadership.

# Partnership in Mental Health Crisis Response

## What's Next

A3 is building a campus at 1034 Oak Grove in Concord, on property owned by Contra Costa County. It will house the Miles Hall Crisis Call Center, outpatient behavioral health services assessment, service referrals, and peer respite services. Operating hours will be 9:00 a.m. to 7:00 p.m., every day. The campus is set to be completed by June 2026.



*This collection shows the various aspects of the A3 Crisis Response and the CPD participating in the training videos.*

## Need Help? You're Not Alone

- If you or someone you know is experiencing a behavioral health crisis, help is available anytime. Call A3 at 844-844-5544, available (24/7)
- In an emergency: Call 911
- For suicide and crisis support: Call 988 or Text "HOPE" to 20121
- To learn more about A3, please visit [www.cchealth.org/A3](http://www.cchealth.org/A3)

## New Regulations in Effect for Food Trucks and Sidewalk Vending

Implementation of the City's new vending regulations, which took effect on July 24, 2025, is in full force. The new regulations safeguard the health and safety of residents and visitors by requiring food truck and sidewalk vendors to obtain a vending license prior to vending in public streets, parks, or sidewalks.

In order to get a vending license, applicants must have a County Health permit (if selling food), a City Business License, and a State Sellers Permit. The license review process helps ensure that vendors have the required Contra Costa County Health Department permits, are not creating access/circulation hazards, and are maintaining the cleanliness and usability of public spaces.

To help vendors and residents understand the new regulations, the City has a dedicated website, [www.cityofconcord.org/vending](http://www.cityofconcord.org/vending), with English and Spanish informational resources, including FAQs,

flyers, application checklists, and how-to guides. Bilingual staff are available to assist customers at the Permit Center, and application forms are available in English and Spanish.

The Police Department's Community Impact Unit is leading the ordinance enforcement and issuing citations for violations. Members of the public can report unpermitted vending through the City's online reporting tool at [www.cityofconcord.org/concordconnect](http://www.cityofconcord.org/concordconnect).

	Food Truck	Sidewalk Vending
<b>Required Permits and Licenses</b>	<ul style="list-style-type: none"> <li>Food Truck - Motorized or towable vehicles that park in the street and vend</li> <li>City of Concord Vendor License</li> <li>City of Concord Business License</li> <li>State Seller's Permit</li> <li>If selling food: County Health Mobile Food Facility Permit</li> </ul>	<ul style="list-style-type: none"> <li>Sidewalk Vending - Carts, wagons, tables, and other non-motorized vending on the sidewalk</li> <li>City of Concord Sidewalk Vending License</li> <li>City of Concord Business License</li> <li>State Seller's Permit</li> <li>If selling food: County Health Mobile Food Facility Permit</li> </ul>
<b>Allowed Locations</b>	In a legal, on street parking spot approved by City staff. Truck cannot block or cause traffic issues.	Paved public sidewalks and paths; at least 4 feet must be maintained for passers-by. In residential areas, only roaming vendors are allowed.
<b>Hours of Operation</b>	8 a.m. - 9 p.m.	Residential Areas: 9 a.m. - 6 p.m. Non-Residential: 8 a.m. - 10 p.m. Parks: During hours open to the public

To view all rules, restrictions, and exceptions, visit [www.cityofconcord.org/vending](http://www.cityofconcord.org/vending)

## Invitation to the City of Concord Reorganization Meeting

Join Us on December 9, 2025

*Have you ever wondered how someone gets to be a Mayor in Concord? Did you know that you can watch our Mayor be selected in person or on TV?*

Voters in each district elect one member of the City Council to represent their district on the City Council. The voters do not select the Mayor. Rather, the Councilmembers themselves select one of their own to serve as Mayor for one year each December. At the same time, they also select their Vice Mayor.

This transition occurs annually at a public city council meeting in December called the Reorganization Meeting. During this meeting, the outgoing Mayor has the opportunity to give final remarks and reflect on their year in office. Following this, the Councilmembers vote to decide who will be the next Mayor and Vice Mayor. Currently, Carlyn Obringer serves as Mayor, and Laura Nakamura is Vice Mayor.

**The City of Concord invites the public to join us for this event:**

**Tuesday, December 9, 2025, at 6:30 p.m.**  
**City Council Chambers**  
**1950 Parkside Drive**  
**Concord, CA 94519**

Or you can tune in to Comcast Channel 28, Astound Channels 29 and 1026, and U-verse Channel 99, which is the City's TV Channel, and watch the Reorganization Meeting Broadcast.

Come and be part of this important civic process. Attendees are invited to join the council and the community in a celebration for the new Mayor and Vice Mayor at the Senior Center, 2727 Parkside Circle, Concord, CA 94519, directly after the City Council meeting.



# City Hosts First Environmental Art Competition

## 18 Students Honored for their Creative Contributions

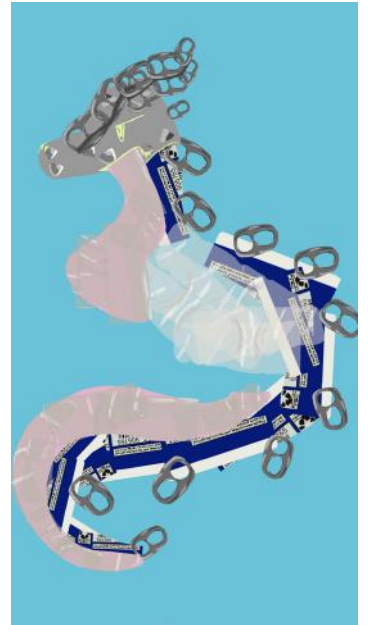
This summer, the City of Concord hosted its first Youth Environmental Art Competition, inviting local artists ages 5 to 18 to help beautify downtown public spaces while promoting environmental stewardship through art.

Participants were asked to submit sustainability-themed designs to be featured on the side panels of trash and recycling bins surrounding Todos Santos Plaza. A panel of local judges reviewed the submissions, selecting works that demonstrated creativity, originality, and a strong environmental message to enhance the aesthetic of Concord's downtown area.

The project aimed to raise public awareness of environmental issues, encourage proper recycling and waste disposal, and promote sustainable practices throughout the community.

A total of 18 winning pieces were selected for display. The student artists were recognized at the October 14, 2025 City Council Meeting, and their artwork was installed during the first week of November.

Through this program, the City of Concord celebrates the creativity and environmental commitment of its youth—transforming everyday public spaces into inspiring reminders of sustainability. To see all the artwork and messages from the artists, please visit [www.cityofconcord.org/sustainability](http://www.cityofconcord.org/sustainability).



## Subscribe to the City News E-newsletter

Want more frequent news and information from the City of Concord? Sign up to receive our semimonthly e-newsletter for updates on what's happening in your community. Subscribe today! [Cityofconcord.org/news](http://Cityofconcord.org/news)





# Be Flood Ready!

Concord is within the Walnut Creek and Mt. Diablo Creek drainage basins, which are discharged into Suisun Bay. During heavy storms, these creeks can overflow, creating flood risks across our community.

## Is your property in a flood zone?

FEMA identifies certain areas in Concord as Special Flood Hazard Areas (SFHAs) with a 1% annual chance of flooding.

- Call the Engineering Division at 925-671-3425 for a free flood zone check
- View maps at <https://www.fema.gov/flood-maps>
- Don't have a computer? No problem. Visit the Concord Library, located at 2900 Salvio Street, which has floodplain information available to the public.
- Elevation Certificates document your property's flood risk. They are used for a variety of purposes, including tracking ordinance compliance and informing flood insurance. To look up your property's Elevation Certificate, please visit <https://concordca.withforerunner.com/>
- Get Flood Insurance
- Standard homeowner's insurance does not cover flood damage. Through the National Flood Insurance Program (NFIP), both homeowners and renters can purchase coverage, even if they live outside the 100-year floodplain. Because Concord participates in FEMA's Community Rating System, residents may qualify for discounted premiums. More information can be found at <https://concordca.withforerunner.com/>, or call 1-800-427-4661. The coverage begins 30 days after purchase.





Scan to access the public website!



CONTRA COSTA COUNTY  
**Register for  
emergency alerts!**  
**CWSAlerts.com**



925-655-0111

f X @CoCoCWS

## Keep Drains & Creeks Clear

- Help prevent flooding by keeping gutters and storm drains free of debris
- If you see dumping in a drain or creek, report it to 1-800-NO-DUMPING (1-800-663-8674)
- If you need help maintaining private creek areas, please contact Public Works at 925-671-3050 or visit <https://cityofconcord.org/Concordconnect>.

## Protect Your Property

If your home sits below flood level, consider elevating your structure or using sandbags to block rising water.

- Free sandbags are available at City Corporation Yard, 1455 Gasoline Alley
- Before making improvements, check permitting requirements with:
  - Building Division: 925-671-3107
  - Engineering Division: 925-671-3425
- Prepare an Emergency Kit, and keep them in a waterproof container with:
  - Flashlights & batteries
  - Non-perishable food & water
  - Battery-powered radio
  - First-aid kit
  - Emergency contact info
- Review your kit once a year and update as needed



## During a Flood

- Tune to KCBS 740 AM or Comcast 28 / Astound 29 / U-verse 99 for City updates
- If flooding is imminent, contact PG&E (800-743-5000) to safely shut off power and gas
- Avoid driving or walking through floodwaters
- Move to higher ground and stay alert

## After a Flood

- Follow City recovery instructions before returning home
- Hire licensed, insured contractors for repairs
- Always ensure permits are issued for work like roofing, grading, or structural changes.

## Protect Our Floodplains

Floodplains naturally absorb stormwater, reduce downstream flooding, and support wildlife habitats. Preserving them helps protect Concord's environment and community safety.

Stay informed by signing up for Contra Costa County's Community Warning System to receive emergency alerts straight to your phone or email. Please visit <https://cwsalerts.com/>.



# Gallery CAA at Centre Concord

This holiday season, visit Centre Concord (5295 Clayton Rd.) to see Fall into Winter, the Concord Art Association's latest member show. Stop by Monday–Friday, 10 a.m.–4 p.m. to view or purchase original artwork.



Poinsettia. By Julie Limberg

## Upcoming Shows

**Fall into Winter:** October 13-January 15

**Something Unexpected:** January 20-April 9

For more art or purchase inquiries, visit [concordartassociation.org](http://concordartassociation.org). Proceeds support CAA's Teacher Grants and Scholarships.



Pumpkin Patch. By Renaye Johnson



Winter Harvest. By Thomas Freeman

*Reserve a picnic space*

**Concord Recreation Services has a variety of picnic sites that are the perfect location for your next family gathering, birthday party or hang out with friends.**

For more information and a complete listing and availability of our reservable sites with amenities, please visit our website at [www.cityofconcord.org/picnic](http://www.cityofconcord.org/picnic)

*A hands-on family fun event where kids can explore their favorite big trucks and vehicles!*

# TRUCK DAY

Saturday, February 14, 10 a.m.-12 p.m.

Centre Concord, 5298 Clayton Road

*Climb inside | Honk the horns | Meet the heroes*



PRESENTED BY:



CITY OF CONCORD  
PRESCHOOL PROGRAM

Join us inside for the Concord Preschool Program Open House! Classes available for ages 2-4. Learn more on pg. 17

CONCORD RECREATION SERVICES PROUDLY PRESENTS...



CONCORD'S GOT  
Talent

SAVE THE DATE



Concord's Got Talent returns in 2026, mark your calendars for a night of show-stopping performances and community fun! Calling all musicians, singers, dancers, actors, and more to audition for the spotlight. All proceeds benefit the Senior Scholarship Program—supporting our community while celebrating local talent!

#### AUDITIONS

Call 925-671-3017 for an audition time.

#### TICKETS

Tickets to see the show will go on sale on February 2

#### SHOW DATE

March 6, 2026 at 6 p.m. at the Concord Senior Center

#### REQUIREMENTS

At least 1 member of the group must be 50 years or older.

Acts cannot exceed 3 minutes.

All comedic acts must submit their jokes in writing.

Performers must attend dress rehearsal on March 5 at 5 p.m.

# EGG-STRAORDINARY UNDERWATER EGG HUNT



**Saturday, March 28**

1:30-3 p.m. • Concord Community Pool  
\$13 residents, \$18 non-residents [Class #125641](#)

Ready, Set, Swim! Come join our City of Concord's aquatic staff for a fun-filled springtime event for the whole family. Splash around and hunt for eggs in our shallow water short course lanes. Once you have gathered all your eggs, enjoy arts and crafts and games on the grass.

Anyone who plans on participating in the event must be registered online. Please keep in mind, children 8 years and under, and/or anyone wearing a Coast Guard-approved flotation device must be accompanied by a legal guardian and within arm's reach at all times.



## MIDSUMMER *Maker's Market*

**Saturday, May 2  
10 a.m.-2 p.m.**

CONCORD SENIOR CENTER  
2727 Parkside Circle | 925-671-3320

**Free admission! Shop and support local community artists!  
Vendors include: jewelry, knitted goods, quilts, custom gifts,  
decorations, and more!**

**Interested in being a vendor? Register at [concordreg.org](http://concordreg.org), see Course #125543**





Preschool



## CITY OF CONCORD PRESCHOOL PROGRAM

# a great place to grow

Learn through play with the Concord Preschool Program! Our highly trained and experienced teachers guide young learners through a variety of enriching experiences in each class, encouraging children to play, learn, and grow. Through play-based curriculum that focuses on literature, math, science, art, music and movement, and fine motor activities, your child will make new friends, learn routines, and play while our teachers assist in personal, social, and emotional development!

Established in 1991, the Concord Preschool Program has proudly served over 7,000 families since establishment. Collectively, our team has over 75 years of experience in Early Childhood Education and youth and preschool programs.

## 2026-2027 School Year

### Class Dates and Times

September 8, 2026 - May 7, 2027  
9-11:30 a.m. and 12:30-3 p.m.

### Locations

**Centre Concord:** 5298 Clayton Road  
2, 3 and 4 year old classes\*

\*4 year olds must be potty-trained

**Baldwin Park:** 2790 Parkside Circle  
2, 3, and 4 year old classes\*

\*4 year olds must be potty-trained

### Monthly Fees

2 day/week: \$262R / \$288NR

3 day/week: \$366R / \$401NR

4 day/week: \$535R / \$587NR

### Registration

Registration will open on March 2, 2026. A \$140 non-refundable, non-transferable registration fee ([#125617](#)) must be paid prior to registering for a class. A \$30 one-time, non-refundable materials fee will be charged at the time of the first tuition payment. For assistance with registration, please call 925-671-3404.

## Register...

For more information and to register, visit our website at [www.cityofconcord.org/preschool](http://www.cityofconcord.org/preschool)



## 2026-2027 SCHOOL YEAR CLASSES

Program	Age (by 9/1/26)	Days	Times	Class #
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### CENTRE CONCORD

<b>Seeds</b>	2 years	M/W/F	9-11:30 a.m.	<a href="#">125618</a>
<b>Little Seeds</b>	21 months-2 years	TU/TH	9-11:30 a.m.	<a href="#">125619</a>
<b>Seedlings</b>	2-3 years	M/W/F	12:30-3 p.m.	<a href="#">125620</a>
<b>Sprouts</b>	3 years	M/W/F	9-11:30 a.m.	<a href="#">125621</a>
		TU/TH	9-11:30 a.m.	<a href="#">125622</a>
<b>Saplings</b>	3-4 years	M-TH	9-11:30 a.m.	<a href="#">125623</a>
		TU/W/TH	9-11:30 a.m.	<a href="#">125624</a>
		TU/TH	9-11:30 a.m.	<a href="#">125625</a>
		M-TH	12:30-3 p.m.	<a href="#">125626</a>
		TU/W/TH	12:30-3 p.m.	<a href="#">125627</a>
		TU/TH	12:30-3 p.m.	<a href="#">125628</a>

### BALDWIN PARK

<b>Seeds</b>	2 years	M/W/F	9-11:30 a.m.	<a href="#">125629</a>
<b>Little Seeds</b>	21 months-2 years	TU/TH	9-11:30 a.m.	<a href="#">125630</a>
<b>Sprouts</b>	3 years	M/W/F	9-11:30 a.m.	<a href="#">125631</a>
		TU/TH	9-11:30 a.m.	<a href="#">125632</a>
<b>Saplings</b>	3-4 years	M-TH	12:30-3 p.m.	<a href="#">125633</a>
		TU/W/TH	12:30-3 p.m.	<a href="#">125634</a>
		TU/TH	12:30-3 p.m.	<a href="#">125635</a>

Stay n' Play	Days	Times	Class #	Monthly Fee
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For students enrolled in our program, join us for a supervised snacktime with peers, extra playtime, and additional teacher-led activity experiences to further develop cognitive and social skills in a safe and enriching environment.

<b>CENTRE CONCORD</b>				
	M/W/F	11:30a.m.-12:30p.m.	<a href="#">125636</a>	\$120R/\$131NR
	TU/TH	11:30a.m.-12:30p.m.	<a href="#">125637</a>	\$160R/\$175NR
<b>BALDWIN PARK</b>				
	M/W/F	11:30a.m.-12:30p.m.	<a href="#">125638</a>	\$120R/\$131NR
	TU/TH	11:30a.m.-12:30p.m.	<a href="#">125639</a>	\$160R/\$175NR



# Open House

**Saturday, February 14 • 10 a.m.-12 p.m.**

Fall in love with learning! Explore your future preschool classroom, meet our teachers, and discover how play, friendship, and exploration create endless learning opportunities.

