

Committed to Optimizing Residential Experiences Globally

Rezy Fun²

Move-Out Made Simple

Fun Daily Event Themes

The End-of-Year Feeling No One Talks About

NEW

Helping Residents Transition Out of the Hall

What to Do If You're Not Excited About Going Home

Create Magic with Holiday Themes¹!



CONTENTS

MAY 2026

PAGE 4, 9, 14, 19, 24

MAY MONTH LONG THEMES
Daily Themes & Fun Days to Celebrate

PAGE 6

MOVE-OUT MADE SIMPLE

PAGE 11

NEW

HELPING RESIDENTS
TRANSITION OUT OF THE HALL

PAGE 16

WHAT TO DO IF YOU'RE NOT
EXCITED ABOUT GOING HOME

PAGE 21

THE END-OF-YEAR FEELING NO
ONE TALKS ABOUT

May Month Long Themes



The Smile Effect

Did you know that your smile can totally change how attractive you appear—depending on your gender? Research shows that women who smile are seen as more beautiful and approachable to men, while men who smile actually come across as less attractive to women. That's right—when it comes to charm, a woman's smile lights up the room, but a man's mysterious, serious look often wins more attention. So next time you're posing for a photo or flirting, remember: ladies, flash that smile; gentlemen, embrace a little mystery!

- American Cheese Month
- Better Sleep Month
- Correct Posture Month
- Healthy Vision Month
- Meditation Month
- National Egg Month
- National Pet Month

- National Photography Month
- National Salad Month
- National Share a Story Month
- National Smile Month
- National Tennis Month
- National Walking Month
- Women's Health Month

Daily Themes & Fun Ways to Celebrate



May 1

Learn to Ride a Bike Day

Set up a simple obstacle course using cones or markers. Challenge each other to navigate it with precision. See who can complete a set distance the fastest, encouraging a mix of speed and skill. Team up and create a relay race for an added element of teamwork and camaraderie.



May 2

National Scrapbook Day

Host mini workshops where participants can learn new scrapbooking techniques, like creating pop-up elements or layering methods. Set fun challenges such as creating a page in 30 minutes or using a specific set of materials. This can add a playful competitive edge to the day.

Seeking Residential Life Advisory?



SUBSCRIBE



REZFUN² MAGAZINE

Daily Themes & Fun Ways to Celebrate



May 3 Wild Koala Day

Start by gathering your friends for an informative session about koalas. There are numerous documentaries and videos about koalas and their habitats. Choose one that you find engaging and educational. After watching, have a discussion about what you learned.



May 4 Firefighters Day

Coordinate a visit to your local fire station and bring along some homemade treats or thank-you cards. This visit not only shows appreciation but also provides an opportunity to learn firsthand about the challenges and experiences of firefighters.



May 5 Nail Day

Start the day with a mini nail art workshop. Each friend can demonstrate a favorite technique or design. This is a great way to learn new styles and gain inspiration. Some popular trends include marbled nails, ombre fades, and geometric patterns.



May 6 National Nurses Day

One of the best ways to celebrate National Nurses Day is by giving back to the community. Organize a volunteer activity with your friends at a local hospital or community health center. Offer to help with tasks such as organizing supplies, or preparing care packages.

MOVE-OUT MADE SIMPLE

How to leave your space without last-minute stress or chaos

REMEMBER - IT ALWAYS TAKES LONGER THAN YOU THINK

Move-out seems simple—until it isn't. What starts as "I'll pack the night before" quickly turns into rushing, misplaced items, and unnecessary stress. The reality is that packing always takes longer than expected, especially when you're also managing finals, saying goodbye to people, and wrapping up the semester.

Starting earlier doesn't mean doing everything at once. It means doing small pieces ahead of time so you're not trying to do everything at the end. Even organizing one drawer or separating what you're taking versus leaving can make a difference.



START BY SORTING, NOT PACKING

Before you pack anything, take a few minutes to sort your belongings. Divide your items into three clear categories: what you're taking home, what you're storing, and what you're getting rid of.

This step saves time later because you're not packing things you don't need. It also makes unpacking easier when you know exactly where everything belongs. The goal is not just to leave—it's to leave in a way that makes your next move smoother.

