

# Willow Wood Hospice TOGETHER



**“Every mile made  
memories and  
funded vital care”**

SPRING/SUMMER  
2026

[willowwood.org.uk](http://willowwood.org.uk)

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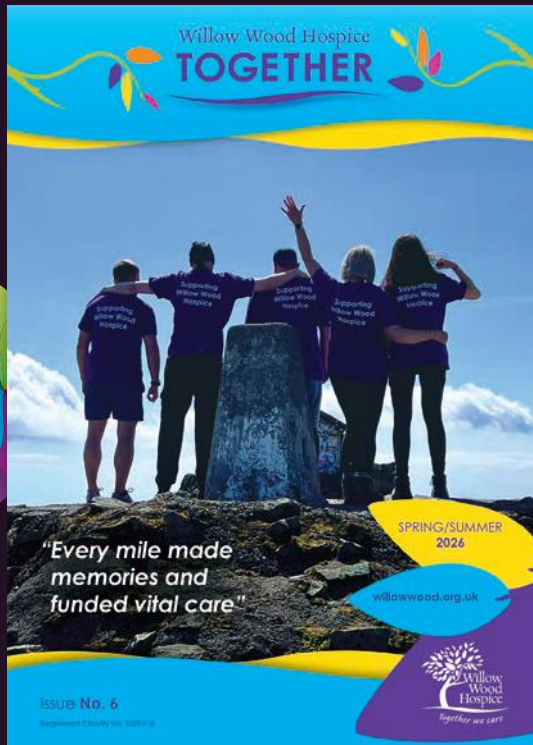


Willow  
Wood  
Hospice

*Together we care*



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SPRING/SUMMER 2026

# Dear Supporter,



**A warm welcome and thank you for being part of our Willow Wood community. I'm writing not just as the Director of Fundraising and Communications, but as someone who feels incredibly proud to stand alongside a community that takes care of its own.**

Because of you, we can provide compassionate, dignified care for people living with a life-limiting illness. We care for patients and families at the Hospice and in their own homes, ensuring comfort, dignity and reassurance are always close at hand. This care is provided free of charge, so families can focus on being together when it matters most.

Providing this vital support costs us more than £11,000 every day - that's nearly £4.1 million each year. The government contributes around 22% of that total, which means 78p in every £1 needed to keep our services running must come from the generosity of our community - people just like you.

We continue to press for fairer, more long-term government funding while working tirelessly to protect the services local families rely on. Until that balance changes, your support and generosity remain essential. Simply put, without your support, this care would not exist.

Everyone can make a difference in their own way, whether that's joining our lottery, volunteering some time, supporting an event, or taking on a personal 'bucket list' challenge to raise funds. This October, I'll be taking on the Yorkshire Three Peaks Challenge for Willow Wood Hospice.

In this newsletter you'll find plenty of ideas showing how, whatever your passion or ability, you can help make a difference for local families who need us.

We are so grateful to have you with us. Whether you choose to donate, fundraise, shop in our charity shops, leave a gift in your Will, volunteer, or help spread the word, you are helping to safeguard this vital support for families today and for those who will need us tomorrow.

With heartfelt thanks,

*Sam Duncan*

**Director of Fundraising and Communications**  
WILLOW WOOD HOSPICE



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[www.carbonbalancedpaper.com](http://www.carbonbalancedpaper.com)

Spring / Summer 2026

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# MARK AND ADELE'S STORY

**Mark Oliver describes Willow Wood Hospice as a place of kindness and comfort during one of the most difficult times in his family's life.**



**When his wife Adele spent her final days in the Hospice's Inpatient Unit, Mark and their children, Daniel and Rosie, were able to focus on being together while staff and volunteers provided compassionate care and support.**

Adele had her own room, creating a peaceful space where family and friends could spend time with her. Mark says the warmth of the staff and volunteers made a lasting difference.

*"I know hospitals do their best, but it's very different here," he said. "The staff were incredible and created such a welcoming environment. I was really happy that her final days were spent here."*

The support from Willow Wood continued even after Adele died on 27 March 2025 at the age of 55. Mark received bereavement counselling through the Hospice's Family Support team, which helped him begin to process his grief.

