



City of Arcadia
Recreation, Library & Museum Activities
June – August 2025



The PEACOCK Buzz



Level Up

Summer Reading Program

See page 8, 16 & 17

626.574.5113 • ArcadiaCA.gov • [@EnrichArcadia](https://www.instagram.com/EnrichArcadia)



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Arcadia City Council

Mayor Sharon Kwan
 Mayor Pro Tem Eileen Wang
 Council Member Dr. Michael Cao
 Council Member Paul P. Cheng
 Council Member David Fu
 City Manager Dominic Lazzaretto

Director of Recreation and Community Services Department

Sara Somogyi

Director of Library and Museum Services Department

Darlene Bradley

Case Management Services

If you or someone you know in Arcadia is experiencing homelessness or is at risk of losing housing, please contact 562.844.1484 or arcadia@lacada.com

For more information, visit ArcadiaCA.gov/Homeless



Special Events 2-8

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Recreation and Community Services Department

ArcadiaCA.gov/recreation
 375 Campus Drive, Arcadia, CA 91007
 626.574.5113
 Office Hours: Monday - Thursday, 7:30am-5:30pm • Friday, 8am-5pm



Arcadia Community Center

ArcadiaCA.gov/recreation
 365 Campus Drive, Arcadia, CA 91007
 626.574.5130
 Office Hours: Monday–Thursday, 7:30am-5:30pm
 Friday, 7:30am-4:30pm



The Gilb Museum of Arcadia Heritage

ArcadiaCA.gov/museum
 380 West Huntington Drive, Arcadia, CA 91007 • 626.574.5440
 Admission is always free
 Tuesday - Saturday, 10am-12pm and 1-4pm



Arcadia Public Library

ArcadiaCA.gov/library
 20 West Duarte Road, Arcadia, CA 91006
 626.821.5567
 Monday - Thursday, 10am-9pm
 Friday - Saturday, 10am-6pm

STAY UP TO DATE
 follow us



@ARCADIACAGOV



@ARCADIACAGOV



@ENRICHARCADIA

很想知道这里讲的是什么吗？我们也希望你们了解这些信息。阿凯迪亚市向公众免费提供文件翻译服务。请致电（626）574-5455，向市书记官办公室了解详情。



ONLINE

Residents: Monday, May 12

Everyone: Monday, May 19

ArcadiaCA.gov/recreation



MAIL IN

Monday, May 19

P.O. Box 60021

Arcadia, CA 91066



WALK IN

Monday, May 19

365 Campus Drive

Arcadia, CA 91007

General Information

- We accept cash, checks, VISA, MasterCard, and Discover
- Checks payable to "City of Arcadia"
- Individuals may only register for themselves and their own family members
- Only the registered participant may attend the class, unless it is Parent and Me



Refund Information

- Refunds and transfers must be requested prior to the second class meeting
- Refunds can be given as user credit or check
- Refunds will be assessed a \$22 fee per activity, unless the program was canceled by the City
- Please allow 2 weeks for processing
- Materials fees are non-refundable
- Refunds for special events and excursions will only be issued if the spot can be filled with someone from the waitlist
- Requests for camp refunds must be submitted one (1) week prior to the start of the week of camp in which you are requesting a refund. All requests for refunds made less than one week prior to camp will only be issued if the spot can be filled from the wait list. All refunds are subject to a \$22 cancellation fee per week, per camper.

ARCADIA PAR 3 GOLF COURSE DAILY 6AM-10PM

18 Holes

Camps

Events

Footgolf classes

Lighted Driving Range

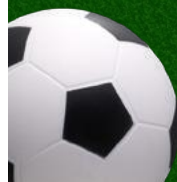
620 E Live Oak Ave | arcadiagc.com | 626.443.9367



Arcadia Par 3 Golf Course

FOOTGOLF

Footgolf is an incredibly addictive new sport that combines soccer and golf. You can book tee times online by visiting GoFootGolf.com



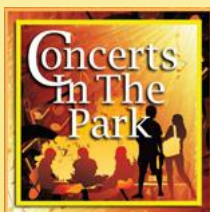
CONCERTS & MOVIES in the park

FREE

**Thursdays,
June 26 - July 31**

**Concert at 6:30pm
Movie at dusk**

Food available for purchase



Bring your chairs and picnic blankets and enjoy an evening with live music and a movie with family and friends.



June 26

Cold Duck, 70s/Top 40s

Dogman, PG

Environmental Fair

July 17

So Rad, 90s

Matilda, PG

July 3

Mobility, Military Band

Inside Out 2, PG

July 24

Raymond Michael, Elvis

Grease, PG

July 10

Stacey Ann & The Master Plan, Country

Sonic 3, PG

July 31

The Answer, Classic Rock

Moana 2, PG

Tuesday, August 5

Don't miss out on National Night Out!

Live Band - Soto Band, Latin Funk

Activities begin at 6pm see page 3 for more information



Arcadia City Hall Lawn, 240 W. Huntington Drive
Parking available at City Hall & Santa Anita Race Track, Gate 5

ARCADIA POLICE DEPARTMENT PRESENTS



POLICE • COMMUNITY PARTNERSHIPS

TUESDAY, AUGUST 5
FREE | 6-8PM

*NATIONAL NIGHT OUT IS AN ANNUAL COMMUNITY-BUILDING CAMPAIGN
THAT PROMOTES POLICE-COMMUNITY PARTNERSHIPS AND
NEIGHBORHOOD CAMARADERIE.*



- Live Music by Soto Band, Latin Funk
- K-9 Team
- Kids Activities
- Police Station Tour
- Food
- Car Show & More

Arcadia City Hall Lawn, 240 W. Huntington Drive





be a part of
NEWCASTLE PARK
 Commemorative Brick Campaign



The Arcadia Parks Foundation is assisting in the renovation of Newcastle Park through a commemorative brick campaign fundraiser. Personalized, engraved bricks will be installed at the newly renovated Newcastle Park.
 Get your brick now!

ARCADIAPARKS.ORG/NEWCASTLE



Arcadia Community Coordinating Council proudly presents

CAMPERSHIPS

The Campership Program is designed to give low-income Arcadia youth, ages 17 and under, a chance to participate in camps & other recreational activities they otherwise would be unable to afford. Applications will be available at the Recreation Office or by email at campership@hotmail.com.

Funding for Camperships is completely supported by community donations. If you wish to contribute, please send a check to:

ACCC Campership Fund
 P.O. Box 660813 Arcadia, CA 91066

For more information, please contact the Recreation Office at 626.574.5113



HEALTH EDUCATION SERIES

Free and open to all | Pre-registration recommended



Save the Dates

6pm

Arcadia Public Library

Wednesday, June 25

Wednesday, July 23

Wednesday, August 27

For seminar topics and more information, visit ArcadiaCA.gov/HealthSeries

Festival of Arts of Laguna Beach

Pageant of the Masters



Friday, August 8
5pm - 12am
\$100

Experience California's rich history and artistic legacy through "living pictures".

Includes transportation, admission, and snacks!

GOLD COAST
Treasures of California



City of Arcadia

HEALTH FAIR

**Saturday,
September 20**

9am-1pm
Arcadia Community Center

Free and open to everyone

**Lectures
Doctor
Consults
Health
Screenings
& Information**



ArcadiaCA.gov/Healthfair



LEVEL UP! *at* Arcadia Public Library

There's fun for everyone
- kids, teens, and adults -
with reading, prizes,
and fun events!

Begins June 2

GILB MUSEUM

The Gilb Museum of Arcadia Heritage Presents:

Annual Dino Day

Join the Gilb Museum for a roaring good time at this years Dino Day! Dive into the prehistoric world with exciting activities and fun surprises for the entire family!

Saturday, August 23
1:30pm - 3:30pm

Drop-in program. No registration Required.

GILB MUSEUM OF ARCADIA HERITAGE

MILITARY BANNER PROGRAM

The Military Banner Program was established by the City of Arcadia to honor and recognize living military personnel from Arcadia. Street banners honoring those who have served in the United States Armed Forces will be proudly displayed in the month of November.

APPLICATIONS ARE NOW OPEN

Visit www.arcadiaca.gov/veterans
for more information

THE GILB MUSEUM OF ARCADIA HERITAGE

SUMMER ENRICHMENT PROGRAM

Free!



**Time Traveling
Artist**

July 5

**Tech It
Out**

July 12

**Dino &
Diversity**

July 19

**Lyrical
Languages**

July 26

For more information visit our website!

PUBLIC LIBRARY

Grow your young reader with weekly storytimes! These early learning programs are a wonderful way to introduce children to learning new concepts and vocabulary, building their language skills, encouraging social interaction, and introducing children to a lifelong love of reading and visiting their community Library.

Summer at Arcadia Public Library

STORYTIME PROGRAMS

SEEDLINGS STORYTIME

Tuesdays, June 17, 24, July 1, 8, 15 & 22 at 10:30am
Ages 4 - 23 months

BLOOMS STORYTIME

Tuesdays, June 17, 24, July 1, 8, 15 & 22 at 6:30pm
Ages 4 - 7 years

SPROUTS STORYTIME

Wednesdays, June 18, 25, July 2, 9, 16 & 23 at 10:30am
Ages 24 - 47 months

Registration is not required for
Summer storytime programs.



Dance

BABY BALLET

This is an introduction to ballet. Fun props are utilized during the class to keep the little ones engaged as they learn! A variety of age-appropriate music is played. Dance story time and dance etiquette are also incorporated into the class. This class requires parent/guardian participation. All students have performance opportunities!

Instructor: DanceFit Staff

Location: Virtual

06/01-06/29	11:30am-12pm	Sun	2-4yrs	\$138	SU25-4094
07/06-07/27	11:30am-12pm	Sun	2-4yrs	\$138	SU25-4094a
08/03-08/31	11:30am-12pm	Sun	2-4yrs	\$138	SU25-4094b

VIRTUAL

Instructor: DanceFit Staff

Location: Arcadia Community Center, 365 Campus Dr

06/06-06/27	4:30-5pm	Fri	1.5-3yrs	\$138	SU25-4091
07/11-08/01	4:30-5pm	Fri	1.5-3yrs	\$138	SU25-4091a
08/08-08/29	4:30-5pm	Fri	1.5-3yrs	\$138	SU25-4091b
06/14-07/05	9:45-10:15am	Sat	1.5-3yrs	\$138	SU25-4091c
07/12-08/02	9:45-10:15am	Sat	1.5-3yrs	\$138	SU25-4091d
08/09-08/30	9:45-10:15am	Sat	1.5-3yrs	\$138	SU25-4091e

BABY HIP-HOP/JAZZ+TAP

Come and learn the basic techniques in Jazz, Hip-Hop and tap. Fun choreography will be taught in each class and all students will have performance opportunities!

Instructor: DanceFit Staff

Location: Arcadia Community Center, 365 Campus Dr

06/05-06/26	5:20-5:50pm	Thu	1.6-3yrs	\$138	SU25-4093d
06/14-07/05	10:15-10:45am	Sat	1.6-3yrs	\$138	SU25-4096
07/12-08/02	10:15-10:45am	Sat	1.6-3yrs	\$138	SU25-4096a
07/03-07/31	5:20-5:50pm	Thu	1.6-3yrs	\$158	SU25-4093e
08/07-08/28	5:20-5:50pm	Thu	1.6-3yrs	\$138	SU25-4093f
08/09-08/30	10:15-10:45am	Sat	1.6-3yrs	\$138	SU25-4096b

Tot Music

KINDERMUSIK MIXED AGES

Discover a musical world with your child through singing, moving, listening, playing instruments, and making friends. With the Digital Family Access (home material), which includes class songs and other albums, narrated eBooks, and activity videos, you can create more magical bonding times anywhere you are. \$25 material fee per family is due before the start of the first class. Different materials each session.

