



CARMEL INSPIRATION

ANNUAL NEWSLETTER 2024-25



VOLUME TWENTY ONE



CARMEL PRE-UNIVERSITY COLLEGE
BASAVESHWARANAGAR , BANGALORE 560079

Presents

CARMEL INSPIRATION

VOLUME TWENTY ONE

E-NEWSLETTER FOR THE ACADEMIC YEAR 2024 -25

RELEASED ON 10 JANUARY 2025

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CONGRATULATIONS TO

II PUC EXAMINATION TOPPERS 2023 -24



NEEDHWAJ K R
PCMC - 98.67%



ANANYA A KAMAT
PCMC - 98.17%



SURABHI
CHOURASIYA
PCMC - 97.50%



VRINDA PAI
EBAC - 97.50%



KANCHAN H K
EBAS - 96.83%



MANISHA S BAGADI
EBAC - 96.67%



BHOOMIKA S
EBAC - 96.67%



SAAVI GAGAN A V
PCMC - 96.33%



KOUSHALIYA C
EBAC - 96.33%



DEEPAK P
PCME - 96.00%



DAKSH JAIN M
EBAC - 95.83%



SWETHA S
EBAC - 95.50%



POORNA P
EBAS - 95.33%



ABHINAJA
EBAC - 95.33%



NIKKI
EBAC - 95.17%



SHALINI S
EBAS - 95.00%



BHARGAV S
EBAC - 94.67%



DIMPAL SHARMA A
EBAC - 94.50%



BHAVANA M
PCMB - 94.17%



INCHARA RAO R
EBAC - 93.83%



YUGANTHI B
EBAC - 93.67%



LISHIKA A
PCMC - 93.50%



PRAKRUTHI Y S
EBAS - 93.50%



NANDITHA K
PCME - 93.00%



AKSHAY MALLIYA
PCMC - 93.00%



VIJAY N VARSHITH
EBAC - 93.00%



SUSHMA G
EBAC - 92.83%



SADIK L
EBAC - 92.83%



SAHANA M
PCMB - 92.67%



GOUTHAMI M
EBAS - 92.67%



YOITH D
EBAC - 92.50%



NILESH KUMAR
PRAJAPATI
PCMC - 92.33%



LIKITH HS
EBAC - 92.33%



MAHATHI P
EBAS - 92.17%



SHREYAS A
PCMC - 92.00%



KUSUMA M D
EBAS - 92.00%



V BHAVYA RAJU
RAESWARI
PCME - 91.83%



SMARAN C
PCMC - 91.67%



SHREYA H
EBAS - 91.67%



ANIRUDH S
EBAC - 91.67%



VISHWAS
MUTHA
PCMC - 91.50%



SHASHANK B M
EBAC - 91.33%



KUSHAL B M
EBAC - 91.17%



AISHWARYA H S
EBAS - 90.67%



LAKSHMI PRIYA V
EBAS - 90.50%



SIRISHREE
SREERAM
PCMB - 90.33%



VIDYA BARADIA
EBAS - 90.33%



TEJASHRI B
EBAS - 90.33%



KULKUM
DAHAYA K
EBAS - 90.17%

PASS PERCENTAGE : 99 %

DISTINCTIONS : 95

PRINCIPAL'S VIEW

In our quest to build stronger communities, one of the most impactful areas we try to focus on is the happiness and well-being of our students and staff. We set out this year to create a 'Happy School' environment. The key areas that we focused were emotional well-being, creating inclusive spaces and holistic development.

Emotional well-being is inculcated by incorporating activities that teach mindfulness. Inclusive spaces are created by giving students opportunities to succeed, participate and feel valued. For holistic development we encourage students to grow in all aspects by promoting sporting activities and life skills' training that allows them to explore interests and talents outside academics.



Sandhya Menezes
Principal

Together, let us make a lasting impact in the lives of students!

STAFF COUNCIL



CARMEL FAMILY



Teaching Staff

A team of educators shaping the leaders of tomorrow



Support Staff

Their hard work and commitment make the difference every day

ANNUAL DAY 2024

Annual day was celebrated on 10th January 2024. The esteemed chief guest, Mr. G.K.Manjunath, Principal, Seshadripuram Composite PU College, delivered an insightful address emphasizing the importance of time management, listening skills and confidence in personal and professional growth. Mrs. Sandhya Menezes, the Principal presented the Annual Report encompassing a spectrum of activities. The Annual Newsletter 'CARMEL INSPIRATION' was released on this occasion. Noteworthy students were felicitated for achievements in academics, sports, literature and attitude. Vishwas Mutha and Sonal Sharma stood out as the Best outgoing students. Every year the Management acknowledges an unsung hero for their selfless service. Mr. Nagaraj V, Supervisor, BBMP was duly honored. The day concluded with a vibrant cultural extravaganza, making it a memorable celebration of achievements and values.



FAREWELL DAY

February 9th witnessed the batch of 2023-2024 graduating from the portals of Carmel. II PUC students' hearts were brimming with excitement and nostalgia as our Principal reflected on the journey of the graduating class. She urged the students to carry the right attitude forward into their future endeavors. Mr.Roshan Menezes in his farewell speech underscored the significance of empathy in navigating life's challenges. He also said that true victory lies not just in success but in resilience displayed in the face of adversity. It was followed by laying down of office by the Students' Council. Students were conferred with special awards for their unique attributes. A video presentation left the students nostalgic as it captured their special moments in their two year journey. As the program drew to a close, the students took to the dance floor expressing the joy of the moment and a celebration of a milestone achieved.



CARMEL RUN 2024

We all have days when motivation wanes and sticking to a fitness routine feels like an uphill battle. In order to promote physical fitness, Carmel Education Society hosted the 3rd edition of “Carmel Run” on 23rd June, 2024 at Dr. B R Ambedkar stadium. More than 650 participants along with the teachers and students of Carmel P U College took part in various categories such as 5K run, 10K run and 3K fun run. Mr. Huzefa Talib, S & C coach of RCB women’s team and Mr. Arjun Devaiah, International athlete flagged off the race. The finishers were awarded and the fastest runners were honoured with cash prizes.