*"You probably need more help than you think you do," he said. "It doesn't cure anything, but it really helps you see things from a different perspective."*

Mark and Adele had been together for 26 years and married for 20. Adele, who Mark remembers as "funny and very loving", was a devoted mum to their two teenage children.

Her diagnosis came as a huge shock to the family. What first seemed like sciatica led to further complications, and after Adele suffered a seizure, scans revealed lung cancer that had already spread to her brain, spine and bones. Doctors told the family there was no treatment available.

Although Adele's time at Willow Wood was short, Mark says the care and compassion the family received will always stay with them.

To say thank you, Mark and his family asked for donations to the Hospice instead of flowers at Adele's funeral, raising £500. He now hopes to continue supporting Willow Wood, including taking part in a fundraising walk with Rosie.

*"It's a welcoming and safe place," Mark said. "The staff are brilliant and will help you."*

*"You probably need more help than you think you do."*



# HOW YOUR SUPPORT HELPS

**£25**

**ESSENTIAL OXYGEN SUPPORT**

Helping a patient breathe easier when they are struggling.

**£12**

**FRESHLY LAUNDERED BEDDING FOR A PATIENT**

Providing soft, clean sheets that bring comfort and dignity at a difficult time.

**£60**

**BEREAVEMENT COUNSELLING SESSION**

Supporting loved ones as they begin to process their loss.

**£75**

**SPECIALLY PREPARED MEALS FOR A WEEK**

Nutritious meals tailored to a patient's individual needs.

**£48**

**COMPLEMENTARY THERAPY SESSION**

Massage or relaxation therapy to ease symptoms and reduce stress.

**£100**

**A CELEBRATION MEAL FOR A FAMILY**

Helping families share a birthday, anniversary or special moment together.

**£240**

**OVERNIGHT NURSING CARE**

Ensuring someone is safe, comfortable and never alone during the most difficult hours.

**£30**

**GUIDED RELAXATION WELLBEING SESSION**

A group session in our tranquil gardens to reduce anxiety and promote calm.

**£150**

**A HOSPICE NURSE FOR A DAY**

Providing expert care, reassurance and compassion to patients and families.

**£60**

**PHYSIOTHERAPY OR OCCUPATIONAL THERAPY SESSION**

Supporting mobility, independence and confidence in everyday life.

**£530**

**A FULL DAY OF HOSPICE CARE**

Managing pain, providing dignity and giving families the priceless gift of time together.

It costs over **£4.1m** each year to keep the Hospice up and running, providing care to your family, friends, colleagues and community. **£902,000** comes by way of funding, the rest is raised by people like you. Here are just some of the costs we rely on you and your community to cover each and every day. Thank you.

\*All figures approximate

**£4.1m**  
per year

**£342,000**  
per month

**£79,000**  
per week

**£11,200**  
per day

**£468**  
per hour

**£7.80**  
per minute

**78p**  
of every  
**£1**

is raised by you,  
our community

# JAI AND BALU'S STORY

**For Jai Mistry and her husband Balu, Willow Wood Hospice became a place of reassurance, support and compassion during a very challenging time in their lives.**



**After connecting with the Hospice, Jai and Balu were able to access a range of wellbeing services and therapies that helped them cope with the physical and emotional impact of Balu's illness. The couple attended wellbeing sessions together and also received individual therapies.**

*"Both my husband and I were able to access therapies, which were amazing," Jai said. "We've got to know several members of staff really well."*

While Balu attended physiotherapy sessions, Jai was able to take some much-needed time for herself.

*"While my husband was having physio, I could have a massage or Reiki or reflexology, which was really nice because it reassured me that Balu was safe, being looked after, and I could have some time out as well."*

Jai first discovered Willow Wood when Julie Moran, the Hospice's Wellbeing Team Lead, gave a talk at a group held at the Shree Bharatiya Mandir temple in Ashton-under-Lyne.

*"I got in contact with Julie and we got lots of help and information. We didn't realise these services were available because you think a hospice is just for end of life. It's been really eye-opening."*

*"The staff at Willow Wood are so reassuring and told me I can call with any issues and if there's anything they can help with to alleviate any pressure from me or my husband. It just felt like a sigh of relief that somebody's listened to us."*

Jai left her accounting career in October 2024 to care full-time for Balu after he was diagnosed with progressive supranuclear palsy (PSP), a neurological condition.