Instructor: Emily Chang

Location: Arcadia Community Center, 365 Campus Dr

07/28-08/18	4:45-5:30pm	Mon	7 & under	\$114	SU25-4062
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Sports & Fitness

B.E.S.T. ALL-STARS 3-SPORT SAMPLER: SOCCER, BASEBALL, TRACK

A fun introduction to soccer, baseball, and track! Toddlers will explore the basic movements of running, kicking, hitting, and throwing through playful games designed to build coordination, balance, and joy in movement. It's a well-rounded, fun introduction led by Beginners Edge Sports Training. Tell your friends & enroll together! Bring your players favorite soccer ball, hitting and batting. To learn more about your BEST class check out here Welcome Page here: <https://best-sports-usa.com/welcome/>

Instructor: B.E.S.T Staff

Location: Arcadia City Hall Lawn, 240 W Huntington Dr

06/07-07/12 9:50-10:35am Sat 2-4yrs \$86 SU25-4596
no class 07/05

07/26-08/23 9:50-10:35am Sat 2-4yrs \$86 SU25-4596b

B.E.S.T SOCCER SKILLS AND DRILLS

This fun-filled 45 minute class created by Beginners Edge Sports Training, introduces little ones to soccer through playful activities that build coordination, balance, and confidence. With a focus on basic skills like kicking, and dribbling, kids develop a love for the game! Tell your friends & enroll together! Bring your players favorite soccer ball. To learn more about your BEST class check out here Welcome Page here: <https://best-sports-usa.com/welcome/>

Instructor: B.E.S.T Staff

Location: Arcadia City Hall Lawn, 240 W Huntington Dr

06/07-07/12 9-9:45am Sat 3-6yrs \$86 SU25-4593a
no class 07/05

07/26-08/23 9-9:45am Sat 3-6yrs \$86 SU25-4593c

06/07-07/12 8:10-8:55am Sat 1.4-2yrs \$86 SU25-4593
no class 07/05

07/26-08/23 8:10-8:55am Sat 1.4-2yrs \$86 SU25-4593b

PRE GYMNASTICS

Does your child like to run, jump, climb, swing, and roll? Gymnastics is a great way to channel that energy! This class provides developmental motor skills and basic tumbling necessary to learn gymnastics in a safe and progressive manner. Appropriate gymnastics apparel required; hair must be securely tied back away from the face with loose ends securely clipped; clean feet. Secondary registration (no additional fee) is required for Stars Athletic Foundation at <https://app.iclasspro.com/portal/starsathletics>

Instructor: Stars Athletic Foundation Staff

Location: Arcadia Community Center, 365 Campus Dr

06/14-08/16 3:50-4:35pm Sat 4-5yrs \$126 SU25-4070a

06/14-08/16 3-3:45pm Sat 4-5yrs \$126 SU25-4070



PARENT AND ME SOCCER

Here is your chance to join in your toddler's introduction to the world's most popular sport. You'll participate in fun, age-appropriate activities, and help your child to develop their motor and socialization skills. A variety of soccer activities are played each week. Adult participation is required.

Instructor: Kidz Love Soccer Staff

Location: Dana Gym Lawn, 1401 S First Ave

06/14-08/09 9-9:30am Sat 2-3.5yrs \$189 SU25-3053
no class 07/05



TOT SOCCER

Little tykes will enjoy running and kicking just like the big kids! Children will have fun and learn the basic techniques of the game while building self-esteem. Children learn to follow instructions in a nurturing, age-appropriate environment. All participants receive a Kidz Love Soccer Staff jersey! Shin guards are required after the first meeting.

Instructor: Kidz Love Soccer Staff

Location: Dana Gym Lawn, 1401 S First Ave

06/14-08/09 9:35-10:05am Sat 3.6-4yrs \$189 SU25-3056

PEE WEE TENNIS ACADEMY

This clinic is the perfect tennis introduction for new younger tennis players ages 3-6. Students learn the basics of the: forehand, backhand, volley, and serve in a coordination-building, fitness-friendly, fun, atmosphere. 25% off additional classes when you register for more than 1 day within the same session. Visit our website at tennisanyone.info.

Instructor: Tennis Anyone Staff

Location: Arcadia High School, 180 Campus Dr

Session 1

06/24-07/15 5:45-6:30pm Tue 3-6yrs \$139 SU25-4226

06/26-07/17 5:45-6:30pm Thu 3-6yrs \$139 SU25-4227

06/28-07/19 9:15-10am Sat 3-6yrs \$139 SU25-4228

Session 2

07/22-08/12 5:45-6:30pm Tue 3-6yrs \$139 SU25-4226a

07/24-08/14 5:45-6:30pm Thu 3-6yrs \$139 SU25-4227a

07/26-08/16 9:15-10am Sat 3-6yrs \$139 SU25-4228a

Session 3

08/19-09/09 5:45-6:30pm Tue 3-6yrs \$139 SU25-4226b

08/21-09/11 5:45-6:30pm Thu 3-6yrs \$139 SU25-4227b

08/23-09/13 9:15-10am Sat 3-6yrs \$139 SU25-4228b

PUBLIC LIBRARY

All Programs are at the Public Library
unless stated otherwise

READING BUDDIES

Young readers and teen volunteers will be paired and then take turns reading aloud to one another. This drop-in program is a wonderful opportunity for school-aged children to discover great stories and build their reading skills.

Mondays, June 16, 23, 30, July 7, 14, & 21, 3:30 – 4:30pm
6 – 8 Years

STEAM LAB

Explore, learn, create, and have fun! Each week you will find some of your all-time favorite activities such as building blocks as well as fun hands-on STEAM inspired crafts and projects. This is a drop-in program.

Tuesdays, June 17, 24, July 8, 15 & 22, 2:30 – 4pm
5 – 14 Years

GAME ON BOOK CRAFTS

Create crafts inspired by popular game based books and level up as you move through stations and participate in mini book discussions.

Thursdays, June 19 and July 17, 2:30 – 4pm
5 – 10 Years

MAKING IT

Design, create, and play your own custom board game in this fun and interactive workshop.

Wednesday, June 25, 3:30 – 5pm
11 – 14 Years

KIDS ON BIKES

Do you have brains, brawn, charm, fight, flight, or grit? Create your character and join us for an adventure in the tabletop roleplaying game 'Kids on Bikes'!

Wednesday, July 9, 2 – 4pm
11 – 14 Years

FAMILY GAME NIGHT

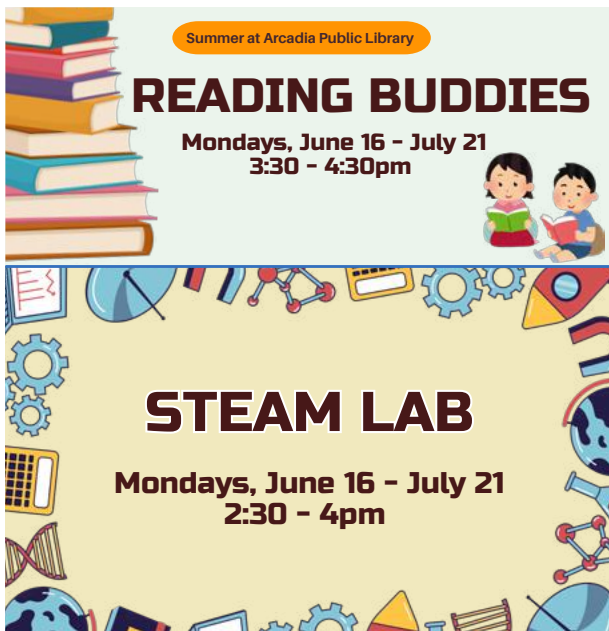
Enjoy a variety of board games, puzzle challenges, and exciting Nintendo Switch games – something for everyone to enjoy!

Thursday, July 10, 6:30 – 8:00pm
All Ages

BOOKING TOGETHER BOOK CLUB

Gather to discuss *Dungeon Club: Roll Call* by Molly Knox Ostertag, learn about other cool summer reads, and do some fun activities.


Wednesday, July 16, 3:30 – 4:30pm
11 – 14 years



Summer at Arcadia Public Library

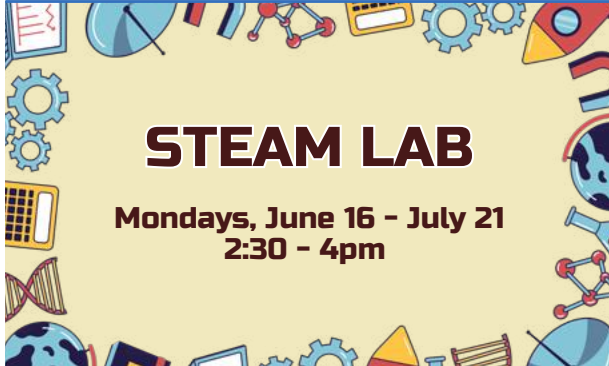
READING BUDDIES

Mondays, June 16 – July 21
3:30 – 4:30pm



STEAM LAB

Mondays, June 16 – July 21
2:30 – 4pm



GILB MUSEUM



The Gilb Museum of Arcadia Heritage

EDUCATIONAL KITS

2025

The Gilb Museum is offering **FREE** kits! Each kit comes with a short history lesson and materials necessary to complete some fun crafts! Applications for kits can be found on the Museum website. **Until supplies last!**

Music in Arcadia

May 10 – June 28

Learn about famous musicians from Arcadia and learn how you can create music at home too!

Architecture in Arcadia

August 9 – September 27

Learn about the buildings around the city and how you can be an architect too!



Summer at Arcadia Public Library

LEVEL UP!

FOR KIDS (infant - 5th grade) AND YOUTH (6th-8th grade)

Take part in the Library's summer reading program!

- Register online
- Log your reading minutes to earn points
- Pick up reading reward(s)

Monday, June 2 – Saturday, July 26



RECREATION

FREE AFTERSCHOOL PROGRAM



August 18, 2025 - May 29, 2026
Monday - Friday
School Dismissal - 4:30pm
Grades K-5

School Year
2025-2026

ELEMENTARY SCHOOL SITES

Baldwin Stocker
SU25-1003
Camino Grove
SU25-1004
Highland Oaks
SU25-1005
Holly Avenue
SU25-1006
Hugo Reid
SU25-1007
Longley Way
SU25-1008

Supervised homework help,
board games, outdoor activities, & crafts

REGISTRATION

MONDAY, JULY 7

Online Arcadia Residents

WEDNESDAY, JULY 9

Open to all

Participants are required to attend a minimum of one hour, at least three days each week. Students must register for the school they are enrolled in.



Youth Coed VOLLEYBALL League

SEPTEMBER 8 - NOVEMBER 8

Practices on Mondays & Wednesdays | Games on Saturdays

“A” Division:
Grades 7 & 8
6:30-8pm



DANA GYM

“B” Division:
Grades 5 & 6
5-6:30pm

\$125 | Includes jersey, practices, games, & awards

*Allstars advancement through November 15

Specialty Camps

June 9 – August 1

Monday – Friday | 9am – 3pm
Starting at \$195 Per Week
 Choose from a variety of camps each week from...

- Engineering
- STEM
- Digital Art
- Soccer
- Tennis
- Legos and more!

July 14 – August 8

SPORTS CAMP

Monday - Friday | 9am - 4pm
Ages 5-12 | \$180 Per Week
 Campers will learn different sports, go on excursions, and enjoy swim days!





KIDS NIGHT OUT

TREASURE Adventure

Friday, August 8
Arcadia Community Center

Enjoy a fun night of themed games, crafts, activities, a movie, and pizza.

6-10PM ● **5-12 YRS** ● **\$30**





Art

ELEMENTARY & CARTOON DRAWING FUNDAMENTALS

Join this fun, interactive session and learn art vocabulary and techniques. Students will learn to draw new subject matter each week, including Cartoons!

