



## Fun at Winchelsea Playgroup



# It's never you, until it is.

**More people die on farms than in other workplaces – let's change that.**

Every death and injury on any farm is preventable.  
 You might think you're bulletproof and an accident won't happen to you.  
 You know your land like the back of your hand.  
 You know your tools, your machinery, your vehicles.  
 But accidents can happen to anyone.  
 At any moment, the worst can happen.  
 At any moment, it could be you.

**You can prevent accidents. You can prevent deaths.**  
[worksafe.vic.gov.au/agriculture](https://worksafe.vic.gov.au/agriculture)



Scan for farm  
safety support.





# Time to recognise our Local Legends

Know an unsung hero or organisation helping our community to thrive?

Now is the time to celebrate their achievements and contributions by nominating them as a Surf Coast Shire Council Local Legend.

The Local Legends program recognises people or groups of all ages who share positive impact by:

- Helping others and strengthening our community
- Caring for our environment
- Improving inclusion and celebrating diversity, and
- Promoting healthy eating and active living

“These community champions are all around us, making a positive difference, and it is wonderful to celebrate their contributions,” Deputy Mayor Liz Pattison said.

“Our Local Legends program is non-



competitive and nominees can be any age. We encourage people to put forward nominations so we can share recognition where it is truly due.”

Nominations for the 2022-23 program are open until 30 October.

Local Legends from 2021-22 included A Cleaner Coast organiser Kate Griffin, Rotarian Maggie Isom, LGBTIQ+ advocate Merrin Wake, Surf Coast Environmental Action Team and Winchelsea Community House manager Wendy Greaves.

People or groups nominated as Local Legends must:

- Live, work, volunteer or go to school in Surf Coast Shire
- Make a positive contribution to the community
- Be willing to be nominated and give their consent
- Agree to be featured as a Local Legend in Council’s communication channels and local media.

Find more information and a nomination form at [surfcoast.vic.gov.au/LocalLegends](http://surfcoast.vic.gov.au/LocalLegends)

## Star Classifieds

### LOST DOG 'SUNNY'

Lab x kelpie male. Chocolate brown colouring. Blue collar.  
Olney St Winchelsea ph. 0418693444  
Desperately seeking any news



## Fresh Free Range Farm Eggs

12 dozen large eggs for \$5  
12 dozen small eggs for \$3  
Located at 65 Atkins Rd, Winchelsea  
Please contact Lou on 0448 351 620.

## Winchelsea Taxis is now Surfcoast Taxis

Our fleet of vehicles are growing to all late models and we are covering an extended area including Winchelsea, Colac, Bannockburn, Inverleigh, Great Ocean Road and Geelong.

We have a fleet of 10 seater Maxi Vans, all with capacity to carry wheelchairs.

**Surfcoast Taxis Pty Ltd**  
All Bookings: 0408 325 992  
Fax: 5267 2699  
Email: [bannotaxis@gmail.com](mailto:bannotaxis@gmail.com)  
(Admin or Stan 0429 672 888)  
66A Batson Street  
Winchelsea 3241



Accounts NDIS provider. TAC, DVA etc

NDIS provider number 4050001044  
NDIS provider number 4050001048

Book your next ride with **smarHAIL**

Book Track Pay Rate

Download on the App Store GET IT ON Google Play

## Breeze Health and Wellness, Exercise Physiology

32-34 Main Street, Winchelsea (old post office)

Chronic disease? Injured? Wanting improved athletic performance?

We can help you manage, rehabilitate and prevent many common ailments through movement.

Speak with your GP about a referral for a care plan.

Private health accepted - no referral needed.

Call Brenton on 0428 790 023 to discuss or email [breezehealthandwellness@gmail.com](mailto:breezehealthandwellness@gmail.com)

Exercise is Medicine, Motion is Lotion. Move with Ease at Breeze.





## Opening of the Avenue in Mercer and Barkly Streets

Growing Winchelsea was recently successful in obtaining an Australian Government Grant under the Planting Trees for the Queen's Jubilee Program. Sixty Lemon Scented Gums were planted in an Avenue along Mercer and parts of Barkly Streets to add the existing beautiful Avenue in Barkly St.

At 2pm Friday 2 December, the Avenue will be opened by a Landscape Architect known to many across Victoria, and a plaque will be unveiled which acknowledges the occasion. Invitations will be sent to the Hon Dan Tehan, MP Member for Wannon, Hon Libby Coker, MP member for Corangamite, Richard Riordan, Member for Polwarth.

**WINCHELSEA NETBALL CLUB JUNIOR VOTE COUNT AND PRESENTATION!**

Celebrating the season 2022.

BBQ Dinner supplied.  
Junior disco to conclude the evening.

EASTERN RESERVE  
FRIDAY 23RD SEPTEMBER 2022 @ 6PM.

### Free online workshops!

Looking for new skills, inspiration or ways to activate a local project?

Tap into free support...

- For personal, work, business or community goals - all are welcome!
- 6 sessions covering: Vision, Projects, Story, Team, People and Digital Tools
- Join just one or join all 6 sessions

Join Wednesday series  
10.30am - 12pm  
19 Oct to 23 Nov 2022

Join Tuesday series  
6pm - 7.30pm  
21 Feb to 28 Mar 2023

Information/bookings: [surfcoast.vic.gov.au/EYI](http://surfcoast.vic.gov.au/EYI)

# Whats on in Winchelsea

## AGM

Winchelsea and District Historical Society ANNUAL MEETING (rescheduled) will be held on Friday October 7th at 1.30pm at the History Centre, Hesse Street.  
All welcome.