She cared for him at home until he died on 19 May 2025.

Even after Balu's death, the Hospice's support continued through therapies and counselling from Willow Wood's Family Support team.

*"It doesn't solve anything, but it's good to talk to get things off your shoulders."*

Now Jai hopes to help others learn about the support available, particularly within the Asian community.

*"People can almost feel shameful about asking for help, but there's no shame at all."*

Reflecting on their journey, Wellbeing Team Lead Julie Moran said: "Our Community Services aim to improve daily life, extend quality of life and ensure dignity."



*"... it's good to talk to get things off your shoulders."*



# SKYDIVE

Take the plunge for Willow Wood Hospice  
**SUNDAY 20<sup>TH</sup> SEPTEMBER 2026**

## Ready to tick something off your bucket list?

Take the leap and experience the thrill of skydiving while raising vital funds for the patients in our care at Willow Wood Hospice.

After a full safety briefing, you'll board the aircraft and climb high into the skies before making your jump, securely harnessed to an experienced instructor.

Feel the rush of freefall at speeds of up to 120mph, take in breathtaking views, and land safely knowing your brave leap is helping support local families when they need it most.

**Sign up today and take the plunge for Willow Wood.**

**Sign up today!**



[www.willowwood.org.uk/  
events/skydive](http://www.willowwood.org.uk/events/skydive)



*"I signed up in memory of my beautiful wife Julie who died on Boxing Day last year after a courageous three-and-a-half-year battle with cancer. The final month was incredibly hard but Willow Wood provided compassion, dignity and outstanding care for Julie and our whole family."*

**ALAN HUGHES**

*"Willow Wood has a special place in my heart as it's where my sister Steph was at the end of her battle with cancer. The care, compassion and love shown to my sister and all my family by all the staff was incredible. We will be eternally grateful to Willow Wood for this amazing level of care."*

**TONY DUGGAN**



# Walk 2026

*Making Memories Together - Fundraising for Care*

Adult & Child Tickets  
(Discounts for family  
& groups 10+)



# HEROES & VILLAINS



Early Bird rates  
available until  
29th June 2026

Sunday 13th September 12pm  
5km Family Fundraising Walk

Stamford Park, the boating lake &  
Chadwick Dam, Ashton

*Dress Code: Come as you are or embrace  
being a **HERO** or **VILLAIN***



Scan me to Sign Up  
[www.willowwood.org.uk](http://www.willowwood.org.uk)



Suitable for all ages & four-legged friends too!

Collecting Can Champions

# SMALL CHANGE. BIG DIFFERENCE.

Every day, the people of Tameside and Glossop go about their daily routines - grabbing a brew, picking up the papers, popping to the barbers or calling in for a pint. And sitting quietly on counters across our high streets are some of the hardest-working little helpers around: our hospice collection pots.

They may be small, but they pack a mighty punch. The coins dropped in after a coffee, the coppers cleared from a pocket, the "keep the change" moments we barely think about all add up. In fact, in 2025 those little drops of generosity raised a little over £21,000!

That's the magic of small change. Pennies become pounds, and last year those pounds funded two full days of hospice care, comfort and dignity for people who need it most. Not bad for the contents of your coat pocket or under your sofa cushions!

Our brilliant local shops, cafés and pubs make it happen by giving these pots pride of place. Supporting them means supporting the community that keeps hospice care close to home. So if you see a collecting can, pop in a penny or two. Your change makes a difference.



*"Most of our customers have known someone cared for by Willow Wood, and are very happy to donate their change or return their egg boxes in exchange for a cash donation in the can."*

**KATHY**  
The Egg Nest,  
Ashton Market



*"Patrons at Junction Inn want to support the care of patients, so they pop their spare change in the collecting can."*

**MICHELLE**  
Head Barmaid at  
Junction Inn, Ashton



*"Our customers are like family, and they want to support the care of local people."*

**SAM**  
Brushies Convenience  
Store, Stalybridge

Got space on a counter or desk? You can become a Collecting Can Hero. Call the team on **0161 330 7788** for more information.

