

Voluntary Benefits Voice

M A G A Z I N E



**Life Insurance
Awareness Month: A
Call to Action for
Trusted Advisors**

**Young Workers
Think Life Insurance
Is Expensive. It's
Time to Reset the
Narrative.**

**More Than a
Policy: What
Drives Employees
to Buy Voluntary
Life Insurance**

VOLUNTARY ADVANTAGE

Key Contributors



Steve Cain



Steve Clabaugh
CLU, ChFC



Editorial Staff

Editors

Heather Garbers | Trevor Garbers

For Media and Marketing Requests Contact:

Heather@voluntary-advantage.com

Trevor@voluntary-advantage.com

Mailing Address

10940 S Parker Rd #257
Parker, Colorado 80134



Advisory Board

Jennifer Daniel
Aflac



Jack Holder
EBIS



Paul Hummel



Rachel McCarter
Mercer



Mark Rosenthal
PwC



Seif Saghri
Founder



Tim Schnoor
Birch Benefits



Hunter Sexton, JD,
MHA
Sydney Consulting
Group



FEATURED ARTICLES



Two Paths, Same Roadblocks: Unpacking the Barriers to Life Insurance Engagement



Long-Term Care: From Policy Debate to Practical Impact



Life Insurance Awareness Month: A Call to Action for Trusted Advisors



Young Workers Think Life Insurance Is Expensive. It's Time to Reset the Narrative.



A Mother's Master Class in Relational Leadership



Life Insurance Trends



More Than a Policy:
What Drives Employees
to Buy Voluntary Life
Insurance

From The Editor...

Let's Go Bananas!

If you've followed the rise of the Savannah Bananas, you've witnessed a master class in reimagining tradition. They took one of America's oldest pastimes and, without changing its essence, made it new, exciting and unforgettable. By shifting focus from the rigid structure of innings and stats to the joy of the fan experience, they created something bigger than baseball — they captured the importance of placing the fan first in everything they do.

In a different way, life insurance follows a similar principle. On the surface, it may look like a stack of paperwork, premiums, and policies — hardly as thrilling as a choreographed dance on the pitcher's mound. But when you look deeper, its purpose is just as profound as the Bananas' approach to the game: it's about what truly matters — placing the policyholder first in everything we do.

The Savannah Bananas have proven that baseball doesn't have to look like baseball to capture attention, and I believe our industry must take the same approach with life insurance. Too often, our current system puts process over people. From product development and marketing to distribution, administration, and even claims, we rarely design with the policyholder at the center. That must change.

Families don't invest in life insurance because they love the mechanics of underwriting. They invest because it provides peace of mind, continuity, and protection for the people they love. Just as the Bananas remind us that baseball is about more than balls and strikes, life insurance reminds us that planning is about more than numbers on a page. It's about preserving memories, safeguarding futures and ensuring that what matters most lasts beyond the moment.

One gives us laughter and joy today. The other provides stability and security for tomorrow. Both show us the power of rethinking the familiar — and focusing on what truly endures.

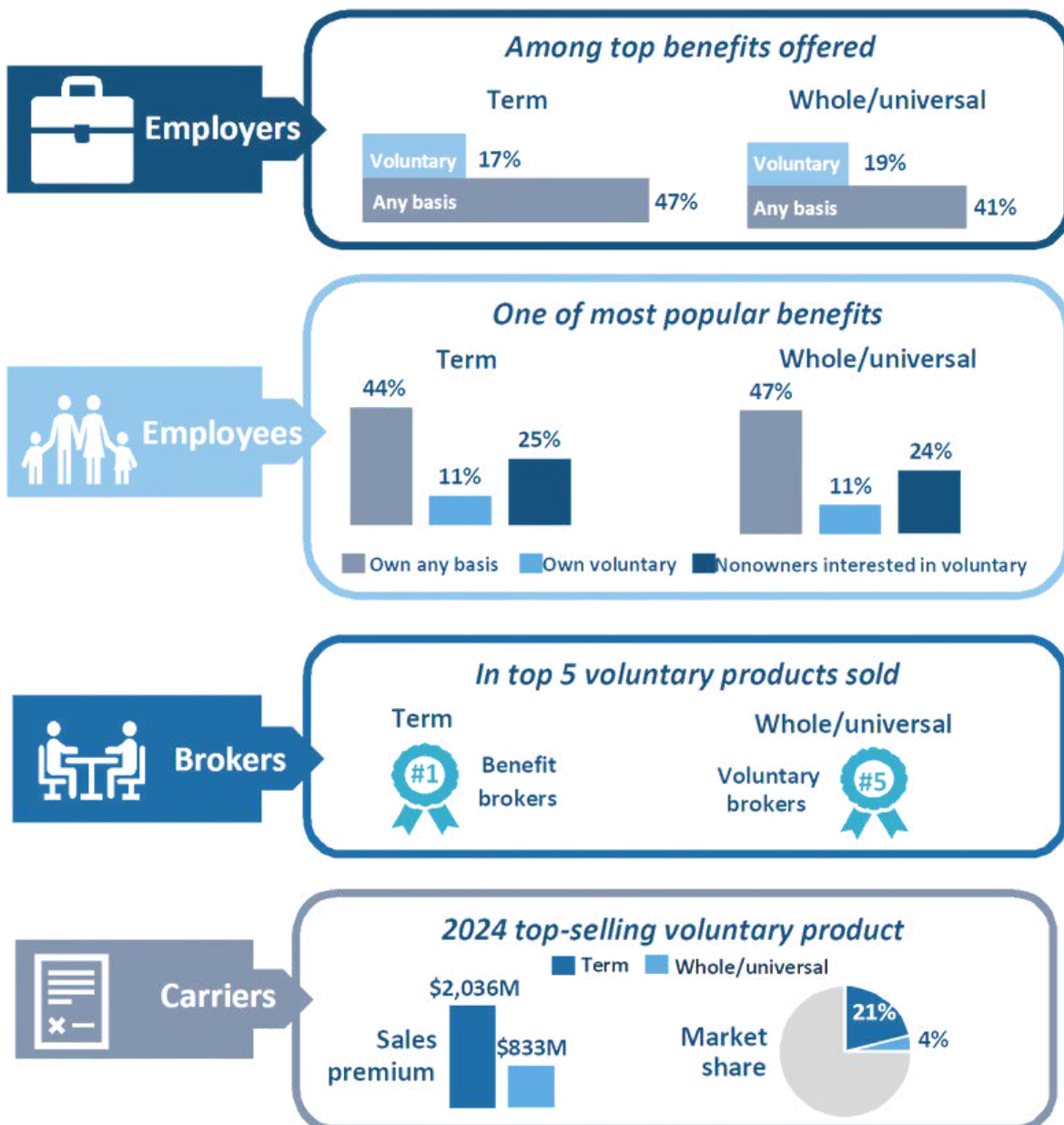
In closing on a personal note, if you haven't reviewed your life insurance recently, now may be the perfect time. Just as the Bananas reinvented baseball to focus on what matters, you can rethink your financial protection to ensure your family's future is secure — no matter what the scoreboard of life brings.



