



PAULETTE



THE VOICE OF THE PAULINIAN YOUTH

THE OFFICIAL NEWSLETTER OF THE GRADE SCHOOL UNIT

SPUD KICKS OFF ANOTHER YEAR

BY PIA MARIE V. LAQUINON



St. Paul University Dumaguete: A school filled with amazing history and home of successful Paulinians. On August 16, 2023, SPUD launches the official first day of school for the academic year 2022-2023. Students have met their classmates, schoolmates, teachers, Sisters, staff, and everyone. The Basic Education students were assembled in the Father Louis Chauvet Hall (FLCH) for the school orientation whereas teachers and some selected students presented the prescribed uniform and the rules of the school. Seeing the learners faces feels ecstatic and jovial as they are ready to embrace this academic year.



"Seeing transferees and new students get along with us makes me feel happy. Seeing my old classmates made me feel safe, seeing my new classmates made me feel excited, seeing everyone made me feel calm. I knew in myself and in my classmates that this year would be very memorable, we introduced ourselves and got to know everyone better, which gave me a lot of positive emotions. My classmates made me feel at home, they made me feel at ease and are very supportive. I am ecstatic experience very nice memories together with the basic education students, like the Christmas party, orientations, Paulimpics, city meet, Founder's Day, and etc. As a graduating student, I am moving up to a new building, new people, new environment, new energy, and new teachers. I feel very excited to move-up to high school, because know that I will have a wonderful time and make wonderful memories with my schoolmates. We used to be very shy and distant with each other, because of the two-year pandemic period. We forgot how amazing and wonderful school was in face-to-face. I remember we used to run around in the grade school ground, playing tags in the lobby, and experiencing childhood. School is a place where we can learn all kinds of education. We are now very happy and contented with each other, because we remembered that in school, Paulinians are supportive and social with everyone. St. Paul University Dumaguete, the Paulinian's second home. Once a Paulinian, always a Paulinian." - Pia Marie V. Laquinon





GS CLUB LISTING

BY: YESHKAH LIL THERESE T. SAYCON

On August 19, 2022, the Grade School students had their club listing in the Mere Maria Hall or Open Hall. Selected teachers who were assigned to different clubs are called Club Moderators they gave us an orientation about the different clubs and motivated us on the importance of joining clubs for us to be holistically developed as young learners. There are a lot of clubs organized for us to choose from based on our needs and interest. Like Power Paul, if you are interested in journalism. Math Wizards if you love math and fond of solving mathematical problems. If you love playing online games come and join Gamer's Club and for any related sports you can choose Badminton, Basketball, Volleyball, Soccer, Table Tennis and Swimming and many more.

It was such a wonderful experience to get to know the different clubs and we had the opportunity to belong to a certain club together with other learners coming from different grade levels. Where you can learn, enhance your talents and skills, and most importantly gain more friends aside from your classmates. Paulinian learners are looking forward every Friday.

Indeed, every Friday, the ballfield and Grade School grounds are filled with students who are having fun and playing outdoor sports like badminton or other sports they really love. Just like the saying goes, "Have fun, be yourself, enjoy life, and stay positive."



GRADE SCHOOL MITING DE AVANCE 2022-2023

BY: RUDY ADREINEL YABUT, JR.

September 2, 2022, marks the day of the Miting De Avance. This program was meant to bring in the newly elected grade school officers for the new school year, while also making students exercise their right to vote. This election decided who and who would not be the new leaders, role models, officers, or guidance of the grade school.

The place was set in the AVR, well prepared, with the contestants fully prepared for this election. There are two partylist: The Power Party and Pauli-Knights Party. All of the contestants were respectful, and obedient to any rules presented. One by one, they got up, said their statements, and went back to sit down. After the election, the students were asked to cast their votes on who should be elected and who should not.

After all was done, the information of the people who won were made public. Nobody was angry, nobody was sad. It was truly amazing day that the Paulinians expressed proper sportsmanship, not disappointed or offended that they did not win, but rather, being happy they had the chance to be elected as the Grade Schools Coordinating Council.

Students showed collaboration whereas we worked together to present our platforms to our fellow grade school schoolmates. The event was a success and it even helped the students to exercise their right to vote.



GRADE SCHOOL OFFICERS 2022-2023

BY: NIÑA MAE O. NAQUIMEN

The Induction of the Homeroom and SCC officers occurred last September 14, 2022. The newly elected officers were in St. Paul Apostle Chapel where they lit their candles and raised their right hand for the pledge. Right after they did their pledge, Rev. Fr. John Renil Quiliope, University Chaplain, blessed the officers with holy water.