*plus* Stop by Centre Concord from 10 a.m.-12 p.m. for Truck Day to explore your favorite big trucks and vehicles!



# Preschool Classes

R = Concord Resident  
NR = Non-Resident

## Pre Ballet

**Ages:** 3-5 years

Preschool dancers will be inspired with world of ballet through creative movement and improvisation. Dancers will focus on body positioning, balance and fundamentals.

**Instructor:** Luana Nietschy

**Location:** Baldwin Park Dance Studio

DATES	DAY	TIME	FEE	CLASS #
1/3-2/7	SA	9-9:30a.m.	R: \$89/NR: \$98	<a href="#">125763</a>

**Location:** Centre Concord Activity Center

DATES	DAY	TIME	FEE	CLASS #
2/21-3/21	SA	9-9:30a.m.	R: \$75/NR: \$83	<a href="#">125764</a>
3/28-4/25	SA	9-9:30a.m.	R: \$75/NR: \$83	<a href="#">125766</a>

## Tiny Tigers Karate

**Ages:** 3-5 years

Build your little ninja's confidence, focus, and discipline through fun, action-packed classes. We focus on fitness, coordination, discipline, focus, balance, memory, control and teamwork! Each participant will also receive a uniform. No class April 8 and 11.

**Location:** 2956 Treat Blvd Suite H

**Instructor:** Delta Martial Arts & Athletics

DATES	DAY	TIME	FEE	CLASS #
1/7-2/25	W	5-5:30p.m.	R: \$167/NR: \$184	<a href="#">125701</a>
1/10-2/28	SA	9-9:30a.m.	R: \$167/NR: \$184	<a href="#">125704</a>
3/4-4/29	W	5-5:30p.m.	R: \$167/NR: \$184	<a href="#">125703</a>
3/7-4/25	SA	9-9:30a.m.	R: \$167/NR: \$184	<a href="#">125705</a>

## My Lileigh Pad Nature Preschool

**Ages:** 3-5 years

This play-based preschool program takes learning outdoors, with nature exploration, creek adventures, arts and crafts, music, and literature. Children build early literacy, math, problem-solving, and social-emotional skills through process art, sensory play, building, free play, and water fun (including crawdad fishing). Held in all weather. \$50 supply fee due the first day of each session. No class April 8.

**Location:** Markham Nature Park

**Instructor:** My Lileigh Pad

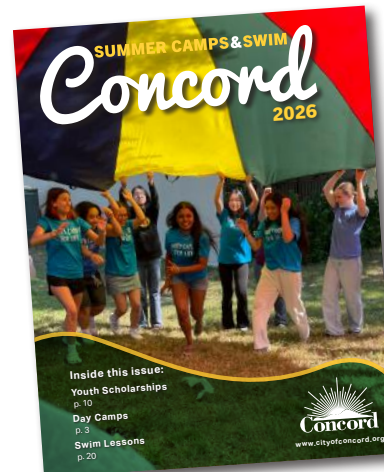
DATES	DAY	TIME	FEE	CLASS #
1/7-1/28	W	9a.m.-12p.m.	R: \$313/NR: \$345	<a href="#">125542</a>
1/8-1/29	TU/TH	9a.m.-12p.m.	R: \$598/NR: \$658	<a href="#">125535</a>
2/3-2/26	TU/TH	9a.m.-12p.m.	R: \$598/NR: \$658	<a href="#">125536</a>
2/4-2/25	W	9a.m.-12p.m.	R: \$313/NR: \$345	<a href="#">125541</a>
3/3-3/31	TU/TH	9a.m.-12p.m.	R: \$598/NR: \$658	<a href="#">125537</a>
3/4-3/25	W	9a.m.-12p.m.	R: \$313/NR: \$345	<a href="#">125540</a>
4/1-4/29	W	9a.m.-12p.m.	R: \$313/NR: \$345	<a href="#">125539</a>
4/14-4/30	TU/TH	9a.m.-12p.m.	R: \$598/NR: \$658	<a href="#">125538</a>



It's never too soon to start planning your

# Summer adventures!

The 2026 Summer Camp & Swim Guide is your ultimate summer camp playbook, covering everything from sports to performing arts and day camps, plus our fan-favorite swim lesson program is making a splash too!



Guide drops Friday, January 9.  
Registration opens Wednesday, January 14!

Search by  
class number on  
[concordreg.org](http://concordreg.org)  
to register

## Sports

### All Sorts of Sports JR. Club

**Ages:** 4-6 years

This program gives children a fun, active & educational experience tailored to the abilities of their age group. Your child will have a blast learning motor skills and coordination while playing games with the other children that may include: baseball, soccer, flag football, capture the flag, relay & obstacle races and a whole lot more. Featuring structured simple activities, individual and team-building challenges along with small sided competitions to develop and engage small athletes.

**Location:** Concord Community Park

**Instructor:** National Academy of Athletics

DATES	DAY	TIME	FEE	CLASS #
3/3-3/26	TU/TH	4-5:30p.m.	R: \$197/NR: \$217	<a href="#">125820</a>

### Kidz Love Soccer - Parent & Me

**Ages:** 2-3.5 years

The fun happens on the field, so don't just watch from the sidelines! Here is your chance to join in your toddler's introduction to the world's most popular sport. You'll participate in fun, age-appropriate activities, and help your child to develop their motor and socialization skills. A variety of soccer activities are played each week. Adult participation is required. All participants receive a Kidz Love Soccer jersey!

**Location:** Concord Community Park

**Instructor:** Kidz Love Soccer

DATES	DAY	TIME	FEE	CLASS #
3/30-5/11	M	5:50-6:20p.m.	R: \$170/NR: \$187	<a href="#">125531</a>



### Kidz Love Soccer - Tot/Pre-Soccer

**Ages:** 3-5 years

Little tykes will enjoy running and kicking just like the big kids! Children will have fun and learn the basic techniques of the game while building self-esteem. Children learn to follow instructions in a nurturing, age-appropriate environment. All participants receive a Kidz Love Soccer jersey! Shin guards are required after the first meeting. No class January 19 and February 16.

**Location:** Concord Community Park

**Instructor:** Kidz Love Soccer

DATES	DAY	TIME	FEE	CLASS #
1/12-3/2	M	5:10-5:45p.m.	R: \$149/NR: \$164	<a href="#">125529</a>
3/30-5/11	M	5:10-5:45p.m.	R: \$170/NR: \$187	<a href="#">125530</a>

Connect with us!



City of Concord, CA  
Recreation Services



## DIABLO CREEK GOLF COURSE

18 hole Championship Golf Facility  
4050 Port Chicago Highway, Concord 94520  
925-686-6267 • [www.diablocreekgc.com](http://www.diablocreekgc.com)  
Open 7 days/week • Full-service Pro Shop

**SWING INTO WINTER** with a golf tune-up or learn to play golf with lessons from one of our qualified instructors!

**Custom Club-Fitting Center** Come try out the newest golf product and be personally fit by one of our certified instructors with the latest Track Man technology which measures all facets of the ball flight. We carry all major brands. Call today to set an appointment.

**Private or Group Lessons** Call Pro Shop for pricing.  
**Lighted driving range and full-service Pro Shop.**



**First Tee is a non-profit youth program established to teach life skills and instill core values through the game of golf.**

**Winter 2026 Season** (8 weeks): January 12–March 8

**Registration Dates:** Monday, December 1, 8 a.m. for returning participants; Tuesday, December 2, 8 a.m. for new participants.

**Spring 2026 Season** (8 weeks): March 23–May 17

**Registration Dates:** Monday, February 23, 8 a.m. for returning participants; Tuesday, February 24, 8 a.m. for new participants.

**Visit [firstteecontracosta.org](http://firstteecontracosta.org)  
for more information and to register.**



# Youth Scholarship Program

**Save up to 90% on recreation program fees this summer!**

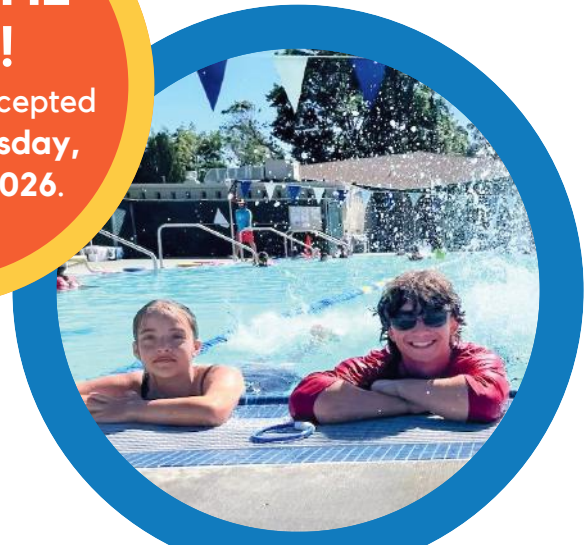
The Youth Scholarship Program is open to all Concord residents under the age of 18 who meet financial qualifications, submit a completed application, and pay a prorated fee.

## ELIGIBLE PROGRAMS

- Group Swim Classes (10 mo.-14 yrs.)
- Splash Camp (ages 8-14)
- Lil Explorers (ages 2-5)
- Backyard Explorers (grades K-5th)
- East Bay Explorers (grades 5th-8th)
- Counselor in Training (ages 12-15)

## SAVE THE DATE!

Applications accepted  
beginning **Tuesday,**  
**January 13, 2026.**



Learn more at: [www.cityofconcord.org/youthscholarship](http://www.cityofconcord.org/youthscholarship)



*Youth & Teens*

## Health & Fitness

### Aerial Silks for Beginners

**Ages:** 6-12 years

Come join the circus! Learn to fly on aerial silks while building strength, confidence, and flexibility. No class January 19.

**Location:** 2956 Treat Blvd Suite H

**Instructor:** Delta Martial Arts & Athletics

DATES	DAY	TIME	FEE	CLASS #
1/5-2/2	M	3:15-4:15p.m.	R: \$157/NR: \$173	<a href="#">125697</a>
1/7-1/28	W	3:30-4:30p.m.	R: \$157/NR: \$173	<a href="#">125699</a>
4/13-5/4	M	3:15-4:15p.m.	R: \$157/NR: \$173	<a href="#">125698</a>
4/15-5/6	W	3:30-4:30p.m.	R: \$157/NR: \$173	<a href="#">125700</a>

### Beginner Dragons Karate

**Ages:** 7-12 years

The class offers a comprehensive and challenging training curriculum covering various aspects of martial arts, including physical fitness, self-defense techniques, and character development. Students refine their techniques, learn advanced forms, and engage in controlled sparring under the guidance of our experienced instructors. \$40 supply fee due to instructor on first day. No class April 8.

**Location:** 2956 Treat Blvd Suite H

**Instructor:** Delta Martial Arts & Athletics

DATES	DAY	TIME	FEE	CLASS #
1/7-2/25	W	5:30-6:30p.m.	R: \$167/NR: \$184	<a href="#">125709</a>
1/10-2/28	SA	10-10:50a.m.	R: \$167/NR: \$184	<a href="#">125711</a>
3/4-4/29	W	5:30-6:30p.m.	R: \$167/NR: \$184	<a href="#">125710</a>
3/7-4/25	SA	10-10:50a.m.	R: \$167/NR: \$184	<a href="#">125712</a>

## Special Interest

### Introduction to Python

**Ages:** 9-14 years

Students will learn the basics of Python programming, including variables, data types, control structures, and functions. Through simple, interactive projects, they'll gain hands-on experience in writing Python code and solving problems, laying a strong foundation for future programming endeavors. This class is ideal for beginners looking to start their coding journey with one of the most popular and versatile programming languages.

**Location:** Online

**Instructor:** Code Ninjas

DATES	DAY	TIME	FEE	CLASS #
2/17-4/7	TU	5:30-6:30p.m.	R: \$310/NR: \$341	<a href="#">125815</a>

## Learn Coding - Game Development

**Ages:** 9-14 years

The kids will learn how to express themselves and let their creativity shine through code as they work together to craft silly, scary, and exciting cartoons in Scratch, a kid-friendly, visual programming environment developed by MIT. Throughout this experience, the students will level up their knowledge of basic coding concepts as well as their storytelling abilities.

**Location:** Online

**Instructor:** Code Ninjas

DATES	DAY	TIME	FEE	CLASS #
2/18-4/8	TU	5:30-6:30p.m.	R: \$310/NR: \$341	<a href="#">125814</a>

## NASA: Academy of Future Space Explorers

**Ages:** 5-11 years

NASA and Mad Science collaborate to educate the next generation! Children go on a voyage of discovery to space with unique hands-on activities and amazing demonstrations. They explore the sun and stars, space technology, rocket science, the atmosphere, planets and moons, supernovas and more!

**Location:** Centre Concord

**Instructor:** Mad Science

DATES	DAY	TIME	FEE	CLASS #
1/20-3/10	TU	4-5p.m.	R: \$286/NR: \$315	<a href="#">125818</a>
3/24-4/28	TU	4-5p.m.	R: \$216/NR: \$238	<a href="#">125819</a>

## Sports

### All Sorts of Sports Club

**Ages:** 7-12 years

Whether your child is a beginner or more experienced player, this multi-sport camp is a perfect place for kids to be introduced to the world of sports, teamwork and athletics! Games we play include, basketball, dodgeball, soccer, kickball, and football, capture the flag, ultimate Frisbee & obstacle races and a whole lot more. Your children will learn new skills while having a blast and making new friends.

**Location:** Concord Community Park

**Instructor:** National Academy of Athletics

DATES	DAY	TIME	FEE	CLASS #
3/31-4/23	TU/TH	4-5:30p.m.	R: \$197/NR: \$217	<a href="#">125821</a>

Search by  
class number on  
[concordreg.org](http://concordreg.org)  
to register

## Parkour Fit Foundations

**Ages:** 8-15 years

Build strength, agility, and confidence through beginner-friendly Parkour training. This class focuses on fitness, coordination, and functional movement in a safe, supportive setting, perfect for anyone new to Parkour or looking for a fun way to get fit.

**Location:** Willow Pass Park, Outdoor Fitness Area

**Instructor:** Armando Covarrubias

DATES	DAY	TIME	FEE	CLASS #
1/10-1/31	TU/TH	10a.m.-1p.m.	R: \$189/NR: \$207	<a href="#">125681</a>

## Introduction to Basketball

**Ages:** 5-12 years

Learn how to play basketball, have fun, and make new friends with Stealth Sports Center basketball coaches! Your child will learn the fundamentals of basketball in a positive environment including running, jumping, shooting, and dribbling with our trained and experienced staff.

**Location:** Stealth Sports Center

**Instructor:** Stealth Sports

**Ages:** 5-8 years

DATES	DAY	TIME	FEE	CLASS #
1/6-1/27	TU	4-5p.m.	R: \$146/NR: \$160	<a href="#">125673</a>
1/8-1/29	TH	4-5p.m.	R: \$146/NR: \$160	<a href="#">125676</a>
2/3-2/24	TU	4-5p.m.	R: \$146/NR: \$160	<a href="#">125674</a>
2/5-2/26	TH	4-5p.m.	R: \$146/NR: \$160	<a href="#">125677</a>

**Ages:** 9-12 years

DATES	DAY	TIME	FEE	CLASS #
1/6-1/27	TU	5-6p.m.	R: \$146/NR: \$160	<a href="#">125667</a>
1/8-1/29	TH	5-6p.m.	R: \$146/NR: \$160	<a href="#">125670</a>
2/3-2/24	TU	5-6p.m.	R: \$146/NR: \$160	<a href="#">125668</a>
2/5-2/26	TH	5-6p.m.	R: \$146/NR: \$160	<a href="#">125671</a>

## Jr. Warriors Basketball League

**Ages:** 5-11 years

Learn how to play basketball, have fun, and make new friends at the Jr. Warriors basketball league. Fees include a Warrior jersey and shooting sleeve, 6 games, and guaranteed playoffs. All teams are guaranteed to make the playoffs. Teams will practice Saturdays for one hour followed by an approximately one hour game. Volunteer coaches needed. If interested, please email sports@cityofconcord.org.

**Location:** Stealth Sports Center

**Instructor:** Stealth Sports

**Ages:** 5-8 years

DATES	DAY	TIME	FEE	CLASS #
1/10-2/21	SA	10a.m.-12p.m.	R: \$209/NR: \$229	<a href="#">125664</a>
1/3 Skills Observation 10a.m.-11a.m.				

**Ages:** 8-11 years

DATES	DAY	TIME	FEE	CLASS #
1/10-2/21	SA	10a.m.-12p.m.	R: \$209/NR: \$229	<a href="#">125665</a>
1/3 Skills Observation 11a.m.-12p.m.				

## Basketball Buckets & Beyond: All-Level Shooting Skills Lab

**Ages:** 9-13 years

Buckets & Beyond is Slam Dunk Academy's all-level shooting class. Players build confidence, consistency, and range through skill-based drills, live reps, and expert coaching. Improve footwork, mechanics, and shooting IQ in a high-energy environment designed to turn every athlete into a confident, game-ready scorer.

**Location:** Slam Dunk Academy, 995 Detroit Ave, Suite D

**Instructor:** Stephen Ramirez

DATES	DAY	TIME	FEE	CLASS #
1/4-1/25	SU	5-6p.m.	R: \$187/NR: \$205	<a href="#">125663</a>
2/1-2/22	SU	5-6p.m.	R: \$187/NR: \$205	<a href="#">126266</a>
3/1-3/29	SU	5-6p.m.	R: \$187/NR: \$205	<a href="#">126267</a>
4/5-4/26	SU	5-6p.m.	R: \$187/NR: \$205	<a href="#">126268</a>

## Kidz Love Soccer – Soccer 1

**Ages:** 5-6 years

Players will learn dribbling, passing, defense and shooting goals! Fun skill games are played at every session, and every participant will have a ball at their feet. Small-sided soccer matches will be introduced gradually. Perfect for first time players while being fun and engaging for kids with some experience. No class January 19 and February 16.