Eastbridge Life Insurance Trends

Life Insurance Trends

\$2.869 billion voluntary sales in 2024



Sources: Eastbridge 2025 Employer Size and Industry Demographics for the Voluntary/Worksite Market MarketVision™—The Employer Viewpoint® Report, 2025 MarketVision™—The Employee Viewpoint® Report, 2025 Broker Perspectives on the Voluntary/Worksite Market Spotlight™ Report, 2025 Voluntary Whole and Universal Life Products Spotlight™ Report, U.S. Voluntary/Worksite Sales Report for 2024



Building Financial Fortitude, One Paycheck at a Time.

From open enrollment through retirement, SAVVI delivers expert, personalized guidance that helps employees make smarter benefits and financial choices, every single paycheck.



Complete Guidance for Your Personal Financial Journey.

SAVVI guidance begins at benefit selection and extends to everyday budgeting, savings, and even retirement income. Designed by PhDs from MIT, our advanced data science platform uses behavioral insights to help employees make clear, confident financial decisions.

ONE PLATFORM. END-TO-END SMART SOLUTIONS.



Boost Benefit Outcomes

Help employees choose the right coverage, reduce waste, and get more value from every benefit dollar.



Accelerate Paycheck Savings

Maximize savings, tax advantages, and employer matches all year, automatically.



Build a Reliable Retirement Paycheck

Personalized retirement income planning to turn savings into lasting retirement income.

WHY SAVVI?



Scalability

From benefit selection to retirement and beyond.



Proven

Backed by 25+ years of measurable impact and industry leadership.



Flexibility

Standalone or integrated with leading HR tech platforms to reduce admin lift.



Results

For employees, employers, and everyone in between.

Results That Deliver

70%

completed the full guidance experience¹

↑230%

growth in voluntary health benefit elections²

\$500+

saved per employee annually³

4.5/5

satisfaction score⁴

The Path to Financial Strength Starts at Work.
Are you ready to guide your workforce at every step?

[savvifi.com](https://www.savvifi.com)

About SAVVI

SAVVI Financial provides expert, personalized guidance to help employees navigate their most important financial decisions, from choosing the right benefits to planning for retirement. Integrated with HR systems, SAVVI reduces admin work, cuts costs, and improves the employee experience. SAVVI was built with the understanding that the path to financial strength starts, and grows, through the workplace. Learn more at www.savvifi.com.

¹ As of Q3 2024, Benefitfocus and VOYA eligible population presented with the decision support option.

² Industry Average HSA enrollment reported HealthEquity vs Q4 2023 SAVVI guidance user for Benefitfocus/VOYA 2024.

³ Calculated using methodology outlined on this SAVVI calculator - <https://www.savvifi.com/selectsmart-roi> and selecting 10K employees, \$70K salary, 40 avg age employee, 30% HDHP usage, 30% guidance utilization, cost \$4 PEPPY.

⁴ CSAT SCORE, 2024 Users, based on aggregated data from SAVVI Financial guidance experiences integrated within the Benefitfocus and myVoyage platforms.



More Than a Policy: What Drives Employees to Buy Voluntary Life Insurance

Voluntary life insurance continues to play an important role in workplace benefits portfolios. Understanding who opts into this coverage and why they do helps brokers better support employers in building relevant, employee-focused offerings.

Who's Buying and Why?

According to survey data by OneAmerica, "Although just over a quarter of employed Americans (27%) have voluntary group life insurance, 68% of workers who say they don't because their employer doesn't offer it would be somewhat or very likely to purchase it if offered at their company" (OneAmerica, 2024). This tells us that demand extends beyond current policyholders—many employees are eager for the option if their employer makes it available.

