

MAY

CARIBBEAN ISLAND OF THE MONTH

2024

ANTIGUA



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WELCOME

Dear Traveler,

I am happy to present our May *Caribbean Island of the Month*: Antigua.

Antigua's shoreline is washed almost exclusively by the Caribbean Sea and hugged by 95 miles of superb coastline surrounded by protective reefs and features a large lagoon and Frigate Bird sanctuary. The Island is best known for its friendly and welcoming people, pink and white sand beaches, crystal clear waters, and the world's most satisfying and enjoyable climate. Not to mention, there are 365 beaches, one for each day of the year!

When you're ready, contact me so we can start planning your next Caribbean getaway.

Sincerely,
Your Travel Advisor

you've arrived to
ANTIGUA



ABOUT THE ISLAND

Antigua's shoreline is washed almost exclusively by the Caribbean Sea and is hugged by 95 miles of superb coastline. Her sister Barbuda, is surrounded by protective reefs and features a large lagoon and Frigate Bird sanctuary. The islands are best known for their friendly and welcoming people, pink and white-sandy beaches, crystal clear waters and the most satisfying and enjoyable climate in the world.

The tropical island of Antigua is located in the heart of the Caribbean about a thousand miles to the east of Jamaica and half that distance from Trinidad on the coast of South America. Antiguanians boast a rich, vibrant culture, shaped by their African heritage, British colonial history, and modern influences.

In Antigua, the beach is just the beginning. Visitors to the destination are encouraged to immerse themselves in the local culture – visit museums and interpretation centers for a deeper understanding of the people, and maritime heritage. Sample delicious local cuisine, enjoy the enchanting sounds of the music, dance to the drums, steelpan, iron band, calypso and soca music. Take in a local cricket match or a game of warri. Be sure to attend festivals or just interact with the friendly people within these vibrant communities.





TRADITIONAL CUISINE

While it's clear to see and taste the varied, international influence on Antigua and Barbuda's cuisine, the indigenous foods, drinks, and treats of the twin-island paradise are surely something to savor. Have a look at the list below of some must-haves to sample on your visit!

Fungee – a dish of boiled yellow cornmeal and okra, similar to polenta, that accompanies soups, stews, and meats. It is commonly served with stewed saltfish, stewed red herring, or shad coated in cornmeal and fried. It is also delicious served with stewed or boiled fish and alongside stewed or curried conch. One of the most popular pairings is Fungee and Pepperpot, which is the national dish of Antigua.

Pepperpot – a flavorful and hearty stew of meat and vegetables, not to be confused with the dish of the same name that originates from Guyana. Antiguan pepperpot usually contains spinach, okra, eggplant, squash, peas, dumplings called 'droppers' or 'spinners', and meats such as salted pork, beef, and chicken.

Ducana – a sweet dumpling of sorts, made from grated sweet potatoes, grated coconut, sugar, flour, and spices. The batter is cooked in banana leaf packages in boiling water, similar to how a tamale is cooked.

LOCAL EXPERIENCES

With 365 beaches one for every day of the year, there are definitely lots of water-based activities for water-lovers to engage in while in Antigua, whether it's swimming with stingrays for the adventurous, a romantic sunset catamaran, or a jet-ski adventure.

For the land lubbers, historic walking tours through St. John's City and the UNESCO World Heritage Site in English Harbour and off-road island safaris are fascinating experiences. A horseback ride, or zip through the rainforest are just some of the other ways to discover the destination. Foodies can also explore Antigua and Barbuda food and drink with a cooking class, or a rum tour. Whatever you do you are sure to have an amazing adventure.



FAMOUS BEACHES

The island's developed **northwest coast** is home to the popular Dickenson Bay and Runaway Bay. Or, for those who want a beach close to St. John's, Fort James, a locally popular public beach, and Deep Bay are excellent choices. A series of four crescent-shaped beaches at Hawksbill are also highly regarded, one of which is great for those seeking a nude sunbathing experience. And for those who want to party, Dickenson Bay is a great late hotspot.

