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“This summer we’ve got exciting destinations for all travel purposes”

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Here at Wizz Air, we’re always seeking out bold new adventures, and this summer is no different. In June, Wizz Air Abu Dhabi, the ultra-low-cost national airline of the UAE, starts flights from Abu Dhabi to Mattala, Sri Lanka. It will be Wizz Air’s first trip to South Asia, and we can’t imagine a better place than this beautiful country when planning your next unforgettable escape. We have some great summer deals for our Wizz Air UK passengers too. We’re launching 18 new routes from London Gatwick, including flights to Bari, Faro, Varna and Mykonos. Whether you’re looking for gastronomic discovery, relaxing leisure activities or active adventures, Wizz Air has options for every type of traveller.

You might notice a theme throughout this issue – we’re

celebrating sustainability and eco adventures across our network. Why? Because Wizz Air is not only Europe’s fastest-growing airline, but it’s also its greenest choice of air travel. If every airline operated a fleet as modern and efficient as ours, CO₂ levels from European aviation would drop by 34% thanks to our CO₂ footprint of only 57.2g per passenger per kilometre. If you drive alone in your car, your carbon emissions per kilometre is about a 100 grams of CO₂. When you fly with Wizz Air, your carbon footprint is about the half of that per kilometre. If you don’t need to fly, please don’t. But if you do, fly the greenest with Wizz Air.

No matter where you are heading today, I and everybody at Wizz Air wish you a safe journey.

József Váradi
Chief Executive Officer



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in this **issue**

p9 In Place

An extraordinary birdhouse hotel room in Sweden; Dubai's futuristic new museum; London's first vegan butcher; how to be a more sustainable traveller; and a watch made from coffee in Berlin

p17 In Person

We meet the eco-designer making mythology-inspired fashion in Mykonos; delve into the magical world of bees in Larnaca; and meet the street artists fighting back against pollution with striking murals

p31 In Depth

Why Sicily's traditional volcanic wines are so hot right now; an eco-escape in Budapest on two wheels; taking a bite out of Cardiff's sustainable food scene; and the photography duo exploring humanity's place in nature with quirky portraits

p73 In the Know

Sustainable spots to stay in and eat at across the network

p82 Destination Map

The Wizz Air route map



p84 WIZZ News

The latest news, plus the people going the extra mile at Wizz Air

p90 Insight

A breakdown of our products, services and fleet

p94 Safety and Security

Looking after your safety, health and security on board

p99 Café & Boutique

Our onboard café and duty-free shopping options





Did you know that this magazine is printed on FSC-certified paper? That means it comes from well-managed FSC-certified forests (which champion conservation, community relations and workers' rights), recycled materials and other sustainable sources. And, furthermore, it's printed at sustainable, industry-leading printers where 100% of its energy comes from renewable sources (with zero CO₂ emissions) and 99% of all waste is recycled (up to seven times!).

Editor's letter

Could 2022 be the year that sustainability in travel goes mainstream? It's been a long time coming (and COVID-19 certainly put a spanner in the works!), but finally travel companies are showing their commitment to the environment and encouraging us to make greener choices when we next book a trip. And no airline is doing it quite like Wizz Air – officially Europe's greenest choice of air travel. You can read more about WIZZ's sustainability mission on p88, and to celebrate, we have an issue jam-packed with eco holiday ideas – from zero-waste restaurants to sustainable stays; nature-first adventures and emission-free city touring. Check out our story on Sicily's volcanic vineyards on p32, with organic wines made in the shadow of majestic Mount Etna. Or, how about finding out more about smog-eating street art on your next trip to Warsaw (p27)? On p44 we explore Budapest on two wheels, taking in its cool cycling attractions, and on p54 we travel to WIZZ's newest base, Cardiff, to see how the city's food scene is turning green. Wherever you're travelling to this month, I hope you enjoy every moment. **Claire Köksal, Editor**

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Wizz

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A Renault ajánlásával 

etech.tura.renault.hu



inplace

Put in a call to the Moon from the UK

Educating yourself about the environment doesn't just have to be about our planet. The Moon Convoy is a sustainable armada of kooky, neon-painted vehicles that traverses across the UK this spring to fire up young people's imaginations after two years of COVID-19. The floats feature installations, DJ sets, the 9m-long Archie the Squid and a giant telephone that lets you talk to the Moon. Catch the convoy in Plymouth, Southampton, Crawley and London until 16 June. It'll be out of this world. tourdemoon.com

✈️ Wizz Air flies to London

WORDS BY JUDY COGAN, CLAIRE KOKSAL, PIERRE DE VILLIERS. PHOTO: TOUR DE MOON



Step into the future in Dubai

Even in a city so well stocked with architectural marvels, the Museum of the Future in Dubai is extraordinary. Sporting a curvilinear shape that's covered in poetry by Sheikh Mohammed bin Rashid Al Maktoum, the Vice President and Prime Minister of the UAE, this showstopper of a structure transports visitors to 2071 through exhibitions and interactive displays. This includes catching an elevator to a makeshift space station and, as a doctor or a teacher, trying to solve the world's problems. There's a big emphasis on sustainability – a whole floor is dedicated to climate change – and with its six levels designed to look like movie sets, the Museum of the Future boldly goes where no other immersive museum has gone before. [museumofthefuture.ae](https://www.museumofthefuture.ae)

✈ **Wizz Air flies to Dubai**

Be a more sustainable traveller across the network

Planning an eco-friendly escape needn't be a struggle. Here's our step-by-step guide to your next green holiday

What to pack?

Take memories home, but try to leave almost nothing behind. That means as little single-use plastic items as possible – pack a reusable water bottle and put your toiletries in reusable containers. Consider using eco-friendly sunscreen (to help protect reefs and marine life) and take hardy clothes you'll wear multiple times to cut down on washing.

Where to go?

Some cities are greener than others.

Gothenburg has been named the world's most sustainable destination for five years running thanks to its renewable energy, public transport and number of eco-hotels.

Slovenian capital **Ljubljana** has fantastic cycling initiatives and is committed to green spaces and saving wastewater.

How long to stay?

The longer you stay, the more you can give back to a community. For popular tourist destinations try to visit off-season.

The lack of crowds will make it a more enjoyable experience and ensure the city's infrastructure isn't overwhelmed.

How to get there?

If you can take a direct train rather than fly, then please do. And if flying is the only option, make sure you fly with an airline that prioritises sustainability. Travelling with Wizz Air is a no-brainer – we're the greenest choice of air travel in Europe.

Where to stay?

Forward-thinking digs with an eco-edge are popping up everywhere. Europe's Leading Green Hotel is Naturhotel Leithof, a chalet-style place in **Italy's** Dolomite Mountains. It produces its own energy and heat, harvests rainwater and melted snow, has its own cows for fresh dairy products, plus a vegetable and herb garden close to the kitchen.

What to do?

Responsible tourism benefits local communities. Try to seek out locally run activities, like exploring **Abu Dhabi's** new Mangrove National Park by eco-donuts (round boats that are 100% solar-powered), where your money is invested back into this biodiverse area that helps remove carbon dioxide from the air.

Where to eat?

Eat local, fresh flavours and you'll be keeping both your stomach and the planet happy. Restaurants that use seasonal, locally-grown ingredients keep their emission levels down. For a special night out, look out for restaurants with a Michelin Green Star (which means the food is both sustainable and sensational). Try to avoid buffet-style restaurants which can waste a lot of food.



Buy a watch made from coffee in Berlin

Coffee first thing is guaranteed to get you up and out of the door on time. But here's a hit of caffeine that you don't need to sip to ensure you're punctual. The Coffee Watch is a collaboration between Kaffeeform (the company behind those swish reusable coffee cups) and experts in German watch-making precision, Lilienthal Berlin. The first watch made with recycled coffee grounds and other recycled materials, the Coffee Watch is minimalist in style with Bauhaus-inspired detailing. The collection is, naturally, named after favourite coffee drinks: the Americano has a silky chocolate-coloured look; the espresso is dark and dreamy; and the latte is smooth and creamy. You can buy the watch online at kaffeeform.com

✈ Wizz Air flies to Berlin

Get down with the in Tirana



Albania's capital, Tirana, has embraced its time in the spotlight as the new European Youth Capital 2022. This weighty title comes with the responsibility to empower young people and boost their participation within the city and its future under the slogan "activate youth". Launched in 2009 (Rotterdam was the first winner), the 365-day programme features hundreds of activities to promote volunteering, support youth organisations and create new opportunities and networks for teens. One major aim is to raise Tirana's profile and accessibility in Europe and the rest of the world. The proposed eco-health programme will no doubt grab some attention – it will encourage the adults of tomorrow to live a healthy lifestyle and move the city towards a greener economy, sustainable changes and environmentally friendly ways of life. Activate fun.

tiranaeyc2022.al

✈ Wizz Air flies to Tirana



Meat cute at this vegan butcher in London

What is a world without the waft of bacon cooking? If you've recently adopted a plant-based diet, don't feel deprived. Rudy's Vegan Diner, the world's first vegan butcher, serves up delicious mock-meats including 'Baycon', fennel pastrami and burgers at its standalone butcher's shop on Islington's Upper Street. But this isn't about substitutes. "We are not in the business of tricking meat eaters," says general manager Rachel Gunyon-Thomas. "Most people are very accepting and open-minded these days, and we are proud to provide delicious vegan food that everybody can enjoy." But not everyone has embraced the concept of a meat-free butcher. "When we opened people questioned the legitimacy of a 'vegan butcher', but the majority are curious and want to make more sustainable and ethical food choices."

At the diner next door you can wash down vegan hotdogs with dairy-free milkshakes. The chefs constantly develop the recipes for their meat alternatives, using ingredients such as soy, seitan, pea protein and jackfruit. What can you expect from Rudy's? "A delicious, messy and indulgent experience, with zero cruelty." rudysvegan.com

✈️ [Wizz Air flies to London](#)

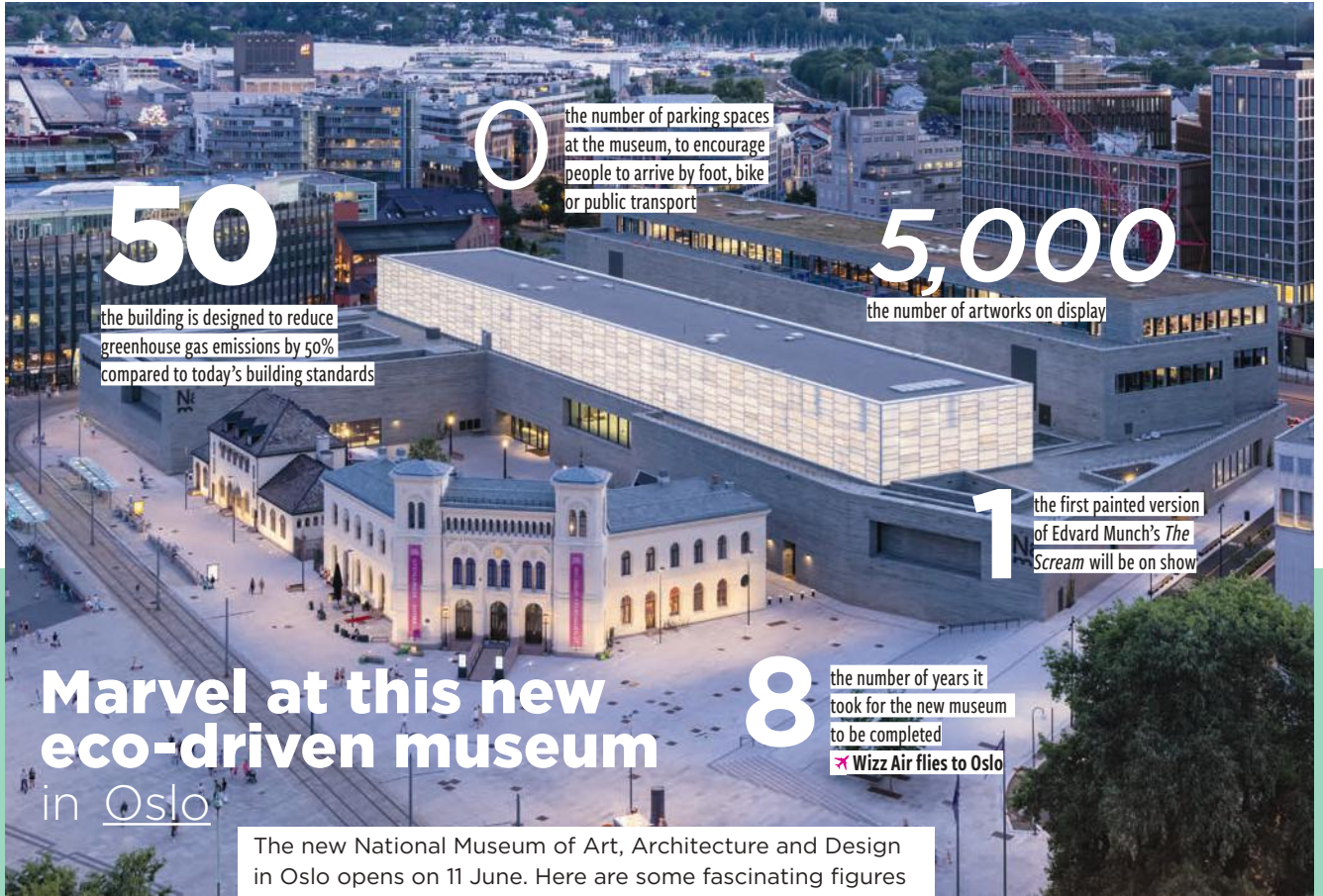


Wake up with the birds in Sweden

We all know the phrase 'bird's-eye view' - but not from a hotel bed. Wake up in the newest room at the Treehotel in Swedish Lapland and you'll be surrounded by feathery friends without lifting your head off the pillow. Hovering high in a remote forest, this spectacular 34m² 'biosphere' is covered in 340 bird boxes and sits close to other bonkers rooms such as a UFO spaceship and a mirrored cube. The aim here is to raise awareness about declining bird numbers, bump up the local winged population and immerse guests in nature. No need to pack an alarm clock. treehotel.se

✈️ [Wizz Air flies to Skellefteå](#)





50

the building is designed to reduce greenhouse gas emissions by 50% compared to today's building standards

0

the number of parking spaces at the museum, to encourage people to arrive by foot, bike or public transport

5,000

the number of artworks on display

1

the first painted version of Edvard Munch's *The Scream* will be on show

8

the number of years it took for the new museum to be completed

✈️ Wizz Air flies to Oslo

Marvel at this new eco-driven museum in Oslo

The new National Museum of Art, Architecture and Design in Oslo opens on 11 June. Here are some fascinating figures

Discover how cutting trees is saving forests in Finland



Is chopping down trees really bad for the environment? There is some log-ic (sorry) to Tekopökkelö, an ancient tree-felling practice in Finland. Foresters chop down trees leaving 2-4m behind, while the rest of the forest is cleared. The 'biodiversity stumps' attract armies of insects and birds that boost local ecosystems. Metsä Group, the biggest wood buyers in Finland, is reviving the method to allow bugs, birds and fungi to flourish. Now that's getting to the root of the problem.

