

'sailing on Life's Billowing ocean'



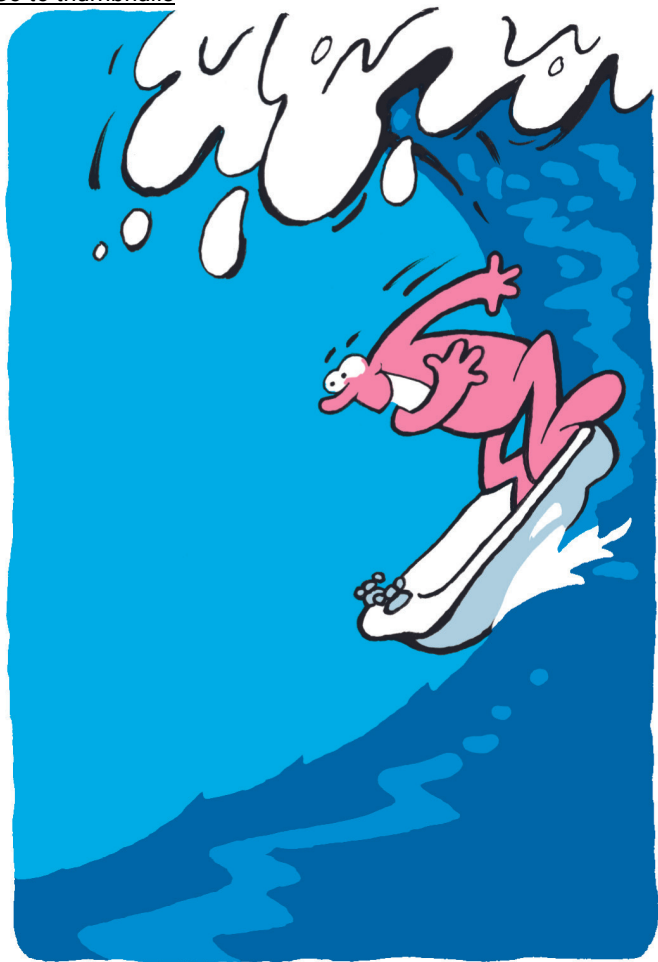
54 full-colour cards for navigating feelings and building resilience

Author: Russell Deal
Illustrator: Ray Bowler

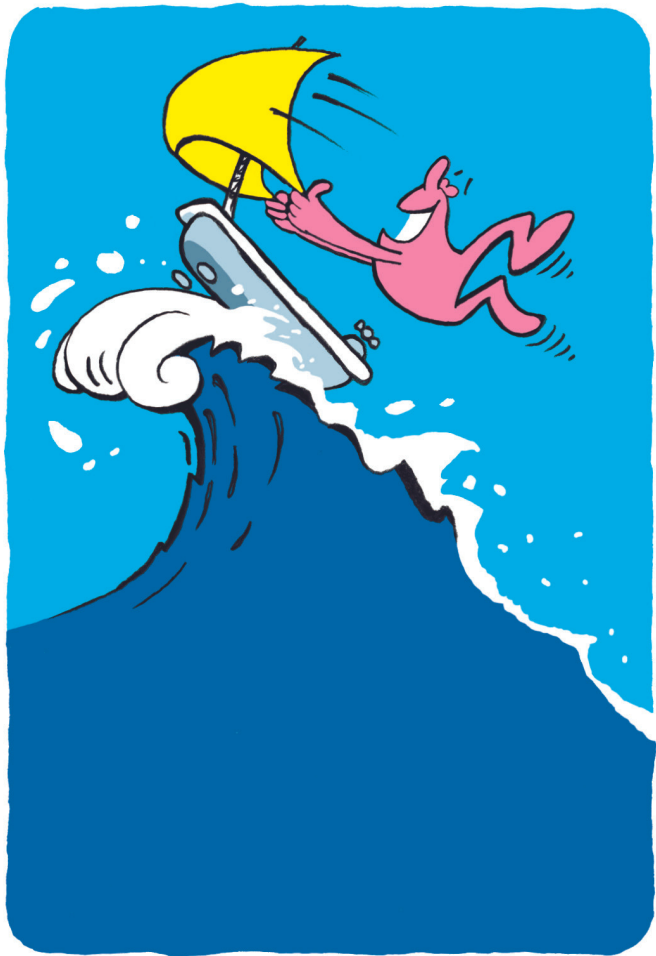
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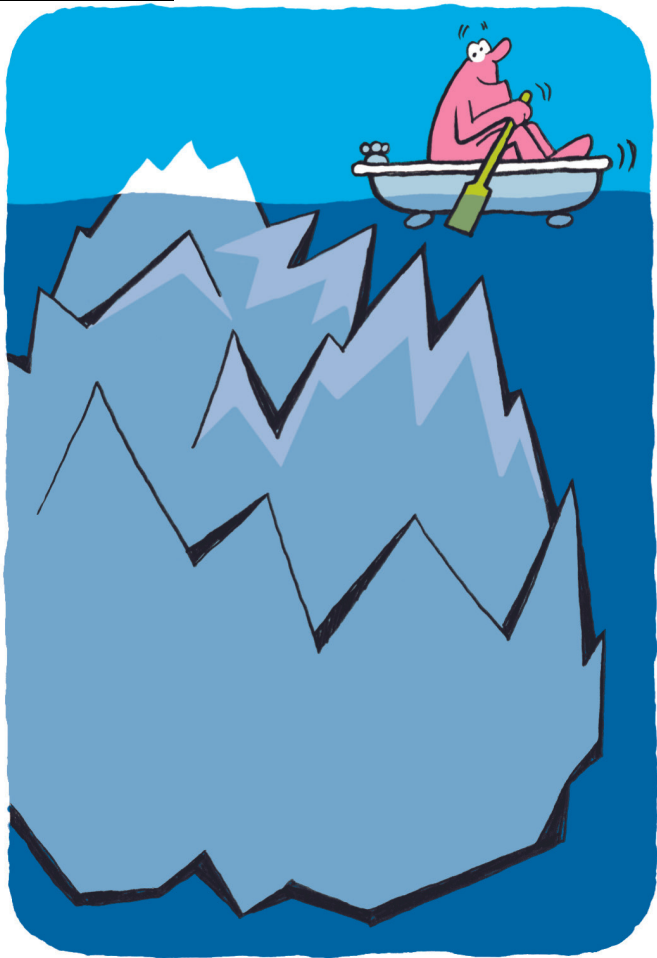