Calling all Can Collectors - if you can collect a can, you can help. Contact Lisa Pye: **0161 330 1100**

[volunteering@willowwood.org.uk](mailto:volunteering@willowwood.org.uk)

# CHARITY OF CHOICE

**Businesses that choose Willow Wood Hospice as their Charity of Choice have the opportunity to make a real and lasting difference in their local community.**

By partnering with Willow Wood through fundraising, volunteering, regular giving and awareness, companies help ensure that compassionate care and vital support remain available for patients and families who need it most. It's also a powerful way to bring teams together, boost morale and demonstrate a genuine commitment to social impact. Join the growing number of organisations making a difference by choosing Willow Wood Hospice.

## WHITECROFT LIGHTING



## ASHTON GOLF CLUB



## RED ROCK



*“Willow Wood Hospice is our Charity of Choice 2026 in recognition of the incredible care and dignity they offer to people and their loved ones when it matters most. Many of our colleagues have seen first-hand the support they provide, making this a cause that resonates deeply across our team and one we're proud to support.”*

*“The work of Willow Wood is highly valued by our members, many of whom have experienced first-hand the compassion and care they provide during difficult times. We are keen to support our local community and look forward to working in partnership, hoping our fundraising will help them continue delivering exceptional service.”*

*“We chose Willow Wood as our Charity of Choice for one simple reason - because of the dedication and support they provide across Tameside every day. It is an example Red Rock try and live by as we grow and become more involved across the borough each year.”*

To find out how your company can get involved, contact Joanne Lees, Partnership Development Lead on **0161 330 7788** or [joanne.lees@willowwood.org.uk](mailto:joanne.lees@willowwood.org.uk)



# Willow Wood Hospice LOTTERY

## SUMMER DRAW

Draw Date - 26th June 2026



## PRIZES

1st £2500 | 2nd £250 | 3rd £100 | 4th £75 | 5th £50 | 6th £25  
(rollover minimum)

**What if one small ticket could make a big difference this summer?**

Our Summer Lottery Draw is your chance to win while helping Willow Wood Hospice continue providing compassionate care for local families. Every ticket you buy helps fund the support our patients and their loved ones rely on every day.

DON'T SIT THIS ONE OUT... GRAB YOUR TICKET, CROSS YOUR FINGERS,  
AND BE PART OF SOMETHING THAT TRULY MATTERS.

**ENTER THE SUMMER LOTTERY DRAW TODAY.**



SCAN HERE TO JOIN IN!  
[www.willowwood.org.uk/raffle](http://www.willowwood.org.uk/raffle)

BeGambleAware.org<sup>®</sup>  
Helpline 0808 8020 133



Together

# MAKE IT COUNT FOR CARE!

LOOK AT  
THE IMPACT  
OF YOUR  
FUNDRAISING!

Want to fundraise as a group of pals, or by bringing people together around shared interests? Take a simple idea and a few people willing to get involved and you're on to a winner every time!

Whether it's organising a ball, hosting a themed night, putting on a fete, or running a sports tournament, it's all about creating something everyone can enjoy.

Every contribution adds up, and together you can create something fun, meaningful, and truly powerful while supporting vital care.

## DANNY DUGGAN'S COMMUNITY CHRISTMAS LIGHTS



Physiotherapy sessions

## THE ASHLEY BUTTERWORTH CHARITY BALL:

A memora-ball occasion!



Full days of Hospice care

## PATRICK WARD FOUNDATION:

First foray into fundraising!



Nights of IPU nursing care

## MANCHESTER CITY FC SUPPORTERS CLUB:

Substantial subs support!



Complementary  
therapy sessions

## PATRON TAF'S CURRY NIGHT:

Bollywood brilliance!



A nurse for 9 days

## HADFIELD BOWLING PAIRS COMPETITION:

Good wood goodwill!



Bereavement  
counselling sessions

## TAMESIDE ROTARY BEER FESTIVAL: Raising a glass for Willow Wood



Home visits from a  
dementia nurse

giftaid it

# A SMALL TICK THAT MAKES A BIG DIFFERENCE

Gift Aid is the little boost that makes your good deed go further. With one small tick, your donations - and even the treasures you pass on to our shops - can raise extra funds for patient care at no extra cost to you.