Instructor: Young Rembrandts Staff

Location: Arcadia Community Center, 365 Campus Dr

06/09-07/21 4-4:55pm Mon 6-12yrs \$90 SU25-4049
no class 06/30

Dance

BALLET

Ballet is the foundation of all dance styles. This is a great class for beginners. We incorporate stretching, ballet techniques and fun choreography. There are performance opportunities!

Instructor: DanceFit Staff

Location: Arcadia Community Center, 365 Campus Dr

Session 1

06/14-07/05 10:45-11:30am Sat 4-10yrs \$138 SU25-4090d
06/05-06/26 4:35-5:20pm Thu 4-10yrs \$138 SU25-4090

Session 2

07/12-08/02 10:45-11:30am Sat 4-10yrs \$138 SU25-4090e
07/03-07/31 4:35-5:20pm Thu 4-10yrs \$158 SU25-4090a

Session 3

08/09-08/30 10:45-11:30am Sat 4-10yrs \$138 SU25-4090f
08/07-08/28 4:35-5:20pm Thu 4-10yrs \$138 SU25-4090b

HIP-HOP/JAZZ+TAP

Come and learn the basic techniques in Jazz, Hip-Hop and tap. Fun choreography will be taught in each class and all students will have performance opportunities!

Instructor: DanceFit Staff

Location: Arcadia Community Center, 365 Campus Dr

Session 1

06/14-07/05 11:30am-12:15pm Sat 4-10yrs \$138 SU25-4093g
06/06-06/27 5-5:45pm Fri 4-10yrs \$138 SU25-4093

Session 2

07/12-08/02 11:30am-12:15pm Sat 4-10yrs \$138 SU25-4093h
07/11-08/01 5-5:45pm Fri 4-10yrs \$138 SU25-4093a

Session 3

08/09-08/30 11:30am-12:15pm Sat 4-10yrs \$138 SU25-4093i
08/08-08/29 5-5:45pm Fri 3-8yrs \$138 SU25-4093b



CLASSICAL BALLET

VIRTUAL

Classical Ballet is the foundation of all dance forms and adds a beautiful richness to all other art forms, which would never be obtained without it. Uses both Russian Vagonova and Balanchine ballet styles.

Instructor: DanceFit Staff

Location: Virtual

Session 1

06/01-06/29 12:15-1pm Sun 5-12yrs \$138 SU25-4092

Session 2

07/06-07/27 12:15-1pm Sun 5-12yrs \$138 SU25-4092b

Session 3

08/03-08/31 12:15-1pm Sun 5-12yrs \$138 SU25-4092c

Enrichment

CHINESE PINYIN

This class will provide a fun Chinese class with the unique teaching methods. The course will cover Chinese Pinyin vowels, consonants, tones, simple Chinese characters, Tang poetry, as well as children's rhymes. This is a great foundation for Chinese listening, speaking, reading and writing.

Instructor: Yonghong Shao

Location: Arcadia Community Center, 365 Campus Dr

06/12-08/21 4-5pm Thu 5-17yrs \$116 SU25-4393b

ABACUS

Want to get ahead in math class? Abacus enhances student's mathematical and calculation skills. Students will begin learning basic add/sub with the abacus. Eventually, they will learn multi/div and mental calculation, which can be useful in real-life settings. \$50 material fee including abacus, book, and bag.

Instructor: Arisa Ogino

Location: Arcadia Community Center, 365 Campus Dr

Beginner Session 1

06/09-07/14 4-5pm Mon 5-17yrs \$156 SU25-4527c
06/09-07/14 5-6pm Mon 5-17yrs \$156 SU25-4527e
06/13-07/18 4-5pm Fri 5-17yrs \$131 SU25-4527
no class 07/04
06/13-07/18 5-6pm Fri 5-17yrs \$131 SU25-4527a
no class 07/04

Beginner Session 2

07/21-08/18 4-5pm Mon 5-17yrs \$131 SU25-4527d
07/25-08/22 4-5pm Fri 5-17yrs \$131 SU25-4527b
07/21-08/18 5-6pm Mon 5-17yrs \$131 SU25-4527f
07/25-08/22 5-6pm Fri 5-17yrs \$131 SU25-4529

Intermediate Session 1

06/09-07/14 6-7:30pm Mon 5-17yrs \$156 SU25-4528c
06/13-07/18 6-7:30pm Fri 5-17yrs \$131 SU25-4528
no class 07/04

Intermediate Session 2

07/21-08/18 6-7:30pm Mon 5-17yrs \$156 SU25-4528e
07/25-08/22 6-7:30pm Fri 5-17yrs \$131 SU25-4529b

Martial Arts

KARATE BASIC

Designed to teach children important life skills in an enriching manner. Skills include focus, teamwork, discipline, self-control, fitness, balance and coordination all while participating in a kid-friendly environment.

Instructor: Champions Karate Staff

Location: Museum Education Center, 382 W Huntington Dr

06/09-08/11	5-6pm	Mon	7-17yrs	\$256	SU25-2115
06/12-08/14	5-6pm	Thu	7-17yrs	\$256	SU25-2115b
06/10-08/12	5-6pm	Tue	7-17yrs	\$256	SU25-2115a

KARATE BEGINNER

Designed to teach children important life skills in an enriching manner. Skills include focus, teamwork, discipline, self-control, fitness, balance and coordination all while participating in a kid-friendly environment.

Instructor: Champions Karate Staff

Location: Museum Education Center, 382 W Huntington Dr

06/09-08/11	4-5pm	Mon	5-6yrs	\$256	SU25-2114
06/12-08/14	4-5pm	Thu	5-6yrs	\$256	SU25-2114b
06/10-08/12	4-5pm	Tue	5-6yrs	\$256	SU25-2114a

KARATE DOUBLE STRIPE

Designed to help our students who have reached Double Stripe prepare for their Black Belt Test. Skills include focus, teamwork, discipline, self-control, fitness, balance and coordination all while participating in a kid-friendly environment.

Instructor: Champions Karate Staff

Location: Arcadia Community Center, 365 Campus Dr

06/11-08/13	4-5pm	Wed	7-17yrs	\$256	SU25-4115
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KARATE INTERMEDIATE/ADVANCED

Designed to teach children important life skills in an enriching manner. Skills include focus, teamwork, discipline, self-control, fitness, balance and coordination all while participating in a kid-friendly environment. This class is for our students who have reached orange belt or higher.

Instructor: Champions Karate Staff

Location: Museum Education Center, 382 W Huntington Dr

06/09-08/11	6-7pm	Mon	7-17yrs	\$256	SU25-2116
06/12-08/14	6-7pm	Thu	7-17yrs	\$256	SU25-2116b
06/10-08/12	6-7pm	Tue	7-17yrs	\$256	SU25-2116a



KARATE SPARRING

Designed to give students an opportunity to practice skills in real-time while using proper protective gear and a safe setting. Must be enrolled in a basic or intermediate / advanced class to be able to join. There is a one-time equipment fee of \$100 for sparring gear.

Instructor: Champions Karate Staff

Location: Arcadia Community Center, 365 Campus Dr

06/11-08/13	5-6pm	Wed	7-17yrs	\$256	SU25-4116
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Music

PIANO

Learn to play various musical styles from the beginning! Parent is required to attend class with the child. If you have any questions, email: kindermusikwithmsemily@gmail.com. \$28 materials fee.

Instructor: Emily Chang

Location: Arcadia Community Center, 365 Campus Dr

07/10-08/07	4-4:40pm	Thu	5-6yrs	\$119	SU25-4064
no class 07/17					
07/10-08/07	4:45-5:25pm	Thu	7-14yrs	\$119	SU25-4065
no class 07/17					



BEGINNING VIOLIN

Violin group class covers proper playing position and basic techniques: including how to play fun and simple songs. \$25 material fee due on the first day of class. Be advised, students must show up with their own instruments prior to the start of class. Arcadia Music has instruments for rent or sale, for more information call or visit the store directly.

Instructor: Arcadia Music Exchange Staff

Location: Arcadia Music, 32 E Duarte Rd

06/21-08/23	1-1:45pm	Sat	5-12yrs	\$256	SU25-4102
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VOICE CLASS

Learn the fundamentals of singing to gain vocal power, range, pitch, and rhythmic skills. Musical, vocal, social skills, and language are addressed. Parents are welcome to observe classes, including an informal performance for family and friends in the final class.

Instructor: Judith Townsend

Location: Arcadia Community Center, 365 Campus Dr

06/24-07/29	4-4:40pm	Tue	5-8yrs	\$90	SU25-4215
06/24-07/29	5-5:45pm	Tue	9-12yrs	\$90	SU25-4216

BEGINNING GUITAR

Guitar group class covers proper playing position, tuning, basic strumming and chords. \$25 material fee due on the first day of class. Be advised, students must show up with their own instruments prior to the start of class. Arcadia Music has instruments for rent or sale, for more information call or visit the store directly.

Instructor: Arcadia Music Exchange Staff

Location: Arcadia Music, 32 E Duarte Rd

06/21-08/23	2-2:45pm	Sat	8-12yrs	\$256	SU25-4103
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Sports & Fitness

JUNIOR GYMNASTICS

These classes provide a great developmental program in gymnastics and pre-gymnastic activities. Tumbling, beam, bars, and vault are included. Appropriate gymnastics apparel required; hair must be securely tied back away from face with loose ends securely clipped. Class is barefoot; clean feet required. Secondary registration (no additional fee) is required for Stars Athletic Foundation at <https://app.iclasspro.com/portal/starsathletics>

Instructor: Stars Athletic Foundation Staff

Location: Arcadia Community Center, 365 Campus Dr

06/14-08/16 2-2:55pm Sat 6-7yrs \$146 SU25-4068

SMALL GROUP TENNIS CLASS- INTERMEDIATE TO ADVANCED

This Small Group lesson, for 2-5 Int/Adv Jr students, is perfect for students wishing to learn in a smaller group setting. This class is designed to bring students to a level where they have the tools to start playing matches. We believe that tennis will bring each of our students more fun, fitness, and friendships for a lifetime.

Instructor: Tennis Anyone Staff

Location: Arcadia High School, 180 Campus Dr

06/28-07/19 10-11am Sat 7-17yrs \$179 SU25-4029

07/26-08/16 10-11am Sat 7-17yrs \$179 SU25-4029a

08/23-09/13 10-11am Sat 7-17yrs \$179 SU25-4989

PING PONG: ALL LEVELS



Fitness, fun games, and friendship. Learn the proper techniques of strokes, spins, serves, and game strategies. Enjoy the game of friendly competition while exercising mind and body.

Instructor: Dean Lee

Location: Arcadia Community Center, 365 Campus Dr

06/09-08/18 5:25-6:30pm Mon 12-17yrs \$149 SU25-4557a

06/09-08/18 4:15-5:15pm Mon 6-11yrs \$149 SU25-4557

GYMNASTICS

These classes provide a great developmental program in gymnastics and pre-gymnastic activities. Tumbling, beam, bars, and vault are included. Appropriate gymnastics apparel required; hair must be securely tied back away from face with loose ends securely clipped. Class is barefoot; clean feet required. Secondary registration (no additional fee) is required for Stars Athletic Foundation at <https://app.iclasspro.com/portal/starsathletics>

Instructor: Stars Athletic Foundation Staff

Location: Arcadia Community Center, 365 Campus Dr

06/14-08/16 1-1:55pm Sat 8-12yrs \$146 SU25-4069



BEGINNING FENCING PROGRAM

This class is for people interested in learning the Olympic sport of fencing. In this program, learn proper techniques, conditioning exercises, footwork, and drills of the Olympic sport of fencing. No prior knowledge necessary.

