COMMUNITY EDUCATION

ADULT & SENIOR ENRICHMENT / YOUTH ENRICHMENT ADULT EDUCATION / EARLY CHILDHOOD



2025 AUGUST-DECEMBER







Brookside Education Center 211 W Richway Dr | Albert Lea, MN

Community Education Office.....507-379-5318

AlbertLeaCommunityEd.org

Monday-Friday | 8:30am-2:30pm

Office hours are subject to vary.

| Adult Education Center | 507-379-4866 |
|-----------------------------|--------------|
| Early Childhood | 507-379-4831 |
| Tiger Cub Child Care Center | 507-379-5158 |

WEATHER CANCELLATIONS: If the Albert Lea School District is closed due to inclement weather, all programming will be canceled for that day. If the district announces a late morning start, all morning programming will be canceled. Our primary method of communication for notifying individuals will be through email. Additionally, a text message may be sent to individuals who have approved to receiving SMS notifications or posted on KAAL News.

CHECK YOUR EMAIL: Community Education's primary method of communication is email. When signing up for a class, please monitor emails from the address listed below. Emails will include class cancellations, location or time changes, last-minute notes from instructors, class confirmations, and receipts. To ensure you receive these communications, please add the following email address to your contacts to prevent them from going into your SPAM folder.

• albertleacommunityed@alschools.org

3 WAYS TO REGISTER



ONLINEAlbertLeaCommunityEd.org





CALL (507) 379-5318



IN PERSON 211 W Richway Dr

CASH, CHECK OR CARD ACCEPTED

DISTRICT 241 EMPLOYEES RECEIVE A \$10 DISCOUNT ON A COMMUNITY ED CLASS!

CALL 507-379-5318 <u>BEFORE</u> YOU REGISTER TO APPLY THE DISCOUNT.

WHY

COMMUNITY EDUCATION TO MANAGE YOUR CLASS



Marketing to over 12k homes in District 241



Facility scheduling, rentals & fees covered



Platform for gathering online registrations



Two team members to assist in customer management, revenue processing, and ensuring a smooth operation of your class

WINTER & SPRING CLASS PROPOSALS ARE DUE IN NOVEMBER.

LET'S CHAT!

507-379-5318

AlbertLeaCommunityEd@alschools.org



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THINGS TO KNOW...

SENEFIT CARDS

Eligible UCare members can use their Benefit Prepaid Cards towards Community Education classes. Please have your card and your balance when you register.



JOIN THE COMMUNITY EDUCATION ADVISORY COUNCIL

We're looking for passionate community members to help guide the future of Community Education in Albert Lea! Your ideas and feedback help shape the classes and experiences we offer. Visit http://rebrand.ly/CE-AC for a Statement of Interest application.



WHY EARLY REGISTRATION MATTERS

REGISTERING EARLY ENSURES:

- You get into the classes you want
- Instructors can better prepare
- We can avoid last-minute cancellations

Each class requires a minimum number of participants. If enrollment is low, the decision to cancel is made in advance.



NEED HELP CREATING AN ACCOUNT?

If you're having trouble setting up your account or logging in to register for a class, just give us a call!



STAY IN THE LOOP WITH TEXT ALERTS

Get last-minute updates about class cancellations, time changes, or location updates sent right to your phone!

TO ENABLE TEXT ALERTS:

- 1. Sign in at www.AlbertLeaCommunityEd.org
- 2. Click your name in the top right corner
- 3. Select "Your Account/Relationships"
- 4. Click the green "Edit" button next to your name
- 5. Scroll to section #3: "Contact Info"
- 6. Under "Phone Numbers," select "Yes" next to "Can Receive Text Messages"
- 7. Scroll down and click "Update Person"

Y REGISTRATION CANCELLATION POLICY

To receive a full refund, you need to cancel three business days before the class begins by calling 507-379-5318. Refunds will not be issued after this period. If your class includes a supply fee, that amount will be deducted from your refund.

INTERESTED IN TEACHING A CLASS?

Do you have a hobby, skill, or area of expertise you'd love to share? You don't need a teaching license—just passion and a willingness to lead! Visit rebrand.ly/CEInstructor to complete an interest form or email us at albertleacommunityeducation@ alshools.org.

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| CLASS LOCATIONS Albert Lea High School | 1 W Richway Dr 1 S Newton Ave . 707 E 10th St . 902 Abbott St S Broadway Ave .501 W Front St |
| CLASS KEY | |

CLASS KEY



NEW CLASS OFFERING



POPULAR CLASS



ONLINE CLASS VIA ZOOM

Have questions on how to join a Zoom class? Call our office at 507-379-5318.

ADULT EDUCATION CENTER



REGISTRATION DATES: AUGUST 19, 20 & 21

Times: 8:30-11:00 AM **-OR-** 11:30-1:30 PM Plan for registration to be at least one hour.

DAYTIMECLASSES BEGIN: AUGUST 25

In-person or Distance Learning 8:30-11:00 AM **-OR-** 11:30-1:30 PM

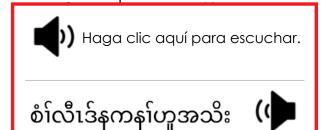
Limited childcare & transportation available. Please call as soon as possible to reserve a space.

EVENING CLASSES BEGIN IN SEPTEMBER

ACCEPTING ENROLLMENTS ALL YEAR ROUND!

FREE ADULT EDUCATION OPPORTUNITIES

Learn English GED - Math Career Pathways Citizenship



Brookside Education Center | 211 W Richway Dr | Room 218

RESOURCES FOR

ACCESSING SERVICES SHOULDN'T BE HARD -WE'RE MAKING IT EASIER.

SOCIAL CONNECTIONS

| Albert Lea Fire Department Reassurance Program | 507.377.4346 |
|---|----------------|
| Albert Lea Senior Center: Includes Memory Cafe | 507.373.0704 |
| • Albert Lea Community Education (www.alschools.org) | 507.379.5318 |
| Albert Lea Family Y | 507.373.8228 |
| • Lake Song Chorus @ St. John's Chapel (Thursdays) | 507.396.6730 |
| Albert Lea Public Library | 507.377.4350 |
| United Way Volunteer Center | 507.373.8670 |
| • Senior Resources - Retired Senior Volunteer Program | 507.377.7433 |
| Senior Companion | 507.512.1036 |
| All Together Inclusive Playground | Edgewater Park |

FOOD RESOURCES

| CSFP (Commodity Supplemental Food Program) | 507.424.1704 |
|---|--------------|
| Food Support (Human Services) | 507.377.5400 |
| Salvation Army Food Pantry/Meal Site | 507.373.8776 |
| Welcome Pantry | 507.373.8670 |
| Senior Dining | 507.373.7759 |
| Meals on Wheels Albert Lea | 507.373.7759 |
| • Meals on Wheels SEMCAC - Senior Tower & Rural | 507.864.8228 |

MENTAL HEALTH

| • 988 (Suicide & Crisis Lifeline) | Call or Text 988 |
|--|------------------|
| Freeborn County Mental Health Center | 507.377.5440 |
| - Crisis Line (After Hours) | 877.399.3040 |
| Mayo Clinic Health System Albert Lea - Rehavioral Health | 507 377 6406 |

OTHER RESOURCES

| • Freeborn County Department of Human Services | 507.377.5400 |
|--|--------------|
| Freeborn County Veterans Services Office | 507.377.5184 |
| Social Security Administration (www.ssa.gov) | 800.772.1213 |
| Senior Resources (Chores Program) | 507.377.7433 |



GENERAL ASSISTANCE

These resources can provide information about a variety of services:

- 2-1-1 Call 211 or Text 898211
- Senior LinkAge Line (SEMAAA) -800.333.2433

ENERGY ASSISTANCE

• SEMCAC 800.944.3281 Email: eap@semcac.org Program runs October 1-May 31

TRANSPORTATION

- S.M.A.R.T. Bus855.762.7821 - Free Medical Transportation for Seniors 55+ on ADA Certified Buses (Albert Lea/Austin) - Veterans Ride Free on Deviated
 - Route Busses Must show Military ID
- Lea Taxi 507.318.6323

Vern's Ride Service 507.320.8690

Thank you to the Statewide Health Improvement Program (S.H.I.P.) for funding this resource page for seniors.

Thank you to the community collaborators who assisted in providing input and materials for this series of resource pages including: Age Friendly Freeborn County, Freeborn County Department of Human Services, St. John's Lutheran Community, Southern Minnesota Area Rural Transit, United Way of Freeborn County, and Albert Lea Area Schools Community Education.

EXPERIENTIAL EDUCATION





OPEN ROCK GYM HOURS

PREREGISTRATION IS REQUIRED

The rock gym welcomes climbers of all ages and experience levels! Enjoy our beginner to expert graded routes, our bouldering wall, Kilterboard, rope climbing and more. Our experienced staff are available to belay and ensure a safe and enjoyable experience. All children must be accompanied by an adult. Come explore and make your indoor rock climbing adventure unforgettable! Register before you arrive at AlbertLeaCommunityEd.org.

Tuesday, Friday & Saturday

6:00-9:00pm

\$10 PER CLIMBER

Brookside Education Center 211 West Richway Drive, Gym B

*Cash or check transactions are not accepted at the boathouse or the rock gym. To register, a credit card payment must be made online through our website at AlbertLeaCommunityEd.org.





KIDS ROCK! YOUTH CLIMBING

CLUB Grades 3rd-7th Whitney Sauer & Alex Hagen

Embark on an exciting five-week adventure with Kids Rock! Youth Climbing Club, designed for students in grades 3-7. This program now offers two unique time slots to meet different interests and skill levels. The 3:30-5:00 PM session is ideal for beginners or those looking for a more relaxed, recreational experience. Participants will focus on having fun while learning the basics of indoor rock climbing through games, guided climbs, and light instruction in a supportive environment. The 5:00-6:30 PM session is geared toward youth who are ready for a more technical challenge. This class dives deeper into climbing techniques, strength training, and skill-building, including proper footwork,

handholds, belaying, and knot tying. Both options provide a safe and encouraging space for kids to build confidence, stay active, and discover the thrill of rock climbing under the guidance of experienced staff.

EE04 RECREATIONAL Brookside Gym B Tuesdays, October 21- November 18

5:00-6:30pm

Tuesdays, October 21- November 18

\$35

3:30-5:00pm 5 sessions \$35

Brookside Gym B

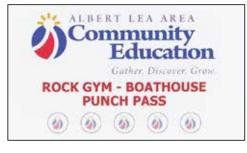
5 sessions

GRAB A PUNCH PASS FOR THE ROCK GYM OR BOATHOUSE!

Grab a Punch Pass for just \$40 and enjoy 5 visits to the rock gym or boathouse—your choice!

