



2025

Annual Report

Empowering Women. Restoring Families.





Mission

We serve as a community of hope and recovery for all women and their families who strive to live healthy resilient lives.

Vision

Pathways to Possibilities

Letter from the CEO



Dear Friends and Supporters of Nexus Family Recovery Center,

As I reflect on 2025, I am filled with deep gratitude and pride for what our community has made possible. This year was one of growth, resilience, and renewed hope—and at the center of it all were the women and children we are honored to serve.

In 2025, Nexus Family Recovery Center supported more than 3,000 women on their journeys toward healing, stability, and self-sufficiency. Each number represents a story of courage: a woman choosing recovery, a mother working to reunite with her children, a family finding its footing again. These outcomes are not accidental—they are the result of compassionate care, evidence-based treatment, and an unwavering belief that recovery is possible.

This year also marked a major milestone for our organization with the opening of the Doswell Medical Building. This new facility expands our ability to deliver integrated, high-quality medical and behavioral health services in a space designed with dignity, security, and community in mind. The Doswell Medical Building stands as a powerful symbol of our commitment to meeting women

where they are and providing the comprehensive care they deserve.

None of this progress would have been possible without the dedication of our staff, whose commitment and professionalism continue to inspire me daily. I am equally grateful to our board members, community partners, donors, and advocates who believe in Nexus and invest in our mission. Your support strengthens our ability to serve women today while building a healthier future for generations to come.

As we look ahead, we do so with optimism and resolve. The need for our services remains great, but so does our capacity for impact. Together, we will continue to expand access to care, innovate in service delivery, and uphold our promise to walk alongside women and families on the path to recovery.

Thank you for being part of the Nexus story. I am honored to share this work with you and excited for what lies ahead.

With gratitude and hope,

Heather Ormand
*President & Chief Executive Officer
Nexus Family Recovery Center*

Leadership

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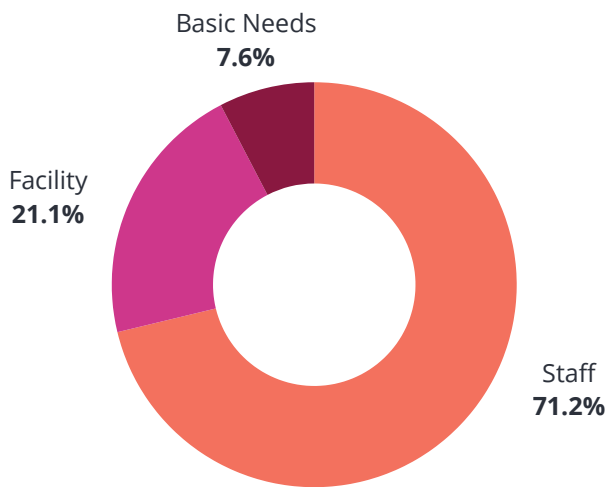