Induction is about making the responsibility of the school's officer towards the school fellow students and environment. The purpose of induction is to welcome their new recruit, help them settle in and ensure they have the knowledge and support they need to perform their role. As a student, it is our job and mission to help our fellow students on what are their needs for the betterment of our school. School officer is not only for the high rank in our community but for a good example for our fellow students.

As a newly elected officer it is a challenge to us to be consistent of our Paulinian identity and should portray a good role model to our fellow Paulinian graders.





GS UNIT CELEBRATES NEON PARTY

BY: GIO BENEDICT L. ALEJADO

The Grade School Unit celebrates its acquaintance party at Mere Maria Hall held on September 16, 2022. The theme was Neon Party where all of the grade school pupils would wear any attire with a touch of neon on it. The Acquaintance Party is an annual event held by the grade school unit to gather its students in solidarity to establish a bond between students of different year levels and to properly welcome everyone in one department or unit. This annual event at the beginning of the school year is a special day where students get acquainted with each other on different year levels.

The event was composed of two parts. The first part was all of the pupils were gathered in the Mere Maria Hall for the program. The program was prepared by the Grade School SCC Officers with the supervision of Teacher Jou. All of the pupils were gathered in the Mere Maria Hall to play different games and watched presentations by different grade levels. The second part was where all students would go back to their classrooms for their lunch together with their class advisers. At the end of the day, the pupils have gained the value of camaraderie and uniting as one in spirit.



THE WORLD CELEBRATES TEACHER'S DAY

BY: ROBBY GWEN G. MONGIT



Teachers' day is one of the most memorable days in the life of a teacher and a student. Every year on the 5th of September students pay respect to their teachers by giving them letters and gifts. Sometimes students also prepare little speeches in honor of our teachers.

The learners can really see how happy their teachers were when they surprised them. They also need to remember that teachers need to rest too, it is not just us, students, that needs rest but also the teachers too. For it is a day to honor the hard work and contributions of teachers in our life. Students present their sincere wishes and prayers to their teachers. They gave cards, flowers, and special gifts to their favorite teachers to show their love to them.

They are our role models who teaches people not for the sake of their job but for the sake of our future. Without our teachers, our learning experience is incomplete. Lots of teachers are sometimes stressed about working but whenever the students know the teacher well, they always know when to calm down and behave and respect their teachers. Teacher's day is a really wonderful day for teachers to know that we love them and care for them.



No matter how many I Love You's learners say to the teachers it is more than they think it is. The word I love you is never meant to say without actually loving them since an I love you is really a serious word when it comes to loving a person friendly or romantically either way, we still need to say I love you more than the word I love you because it can mean a lot to a person especially those who sacrifice themselves to other people.

We say I love you and good morning/afternoon to them every single day because we respect them. We are not doing it just because they are teachers. They really mean so much to us. The greetings the goodbyes and I love you will always mean so much more than they think it is because all of the students care for them no matter how known they are they are always respected and loved no matter what. SPUD Teachers, Long-Live! We love you!

**TEACHER VANESSA****TEACHER JOU****TEACHER DORM****TEACHER NOVE****TEACHER LEND****TEACHER ANNIE****TEACHER JOAN****TEACHER DIN****TEACHER QUEEN**

SCC OFFICERS UNDERGO LEADERSHIP TRAINING

BY: WILLIAM HAROLD T. JUMUAD

Last October 15, 2022, a leadership training was held at the Father Louis Chauvet Hall (FLCH) attended by the elected officers of the Student Coordinating Council (SCC) for the SY 2022-2023 from the Grade School, Junior High School, and Senior High School Departments of St. Paul University Dumaguete (SPUD). The training was designed for the participants to better understand and effectively embrace their respective roles as elected student leaders.

The moderator of the training was Ms. Jou Grace Vale, the GS-Activity Team Leader.

During the training, relevant topics on effective leadership were taken up, and enhanced through memorable and fun team building workshops by all the participants.



HOMEROOM AND CLUB LEADERSHIP TRAINING 2022

BY: PIA MARIE V. LAQUINON

St. Paul University Dumaguete is a place where the activities are worth the wait. One of these activities is the Homeroom and Club Officers Leadership Training which is held every year. The Homeroom and Club officers of different levels of the Basic Education attended the Leadership Training on October 21, 2022. The event started with a prayer and was followed by an Opening Remarks. It was then followed by the sharing of speaker. The speakers taught many essential things to the officers on how to be a leader to the learners.