Passes are valid for one year from the date of purchase.

Stop by the Community Education office at Brookside Education Center or visit AlbertLeaCommunityEd.org to get yours today!



* PARENTS NIGHT OU



Drop your kids off for a night of adventure, creativity, and fun while you take some well-deserved time for yourself!

SEPTEMBER 20 OCTOBER 25 NOVEMBER 22 DECEMBER 20

FROM 5:00-8:00PM

Need a night out? Drop off your kids ages 6-12 for an evening of fun at the rock gym, where they'll enjoy instructor-led activities like rock climbing, arts and crafts, gym games, Legos, and even simple, kid-friendly cooking projects.

Weather permitting, kids may also head outside for kayaking, archery, or outdoor games. Each Parent's Night Out is a new adventure, packed with exciting activities to keep kids active, creative, and entertained so no two nights are ever the same.

> Please wear tennis shoes, bring a water bottle, and a snack, and we'll take care of the rest!

LIMITED SPOTS PREREGISTRATION REQUIRED \$15 PER CHILD



Brookside Education Center 211 W Richway Dr, Albert Lea, MN





507-379-5318



WOOD, WATER, WILDLIFE 🐽

Grades 6 & 7

Experiential Education Staff

Our Wood, Water, Wildlife classes get students learning handson outdoor skills in a safe and welcoming environment. Whether attending one class or all four, students will have the opportunity to explore the natural world around them.

Please come prepared to hike and get dirty—supportive shoes or boots and a water bottle are recommended. Sunscreen and bug spray will be provided if needed. A snack will be offered during each class.

Transportation to and from activity sites will be provided by Experiential Education. Students will be picked up at Southwest Middle School Door 4 near the Tennis Courts at the end of the school day. Parent pick-up is at 5:00pm at the same location.

These classes are offered at no cost thanks to a generous grant from the Austin, MN Chapter of the Izaak Walton League of America.

SOUTHWEST MIDDLE SCHOOL | 3:15-5:00PM | NO-COST

EE20 OUTDOOR LIVING SKILLS

Date: September 5 | Location: Shell Rock River Watershed District (SRRWD) - Hwy 13

Students will learn about the Ten Essentials to pack for any outdoor adventure, Leave No Trace principles, campfire safety and firestarting techniques, and how to build a primitive survival shelter.

EE21 CANOE TRIP

Date: September 12 | Location: Brookside Boathouse

Students will work together to canoe from the Brookside Boathouse to Bancroft Bay. Along the way, they'll observe plants and animals common to the waterway and learn about the aquatic ecosystem that connects Bancroft Bay to Fountain Lake.

EE22 BIG ISLAND BIRD WATCHING

Date: September 19 | Location: Myre-Big Island State Park

While hiking through the old-growth forest on Big Island, students will have the chance to spot and identify local bird species. They'll record their sightings and sketch birds they observe along the trail.

EE23 ORIENTEERING

Date: September 26 | Location: Brookside Boathouse

In this hands-on navigation class, students will learn the parts of a map and compass, how to read maps accurately, and how to use both tools together to navigate real-world outdoor scenarios.

DAYTIME ADVENTURES

For securing your spot on a trip, the recommended payment methods are online registration or calling our office at 507-379-5318 to pay by credit card over the phone. Please note that trips are non-refundable.

FIREFLIES AT SIDEKICK THEATRE **REGISTRATION OPENS AUGUST 25**



Join us for Fireflies at the Sidekick Theatre! Retired schoolteacher Eleanor Bannister lives a quiet life alone in tiny Groverdell, Texas, set in her routines and secure in her position as the town's most respected woman — until a hole in her roof draws the attention of Abel Brown, a smooth-talking drifter intent on renovating Eleanor's

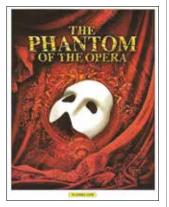
house, and possibly her life. Can the unexpected sparks of late-life romance be trusted, or is there truth in the gossip that Abel isn't all that he seems to be? Either way, the whole town is talking. On the menu: Chicken Breast with Roasted Red Potatoes. Glazed Carrots. Coleslaw, Dinner Rolls, Assorted Desserts, Coffee, Hot Tea. Your trip fee includes motorcoach transportation, lunch, and admission.

Register no later than October 1. No refunds on trips. Depart from the parking lot behind Harbor Freight. Remember to arrive 10 minutes early for check-in.

T02 Thursday, October 16 9:00am-5:40pm \$98

PHANTOM OF THE OPERA **REGISTRATION OPENS AUGUST 25**

Join us for a thrilling day trip to the historic Orpheum Theatre in Minneapolis to experience Andrew Lloyd Webber's Phantom of the Opera—one of the most beloved musicals of all time! Board our comfortable motorcoach in the morning for a relaxing ride to downtown Minneapolis. Before the



show, we'll stop in Burnsville for a delicious on-your-own luncheon. Then, we'll make our way to the Orpheum Theatre, where the iconic chandelier, haunting organ, and breathtaking performances will transport you to the Paris Opera House. With its unforgettable music, elaborate costumes, and dramatic storytelling, Phantom of the Opera promises an experience you won't forget! Your trip fee includes motorcoach transportation and admission.

Register no later than September 30. No refunds on trips. Depart from the parking lot behind Harbor Freight. Remember to arrive 10 minutes early for check-in.

Thursday, December 4 9:00am-6:15pm

\$120

ADULT HOBBIES

BUILD YOUR OWN FLORAL BOUQUET (18)



Join Haley from Hartland Flowers for a hands-on floral design class where you'll learn the basics of building your own custom bouquet. Using fresh flowers and greenery, you'll explore simple techniques for arranging blooms in a way that reflects your personal style. All materials are provided, and no experience is necessary. Come ready to learn, have fun, and connect with others in a relaxed and supportive setting.

HOBB12 Brookside Rm. 114K

Wednesday, September 17 6:00-8:00pm

1 session \$50

HANDMADE PAPER CRAFTS @



Cathy Dostal

Join us for one-night creative workshops that focus on making unique and beautiful paper crafts. All projects use precut Designer

Papers and come with envelopes or accessories, depending on the class. Bring your favorite adhesive, scissors, and an optional paper trimmer. Adhesive and extras will be available for purchase. Note: Paper patterns may vary from sample photos. All classes are held in Brookside Room 114K.



HOBB01 & 02 Let's Create Beautiful Handmade Cards

\$21

Make six general greeting cards—birthday, thank you, sympathy and more—using the latest designer papers.

September 17 & 22 (*Rm. 236)

5:30-7:00pm

HOBB05 & 07 Create Fun Note Pads

\$17

Make two note pads (5x8 and 3x5) with your choice of decorative designs—perfect as small gifts.

September 24 & 29

5:30-7:00pm

HOBB03 & 04 Spooky Season & Harvest Cards

\$23

Create six festive fall-themed cards with fun folds and seasonal patterns.

October 6 & 15

5:30-7:30pm

HOBB10 & 11 Treat Boxes for Gift Giving

\$12

Craft two treat boxes—great for candy, cash, or small gifts—ready to decorate and fill!

October 20 & 22

5:30-7:00pm

HOBB06, 08 & 09 **Unique Winter Holiday Fun Fold Cards**

\$23

Wow your friends with six display-worthy holiday cards featuring fancy folds and layered paper.

November 3, 5 & 19 5:30-7:30pm



ADULT BUSINESS AND FINANCE

FROM START TO FINISH: STEP-BY-STEP HOME **BUYER'S GUIDE**

Pam Schmidt & Tami LaCanne

Thinking about buying a home but not sure where to begin? This class will walk you through the entire home-buying process, step by step, helping you navigate one of the biggest purchases of your life with confidence. You'll receive a comprehensive Buyer's Guide manual to follow along, ask questions, and stay on track. From understanding credit repair and finding the right lender to inspections, appraisals, and title services, you'll gain valuable insights into every aspect of the journey. Learn how to distinguish between wants and needs, make an offer, understand key terminology, and prepare for the



final walk-through and your big move. Don't miss this unique opportunity to get expert advice and feel prepared for your home-buying adventure!

Brookside Rm. 236 | 6:00-8:00pm | \$25 per person/\$35 per couple

BSFN48 BSFN49 BSFN50

Thursday, October 23 Thursday, August 28 Thursday, September 18

RETIREMENT PLANNING TOOLKIT @

Peter Zwart, Prudential

This course provides a comprehensive overview of key aspects of retirement, helping you understand essential factors to consider for a secure and fulfilling retirement.

BSFN46 Tuesday, September 23 6:00-7:00pm Brookside Rm. 222 \$10 Thursday, September 25 6:00-7:00pm Brookside Rm. 234 \$10



CURIOUS ABOUT YOUR PAYCHECK? LET'S TALK TAXES! (III) Angela Swanson, H&R Block

Ever wonder what your W-4 actually does? Or how the new Big Beautiful Bill Act could mean more money in your pocket? Join us for a fun and informative Tax Talk where we'll break down how to make your W-4 work for you, what the new tax law means for tips, overtime, and more, and simple ways to keep more of what you earn. Whether you're just starting out or a seasoned employee, this session is packed with practical info you can use right away.

BSFN51

Wednesday, October 22

6:30-8:30pm

Brookside Rm. 236

MEDICARE 101 @

Diane Gonzalez, Integraded Insurance Inc

Introduction to Medicare Part A and B, Part C and D, Medicare supplements, when to enroll, and special enrollments periods.

Brookside Rm. 236

Monday, September 8 6:00-7:30pm

1 session \$10



MEDICARE BASICS

Jacob Thompson, Thrivent

Navigating Medicare doesn't have to be overwhelming. This class offers a clear and straightforward overview of the Medicare program, making it ideal for those who are new to Medicare or simply want to better understand how it works. We will cover the essentials, including Parts A, B, and D, Medicare Supplement Insurance, Medicare Advantage Plans, Marketplace and Medicaid options, and additional resources and programs available to you. Whether you're just getting started or need a refresher, this session will help you feel more confident in your Medicare decisions.

BSFN38

\$10

Brookside Rm. 222

Tuesday, October 14 1 session 6:00-7:15pm \$10



Advance your career with over 35 online certificate programs this fall!

Each three-month program includes one course per month, completed at your own pace between Sept. 2-Nov. 28, 2025. Earn a certificate upon completion.

View full program details at AlbertLeaCommunityEd.org or scan the QR code.





ADULT ENRICHMENT

BEGINNER ACOUSTIC GUITAR LESSONS 🗘 MIN 3/MAX 10

Gary Thofson

Ready to strum your favorite tunes? These lessons are perfect for adults looking to learn the fundamentals of acoustic guitar in a relaxed, supportive small group setting. Meeting once a week, you'll gain hands-on experience with chords, strumming patterns, and basic techniques to get you confidently playing. No prior experience required—just bring your enthusiasm and your guitar!