✈️ Wizz Air flies to Turku



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Colourful characters from around the network

in person



**Dresses fit
for modern
goddesses**
in Mykonos

p18

**The honey-
makers
saving bees**
in Larnaca

p22

**Fighting
pollution with
street art**
in Poland

p27

“I’d never seen an ancient Greek loom before, but as soon as I sat at one I felt at home, as if it were a part of me”

Mythology meets modern style in Mykonos thanks to Faye Chatzi’s environmentally conscious clothing brand

 Words by Rebecca Hall

On a quiet, dusty coastal road heading out of glitzy Mykonos Town, fashion designer Faye Chatzi sits at an ancient Greek loom, patiently weaving strands of yarn together to create beautiful fabric. “My decision to start designing these clothes came as a result of my desire to wear something unique, minimal and chic,” she says about her work. “Other women stopped me in the street, asking me about my outfits.”

Faye started her limited-edition, eco-conscious clothing line in 2019. Every piece is handmade in her atelier, on her traditional Myconian loom, and presented in reusable, non-toxic packaging. Her designs are inspired by classic Greek aesthetics – column dresses, neutral colours and clean lines – but have a cool, contemporary feel. The tasselled Kirki dress takes its inspiration from the Minoan murals in Knossos, while the monochrome Delos shawl is reminiscent of the neighbouring island’s dramatic, rocky landscape. You’d feel as comfortable in one her pieces at a simple taverna in the north of the island as you would rubbing shoulders with Versace-clad partygoers at the seriously hip Scorpios beach club.

Born in Naples to Greek parents, Faye returned with her family to Greece when she was five years old. She

attended school in Athens but spent her holidays in Europe’s fashion capitals – Paris, Milan – visiting her father while he worked abroad. Being in these chic cities clearly made an impact, helping to shape her young mind and take her life down a creative path. “As a child I could always be found knitting, sewing and drawing,” says Faye. “But on Mykonos there was no school for design, so I had to teach myself.”

Faye came to Mykonos when she was 22. She started waitressing and spent some time as a guide on UNESCO Heritage Site Delos – said to be the birthplace of Apollo – showing visitors around the museum. An ancient area surrounded by the elements and rich mythology, she quickly fell in love with the natural beauty of Mykonos and knew this was where she wanted to call home.

Weaving by hand is a tradition that dates back more than 2,000 years here. And today there are only a handful of women who still weave fabric on a loom. Faye was gifted a beautiful handmade shawl by one of these women and was mesmerised by its intricacies: the patterns, colours and textures. She was hooked. “I’d never seen an ancient Greek loom before, but the moment I sat at one I felt at home, as if it were a part of me,” she recalls.

From top to bottom
One of Faye Chatzi's cool and breezy sundresses; Faye at her loom; her ancient Greek Minoan Queen dresses





She spent many hours practicing, initially spinning shawls from lamb's wool just because she enjoyed it. But it quickly became clear that Faye had found her calling. Her products include the original shawls she started practising with, limited-edition belts and accessories such as the tagari – a traditional Greek bag with tassels. Faye also produced Greek traditional costumes for the Heraklion Archaeological Museum on Crete, visited by Prince Charles in 2018.

A passionate vegan, organic and cruelty-free materials are essential for Faye. That's why she uses wool from her family's sheep on the island. "I was always very sad to see the wool wasted after the sheep and lambs were sheared," she says.

Faye takes this wool and cleans it in the sea before spinning and weaving it into her intricate designs. "Lamb's wool is the softest and makes wonderful shawls," she says. "I prefer not to use dye to keep the product natural. But if I do, avocado is one of my favourite ingredients."

It's not just the wool that's home-grown. The silk Faye uses is from her very own silkworms. She nurtures the worms throughout their 40-50 day life cycle from cocoon to butterfly, cleaning them and feeding them regularly with leaves. One worm can spin hundreds of metres of silk. She rescued the cocoons from the Agricultural University of Athens, set aside, initially, for fish bait.

Early on, she kept their boxes in the kitchen and she could hear their soft crunching at night as they spun their thread. "The process of silk production



that I follow respects the life of these precious worms. I don't dissolve them in boiling water once the worms starts pupating in their cocoons, as others do," she says. "I prefer to leave them to complete their cycle and become a butterfly."

On her beloved island with her sheep, worms and surrounded by nature, Faye is content creating beautiful designs and – hopefully – educating visitors about a more sustainable way of life. "I feel my daily challenge is to be original in my designs, to be respectful to animals and have the minimum impact on nature," she says. "Fast fashion has far-reaching effects in terms of plastic pollution. Increasing the reliance on natural fibres, such as wool and silk, can make a real difference."

fayechatzi.com

✈ Wizz Air flies to Mykonos

Clockwise from left


The Minotaur dress in black and gold; a Minoan-inspired creation; chic and simple sundresses; a traditional tagari bag





“It’s a magnificent world, the world of bees”

We send our writer to Cyprus to find out how Larnaca’s Honey Villages are saving the planet, one jar at a time

 Words by Andrew Dickens



On one flight, a honey bee can visit up to 300 flowers



“It’s the queen!” I squeal, my voice two octaves higher than that of the small girl stood next to me. I’m not embarrassed; it’s quite the moment, catching a glimpse of Her Majesty.

But I’m no passionate royalist peering through the gates of Buckingham Palace. The queen I’m thrilled to see is less than 2cm long and capable of mothering 2,500 children each day. She is a Queen Bee and I am, as of two hours ago, a big fan.

I’m at Ecophysis Bee & Nature Centre in the Cypriot village of Vavla – a family-run education centre, honey-maker and shrine to all things bee. Me and my fellow visitors are tightly sealed into beekeeper’s outfits for our royal audience.

Costas, a beekeeper, who runs the centre with his wife Georgia, a biologist and ‘bee activist’, holds a frame in front of us. On it hangs a geometrically perfect honeycomb covered by hundreds of worker bees, each busy in their very specific role while the queen scuttles around, doing what she’ll do during a lifespan of around five years: lay egg

I’ve always viewed bees as stinging, flying things that make scrumptious honey for my toast and porridge. Thanks bees. But in recent years their dwindling numbers have made them a symbol of the climate crisis. Why bees, though? Why not some other struggling bug? I came here to discover what the buzz is about, and I’ve not been disappointed.

So far, I’ve learned that bees are practically perfect. They have a highly organised society with sophisticated communication networks. They produce honey (medicinal, full of energy, never expires, extremely tasty), beeswax (great for the skin, making candles and polishing furniture) and propolis (which, according to bee experts, is antibacterial and a cure for multiple ailments). You can eat bee pollen, which is packed with protein. They’re also meticulously clean and won’t sting you without good reason – because, other than the queen, they’ll die if they do. “We can learn from bees as a society,” says Georgia. “They all have their own roles, they work together, they are great communicators. They have a lot of good messages for us. It’s a magnificent world, the world of bees.”

The world of bees is *the* world around here. This area in the grey-green hills near Larnaca makes possibly the best honey in the world, albeit little-known due to the limited volumes. Ecophysis is part of the Rural Larnaca Honey Villages: a new initiative involving nine nearby villages for whom honey is a way of life and who want to bring people to the area to show off what they have and know.

One of the villages, Kato Drys, houses the utterly charming Bee & Embroidery Museum, run by the makers of award-winning Natura honey. It’s a family affair too, which seems to be the norm round these

Almost 90% of wild plants and 75% of global crops depend on bee pollination

In winter, bees can live for nine months. But, in summer they only live for six weeks – literally working themselves to death

parts. Here, Theodora Korriotou explains what makes the local brew so good. “Cyprus Honey has been mentioned since the first century BC,” she says. “The honey is so good for many reasons. We have 113 varieties of honey plants, which are all wild so have no chemicals, and produce honey with less ‘moisture’ which is good. The geographical location produces more aromatic blossoms. We have our own Cypriot bee species and, of course, skilled beekeepers.”

The Honey Villages scheme isn’t just about turning a sweet profit, though. It’s also about education and awareness of how fabulous bees are and why they’re vital to our very existence. “If the bee disappears from Earth, man would have no more than four years left to live.” The words of Albert Einstein. According to Greenpeace, you need to thank a bee for a third of what you eat. Honey bees perform around 80% of all pollination, including 70 of the top 100 human food crops. No bees, no people.

Which means their plight, caused by climate and habitat change, is worrying. This region has felt the effects, with rain becoming rarer. Wildfires ripped through its arid hills in 2021, causing huge damage to the bee population. But the most damaging effect of the drought is more serious and less sustainable.

I head to Oros Maxaira, another family-run honey producer just south of Odou, another of the nine villages. I have an appointment with the director Melios Filippou and the factory manager (and Melios’s wife) Maria Solomonidou, who run regular

tours of their operation. Maria explains to me the bees’ biggest threat.

“The winters are not the winters our grandparents had,” she says. “There’s not as much rain. The flowers can’t blossom, they become dehydrated. This means they don’t produce nectar for the bees to take to make honey.”

But there is optimism. “The new generation is beginning to realise the problems we face,” she continues. “It’s bringing people closer together and we’re teaching people. Rather than destroying plants, the farmers here now ask for hives in their fields because they know that this will give them a better crop. People can have bee hotels in their gardens now for lonely bees – this a real thing – and they can plant flowers that bees like.”

It’s easy to be in awe of nature here, and to remember how much we humans not only rely on it but affect it. And of all nature’s creatures, there may be none we rely on more than the bee. My eyes have been opened to bees’ brilliance and importance. I’m pretty sure that, even if I were fatally allergic to bee stings, I’d still love them. But with this new love comes a new angst, a fear for their future.

Yet, back at Ecophysis, as I try to unseal myself, I watch Costas and Georgia enthusiastically answer the clever question of the little girl next to me – and it eases my worry. Because if there are children asking questions, and passionate people like Georgia, Costas, Maria and Theodora to answer them, then things might just ‘bee’ alright.

✈ Wizz Air flies to Larnaca

Bee stings can help ease the pain of arthritis

Bees have four wings – two at each side that hook together when they take flight

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“We wanted to show that nature should enter cities, not the other way around”

We meet the graffiti artists fighting pollution across Poland with smog-eating paint

 Words by Nione Meakin



Poland has long been known for its striking street art, but the mural outside Warsaw's Politechnika metro station doesn't just look good, it does good too. The work, by architect and graphic designer Dawid Ryski (@talkseek) in collaboration with muralist Maciek Polak (@maciek_polak), was created with 'smog-eating' photocatalytic paint, which reacts with light to break down pollutants and turn them into harmless nitrates. According to streetwear brand Converse, which commissioned the public artwork as part of its global City Forests project, each mural absorbs as much pollution as nearly 800 trees. The streets that

surround the Politechnika metro are among the most congested in the capital. The mural, depicting Dawid's architectural motifs overshadowed by Maciek's giant, grinning plants, aims to 'invert reality'. "We wanted to show that it is nature that should enter cities and not the other way around," explains Maciek, whose floral and plant-based art can also be found on walls in his hometown of Łódź.

The work has since inspired a wave of 'ecomurals' across Poland, adding to the country's rich collection of street art. Since the communist era, when state advertising murals became a familiar feature on the side of homes and other buildings, Poland has

Previous page Dawid Ryski (left) and Maciek Polak (right) in front of their ecomural



**Now,
photocatalytic
paint has
become the
must-have
art material**

enjoyed a global reputation for its graphic art. And more recently, street art has proven an effective way of reviving flagging cities. Łódź has become a mecca for art and design since 2009 when the Urban Forms Foundation was established to 'saturate' the city with public art, while Kraków has also encouraged artists to use the city as their gallery with initiatives such as 101 Murals. As a result, blank walls are becoming a rare sight as businesses and residents clamour to get their own piece of art. Now photocatalytic paint has become the must-have art material.

In the southern city of Katowice, where works by Aryz, Mobstr and Eltono lend colour and imagination to post-industrial architecture, the council has commissioned Polish heavyweight Raspazjan (@raspazjan) to create an ecomural on an apartment building in Kordeckiego Street. The piece, highlighting the World Urban Forum conference, due to take place in the city this June, is designed to convey a person living in harmony with nature and using natural resources responsibly. In Adam Mickiewicz Street, in Bielsko-Biala, a sliver of green forest painted by Ewa Ciepielewska peeps out from between rows of dark houses like a breath of fresh air in the built-up

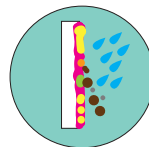
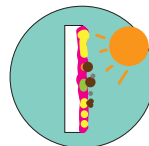
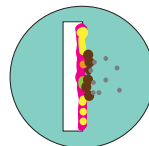
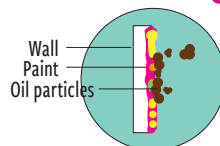
environment. And in Zabrze, an arresting pink and white image of Polish journalist, activist and politician Wojciech Korfanty adorns the side of a house in Boleslaw Wallek-Walewski Street.

