Switzerland

Switzerland offers some of the most rewarding trekking experiences in Europe and the Via Alpina is one of its highlights. Beginning in Engelberg, the trail leads across high mountain passes, through lush valleys and past clear alpine lakes. Along the way, hikers can discover the waterfalls and rivers of Rosenlaui, the dramatic landscapes around Grindelwald and the quiet beauty of Kandersteg.

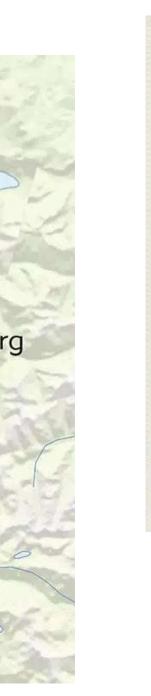
Each stage offers a mix of challenge and breathtaking scenery, making the Via Alpina an unforgettable way to experience the Swiss Alps.

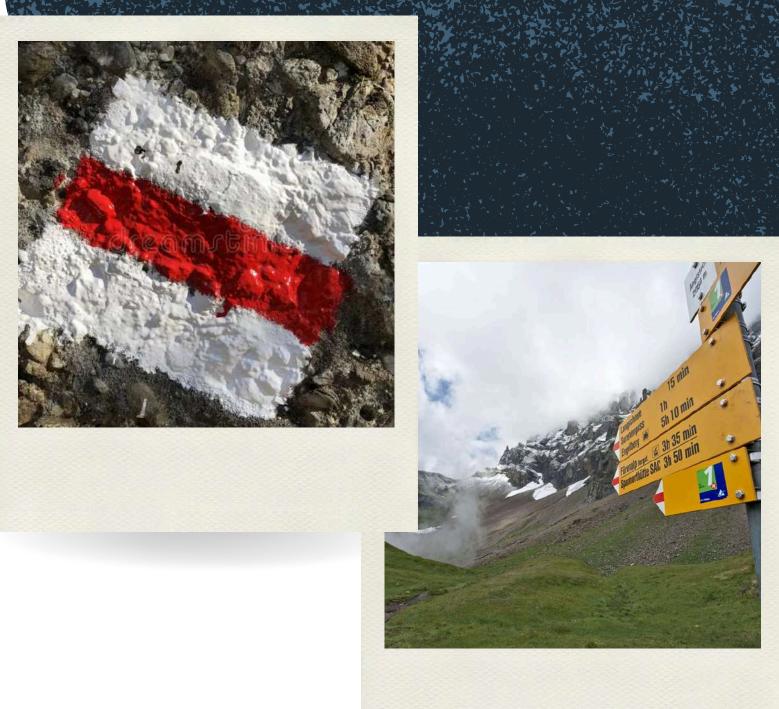




VIA ALPINA MAP



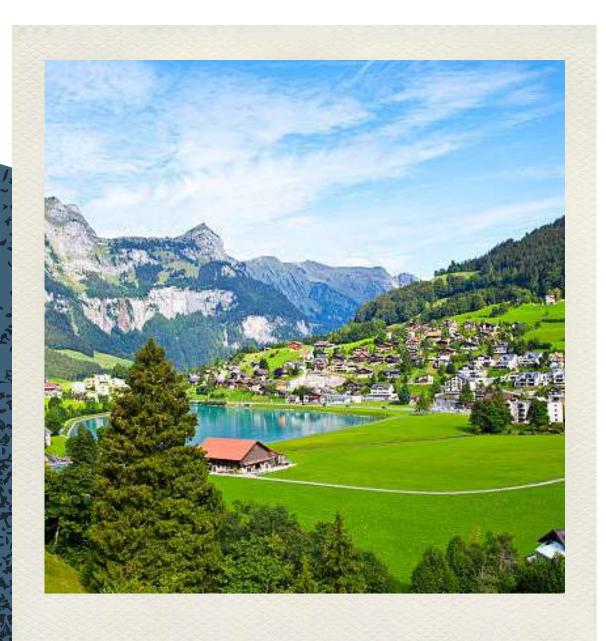




Total approximate distance of **90kms**. Total Ascent & Descent of **5,570m**.

