

Hostile Environment Awareness Training

Safety Security Survival in High-risk Environments

You are about to enter a volatile and unpredictable environment in Africa or the Middle East, where your safety is of paramount importance. Your ability to recognise, manage, and respond to potential threats is the sole difference between safety and catastrophe.

This HEAT training is critical. Absorb every lesson and practice every skill, because your confidence in every environment starts with your unwavering commitment to this training and application of your heightened awareness that helps to maximise your safety.

Goal

By the end of this course you should feel **equipped with the know-how and skills necessary to ensure your personal safety and security while operating in hostile or high-risk environments, enabling you to effectively recognise, navigate, manage and respond to potential threats and emergency situations.**

Audience

All personnel before travel to and work in high-risk areas in Africa and the Middle East.

Modules Overview

Module	Learning Goal
0. Welcome & Introduction [10 mins]	<i>Know the importance of preparing for the unpredictable.</i>
1. Introduction to Your Environment [40 mins]	<i>Recognise a general overview of the country/region that you'll be working in and identify the challenges presented to company staff deployed to this high-risk, volatile environment.</i>
2. General Security Advice [10 mins]	<i>Define the core principles of personal safety and physical security.</i>
3. Situational Awareness [15 mins]	<i>Improve environmental awareness by recognising key considerations and signs in different situations, to navigate and respond effectively and make informed decisions.</i>
4. Medical Emergencies [30 mins]	<i>Summarise the medical procedures and resources available in austere environments, to ensure optimal casualty response and treatment in areas with limited medical capabilities.</i>
5. Kidnap & Ransom [50 mins]	<i>Define the characteristics of a hostage situation and identify effective personal strategies to manage responses and increase the likelihood of survival in such scenarios.</i>
6. Journey Management & Checkpoints [50 mins]	<i>Know the importance and the key considerations and practices for implementing a comprehensive journey management plan to enhance the safety of company staff during transit in hostile environments.</i>
7. Awareness Check	<i>Complete a final knowledge check to affirm your awareness.</i>
8. Course Wrap Up & Certificate	<i>Summarise key takeaways to wrap up the course, and claim your certificate of completion.</i>

Module Details

0. Welcome & Introduction

Know the importance of preparing for the unpredictable

- Setting the Scene
- Your Training Journey
- The Unseen Threat [Scenario]
- Prepare for the Unpredictable!

1. Introduction to Your Environment

Recognise a general overview of the country/region that you'll be working in and identify the challenges presented to company staff deployed to this high-risk, volatile environment.

- Foresight for Fortitude: Preparing for the Unpredictable
- Essential Country Briefing
- Additional Considerations
 - Threats, Terrorism, Crime & Kidnapping
 - Transportation Security
 - Communications
 - Health & Medical Concerns
 - Photography & ID Requirements
 - Infrastructure Awareness
 - General Awareness & Safety
- Review & Summary

2. General Security Advice

Define the core principles of personal safety and physical security

- 5 Principles of Personal Security (SAFER)
- Physical Security Principles (Deter, Delay, Detect, React)
- Response & Readiness
- Review & Summary

3. Situational Awareness

Improve environmental awareness by recognising key considerations and signs in different situations, to navigate and respond effectively and make informed decisions.

- Definition & Context
- Criticality of Communication
- Awareness Factors
- Behavioural Signs
- Levels of Awareness
- Review & Summary

4. Medical Emergencies

Summarise the medical procedures and resources available in austere environments, to ensure optimal casualty response and treatment in areas with limited medical capabilities.

- The Environment
- Planning – Team Preparation
- Worst Case Scenario
- Injury & Trauma
- Key Trauma Equipment
- Communications - Remote Medicine
- Equipment and the Medical Bag
- Review & Summary

5. Kidnap & Ransom

Define the characteristics of a hostage situation and identify effective personal strategies to manage responses and increase the likelihood of survival in such scenarios.

- Setting the Scene
- Factual Context & Statistics
- Types of Hostage Incident
- Types of Hostage Taker
- Phases of Hostage Taking
 - Pre-Crisis – Good Practices & Approaches
 - Capture – Responses, Reminders & Guidance
 - Holding – Strategies for Survival
 - Forced Release
- Post Release & Recovery
- Review & Summary

6. Journey Management & Checkpoints

Know the importance and the key considerations and practices for implementing a comprehensive journey management plan to enhance the safety of company staff during transit in hostile environments.

- Context & Key Focus
- Basics of Journey Management
- Journey Planning & Management
- The Last Mile People
- High- & Low-Profile Cars
- Types of Terrain
- Checkpoints
- Proactively Maximising Your Safety – Preparation is Key
- In Conclusion
- Review & Summary

7. Awareness Check

- Final Knowledge Check: HEAT Training Review

8. Course Wrap Up

- Summary & Conclusion
- Your Feedback [Course Evaluation]
- Certificate of Completion