DON'T FORGET THE SMALL STUFF

The things that get left behind are almost always the smallest ones. Chargers, desk drawers, bathroom shelves, and closet corners are easy to overlook when you're focused on larger items.

Before you check out, do a final sweep of your space. Open every drawer, check behind doors, and look in places you don't normally think about. Taking a few extra minutes can save you from losing something important.

UNDERSTAND YOUR BUILDING'S PROCESS

Every residence hall has a move-out process, and not knowing it can create unnecessary stress. Whether it's returning keys, signing paperwork, or completing a room check, make sure you understand what's expected.

Knowing the process ahead of time allows you to plan your move-out instead of reacting to it. It also helps you avoid last-minute issues or additional charges.

CLEAN AS YOU GO, NOT ALL AT ONCE

Cleaning your space is part of leaving, but it doesn't have to happen all at once. As you pack, take a few minutes to wipe down surfaces, clear out trash, and organize shared areas.

This makes the final clean much easier and prevents the overwhelming feeling of having to do everything at the last minute. Small steps throughout the process make a big difference at the end.



BE REALISTIC ABOUT YOUR TIME

Move-out doesn't happen in isolation. You're balancing exams, social plans, and other responsibilities at the same time. That's why it's important to be realistic about how long things will take.

Give yourself more time than you think you need. Rushing creates stress, and stress leads to mistakes. A little extra time gives you space to handle things calmly and thoroughly.



“The goal isn't just to leave—it's to leave in a way that makes your next move easier.”

MAKE IT EASIER ON YOURSELF

Move-out doesn't have to be a solo effort. If possible, coordinate with friends, roommates, or family to make the process easier. Even small help—carrying items, organizing, or keeping track of things—can make a difference.

At the same time, keep your process simple. The more complicated your system is, the harder it becomes to manage when you're already busy.

CONCLUSION: LEAVE IN A WAY THAT FEELS COMPLETE

Move-out is more than just packing your things—it's closing out your space for the semester. Doing it in a thoughtful, organized way helps you leave without unnecessary stress and without feeling like you forgot something important.

You don't need to do it perfectly. You just need to do it early enough, simply enough, and intentionally enough that when you walk out, you feel ready to move forward.

Daily Themes & Fun Ways to Celebrate



May 7 Spring Astronomy Day

The highlight of Spring Astronomy Day is, of course, stargazing. As the sky darkens, lay back on blankets or lounge chairs and take in the breathtaking views. Try to locate prominent constellations and planets visible during the spring season, such as Leo, Virgo, and the planet Jupiter.



May 8 White Lotus Day

Engage in creative activities that express the day's themes. This could include painting, drawing, or crafting white lotus flowers. Encourage everyone to share their creations and discuss the inspiration behind them.

**SHARE YOUR
CAMPUS EVENTS
WITH US**

Your story will be included in our next edition!



May 9 National Train Day

Celebrate with friends by throwing a train-themed party. Decorate your space with railroad signs, train models, and conductor hats. You can even create train-inspired snacks, like cookies shaped like train cars or a cake designed to look like a locomotive.

Daily Themes & Fun Ways to Celebrate



May 10 National Shrimp Day

Host a friendly cooking competition where each team prepares a unique shrimp dish. The winner can receive a fun prize, like a chef's hat or a gift card to a seafood restaurant. After the meal, unwind with a movie marathon. Choose films set by the sea or those that feature seafood prominently.



May 11 National Technology Day

Host a tech-themed party where everyone can showcase their favorite gadgets. Encourage friends to bring along their latest tech toys, whether it's a new smartphone, a VR headset, or a unique gadget they've built themselves. Set up different stations where each person can demonstrate their gadget's capabilities.



May 12 National Limerick Day

Transform your living room or backyard into a cozy open mic venue. Encourage your friends to bring their own limericks or share favorites from famous poets. Enhance the atmosphere with soft lighting, comfortable seating, and perhaps some light refreshments.



May 13 National Fruit Cocktail Day

Organize games that highlight the fruit theme. Consider a fruit trivia quiz, a "Guess the Fruit" blindfold challenge, or a friendly fruit salad-making competition. Offer small prizes for winners to add excitement.