Brookside Rm. 220 **AE22 & AE30**

Tuesdays, September 2- October 14 7 sessions \$70 5:00-6:00pm & 6:30-7:30pm

AE31 & AE32 Brookside Rm. 220

Tuesdays, October 21- December 16 8 sessions 5:00-6:00pm & 6:30-7:30pm \$80

BEGINNER ELECTRIC GUITAR LESSONS

MIN 3/MAX 10

Gary Thofson

Amp up your skills with these electric guitar lessons designed for adult beginners and aspiring players! Meeting once a week in a small group setting, you'll dive into the fundamentals of electric guitar, including chords, riffs, and techniques to get you confidently playing. Depending on group interest, the class may also explore electric bass basics. This is a small group class. Just bring your electric guitar. The instructor will have an amp available for you to plug into.

Brookside Rm. 220 Mondays, September 8- October 20 7 sessions 6:30-7:30pm \$70

Brookside Rm. 220

Mondays, October 27- December 15 8 sessions 6:30-7:30pm, No class Nov. 24 \$80

FIND US ON FACEBOOK!

TECH-SAVVY SURVIVAL IN 60 MINUTES Nickie Welsh

In today's fast-paced, technology-driven world, being tech-savvy is no longer optional—it's essential. This class is designed to equip you with the critical tech skills needed for everyday life. Expand your practical knowledge and confidence to navigate the digital landscape with ease. Learn key life skills when it comes to what's new in using QR Codes, tech you will encounter while traveling, interactive tech you may see at weddings and major life events, and so much more!

Online Class Thursday, September 11 1 session

12:00-1:00pm

CANVA FOR AWESOME

BEGINNERS 🗐 🗘 Nickie Welsh Unlock a world of creative possibilities with

Canva, the ideal digital tool for beginners and novices! This class will teach you how to harness the power of Canva, the easiest design website available, all for free. You'll learn to create stunning designs from scratch or use templates with step-by-step guidance for any digital image you need. Whether it's online documents, business cards, email signatures, or more, you'll leave this class with the confidence and skills to use Canva effectively and creatively.

| AE52 | Online Class |
|------------------------|--------------|
| Thursday, September 25 | 1 session |
| 12:00-1:00pm | \$28 |

Online Class 1 session Thursday, December 18 \$28 | 12:00-1:00pm \$28

CLICK OUR LOGO TO VIEW OUR WEBSITE AND FIND CLASSES!



A SMOOTH MOVE 🐽

Jonah Van Proosdy

Have you recently moved or considered downsizing your belongings? Downsizing can feel overwhelming, from deciding what to keep and what to let go of, to figuring out where to donate your items. This seminar will guide attendees through real examples of downsizing for older adults and offer practical tips on how to make the transition smoother while embracing a more simplified style of living.

As a senior move manager, we've been supporting older adults through the moving process for over 20 years. Join Vice President Jonah Van Proosdy for an informative session on downsizing and saving money during a move. He will cover key topics such as where to begin, how to navigate the emotions involved, when to bring in help, where to re-home your items, and more. Whether you or a loved one are considering moving or downsizing, there's something valuable for everyone to take away and put into practice.

AE01 Tuesday, September 16 AE02 Thursday, October 9

9:30-10:30am 2:00-3:00pm

Brookside 114K Brookside 114K \$10



PURCHASING A VEHICLE: WHAT TO KNOW BEFORE YOU BUY 🐽

Aaron McVicker

Thinking about buying a car but not sure where to start? This informative session will walk you through the basics of vehicle purchasing, from understanding your options to knowing what questions to ask. Learn what to look for, what to avoid, and how to feel more confident when navigating



the car-buying process. Whether you're shopping for your first car or it's been a while since your last purchase, this class will help you feel more prepared to make a smart and informed decision. Bring a notepad to take notes and come with your questions ready!

AE66 Thursday, September 25 **AE67** Thursday, November 13

5:00-6:00pm 5:00-6:00pm Brookside Rm. 236 Brookside Rm. 236 \$10 \$10



ACTIVE SUPERVISION: STRATEGIES FOR INCLUSIVE CHILD CARE MN Child Care Aware

Define MN DHS Rule 2 licensing standards regarding supervision in family child care settings. Examine supervision challenges experienced in an inclusive child care environment. Implement strategies that support safe, inclusive environments for children of all needs and abilities!

AE45

Tuesday, October 14 6:30-8:30pm

Brookside Rm. 114K 1 session

NEED HELP REGISTERING?

ADULT BEGINNER ARCHERY 🗘

MIN 3/MAX 7

Get ready to channel your inner Robin Hood with this beginner's guide to Archery! Staff from Full Draw Archery Club will teach you the right way to grip the bow, take aim and let those arrows fly. No need to worry about owning equipment because we've got you covered. By the end of the course, you'll have a good grasp on the sport of archery, how to shoot and, who knows, maybe this is just the beginning of your archery journey!

AF28 Full Draw Archery Club

1 session Thursday, October 23 6:00-8:00pm \$10

CALL 507-379-5318

Nickie Welsh

HOW TO USE VENMO SAFELY 🗐 🗘



\$13



Stay relevant and up to date by learning all about Venmo, the popular mobile payment service. In this class, you'll discover how to securely pay friends and businesses, as well as

receive money without the need for cash or checks. You'll gain a confident understanding of setting up Venmo safely, avoiding unnecessary fees, and applying it in real-world

scenarios for you and your family. You'll be able to discuss the topic among family, friends and have an understanding of the key terms used when you hear about VENMO in the news! Join us to master Venmo and handle mobile payments with ease and security.

AE49 Online Class Thursday, November 6 1 session

12:00-1:00pm

Online Class AE50

Tuesday, December 16 1 session 12:00-1:00pm



2025 FALL SPANISH: ADULT **CONVERSATIONAL SPANISH** LIVE VIRTUAL OFFERINGS

Juliann Hoffman

As the demand for Spanish language skills grows, Futura Language Professionals offers affordable, LIVE virtual classes tailored for busy adult learners. Held weekly with a dynamic instructor, their interactive courses provide the flexibility to learn from anywhere. This fall we are offering Beginner and Intermediate levels, along with specialty courses like Spanish for Travel. Whether you're starting fresh or looking to improve, their conversational approach focuses on real-world application to build confidence in communication. Enroll today and start your language-learning journey! Visit www.AlbertLeaCommunityEd.org to learn more about each course. Zoom access and basic computer skills required. No class November 24-26.

Online Classes Via Zoom 6:00-7:00pm | 6 sessions | \$109

BEGINNER PART 1



AE61 Mondays, Oct. 20- Dec. 1 **AE59** Tuesdays, Oct. 21- Dec. 2 **AE60** Wednesdays, Oct. 22- Dec. 3

BEGINNER PART 2 🚥 🗐



AE62 Mondays, Oct. 20- Dec. 1 **AE63** Tuesdays, Oct. 21- Dec. 2

INTERMEDIATE PART 1 🐽 🗐



AE64 Wednesdays, Oct. 22- Dec. 3

SPANISH FOR TRAVELERS



Thursdays, Oct. 23- Dec. 4

UNLOCKING THE POWER OF **CHATGPT FOR MARKETING** SUCCESS 🕮 🐠

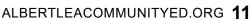


Nickie Welsh

This workshop is designed for marketers who are familiar with ChatGPT and want to learn how to effectively leverage its capabilities for marketing success. In this fast-paced, practical session, you'll discover the potential of ChatGPT and gain hands-on experience crafting effective prompts to generate compelling marketing content. Leave this session with actionable strategies and a toolkit of prompts you can immediately implement to enhance your marketing efforts.

AE48 Online Class

Thursday, November 13 1 session 12:00-1:00pm \$28



\$28

ADULT FITNESS

TONE AND SCULPT CARDIO



Jennifer Bennett

This 45-minute cardio and sculpting class is great for beginners looking to ease into fitness—and just as effective for those with some experience who want to keep their routine on track. You'll get your heart rate up with low-impact movements done right on your mat—no running or jumping involved! We'll target all major muscle groups using a mix of bodyweight and Pilates-inspired exercises, designed to boost your metabolism, build lean muscle, and improve overall strength. Modifications will be offered so you can move at your own pace, and chairs will be available to assist with balance and movements as needed. Please bring a yoga mat (if you have one) and a water bottle to stay hydrated! Note: Tuesday, October 21 will be held in Brookside Room 114K.

| FIT20 | Tuesdays, September 2-30 | 5:30-6:45pm | 5 Sessions | Brookside Rm. 236 | \$50 |
|-------|-----------------------------------|-------------|------------|-------------------|------|
| FIT21 | Tuesdays, October 21- November 18 | 5:30-6:45pm | 5 Sessions | Brookside Rm. 236 | \$50 |

ZUMBA® WITH JASMINE

Jasmine Murphy

Get ready to make an awesome commitment this season with Zumba® Fitness! This isn't just a workout—it's a Latin-inspired dance party that will have you moving to exhilarating Latin and international beats. Whether you're looking to burn calories, tone your body, or simply have a blast, Zumba® offers an incredible way to achieve your fitness goals. Our classes blend dynamic choreography with high-energy music to keep you motivated and engaged. You'll leave each session feeling energized, empowered, and ready to take on anything. Come join us and experience the joy of dancing your way to a healthier, happier you!

| FIT30 | Brookside Gym A |
|---------------------------------|-----------------|
| Tuesdays, August 26- October 21 | 9 sessions |
| 5:45-6:35pm | \$45 |
| FIT31 | Brookside Gvm A |

Brookside Gym A Tuesdays, October 28- December 16 8 sessions 5:45-6:35pm \$40

GLOW DOWN 🞧

Jasmine Murphy

Think of movement as an investment in your future self—a way to future-proof your body and mind. Glow Down is a restorative experience designed to help you slow down so you can glow up. This class blends gentle movement, yin-inspired postures, and intentional breathwork to release tension, quiet the mind, and reset your system. It's your Tuesday evening invitation to unplug, unwind, and reconnect with yourself. Please bring a yoga mat or towel.

| FIT32 | Brookside Rm. 236 |
|--|--------------------|
| Tuesdays, August 26- October 21 6:45-7:45pm | 9 sessions \$27 |
| FIT33 | Brookside Rm. 236 |
| Tuesdays, Oct. 28- Dec. 16 6:45-7:45pm | 8 sessions \$24 |
| | |

ADULT OPEN PLAY BASKETBALL

Derek Wels

Get ready to hit the court and shoot some hoops! Whether you're a seasoned player or just looking to have some fun, come join us for an exciting pickup game. This is your chance to brush up on your skills, make new friends, and enjoy the thrill of friendly competition. All adults aged 18 and over are welcome to join the fun!

