

AS YOUR LOVED ONE'S CARE PARTNER, YOU ARE AN INVALUABLE MEMBER OF THE TEAM.

You know your loved one best and can help express their needs, questions and concerns. And, there are many ways you can be an extra pair of eyes, ears and hands to help support the medical team in providing safe and sound care.



Please keep in mind that serious, life-saving work goes on every minute of every day in every hospital. It's important to be respectful of everyone's time and skills, but it's also important to speak up for your loved one's needs whenever necessary.

HOW TO HELP

SUPPORT GOOD COMMUNICATION:

- Your #1 Care Partner "job" is to help prevent infection.**

This is as simple as speaking up to ask anyone who touches your loved one to wash their hands first. This includes visitors, nurses, doctors, and all other hospital staff. Of course, you will, too!



- Ask to participate in doctor visits** ("rounds") or any bedside shift change conversations, possibly by phone or iPad if you cannot be there in person.

- Ask the nurses to let you know times** for morning rounds.

- Keep a notebook and pen** in your loved one's hospital room to record notes and questions to ask. This is a great way for those staying in shifts to share info. Use our **handy form!**



- Know how to call for extra care**, if necessary.

- Stay focused** on what's right for your loved one.

- Speak up** if you have any concerns at all. You know your loved one best, and they may be too sick or too medicated to speak for themselves.



- Show your attitude of gratitude.** Polite manners and thoughtful acts of kindness promote the best teamwork!

- Think of the hospital as a peaceful HUSH Zone—Help Us Support Healing.** Speak in low, quiet tones and keep your movements as calm and unhurried as possible. Be sure to ask visitors to respect the HUSH Zone, as well.