The officers' faces looked so happy and entertained that day, especially the SCC members. They were able to answer questions, asked important and entertaining questions and we were able to see their personalities and true colors!

Although they were not able to accomplish the counting game, it was of course very funny! They were blindfolded and was confused about when to say a number! Well, they skipped it of course, but I think it just needs a little bit of teamwork. During last activity, they were able to arrange and make very entertaining activities. Every activity was held perfectly. It is a very memorable day to remember for the club and homeroom leaders. Soar High Leaders!





SPUD's 118th FOUNDING CELEBRATION

BY: RUDY ADREINEL YABUT, JR.

St. Paul University Dumaguete celebrated its 118th founding anniversary. This was celebrated from October 22-29, 2022. This year's theme: "Journeying together amidst Challenges, Changes and Chances." During the events it was very special for the grade school students because of the many things they did such as throwing candies, playing of games, and mostly just hanging out with friends and even family during the celebration of this special event.

On October 22, 2022, the Grade School Unit, together with the selected students wearing their assigned national costumes had their parade from Quezon Park to St. Paul University Dumaguete campus. All Paulinian students and parents drove around, throwing candies while inside their cars. It put a smile to their faces when little kids and even adults started picking up the candies. It was a memorable experience, especially when we're throwing candies away, and laughing with their friends.

During the days of the event, the grade school students played a lot of amusing games. The games played were fun but also strengthened the cooperations within others. It was really cheery to see people playing, working together and having the time of their lives. With the games being done, they all took some time to rest, and eat the food that all of them have brought for each other. They can really see the spirit of being a Paulinian which is to be united as one family and having the time of their lives.



GS UNIT PAULINIAN PLAYDOWN

BY: ZEFF RENIAN PAUL T. SAYCON

The Paulinian Playdown which took place on November 28 to 29, 2022 was an astonishing event! All of the Basic Education students were to compete to be held as champion in preparation for the incoming Paulimpscs this coming January. The Grade School has their own Paulinian Playdown. All of the different year levels were mixed together to be in one group. Each group represents the following colors: Blue, Purple, Yellow, Pink, Red and White.

The Grade School pupils played lots of games in the Grade School ground where they showed collaboration and sportsmanship. It shows how Paulinian learners are equipped with strategies in order for them to win the games.

The team that surpassed and got the overall points garnered are the Pink team which was lead by Teacher Annie.



GS UNIT CELEBRATES FAMILY FUN DAY

BY: PRINCESS HARVEY MARIE GALERA

St. Paul University, Basic Education Department-Grade School has implemented Family Fun Day, an annual event that draw camaraderie of families in the Grade School community with the theme: "Journeying Together: Bringing Joy to every Paulinian Family. It was celebrated last December 11, 2022, Sunday morning. The day commenced with a thanksgiving mass presided by Rev. Fr. John Renil Quilliope, University Chaplain. The aforementioned was held at Mere Maria Hall.

During the event, families were assigned to wear colored shirts. Games and presentation of each family were played and presented. Families of different year levels did some food sharing whereas they could see the happy and contentment faces.

The occasion was carried out on a Sunday despite the busy schedule, parents were able to attend the meaningful Family Fun Day. In this event, not only they perceived the value of family, but most significantly, we bonded with one another through warm acceptance and appreciation of each other.

GRADE SCHOOL FIRST HOLY COMMUNION 2022

BY: SHANIAN RABELISTA



Also known as "The Lord's Supper", The Holy Communion represents the greatest expression of God's Love for His people. Two items were used in this holy sacrament: the bread which represents Jesus' body that was scourged and broken before and during His crucifixion, and the cup which represents His shed blood".

" The first Holy Communion is a special event for young catholic kids like me. It is one of the seven sacraments. It is also an event where you receive Jesus through the Eucharist. In preparation for communion, we had a recollection and confession in the chapel and also our parents as well had a recollection too. I had my first Holy Communion last December 10, 2022, in the St. Paul Apostle Chapel. We had a processional march before starting the ceremony. All the girls wear white, and boys too. After the processional march was the start of the mass with Rev. Fr. John Renil Quiliope, University Chaplain. When it was my time to receive the Holy Communion, I felt very excited to receive Jesus. After I received the body of Christ it made me realize that receiving the Holy Communion is not just the physical act that we do, it must also become something God does to us. We must choose not only to consume our Lord, but we must also allow Him to consume us with His mercy. As a communicant I promise to serve Jesus and be with Him all the time. I promise that during Sundays I will be with Him together with my parents.