Instructor: Fortune Fencing Staff

Location: Fortune Fencing, 139 W Maple Ave., Monrovia

Session 1

06/14-07/05 10-11am Sat 6-10yrs \$175 SU25-4399

06/12-07/03 4:30-5:30pm Thu 11-15yrs \$175 SU25-4397

06/10-07/01 4:30-5:30pm Tue 11-15yrs \$175 SU25-4390

06/11-07/02 4:30-5:30pm Wed 6-10yrs \$175 SU25-4395

Session 2

07/14-08/04 4:30-5:30pm Mon 6-10yrs \$175 SU25-4390b

07/17-08/07 4:30-5:30pm Thu 11-15yrs \$175 SU25-4394a

07/15-08/05 4:30-5:30pm Tue 11-15yrs \$175 SU25-4396a

07/16-08/06 4:30-5:30pm Wed 6-10yrs \$175 SU25-4397a

07/19-08/09 10-11am Sat 6-10yrs \$175 SU25-4399a

PRE-SOCCER

Have fun and learn the basic techniques of soccer while building self-esteem and learning to follow instructions in a nurturing teaching environment. The focus will be more on skills and individual development as a result of the current accommodations. Shin guards are required after the first meeting. All participants receive a Kidz Love Soccer Staff jersey!

Instructor: Kidz Love Soccer Staff

Location: Dana Gym Lawn, 1401 S First Ave

06/14-08/09 10:10-10:45am Sat 4-5yrs \$189 SU25-3055
no class 07/05

B.E.S.T. SOCCER SKILLS AND DRILLS TRAINING

Designed by Beginners Edge Sports Training, this beginner-friendly class refines soccer fundamentals through skill-based drills, teamwork challenges, and engaging game-like activities. Players develop confidence, coordination, and individual skillsets in a supportive and fun environment that prepares them for the next level of play! Tell your friends & enroll together! Bring your players favorite soccer ball. To learn more about your BEST class check out here Welcome Page here: <https://best-sports-usa.com/welcome/>

Instructor: Beginner's Edge Sports Training

Location: Arcadia City Hall Lawn, 240 W Huntington Dr

06/07-07/12 11:40am-12:25pm Sat 7-10yrs \$86 SU25-4595a
no class 07/05

07/26-08/23 11:40am-12:25pm Sat 7-10yrs \$86 SU25-4595b

SOCCER 1 – TECHNIQUES AND TEAMWORK

Players will learn dribbling, passing, defense and shooting goals! Fun skill games are played at every session, and every participant will have a ball at their feet. Perfect for first time players while being fun and engaging for kids with some experience. Shin guards are required after the first meeting. All participants receive a Kidz Love Soccer Staff Jersey!

Instructor: Kidz Love Soccer Staff

Location: Dana Middle School, 1401 S First Ave

06/14-08/09 10:50-11:35am Sat 5-6yrs \$189 SU25-3193
no class 07/05

SOCCER 2 – SKILLZ AND SCRIMMAGES

Learn advanced skill building such as dribbling, passing and shooting in a team format, as well as an introduction to goal-tending. Kids will scrimmage and learn to play together as a team, restrictions permitting. Kids get exposure to playing every position and have a blast doing it. Shin guards are required after the first meeting. All participants receive a Kidz Love Soccer Staff jersey!

Instructor: Kidz Love Soccer Staff

Location: Dana Gym, 1401 S 1st Ave

06/14-08/09 11:40am-12:25pm Sat 7-10yrs \$189 SU25-3060
no class 07/05

B.E.S.T. ALL-STARS 3-SPORT SAMPLER: SOCCER, BASEBALL, TRACK

A great class for players to develop skills in soccer, baseball, and track! This class focuses on the fundamentals of each sport, with drills and game-like activities to improve technique for soccer baseball, and track. It's a well-rounded training experience, led by Beginners Edge Sports Training. Tell your friends & enroll together! Bring your players favorite soccer ball, hitting t and bat. To learn more about your BEST class check out Welcome Page here: <https://best-sports-usa.com/welcome/>

Instructor: B.E.S.T Staff

Location: Arcadia City Hall Lawn, 240 W Huntington Dr

06/07-07/12 10:50-11:35am Sat 5-8yrs \$86 SU25-4596a
no class 07/05

07/26-08/23 10:50-11:35am Sat 5-8yrs \$86 SU25-4596c

NRG BASKETBALL

A fundamentals-based training program teaching basketball skills needed to succeed on the court, developing players of all ages and skill levels. We're on a mission to create the Next Rising Generation of basketball stars!



Due to player skill level, it's the discussion of NRG BASKETBALL ACADEMY to move players from one class to another. It's with our experience to keep parity within all levels of our classes, giving player's the best possible experience! Parents will be notified at the end of class on the first day of players' participation in our monthly session of four days. This will change "Player to Coach Ratio" from class to class if movement is necessary.

Important Information: Some NRG class dates will be held outdoors due to City Arcadia Youth Sports League.

Instructor: NRG Staff

Location: Dana Gym, 1401 S First Ave

Session 1

07/05-07/26 9-9:50am Sat 5-6yrs \$105 SU25-3004b

07/05-07/26 10-10:50am Sat 7-8yrs \$106 SU25-3005b

07/05-07/26 11am-12pm Sat 8-10yrs \$107 SU25-3006b

07/05-07/26 12:05-1:05 Sat 11-13yrs \$109 SU25-3007b

Session 2

08/02-08/23 9-9:50am Sat 5-6yrs \$105 SU25-3004c

08/02-08/23 10-10:50am Sat 7-8yrs \$106 SU25-3005c

08/02-08/23 11am-12pm Sat 8-10yrs \$107 SU25-3006c

08/02-08/23 12:05-1:05pm Sat 11-13yrs \$109 SU25-3007c

Session 3

09/06-09/27 9-9:50am Sat 5-6yrs \$105 SU25-3004d

09/06-09/27 10-10:50am Sat 7-8yrs \$106 SU25-3005d

09/06-09/27 11am-12pm Sat 8-10yrs \$107 SU25-3006d

09/06-09/27 12:05-1:05pm Sat 11-13yrs \$109 SU25-3007d

BEGINNING/INTERMEDIATE JR TENNIS ACADEMY

The focus of these lessons is on learning the 4 major strokes of the game in a fun filled, fitness friendly, atmosphere. Students will work to establish form on the forehand, backhand, volley, and serve. We believe that tennis will bring each of our students more fun, fitness, and friendships for a lifetime. Beginning students over the age of 13 should start in the Int/Advanced Jr Tennis Academy. 25% off additional classes when you register for more than 1 day within the same session. Visit our website at tennisanyone.info

Instructor: Tennis Anyone Staff

Location: Arcadia High School, 180 Campus Dr

Session 1

06/24-07/15 6:30-7:30pm Tue 7-13yrs \$149 SU25-4237

06/26-07/17 6:30-7:30pm Thu 7-13yrs \$149 SU25-4238

06/28-07/19 8:15-9:15am Sat 7-13yrs \$149 SU25-4239

Session 2

07/22-08/12 6:30-7:30pm Tue 7-13yrs \$149 SU25-4237a

07/24-08/14 6:30-7:30pm Thu 7-13yrs \$149 SU25-4238a

07/26-08/16 8:15-9:15am Sat 7-13yrs \$149 SU25-4239a

Session 3

08/19-09/09 6:30-7:30pm Tue 7-13yrs \$149 SU25-4237b

08/21-09/11 6:30-7:30pm Thu 7-13yrs \$149 SU25-4238b

08/23-09/13 8:15-9:15am Sat 7-13yrs \$149 SU25-4239b

INTERMEDIATE/ADVANCED JR TENNIS ACADEMY

For students coming in with proper form on their groundstrokes and volleys, or are beginners over the age of 13. Focus on building stroke dependability and tools for match play. 25% off additional classes when you register for more than 1 day within the same session. Visit our website at tennisanyone.info.

Instructor: Tennis Anyone Staff

Location: Arcadia High School, 180 Campus Dr

Session 1

06/24-07/15 6:30-8pm Tue 7-17yrs \$169 SU25-4234

06/26-07/17 6:30-8pm Thu 7-17yrs \$169 SU25-4233a

Session 2

07/22-08/12 6:30-8pm Tue 7-17yrs \$169 SU25-4234a

07/24-08/14 6:30-8pm Thu 7-17yrs \$169 SU25-4232

Session 3

08/19-09/09 6:30-8pm Tue 7-17yrs \$169 SU25-4229

08/21-09/11 6:30-8pm Thu 7-17yrs \$169 SU25-4230



YOUTH PICKLEBALL NEW

This class is designed for players with NO experience. All the strokes and rules of the game will be covered. The emphasis is on fun, friendly games, and meeting new friends to socialize and play with.

Instructor: Javier Djeu Pickleball

Location: Dana Gym, 1401 S 1st Ave

06/12-06/12	5:30-6:30pm	Thu	13-17yrs	\$69	SU25-3905
07/24-08/21	5:30-6:30pm	Thu	13-17yrs	\$69	SU25-3905a

SMALL GROUP TENNIS LESSONS

This is a small group lesson for three or more participants. Participants must reach out to Coach Nam before registering to a class. For more information regarding this lesson please contact Coach Nam directly at 626.318.5383 to arrange your class date and time. \$10 materials fee.

Instructor: Jonathan Nam

Location: Camino Grove Park, 1420 Sixth Ave

9 Weeks

06/09-08/23	8am-9pm	Daily	All Ages	\$276	SU25-4199a
no class 07/04					

10 Weeks

06/09-08/23	8am-9pm	Daily	All Ages	\$306	SU25-4199
no class 07/04					

11 Weeks

06/09-08/23	8am-9pm	Daily	All Ages	\$336	SU25-4199b
no class 07/04					

SEMI PRIVATE TENNIS LESSONS

This is a semi private lesson for three or more participants. Participants must reach out to Coach Nam before registering to a class. For more information regarding this lesson please contact Coach Nam directly at 626.318.5383 to arrange your class date and time. \$10 materials fee.

Instructor: Jonathan Nam

Location: Bicentennial Park, 518 E Longden Ave

9 Weeks

06/09-08/23	8am-9pm	Daily	6-17yrs	\$366	SU25-4391a
no class 07/04					

10 Weeks

06/09-08/23	8am-9pm	Daily	6-17yrs	\$406	SU25-4391
no class 07/04					

11 Weeks

06/09-08/23	8am-9pm	Daily	6-17yrs	\$446	SU25-4391b
no class 07/04					

INDIVIDUAL TENNIS LESSONS

This is a individual tennis lesson for three or more participants. Participants must reach out to Coach Nam before registering to a class. For more information regarding this lesson please contact Coach Nam directly at 626.318.5383 to arrange your class date and time. \$10 materials fee.

Instructor: Jonathan Nam

Location: Bicentennial Park, 518 E Longden Ave

9 Weeks

06/09-08/23	8am-9pm	Daily	6-17yrs	\$636	SU25-4403a
no class 07/04					

10 Weeks

06/09-08/23	8am-9pm	Daily	6-17yrs	\$706	SU25-4403
no class 07/04					

11 Weeks

06/09-08/23	8am-9pm	Daily	6-17yrs	\$776	SU25-4403b
no class 07/04					

ADVANCED GROUP TENNIS WITH LYNN

This program is designed for players who are currently playing Middle School Team,USTA junior tournaments on level 6,7,or UTR 3-5. A more advanced level of technical and tactical development is included and physical and mental skills are enhanced. There is a heavy focus on tactics and strategy development for singles and doubles. Fitness sessions are a must as we see this as a necessity for injury prevention and to maximize your possibility of reaching your highest level. For more information please call 626.272.3112

Player needs to contact the coach before registering for the course and enter the team training through tryout (10-15mins rally or match). Only 1 hour of training.