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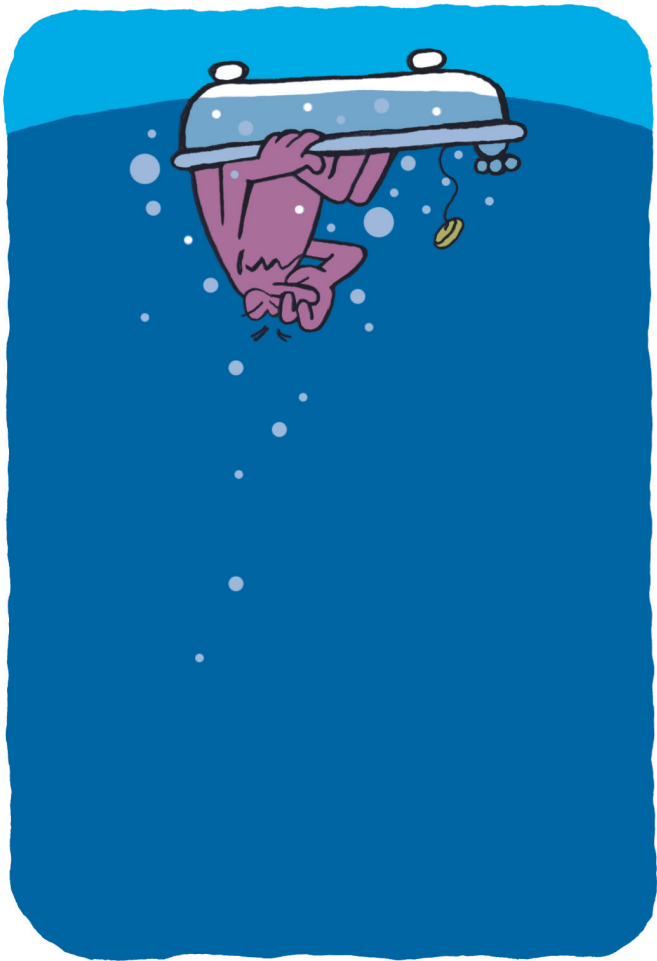
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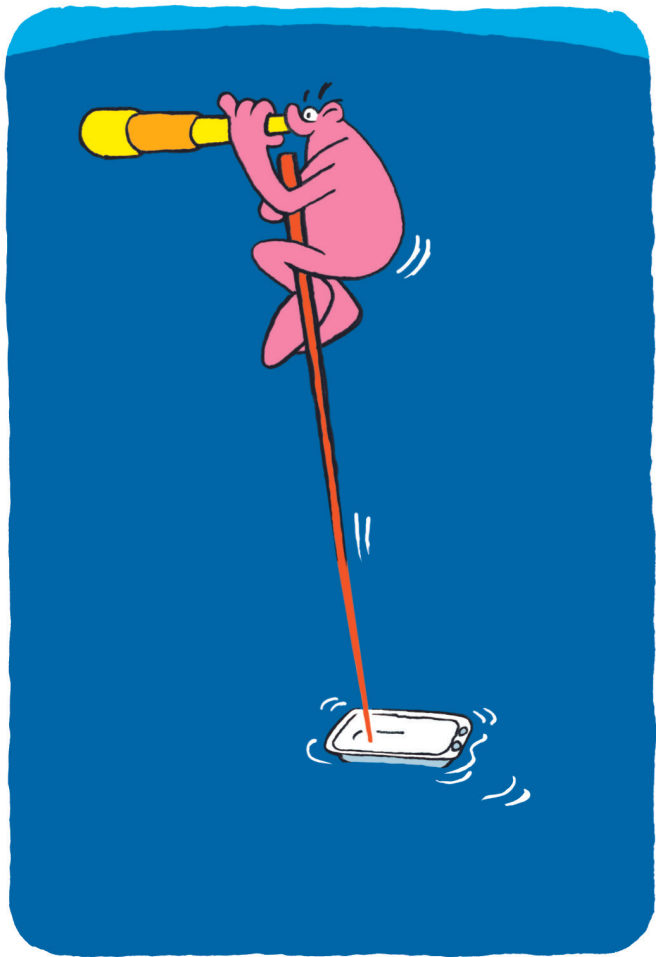
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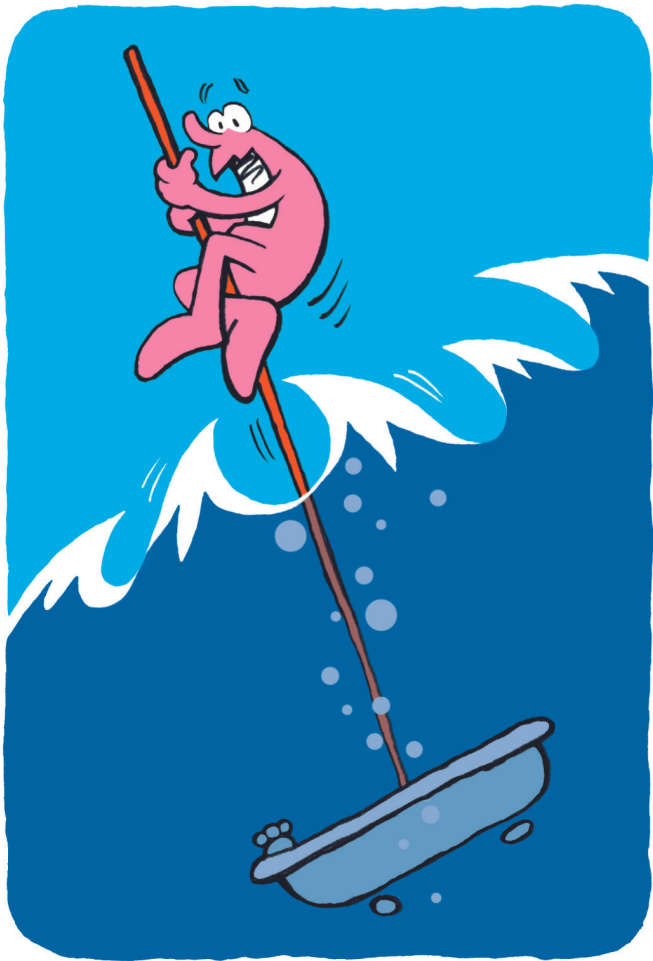