**Location:** Concord Community Park

**Instructor:** Kidz Love Soccer

DATES	DAY	TIME	FEE	CLASS #
1/12-3/2	M	3:30-4:15p.m.	R: \$149/NR: \$164	<a href="#">125525</a>
3/30-5/11	M	3:30-4:15p.m.	R: \$170/NR: \$187	<a href="#">125526</a>

## Kidz Love Soccer – Soccer 2

**Ages:** 7-10 years

A great introduction to competitive soccer, Skillz and Scrimmages teaches advanced skill building such as dribbling, passing and shooting in a team format, as well as an introduction to goal-tending. Kids will scrimmage and learn to play together as a team. Kids get exposure to playing every position and have a blast doing it. Appropriate for players of varying skill levels. No class January 19 and February 16.

**Location:** Concord Community Park

**Instructor:** Kidz Love Soccer

DATES	DAY	TIME	FEE	CLASS #
1/12-3/2	M	4:20-5:05p.m.	R: \$149/NR: \$164	<a href="#">125527</a>
3/30-5/11	M	4:20-5:05p.m.	R: \$170/NR: \$187	<a href="#">125528</a>

# Youth & Teen Classes

Connect with us!



City of Concord, CA  
Recreation Services

## Junior Tennis: Beyond the Basics

**Ages:** 8-11 years

Ready to take your game to the next level? This program is for young players who know the fundamentals and want to become a more complete player. We'll focus on refining strokes, developing footwork, and building confidence on the court. No class February 16.

**Location:** Willow Pass Park, Tennis Court 4

**Instructor:** Calvin McCullough

DATES	DAY	TIME	FEE	CLASS #
1/26-3/4	M/W	5:30-6:30p.m.	R: \$151/NR: \$165	<a href="#">125737</a>
1/26-3/2	M	5:30-6:30p.m.	R: \$151/NR: \$165	<a href="#">125728</a>
1/28-3/4	W	5:30-6:30p.m.	R: \$151/NR: \$165	<a href="#">125729</a>
4/13-5/13	M/W	5:30-6:30p.m.	R: \$151/NR: \$165	<a href="#">125741</a>
4/13-5/11	M	5:30-6:30p.m.	R: \$151/NR: \$165	<a href="#">125739</a>
4/15-5/13	W	5:30-6:30p.m.	R: \$151/NR: \$165	<a href="#">125740</a>

## Tween Tennis Hangout

**Ages:** 12-15 years

Welcome to Tween Tennis Hangout, a fun and social class for players aged 12-15! Perfect for those who want to improve their skills without the pressure of a competitive program. We focus on match strategy, consistent play, and making new friends. Get ready to hit the court and have some fun. No class February 19.

**Location:** Willow Pass Park, Tennis Court 4

**Instructor:** Calvin McCullough

DATES	DAY	TIME	FEE	CLASS #
1/27-3/5	TU/TH	4-5:30p.m.	R: \$161/NR: \$176	<a href="#">125746</a>
1/27-3/3	TU	4-5:30p.m.	R: \$161/NR: \$176	<a href="#">125743</a>
1/29-3/5	TH	4-5:30p.m.	R: \$161/NR: \$176	<a href="#">125744</a>
4/14-5/14	TU/TH	4-5:30p.m.	R: \$161/NR: \$176	<a href="#">125749</a>
4/14-5/12	TU	4-5:30p.m.	R: \$161/NR: \$176	<a href="#">125747</a>
4/16-5/14	TH	4-5:30p.m.	R: \$161/NR: \$176	<a href="#">125748</a>

## Rob Skate Academy

**Ages:** 6-14 years

Looking for an action packed indoor activity to keep your child active this rainy season? Join us here at Rob Skate Academy, where our talented instructors will help your child progress their skateboarding skills in a safe and fun way! No experience necessary!

**Location:** Rob Skate Academy, 576 Sunvalley Mall

**Instructor:** Rob Skate Academy

DATES	DAY	TIME	FEE	CLASS #
1/6-1/20	TU	4-5p.m.	R: \$95/NR: \$105	<a href="#">125802</a>
2/3-2/17	TU	4-5p.m.	R: \$95/NR: \$105	<a href="#">125803</a>
3/10-3/24	TU	4-5p.m.	R: \$95/NR: \$105	<a href="#">125804</a>

## Dance, Music & Arts

### Ballet 1

**Ages:** 5-11 years

Dancers will learn the fundamentals of classical ballet focusing on technique, body placement, vocabulary and musicality. Perform inspiring graceful movements and creativity. Appropriate attire: ballet shoes, tights or leggings and leotards.

**Instructor:** Luana Nietschy

**Location:** Baldwin Park Dance Studio

DATES	DAY	TIME	FEE	CLASS #
1/3-2/7	SA	9:45-10:30a.m.	R: \$101/NR: \$112	<a href="#">125767</a>

**Location:** Centre Concord Activity Center

DATES	DAY	TIME	FEE	CLASS #
2/21-3/21	SA	9:45-10:30a.m.	R: \$85/NR: \$94	<a href="#">125768</a>
3/28-4/25	SA	9:45-10:30a.m.	R: \$85/NR: \$94	<a href="#">125769</a>

### Ballet 2

**Ages:** 5-11 years

Dancers will increase their knowledge of ballet with emphasis on proper placement of arms, body and flexibility. Barre and center work focuses on technique, musicality and grace. Proper attire: ballet shoes, tights and leotards.

**Instructor:** Luana Nietschy

**Location:** Baldwin Park Dance Studio

DATES	DAY	TIME	FEE	CLASS #
1/3-2/7	SA	10:30-11:15a.m.	R: \$101/NR: \$112	<a href="#">125770</a>

**Location:** Centre Concord Activity Center

DATES	DAY	TIME	FEE	CLASS #
2/21-3/21	SA	10:30-11:15a.m.	R: \$85/NR: \$94	<a href="#">125771</a>
3/28-4/25	SA	10:30-11:15a.m.	R: \$85/NR: \$94	<a href="#">125772</a>

## Musical Theatre Workshop

**Ages:** 8-13 years

You will explore the exciting world of musical theatre through singing, dancing, and acting. Students will build confidence, teamwork, and performance skills while learning songs and scenes from popular musicals. No prior experience is necessary, just bring your creativity, energy, and love of storytelling!

**Location:** 2954 Treat Blvd Suite E

**Instructor:** Ohana Theatrical Productions

DATES	DAY	TIME	FEE	CLASS #
2/18-4/1	W	6-7:15p.m.	R: \$182/NR: \$201	<a href="#">125812</a>
4/15-5/27	W	6-7:15p.m.	R: \$182/NR: \$201	<a href="#">125813</a>

# Matahiani Tahitian Dance Classes

**All Ages. All Levels. All Heart.**

At Matahiani, our mission is to teach, perpetuate, and celebrate the rich traditions, values, and artistry of Polynesian culture through dedicated practice, cultural protocol, and vibrant performance. Matahiani is proud to be known for its strong sense of community and family-oriented atmosphere, where learning is joyful and inclusive. We offer classes for both youth and adults, creating opportunities for families to learn, grow, and perform together. No prior experience is required, only a willingness to embrace the culture, build confidence, and celebrate the beauty of Polynesian identity in a welcoming, supportive environment.

**Location for all classes:** Concord Senior Center **Instructor:** DAndrea Alvarado

## Tahitian Dance & Cultural Learning 1

**Ages: 3 years and up**

Dancers will learn the fundamentals of Tahitian dance, focusing on traditional dance steps, technique, graceful movements and connection to the traditional drumming of Tahiti and music. There is an opportunity to perform at shows and events.

DATES	DAY	TIME	FEE	CLASS #
1/4-1/25	SU	10-11a.m.	R: \$60/NR: \$66	<a href="#">125774</a>
2/1-2/22	SU	10-11a.m.	R: \$60/NR: \$66	<a href="#">125775</a>
3/1-3/22	SU	10-11a.m.	R: \$60/NR: \$66	<a href="#">125776</a>
4/5-4/26	SU	10-11a.m.	R: \$60/NR: \$66	<a href="#">125777</a>

*Add on Wednesdays (see Tahitian Mehura Dance)*

DATES	DAY	TIME	FEE	CLASS #
1/4-1/28	SU& W	10-11a.m. 7-8p.m.	R: \$65/NR: \$72	<a href="#">125778</a>
2/1-2/25	SU& W	10-11a.m. 7-8p.m.	R: \$65/NR: \$72	<a href="#">125779</a>
3/1-3/25	SU& W	10-11a.m. 7-8p.m.	R: \$65/NR: \$72	<a href="#">125780</a>
4/5-4/29	SU& W	10-11a.m. 7-8p.m.	R: \$65/NR: \$72	<a href="#">125781</a>

## Tahitian Dance 2

**Ages: 6 years and up**

This class is intended for dancers who have mastered the basic of Tahitian traditional dance steps and ready for a more advanced ability to create and memorize choreography to the drum beats. There is opportunity to perform at shows, events and compete.

DATES	DAY	TIME	FEE	CLASS #
1/4-1/25	SU	11a.m.-12:30p.m.	R: \$60/NR: \$66	<a href="#">125782</a>
2/1-2/22	SU	11a.m.-12:30p.m.	R: \$60/NR: \$66	<a href="#">125783</a>
3/1-3/22	SU	11a.m.-12:30p.m.	R: \$60/NR: \$66	<a href="#">125784</a>
4/5-4/26	SU	11a.m.-12:30p.m.	R: \$60/NR: \$66	<a href="#">125785</a>

*Add on Wednesdays (see Tahitian Mehura Dance & Tahitian Cardio Conditioning)*

DATES	DAY	TIME	FEE	CLASS #
1/4-1/28	SU& W	11a.m.-12:30p.m. 7-9p.m.	R: \$65/NR: \$72	<a href="#">125786</a>
2/1-2/25	SU& W	11a.m.-12:30p.m. 7-9p.m.	R: \$65/NR: \$72	<a href="#">125787</a>
3/1-3/25	SU& W	11a.m.-12:30p.m. 7-9p.m.	R: \$65/NR: \$72	<a href="#">125788</a>
4/5-4/29	SU& W	11a.m.-12:30p.m. 7-9p.m.	R: \$65/NR: \$72	<a href="#">125789</a>

## Tahitian Mehura Dance

**Ages: 6 years and up**

This class is specific to learning a Tahitian style of dance that is slow and graceful movement performed to melodic music.

DATES	DAY	TIME	FEE	CLASS #
1/7-1/28	W	7-8p.m.	R: \$55/NR: \$61	<a href="#">125790</a>
2/4-2/25	W	7-8p.m.	R: \$55/NR: \$61	<a href="#">125791</a>
3/4-3/25	W	7-8p.m.	R: \$55/NR: \$61	<a href="#">125792</a>
4/8-4/29	W	7-8p.m.	R: \$55/NR: \$61	<a href="#">125793</a>

## Tahitian Cardio Conditioning

**Ages: 6 years and up**

This class is for experienced dancers that want to add additional training to maintain stamina and work on technique.

DATES	DAY	TIME	FEE	CLASS #
1/7-1/28	W	8-9p.m.	R: \$55/NR: \$61	<a href="#">125794</a>
2/4-2/25	W	8-9p.m.	R: \$55/NR: \$61	<a href="#">125795</a>
3/4-3/25	W	8-9p.m.	R: \$55/NR: \$61	<a href="#">125796</a>
4/8-4/29	W	8-9p.m.	R: \$55/NR: \$61	<a href="#">125797</a>



# Spring Break Day Camps

## All Sorts of Sports Club Camp

**Ages:** 7-12 years

Whether your child is a beginner or more experienced player, this multi-sport camp is a perfect place for kids to be introduced to the world of sports, teamwork and athletics! Games we play include, basketball, dodgeball, soccer, kickball, flag football, capture the flag, ultimate frisbee & obstacle races and a whole lot more. Your children will learn new skills while having a blast and making new friends.

**Location:** Concord Community Park

**Instructor:** National Academy of Athletics

DATES	DAY	TIME	FEE	CLASS #
4/6-4/10	M-F	9a.m.-12p.m.	R: \$197/NR: \$217	<a href="#">125810</a>

## 3D Design and Print

**Ages:** 8-14 years

Ninjas will explore 3D modeling and printing using Tinker cad. They will code their own custom models, including working bubble wands, keychains, and more! Along the way, they will learn tips, techniques, and best practices for exciting explorations in 3D modeling and printing.

**Location:** 1661 Botelho Drive, Suite 160, Walnut Creek

**Instructor:** Code Ninjas

DATES	DAY	TIME	FEE	CLASS #
4/6-4/10	M-F	9a.m.-12p.m.	R: \$362/NR: \$399	<a href="#">125816</a>

## Junior Lego Robotics

**Ages:** 5-8 years

Designed for young builders, this class invites participants to explore the endless possibilities of LEGO essential kit. Each class features a new theme and projects such as swings, helicopters and carousels and much more.

**Location:** 1661 Botelho Drive, Suite 160, Walnut Creek

**Instructor:** Code Ninjas

DATES	DAY	TIME	FEE	CLASS #
4/6-4/10	M-F	9a.m.-12p.m.	R: \$362/NR: \$399	<a href="#">125817</a>

## Rob Skate Academy

**Ages:** 6-14 years

Looking for an action packed indoor activity to keep your child active this busy season? Our talented instructors will help your child progress their skateboarding skills in a safe and fun way! No experience necessary!

**Location:** Rob Skate Academy, 576 Sunvalley Mall

**Instructor:** Rob Skate Academy

DATES	DAY	TIME	FEE	CLASS #
4/6-4/10	M-F	9a.m.-12p.m.	R: \$300/NR: \$330	<a href="#">125805</a>

## Lil' Explorers

**Ages:** 2-4 years

Young adventurers will love discovering, learning, and playing in this special spring camp! Led by our experienced preschool teachers, each day includes circle time, hands-on activities, creative art, music, and plenty of outdoor play. With the perfect balance of structure and fun, Lil Explorers gives little ones a chance to make new friends, explore new skills, and enjoy a joyful camp experience designed just for them.

**Location:** Baldwin Park

DATES	DAY	TIME	FEE	CLASS #
4/6-4/9	M-TH	9a.m.-12p.m.	R: \$151/NR: \$165	<a href="#">125549</a>

**Location:** Centre Concord

DATES	DAY	TIME	FEE	CLASS #
4/6-4/9	M-TH	9a.m.-12p.m.	R: \$151/NR: \$165	<a href="#">125548</a>

## Backyard Explorers

**Grades:** K-5

Have a blast this spring break with Backyard Explorers! Campers will enjoy crafts, games, STEM, cooking, and more—right in Concord's own Markham Nature Park. Make new friends, explore the outdoors, and have fun under the guidance of our trained camp staff. With plenty of playground time and an exciting field trip, it's sure to be an adventure they won't forget!

**Location:** Markham Nature Park

**Bugs:** Grades K-1

DATES	DAY	TIME	FEE	CLASS #
4/6-4/10	M-F	8a.m.-3p.m.	R: \$299/NR: \$328	<a href="#">125469</a>

**Crawdads:** Grade 2

DATES	DAY	TIME	FEE	CLASS #
4/6-4/10	M-F	8a.m.-3p.m.	R: \$299/NR: \$328	<a href="#">125545</a>

**Adventurers:** Grade 3

DATES	DAY	TIME	FEE	CLASS #
4/6-4/10	M-F	8a.m.-3p.m.	R: \$299/NR: \$328	<a href="#">125546</a>

**Trackers:** Grades 4-5

DATES	DAY	TIME	FEE	CLASS #
4/6-4/10	M-F	8a.m.-3p.m.	R: \$299/NR: \$328	<a href="#">125547</a>

## Counselor in Training

**Ages:** 12-15 years

Kick start your journey to becoming a day camp counselor! This spring break program offers teens the chance to gain valuable job training, develop leadership skills, and learn what it takes to be a successful counselor. CITs work side-by-side with seasoned Backyard Explorers staff to assist with leading activities, engage with campers, and practice teamwork and responsibility—all while still enjoying the fun and excitement of camp.

**Location:** Markham Nature Park

DATES	DAY	TIME	FEE	CLASS #
4/6-4/10	M-F	8a.m.-3p.m.	R: \$219/NR: \$240	<a href="#">125640</a>



Adults

## Arts & Crafts

### Drawing with Color Pencils & Watercolors

**Ages: 18 years and up**

Beginner and advanced students can learn simple techniques to create floral images, animals, portraits or landscapes. The instructor will provide demonstrations, individual help and critiques. You may work in the style of your choice.

**Location:** Concord Senior Center

**Instructor:** Ann Nakatani

DATES	DAY	TIME	FEE	CLASS #
1/7-2/25	W	9:30-10:30a.m.	R: \$92/NR: \$102	<a href="#">125551</a>
3/4-4/22	W	9:30-10:30a.m.	R: \$92/NR: \$102	<a href="#">125552</a>

### Fun Drawings Made Easy

**Ages: 18 years and up**

Learn to enjoy drawing and painting. Create personal and time treasured keepsakes for family and friends. Experienced instructor, Ann, will provide all levels of instruction covering colored pencils, water color and Japanese brush painting. A supply list will be provided at the first meeting. You may bring your own supplies.