## DANCING AT THE GLOBE THEATRE IN WINCHELSEA

When: Saturday 8th October  
Time : 8pm.....11.30 pm  
Cost : \$10.00  
Dancing to the music of Charles Pedder  
Supper provided, raffle and door prize  
Come along and get those feet moving.  
Contact Maureen 0409253188 or Charlie 0419501032

## WINCHELSEA HOSPITAL AUXILIARY MEETING

Monday 10th October 2022. 3-30 pm  
Venue – Supper Room, Globe Theatre  
(Please note change of time and venue)

## Moksha Project

Alleviate the Body, Educate the Mind, Liberate the Heart, Contemplate your Soul

40 Main Street, Winchelsea  
info@mokshaproject.com.au

[www.mokshaproject.com.au](http://www.mokshaproject.com.au)

- Osteopathy
- Massage Therapy
- Dry Needling
- Physical Rehabilitation
- Ayurvedic Medicine
- Liberate Life Coaching
- Financial Health and Wealth Coaching

Appointments available face-to-face and via telehealth. For further information visit our recently updated Website. Supported by the Surf Coast Shire Council's COVID 19 Recovery Program.

**03 52672948 - 0428177964**



# Winchelsea Heart Foundation Walking Group

The squawk of the cockatoo rings out through the frosty morning, closely echoed by bursts of laughter and excited voices. The noise disrupts the peace of the river valley, flanked by giant gums and wattles. It is not an unwelcome disruption as the peaceful effect is more reliant on the visual – which, as it appears, could have been undisrupted for centuries. The women who are meeting at the edge of this valley have ancestors who would have seen the same view hundreds of years ago and some even thousands of years ago.

Of course there have been changes. The cars crossing the new bridge are a testament to that. The old bluestone bridge beyond the bend is an indicator of a prosperous past.

Some of the indicators of the past are not clear to the untrained eye, such as the boundary tree showing a circular shape formed by hand in the young boughs of a now ancient gum, delineating the Wadawurrung lands from the Gulidjan lands.

Changes may be inevitable, but the river and its protective gum trees seem to withstand the test of time.

The bursts of laughter subside as the group check in with each other. This moment is when the most pressing issues are shared. A beloved pet has passed away, a family member has moved interstate, a relative is in palliative care. The check-in is genuine and responses are filled with concern and kind offers of help.

As a newcomer to this group, I am immediately accepted and trusted with personal stories and local knowledge.

I can see why this group brings connection to these women. Whether you have centuries of association to the land or are just passing through,



stopping to inhale the fresh air for a few years, these women make each other welcome.

The group begins walking the rough pathway alongside the river. There is no particular leader, just a quick check-in about which direction to take and then we are off. I have underestimated the fitness and stamina of these women of the land.

The pace is set and does not diminish for the full hour. Small groups form and disband as the walk progresses down trails, crosses bridges and enters streets.

The conversation flows uninterrupted with topics jumping from land subdivision, to palaeontology, to local murder mysteries and personal reflections. The information shared during this hour builds a strong community.

It includes what is happening at the community centre, local art groups, where to buy eggs, what the health service offers, what courses are running at the U3A, where the Probus club are meeting, where to get the best coffee – all the important stuff!

As part of fulfilling my new role in community health, I ask the group what else they would like to see offered in

town for women.

There is talk of Tai Chi, Laughing Yoga, fun dance classes – I am inspired! Some of these women live alone, manage land, battle illness, are discovering hidden heritage or caring for others.

Yet they understand the need for this social support. It is apparent to me that this walking group gives more to its participants than just physical fitness. It is creating a connection, a bush telegraph, a helpline, a support service.

As the women wave their farewells and disperse to continue with their day, I believe their ancestors would be proud. I hope the tradition of women supporting women continues on throughout the ages.

***The Winchelsea Heart Foundation Walking Group meets every Wednesday 9.30 am.***

***Call Hesse Rural Health on 03 5267 1200 for more information.***

**Hesse Rural Health  
Justine Devonport, Counsellor  
22 Sep 2022  
As featured in Partyline Issue 80**

# WCC Round 1 Results



## A-Grade Winchelsea 78 def by Drysdale 5/80

J Mansbridge 32                      D Lenahan 4/37  
D Campbell 18                        R Edwards 1/19

## B-Grade Winchelsea 179 def by Drysdale 6/228

J Todd 72                                M Worland 2/25  
M Worland 55                         S Donohue 2/38  
S Donohue 19 not out            C Couper 1/47

Brought to you by

**HF  
RICHARDSON**  
PROPERTY

# Player of the Round

## Round 1

### A-Grade

**John**

**Mansbridge**  
32 runs

### B-Grade

**Matt**

**Worland**

55 runs & 2/25

Sponsored by



Sponsored by



# ROUND TWO

SATURDAY 8TH OCTOBER AT 12.30PM



**A-GRADE**  
AT RON EVANS OVAL,  
PORTARLINGTON



**B-GRADE**  
AT EASTERN  
RESERVE



**D-GRADE**  
CHARLES MCCARTHY  
MEMORIAL OVAL



# Dung Beetle ID Training Day

As part of the Upper Barwon Landcare Network and Geelong Landcare Network's Dung Beetle Survey project we are holding an ID workshop with expertise provided by Grace Evans from Southern Farming Systems.