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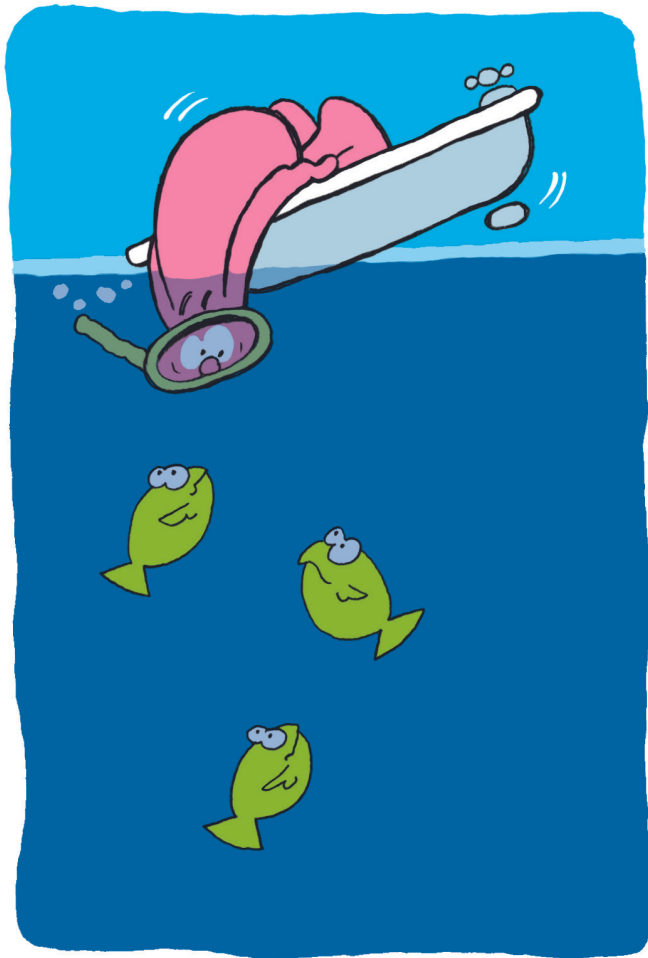
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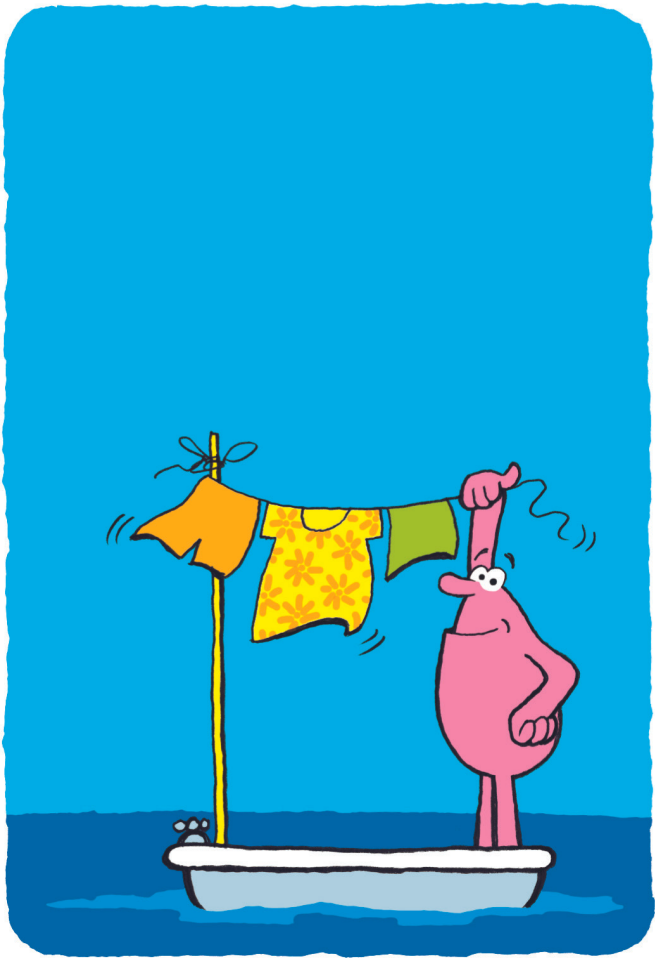
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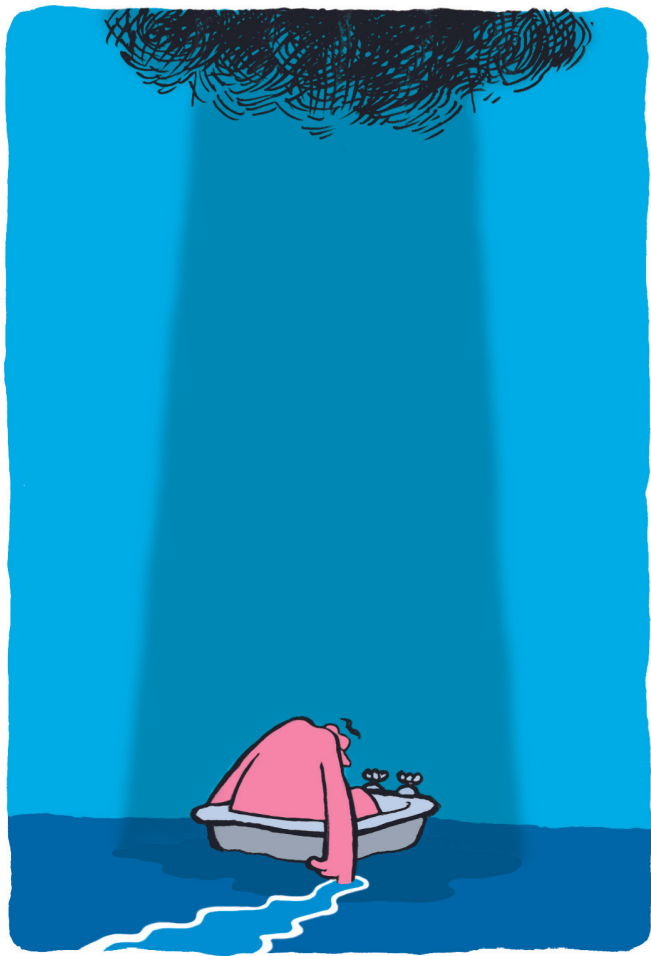


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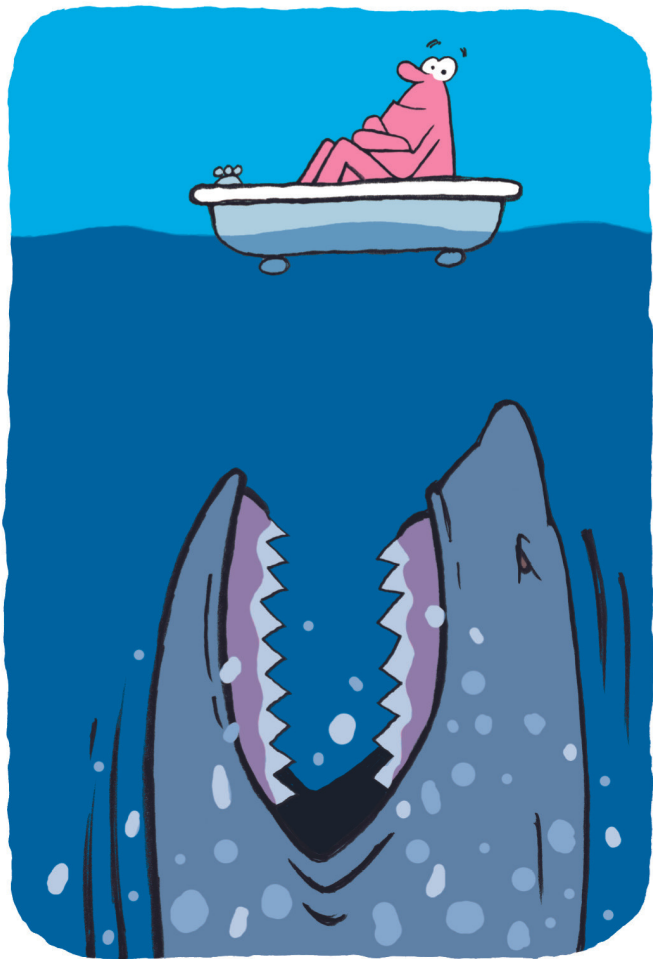