**Location:** Concord Senior Center

**Instructor:** Ann Nakatani

DATES	DAY	TIME	FEE	CLASS #
1/7-2/25	W	10:30-11:30a.m.	R: \$92/NR: \$102	<a href="#">125553</a>
3/4-4/22	W	10:30-11:30a.m.	R: \$92/NR: \$102	<a href="#">125554</a>

## Dance, Music & Arts

### Beginning Ballroom & Latin Dance

**Ages: 18 years and up**

Have you always wanted to learn partner dancing in a safe space? Do you want to be able to dance with a partner at weddings and other events? If so, bring your dancing shoes and make sure a friend or partner registers, too. Session 1: Waltz & Cha Cha. Session 2: Swing & Rumba. See you on the dance floor! No class January 19.

**Location:** Concord Senior Center

**Instructor:** Terese McGregor

DATES	DAY	TIME	FEE	CLASS #
1/12-2/9	M	7:30-8:30p.m.	R: \$65/NR: \$72	<a href="#">125825</a>
3/2-3/23	M	7:30-8:30p.m.	R: \$65/NR: \$72	<a href="#">125827</a>

### Ukulele Beginning

**Ages: 18 years and up**

You will learn to strum simple songs like Jambalaya, Let it Be, and Blue Hawai'i! You will need your ukulele, a strap, tuner, pencil, and folder or binder for music. There is a \$5 supply fee due to the instructor on the first day of class.

**Location:** Concord Senior Center

**Instructor:** Dianna Dumelle

DATES	DAY	TIME	FEE	CLASS #
1/7-2/25	W	1:45-2:45p.m.	R: \$73/NR: \$81	<a href="#">125759</a>
3/4-4/22	W	1:45-2:45p.m.	R: \$73/NR: \$81	<a href="#">125760</a>

### Ukulele Intermediate

**Ages: 18 years and up**

Learn to read music for ukulele using both standard staff notation and tablature. Develop skills to play melodies, harmonies, advanced strums, chords, and riffs and gain understanding in music theory. You will need: ukulele, strap, tuner, pencil, eraser, and a folder or binder for music. There is a \$5 supply fee due to the instructor on the first day of class. Prerequisite: ability to play basic major, minor and 7th chords.

**Location:** Concord Senior Center

**Instructor:** Dianna Dumelle

DATES	DAY	TIME	FEE	CLASS #
1/7-2/25	W	3-4p.m.	R: \$73/NR: \$81	<a href="#">125761</a>
3/4-4/22	W	3-4p.m.	R: \$73/NR: \$81	<a href="#">125762</a>



Showcase  
**YOUR**  
Skills

Share your passion by teaching a contract class with the community!

Learn more about becoming an instructor for the City of Concord, Recreation Services Department.

Call 925-671-3017  
[www.cityofconcord.org/teach](http://www.cityofconcord.org/teach)

## Line Dancing by Sparkles 1 – Beginner to High Beginner

**Ages: 21 years and up**

Keep fit, sharpen your memory, release endorphins, laugh, and smile! This is an opportunity for new and returning line dance students to make new friends while learning absolute (if you have never danced before) beginner to slightly higher beginner line dances. It doesn't feel like exercise but you're moving and strengthening your muscles all the same.

**Location:** Concord Senior Center

**Instructor:** Susan "Sparkles" Dodge

DATES	DAY	TIME	FEE	CLASS #
1/9-2/27	F	9:30-10:40a.m.	R: \$77/NR: \$85	<a href="#">125519</a>
3/6-4/24	F	9:30-10:40a.m.	R: \$77/NR: \$85	<a href="#">125520</a>

## Line Dancing by Sparkles 2 – High Beginner to Improver

**Ages: 21 years and up**

Keep on improving your line dancing skills. This class is for those wanting to advance from Beginner level to the High beginner/Improver level dances. Student must have been enrolled in the level 1 class for at least 1 year, or possess equivalent experience. At this level, students are expected to practice during the week in order to keep up with the class. One new dance will be taught each week, and previous teaches will be reviewed.

**Location:** Concord Senior Center

**Instructor:** Susan "Sparkles" Dodge

DATES	DAY	TIME	FEE	CLASS #
1/9-2/27	F	10:50a.m.-12p.m.	R: \$77/NR: \$85	<a href="#">125521</a>
3/6-4/24	F	10:50a.m.-12p.m.	R: \$77/NR: \$85	<a href="#">125522</a>

## Line Dancing by Sparkles 3 – Improver to Intermediate

**Ages: 21 years and up**

Congratulations on making it to the intermediate skill level! This class is designed for the students who want to advance from the Improver class (level 2) to the intermediate class (level 3). Dances will be slightly more difficult, but will also cover many of the popular current and classic improver as well as intermediate line dances. It is suggested that students take the level 2 class for 1 year or have the equivalent experience to move up.

**Location:** Willow Pass Community Center

**Instructor:** Susan "Sparkles" Dodge

DATES	DAY	TIME	FEE	CLASS #
1/7-2/25	W	10-11:15a.m.	R: \$77/NR: \$85	<a href="#">125523</a>
3/4-4/29	W	10-11:15a.m.	R: \$86/NR: \$95	<a href="#">125524</a>

## Line Dance Social with DJ Sparkles

**Ages: 18 years and up**

Connect, make friends, and enjoy an afternoon of dancing. Practice the routines from the Line Dancing by Sparkles classes, learn new moves, and boost your memory while staying active.

**Location:** Concord Senior Center

**Instructor:** Susan "Sparkles" Dodge

DATE	DAY	TIME	FEE	CLASS #
1/18	SU	1:30-4:30p.m.	R: \$13/NR: \$18	<a href="#">126403</a>

## Special Interest

### Beginning Dog Training

**Ages: 18 years and up**

Discover simple, effective ways to teach your dog essential skills and good manners through positive reinforcement. This class covers on-leash etiquette, basic obedience, house manners, and fun tricks to impress your friends and family. Our focus is on building a strong, lifelong bond with your dog while teaching you how to be a confident and compassionate leader. Perfect for dogs and puppies of all ages, this class provides the tools you need for a happy, well-behaved canine companion.

**Location:** Concord Community Park

**Instructor:** Karen Oliver

DATES	DAY	TIME	FEE	CLASS #
3/9-4/27	M	6-7p.m.	R: \$169/NR: \$187	<a href="#">125658</a>

### Intermediate Dog Training

**Ages: 18 years and up**

Build on your dog's foundation with advanced training techniques! This class focuses on strengthening your dog's ability to respond reliably at a distance and amid real-world distractions. We'll also introduce and practice Canine Good Citizen (CGC) skills to promote polite manners and responsible pet ownership.

**Location:** Concord Community Park

**Instructor:** Karen Oliver

DATES	DAY	TIME	FEE	CLASS #
3/9-4/27	M	7:15-8:15p.m.	R: \$169/NR: \$187	<a href="#">125659</a>

Connect with us!



City of Concord, CA  
Recreation Services

# Adult Classes



In-Person Class



Zoom Class



Multi-Session Class



## Spanish for Beginners – on Zoom

**Ages:** 18 years and up

Whether you took two years of Spanish in high school or don't know one word, this class is for you. You learn by doing and speaking Spanish is no different. We practice speaking in every lesson. You CAN speak Spanish. You just have to get started!

**Location:** Online via ZOOM

**Instructor:** Derrick Leonard

DATES	DAY	TIME	FEE	CLASS #
1/5-1/26	M	7-8p.m.	R: \$49/NR: \$54	<a href="#">125798</a>
2/2-2/23	M	7-8p.m.	R: \$49/NR: \$54	<a href="#">125799</a>
3/2-3/23	M	7-8p.m.	R: \$49/NR: \$54	<a href="#">125800</a>
4/6-4/27	M	7-8p.m.	R: \$49/NR: \$54	<a href="#">125801</a>



## Beginning French Grammar & Conversation

**Ages:** 13 years and up

Have fun learning French the easy way, with interactive games, group activities, pronunciation... even a play! With a focus on French for travelers, this class approaches grammar fundamentals, and communicating in basic French. Learn about gender, nouns, verbs, adjectives, and more, while discovering the French language and its culture. It's never too late to learn a language, and you will be speaking and understanding everyday French in no time!

**Location:** Online via ZOOM

**Instructor:** Hope Izabelle

DATES	DAY	TIME	FEE	CLASS #
1/15-2/5	TH	3:30-4:30p.m.	R: \$77/NR: \$85	<a href="#">125806</a>
2/19-3/12	TH	3:30-4:30p.m.	R: \$77/NR: \$85	<a href="#">125807</a>



## Online French for Continuing Beginners

**Ages:** 12 years and up

Delve into the French language and its culture with unique games and specific learning techniques designed to get you comfortable and confident. A continuation of French for Beginners, this class will help you improve your French skills, both in conversation and pronunciation. After reviewing grammar basics, we will cover various themes like tenses, prepositions, pronouns, vocabulary, and more! Prereq: French for Beginners and/or a knowledge of French gender, nouns, adjectives and verbs.

**Location:** Online via ZOOM

**Instructor:** Hope Izabelle

DATES	DAY	TIME	FEE	CLASS #
1/15-2/5	TH	5-6p.m.	R: \$77/NR: \$85	<a href="#">125808</a>
2/19-3/12	TH	5-6p.m.	R: \$77/NR: \$85	<a href="#">125809</a>

# Health & Fitness

## Beginning Yoga – Hybrid

**Ages:** 18 years and up

Everyone can practice yoga! You will gain strength and flexibility and leave your stress behind in this Iyengar style class. The benefits are too numerous to list. This class is a hybrid course taught live via Zoom and simultaneously in-person at the Willow Pass Community Center. No class January 19 and February 16.

**Location:** Willow Pass Community Center or ZOOM

**Instructor:** Susan Killoran

DATES	DAY	TIME	FEE	CLASS #
1/5-2/23	M	4:30-5:30p.m.	R: \$47/NR: \$52	<a href="#">125644</a>
3/2-4/20	M	4:30-5:30p.m.	R: \$61/NR: \$67	<a href="#">125645</a>

## Beginning Yoga – on ZOOM

**Ages:** 18 years and up

Everyone can practice yoga! You will gain strength and flexibility and leave your stress behind in this Iyengar style class. The benefits are too numerous to list.

**Location:** Online via ZOOM

**Instructor:** Susan Killoran

DATES	DAY	TIME	FEE	CLASS #
1/7-2/25	W	4:30-5:30p.m.	R: \$61/NR: \$67	<a href="#">125648</a>
3/4-4/22	W	4:30-5:30p.m.	R: \$61/NR: \$67	<a href="#">125649</a>

## Intermediate Yoga – Hybrid

**Ages:** 18 years and up

Continue to go deeper into your yoga practice in this Iyengar style class. The benefits are too numerous to list. This class includes inversions and back bends. Prerequisite: Must have a minimum of one year of yoga practice. This class is a hybrid course taught live via Zoom and simultaneously in-person at the Willow Pass Community Center. No class January 19 and February 16.

**Location:** Willow Pass Community Center or ZOOM

**Instructor:** Susan Killoran

DATES	DAY	TIME	FEE	CLASS #
1/5-2/23	M	5:40-6:50p.m.	R: \$53/NR: \$60	<a href="#">125646</a>
3/2-4/20	M	5:40-6:50p.m.	R: \$69/NR: \$76	<a href="#">125647</a>



OR



OR



Search by class number on [concordreg.org](http://concordreg.org) to register

## Pilates

**Ages: 18 years and up**

Engage in a unique set of low impact exercises that strengthens and tones the body's core muscles, improves posture and flexibility, and creates a more streamline figure. Pilates increases one's inner strength, complementing almost all physical activities, enhancing overall health, posture, performance and physical appearance.

**Location:** Concord Senior Center

**Instructor:** David Henry

DATES	DAY	TIME	FEE	CLASS #
1/7-2/25	W	6-6:45p.m.	R: \$135/NR: \$149	<a href="#">125532</a>
3/4-4/29	W	6-6:45p.m.	R: \$151/NR: \$166	<a href="#">125533</a>

**Multi-Session**

1/7-4/29	W	6-6:45p.m.	R: \$258/NR: \$284	<a href="#">125534</a>
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## Fit & Low Stretches

**Ages: 18 years and up**

Are you an older adult who wants a total body workout? With a complete series of seated and standing positions, you will increase flexibility, balance, joint coordination, agility, muscular strength, and cardiovascular endurance. This assists to heal and prevent damage to your joints and reverse pain caused by bad standing and walking postures. End with restorative relaxation breathing exercises to promote stress reduction and mental clarity. No class January 19, February 16, March 9, March 11, and April 22.

**Instructor:** Elisa Borges

**Location:** Concord Senior Center

DATES	DAY	TIME	FEE	CLASS #
1/5-2/23	M	11:30a.m.-12:30p.m.	R: \$53/NR: \$59	<a href="#">125654</a>
3/2-4/27	M	11:30a.m.-12:30p.m.	R: \$69/NR: \$76	<a href="#">125655</a>

**Location:** Centre Concord

DATES	DAY	TIME	FEE	CLASS #
1/7-2/25	W	11:30a.m.-12:30p.m.	R: \$69/NR: \$76	<a href="#">125656</a>
3/4-4/29	W	11:30a.m.-12:30p.m.	R: \$61/NR: \$68	<a href="#">125657</a>

## Tai Chi and Qigong

**Ages: 18 years and up**

Learn and practice Tai Chi and Qigong: gentle movements to improve balance, strengthen the body, quiet the mind, and relieve stress. Each class includes: standing meditation, qigong, and tai chi movement. Both beginners and experienced students are welcome.

**Location:** Concord Senior Center

**Instructor:** Jon Finch

DATES	DAY	TIME	FEE	CLASS #
1/6-2/17	TU	6:30-7:30p.m.	R: \$82/NR: \$91	<a href="#">125716</a>
3/3-4/21	TU	6:30-7:30p.m.	R: \$93/NR: \$103	<a href="#">125717</a>

## Tai Chi in the Park

**Ages: 18 years and up**

Learn and practice Tai Chi and Qigong: gentle movement to improve balance, strengthen the body, quiet the mind, and relieve stress. Classes held outdoors weather permitting or indoors if inclement. Each class includes Standing Meditation, Qigong, and Tai Chi movement. No class February 19.

**Location:** John F. Baldwin Park

**Instructor:** Jon Finch

DATES	DAY	TIME	FEE	CLASS #
1/8-2/26	TH	12:30-1:30p.m.	R: \$82/NR: \$91	<a href="#">125718</a>
3/5-4/23	TH	12:30-1:30p.m.	R: \$93/NR: \$103	<a href="#">125719</a>

## Zumba Gold with Elisa

**Ages: 18 years and up**

Muscle Toning for the young at heart. It's the dance fitness party that moves at your pace and more! Shake and sculpt your way to a healthy body for an active lifestyle. No class January 19, February 16, March 9, March 11, and April 22.

**Instructor:** Elisa Borges

**Location:** Concord Senior Center

DATES	DAY	TIME	FEE	CLASS #
1/5-2/23	M	12:30-1:30p.m.	R: \$53/NR: \$59	<a href="#">125650</a>
3/2-4/27	M	12:30-1:30p.m.	R: \$69/NR: \$76	<a href="#">125651</a>

**Location:** Centre Concord

DATES	DAY	TIME	FEE	CLASS #
1/7-2/25	W	12:30-1:30p.m.	R: \$69/NR: \$76	<a href="#">125652</a>
3/4-4/29	W	12:30-1:30p.m.	R: \$61/NR: \$68	<a href="#">125653</a>

## Sports

### Adult Tennis 101

**Ages: 16 years and up**

This course is perfect for adult players with little to no prior tennis experience, as well as those who played a long time ago and want a fun, low-pressure refresher. If you've never held a racquet or are just looking to get some exercise and learn a new sport, this is the class for you.

**Location:** Willow Pass Park, Court 4

**Instructor:** Calvin McCullough

DATES	DAY	TIME	FEE	CLASS #
2/7-3/7	SA	8:30-9:30a.m.	R: \$182/NR: \$200	<a href="#">125750</a>
4/18-5/16	SA	8:30-9:30a.m.	R: \$182/NR: \$200	<a href="#">125751</a>

# Adult Classes

## Pickleball Beginner 1

**Ages:** 18 years and up

Pickleball is the fastest growing sport in the country. This fun and easy-to-learn paddle sport, ideal for all ages, is easier than tennis and offers great physical, cognitive, and social, health benefits. Register for this class to find out what all the excitement is about. This class is designed as a starting point for interested players to learn the basics and fundamentals of the sport. You will learn every aspect of the game including basic shot techniques, rules, court positioning, equipment and strategy. Start your lifelong enjoyment of the game now!

**Location:** Willow Pass Community Park Court 1

**Instructor:** Eric Fuhrman

DATES	DAY	TIME	FEE	CLASS #
1/5-1/26	M	6-7:30p.m.	R: \$155/NR: \$170	<a href="#">125502</a>
1/7-1/28	W	9:30-11a.m.	R: \$155/NR: \$170	<a href="#">125682</a>
3/27-4/17	F	6-7:30p.m.	R: \$155/NR: \$170	<a href="#">125683</a>

**Instructor:** Julie Heitman

DATES	DAY	TIME	FEE	CLASS #
2/20-3/13	F	6-7:30p.m.	R: \$155/NR: \$170	<a href="#">125503</a>

**Instructor:** Patricia Strazzi

DATES	DAY	TIME	FEE	CLASS #
4/22-5/13	M	9:30-11a.m.	R: \$155/NR: \$170	<a href="#">125679</a>

## Pickleball Beginner 2

**Ages:** 18 years and up

Exercise, stay fit and improve your Pickleball game at the same time. This outdoor class will take you 'beyond the basics' and help sharpen your skills. In this class you will learn more effective dinking, volleying, serving, lobbing, the 3rd shot drop, and more. Experience fun and helpful practice drills that will take your game to the next level. No class February 16.