We will ID Beetles from our monthly survey and also happy for participants to bring in samples from their own properties

**When: Tuesday October 11th**

**Time: 10am—11.30am**

**Where: Anglican Church Hall**

**25 Barwon Terrace Winchelsea**

*Morning Tea Provided*



Please register to attend by Friday 7th October for catering

Email: [andrea.upperbarwonlandcare@gmail.com](mailto:andrea.upperbarwonlandcare@gmail.com)

or [geelonglandcarenetwork@gmail.com](mailto:geelonglandcarenetwork@gmail.com) or

phone Andrea 0407 552 663 or Bron 0438 525 502 to register



# Feral Pig & Deer Control Workshop

The Upper Barwon Landcare Network are working in partnership with the Conservation Ecology Centre to promote their project focussed on managing feral pigs and deer in the Otway ranges.

**We invite local landholders to learn more about this growing problem and find out what can be done to help.**

**When:** 14th of October 2022

**Where:** Yan Yan Gurt West (address on registration)

**Time:** 10am—11am

Presentations will focus on

- Feral pig trapping and baiting procedures & demonstration
- Feral pig diseases
- The Wild Venison Field Harvesting process

Please download the Feral Scan app to your device before the session so it's use can be demonstrated on the day



**Please register to attend this event by October 12th 2022**

Email: [andrea.upperbarwonlandcare@gmail.com](mailto:andrea.upperbarwonlandcare@gmail.com)

or

phone Andrea 0407 552 663

This project is supported by Corangamite CMA, through funding from the Australian Government's Environment Restoration Fund



# The Optus data leak – should you be worried?

by Tony Phelps, Winch Websites

In a word – yes.

Even people living under a rock (which at least wouldn't require an internet connection and a password) will have heard about the millions of Australians included in a very large theft of data from Optus.

While the details of how it happened are yet to (and may never) be published, at the end of the day that's for someone else to worry about. In the meantime, if you are or have been an Optus customer over the past few years, there is a distinct possibility that your personal details are 'out there' in internet-land.

Of course, we are all constantly handing over personal details. Think social



media, bank accounts, utilities, job applications, loans, credit cards, holidays, government benefits and services... Even if you wanted to, you couldn't avoid it unless you're happy living like a hermit – and even then, there are situations where you absolutely have no choice in this self-service internet-powered world.

Not on Optus customer? All this still applies to you, because this is very unlikely to be the last time there's a data breach like this.

There are 2 aspects to consider. How to protect yourself before a data breach. How to protect yourself after a data breach.

The first aspect, how to protect yourself before a data breach, is all about being careful with your data and being reasonably suspicious of everything. Received a text-message from the ATO asking to update your info or face fines? That's a hard "No!". Phone call from someone who wants to fix a virus on your computer? "No!". Be very (very) careful when people contact you unexpectedly. Treat text messages, phone calls, emails and other such interactions exactly how you would if someone rocked up at your door out of the blue and started yammering at you.

The second aspect, how to protect yourself after a data breach, is very similar but a whole lot more aggro and lost time. The scumbags that have your data can use it either to trick you into giving access to sensitive stuff (eg. your bank account) or they can use your details to independently get stuff (eg. a loan, online purchases, airline tickets to get refunded, etc). Imagine – a phone call from someone saying they're from Centrelink, they know your full name, your date of birth, your driver's licence number, your home address, your email address...

A comprehensive list of what details of yours may be taken, how they could be used against you, and what you can do to avoid or rectify issues, can be found on the IDCare website at [idcare.org/optus-db-response](http://idcare.org/optus-db-response). It's worth a read whether you are affected by the Optus data breach or not.

Where once upon a time the scammers operated in town centre markets or door-to-door and so were few and far between, now they operate all over the world with instant access to anyone anywhere. Your shields of cynicism need to be raised, alas, and your trust in people needs to be lowered. Sad, but a fact of modern life.

So educate yourself, and be alert but not alarmed. We already have plenty of larmeds in Australia.....

Image credit: Unsplash



WINCHELSEA  
OPPORTUNITY SHOP  
FUNDRAISER

TWILIGHT  
*Ingleby*

COCKTAIL PARTY  
SATURDAY, 8 OCTOBER, 2022

6.30PM TO 11PM

\$100 PER PERSON  
INCLUDES DRINK ON ARRIVAL,  
CANAPES & ENTERTAINMENT

DRESS - OP SHOP GLAMOUR

TICKETS AVAILABLE AT  
[INGLEBY.COM.AU/EVENTS](http://INGLEBY.COM.AU/EVENTS)




## Free Community Service Advertisements

# Services and Activities in Winchelsea



### TRAIN SERVICES

#### To Geelong

Mon - Fri

6:41 am, 7:59am, 11:34am,  
2:01pm, 7:37pm

Sat and Sun

9:35am, 1:36pm, 7:18pm

#### To Warrnambool:

Mon - Fri

9:29am, 2:56pm, (to Colac  
5:27pm), 6:45pm, 8:53pm

Sat and Sun

8:47am, 2:49pm, 8:37pm

### Country Women's Association



7pm Second Wednesday of Month  
Winchelsea Senior Citizens' Hall

### Bus to the Hub

For reservations on the weekly bus  
to the Eastern Reserve Hub,  
please phone 52671202.