After that, we had a group pictorial and receiving of certificates. I want to say thank you to Teacher Annie for the help that she did on the success of our first holy communion and also to the rest of the Grade School Teachers. When I think about the event it makes me feel happy and holy. It was a memorable and meaningful celebration." – Shanian Mia Rabelista

BED CHRISTMAS PARTY

BY: BETTINA CARMEN REMOLLO

Christmas is a celebration, a time for giving and not simply a day we exchange gifts. The spirit of Christmas is in the 'togetherness', it's in the thought to which you put into thinking about others, it's a selfless time, where we forgive, take stock of what's important and become 'better' versions of ourselves.

It was the 16th of December and all of the Basic Education Paulinians were gathered in the Father Louis Chauvet Hall (FLCH) for the Basic Education Christmas Party. Christmas party is an event where students celebrate the spirit of Christmas. Paulinian learners prepared their dances, acts, and songs. It all went so well, the acts were romantic and entertaining, the dances were energetic, and the songs were sung beautifully. It was lovely to see every single Basic Education class in the Father Louis Chauvet Hall (FLCH) to celebrate this momentous event. After the program all of the students went back to their respective classrooms for the exchanging of gifts.

"It is Christmas in the heart that puts Christmas in the air."

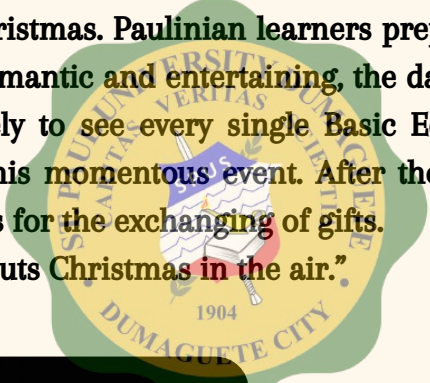


PHOTO LIFTED FROM MRS. ESPINAZA



SR. ALTHEA TOGETHER WITH THE GS STUDENTS





A MEMORY TO RECOLLECT

BY: RUDY ADREINEL YABUT, JR.

"I will always remember my most recent recollection, as it not only helped me strengthen my relationship with God, but also having an amazing time during the recollection. Before the recollection, we had class and then during class we practiced, and then after a while we went to the church to pray. But it was not like any normal mass, it was a special day, a recollection. We prayed to god and offered our prayers, as usual and then we were told to follow the instructor and go into an empty classroom.

We were taught to strengthen our relationship with God, and we were also singing with Father Simon, having done all of that we were going to have our confession of sins, where we confess all the wrong doings we did to the other people and to ourselves, we had to lay our heads down and be quiet during this process. One by one we left the room and confessed the sins we have did, we were told to write it down on a notebook so that we can remember them when we tell it to the priest, known as Father Simon. After all of that was done, we were headed to the church.

When we went to the church we would genuflect, and then go to our assigned seating arrangement. Father Simon would preach the gospel. We had a lot of fun during the recollection, it was a great experience for everyone involved." - Rudy Andreinel Yabut, Jr.

THE WARDROBE

BY: ROBBY GWEN MONGIT

“The lion, the witch and the wardrobe” a book written by C. S. Lewis. This book is all about four children – Lucy, Peter, Susan and Edmund all enter Narnia – a magical world where animals talk and the White Witch who reigns as Queen makes it always winter and never Christmas. They enter at different times, but from the same place – the old Wardrobe. Lucy enters first and encounters the Faun who is in the pay of the White Witch and tries to kidnap her. Edmund, who enters second, finds the White Witch and thinks she's kind and caring, only to later discover that she is a cruel, evil and untrustworthy woman. Susan and Peter enter together and find Lucy and Edmund. They all meet Mr. and Mrs. Beaver who invites them to lunch at their cottage. During lunch they realize that Edmund (who had fought and was angry with the other three) had left to join forces with the White Witch whom he believed would make him Prince. The Beavers along with the three children set off on a long and perilous journey to find Aslan – the King and Lord of Narnia – and rescue Edmund. Together, the children join forces with Aslan's army against the heartless and wicked White Witch. The lion Aslan gives his life to save one of the children; he later rises from the dead, vanquishes the White Witch, and crowns the children Kings and Queens of Narnia.

