



# The Current

## December 2025

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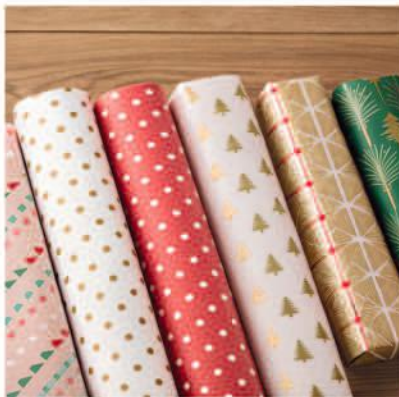
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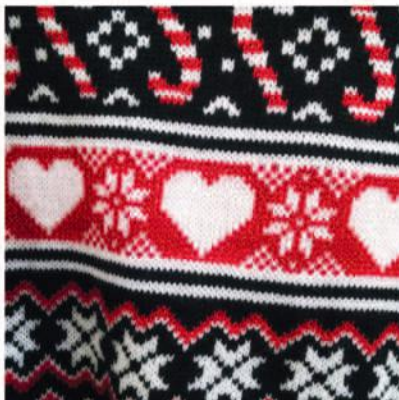
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A FREE MONTHLY PUBLICATION SUPPORTED BY THE FRIENDS OF THE OSHKOSH SENIORS CENTER, INC.

920.232.5300

[www.oshkoshwi.gov/seniorservices/](http://www.oshkoshwi.gov/seniorservices/)



# Welcome to the Oshkosh Seniors Center

## *A Note From the Senior Services Manager*

December is upon us, marking the final month of 2025. This year marked the Center's 50th Anniversary. We anticipate nearly 60,000 visits (a new high!) and saw growth across many of our programs. I believe our continued service to our city will be vibrant and strong.

As you celebrate the holidays, I cordially invite you to share in the music and joy of the season by joining us at our many music and food events. There is truly something for everyone here.

Our team is looking forward to seeing the fun and exciting programs continue to flourish in 2026. There will be more educational presentations, different culinary options, new cultural and arts classes, and different fitness offerings to look forward to.

With January on the horizon, I invite you to keep Wednesday, January 28, 2026, on your calendar for a Resource Fair at the North Building. There will be much to keep you informed, well, and engaged as you start 2026.

*See you by the River!*  
-Dan Braun

## *Happy Holidays*

We will be closed on Christmas Day and New Year's Day.

On Friday, December 26, only the North Building will be open for use of the Fox Fitness Center. The South Building will remain closed.

## **Walk like a penguin to avoid falling in slippery conditions!**



- Bend slightly and walk flat-footed
- Point your feet out slightly like a penguin
- Keep your center of gravity over your feet as much as possible
- Watch where you are stepping
- Take short, shuffle-like steps
- Keep your arms at your sides and not in your pockets
- Concentrate on keeping your balance
- Go slow

**South Building**  
Monday - Friday  
8 am to 4 pm

**North Building**  
Monday - Friday  
7 am to 4 pm

# Welcome to the Oshkosh Seniors Center

## Weather Closure Policy

Our policy for full-day closures follows the lead of the Oshkosh Area School District. If the school district closes for a full day, the Center will also be closed. We do not, however, close early or delay opening due to weather. If the Oshkosh Area School District delays opening, we will still open for the day at regular hours. If they close early, we will remain open for our regular hours. We follow their lead for full-day closures only.

If we are closed due to weather, we will post it on our Facebook page and notify WBAY.

|   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|
| W | E | C | I | E | A | V | E | R | A | B |
| H | I | B | E | R | N | A | T | E | P | S |
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| N | N | E | T | C | U | E | S | V | E | O |
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| S | A | R | E | O | U | G | H | O | W | N |
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### WINTER WORD SEARCH



WINTER  
COLD  
SNOW  
GLOVES  
BEANIE  
SKIING  
BARE  
HIBERNATE  
SNOWMAN  
ICE  
FIREPLACE  
SCARF

**South Building**  
Monday - Friday  
8 am to 4 pm

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Monday - Friday  
7 am to 4 pm





# Registration

To register for paid programs, stop by the front desk at either building or give us a call at 920.232.5300 (unless otherwise noted). You can pay with cash, check, or your prepay account. Some free programs allow online registration, but if an appointment is needed, you must call or visit one of our front desks. Programs that require advance registrations also require payment upon registration.

.....

## Prepay Accounts

We encourage you to utilize your prepay account! You can put any dollar amount on your prepay account and use it to pay for classes or activities. Bring cash or a check to the front desk and have the volunteer deposit it into your prepay account. Then, you can select your prepay account as your payment method when you register for programs or check in at the Center.

## Pass Options

### Creative Expression

|         | R       | NR       |
|---------|---------|----------|
| Daily   | \$1.50  | \$2.25   |
| Monthly | \$6.50  | \$9.75   |
| Yearly  | \$78.00 | \$117.00 |

Use this pass for open hour programming.

### Stay Social

|         | R       | NR      |
|---------|---------|---------|
| Daily   | \$1.00  | \$1.50  |
| Monthly | \$6.00  | \$9.00  |
| Yearly  | \$60.00 | \$90.00 |

Includes all general use (cards, games, knitting, puzzles, library, socializing, bingo, movies).

### Stay Active

|         | R        | NR       |
|---------|----------|----------|
| Daily   | \$3.00   | \$4.50   |
| Monthly | \$20.00  | \$30.00  |
| Yearly  | \$200.00 | \$300.00 |

You can use this pass for OSC instructor led classes and the Fox Fitness Center.

All passes are available throughout the year. Prepay is encouraged! Please inquire at the front desk. You may purchase multiple monthly passes.





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Oshkosh Senior Center, Oshkosh, WI

A 4C 01-0984



## Enrichment

Building: North (N) South (S)

### Power & Hand Tool Carving (N)

**Mondays, December 1-15**

**8:00a to 12:00p**

Instructor: Gene Bengel, Richard Krummick

**Cost: R \$30.00/NR \$35.00** (3-week session)

Min/Max: 4/12

**Register by Wednesday, November 26**

Power tool carvers must bring a bench fan and a dust collector, and must have completed safety training to use OSC power equipment. Hand carvers should bring their own hand or rotary tools. Instructors will be available to teach, guide, and help with problem-solving. This time is exclusively for carving projects.

### Guided Wood Burning (S)

**Tuesdays, December 2-16**

**8:30a to 11:30a**

Instructors: Linda Gomach, Richard Krummick

**Cost: R \$30.00/NR \$35.00** (3-week session)

Min/Max: 3/10

**Register by Wednesday, November 26**

Here's a chance to work on those woodburning projects! Award-winning instructors will be on hand to offer expert guidance in completing your pieces. Bring your vision to life as you enjoy dedicated time for woodburning alongside fellow enthusiasts.