### Surf Coast Mobile Library

Surf Coast Mobile Library  
parked in Hesse Street  
(outside Shire Hall) on Fridays  
between 2:00 and 5:00pm  
unless it is a Public Holiday.  
**Hesse St, Fridays, 2pm-5pm**

### Winchelsea Taxi

0429 672 888 or 5267 2888

Wheelchair accessible  
10 seater bus available.

### Winchelsea SES

Meeting and training  
2nd Wednesday

Training 4th Wednesday

Visitors and inquiries welcome

0408 102 802

### Winchelsea and District Combined Probus Club



Meets 1st Monday of the  
month at 10am. Senior  
Citizens Rooms, Harding St, Winchelsea.  
New members always welcome.

Enquiries Linda 0439 817 263.

### Body Therapy Classes

#### Yoga, Pilates, Qi Gung and Mindfulness Meditation Practices

Tuesdays 6.15pm \$13 Cash  
Catholic Church Hall -School Term Only

**Dr Haidee Benning, 0428 177 964**

### Winchelsea Playgroup

Every second Thursday 10am-12pm  
St Thomas Anglican Church Hall  
cnr Barwon Tce and Hopkins St, Winchelsea  
Contact: Melissa 0456181268  
Facebook - Winchelsea Playgroup 2019  
**New families welcome**

### Winchelsea Girl Guides

Our Unit meets at the Catholic Church  
Hall, Harding St Winchelsea  
each Monday 4.30pm-6pm  
All girls 5yrs- 15yrs Welcome!

Contact Yvonne Orchard 0448 672 630

### OP SHOP

#### Opening hours

Friday, Saturday, Sunday, Monday  
10 am to 3pm

All proceeds to Hesse Hospital.

### 1st Modewarre and Winchelsea Scout Group

**Joey's:** Tuesdays of school term 5-6pm

**Cubs:** Mondays of school term 6:30-8pm

**Scouts:** Tuesdays of school term  
6:30-8:30pm

All at Modewarre Hall, Cape Otway Rd

**Venturers:** Wed at Walton's Rd Venturer Den  
Contact Marie McPadden 0409 330147

### Winchelsea Transfer Station

#### Opening Hours

Monday	Closed
Tuesday	2pm-4pm
Wednesday	Closed
Thursday	2pm - 4pm
Friday	Closed
Saturday	1.30pm - 3.30pm
Sunday	9.30am - 12.30pm

**55 Cressy Road, Winchelsea.**

Accepts household garbage,  
mixed commercial and industrial waste,  
mixed construction and demolition waste.

Accepts recyclable materials.

Accepts one recycle bin two waste bins.

Does NOT accept clean fill.



# BOOK SALE

FRIDAY 7<sup>th</sup> OCTOBER

&

SATURDAY 8<sup>th</sup> OCTOBER

10:00am – 2:00pm

272 Torquay Rd Grovedale  
(Cnr Reserve and Torquay Roads)

**NOTHING  
OVER \$1.00**

Proceeds to

**Uniting**

## Consider the Shire Hall for your function

If you are looking for a wonderful venue for any celebration please consider the Winchelsea Shire Hall (now managed by the Winchelsea Community House).

We can cater for your needs whether it is a birthday celebration, an exhibition, a lecture, a Christmas party, or meeting, all can be arranged.

The Winch House Committee is offering very affordable rates for the remainder of 2022. Drop in to have a look and talk with Wendy or Jill at the Winch House.

### Winchelsea Men's Shed



**For The Community**

**51 Hesse Street**

**Every Wednesday from 9:30am**

**New members always welcome**

**For more detail contact:  
Ray Atkinson (Co-ordinator)  
0407 839 139**

or

**winchmensed@gmail.com**

**Need a job done?  
Woodworking jobs,  
furniture repairs, small jobs.  
Drop in and talk to us.**

## Women's Workshop

Any ladies out there who are interested in learning some workshop and home maintenance skills?

The Winch Mens' Shed are running free workshops starting in August. Let us know what you would like to learn and what days and times are most suitable. We can tailor the workshop to cover what is most requested and on days that suit most.

If you are interested in attending please contact the Men's Shed on 0407839139 (Ray) or email winchmensed@gmail.com



**Winchelsea Community House**

Hours: Monday – Friday, 9.00am - 2.00pm  
Address: 28 Hesse Street, Winchelsea  
Phone: 5267 2028  
Email: reception@winchhouse.org.au