Among those who already have voluntary group life, the top reasons for purchasing include:

- 60% say it's "to protect family/loved ones from future financial hardship"
- 44% cite "peace of mind"
- 40% say it is "to pay off debts and final expenses in the event of their passing"
- 27% report it's intended "to replace a spouse/partner's income"
- 26% aim "to leave an inheritance for children or grandchildren" (OneAmerica, 2024)

These motivations point to a highly considered decision-making process, one driven by both financial protection goals and emotional reassurance.

Common Buyer Profiles

Based on these findings, the most common voluntary life insurance buyers through the workplace include:

- Employees with dependents or significant financial obligations, such as parents, mortgage holders, or students supporting families.
- Individuals selecting peace of mind, even if they have no immediate dependents—especially younger workers starting to plan for unexpected events.
- Those with limited access to affordable individual policies, whether due to health circumstances or financial capability.

These profiles overlap: someone might be seeking protection for loved ones, peace of mind, or both.

What This Means for Brokers

For brokers, this insight opens opportunities to better target voluntary life offerings during open enrollment.

Consider:

- **Segmented messaging:** Tailor messaging to resonate with different employee profiles — parents, dual-income households, younger individuals planning ahead.

- **Simplified purchase experience:**

Employees are more likely to buy when enrollment is easy. Clear, jargon-free communication about benefits and costs (e.g., cost of coverage per \$10,000) increases uptake.

- **Highlight emotionally compelling use cases:** Share stories like debt coverage, inheritance planning, or income replacement to connect with emotional rationales.

Programs That Resonate

Voluntary life insurance isn't just another add-on, it's a benefit with tangible emotional and financial value for employees at key life stages. Brokers who truly understand the "who" and "why" behind voluntary life purchases can better advise employers and design programs that resonate.

Source: OneAmerica (2024), Harris Poll of over 2,000 U.S. adults, via *Insurance News Net*—"Survey Says: Group Life Insurance a Desirable Voluntary Employee Benefit."



PES Benefits is dedicated to revolutionizing the employee benefits landscape with cutting-edge technology, administration, education, and virtual care solutions. Since its inception, PES Benefits has focused on simplifying the benefits experience, making it more accessible and meaningful for all involved.



Two Paths, Same Roadblocks: Unpacking the Barriers to Life Insurance Engagement

By Severine Suski

When it comes to selling life products to young Americans, there are some overarching commonalities we see regardless of whether we're talking about retail life insurance or employer-provided coverage.

LIMRA recently spoke with 33 young people, between the ages of 24 and 35, in a qualitative study. We found that young people who do not own coverage cite their perceptions of the cost as the top barrier to purchasing individual life insurance. It's important to note the difference between the cost insurers quote individuals and consumers' assumptions around what they expect the cost of coverage to be. As LIMRA research shows, individuals between the ages of 24 – 35 overestimate the cost of individual life by 6 to 15 times its actual price.

This is notably higher than other age ranges. Generally speaking, the healthier the person, the more they overestimate the true cost.

“Perceived price has kept me from purchasing life insurance because I’ve heard that it can be expensive, so I haven’t even made it a priority because of that.” – Alanna, non-owner of individual life coverage, 35.

Thirty-nine percent of young employees say that their reasons for not enrolling in workplace life insurance benefits are cost-related, while fewer individuals from older generations cite the same barrier. Eighteen percent of young people who choose not to enroll in workplace life coverage say that they are not able to afford the benefit at this time, while 15% of young people who choose not to enroll don't think the benefit is worth the cost.

At the same time, 6% would like to put the money towards other benefits. As the methods of disclosing the cost of coverage vary among employers, we can draw the conclusion that additional awareness of cost could benefit employees' understanding of life insurance, just as it would for consumers of individual life insurance.

The cost can be a big barrier, and I wouldn't want to do a bunch of digging just to not even be able to afford it." — Arec, non-owner of individual life coverage, 27.

It is paramount that the industry focuses on educating young people about the factors that underlie how policies are priced, whether it is explaining how risk pooling works, or explaining terminology, like "premium," in context. Young consumers need to better understand the true value of life insurance, all while being supported and educated through the complex purchasing process.

The lack of understanding around cost alludes to a wider issue among this demographic and other consumer segments, showing the lack of understanding with life insurance products. This is true for general information about policies and the industry, as respondents in our qualitative research have cited a lack of knowledge about life insurance as the second-largest barrier to purchasing coverage.

"It's a lack of knowledge on who to trust, where to get it, what coverage is best for me, etc." — Gab, non-owner of individual life coverage, 28.

Similar conclusions could be drawn about employer-provided coverage. Seventy-seven percent of young employees, between the ages of 24 and 35, say they would prefer to receive information about their employee benefits a few times or frequently throughout the year.

 **MassMutual**

New, Different, Better.

Don't settle. More innovative Group Accident Insurance & Group Critical Illness Insurance have arrived.

You want to provide working Americans with products that offer a better balance of great price and great features. You want supplemental health insurance from MassMutual®.

Visit [worksite.MassMutual.com](https://worksite.massmutual.com) to learn more.



This indicates that young employees, like young retail consumers, want more information about coverage.

Similar conclusions could be drawn about employer-provided coverage. Seventy-seven percent of young employees, between the ages of 24 and 35, say they would prefer to receive information about their employee benefits a few times or frequently throughout the year. This indicates that young employees, like young retail consumers, want more information about coverage.