RESIDENT LEADERSHIP CORNER

HELPING RESIDENTS TRANSITION OUT OF THE HALL

Supporting residents as they transition out—physically and emotionally

RECOGNIZE THE SHIFT IN YOUR COMMUNITY

By May, your community begins to change in noticeable ways. Residents are preparing for finals, packing their spaces, and mentally shifting toward what comes next. Hallways grow quieter, doors close more often, and the energy that once defined your floor starts to fade.

OREG's work across colleges and universities consistently shows that this shift is both predictable and necessary. It is not a sign that community has been lost—it is a sign that students are transitioning. Your role as an RA is not ending, but evolving from building community to helping bring it to a close in a meaningful way.

FOCUS ON SMALL, MEANINGFUL CONNECTIONS

At this point in the semester, connection no longer comes from large programs or structured events. Instead, it happens in brief, everyday interactions that feel natural and low-pressure. Students are balancing multiple priorities, and their capacity for engagement is limited.

A quick check-in, a short conversation, or simply asking how someone feels about leaving can help residents process the transition. These interactions may seem small, but they often carry the most meaning as students prepare to leave. When connection feels manageable, students are more likely to engage, even briefly.

ACKNOWLEDGE THE SHARED EXPERIENCE

Over the course of the semester, your residents have built routines, relationships, and a sense of familiarity within the hall. Even if they do not openly reflect on it, that shared experience shapes how they leave.

Taking a moment to acknowledge that experience matters. Letting a resident know you appreciated having them on the floor or recognizing something specific about their presence reinforces that they were seen and valued. These simple acknowledgments help transform a routine departure into a more meaningful transition.

CREATE LOW-PRESSURE OPPORTUNITIES FOR CLOSURE

As finals approach and move-out begins, students have limited energy for additional commitments. Large or highly structured events may feel overwhelming rather than inviting, especially when students are focused on finishing the semester.

At this stage, OREG has found that students respond best to flexible, low-pressure opportunities for connection. Casual gatherings, open-door time, or brief shared moments allow residents to engage without expectation. The goal is not participation from everyone, but creating space for connection when students are willing.

REACH RESIDENTS WHO MAY BE OVERLOOKED

Some residents will naturally engage in end-of-year interactions, while others may remain on the edges of the community. These students can easily leave without meaningful connection if they are not intentionally included.

Take note of who you have not seen recently and make an effort to check in. A brief interaction or simple acknowledgment can ensure that every resident leaves with some sense of recognition. These moments may be small, but they often carry lasting impact for students who might otherwise go unnoticed.



[**CLICK HERE TO
GET A FREE COPY**](#)



SUPPORT RESIDENTS WHO FEEL UNCERTAIN ABOUT LEAVING

While some students are eager to leave, others may feel uncertain or anxious about what comes next. Leaving the residence hall can mean losing independence, routine, or a sense of belonging, even if students do not openly express it.

In these moments, your role is to provide reassurance and perspective.

Acknowledging that transitions can feel uncomfortable and reminding residents of what they have handled throughout the year can help ease uncertainty. You do not need to solve anything—your presence and understanding are often enough.

ALLOW THE COMMUNITY TO CLOSE NATURALLY

As the semester ends, it can be tempting to try to recreate earlier energy or hold onto the community longer than necessary. However, this can feel forced and does not reflect where students are emotionally or mentally.

Allow the community to close in a way that feels natural. Not every moment needs to be structured or intentional. Being present, aware, and responsive to what is happening around you is often the most effective way to support residents through this transition.

CONCLUSION: CLOSE WITH INTENTION, NOT PERFECTION

Closing a community is not about creating a perfect ending, but about recognizing that something meaningful existed and helping residents leave with that understanding.