**WINCH HOUSE SCHOOL HOLIDAY CLOSURE**  
**THURSDAY 22ND SEPTEMBER TO FRIDAY**  
**30TH SEPTEMBER INCLUSIVE**

**FOOD HANDLERS COURSE FOR ALL AGES**  
**TO BE HELD OVER 2 EVENINGS (MUST AT-**  
**TEND BOTH)**

**MONDAY 24TH OCT AND WEDNESDAY**  
**26TH OCT AT 6.30PM**

**BOOKINGS ESSENTIAL PLEASE EMAIL**  
**manager@winchhouse.org.au**

**COST \$150**

**LEVEL 2 FIRST AID COURSE AND CPR UP-**  
**DATES**

**SATURDAY 12TH NOVEMBER AND SATUR-**  
**DAY 3RD DECEMBER**

**FULL COURSE \$160 (8.30-3.30)**  
**CPR ONLY \$65 (8.30-11.00)**

**BOOKINGS ESSENTIAL**  
**PLEASE EMAIL**  
**manager@winchhouse.org.au**

**MINI MOVERS**  
**3-5 YEAR OLD's**

**6 Weekly Sessions commencing**  
**Friday 14th October**

**10.00am to 10.45am—child must be super-**  
**vised by an adult.**

**Cost \$90 for 6 sessions**  
**Bookings via email**  
**manager@winchhouse.org.au by 6/10/22**

**POWER SAVING BONUS**  
**\$250**

**WINCH HOUSE IS ABLE TO HELP WITH YOUR**  
**POWER SAVING BONUS CLAIM OF \$250**  
**PLEASE PHONE US FOR AN APPOINTMENT**  
**IN TERM 4**  
**52672028**

# What's happening at Winchelsea playgroup?

Hooray! it was Pippa's birthday today at playgroup and to celebrate we had a rainbow unicorn theme in today's session.

Everyone came dressed in different colours, there were tutus, party dresses and even sparkly shoes!

We played some party games such as pass the parcel, what's the time Mrs Wolf and we had a special morning tea with cake as we sang happy birthday to Pippa.

There were rainbow headbands to be created, some pink playdough and also stories around birthday celebrations. The highlight was the giant rainbow unicorn balloon at the table all the children loved looking at touching it!

We played outside with the diggers, trucks and shovels in the bark which was great fun too! We are so fortunate to have a playground where the children can explore.

Next week's playgroup session is around spring and gardening, we will be planting our own sunflower seeds and

doing spring themed arts and crafts we'd love to see you!

We also have a call out to any community superstars that would like to show off a special talent, could be crocheting, music, singing, dancing anything! To come and visit playgroup and share your talents with the children. Please get in touch with us if this is of interest to anyone.

Playgroup is this coming Thursday starting at 10AM; please bring a piece of fruit to share for morning tea.

## Do you have any spare yarn?

Calling all Winchelsea residents who knit and/or crochet. Have you come across any spare yarn during your spring cleaning?

If so, the Geelong based organisation BWRS (Bushfire Wildlife Rescue Support) would really appreciate your support.

We need more donations of yarn - either wool or synthetic - for making small nests for injured and orphaned wildlife.

If you can help, please send a text to Meryl Greig at 0405 632 802. Thanks for your help!



## Have you registered to expand YOUR impact?

**Wednesdays 10.30am - 12.00pm**

6 online sessions, starting 19 October 2022

**Tuesdays 6.00pm - 7.30pm**

6 online sessions, starting 21 February 2023

Expand Your Impact is a program that challenges you to think a little differently, supporting you to grow your success

Join this inspiring online series to:

- nut out challenges
- create new approaches
- develop new solutions
- ...for achieving your goals [no matter how big or small!]

JOIN WORKSHOPS <http://bitly.ws/uU8y>

# Baby Story Time

Friday 26th August & Friday 16th September 2022  
10AM

Winchelsea Community House, Shire Rooms  
\* Entry via front shire doors \*

Suitable for children aged 0 to 18 months of age



# Winchelsea Star

Articles are most welcome and must carry the name and address of the sender.

**Weekly deadline is 5pm Friday.**

Copy for sports results and weekend events is Sunday 6pm (4pm for hard-copy articles/results left at IGA) unless by prior arrangement.

Copy should be emailed to [news@winchelseastar.org.au](mailto:news@winchelseastar.org.au) or left at IGA Supermarket.

The Winchelsea Star reserves the right to edit or not publish any article.

Views expressed are not necessarily those of the Winchelsea Star or its Committee.

500 online subscribers, 250 copies printed for outlets around Winchelsea.

Free subscription to digital version at [winchelseastar.org.au](http://winchelseastar.org.au)

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Winchelsea Star Organisation Inc.  
Reg. No. A1479, ABN: 57 207 411 958  
[winchelseastar.org.au](http://winchelseastar.org.au)

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**Committee Members:**  
Linda Carter

Printer: Mud Group  
Website: Winch Websites



## HESSE RURAL HEALTH COMMUNITY NEEDS SURVEY



Hesse Rural Health is interested in hearing from you about the current and future health needs of our community. This survey will inform our health promotion plan for 2022-2025. This survey is for all community members in the Hesse Rural Health Catchment, you do not need to have used the service to respond. All responses are anonymous and data will be used for planning purposes only.

Please scan the code to complete the survey on your phone.



**Water Delivery**

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WATER CARTAGE**

Stainless Tanker Up to 22,000 ltr loads  
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Call Wazza  
Mob: 0428 877 260  
Email: [wazza@wazzas.com.au](mailto:wazza@wazzas.com.au) Web: [wazzaswater.com](http://wazzaswater.com)

**Kyeema**  
Rural Fencing Pty. Ltd.

Jason Armstrong & Jay Hawker

1080 Prices Lane, Ombersley, Victoria, 3241  
0419 565085 (Jason)  
0416 585817 (Jay)  
[kyeemafarm@kyeemafarm.com.au](mailto:kyeemafarm@kyeemafarm.com.au)  
Also incorporating domestic and rural tree trimming services.