When asked specifically how well employees understand the life insurance benefits offered by their employer, 17% of 24 – 35-year-olds say that they either don't understand the coverage at all, or they understand only slightly. Only 52% of young people within this age range feel they have a good understanding of the coverage provided by their employers, which is 5 percentage points lower than 36–49 year olds and 8 percentage points lower than 50–64 year olds.

This mirrors LIMRA's findings among young retail consumers who shared that a lack of knowledge was a top barrier to purchasing coverage.

Increasing consumer and employee awareness and education around the cost of life insurance is a vital step for the industry if it wants to win over prospective young consumers. Supporting individuals through their research and purchasing process by explaining the terminology used by the industry and increasing transparency around pricing will help the industry better meet the needs of this demographic.

Sources:

Insurance Barometer Study, LIMRA and Life Happens, 2025.

BEAT Study: Benefits and Employee Attitude Tracker, 2025.

Opportunities in Underserved Markets: Young Consumers, 2024

Severine Suski, Assistant Research Director - Severine has a background managing primary research studies at Kadence International and joined LIMRA in 2024. She is part of the Markets Research team, focusing on the underserved markets, and also facilitates the Diverse Markets Committee. Severine received a bachelor's degree in global capitalism and sustainable business from New York University.





Take charge of tomorrow with life and long-term care benefits

Given our aging population and the rising costs of care, it's no surprise that long-term care is the fastest growing voluntary benefit.¹



See how Trustmark's life with care solutions can help to protect your employees.



©2025 Trustmark Insurance Company.

¹2024 Wellbeing and Voluntary Benefits Survey. Buck, A Gallagher Company.

Products underwritten by Trustmark Insurance Company and Trustmark Life Insurance Company of New York. Trustmark is a registered trademark of Trustmark Insurance Company. Rated A (Excellent) for financial strength by AM Best.

A112-4213 (8-25)



Long-Term Care: From Policy Debate to Practical Impact

By Andrew Wayt

As we head into a busy fall season, the Voluntary Advantage team remains focused on one guiding principle: impact. New benefits and initiatives continue to enter the market at a rapid pace, but the real question for advisors and employers is: What difference will this make for the people we serve?

One area where impact is becoming impossible to ignore is long-term care (LTC).

Back in 2021, Washington State made headlines with the passage of the WA Cares Fund, the nation's first public long-term care insurance program. For millions of residents, the choice was clear: opt into coverage through WA Cares or secure private LTC insurance before the exemption window closed. The reaction was polarized, but one fact was undeniable—demand for long-term care solutions could no longer be put off.

Fast-forward to today and WA Cares is not only still standing, but into a model that could reshape how states, employers, and carriers approach long-term care. To better understand the progress, I sat down with Benjamin Veghte, Director of WA Cares, who has been instrumental in shaping the program's direction and forging connections with the private market.

Key Takeaways for Advisors:

1. **The demand is universal.** Caregiving is something nearly every family will face, and costs remain staggering—averaging more than \$5,000 per month.
2. **Public-private models ease the strain.** Blending taxpayer funded programs with supplemental private insurance reduces the burden on families while creating new opportunities for carriers and brokers.
3. **Planning is still the missing link.** Despite growing awareness, too many Americans remain unprepared, making advisor guidance more essential than ever.

The Man Behind WA Cares: Building a Public-Private Model for Long-Term Care

For Benjamin Veghte, WA Cares is more than just policy—it's personal. Veghte's journey to Washington's pioneering program was unconventional. In his early career, he spent 15 years in Germany researching how strong social protections can coexist with a thriving market economy. That experience convinced him that "if you give people a degree of security, they work harder and are more productive." After returning to the U.S., including a stint leading policy work at the National Academy of Social Insurance, Veghte zeroed in on America's looming long-term care crisis.

He believes that when people feel secure, they are more productive and better prepared to thrive.

With fewer stay-at-home caregivers and a growing elderly population, he saw disaster on the horizon: "No family can afford to have a stay-at-home caregiver anymore... and at the same time, you have longevity increasing and dementia increasing." In 2019, when Washington State created WA Cares Fund – a universal long-term care insurance program financed by a modest payroll premium – Veghte jumped at the chance to put his ideas into practice. "I saw it as an opportunity. If this can be successful here, it could really be a model," he recalls.

He believes that when people feel secure, they are more productive and better prepared to thrive. For Veghte, helping Americans prepare for long-term care is a calling, one he believes could transform how the country handles aging and caregiving.

Washington's program provides eligible Washingtonians with up to \$36,500 (adjusted annually) in lifetime long-term care benefits, funded by a 0.58% payroll tax on wages. But early on, gaps in the program design sparked confusion and criticism. In 2021, tens of thousands of workers rushed to buy private insurance for an exemption from the tax, unsure what WA Cares would bring. These challenges prompted lawmakers to pause the program's implementation in 2022 for an 18-month reboot to make significant adjustments, including:

- Portability for workers who retire or move out of state. Originally, if a worker paid into WA Cares for years then retired in another state, they would have lost access to the benefit. "Maybe you pay in 40 years and then you retire near your grandkids... you lose all the money you paid in. That was intolerable," Veghte says. Now, under revised rules, participants can keep their earned benefit if they move out of Washington and even continue contributing if still working elsewhere.
- Partial vesting for near-retirees to ensure fairness. Originally, near-retirees wouldn't have the ten years of contributions required to vest for full benefits. Now, "anybody who is born before 1968 earns 10% of the full benefit for each year they pay in," Veghte notes, so late-career workers can still get value from the program even if they can't contribute for a decade.