ORIENTATION PROGRAMME

Mrs. Sandhya, from The Teachers foundation conducted a workshop for staff on “Happy Teachers” for the benefit of the teachers on the 25th May, 2024. The session emphasized the importance of kindness and gratitude in order to be happy and content. Mrs. Monilla Sapre and Krithika Mahajan from the Teachers Foundation engaged the teachers in a session on Mindfulness in the month of June and many activities were conducted to help teachers understand the benefits of mindfulness. For the students of I PUC a motivational talk by Mr. Mayank Solanki, Founder Val Ed Initiatives was organised. He called upon the students to imbibe the qualities of positivity, creativity, team work and diligence. On the 1st of June, 2024, an orientation programme was organised for the parents of I PUC. Mr. Roshan Menezes, familiarised the parents with the institution's policies, procedures, and expectations. Mr. Ajit Kaikeni of Buoyancee also addressed the parents on the challenges faced by the students viz., comparison and criticism that made their life stressful.



INVESTITURE CEREMONY

The Investiture Ceremony held on 2nd July was a significant event for the college, as it marked the formal induction of the newly elected student council. The elected leaders were officially sworn in and entrusted with their responsibilities for the year. Dr. Anil Mehta, the esteemed chief guest of the day, pinned badges on the newly appointed student leaders, symbolizing their leadership roles. He also unveiled the college's annual magazine "Pratibimb", which featured the creative and intellectual achievements of students and faculty. The ceremony also celebrated academic excellence, with awards presented to the academic toppers of the 2023-2024. These awards recognized the hard work and dedication of the students, motivating other students to excel in their academics.



MALHAR 2024

Malhar, the intra class talent fest took off to a glorious start on 20th of July, 2024. Dr Karan Shetty, a prominent orthopaedic surgeon and an alumnus of the college inaugurated the fest. During his inaugural address he reminded the students that they were in their most formative years of their lives and what they would do now would impact their future. Malhar, spread over four days, threw open 30 events in the field of literary, art and cultural. The II PU Students lifted the trophy by showcasing overwhelming performance and enthusiastic participation.



RENDEZVOUS 2024

Carmel Pre University College hosted Rendezvous 2024, which turned out to be a remarkable celebration of talent and creativity. The event was inaugurated by popular cine artists Mrs. Bhavyashree Rai and Mr. Suresh Rai, who added a touch of glamour to the festivities. With over 2000 participants from 50 colleges across Bengaluru, the festival featured a diverse range of engaging events such as Man vs Food, Squid Game, Reel making and Shark Tank. These events tested the participants' creativity, wit and resourcefulness, making it a truly dynamic experience for everyone involved. The main stage showcased an array of performances from Unique Talent to Group Singing, Fusion Dance and a Fashion Walk, each drawing enthusiastic applause from the crowd. The event was brilliantly hosted by the energetic emcee, Eat Raja, who kept the energy high throughout the event. The Grand Finale was marked by social media influencer Raghu Gowda, who added an extra dose of excitement to the Valedictory function. After a day full of fierce competition and fun.

St. Claret PU College emerged as the overall champions.



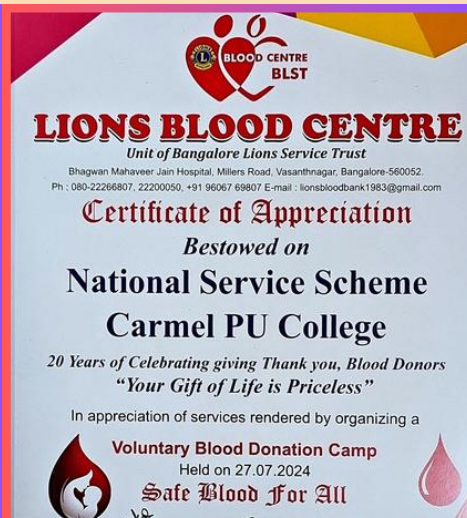
TEACHERS' DAY & SUPPORT STAFF DAY

The Student Council organized a variety of activities including a thrilling Scavenger Hunt and an exciting game of Who's the Boss where there was a role reversal between the teachers and the council. Additionally, the teachers were given themes on dress code like retro, various colors and royalty, adding a unique and fun element to the celebrations. The Student Council entertained the teachers with a delightful fashion walk and a vibrant dance performance. To ensure inclusivity, the council also organized a special event for the support staff, ensuring that everyone felt appreciated and valued for their selfless service. It was thrilling to see them participate with great enthusiasm.



BLOOD DONATION CAMP

Carmel Pre-University College organized a Blood Donation Camp in association with Lions Club of Gokula on 27th of July, 2024. The camp was inaugurated by Mr. Raju Chandrashekar PMJF 2nd District Governor Lions Club and Sub. Maj. Amarjeet Singh of 39 Karnataka Infantry BN NCC. Students of the council along with NSS volunteers and NSS cadets had undertaken the task of creating awareness about blood donation and canvassing for the event. Owing to their efforts 104 units of blood were collected. Alumni, parents and staff came forward to donate.



TEENS' DAY

Teens' Day was celebrated on the 15th of November 2024 with culinary bliss. The theme was Halloween and students dressed up in spooky clothes and added to the charm of the day and on this day the teachers gave a delicious afternoon delight to the students.



FOOD FEST

It was a delightful day where the students of II PUC organized 'Food Fest' in the basketball court, giving a treat to everybody's taste buds. The day brought immense pleasure to the students and an amount of Rs.45,540/- was collected which was shared with Vimukthi Foundation the needy. The culinary spread included traditional dishes, chats and desserts.



LAKSHYA 2024

The career fair "Lakshya", in collaboration with Mindler was organized on 22nd November 2024. 20 universities were present to share information about their programs, admissions, requirements and application processes. Representatives from many universities gave comprehensive information on scholarships, grants and financial aid, opportunities available for students pursuing higher studies. Through Lakshya, the students were provided an opportunity to meet representatives and alumni from various industries making it easier to enrich their knowledge on higher studies.