Financial Summary

Statement of operations for period September 1, 2024 to August 31, 2025

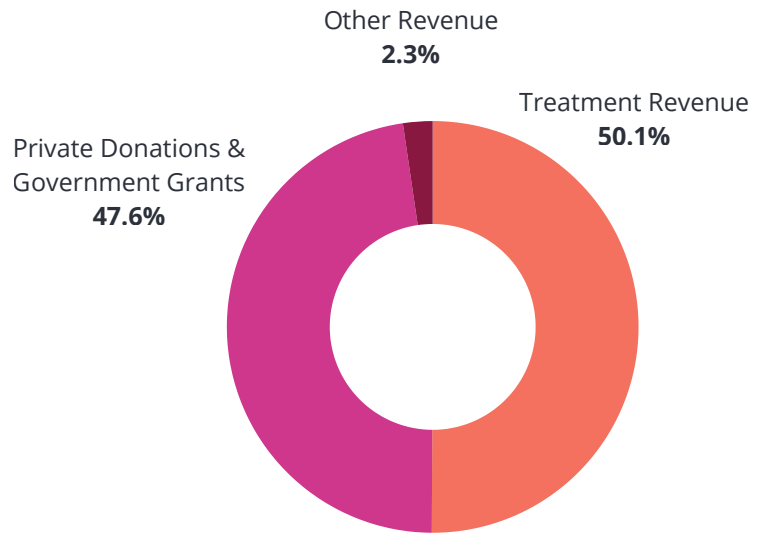
Program Expenses

\$13,192,952



Total Revenue

\$15,328,454

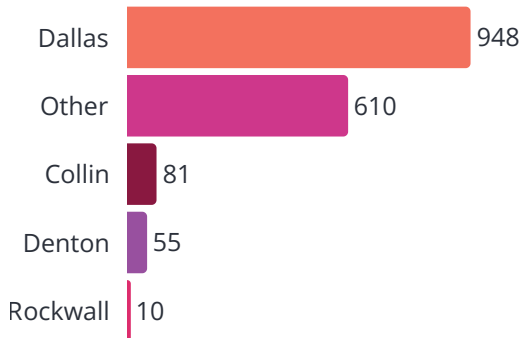


Over **82%** of revenue goes directly to Nexus's programs and services, ensuring that the majority of funding supports the women and families we serve on their journey to healthy, resilient lives!

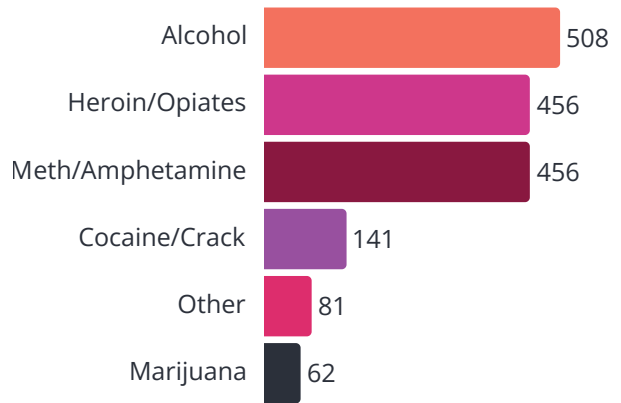
Client Demographics

In fiscal year 2025, Nexus Family Recovery Center served over **3,000** women and **200** children. Of the women we served, **96%** were low-income (making less than \$25,000 per year), **46%** identified as persons of color, and **33%** were unhoused at the time of admission.

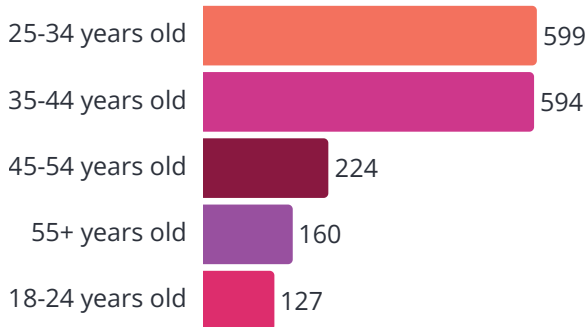
County of Residence



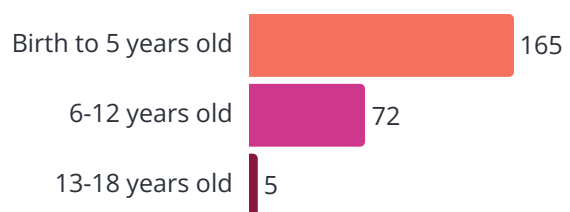
Primary Substance



Age of Adult Clients



Age of Children Served





Programs



Adult Women Program (AW)

For women ages 18 and older who are not actively parenting



20 days is the average length of stay



1,196 clients served

While in residential treatment, clients' calendars are filled with individual counseling, educational sessions, and group therapy sessions. Our AW clients engage in various activities that target the root of their substance use disorder. The goal is to treat their symptoms as they continue to develop life skills and foster a supportive community of people in recovery.

Shannon's Story

"I started using when I was 18 after I moved out and started working and going to college. It was socially at first. My turning point was when I lost my child to CPS. She was 16 months old. I went to treatment to get my daughter back."

Shannon found Nexus thanks to a family member's recommendation.

"I was so lost and scared when I came into Nexus. CPS had taken my child away and she was my reason for living. Thank God Nexus was there to not only help me but to keep my daughter safe and give her a sense of normalcy while I got my life together. Thank God for recovery that has helped me grow into a productive member of society and a better parent to stop the cycle of addiction. I learned how to get clean - how to be a better parent. Mainly, I learned how to ask for help."



Pregnant & Parenting Women with Children (PPWC)

For women in all stages of pregnancy and mothers with up to three children ages 0-12



31 Nexus-born babies



275 adult clients served

Nexus is one of the few residential treatment facilities in Texas that invites women to bring their children to treatment. Each PPWC client receives a comprehensive treatment plan with parenting and education classes and postpartum support. Alongside a team of licensed counselors, a child and family education specialist, a case manager, and recovery coaches, clients follow a full schedule of activities to support their individualized recovery journey.