Difficulty is Medium to Challenging.





From the Mediterranean to the Alpine Wonders!

We meet at the airport at 13:00hrs and begin our journey to Zurich at 15:00hrs. Upon arrival, transfer from Zurich Airport to **Engelberg** via **Lucerne**. The evening is at leisure in Engelberg with free time to enjoy dinner.

Welcome to the Heart of Alpine Majesty

After a hearty hotel breakfast, set out on a scenic trek to Engstlenalp, passing the crystalclear waters of Trubsee and Engstlensee. The trail leads over Jochpass, offering sweeping alpine views, before finishing at Schaukaserei Engstlenalp. Enjoy a refreshing swim in the lake and end the day with a well-earned dinner at the hotel.

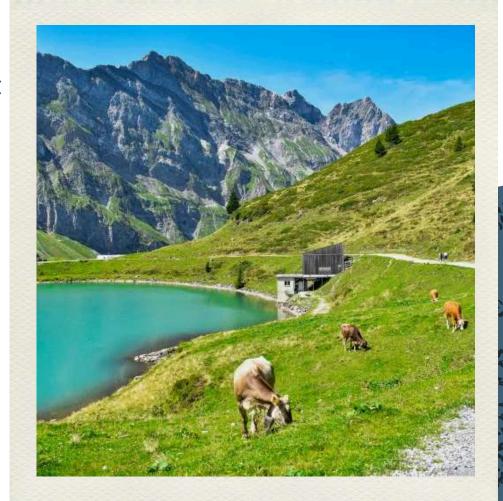
Trekking Distance - 11.6kms **Ascent** - 1,200m Descent - 394m



















Timeless Charm of

After breakfast, embark on a trek to Hasliberg, in the serene beauty of nearby mountain streams.

Continue across Planplatten, enjoy panoramic vistas of the Bernese Alps and descend to Hasliberg for a well-earned dinner at the hotel.

> **Trekking Distance** - 18.4kms Ascent - 590m **Descent** - 1,367m



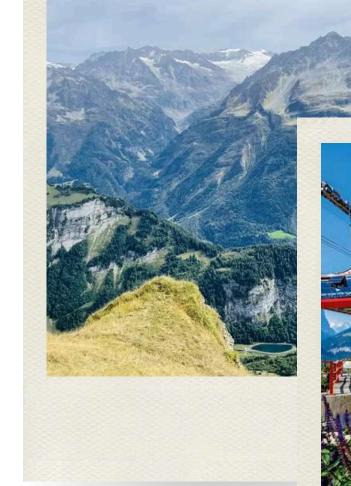






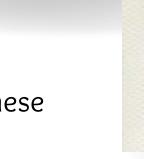
passing through Tannalp and soaking in the stunning high-altitude panoramas along the "Horizon Trail." Pause at scenic viewpoints overlooking the Reuti Valley, wander through alpine meadows dotted with wildflowers and take