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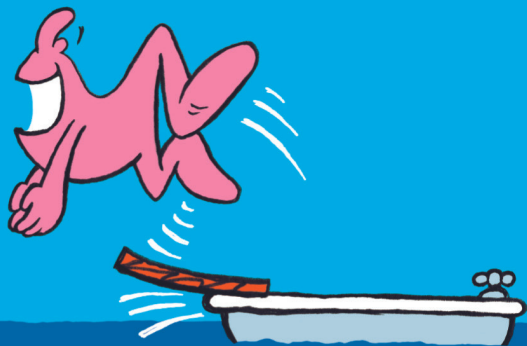
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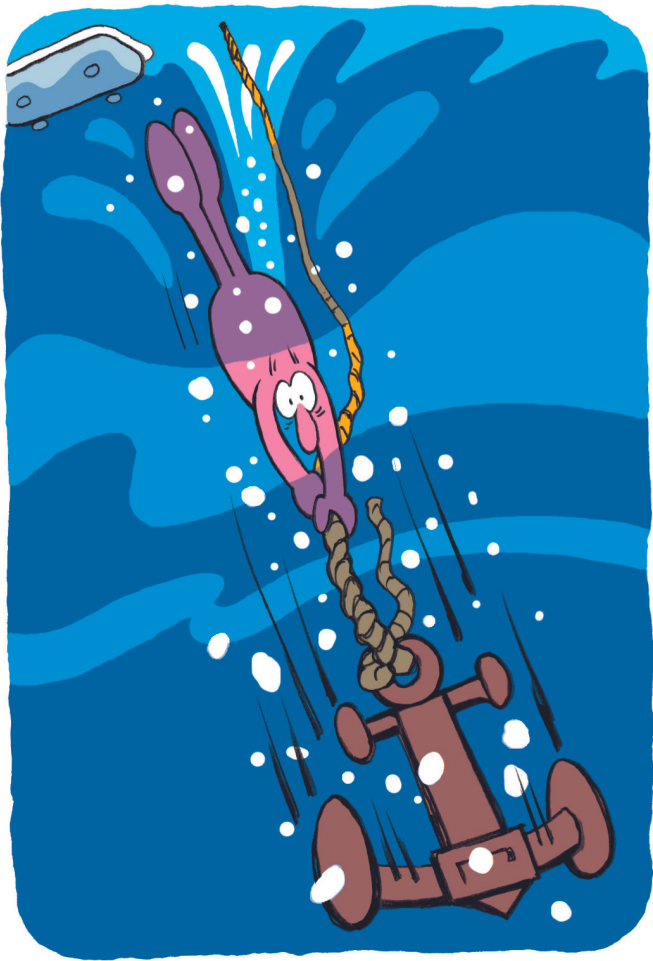
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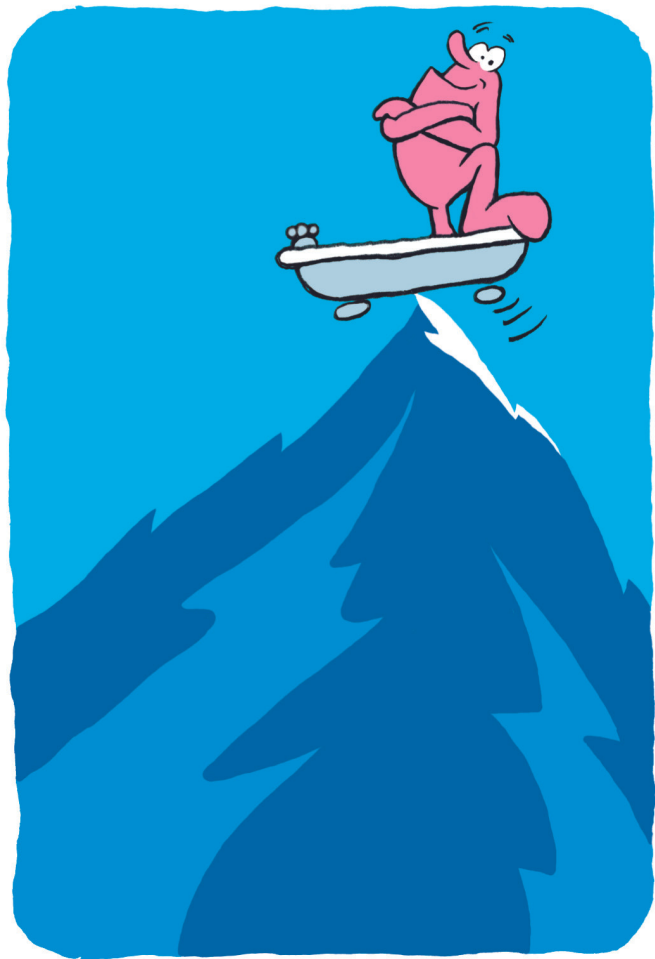