| FIT25 | Halverson Gym |
|-----------------------------------|---------------|
| Wednesdays, August 27- October 15 | 8 sessions |

7:00-8:00pm \$24

Halverson Gym FIT26

Wednesdays, October 22- December 17 8 sessions 7:00-8:00pm \$24



AQUA ZUMBA® 🗘

Jasmine Murphy

Make a splash with Aqua Zumba®—a fun, low-impact workout that blends the energy of Zumba® with the refreshing power of water. Set to upbeat Latin and international rhythms, this class combines cardio, muscle conditioning, and dance-inspired movements in the pool. The water's natural resistance adds an extra challenge while reducing stress on your joints, making it perfect for all fitness levels. Whether you're looking to burn calories, build strength, or just have fun, Agua Zumba offers a great way to stay active and energized!

| FIT34 | ALHS Pool |
|-------------------------------------|------------|
| Thursdays, September 4- October 23 | 6 sessions |
| 6:00-7:00pm, No class Sept. 11 & 18 | \$48 |

ALHS Pool Thursdays, October 30- December 18 7 sessions

6:00-7:00pm, No class Nov. 27 \$56

ALL COMMUNITY ED CLASSES REQUIRE PREREGISTRATION

FALL ZUMBA® JAMS 🗘

Kristy Olson

Zumba® Jams is where fitness meets fun! Each session kicks off with a quick warm-up to get you loose and ready to move. You'll learn and review high-energy, easy-to-follow dance routines before diving into a high-powered, non-stop session that gets your heart pumping and your whole body moving. No dance



experience? No problem! Just bring your energy, and we'll bring the beats. Don't forget your water bottle—you'll need it! Get ready to sweat, smile, and groove your way to a full-body workout. Join the party—because fitness should be fun!

| FIT01 | Mondays, Sept. 15- Oct. 13 | 5:30-6:30pm | 5 sessions | Sibley Gym | \$25 |
|-------|------------------------------|-------------|------------|------------|------|
| FIT02 | Thursdays, Sept. 18- Oct. 16 | 5:30-6:30pm | 5 sessions | Sibley Gym | \$25 |
| FIT03 | Mondays, Oct. 20- Nov. 24 | 5:30-6:30pm | 6 sessions | Sibley Gym | \$30 |
| FIT04 | Thursdays, Oct. 23- Nov. 20 | 5:30-6:30pm | 5 sessions | Sibley Gym | \$25 |

ALL SKILL LEVEL OPEN PICKLEBALL PLAY 🗘



Lakeview Elementary Gym

Come join us for open play! We anticipate a great deal of participation as many new people have joined the pickleball scene. This opportunity is available to all skill levels who know the basic rules of pickleball play. Remember to bring your own water jug and terrycloth towel. We ask that you change into clean gym shoes to protect the flooring.

No cash payments in person will be accepted. Sessions equal out to \$3/per night. In the event of weather-related cancellations or school activities like concerts or conferences that impact a session, you will be notified directly from the instructor or a notice will be posted in advance. *No open play November 10, 17-20 and December 8-11.

| FIT13 MONDAYS | Mondays, Oct. 6- Dec. 15 | 5:30-8:30pm | 8 sessions | \$24 |
|-----------------|----------------------------|-------------|------------|------|
| FIT14 TUESDAYS | Tuesdays, Oct. 14- Dec. 16 | 6:15-8:45pm | 7 sessions | \$21 |
| FIT15 THRUSDAYS | Thursdays, Oct. 23- Jan. 8 | 6:15-8:45pm | 6 sessions | \$18 |



LEARN TO PLAY PICKLEBALL 🗘

Margie Barber

Come learn the fabulous sport of pickleball. It looks a lot like tennis but covers a much smaller area. You will have an opportunity to learn the rules of the game along with some technique towards enjoying a wonderfully challenging method of physical activity. There is no need to bring a partner or provide a paddle or the ball unless you wish. You can also take breaks if you feel you are not yet ready for consistent play. We strongly encourage you to bring a water bottle, sunscreen and sunglasses, along with plenty of enthusiasm!

FIT08 Wednesdays, Oct. 15- Jan. 7

6:30-8:45pm *7 sessions*

Lakeview Gym

\$21



ADULT HEALTH AND WELLNESS

These classes are for educational knowledge and skill development purposes only. Cultural and religious beliefs will not be taught, practiced, nor encouraged in these courses.

UNDERSTANDING AND NAVIGATING YOUTH MENTAL HEALTH: A PARENT'S

GUIDE

Melanie Sanchez

Raising a child today can be overwhelming especially when it comes to understanding mental health. This supportive and informative series is designed to empower parents with knowledge, tools, and local resources to better understand and advocate for their child or loved one. Each



session will focus on a specific topic or diagnosis, creating a safe and welcoming space to ask questions, connect with others, and leave feeling more confident in your parenting journey. Sign up for one or for all!

ALHS Rm. E213 | 5:30-7:00pm | \$10 per person/per session

AE70 & 78 What Is Mental Health, Really?

Sept. 2 & Oct. 28

We'll start by defining what "mental health" truly means in today's world and explore when it might be time to seek support. This session sets the stage for open conversations and helps parents feel less alone.

AE71 & 79 Understanding Anxiety Disorders

Sept. 9 & Nov. 4

Learn how anxiety can present in children and teens, from quiet worry to full-blown panic. We'll cover common signs, what helps, and how to support your child both at home and in school.

AE72 & 80 Behavior Disorders and Emotional Dysregulation

This session explores oppositional behavior, outbursts, and other challenging behaviors what's developmentally typical vs. what might indicate a deeper concern.

AE73 & 81 Depression in Youth: More Than Sadness

Sept. 23 & Nov. 18

We'll look at how depression often shows up differently in kids and teens, including warning signs to watch for, and how to talk to your child about their emotional well-being.

AE74 & 82 ADHD: Beyond the Stereotypes

Discover the many faces of ADHD and how it affects focus, impulse control, emotional regulation, and relationships. We'll also discuss tips for home routines and school support.

AE75 & 83 Autism and AuDHD: Seeing the Spectrum

Oct. 7 & Dec. 2

Explore neurodiversity and better understand the overlap between Autism and ADHD (AuDHD). We'll discuss communication strategies, routines, and how to support sensory and social needs.

AE76 & 84 When the System Fails: Advocacy and Resources

Oct. 14 & Dec. 9

What happens when you feel unheard or unsupported by professionals? This week focuses on parent advocacy, IEPs, 504 plans, and how to effectively navigate school and medical systems.

AE77 & 85 You're Not Alone: Parent Support & Coping Skills

Oct. 21 & Dec. 16

In our final session, we'll share coping strategies—for both you and your child—and create space for honest conversation, encouragement, and connecting with others walking a similar path.

MEET NEW INSTRUCTOR MELANIE SANCHEZ

Melanie Sanchez is a Licensed Graduate Social Worker with over 20 years of experience supporting families through trauma, addiction, mental health challenges, and more. With a background in criminal justice and social work, she specializes in child advocacy, parenting support, and community-based mental health education. Melanie is passionate about making mental health resources accessible and empowering families through therapy and psycho-educational courses.

DISCOVER A BETTER YOU

Jasmine Murphy

MIN 3/MAX 10

Looking to grow, reset, or reconnect with your true self? This 2-week course is designed to guide participants on a personal journey of self-discovery, healing, and growth. Through a blend of movement, reflection, and practical tools, you'll explore ways to build emotional resilience, confidence, and a deeper sense of purpose. Participants will receive a link to purchase a required textbook (approximately \$20).

Brookside Rm. 202

Wednesdays, Sept. 9 & 17 2 sessions 6:00-7:30pm \$20

HW03 Brookside Rm. 202

Wednesdays, Oct. 8 & 15 2 sessions 6:00-7:30pm \$20



DEMENTIA AND TROUBLES SWALLOWING: HOW TO FEED YOUR LOVED ONE Alissa Allison

Dementia can result in difficulties with walking, talking, and thinking. Difficulties with eating and swallowing, or dysphagia, can also occur and this can result in troubles with nutrition, hydration, UTI, and respiratory infections. Symptoms of dysphagia include coughing, wet sounding voice, sensation of food sticking, food in mouth after eating, and slow intake. This course will provide foundational knowledge to understand this part of the disease process and how a speech language pathologist can provide support, resources, and therapy to manage symptoms for the person with dementia and their caregiver.

HW04 Brookside Rm. 222 Tuesday, Oct. 28 1 session

6:00-7:00pm

HW05

Brookside Rm. 222

Tuesday, Dec. 16 6:00-7:00pm

1 session \$25

\$25

ADULT COOKING

SOUL FOOD DEMO & TASTING @



Bonnie Townsend

Explore the comfort and flavor of soul food in this interactive cooking demo. Learn how to prepare a hearty meal featuring fried chicken, sweet potatoes, and collard greens, along with time-saving tips for stress-free cooking. Participants can take notes throughout the demo and enjoy a sample of the finished meal. Perfect for both new cooks and those looking to expand their dinner options with soulful, satisfying dishes.

ALHS Rm. D202 **AE46** Wednesday, September 10 5:30-7:00pm \$35



LEARN TO MAKE PAD KRA **POW WITH RICE** Kmwe Win

Learn to make Pad Kra Pow, a flavorful Thai stir-fry featuring fresh basil, ground meat, and a customizable sweet and spicy sauce, all served over warm rice. In this hands-on class, you'll receive step-by-step guidance to recreate the dish at home. Please bring a small bottle of your preferred cooking oil, such as canola, vegetable, or avocado oil. All other ingredients will be provided.

ALHS Rm. D202 **AE29**

Friday, September 19 1 session 5:00-7:00pm

Friday, October 10

HOLIDAY PIE BAKING



Bonnie Townsend

Get ready for the holiday season with this hands-on pie-making class! Each participant will make their own individual holiday pie from scratch, choosing from classic favorites like pumpkin, sweet potato, apple, peach, cherry, or blueberry. Bonnie will guide you through the process step by step, from mixing the filling to crafting the crust. No need to bring supplies—everything is provided, and you'll leave with a fully baked pie and the confidence to make more at home. Perfect for anyone looking to sharpen their baking skills or start a new holiday tradition.

AE47 Wednesday, Oct. 8 5:30-7:00pm

ALHS Rm. D202

\$35

MASTER CLASS: BETTER THAN TAKE-OUT CHINESE DINNER FAVORITES!

Tess Georgakopoulos

Say goodbye to take-out and learn to make your favorite Chinese dishes at home in this hands-on Master Class. You'll explore key ingredients, step-by-step techniques, and healthier cooking methods to create meals that are better than take-out. The class includes a cook-along option for four popular dishes—fried rice, orange chicken, General Tso's chicken, and egg rolls—plus a bonus recipe demonstration. Participants will also receive a professionally made PDF packet with all recipes and class materials. Perfect for anyone looking to master Chinese cuisine with confidence and ease.