**Location:** Willow Pass Community Park Court 1

**Instructor:** Eric Fuhrman

DATES	DAY	TIME	FEE	CLASS #
2/23-3/16	M	6-7:30p.m.	R: \$155/NR: \$168	<a href="#">125505</a>
2/11-3/4	W	9:30-11a.m.	R: \$155/NR: \$168	<a href="#">125684</a>
2/23-3/16	M	6-7:30p.m.	R: \$155/NR: \$168	<a href="#">125685</a>

**Instructor:** Julie Heitman

DATES	DAY	TIME	FEE	CLASS #
3/23-4/13	M	6-7:30p.m.	R: \$155/NR: \$168	<a href="#">125696</a>

## Pickleball Beginner 3

**Ages:** 18 years and up

Now that you are familiar with all the shots from Beginner 1 and Beginner 2, this class gives you the opportunity to firm up your skills, work on positioning and strategy, and get ready for more advanced play! Emphasis will be on giving you a lot of balls to hit as well as detailed feedback during game play.

**Location:** Willow Pass Community Park Court 1

**Instructor:** Julie Heitman

DATES	DAY	TIME	FEE	CLASS #
1/9-1/30	F	6-7:30p.m.	R: \$155/NR: \$169	<a href="#">125504</a>

**Instructor:** Patricia Strazzi

DATES	DAY	TIME	FEE	CLASS #
3/18-4/8	W	9:30-11a.m.	R: \$155/NR: \$169	<a href="#">125678</a>

## Pickleball Intermediate 1

**Ages:** 18 years and up

DUPR level 3.0 and above. These clinics are tailored for intermediate players to enhance their skills in positioning, intentional drilling and strategy development.

**Location:** Willow Pass Park, Court 1

**Instructor:** Julie Heitman

DATES	DAY	TIME	FEE	CLASS #
4/20-5/11	M	6-7:30p.m.	R: \$155/NR: \$168	<a href="#">125702</a>

## Pickleball - Understanding the Transition Zone

**Ages:** 18 years and up

The transition zone is one of the most difficult areas in pickleball. You will be leaving with a better understanding of this difficult zone from court positioning, shot selection, shot technique and strategy. Now let's get started and transition you from good to great.

**Location:** Willow Pass Park, Court 1

**Instructor:** Milo Cornejo

DATES	DAY	TIME	FEE	CLASS #
1/13-2/3	SA	9-10:30a.m.	R: \$157/NR: \$172	<a href="#">125713</a>
2/10-3/10	SA	9-10:30a.m.	R: \$157/NR: \$172	<a href="#">125714</a>
3/24-4/14	SA	9-10:30a.m.	R: \$157/NR: \$172	<a href="#">125715</a>



# Adult Sports Leagues



- Drop-in play every Wednesday night at Willow Pass Center
- Doors open at 6 p.m.; organized games start at 6:30 p.m.
- Each night ends with a single-elimination tournament



- Offering Men's, Women's, and coed leagues
- Different levels of play to meet everyone's ability
- Leagues on Monday, Tuesday, Wednesday, Thursday, Friday, and Sunday evenings
- Chicagoball begins in January, and the spring season will start in March

For more information and to register for Concord Adult sports leagues visit [www.teamsideline.com/concord](http://www.teamsideline.com/concord) or call 925-671-3423.

Join our adult sport mailing list online to receive exclusive info!

# Inclusive Recreation

Call us at 925-671-3321  
for more information or visit  
[cityofconcord.org/inclusiverec](http://cityofconcord.org/inclusiverec)

## Community Dance Events

**Ages:** 18 years and up

Concord's Recreation Services Department, in partnership with the City of Pleasant Hill, City of Martinez, and City of Walnut Creek, hosts dance events specifically for developmentally disabled adults (18+ years). **Admission: \$8 cash payable at the door (caregivers free).**

**Location:** Martinez Senior Center, 818 Green Street, 925-370-8770

DATE	DAY	TIME	FEE
1/9	F	7-9p.m.	\$8 cash

**Location:** Pleasant Hill Senior Center, 233 Gregory Lane, 925-798-8788

DATE	DAY	TIME	FEE
2/6	F	7-9p.m.	\$8 cash

**Location:** Shadelands Auditorium, 111 N. Wiget Lane, 925-256-3531

DATE	DAY	TIME	FEE
3/13	F	7-9p.m.	\$8 cash

**Location:** Concord Senior Center, 2727 Parkside Circle, 925-671-3321

DATE	DAY	TIME	FEE
4/10	F	7-9p.m.	\$8 cash



## Bowling

**Ages:** 18 years and up

Meet new people, make new friends or hang out with old friends. Join us at Clayton Valley Bowl for three games of bowling. Shoes are included for players. This recreation program is designed for adults with disabilities. Please call 925-671-3320 for more information.

**Location:** Clayton Valley Bowl

**Staff:** Volunteer or Staff

DATES	DAY	TIME	FEE	CLASS #
1/13-2/17	TU	3:30-5:30p.m.	R: \$65/NR: \$71	<a href="#">125730</a>
2/24-3/31	TU	3:30-5:30p.m.	R: \$65/NR: \$71	<a href="#">125731</a>
4/7-5/12	TU	3:30-5:30p.m.	R: \$65/NR: \$71	<a href="#">125732</a>

## Movie & Karaoke Thursdays

**Ages:** 18 years and up

Join us weekly for an afternoon of fun! Every other Thursday we rotate between Movies and Karaoke, so you can enjoy a mix of laid-back movie days and sing-along sessions with friends. Whether you're watching a film with popcorn or belting out your favorite tunes, it's a great way to unwind and connect with friends. Caregivers/parents attend free and do not need to register in advance. Program fee covers staffing and refreshments. **\$5 drop-in fee per participant.**

**Location:** Concord Senior Center, 2727 Parkside Circle

DATES	DAY	TIME
1/8-5/21	TH	2-4p.m.

## Music & Movement

**Ages:** 18 years and up

Do you like to dance and sing with friends? Would you like to drum with drumsticks? How about improvising movement with scarves, and partner dancing? Join us in a friendly and fun environment. All activities will be modified and accommodated for special needs. No experience necessary. \*Bring water\*. (Attendants may wait in the lobby onsite during class and come watch a performance at the end of class on the last day).

**Location:** Centre Concord

**Instructor:** Terese McGregor

DATES	DAY	TIME	FEE	CLASS #
1/8-1/29	TH	4-5p.m.	R: \$65/NR: \$71	<a href="#">125734</a>
2/5-2/26	TH	4-5p.m.	R: \$65/NR: \$71	<a href="#">125735</a>
3/5-3/26	TH	4-5p.m.	R: \$65/NR: \$71	<a href="#">125736</a>





DEPOT



Santa Cruz Beach  
Boardwalk

50 & Better

## Health and Human Services

at the Concord Senior Center • 2727 Parkside Circle, Concord



### Alzheimer's Support Group by Senior Helpers

This free peer support group is open to the public. The group meets on the fourth Wednesday of each month from 1:30-3:30 p.m. Call the Senior Helpers at 925-677-2150 for more information or just drop-in!



### Memory Screening by Senior Helpers

Screenings are held on the second Tuesday of each month from 11 a.m.-12 p.m. Call Senior Helpers at 925-677-2150 for more information. Walk-ins are welcome for this free service, open to the general public.



### Café Costa by Meals on Wheels Diablo Region (MOWDR)

Enjoy a healthy lunch and socialize with friends! Lunch is provided to seniors (60 years and older) free of charge. A suggested donation of \$3.00 a meal is appreciated, but not required. No one will be turned away for their inability to provide a donation. Guests under 60 are also welcome and will be charged \$6.00 a person. Call 925-825-1488 for reservations.

### Care Management by Meals on Wheels Diablo Region (MOWDR)

Discover a wide variety of assistance and resources for adults 60+. Call 925-937-8311 to schedule a free, confidential consultation.



### Senior Food Program by the Food Bank of Contra Costa & Solano

The Senior Food Program provides free and nutritious groceries including pantry staples, eggs, cheese, and assorted meats to low-income adults ages 55 and older at the Concord Senior Center. Food distribution takes place twice a month. For more information about local food programs and resources, call 855-309-FOOD (3663).



### Concord Go!, a Senior Transportation Program

Concord Go! provides convenient and accessible transportation to Concord residents age 65 and older. GoGo Concord offers 24/7 door-to-door rides—no smartphone needed—through a trusted partner, GoGoGrandparent, using Uber or Lyft. The Senior Center Shuttle is a free curb-to-curb service to and from the Concord Senior Center, available by advance reservation. Learn more by calling 925-671-3035 or visit [cityofconcord.org/ConcordGo!](http://cityofconcord.org/ConcordGo!)



### Health Insurance Counseling and Advocacy Program (HICAP)

HICAP, the Health Insurance Counseling and Advocacy Program, provides free, unbiased education, counseling, and advocacy about Medicare and related health insurance, including long term care insurance. Confidential individual counseling is provided by trained volunteer counselors registered with the California Department of Aging. Appointments can be scheduled by calling 925-655-1393. To view general information, please visit [cchicap.org](http://cchicap.org).



### **Home Match, a Front Porch community service**

Do you have a room in your home you would like to rent out? Are you looking for a room to rent? A partnership with the City of Concord, this program matches individuals looking to home share with homeowners in the area. Home Match completes screenings such as applications, income verification and background checks free of charge. Mediation and referral services are also part of the ongoing support Home Match provides to all matches. Call 925-956-7385 to make an appointment at the Concord Senior Center.



### **Human and Economic Rights Advocates (HERA)**

HERA is a non-profit law office providing free legal services to low and moderate income residents with debt and credit concerns, help for homeowners, and tenants struggling to keep their home with the exception of eviction defense. Call 510-271-8443 for information.



### **Legal Assistance by Contra Costa County Senior Legal Services (CCSLs)**

Contra Costa Senior Legal Services provides free legal advice, assistance, representation, advocacy, and education for Contra Costa County residents aged 60 and older, giving particular attention to legal problems adversely affecting clients' access to housing, economic security and prevention of physical, psychological or economic abuse. Call 925-609-7900 for more information. For general information, visit [ccsls.org](http://ccsls.org).



### **Senior Center Scholarship Program**

Scholarship Program is available to adults 50+ residing in Concord who wish to participate in the Senior Center programs. Complete an application indicating your activity choice(s) and return it to the Senior Center with supporting documents. Approved applicants can receive up to \$100 per year with a \$5 co-pay. Applicants will be notified when the scholarship application is approved. Stop by the Senior Center to pick up an application!



### **Senior Peer Counseling by Contra Costa Health Services**

Offers free and confidential one-on-one counseling session for adults 55+. Call 925-521-5653 for an appointment. Appointments can be in English and Spanish. Si desea hacer una cita, llame al 925-766-2042.

## **SENIOR CENTER VOLUNTEER ORIENTATION**

This no-cost orientation will equip you with insights on becoming a dedicated volunteer, along with a comprehensive overview of our diverse volunteer opportunities. During the orientation, you'll have the opportunity to discuss specific volunteer needs with our experienced staff members. Join us at the Concord Senior Center and take the first step towards making a difference.

**Mondays, 3-4 p.m. at the Concord Senior Center**

January 12 | Class #: [125832](#) • February 2 | Class #: [125833](#)

March 2 | Class #: [125834](#) • April 6 | Class #: [125835](#)

**Open  
to all  
adults**

## Special Interest

### AARP Driver Safety: Two-Day Course

**Ages:** 50 years and up

Refresh your driving skills with the AARP Smart Driver course! Learn safe driving techniques, adjust for age-related changes, and discover how medications, technology, and distractions affect driving. Completion may qualify you for an insurance discount. Fee collected on the first day: \$20 AARP Members / \$25 Non-Members.

**Location:** Concord Senior Center

**Instructor:** AARP

DATES	DAY	TIME	FEE	CLASS #
1/14-1/21	W	9:30a.m.-1:30p.m.	See above	<a href="#">125686</a>

### AARP Driver Safety: Refresher Course

**Ages:** 50 years and up

Refresh your driving skills with the AARP Smart Driver™ course! Learn proven techniques to stay safe, manage distractions, and adapt to age-related changes. Completing this refresher may qualify you for an auto insurance discount. Fee collected on the first day: \$20 AARP Members / \$25 Non-Members.

**Location:** Concord Senior Center

**Instructor:** AARP

DATE	DAY	TIME	FEE	CLASS #
4/29	W	9:30a.m.-1:30p.m.	See above	<a href="#">125687</a>

### Welcome to Medicare

**Ages:** 50 years and up

Turning 65 this year? Do you have questions about Medicare? Health Insurance Counseling and Advocacy Program (HICAP) has the answers. This free class will answer questions about Medicare benefits, prescription coverage, Medicare Advantage plans, Medigap insurance, retiree insurance, and when to enroll. This will be an informational presentation with no products sold or endorsed.

**Location:** Concord Senior Center

**Instructor:** Contra Costa HICAP

DATES	DAY	TIME	FEE	CLASS #
1/12	M	9:30-11a.m.	FREE	<a href="#">125642</a>
3/6	M	9:30-11a.m.	FREE	<a href="#">125643</a>

## Lotería Mexicana and Bingo

**Ages:** 50 years and up

Lotería Mexicana and Bingo is a bilingual senior memory enhancement and gathering activity in a fun atmosphere. Eight games are included in the fee. Everyone is welcome. Plan to drop-in, no registration needed.

Lotería Mexicana y Bingo son actividades bilingües y divertidas para mantener nuestra mente active. Una contribución de \$3 incluye ocho juegos. ¡Todos son bienvenidos! Planee venir sin cita previa, no es necesario registrarse.

**Location:** Concord Senior Center

DATES	DAY	TIME	FEE
1/8	TH	10-11:30a.m.	\$3 cash
2/12	TH	10-11:30a.m.	\$3 cash
3/12	TH	10-11:30a.m.	\$3 cash
4/9	TH	10-11:30a.m.	\$3 cash

## Health & Fitness

### Baile Latino

**Ages:** 18 years and up

Baile Latino! Put on your dancing shoes and come join the fun! Dance to salsa, bachata, cumbia, merengue, and more. Space is limited! Reserve your seat in advance. Admission: \$6 cash payable at the door. Baile Latino! Ponte los zapatos de Baile y ven a disfrutar! Bailamos salsa, bachata, cumbia, merengue y mucho mas. El cupo es limitado! Reserva tu asiento con anticipacion. Entrada: \$6 pago en efectivo en la puerta.

**Location:** Concord Senior Center

DATES	DAY	TIME	FEE	CLASS #
1/20	TU	1:30-3:30p.m.	\$5 cash at door	126484
2/17	TU	1:30-3:30p.m.	\$5 cash at door	126485
3/17	TU	1:30-3:30p.m.	\$5 cash at door	126486
4/21	TU	1:30-3:30p.m.	\$5 cash at door	126487



# 50 & Better Classes

## Zumba Gold Toning with Rosy

**Ages:** 18 years and up

Zumba Gold Toning blends the Zumba party you love at a manageable pace with a redefining total body workout using Zumba Toning Sticks to shake up those muscles! Walk in ready to have a blast and tone up, leave exhilarated and empowered! Weights are optional. No class January 22 and March 12.

**Instructor:** Rosy Straka

**Location:** Centre Concord

DATES	DAY	TIME	FEE	CLASS #
1/6-2/24	TU	9:30-10:30a.m.	R: \$69/NR: \$76	<a href="#">125726</a>
3/3-4/14	TU	9:30-10:30a.m.	R: \$61/NR: \$68	<a href="#">125727</a>

**Location:** Concord Senior Center

DATES	DAY	TIME	FEE	CLASS #
1/8-2/26	TH	9:30-10:30a.m.	R: \$61/NR: \$68	<a href="#">125738</a>
3/5-4/23	TH	9:30-10:30a.m.	R: \$61/NR: \$68	<a href="#">125742</a>

## Balance through Tai Chi

**Ages:** 50 years and up

Learn and practice gentle movements to improve balance, mental focus, strength, and general health. Each class includes meditation, Qigong, and Tai Chi movement that can be done either seated or standing (chairs provided). Great for beginners and people of all ages. No class February 19.

**Instructor:** Jon Finch

**Location:** Concord Senior Center

DATES	DAY	TIME	FEE	CLASS #
1/6-2/17	TU	10-11a.m.	R: \$78/NR: \$86	<a href="#">125720</a>
3/3-4/21	TU	10-11a.m.	R: \$87/NR: \$96	<a href="#">125721</a>

**Location:** Willow Pass Community Center

DATES	DAY	TIME	FEE	CLASS #
1/8-2/26	TH	10-11a.m.	R: \$78/NR: \$86	<a href="#">125722</a>
3/5-4/23	TH	10-11a.m.	R: \$87/NR: \$96	<a href="#">125723</a>

**Location:** Both locations listed above

DATES	DAY	TIME	FEE	CLASS #
1/6-2/26	TU/TH	10-11a.m.	R: \$123/NR: \$136	<a href="#">125724</a>
3/3-4/23	TU/TH	10-11a.m.	R: \$137/NR: \$151	<a href="#">125725</a>

## Chair Yoga and Movement

**Ages:** 50 years and up

This chair yoga class enhances overall wellness through muscle strengthening, joint mobility, and improved circulation. It targets the core, arms, legs, shoulders, back, and neck, emphasizing stretching, bending, and breathing exercises. Fun workouts for upper body strength are included. Join to learn and apply skills anywhere you go! Bring a mat, strap, couple of hand weights 1 lb. or heavier (optional) or a couple of water bottles.