## Knuckey's Winchelsea Ph: 5267 2011

Knuckey's have in stock a complete range of batteries to suit tractor, heavy machinery, cars, utes

The largest range of the best oil for your vehicles—**CASTROL**—  
*'when only the best will do'*

The largest range of V belts.  
A, B, C, D M Sections  
Bolts and nuts for all occasions  
Steel cut to size

**All About**

# Mowers & Chainsaws

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# Am I not a man and a brother?

Amongst a handful of coins that have come down through my family, one has always intrigued me.

It is rather worn and is a little less than the size of a twenty-cent piece. It has no date nor image of a monarch to place it in time. I thought it came from the middle of the nineteenth century.

On one side is a pair of clasped hands with the inscription around the edge: 'May slavery and oppression cease throughout the world.'

On the other side is a man in chains, in a half kneeling posture, with the inscription: 'Am I not a man and a brother?'

I took it to St Thomas' Anglican Church recently, as we were looking at the letter to Philemon that Sunday. This letter was written by the apostle Paul to his friend Philemon. Paul was in prison in Rome at the time, and had met and befriended Onesimus, a young man who had stolen from and escaped slavery in Philemon's house, in what we now call Turkey. This was almost two thousand years ago, in the Roman Empire, where more than half of the population were slaves. Legally, Onesimus, whose name means 'Useful', remained Philemon's property.

While he was with Paul, Onesimus became a Christian and knew he must



return to Philemon. Paul wrote a letter which he took with him, commending Onesimus to Philemon: 'No longer as a slave, but better than a slave, as a dear brother. He is very dear to me, but even dearer to you, both as a man and a brother in the Lord.' Paul undertook to pay back to Philemon anything that Onesimus owed him.

We know that the letter was not tossed into the fire. It was treasured and passed around for others to see, so much so that it became part of the Bible.

We also know that a few decades later a man called Onesimus was the bishop, or church leader, of that district.

What a wonder is this little bit of history. It tells of the transforming nature of trust in the Lord Jesus Christ, of forgiveness, of restoration, of freedom and of hope.

Roger, who attends St Thomas' and loves to research things, discovered more about my little coin. It was minted

in 1787, when Christians were leading outrage about slavery in Britain, so that when many people realised that their sugar was produced by slaves, boycotted it, and sales reduced by half.

The words on the token came directly from Paul's letter to Philemon. 'Am I not a man and a brother?' It was a 'half-penny token' and from the wear we can see it was much used, always reminding people of their unity, of acceptance, and of love.

It still has a message for us today. In spite of much progress, slavery has not yet ceased throughout the world. Its results still haunt us.

What, in society generally, in Winchelsea, and in our lives, still needs the transforming power of God's love in Jesus? What can we do about it?

**Rev Lynne Clarke, Acting Minister, St Thomas' Anglican Church, Winchelsea.**

## Gardiner Foundation Scholarship now open

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**WHEN: every Wednesday at 9:30am – 10:30am (approx.)**

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Walking routes are tailored to ensure they are accessible to everyone.

The Walking Group follows the Heart Foundation COVID safe guidelines.


For further information please call Vanessa Berry (Health Promotion Officer) on 0436195616 or email [-vberry@hesse.vic.gov.au](mailto:-vberry@hesse.vic.gov.au) Or call by the Mud Hut with your walking shoes on and come down to meet us..... we would love to see you!!

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## Work at the State election in November

Applications are open to work at the election in November.

The Victorian Electoral Commission is seeking casual staff to help deliver a secure, transparent, and fair election.

Anyone over 18, an Australian citizen or permanent resident, or holds a current work visa, is eligible to apply to work with the VEC for 1 day or up to 4 weeks.

'Election casuals receive competitive pay and don't need any prior experience,' Deputy Electoral Commissioner Dana Fleming said, 'We provide full training.'

People are encouraged to apply for election work anywhere in Victoria.

People interested in working at the election can register their interest at [vec.vic.gov.au/workatelections](http://vec.vic.gov.au/workatelections)



### Growing Winchelsea-General Meeting

October 12, 2022

7pm

Shire Hall

- Women's Housing Development
- Affordable Housing in Winchelsea
- Zoning in Winchelsea

MC, Growing Winchelsea President, John Tebbutt  
Speakers:

Lindy Parker: Women's Housing LTD.

Shaan Briggs: SCS, Manager Integrated Planning

Aleisher Hooper: SCS, Strategic Initiatives Coordinator

Chris Pike: Acting CEO, SCS

Roger Hastrich: Project Manager-Housing in G21: Regional Taskforce

Mike Tucker: Growing Winchelsea, Planning and Infrastructure, sub committee

You are invited to this forum, as Growing Winchelsea Inc. seeks to assist in informing the local community of the forthcoming Women's Housing Development, Affordable Housing in Winchelsea and Zoning in Winchelsea.

Supper provided

Members and non members alike are welcome and encouraged to participate.

\*\*\*Membership to Growing Winchelsea is FREE.

By simply sending your email request to join to [secretary@growingwinchelsea.com](mailto:secretary@growingwinchelsea.com) via the Growing Winchelsea website, you will be added to the mailing list.

## Notice of AGM Winch Community House

Inc. No. A6247K

Notice is hereby given of the Annual General Meeting to be held on Wednesday 19th October, 2022, at 7.00pm in the Shire Hall Building, 28 Hesse St Winchelsea.