## HERE'S HOW YOUR TICK CAN HELP:

### CASH DONATIONS

When you donate to Willow Wood, ticking the Gift Aid box is like adding a free top-up. For every £1 you give, we can claim an extra 25p from HMRC - without it costing you a penny more.

**£1.00 becomes £1.25,  
just like that!  
SIGN UP TODAY!**



### DONATING ITEMS TO OUR CHARITY SHOPS

Clearing out your wardrobe, cupboards, toybox, or even changing your sofa? Sign up for the Gift Aid scheme when you drop items off at one of our shops, and once your donated goods are sold, we can then claim an extra 25% on top from HMRC.

**ASK IN STORE!**

## Reasons to tick the box

- 1** A QUICK TICK OR SIGN-UP IS ALL IT TAKES.
- 2** IT COSTS YOU NOTHING EXTRA.
- 3** IT HELPS US TO CARE... MORE



**One small tick. One bigger impact. #TickTheBox **

For more information speak to one of our team when you are donating and remember, you must be a UK taxpayer and need to have paid enough tax in the UK to cover the extra 25%.

Leave a lasting legacy

# JOANNE AND CHRIS

**For Joanne and Chris Hinds, Willow Wood Hospice has been part of their lives for nearly two decades. Through volunteering, fundraising and now leaving a gift in their Will, the Stalybridge couple hope to help ensure the Hospice can continue supporting families for years to come.**

Their connection to Willow Wood began in 2006 when Joanne's auntie, Beryl, received care there. During that time, Joanne and Chris experienced first-hand the compassion and support the Hospice provides to patients and their families.

While visiting Beryl, they met her driver, Cyril, who ran the Hospice's Coffee Mornings with his wife Barbara. After attending one of the events, Joanne and Chris were inspired to get involved themselves.

*"If we can't give up two hours a month to help, we need speaking to!"* they said.

What began as helping out soon grew into a long-term commitment. Joanne and Chris joined the team of volunteers running the Coffee Mornings and have since supported the Hospice in many different ways.

Joanne volunteered as a receptionist for many years, while Chris now volunteers as a trustee. Together, they organise regular quizzes and two popular annual fundraising events – The Last Night of the Proms and the Festival of Christmas Music – which have raised thousands of pounds for patient care.

Having seen the impact of hospice care up close, the couple also decided to support Willow Wood in another meaningful way by leaving a gift in their Will.

*"A few years ago, we were discussing Wills and we thought about leaving something for Willow Wood,"* Joanne said.



*"Starting to think about life after death is an emotive subject and it can be difficult. The hardest part about making a Will is deciding what you want to do, particularly as a couple without children."*

Chris added: *"We're leaving a gift as a percentage of our estate. Even just one per cent can make a massive difference and still leaves the bulk of someone's Will to their loved ones. Today is always the right time to think about making your Will."*

Gifts in Wills fund the care of one in five patients at Willow Wood, helping ensure vital support remains available for future generations.

For more information about leaving a gift in your Will to Willow Wood Hospice, visit [www.willowwood.org.uk/giftsinwills](http://www.willowwood.org.uk/giftsinwills)

# Butterfly Memory Appeal



**When someone you love is no longer here, the memories don't go anywhere. They're in the everyday moments, the small reminders, the stories you still tell.**

Our Butterfly Memory Appeal at Willow Wood Hospice is a simple way to honour that love.

By making a donation towards patient care, you can dedicate a butterfly in your loved one's name. We'll release it in their memory - a quiet, meaningful tribute that keeps their name and their story alive. Their name will be written in our Butterfly Memory Book, and we'll also send you a personalised dedication card to keep.

Your gift will help local patients and families receive the care and support they need, when they need it most.

For each dedication made we will release a live butterfly, if you would like to release your butterfly personally, you are welcome to join us at the Hospice on the 18th of July.