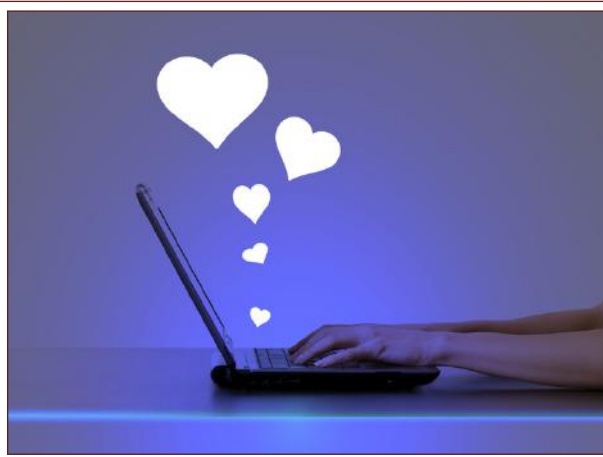
Drawing on OREG's broader insights from across diverse campus environments, it is clear that small, intentional moments—brief conversations, simple acknowledgments, and consistent presence—have the greatest impact. As residents prepare to leave, these interactions help ensure that they do not just move out of the hall, but move forward with a sense that their experience mattered.

Is a Focus Group or Survey Right For You?

CONNECT WITH US



Daily Themes & Fun Ways to Celebrate



May 14 Online Romance Day

One of the best ways to celebrate Online Romance Day is by organizing a virtual gathering with friends. Using platforms like Zoom, Google Meet, or Discord, you can host a virtual party where everyone shares their experiences with online romance.



May 15 Shades Day

Organize a sunglasses swap where everyone brings a pair of shades they're willing to trade. It's a fun way to try out new styles and maybe even discover a new favorite look. Ensure there's a variety of styles available so everyone can find something that suits them.



May 16 Ride a Unicycle Day

If some members of your group are new to unicycling, consider starting the day with a quick lesson. Gather everyone together, and have someone experienced give a brief tutorial on the basics of mounting, balancing, and riding a unicycle. Encourage everyone to practice and be patient with each other as they get the hang of it.

Daily Themes & Fun Ways to Celebrate



May 17 World Topiary Day

Host a topiary art contest. Divide into teams and challenge each other to create the most creative or intricate topiary designs. Set a time limit and then have an impartial judge (or group vote) to determine the winner. This activity can spark creativity and teamwork, making it a memorable part of your celebration.



May 18 National No Dirty Dishes Day

Since the goal is to avoid dirty dishes, consider hosting the event at a place where cleanup is minimal. Enjoy the outdoors with a picnic. Bring disposable or eco-friendly plates and utensils to minimize your environmental footprint.



May 19 National Chi Day

To truly celebrate National Chi Day, start by creating a space that promotes relaxation and positivity. Use soft, ambient lighting like fairy lights or candles to set a calming mood. Incorporate elements like plants, crystals, or tapestries that evoke a sense of peace and harmony.



May 20 Be a Millionaire Day

Start the day by gathering with your friends in a cozy setting, perhaps at someone's home or a favorite café. Begin by discussing everyone's dream millionaire lifestyle. Would you travel the world, start your own business, or invest in innovative projects?

WHAT TO DO IF YOU'RE NOT EXCITED ABOUT GOING HOME

Navigating a transition that feels more complicated than expected

NOT EVERYONE FEELS THE SAME ABOUT GOING HOME

There's an assumption that going home at the end of the semester is something everyone looks forward to. For some students, it is. But for others, it's more complicated.

You might feel like you've built a routine, independence, or sense of identity while being on campus. Going home can feel like stepping back into an environment that doesn't fully reflect who you are now.

If you're not excited about that transition, there's nothing wrong with you. It's more common than people admit.





WHY THE TRANSITION FEELS OFF

During the semester, you've likely developed your own structure—how you spend your time, who you see, and how you make decisions. Going home can disrupt that, especially if expectations shift or your environment changes.

You may feel like you're losing independence, even temporarily. That shift can feel frustrating, especially if you've grown used to making your own choices.

At the same time, your home environment hasn't necessarily changed in the same way you have.

CREATE SMALL AREAS OF CONTROL

Even if the overall situation feels out of your control, there are still ways to create structure for yourself. Setting small, personal routines can help you maintain a sense of independence.

This might include:

- setting your own schedule
- creating time for yourself during the day
- maintaining habits you built during the semester

These small choices help you feel more grounded, even in a different environment.

STAY CONNECTED TO WHAT YOU BUILT

Leaving campus doesn't mean leaving everything behind. The relationships, routines, and sense of identity you developed don't disappear—they just change form.