I loved how Lewis created Narnia, a land of magical creatures and adventures. This book taught me two important lessons; that looks can be deceiving and that two wrongs don't make a right. My favourite part in the book was when Aslan was un-stoning the statues and everything came to life. It made me feel as if all the un-stoned animals were right there in front of me, beckoning me to join them. I now understand why The Lion, The Witch and The Wardrobe is a children's classic. It is a must read for us all!

LIFE OF A STUDENT

BY: GARETT ULRYK TAGIMACRUZ

I have a dream, a very good dream,
I have a plan in my hands,
And someday it will come true.
As long as I strive and learn,
One day, I will start to earn.

I am a student and I go to school every
day.

I am striving hard to learn each day.
We go along with classmates and
friends,
At the end of the day, we'll comprehend.

There's so much more about our studies,
Teachers became our second parents,
They give us knowledge, they teach and
guide us
So we become the best of ourselves and
full of talents.

Studying is not just enough,
Us students, we need to look up,
For all of this will become nothing
When we don't put God in
Everything.



THE JOURNEY OF LIFE AND SCHOOL

BY: SOPHIA SYRINE TORRES

Life is a journey we all must take,
A path filled with choices to make.
Each step brings new challenges
and growth,
And memories to cherish the most.

In school, we learn and grow each
day,
New knowledge and skills along
the way.

Friends are made and bonds are
formed,
And character is shaped and
transformed.

So embrace the journey, both in
life and school,
For every experience is a valuable
tool.

Learn from mistakes, celebrate
successes too,
And enjoy every moment, as it's all
up to you.

MGA ALAALA

BY: PRINCESS HARVEY MARIE GALERA

Naaalala ko pa ang mga araw kung saan kami ay naghahabi ng mga alaala sa mga pagkakataong.

Tayo ay nagsasalu-salo hanggang sa ang ating mga puso ay magkahawak-kamay sa taniman ng mais maglalakad tayong maingat at maingat.

Umiiwas na madapa ngunit napakasayang ng mga panahong tayo'y sumasayaw na hindi iniisip ang lahat ng iyon.

Pumapaligid sa aming pagsasama-sama ng tawa, ito ay sumasabay sa hangin na mahinahong dumaraan, habang ang mga bundok mula sa malayo, ay madalas na nakatitig sa aming mga mata.

Aba'y napakasayang alalahanin ng paulit-ulit ang makulay na nakaraan na ating pinagsaluhan, sa puso'y matamis na alaala na walang hanggan ay iingatan at mananatili.



SA IYONG PUSO NAMAMALAGI, ANG KAHULUGAN NG BUHAY

BY: RUDY ADREINEL YABUT, JR.

May mga taong nakakulong, ang ibang tao ay nakakaramdam ng hiwalay.

Ang ilang mga tao ay may posibilidad na tumayo, at manood kung ano ang nangyayari sa buhay.

Ang ilan ay ipinanganak bilang mga babae, ang iba ay ipinanganak bilang mga lalaki.

Hinahanap ng mga tao ang kahulugan ng buhay, Naghahanap sila at hindi mahanap, para sa kanilang puso, ang kahulugan ay namamalagi.