### Woodshop Guided Hours (N)

**Wednesdays, December 3-17**

**9:00a to 12:00p**

**Cost: R \$5.00/NR \$7.50**

**No registration needed**

Join us during Guided Woodshop Hours to work on your projects with support from our expert volunteers. Basic Machine Safety Training is required to use our tools; if you're not trained, you can use a bench pass, and monitors will assist. **Please arrive no later than 30 minutes before the scheduled end time to ensure projects are completed.**

### Stained Glass Guided Hours (S)

**Wednesdays, December 3-17**

**10:00a to 12:00p**

Instructor: Marla Tonn

**Cost: R \$5.00/NR \$7.50 per visit**

**No registration needed**

NEW! Do you have stained-glass projects you want to finish? An instructor will be on hand to provide guidance and answer questions. Come in and complete your projects!

### Knitting and Crochet (S)

**Thursdays, December 4-18**

**8:30a to 11:30a**

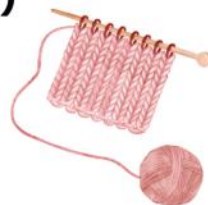
Instructor: Self-led

**Cost: R \$1.00/NR \$2.50**

Min/Max: None

**No registration needed**

Work on your own knitting and crochet projects surrounded by others who love the art like you!



### Art Expression (S)

**Thursdays & Fridays, December 4-19**

**8:30a to 11:30a**

**Cost: R \$1.50/NR \$2.25**

**No registration needed**

If you're interested in connecting with others and working on art and craft projects, join us for the Art Expressions Lab! Feel free to bring any supplies you need for your projects, as center supplies will not be available during this time. Please note that kiln firing will not be offered at this time.

### Wisconsin Warmers (S)

**Thursdays, December 4-18**

**9:00a to 3:00p**

Instructor: Self-led

**Cost: Free**

Min/Max: None

**No registration needed**

Join us as we make quilts and other items to donate to schools, hospice programs, group homes, hospitals, and other non-profit organizations. No experience necessary.



**South Building**  
Monday - Friday  
8 am to 4 pm

**North Building**  
Monday - Friday  
7 am to 4 pm



## Holiday Tree Bucket Decor (S)

Thursday, December 4

1:00p to 3:00p

Instructor: Kelly Arens & Christie Powers

Cost: R \$25.00/NR \$30.00

Min/Max: 3/10

Register by Wednesday, November 26

Transform a simple sap bucket into a holiday porch or hearth decoration by adding a small, evergreen tree complete with festive ornaments and a bow. There will be a custom vinyl holiday label to adhere, creating a unique and charming masterpiece that captures the essence of the season.



## Clothespin Snowflake (S)

Monday, December 8

9:30a to 11:30a

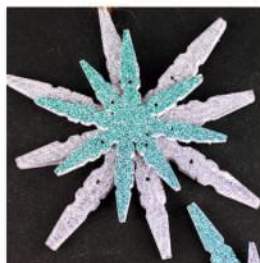
Instructor: Kerry Wolfe

Cost: R \$10.00/NR \$12.50

Min/Max: 3/10

Register by Tuesday, December 2

We will use clothespins to make snowflake ornaments. It doesn't matter if you are a beginner or an advanced student; this class is for everyone. All materials are provided for you. The project is similar to the one shown.



## Artfully Yours:

## Candy Cane Wreath (S)

Thursday, December 11

1:00p to 3:00p

Instructor: Kelly Arens

Cost: R \$15.00/NR \$20.00

Min/Max: 3/10

Register by Thursday, December 4

Create a lovely holiday wreath with an assortment of ornaments and festive embellishments on a 10" evergreen base. Finish the design with a decorative bow. The instructor will guide you through the project to create a door hanger that will enhance your home and the spirit of the season.



## That's a Wrap! Guided Hours (S)

Thursday & Friday, December 18 & 19

12:00p to 3:00p

Instructor: Kelly Arens

Cost: R \$10.00/NR \$12.50

Min/Max: 3/12

Register by Wednesday, December 17

Drop in and get assistance wrapping your holiday presents! Have you always loved wrapping your own gifts but need some extra space and hands to maneuver the packages, cut, and tape? Join us for a few hours of wrapping fun and get hands-on help to make your packages beautiful this year! **Participants need to bring their own wrapping paper/bows. Scissors and tape will be provided.** Please indicate how many packages you will have when registering.



When in doubt,  
craft it out!



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Monday - Friday

8 am to 4 pm

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7 am to 4 pm



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**SAVE THE DATE**  
**OSHKOSH**  
**SENIORS CENTER**  
**WINTER**  
**RESOURCE FAIR**





**JAN. 28th**  
**9am-12pm**



# OSC GROUP EXERCISE SCHEDULE

EXERCISES CLASSES ARE HELD AT OUR NORTH BUILDING  
234N CAMPBELL RD. OSHKOSH, WI 54902

|       | MON              | TUE   | WED              | THU                    | FRI   |
|-------|------------------|---|------------------|------------------------|---|
| 8:00  |                  |   |                  |                        |   |
|       | Rapid Movement   | Life Fitness  | Rapid Movement   | Life Fitness           |   |
|       | 8:30-9am         | 8:30-9am  | 8:30-9am         | 8:30-9am               |   |
| 9:00  |                  |   |                  |                        |   |
|       | Morning Mobility | Functional Flexibility  | Morning Mobility | Functional Flexibility | Today Body  |
|       | 9:15-9:45am      | 9:15-9:45am   | 9:15-9:45am      | 9:15-9:45am            | Fitness  |
|       |                  |   |                  |                        | 9:15-10am   |
| 10:00 |                  |   |                  |                        |   |
|       | Chair Cardio     | TRX   |                  |                        |   |
|       | & Core           | 10-10:45am  |                  |                        |   |
|       | 10-10:45am       |  |                  |                        |   |
| 11:00 |                  |   |                  |                        |   |
|       | Silver Sneakers  | Movement  | Silver Sneakers  | Movement               | Movement  |
|       | Classic          | Exercise  | Classic          | Exercise               | Exercise  |
|       | 11-11:45am       | 11-11:45am  | 11-11:45am       | 11-11:45am             | 11-11:45am  |
| 12:00 |                  |   |                  |                        |   |
|       | Advanced         | Advanced  |                  |                        |   |
|       | Line Dancing     | Line Dancing  |                  |                        |   |
|       | 12:15-1:45pm     | 12:15-1:45pm  |                  |                        |   |
| 1:00  |                  |   |                  |                        |   |
|       |                  |   |                  | Chair                  |   |
|       |                  |   |                  | Yoga                   |   |
|       |                  |   |                  | 1-1:45pm               |   |
| 2:00  |                  |   |                  |                        |   |
|       |                  | Chair   |                  |                        |   |
|       |                  | Yoga  |                  |                        |   |
|       |                  | 2:15-3pm  |                  |                        |   |
| 3:00  |                  |   |                  |                        |   |



### **Rapid Movement (N)**

Improve your cardio by doing fast bursts of exercise, then letting your heart rate come back down. This training style helps improve agility, power, coordination, and balance, reducing the risk of falls.