ETHNIC DAY

Where style meets tradition - The Ethnic Day was celebrated at Carmel College on 5th December 2024, where our students embraced elegance with a touch of heritage by setting up the ramp on fire with their extraordinary walk. The judges panel included Ms. Ara Scarlette, Model , Mr. Roshan Menezes and Mrs. Keerthana Rao.

Shivani Patil was crowned Ms. Carmel and Punith S was crowned as Mr. Carmel.



CHRISTMAS CELEBRATION

The celebrations included a rhythmic performance from the choir and an add-on surprise visit by Santa Claus. The carols presented filled the air with melodious tunes and the audience were wished for love and were asked to spread kindness to people around them by the Principal in her message.



DISTRICT LEVEL TENNIS VOLLEYBALL TOURNAMENT

Carmel PU College organised District-Level "Tennis Volleyball Tournament" on 30th August 2024 at Carmel Playground. 16 teams(boys) and 10 teams(girls) participated in the tournament. The Deputy Director of the Department of Pre University Education ,Bangalore North District, Sri Raju N inaugurated the tournament.



ORIENTATION FOR ENGLISH LECTURERS

The Department of School Education, Bangalore North in association with Carmel Pre University College hosted an Orientation Programme for Lecturers in English following a change in the question paper pattern on 24th September 2024. Shri N.Raju, Deputy Director, Department of Pre University Education ,Bangalore North District presided over the inaugural function . He urged the lecturers to encourage the students to score better in languages.He also gave a few tips on how to help students to hone their language skills.



STAFF COUNCIL ACTIVITIES

The Staff Council conducted various events through the year to foster an environment for the students to thrive academically, personally and socially. 'Question of the Month' provided a platform for the students to engage in stimulating discussions on diverse topics, encouraging critical thinking and open dialogue. Every month four students were recognized with the 'Student of the Month' award for their exceptional qualities and achievements. Dr. Sonia conducted a session for parents to sensitize them about internet usage and addiction, focusing on the behavioural changes observed in youth who may fall victim to internet addiction. Dr. Pavithra from Shanbhag Hospital held a session on "Sex Education and Menstrual Hygiene" for the girl students. Initiatives such as waste management programs and traffic awareness drive instilled values of responsibility and sustainability in the students, thus preparing them to be conscientious citizens.



STUDENT COUNCIL ACTIVITIES

The Student Council of 2024 – 2025 played a vital role in creating an engaging and dynamic campus environment. Weekly activities including "Tug-of-war" and "Tic-tac ball", which encouraged teamwork and physical fitness. Cultural activities like "Dance face-off" showcased creativity and energy, while literary events such as "Debate" and "Question of the month" promoted intellectual engagement. Fun activities like "Blind leading Blind", "Fun with emojis" and "Arm Wrestling" added a lighthearted touch, enhancing camaraderie among students. The student council's initiatives energized campus life, broke routine monotony, and fostered student growth, leaving a lasting legacy for future councils to follow.



ITC'S WOW PROGRAM (Well-being Out of Waste)

An awareness program was organized to educate students about the significance of waste segregation and its impact on the environment. The resource person Ms. Anuwartha, the Program Coordinator of the WOW Program from the Anubhuti Foundation delivered an insightful session, highlighting the importance of proper waste segregation and the severe consequences of neglecting it on the environment. Partnering with this program, our students were encouraged to actively contribute by bringing dry waste every month for proper recycling. Throughout the academic year 2024, students demonstrated remarkable enthusiasm, by collectively bringing in 2172.25 kilograms of dry recyclable waste.



MINDLER

“Your education is the foundation; Your career is the Masterpiece”

Mindler, a renowned career guidance organization conducted many interactive workshops throughout the year to provide valuable insights and guidance to the students as they navigate their academics and career paths. Mrs. Sunitha, Mindler coach, trained students to take an assessment test that helps students to know their aptitude and preference. On 2nd August, 2024 Mr. Ankur Verma addressed the students on profile building techniques. A webinar on personality building and career choices was conducted for parents on 14th September, 2024. The aim of the webinar was to guide parents in helping their children to choose a career of their choice. On 28th November 2024 Mrs Sunitha V M, Research and training in-charge at Mindler conducted a seminar on stem, non-stem and Agnostic careers.



ECO CLUB

On the occasion of “World Environment Day” on 05.06.24 Eco Club conducted “Poster Making and Slogan Writing competitions” on the topic ‘Save Earth’ in order to create awareness. The students showcased their creative and innovative talent. On 5th July 2024, members set out to create awareness on the importance of ‘Wearing a Helmet’ to the parents of Carmel High School and PU College and public. With a rise in the number of dengue cases the Club considered it appropriate to emphasise on preventive measures to be adopted. So, a Digital Poster Making competition was conducted on 9th of September, 2024 on “Dengue and its Preventive Measures”. In order to increase the green cover, “Plant-A-Plant in your lane” was conducted on 15th August, 2024 to mark 78th Independence Day. On the festive occasion of Ganesha Chaturthi, the members prepared Eco Ganesha by colouring it with organic paints and distributed it in the neighbourhood. Deepavali was celebrated by distributing Diyas and the members created awareness about safe Diwali. The club members visited a packaging industry to understand how recycled paper is reused to make Carton boxes.