Child Development Center (CDC)

Serving infants through school-aged children so mothers in treatment can focus on recovery



242 children served



Fully-licensed Texas Rising Star childcare center

The CDC offers speech therapy, occupational therapy, and mental health services for children in our residential programs. After group sessions are done for the day, children in our PPWC program return to their mothers for the night so they can heal and grow together as a family. In addition to the children of our residential clients, the CDC is also open to children of outpatient clients, staff, and the community.



Medical Detoxification

For clients requiring medically-supported detox due to the severity of their withdrawal



5-7 days is the average length of stay



678 clients served

Our Medical Detoxification program focuses on detoxification and stabilization to help individuals safely rid their bodies of harmful substances while addressing immediate withdrawal symptoms. The program provides medical supervision to ensure safety and comfort throughout the detox process. After completing detox, Nexus's treatment model encourages clients to continue into residential treatment through our AW and PPWC programs, where women receive more intensive therapy and support.

Medication Assisted Treatment (MAT)

For clients with opioid use disorder to manage withdrawal symptoms, and prevent relapse



192 clients served

Opioid (eg, heroin, fentanyl) use disorder is a chronic disease that can permanently alter the brain, making dependence harder to break. MAT combines FDA-approved medications like buprenorphine or naltrexone with counseling and behavioral therapies to address both physical and psychological aspects of substance use disorder. This approach improves treatment retention, reduces overdose risk, and supports long-term recovery by helping individuals stabilize and rebuild healthier habits.



One of our clinical assessment tools is the 24-item Behavior and Symptom Identification Scale (**BASIS-24**), a leading behavioral health assessment tool designed to assess the outcome of mental health or substance use disorder treatment from the client's perspective.

Depression/Functioning

59% improvement

Self-Harm

76% improvement

Psychosis

63% improvement

Relationships

45% improvement

Emotional Lability

42% improvement

Substance Abuse

51% improvement

Overall

53% improvement

Mental Health Services

For clients with co-occurring mental health disorders



588

clients served

Nexus's approach involves addressing all barriers to recovery, which includes treatment for mental health disorders. Nexus's clinical providers offer mental health evaluations and medication management to our clients, while our master's level counselors address the needs of each client using evidence-based approaches to treat co-occurring mental health disorders and the complex trauma that may accompany substance use disorder.

"Nexus helped me start building my foundation with the right tools, mindset, resources, and willingness to do whatever I need to do to stay clean. And that motivation and action that I have taken since I left has helped restore my family."

Cierra G.

Outpatient Program


Primary treatment for women or as a step-down from residential treatment

 447 clients served

Our staff provides individualized plans and support networks for women managing daily living and recovery. By engaging in ongoing group and individual counseling, clients develop coping skills that support sustainable long-term recovery. Each month, Nexus celebrates clients who complete the Outpatient Program with a graduation ceremony helping them to celebrate this major milestone as they move into long-term recovery.

Peer Support Services

Offers experience, strength, and hope to women in recovery

 171 clients served through Sober Mom Squad

Our certified Recovery Coaches, many of whom are Nexus alumnae, help provide creative solutions, practical guidance, and education, as well as employment and housing assistance to women in recovery. Using personal lived experience to connect with clients, Recovery Coaches extend the reach of treatment beyond the clinical setting into the everyday environment of those seeking a successful, sustained recovery.



"I met a recovery coach who showed me that there are other pathways to recovery besides the traditional 12-step programs."

Kaitlyn J.





Recovery Rising

The Nexus Recovery Rising Campaign is an ambitious, five-phased capital campaign that will transform Nexus into a state-of-the-art recovery village by the year 2031.



Phase 1: Stepping into Recovery

The Doswell Medical Building officially opened to clients in August 2025 and forms a new gateway to Nexus's campus, housing Admissions, Detox, and Medication Assisted Treatment.

Phase 2: Moms & Children

Phase 2 will build a new dormitory for our Pregnant & Parenting Women with Children program, as well as a new home for the Nexus Child Development Center.

Phase 3: Adult Women

Phase 3 includes new dormitories for our Adult Women programs, as well as improved group meeting space.

Phase 4: Outpatient & Admin

Phase 4 will upgrade existing buildings for administration and outpatient services.