**Dedicate a butterfly. Remember someone special. Help care for others in their name.**



For more information visit:  
[www.willowwood.org.uk/butterfly](http://www.willowwood.org.uk/butterfly)



# COMMUNITY SPIRIT IN ACTION

**Big-hearted, brilliant and full of get-up-and-go, our fundraising support groups are the magic behind the regular income that helps Willow Wood Hospice care for patients and families.**

From the Hospice Choir concerts and the ever-popular monthly Coffee Mornings to the annual bloomin' beautiful Flower Festival, dazzling musical nights at Guide Bridge Theatre and creative crafters, these dedicated volunteers turn community spirit into real impact year after year.



### BREW-TIFUL MORNINGS AT WILLOW WOOD

Looking for a relaxed way to start your weekend? Join us at Willow Wood Hospice on the **first Saturday of every month from 10am to midday** for our friendly Coffee Morning. Enjoy a brew, cake and good company while browsing a selection of stalls – all in support of patient care. Everyone is welcome, so bring a friend and have a chat.



### STEP INTO A BEATRIX POTTER GARDEN

Discover a world of storybook charm at the **Willow Wood Hospice Flower Festival**, where beautiful floral displays will bring the enchanting tales of Beatrix Potter to life. Wander through arrangements inspired by characters such as Peter Rabbit and Jemima Puddle-Duck, created by talented local florists and volunteers. Entry is **£3.50 (under 12s free)**, taking place **Saturday 9 May (10am–4pm)** and **Sunday 10 May (11am–4pm)**.



### SING INTO SUMMER WITH THE WILLOW WOOD HOSPICE CHOIR!

Enjoy an uplifting afternoon of music at the Willow Wood **Hospice Choir Summer Concert on 13th June at 2pm at St Paul's Church, Stalybridge**. The choir will perform a programme of well-loved songs, with **tickets £5 including refreshments**. A perfect summer afternoon – bring a friend!

For more information visit:  
[www.willowwood.org.uk](http://www.willowwood.org.uk)



### CRAFTING KINDNESS FOR WILLOW WOOD

Keep an eye out for the Willow Wood Craft Group at supermarkets, fairs, fetes and carnivals throughout the year. Their handmade creations raise vital funds for patient care. If you see them, stop by, say hello and treat yourself.



### AN ENCHANTED EVENING RETURNS

We're also supported by the wonderful team behind the Enchanted Evening concerts at Guide Bridge Theatre, returning this October. Keep an eye on our website and social media for more details.

# SHOP. DONATE. VOLUNTEER.

New for 2026!!!  
Competitively priced  
HOUSE CLEARANCE!  
Call **0161 669 4849**  
for a price!

## ASHTON Ashton Town Centre

Clothes, bric-a-brac,  
accessories and entertainment



## CLEARANCE OUTLET AND DONATIONS CENTRE

Langham Street,  
Off Oldham Road

Furniture, bric-a-brac,  
last chance clothes,  
eBay collection and \*new\*  
house clearance



## THE PAD Stalybridge

Furniture, bric-a-brac,  
childrenswear and toys



## WATERLOO Oldham Road

Furniture, clothes, bric-a-brac,  
childrenswear, toys,  
books and entertainment



## STALYBRIDGE Grosvenor Street

Adult clothes, bridal,  
accessories and  
entertainment



## DENTON Reddish Lane

Clothes, bric-a-brac,  
accessories and entertainment



## HYDE Market Place

Clothes, bric-a-brac,  
accessories and entertainment



## GLOSSOP High Street West

Clothes, bric-a-brac,  
childrenswear and toys



For more information, including the full  
address and opening hours of all our  
shops, visit: [www.willowwood.org.uk](http://www.willowwood.org.uk)

# The Start of Something Wonderful

## FUNDRAISE YOUR WAY

**COFFEE MORNING OR AFTERNOON TEA:**  
Simple, sociable, and easy to host!

SARA's Mad Hatters tea party



9

dementia  
nurse visits

**BAKE SALE:**  
Fundraising that's a piece of cake!

BAKE IT OR FAKE IT at Ashton Old Baths



1

celebration meal  
for a family

**CELEBRATION DAYS:**  
Making a special day even more special!

NORMAN & STELLA MACKIE's  
diamond celebration



2

days of care for  
an IPU patient

MARY HAWORTH  
70 years in business



20

memory  
boxes

**GARDEN PARTY:**  
Fundraising with flowers

ASSHETON AVENUE gardening club



7

physiotherapy  
sessions

18

Willow Wood Hospice  
*Together we care*

**Fundraising doesn't have to be complicated.  
A simple idea can make a real difference.**

You could hold a coffee morning, organise a quiz night, host a garden party, or bake cakes for friends and neighbours. However you choose to do it, every effort helps support the care we provide and it can start with something as simple as bringing people together.