Make an effort to stay connected to the people who matter to you. This doesn't have to be constant communication, but even occasional check-ins can maintain a sense of continuity.

Knowing that those connections are still there can make the transition feel less abrupt.

ADJUST YOUR EXPECTATIONS

Part of what makes going home difficult is expecting it to feel the same as it did before. In reality, both you and your environment may feel different.

Instead of expecting everything to fit perfectly, allow space for adjustment. Some things may feel comfortable, while others may take time.

Giving yourself that flexibility reduces frustration and helps you move through the transition more smoothly.

FIND SOMETHING TO LOOK FORWARD TO

Even if you're not excited about the overall situation, it helps to identify something within it that you can look forward to. This could be:

- a personal goal
- a new routine
- time to rest or reset

Having something intentional to focus on gives the transition direction, rather than making it feel like something you're just getting through.

CONCLUSION: YOU CAN NAVIGATE THIS TRANSITION YOUR WAY

Going home doesn't have to feel perfect to be manageable. It's okay if your feelings about it are mixed or uncertain. What matters is how you approach the transition.

By creating small areas of control, staying connected to what you've built, and adjusting your expectations, you can move through this period in a way that still feels like your own.

You may not be excited about going home—but you can still shape what that experience looks like for you.



Daily Themes & Fun Ways to Celebrate



May 21 Strawberries and Cream Day

An outdoor picnic can be a wonderful way to enjoy the fresh air and the vibrant colors of springtime. Prepare bowls of fresh strawberries and serve them with a drizzle of whipped cream. You can also set up a friendly competition for the best strawberry-themed costume or dish.



May 22 Sherlock Holmes Day

Consider visiting or creating your own Sherlock-themed escape room. These puzzle rooms challenge participants to solve clues and mysteries to "escape" within a set time limit. Working together with friends to unravel the mystery can be a fun and exhilarating way to celebrate the day.



May 23 World Turtle Day

Consider pooling resources with friends to symbolically adopt a turtle through a wildlife conservation organization. This action supports turtle conservation efforts and provides you with updates on the turtle you've adopted. It's a meaningful gesture that deepens your connection to the cause.



May 24 National Brother's Day

Organize an outing that everyone can enjoy. Head to an amusement park, go hiking, or try something adventurous like rock climbing or paintball. Activities like these are great for building camaraderie and creating lasting memories.

Daily Themes & Fun Ways to Celebrate



May 25 Geek Pride Day

Decide on a theme that resonates with your group's interests. Whether it's "Star Wars," "Harry Potter," or "Marvel vs. DC," a themed celebration can set the tone for the day. Consider decorating your space with posters, figurines, and other memorabilia to create an immersive environment.



May 26 World Red Head Day

A great way to celebrate World Redhead Day is by hosting a themed party that highlights and honors the uniqueness of red hair. Encourage guests to dress in shades of red or wear clothing that features fun redhead slogans or images. For those without red hair, wigs can be a playful addition to the festivities.



May 27 National Gray Day

Host a movie marathon featuring films with gray themes or aesthetics. Films shot in black and white or those with a grayscale palette can fit the theme perfectly. Some suggestions include classic movies or modern films that play with these tones.

Call OREG for Professional Third Party Surveys and Focus Groups

▶ LEARN MORE

📞 678-534-3512

✉ info@oraclerealestategroup.com

🌐 www.oraclerealestategroup.com



THE END-OF-YEAR FEELING NO ONE TALKS ABOUT

Why the end of the semester feels different

Is it Just Relief? You expect to feel relieved at the end of the semester. Finals are over, assignments are submitted, and the pressure that's been building for weeks finally starts to lift.

But for a lot of students, that's not the only feeling that shows up.

There's something else—something harder to name. It's a mix of exhaustion, uncertainty, and a quiet sense that something is ending, even if you're not sure what to do with that.

WHY IT FEELS SO STRANGE

Part of what makes this feeling confusing is that nothing dramatic is happening. There's no clear moment that marks the end. Instead, things slowly shift.

Your routine disappears.

Your schedule changes.

The people you saw every day are suddenly not around.

The structure that carried you through the semester fades, and in its place is open space that can feel both freeing and unsettling at the same time.