Instructor: Lynn Liu

Location: Holly Ave Elementary, 360 W Duarte Rd

06/16-08/25	3:30-6pm	Mon	7-15yrs	\$276	SU25-4301
no class 06/30, 08/11, 08/18					

06/16-07/28	8-11am	Mon	7-15yrs	\$216	SU25-4301a
no class 06/30					

06/16-08/25	7-9:30pm	Mon	7-15yrs	\$276	SU25-4329
no class 06/30, 08/11, 08/18					

06/17-08/26	3:30-6pm	Tue	12-17yrs	\$276	SU25-4304
no class 07/01, 08/12, 08/19					

06/17-07/29	8-11am	Tue	12-17yrs	\$216	SU25-4304a
no class 07/01					

06/17-08/26	6:30-9pm	Tue	12-17yrs	\$276	SU25-4306
no class 07/01, 08/12, 08/19					

06/18-08/27	3:30-6pm	Wed	7-15yrs	\$276	SU25-4311
no class 07/02, 08/13, 08/20					

06/18-07/30	8-11am	Wed	7-15yrs	\$216	SU25-4311a
no class 07/02					

06/18-08/27	7-9:30pm	Wed	7-15yrs	\$276	SU25-4332
no class 07/02, 08/13, 08/20					

06/19-07/31	3:30-6pm	Thu	12-17yrs	\$276	SU25-4315
no class 07/03, 08/14, 08/21					

06/19-07/31	8-11am	Thu	12-17yrs	\$216	SU25-4315a
no class 07/03					

06/19-07/31	6:30-9pm	Thu	12-17yrs	\$276	SU25-4317
no class 07/03, 08/14, 08/21					

06/20-08/29	3:30-6pm	Fri	7-15yrs	\$276	SU25-4318
no class 07/04, 08/14, 08/22					

06/20-08/01	8-11am	Fri	7-15yrs	\$216	SU25-4318a
no class 07/04					

06/20-08/29	7-9:30pm	Fri	7-15yrs	\$276	SU25-4336
no class 07/04, 08/14, 08/22					

06/21-08/30	10:30am-12pm	Sat	7-15yrs	\$276	SU25-4321
no class 07/05, 08/16, 08/23					

06/21-08/30	7:30-10am	Sat	7-15yrs	\$276	SU25-4323
no class 07/05, 08/16, 08/23					

06/21-08/30	2:30-5:30pm	Sat	12-17yrs	\$276	SU25-4324
no class 07/05, 08/16, 08/23					

06/21-08/30	6:30-9:30pm	Sat	12-17yrs	\$276	SU25-4326
no class 07/05, 08/16, 08/23					

06/22-08/31	2:30-6pm	Sun	12-17yrs	\$276	SU25-4328
no class 07/06, 08/17, 08/24					

06/22-08/31	8-11:30am	Sun	12-17yrs	\$276	SU25-4327
no class 07/06, 08/17, 08/24					



JOIN OUR TEAM TODAY AND BECOME A VOLUNTEER!

VOLUNTEER PROGRAM

13-16 yrs

Volunteers assist with:

- Afterschool Program
- Seasonal Camps
- Summer Camps
- Special Events
- Senior Services
- Youth Sports



Are you looking for work experience in a fun, active environment? This is a program for teens dedicated on giving back to their community while developing leadership and job skills. Earn your President's Volunteer Service Award



Apply online at ArcadiaCA.gov/Volunteer
REGISTRATION CLOSES JUNE 15

Youth Coed VOLLEYBALL League

SEPTEMBER 8 - NOVEMBER 8

Practices on Mondays & Wednesdays | Games on Saturdays

"A" Division:
Grades 7 & 8
6:30-8pm



"B" Division:
Grades 5 & 6
5-6:30pm

DANA GYM

\$125 | Includes jersey, practices, games, & awards

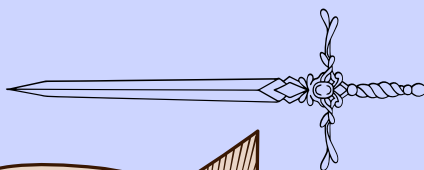
*Allstars advancement through November 15

ARCADIA PUBLIC LIBRARY

LEVEL-UP
AT YOUR LIBRARY

Teens grades 9-12, level up
on your reading adventure!

Register on Beanstack
from June 2 to July 19.
Read any book, manga, or
graphic novel to earn
badges, and complete side
quests to up your chance
at winning a grand prize!



June 2- July 26

SPONSORED BY THE FRIENDS OF THE ARCADIA PUBLIC LIBRARY

ARCADIA PUBLIC LIBRARY



LEVEL UP AT YOUR LIBRARY FOR ADULTS



June 2 - July 26

Join our Summer reading program for a chance to win our prizes!

Earn a badge for every 120 minutes read and earn tickets to enter the grand prize drawing! Complete extra activities and attend programs to earn extra tickets!

The last day to log is 7/26 and winners will be contacted the week of 7/28. Prizes must be claimed in person by 8/30 with photo ID.



Register & log: ArcadiaCA.Beanstack.org



Grand Prizes

RK Wireless Keyboard * Apple Pencil * Apple Charging Station * Dungeons & Dragons Starter Pack



GILB MUSEUM

The Gilb Museum of Arcadia Heritage Presents:

15TH ANNUAL PHOTOGRAPHY CONTEST

THEME: NIGHT TIME PARADISE

Visit the Gilb Museum and see this years photography submissions from your community.
Come vote for your favorite photo!

Exhibit Opening

APRIL 26



THE GILB MUSEUM OF ARCADIA HERITAGE PRESENTS:



CAMP SANTA ANITA EXHIBIT

**OPENING
AUGUST 9**

COME LEARN ABOUT THE HISTORY OF CAMP SANTA ANITA, A VITAL U.S. ARMY TRAINING BASE IN ARCADIA DURING WORLD WAR II.

ADULT BASKETBALL FALL LEAGUE

\$916 Per Team | \$66 Refundable Forfeit Fee

Official fees | Player stats | Playoffs & championships

 **Dana Gym**

SUNDAYS

September 28 -
November 30

REGISTRATION

Monday, July 7

*Playoffs & Championships December 7

Art

INTRODUCTION TO DRAWING PRINCIPLES & COLOR PENCILS

Students will learn composition, color theory, and use realistic or abstract techniques to draw subjects of their choice. Supply list will be designed for each students goals on the first day of class.

Instructor: KT Boyce

Location: Arcadia Community Center, 365 Campus Dr

06/27-07/17 7-8:30pm Thu 18+yrs \$125 SU25-4805

DRAWING AND PAINTING

Students will learn composition, color theory, and use realistic or abstract techniques to draw subjects of their choice. Supply list will be designed for each students goals on the first day of class. Participants will purchase their own materials after which.

Instructor: KT Boyce

Location: Arcadia Community Center, 365 Campus Dr

07/24-08/28 7-9pm Thu 18+yrs \$125 SU25-4815

ARTIST'S CHOICE - OIL, ACRYLIC, WATERCOLOR, DRAWING, PAINTING

Students choose the medium. Draw or paint with pastels, color pencils, charcoal, oil, acrylic, or watercolor. Supply list will be designed for each students' goals on the first day of class. Participants will purchase their own materials.

Instructor: KT Boyce

Location: Arcadia Community Center, 365 Campus Dr

06/14-07/19 1:30-3:30pm Sat 18+yrs \$125 SU25-4809

07/26-08/30 1:30-3:30pm Sat 18+yrs \$125 SU25-4809a

Dance

BALLETFIT BARRE MIX

This class is a low-impact, muscle toning and conditioning, full body workout. We will be targeting muscle groups to lengthen, tighten and strengthen key areas of the body. This workout increases flexibility, sculpts & tones muscles, burns fat, improves posture and enhances self confidence. You should wear comfortable clothes that allow ease of movement, ballet shoes or socks.

Instructor: DanceFit staff

Location: Arcadia Community Center, 365 Campus Dr

06/06-06/27 5:45-6:30pm Fri 18+yrs \$138 SU25-4900

07/11-08/01 5:45-6:30pm Fri 18+yrs \$138 SU25-4900a

08/08-08/29 5:45-6:30pm Fri 18+yrs \$138 SU25-4900b

HIP-HOP CARDIO

This Class is 45 minutes long and is designed for all levels whether you are an athlete or a beginner. All classes can be modified according to individual's needs. The workout begins with a warm-up that incorporates stretching to help create long, lean muscles and prepares the body to then move in a constant motion creating an adrenaline- pumping workout. This class improves mobility, flexibility, strengthens and builds stamina while getting your heart pumping.

Instructor: DanceFit staff

Location: Arcadia Community Center, 365 Campus Dr

06/14-07/15 9-9:45am Sat 18+yrs \$138 SU25-4097

07/12-08/02 9-9:45am Sat 18+yrs \$138 SU25-4097a

08/09-08/30 9-9:45am Sat 18+yrs \$138 SU25-4097b

BEGINNING LINE DANCE

Add a little sizzle to your health and fitness program with Country Western line dancing. Learn new steps and dances that are choreographed to current hits on the radio. New dances and reviews are done weekly.

Instructor: Pam Wagoner

Location: Arcadia Community Center, 365 Campus Dr

06/10-08/19 7:15-8:15pm Tue 18+yrs \$72 SU25-4219

06/11-08/20 7-8pm Wed 18+yrs \$72 SU25-4221

06/12-08/21 7:15-8:15pm Thu 18+yrs \$72 SU25-4220

INTERMEDIATE LINE DANCE

Adding on the basics, we will promote health and fitness through Country Western line dancing. Learn new steps and dances that are choreographed to current hits on the radio. New dances and reviews are done weekly.

Instructor: Pam Wagoner

Location: Arcadia Community Center, 365 Campus Dr

06/12-08/21 6-7pm Thu 18+yrs \$72 SU25-4223

SOCIAL BALLROOM & LATIN DANCE

This session brings the most popular social ballroom and Latin dances: Cha Cha Cha, Rumba, Swing, Tango, Foxtrot, and Waltz. Singles or couples are welcome. No partners required. Easy to learn.

Instructor: Dale Yu

Location: Arcadia Community Center, 365 Campus Dr

Tango & Swing

06/11-08/13 7:30-8:30pm Wed 18+yrs \$96 SU25-4195

Waltz & Rumba

06/11-08/13 8:30-9:30pm Wed 18+yrs \$106 SU25-4195a

SALSA

Beginner class is for those who want to polish their moves and learn a variety of footwork and combinations with a sharp technique. Intermediate class for those who are more comfortable with a faster pace and want to learn more impressive steps and combinations, spins and double turns, and fancy moves. We will also cover other Latin dances such as: Bachata, Latin Cha Cha Cha and Merengue.

Instructor: Dorothy Tsu

Location: Arcadia Community Center, 365 Campus Dr

Beginner

06/12-08/14 7:10-8:10pm Thu 18+yrs \$126 SU25-4217

Intermediate

06/12-08/14 8:20-9:20pm Thu 18+yrs \$126 SU25-4218

Enrichment

DOG OBEDIENCE

Provide the K9 team with Basic/Intermediate obedience training and handler etiquette in a playful environment. Furnish the tools for good K9 behavior reinforcement and skills needed to progress to additional canine training.

Instructor: Gary Francis

Location: Tierra Verde Park, 200 E Camino Real Ave

06/12-07/03 6:15-7:15pm Thu 18+yrs \$130 SU25-4104

07/24-08/14 6:15-7:15pm Thu 18+yrs \$130 SU25-4104a

Martial Arts

KARATE SELF-DEFENSE & FITNESS

Designed to teach self-defense and fitness skills that can be used to protect yourself and your loved ones. We will learn strategies to keep us out of danger as well as strikes, twists, and throws needed to protect ourselves and the people we care about.

Instructor: Champions Karate Staff

Location: Museum Education Center, 382 W Huntington Dr

06/10-08/12 7-8pm Tue 18+yrs \$256 SU25-2117

TAI CHI & QI GONG

Learn the Tai Chi 24 and 42 styles, and Qi Gong. Tai Chi helps improve circulation and enhance energy flow at higher levels. Easy to learn and good for your health.