\$30 **AE24** Saturday, November 15

4:00-7:00pm

\$50

Online Cook-Along

\$79

HANDCRAFTED RAVIOLI WORKSHOP! @ 🗐



Tess Georgakopoulos

Learn the art of making fresh, handmade ravioli in this hands-on cook-along class with Chef Tess. You'll create pasta dough from scratch, fill it with delicious options like spinach and three cheese or a savory spinach-sausage blend, and cook it to perfection with your favorite sauces. Whether you're a beginner or an experienced cook, you'll gain the skills and confidence to craft authentic, restaurant-quality ravioli at home.

5:30-8:00pm

RAMEN REVIVAL: TRANSFORMING A PANTRY STAPLE INTO A GOURMET FEAST! 🐽 🕮

Turn a simple pack of ramen noodles into a gourmet meal in this fun, hands-on cooking class with Tess. Learn how to elevate ramen using quality proteins, fresh vegetables, and Asian pantry staples. You'll explore techniques for marinating, building bold flavors, and



layering ingredients to enhance texture, taste, and presentation. Perfect for busy home cooks or curious foodies, this class will leave you inspired and ready to transform humble noodles into a healthy, restaurant-worthy dish.

Online Cook-Along

AE23 Friday, September 26 5:30-7:30pm

Online Cook-Along 1 session \$45

BUILDING A FESTIVE MEDITERRANEAN MEZZE / CHARCUTERIE BOARD! 🚳 🚍

Tess Georgakopoulos

Discover the vibrant flavors of the Mediterranean in this festive mezze-style cook-along with Chef Tess. You'll learn how to create a stunning charcuterie board featuring four scratch-made dips, warmspiced Greek meatballs, and homemade pita bread, all complemented by fresh and pickled vegetables, olives, fruit, and nuts. Perfect for seasonal entertaining, this class combines hands-on cooking with tips for assembling a beautiful, crowd-pleasing spread that's as delicious as it is eye-catching. Along the way, Chef Tess will share cultural insights and presentation techniques to help elevate your mezze board into a true culinary centerpiece.

Online Cook-Along

Saturday, November 22 1 session 4:00-6:30pm \$58





6TH GRADE GIRLS TIGERS VOLLEYBALL 😝

Robin Hundley

Serve up some fun and build your skills! Join Coach Robin Hundley on volleyball skills and teamwork the month of September! This is the perfect chance to learn the fundamentals, grow your confidence on the court, and connect with teammates in a supportive and energetic environment. Whether you're brand new to volleyball or already have some experience, you'll work on key techniques like passing, serving, and teamwork—all while having fun and preparing for future competitive play. Come ready to move! Wear comfortable athletic clothes, bring a water bottle, indoor volleyball shoes and knee pads if you have them.



DEADLINE TO REGISTER IS AUGUST 28

YOU50 Mondays-Wednesdays, September 2-30

3:30-5:00pm

Southwest Gym 13 sessions \$40

MELODIES & MOTION: A MUSIC CLASS

FOR LITTLE ONES AND CAREGIVERS MIN 5/MAX 15

Ages 6 months- 4 years & caregivers

Brooke Torkelson

Melodies & Motion: A Music class for Little Ones and Caregivers is an engaging and interactive experience designed to foster early musical development and strengthen the bond between children and their caregivers. Through singing, movement and playful activities, participants will explore music in ways that spark joy and stimulate learning. This class welcomes all types of caregivers and encourages a nurturing, active and fun-filled environment.

YOU40

Thursdays, September 4- October 9 4:00-4:30pm

Lakeview Rm. 228

6 sessions \$40

UNMUTE: FIND YOUR VOICE 000

Melanie Sanchez

Grades 8th-9th

This class is all about helping you feel more confident, speak up, and connect with others—without the pressure. You'll get to explore your interests, pick a topic that matters to you, and build a creative project around it (think: art, media, music, writingwhatever fits your vibe). You can choose to share your project with the group, or your instructor can help present it for you.

We'll keep the group small so it feels more comfortable, and you'll get space to practice being yourself, speaking out, and building real-life skills like communication, self-esteem, and dealing with stress in social situations. This is a great "warm-up" if you're working on feeling more at ease around others.

No tests, no pressure—just support, creativity, and a chance to grow. Bring an electronic device (cell phone, tablet or laptop) Let instructor know during registration if one is needed for class.

YOU78 ALHS E213

Tuesdays, September 2- October 7 6 sessions 3:15-3:45pm \$55

YOU79 ALHS E213

Tuesdays, October 14- November 18 6 sessions 3:15-3:45pm \$55

> FIND MELANIE SANCHEZ'S BIOGRAPHY AND PARENT CLASS OFFER ON PAGE 14

FIND US ON FACEBOOK @AIBERTLEACOMMUNITYED

INTRO TO TAEKWONDO

Ages 4-12

Logan Meyer

This course provides a concise and engaging introduction to Taekwondo, ideal for beginners. Participants will learn foundational techniques, including basic stances, strikes, and kicks. In addition to physical skills, the course emphasizes proper class etiquette—such as showing respect to instructors and peers, standing in line correctly, and understanding the culture of a traditional Taekwondo class. Students will also explore the



basic history of Taekwondo and gain important insights on how and when to use these skills safely and responsibly. Please wear comfortable clothing that is easy to move in and bring a water bottle.

Maricle Martial Arts | 4:15-4:45pm | \$60 per person/per session

YOU30 AGES 4-5

Mondays, Sept. 8- Oct. 13

YOU33 AGES 4-5

Mondays, Oct. 20- Nov. 24

YOU31 AGES 6-12

Tuesdays, Sept. 9- Oct. 14

YOU34 AGES 6-12

Tuesdays, Oct. 21- Nov. 25

Gary Thofson

MIN 3/MAX 10

YOUTH BEGINNER ARCHERY (2)

MIN 3/MAX 7

6th-12th Grade

Ready to learn guitar? These lessons are perfect for students in grades 6-12 with little to no experience. Meeting once a week in a small group setting, students will explore the basics of guitar structure, proper finger placement, and a few foundational chords to get started playing. Just bring your guitar and get ready to strum! No lessons November 24.

YOU12 Brookside Rm. 220 7 sessions

Mondays, September 8-October 20 5:00-6:00pm

Brookside Rm. 220 **YOU13**

Mondays, October 27- December 15 5:00-6:00pm, No class Nov. 24

7 sessions \$70

\$70



YOUTH COOKING SERIES WITH MS. BONNIE 🗘

Grades 3rd-12th | MIN 3/MAX 20

Bonnie Townsend

Join us for a series of hands-on cooking classes where kids can get creative in the kitchen, learn new skills, and enjoy some tasty treats along the way! Each class features a different recipe and experience, and participants can sign up for one or join them all.

ALHS D202 | \$35 per person/per session GRADES 8-12: 3:30-5:00pm | GRADES 3-7: 5:00-6:30pm

YOU40 & 41 Pizza & Slushies

Learn to make your very own personal pizza—topped and baked in the oven! While the pizza cooks, enjoy a frozen drink made on the spot with Ms. Bonnie's slushie machine.

YOU42 & 43 Mini Pie Makers Oct. 15

Students will create their own mini pie—mixing, filling, and baking from scratch. Everyone takes home their own sweet creation.

YOU44 & 45 Cotton Candy Creations Nov. 19

A fun hands-on session where students spin their own cotton candy and learn how this sugary treat is made!

Get ready to channel your inner Robin Hood with this beginner's guide to Archery! Staff at Full Draw Archery Club will teach you the right way to grip the bow, take aim and let those arrows fly. No need to worry about owning equipment because we've got you covered. By the end of the course, you'll have a good grasp on the sport of archery, how to shoot and, who knows, maybe this is just the beginning of your archery journey!

YOU49 Full Draw Archery Club

Thursday, September 18 1 session 6:00-8:00pm \$10

REGISTER EARLY — CLASSES FILL QUICKLY!

YOUTH CHEER CAMP - LED BY VARSITY CHEERLEADERS

Join the ALHS Varsity Cheerleaders for a fun and energetic cheerleading camp where participants will learn cheers, jumps, chants, and a basic stunt while building confidence and teamwork. The camp includes instruction on September 19, a pre-game party and halftime performance on September 26, and participation in the Homecoming Parade on September 29. Campers receive a t-shirt and snack. Attendance on September 19 is required to participate in the performance and parade. Comfortable clothing, tennis shoes, and a water bottle are recommended.

DEADLINE TO REGISTER IS SEPTEMBER 2

YOU14

ALHS Wrestling Room

Friday, September 19 5:00-8:00pm

3 Dates \$50



ALBERT LEA DANCE TEAM YOUTH DANCE CAMP Grades K-6th

ALHS Dance Team

Calling all future dancers entering grades K-6! Join the Albert Lea Dance Team for a fun and energetic dance camp! Led by current ALDT dancers and supervised by the ALDT Booster Club, this camp is packed with excitement. Participants will warm up, stretch, practice dance techniques, and learn a kick dance routine to perform during halftime at the September 26 ALHS Football game!

Each dancer will receive a long sleeve/sweatshirt, hair bow, and snack. Please wear comfortable activewear and gym shoes, bring a filled water bottle, and come with your hair pulled back. For the performance, dancers should wear black or white shorts and their camp t-shirt with their hair pulled back with their bow.

DEADLINE TO REGISTER IS SEPTEMBER 12

YOU06 GRADES K-2 YOU06 GRADES 3-6

Wednesday-Friday, September 24-26 Wednesday-Friday, September 24-26

4:00-5:00pm 4:00-5:30pm

Brookside Gym A & B Brookside Gym A & B

\$50 \$60

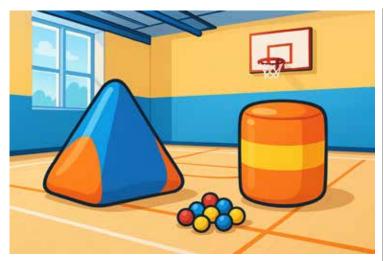








YOUTH ENRICHMENT



BATTLE BLASTERS: BACKYARD BUNKERS EDITION @

Ages 9-16 | MIN 4/MAX 10

Dusty & Kim Blankenship

Get ready to dodge, duck, and dive behind inflatable bunkers in this high-energy indoor battle experience! Participants will gear up with foam ball blasters and take part in a variety of exciting games like Flag Frenzy, Zone Invasion, Supply Sweep, and Last Player Standing. Each session is led by a game facilitator who keeps things fun, safe, and fair.