YOU'RE NOT JUST LEAVING A PLACE

When you pack up your room and check out of your building, it might seem like you're just leaving a physical space.

But you're also leaving:

- a routine you built
- relationships that became part of your daily life
- a version of yourself that existed in that environment

Even if you're excited to move on, there's still an adjustment that happens when all of that changes at once.

THE MIXED EMOTIONS ARE NORMAL

You might feel ready to leave and not ready at the same time. You might be excited for what's next but unsure about what that actually looks like. You might feel like you should be happier than you are—or more relieved than you feel.

All of that is normal.

Endings rarely come with one clear emotion. They tend to show up as a mix, and sometimes that mix doesn't fully make sense in the moment.

WHY NO ONE TALKS ABOUT IT

This is one of those experiences that almost everyone goes through, but very few people actually say out loud.



Part of that is timing. Everyone is busy finishing their own responsibilities, making plans, and preparing to leave. There isn't much space for reflection.

The other part is that the feeling itself is hard to explain. It's easier to focus on what's next than to sit in something that feels uncertain or undefined.

WHAT YOU CAN DO WITH IT

You don't need to fix the feeling or fully understand it right away.

What helps is simply acknowledging that it's there.

Take a moment to notice what this semester meant to you—what changed, what stayed the same, and what you're taking with you. That doesn't require a big reflection process. Even small moments of awareness can help make the transition feel more complete.

STAY PRESENT FOR A LITTLE LONGER

It's easy to rush through the final days. There are things to pack, people to say goodbye to, and plans to think about. But this is also a moment you won't repeat in the same way.

The last conversations, the familiar spaces, the routines you've been living in—they're all part of something that is ending. Being present, even briefly, can make those moments feel more meaningful.

CONCLUSION:

You don't need to have a clear explanation for how you feel at the end of the semester. You don't need to label it or resolve it.

What you're experiencing is a transition—and transitions are rarely simple. The important thing is recognizing that something mattered enough to feel this way. And even if you can't fully explain it now, that doesn't make it any less real.

"It's Okay If It Feels Unclear"

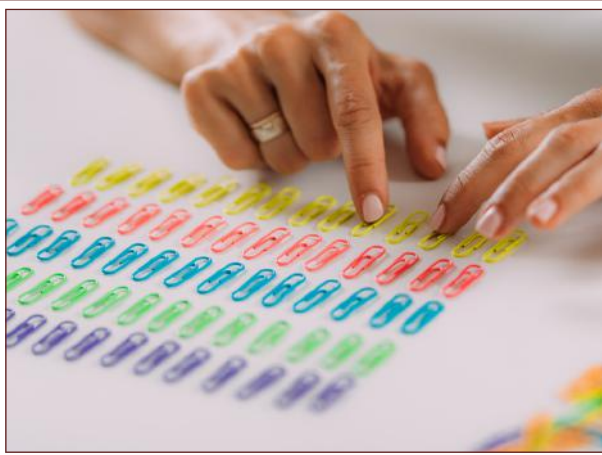
Daily Themes & Fun Ways to Celebrate



May 28

International Burger Day

A burger bar is a fantastic way to cater to diverse tastes. Offer a variety of buns such as classic sesame seed, whole grain, and brioche. Include beef, chicken, turkey, and vegetarian options to suit all dietary preferences. Provide a range of toppings like lettuce, tomato, onion, pickles, cheese, avocado, and bacon.



May 29

Paperclip Day

Get crafty with your friends and make some unique creations using paperclips. Decorate paperclips with ribbons, beads, or charms to create personalized bookmarks. Link paperclips together to make colorful, funky friendship bracelets.



May 30

National E-Bike Day

Choose a scenic and safe route that accommodates e-bikes. Consider local trails, parks, or waterfront paths that offer beautiful views and the chance to enjoy nature. Make sure to plan stops at interesting landmarks or cafes for a break and some refreshments.



May 31

World Parrot Day

Start by throwing a parrot-themed party. Decorate your space with colorful streamers, balloons, and parrot cutouts to create a lively atmosphere. Encourage your friends to dress in bright colors inspired by parrot plumage. You could even have a costume contest for the best parrot-inspired outfit!