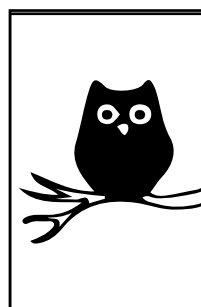
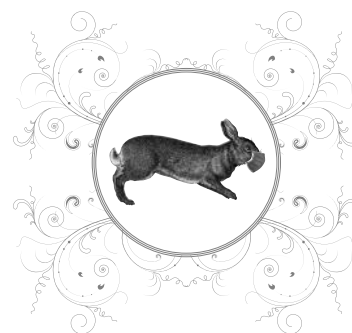
An invitation will be sent to all current 2021 members. All other interested people are asked to email [manager@winchhouse.org.au](mailto:manager@winchhouse.org.au) so an invitation can be sent. Membership, which allows attendees to vote, is 20 cents.

AGENDA ITEMS INCLUDE:

1. Annual reports from co-ordinators & Committee of Management including annual statement of income & expenditure.
2. Nominations called from the floor for Chairperson, Treasurer, Secretary/ Public Officer as well as five (5) Ordinary Members for the Committee.

The Chairperson will allow any business that is relevant to the Annual General Meeting to be brought forward.

**Tony Phelps,  
Chairperson**



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## Voluntary Assisted Dying Accredited Doctor numbers low in Western Vic

Stuart Grimley MP has raised concern with the lack of voluntary assisted dying (VAD) accredited doctors and specialists in regional areas, especially Western Victoria.

This poses significant issues if a terminally ill person is too unwell to travel or needs to see a specialist due to their condition and to satisfy the VAD Act's checks and balances.

The Voluntary Assisted Dying Review Board Report of Operations 2021-22 was tabled in Parliament last week and stated: "There are very few practitioners in Western Victoria."

Victoria was the first state to legislate VAD, with WA commencing their scheme shortly after. The scheme will commence in Tasmania next month and in South Australia, QLD and NSW in 2023.

Mr Grimley introduced a Private Members' Bill last year to fix two issues:

- To allow telehealth for all but the first VAD appointment; and
- To change the definition of permanent resident so people who have lived in Victoria for more than 3 years can access VAD, rather than to hold a permanent residency visa.

The Government response was that they wouldn't alter the scheme before the legislated review in 2023.

## GOD SAID NO

I asked God to take away my habit.

God said, NO.

It is not for me to take away, but for you to give up.

I asked God to make my handicapped child whole.

God said, NO. His spirit is whole, His body is only temporary.

I asked God to grant me patience.

God said, NO. Patience is a by-product of tribulation.

It isn't granted, it is learned.

I asked God to give me happiness.

God said, NO. I give you Blessings.

Happiness is up to you.

I asked God to spare me pain.

God said NO. Suffering draws you apart

from worldly cares and brings you closer to me.

I asked God to make my spirit grow.

God said NO. You must grow on your own, but I will prune you to make you fruitful.

I asked God to help me LOVE others,

as much as He loved me.

God said...Ahhhh, finally, you have the idea.

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contact [admin@ocrfm.org.au](mailto:admin@ocrfm.org.au) or 52 321 991.

# Winchelsea Churches

# Mums 'n' Bubs

## - working out at Winchelsea Health Club

New mums are finding a new way to exercise with a Mums 'n' Bubs fitness class proving popular at Surf Coast Shire Council's Winchelsea Health Club.

The class allows mums to have their babies with them in a safe and caring environment as they work out.

"Resuming careful post-natal exercise, in consultation with their doctor or midwife, can bring significant benefits for many new mums," Cr Heather Wellington said.

"But sometimes the biggest barrier to participating in fitness classes can be 'but what can I do with my bub?'.

"Our Health Club is now offering a class where new mums can improve their physical and mental wellbeing while still being with and caring for their newborns, and it has been a fantastic success."

Mums 'n' Bubs classes are at 9.15am on Tuesdays at the Health Club, at Eastern Reserve.

Benefits of post-natal exercise can include:

- improving cardiovascular fitness and restoring muscle strength
- raising energy levels and improving sense of wellbeing
- improving mood, relieving stress and helping prevent postpartum depression
- promoting healthy weight loss

The club's mobility classes are also increasing in popularity, helping older adults strengthen their core and increase flexibility, which might help prevent injuries or serious falls.

People seeking more information can phone the club on 5267 2336 or email [winchelseahealthclub@surfcoast.vic.gov.au](mailto:winchelseahealthclub@surfcoast.vic.gov.au)

All the churches of Winchelsea are happy to welcome any who would like to join them for worship.

## St Thomas' Anglican Church

in Barwon Terrace meets at 10.00 am every Sunday morning, followed by morning tea in the hall.

Activities at St Thomas' during the week.

Monday 10.00 am - Mainly Music.

Wednesday 10.00 am - Know Your Bible.

Thursday 10.00 am - Playgroup, meets fortnightly, next time, 22nd September.

Friday 10.00 am - Know Your Bible.

Saturday 3.00 - 4.30 pm - Free Craft for Girls 13 to 20. BYO project. Call Ellen Miller 0439 439 065

Phone Rev Lynne Clarke 0477 672 042 [stthomaswac@gmail.com](mailto:stthomaswac@gmail.com)

## St John's Catholic Church

in Harding Street meets at 5.00pm on Saturday evenings.

Baptism preparation is on the first Tuesday of the month at St Mary MacKillop Church, Bannockburn.