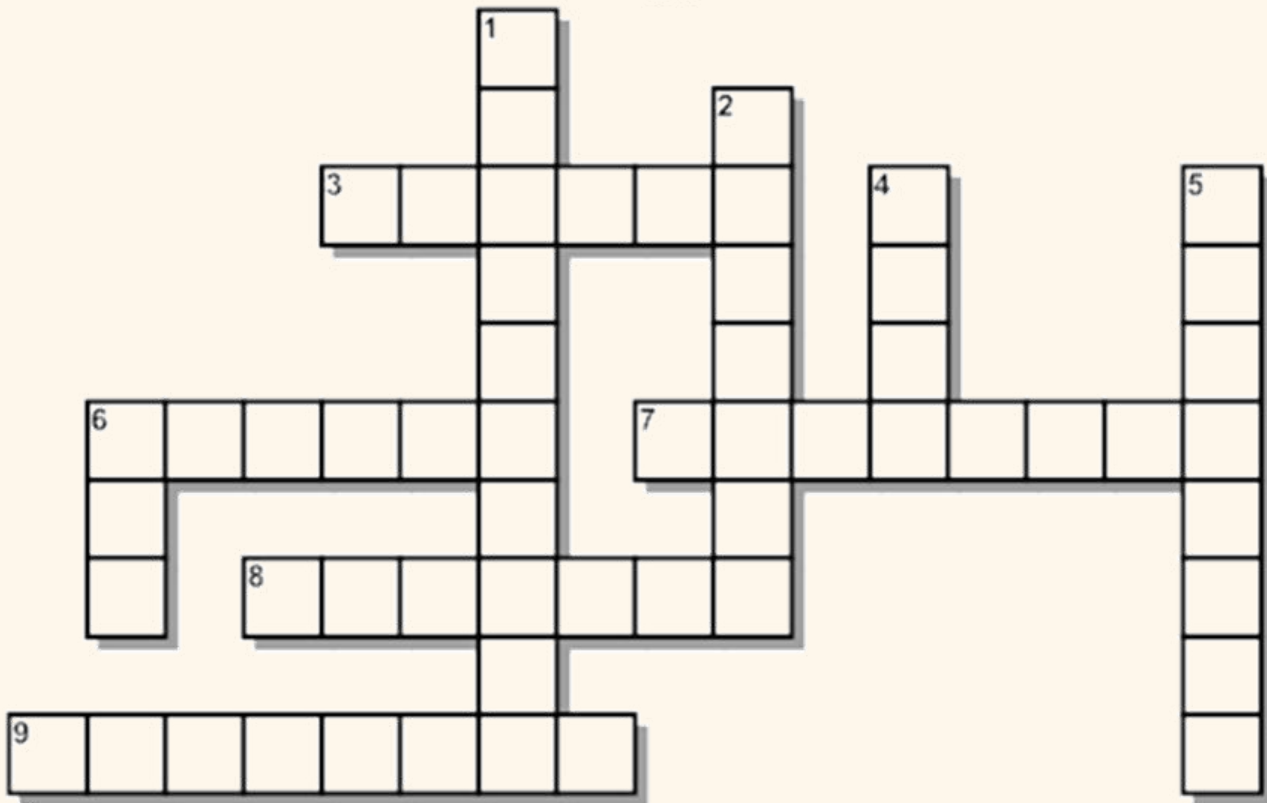
Ang kahulugan ng buhay ay subjective, ang kahulugan ng buhay ay maaaring isang panaginip, o ang iyong kasalukuyang layunin.

Ang buhay ay pinahahalagahan at maganda, puno ng buhay, makulay.





Back to School Supplies Crossword



Across:

- 3 Put important papers in this
- 6 Writes with graphite
- 7 Write your notes in this
- 8 Go back to school in style
- 9 Cut paper

Down:

- 1 Makes math easier
- 2 Writes with colorful wax
- 4 Attach things to each other
- 5 Essential for carrying everything
- 6 Writes with ink



PUZZLE 5 - BOWLING

S E P A R A T I O N T Q S F Q S F L
 N B F M Z C S R F E Y K I N G P I N
 S O O E U F V B E U T U M B L E R E
 H P Q P E R F E C T G A M E L J B S
 A E U M J V K T E J U H D D P I E A
 D N R C C I L I J B X R H J O I N N
 O B B U R A O U K F Y B N H I X D D
 W O A T B L O W O U T C O O N O E B
 B W S B C F P F V V W X S M T H R A
 A L L E Y K E O L E S I E E S O T G
 L I O E T B R U S N C S H A H U R G
 L N F K U H A L J T R P I L O S E E
 G G C A R R Y L Y I A A T L T E L R
 U A N C H O R I L N W R S E G B E T
 T A R M S W I N G G L E Z Y B A A L
 T O U R N A M E N T E Y L K C L S X
 E H E A D P I N S T R I N G U L E I
 R H A N D I C A P S I X P A C K I W

ALLEY
 ANCHOR
 ARM SWING
 BABY BALL
 BENDER
 BLIND
 BLOWOUT
 CARRY
 CRAWLER
 FOUL LINE
 GUTTER

HANDICAP
 HEAD PIN
 HOME ALLEY
 HOUSE BALL
 KINGPIN
 LOOPER
 NOSE HIT
 OPEN BOWLING
 PERFECT GAME
 POINT SHOT
 RELEASE

RETURN
 SANDBAGGER
 SEPARATION
 SHADOW BALL
 SIX PACK
 SPARE
 STRIKE
 STRING
 TOURNAMENT
 TUMBLER
 VENTING





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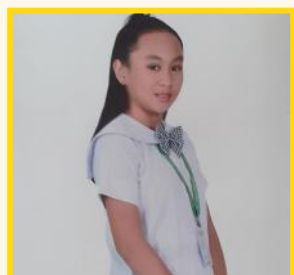


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