NCC (NATIONAL CADET CORPS)

For the academic year 2024-25 new enrollment was completed on 15th of June, 2024 it was followed by Orientation programmes for Parents and cadets. This year 20 SD/ SW cadets from II PUC attended Combined Annual Training Camp successfully at Brindavan Group of Institutions, Yelahanka. Junior Under Officer BHARATH G of II D had attended National Level Camp ‘Ek Bharat Shreshtha Bharat’ at Rishikesh from 21st June to 5th July 2024. The cadets had a busy year as the ANO had organized various events, like social service activities, community development Programmes, Blood Donation camp, Medical Health Check-up Camp, Awareness Drive for ABHA Card, Cleanliness drives and Gandhiji Statue cleaning. The cadets also took a pledge on various national and international days like Environmental Day, Yoga Day, Kargil Vijay Diwas, Independence Day, World Health Day, International Youth Day, Rashtriya Ekta Diwas, Constitution Day, NCC Day, world Pollution Day, Armed forces Flag Day, and Vijay Diwas. Their contributions are reflected in “My Govt Social media” app.



NSS (NATIONAL SERVICE SCHEME)

The NSS Unit has been actively engaged in a variety of community service initiatives and awareness programs throughout the year. Volunteers participated in numerous events, including poster-making on World No Tobacco Day, a yoga display on International Yoga Day, and a Blood Donation Camp. On World Mental Health Day, an expressive art activity was held to promote emotional well-being. Volunteers also learned self-defense techniques, distributed paper bags to reduce single-use plastic, and participated in a debate on compulsory voting on Constitution Day. The highlight of their efforts has been the ongoing weekly campus cleaning drive, keeping the college environment neat and sustainable.



ELECTORAL LITERACY CLUB

The Electoral Literacy Club of Carmel Pre-University college conducts various activities to make students aware about voting and democracy. It is a platform to familiarize them with the electoral process of registration and voting. The highlight this year was making a Chunav Yantra (Voting machine) by our students. Students were shown a movie on the importance of voting to understand their role in strengthening democracy. The elected leaders faced the student body at the Mock parliament to understand how they could improve as leaders. Students above 18+ till December 31st 2024 have been enrolled as young voters with assistance of BBMP.



DH MASTERMIND



The DH Mastermind, students' edition of the Deccan Herald served as a multifaceted tool for students in aiding their academic success and keeping them updated with current affairs. The newspaper covered a wide variety of topics and helped in preparation for various competitive examinations. In addition, the language teachers scheduled time for reading newspapers during class hours, to enhance their communication skills.

TALLY PRIME TRAINING

Carmel PU College in association with the Havana Yukta Solutions offered an excellent opportunity for II PUC students to gain valuable skills in accounting tally software. The program's structured curriculum, experienced instructors, and focus on practical application made it a beneficial investment for students seeking to excel in the field of accounting and finance. 30 students were awarded certificates by Tally Prime. All scored A+



MEDICAL HEALTH CAMP



ADDRESS HEALTH organized an annual medical check-up camp on the campus, during which 554 students were screened. The camp aimed to ensure that all students are in good health and aware of any potential health concerns. The screening included measurements of height, weight, blood pressure, and examinations of the eyes, teeth, and ENT (Ear, Nose, and Throat). The camp spread over three days during the last week of July.

COUNSELLING SESSIONS FOR TEENS

Teenage is the best part of a person's life, but it does come with its share of challenges. The management observed that students were going through many emotional upheavals like stress, self-discovery issues, and relationship problems and it impacted their overall health, behaviour and academics. This prompted them to start counselling sessions in association with Drishti Counselling. A full-time counsellor is available in the campus for the benefit of the students. Students are free to meet the counsellor any time in the day and share with them their problems. We are happy to state that our students have found the sessions therapeutic.



CARMEL EXPO

The Department of Commerce organized the Carmel Expo on 10th December, 2024. The objective was to give students practical exposure to business techniques and practices. Students put up stalls in the college premises and marketed their products. Stalls included handmade products, food and fun games. The expo taught the students about investing, marketing, pricing, packaging and calculating profit and loss.



AWARENESS PROGRAM ON PREVENTION OF DENGUE

Doctors from BBMP held an informative session with our students on the spread, symptoms, and precautions of dengue fever. The session focused on raising awareness about the disease, and students pledged to use social media to share this vital information with the public. During the session, students actively engaged with the doctors, asking questions and receiving clarifications on the treatment of dengue fever.



NASHA MUKTH ABHIYAN

Carmel PU College recently conducted a highly successful awareness campaign as part of the Nasha Mukth Abhiyan (Drug-Free Campaign). The initiative focused on educating students about the harmful effects of substance abuse and promoting a drug-free lifestyle. The event featured engaging activities, informative sessions, and interactive discussions, which encouraged students to make healthy choices and avoid drugs. The campaign proved to be a resounding success, inspiring students to take a firm stand against substance abuse and contribute towards fostering a safer, healthier community.



WORKSHOP ON MENTAL WELLBEING

World Mental Health Day was observed by organising a workshop on , ” Enhancing Teacher Well being through Positive Psychology ”. The primary objective of the workshop was to offer practical tools for self care which would prevent stress in the educators. Ms.Elmi, HOD and School Counsellor from Drishti Academy and the inhouse Counsellor at Carmel was the resource person. She advocated the PERMA model for the teachers to be happy.



FORMATION OF POSH COMMITTEE

The POST internal committee – Prevention of Sexual Harassment was constituted this year with the Presiding Officer as the Principal and 3 female staff members and Elmy, who is a professional counsellor. To begin with all girl students and lady staff of the college were made aware of the Women’s helpline Vanita Sahayavani-1092 and in case of any distress experienced by female members that they could interact with members of the committee.



POCSO ACT - An Awareness Programme

The support staff of Carmel Pre-University college participated in a programme organized to understand POCSO ACT. The participants were given real time examples and were made aware of their responsibilities as adults and how to provide a safe atmosphere to the young students in the campus.



