

# GUIDE TO.....

### **MOVING HOUSE WITH** YOUNG CHILDREN? TIPS FOR A SMOOTH TRANSITION!







The essential guide on how to move house with young children to ensure a smooth transition









# **INTRODUCTION:**

Buying a new home is both an exciting and life changing event. Upgrading to a bigger house or just relocating to a nicer area allows us to rejuvenate and open up new chapters in our lives.

It is essential to remember however, the move itself can be a very stressful process. This is especially true for younger members of the family who will need more time to mentally prepare for such a sudden change in environment and lifestyle.

Psychological stydies tell us that children aged between 11 and 14 years are more prone to stress in these circumstances due to the massive hormonal changes happening in their bodies.

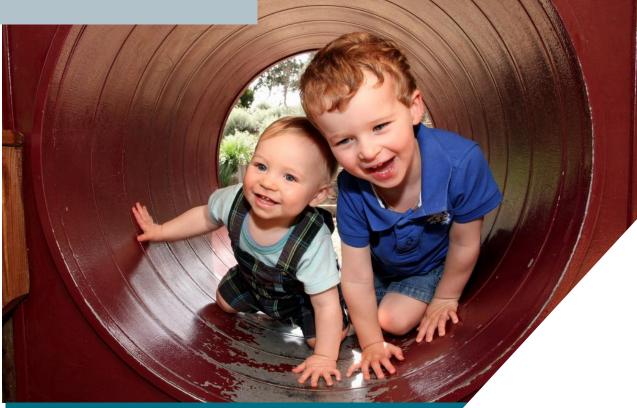
Nonetheless, much of this stress and anxiety can be reduced by remaining positive and being proactive with your child's emotions and needs. With this in mind, we've put together some top tips to help make moving house easier for you and your family











# **1. MAXIMUM TIME TO PROCESS**

Children are more prone to anxiety if they feel something is happening outside of their control. They also take longer than adultsto adapt to changes and new routines. Telling your child about the move as early as possible is key to mitigating this and will give them time to process the changes happening around them.









# 2. WEIGH ON THE POSITIVES

One way to get your children more excited about the move is to highlight the positive changes of the new home or area and how this will improve their lifestyle. They may naturally assume that moving means leaving behind their favourite things like toys and pets, so take time to reassure them that they will all be moving together.











## **3. STABILITY & CONSISTENCY**

Children feel more secure when they have stability and consistency in their lives. It's important to therefore highlight elements of their life that won't change. This includes things like play schedules, bedtime routines or the fact that they still have a supportive and loving family that isn't going anywhere.









# 4. ALLOW THEM TO SAY GOODBYE

Let the children say goodbye. Not just with their friends and neighbours, but also their favourite places such as parks, schools, or anything else they'd like to. Its also worth mentioning to them that saying goodbye doesn't mean goodbye forever and that they can always come back to visit in the future.









## **5. KEEP THEM AWAY ON MOVING DAY**

Some children will find seeing their toys packed into the back of a truck upsetting. For this reason, it may be worth having them stay with a friend or relative on the day of the move.











# 6. CHILDREN'S BEDROOM FIRST

When the moving truck does arrive at your new home, its always worth setting up the children's bedrooms first. This way, they have a safe and familiar space to retreat to when things get chaotic elsewhere in the new property.

















# **7. EXPLORE TOGETHER**

Naturally, everyone will need time to adjust to the new location. But why not make it an adventure by taking your children out to explore the area? This also allows you to find nearby parks and playgrounds that will no doubt become useful later on.

When moving to a new area, getting involved in your local community is a great way to make friends and feel at home faster. This will also give you an opportunity to scout out potential playmates for your kids.









### **8. BE RECEPTIVE AND ATTENTIVE**

No matter how your child responds to the move, you must be receptive to their emotions and needs. Even if its just to remind them that their emotions are always valid - there's no wrong way to feel.

While moving house can be especially tough on younger children, both parents will also need to support and help each other through the moving process. Only with this strong mutual support can you really give your children the time and attention that they will need before, during and after moving into your new home.







# The Walters Way!

At Walters, we simply have one goal — to help you sell your home in a straightforward and stress-free way, securing you the best possible price.

Selling a property doesn't need to be complicated and we are confident that we have the best team in place to move your sale forward positively and professionally. We look after you every step of the way, helping you make a move in the right direction.

Our Team manages every detail of the sales process – from the day the property goes on the market, to the day the sale is completed. However, we never forget that property is all about people too, and that you want to feel involved and informed. That's our approach and it's what we believe makes Walters different.







# Marketing

"Our aim is to give you an opportunity to have some control in the marketing of your home".

So, we decided that we didn't want to tell you how we should market your home - you know it better than us: you know which features attracted you to the property, you also know the local residents and what local people want and the mediums they use.

So, we have created a service offering which is, in our opinion, far greater than any other agent. It is also flexible and allows you to add in additional services if you deem them important".









# Getting it ready to sell...

First impressions really do count. We have seen a great number of houses in our time, so we have compiled a list of handy tips to make your home stand out from the crowd.

Tidy the front garden, mend the gate, trim the hedges, and weed the flowers beds.