These refinements helped stabilize the program and boost public confidence, and by July 2023, premium collections resumed and the program was "completely on track" with the early kinks ironed out. Actuarial projections now show solvency for at least 75 years—a significant milestone.

Partnering With the Private Market

Perhaps the most innovative evolution of WA Cares is its new supplemental insurance framework. Instead of competing with private carriers, the state invited insurers into the design process, creating policies that stack on top of the WA Cares benefit.

In 2023, Washington legislators approved a supplemental private insurance market that will layer on top of WA Cares, allowing residents to purchase additional long-term care coverage to augment the state benefit. These new “WA Cares supplement” policies would treat the public program’s \$36,500 as a deductible, paying out once the state-funded benefit is exhausted. Crucially, the legislation creating this market was co-designed with insurers from the start. “We formed a working group with five carriers... as well as consumer protection advocates and got a unanimous recommendation of how to design the supplemental market so that it works – so that it’s profitable for carriers, but also serves beneficiaries well,” Veghte says.

By covering the “first dollar” of risk through the state benefit, supplemental policies can be priced far lower than traditional LTC coverage—making them accessible to middle-income families for the first time. For brokers, this opens a new voluntary benefits market: affordable, workplace-distributed LTC coverage that employees actually see as relevant.

How Coverage through WA Cares Works:

- **You contribute 0.58% of your wages each month through payroll**
- **After contributing for 10 years (for those born after 1968), you will be eligible for up to \$36,500 in lifetime benefits if you require care and are unable to complete 3 of 6 Activities of Daily Living**

By covering the “first dollar” of risk through the state benefit, supplemental policies can be priced far lower than traditional LTC coverage—making them accessible to middle-income families for the first time. For brokers, this opens a new voluntary benefits market: affordable, workplace-distributed LTC coverage that employees actually see as relevant.

As Veghte explains: “We’ve stimulated people’s appetite for coverage. Now there’s room for public and private options to complement each other.”

Notably, Washington’s supplemental plans will be allowed to qualify as “Long-Term Care Partnership” policies, meaning policyholders could shield some assets from Medicaid spend-down requirements if they ever need to rely on Medicaid. That integration is another way the public and private sides complement each other. In general, Veghte sees WA Cares easing pressure on Medicaid over time. States’ Medicaid budgets are already strained by aging populations, and federal support is uncertain. Having a dedicated funding source for long-term care through WA Cares “will be really invaluable to residents in the coming decades,” he says, because it provides an alternative to impoverishing oneself to qualify for Medicaid. In short, WA Cares is not just a new benefit for individuals, but a buffer for broader social benefit systems.

What Comes Next

States like California and Minnesota are watching closely. Policymakers see WA Cares not just as a safety net but as an economic driver—funds for local caregiving can spur job growth in rural communities while easing Medicaid pressures. In Minnesota, for example, interest is high. Veghte, who has spoken there and consulted with policymakers, wouldn't be surprised to see Minnesota adopt a WA Cares-style program in the next five to ten years.

States with large rural populations may find the idea especially attractive. He explains that giving every senior a modest fund for care (say \$36,500) can have a ripple effect in local economies. "You have a lot of older adults living in rural areas who need care... [WA Cares] gives every older adult [with a care need] [BVI] as they age \$36,500 to spend on long-term care," Veghte says. "Businesses are going to form in those areas – home care agencies are going to form."

For benefits advisors, the implications are clear:

- Expect LTC to rise on clients' priority lists.
- Be ready to explain how public programs and private supplements work together.
- Position yourself as a guide in helping employers and employees plan for caregiving challenges before they become financial crises.

Final Word

WA Cares is still young, but its trajectory shows that long-term care is no longer a fringe issue—it's central to financial wellness, workforce planning, and public policy. As Veghte reminds us, the need isn't going away: "We need WA Cares, and we need more. Any carrier, any broker, any company that wants to expand long-term care coverage—we're here to collaborate." For the voluntary benefits community, the opportunity is here. The question is whether we're ready to meet it.



Andrew Wayt is a long-term care specialist with an emphasis on helping advisors and benefit brokers better understand the solutions available to their clients. He can be reached at hello@ltchero.com.



Life Insurance Awareness Month: A Call to Action for Trusted Advisors

By Mitch Bagley & Rebecca Richey

September reminds us that life insurance protects loved ones from financial devastation in the event of untimely death. In a world where health trends are deteriorating alarmingly, life insurance isn't just a safety net—it's a frontline tool for combating elevated mortality and morbidity. Founded in 2023 by insurance experts, medical doctors, and actuaries, Insurance Collaboration to Save Lives (ICSL) is a nonprofit dedicated to empowering global insurers to “save a million lives” through proactive health initiatives. Life Insurance Awareness Month presents the critical opportunity for advisors to address the escalating public health crisis impacting the workforce.

ICSL's research team has identified five key drivers of mortality: cardiac and circulatory, neurological and nervous system, metabolic and digestive, cancer and external causes (e.g., mental health issues). Conditions such as hypertension, stroke, kidney disease, liver disease and obesity have significantly increased across various age groups as both underlying and contributing causes of death. While mortality from lung and breast cancer is declining for most age groups due to widespread screening, other cancers (including colorectal and liver cancer) are rising at an alarming rate, particularly among younger populations.