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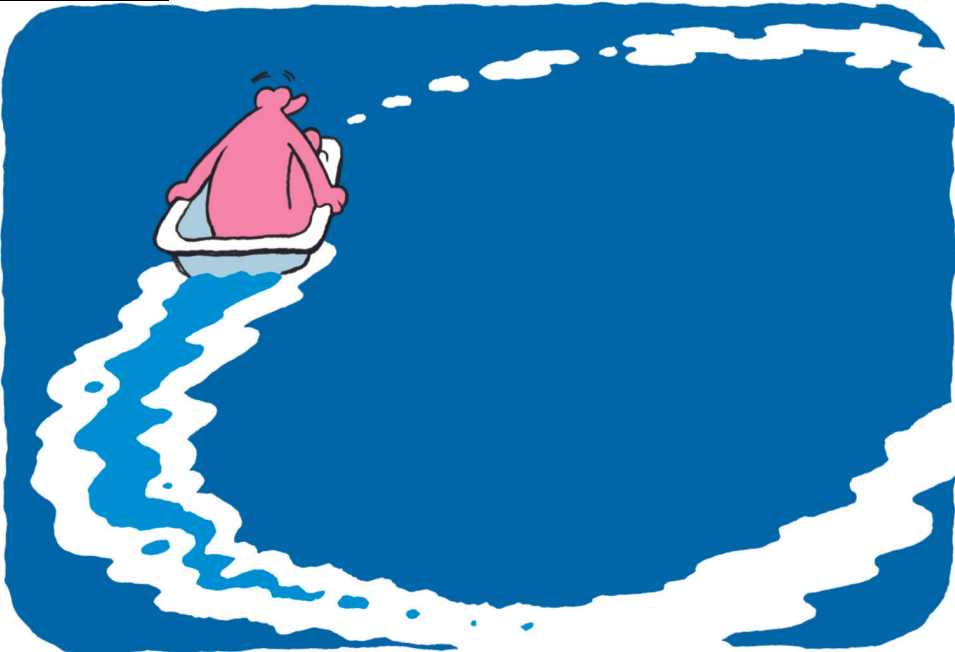
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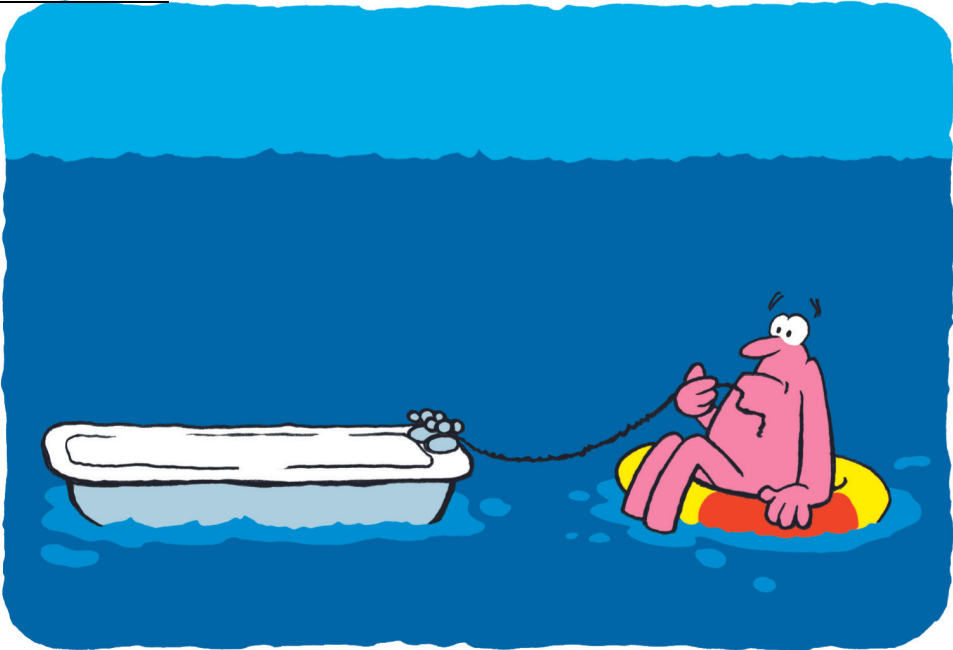
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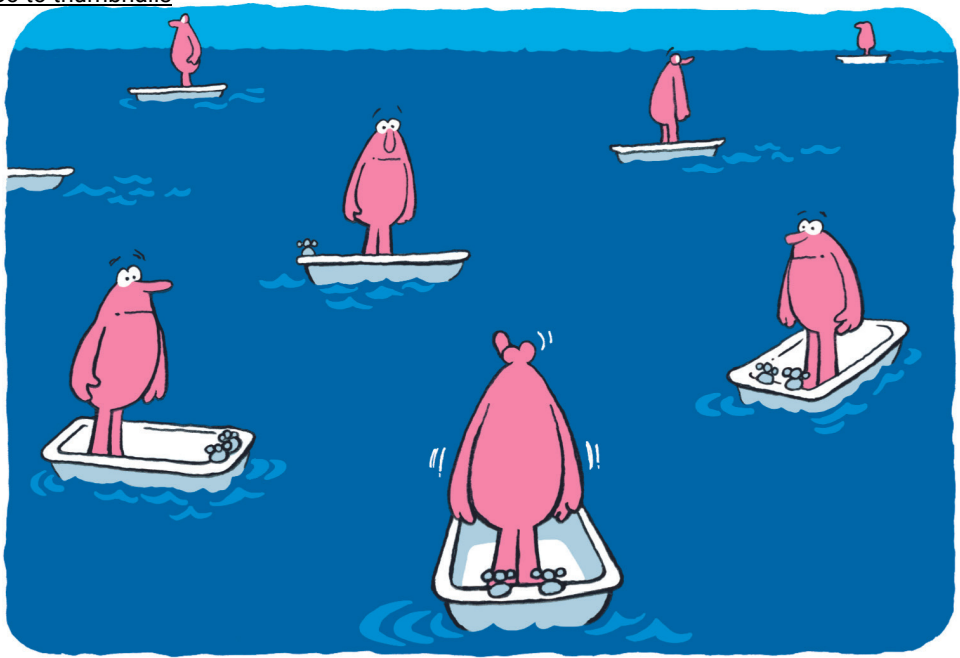