All equipment is provided—including the blasters, soft foam balls, safety face wear, and inflatable bunkers. Whether your child is new to blaster games or already a backyard warrior, this is a great way to enjoy teamwork, strategy, and fast-paced action. Dress for action! Comfortable clothes (preferably loose long sleeves and pants), closed-toe shoes, and a water bottle are recommended.

> Brookside Gym A | \$10 per person/per session AGES 9-13: 1:00-2:30pm | AGES 14-16: 2:45-4:15pm

REGISTRATION DEADLINE IS 3 DAYS BEFORE START DATE

YOU51: Saturday, September 27 YOU53: Saturday, November 8

YOU52: Saturday, October 11 YOU54: Saturday, December 6

WE CAN NOW TEXT YOU FOR LAST MINUTE CLASS UPDATES SUCH AS CANCELLATIONS OR LOCATION CHANGES!

DISCOVER THE WORLD OF SPANISH: ¡VAMOS A VIAJAR! LET'S TRAVEL! (LIVE VIRTUAL)

Grades 1-5

Juliann Hoffman

Join Futura for a LIVE Virtual Spanish Adventure! This fall, bring the excitement of learning Spanish into your home with Futura's interactive and engaging virtual class! Through lively songs, games, and dynamic activities, your child will develop essential Spanish skills in a fun and supportive environment. Hop aboard ¡Vamos a Viajar! (Let's Travel!), a hands-on course where students will master key travel phrases, order on a plane, use passports, and ask for prices—all in Spanish! Get ready to explore, connect, and gain a deeper appreciation for the Spanish language. ¡Vámonos! No class November 26.

YOU04 Online Classroom

Wednesdays, October 15- December 10 4:15-5:00pm

8 sessions \$135



MIDDLE SCHOOL SPANISH PREP: IGNITE YOUR LANGUAGE JOURNEY!

Grades 1-5

Juliann Hoffman

Ignite Your Language Journey is an exciting 8-week LIVE virtual Spanish class for middle school students, designed to build a strong base for future Spanish success. Students will learn advanced vocabulary, verb conjugations, and essential conversation skills through interactive lessons, games, and cultural exploration, including traditions like Hispanic Heritage Month and Día de los Muertos. Give your child the building blocks for a lifetime of Spanish learning! (Online portal resources and practice tools included.) No class on November 24.

YOU07

Online Classroom

Mondays, October 20- December 15 4:45-5:30pm

8 sessions \$135



AFTER-SCHOOL PROGRAMMING: BRICK BUILDERS **ENGINEERING & GRANDMASTERS OF CHESS CLASSES** FOR ELEMENTARY STUDENTS STARTING IN SEPTEMBER!

Visit www.AlbertLeaCommunityEd.org for more information or call 507-379-5318.

DRIVERS EDUCATION

ONLINE DRIVERS EDUCATION

14 1/2 - 18 years old (18 year olds must still be enrolled in school)

Albert Lea Community Education, in partnership with A+ Driving School, offers online Drivers Education courses through the CruiseControl Education platform. Designed specifically for Minnesota students, this fully online program utilizes proven teaching methods to keep learners engaged throughout the process. With the flexibility to start classes anytime and progress at your own pace, students can enjoy an entertaining, "live" classroom setting

Early bird registration fee of \$385 ends 2 weeks prior to the registration deadline. Then the price increases to \$405. Please note that classes must be completed by the listed end date; otherwise, re-registration and repayment will be required.

DEONLINE FALL 2025

August 11- December 31

Registration Deadline November 11



55+ DRIVER DISCOUNT PROGRAM

Deanne VonWald

completed every 3 years.

Complete this course approved by the Minnesota Department of Public Safety to get a 10% discount on your auto insurance! Taught by a certified instructor, you'll discuss challenges we face as drivers, new road designs, vehicle technology, and updates on current laws. MN Statute requires insurance agencies to offer a 10% automotive insurance discount upon completion of an approved 4-hour class. Tests are not given, however each person must register, pay, and participate for the duration of the class to receive a certificate. Upon completion, submit your certificate to your insurance

| DD04 | Brookside Rm. 114K |
|----------------------|--------------------|
| Monday, September 22 | 1 session |
| 5:30-9:30pm | \$24 |
| | |

company. To maintain your discount, this course needs to be

Brookside Rm. 236 Monday, October 27 1 session 9:00-1:00pm \$24



IN-PERSON DRIVERS EDUCATION

14 1/2 - 18 years old (18 year olds must still be enrolled in school)

Prepare your future driver for the permit test, the State of Minnesota Graduated Driver's License Test (GDL) and a lifetime of driving. Class fee includes 30 hours of classroom instruction and six hours of behind-the-wheel instruction.

Albert Lea Community Education has been approved by the MN DMV to act as a proctoring center for students that have completed the Albert Lea Community Education Driver's Education program and have received their blue cards. If possible, the last day of class will be for knowledge testing proctored by the instructor. **ALL** students will need to attend even if they will not be taking the knowledge test.

Early bird registration fee of \$385 ends 2 weeks prior to the start date of class. Then the price increases to \$405.

Deadline to register is 1 week prior to the start date of class.

DE44OCT

Monday-Friday, October 27- November 7

ALHS Rm. E113 3:30-6:30pm

Monday-Friday, January 26- February 6

ALHS Rm. E113 3:30-6:30pm

Once a student driver has a valid Minnesota permit and is ready to start their six-hours of Behind the Wheel Training with an instructor, please call 507-379-5318 with their permit number to get on the waitlist.

POINT OF IMPACT

Parents & Student Driver

Parents and their soon-to-be drivers are encouraged to attend this class together at no-cost. The intention of this class is to increase parent awareness of teen driving risks, Minnesota's teen driver laws and the important role parents play in developing a safer teen driver. Parents and students participating in this informative class only have to log 40 hours of drive time with their student instead of the required 50.

6:00-7:30pm

ALHS Rm. E113







ALBERT

- **Have Fun**
- **Make Friends**
- **Get Physical**
- **Learn Teamwork**
- **Build Self-Esteem**

HOW TO REGISTER:

GO TO WWW.CHAMPIONFORCE.COM CLICK REGISTER & SEARCH CLASS CODE (16308)



AGES 4 - 18 YEARS OLD

CLASS INFORMATION

SIBLEY ELEMENTARY 1501 W. FRONT ST. Albert Lea, MN 56007

Classes held every TUESDAY

Starting September 9th, 2025 **Ending December 9th, 2025** Competition is December 13th, 2025

> D1 (AGES 4-6) @ 5:30 PM D2 (AGES 7-8 @ 6:15 PM D3 (AGES 9+) @ 7:00 PM







AMPION FORCE ATHLETICS YOUTH SCHOLARSHIP FOUNDATION

Albert Lea Area Schools is not sponsoring, endorsing or recommending the activities in this flyer.

RECIPROCITY is back this season

and better than ever!

With 1 Albert Lea Civic Music season ticket,

you can enjoy 9 concerts: 5 in Albert Lea & 4 in Clear Lake.

- CLEAR LAKE -

American Tune, Dan Miller,

The Conjurors, and The Suits

— TOM GLYNN —

American Tune with Tom Glynn takes you on a

magical trip back to the 1970s to experience the

timeless music and prolific songwriting of Paul

Simon, Jim Croce and James Taylor. Relive the

intimate storytelling, intricate chord changes

and breathtaking melodies of these gifted

2025-2026 Concert Series

ALBERT LEA HIGH SCHOOL AUDITORIUM

Sunday, September 7, 2025 - 3:00pm - TOM GLYNN Thursday, October 23, 2025 - 7:00pm - M5 THE MEXICAN BRASS Saturday, February 14, 2026 - 3:00pm - MUSIKARAVAN Thursday, March 19, 2026 - 7:00pm - KATIE MCMAHON Thursday, May 7, 2026 - 7:00pm - CECE TENEAL



Scan this OR code for more information!



- M5 THE MEXICAN BRASS

Celebrating 20 years as a brass quintet in 2025, M5 The Mexican Brass, is a worldclass ensemble seamlessly blending virtuosic musicianship, non-stop audience interaction, and showmanship to produce a great musicaltheatrical experience every night! M5's program will mix classical with opera, jazz, and pop-a terrific blend for every audience.



- KATIE MCMAHON -

Katie McMahon is best known for her exquisite soaring soprano solo in the original Riverdance. McMahon was born and raised in Dublin, Ireland. She was classically trained in voice and harp. The Celtic Celebration will include Katie McMahon with a music ensemble and Celtic



Take a ride on the "Midnight Train to Georgia" over "River Deep, Mountain High" while awardwinning vocalist CeCe Teneal delivers you the "R-E-S-P-E-C-T" you deserve in DIVAS OF SOUL. This is a spectacular celebration of thirty years of chart-topping music from artists like Aretha Franklin, Gladys Knight, Chaka Khan, Tina Turner, Whitney Houston, and more.



— MUSIKARAVAN —

A MusiKaravan concert includes a diverse variety of selections from French chansons, Monti's Czardas, Brahms' Hungarian Dances, Brazilian and Korean pop tunes, Vivaldi to Charlie Chaplin and more. Music is selected during the concert together with the audience. It's never the same concert twice! MusiKaravan features two violins and a cello. A MusiKaravan concert can be described as a fun, impromptu musical picnic, perfect for all ages and backgrounds!

View schedules for all concerts at www.AlbertLeaCivicMusic.com

| Number of Adult Season T | ickets at \$50 each: | Number of Student Season Tickets at \$15 each: Number of | of Family Season Tickets a | at \$105 each: |
|--------------------------|----------------------|--|----------------------------|----------------|
| Address to send tickets: | | | | |
| | Name | | | |
| | | | | |
| | Address | City | State | Zip |
| | | | | |
| | E-mail | Phone | Additional Gif | ft |

Tickets can also be purchased at Hy-Vee, Arcadian Bank Locations, Albert Lea Convention & Visitor's Bureau, Alden City Office, Austin's Coffee House on Main, from Civic Music board members, and online at www.AlbertLeaCivicMusic.com.

