

(800) 690-8980 Toll-Free,
(865) 560-0135 Local
(865) 999-0298 Text/SMS



Low-Dose Naltrexone (LDN) Patient Info Sheet

Low-dose naltrexone is a medication administered in significantly smaller amounts compared to traditional naltrexone, which is typically used to treat opioid and alcohol dependence. At lower doses, naltrexone can aid in reducing inflammation and alleviating pain. Clinical trials have also demonstrated its ability to regulate the immune system and enhance conditions related to autoimmune diseases.

LDN Uses

- Chronic Pain
- Weight Loss
- Lyme Disease
- Graves' Disease
- Hashimoto's Thyroiditis
- Complex Regional Pain Syndrome
- Inflammatory Bowel Disease
- Psoriasis
- Post-traumatic Stress Disorder
- Long Covid
- Certain types of cancers
- Polycystic Ovary Syndrome
- Parkinson's disease
- Multiple Sclerosis
- Fibromyalgia
- Depression
- Anxiety



How To Use:

LDN is typically prescribed in small doses, starting low and gradually increasing based on individual needs. The benefits of LDN are typically noticed within 1-8 months of therapy.



Side Effects & Adverse Reactions:

While generally well-tolerated, some common side effects may include sleep disturbances or mild headache, usually subsiding over time.



Safety:

It's important to consult your doctor before starting LDN, especially if you are taking other medications or have underlying health conditions.



Easy Refills

Ask for auto-refills to have your dose titrations automatically filled for you or simply contact us a few days before you need your next prescription.

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Our Location

2559 Willow Point Way, Knoxville, TN 37931