**Location:** Concord Senior Center

**Instructor:** Effie Carino

DATES	DAY	TIME	FEE	CLASS #
1/20-2/24	TU	11:15a.m.-12:15p.m.	R: \$53/NR: \$59	<a href="#">125757</a>
3/3-4/28	TU	11:15a.m.-12:15p.m.	R: \$69/NR: \$76	<a href="#">125758</a>

## Stretch to Strengthen Plus More

**Ages:** 50 years and up

Have fun as you do a total body workout. Keep those muscles strong & flexible and your mind clear & sharp. Challenge yourself to do more to improve your overall health. Lots of fun activities to keep you moving. Enjoy the experience either seated, standing, and/or on the mat. Bring a mat, strap, couple of hand weights 1 lb. or heavier (optional) or a couple of water bottles. No class February 16.

**Instructor:** Effie Carino

**Location:** Willow Pass Community Center

DATES	DAY	TIME	FEE	CLASS #
1/26-2/23	M	10-11a.m.	R: \$37/NR: \$42	<a href="#">125745</a>
3/2-4/27	M	10-11a.m.	R: \$77/NR: \$85	<a href="#">125754</a>

**Location:** Centre Concord

DATES	DAY	TIME	FEE	CLASS #
1/23-2/27	F	10-11a.m.	R: \$53/NR: \$59	<a href="#">125755</a>
3/6-4/17	F	10-11a.m.	R: \$61/NR: \$68	<a href="#">125756</a>

Connect with us!



City of Concord, CA  
Recreation Services

Search by  
class number on  
[concordreg.org](http://concordreg.org)  
to register



Open to all adults  
**FREE**

# Senior Center Orientations

Concord Senior Center,  
2727 Parkside Circle  
Mondays, 10-11:30 a.m.

January 26	Class #:	<a href="#">125828</a>
February 23	Class #:	<a href="#">125829</a>
March 30	Class #:	<a href="#">125830</a>
April 27	Class #:	<a href="#">125831</a>

**Are you curious about what is offered at the Concord Senior Center for you or a loved one?** Join us for a welcoming and informative presentation designed for all adults 50 and better! Learn about the wide range of programs, services, and activities available to you—from fitness and travel to social groups and support resources. Take a tour of the facility, meet volunteers, and get all your questions answered. Whether you're looking to stay active, make new friends, or explore new interests, this is the perfect first step to get connected and involved.

**Register by calling the Concord Senior Center at 925-671-3320 at least one week in advance. You're also welcome to contact us to discuss alternative options that fit your schedule!**



## For adults 50+ residing in Concord who wish to participate in various senior programming!

Approved applicants receive a maximum of \$100 per individual per year with a \$5 co-pay. Visit our website to print and complete the application, or apply in person at the Concord Senior Center. This scholarship can assist with reducing the cost of Recreation classes and City transportation services.

Not sure what to allocate the money towards? Register for a free Senior Center Orientation to learn more by calling 925-671-3320.

# Need a ride? We've got you covered!

Concord residents age 65+ can take advantage of free and reduced cost senior transportation services—including convenient on-demand rideshare options and scheduled City van rides with curbside pickup and drop-off right at your door to and from the Concord Senior Center!

## Ready to ride?

Stop by the Concord Senior Center or call 925-671-3035 to speak with our Transportation Specialist.

Or visit [www.cityofconcord.org/ConcordGo!](http://www.cityofconcord.org/ConcordGo!)



**Getting around has never been easier.**

**Concord Go!**  
SENIOR TRANSPORTATION PROGRAM 

  
**Concord**  
RECREATION SERVICES

**Online Classes**  
from the City of Concord

**Self-Paced Tutorials**  
Build Skills | Earn Credits  
Self Study on Demand  
Certificates Awarded

**Instructor-Led Courses**  
Sessions start monthly  
Interactive learning environment  
6 week format

 **ed2go**

Dozens of Course Categories! Classes start at \$45  
Register at: [www.ed2go.com/concordleisure](http://www.ed2go.com/concordleisure)  
Questions? Call 925-671-3017



Concord Talks are FREE educational seminars by various speakers who present information on a wide variety of topics to provide valuable information as it pertains to senior services and resources.

Pre-registration is required at least two days in advance to avoid cancellations. Register online at [www.concordreg.org](http://www.concordreg.org) or call 925-671-3320.

Location: Concord Senior Center, 2727 Parkside Circle  
RSVP IN ADVANCE • FREE TO ATTEND!  
Ages: 50 & Better

## Walking Safely - Improving Balance & Preventing Falls

Presenter: Linda Meneken, Physical Therapist

Don't let a fall change your life! Maintain your independence! Please join us for an interactive presentation by an experienced physical therapist. Falls can be prevented through exercise, vision exams, medication management, home safety modifications, and other methods. Also learn how to get up safely if you have fallen!

Thursday, January 15 • 9:30-11a.m. • [125692](#)

## Age Well, Avoid Dementia

Presenter: Leonard Chuck, PhD

Learn how to maintain and strengthen your cognitive skills to support memory, decision-making, language, and complex thinking. This seminar will explore ways to promote healthy blood flow to the brain and help reduce the risk of dementia through simple, science-backed lifestyle habits.

Thursday, January 29 • 10-11a.m. • [126414](#)

## Know the Signs of Elder Abuse & Scams

Presenter: Contra Costa County Adult Protective Services

Protect you and your loved ones by learning how to recognize, prevent, and address elder abuse; learn about the vital role of Adult Protective Services (APS); how to report concerns; and the wide range of services APS provides to protect and support vulnerable older adults in our community.

Thursday, February 5 • 10-11a.m. • [125693](#)

## Finance 101

Presenter: New York Life Insurance Company

Empower yourself with financial knowledge in this foundational workshop. We'll cover budgeting, savings, debt, and protection – giving you a clearer understanding of how to take control of your money and create a plan that supports your goals. Whether you're starting fresh or need a mindset reset, this seminar is for you.

Wednesday, February 11 • 10-11:30a.m. • [126410](#)

## Trust and Estate Planning Made Easy

Presenter: Raymond McFalone, Attorney

A Trust can be expensive and complicated or simple and economical to administer depending on which kind you choose. Have your questions answered by an experienced attorney who will explain why and how Trusts/Wills work in a way that is easy to understand.

Thursday, February 19 & Thursday, February 26 • 1:30-3:30p.m. • [126483](#)

## ¡Proteja el Hogar Familiar! Conceptos Básicos de Planificación Patrimonial y Sucesiones

EN ESPAÑOL

Presentador: Housing & Economic Rights Advocates (HERA)

¿Cree que la planificación patrimonial es solo para los ricos? ¡No! Es esencial para residentes de ingresos bajos y moderados que desean proteger su hogar y bienes para sus seres queridos. También incluye documentos importantes como la directiva anticipada de atención médica y el poder notarial, que le ayudan a gestionar sus asuntos mientras vive.

Thursday, March 5 • 9:30-11:30a.m. • [125694](#)

## Decidir Antes de No Poder: Guía para la Planificación de la Incapacidad

EN ESPAÑOL

Presentador: Contra Costa Senior Legal Services

Aprender que son las Directivas Anticipadas de Atención Médica y cómo te permiten expresar tus deseos sobre tratamientos médicos en caso de no poder comunicarte. Se explicará cómo designar a un representante de salud, completar los formularios legales y tomar decisiones informadas que reflejen tus valores.

Thursday, March 12 • 10-11a.m. • [126411](#)

## We Won't Let You Fall!

Presenter: Always Best Care Senior Services

Reduce your fall risk by learning about the balance tracking system called the Fall Risk Assessment Program and the "BTrackS Balance Test" (BBT), which can be used to accurately measure a client's postural sway and ability to balance themselves.

Thursday, April 16 • 10-11a.m. • [126412](#)

# TRIPS & TOURS 2026



FOR  
AGES  
50+

## Day Trips & Tours

The Recreation Department hosts day trips, specifically designed for the ease and comfort of adults 50+, to diverse destinations, featuring attractions, shows, group dining, and guided tours! Visit the Concord Senior Center for trip flyers.

## Extended Travel Packages

Any trip or tour that requires an overnight stay is considered extended travel. Extended travel opportunities are organized by TravelCenter Tours and Travel. Travel agents are available to discuss reservations and plans for your extended travel plans.

## EXTENDED TRIPS

Searching for your next adventure? Enjoy the freedom of travel without the stress of planning with our hassle-free extended travel packages.

Fliers and booklets are available for each trip to review itineraries, travel packages, and costs for each trip.

## How To Participate

Review the flyer for each travel program. Determine if the mobility rating is appropriate for your physical fitness level and health. Register for a program online, in-person or over-the-phone with our registration staff at any of the Community Centers.

## Participant Eligibility

Our travel programs are designed for specifically for adults 50 and better. However, passengers may register younger family members or friends to join them as guests, as long as they are accompanied at all times during the trip.

## Sold Out & Waitlist

If a trip is sold out, a waitlist will be formed. If there is a cancellation, registration staff will contact interested participants on a first-come, first serve basis.

## Trip Minimums

Travel programs may need to be canceled in advance if trip minimums are not met in advance. Help us spread the word about upcoming trips to avoid potential cancellations.

## Cancellations & Refunds

As a result of passenger minimums and prepaid deposits, refunds will not be permitted within 30 days of a trip without a replacement. Cancellations are subject to a \$5 withdrawal fee. Trips are rain or shine.

## Transportation

Roundtrip transportation from the Concord Senior Center will be provided on a commercial motor coach or in a passenger van. Refer to the trip flyer for details.

## Mobility Levels

It's important to note that each person's mobility can vary widely, and these ratings are intended to provide a general guideline for mobility levels of day trips.

## MOBILITY LEVELS FOR DAY TRIPS

### Level 1: Accessible

Suitable for passengers who have limited mobility, use a wheelchair, or use a walker. Walkable destinations in this category include places that have flat terrain, easy-to-navigate or handicap accessible paths, and minimal obstacles.

### Level 2: Moderate

Suitable for passengers who are mobile but may need occasional rest breaks. Walkable destinations in this category include places with some inclines or stairs but still offer easy-to-navigate paths and seating areas.

### Level 3: Strenuous

Suitable for passengers who are active and enjoy a good workout. Walkable destinations in this category include places with steep inclines, uneven terrain, and longer periods of standing or walking.

# TRIPS & TOURS 2026

## DAY TRIPS

Contact the Concord Senior Center at 925-671-3320 to learn more details about our travel programs, make a reservation, or to ask about joining our e-newsletter!



### Travel Presentation & Showcase

Join the Program Coordinator and Lisa from TravelCenter Tours and Travel for an engaging presentation highlighting upcoming day trips and extended travel opportunities for all adults 50 and better. Discover exciting destinations and find inspiration for your next adventure with fellow travelers. Each presentation will feature a guest travel agent to provide details about organized group travel.

**Location:** Concord Senior Center

**Presenter:** Collette & TravelCenter Tours and Travel

DATE	DAY	TIME	FEE	CLASS #
1/22	TH	10-11:30a.m.	FREE	<a href="#">125509</a>

**Presenter:** Premier World Discovery & TravelCenter Tours and Travel

DATE	DAY	TIME	FEE	CLASS #
3/12	TH	10-11:30a.m.	FREE	<a href="#">125510</a>

### Colusa Casino

Try your luck and enjoy a fun day at Colusa, located north of Sacramento! Travel in comfort aboard a luxury motorcoach bus departing from the Concord Senior Center. The ride is approximately two hours each way with \$30 bonus play included for Colusa Reward members.

**Destination:** Colusa Casino

**Mobility Level:** 1

DATE	DAY	TIME	FEE	CLASS #
1/8	TH	9a.m.-5p.m.	R: \$76 /NR: \$83	<a href="#">126413</a>

\*Multi-person discount when paying together: \$3



### Broadway San Francisco: The Book of Mormon

Elder Price, is an enthusiastic go-getter with a strong dedication to his faith, while his partner, Elder Cunningham, is a socially awkward but well-meaning nerd whose tendency to embroider the truth soon lands him in trouble. Upon their arrival in Africa, Elders Price and Cunningham learn that, in a society plagued by AIDS, poverty and violence, a successful mission may not be as easy as they expected.

**Destination:** Orpheum Theatre, San Francisco

**Mobility Level:** 1

DATE	DAY	TIME	FEE	CLASS #
1/28	W	11a.m.-6:30p.m.	R: \$142 /NR: \$156	<a href="#">125695</a>

\*Multi-person discount when paying together: \$3

### Broadway San Francisco: Michael Jackson (MJ) the Musical

He stands as one of the greatest entertainers in history. Now, Michael Jackson's extraordinary and unmatched artistry has made its way to Broadway in an exciting new musical. Focusing on the creation of his 1992 dangerous world tour, MJ transcends the iconic moves and distinctive sound of the legend, providing a unique glimpse into the creative intellect and collaborative essence that propelled Jackson to legendary heights.

**Destination:** Orpheum Theatre, San Francisco

**Mobility Level:** 1

DATE	DAY	TIME	FEE	CLASS #
3/29	SU	10:30a.m.-6p.m.	R: \$155 /NR: \$170*	<a href="#">125516</a>

\*Multi-person discount when paying together: \$3

### Marin Headlands Tour with Craig Smith

Join Craig Smith for a Bay Area adventure! Enjoy a scenic ferry ride from San Francisco to charming Sausalito, a delicious waterfront lunch at The Spinnaker, and a breathtaking journey through Marin County's coastal cliffs and picturesque scenery. A perfect blend of history, nature, and relaxation awaits!

**Destination:** Marin County **Mobility Level:** 1

DATE	DAY	TIME	FEE	CLASS #
4/16	TH	7:45a.m.-6p.m.	R: \$177 /NR: \$194*	<a href="#">125517</a>

\*Multi-person discount when paying together: \$5

# TRIPS & TOURS 2026

## DAY TRIPS

Contact the Concord Senior Center at 925-671-3320 to learn more details about our travel programs, make a reservation, or to ask about joining our e-newsletter!

### Winchester Mystery House & Santana Row

This architectural marvel stands today as a testament to intrigue and mystery with its one-of-a-kind design features and history. Experience the wonder of the Winchester Mystery House as you embark on our guided Mansion Tour, exploring 110 of its 160 captivating rooms. Guests will be able to see the infamous rooms of Sarah's stately mansion and see the unique attributes that give the mysterious mansion its name.

**Destination:** San Jose    **Mobility Level:** 3

DATE	DAY	TIME	FEE	CLASS #
5/21	TH	8a.m.-5:30p.m.	R: \$127 /NR: \$139*	<a href="#">125518</a>

\*Multi-person discount when paying together: \$3



### Broadway San Francisco: Phantom of the Opera

"The Phantom of the Opera" unfolds the tale of a disfigured musical prodigy, known as the Phantom, who haunts the Paris Opera House and becomes infatuated with a young soprano named Christine. Residing in the catacombs beneath the opera house, the Phantom secretly mentors Christine, helping her rise to fame while demanding her affection in return. His possessive nature spirals into terror and upheaval as he disrupts the opera's performances and threatens those who oppose him.

**Destination:** Orpheum Theatre, San Francisco

**Mobility Level:** 1

DATE	DAY	TIME	FEE	CLASS #
6/7	SU	10:45a.m.-5:30p.m.	R: \$157 /NR: \$172*	<a href="#">126415</a>

\*Multi-person discount when paying together: \$4



## FREE TAX RETURN PREPARATION

Beginning February and continuing through April 15, AARP Foundation is providing free in-person tax assistance and preparation through its Tax-Aide program, with a focus on taxpayers who are over 50 and have low-to-moderate income.



Starting January 5, 2026, you can schedule an appointment by calling the Concord Senior Center at 925-671-3318.

Appointments are required and will be on Wednesdays and Thursdays at the Concord Senior Center at 2727 Parkside Circle.

# CAMP CONCORD FAMILY CAMP SPECIALTY WEEKS

**REGISTRATION OPENS  
JANUARY 12 FOR CONCORD RESIDENTS  
JANUARY 15 FOR NON-RESIDENTS**

Get ready for a unique summer family vacation at Camp Concord's Family Camp Weeks in South Lake Tahoe. Our all-inclusive package is perfect for anyone who wants to take a break from everyday life and spend quality time with their loved ones. Enjoy comfortable cabin accommodations, delicious meals, and various activities suitable for all ages. Whether you're into beach trips, canoeing, hiking, or just relaxing, we've got something for everyone. An unforgettable adventure and creating memories that will last a lifetime.

**"The Happiest Place On Dirt"!**

Date	Days	Fees	Course
6/15 - 6/19	M - F	R: \$359/ NR: \$395	125863
6/29 - 7/03	M - F	R: \$359/ NR: \$395	125864
7/27 - 7/31	M - F	R: \$359/ NR: \$395	125865
7/31 - 8/03	F - M	R: \$269/ NR: \$295	125866

\*Rates are a flat rate per person/per week.