The beaches of the hilly **southwest corner** of Antigua are generally less developed than those around St. John's. Winding along the coast are Ffryes Bay, Darkwood Beach, and Johnson's Point. Rendezvous Bay and Doigs Beach, both located on the central southern coast, are especially quiet beaches as they are only accessible by four-wheel drive or footpaths. Pigeon Point is a great stop off for a cooling dip or drinks at the local beach bar.

explore our

FEATURED R

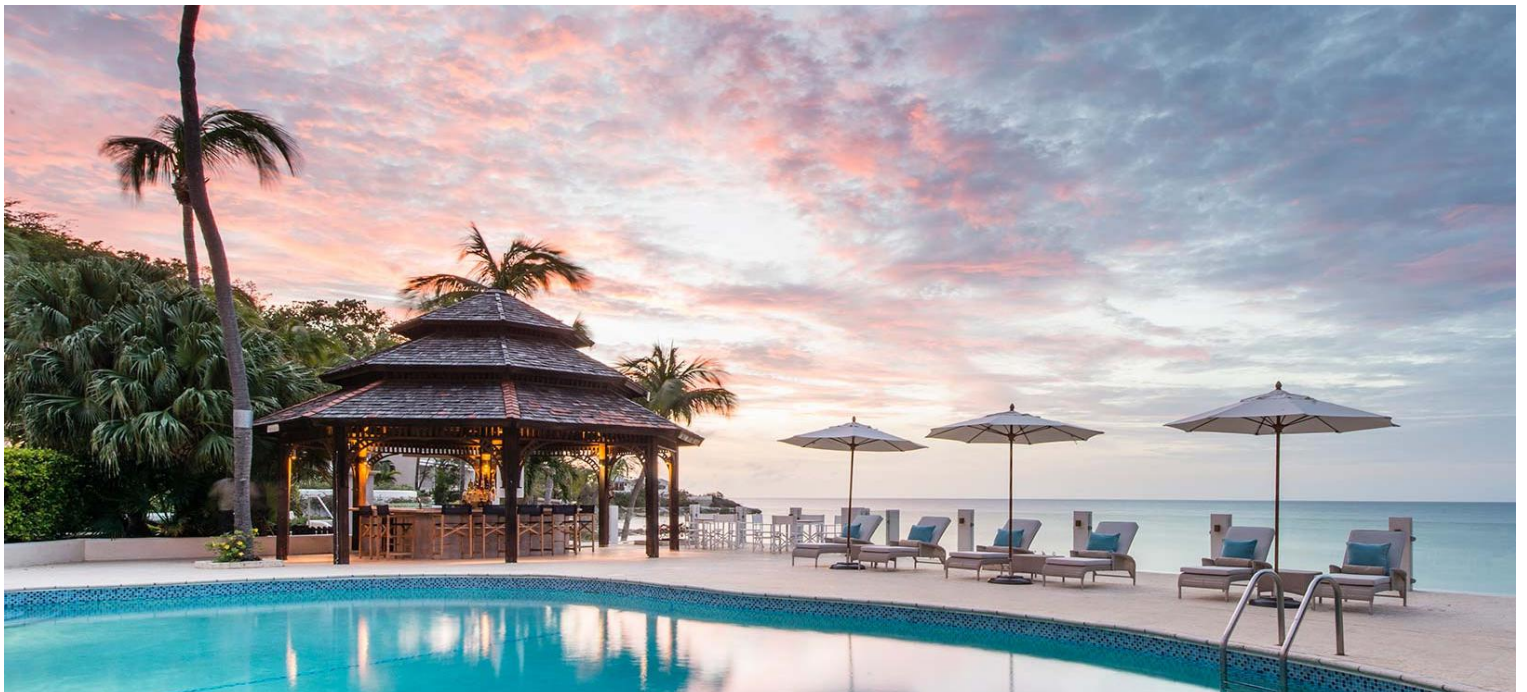


An aerial photograph of a body of water, likely the ocean, showing a prominent white wake from a boat moving through the water. The water is a vibrant turquoise color, and the wake creates a series of white, frothy trails that contrast sharply with the darker water. The perspective is from directly above, looking down at the water's surface.

PARTNERS

BLUE WATERS RESORT & SPA

★★★★★



A TRANQUIL ESCAPE IN A PRIVATE BAY

Nestled away in a private bay on Antigua's northwestern coast, the proud family-owned resort has strong roots dating back more than 40 years. Over the decades, Blue Waters Resort & Spa has lovingly modernized the 85 luxury rooms, villas, and suites, whilst remaining faithful to the timeless Colonial character that guests find so inspiring.