Our team analyzed mortality and found five troubling trends



Cardiac & Circulatory

Rates for many cardiac & circulatory linked causes up **8-36%+**

But mortality from trad'l coronary artery disease is down 7%



Neurological & Nervous system

Rates for many key neuro/nervous causes up **16-39%+**

Including a shift younger for dementia e.g. **+22% for 65-74**



Metabolic & Digestive

Rates for many key metabolic & digestive causes up **10-137%+**

Nutrition too little, too much, can't digest & higher co-morbidity



Cancer

Rates for many key cancers have risen by **10-50%+**

Nearly all cancers rising except for lung, breast, colon



External causes

Rate of accidents, assault, OD's up **11-30%+**

Self harm is down among young, up among old

Source: ICSL analysis of CDC [Provisional Mortality Statistics, 2018 through Last Week Request \(cdc.gov\)](#), considering underlying (UCD) and contributing (MCD) as of 7/4/2024

As of July 2025, morbidity is running at an all-time high for the U.S. population and those eligible for the workforce according to the U.S. Bureau of Labor Statistics. The record-breaking surge in disability rates among working-age populations has significantly reduced employee productivity. This has strained absence leave management, leading to increased operational disruptions for employers. Escalating health costs further divert employers' focus from core business activities, as they grapple with managing higher claims and supporting affected employees. Morbidity is a leading indicator of future mortality and is currently heading in a disastrous direction.

The life insurance industry mitigates mortality and morbidity risk primarily through reinsurance and other risk transfer methods in contrast to the practices commonly deployed in property and casualty insurance.

With few exceptions, efforts historically to develop cost effective health programs meant to improve policyholders' longevity and wellbeing have been nonexistent. Operational complexities, regulatory challenges and consumer acceptance have long posed significant hurdles to the widespread adoption of preventative care management on this side of the industry. Collaborative initiatives can overcome these challenges by streamlining their implementation processes using standardized workflows built on advanced digital health platforms that seamlessly integrate data into existing systems. By transforming life insurance from a reactive financial tool into a proactive health strategy, advisors can help employers reduce morbidity, enhance employee well-being, and strengthen workforce resilience.

Here's how you can lead the charge:

Educate Employers: Demonstrate how integrating health screenings and wellness programs can reverse declining health trends, reducing claims and enhancing employee health.

Overcome Hurdles: Partner with insurers to implement digital health platforms that streamline preventative care, using standardized workflows and AI-driven insights to boost employee engagement and participation

Assess Workforce Risks: Encourage employers to evaluate employees' exposure to key mortality drivers (cardiac, neurological, metabolic, cancer, and mental health-related). Use risk assessment tools to identify at-risk individuals and prioritize interventions.

Champion Collaboration: Work with insurers, health providers, and employers to create comprehensive support systems that promote early detection and proactive health management, saving lives and reducing long-term costs.

The time to act is now. By leveraging life insurance as a frontline tool, trusted advisors can help employers combat the public health crisis, protect their workforce, and redefine employee benefits as a force for longevity and vitality. Take action this September by starting the conversation with employers, introducing risk assessments, and laying the groundwork for programs that make prevention part of everyday workplace culture. Together, we can build healthier, more resilient workplaces.



Insurance Collaboration to Save Lives

seek answers, save lives, mitigate loss

Our Mission is to Save 1 Million Lives

A not-for-profit global initiative leading the life insurance industry in deploying targeted screening, testing and triage to identify those policyholders most at risk for sudden death or critical care incidents providing the framework to mitigate loss by saving one million lives.

Our contributors & leadership are dedicated to meeting the challenges ongoing excess morbidity and mortality bring to the industry as a whole and society at large.



Young Workers Think Life Insurance Is Expensive. It's Time to Reset the Narrative.

By Dan Kraft

Every September, Life Insurance Awareness Month prompts a familiar conversation: “I know I should get life insurance, but it’s too expensive.” Among younger employees, that perception is remarkably persistent—and remarkably off-base. LIMRA finds that adults 30 and under overestimate the cost of life insurance by 10 to 12 times its actual cost. Many assume premiums run into the hundreds each month when, for a healthy 25-year-old, coverage can often be closer to \$9–\$12 per week.

This mismatch between perception and reality is more than a messaging problem. It’s a barrier to financial resilience in the workforce and a missed opportunity to deliver a high-value benefit that employees will actually use. The good news: the fix is less about changing the product and more about changing the way we talk about it.

The Perception Problem (and why it sticks)

Behavioral economics gives us a useful lens. When employees hear “life insurance,” they anchor to other large, long-term obligations—mortgages, car loans, medical debt—and assume the price tag is comparable. Meanwhile, their weekly spending tells a different story: small, discretionary outlays on coffee, takeout, rideshares and streaming services add up quietly in the background. When we quote life insurance monthly—or worse, annually—we force employees to compare a single, visible line item to a set of invisible, incremental purchases. The premium looks bigger than it is.

Reframing the conversation to the cadence of a paycheck changes that calculus. “About two coffees a week” is a clearer, truer comparison than “\$48 a month.” The cost didn’t change; the context did. And context is often what decides whether a 24-year-old checks the box during enrollment or opts out “for now.”

Timing Is The Overlooked Advantage

Young adults frequently miss the most favorable moment to buy: when they’re young and healthy. Premiums are lower, underwriting is simpler, and coverage can often be locked in at a level rate. A straightforward comparison—what \$20 buys at 25 versus at 35—can be eye-opening, especially when employees realize that “waiting” is, effectively, a decision to pay more for less later.