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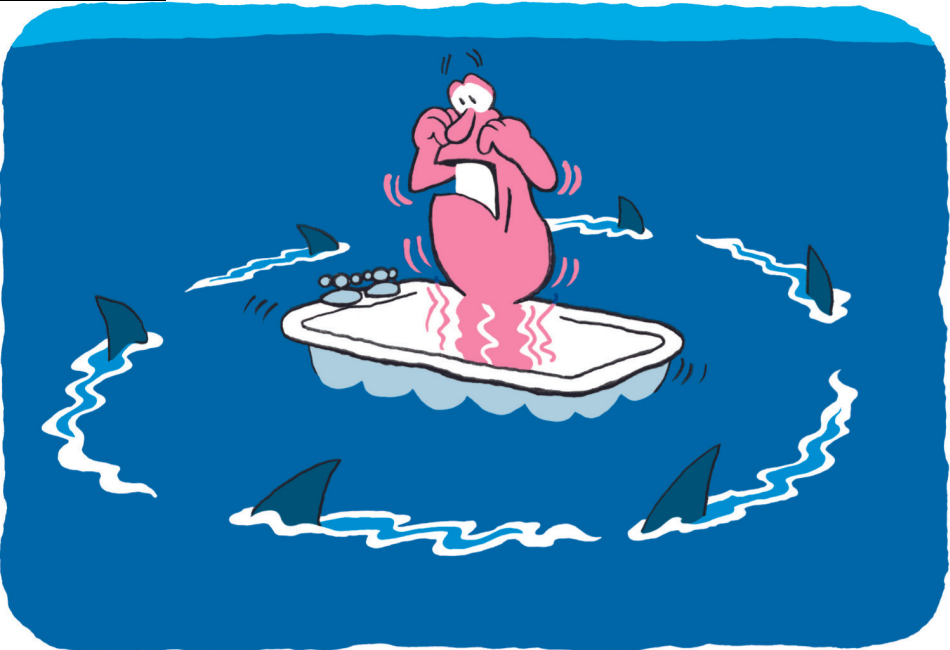
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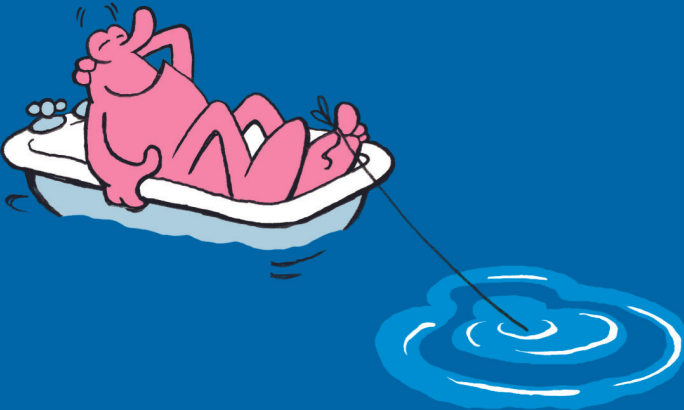
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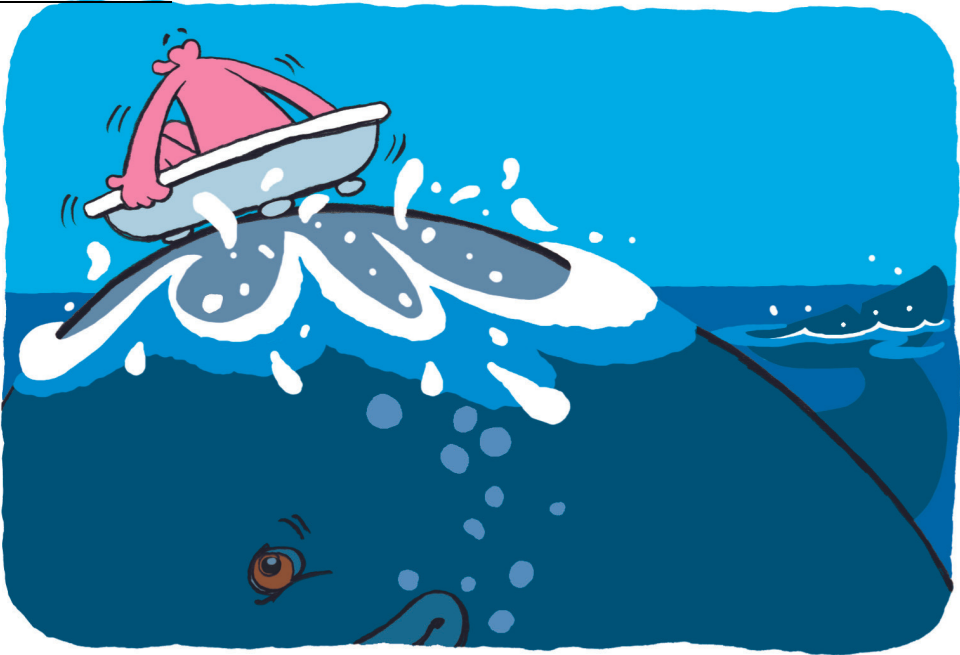
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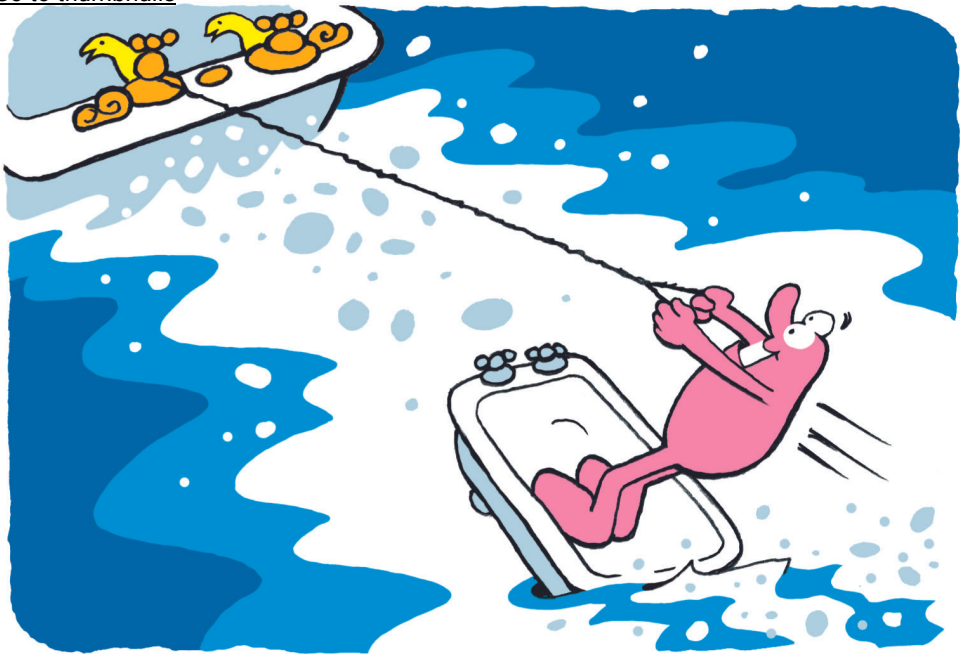