Lounge under swaying palms by one of the pools or explore 17 tranquil acres of mature tropical gardens. Rejuvenate your mind, body, and soul at the three secluded beach coves, where crystalline waters and powder-soft sands sparkle as brightly as the sun. Inspired spaces where passion, excellence, and personalized service combine to create the signature style of laid-back luxury.

With 4 bars and lounges across the resort you will never be left high and dry. A refreshing cocktail is only steps away no matter where you are. From casual lunches served al fresco by the beach or elegant evening dinners, the range of restaurants offer you the perfect experience. Or indulge at The Spa at Blue Waters, working alongside Ila Spa to offer you first-class treatments within a tranquil setting.

The waters of Antigua are some of the finest in the Caribbean, enjoy relaxing on one of the beach coves with powder-soft sand while basking in the sunshine.

BLUE WATERS
RESORT & SPA • ANTIGUA



CARLISLE BAY



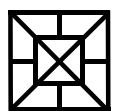
WHITE SAND & TURQUOISE WATERS

Welcome to Carlisle Bay, sophisticated and contemporary in style, this modern Caribbean classic is instilled with genuine West Indian conviviality. Located on a stunning horseshoe bay on the South Western shore of the island of Antigua, overlooking tranquil turquoise waters and swathed by lush rainforest, Carlisle Bay offers a haven of seclusion and relaxation.

Nothing has been overlooked when it comes to providing a complete Caribbean resort experience at Carlisle Bay. Should you decide never to leave the resort you will find everything you could possibly want right here. From the gentler pursuits of reading, movies, and yoga to the thrills of watersports and the prestigious tennis facilities.

Dining at Carlisle Bay is an intricate and important part of this luxury resort experience. Choosing from an abundance of fresh local produce the culinary team creates menus to entice and delight. The preparation and cooking of food are subtle yet sophisticated. The dishes that are produced are bursting with flavor and taste without being fussy.

The 87 exquisitely-appointed suites offer sweeping ocean views through floor-to-ceiling windows. All feature a balcony or covered terrace with comfortable day beds perfect for a leisurely day enjoying the Caribbean sunshine. Suites have open-plan sitting rooms.



CARLISLE BAY
ANTIGUA



venture with our other

PREFERRED

★★★★★

Curtain Bluff Resort All-Inclusive

Galley Bay Resort & Spa All-Inclusive Adults-Only

Hammock Cove Antigua All-Inclusive Adults-Only

Hermitage Bay All-Inclusive

Jumby Bay Island – Oetker Collection

★★★★★

Tamarind Hills Resort and Villas – Coming Soon!

★★★★

Royalton Antigua All-Inclusive

An Autograph Collection All-Inclusive Resort

Royalton CHIC Antigua All-Inclusive Adults-Only

St. James's Club Antigua All-Inclusive

The Verandah Antigua All-Inclusive Adults-Only

Also Available

Sandals Grande Antigua All-Inclusive Couples-Only

PARTNERS



ANTIGUA ROMANCE IS IN THE AIR

In this tropical paradise, romance is almost inevitable. Even more so, is the perfect romantic wedding that can be created. With guaranteed sunshine and stunning backdrops for the Big Day, there is no better place to say “I do” to the one you love, than in Antigua. The destination was voted Caribbean’s Most Romantic Destination four times in a row by the World Travel Awards; with some of the world’s most intimate and secluded locations, it’s no wonder!

Antigua and Barbuda provides the ultimate setting for dream weddings and honeymoons with all the facilities and expertise available to ensure you get married without any problems. No waiting period or residency requirements for a wedding license to be issued, and an array of wedding planners means arranging your Big Day is a breeze and as stress-free as possible.





Groups by Classic presents our exclusive *Say I Do In Paradise* campaign in Antigua.

You can earn up to **\$1,000** USD credit toward your Destination Wedding Airfare! If you would like to qualify, you can book your Destination Wedding in Antigua by December 31, 2024, and have 75 room nights materialized.

MAY

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CONTACT YOUR
ADVISOR TO BOOK