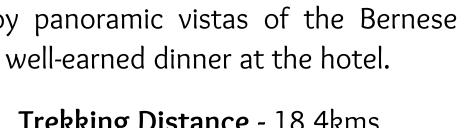










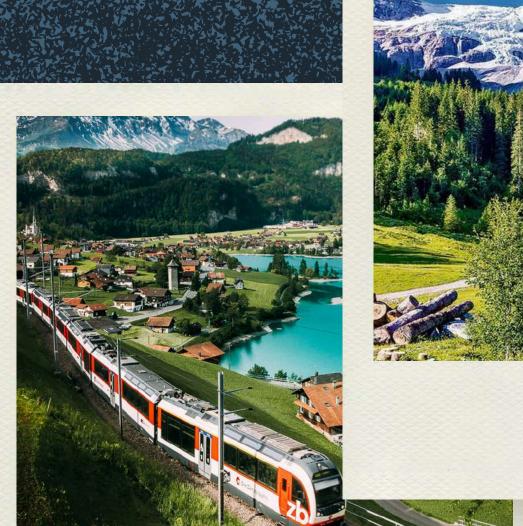












Treasures of the Mighty Eiger

After breakfast, set out on the scenic trek from Hasliberg to **Grindelwald**. For those seeking a lighter start, take the cable car from Hasliberg to Meiringen before beginning the journey. The trail winds through the breathtaking **Rosenlaui Gorge**, with its dramatic cliffs and rushing waterfalls, before ascending over **Grosse Scheidegg**.

Visit the iconic **Reichenbach Falls**, famous as the site of Sherlock Holmes' legendary encounter and continue through sections of the UNESCO World Heritage-listed Swiss Alps Jungfrau-Aletsch region.

Arrive in Grindelwald by late afternoon, with the evening free to relax or explore the charming alpine village.

Trekking Distance - 21.8kms

Ascent - 1,389m

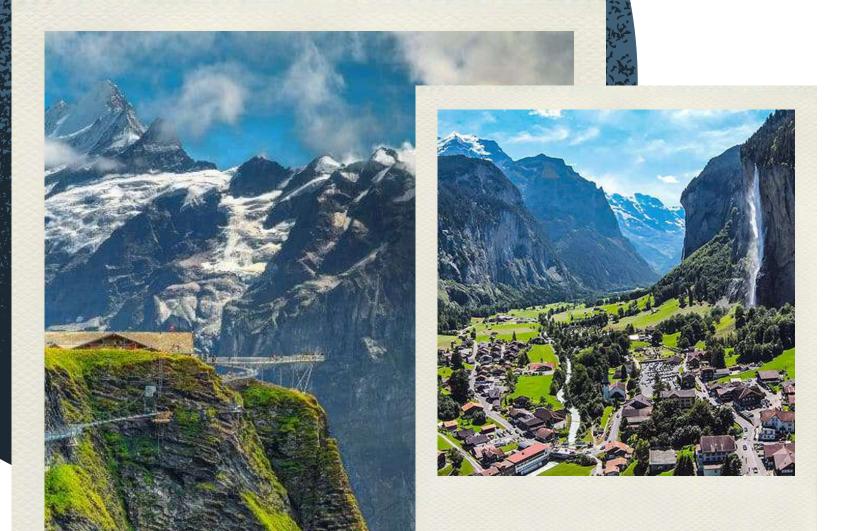
Descent - 966m











Free Day in Grindelwald

After breakfast at the hotel, take a well-earned break following three days of trekking. Spend the morning exploring at your own pace with a variety of optional activities: experience the breathtaking First Cliff Walk for spectacular alpine views, trek close to the glaciers to feel the icy beauty up close or seek thrills with adventure options such as the Toboggan, trottibike rides down mountain trails, mountain cart excursions or even paragliding over the valley. In the early afternoon, enjoy some leisure time to relax or wander through the alpine village before transferring together to Murren.

Arrive in this car-free village, framed by dramatic cliffs and cascading waterfalls, in time for a group dinner, preparing for the next two challenging trekking days ahead.







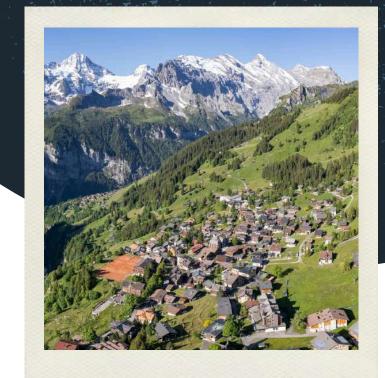


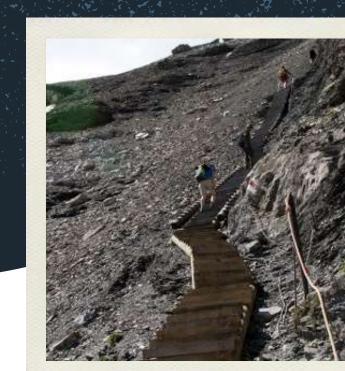


The Alpine Gateway of Wonders

After breakfast, begin the demanding climb toward **Sefinenfurgge Pass**, following a route across rugged mountain terrain. Along the way, you'll see sharp peaks, steep rock faces and glaciers shining in the morning light. The trail crosses open pastures with cows grazing and their bells ringing and if you're lucky you might hear marmots calling from the slopes above.