### **Life Fitness (N)**

An energizing, modern approach to low impact aerobics and strength training.

This class will utilize bodyweight movements, resistance bands, and light cardio.

### **Morning Mobility (N)**

Mobility Sessions are a fantastic way to release tension, expand your range of motion, and minimize soreness, ultimately enhancing your recovery process. Participants must bring their own exercise mat.

### **Functional Flexibility (N)**

Relax, restore, and renew your body in this gentle class focused on improving flexibility and range of motion. With guided stretches, mindful breathing, and slow and controlled movements, we'll help release tension, increase mobility, and support better balance and posture. Participants should bring their own exercise mats as we will be getting on the floor.

### **Silver Sneakers Classic (N)**

Increase muscle strength and range of movement, so you are ready for the activities needed for daily living. You will use a chair for seated exercises, as well as standing with support. You will use hand weights, exercise bands, and small exercise balls for resistance.

### **Movement Exercise (N)**

Increase your energy, flexibility, endurance and improve your sense of well-being by utilizing stress free movements. All exercises can be performed seated or standing.

### **Chair Cardio & Core (N)**

Improve your cardiovascular system and strengthen your core with aid of a chair. The class may use weights and resistance bands to increase the challenge.

### **Advanced Line Dancing (N)**

Kick up your heels, have fun, and impress your friends and family when you show off your line dancing skills! Prior experience preferred.

### **Beginner Chair Yoga (N)**

A gentle practice in which postures are performed either seated or with the aid of a chair. This class helps boost strength, flexibility, and mental well-being. No prior experience is required to join.

### **TRX (N)**

**Registration Required. Limit 8 people.**

TRX is a full body workout that uses suspension straps to build strength, balance, flexibility, and core stability. By using your own body weight and gravity. TRX allows you to adjust the intensity of each move to fit your fitness level – making it effective and safe for beginners and advanced exercisers alike.

### **Total Body Fitness (N)**

**Registration Required. Limit 12 people.**

Boost your energy and improve heart health with our endurance workouts. These workouts deliver outstanding results by featuring variable-intensity intervals on treadmills, bikes, and the floor. The varied intensity keeps your body guessing, maximizing calorie burn.

### **PLEASE NOTE:**

There will be no group fitness classes starting Monday, December 22, to Friday, January 3. Classes will resume on Monday, January 5.

The Fox Fitness Center will remain open during these dates.

**South Building**  
Monday - Friday  
8 am to 4 pm

**North Building**  
Monday - Friday  
7 am to 4 pm

# **FITNESS & WELLNESS IS LOOKING FOR YOUR FEEDBACK!**



**Scan the QR Code to access the survey, or ask for  
a hard copy at the front desk, available from  
November 3 to December 12.**

**South Building**  
Monday - Friday  
8 am to 4 pm

**North Building**  
Monday - Friday  
7 am to 4 pm



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## Carol's Country Tours

**2026**

|                         |                    |               |
|-------------------------|--------------------|---------------|
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| <b>Washington, D.C.</b> | <b>04/15-04/22</b> | <b>\$1096</b> |
| <b>NYC 26</b>           | <b>06/11-17</b>    | <b>\$1175</b> |
| <b>Cape Cod</b>         | <b>09/26-10/4</b>  | <b>\$1390</b> |
| <b>Memphis</b>          | <b>10/19-24</b>    | <b>\$970</b>  |

**Carol J. Kaufmann**

[Ckaufmann@new.rr.com](mailto:Ckaufmann@new.rr.com)

**(920) 216-4668**

[www.carolscountrytours.com](http://www.carolscountrytours.com)  
425 W Packer Ave • Oshkosh, WI 54901



## Want to help your community? Become a Wellness Plus Program Leader!

We're looking for volunteers to lead a variety of wellness  
classes including Tai Chi, Stepping On, and more!

As a volunteer program leader, you'll:

- Receive free training.
- Facilitate wellness classes for older adults.
- Provide strategies for healthier living.

*It's a great opportunity to share your skills and  
give back to your community!*

**For more information:**



Scan the QR code or visit [wchd.pub/wellnessplus](http://wchd.pub/wellnessplus)

Call Winnebago County Public Health at 920-232-3000

Email [ajbeattie-lokken@winnebagocountywi.gov](mailto:ajbeattie-lokken@winnebagocountywi.gov)



**Public Health**  
Prevent. Promote. Protect.  
Winnebago County, WI

**THRIVE  
LOCALLY**



# Leave a Legacy

Consider the Community Foundation in your estate  
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Oshkosh Senior Center, Oshkosh, WI

C 4C 01-0984



# PERSONAL TRAINING



**CIERRA BOUTELLE | 920-232-5303**

Hello, I'm Cierra, the Healthy Lifestyles Coordinator at the OSC. I hold a Bachelor's Degree in Exercise Science with an emphasis in Strength and Conditioning and Psychology, along with a Master's Degree in Athletic Training. My experience includes working with people from many different backgrounds, creating personalized programs that focus on safe movement, injury prevention, and maintaining independence. My goal is to help you feel confident, strong, and capable in your daily activities, so you can continue doing the things you enjoy. Together, we'll focus on keeping your body moving safely and building strength for everyday life.



**HAILEY HOLM | 920-232-5320**

Hi, I'm Hailey, and I'm excited to be part of the OSC as a personal trainer! I graduated with a degree in Kinesiology with an emphasis in Exercise Science and recently went back to school to earn my certification as an Occupational Therapy Assistant (OTA). My passion is helping people move better, feel stronger, and live more independently. I have experience in designing personalized training programs that are tailored to your unique goals, fitness level, and health needs. Whether you're working on balance, strength, flexibility, or just staying active, I'm here to guide you every step of the way. You'll find that I work hard to make your time in the gym safe, effective, and empowering. Together, we'll support your health, strength, and independence."



**KAYLEE BOWE | 920-232-5320**

Hello! I'm Kaylee, and I am so excited to be a personal trainer at the OSC! I graduated with my Bachelor's degree in Kinesiology with an emphasis in Rehabilitation Science, and I hold a certification in Practitioner-Assisted Stretching. My passion is helping my clients move better and feel great while they do it! Whether your goals are to have a pain-free golf game, go up and down stairs with ease, or gain strength, mobility, or independence, we'll build a plan that has you feeling confident in your body's ability to get through each day.

## VALUE

With our certified trainers, you take your first steps towards controlling your overall health and wellness. Each session lasts 30 minutes and specifically meets your individual fitness goals. You will have direct access to a trainer who guides you in exercising safely and effectively in a one-on-one setting, ensuring personalized attention and customized workout plans.

### Our pricing:

**6 sessions for \$78**  
**12 sessions for \$156**  
**18 sessions for \$234**

Invest in your health and wellness today and start your journey towards a healthier, happier you!



