



IMPACT REPORT 24/25

MESSAGE FROM THE DIRECTOR

This year has marked the end of our large Start Strong UK Aid Match programme but also the beginning of our Girls Empowerment programme in Rugin, the continuation of our support for 4 key health posts - Rugin, Bichyya, Jair and Manbu. I was also able to get to the Far West and visit several of the PHASE Worldwide supported and PHASE Nepal run health posts. It was a privilege and a motivator to do more, better and stronger.

We continue to be work alongside Ciné Schools to deliver film programmes for underprivileged children in the UK, and this year our work was recognised by the National Lottery, funding the programme so we have been able to continue to strengthen this programme in Rotherham, the birthplace of PHASE Worldwide.

START STRONG



Lyndsey McLellan
Director PHASE Worldwide

Start Strong our UK Aid Match programme concluded in March 2025 after 3 years. With some outstanding achievements including increasing births in health posts from 57% to 79% now more mothers and babies have better access to emergency care should they need it. Alongside this report we have also published a full report from the 3 years of Start Strong. [Available here:](#)





HEALTH

11,779

Medical
consultations

Babies
delivered

165

IMPACT

14

GP
Placements

Ultrasound
screenings

483

HEALTH 24/25

This year our work has focused on funding 4 health posts in Rugin, Bichyya Jair and Manbu in Nepal as well as supporting other health posts with GP mentors. We are pleased to have provided these communities with healthcare access that they may otherwise not have had, giving people the opportunity to get on with their lives and be empowered to achieve more.

We have monitored (and treated if required) **4,620 children** under 5 for malnutrition. Addressing needs at the most critical time in life.

HEALTH EDUCATION

PHASE Worldwide believes that if you provide knowledge and skills to a community they will take this knowledge and use it in a way that is more empowering to them, improving health, education levels and increased livelihood opportunities.

STREET DRAMA

6 times

Street dramas are performed by the PHASE Nepal team to provide health information that is accessible to the **347 people** that attended.

SUPER FLOUR MAKING

41 times

Super flour making sessions were held to show **159 carers** a simple way to make a locally available porridge that ensures their babies get the nutrients they need during weaning after 6 months.

SCHOOL HEALTH

84 times

Reaching **2,287 students** (boys 979; girls 1,308) To talk about topics such as personal hygiene, menstrual hygiene and healthy eating.





LIVELIHOODS

750

750 Farmers reached with agricultural training materials and technical support

AGRICULTURAL PROGRAMMES 24/25

Our agricultural programmes work alongside our health programmes addressing the underlying causes of malnutrition within communities. Support includes training on how to make the best use of resources such as space, water and seeds, alongside helping families plan how they will manage and develop their stock (animals or vegetables) and connecting them to markets where they can sell produce thereby improving long term outcomes.

GIRLS EMPOWERMENT

115

In Rugin we have trained **11 Girls Empowerment facilitators** who have worked with **115 young people** to change the outlook for girls. Covering topics such as increasing confidence and menstruation.

This programme has come about as our health posts continue to see young girls having early pregnancies and harmful cultural practices continuing. Staff and mentors work with the whole community through a series of workshops, streets drama and teacher training.



ULTRASOUND: A CRITICAL LIFELINE

"I am very thankful to PHASE for supporting me during a critical time. Without their help, I could not have reached the hospital or received treatment. I hope PHASE continues its services so that others in need can also be helped."

6 new ultrasound machines in remote health posts along with **6 staff trained** to use them. These machine are critical, not only do they identify potentially life threatening risks for mother and baby they also provide hope and reassurance. Nurses are able to be proactive and save lives.

Thank you to PHASE Nepal
with whom we would not be able to achieve so much.



PHASE IN THE UK

At the core of PHASE Worldwide's values is the belief that everyone has their basic needs met, and a range of opportunities available so we can enable empowerment of anyone, wherever they are in the world. We have continued to make a difference in the UK with thanks to the National Lottery in partnership with Ciné Schools.

122 young people were given the opportunity to make film that would otherwise have not been able to. **53 of those young people were in South Yorkshire.** 30 were able to travel to London for the first Children's International Film Festival.

122



THANK YOU!

£20,000 BIG GIVE

Thank you to everyone that supported us to raised £20,000 for our girls empowerment programme as part of the Big Give Christmas Challenge

£15,000 FOR JAIR

Thank you to everyone that gave to our appeal.

EVENTS

Thank you if you came to an concert, ran, swam or sang for us in 24/245. Thank you!

We are privileged to partner with some incredibly generous funders.

Thank you to:

The James Tudor Foundation, The Gallus Trust, Guernsey Overseas Aid, Miss AJI Gower Charitable Trust, The Tula Trust, The Austin-Bailey Foundation, The Pat Newman Memorial Trust, The De La Rue Charitable Trust, The Coles Medlock Foundation, The Belacqua Charitable Trust, Festival Medical Services, The Wallace Bell Charitable Trust, The David Lister Charitable Trust, The Mageni Trust, The Himat Tanna Charitable Trust, UKAid Match, The Cauda Trust, Mannion Daniels, Gloucester Rotary Group and the National Lottery.

and to all those that wish to remain anonymous.



Thank you to our Patrons: Rosie Swale Pope MBE and Brian Blessed OBE



GET INVOLVED

GIVE MONTHLY

Regular donations are our lifeblood. It gives us a chance to give our work certainty, allows us to plan and the ability to respond quickly. Thank you.

BE A GP MENTOR

Each year UK General Practitioners travel to health posts in Nepal to support health teams and have an amazing experience themselves. Find out more on the website.

JOIN AN EVENT

Join a trek in Nepal, come to a concert, do a skydive, run the London Marathon in 2027, 2028, or 2029 - we have 2 places reserved per year!

AND OF COURSE, KEEP IN TOUCH VIA OUR NEWSLETTER AND THE SOCIALS!



Our Website
www.phaseworldwide.org



Our Email
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