SPECIAL EVENTS AT CARMEL



**WORLD NO TOBACCO DAY
(31-05-24)**



**WORLD ENVIRONMENT DAY
(05-06-24)**



**INTERNATIONAL YOGA DAY
(21-06-24)**



**WORLD DRUG ABUSE DAY
(26-06-24)**



**INTERNATIONAL PLASTIC BAG FREE DAY
(03-07-24)**



**KARGIL VIJAY DIWAS
(26-07-24)**

SPECIAL EVENTS AT CARMEL



**SADBHAVANA DIWAS
(20-08-24)**



**WORLD SUICIDE PREVENTION DAY
(10-09-24)**



**INTERNATIONAL DAY OF DEMOCRACY
(15-09-24)**



**NATIONAL UNITY DAY
(31-10-24)**



**CONSTITUTION DAY
(26-11-24)**



**ARMED FORCES FLAG DAY
(07-12-24)**

ACTIVITIES OF VARIOUS DEPARTMENTS



PHYSICS

A Poster Making Competition was held on the topic “Emerging Technologies in Modern Gadgets and Artificial Intelligence” on the 15th of July, 2024. The competition helped the students to learn more about modern developments and provided an opportunity to present the information creatively. Learning can be enhanced by using both visual and aural tools. With this thought in mind the department organized a “Documentary Show” on 19th November, 2024. During the show students explored two vastly different but equally fascinating realms: the Earth's deepest underwater trench and the theoretical cosmic phenomenon of wormholes.

CHEMISTRY

Picture Composition was conducted in the month of July. It aimed to enhance the language skills of the students and encouraged them to think outside the box and create unique stories. In the month of November a Collage making competition was held on topics “Elements in Periodic table” and “Science Icons”.



MATHEMATICS

The Department of Mathematics organized a Sketching competition, providing students with a unique opportunity to express their creativity and showcase their artistic skills on topics Square root spiral art and Fibonacci in Nature. Mathematica, a unit of Karnataka Academy of Mathematics, Chitradurga, conducted the Math Talent Search exam for I PUC and II PUC students on 12th of November, 2024. Another challenging activity was lined up for the students during which they wrote the maximum number of formulas.



ACTIVITIES OF VARIOUS DEPARTMENTS

BIOLOGY

The department conducted a COLLAGE making competition on the topic "FOOD CROPS OF UTTARAKHAND". The vibrant display of collages was a testament to the student's creativity and understanding of the different crops that could be grown in Uttarakhand's climatic conditions. In November, a Spell Bee competition was organized. The event aimed to encourage learning spellings of different terminologies and botanical names of various plants and animals .



COMPUTER SCIENCE

"Powerpoint Presentation" competition was organized in order to develop confidence, technical skills and learn more about the state of 'Uttarakhand'. In November, a seminar on "Computer Hardware and Networking" by Mr.Vinay Kumar, Microsoft certified System Administrator was conducted. He explained the functionality of various components and suggested how to choose the best system with good configuration. It was followed by "Slides Presentation". Emerging Trends like Artificial Intelligence, Internet of Things, were some of the topics on which slides were presented. Different applications were used to create them innovatively.



ELECTRONICS

The department organized an engaging event titled "Word Search" centered around the state of Uttarakhand. The activity featured words related to the state's famous places, cuisines, traditional attire, and cultural highlights. Word Search helped the students to know more about Uttarakhand. In the month of November, students worked on operational amplifier circuits. The students used the relevant formula at each stage to get the expected output. The I PUC students built a circuit using the given 10 resistors to get the desired output.



COMMERCE

The participants of SHARK TANK were given an opportunity to invent, prepare and manufacture a product and exhibit marketing skills by convincing judges and other participants to buy the product. A trade expo was held in December. Each stall traded with a different variety of products or services like accessories, fashionable items, decorative items, etc.



ACTIVITIES OF VARIOUS DEPARTMENTS



ENGLISH

Quiz competition based on the history, geography, culture and social norms of Uttarakhand was organized. The quiz offered to serve a wide variety of benefits but chief among them was to promote extensive and in-depth reading. To boost confidence among the students to speak on various topics. Pick and Speak was conducted to provide an opportunity to air their views on various topics. A play "A Sunny Morning" was screened for II PUC students to understand the lesson better.

HINDI

In order to help the students to write coherently, clearly and concisely, a "Translation" activity was conducted. A passage on Uttarakhand was given to enhance their vocabulary and pay more attention to syntax and semantics. The department organized an essay writing competition on the topic 'Hindi Rashtrabhasha kyu nahi ban sakti' Students highlighted the glory of the language, its antiquity and emphasized that it deserved the honor of a National Language.



SANSKRITA

'Smarana Spardha' (MEMORY TEST) was organized to increase concentration and memory power. More than hundred students took up the challenge. A video presentation on "Garbhayopanishat", Vedic Biology on pregnancy was held where students watched the video with great fascination as it highlighted the impact of the Vedas, Upanishads and Puranas on the unborn child.



ಕನ್ನಡ ವಿಭಾಗ

ವಿದ್ಯಾರ್ಥಿಗಳಲ್ಲಿರುವ ಪ್ರತಿಭೆಗಳನ್ನು ಹೊರಹಾಕಲು ನಮ್ಮ ಕಾಲೇಜಿನ ಕನ್ನಡ ವಿಭಾಗದಿಂದ ಕನ್ನಡ ವಿದ್ಯಾರ್ಥಿಗಳಿಗೋಸ್ಕರ "ಏಕ್ ಭಾರತ್, ಶ್ರೇಷ್ಠ ಭಾರತ್" ಎಂಬ ವಿಷಯದ ಕುರಿತು ಭಾಷಣದ ಸ್ಪರ್ಧೆಯನ್ನು ಏರ್ಪಡಿಸಲಾಗಿತ್ತು. ಕಾಲೇಜಿನ ವಿದ್ಯಾರ್ಥಿಗಳಿಗಾಗಿ "ಕನ್ನಡ ಶಬ್ದಕೋಶ" ಸ್ಪರ್ಧೆಯನ್ನು ಏರ್ಪಡಿಸಲಾಗಿತ್ತು. ತಾರಮಂಡಲ ಬಳಗ, ಚಿತ್ರದುರ್ಗ ರವರ ವತಿಯಿಂದ "ಕನ್ನಡ ಪ್ರತಿಭಾ ಪರೀಕ್ಷೆ"ಯನ್ನು ಏರ್ಪಡಿಸಲಾಗಿತ್ತು. ಈ ಪರೀಕ್ಷೆಯಲ್ಲಿ ೩೦ ವಿದ್ಯಾರ್ಥಿಗಳು ಭಾಗವಹಿಸಿದ್ದರು.