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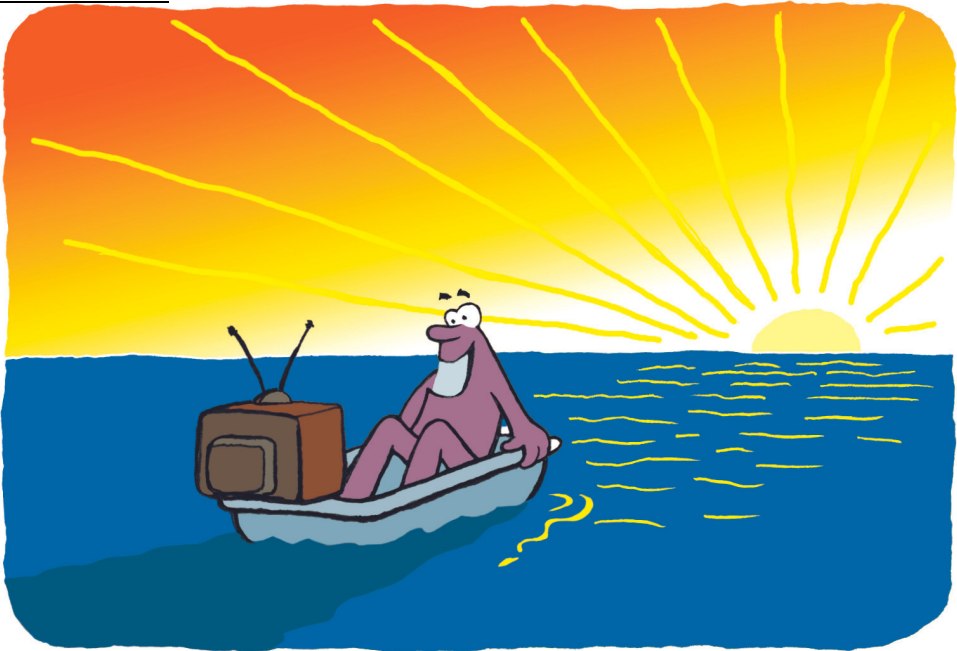
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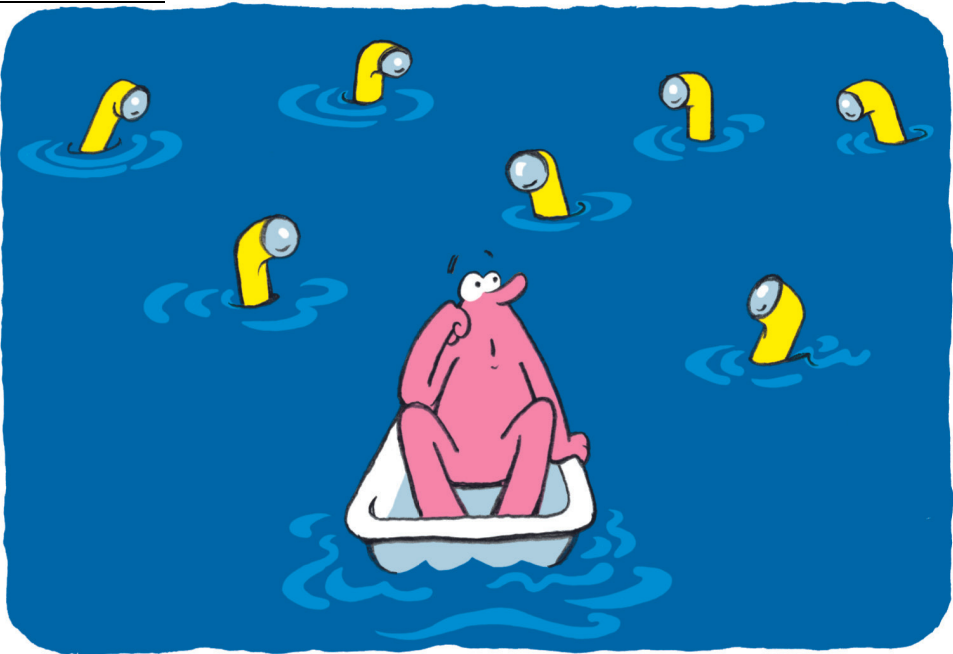
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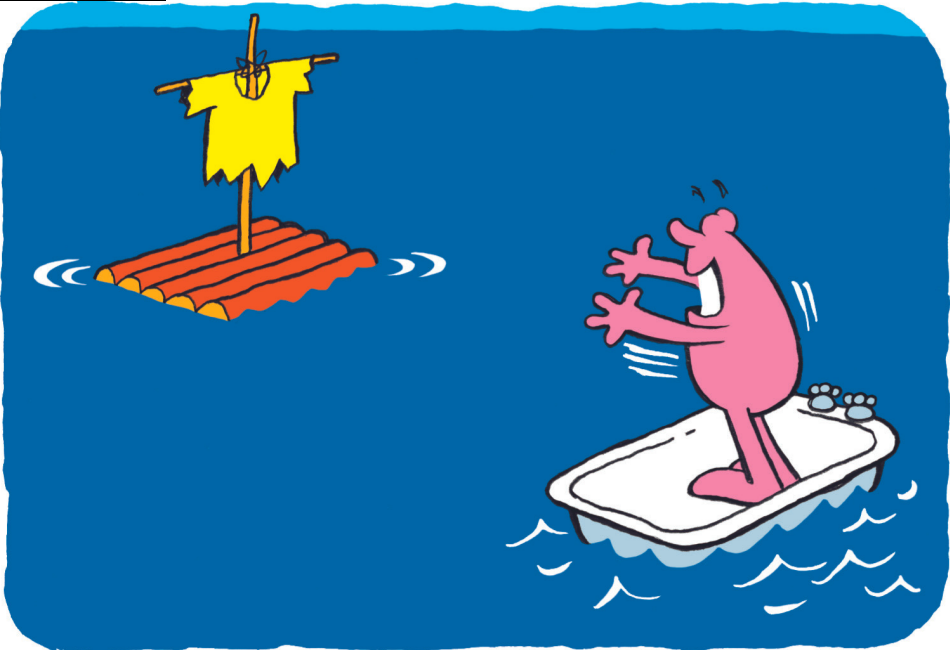