Phase 5: Community & Support

Phase 5 will create new spaces for community meetings and events.

Doswell Grand Opening

The Doswell Medical Building had its grand opening on May 1, 2025, marking a major milestone in our vision to transform care for women and children in recovery! This 10,000-square-foot, state-of-the-art facility is the first completed project in the five-phased Recovery Rising campus transformation plan.

Designed by HKS, the facility features expanded admissions, 16 detox beds, private medical and counseling spaces, and more, laying the foundation for brighter futures and greater impact.

The response to the new building has been overwhelmingly positive.

Intentionality is at the heart of the design of the new building, focused on comfort and safety for clients and staff alike. For the first time in Nexus history, staff have a dedicated breakroom to create privacy and a natural boundary with clients. Many clients have shared disappointment in having to leave the Doswell building once they completed detox—highlighting how important construction of new dorms are to create a consistent environment for the families we serve. Admissions is now available 24 hours a day, seven days a week, making us the only all-women treatment facility in our regions that can welcome clients at any hour of the day.



“The Doswell Medical Building is more than just a building. It’s a symbol of our commitment to compassionate, dignified care. We are deeply grateful to the Doswell Foundation and our incredible donors for making this vision a reality.”

Heather Ormand, Nexus CEO

Recently, Erika, who has been unhoused for several months, arrived at Nexus for Medical Detox. She was hungry, tired, and full of shame because of her substance use disorder and her physical state. Our receptionist, Angelia, who is also a Nexus alumna, greeted this client warmly. There was no judgement, only kindness, and she offered her a meal while she waited to be seen by the Admissions staff. This client was able to enjoy the hot meal in the privacy of our client waiting room, again without people looking on and filling in gaps of her story based on her appearance. Once she was admitted, she was able to rest in her detox room and shower in her own bathroom. Of everything she experienced that first day at Nexus, it was the retreat of a private bathroom and shower that stayed with the client.

"I felt whole again. I felt like I wasn't someone to stare at and pity. I felt deserving of the hugs and encouragement I was receiving from the staff. I could look at myself in the mirror and I was able to look my counselor in the eye and let her know I'm ready for the road ahead."

Donate to the Recovery Rising campaign



The Doswell Medical Building welcomed its first client on August 22, 2025!





Community

Throughout the year, Nexus hosts various events to fundraise and involve the community!

1st Annual LJ Companies Clay Shoot

A charity clay shoot hosted by LJ Companies benefitting Nexus Family Recovery Center



4th Annual Mothers' Brunch & Bazaar

A morning of shopping, friendship, and brunch celebrating the strength and resilience of mothers

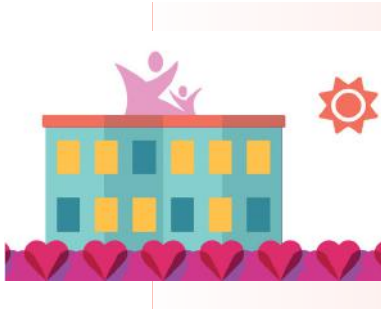
2nd Annual Duck Derby

An evening of friendly competition, rubber duck races, and meaningful impact!



4th Annual Pathways Luncheon

A complimentary fundraising luncheon where attendees learn about how to become an advocate, supporter, or volunteer to assist women and their children on their journey to healing



Noontime with Nexus

Monthly mission tours led by Nexus CEO Heather Ormand, which focus on the heart of soul of our mission and our future pathways to possibilities

Learn more about upcoming events and fundraisers at Nexus!



As a 501(c)(3) nonprofit, Nexus Family Recovery Center relies on donors like you to help us provide the highest quality substance use disorder treatment to women and their children, regardless of their ability to pay. Learn more about all the ways to get involved!

Volunteer

Volunteering at Nexus makes a difference in the lives of those we serve and helps our organization achieve our mission of serving as a community of hope and recovery for all women and their families who strive to live healthy, resilient lives. In fiscal year 2025, we hosted over 230 volunteers!

[**Learn more**](#)

Join the Nexus Auxiliary

The Nexus Auxiliary is a group of dedicated volunteers committed to promoting the mission of Nexus Family Recovery Center through community engagement and fundraising.

[**Learn more**](#)

Host a fundraiser

Fundraise through Facebook or JustGiving, or host an event benefitting Nexus Family Recovery Center.