The latest city to join the ecomural movement is Bydgoszcz, in the north of the country, where artist Marcin Czaja (@klawyprojekt) was commissioned to paint a huge photocatalytic mural on the side of an apartment block. The 374m² work, completed at the end of last year, is based on the theme of water as the source of life, with bold images of solar panels and wind turbines in greens and blues arranged around a river that winds down the entire length of the wall. The council hopes that the position and scale of the mural will raise awareness of the environmental challenges Poland faces, and encourage residents to consider what they can do to tackle them, according to public art officer Marek Iwinski.

Now renowned artist Tytus Brzozowski, Poland's so-called 'King of the murals', is getting in on the action, completing two high-profile ecomurals on a building in Kijowska Street, in the Warsaw district of Praga, and across an old apartment block in Chmielna Street, Wola.



Weird Science



How does photocatalytic paint actually work? We break it down

1. The oily particles in air pollution are attracted to the photocatalytic paint
2. Dust particles are then attracted to the oil and stick to the surface of the artwork
3. The paint's smog-breaking-down powers are activated by sunlight. The paint oxidizes and breaks down the oily pollution and loosens the dust
4. Remaining dust is washed away by the rain. Bye-bye pollution!



Clockwise from here
Tytus Brzozowski's mural at Kijowska 1 in Warsaw's Praga district; painting City Forests; Tytus

The murals feature his trademark blend of long-gone local landmarks and futuristic architecture to create a surreal cityscape notably absent of cars and surrounded by fields and meadows. Street art plays an important role in helping to communicate and sometimes define an area's identity, he says. "Murals can become a symbol of a district, a recognisable meeting place, a kind of spatial dominant. Making a mural is a big responsibility because residents live with these paintings for years."

His previous work includes a tribute to Warsaw's former Jewish quarter in Prozna Street and one in the Praga district created to celebrate the centenary of Poland's independence. "I try to find the spirit and character of the city by using different buildings from different places and times combined to create new lands which, despite the fact that they are fantastical, are still local," he says. "Warsaw is a unique, complex place; a lot has happened here and there is great nostalgia for what once was."

But the ecomural initiative shows Poland is also a country with its eye on the future. Can art change the world? Maybe.

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Getting to the heart of the story

in depth



Traditional volcanic wines
in Catania

p32

An eco-escape on two wheels
in Budapest

p44

Superb farm-to-fork dining
in Cardiff

p54

Uncovering forces of nature across the network

p64



Why the smoking-hot wines born on the slopes of Mount Etna will blow your mind



Words by Julia Buckley



Photography by Alberto Bernasconi



“She’s mamma,” says Davide Cavallaro, pointing at Mount Etna, its cone emerging from between his vines. “When she rumbles, it’s like hearing someone you love snoring. It reminds you they’re there.”

He sticks his hand in the earth: chestnut brown, sugary fine, yet heavy with water. “It’s crazy fertile,” he says. “She’s alive.”

Across Italy, there’s a deep attachment to the land and those who work it. This is a country where the word *contadino* (peasant) has proud connotations, and where sustainable farming goes hand in hand with respecting your heritage. But for those growing wine on the slopes of Mount Etna on the island of Sicily, sustainability goes further. It’s about looking after mamma. Fly into Catania and there she is: Europe’s highest volcano, one of the most active in the world, watching over her citizens. For them, this ever-rumbling, perma-puffing volcano is reassuring, not monstrous. “Etna is inseparable from us,” says Davide. “I can’t explain exactly what she is, but I need to see and hear her.”

And protect her, too. Sicilians have cultivated vineyards on Etna’s slopes for thousands of years – it’s thought the ancient Greeks were first to realise that her mineral-drenched earth could produce fierce reds (and whites) which mesh the fire of the volcano with sea-breeze salt. Today, Etna’s wine region curls round the volcano’s eastern flank in an inverted C-shape, vineyards planted from the 400m foothills to volcanic slopes 1,000m above sea level.

But in the climate crisis, the push for sustainability takes on extra significance. Etna’s charges must protect their mother at all costs. And they must do so by hand – because the volcano’s harsh slopes,



Previous spread
Cottanera winery
Left People climbing
the Silvestri craters,
on the east side of
Mount Etna

“All families grew grapes here - making wine is intrinsic to our culture”

encrusted with lava flows and once-molten boulders, are unworkable by machines. This is, literally, a labour of love – Etna vines yield one or two kilos of grapes each year, compared to six or seven in easier terrains.

Davide – a skinny-jeaned, vaping 30-something in mirrored sunglasses – seems like an unusual eco-warrior, but sustainability is in his blood. He’s from Randazzo, a north-slope town famous for its black lava stone, from which almost every building, even the vampiric church, is made.

“All families grew grapes here – making wine is intrinsic to our culture,” he says. Today, he’s the agronomist at Cottanera, one of Etna’s biggest producers. Walking through the vines – planted on steep terraces, propped up by dry-stone walls of ink-black stone – he reels off his philosophy. Irrigation is banned if you want your wine to achieve Etna DOC status – the highly controlled certification of origin – but at Cottanera they go further, recycling water in the cellar. They limit electricity use, use manure on the vines, rebuild collapsed walls to prevent erosion, and keep around a third





Clockwise from right

Preparing the soil at Cottanera; workers at Cottanera take a break; Davide Cavallaro; Mariangela Cambria

“Etna’s most spectacular feature is its biodiversity”

of their estate as wilderness to support wildlife. For Davide, sustainability is about community, too.

“We want to make life better in the nearby villages,” he says. Etna wine tourism is swiftly growing – it’s Italy’s “sexiest” wine, according to competition Vinality, and foodies pair vineyard-hopping with a Michelin-starred dinner at the Shalai Resort in nearby Linguaglossa. Tourism has the potential to transform the area, but with that power comes responsibility. At Cottanera, the whole community pitches in, with muscly-shouldered men wielding battery-powered hoes along the terraces, and women picking grapes. “We’re more attentive to detail – men get bored,” says Nunziata La Piana, pruning an olive tree. She calls Etna “the mother, the boss”.

Cottanera’s boss is a woman, too – Mariangela Cambria, who’s introduced wine tourism to her family business. “I love this land,” she says. “Etna’s most spectacular feature is its biodiversity.”

A 20-minute wiggle around the volcano, that diversity is on full display as Erica Zumbo strolls through vines her grandfather planted in 1972. Here, at an altitude of 700m, they’re surrounded by hip-height wildflowers and graceful pines. Her father, Carmelo, is strimming the pathway. “We could put weedkiller down, but nothing would grow,” he shrugs.

When granddad Zumbo died in 2016, Erica and her sister Ramona decided to take over, moving from the table wine he sold by the litre to bottling and ageing it. “Ten years ago, Etna wine took off, and people from outside wanted to invest,” says Erica. “It was the financial crash, and most people around us sold their land. We were offered money, but I felt it would be like selling a family member.”







**“When she
rumbles, it’s like
hearing someone
you love snoring.
It reminds you
they’re there”**





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Here Guido Coffa enjoys a glass of wine at Monaci Delle Terre Nere
Far left Etna's volcanic soil is ideal for winemaking



Their wine, Sorelle Zumbo, goes beyond organic. Donkeys and sheep crop the grass (and fertilise it with their dung); Erica treats the vines with sulphur twice a year, and ferments the wine in the cellar beneath her granddad's deli.

Carmelo tells me how the volcanic land is made of three layers - they must be separated, stirred and put back together to maximise fertility. If it's alchemy, he's the wizard. "I've been on Etna since I was two months old," he says. "I've known my wife for 42 years but Etna for 58. She's a signora, a mamma, a sister."

Even newcomers to the scene feel protective of the volcano. Palermo's Cusumano family opened an Etna vineyard in 2013, Alta Mora, where they eschew chemicals and use the grapes' own yeasts to ferment the wine. Their high-design cellar lies

deep underground - constantly cool so they don't need air conditioning. For them, sustainability means maintaining traditions, too - one wine, Guardiola, is made from 150-year-old vines. Etna reds - made from the Nerello Mascalese grape - are usually surprisingly light and mineraly, but this OAP is so earthy I can almost taste the lava.

Round on the eastern slopes of the volcano, that lava is everywhere. This is where, when Etna smokes, she flicks her ash; inches of it litter the roadsides, and the soil is a dark grey.

Here, Guido Coffa has taken wine tourism to the next level. The rooms at his hotel, Monaci delle Terre Nere, are scattered amid 25 hectares; the menu lists not only his organic wine, but also vegetables, and 80-something varieties of fruit. He's even resurrecting a near-extinct grape with the help of the University of Catania.

Monaci is unlike any other five-star hotel. Instead of close-cropped grass, this is a boho place of clover-strewn lawns and knee-high plants, ferns and grasses between buildings. "Look at



Here Seby Costanzo at Cantina di Nessuno

this biodiversity!” says Guido, stroking the lawn, overlooking the sparkling Med. “Grass is the land’s lymphatic system – we either leave it or scythe it for mulch.” His eye is firmly on the future.

“If I ran Italy I’d make the whole country organic,” he says. For now, he’s concentrating on Monaci, where he’s not the owner, but the self-styled “servant of the land”.

Higher up the volcano, Seby Costanzo feels the same. At his vineyard, Cantina di Nessuno, the vines are braided into a slope so steep that I slip, ash crunching underfoot, and overbalance trying to wield his spade, its blade strapped on at a 45° angle – the only way to work the earth.

Seby is vice president of the Consorzio Tutela Vini Etna DOC, a consortium preserving the volcano’s vineyards (Mariangela Cambria’s brother is president). “Organic farming on Etna is pretty widespread, but we do it in a natural way – only some have the certification,” he says.

Seby spreads his macerated grape skins on the soil as fertiliser – at least, those he hasn’t turned into grappa – and slicks the vines with manure. An architect, he made his first harvest in 2012, aware of his impending mortality. “I wasn’t far off getting old, and I wanted to do stuff that leaves something clean behind,” he says. Something good, too – he’s already won awards for his salty, straight-from-the-sea whites and reds.

“Wine is pleasure – it’s a link between man and earth, something that comes from the ground but needs man to help it change,” he says, puffing on his pipe. “The land isn’t ours – we’re just custodians.”

And just as he says that, Etna rumbles her approval above us.

monacidelleterrene.it, shalai.it

Sicily specialist Cognoscenti Travel (cognoscentitravel.com) can arrange vineyard trips around Etna

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15 reasons why

Budapest

is a cycling hotspot right now

River routes, cycle cafés and reasonable rental prices, Budapest bike culture is booming. Carved in two by the Danube River, the city has a huge network of trails that make it ideal to be explored on two wheels

 Words by Portia Jones





1

BRILLIANT BIKE ROUTES

There's no shortage of biking trails in this flamboyant capital. Around 200km of riding paths now criss-cross the city, via dedicated bike lanes and shared pedestrian trails. Ride alongside traffic and trams and you'll pedal past impressive UNESCO Heritage Sites and Gothic Revival architecture.

COLLAGE PHOTOS: ADOBE STOCK

2

SEE STREET ART ALONG THE WAY

One of the best ways to take in Budapest's thriving street art scene is by bike, with cycle lanes and paths snaking through several districts adorned with eye-popping murals. Local initiatives and street art competitions encourage burgeoning and established artists to make their mark on concrete canvases in the city with funny messages. While murals continually change and evolve in Budapest, two with staying power are on Rumbach Sebestyén utca – 6:3 (*right*), that depicts the celebrated football victory of the Aranycsapat (Golden Team) over England in 1953, and *Sissy*, featuring beloved Elisabeth, Empress of Austria and Queen of Hungary.

3

SHARING IS CARING

Budapest's low-cost MOL Bubi bike-sharing system offers straightforward bike-sharing for locals and visitors, accessed from their 162 docking stations across the city. Download the app, enter your details and cycle away on their distinctive, chunky pea-green bikes. molbubi.hu



4

IT HAS A RIVER ROUTE

Weaving alongside rivers and grand cities of Europe, the popular EuroVelo 6 (known as the 'River Route') runs for 4,450km from the Atlantic Coast to the Black Sea. Cutting right through Budapest, the route offers an unbroken and scenic ride on marked trails and several traffic-free paths. Explore vineyards, villages and castles on a largely flat topography – a trip made even more enjoyable by some well-managed cycle infrastructure.