# December Fitness Challenge

Have you ever wished you had a personal trainer without the price tag? Or maybe you're looking for some fresh, fun workouts to follow? You're in luck! Enjoy this 2-week workout plan, completed on your own time and at your own pace!

**The challenge kicks off on Monday, December 1.** Pick up your workout packet in the hallway between the strength and cardio rooms in the OSC North Building. **Be sure to write your name on the tracker and log each workout!**

A secret snowman will be keeping an eye on our progress to make sure you finish the year strong!





### **December Fitness Challenge (N)** **Entire Month of December**

Instructor: Self-led

**Cost: Free**

**Register by Friday, November 28**

See page 15 for more details.

### **Blood Pressure Checks**

**Thurs. December 4 12:00p to 1:00p (S)**

**Tues. December 9 10:15a to 11:15a (N)**

**Thurs. December 18 12:00p to 1:00p (S)**

**Mon. December 22, 12:30p to 1:30p (N)**

**Cost: Free**

**No reservations required**

Join us for a free blood pressure check. Early detection of chronic high blood pressure saves lives!

### **Vibetech Fall Reduction (S)**

**Thursday, December 4**

**1:00p to 3:00p**

Instructor: Tim Eylander and Deb Jacoby

**Cost: Free**

Min/Max: 3/10

**Register by Tuesday, December 2**

What is the connection between Vibetech, a NASA spin-off company, and fall prevention? Vibetech specializes in developing robotic rehabilitation equipment aimed at reducing falls among seniors. This initiative will feature a presentation, along with an opportunity to demo the Vibetech machine.

### **Self-Healing (S)**

**Monday, December 8**

**10:00a to 11:00a**

Instructor: Mary Ann Bennett RN

**Cost: Free**

Min/Max: 5/15

**Register by Thursday, December 4**

Come experience a unique mind-body practice designed to bring balance and harmony through your body's energy centers, known as chakras. This gentle, guided session promotes deep relaxation, rejuvenation, and an overall sense of well-being and inner peace.

### **Candy Cane Sugar Scrub Workshop (S)**

**Tuesday, December 9**

**10:00a to 11:00a**

Instructor: Jeanne Gehrke

**Cost: \$10**

Min/Max: 3/10

**Register by Monday, December 5**

Get into the holiday spirit with our hands-on Candy Cane Sugar Scrub Workshop! In this festive session, you'll learn how to create your own luxurious sugar scrub using all-natural ingredients and pure essential oils like invigorating peppermint and sweet vanilla.



### **Small Group Reiki (S)**

**Wednesday, December 17**

**9:00a to 10:15a**

Instructor: Kim from Open Heart Reiki

**Cost: Free**

Min/Max: 5/12

**Register by Monday, December 15**

Discover the healing power of Reiki in a peaceful setting where you'll experience hands-on energy balancing techniques to melt away stress and tension. Perfect for anyone looking to unwind, recharge and restore tranquility in their life.



**South Building**  
Monday - Friday  
8 am to 4 pm

**North Building**  
Monday - Friday  
7 am to 4 pm



*Caring for the community since 1908.*

# Valley VNA Senior Care

- **In-Home Care** to keep you independent and safe.
- **Independent Senior Apartments** to simplify your life.
- **Assisted Living and Memory Care** for when your needs change.

valleyvna.org | 920.727.5555 | Neenah, WI

**Hair** by Jaimie  
Cosmetologist  
920-419-5593  
1861 Oregon St, Oshkosh, WI

## NO NEW MEDICARE CARD Don't fall for the Scam!



Have you been told  
you need a new  
Medicare card?

**STOP! It's a scam**



### Here's the truth?

- Medicare is NOT issuing plastic cards
- You do NOT need to "update" your Medicare Card
- Medicare will NEVER call or text you asking for your Medicare number

### Protect Yourself:

- Never give out your Medicare number to unexpected callers
- Hang up on anyone asking for personal information
- Report suspicious calls to Senior Medicare Patrol

Wisconsin Senior Medicare Patrol  
1-888-818-2611  
www.smpwi.org

## Personalized Care



When you need extra support at home, personalized care matters. First in home care, Interim HealthCare® understands the importance of caring for the whole individual. Our HomeLife Enrichment® standard of care engages the mind, body, spirit and family to ensure you receive the personalized care you deserve.

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matters  
to you,  
matters  
to us.

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## Building Bridges of Care.



## Become an Aurora Healthcare Volunteer.

**Are you a retiree, a stay-at-home parent, student, or someone with availability during weekdays?**

**We invite you to join our vibrant volunteer community and become a valued part of our team.**



### Why Volunteer With Us?

#### Invaluable Impact:

Volunteers like you have a tremendous daily impact on the lives of our patients & visitors.

#### Wellness Benefits:

Studies show that volunteering improves cardiovascular health, offers socialization opportunities, creates a sense of purpose, and reduces stress. Our greatest need is for Front entrance Volunteers who bring warmth and assistance to patients. Plus, there are various other opportunities available.

While we love commitment, we are flexible and happy to work around your commitments. Your time is truly appreciated!

Apply by: Logging into [www.aurorahealthcare.org/volunteer](http://www.aurorahealthcare.org/volunteer)  
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Oshkosh Senior Center, Oshkosh, WI

D 4C 01-0984



## Support Services

Building: North (N) South (S)

### Nail Care (S)

**Tuesdays & Wednesdays, 9:00a to 3:30p**

**Friday, December 19, 9:00a to 3:00p**

Facilitator: Foot Care Nurse

**Cost: \$40 per visit**

**Appointment required**

Nail care services are provided by a nurse. To ensure you get the appointment date you want, please call 5-6 weeks in advance. Appointments fill quickly. Call 920.232.5301 to schedule.

### Mindfulness Meditation (S)

**Thursdays, December 4-18**

**11:00a to 12:00p**

Instructor: Donna Janus

**Cost: R \$1.25/NR \$1.75**

Min/Max: None

**No registration needed**

This secular and supportive group is for beginners and experienced meditators. Classes include: guided instruction, time for discussion, and Q&A. Beginners learn how to meditate while experienced meditators learn how to deepen their practice. All levels learn why and how mindfulness and meditation work to increase well-being.



### Mindworks (S)

**Thursdays, December 4-18**

**11:00a to 2:00p**

Facilitator: Fox Valley Memory Project

**To register call 920.225.1711 or email [info@foxvalleymemoryproject.org](mailto:info@foxvalleymemoryproject.org)**

Mindworks is a facilitated program designed for people with early symptoms of dementia or memory loss. Each class provides care partners three hours of free time while their loved one attends class. **Lunch is included for participants!**

### Grief Support (S)

**Thursdays, December 4 & 18**

**1:00p to 2:30p**

Facilitator: Meredith Schluter, Compassus Hospice

**Cost: FREE**

Max: 12 per session

**Registration open through day of program**

For any adults grieving the death of a loved one, this is an opportunity to come together and work with a specialist. Meredith will facilitate group conversations around how we grieve.