ENRICHMENT PROGRAMMES

"Unlock Your Potential, Embrace Education"

- Mrs Sujatha C P and Mrs Swetha R Acharya of Chemistry Department attended a one day workshop on “Experimental Career Guidance and Training Certificate Programme” organized by Mindler in the month of June.
- On July 5th 2024, Palak & Shivani Patil of II PUC attended a workshop titled “ZETA - A mathematical odyssey from Alpha to Omega”, held at Christ Junior College, Bangalore. The workshop featured a seminar, providing an in-depth exploration of mathematical concepts.
- Mrs Asha P , Mrs G N Roopa and Mrs Vanishree S attended an interactive workshop for teachers which was conducted at C N R Rao Hall of Science and Education Technology Unit, Jakkur, Bangalore on 10th December 2024. Many interesting experiments were taught and laboratory visits were undertaken.
- Subject wise orientation programmes were conducted by the Department of School Education (Pre-University) in various subjects with the objective of improving the II PUC results and to discuss the new pattern of the Question Paper and our teaching faculty attended the same.

SPORTS AT CARMEL

The 22nd Annual Athletic Meet was held on 14th November 2024 at B.R. Ambedkar Stadium, Basaveshwaranagar. Mr. Adarsh Gowda, Sub-inspector of Basaveshwaranagar Police Station, was the Guest of Honour. The event featured a Guard of Honor by the NCC cadets, a march past by students, and the lighting of the torch by Carmel College sports stars. In his speech, he highlighted the importance of a sound body and mind. Despite the rain, students showed great sportsmanship. Shamshiya Naaz, Sports Secretary, presented the report, and Abhishek took the student oath. Class II A emerged as overall champions, with Nischal J (II B) and Harshitha P (I C) named individual champions.



SPORTING STARS OF CARMEL

- Harika S of II E was part of the winning team that secured 1st place at the State-Level Open Throwball Tournament held in Erode, Tamil Nadu.
- In June 2024, the U18 Youth Men and Women Athletic Meet took place in Udupi, where Dikshitha R of II A secured 4th place in the 100m race.
- On September 4th, 2024, Yeshwanth of II B and Pragathi of II E achieved 2nd place in the District-Level Taekwondo Competition organized by Indian Academy PU College.
- Kamsali Aisu of I D earned 5th place at the Khelo India Tournament and proudly represented Karnataka at the event held in Chennai, Tamil Nadu.
- In October, Dikshitha R of II A secured 3rd place in the 4x100 Relay, while Harshitha P of I C clinched 2nd place in High Jump and 3rd in the 100m Hurdles at the Dasara CM Cup-2024 in Mysore.
- Additionally, Yashwanth A V of II B won 1st place in Poomse and 2nd place in Fighting at the VIFA GEWINN India Open International Taekwondo Championship held in Goa.

District Level players who represented Bangalore North at State Level Tournament

SL NO	STUDENT NAME	CLASS & SEC	EVENT	VENUE
1	KAMSALI AISU	I D	TAEKWONDO	HAVERI
2	UJWAL K P	II A	TENNIS VOLLEYBALL	KOPPALA
3	SANJITH MANJUNATH	II D	THROW BALL	BAGALKOT
4	SANTHOSH M	II D	THROW BALL	BAGALKOT
5	LOKESH R	II E	THROW BALL	BAGALKOT
6	SHAMSHIYA NAAZ	II E	THROW BALL	BAGALKOT
7	ABHISHEK S BALIGERI	II A	BASKET BALL	KALBURGI
8	PRAJWAL R	I F	ATHLETICS	TUMKUR
9	HARSHITHA P	I C	ATHLETICS	TUMKUR

State Level players who represented Karnataka State at National Level Tournament (SGFI)

SL NO	STUDENT NAME	CLASS & SEC	EVENT	VENUE
1	KAMSALI AISU	I D	TAEKWONDO	DEWAS (MP)
2	HARSHITHA P	I C	ATHLETICS	RANCHI (JHARKAND)

ANNUAL ATHLETIC MEET (2024 -2025)

INDIVIDUAL CHAMPIONSHIP

- BOYS - J NISCHAL- II B
- GIRLS - HARSHITHA P - I C

INTRAMURAL CHAMPIONSHIP

II A

OVERALL CHAMPIONSHIP

- BOYS - II A
- GIRLS - II A

ATHLETIC CHAMPIONSHIP

II A

COMBINED OVERALL CHAMPIONSHIP

II A

PATRIOTISM AT CARMEL

The 78th Independence Day was celebrated with a series of impactful events aimed at celebrating national freedom and promoting a drug-free society. The events held were part of a broader initiative to inspire students and the community towards a healthier, drug-free life. Some of the events held included Nasha Mukth Bharat Abhiyan Pledge, awareness rally and tree plantation programmes. Gandhi Jayanthi was celebrated with the theme Swachhta Hi Seva 2024 with a series of impactful activities aimed at promoting cleanliness and environmental awareness. The event included a campus cleaning drive, essay writing competition, debate, and human chain formation. Kannada Rajyotsava was celebrated with great vigor on November 1st. Carmel High school Principal Mr. Shaji Antony, hoisted the National flag followed by the flag of Karnataka. Patriotic fervor filled the air when teachers and students sang the National Anthem and Regional Anthem. Students enthusiastically shared interesting facts about the Kannada language, culture and its rich history.



INTERCOLLEGIATE COMPETITION WINNERS

Intercollegiate activities play a vital role in fostering a sense of community, promoting cultural exchange and developing essential skills among students. These events bring together students from various colleges providing a platform for them to interact, learn and grow. Our students took part in various intercollegiate events throughout the year and brought laurels.