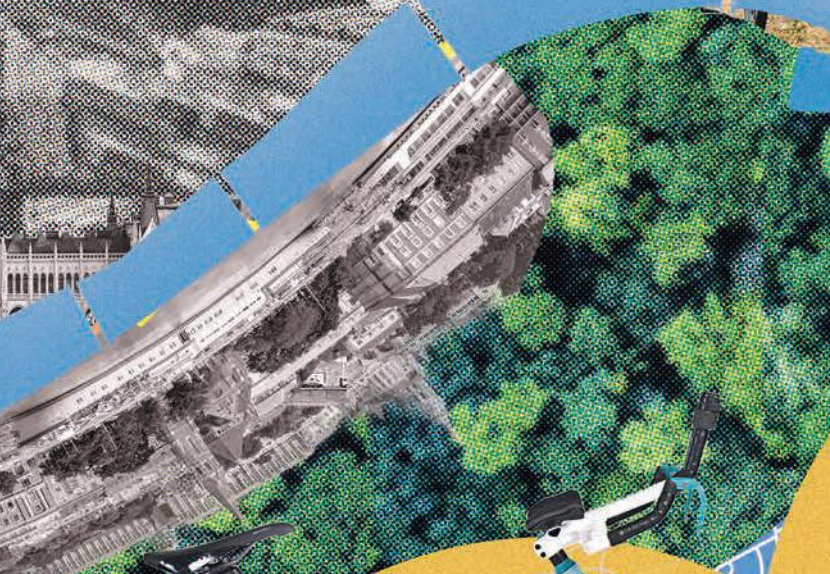
PHOTO: BARTHA/ISTOCK/ALAMY/ISTOCK AND



5

BEING GREEN IS IN THE BAG

Blind Chic. was born from a fusion of distinctive design and a passion for cycling when Hungarian fashion designer Julia Vesmäs and Slovenian graphic designer Neža Peterca met on a biking odyssey from Ljubljana to Budapest in 2011. They combined their creativity and expertise to create a sustainably-minded brand offering durable cycling bags. The original owners have moved on and the company is now essentially a small group of friends producing high-quality backpacks and wallets that cater to all cyclists. “Ten years ago, the focus was on convincing people that cycling in the city wasn’t just for grandmothers and punks, it’s for everyone,” says brand manager Dea Bilau. As the company evolved so did its ethos. “Besides functionality, durability and style, sustainability, transparency and 100% local production also became a top priority for us,” she says. blind-chic.com



6

LOOK THE PART WHILE CYCLING

Get kitted out in stylish gear at the family-owned K2 store with their considerable selection of upscale biking and outdoor wear. Browse base layers, body warmers, jackets and gloves plus a wide range of bikes and accessories. k2-bike.hu

7

THE ACTION IS OFF THE CHAIN

Founded in 2012 and based in Budapest, Stringbike has created a bike that’s a pioneering feat of Hungarian engineering offering a graceful, almost silent ride. These unique (and rather pricey) bikes operate via durable and replaceable strings and aim to be low maintenance, sustainable and most importantly, grease-free. Stringbikes rather fittingly operate out of a former industrial district in Budapest, the Csepel neighbourhood, while several of the bespoke bike parts are manufactured in Hungary. Curious cyclists can check out the bikes on a private tour by getting in touch with the company. stringbike.com



8

THE HILLS ARE ALIVE

As well as city biking, Budapest offers more challenging rides in the Buda Hills, a range of peaks on the Buda side of the city. Enjoy an uphill workout and impressive views when you traverse the forest trails, high above the capital. Confident mountain bikers can also head to János Hill, the highest point in Budapest (527m above sea level), and climb up the observation decks of the historic Erzsébet Lookout Tower for a remarkable panorama of the city. Mountain bikes can be rented for the route and private tours can also be booked with a specialist bike tour company like Budapest Bike Breeze. budapestbikebreeze.com

9

YOU CAN GET THE INSIDE LANE

Bikers new to Budapest can join an informative tour with a local guide who helps you navigate the winding bike paths cutting through the shabby-chic grandeur of the city. Top-rated biking company BudaBike Tours offers specialist bike trips around Budapest including a highlights tour, night tour and a Communist tour, that bring Hungary's capital to life thanks to some passionate insider knowledge. "It's a perfect city for bikes and for bikers. It's not a very symmetrical city, all the buildings have different styles so it's really like an adventure," says BudaBike guide László. "Our bike road system is pretty good. It's getting better and better each year, they are adding new bike lanes, so it's very safe."

László has been a guide for 10 years and delivers his biking tours with good humour and wry observations, pointing out city highlights as well as off-beat curiosities and history. Did you know that Hungary brought the escape room concept to Europe? Or that the boozy, six-parts wine Puskás spritzer cheekily commemorates that 6-3 football win over England in 1953? There are few better ways to discover Budapest and its charming quirks than on a bike. budabike.com



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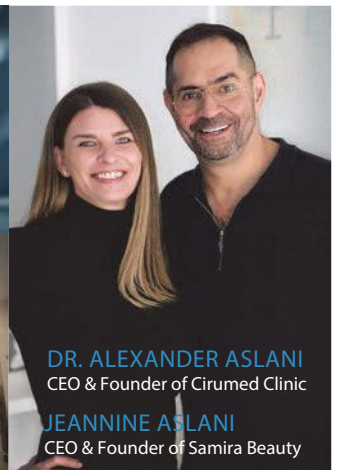
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10

ADVENTURE AWAITS

Dreamland Cycling is the first Hungarian company to provide all-inclusive electric mountain bike (e-MTB) adventure tours around Budapest and Lake Balaton, on organised day trips and bikecations. Their advanced tours take riders on a challenging route through a shady canopy of trees and craggy forest roads and include a thrilling downhill ride for confident bikers. Dreamland also has short tours in North Buda that introduce riders to the basics of electric biking while descending the gentle slopes on the green banks of the Danube. dreamlandcycling.com

11 IT'S ELECTRIC

Don't cab around the city – jump on a snazzy electric bike and power up Budapest's hills and over to Buda Castle. E-bikes can be rented for a reasonable price from iBikeBudapest, or you can take one of their e-bike tours. ibikebudapest.com

12 RIDES ARE FUELLED BY COFFEE

Opening as the city's first bike repair shop and café, Mesterbike & Coffee is a potent blend of a daily caffeine hit and biking expertise on tap in a cool, contemporary setting. Equally appealing to cyclists and coffee aficionados, the laid-back store is located away from the tourist trail in a residential part of District 9.

With a stripped-back design and a hip playlist, it's certainly a quieter place for a decent coffee away from the city crowds. Among the racks of bikes and designer cyclewear and accessories, including Hungarian-owned Blind Chic. (see number 5), cyclists can call in for speedy repairs and grab an expertly crafted flat white while they wait. "If you have small issues like a flat tire or something like that, or you just need some adjustment, we can fix it so you can get a coffee in 10 minutes and you can go," says owner András Szép. András first opened a bike store on the same street in 2011 with his wife Viktória, but they had to move the business to a larger premises that also had the capacity for a café as biking in Budapest developed rapidly.

Political support for bike culture has been critical for ventures like Mesterbike to evolve. Like many keen cyclists, András is optimistic that the approach will continue to keep pace with increasing public support for cycling in the city. mesterbike.hu

mester
bike
&
coffee
Est. 2011 Budapest

13

THERE'S AN ISLAND ESCAPE

Leave city life behind you and cycle to verdant Margaret Island, a 2.5 km-long recreational island located in the middle of the Danube River that's best explored on two wheels. Meander through flower-filled meadows, romantic ruins and peaceful promenades, keeping an eye out for the dancing Musical Fountain that's loved by locals.

Have a restful stop at hipster haunt Stég Pub and feast on traditional Hungarian lángos, a delectable deep-fried crispy dough flatbread loaded with sour cream, garlic butter and cheese. stegpub.hu

14

BOATING, BEER AND BURGERS AT THE BEACH

Beach life is just a bike ride away from the centre of Budapest at Római Part, a 10km-long riverside spot right on the Danube. Boating, beer and burgers await you at this mellow river retreat that's lined with bohemian bars, live music venues and tasty street food offerings. Order fried fish, or hot and crispy lángos, settle into a pastel deckchair and watch canoeists glide by in a spot where no-one rushes.

Riders can pedal from the centre of the city to Római Part, following the Danube, or jump in the HÉV electric train from Batthyány tér to Rómaiüdü. This service also allows a limited number of bicycles aboard if you want to give your bike a day out at the beach as well.

15

CAKES WILL GET YOU TO THE FINISH LINE

Try moreish homemade cakes and freshly brewed coffee at Dynamo Bake, a small café that rents high-quality city and mountain bikes and useful cycle accessories. dynamobake.com

✈ Wizz Air flies to Budapest

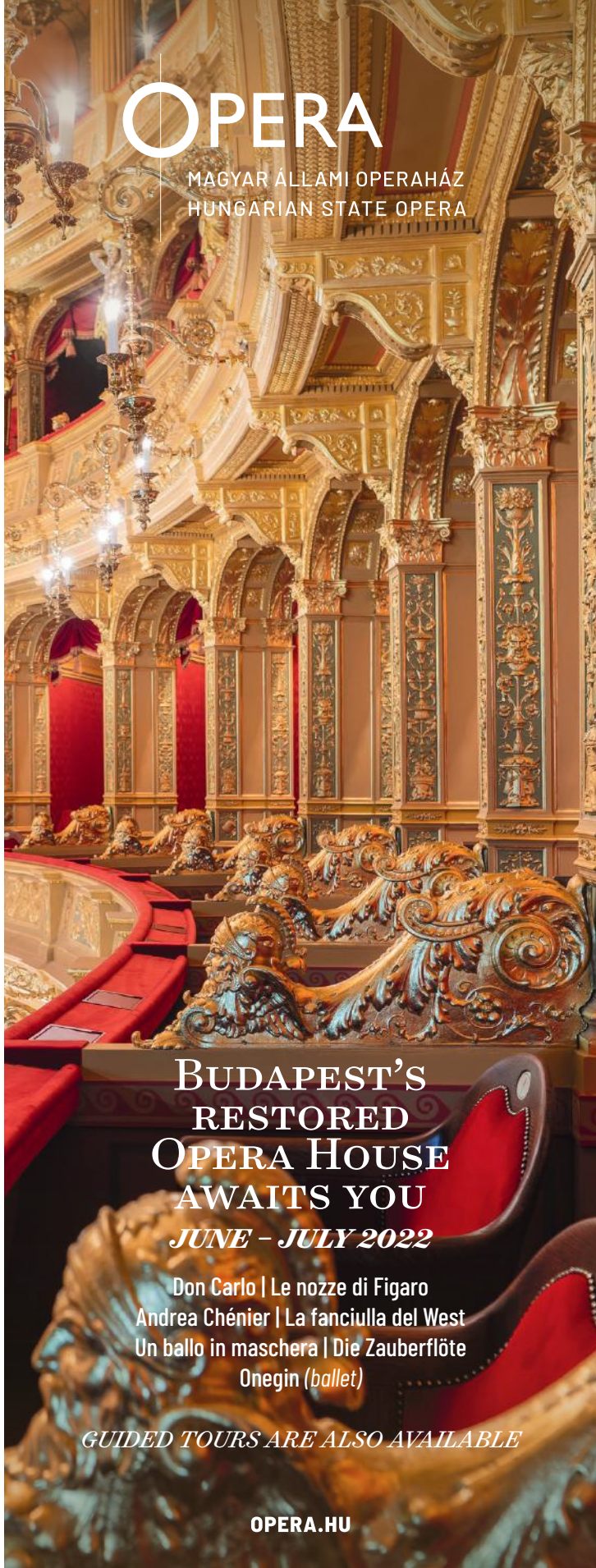


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Un ballo in maschera | Die Zauberflöte
Onegin (ballet)


GUIDED TOURS ARE ALSO AVAILABLE


OPERA.HU



“We look after nature



 Words by Maresa Manara

 Photography by Jake Rowles

We meet the forward-thinking culinary champions who have turned Cardiff into the UK's most exciting sustainable foodie destination



and it looks after us”

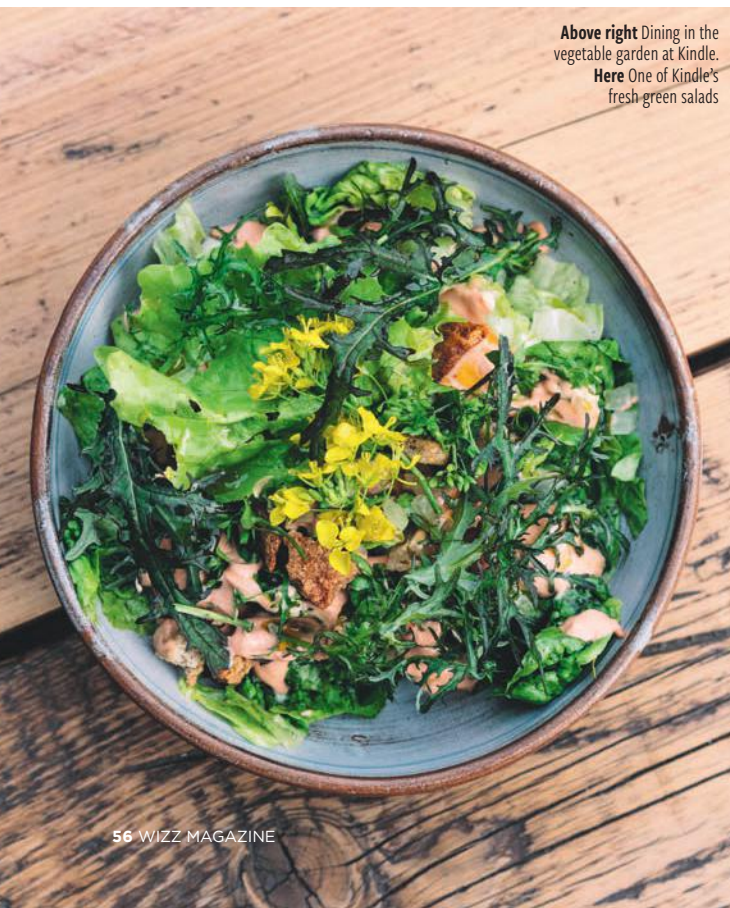
“Historically, Cardiff wasn’t a draw for foodies because there were just a few key places to eat,” says Phill Lewis, the man behind Kindle, a new, sustainability-focused restaurant serving natural wines and food cooked over fire. “But now you’ve got exciting places opening throughout the city. There’s a lot of innovation and creativity, and the food scene is now very cool and moving quite quickly.”

Phill certainly knows what he’s talking about. Cardiff is perhaps better known for its coal port and reputation as a party city. But in the last few years, the Welsh capital has transformed itself into one of the UK’s most sustainable cities and one of its most exciting culinary destinations. Case in point? In 2021, Cardiff won a silver Sustainable Food Places award, beating Glasgow and Oxfordshire with its ambitious plans to put good grub at the heart of local economic development. We’re talking everything from outdoor food markets selling local, organic produce and street food stalls, to a city-wide app that lets diners order from more than 18 (mostly) independent restaurants.