### Elder Benefit Specialists (S)

**Wednesday, December 17**

**10:00a to 11:30a**

**Cost: Free**

**No registration needed**

Winnebago County Elder Benefit Specialists (EBS) will provide confidential assistance for an array of topics and issues to anyone 60+. EBS Services are completely free. EBS can help with understanding Medicare and the insurance options that go with it, public benefit programs, and providing assistance with denials and appeals. Oshkosh EBS can be reached toll free at 877-886-2372.

### Memory Screening (S)

**Wednesday, December 17**

**10:30a to 12:00p**

Facilitator Alisa Richetti from the ADRC

**Cost: Free**

**Call 920.232.5301 to make an appointment**

Have a free, confidential memory screen completed and learn about normal brain changes as you age. Alisa will answer your questions related to memory loss, dementia and prevention of cognitive decline. Appointments take approximately 20 minutes.



## We are here to support you!

**South Building**  
Monday - Friday  
8 am to 4 pm

**North Building**  
Monday - Friday  
7 am to 4 pm



# ALMEDA FISK GALLUP TRUST FUND

The Oshkosh Seniors Center is honored to receive funding from the Almeda Fisk Gallup Foundation. This funding plays a vital role in helping us support the senior residents of the City of Oshkosh by providing assistance with vision, hearing, and dental needs.

If you or someone you know needs assistance with vision, hearing, or dental care, please contact Bobbie Jo Nagler at the Oshkosh Seniors Center. She will be happy to guide you through the application process for available funding.

*Please note that specific eligibility criteria must be met.*

**PLEASE CALL 920.232.5301 TO APPLY**





### One-On-One Tech Sessions (S)

**Available M-F by appointment only**

Instructors: Christie & Jacob

**Cost: R \$2/NR \$2.75 per class**

**Registration required**

This program is designed to improve your digital literacy. All levels of expertise are welcome. Meet with an instructor one-on-one to tackle any technology problem you may be experiencing. Keep in mind it's not always a "one and done" appointment but we will work with you until you are a pro!

### One-On-One with Sandy Toland (S)

**Mondays, 9:15a, 10:30a, 11:45a, & 1:00p**

Instructor: Sandy Toland

**Cost: R \$2/NR \$2.75 per class**

**Registration required**

Sandy is from the Oshkosh Public Library and can not only answer questions about the library online services, but any other technology challenges you are experiencing as well.

### Wi-Fi Access (S)

**Cost: Free**

Bring your own device to access the Oshkosh Seniors Center's Wi-Fi. Find a cozy spot in the Great Room, M-F, 8 am to 4 pm, and enjoy the high-speed internet service. No password is required.

### Picture scanning is coming in 2026!

Do you have hard copy photos you want to put on an electronic storage device? We can help! Stay tuned for details.



## TECHNOLOGY EXPERTS ARE AVAILABLE TO ASSIST WITH:

- Setting up new phones
- Transferring data between devices
- Connecting phones to cars via Bluetooth
- Social media assistance
- Laptop and iPad support
- Voicemail setup
- Email assistance
- Text messaging
- Camera functions
- And more!

**South Building**  
Monday - Friday  
8 am to 4 pm

**North Building**  
Monday - Friday  
7 am to 4 pm



# Holiday Dress Up Week

**Monday 12/15**

Holiday Socks

**Tuesday 12/16**

Holiday Hat or Headgear

**Wednesday 12/17**

Santa's Workshop (Elf, Reindeer,  
Santa, etc.)

**Thursday 12/18**

Ugly Sweater

**Friday 12/19**

Red or Green



## LIR: Photography & Music from Lake Superior (S)

**Tuesday, December 2**

**10:00a to 11:30a**

Presented by: Jeff and Patty Henry

**Cost: Free**

Min/Max: 5/35

**Register by Friday, November 28**

Jeff and Patty Henry will present a digital photo show titled "Gichigami: The Great Lake Superior." The program begins with a 10 to 15 minute spoken introduction accompanied by photos, followed by a visual journey around Lake Superior through each season, set to recorded instrumental music.

## Karaoke (S)

**Tuesday, December 2, 1:00p to 2:15p**

**Register by Monday, December 1**

**Tuesday, December 16, 1:00p to 2:15p**

**Register by Monday, December 15**

Facilitator: Lori Schroeder, Kelly Arens

**Cost: Free**

Min/Max: 5/25

Join us to sing some of your favorite classic songs, or sit back and enjoy hearing others sing. All music lovers are welcome! This program is made possible through the generosity of an anonymous donor.



## Changes in Speech with Aging (S)

**Tuesday, December 2**

**1:00p to 2:00p**

Presented by: Aurora Speech Pathologist Wendy Fabisiak

**Cost: Free**

Min/Max: 5/50

**Register by Wednesday, November 26**

Join us to learn how speech, swallowing, voice, and cognition can change as we age. We'll explore what's considered a normal vs. abnormal part of aging and what might signal something more serious.

## Ukulele Play Along (S)

**Wednesdays, December 3-17**

**10:30a to 12:00p**

Instructor: Dave Hable

**Cost: R \$2/NR \$2.50 per visit**

Min/Max: 3/20

**Registration open through day of**

Are you interested in playing the ukulele with others? If you know 2-3 strumming patterns and 8-10 chords, you're welcome to join us! We play a variety of music under the guidance of a volunteer. Feel free to bring your own sheet music, or you can use a music packet that will be provided for you.

## LIR: Healing Through Horses (S)

**Tuesday, December 9**

**10:00a to 11:30a**

Presented by: Katie Samuelson

**Cost: Free**

Min/Max: 5/35

**Register by Friday, December 5**

BEAMING, Inc. offers life-changing equine programs that support physical, cognitive and emotional well-being for individuals facing unique challenges. Learn how their services benefit those living with disabilities, dementia, Parkinson's, trauma, and more through horse-assisted activities.

## Book Talk (S)

**Thursday, December 18**

**9:30a to 11:00a**

Instructor: Kerry Wolfe

**Cost: R \$1.25/NR \$1.75**

Min/Max: 3/20

**Register by Wednesday, November 26**

This month's book is The 100-Year-Old Man Who Climbed Out the Window and Disappeared by Jonas Jonasson. After a long and eventful life, Allan Karlsson ends up in a nursing home. A big celebration is in the works for his 100<sup>th</sup> birthday, but he's really not interested, so he decides to escape. He climbs out the window in his slippers and embarks on a hilarious and entirely unexpected journey.



