

**FULL SCHEDULE**

13 - 29 October, 2023

# *Navaratri* Festival of the Goddess



Coming home to the Harmony Centre, a  
sanctuary for the soul.

## FRIDAY 13 OCT

**7:00PM**

**Kirtan:** Sacred music. In person & online.

## SATURDAY 14 OCT

**2:00PM**

**Shivaratri - A Monthly Dance with the Light:**

Sponsorship \$54 [SPONSOR HERE](#). In person & online.

## SUNDAY 15 OCT Navaratri commences

**8:00AM**

**Durga Fire Ceremony:** To commence Navaratri - sponsorship \$108 [SPONSOR HERE](#) In person & online

**10:30AM**

**Navaratri Community Live Satsang:** with live music. In person only. BYO lunch

**1:30 - 3:30PM**

**Games or walk**

**7:00PM**

**Online Session:** Shailaputri Goddess of the Earth

## MONDAY 16 OCT

8:00AM	<b>Meditation:</b> Brahmacharini - In person & online
10:00AM	<b>Healing Meditation &amp; Clinic</b> - Vidya. In person & online
1:00PM	<b>Harmony Centre Cooking Class with Prasad:</b> GFDF, Come and learn some chef tips and techniques to elevate your plant-based cooking to another dimension. Prasad will demonstrate cooking Mushroom "Meatballs" served with Oven-roasted tomato, Fennel and Lemon Sugo and Fresh spring leaves. <a href="#">REGISTER HERE</a>
7:00PM	<b>Online Session</b>

## TUESDAY 17 OCT

8:00AM	<b>Online Meditation:</b> Chandraganta
10:00AM	<b>Shakti Durga program:</b> In person at the Harmony Centre
1:00 - 2:00PM	<b>Medicine Drum circle with Frame Drums</b> with Veena Vaani
4:00 - 6:00PM	<b>Kali Wellbeing Fire Ceremony:</b> with Adi Dass & Nataraj Sponsorship \$54 <a href="#">SPONSOR HERE</a> In person & online
7:00PM	<b>Pot Luck Dinner</b>

## WEDNESDAY 18 OCT

<b>8:00AM</b>	<b>Goddess Fire Ceremony</b> with Bhadra Kali: Sponsorship \$54 <a href="#">SPONSOR HERE</a> In person & online
<b>10:00AM</b>	<b>Shakti Durga program:</b> In person at the Harmony Centre
<b>1:00PM</b>	<b>Walk then Sound Bath</b> with Ananda Muktananda
<b>7:00PM</b>	<b>Online Session:</b> Kushmanda

## THURSDAY 19 OCT

<b>8:00AM</b>	<b>Siddhi Shakti Mantra:</b> Online
<b>10:00AM</b>	<b>Shakti Durga program:</b> In person at the Harmony Centre
<b>1:00PM</b>	<b>Walk</b> or bring your <b>crafts</b> to sit and chat
<b>7:00PM</b>	<b>Online Session:</b> Skandamata

## FRIDAY 20 OCT

8:00AM	<b>Shakti Durga Goddess program:</b> Katyayani. In person & online
11:00AM	<b>Picnic lunch</b> at the Harmony Centre dam. BYO picnic, picnic rug/chair/table and outdoor games/hat/insect spray/sunscreen
7:00PM	<b>Kirtan:</b> Sacred music. In person & online.

## SATURDAY 21 OCT

8:00 - 10:00AM	<b>2 hour Spiritual Practice</b> - Mantra practice with Siddhi Shakti followed by 1 hour silent meditation in temple space or in nature. In person program
11:00AM - 12:30PM	<b>Healing Meditation with sound bath:</b> with Anandamuktanda. In person only
1:00PM	<b>Harmony Centre Cooking Class with Prasad:</b> GFDF, Come and learn some chef tips and techniques to elevate your plant-based cooking to another dimension. Prasad will demonstrate cooking Plant-based Shepherds Pie with Lentils Served with fresh greens & Vegan Chocolate Mousse <b><a href="#">REGISTER HERE</a></b>
3:00PM	<b>Navaratri Durga Fire Ceremony:</b> plus earth blessings - Durga blessings for all participants. Sponsorship \$108.00 <b><a href="#">SPONSOR HERE</a></b> In person & online
7:00PM	<b>Online Session:</b> Kalaratri

## SUNDAY 22 OCT

8:00AM	<b>Durga Fire Ceremony:</b> plus earth blessings - Sponsorship \$108.00 <a href="#">SPONSOR HERE</a> . In person & online
10:30AM	<b>Navaratri Live Satsang:</b> In person only.
2PM	<b>Walking on the land.</b> Either at The Harmony Centre or local areas of interest.
7:00PM	<b>Online Session:</b> Maha Gauri

## MONDAY 23 OCT

8:00AM	<b>Online Session -</b> Siddhidatri
10:00AM	<b>Healing Meditation &amp; Clinic -</b> Vidya. In person & online
	<b>Beach late afternoon:</b> with water ceremony, in person only. Details to come
7:00PM	<b>Online Session:</b> with Gayatri

## TUESDAY 24 OCT Navaratri concludes

8:00AM	<b>Dussehra - Golden Goddess Light:</b> In person & online
10:15AM	<b>Navaratri program, incorporating Durga Fire Ceremony</b> - Earth blessings. Durga blessings for all attendees. This program concludes Navaratri. Sponsorship \$108 <a href="#">SPONSOR HERE</a> In person & online.
LUNCH	<b>Lunch Potluck</b> at the Harmony Centre

## WEDNESDAY 25 OCT

8:00AM	<b>Durga Fire Ceremony</b> with Bhadra Kali: Sponsorship \$54 <a href="#">SPONSOR HERE</a> In person & online
	<b>Walking on the land.</b> Either at The Harmony Centre or local areas of interest.

## THURSDAY 26 OCT

8:00AM	<b>Mantra Online</b> with Siddhi Shakti
8:00AM	<b>Mantra In person</b> with Shakti Durga at her home, followed by brunch.

# Mission Day Weekend

## FRIDAY 27 OCT

<b>8:00AM</b>	<b>Goddess Class</b> with Shakti Durga. In person & online
<b>10:30AM</b>	<b>Lakshmi Meditation</b> with Shakti Durga. In person only
	<b>Seva</b> at the Harmony Centre preparing flowers, making the place really beautiful
<b>7:00PM</b>	<b>Kirtan:</b> Sacred music session at the Harmony Centre & online

## SATURDAY 28 OCT

<b>9:00AM -12:30PM</b>	<b>Morning Program</b> with half hour break. In person & online
<b>2:00PM</b>	<b>Blessings program and upgrading Diksha</b> In person & online
	<b>Lunch</b> - Prasad catering \$20pp



## SUNDAY 29 OCT

<b>8:00AM</b>	<b>Satsang</b> with Nataraj. Online
<b>10:30AM</b>	<b>Community In person Satsang with Shakti Durga</b> In person only

*Safe travels home*