It’s clear this is a city that wants to feed people well. And Phill is one of the people leading the charge. With his wife Deb, he also runs Dusty’s Pizza, a collection of casual wood-fired pizzerias across Cardiff, as well as Nook, a wine and small-plate bar.



Above right Dining in the vegetable garden at Kindle.
Here One of Kindle’s fresh green salads



Last September, they opened Kindle, where an eco-ethos is ingrained in every element of the business – from the building’s design to the seasonal menu, and even how they recruit staff. Tucked away in an old warden’s cottage on the edge of Sophia Gardens, Kindle has an almost fairy-tale feel, helped by its twinkling solar lights and kitchen garden teeming with chard, herbs and wildflowers.

“We were approached about renting the space for another Dusty’s but we really wanted to push boundaries rather than regurgitate the same thing,” says Phill. “Yes, that would have been a safer option. But we wouldn’t make progress, which is what we’re all about.”

The pair are so committed to sustainability that they have created Kindle’s very own environmental policy, which outlines their aims and responsibilities in terms of waste, food sourcing, transport and culture. Phill is adamant they want to be held accountable for everything, and improve as they go. “The whole philosophy at Kindle is to create something that attempts to give back more than it takes – in the community, the environment and employment,” he says. “It’s easy to shout about sustainability but there’s got to be an honesty and transparency about



“There’s a lot of innovation and creativity, and the food scene is now very cool”

PHILL LEWIS, KINDLE



what we're doing. We want to be as sustainable and low impact as we possibly can be. Our approach is, 'let's try and explore different ways we can do that'. We're adapting and learning as we go."

This commitment is more than just lip service. For example, the restaurant's interior reuses all the materials from the original building. Not only does this mean they didn't waste anything when outfitting it, but they also gave the building an end-of-life plan - meaning it can be entirely disassembled and reinstalled if needed.

And when it comes to dining, Kindle works solely with local suppliers. Food waste is a big no-no - their talented team of chefs are able to turn unwanted carrot peel into garnishes and transform leftover apples into cordials. The team weighs all food waste weekly and constantly look at ways to lower it. There's a no-napkin policy, too, to save on the energy used while laundering napkins.

"We want people to find a unique, special place at Kindle," says Phill. "It's early days, so we're building our reputation, but every week we're getting more positive feedback. People come for the food and with the comfort that they're eating ethically."

Sustainability extends to employment here, too. Phill works with a local housing association to ring-fence jobs for unemployed people, and other nearby spots are also doing their bit. At local refugee centre Oasis Cardiff they have trained more than 30 asylum seekers to work in hospitality and catering. And across town, in Cardiff's university quarter, plant-based café Wild Thing operates on a similarly socially conscious model. Running out of Cathays Community Centre,



Left Outside at Wild Thing.
Here Leeks and butter beans served on toasted sourdough.
Below Wild Thing's mission is to give back to the local community



Wild Thing has a small, seasonal vegan menu with no set prices - meaning people pay what they can afford. It's a something owner Lauren Saunders put in place, inspired by her background working in social care. "When I opened Wild Thing, I wanted to incorporate my values of doing social good and my background tackling poverty," she says.

Aiming to fight back against food waste and food accessibility, Wild Thing runs community meal nights to help get people work-ready, and any leftovers from the restaurant go into the community fridge at the back of the courtyard.



“I wanted to incorporate my values of doing social good and my background tackling poverty”

On the sunny Tuesday afternoon we visit, they're doing a roaring trade, with students, freelancers and artists chatting over butter beans and leeks on sourdough toast, washed down with oat milk matcha smoothies. As you'd expect, all the produce is locally sourced, from the sourdough baked on site to the micro greens grown just down the road.

For Lauren, who moved back to Wales after years living in London, this is one of the most exciting times to be in Cardiff.

“There's a really good vibe in the city right now,” she says. “New businesses are starting up with the aim of being sustainable, while also offering really

LAUREN SAUNDERS, WILD THING

Call of the wild

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Take a spin on the Green Dragon, the world's only people-powered rollercoaster, as well as enjoying live shows, animal encounters and gorgeous scenery.

greenwoodfamilypark.co.uk

Principality Stadium

Catch a Wales rugby game or concert at this iconic venue – the UK's first certified sustainable event stadium thanks to its water-saving technology and use of renewable energy.

principalitystadium.wales

Adventure Parc Snowdonia

Home to the world's first-ever surf lagoon – artificial waves roll in every 90 seconds – Adventure Parc has outdoor activities, including ziplines and climbing walls, to go with its focus on sustainability.

adventureparcsnowdonia.com

Coasteering Wales

Jump off cliffs, wallow in rock pools and learn about the natural environment in Anglesey with Coasteering Wales.

coasteering-wales.co.uk

Down to Earth Project

This Gower-based centre combines outdoor activities with social enterprise – helping vulnerable young people find themselves through adventure and wellbeing.

downtoearthproject.org.uk



Ferencvárosi Torna Club

or as mostly known, Fradi, has been the most significant and successful multisport club of Hungary, not just since its founding in 1899 but also in the last four years. The football team has managed to win four consecutive Hungarian league titles and was also crowned as the winner of the Hungarian Cup in 2022. Ferencvárosi TC has become a prominent contestant of European football too, participating in the Champions League group stage in the 2020/21 season and in the Europa League group stage in the 2019/20 and 2021/22 seasons.

Not just the 11 players on the pitch that are worth to watch but it is also an unforgettable experience to be the 12th player, part of the fans. Fradi has the biggest supporter base in Hungary who makes one of the most spectacular show and atmosphere in Europe. Join the famous Fradi fan base on the stand behind the goal or enjoy the extraordinary vibe of the Groupama Arena from the MVM Gold VIP sector which features international cuisine and wine tastings of the latest trends with a combination of premium service and a memorable experience.



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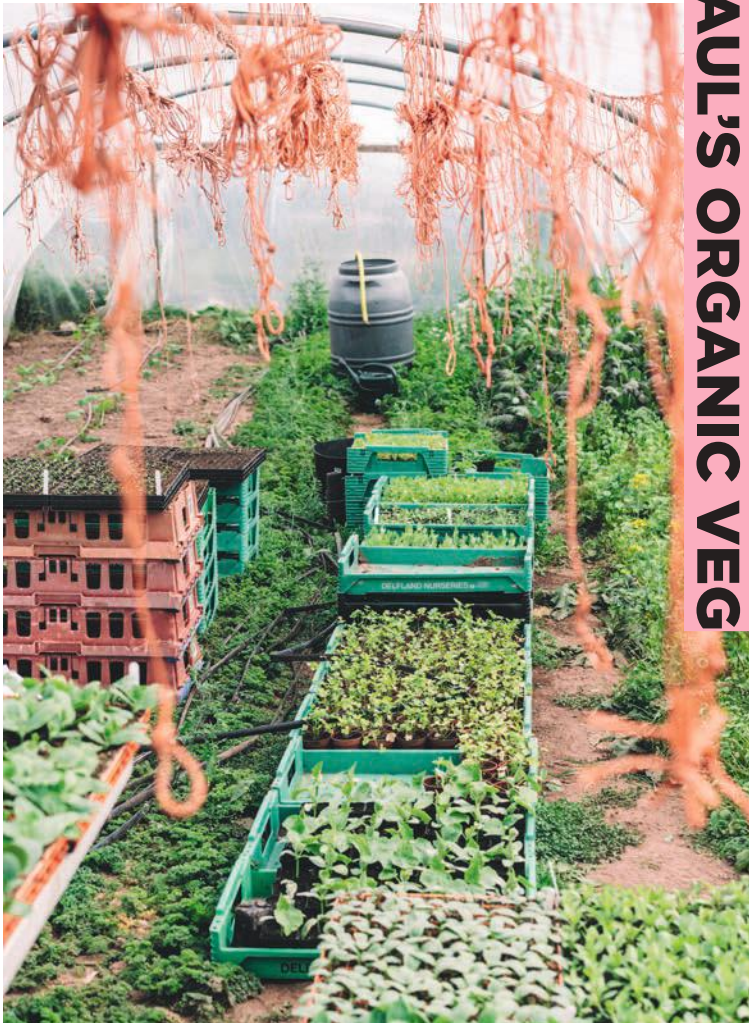




PAWEŁ WISNIEWSKI, PAUL'S ORGANIC VEG



“If I cut everything down - no weeds, no flowers - nature wouldn't be able to help me”



high-quality food. And people are really wanting to support these independent businesses.”

A large part of Kindle and Wild Thing's success comes from their ingredients – planted, nurtured and plucked from nearby lush fields and valleys. Kindle supplier Paweł Wisniewski runs fruit and vegetable farm Paul's Organic Veg in the market town of Abergavenny, and says the secret to good produce is letting nature take its course.

“We let things grow and get messy, with lots of fruit flowers and bees and bugs,” he says. “It's all about the balance. If I cut everything down - no weeds, no flowers - nature wouldn't be able to help me. We use no machinery here and plant everything by hand. We look after nature, and it looks after us.”

Walking among rows of apples, strawberries and gooseberries, Paweł begins to plan what will go in the vegetable boxes that he sells at Cardiff's weekend farmers' market. Growers' markets are gaining popularity in the city, with Food Cardiff reporting that in the 12 months before the pandemic, more than 64% of people surveyed had purchased food from a farmers' market.

“Restaurants in Cardiff are finally becoming seasonal, and people around here like what we do because it's fresh and organic. We work hard, but we like that because business is very good right now,” says Paweł.

THE GREEN EDITION



Left Lee Skeet frying scallops at Cora.
Here Lee's constantly changing menus are a work of art

For chef Lee Skeet, using the best ingredients with zero waste has made his 12-seater restaurant Cora one of the hottest tickets in town. In a tiny kitchen above Cafe Milkwood in Cardiff's smart Pontcanna neighbourhood, he creates a six-course surprise menu for a dozen diners every night.

"The way we're set up is literally zero waste," he says. "We know the maximum will always be just 12 people so there's literally never a single wasted item."

All the meat on his menu comes from Wales – of course. Dishes include his perfectly pink Abergavenny rack of lamb with wild garlic pesto, or the ever-popular lamb loin, asparagus, oyster and seaweed. His philosophy means sourcing the best ingredients from the best corners of the country, and it's clearly working: Cora has been fully booked since opening this January.

Back at Kindie, Phill's getting the kitchen ready for tomorrow's service and excitedly planning his menu for the upcoming week. "Over the past two or three years things have really ramped up here," he says. "There's great ambition and people doing really different things. Truthfully, a few years back I would have been getting on a train to Bristol every weekend to eat. Now, I don't have to."

✈ Wizz Air flies to Cardiff





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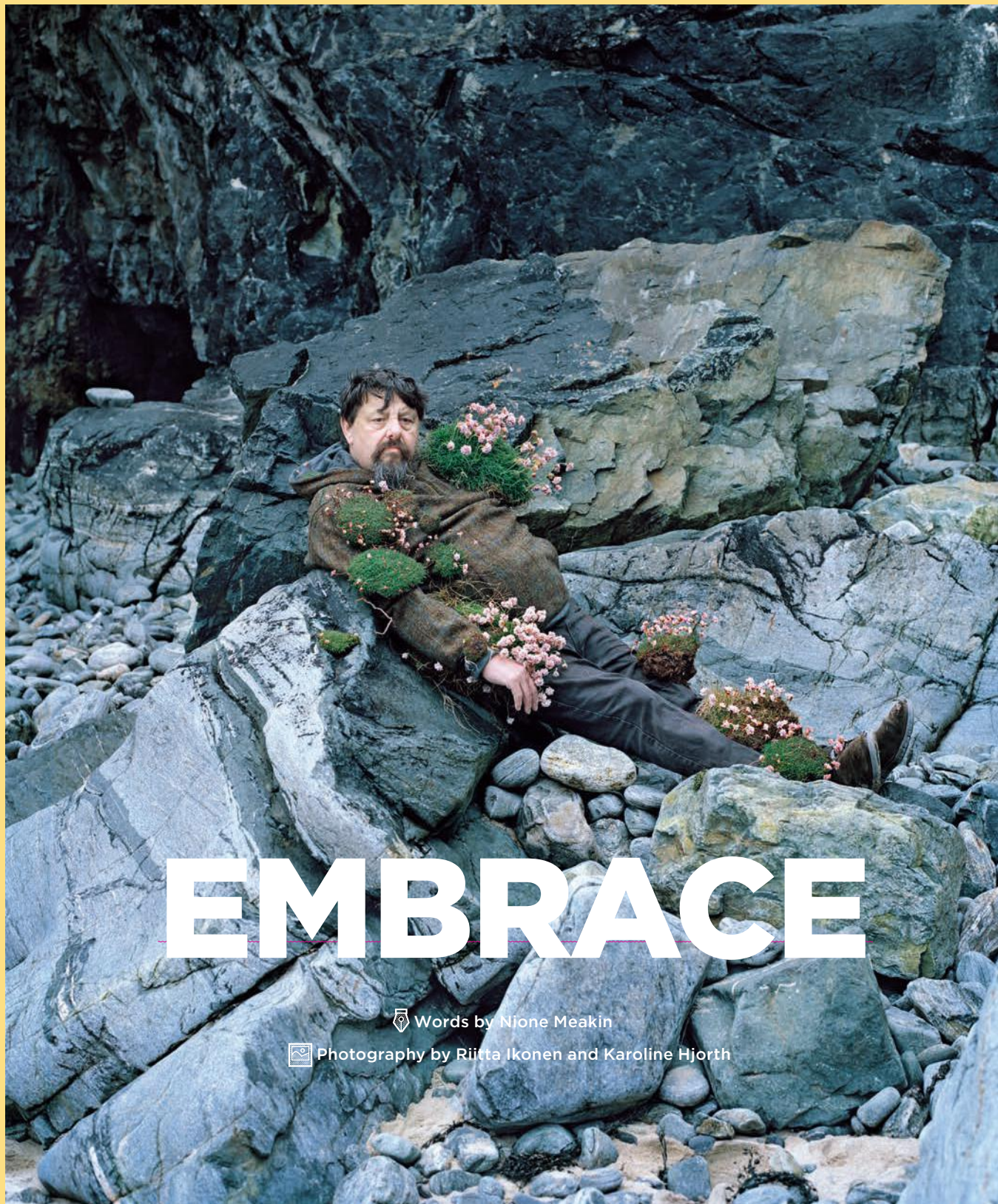
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NATURE'S

Artists Riitta Ikonen and Karoline Hjorth chat to us about their art project exploring humanity's modern-day connection with nature by immersing people in their local environment



EMBRACE

Words by Nione Meakin

Photography by Riitta Ikonen and Karoline Hjorth

There are hundreds of ways to connect with nature, from wild swimming to kitesurfing. But the subjects of artists Riitta Ikonen and Karoline Hjorth's photographs go one step further. They are not merely connected with nature but completely immersed in it – a face emerging from a tangle of seaweed; a body half-frozen in ice; a mossy figure that appears more tree than human. It's sometimes hard to spot that there is even a person hidden within the majestic landscapes. "Maybe," says Karoline, a softly-spoken Norwegian, "humans are not the protagonists."