### **Safe & Strong at Home: Tips for Living Independently Longer (S)**

**Thursday, December 11**

**1:00p to 2:00p**

Instructor: Taylor King- Valley VNA

**Cost: Free**

Min/Max: 5/30

**Register by Tuesday, December 9**

Most people want to live in their own homes for as long as possible. This presentation offers strategies to help achieve that goal. We'll explore common home risks, preventing falls, safe medication management, and emergency preparedness. We'll also discuss daily habits like exercise, nutrition, and sleep, along with building strong support systems with family, friends, and community services. Additionally, we'll look at useful technology and planning to reduce stress and maintain control over your future. This session is designed to be practical, encouraging, and interactive, leaving you with tools to stay safe and independent at home.

### **Chat N Chop (S)**

**Tuesday December 16**

**9:45a to 11:45a**

Instructor: Kerry Wolfe

**Cost: R \$10.00/ NR \$12.50**

Min/Max: 2/8

**Register by Tuesday, December 9**

In this episode of Chat N Chop, we will be making pull-apart pigs in a blanket, million-dollar dip, and one-pot taco spaghetti. If that sounds good, grab your apron and join us!

### **ORD-Gull Watching Adventures (S)**

**Wednesday December 17**

**10a to 12p**

Instructor: Kabel Helmbrecht Oshkosh Rec Dept.

**Cost: R \$10.00/ NR \$12.50**

Min/Max: 5/60

**Register by Tuesday, December 9**

One of the most thrilling winter birdwatching experiences is spotting rare ocean-going gulls along rivers and lakes. Once you start, you'll become hooked!

### **Popcorn and a Movie (S)**

**Wednesday, December 31**

**12:45p to 2:00p**

Instructor: Kerry Wolfe

**Cost: Free** (donations accepted)

Min/Max: 2/20

**Register up to the day of the event**

Enjoy a movie and popcorn with friends. Please ask at the front desk for details about the movie.

Note: MPLC regulations prohibit us from disclosing the titles of upcoming movies.

### **Cards & Games (S)**

**Various Days and Times**

**Cost: R \$1/NR \$1.50**

Need a spot to play with friends? Check in at the front desk as daily fees apply.

#### **Cribbage**

Mondays & Fridays

8:30a to 11:30a

Beginners welcome!

#### **Mexican Train, Mahjongg**

Tuesdays

12:30p to 3:30p

#### **Bid Euchre, Rummikub**

Wednesdays

12:30p to 3:30p

#### **Sheepshead**

Thursdays

12:30p to 3:30p

#### **Open Bridge**

Fridays

12:30p to 3:30p

All cards and games are for use at the South Building ONLY.

**Dress up with us!**  
**See the poster on**  
**page 21 for details.**

**South Building**

Monday - Friday

8 am to 4 pm

**North Building**

Monday - Friday

7 am to 4 pm





# Holiday Music Events

## **Hammered Dulcimer Holiday Concert (S) Wednesday, December 3 2:00p to 3:00p**

Performed by Charlene Luebke

**Cost: Free**

Min/Max: 10/43

**Registration open through day of**

Join us for holiday music on the Hammered Dulcimer. This program will be held in the Great Room in the South building.

## **Ukulele Holiday Music Sing Along (S) Thursday December 11**

**6:00p to 7:00p, Doors open at 5:45p**

**Cost: Free (Donations Accepted)**

Min/Max: 10/80

**Register by Tuesday, December 9**

Open to all ukulele players and those that love music! Casual playing of holiday tunes, singing, fun and sharing time together. Light refreshments will be available.

## **Golden Tones Holiday Concert (N) Sunday December 14**

**2:00p to 3:00p, Doors open at 1:30p**

**Cost: \$5.00 for adults, Kids under 16 free**

Min/Max: 10/250

**Tickets available 11/10 - 12/11**

Join director Paula Steinert with accompanist Marshall Potter and the Golden Tones as they present "Our Favorite Carols". Advance ticket sales only. Children 16 and under must have a ticket for entry.

*Happy  
Holidays*

*FROM THE OSC STAFF*

**South Building**  
Monday - Friday  
8 am to 4 pm

**North Building**  
Monday - Friday  
7 am to 4 pm



**OSHKOSH SENIORS CENTER INVITES YOU TO THE:**

# *Winter White Dinner Event*



**TUESDAY, DECEMBER 9, 2025**

**5:00 PM TO 6:30 PM**

**DOORS OPEN AT 4:45**

**DINNER PREPARED BY THE ROXY**

**BEEF TENDERLOIN TIPS,  
MASHED POTATOES & GRAVY,  
ROASTED CHICKEN & A VEGETABLE**

**DESSERT AND SERVICE PROVIDED BY  
BELLA VISTA AND LAKESHORE MANOR**

**TICKETS: \$25**

**AVAILABLE AT BOTH FRONT DESKS  
NOVEMBER 10 TO DECEMBER 2**

**ENTERTAINMENT PROVIDED BY:**

*Oshkosh North Madrigal Singers*



 **BELLA VISTA**  
— A SENIOR LIVING COMMUNITY —

 **LAKESHORE MANOR**  
— A MEMORY CARE COMMUNITY —





THE GOLDEN TONES CHORUS:  
**OUR FAVORITE CAROLS**

Directed by Paula Steinert  
Accompanied by Marshall Potter

Oshkosh Seniors Center North Building  
Sunday, December 14, 2025  
2 pm to 3 pm  
Doors open at 1:30 pm  
\$5 per ticket

ADVANCE TICKETS ONLY!

Children 16 & under are free but must have a ticket.  
Tickets are on sale from November 3<sup>rd</sup> to December 11th.





# Dulcimer Concert

*Featuring Charlene Luebke*



December 3, 2025  
2 pm to 3 pm  
Great Room, South  
Building  
Register by 12/2/25

# UKULELE HOLIDAY CONCERT

Thursday, December 11, 2025  
6 pm - 7 pm  
South Building  
Register by December 8th  
FREE (donations appreciated)



Open to all ukulele players and those who love music and singing. Join us for a casual evening of playing and singing holiday tunes with friends and family. Call 920.232.5300 to register.



## Winnebago Senior Tours

Building: North (N) South (S)

### Tours Sign-up Options

The registration desk is available at  
OSC South Building, **200 N. Campbell Rd.**  
**MONDAY—THURSDAY 9:00am—1:00pm**  
**Call: 920.232.5312**

Winnebago Senior Tours (WST) accepts  
**CHECKS AND EXACT CASH ONLY**

Place your payment in the drop box located  
next to the WST Desk **OR**

Mail your check to:

**Winnebago Senior Tours**

**P. O. Box 1851**

**Oshkosh WI 54903-1851**

**Write the trip name on the check memo  
line.**

Any age is welcome to travel with us **\*\***(under  
18 require adult supervision).**\*\***

**Detailed flyers available at the OSC  
South Building**

**Sign up now — don't delay!**



*You're Invited!*

Please join the Winnebago Senior Tours  
Volunteers to celebrate the joyful holiday  
season!