This is where employers can make a real difference.

New-hire windows and open enrollment are prime opportunities to communicate guaranteed-issue availability (where applicable) and to underscore the long-term advantage of acting early. After all, life insurance is one of the few places in personal finance where youth is a genuine discount. Framing it that way resonates.

Interest Is There - If We Meet It With Clarity

It’s tempting to assume Gen Z isn’t interested in life insurance because they have fewer dependents. The data suggests otherwise. LIMRA reports that millennials and Gen Z are eager to discuss life insurance with an advisor. At Trustmark, we see that interest translate into action: roughly 22% of our universal life purchasers are between 20 and 29. Curiosity isn’t the obstacle. Confusion is.



**NASTY
NEIGHBORS
HAPPEN**

ARAG legal insurance protects employees when legal issues happen.

Nasty neighbor disputes happen. But when employees have ARAG legal insurance, they can work with a network attorney to resolve their problems – and the attorney fees are paid in full for most covered matters.

[See How ARAG Helps Employees](#)



Legal Insurance

Employees don't need a lecture on mortality; they need a clear sense of value. Plain-English explanations at the point of decision—What does this really cost per paycheck? How much coverage do people like me choose? Can I take it with me if I change jobs? How do I update a beneficiary?—do more to move enrollment than any number of hypotheticals. Decision-support that essentially behaves like e-commerce (think sliders for coverage amounts with real-time paycheck impact) helps people buy the way they buy everything else online: quickly, confidently and on their phones.

A Season to Reset

Life Insurance Awareness Month arrives at a useful time in the plan year, but the opportunity is larger than a single campaign. Use this moment to recalibrate the entire conversation around affordability and timing. That doesn't require a dramatic overhaul—just a consistent shift in tone and framing:

- Quote per-paycheck by default, with a monthly toggle for those who want it.
- Make the “cost of waiting” visible with a simple age-based comparison woven into meetings, microsites and new-hire packets.
- Bring portability and beneficiary updates out of the fine print and into the core message.

Those are small changes, but they speak directly to the questions younger employees have at the moment they decide.

The bottom line is straightforward: life insurance is often far more affordable than young adults think. The barrier isn't price; it's perception. When brokers and HR leaders anchor the conversation in everyday spending, highlight the advantages of buying young, and simplify the path to yes, participation rises—and so does the financial resilience of the workforce.



Dan Kraft, Vice President of Product & Innovation at Trustmark - Dan joined Trustmark in 2014 with more than 20 years of experience in product management, marketing, and sales. Dan oversees the product development and innovation team, which is responsible for incorporating the voice of the customer and staying abreast of the latest market trends to deliver valuable solutions to our customers.



Ready To Level-Up Your Voluntary Benefits Knowledge?

Voluntary Advantage has partnered with NABIP to update their Voluntary/Worksite Certification and it is live and available to you 24/7 virtually.

The cost of the Voluntary/Worksite Certification course is \$304.70 for NABIP members and \$401.50 for non-members, which includes online instruction in three one-hour webinar modules, a final exam and continuing education credits. Upon completion, you will receive a certificate of completion as voluntary/worksite certified.

Course Highlights:

- Master the product with innovative solutions
- Understand contract differences
- Review implementation and administration
- Obtain crucial compliance insights

**SCAN TO START YOUR
CERTIFICATION TODAY!**



A woman, presumably the mother, stands in a classroom-like setting, holding a yellow card with the letter 'A' and a small drawing. She is smiling and looking towards the camera. Several children are seated at a round table in the foreground, with their hands raised in the air, indicating an interactive session. The background features a chalkboard with colorful drawings of rainbows, hearts, and the words 'english and german' and 'Aa'. A small screen on the wall also displays the letter 'Aa'.

A Mother's Master Class in Relational Leadership

By Steve Clabaugh, CLU, ChFC

Relational leaders demonstrate that they care for their team members as much as the organization. As a result, they create, build and lead high-performance teams that consistently achieve excellence.

Just the other day, Gretchen and I stopped at our local big box store to pick up a few items we needed. We walked across the parking lot on this very hot day and there she was, sitting up against the wall beside the door going into the store.

The little girl was maybe four or five years old, wearing a pink baseball cap that was way too big for her, bunched up in the back so she could keep it on her head. Her head was down, and she looked sad and very alone. We sensed that something was not quite right, so we leaned down, said hello and asked her if she was okay.

She looked up at us with eyes shiny from her tears and, after determining that even though we were strangers we were safe, she slowly shook her head no.

Gretchen leaned down and very gently asked her what was wrong. With tears now streaming down her face, she stammered out, "I lost my Mommy. I saw her in the line and now she's gone."

Gretchen: "No, your Mommy isn't gone. Come with me and let's go find her."

We slowly made it to the customer service counter where all four of the ladies working there were moms and recognized the situation immediately.

It took several tries to get through the sobs and tears to understand that her name was Angela. One of the ladies got on the intercom and made an announcement requesting Angela's mom to come to the customer service counter where her daughter was waiting.

Less than 5 minutes later a little boy, maybe 7 or 8 years old arrived and called out for Angela to follow him because mom was waiting for them. Angela bolted across the room and grabbed her big brother in a bear hug of relief and appreciation. Unimpressed, her brother gave her a look that communicated an attitude of "whatever" and said again, "Let's go. mom's waiting."