Instructor: Dale Yu

Location: Arcadia Community Center, 365 Campus Dr

06/12-08/14 6:30-7:30pm Thu 18+yrs \$86 SU25-4037

TAI CHI CHUAN AND QI KUNG

Learn in a fun and easy, step-by-step method and help boost brain power, increase energy, release stress, improve flexibility, and balance. Beginners: Tai Chi 24 Form and Qi Kung. Advanced: Yang Style 115 Form and Tai Chi 13 Form. Tai Chi Sword and Tai Chi Fans time permitting.

Instructor: Higinio De La Rosa

Location: Museum Education Center, 382 W Huntington Dr

Beginner I

06/11-08/20 6:40-7:40pm Wed 18+yrs \$106 SU25-4082
no class 07/23

Advanced I

06/11-08/20 7:50-8:50pm Wed 18+yrs \$106 SU25-4083
no class 07/23

CHEN STYLE TAI CHI & TAI CHI SWORD

Learn the 56 forms of Chen Style Tai Chi. Chen Style Tai Chi is the oldest Tai Chi and has been around for 400 years. All the Tai Chi styles originate from Chen Style Tai Chi. Learn the art of the Tai Chi fan. Tai Chi helps improve circulation and enhance energy flow. Students must bring their own fans.

Instructor: Dale Yu

Location: Arcadia Community Center, 365 Campus Dr

06/12-08/14 7:30-8:30pm Thu 18+yrs \$106 SU25-4036

Sports & Fitness

ALL LEVELS PING PONG

Come join us for the fun game of ping pong while it can improve your cardiovascular health, hand-eye coordination, balance/strength, and much more.. This class will emphasize sport safety with physical conditioning, stretching, foot work as well as the fundamental ping pong skills. Bring your own paddle and have a great time. Classes are indoors.

Instructor: Dean Lee

Location: Arcadia Community Center, 365 Campus Dr

06/10-08/19 4-5:30pm Tue 18+yrs \$106 SU25-4558

06/12-08/21 3:45-5:15pm Thu 18+yrs \$106 SU25-4558b

INTERMEDIATE PING PONG

The intermediate Ping pong class is a continuation of the beginning level class after one has acquired the fundamental playing skills. The enrollment of this class would required an invitation and or permission from the instructor.

Instructor: Dean Lee

Location: Arcadia Community Center, 365 Campus Dr

06/10-08/19 5:35-7:05pm Tue 18+yrs \$106 SU25-4558a

06/12-08/21 5:15-6:45pm Thu 18+yrs \$106 SU25-4558c

RC/DC RETRO CARDIO DANCE CLASS

Come move with us! Retro Cardio Dance Class is a fun packed 80's dance workout with a splash of the 60's, 70's and 90's. Dressing up in any old school workout clothes is encouraged! It's hammer time!

Instructor: Kristy Simone

Location: Arcadia Community Center, 365 Campus Dr

06/09-08/11 7:30-8:30pm Mon 18+yrs \$96 SU25-4190

TOTAL BODY WORKOUT

Stay trim, strong, flexible and healthy with a variety of challenging cardio and weight resistance training.

Instructor: Irma Moyao

Location: Arcadia Community Center, 365 Campus Dr

06/10-08/19 6:45-7:45pm Tue 18+yrs \$116 SU25-3020

Instructor: Irma Moyao

Location: Dana Gym, 1401 S First Ave

06/14-08/23 7:30-8:30am Sat 18+yrs \$116 SU25-3022

ZUMBA

Zumba® fuses Latin and world rhythms and easy-to-follow moves to create a dynamic fitness program that will blow you away! New routines are rotated in weekly.

Instructor: Massiel Eva Rincon

Location: Arcadia Community Center, 365 Campus Dr

06/17-08/19 6-7pm Tue 18+yrs \$132 SU25-4147

no class 07/22

06/19-08/21 6-7pm Thu 18+yrs \$132 SU25-4148

no class 07/24

SEMI PRIVATE TENNIS LESSONS

This is a semi private lesson for three or more participants. Participants must reach out to Coach Nam before registering to a class. For more information regarding this lesson please contact Coach Nam directly at 626.318.5383. \$10 materials fee.

Instructor: Jonathan Nam

Location: Bicentennial Park, 518 E Longden Ave

9 Weeks

06/09-08/23 8am-9pm Daily 18+yrs \$366 SU25-4183a

no class 07/04

10 Weeks

06/09-08/23 8am-9pm Daily 18+yrs \$406 SU25-4183

no class 07/04

11 Weeks

06/09-08/23 8am-9pm Daily 18+yrs \$446 SU25-4183b

no class 07/04

INDIVIDUAL TENNIS LESSONS

This is an individual lesson for three or more participants. Participants must reach out to Coach Nam before registering to a class. For more information regarding this lesson please contact Coach Nam directly at 626.318.5383. \$10 materials fee.

Instructor: Jonathan Nam

Location: Hugo Reid Park

9 Weeks

06/09-08/23	8am-9pm	Daily	18+yrs	\$636	SU25-4387a
no class 07/04					

10 Weeks

06/09-08/23	8am-9pm	Daily	18+yrs	\$706	SU25-4387
no class 07/04					

11 Weeks

06/09-08/23	8am-9pm	Daily	18+yrs	\$776	SU25-4387b
no class 07/04					

BEGINNER PICKLEBALL

Come play one of the fastest growing sports in the country! In this class, we will focus on basic stroke mechanics, preparation, etiquette, having fun, and safety. Topics will include serve and serve return, footwork, score keeping, and understanding the game. Free use of loaner paddles during class. Please wear athletic shoes and bring water.

Instructor: Sandra Vizcarra

Location: Camino Grove Park, 1420 Sixth Ave

07/01-08/19	8:30-10am	Tue	18+yrs	\$166	SU25-4555
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INTERMEDIATE PICKLEBALL

Designed for players who already know the basics but want to up their game. Improve your footwork, gain confidence at the kitchen line and learn to use natural body movement for more accurate and graceful shots. Please wear athletic shoes and bring water.

Instructor: Sandra Vizcarra

Location: Camino Grove Park, 1420 Sixth Ave

07/04-08/22	8:30-10am	Fri	18+yrs	\$172	SU25-4556
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INTERMEDIATE PICKLEBALL

This class is designed for players with experience in the strokes and scoring. The emphasis is on improving strokes as well as learning tactics and strategy.

Instructor: Javier Djeu Pickleball

Location: Dana Gym, 1401 S 1st Ave

06/10-07/08	6:30-7:30pm	Tue	18+yrs	\$110	SU25-3906c
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07/22-08/19	6:30-7:30pm	Tue	18+yrs	\$110	SU25-3906e
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BADMINTON

Participants must agree to play by posted rules and must bring their own rackets and birdies.

Location: Dana Gym, 1401 S First Ave

06/12-08/21	8:15-10:30pm	Thu	18+yrs	\$46	SU25-3030
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VOLLEYBALL

Open gym time where the teams are made on the spot. A fun experience to get up and move, all skill levels encouraged.

Location: Dana Gym, 1401 S First Ave

06/10-08/19	8:15-10:30pm	Tue	18+ yrs	\$46	SU25-3029
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Music

BEGINNER GUZHENG

Guzheng is a very popular Chinese musical instrument dating back to 500 B.C.; the sound is melodious, soothing, serene, and romantic. Learn all the basic techniques while experiencing the adventure of "east meets west" through beautiful music.

Instructor: Jing Mei Zhang

Location: Museum Education Center, 382 W Huntington Dr

06/09-07/07	10:30am-12pm	Mon	18+yrs	\$126	SU25-2019
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07/28-08/25	10:30am-12pm	Mon	18+yrs	\$126	SU25-2019a
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ADVANCED GUZHENG

For those who are proficient in Guzheng. Advance your techniques and refine your skills. Come join the fun and adventure for "east meets west" through beautiful music.

Instructor: Jing Mei Zhang

Location: Museum Education Center, 382 W Huntington Dr

06/09-07/07	9-10:30am	Mon	18+yrs	\$126	SU25-2021
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07/28-08/25	9-10:30am	Mon	18+yrs	\$126	SU25-2021a
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Yoga & Meditation

PILATES

Through the principals of Pilates, this class will teach you to be mindful of your body and its movements by using low impact exercises that target the core and strengthen muscles while improving flexibility and posture. Bring a mat and a towel. 1-3 lb weights optional.

Instructor: Victoria Partridge

Location: Arcadia Community Center, 365 Campus Dr

06/16-08/18	5:30-6:15pm	Mon	18+yrs	\$96	SU25-4032a
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YOGA

Increase mindfulness and restore balance by incorporating yoga postures, gentle movement, mediation and breath work. This class will combine a sequence of active yoga poses to warm the body with passive holds to create a calming, meditative effect. Bring a mat. (Bringing props such as yoga blocks, blanket or bolster are optional.)

Instructor: Victoria Partridge

Location: Arcadia Community Center, 365 Campus Dr

06/16-08/18	6:30-7:30pm	Mon	18+yrs	\$96	SU25-4031
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YOGALATES

Blends the poses and meditative element of yoga with the body control principals and core conditioning of pilates. Connect mind and body, balance and movement, strength and flexibility through this exercise. Please bring a mat. 1-3 lb weights optional.

Instructor: Victoria Partridge

Location: Arcadia Community Center, 365 Campus Dr

06/18-08/20	6-7pm	Wed	18+yrs	\$96	SU25-4032
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All Programs are offered at the Arcadia Community Center, unless otherwise specified.

DROP-IN PROGRAMS

BILLIARDS

Monday-Friday • 8am-5pm • Free

The Billiard Room has three pool tables with the equipment required to play. Hours may vary depending on programs, classes, or events.

TABLE TENNIS

Monday-Friday • 8am-3:30pm • Free

Stop by the front counter to pick up table tennis equipment. Please note times may vary depending on program/event calendar.

BRIDGE

Wednesdays • 10am-1pm • Free

Fridays • 1pm-4pm • Free

Bridge is the ultimate trick-taking card game, easily the greatest source of enjoyment that four people can have with a pack of cards.

SENIOR CINEMA

Tuesdays • 12:30pm • Free

Come enjoy a free movie every Tuesday at 12:30pm in the Museum Education Center. Please refer to the monthly Connection or call the front desk for weekly showing.

SING ALONG WITH JAMES

Wednesdays • 1-3pm • Free

Participants look forward to singing each week because it allows them to engage with one another. Music promotes health, wellbeing, reduces stress and isolation and brings everyone together.

FIT & TALK

Thursdays • 10 am • Free

Fit and Talk meets every Thursday at the Arcadia Museum Education Center for a fun and easy workout.

YOU'VE GOT A FRIEND

This Program provides a friendly phone call to those in need. If you or anyone you know may be interested in receiving a call from an Arcadia staff or volunteer, please contact the Arcadia Community Center.

TRADITIONAL MAHJONG

Traditional: Fridays • 12:30-3pm • Free

Traditional Mahjong is a tile game played by four players with tiles that are drawn and discarded until a player secures a winning hand. Walk-ins are welcome!

PINOCHLE

Mondays • 9am-2pm • Free

Pinochle is a trick-taking card game where players score points, typically played with three or four players, individually or in teams.

KARAOKE

Every 1st and 4th Thursday • 12:30-2:30pm • Free

Come and sing your heart out to your favorite song with your friends at the Arcadia Community Center.

RESERVATION PROGRAMS

TECH TALK

Every 2nd and 4th Friday • 4-5pm • Free

Need some assistance with your technological devices? Our Volunteers will help you get more familiar with using your devices and applications. Please contact the front desk to make an appointment with a staff member. Space is limited.

HEALTH INSURANCE COUNSELING AND ADVOCACY PROGRAM (HICAP)

ONLINE

Every 3rd Wednesday, 9am-12pm

Virtual or by phone

Receive unbiased information, counseling, and assistance with Medicare and related health insurance.