The Scandinavian duo have spent more than a decade exploring humanity's relationship with the natural world as part of their globe-trotting art project *Eyes as Big as Plates*. The astounding series is produced in collaboration with older people across the world, who are transformed through sculptures fashioned out of natural materials such as leaves, branches, moss – even clay – into something timeless and elemental. The second volume of images, which has just been published, introduces the viewer to a new collection of photogenic strangers encountered by the two artists in locations as far reaching as the Outer Hebrides, South Korea, Senegal, Norway and Iceland. There are farmers, fishermen, reindeer herders, village chiefs, housewives and surfers, each separate to, yet entirely a product of, their environments.

The project began as an idea to make portraits of older people inspired by Nordic folklore – the title is a reference to a Norwegian story about a dog, or troll, that lives beneath a bridge. But it quickly became obvious that the old folk were not on board with this plan. "We were very quickly put in our place!" says Riitta, who comes from Finland but now lives in New York's Rockaway Beach. "The older people we met were too busy going to Zumba or to a political meeting. They didn't have time for fairy tales." Instead the pair began asking people about their relationship with their surroundings. "That's when it started to get juicy," she grins. By asking more open-ended questions, they found that people would really open up about their lives – the places they had grown up,

Previous spread, left to right

Karin was photographed while on a trip to Moss, Norway. She has always enjoyed being on her own in nature. "I never feel lonely as I'm always with myself," she says. "Hunting for sunrises and sunsets with my camera gives me so much joy, I don't need anything else."

Ron, from Dundee in Scotland, is a mental health advocate and author of *We All Flew Over the Cuckoo's Nest* – a collection of funny stories from his time in a psychiatric ward. His favourite thing to do is look out of the skylight in his bedroom at the vastness of the Atlantic Ocean.



Brit has lived in the Norwegian city of Trondheim for most of her life – a city shaped through ice, rain and the electrical charge of clay molecules. She has played with marine clay for as long as she can remember – and now, as an artist, it's her material of choice. Talking about her photo shoot, she says: “The clay was confident today, of who was shaping who. It was very much an inward journey, a meditation on my relationship with this material throughout my life. It was finally my turn to get ‘attacked’ and handled and shaped by my own material.”



Fiona works for the Western Isles Council and studied this exact stretch of beach as part of her studies for Sustainable Rural Development at the University of the Highlands and Islands in Scotland. "I've always felt an affinity with the sea, so when I heard of the project I jumped at the chance to be part of it," she says. Fiona spent a long time in the fragrant mounds of seaweed at Arnol Beach on the Isle of Lewis.

memories of summer holidays, important rituals, sacred places. From indoor gardening societies to dumpling parties, old people's homes to swimming pools, the pair uncovered scores of stories, which they document in the 'field notes' that accompany each photograph. It's hard to believe they managed to uncover such a variety of figures entirely by chance, but Karoline insists they did. "It's handy that we both enjoy approaching strangers. We would maybe go to a shopping centre or where people were having lunch and always somebody interesting would walk by."

Even more surprising is that almost everyone they approached was enthusiastic about taking part in the project. "In 11 years we've only had one or two people turn us down," says Riitta. "I think people know instantly if it is something they would be interested in. Because if you have doubts about it in the beginning you will 100% regret it when we are covering you in ice!" Or mud, bracken or moss, for that matter.

There are no half-measures in an *Eyes as Big as Plates* shoot. Luckily their collaborators - who are as much a part of creating the images as the artists - are a game bunch, more than willing to be draped in seaweed or stand on a footstool in the middle of a lake, sometimes for hours at a time. Perhaps it helps that the process of making the images is very much a group effort, involving input from all parties. Often everyone will help to choose the location and to collect the materials for the sculpture, informed by the collaborator's background and experiences.

When they first met Brit and discovered she was a ceramicist and came from Trondheim, Norway, it seemed obvious she should be pictured in the material that had shaped her life and career. She appears embedded within a pile of the blue clay that lies beneath her hometown, her grey hair and black waders echoing the texture of the silt. Retiree Jean, a year-round walker and volunteer gardener from Yorkshire, in the UK, is so buried beneath the bracken of Ilkley Moor that she is barely visible - a woman truly at one with nature - while in Scotland's Outer Hebrides, Ursula and her bright yellow plume of native machair flowers both stand steadfast against the wild wind.

"Often our collaborators have never looked at their surroundings as closely as they do during the shoot," says Riitta. "They will spend two,



Eli's photograph was taken on one of her favourite spots near Trollheimen in Norway - in the winter she skis here; in the summer she searches the same space for Alpine flowers. "It was very special to get to be so close to the beautiful and vulnerable mountain flora and, since I was lying on my stomach on the ground, I also got to smell and feel the earth in a way I've never done before," she says.

maybe three hours, sitting, or lying or standing in the landscape while we shoot. It's unusual just to be like that, to be outside but not to be doing anything. It forces you to be still and become a part of where you are."

The lack of buildings or objects makes it difficult to place the images in a time or place. There are clues, the artists say - certain plants that only grow in a specific location, for instance. But they are interested in ambiguity. Sometimes it's not obvious if the figure in the photographs is male or female, or even there at all. "This blurring - of humans and nature, of the borders between countries - is really interesting to us," says Riitta. "Are we part of nature or is nature part of us? We asked a gentleman in a parking lot in Japan where he liked to go to be a part of nature and he looked at us like, what do you mean? We're in nature right now. It's not this separate place."

Eyes as Big as Plates 2 (€60, arnoldsche) is out now. eyesasbigasplates.com



Immerse yourself in Ensana Health

Take a moment to pause and care for your body at Ensana Health Spa Hotels

As far back as Roman times, the beneficial effects of the treasures hidden beneath the surface of Europe were discovered: healing thermal waters. This was the start of the first “Golden Age” of bathing culture in the Carpathian Basin. And the popularity of this magical liquid has remained consistently high ever since. There is a general consensus these days that we should all regularly stop to recharge our physical and mental batteries, and focus more on preserving our health and preventing illness. And the most pleasant and rewarding way to look after yourself is to take up the opportunities offered by health and wellness travel.

Ensana is meeting this demand as Europe’s largest health spa brand with 27 spa hotels located in five

countries in spa towns of exceptional beauty, rich in historical and cultural attractions. These spa hotels combine the benefits of locally available natural resources – thermal waters, mineral salts and various types of mud – with expert medical knowledge, in order to offer treatments that help guests stay healthy and feel better. The spa hotels use these exceptional natural resources in new and innovative ways. It is this know-how that makes Ensana unique and has made the hotels part of a well-known brand that people can trust with their most precious attribute: their health.

Of the various spa resorts where the hotels are located, two in particular stand out for their historical pedigree. Buxton in England is where Mary Queen of Scots was treated for rheumatism,

and Mariánské Lázně, the Czech pearl of European spa towns, has hosted famous guests such as Chopin, Goethe and King Edward VII over its 200-year history. Hévíz in Hungary is also deservedly high up in the rankings of Europe’s most popular spa destinations, as it is home to the world’s largest natural, biologically-active hot spring lake, where the waters relieve musculoskeletal pain and help eliminate metabolic disorders.

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Welcome to the Museum of Ethnography in Budapest

The stunning, newly opened Museum of Ethnography is a cultural wonder

This May, the most significant ethnographic museum in Central Europe received its very own building at the gates of Budapest's City Park. The design is spectacular, with walk-in roof garden that rises to the height of the surrounding trees, offering stunning views of the city. The most distinctive element of the building is the special glass curtain on which a raster-structured mesh grid of almost half a million pixels, based on ethnographic motifs selected from the museum's Hungarian and international collections, is strung.

There are temporary and permanent exhibitions reflecting Hungarian and global culture that present these treasures from an exciting point of view. For example, the interactive 'ZOOM' space stretches over 5,000m sq and

showcases objects playfully, in a distinct, visual style.

The Ceramics Space, which features more than 4,000 works of art along the main staircase, can be visited free of charge during opening hours. The 40m x 40m-long space is divided into two "hemispheres", depicting the functioning of the human brain. The left hemisphere interprets and organises: it groups the pottery of the world according to continents, pottery centres and shapes. The right tries to explore ceramic worlds more sensitively and organises them into a loose chain of association.

The museum's first temporary exhibition is called *We Have Arrived*. The exhibition talks about the results of museum work over the past 150 years, showcasing both the very first collections from the mid-19th century



to the museum's latest acquisitions. Expect to be wowed by culturally significant African objects, a Hungarian party, a crown of feathers from the Amazon region, a Japanese samurai sword, an Icelandic chair, a richly embroidered cipher, a fish leather dress from the Amur region and skateboarding shoes.

neprajz.hu

People, places and things we love this season

in the know



The Eats
Where to have
a good meal

p74

The Stays
Where to rest
your head

p76

THE EATS

Where to go for a green meal across the WIZZ network



The first thing you notice when walking into Amass is the wall art – a mural of huge flowers that extends from ceiling to floor and brightens up the waterside warehouse that houses one of Copenhagen’s best restaurants. It’s a hint of what you can expect on your plate at an eatery where being green and appreciating nature are key ingredients.

With Noma alumni Matt Orlando putting together a menu that’s as sustainable as possible – ingredients are all sourced from local farms, forests, rivers and the restaurant’s own garden and greenhouse – every bite at Amass is a taste of Denmark. Come for lunch and you can snack on a

procession of small but beautifully-formed dishes like lemongrass confit pollock and ramson, chilli vinegar hollandaise and black parsnip ice cream. Drop by in the evening (and we suggest you book nice and early) and the dinner tasting menu kicks things up a notch with cured duck breast, eight-year-aged lambic vinegar fish bone noodles and fig leaf custard.

And you’ll be able to eat without a knot in your stomach worrying about the environment. With Amass using every bit of their fresh produce – making miso from lemon skins and nori from kale stems – it’s been able to reduce its waste by 75%. Seriously good food indeed! amassrestaurant.com



Silo

London

Promising to provide ‘quality through purity’, this zero-waste eatery trades directly with local farmers to reduce delivery miles or brings food production in-house – churning its own butter and making bread using its own flour mill. From the nose-to-tail approach to meat to the recycled furniture, Silo goes all in when it comes to sustainability.

silolondon.com



Lehka Hlava

Prague

The vegetarian and vegan dishes at this Prague favourite close to the Charles Bridge are exceptional, but we’re betting it’s the décor you’ll be talking about on the way home. Each room reflects different aspects on nature, including a saloon filled with flowers, a space with a fish tank and a dining area where the ceiling is covered in a night-sky mural. lehkahlava.cz



Good Bank

Berlin

At the world's first vertical-farm-to-table restaurant chain you know exactly where your salad comes from – just take a peek behind the counter where the greenery is grown under LED lights in huge glass cases.

Staff at the supremely eco-friendly Good Bank eateries – there are two in Berlin – are happy

to talk you through the unique indoor cultivation process before harvesting some leaves and working them into a salad of your choice. Choose between the rice and quinoa, noodle or traditional salad options and top it off with the seriously tasty in-house dressing.

And if having rabbit food seems like a recipe for hunger pains later in the day, don't fret – the bowls at Good Bank are literally

filled to the brim with goodness, whether it's pulled chicken, slices of beef or half an avocado mixed in with cherry tomatoes, olives or croutons. If you don't see a combo you like you can head for the bowl bar and put together your own salad using the DIY menu that has almost 60 ingredients – all locally sourced. Think eating healthily isn't fun or filling? Good Bank has a compelling counter argument. good-bank.de

THE STAYS

The most sustainable places to rest your head across the WIZZ network



The Lumières Hotel & Spa Lisbon

A cocoon of calm in the heart of Lisbon's raucous Bairro Alto district, The Lumières mirrors the colours and creativity of Portugal. Forget dashing off to the nearest gallery, all you need to do to see the best local artwork and craftsmanship is wander around the former 18th-century palace the hotel calls home.

Three enormous paintings by Margarida Fleming look down onto the main staircase, which is lit by a cubic brass lighting installation courtesy of Beau McClellan, while the living room has a gorgeous hand-woven

tapestry by Ferreira de Sá. And it's not just the communal spaces that pay homage to homegrown artisans. Rooms are crammed with goodies sourced locally, including wine, craft beer, hand creams, hand-bound notebooks and bespoke maps of Lisbon.

The determination to celebrate the best of Portugal extends to the top of the hotel. At the Lumi rooftop restaurant you can tuck into petiscos (Portuguese tapas) like roasted octopus and pica-pau beef strips while looking out over the city that continues to inspire The Lumières.

