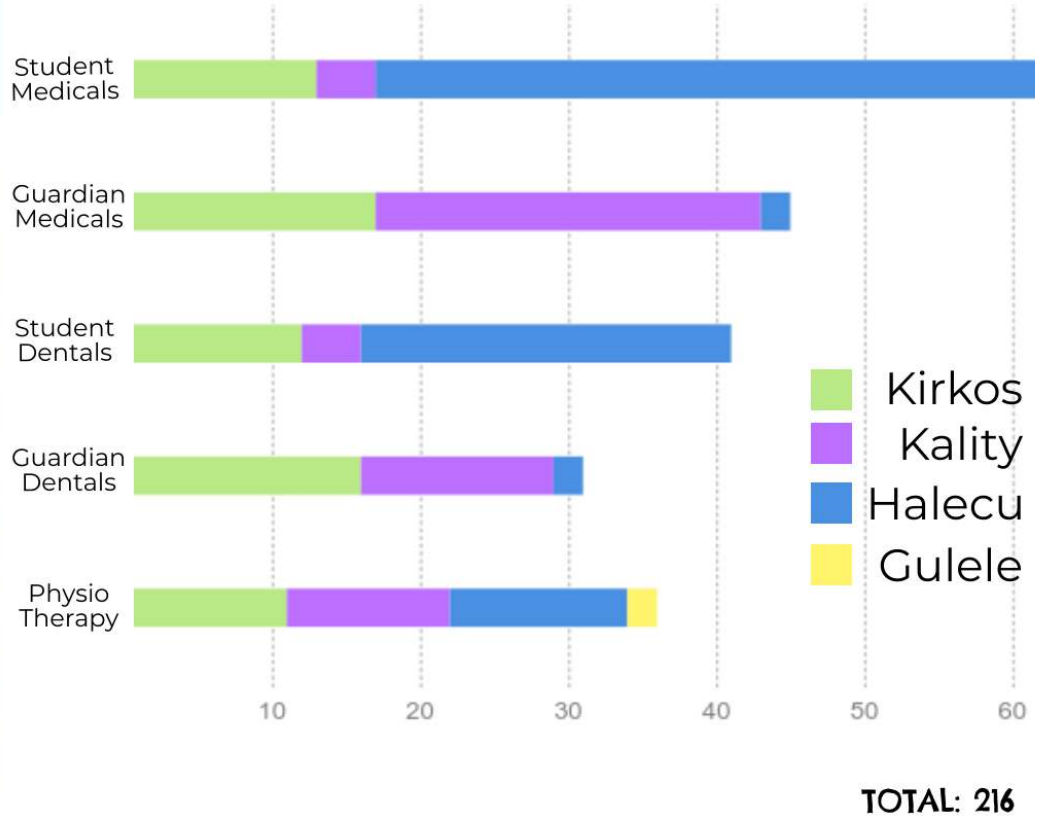




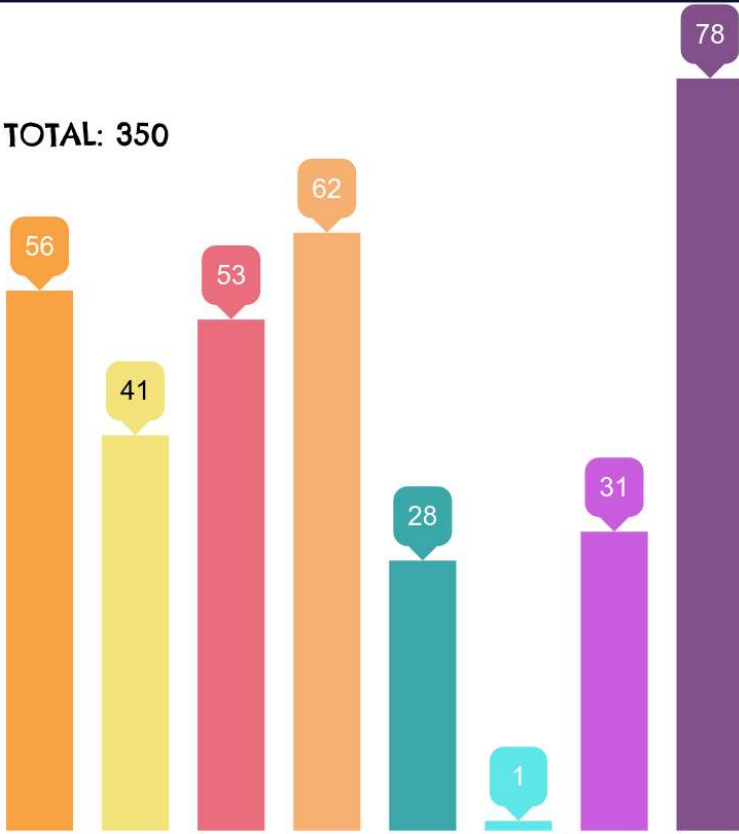
2019 August Expedition  
IMPACT REPORT

August 18 - 30, 2019

# ETHIOPIA



TOTAL: 350



# MALAWI



■ Adult Medicals  
 ■ Children's Medicals  
 ■ Eye Exams  
 ■ GI Exams  
 ■ Adult Dentals  
■ Children's Dentals  
 ■ Physiotherapy  
 ■ Group Physio

Access to health care is one of the necessities that our students would be without were they not part of the Education Support Program. Volunteers like you increase the quality of the care they are able to receive.

# TRIP ACTIVITIES

Expedition group volunteers had the chance to do a wide variety of tasks that had been requested by the program managers. Using the skills and enthusiasm each diverse group brings, all sorts of needed tasks are accomplished when the volunteers come to visit!

## Health Education:

STD education about Syphilis, Chlamydia, Gonorrhea, Infectious disease prevention, and handwashing

## Reproductive Health:

reproductive health information and distribution of reusable sanitary supplies

## Cassava Diet and Preparation Research:

discussion about cassava use, preparation and precautions on raw consumption, and gathering of community cassava diet habits

## Crafts:

coffee filter crafts, coloring, and braiding bracelets

## Movement Education:

Stretching with both Brodie and Lisa

## Sports:

introduction of street hockey, Frisbee in Malawi, soccer, fitness games and exercises

## Playtime:

Dancing, Dramas, Poetry, Clapping games, children's ethnic singing and playing games

## Scholarship Awards Evening:

Hosting of supper, and games with scholarship students

## Student Gifts:

T-shirts, soccer jerseys, student bags, hygiene supplies



# HOME VISITS



Kirkos

Kality

Halecu

Mkanda

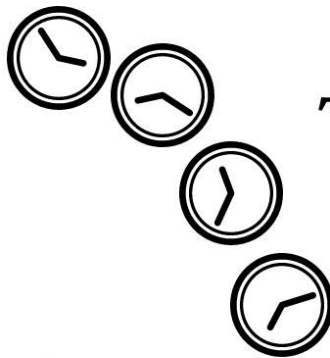
The intensity of emotions you feel from interacting with the people we were helping is something that can not be conveyed with words. It was challenging and exhausting but never for a moment did I consider anything other than committing myself fully to what we were doing. The expedition offers a unique perspective into the country, the people, and your own life. The people I met, both the locals and our expedition team were some of the most incredible people on this Earth. It was new, exciting, and rewarding beyond belief. Anyone that has the opportunity to experience it should take it because it truly is something special.

*Travis*

August 2019 Expedition Volunteer



# TOTAL VOLUNTEER HOURS



That's 82 hours per volunteer!