New Member Renewing Member

Any additional gift to Civic Music (ticket price not included), will be recognized in each concert program. Please make checks payable to Albert Lea Civic Music and mail to Albert Lea Civic Music, P.O. Box 167, Albert Lea, MN 56007

EARLY CHILDHOOD

Early Learning Pre-K Programs

4s Preschool

Must be 4 years old by September 1

Monday-Friday 8:00-11:05am OR 12:00-3:05pm

3s Preschool

Must be 3 years old by September 1

Monday-Thursday 8:00-10:45am OR 12:00-2:45pm

Little Sprouts

Must be 3 or 4 years old by September 1

Monday & Wednesday 8:00-10:45am OR 12:00-2:45pm

Outdoor **Adventures**

Must be 4 years old by September 1

Monday-Friday 12:00-2:45pm



Scan here to register for classes!



| | 1 | 7 | |
|---------------------|----------------|-------------|-----------------------------------|
| Albert Lea Area Sch | nols 2025-2026 | School Year | ALBERT LEA SCHOOL DISTRICT 241 |

| PreKindergarten Tuition Scale for 2025-2026 School Year | | | | | | |
|---|--|--------------------|------------|--|--|--|
| Family Size | Scholarship Income Eligible - Tuition Free Reduced Fee (per week) Pay in Full (per w | | | | | |
| 2 | Below \$44,006 | \$44,007-\$57,206 | \$57,207+ | | | |
| 3 | Below \$54,360 | \$54,361-\$70,667 | \$70,668+ | | | |
| 4 | Below \$64,714 | \$64,715-\$84,127 | \$84,128+ | | | |
| 5 | Below \$75,068 | \$75,069-\$97,587 | \$97,588+ | | | |
| 6 | Below \$85,423 | \$85,424-\$111,049 | \$111,050+ | | | |
| 7 | Below \$87,365 | \$87,366-\$113,574 | \$113,575+ | | | |
| 8 | Below \$89,306 | \$89,307-\$116,097 | \$116,098+ | | | |
| 9 | Below \$91,247 | \$91,248-\$118,620 | \$118,621+ | | | |
| Little Sprouts 2 day class | \$0 | \$36 | \$45 | | | |
| 3s Preschool 4 day class | \$0 | \$52 | \$65 | | | |
| Outdoor Adventures 5 day class | \$0 | \$65 | \$80 | | | |
| 4s Preschool 5 day class | \$0 | \$65 | \$80 | | | |

Familes whose household income falls in the "tuition free" column on the sliding fee scale, will be given priority for scholarships and Voluntary PreKindergarten (VPK) spots. Familes whose income falls in the reduced range may also qualify, depending on availability. Determination will be made by August 2025.



EARLY CHILDHOOD SCREENING

FOR 3 AND 4 YEAR OLDS

Early Childhood Screening is a **free** and simple check of how your child is growing, developing and learning.

What to expect at a screening appointment:

A trained professional will check:

- Vision and hearing
- Height and weight
- Immunizations records
- Large and small muscles
- Thinking, language and communication skills
- Social and emotional development

This screening may help link you to other free learning opportunities, such as prekindergarten programming, Early Childhood Family Education (ECFE), Minnesota early learning scholarships for high quality care and education, Head Start, Home Visiting, and Early Childhood Special Education.

Upcoming Dates:

Thursday, September 4 | 3:00pm-6:00pm Friday, September 5 | 8:00am-2:00pm

Thursday, October 2 | 3:00pm-6:00pm Friday, October 3 | 8:00am-2:00pm

Thursday November 6 | 3:00pm-6:00pm Friday, November 7 | 8:00am-2:00pm

Thursday, December 4 | 3:00pm-6:00pm Friday, December 5 | 8:00am-2:00pm

To schedule your child's appointment, register online at www.AlbertLeaCommunityEd.org, scan the QR code or call 507-373-4831.



Your child may also be screened at their Head Start, Child and Teen Check-ups or a clinic that offers developmental screening. Parents may conscientiously object to screening. Minnesota Statutes 121A.17.



WHAT IS ECFE?

Early Childhood Family Education (ECFE) is a program by Albert Lea Area Schools offering parenting information and support for parents with children from birth to age 5.

WHAT DOES A TYPICAL ECFE CLASS **INCLUDE?**

- Parent-Child Activity Time: Families explore a classroom with play materials and learning activities led by a licensed early childhood teacher.
- Parent Education Time: Parents meet with a licensed parent educator to share support, experiences, and parenting techniques.
- **Children's Activity Time:** Children engage with the early childhood teacher and practice social skills with their peers.

WE ARE HERE TO MEET YOUR NEEDS!

If you are interested in a parent-child class or a virtual parenting class but do not see a course that fits your schedule, please reach out to our staff. We are happy to discuss additional options that work for you!

Contact:

albertleacommunityed@alschools.org

SUPPORT FOR CHALLENGING EARLY CHILDHOOD BEHAVIORS

We understand that your child's behavior can be challenging. Our Early Childhood Parent Educators are here to provide free information and support for parents and caregivers dealing with these issues.

To set up an appointment, which can be in person or via Zoom, please email:

• albertleacommunityed@alschools.org

WE LOOK FORWARD TO ASSISTING YOU AND YOUR FAMILY!



BABY CLASSES TODDLER CLASSES PARENTING CLASSES



NEW CLASS OFFERING



POPULAR CLASS



SIBLING CARE OFFERED



3 WAYS TO REGISTER CREDIT CARD ONLY



ONLINE

AlbertLeaCommunityEd.org



CALL 507-379-4831



IN PERSON

211 W Richway Drive

SCAN QR CODE TO SEE CLASS **OFFERINGS**



Join Our Parent Advisory Council



Your voice matters - join Early Childhood & Family Education (ECFE) at our next meeting. Connect with families, share insights, and help shape our program to better serve the community.

Tuesday, September 23 & November 18 | 11:30-12:30pm | Brookside Rm. 202

Be sure to preregister online at AlbertLeaCommunityEd.org so we can plan lunch for everyone!

BABY SHOWER

Expecting parents or child 0-6 months

Welcome to the start of your parenting adventure! Whether you're expecting or have recently welcomed your little one, we're thrilled to invite you to our Early Childhood Family Education community. Explore our facilities, connect with other families-to-be, and discover our exciting programs. Plus, enjoy a free welcome baby goodie bag as our special gift to you!

ECBS-0926 Friday, September 26

10:00-10:45am

Brookside Rm. 202 No-Cost

BABY BUDS

0-12 month olds & caregivers

DROP-IN REGISTRATION NOW AVAILABLE

Welcome to our cozy Early Childhood Family Education (ECFE) class designed for parents and their precious 0-12 month olds! Dive into a world of gentle songs, sensory play, and supportive discussions tailored to the needs of early parenthood. From tummy time tips to soothing techniques, discover invaluable insights while bonding with your baby and connecting with other families. Join us for a nurturing space where laughter, learning, and love abound. Together, we'll celebrate the joys of infancy and lay the foundation for a lifetime of exploration and growth. No class November 27.

BROOKSIDE RM. 204

6 SESSIONS EACH

SEE FEE CHART

ECBB-S1-PM

Tuesdays, September 2- October 7 6:30-7:30pm

ECBB-S1-AM

Thursdays, September 4- October 9 11:00-12:00pm

ECBB-S2-PM

Tuesdays, October 21- November 25 6:30-7:30pm

ECBB-S2-PM

Thurdays, October 23-December 4 11:00-12:00pm

LITTLE EXPLORERS

6-18 month olds & caregivers

Welcome to our exciting Early Childhood Family Education (ECFE) class, where parents and their curious 6-18 month olds delve into the world of sensory exploration! Together, we'll engage in playful activities that stimulate your baby's senses—touch, sight, sound, smell, and taste. From sensory bins to textured play mats, every session is designed to spark wonder and promote developmental growth. Join us for a delightful blend of bonding moments, giggles, and discoveries as we nurture your little one's early curiosity in a warm and supportive environment.

BROOKSIDE RM. 204

6 SESSIONS EACH

SEE FEE CHART

ECLE-S1 🚱 🗘

Thursdays, September 4- October 9 9:30-10:30am

REGISTER BY: AUGUST 29

Thursdays, October 23- December 4 9:30-10:30am

REGISTER BY: OCTOBER 17

CD ECLE-S2

PEA PODS

Welcome to a nurturing and enriching experience designed specifically for parents and their 1-2 year olds! Our Early Childhood Family Education class offers a supportive environment where families can learn, play, and grow together during this critical stage of early development. Enjoy the journey of parenthood surrounded by a welcoming community of families just like yours.

BROOKSIDE RM. 204 | 6 SESSIONS EACH | SEE FEE CHART

ECPP-S1

Tuesdays, Sept. 2- Oct. 7 8:30-9:30am

REGISTER BY: AUGUST 27

ECPP-S2 Tuesdays, Oct. 21- Nov. 25 8:30-9:30am

REGISTER BY: OCTOBER 16

BUZZY BEES

Join us in our lively Early Childhood Family Education (ECFE) class tailored for parents and their energetic 2-3 year olds! Join us for a delightful blend of play, learning, and connection in a supportive environment designed to celebrate this dynamic stage of early childhood. Through interactive activities, music, stories, and guided playtime, we'll explore the wonders of toddlerhood together. Build friendships with other families, gain valuable parenting tips, and watch your child thrive as they engage in age-appropriate activities that spark curiosity and creativity. This class is where learning meets laughter!

BROOKSIDE RM. 204 | 6 SESSIONS EACH | SEE FEE CHART

ECBZ-S1 🚱 🗘

Tuesdays, Sept. 2- Oct. 7 10:00-11:15am

REGISTER BY: AUGUST 27

CD ECBZ-S2

Tuesdays, Oct. 21- Nov. 25 10:00-11:15am

REGISTER BY: OCTOBER 16

TODDLER FUN SHOPS NEW

Join us at our Toddler Fun Shops — An engaging and playful class for 2–3 year olds that is all about discovery, creativity, and movement. Each shop has a unique theme—like animals, colors, seasons, or textures—and hands-on activities supporting early learning and development. We encourage curiosity, build confidence, and offer plenty of opportunities for connection and exploration—because learning is best when it's full of joy!

BROOKSIDE RM. 204 | 9:00-10:30AM | \$7 PER CHILD

REGISTRATION CLOSES 4 DAYS BEFORE START DATE

ECTF-1014 Tuesday, Oct.14 ECPF-0828 Tuesday, Dec. 2

ECPF-1211 S Tuesday, Dec. 11 ECPF-1218 S Tuesday Dec. 18

ALL AGES ALL STAGES NEW 2-5 year olds & caregivers

Come join us for our new mixed-age class! We will explore a variety of activities to engage young minds and bodies. Each week, we will explore a different theme, including cooking, nature, music, messy art, movement, science, and general family fun!

REGISTER BY: OCTOBER 16 ECAS-S2 (5)

Wednesday, Oct. 22- Dec. 3 1:45-2:45am

Brookside Rm. 204

6 sessions

See Fee Chart

REGISTER EARLY — CLASSES FILL QUICKLY!

DROP-IN PLAYDATES NEW

This child-only class offers a playful and welcoming environment where young children can explore, socialize, and build confidence while away from their parent or caregiver. Through guided activities, free play, and simple group routines, children will be gently introduced to classroom structure—helping them prepare for future learning experiences. With a focus on fun, connection, and developing independence, Drop-In Playdates are the perfect opportunity for your little one to grow through play!