Monday, December 15, 2025  
Great Room, OSC South Building  
1:30pm - 3:00pm

Enjoy music, refreshments, and  
conversation

### A Wonderful Life

**The Fireside Theatre—Fort Atkinson**

**Date: Thursday, December 11**

**Cost: \$150 (\$25 non-refundable deposit)**

**Depart: 7:30am—Return: Approx. 6:15pm**

The story of George Bailey and his wonderful life in Bedford Falls has brought hope and inspiration to every heart with its celebration of the goodness in all of us. A Wonderful Life captures all the magic of the film, which shines with the spirit of Christmas. The Fireside is proud to bring you this stunning, live stage version of Frank Capra's beloved film. Price includes: ticket, coach bus, driver gratuity, and lunch. See flyer for featured menu. Tour Mgr: Cheryl Freiberg

### Piano Men

**The Fireside Theatre—Fort Atkinson**

**Date: Sunday, January 11**

**Cost: \$145 (\$25 non-refundable deposit)**

**Depart: noon—Return: Approx. 9:30pm**

Terry and Nick, father and son, bonded by a deep love for the music of Billy Joel and Elton John, deliver genuine, spontaneous, and moving performances. Terry is the seasoned musician, and Nick brings fresh energy, charisma, and powerhouse vocals. Their on-stage chemistry is genuine, spontaneous, and moving—sometimes funny, always magnetic. Combined with an electrifying ensemble of elite musicians, the show is a high-octane musical. Price includes: ticket, coach bus, driver gratuity and buffet dinner. Tour Mgr: Cheryl Freiberg

### Hamilton

**The Performing Arts Center—Appleton**

**Date: Thursday, February 5**

**Cost: \$210 (\$25 non-refundable deposit)**

**Depart: 6pm—Return: after the show**

HAMILTON is the epic saga that follows the rise of Founding Father Alexander Hamilton as he fights for honor, love, and a legacy that would shape the course of a nation. Based on Ron Chernow's acclaimed biography and set to a score that blends hip-hop, jazz, R&B, and Broadway, HAMILTON has had a profound impact on culture, politics, and education. HAMILTON features book, music, and lyrics by Lin-Manuel Miranda. Price includes: ticket, yellow express bus, driver gratuity. Tour Mgr: Cindy Paffenroth



### Beehive

**The Fireside Theatre—Fort Atkinson**

**Date: Thursday, February 19, 2026**

**Cost: \$145 (\$25 non-refundable deposit)**

**Depart: 8:30am—Return: Approx. 6:30pm**

Everybody loves the '60s – the fashion, the movies, the moon landing, and, of course, the music! It was the greatest decade for popular music. BEEHIVE celebrates the powerful female voices of the 1960s, featuring songs by everyone from Lesley Gore to Janis Joplin, The Shirelles to The Supremes, Aretha Franklin to Tina Turner, and so many more! The show is a nostalgic journey through the decade, told from the perspective of six young women coming of age and accompanied by a live band. Join us as we showcase hits like "My Boyfriend's Back," "Be My Baby," "Son of a Preacher Man," and "Me and Bobby McGee. Price includes: ticket, coach bus, driver gratuity, and lunch. See flyer for featured menu. Tour Manager: Cathy Koch

### Fort Lauderdale, Miami, & Key West

**Dates: February 20—March 2, 2026**

**Cost: \$1699 per person, double occupancy (\$75.00 Non-refundable deposit)**

Are you looking to escape Wisconsin for 11 days in February? Join us on a winter getaway to Florida with Diamond Tours. Highlights include: a guided tour of Miami; the exciting South Beach area is sure to give you a feel for what this famous city is all about. Visit the Coral Castle (built in 1923), where you will be amazed to see what man can do. Walk the beautiful Hollywood Beach Boardwalk. Cruise on the "Venice of America" in Fort Lauderdale, sailing through Millionaire's Row with homes of the rich and famous, spectacular mega yachts, and sights beyond belief. Enjoy the southernmost city in the continental U.S., Key West, just a short, picturesque drive from Miami. Key West offers a tropical blend of azure waters and tropical foliage, along with a history of notorious and notable figures. The laid-back lifestyle, southern charm, and Caribbean flavor are what make Key West what it is today. This 11-day, 10-night trip includes 10 breakfasts and seven dinners. See flyer for additional highlights and descriptions. Price includes: motorcoach transportation, driver gratuity, lodging, and attractions. Tour Mgr: Cathy Koch

### Addams Family

**The Fireside Theatre—Fort Atkinson**

**Date: Thursday, April 2, 2026**

**Cost: \$145 (\$25 non-refundable deposit)**

**Depart: 8:30am—Return: Approx. 6:30pm**

A comical feast that embraces the wackiness in every family, THE ADDAMS FAMILY Musical features an original story and a dilemma that's every father's nightmare: Wednesday Addams, the ultimate princess of darkness, has grown up and fallen in love with a sweet, smart young man from a respectable family – a man her parents have never met. If that wasn't upsetting enough, Wednesday confides in her father and begs him not to tell her mother. Now Gomez Addams must do something he's never done before – keep a secret from his beloved wife, Morticia. Everything will change for the whole family on the fateful night they host a dinner for Wednesday's "normal" boyfriend and his parents. Filled with music, dancing, and a charming love story, this is a fun-filled romp that will leave you laughing all the way home. Price includes: ticket, coach bus, driver gratuity, and lunch. See flyer for featured menu. Tour Mgr: Alice Himmler

### Hairspray

**The Fireside Theatre—Fort Atkinson**

**Date: Thursday, May 14, 2026**

**Cost: \$145 (\$25 non-refundable deposit)**

**Depart: 8:30am—Return: Approx. 6:30pm**

It's 1962, and in the city of Baltimore, young Tracy Turnblad, a lovable girl with big hair and an even bigger heart, has only one passion – to dance. When she wins a spot on a popular TV dance show, she is transformed from an outsider to a teen celebrity. She must use her newfound power to defeat the evil plans of teen princess Amber Van Tussle, win the affections of heartthrob Link Larkin, and integrate a TV network. Winner of 8 Tony Awards, including Best Musical, HAIRSPRAY is a story about acceptance and inclusion (and rejection and exclusion) during the early days of the civil rights movement. It's a story of equality told with humor and heart, '60s rock and roll, and spectacular high-energy dancing. Price includes: ticket, coach bus, Driver gratuity, and lunch. See flyer for featured menu.