SL NO	DATE	VENUE / EVENT	WINNER	EVENT NAME	PRIZE WON
1	26.06.24	515TH KEMPEGOWDA JAYANTI	Anirudh Jayanth	Essay Writing	II
2	24.08.24	CARMEL PU COLLEGE (RENDEZVOUS 2024)	Anshuman Jha	Story Writing	Consolation
			Amreen and Ruquaiya	Jewellery Making	II
			Jeevithashree and Neha Sharma	Electro- Charades	I
			Madhushree Achari and D Jeevitha	Mehendi	Consolation
			Kanak Jain	Shark Tank	III
			Sachin		
			Tanishka		
			Ajay		
			Karthik V	Squid Games	II
			Anirudh Jayanth		III
3	29.08.24	JAIN COLLEGE	Omar Konian	Hindi Essay Writing	III
4	13.09.24	BETHEL PU COLLEGE	Meghana and Gowri	Best Out Of Waste	II
			Shreya K	Film Review	II
			Shivani Patel	Essay Writing	II
			Keerthana and team	Group Dance	I
			Neha N K	Pot Painting	III
			Aarthi	Painting	II
			Sharanya Mayya	Elocution	III
			Anisha	Kannada Debate	I
			Unnathi		III
			Tanishka	Pick And Speak	I
			Rohith P		III
			Shamshiya and team	Fashion Show	I
			Kanak Jain	English Debate	III

INTERCOLLEGIATE COMPETITION WINNERS

SL NO	DATE	VENUE	WINNER	EVENT NAME	PRIZE WON
5	20.09.24	ST. FRANCIS PU COLLEGE	Palak Jain	Beg Bounty Hunt	I
			Sinchana		
6	25.09.24	MES INSTITUTE OF MANAGEMENT	Sajith Kumar	Fantastic 4 Role Play	I
			Sharanya		
			Varsha		
			Tanishka		
			Apoorva	Business Quiz	III
			Trisha		
			Shreya K	Business Debate	III
			Harini		
Yashaswini					
Viona					
7	27.09.24	SURANA PU COLLEGE	Anisha	Guess The Song	II
			Prathibha S T		
8	15.11.24 & 16.11.24	MOUNT CARMEL COLLEGE (ESPLENDIDA)	Omar Konian	Hindi Essay Writing	II
			Shreya K	Poetry Recitation	III
			Shivani Patel	Story Writing	II
			Sinchana R	Coding	III
			Palak Jain		
9	23.11.24	DISTRICT LEVEL CULTURAL EVENTS BY DEPT. OF PU EDUCATION	Shivani Patel	English Essay Writing	II
			Varsha U	Bhakthi Geethe	II
10	23.11.24	CADAMBI PU COLLEGE	Kashvi	Bhagavath Geetha	III

INTERCOLLEGIATE COMPETITION WINNERS

SL NO	DATE	VENUE	WINNER	EVENT NAME	PRIZE WON
11	27.11.24	ST. CLARET PU COLLEGE	Yashwanth Gowda	Chithra Nammadu, Kavitha Nimmadu	II
			Asmitha, Harini, Sreejanani	Escape Room	II
			Shreya K	Butterfly Effect	I
			Kanak Jain		
			Karthik V		
			Angeline Christina	Poetry Writing	II
Omar & Afifa	Shabdo Ki Mala	I			
12	29.11.24	SJRC PU COLLEGE	Kashvi	Bhavageethe	III
			Vinakshi Singh	Rasa Prashnavali Likitha	II
13	29.11.24	DISTRICT LEVEL EVENT ON NATIONAL VOTERS DAY	Shamshiya Naaz	English Essay	I
			Pavithra	Kannada Essay Writing	I
			Neha	Poster Making	III
14	30.11.24	KLE PU COLLEGE (AZIONARE)	Sajith Kumar	Physics Lecture Contest	I
			Husnara	Chemistry Lecture Contest	I
			Mamatha & Sahana Buhl	Mind Mapping	I
			Yashwanth Gowda	Poster Making	III
15	06.12.24 & 07.12.24	VVS DEGREE COLLEGE	Keerthana and team	Group Dance	I
			Shamshiya and team	Fashion Walk	I
			Sajith and team	Mad Ads	I
			Sharanya Mayya	Pick And Speak	III
			Keerthana	Chaturanga	I
			Yashwanth Gowda		
			Nidhi		
			Zikra	II	
			Shivani Patil	III	
			Thanishka		
			Nanditha	Face Painting	I
			Apoorva	Business Quiz	III
			Trisha		
Yogith	Poetry Writing	I			
Ujjwal		II			

ACCOLADES



**ITC WOW 2024
2172 KGS OF DRY WASTE RECYCLED**

**TOFEI - TOBACCO FREE
EDUCATIONAL INSTITUTIONS 2024**



**“BEST INSTITUTION AWARD” BY ITC IN PARTNERSHIP WITH
ANUBHUTI WELFARE ASSOCIATION**



**“BEST INSTITUTION AWARD” BY THE GOVERNMENT OF KARNATAKA IN
COLLABORATION WITH CLEANBLR, A BBMP INITIATIVE, FOR PARTICIPATION IN
SWACHHATA HI SEVA 2024**

PARENTS' FEEDBACK

Carmel Pre - University College works to provide guidance, identify talent and enhance the potential of the students. They are encouraged to follow their dreams. I appreciate the infrastructure provided ensuring a safe and secure atmosphere for our children. The students are given multiple opportunities to build confidence by participating in fests and inter collegiate tournaments. Thank you for the care and concern shown to Riya.

Mrs. Suniena Srivastava (P/O Riya Srivastava – II A)

My daughter is having an excellent experience studying in Carmel PU College for the past two years. The academic programme is well-structured with knowledgeable and supportive faculty. The library and laboratories are well maintained. Practical classes are given due importance which is important for science students. The campus is vibrant and diverse with plenty of opportunities for personal involvement and growth. In short, I would say, Carmel PU College has played a vital role in the development of my child's personality as an individual.