Trekking Distance - 16.3kms

Ascent - 987m Descent - 1,254m





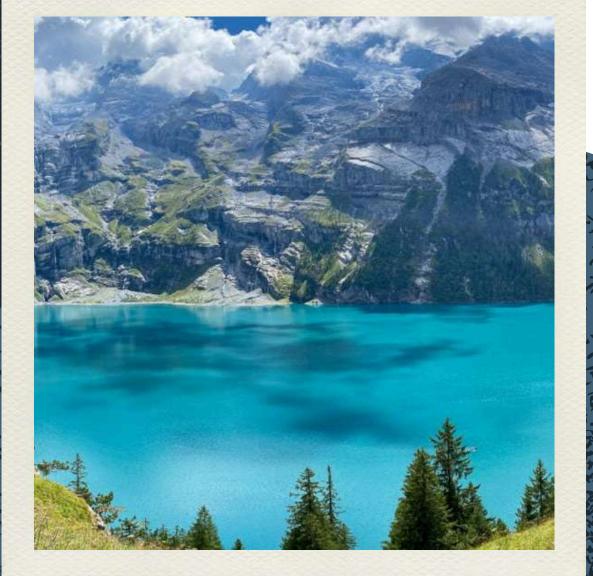






17.5 km

MUSS





After breakfast, set out on the final trek toward Kandersteg, saving the best for last. Depart from Griesalp, a picturesque hamlet nestled in the upper Kiental Valley and begin the journey along the Hohturli Trail, traversing rugged alpine terrain with panoramic views of jagged peaks and deep valleys.

Continue past **Bundalp** and the **Bluemlisalphutte**, surrounded by pristine meadows and glacial streams. The highlight of the day is approaching the **UNESCO-listed Oeschinensee**, a breathtaking alpine lake framed by dramatic cliffs and snow-capped mountains. Descend into **Kandersteg**, where the serene valley landscapes offer a perfect conclusion to the trekking adventure.

Trekking Distance - 17.50kms

Ascent - 1,404m **Descent** - 1,593n

Descent - 1,593m









BREAKFAST







Bern & Beyond: The Journey Home

On the final day, enjoy a leisurely morning in **Kandersteg**, taking in the fresh alpine air and serene mountain scenery. Explore the village streets or relax by the surrounding meadows before boarding the train to Switzerland's capital, **Bern**.

Arrive in time to wander through the **UNESCO-listed Old Town**, marveling at its medieval architecture, cobblestone streets, historic fountains and charming arcades. Stroll at a relaxed pace, soaking in the vibrant atmosphere of the city, before heading to Zurich Airport for the return journey home, bringing an end to a memorable alpine adventure.



Farewell, Switzerland

"Travel not to escape life, but for life not to escape you."