[**Learn more**](#)

Planned Giving

Make a lasting impact in women's recovery through multiple types of gifts. Whether you would like to support our work today or benefit us as part of your legacy, you can find a charitable plan that lets you provide for your family and support Nexus.

[**Learn more**](#)

Thank you, Donors!

Nexus is so thankful for our donors who help improve the lives of thousands of women and children each year. Through their generosity, Nexus raised **\$4,493,072** during our 2025 fiscal year (September 1, 2024 to August 31, 2025).

Pathways to Possibilities

For 55 years, Nexus Family Recovery Center has relied on the steadfast generosity of our community, not only to sustain our daily work, but to build a future where every family we serve can thrive and live healthy, resilient lives. Our Pathways to Possibilities sustaining giving program plays a vital role in that mission. Ongoing, reliable support allows us to respond to evolving needs, expand our impact, and remain a lifeline for those who depend on us. We are deeply grateful for our Pathways to Possibilities supporters, whose commitment helps ensure hope and healing for generations to come.



\$1 Million+

Communities Foundation of Texas
Communities Foundation of Texas -
W.W. Caruth, Jr. Fund
Dallas County
Faus Family Foundation
Health & Human Services Commission

\$500,000 - \$999,999

Carol March
Constantin Foundation

\$100,000 - \$499,999

Be Well Texas at UT Health San Antonio
Ben E. Keith Foundation
Blue Cross Blue Shield of Texas
Doswell Foundation
Eugene McDermott Foundation
Jessica and Bart Hamlin
Margot B. Perot
North Texas Behavioral Health Authority
The Addy Foundation
Theodore and Beulah Beasley Foundation
United Way of Metropolitan Dallas

\$25,000 - \$99,999

Charles Schwab
Donna and Charles Lee
Every Page Foundation
Gayle and James Halperin
Keely and William Cawley
Lili and Matthew Luth
Lyda Hill Philanthropies
Patrick and Beatrice Haggerty Foundation
Patty Lowdon
Shelly and Arthur Emmanuel
Texas Women's Foundation
The Dallas Foundation
The Ormand Family
The Rees-Jones Foundation
Wellpoint Foundation

\$10,000 - \$24,999

Beverly Barry
Crawley Family Foundation
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Emily Shack Wickard and Bart Wickard
Harry S. Moss Foundation
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Laura G. Sahliyah
Michael Keller and Rodger Kobes
Paul and Hope Schroy
Rekerdres & Sons Insurance Agency, Inc.
Tracy Family Foundation

\$1,000 - \$9,999

Active Cyber LLC
Algorific LLC / LegendKeeper
Alison Watros
Annadele H. Ross Fund
Anne Haskel
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Apartment Association of Greater Dallas
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Baylor Scott & White Health
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Click Engineering, Inc.
Comfort Technologies, LLC
CoServ Charitable Foundation
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Jason Gillette
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Jerome Symank
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Kathleen Cook-Hunter
Kathryn Brand
Kelly Brewer
Kevin and Keela Ross
Kimberly and Evan Wyly
KPMG, LLP
Lacy and Blake Biggers
Lara M. Johnson, MD
Lauren Gillette

"The need for our services remains great, but so does our capacity for impact. Together, we will continue to expand access to care, innovate in service delivery, and uphold our promise to walk alongside women and families on the path to recovery."

Heather Ormand, Nexus CEO

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Linda and Joe Staley
Linda and John Caruth
Linda and Steve Ivy
Louise Hallam
Luke Blackwell
Maggie C. Kipp
Marcie Finney
Margie and Raymond Francis
Maria and Steve Grimsley
Marion and John Hall
Mark D. Dover
Matt McGraw
Max Scott
Merrymac McKinley Foundation
Mes Amies
Michael and April Salazar
Michael and Janice Walker
Michelle Meiches
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Mileidy and Kirby Jackson
Misty Smathers
Moss Heating And Cooling
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Nancy White
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< \$1,000

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Kathy Hoke
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Kay and J. Gloré
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Kelly Osang
Kelly Pearson
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Kenny Morgan
Keri Nutting
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Kevin Koenig
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Kim Winters
Kimberly Clonts
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Kunthea Mam-Douglas
Kyle Moorehead
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Lane Ray
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Laura and John Losinger Family Fund at CFT
Laura Frederes
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Leslie and Bryan Diers
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Linda and Barry Jones
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Lindell DeBoue
Lindsay and George Billingsley
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