Register online at [www.cityofconcord.org](http://www.cityofconcord.org) or call (925) 671-3404



# CAMP CONCORD 50 & BETTER WEEKS 2026

**REGISTRATION OPENS  
DECEMBER 10!**

During the month of August, Camp Concord hosts three amazing weeks just for adults 50 years of age or older. Located in beautiful South Lake Tahoe, these all-inclusive weeks run Monday to Friday. Lodging, meals, and all on-camp activities are included in the price.

Our 50 & Better Camps fill fast, so register early.

For more information, please visit [www.campconcord.org](http://www.campconcord.org) or call 925-671-3006.

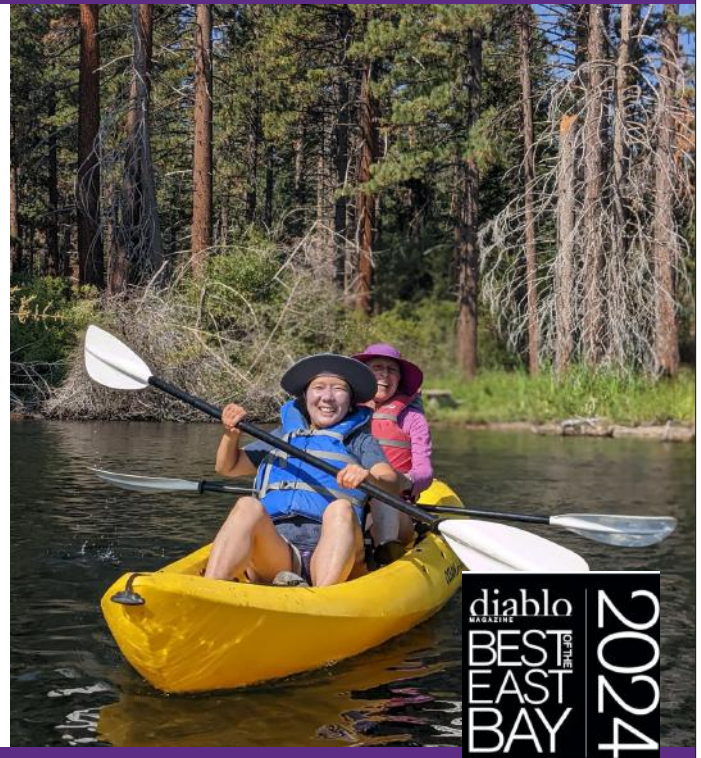
**Camp Concord, "The Happiest Place On Dirt"!**

Date	Day	Fees	Reg #
8/10 - 8/14	M - F	R: \$349/ NR: \$379	125443
8/17 - 8/21	M - F	R: \$349/ NR: \$379	125444
8/24 - 8/28	M - F	R: \$349/ NR: \$379	125445

\*Rates are a flat rate per person/per week.



Register online at [www.campconcord.org](http://www.campconcord.org) or call 925-671-3404





Swimming

## Important information when visiting the pool...

- Lap Swim is for exercise only and is defined as continuous swimming back and forth in the lanes.
- All swimmers are required to self-check prior to arriving for their swim. If you do not feel well, exhibit flu like symptoms, fever of 100.4 degrees or higher, cough, shortness of breath, difficulty breathing, loss of taste or smell please don't come to the pool until symptoms have completely subsided.
- During Lap Swim times lanes maybe utilized to accommodate city programming.
- Please choose a lane that meets your needs and your swim pace.
- Always announce your presence when entering a lane that is currently occupied.
- If you are sharing a lane with another swimmer you are required to circle swim. Please swim down the right side of the lane and back up to the right side of the lane.
- NO DIVING – Please enter the pools feet first.
- Lifeguards are on duty to recognize and respond to an emergency and provide care. They are not on deck to police lanes.
- Be kind and courteous to others.
- Please continue to bring your own personal lap swim equipment.
- Private instruction, coaching, organized events and workouts are not allowed without prior approval from Aquatic Staff.

# Recreational Swim

## Spring Schedule May 23–June 7

Days	Hours
Saturday & Sunday	1-4 p.m.
Monday, May 25	1-4 p.m.

### Fees for Recreational Swim

#### Daily

Adults (18+): \$6.75 R/\$7.75 NR  
 Child (3-17): \$5.75 R/\$6.50 NR  
 Tot (2 & under): No charge with paid Guardian  
 Inflatables: \$2 (Inflatables will be dependent on staff availability and weather conditions.)

#### Pass

Adult Swim Card 15 Swims (18+): \$86 R /\$99 NR  
 Child Swim Card 15 Swims (3-17): \$73 R /\$83 NR  
 Family Pass: \$355 R/ \$315 NR, up to a family of four (additional family members \$26 R /\$28 NR)



Inflatable obstacle courses available Memorial Day Weekend during recreational swim hours. Fee \$2.  
 \*\*Inflatable obstacle courses are weather and staff dependent.\*\*

# Lap Swim

## Winter Schedule December 1–February 28

Short Course		
Days	Hours	# of Lanes
Monday, Wednesday, Friday	6 a.m.-1 p.m.	6
Tuesday & Thursday	7 a.m.-1 p.m.	6
Saturday & Sunday	10 a.m.-12 p.m.	6
Long Course		
Days	Hours	# of Lanes
Monday, Wednesday, Friday	6 a.m.-1 p.m.	9
Tuesday & Thursday	7 a.m.-1 p.m.	9
Saturday & Sunday	10 a.m.-12 p.m.	9
<b>Holiday Hours, 10 a.m.-12 p.m.</b> December 26 December 31 (New Year's Eve) January 19 (Martin Luther King Jr. Day) February 16 (Presidents' Day)	<b>Pool Closures</b> December 24-25 (Christmas Eve & Christmas Day) January 1 (New Year's Day)	

## Spring Schedule March 1–June 8

Short Course		
Days	Hours	# of Lanes
Monday, Wednesday, Friday	6 a.m.-1 p.m.	6
Tuesday & Thursday	7 a.m.-1 p.m.	6
Monday-Thursday	7:30 a.m.-8:30 p.m.	6
Saturday & Sunday	10 a.m.-12 p.m.	6
Long Course		
Days	Hours	# of Lanes
Monday, Wednesday, Friday	6 a.m.-1 p.m.	9
Tuesday & Thursday	7 a.m.-1 p.m.	9
Saturday & Sunday	10 a.m.-12 p.m.	9
<b>Holiday Hours, 10 a.m.-12 p.m.</b> May 25 (Memorial Day)	<b>Pool Closures</b> February 21-22 (Swim Meet) April 5 (Easter Sunday)	April 18-19 (Swim Meet) May 7 (short course only 7 a.m.-1 p.m.) May 8-9 (Swim Meet)



### Fees for Lap Swim

Adults (18+): \$6.75 R/\$7.75 NR	Swim Card 30 Swims: \$156 R/\$180 NR
Seniors (65+): \$6 R/\$7 NR	Swim Card 45 Swims: \$222 R/\$255 NR
Swim Card 15 Swims: \$86 R/\$99 NR	Monthly Swim Pass: \$100 R/\$109 NR

# Swimming

## Learn to Swim with Suzanne

**Ages: 18 years and up**

Whether you're looking to perfect your stroke or just get your feet wet, this is the class for you! Concord's very own Hall of Fame swimmer, Suzanne Heim-Bowen is offering adult private swim lessons this fall. Spots are limited.

**Location:** Concord Community Pool

DATES	DAY TIME	FEE	CLASS #
1/6-1/27	TU 9:30-10a.m.	R: \$132/NR: \$145	<a href="#">125851</a>
1/6-1/27	TU 10:05-10:35a.m.	R: \$132/NR: \$145	<a href="#">125852</a>
1/6-1/27	TU 10:40-11:10a.m.	R: \$132/NR: \$145	<a href="#">125853</a>
1/6-1/27	TU 11:15-11:45a.m.	R: \$132/NR: \$145	<a href="#">125854</a>
2/3-2/24	TU 9:30-10a.m.	R: \$132/NR: \$145	<a href="#">125855</a>
2/3-2/24	TU 10:05-10:35a.m.	R: \$132/NR: \$145	<a href="#">125856</a>
2/3-2/24	TU 10:40-11:10a.m.	R: \$132/NR: \$145	<a href="#">125857</a>
2/3-2/24	TU 11:15-11:45a.m.	R: \$132/NR: \$145	<a href="#">125858</a>
3/3-3/24	TU 9:30-10a.m.	R: \$132/NR: \$145	<a href="#">125859</a>
3/3-3/24	TU 10:05-10:35a.m.	R: \$132/NR: \$145	<a href="#">125860</a>
3/3-3/24	TU 10:40-11:10a.m.	R: \$132/NR: \$145	<a href="#">125861</a>



## American Red Cross Lifeguard Clinic

**Ages: 15 years and up**

The American Red Cross Lifeguarding course teaches lifeguards the skills and knowledge needed to prevent and respond to aquatic emergencies. It provides an opportunity to complete all required certifications in one course. This course is blended learning class and has an online portion that must be completed before the first day of classes. Must be 15 by the last day of the course. Must be able to complete swim/tread/swim sequence, including swimming 150 yards, treading water for 2 minutes legs only, and swim another 50 yards continuously. Must be able to retrieve a 10 lb brick from 10 feet.

**Location:** Concord Community Pool

DATES	DAY	TIME	FEE	CLASS #
4/6-4/10	M-F	9a.m.-2p.m.	R: \$231/NR: \$251	<a href="#">125556</a>
5/23-24, 5/30	SA/SU	9a.m.-6p.m.	R: \$231/NR: \$251	<a href="#">125615</a>



## Step up your lap swim!

### The Stillwater 3: Winter Lap Swim Challenge

Take on the challenge of swimming across some of the world's most iconic lakes—without ever leaving the pool! Join us for our version of the National Open Water Swim Challenge, the Stillwater 8. Our Stillwater 3 features three legendary lakes: Lake Zurich in Switzerland, Lake Taupo in New Zealand, and Lake Ontario in Canada. Lap Swimmers have the opportunity to complete a number of distances within a designated month, tabulating their laps at each visit. After the challenge is complete, one winner from each challenge will be announced and will receive a prize. Make waves, cross lakes, compete in Stillwater 3!

### Suzanne's Swims

Looking to spice up your winter workout? Tired of your usual routine? Hall of Fame Master swimmer, Suzanne Heim Bowen, will post two workouts a week for short and long course lap swim (beginners and intermediates) at the front counter. Try something new this Winter!

**Learn more about these programs when you check-in at Concord Community Pool.**

### Aqua Zumba with Nannette

**Ages: 10 years and up**

Aqua Zumba blends the Zumba philosophy with the water resistance for one aquatic dance party you don't want to miss. With less impact on your joints so you can let loose. Enjoy a high-energy aquatic exercise moving to amazing world music. Moves are done standing, and no swimming is required. Drop-in options available- register in-person at Concord Community Pool.

**Location:** Concord Community Pool

**Instructor:** Dance Of The Ancestors Inc.

DATES	DAY	TIME	FEE	CLASS #
3/3-3/31	TU	11-11:50a.m.	R: \$80/NR: \$88	<a href="#">125660</a>
3/7-3/28	SA	11-11:50a.m.	R: \$65/NR: \$71	<a href="#">125662</a>
4/7-4/28	TU	11-11:50a.m.	R: \$65/NR: \$71	<a href="#">125661</a>
4/4-4/25	SA	11-11:50a.m.	R: \$50/NR: \$55	<a href="#">125823</a>
5/5-5/26	TU	11-11:50a.m.	R: \$65/NR: \$71	<a href="#">125824</a>

### Aqua Zumba with Vicki

**Ages: 14 years and up**

Enjoy the buoyancy of the water while you get a cardio and resistance workout! Swimming ability is not required. This class is music-driven and fitness movements incorporated. Progression options are offered, cued visually and verbally, so you work at your own level. Water shoes advised. Bring your smile and enjoy the party!

**Location:** Concord Community Pool

**Instructor:** Vicki G.

DATES	DAY	TIME	FEE	CLASS #
4/8-5/13	W	10:15-11:10a.m.	R: \$65/NR: \$71	<a href="#">125822</a>

# learn to swim!

## Concord Swim School

### Location

Concord Community Pool

3501 Cowell Road, Concord • 925-671-3480 • [www.ConcordReg.org](http://www.ConcordReg.org)



Search by  
class number on  
[concordreg.org](http://concordreg.org)  
to register

Session	Times	April 4 Saturday	April 25 Saturday	May 2 Saturday	May 16 Saturday	May 23 Saturday	May 30 Saturday
<b>Spring Weekend Saturday Private Lessons</b>  Resident \$33 Non-resident: \$38	10-10:30a.m.	<a href="#">125557</a>	<a href="#">125559</a>	<a href="#">125558</a>	<a href="#">125561</a>	<a href="#">125562</a>	<a href="#">125560</a>
	10:35-11:05a.m.	<a href="#">125563</a>	<a href="#">125565</a>	<a href="#">125564</a>	<a href="#">125567</a>	<a href="#">125568</a>	<a href="#">125566</a>
	11:10-11:40a.m.	<a href="#">125569</a>	<a href="#">125571</a>	<a href="#">125570</a>	<a href="#">125573</a>	<a href="#">125574</a>	<a href="#">125572</a>
	11:45a.m.-12:15p.m.	<a href="#">125575</a>	<a href="#">125577</a>	<a href="#">125576</a>	<a href="#">125579</a>	<a href="#">125580</a>	<a href="#">125578</a>
Session	Times		May 5 Tuesday	May 12 Tuesday	May 19 Tuesday	May 26 Tuesday	
<b>Spring Weekday Tuesday Private Lessons</b>  Resident \$33 Non-resident: \$38	4-4:30p.m.		<a href="#">125582</a>	<a href="#">125583</a>	<a href="#">125584</a>	<a href="#">125581</a>	
	4:35-5:05p.m.		<a href="#">125586</a>	<a href="#">125587</a>	<a href="#">125588</a>	<a href="#">125585</a>	
	5:10-5:40p.m.		<a href="#">125590</a>	<a href="#">125591</a>	<a href="#">125592</a>	<a href="#">125589</a>	
	5:45-6:15p.m.		<a href="#">125594</a>	<a href="#">125595</a>	<a href="#">125596</a>	<a href="#">125593</a>	
Session	Times		May 7 Thursday	May 14 Thursday	May 21 Thursday	May 28 Thursday	
<b>Spring Weekday Thursday Private Lessons</b>  Resident \$33 Non-resident: \$38	4-4:30p.m.		<a href="#">125598</a>	<a href="#">125599</a>	<a href="#">125600</a>	<a href="#">125597</a>	
	4:35-5:05p.m.		<a href="#">125602</a>	<a href="#">125603</a>	<a href="#">125604</a>	<a href="#">125601</a>	
	5:10-5:40p.m.		<a href="#">125606</a>	<a href="#">125607</a>	<a href="#">125608</a>	<a href="#">125605</a>	
	5:45-6:15p.m.		<a href="#">125610</a>	<a href="#">125611</a>	<a href="#">125612</a>	<a href="#">125609</a>	

# Pool Space Available!

Concord Community Pool currently has pool space available for swim teams, fitness programming, and other aquatic classes. This space is ideal for organized groups looking to expand their programming! 50 meter and 25 yard lanes available with water depth ranging from 2.5 ft to 13 ft.

For more information, reach out to the Aquatics Coordinator:  
devynn.darner@cityofconcord.org | 925-671-3477



## EGG-STRADORDINARY UNDERWATER EGG HUNT



**Saturday, March 28**  
1:30-3 p.m.

at Concord Community Pool  
See page 14 for details. Class #125641



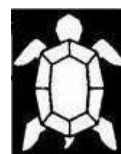
# Book Your Pool Party!

Looking for the perfect way to celebrate a birthday, host a family gathering, or beat the heat? Dive into fun with our pool party rental!