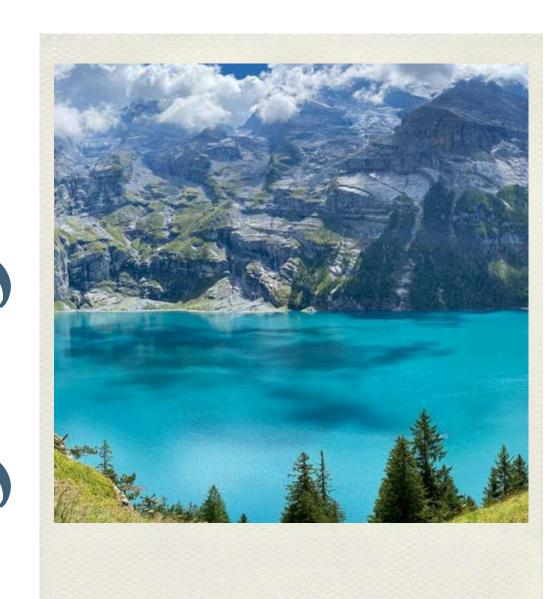
Embark on an unforgettable journey through the Swiss Alps, from Zurich to Engelberg, Hasliberg, Grindelwald and Kandersteg. Trek iconic trails like Hohtürli and Sefinenfurgge, visit UNESCO World Heritage sites and soak in alpine lakes, meadows, and glaciers. Each day blends adventure, breathtaking scenery and cultural discovery.

The trip concludes with a train to Bern and a flight home from Zurich, arriving in Malta at 20:30 hrs.

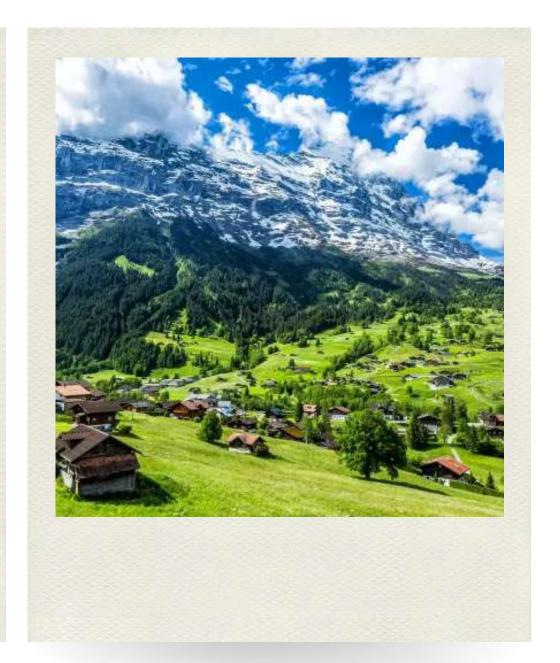








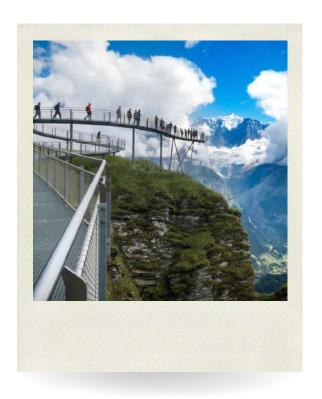


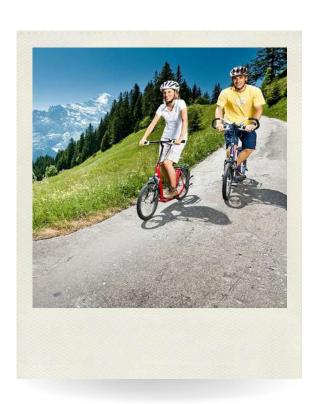


Adrenaline Adventures











What's Included?

- International Flights | Malta Zurich Malta
- 10kg checked-in luggage + small backpack
- Airport shuttle to starting point (Engelberg)
- Airport shuttle from ending point (Kandersteg)
- Transfer from Grindelwald to Murren
- 4 nights in Accommodation (Half-Board)
- 3 nights in Accommodation (B&B)
- 5 days trekking with guides for approx. 90kms
- Luggage Transportation
- Pre-trip trekking training
- MustGo T-shirt, bandana and luggage tag
- Insolvency fund

What's NOT Included?

- Travel insurance
- Other Travel Expenses
- City Tax
- Optional Excursions
- Anything not included in the 'What's Included' section above.

Pricing Options:

Shared Early Bird Price*

€2,090

Shared Standard Price

€2,240

Single Supplement Early Bird*

€2,590

Single Supplement Standard Price

€2,740

*Valid for the first 10 participants



See you in Switzerland!