LIONS SIGHT PROGRAM – VISION ASSISTANCE

Every Thursday • Free

Provides certification for a cost free eye exam, frames, and bifocal lenses to be used at a specific optometrist. Must be at least 62 years old and have a yearly income below \$29,900. Offered in partnership with the Arcadia Lions Club.



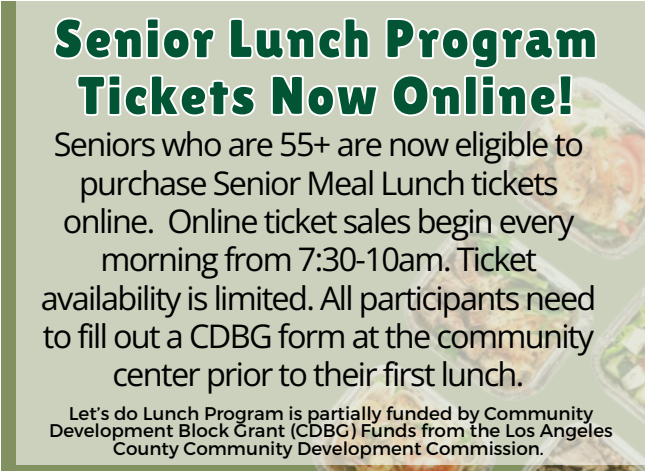
Senior Lunch Program

MONDAY – FRIDAY
11:30am-12:15pm

PRICE:

- * \$4 age 50-54
- * \$3 age 55+

- Lunch is sold on a first-come, first-served basis beginning at 7:30am.
- Limited lunch meals
- Meals are to be consumed in the facility
- Hot well balanced meal



Senior Lunch Program Tickets Now Online!

Seniors who are 55+ are now eligible to purchase Senior Meal Lunch tickets online. Online ticket sales begin every morning from 7:30-10am. Ticket availability is limited. All participants need to fill out a CDBG form at the community center prior to their first lunch.

Let's do Lunch Program is partially funded by Community Development Block Grant (CDBG) Funds from the Los Angeles County Community Development Commission.

SEMINARS

Mondays at 1:30pm

EDUCATIONAL TOPICS

include...

- ☒ health
- ☒ safety
- ☒ legal
- ☒ technology
- ☒ financial
- ☒ & more!

Check out the Connection for titles & times



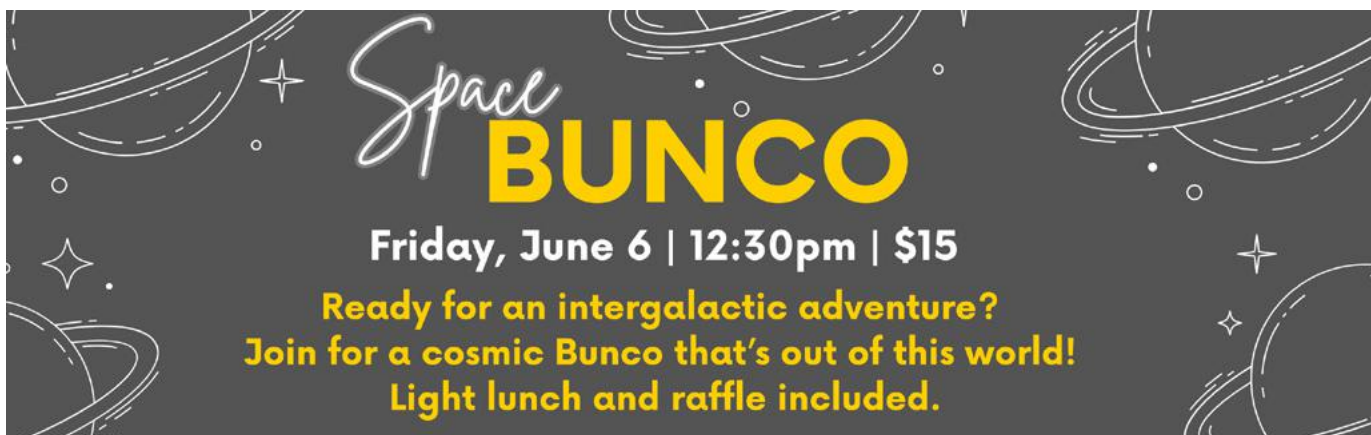
FIT & TALK

Thursdays | 10am

Stay active and participate in free,
30-minute exercise classes

- Walk & Talk
- Seated Yoga
- Zumba
- Standing Cardio
- Seated Disco
- & more!

Check out the Connection for
this month's exercise schedule



Space BUNCO

Friday, June 6 | 12:30pm | \$15

Ready for an intergalactic adventure?
Join for a cosmic Bunco that's out of this world!
Light lunch and raffle included.



Senior Billiards Tournament

2v2 Double Elimination 8-Ball

Thursday, June 12
11:30am
\$15 per person

Pair up with a partner to compete in this 2v2 tournament. Food and drinks will be provided.



Summer Luau

FRIDAY, JUNE 20
11:30AM | \$16

Hula on over for an afternoon of fun and enjoy a Hawaiian lunch, Polynesian entertainment, and activities.



Patriotic PICNIC

Thursday, July 3
11:30am | \$13

Celebrate Independence Day with a picnic style lunch, carnival games, and prizes.



Circus Bingo

Friday, July 18 | 10am | \$15

Step right up, the circus is in town!
Enjoy eight Bingo games,
a light lunch, and prizes!



MOVIE Moments

FRIDAY, JULY 25

1PM | \$5

BACK TO THE FUTURE

*Hop in the DeLorean as we go
"Back to the Future".
Learn all about the 1985 sci-fi
movie and then watch the film.*

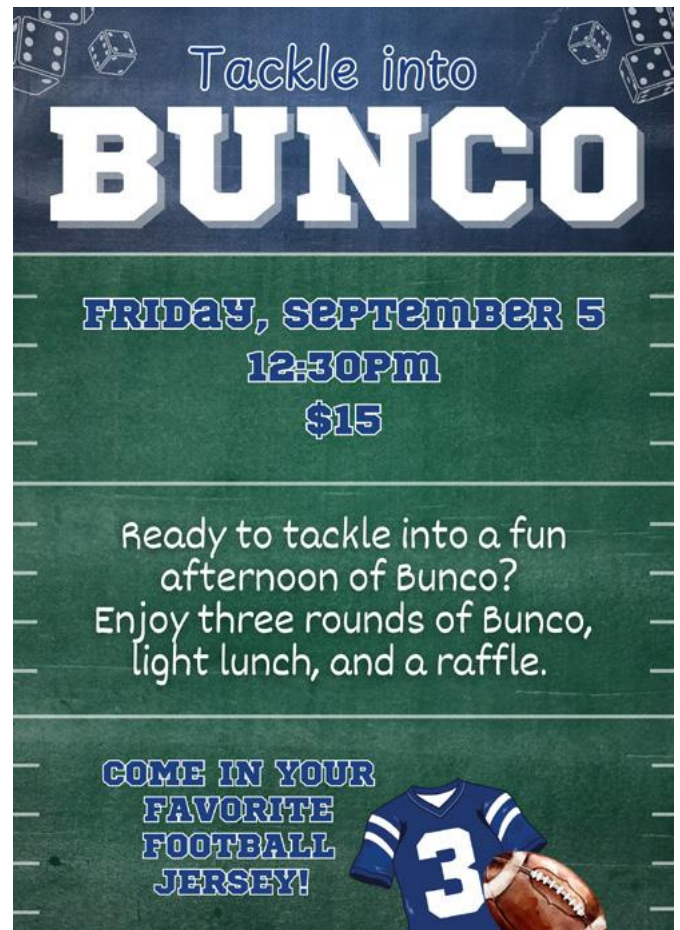


BACK to the 80's Bunco

FRIDAY, AUGUST 8
12:30PM | \$15

Take a trip back to the 80s and
enjoy three rounds of Bunco,
a light lunch and a raffle.





WESTERN HOEDOWN

11:30am

Friday,
September 12

\$16

Saddle up for interactive line dancing lessons with instructor Pam Wagoner. Don't miss out on food, live music, and dancing!

MOVIE Moments

FRIDAY, AUGUST 22
1PM | \$5
GOLDFINGER

Learn about the lasting legacy of 007 in "Goldfinger", then experience the iconic 1964 masterpiece like never before.

GOLDFINGER

JAMES BOND
IS BACK
IN ACTION!

EVERYTHING
HE TOUCHES

URNS TO
EXCITEMENT!

SEAN CONNERY
007
TOM FLEMING'S

Senior SOCIAL HOUR

12:30pm | September 26 | Free

Meet new people through interactive activities and conversations. Snacks and drinks provided.



Art

WATER COLOR

Instructor: KT Boyce

Location: Arcadia Community Center, 365 Campus Dr

06/12-07/17	11:15am-1:15pm	Thu	50+yrs	\$70	SU25-7013
07/24-08/28	11:15am-1:15pm	Thu	50+yrs	\$70	SU25-7013a

DRAWING

Students will learn the fundamentals and the routine of sketching.

Instructor: KT Boyce

Location: Arcadia Community Center, 365 Campus Dr

06/12-07/17	1:30-2:30pm	Thu	50+yrs	\$60	SU25-7047
07/24-08/28	1:30-2:30pm	Thu	50+yrs	\$60	SU25-7047a

OIL & ACRYLIC PAINTING

This multi-level class presents the basic techniques of working in oil and acrylics using various palettes, mixing, and organizing values, light, and using color to enhance your work.

Instructor: KT Boyce

Location: Arcadia Community Center, 365 Campus Dr

06/12-07/17	9-11am	Thu	50+yrs	\$70	SU25-7011
07/24-08/28	9-11am	Thu	50+yrs	\$70	SU25-7011a

Dance

BALLETFIT STRETCH & FLOW NEW

In this class we will be practicing ballet stretching, basic ballet techniques and we will be dancing to beautiful music, while giving the body an overall sense of wellbeing. This class is for everyone and requires no previous dance experience. This class is adaptable to all abilities. The class improves posture and balance, while maintaining mobility and easing of movement. It will strengthen and tone your muscles, increase blood flow, energize and relieve stress. This is a progressive class that will build each session throughout the year. You can wear comfortable clothes you can move in, ballet shoes or socks.

Instructor: DanceFit staff

Location: Arcadia Community Center, 365 Campus Dr

06/05-06/26	9-9:45am	Thu	50+yrs	\$34	SU25-7950c
06/04-06/25	8-8:45am	Wed	50+yrs	\$34	SU25-7950
07/02-07/30	8-8:45am	Wed	50+yrs	\$41	SU25-7950a
07/03-07/31	9-9:45am	Thu	50+yrs	\$34	SU25-7950d
08/06-08/27	8-8:45am	Wed	50+yrs	\$34	SU25-7950b
08/07-08/28	9-9:45am	Thu	50+yrs	\$34	SU25-7950e

MOVIN & GROOVIN NEW

This is a low-impact, full body workout that can be modified according to individual needs. If you choose you can use a chair for this class. This is an invigorating, fun class that is designed to keep us moving, mobile and healthy, while strengthening our bodies. We will learn fun, easy follow along dance moves to up-beat music, while we energize our bodies by using our muscles and creating better circulation. You should wear comfortable clothes you can move in, tennis shoes.

Instructor: DanceFit staff

Location: Arcadia Community Center, 365 Campus Dr

06/04-06/25	9-9:45am	Wed	50+yrs	\$34	SU25-7960
07/02-07/30	9-9:45am	Wed	50+yrs	\$41	SU25-7960a
07/02-07/30	9-9:45am	Wed	50+yrs	\$34	SU25-7960b

TAPPERFIT NEW

This is a low impact, full body work-out that is fun! This class starts with stretching and warming up. We will practice basic tap techniques and learn fun follow along dance routines. you will get a good aerobic workout while dancing! Wear comfortable clothes you can move in and tap shoes or tennis shoes.