Please contact Anita, 0409 432 833 or Father Joseph Panackal, 0404 598 558

## Winchelsea Uniting Church

in Hesse Street meets at 9.30 am every Sunday morning.

Worship is followed by morning tea.

Phone 0475 777 301 [uca.winchelsea@gmail.com](mailto:uca.winchelsea@gmail.com)

## Op Shop Opening Hours

Friday, Saturday, Sunday, Monday  
10 am to 3pm

## Winchelsea Uniting Church

Hesse St, Winchelsea 3241  
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0475 777 301

Services 9.30am Sundays

## St John the Baptist

## Catholic Church

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## St Thomas' Anglican Church

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## Thought for the Week

"Suffering can be purifying.

Let suffering help you

to place life's petty annoyances

in perspective and point you

to what's truly important."

John Bader (Lay Preacher)

Uniting Church.

# Winchelsea Football Netball Club Inc

# Blues

## WINCHELSEA FOOTBALL & NETBALL CLUB INC. NOTICE OF 2022 ANNUAL GENERAL MEETING

Winchelsea Football & Netball Club Inc: A0042798Y  
70 Hopkins Street, Winchelsea 3241.  
Post Office Box 56. Winchelsea 3241.  
www.winchelseafnc.vcfl.com.au

Affiliated with the Geelong & District Football League.

**Monday the 7th November at 7pm. Members Room. Eastern Reserve.**

All positions have been declared vacant:  
President, Vice President (2) Secretary, Treasurer and General Committee.  
New nominations will be presented.

If you wish to nominate please fill out a nomination form  
(available from the Foxes Den Cafe, and /or Janet Fletcher 0400 783 408) and send to  
the Secretary, P. O. Box 56, Winchelsea Post Office, or e-mail winchelseafnc@hotmail.com

### WINCHELSEA FOOTBALL & NETBALL CLUB INC.

### COMMITTEE NOMINATION FORMS:

I \_\_\_\_\_ hereby nominate for the incoming Committee of Management  
for the W.F.N.C. INC. for the season 2022/23 (please tick the position nominating for).

Signature: \_\_\_\_\_

PRESIDENT \_\_\_\_\_ VICE PRESIDENT \_\_\_\_\_ VICE PRESIDENT \_\_\_\_\_

TREASURER \_\_\_\_\_ SECRETARY \_\_\_\_\_ COMMITTEE MEMBER \_\_\_\_\_

NOMINATED BY \_\_\_\_\_ Signature \_\_\_\_\_

SECONDED BY \_\_\_\_\_ Signature \_\_\_\_\_



## Works by 100 artists in Surf Coast Arts Calendar Exhibition

A bumper field of submissions for the popular calendar further signals a renaissance, up on entry totals from previous years.

A panel of judges will select the 12 works for the calendar, and a peoples' vote, both in-person and online during the Surf Coast Arts Calendar Exhibition at Anglesea Art Space will determine a 13th work for the cover.

"Mediums range from paper mache,

painting and linocut to glass and metal work, use of found objects, and etchings.

Councillors will announce the winning works during launch of the Surf Coast Arts Calendar Exhibition from 6pm to 8pm on 14 October at Anglesea Art Space, 2/103 Great Ocean Road.

Community members are welcome to attend the launch, and the exhibition will open Thursday to Sunday 10am to 4pm from 15 to 29 October, and 10 to 2pm on 30 October.

People will be able to view the works and vote in the people's choice awards via [www.surfcoastartstrail.com.au](http://www.surfcoastartstrail.com.au)

All winners will receive a \$300 prize.

## 'Mini Movers' is coming to Winchelsea

Friday October 14, Leisure Networks will launch a 6-week Mini Movers program at Winchelsea Shire Hall.

Mini Movers is an evidence based physical literacy program that uses sport as a vehicle to improve not only physical literacy but also the overall well-being of children.

"We've been running the program in Geelong for three years now and the children just love it," says Tori Honner, Program Coordinator for Mini Movers at Leisure Networks. "The parents love it too! Recently we have begun rolling out the program in Melbourne's west and now we're bringing all the fun to Winchelsea!

"Especially after COVID and all the lockdowns, a lot of children haven't really had the chance to get physically active and explore sports.

"Mini Movers is a great opportunity for these children to develop fundamental skills like running, catching, throwing, and striking, which is so important moving into primary school.

"It is important that children feel comfortable, safe and confident so they can reap the rewards of community sport. It gives them such a great foundation for leading a healthy and active lifestyle for years to come."

Leisure Networks' Mini Movers program focuses on improving physical literacy pathways for children and exploring opportunities to try new sports, as well as building confidence, social skills, and overall well-being.

"Our programs are all about having fun!" Tori continues. "Physical activity and sports aren't just about physical health, so much of it is about mental health as well. Healthy body, healthy mind is what they say."

The Mini Movers program is for children 3-5 years of age. The program is held in indoor at Winchelsea Shire Hall for 6 weeks starting 10am Friday October 14. Each session runs for 45 minutes.

# 100th ANNIVERSARY

## SATURDAY 22nd OCT 2022

### 12-3pm

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*For more information or to make an appointment contact Sue on 5221 4788*

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For more information please contact Jessica Culhane, Communications and Community Partnership Officer via phone on [031 5267 1200](tel:03152671200) or via email [jculhane@hesse.vic.gov.au](mailto:jculhane@hesse.vic.gov.au)

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