**QUIZ NIGHT: Fast thinking and generous giving!**

THE JOYCE SIBLINGS quiz night

JO & CHRIS HINDS annual quiz



A nurse for  
**4** days



**20**  
counselling  
sessions

**COME DINE WITH ME:  
A dinner date for donations**

DIPAK DRISTI  
Diwali community celebration

DIPAK HAVELIWALA  
Friends & neighbours BBQ



**24**  
complementary  
therapy sessions



Meals for a week  
for **5** patients

**RAFFLE FUN:  
A ticket to care**

ALICE AND ZARA's school support



**7**  
days of freshly  
laundered sheets  
for an IPU bed

Begin your own *something wonderful for Willow Wood Hospice* by contacting us for support and inspiration.

Call Fundraising on **0161 330 7788** or email [fundraising@willowwood.org.uk](mailto:fundraising@willowwood.org.uk) – we're here to help!

# GET THOSE FEET FUNDRAISING!

## Run, Walk, Cycle – get physical!

**ELIJAH NATHANIEL:**  
100km in December

**5**

full days of care  
for an IPU patient



**TARA AND TOM:**  
Pavement-pounding half-marathon

**17**

physiotherapy  
sessions



## Bucket list tick – harness the power of your skydive, mountain climb or must-do challenge!

**3 PEAKS CHALLENGE:**  
Mobus Fabrics' hike for hospice care

**BEN NEVIS HIKE:**  
Mark, Stephanie & pals' memorable climb

**2**

full days of  
hospice care



**17**

counselling  
sessions



## Support from good sports!

**BIG WALT'S ANNUAL FUN DAY:**  
Tackling totalisers!

**DJH MANCHESTER:**  
Five-a-side for fundraising!

**4**

complementary  
therapy sessions

**80**

hours of essential  
oxygen support



**Fundraising through a physical challenge doesn't need to be complicated.  
It just needs a bit of energy and a willingness to get involved.**

Whether it's a sponsored walk, a charity run, a cycling challenge, or even a team fitness event, every step, mile, and effort you make can have a real impact. Take on something that pushes you, invite others to join, and turn it into a shared experience that's both fun and meaningful. However you choose to move, you'll be helping to support vital care, starting with a simple decision to take action.

**HAYLOFT FITNESS:  
1 year of challenges**

**17**

occupational  
therapy sessions



**DANIEL O'BRIEN:  
Big Blackpool big ride**

**2**

nights of  
nursing care



**100**

guided  
wellbeing sessions

**SKYDIVE:  
Willow Wood Freefallers**



**BUNGEE JUMP:  
Neale Samways cascading for care**

**4**

dementia nurse  
home visits



**Why not join the Willow Wood Hospice  
Yorkshire 3 Peaks Challenge  
– 10th October 2026?**

**Contact Fundraising for more information.**

Begin your own  
**physical fundraising  
challenge** by contacting us  
for support and inspiration.

Call Fundraising on **0161 330 7788** or  
email **fundraising@willowwood.org.uk**  
– we're here to help!

# 7 MARATHONS IN 7 DAYS

**It started, as many good stories do, with a simple connection. For Travis Taylor, a 21-year-old student more used to lectures and late-night writing sessions, Willow Wood Hospice wasn't just a name. It was part of the fabric of people close to him.**



**His girlfriend Hannah has volunteered there; her mum Caroline and auntie Pauline are part of the Hospice Retail team. Around the dinner table, it's a place spoken about with warmth, pride, and real affection.**

So Travis decided to do something about it. Something big.

This summer, he's lacing up his trainers for a challenge he's dubbed Week at the Knees: seven marathons in seven days.