Mrs. Preeti Naronikar (P/O Sneha S Naronikar – II B)

The college has a beautiful campus. Lecturers here are supportive and give quality education. The college enables students to participate in inter-college competitions which gives students exposure, and opportunities to showcase their talents. The college organizes career counselling programmes in association with Mindler. The Parenteye app enables us to know our children's performance and provides alerts on all the activities of the college. The college also conducts cultural activities like 'MALHAR' and 'RENDEZVOUS'. All these help in the overall development of the children. I thank the management and faculty for the great experience my children had in the college and pray to God to give them more strength to shape the personality of thousands of children in future.

Mrs. Jahnavi P R (P/O Krishna Dhyana – II B)

The college has consistently provided an excellent academic environment. The dedication of the faculty members and their approachable nature have been instrumental in ensuring academic success. The college's emphasis on extracurricular activities, alongside academics, has helped nurture creativity and confidence in students, contributing to their overall development. Events such as the Sports Day, along with other cultural programs, like Ethnic Day and academic programs, have been thoughtfully organized, creating a vibrant and enriching campus environment. I would like to appreciate the Principal's exemplary leadership and vision which has been pivotal in shaping the institution's success. Her dedication to fostering an environment of academic excellence reflects in the student's achievements. Thank you for giving me the opportunity to express my opinion about Carmel PU College.

Mrs. Prameela M (P/O Sanjith Manjunath – II D)

Firstly, I want to commend the college for its dedication in providing a well-rounded education. The faculty's expertise, commitment and approachability have greatly contributed to my child's academic success. I also appreciate the efforts in encouraging extra-curricular activities and fostering a sense of community. My child has grown more confident and collaborative as she has got numerous opportunities to participate in activities organized by the college. Overall, our experience as parents has been positive and enriching.

Mrs. S Kamala (P/O Keerthana S – II C)

The entire two years of education of my child at Carmel PU College has been excellent. In addition to the academics, students were involved and motivated to participate in intercollegiate events. Overall the experience was good. Periodic parents meeting with teachers has helped us in knowing our child's progress. The Parenteye app is a good communication app which enables us parents to be connected with the college.

Mr. P Anneyappa (P/O Kailash A – II C)

I feel highly privileged and thankful to the college management for giving me this opportunity to share my thoughts and inputs. I appreciate your dedication in providing quality education to the children along with the cultural, sports, literary events conducted throughout the academic year. Overall, the college has a positive and inspirational environment for every child to grow both intellectually and achieve remarkable achievements in future.

Mrs. Rohini Chaitanya (P/O Asmita C – II D)

Overall, I'm happy with the way the college is helping my child grow both academically and personally. The teachers are supportive and easy to communicate and the environment seems encouraging for students to focus on their studies too. The facilities like the classrooms, canteen and basketball court seems well maintained and the college does a good job in organizing events that helps students learn beyond academics. Thank you for your efforts in supporting and guiding the students.

Mrs. S Amaravalli (P/O Poobala Moorthi – II E)

We are very happy and glad that my daughter was admitted to Carmel Pre – University College. The college ensures a safe and secure environment for students and the communication from the administration is excellent. Students learn problem solving techniques which are commendable. Soft skills training, especially in communication and presentation are trained in an excellent manner. Providing exposure to the current industry trends and tools helped students align with the present trends which is required for their future. They have excellent, professional lecturers and mentors who train students to do their best academically.

Mrs. Madhumathi (P/O Pragathi K S – II E)

STUDENT OF THE MONTH

JUNE



**A M AARISH
(I C)**



**AKSHAY KASHYAP
(I D)**



**APOORVA M
(II D)**



**KRISHNA DHYAN V N
(II B)**

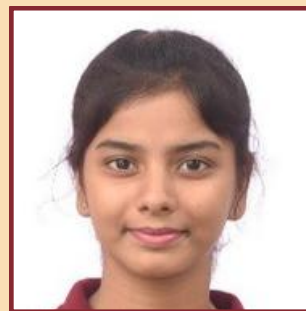
JULY



**TILAK RATNA
(I A)**



**HARINI
(I F)**



**ANISHA D
(II C)**



**POOBALA MURTHY
(II E)**

AUGUST



**VIGNESH P
(I B)**



**ADITHI D MOHRE
(I E)**



**JANITHA M
(II E)**



**PRAJWAL G M
(II A)**

SEPTEMBER



**NISIKA
(I B)**



**SAHANA M
(I D)**



**LAVOANYA K
(I A)**



**VIONA J
(II E)**

STUDENT OF THE MONTH

OCTOBER



**VARUN H
(I F)**



**MAMATHA
(I C)**



**VARSHA K
(II D)**



**YASHWANTH A V
(II B)**

NOVEMBER



**ABHISHEK S BALIGERI
(II A)**



**SHAMSHIYA NAZ
(II E)**



**HARIKA S
(II E)**



**SANJITH MANJUNATH
(II D)**

DECEMBER



**PRITHAM PRAJWIN V
(II B)**



**PRATHIBA S T
(II A)**



**AMBIKA PODDAR
(II D)**



**ROHIT PURANIKMATH
(II D)**

JANUARY



**NIDHI V
(II B)**



**NIKITHA B SEERVI
(II D)**



**TRISHA RAJ PUROHIT P
(II D)**



**SHAIK HUDA KOUSAR
(II E)**

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COVER PAGE SKETCH BY MR AMARANATH , ART DEPARTMENT
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THANK YOU

GRATITUDE TO ALL INVOLVED IN THE DEVELOPMENT OF THIS E-NEWSLETTER

SPECIAL THANKS TO THE MANAGEMENT, PRINCIPAL AND STAFF COUNCIL

FOR YOUR SUPPORT

YOUR DEDICATION SHAPES OUR SUCCESS



CARMEL PRE-UNIVERSITY COLLEGE



CARMEL HIGH SCHOOL

2002

CARMEL COLLEGE