BROOKSIDE RM. 204 | 9:00-11:00AM | \$7 PER CHILD

REGISTRATION OPEN UNTIL THE MORNING OF START DATE

ECDI S Fridays, Oct. 24- Dec. 19, No drop-in & Nov. 28

PRESCHOOL FUN SHOPS NEW

Welcome to Preschool Age Fun Shops! Designed for curious and creative 3-5 year olds, this playful class invites children to dive into a new theme each week—such as space, nature, feelings, or community helpers—through hands-on activities that spark imagination and support development. Each session includes a mix of art, music, motor skill practice, and open-ended exploration, all tailored to preschoolers' growing independence and abilities. Fun Shops is a joyful space where children can learn through play, express themselves, and build school readiness skills while having fun with peers.

BROOKSIDE RM. 204 | 9:00-10:30AM | \$7 PER CHILD

ECOPF-1211 63

Thursday, Dec. 11

ECPF-1218 Thursday, Dec. 18

REGISTER BY: DECEMBER 8 REGISTER BY: DECEMBER 15

GROWING TOGETHER

Step into our vibrant Early Childhood Family Education (ECFE) class, where parents and their adventurous 12-36 month olds embark on a journey of discovery and joy! Through engaging activities like sensory play, creative arts, and interactive stories, we celebrate each milestone and foster curiosity in our little explorers. Connect with fellow parents, share experiences, and gain practical tips from our supportive community of caregivers and educators. Join us for a fun-filled time of learning and laughter, where every moment is a new adventure in toddlerhood!

ECGT-S1 63

Tuesdays, Sept. 2- Oct. 7 ECGT-S2 (5) Tuesdays, Oct. 21- Nov. 25

5:15-6:15pm 5:15-6:15pm Brookside Rm. 204 Brookside Rm. 204

SEE FEE CHART SEE FEE CHART

REGISTER BY: AUGUST 27 REGISTER BY: OCTOBER 16







🕪 NEW CLASS OFFERING 😭 POPULAR CLASS 📃 ONLINE CLASS VIA ZOOM

EXPECTING SIBLING CLASS

Welcoming a new baby is an exciting time—but it can also bring big emotions and changes for older siblings. This parenting class focuses on helping families prepare for and navigate the transition of adding a new sibling. We'll discuss age-appropriate ways to talk to your child about the new baby, strategies to support positive sibling relationships, and how to handle common challenges like jealousy, regression, or attention-seeking behaviors. You'll leave with practical tips and tools to help your child feel secure, included, and loved during this important family milestone

ECES-01 🚳 🗘

REGISTER BY: AUGUST 20

ECFE Rm. 202 \$7

Tuesday, August 26 6:00-7:00pm

LUNCH CLUB NEW

Join us for Lunch Club at the History Center of Freeborn County, a relaxed monthly parenting group where we share a healthy meal and conversation. Each session includes a nutritious lunch followed by a guided discussion on Sponsored in part by relevant parenting topics such as routines, child Blue Zones Albert Lea.



development, self-care, and managing everyday stress. It's a chance to nourish both your body and your mind while connecting with other caregivers. Whether you're looking for new ideas or just a break in your day, Lunch Club is a space to recharge and grow together.

11:30-1:00PM | \$10 PER SESSION

DEADLINE TO REGISTER IS 4 DAYS BEFORE START DATE

ECLC-0903

Wednesday, September 3

ECLC-1105

Wednesday, November 5

ECLC-1001 Wednesday, October 1

ECLC-1203

Wednesday, December 3

IT TAKES A VILLAGE Parents of newborns 0-7 years

It takes a village, but where do I find my village? This provides a warm and supportive space for parents of children ages newborn to two years. This class is designed to bring caregivers together to share the challenges of parenting during the early years. Together, we'll explore common parenting stressors that are on your mind—while building a community of support and understanding. A welcoming space to connect and recharge. Through open conversation and shared experiences, you'll gain tools to navigate this stage with confidence, knowing you're not alone. Because raising a child truly takes a village, and your village starts here.

BROOKSIDE RM. 202 | 11:00-12:00PM | \$7 PER CHILD

REGISTRATION OPEN UNTIL THE MORNING OF START DATE

ECITY Mondays, October 27- December 22

PARENTING BOOK CLUB

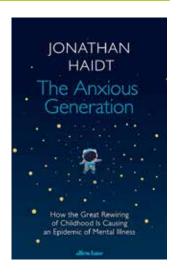
Join our Parenting Book Club to explore The Anxious Generation by Jonathan Haidt. Connect with other parents as we discuss how technology and societal changes are affecting today's youth, share experiences, and explore strategies to support our children's wellbeing. All reading levels welcome. Book provided.

REGISTER BY: OCTOBER 7

ECBC-01 🚳 🗘



Every other Friday, Oct. 21- Dec. 5 1:00-2:00pm ECFE Rm. 202 \$40



| CLASS SLIDING FEE CHART | | | | | | | |
|---|--|----------------------------------|-----------|-------------------|-----------|---------------|-----------|
| The class fee is based | FAMILY | CATEGORY A | | CATEGORY B | | CATEGORY C | |
| on your household's | SIZE | ANNUAL INCOME | | ANNUAL INCOME | | ANNUAL INCOME | |
| total yearly income, before taxes and | 2 | Below \$35,000 | | \$35,000-\$45,000 | | \$45,000+ | |
| your family size. This | 3 | Below \$45,000 | | \$45,000-\$55,000 | | \$55,000+ | |
| information is confidential, class | 4 | Below \$ | \$55,000 | \$55,000 | -\$65,000 | \$65 | 5,000+ |
| fees are necessary | 5 | Below \$65,000 \$65,000-\$75,000 | | \$75,000+ | | | |
| to supplement state and local tax | 6+ | Below \$75,000 | | \$75,000-\$85,000 | | \$85,000+ | |
| dollars dedicated | CLASSES | SESSION 1 | SESSION 2 | SESSION 1 | SESSION 2 | SESSION 1 | SESSION 2 |
| to supporting Early Childhood programs | All Ages All Stages | \$10 | \$10 | \$20 | \$20 | \$30 | \$30 |
| for School District 241. | Baby Buds | \$10 | \$10 | \$20 | \$20 | \$30 | \$30 |
| 1. Locate your | Buzzy Bees | \$13 | \$13 | \$26 | \$26 | \$38 | \$38 |
| family size | Growing Together | \$10 | \$10 | \$20 | \$20 | \$30 | \$30 |
| 2. Locate your family income | Little Explorers | \$10 | \$10 | \$20 | \$20 | \$30 | \$30 |
| 3. Move down | Pea Pods | \$10 | \$10 | \$20 | \$20 | \$30 | \$30 |
| column to class fee | Sibling Care is available for an additional \$2 per child. Look for the blue icon part to class listings to see if Sibling Care is offered | | | | | | |

Community Education's philosophy is to help provide opportunities for all community members to Gather. Discover. Grow.

OUR MISSION

ALBERT LEA AREA SCHOOL DISTRICT **#241 COMMUNITY EDUCATION POLICIES**

ADMINISTRATION & COLLABORATION:

Community Education is administered by Albert Lea Area School District #241 in collaboration with the city and various community organizations to meet the PROGRAM/CLASS CANCELLATION needs and wants of the community.

COVID-19 PROGRAMMING NOTE:

Community Education adheres to the Albert Lea School District's COVID-19 guidelines. As recommendations may change, we appreciate your flexibility. Full refunds will be issued if changes due to COVID-19 illness prevents your participation.

EARLY BIRD REGISTRATION:

Classes are filled on a first-come, firstserved basis. Early registration ensures you get the classes you want and helps instructors prepare. Preregistration is required. Community Education does not mail class confirmations. If you have an e-mail address at the time of registration, a confirmation will be e-mailed to you. We will contact you by phone or e-mail if there is a change for the class.

PARTICIPATION WAIVER:

Participation in Community Education The information programs, classes, or activities is voluntary. registration is used to verify eligibility and

By enrolling, you confirm that you have no physical conditions, health history, or illnesses that would make your participation hazardous to yourself or others. Participants and their parents or guardians hold District #241 free from liability in case of accidents or illnesses of any nature.

POLICY:

Community Education will issue a full refund if a class is canceled due to low enrollment. No refunds are available for day trips unless Community Education cancels the trip.

REGISTRATION CANCELLATION:

To receive a full refund, please notify our office at 507-379-5318 at least three business days before the start of the class. After this period, no refunds will be issued. Any supply fees will be deducted from your refund.

INCLEMENT WEATHER POLICY:

If the Albert Lea School District is closed due to inclement weather, all Community Education programming will be canceled for that day. If the district announces a late morning start, all morning programming will be canceled. Please listen to KATE Radio for weather updates.

PRIVACY POLICY:

requested

determine staff, facility, and equipment needs. Registration information may be shared with school district staff, volunteers, and instructors. Email information is for internal use only and will not be sold or solicited. Occasionally, representatives of District #241 and/or the media may photograph or record students/adults during classes or events for district publications or web pages (including social media) and our Community Education brochure. Parents/guardians who object to having their child/self identified, photographed, or recorded must notify the Community Education office in writing.

PLEASE NOTE

Due to the unforeseen circumstances after the time of print, information in this brochure is subject to change.

PROGRAM SATISFACTION:

Albert Lea Community Education strives to provide the best experiences possible. If you are unsatisfied with your experience, please contact us at 507-379-5316.

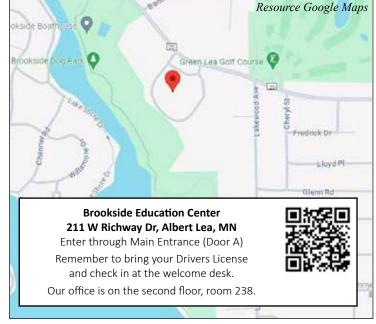


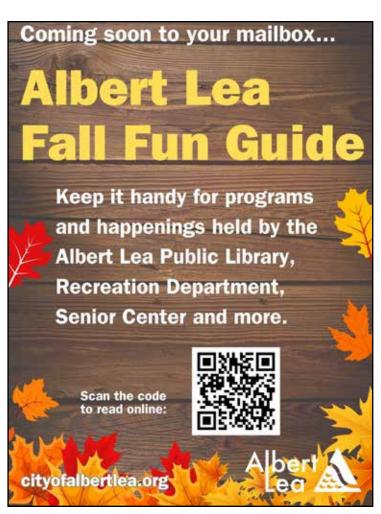
Gather, Discover, Grow.

INTERESTED IN TEACHING A CLASS?

Contact us at 507-379-5318 or albertleacommunityed@alschools.org.









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Residential Customer