To book any of these hotels, visit [wizzair.com](https://www.wizzair.com) and find your best deal with our trusted partner

[Booking.com](https://www.booking.com)

Riad Tizwa

Marrakesh

If you're looking for a home from home in the red city, look no further than this gorgeous riad with its flower-filled courtyard, comfortable generous rooms and warm, friendly service. Owned by British brothers Daniel and Richard Bee (fun fact: the word Tizwa means 'buzz' in Arabic) they have modernised each of the six rooms with rainforest showers, deep soak baths, iPod docks and plenty of plug sockets while restoring the house's traditional zellij tiling and authentic spirit.

The bathroom products are locally sourced with 100% natural ingredients from the surrounding Atlas Mountains, all displayed in refillable bottles. And even better,

the riad was one of the first hotels in Morocco to receive the Green Key eco-label, awarded for excellence in sustainability.

If you're a first-timer in Marrakesh, manager Hassan will look after you to a tee. Ask him for anything from restaurant recommendations and city maps to where to find the best local massage.

The riad is located steps from the Dar el Bacha palace and around 10 minutes' walk to the Djemaa el-Fna. Enjoy breakfast each morning on the rooftop terrace: a spread of semi-leavened bread, pancakes (omelettes if you prefer) and homemade yoghurt and muesli. Just dreamy.



Magdas Hotel

Vienna

Austria's first social enterprise hotel, this boutique four-star will give you warm feelings in all the right ways. A cosy atmosphere and stylish furnishings, it's run by people with a refugee background, and has an apprenticeship for 12 refugees. The Magda's restaurant is a huge hit, with the daily vegetarian lunch special (at just €7.80) getting rave reviews from locals.



Ekies

Greece

If you're wondering what exactly an eco spa is, a trip to hotel Ekies in Halkidiki (an hour from Thessaloniki) will soon set the record straight. The hotel uses herbs and fruits from its very own garden to create oils and potions for its treatments. You'll notice those fresh ingredients over at the bubo restaurant, too, along with a host of locally-sourced ingredients to create a five-star dining experience.



Money makes the world go round

Money isn't everything, but we can all agree it's pretty important. Delve into its facts, history and future at The Money Museum

Without money, we wouldn't have modern cars. We couldn't build skyscrapers, roads or bridges. Smart phones wouldn't be a thing, and traditional telecommunications wouldn't even exist - and of course the internet or television would both be distant dreams since electricity networks wouldn't be around to power them.

Money is the bloodstream of the world as we know it, and as the world changes, money does too.

The Money Museum introduces you to the universe of currency, showing how it evolved into the main moving force of the economy and a basic necessity in everyday human activities. The Museum has a host of entertaining exhibitions with interactive digital touchpoints which help you discover and understand the world of money, while acquiring precious knowledge that will be beneficial to your personal finances.

The Money Museum can be found in the heart of Budapest, at the corner of Széll Kálmán Square, in the renovated building of MNB (the Central Bank of Hungary) Supervisory Center and Money Museum, where, in parallel with the renewal of the building's façade, inside you'll find one of the most innovative exhibitions in Europe.

During your visit, you can feel the physical weight of a gold brick, simulate stock trading, plan and print your very own banknote with a picture of yourself, and last but not least, research the future of money in our digital lab with our helpful robots. By visiting the Money Museum you'll uncover the main functions of money, while enjoying extraordinary information that helps you understand why money is the greatest finding of humanity since the discovery of fire.

penzmuzeum.hu





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This is a real, 12 kg gold bar displayed at the Money Museum. Visitors can hold it in their hands via a secure container.



Slovakia

Mountain magic

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PHOTOS: MAREK HAJKOVSKY, MARTIN MALICKY



Budapest

Essência Restaurant by Tiago & Éva



Fabulous flavours with a dash of nostalgia, dinner at Essência is truly unforgettable

This Michelin-starred restaurant in the heart of Budapest features a fusion of Portuguese and Hungarian cuisine with childhood memories and modern, top-quality gastronomy. This is an outstanding venue with a sophisticatedly elegant style, and always warm, welcoming owners.

"A unique composition of Portuguese and Hungarian cultures and flavours, inspired by our traditions, our childhood memories and our everyday life," say Tiago and Éva. "We call this experience Essência."

essenciarestaurant.hu
info@essenciarestaurant.hu
 + 36 70 600 0315
 Capacity: 63 diners



Slovenia



Going underground - cave wonders in Slovenia

Discover two of the world's greatest treasures in Postojna Cave Park

When in Slovenia do not miss two wonders at the same place: the world's most attractive cave and its largest cave castle! Take a ride on a one-of-a-kind underground train through **Postojna Cave** and meet the famous baby dragons. Stretching for 24km, this magical place boasts towering mountains, murmuring rivers and vast subterranean halls. The Murano-glass chandeliers

hanging from the ceiling make for a fairy-tale atmosphere.

Predjama Castle and its dazzling backdrop is just as impressive. The impregnable medieval marvel has been perched in the middle of a cliff for more than 800 years and is listed in the book of the Guinness World Records. It tells a picturesque story about the times when comfort had to give way to safety.

Open 365 days in all weathers.



postojnska-jama.eu

Italy



Thrills and spills at Etnaland

Visit one of the world's best theme parks in Sicily

Award-winning Etnaland, known as one of the world's best theme parks (the *Los Angeles Times* ranked it 15th out of the 20 most beautiful amusement parks in the world), can be found in Sicily, at the foot of one of the highlights of UNESCO's World Heritage List: the majestic volcano Etna. Easily accessible from Catania, this summer the park has even more exciting experiences to its guests.

A trip to Etnaland is a journey to



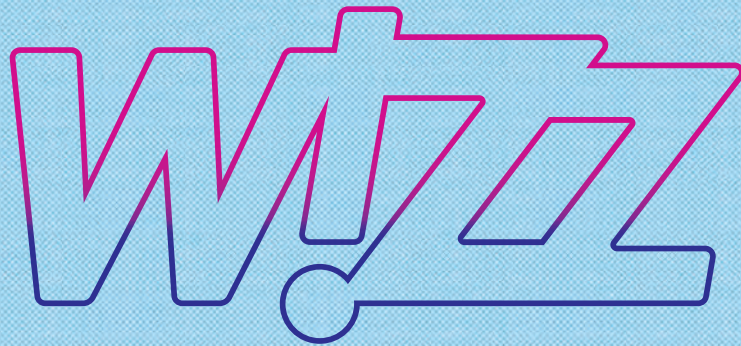
an island of fun, filled with leisure opportunities from playful rides for all ages in the Themepark to slides and watery attractions in the Aquapark. Keen leaners will love didactic experiences in its Prehistoric Park and a magical world of flora and fauna in its special botanical trail, as well as a host of edutainment shows and practical hands-on laboratories.

Etnaland offers the greatest amusement in South Italy for guests

of any age.

Sail among all its wonders and enjoy your journey!

etnaland.eu | +390957913333



The WIZZ pages

- 84** News
- 86** People
- 88** Sustainability
- 90** Products and services
- 93** Fleet
- 94** Health and safety
- 97** Security
- 99** Café and Boutique

50 countries

180+ destinations

970+ routes

153 aircraft



• Lanzarote
 • Fuerteventura
 • Gran Canaria
 • Tenerife





news

Want to know where we're flying next, how to get the most out of your journey and what's new in the dynamic world of WIZZ? Then read on...



Run in Cardiff

A small country, Wales has always punched well above its weight in terms of natural beauty, wild adventures, and seriously friendly folk. Which is why we can't think of anywhere better than its cosmopolitan capital, Cardiff, for Wizz Air UK to open its fourth base. As of this spring, WIZZ now operates ultra-low-fare flights from Cardiff Airport to nine sunny destinations, including Faro, Heraklion and Lanzarote. Our first venture into Wales, this new base represents significant investment in

the local area, including the creation of 40 jobs at WIZZ and more than 250 jobs in the tourism industry.

And to show our commitment to Cardiff goes beyond the airport, we're proud to announce that Wizz Air is the new title sponsor of the Cardiff Half Marathon. The first Wizz Air Cardiff Half Marathon will be held on 2 October this year, building on successful Wizz Air partnerships with running events in European cities including Budapest, Skopje, Sofia, Cluj-Napoca and Bucharest.

Greece is the word

Craving a holiday with secret beaches, crystal-clear water, food bursting with flavour and outdoor adventures? An escape to the Greek islands is just the ticket. And, luckily, this summer we have lots of new routes to tempt you further. Starting in June, Wizz Air will fly to the sun-kissed island of Skiathos from Rome, Bari and Naples. Tickets are now on sale and available to book on the WIZZ app or at wizzair.com.



Wizz
by
numbers



153
aircraft



180+
destinations
in 50 countries



39
bases in
16 countries



970+
routes



5,700+
staff



21.7m
passengers
carried*

*FIGURE FOR 2021



A sizzling summer from Gatwick

We've been offering affordable travel and hot deals from London Gatwick airport since opening our base here in October 2020. But this summer things are about to get seriously hot. We're adding four additional super efficient Airbus A321neo aircraft at the

airport (taking the number of aircraft based here to five) to whisk you away on 18 new routes from London to the beach and beyond. The new destinations include a mixture of year-round and seasonal routes including Catania, Tel Aviv (*pictured*), Mallorca, Faro, Mykonos

and more. So whether you're looking for a foodie escape to Naples, a seaside break in Crete or art and culture in Vienna, we've got your holiday sorted. The new routes also mean investment into the local economy, with over 200 jobs created in the tourism industry.

Careers in the UK are soaring

There's never been a better time to start a new high-flying career with Wizz Air UK, thanks to our biggest-ever pay rise for UK-based cabin crew. As well as a host of brilliant benefits (including free uniform, free tickets, free meals on duty, hotel accommodation and more), we're offering one of the most competitive cabin crew pay packages out there. "We are delighted to be offering an industry-leading remuneration package for our colleagues in the UK," says Wizz Air UK Managing Director Marion Geoffroy. "We are committed to offering our cabin crew a clear career path and countless opportunities to develop." For more visit careers.wizzair.com.

New routes

- 
- **Abu Dhabi** – Mattala (Sri Lanka)
 - **Bourgas** – Debrecen, Krakow, Rzeszow
 - **Bucharest** – Aarhus, Aqaba, Preveza-Aktion, Rimini, Rome Fiumicino
 - **Debrecen** – Brussels, Corfu
 - **Heviz (Balaton)** – Dortmund
 - **London Gatwick** – Bari, Catania, Faro, Funchal, Larnaca, Mykonos, Naples, Palermo, Podgorica, Tel Aviv, Varna, Venice, Vienna
 - **Lyon** – Tirana, Krakow
 - **Rome Fiumicino** – Basel-Mulhouse-Freiburg, Dortmund, Ibiza, Kefalonia, Kos, Lyon, Menorca, Palma de Mallorca, Preveza-Aktion, Rhodes, Skiathos, Turku, Yerevan
 - **Sarajevo** – Saarbrücken
 - **Tirana** – Katowice, Perugia, Nuremberg, Warsaw, Wrocław
 - **Venice Marco Polo** – Cagliari, Casablanca, Sharm el Sheikh
 - **Vilnius** – Split

“Sustainability is something that must be part of our DNA”

Wizz Air is officially Europe’s greenest way to fly. But how did they do it? The group’s Sustainability Manager, Adrienn Keszei, tells us



Entrepreneurial spirit is at the heart of everything that Wizz Air does. And never has this been more evident than now. Emerging from the global pandemic, WIZZ was one of the few airlines in the world that expanded massively, opening new routes and adding brand-new aircraft to its fleet. And now there’s another reason for this industry pioneer to cheer. Wizz Air is Europe’s greenest choice of air travel. “What we’re doing is not new – sustainability has always been embedded in our business model as an ultra-low-cost airline,” says Sustainability Manager Adrienn Keszei. “Our low fares are only possible thanks to a highly efficient operation and

the best use of resources. It’s just that we’re putting more focus on communicating it now. For years we have been better than many of our competitors in terms of our emissions and fleet age, we were just not vocal enough about it. But it’s important for people – especially our customers – to know that flying can be greener, and Wizz Air can show you how.”

Adrienn started her WIZZ journey properly in 2017. After working indirectly for the airline as a student, she joined the Customer Experience team as a Regulatory Compliance Manager. Her enthusiasm for sustainability came when she was a Public Affairs Manager, working with the team on EU climate regulations. She started as Sustainability Manager less than a year ago – a job that has a huge amount of responsibility working across all departments, educating and guiding them into making Wizz Air Europe’s greenest airline. “There’s something new every day – new expectations, new regulations, new obligations,” she says. “I have to be aware of everything that’s

happening in both the industry and the company that’s connected to sustainability.”

Adrienn coordinates the WIZZ Sustainability Council, a cross-functional team that meets every month to update her on new projects and announcements that need her key input. “Sustainability is something that must be part of our DNA,” she says. “It’s much more than just climate change; every building block needs to be in place, including the social aspect and governance. If we are aware of the risks and can measure them properly then we are better prepared. That helps plan for the future, while growing sustainably. And that’s good for the economic side of the business, too.”

With Wizz Air, flying – like every other airline – causes the bulk of its emissions. But that’s not where Adrienn’s role stops. “People are surprised that sustainability is about more than the environment and emissions,” she says. “We need to work with more suppliers that are sustainably minded – everyone needs to be connected to our ecosystem to meet our goal.”



Adrienn's role involves reporting on everything – from flight data to heating and energy usage in WIZZ offices, as well as collating information from partners and suppliers. And communication is a crucial part of the job. Adrienn helped pull together Wizz Air's Fly the Greenest campaign (see page 88), making sure all information – from social media posts to content on the website and in this magazine – use facts and data that are correct. But her job isn't just about informing passengers; it's about challenging them to think a little differently.

"The term 'low cost' has some preconceptions. People don't necessarily know that low-cost carriers tend to have younger fleets and the latest engine technology and that's much more important than having a business class," she says. "The ultra-low-cost model is very supportive of sustainability. Simply, if you have older aircraft and half empty planes, you have higher emissions per passenger. This is something WIZZ has been aware of since the very beginning. Look at our

Airbus A321neos – they are the most efficient single narrowbody aircraft on the market."