I followed them, from a distance, to make sure they got successfully re-connected with their mother. In addition to Angela and her brother, I saw a younger sister and baby brother waiting for them with the mom.

I had planned to fill mom in on the details of Angela's experience. Instead, I was stopped in my tracks as I watched the interaction between this young mother and her daughter.

Those of you who read our monthly articles (or who have participated in a Relational Leadership Experience program, will know that the core of what we teach about relational leadership is centered on the 6 principles of Championship Team Behavior.

We work together as **Colleagues**.

We don't accept **Case Building**.

We don't tolerate **Blaming**.

We deal with **Breakdowns** not problems.

We say the **Unsaids**.

We **Negotiate Relationships and Conditions of Satisfaction**.



Monthly Workforce Financial Stability Score down from record highs

After reaching new peaks in July, the Workforce Financial Stability Score (WFSS) is down 3.1 points in August. All six measured dimensions also decreased – led by a 4.5-point decline in working Americans' confidence in their ability to meet longer-term goals and a 3.6-point decline in both the likelihood of reaching personal retirement goals and the ability to help others financially. Compared to August 2024, the WFSS is up by 1.6 points, with four of the six dimensions up year over year.

Workforce Financial Stability ScoreSM

57.9

Check out
the Latest
Scores

Worksite Better.

FOR FINANCIAL PROFESSIONALS. NOT FOR USE WITH THE PUBLIC.

© 2025 Massachusetts Mutual Life Insurance Company (MassMutual®), Springfield, MA 01111-0001.

All rights reserved. www.MassMutual.com.

MM202608-313490

6 principles of Championship Team Behavior

1. We work together as **Colleagues**
2. We don't accept **Case Building**
3. We don't tolerate **Blaming**
4. We deal with **Breakdowns** not problems
5. We say the **Unsaids**
6. We **Negotiate Relationships and Conditions of Satisfaction**

I believe that the practice of relational leadership applies to all aspects of human relationships – not just in business. This young mom recognized in the moment that she had the opportunity to teach a lesson to her daughter that could be learned and applied to all 4 of her children. Without ever having participated in a Relational Leadership Experience program she, instinctively, used every one of the principles of championship team behavior.

Here was the dialog I observed with the championship team behavior principles noted:

Angela runs up to her mom not sure what to expect but hopeful that it will be a happy reunion. It didn't work out exactly that way.

Mom: "Angela where were you? We were worried." (Colleagues/Family).

Angela: "I thought you left, and I was scared. I waited outside for you to come back."

Mom: "Why did you think that we left you? You know that we would never leave without you." (No Case Building).

Angela: "I saw you up front and I thought you were leaving."

Mom: "We're still up front and we haven't left yet. What were you doing when you thought we were leaving?" (Dealing with Breakdowns).

Angela: "Well Joey was looking at some toys and I wanted to look at some too and then you were gone."

Mom: "Angela this is not about Joey. This is about what you did." (No Blaming) "Your behavior caused us to worry and now we're late for going home and getting dinner ready." (Saying the Unsaids).

Mom: "You need to remember that we are all together and it makes all of us worried if you're not with us. You need to set a good example for your little brother and sister. Now, can I count on you to be where you're supposed to be?" (Negotiating Relationships and Conditions of Satisfaction).

Angela: "Yes ma'am. I'm sorry." They hug.

In short, what I had the privilege of watching was a master class in relational leadership conducted in less than 2 minutes. It reminds me that relational leadership is, at its core, an organic practice and not something invented in an artificial environment.



Unfortunately, as a society, it often seems like we have gotten away from the basics of caring about each other as much as we do the organization. The RLE program is based on an organized set of principles and practices that help organizations get back to the basic positives of human relationships in the workplace.

Now, I'm not saying that we should expect "yes ma'ams" and "hugs" for resolving breakdowns and building high-performance teams. But I am saying that we can achieve our greatest success by consistently practicing relational leadership.

As noted, leadership author and speaker Simon Sinek says: "We become leaders the day we decide to help people grow, not numbers."



Steve Clabaugh, CLU, ChFC - started his career in insurance as a Field Agent, moving on to Sales Manager, General Manager, Regional Manager, Vice President, Senior Vice President, and President/CEO. A long time student of professional leadership, Steve created the Relational Leadership program that has been used to train home office, field sales associates, mid-level managers, and senior vice presidents.

RELATIONAL LEADERSHIP EXPERIENCE

The Voluntary Benefits Industry is enjoying unprecedented growth. Your products help employers attract and keep the right employees.

But Did You Know? More than 90% of the time, the reason employees leave has to do with issues related to CULTURE!

Relational Leadership Experience (RLE) can give your clients the tools they need to build or enhance their positive culture.

Find out how RLE can help your clients and add a valuable revenue source for you. Request a copy of our report "RLE and You – A Winning Combination."

Call, Text or Email: Steve Clabaugh, CLU, ChFC
910-977-5934 | relational.leadership@yahoo.com
<https://www.relationalleadershipexperience.com/>
Relational Leadership Experience – We Build Championship Culture



Copyright 2025 by Voluntary Advantage, LLC. All rights reserved. No part of this magazine may be reproduced in any form without consent.

The Voluntary Benefits Voice is published monthly in digital format only by Voluntary Advantage, LLC. Subscriptions are available at no cost by subscribing at www.voluntary-advantage.com.