# Lesson Plan: Teamwork and Friendship Maintenance

Grade Level: 6
Duration: 30 minutes
CASEL Competencies: Relationship Skills, Social Awareness
DESSA Subgroups: Relationship skills

# Introduction (5 minutes) 1: What is Teamwork? Teacher Script:

"Hello, everyone! Today, we're going to learn about teamwork and how it helps us maintain friendships. Teamwork is when a group of people works together to achieve a common goal. Can anyone tell me why teamwork might be important in school or outside?"

#### **Discussion Questions:**

## What are some benefits of working as a team?

**Possible Answer:** We can solve problems faster, learn from each other, and accomplish bigger things than we could alone.

## Can teamwork help in friendships too?

**Possible Answer:** Yes, it helps us understand each other better and build stronger bonds.

# Principles of Effective Teamwork (10 minutes) 2: Key Elements of Teamwork Teacher Script:

"Effective teamwork is built on several key elements. Let's explore these elements and see why each is important.

How do you think communication helps in a team?"

## **Discussion Questions:**

### Why is cooperation important in a team?

Possible Answer: Cooperation ensures that everyone's strengths are used and everyone feels involved.

#### What role does trust play in teamwork?

**Possible Answer:** Trust means relying on each other to do your part, which helps the team succeed without conflicts.

#### 3: Maintaining Friendships through Teamwork

Teacher Script: "Now, let's see how teamwork skills can also help us maintain friendships. When friends work together, they learn to manage disagreements and support each other.

What might happen if friends don't work well together?"





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#### **Discussion Questions:**

How can teamwork skills solve conflicts among friends?

**Possible** Answer: By communicating openly and respecting each other's views, friends can resolve issues more smoothly.

# Why is it important to celebrate successes with your team or friends?

Possible Answer: Celebrating together strengthens our bonds and makes everyone feel valued.

# Teamwork Activity: Bridge Building (10 minutes) 4: Let's Build a Bridge! Teacher Script:

"It's time to put our teamwork skills into practice! You'll work in small groups to build the strongest bridge using the materials provided. Remember, the key to success is working well together."

#### **Discussion Questions:**

# What strategy did your team use to build the bridge?

Possible Answer: We divided tasks based on what each person does best.

# How did you make sure everyone in your team was involved?

Possible Answer: We asked for everyone's ideas and made sure each person had a task.

# Conclusion and Reflection (5 minutes) 5: Reflecting on Teamwork and Friendship Teacher Script:

"Great job on the bridges, teams! Let's take a moment to reflect. Think about how teamwork today might help you with your friends and in class.

Why is what we learned today about teamwork important for our everyday relationships?"

### **Discussion Questions:**

# How will you use what you learned about teamwork in your daily life?

Possible Answer: I'll try to communicate more clearly and be more cooperative in group settings.

#### What was the most important thing you learned about maintaining friendships today?

Possible Answer: That working together and solving problems can make our friendships stronger.

#### Notes:

Encourage students to participate actively in discussions and the bridge-building activity to experience teamwork firsthand.

Be prepared to facilitate and mediate during the activity to ensure all students are engaged and learning. Use real-life examples to help students relate the lessons to their own experiences in school and outside.