Tour Mgr: Cindy Paffenroth



## Winnebago Senior Tours

Building: North (N) South (S)

### Pacific Northwest & California

**Dates: May 24 - June 1, 2026**

**Cost: \$4,284 per person double; \$5,269 per person single; \$4,224 triple (\$698 per person deposit)**

This 9-day trip starts in Seattle, WA, and ends in San Francisco, CA. Explore Seattle's colorful waterfront area and historic Pioneer Square with a local guide. Mingle with artisans at the lively Pike Place Market, a famous fish and vegetable market dotted with restaurants and shops. Travel by Washington State Ferry across Puget Sound to Bremerton – Seattle's skyline is spectacular from the water! On the way to the Oregon coast, journey through the Willamette Valley, known for its wine that rivals that of Napa. Take in the breathtaking scenery as you travel along the striking Beach Loop. Enjoy a cruise up the spectacular Rogue River, continuing south to California's redwood country, and travel through Redwood National Park. Next, drive over the legendary Golden Gate Bridge and arrive in "the City by the Bay," San Francisco. See flyer for additional highlights and descriptions. Overall activity level is level 2. For airline travel, a REAL ID will be required, or bring your passport. Tour Mgr: Cheryl Freiberg

### Shipshewana, Indiana Countryside Amish Adventure

**Dates: September 14 - September 17, 2026**

**\$705/per person/double occupancy, \$934/single (\$75.00 Non-refundable deposit)**

Take a drive into Amish Family Culture: delicious food, picturesque beauty, live entertainment, and more! Highlights include visiting an Amish Homestead, touring the scenic and beautiful countryside, riding on a wagon through a bison ranch, enjoying an authentic Amish dinner, strolling downtown Shipshewana, learning about the Amish and Mennonite history, visiting nationally recognized shops (one of the top flea markets in the US, Eash Sales, E & S Foods, and Shipshewana Trading Place). This trip will be full of charm, tradition, and hospitality. **4 days, 3 nights** - includes 3 breakfasts and 3 dinners. Price includes: coach transportation, driver gratuity, lodging, and attractions. Tour Mgr: Cathy Koch

### Canadian Rockies

**Dates: September 16-23, 2026**

**Cost: \$8,099 per person double; \$9,699 per person single (\$698 per person deposit)**

This eight-day tour of the Canadian Rockies starts at Vancouver, where you will view Grouse Mountain, Stanley Park, and Grandview Island Public Market. Onboard Rocky Mountaineer, embark on an awe-inspiring rail journey as you travel through some of the world's most majestic scenery. Beyond your sparkling glass window, enjoy views of coastal deep-green forests, roaring river canyons, and snowcapped mountain peaks. Continue to the spectacular Canadian Rocky Mountains, Lake Louise, Fairmont Chateau, and more! See flyer for additional highlights and descriptions. Overall activity level is level 2. A passport is required. Tour Mgr: Cheryl Freiberg

### Sunny Portugal with Porto

**Dates: November 9-21, 2026**

**Cost: \$4,799 per person double; \$5,599 per person single (\$698 per person deposit)**

Enjoy this 12-day trip from the northern city of Porto, through the Portuguese capital, Lisbon, to the sunny cliffs of the Algarve and Portuguese Riviera, along Portugal's stunning shoreline. Encounter picturesque towns, winding cobblestone streets, oceanfront promenades, and quaint villages. Experience ancient castles and Roman ruins, groves of orange and almond trees, quiet whitewashed villages, and welcoming locals. Highlights include Porto, Stock Exchange Palace, Porto Wine Cellars, Fatima, Portuguese Riviera, Cascais, Obidos, Sintra, Cork Factory, Evora, Alentejo, Lagos, Algarve, Picnic Lunch in Monchique, Lisbon, Belem, and UNESCO World Heritage Sites. See flyer for additional highlights and descriptions. Overall activity level is level 3. A passport is required. Tour Mgr: Cheryl Freiberg

#### 2026 UPCOMING TRIPS

Other Side of the Lake - 5/7/26

Brewer Game - June 2026 TBD

Mystery Trip - June 2026 TBD

Brewer Game - 8/4/26

State Fair - August 2026 TBD

Door County - August 2026 TBD

Northern Lights of Finland - 1/14/27 to 1/21/27

**Sign up now, trips fill quickly! Check the rotating rack for details!**





**\$1,000,000+**

SUNDAY MORNING, JANUARY 16, 1994

PUBLISHED IN OSHKOSH, WIS.

## Center dedicated



OSHKOSH SENIORS CENTER volunteer Walter Evanson presents Mayor Richard Wollangk with Gov. Tommy Thompson's special award to the city for recognizing its senior citizens. The presentation was made at Saturday's center dedication ceremony.

The Friends of the Oshkosh Seniors Center is celebrating a significant milestone. 2026 marks **40 years** of unwavering support for the Oshkosh Seniors Center. It all began with our initial goal of raising funds to construct the current, beautiful facility. Over the past four decades, we have contributed over **\$1 million** to enhance programs, activities, and services to seniors in our community, and we couldn't have done so without the generous support of **people like you.**

This celebration is not just about our past; it's also about the ongoing journey we share in supporting an environment where seniors can thrive. Donations from members of our community are essential to ensuring that the Oshkosh Seniors Center remains a hub of activity for seniors for years to come.

As we embark on the next decade, **please consider donating in honor of our 40 years of commitment to the Oshkosh Seniors Center.** Your donation could support a variety of items, including remodeling projects, equipment purchases, meal program support, program supplies, and much more.

Let's continue to build on that \$1 million together.

**Thank you for being part of our story.**

Sincerely,

*Friends of The Oshkosh Seniors Center Board of Directors*

*We are volunteer community members dedicated to supporting the Oshkosh Seniors Center and those who use its programs and services.*

**Friends of the Oshkosh Seniors Center | PO Box 3423 | Oshkosh, WI 54903**  
[friendsofoshkoshseniorscenter@gmail.com](mailto:friendsofoshkoshseniorscenter@gmail.com)





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Oshkosh, WI 54903-3423

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## The Oshkosh Seniors Center is working to enrich the quality of life for adults 50 and over.

The Oshkosh Seniors Center does not necessarily endorse the companies or services appearing in *The Current* paid advertisements.

### **Oshkosh Seniors Center**

200 North Campbell Rd  
Oshkosh, WI 54902  
920.232.5300

#### **South Building Hours:**

Mon - Fri 8am to 4pm

#### **North Building Hours:**

Mon - Fri 7am to 4pm

### **OSC Staff**

Dan Braun, Senior Services Mgr.  
Rebecca Bays, Program Supervisor  
Bobbie Jo Nagler, Office Assistant  
Sadie Ingenthron, Mktg/Fund Dev.

#### **Activity Coordinators:**

Cierra Boutelle, Healthy Lifestyles  
Kelly Arens, Educational & Social  
Kerry Wolfe, Asst. Activities Coordinator

### **Friends Board**

Colleen Harvot, Vice President  
Chris Kniep, Treasurer  
Julie Hoyt, Secretary  
Judy Hebert  
Jeff Schettl  
Jean Wollerman

## **REGISTERING FOR PROGRAMS**

To register for paid programs, stop by the front desk at either building or give us a call at 920.232.5300 (unless otherwise noted). You can pay with cash, check, or your prepay account.

Some free programs allow online registration, but if an appointment is needed, you must call or visit one of our front desks.

Programs that require advance registration also require payment upon registration.