Instructor: DanceFit staff

Location: Museum Education Center, 382 W Huntington Dr

06/05-06/26	8-8:45am	Thu	50+yrs	\$34	SU25-7990a
07/03-07/31	8-8:45am	Thu	50+yrs	\$41	SU25-7990b
08/17-08/28	8-8:45am	Thu	50+yrs	\$34	SU25-7990c

BEGINNING LINE DANCE

This exciting class will teach you the basic line dance steps. Learn to line dance to your favorite song while getting a good workout.

Instructor: Willard Berry

Location: Arcadia Community Center, 365 Campus Dr

06/09-08/25	12-1pm	Mon	50+yrs	\$66	SU25-7005
no class 07/28, 08/04					
06/09-08/25	1:05-2:05pm	Mon	50+yrs	\$66	SU25-7043
no class 07/28, 08/05					
06/12-08/28	12-1pm	Thu	50+yrs	\$66	SU25-7006
no class 07/31, 08/07					
06/12-08/28	1:05-2:05pm	Thu	50+yrs	\$66	SU25-7044
no class 07/31, 08/07					

INTERMEDIATE LINE DANCE

Add to your basic knowledge of line dancing by learning new steps in this intermediate class. Everyone will have fun dancing while getting exercise and building confidence.

Instructor: Willard Berry

Location: Arcadia Community Center, 365 Campus Dr

06/11-08/27	12-1pm	Wed	50+yrs	\$66	SU25-7007
no class 07/30, 08/06					
06/11-08/27	1:05-2:05pm	Wed	50+yrs	\$66	SU25-7002
no class 07/30, 08/06					



Sports & Fitness

PILATES

Mat Pilates focuses on increased strength as well as lengthening your muscles through stretching. There is emphasis on the core and all muscle groups. The class is slow and fluid including balance and posture to increase your mobility and range of motion.

Instructor: Shannon Duffy

Location: Virtual

06/09-08/18 9-10am Mon 50+yrs \$66 SU25-7201
no class 08/04

Instructor: Shannon Duffy

Location: Arcadia Community Center, 365 Campus Dr

06/11-08/20 12-1pm Wed 50+yrs \$60 SU25-7014
no class 07/02, 08/06

GENTLE FITNESS

An adaptive fitness class designed to improve strength, flexibility, balance and range of motion. Low to moderate intensity while using a chair for standing and seated support. Restorative breathing and relaxation to promote stress reduction and mental clarity.

Instructor: Shannon Duffy

Location: Arcadia Community Center, 365 Campus Dr

06/12-08/21 8:15-9:15am Thu 50+yrs \$60 SU25-7018
no class 07/03, 08/07

STRENGTH TRAINING

Return youth to your body, prevent injury through strength and flexibility, and improve your balance. The instructor will guide you through exercises to increase your energy and strengthen bone density.

Instructor: Irma Moyao

Location: Arcadia Community Center, 365 Campus Dr

Multilevel

06/11-08/20 8:30-9:30am Wed 50+yrs \$72 SU25-7036

Strength

06/10-08/19 11-11:55am Tue 50+yrs \$72 SU25-7026

Training

06/09-08/18 8:30-9:30am Mon 50+yrs \$72 SU25-7016

06/09-08/18 9:35-10:35am Mon 50+yrs \$72 SU25-7017

06/12-08/21 11am-12pm Thu 50+yrs \$72 SU25-7027

FIT FOR LIFE

Move to music in this multi-level class. Increase cardiovascular endurance, strength, flexibility and range of motion. Emphasis on balance and injury prevention. A chair will be provided as needed.

Instructor: Shannon Duffy

Location: Virtual

06/09-08/18 10:30-11:30am Mon 50+yrs \$66 SU25-7202
no class 08/04

Instructor: Shannon Duffy

Location: Arcadia Community Center, 365 Campus Dr

06/11-08/20 10:45-11:45am Wed 50+yrs \$60 SU25-7203
no class 07/02, 08/06

06/12-08/21 9:30-10:30am Thu 50+ \$60 SU25-7001a
no class 07/03, 08/07

STRENGTH & BALANCE

Learn the basics needed to improve your strength and balance which will allow you to maintain your independence longer and increase your overall quality of life.

Instructor: Irma Moyao

Location: Arcadia Community Center, 365 Campus Dr

06/11-08/20 9:30-10:30am Wed 50+yrs \$72 SU25-7015

CARDIO PLUS

This class combines rhythmic, low impact, large and small muscle aerobic exercises. It is designed to get your heart rate up and tone your muscles simultaneously. Along with the cardiovascular workout to fun, energetic music there is a variety of light weight training and range of motion for a total body workout.

Instructor: Shannon Duffy

Location: Arcadia Community Center, 365 Campus Dr

06/12-08/07 12:30-1:30pm Thu 50+yrs \$60 SU25-7001
no class 07/03, 08/07

ZUMBA GOLD

Zumba® Gold is a world dance workout designed for the true beginner or active older adult. Every class includes a gradual warm-up, low-impact cardio, and cool down. One new routine rotated in weekly. Zumba® Gold routines focus on low-impact, simplified, and fun-filled choreography. Learning the steps provides workout for both your body and mind.

Instructor: Yiren Wang

Location: Arcadia Community Center, 365 Campus Dr

06/09-08/18 10:45-11:45am Mon 50+yrs \$61 SU25-7299

06/10-08/19 9:45-10:45am Tue 50+yrs \$61 SU25-7200

Instructor: Massiel Eva Rincon

Location: Arcadia Community Center, 365 Campus Dr

06/16-08/18 7:05-8:05pm Mon 50+yrs \$123 SU25-4026
no class 07/21

Yoga & Meditation

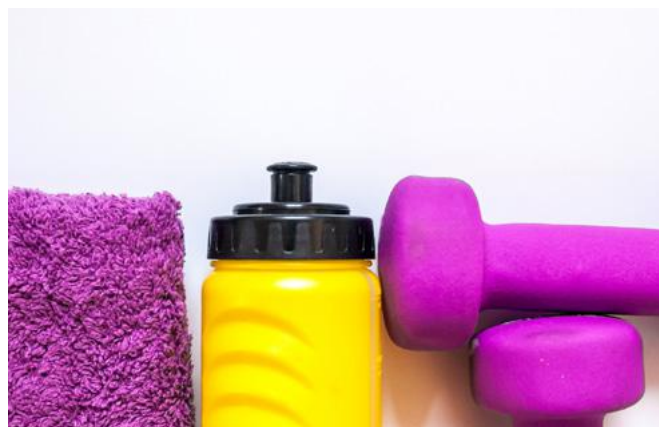
CHAIR & STRETCH YOGA

In this class, you will have passive movements along with easy stretches all done in a chair. Perfect for those who cannot do floor work. Move at your own pace and enjoy relaxation and flexibility through movement.

Instructor: Irma Moyao

Location: Arcadia Community Center, 365 Campus Dr

06/09-08/18 12-1pm Mon 50+yrs \$72 SU25-7031





Arcadia STORE

Show your Arcadia pride
with custom merchandise.

Available for purchase at the
Arcadia Community Center during
business hours & select special events.

Nature Hikes

8am | 8+ yrs | \$26



SATURDAY, JUNE 14

San Clemente Beach Trail

Trail Difficulty: Easy

4 MILES



SATURDAY, SEPTEMBER 27

Lake Hollywood Loop

Trail Difficulty: Easy

3.5 MILES

Includes round trip transportation from the Arcadia Community Center, a staff guided hike, and a boxed lunch.

Hikes may include steep inclines and uneven terrain. May not be suitable for all individuals.

Parent/Adult Name:																																																		
First:		Last:		Birthdate:																																														
Address:				Home Number: ()																																														
City:		State:		Zip:		Cell Number: ()																																												
Email Address:																																																		
Person to notify in case of emergency, if parent/guardian cannot be reached:																																																		
Name:		Relationship:		Phone: ()																																														
Health and Participation Questions for Children under 18 years of age																																																		
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2. List any medication(s) taken daily and time medication is taken, reason for medication, and any possible side effects. (Recreation staff is not permitted to administer medications). _____																																																		
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RELEASE OF LIABILITY AND INDEMNIFICATION FOR ALL PARTICIPANTS - I hereby waive, release and discharge any and all claims or rights to claims for damages for death, personal injury or property damage which I may have, or which may hereafter accrue to me, as a result of participation in said activity. This Release is intended to discharge in advance the City of Arcadia, (and their respective agents, volunteers and employees), from and against any and all liability arising out of or connected in anyway with my participation in said activity. I further understand that accidents may occur during said activity, and that participants in such activity may sustain personal injuries, and/or property damage, as a consequence thereof. Knowing the risks of said activity, nevertheless, I hereby agree to assume those risks and to release and hold harmless all of the persons or entities mentioned above. It is further understood and agreed that this waiver, release and assumption of risk is to be binding on my heirs and assigns. If the participant is a minor, I also give permission for his/her participation in the above activities, and for any necessary emergency medical treatment. I understand that the City of Arcadia has no obligation to supervise my children at the close of the above activities and I release the City of Arcadia, its officers, employees and agents from any liability resulting from the lack of supervision of my children at the close of the above activities. I understand and agree that participants involved in recreation programs are subject to being photographed and such photographs may be used to publicize city programs.

In consideration for the City of Arcadia's acceptance of this registration, I hereby agree to indemnify and hold harmless the City of Arcadia, its officials, officers, employees, agents, or volunteers from any liability or claim or action for damages resulting from or in any way arising out of my participation in any City Recreation and Community Services Department program. I further understand and agree

(1) to assume all risks inherent in the activities which are available and in which I may participate, and understand that these activities involve risk to my person and property and (2) to assume the risks, if any, arising from the conditions and use of equipment and facilities. I further understand and agree that there may be risks and dangers not known or reasonably foreseeable to me at this time, and in accordance with Section 1542 of the California Civil Code, I understand that my release extends to claims which I did not know or suspect to exist in my favor at the time of execution of this release.

I understand that my participation in any City Recreation and Community Services Department program, including but not limited to the activities listed above, exposes me to the risk of communicable diseases and viruses. I hereby acknowledge that I am voluntarily participating in said activities and agree to assume any such risk of exposure to communicable diseases and viruses.

IF THE PARTICIPANT IS A MINOR, his or her custodial parent or legal guardian must read and execute this agreement. I hereby warrant that I am the custodial parent or legal guardian of _____ (print minor's name), who is a minor, and I agree on my own and said minor's behalf to the terms and conditions of this release.

In the event of injury or illness while the participant who is a minor is attending the recreation activity, I hereby authorize the City of Arcadia Recreation and Community Services Department to consent to medical treatment on behalf of the minor as deemed necessary. The undersigned, as parent or legal guardian of the child identified on this form, hereby authorizes the Recreation and Community Services Department and its officers, employees and agents into whose care the registered child has been entrusted, to consent to the advice of trained emergency personnel. This authorization to consent to treatment of the minor identified above is given to the Recreation and Community Services Department in conjunction with any activity or event in which the minor's care is entrusted to the Recreation and Community Services Department.

The Recreation and Community Services Department may take and use photos of participants for publicity purposes. Photos of participants are used in the City's activity guide and other media publications. I hereby grant the City of Arcadia permission to use my, or if the participant is a minor, the minor's likeness, name, voice and words in any broadcast, telecast or print media account of this event or activity free of charge.

Signature (REQUIRED):

Date:

Payment Via Credit Cards

Online or in-person registration only. The City accepts Visa, MasterCard, and Discover.

Payment Via Checks

By mail or in-person registration only.

Please make checks payable to: City of Arcadia

Payment Via Cash

In-person registration only.



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