What about the future – how will WIZZ continue to maintain its position as the greenest choice of air travel? "Fleet renewal is our number-one priority, that's what really gives us the edge," says Adrienn. "But future technology is key, too. We are currently looking into a hydrogen aircraft project." It's also about setting ambitious targets. "We've just finalised our new sustainability strategy," she says. "For the environment pillar, our target is a 25% reduction in CO₂ per passenger-km by 2030 (we already have the lowest in Europe), and a further noise emission reduction target that's crucial for communities around the airports."

But Adrienn's most important message is this: if you're the kind of person who is passionate about sustainability, it makes sense to choose the most efficient and greenest way to fly. "If you want to be a more sustainable traveller, then Wizz Air is the right choice for you," she says.

SEVEN-DAY SUSTAINABILITY CHALLENGE

In February, WIZZ launched its first Sustainability Week, asking our people to give back to the environment for a week



MONDAY

Meatless Monday



TUESDAY

Green transportation



WEDNESDAY

Plastic free



THURSDAY

Sorting waste



FRIDAY

Donations



SATURDAY

Local purchases



SUNDAY

Grow your own

Fly in the most sustainable way

We launched Wizz Air with the strong belief that air travel should not be a privilege. That we will create a world of opportunity for all through affordable travel. And we are delivering on that promise.

And while we gave the freedom to travel to more and more people, we have also proven that growth and sustainability can be achieved hand in hand. While breaking down barriers between people and air travel, we've also shown a whole industry how aviation can be more sustainable.

Crucial business model and design decisions, from pricing to seat density, make sure we fly with high-load factors. We've never even thought about business-class seats. Or a hub-and-spoke model. Or substituting short train rides for flights. We've instead focused on flying with the youngest, most efficient fleet and the most modern engines possible, to consume less fuel.

This all delivers the lowest CO₂ emissions per passenger kilometre in the industry, beating not just legacy carriers, but also low-cost airlines operating in a similar way to us.

A plane will never be greener than a train or an electric vehicle.

But we are and will be the greenest choice of flying. Because when it comes to a crucial issue like sustainability, we believe in the facts of today. Not promises of the future.


wizzair.com/en-gb/greenest





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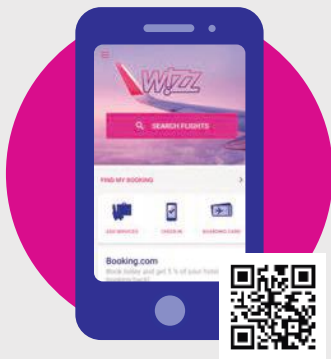
 @houseofbeautyclinic

World of WIZZ

At **wizzair.com** you'll find the answers to all of your travel needs, from adding luggage and changing flights, to car rental, airport parking and more



The right fare for you



Download our app!

Booking cheap flights is now even easier. Use our app to buy WIZZ Discount Club membership, review bookings, add baggage, upgrade, choose or change seats, get travel insurance, check in, check your flight status and board.

		BASIC	WIZZ GO	WIZZ PLUS
BAGS	Carry-on bag 40x30x20cm	✓	✓	✓
	Trolley bag 55x40x23cm		✓	✓
	20 kg checked-in bag		✓	
	32 kg checked-in bag			✓
SEATS	Seat selection		✓	
	Premium seat selection			✓
CHECK-IN	Online check-in	✓	✓	✓
	Airport check-in		✓	✓
	Priority check-in		✓	✓
	Auto check-in			✓
BOARDING	Priority Boarding		✓	✓
FLEXIBILITY	WIZZ Flex			✓
	Refund to WIZZ account			✓

*ON ALL FARES EXCEEDING €19.99 WHICH INCLUDE ADMINISTRATION FEE, TAXES AND NON-OPTIONAL CHARGES. THIS EXCLUDES DOMESTIC ROUTES AND SPECIAL FLIGHTS. **FOR TICKET PRICES OVER €14.99 THE ITALY DISCOUNT CLUB MEMBER MUST BE INCLUDED IN THE SAME BOOKING FOR HIS/HER COMPANIONS TO ALSO RECEIVE THE MEMBERSHIP BENEFITS.



Fly with us for less

Our WIZZ Discount Club offers a wide range of discounts on travel* and related services.

Standard membership €29.99

Suitable if you usually travel solo or with one companion, as they'll also enjoy the discount.



Member +
one companion



Ticket
discount



Save on each
bag booked
online



Flexible travel

Fare lock

You can secure the fare of your selected tickets for 48 hours before you complete your booking for bookings made more than seven days prior to the outbound flight's departure date.

WIZZ Flex

You can modify your tickets (including passenger name) without paying a flight change fee, or cancel your flight and request a full refund (additional services will not be refunded) to your WIZZ account, which can be used for 90 days to purchase new tickets.

Travel insurance coverage for COVID-19

Our travel insurance now includes medical expenses and cancellation cover following COVID-19 infection. Just add the insurance to your basket together with your flights.

Flexible travel partner

Create a new reservation without providing each passenger's name at the time of booking.



On the ground

Car rental

Book your flights and car rental in one easy step. Just add your car rental to your basket together with your flights. Get attractive discounts and enjoy our WIZZ credit back promotions.

Airport parking

Our long standing partner ParkVia offers great prices and availability for airport parking across Europe, with fast and easy booking and significant savings, whether you're going on holiday or travelling on business. Book online at wizzparking.com

WIZZ Ride

Book your taxi in one easy step from your WIZZ App. You can benefit from great discounts for your private transfer even upon arrival to your destination with our partner Cartrawler.

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Ticket discount



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WIZZ Priority



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*As a special offer, we now give you a **20% discount** from product prices if you use the **vintagegift** coupon code when making a purchase in our webshop. You are entitled to one discounted purchase before 31st August 2022. The offer cannot be combined with any other promotion.



Our fleet

Younger, greener and growing

Wizz Air has a single-type fleet of 153 aircraft from the Airbus A320 family. It's among the youngest and most efficient in Europe – and the safest. Our planes already have the

most sophisticated safety equipment and, by 2030, we will have 500 aircraft. We're also one of the most sustainable airlines in Europe – our neo airliners feature advanced systems and engines

that reduce our carbon footprint, as well as noise and cost, helping us keep fares low and accessible so everyone can fly with one of Europe's safest and greenest airlines.

Airbus A320ceo



Max. cruise speed 903km/h
Economical cruise speed 840km/h



Wingspan 35.8m (117ft 5in)



Number of aircraft* 54



Seat capacity 180/186
Flight crew 2 **Cabin crew** 4



Airbus A321ceo



Max. cruise speed 903km/h
Economical cruise speed 840km/h



Wingspan 35.8m (117ft 5in)



Number of aircraft* 41



Seat capacity 230
Flight crew 2 **Cabin crew** 5



Airbus A320neo



Max. cruise speed 903km/h
Economical cruise speed 840km/h



Wingspan 35.8m (117ft 5in)



Number of aircraft* 6



Seat capacity 186
Flight crew 2 **Cabin crew** 4



Airbus A321neo



Max. cruise speed 903km/h
Economical cruise speed 840km/h



Wingspan 35.8m (117ft 5in)



Number of aircraft* 52



Seat capacity 239
Flight crew 2 **Cabin crew** 5



Top marks for safety

Wizz Air is registered under the International Air Transport Association's (IATA) Operational Safety Audit (IOSA), the global benchmark in airline safety recognition. Wizz Air has also been awarded the **highest seven-star safety ranking** from the world's only one-stop airline safety and product rating agency, **AirlineRatings.com**

Your onboard safety

Please show consideration for fellow passengers and pay attention to the following information. Remember that by purchasing your Wizz Air ticket, you have accepted the Wizz Air General Conditions of Carriage (available in full at wizzair.com)



Safe handling of hand luggage

Ensure hand luggage remains safely stowed in the locker or under the seat in front of you for takeoff, landing, and at any time as instructed by the crew. Passengers seated in the emergency rows and first row must store their cabin bags in the overhead lockers. Take care when opening lockers, as falling items may injure fellow passengers.

In case of evacuation, all baggage must be left on board and the instructions of the cabin crew must be strictly followed.



Safety equipment

It is an offence to tamper with or remove safety equipment, including adult and infant life vests, infant safety belts or extension belts. You are not allowed to remove or damage any onboard informative placards.



Sharp items

To dispose of any sharp items (e.g. hypodermic needles), please contact a cabin crew member. Do not leave your needle or syringe behind.



Turbulence management

Turbulence can occur unexpectedly. Whenever seatbelt signs are switched on, remain seated, keep seatbelts fastened, and stow away large electronic devices.



Safety of infants on board

Wizz Air has a clear procedure for infant (a child under two) restraint systems. You can only use the single hook infant seatbelt - vests/slings cannot be used with the infant seatbelt. Wizz Air only accepts aft-facing car seats when an extra seat is purchased. **However, during take-off and landing, and whenever the seatbelt sign is switched on, infants should sit on an adult's lap with the seatbelt fastened.** Life vests for infants are available and are provided whenever flying over water. All lavatories are equipped with a changing table. Do not leave children unattended in the cabin.



Lithium batteries

Portable electronic devices (PED) such as phones, laptops and tablets can contain lithium batteries. When damaged, faulty or overheated, these batteries can catch fire and explode. **If you recognise any issues with your device, inform the cabin crew immediately.**



Electronic devices

Some electronic devices can be used during the flight with **WLAN/Wi-Fi/Bluetooth turned off.**

Larger electronic devices that cannot be held comfortably in one hand, exceed ca. 1kg in weight and do not qualify as handheld devices (e.g. laptops, notebooks etc.) must be stowed in the overhead stowage compartments for takeoff, landing and whenever required by the cabin crew. **If in doubt, please ask your cabin crew.**

Inflight health tips

Read these tips on how to stay fit when travelling.



Before your air travel

Consult your doctor before travelling if you have any medical concerns. Pregnant women and those with heart or respiratory problems, blood diseases or ear, nose and sinus infections should seek medical advice before flying. **Crew members are entitled to call for medical assistance pre-flight if they deem it necessary and are in doubt about your fitness for the flight.**



Medical supplies on board

Keep any medication you may need in your hand luggage and in its original packaging. **Inform cabin crew of allergies or illnesses.** If you are seriously ill or travelling post-surgery, you will need a medical certificate confirming that you are fit to fly. If you have limited mobility, are hearing- or sight-impaired, pregnant, or unable to understand/react to safety instructions, you will be unable to sit in the emergency exit rows or the front row.

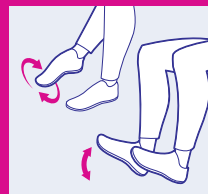
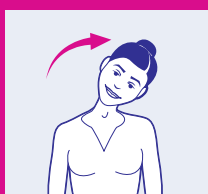
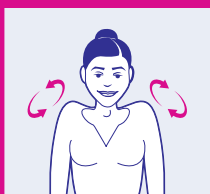


Nut allergy

During our WIZZ Café service we offer peanuts and some snacks containing peanuts/nuts traces. **We strongly encourage those with allergies to take all necessary medical precautions before flying and inform the cabin crew during boarding about your allergy.**

If you start to feel unwell during the flight, do not hesitate to talk to the cabin crew.

Exercise Be as active as possible. Try the following routine every 30 minutes:



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Your security

...is one of our top priorities. To ensure a smooth and pleasant flight, please read the following rules of conduct

Please do...

- Always follow crew instructions
- Respect the crew and other passengers
- Behave in an appropriate manner
- Stay calm and cooperative
- Wear your face mask properly (covering your nose and mouth) on board

...so you can:

- Travel in a nice, pleasant and peaceful atmosphere
- Relax on board
- Get to your destination as soon as possible

Do not...

- Smoke on board (including classic cigarettes or e-cigarettes, pipes, vapers)
- Put e-cigarettes in your checked-in bags or charge them on board
- Breach, or refuse to follow, crew instructions
- Harass in any way fellow passengers and/or crew members (including sexual harassment)
- Threaten or be aggressive towards fellow passengers and/or crew members
- Be violent or behave in a hostile, erratic manner
- Damage the aircraft or onboard equipment
- Waste, pollute or contaminate the cabin in any way
- Endanger the safety of the flight by any means
- Consume alcohol that was not purchased on board. Alcohol is served at the crew's discretion to passengers of legal drinking age. The crew reserves the right to stop serving alcohol to any passenger who is, or appears to be, intoxicated
- Be under the influence of drugs or medical substances that may affect your behaviour or self-control
- Film or photograph the cabin crew without their permission

...or face the consequences:

- You are fully responsible and accountable for your behaviour. Unruly or disruptive behaviour on board and before boarding will not be tolerated and will be reported to the authorities. You will be held legally and financially responsible in all cases.

The following consequences* will occur for such misconduct:

- Denied boarding
- Penalty/fine or arrest by local police:
 - Smoking on board, including lavatory: up to €3,000*
 - Unruly behaviour due to intoxication: up to €5,000 and two years in prison*
 - Endangering the safety of an aircraft: up to five years in prison*
- Diversion of flight and arrest
- Reimbursement of cost of diversion: €10,000–€80,000*
- Criminal procedure and court litigation*
- Cancellation of all of your existing Wizz Air flight bookings
- A ban from Wizz Air flights in the future

*Subject to applicable jurisdiction

For more information, please refer to the **General Conditions of Carriage on wizzair.com**

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Join us and take part in one of Wizz Air's marathons.

Wizz Air Bucharest International Half Marathon	17. 04. 2022
Wizz Air Cluj-Napoca Marathon	04. 09. 2022
Wizz Air Budapest Half Marathon	11. 09. 2022
Wizz Air Cardiff Half Marathon	02. 10. 2022
Wizz Air Skopje Marathon	02. 10. 2022
Wizz Air Sofia Marathon	09. 10. 2022



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