#### What's included?

- Entry into the facility up to 30 guests and 8 mandatory chaperones
- Wristbands for all swimmers on the inflatable obstacle courses (must be able to swim 25 yards continuously without the use of a floatation device)
- Early entry to set up for your party
- Access to the picnic pavilion

All parties must be booked in person at Concord Community Pool, 3501 Cowell Rd. Weekday and weekend options available. Rentals available starting Memorial Day Weekend. Reservations must be made in person at Concord Community Pool. **Questions? Call 925-671-3480**



## TERRAPINS SWIM TEAM

**RECOGNIZED BY THE AMERICAN SWIM COACHES ASSOCIATION AS ONE OF THE NATION'S TOP AGE GROUP SWIM TEAMS**

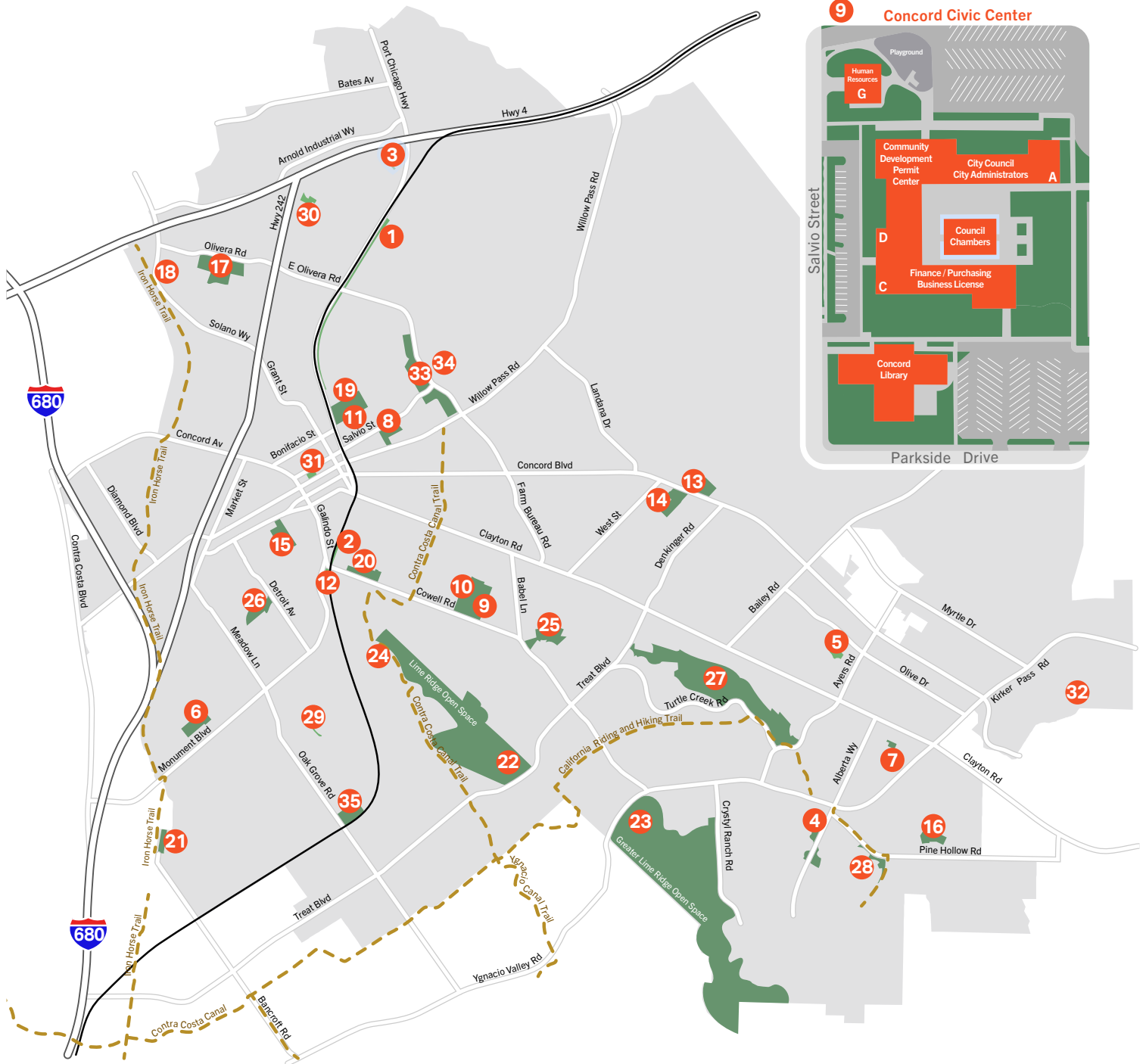
### Winter/Spring

- ◆ High School Pre-Season Program
- ◆ Winter/Spring Competitive Clinics
- ◆ Orange Group Spring Session
- ◆ Year-Round competitive swim team membership open throughout the year.
- ◆ Private Competitive Lessons available

Check out our website for more information on all our programs
















**WWW.TERRAPINSWIM.COM**

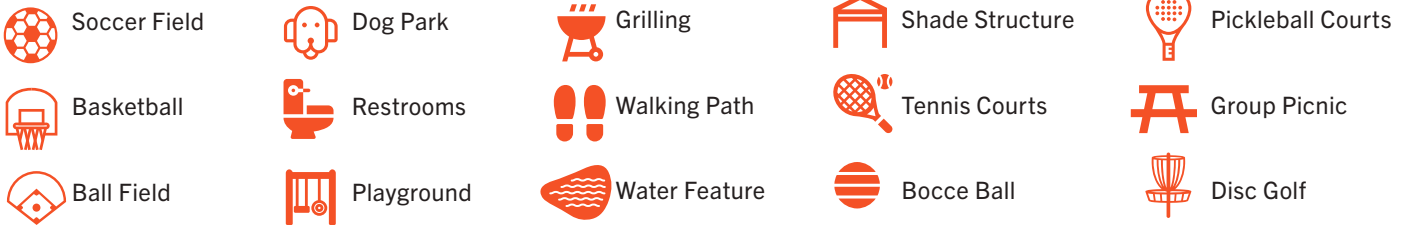
# Concord Parks & Facilities



For detailed information on each park, see the Map Legend and Features on next page, scan QR code, or visit [www.cityofconcord.org/parks](http://www.cityofconcord.org/parks).

# Parks & Facilities

PARK & ADDRESS	PARK FEATURES																
																Other	
<b>1</b> <a href="#">BART Linear Park</a> 3700 Port Chicago Hwy								●									
<b>2</b> <a href="#">BART Park</a> 16 Mesa Street								●									
<b>3</b> <a href="#">Bayview Circle Park</a> 3940 Bayview Circle						●											
<b>4</b> <a href="#">Boatwright Youth Sports Complex</a> 800 Alberta Way	●		●		●	●				●							permit only
<b>5</b> <a href="#">Brazil Quarry Park</a> 1598 Kent Way						●		●									
<b>6</b> <a href="#">Cambridge Park</a> 18 Victory Lane	●				●	●	●										
<b>7</b> <a href="#">Centre Concord</a> 5298 Clayton Road	Multi-purpose community center available for events, meetings and classes.																
<b>8</b> <a href="#">Concord Civic Center</a> 1950 Parkside Drive						●											
<b>9</b> <a href="#">Concord Community Park</a> 3501 Cowell Road	●				●	●	●	●			●				●		
<b>10</b> <a href="#">Concord Community Pool</a> 3501 Cowell Road	Year-round heated 50 meter/25 yard lap pools for swim classes, lap swim and recreational swim.																
<b>11</b> <a href="#">Concord Senior Center</a> 2727 Parkside Circle	Community Center providing recreational and social services to Adults 50+. Nutritional services to 60+. Center is available to rent for events.																
<b>12</b> <a href="#">Concord Skate Park</a> 1174 San Miguel Road	Offers various elements and challenges for skateboarders, inline and roller skaters and manual scooters.																
<b>13</b> <a href="#">Dave Brubeck Park</a> 4202 Concord Boulevard					●	●	●	●									
<b>14</b> <a href="#">El Dorado Play Fields</a> 1766 Mendocino Drive	●		●		●			●									volley ball
<b>15</b> <a href="#">Ellis Lake Park</a> 1736 Clayton Rd					●	●		●	●								
<b>16</b> <a href="#">Highlands Park</a> 1336 Pennsylvania Blvd		●				●	●	●									
<b>17</b> <a href="#">Hillcrest Park</a> 2050 Olivera Road	●		●		●	●	●	●	●	●							●
<b>18</b> <a href="#">Iron Horse Park</a> 1799 Solano Way										●		●					



PARK & ADDRESS	PARK FEATURES															
																Other
<b>19</b> <a href="#">John F. Baldwin Park</a> 2730 Parkside Circle		●	●	●	●	●	●					●		●		
<b>20</b> <a href="#">Krueger Play Fields</a> 2819 Cowell Road	●	●														volley ball
<b>21</b> <a href="#">Len Hester Park</a> 1011 Hampton Drive							●	●								
<b>22</b> <a href="#">Lime Ridge Open Space</a> 3851 Treat Boulevard							●									
<b>23</b> <a href="#">Greater Lime Ridge Open Space</a> 5100 Montecito Drive							●									
<b>24</b> <a href="#">Lime Ridge Open Space Off Leash Area</a> Via Montanas							●									
<b>25</b> <a href="#">Markham Nature Park and Arboretum</a> 1202 La Vista Avenue							●		●							arbor rental
<b>26</b> <a href="#">Meadow Homes Park</a> 1351 Detroit Avenue	●				●	●	●		●	●				●		
<b>27</b> <a href="#">Newhall Park</a> 1351 Newhall Parkway	●			●	●	●	●	●	●	●		●		●		
<b>28</b> <a href="#">Pine Hollow Estates</a> Rolling Woods Way						●					●					
<b>29</b> <a href="#">Rick Seers Park</a> 2099 Sierra Road		●				●										
<b>30</b> <a href="#">Sun Terrace Park</a> 3611 Montreal Circle						●	●									
<b>31</b> <a href="#">Todos Santos Plaza</a> 2175 Willow Pass Road						●	●									
<b>32</b> <a href="#">Toyota Pavilion at Concord</a> 2000 Kirker Pass Road	12,500-person outdoor amphitheater hosting concerts and local community events.															
<b>33</b> <a href="#">Willow Pass Community Center</a> 2748 E Olivera Road	Multi-purpose community center available for events, meetings and classes.															
<b>34</b> <a href="#">Willow Pass Community Park</a> 2748 E Olivera Road			●		●	●	●	●	●	●	●		●			outdoor fitness area
<b>35</b> <a href="#">Ygnacio Valley Park</a> 901 Oak Grove Road	●				●	●	●	●						●		

# Sign up now!



## Online

**Register anytime online at [www.concordreg.org](http://www.concordreg.org).** New users will need to create an account and existing users can log in. View and register for courses, make payments 24 hours a day, seven days a week.



## Mail

Complete the registration form in this guide and mail or fax with payment to:

**Concord Recreation Services Department Registration**  
1950 Parkside Drive, MS/11  
Concord, CA 94519  
Fax: 925-671-3185



## In-person registration and customer service hours:

Monday-Friday, 10 a.m.-12 p.m. and 1-3 p.m. at: Monday-Friday, 9 a.m.-4 p.m. at:

**Willow Pass Community Center**  
2748 E. Olivera Road (in Willow Pass Park)  
Registration Office: 925-671-3404

**Concord Senior Center**  
2727 Parkside Circle (in Baldwin Park)

**Centre Concord**  
5298 Clayton Road (next to Clayton Valley Bowl)

## Quality Assurance and Credits/Refunds

Try our classes. If, after attending the first class, you are not happy with the quality of the program, call us right away. Tell us what was wrong so we can make it right. If you call before the second class we will give you a full refund or credit. There are no refunds for non-attendance, one-day workshops, trips or materials fees.

Refunds due to course cancellations can take up to 2 to 4 weeks to process. A credit left on a customer's account will expire 12 months after the date of issuance.

## Withdrawals and Transfers

If you wish to drop or transfer to another session, call us at least five full working days before the start date for a refund or credit. \$5.00 Withdrawal Fee applies to all cancellations. Please note: Programs with different cancellation fees are noted and only the higher fee applies, not both. No refunds for non-attendance, one-day workshops, trips or materials fees.



Zoom Class



Parent & Me Class



In-Person Class



Multi-Session Class


Register at...

[www.concordreg.org](http://www.concordreg.org)

# Registration Form: Winter/Spring 2026

Please carefully read the Registration information on [page 56](#) to successfully complete your registration and understand our cancellation policies.

## PARTICIPANT INFORMATION

Head of Household		<input type="checkbox"/>  If you or your child have a special need or disability, please check here.	
Address			
City		State	Zip
Email	Phone (Cell)		Phone (Home)

## CLASS SELECTION

Participant Name	Date of Birth	Class #	Class Title	Fee
<b>Total Fees \$</b>				

### WAIVER AND RELEASE FROM LIABILITY / ASSUMPTION OF RISK

I, the undersigned, wish to participate in one or more activities (hereinafter collectively referred to as "the Activity") conducted in collaboration with the City of Concord's Recreation Services Department. I am aware that serious accidents and injuries occasionally occur during recreational pursuits such as the Activity. In consideration of my participation in the Activity, I knowingly and voluntarily assume all risks arising therefrom, and on behalf of myself, my heirs and assignees release the City of Concord, its officers, agents, employees and volunteers from any and all claims, liens, damages, lawsuits, or liability for property damage, injury or death, resulting from, arising out of, or in any way connected with my participation in the Activity.

I agree and acknowledge that this Waiver and Release From Liability/Assumption of Risk shall apply even in the event that I suffer death, personal injury, or property damage as the result of passive or active negligence on the part of the City of Concord, its officers, agents, employees, or volunteers of the City (with the exception of sole, active negligence, or willful misconduct). In the event that the individual participating in the Activity is a minor, I certify that I am his/her parent or legal guardian and I give my permission for him/her to participate in the Activity.

### USE OF PARTICIPANT PHOTOGRAPHS/VIDEO





In addition to the forgoing, you are deemed to have given your consent to Concord Recreation Services or any other media agency to photograph or video you (or the minor on whose behalf you are agreeing to this waiver,) and to use such photograph(s)/video footage in brochures, newspapers, social media or other forms of media describing City of Concord activities. I agree to advise the City of Concord Recreation Services Department in writing if I do not agree to the forgoing.

I/WE HAVE READ THIS WAIVER AND RELEASE IN ITS ENTIRETY. I/WE FULLY UNDERSTAND IT, AND RECOGNIZE THAT THIS WAIVER AND RELEASE IS A LEGALLY BINDING DOCUMENT. I/WE UNDERSTAND THAT BY EXECUTING THIS WAIVER AND RELEASE, WE ARE VOLUNTARY ASSUMING THE RISKS DESCRIBED HEREIN, AND WAIVING OUR LEGAL RIGHTS ASSOCIATED THEREWITH.

Participant Name: \_\_\_\_\_ (check one)  Self  Parent  Guardian

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

## PAYMENT INFORMATION

Method of payment <input type="checkbox"/> Check payable to: Concord Recreation Services Department		Amount \$
<input type="checkbox"/>  <input type="checkbox"/>  <input type="checkbox"/>  <input type="checkbox"/> 		
Card #	3 or 4 Digit Security Code	Exp. Date Month/Day/Year / /
Print name as it appears on card		Signature

# Your Vision, Our Venue

*From private groups to those community-bound,  
our doors are open—just look around.  
Plan your party, class, or show,  
we've got the space to help it grow.  
If an event is on your mind,  
come rent with us, we're here for you,  
Concord's the place where dreams come true.*

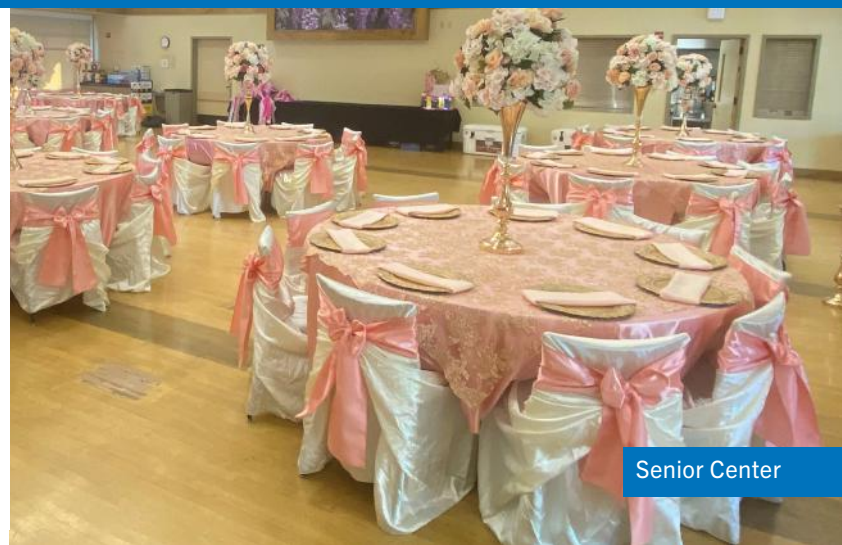


Willow Pass Community Center

**Contact Facility Rentals:  
925-671-3324 or [facilityrentals@cityofconcord.org](mailto:facilityrentals@cityofconcord.org)**



Centre Concord



Senior Center

# Now Hiring... Your Future Begins Here!



Join the Recreation Services team for a rewarding year-round or seasonal part-time job giving back to your community. Apply today to take your first steps into working with a dynamic team and explore the opportunities for a career path within the City of Concord working with the Recreation Services Department.



## Year-round positions

Facility Attendants • Ballfield Prep Crew  
Facility Specialist (customer service)  
Softball League Supervisor • Swim Instructor  
Lifeguard I • Lifeguard II • Pool Manager  
Assistant Pool Manager

## Summer positions

Day Camp Counselors (Youth and Teen)

## Camp Concord at South Lake Tahoe

Program Counselor • Dining and Hospitality  
Cook/Prep Cook • Food Service Coordinator  
Facility Specialist



View current openings and apply online or scan the QR code:  
[cityofconcord.org/jobs](https://cityofconcord.org/jobs)

Check back often as many summer positions will open in January 2026 and you don't want to miss out!



**City of Concord**  
1950 Parkside Drive  
Concord, CA 94519-2578

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**Parks  
Make  
Life  
Better!**

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POSTAL CUSTOMER



# Rec Expo & Job Fair

**Saturday, April 11  
1-3:30 p.m.  
Concord Community Pool  
3501 Cowell Road**

**Join us for a free community day and discover all of the exciting things the City of Concord Recreation Services Department has to offer!**

photo credit: Dan Woods

**Enjoy FREE recreational and lap swimming, learn about our special events, and preview many of our activities, including swim lessons, Aqua Zumba, summer camps, tennis classes, cornhole, and more! Meet staff in all divisions, from seniors to sports, to aquatics, and preschool!**

**Plus...Do you want to spend your summer working with kids, expanding your professional skills, and getting paid to play? Stop by to speak with our team and hear more about job openings.**

*Please note: Some activities may require advanced registration and an additional fee. For more information on the Rec Expo, visit our website at [www.cityofconcord.org](http://www.cityofconcord.org)*