Make those minor repairs – fix that dripping tap, replace mouldy grout, repaint the cracks, replace the doors on cupboards that are broken, turn on the lights, open all the doors, and replace any lightbulbs that aren't working.

Kitchens and bathrooms are key rooms – clearing the surfaces will make them look larger. Do the washing up, put your laundry away, clean the toilet, and make sure the lid is down.







# IS A GIFT THAT LASTS FOREVER

### GIVE THEM THE HOME THEY DESERVE

Our award-winning Team are with you from the beginning. Our Valuer will visit your property and work with the office team to put a marketing strategy in place. They will then guide you through any interest, negotiate offers and then progress your sale all the way through, from when you accept an offer, to completion day.

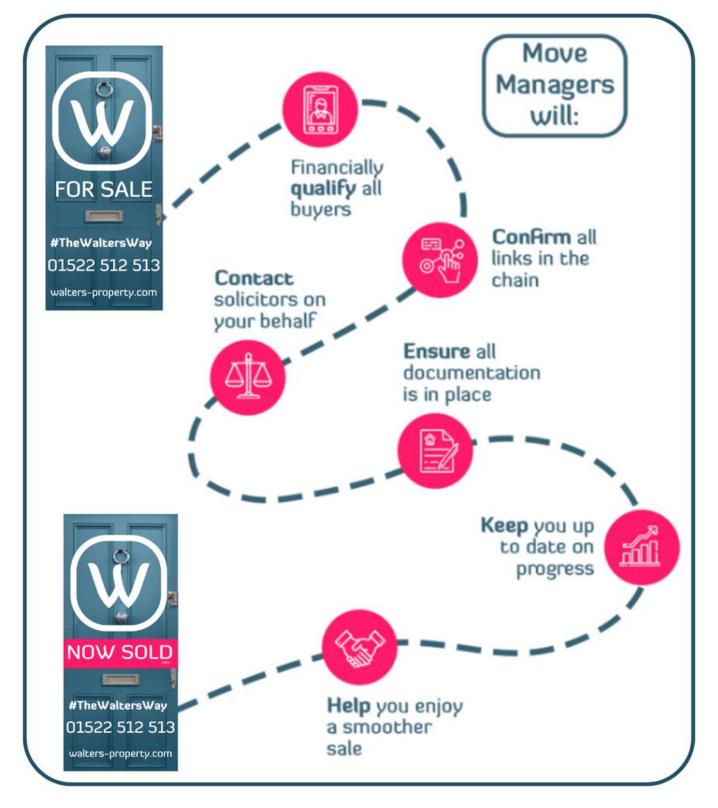
As a local high street agent, our team of property professionals are here to help seven days a week, maximising interest and ensure we achieve the best possible outcome.







#### The selling journey and milestones.







### Two months to go...

Talk to a van hire or removals company to get initial feedback and quotes.

Buy your boxes, packing, and storage supplies.

Start sorting out your belongings. Get rid/donate things you don't need.

Begin packing non-essential items.

Do you need kennels or a cattery for the move? Book it in advance.

Think about putting items of excess furniture into storage until you've settled in.

### One month to go...

If you're moving a long way, get your car serviced and tyres checked well before the trip. Register with local Doctors and Dentists if you are moving to a new area.

Inform your local council of your change of address and cancel council tax payments.

Inform your phone and internet providers of your change of address.

Update the DVLA.

Notify your bank of your change of address.

Inform Inland Revenue.

Update your insurance providers, ensure you have home insurance sorted for the day you move in.

Confirm your moving arrangements with moving firms.

Start putting items you don't use every day into boxes and label them.

Arrange for someone to look after the children and pets If possible.

<u>Could some of those items go into longer term storage to free up</u> <u>more room in your new home?</u>

### Two weeks to go...

Let people know about your change of address, including friends, online shops, mail order, milk, newspapers, and magazine subscriptions.

Clean your house as you pack.

Organise your mail to be re-directed for at least three months.







#### Notes and Actions

### One week to go...

- Confirm with your solicitor and estate agents that the move is going to plan.
- Notify TV Licensing of your new address.
- Make sure your packing is nearing completion double-check the loft & garage.
- Ask your neighbours to make sure there is room outside your home for the removal van.
- Empty and defrost / dry out your fridge / freezer.
- Clear out your kitchen cupboards.
- Work out the moving route.
- Remind friends and family you'll need a hand next week.
- Pack valuables and important documents in a safe place to take in the car with you.

### The day before...

- Charge your mobile phone.
- Put everything practical you'll need to one side in a clearly marked box, tape measure, extension lead, step ladder etc.
- Get a box of first night essentials together.
- Collect your hire van or confirm tomorrow's schedule with your removal firm.
- Move all your packed boxes into a downstairs room if needed.

### Things to do on moving day...

- Record all utility meter readings for Water, Electricity, and Gas. Take a photo of the meter and let your providers know you are moving today.
- Strip the beds, curtains, and pack into clearly marked bags.
- Check the bathrooms for toiletories.

### Loading the van...

Instruct your movers on what is moving and what is not. Check everywhere and do a final house clean. Leave all the sets of keys as arranged for the new owners.

### Say goodbye and then hello to your new home.













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