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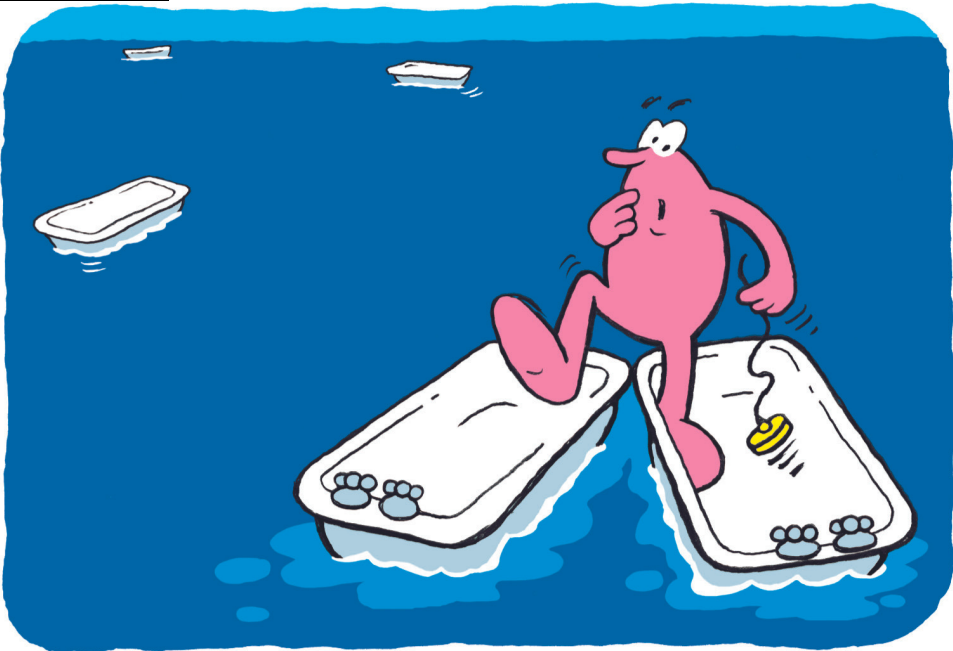


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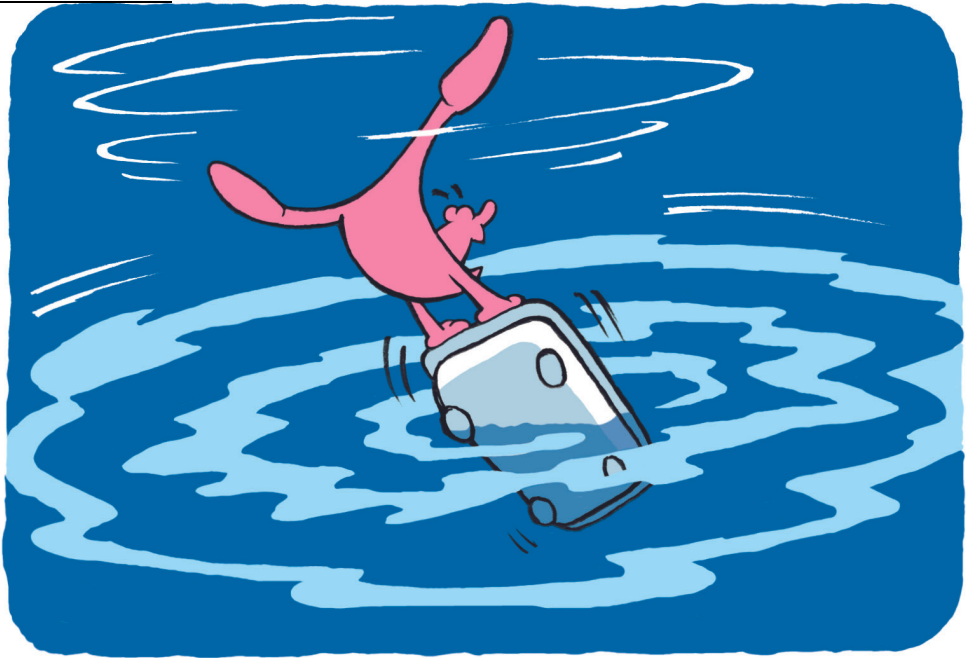




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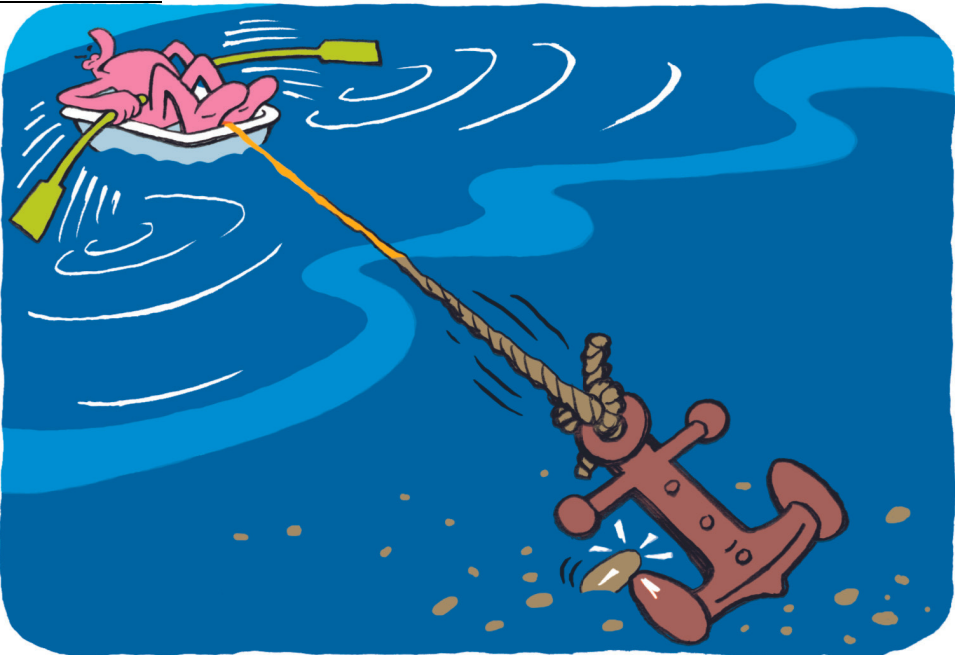
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