That's 295 kilometres on foot, powered by determination, a lot of snacks, and a very good reason. *"Fundraising for the Hospice will motivate me and do some good in the process,"* he says.

Willow Wood supports people across Tameside and Glossop living with life-limiting illness, offering expert care, comfort, and dignity when it matters most. For families, it's not just medical support. It's a lifeline, a place of compassion and understanding during incredibly tough times.

Travis only started running in 2020, but he's quickly caught the bug, completing marathons, ultra-marathons, and already eyeing his next mountain-sized challenge. Still, this one feels different. This one's personal.

He's already raised over £800, with hopes of reaching £1,000 and beyond. Every mile he runs is a thank you, to the Hospice, to the staff, and to the families who rely on it.

If Travis can run seven marathons in seven days, maybe the rest of us can chip in, cheer him on, or even do our own little bit to help Willow Wood continue its incredible work.



To support Travis and his 'Week at the Knees' challenge, you can make a donation at [www.justgiving.com/page/week-at-the-knees](http://www.justgiving.com/page/week-at-the-knees) or to tell us about how you are supporting the Hospice contact [fundraising@willowwood.org.uk](mailto:fundraising@willowwood.org.uk) or call **0161 330 7788!**



# YORKSHIRE CHALLENGE

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3 Peaks

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24 miles



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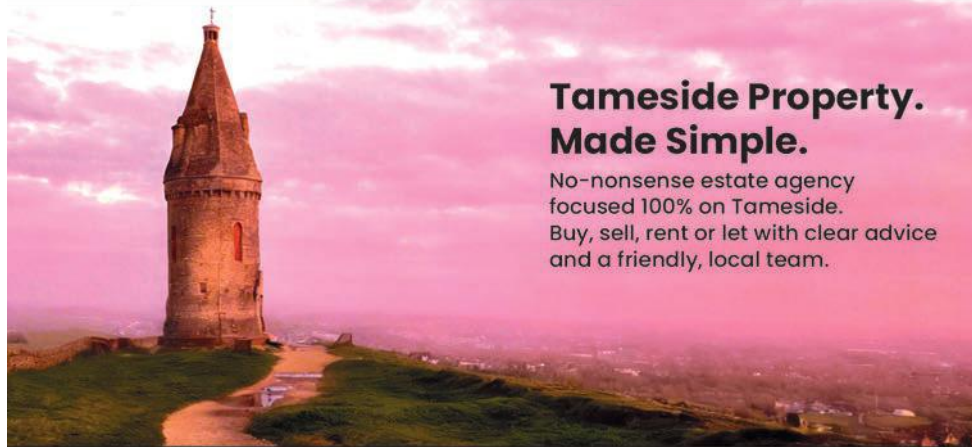
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Sending our best wishes to  
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*Denise Roberts (nee Revell), Cassie Roberts  
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# FUNDRAISING CALENDAR 2026!

## Jan-Dec

1st Saturday of each month



## April

24th  
Last Night of the Proms



## May

9th & 10th  
Flower Festival  
Beatrix Potter Theme



## Jun

5th  
Fashion Show



13th  
Hospice Choir  
Summer Concert



26th  
Willow Wood  
Golf Day  
In association  
with Martin Wild

## July

Butterfly  
Memory  
Appeal



18th

## Aug



## Sep



13th

12th  
Hospice  
Choir  
Autumn  
Concert



20th  
**SKYDIVE**



## Oct

2nd & 3rd

Enchanted  
Evening  
In association  
with Guide  
Bridge Theatre



1st - 31st

Wills  
Month

## Nov

6th  
Fashion  
Show



7th  
Christmas  
Fair

29th  
Festival of  
Christmas  
Music



## Dec

5th  
Light up a Life  
Old Glossop Church

12th  
Hospice Choir  
Christmas Concert



Garden of  
Lights  
1st-17th  
Various dates



13th  
Light up a Life  
Albion Church, Ashton

Jan'27



REGISTER  
DONATE  
TREE-CYCLE

JUST ANNOUNCED!



YORKSHIRE 3 PEAKS  
10<sup>TH</sup> OCTOBER 2026!



# www.willowwood.org.uk

Visit our website for  
more information

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