



LAKELAND
FRESH

CUMBRIAN PREPARED VEGETABLES



McClures

Delivering the finest food for over 75 years

**Prepared
Vegetables**



Welcome to the McClures Family!

Founded in 1945 by Bill McClure, who began by selling Morecambe Bay shrimps from a hand cart, we are now a thriving business based in Windermere. With over 150 employees, 30 vehicles, and 4,000 product lines, we proudly serve 1,200 customers throughout the region.

Our product range has something for everyone, from budget-friendly options to premium selections all offering great value for money.



Contact us...

 015394 42636

 sales@wmclure.co.uk

 wmclure.co.uk

   @wmclures

Customer Service

Mon - Fri: 8am - Midnight
Saturdays: 8am - Midday
Sundays: 5pm - Midnight

Cash & Carry

Mon - Fri: 8am - 4pm
Saturdays: 8am - Midday
Sundays: 8am - Midday

All products subject to availability while stocks last. All prices and information correct at time of going to press but subject to change. While we strive to provide accurate product information, we strongly advise all customers to double-check food labels and specifications before serving.

Due to ongoing uncertainty, prices and availability may be more susceptible to change than usual.



Certificate Number 24252

Contents

4

Prepared Potatoes

8

Prepared Chips

10

Prepared Root Veg

14

Prepared Onions

16

Prepared
Cauliflower, Broccoli &
Cabbage

18

Prepared Veg Mixes

20

Prepared Coleslaw

22

Miscellaneous

Next-Day Delivery? Don't Miss the Cut- Off Time!

Our prep range is made fresh to order, so to make sure it's ready and delivered next day, please place your order before the cut-off times listed on each product. We don't hold stock — everything's prepared just for you, so getting your order in on time helps us keep things fresh and reliable.

**Click on the
image of the
products to
shop now !**



Fresh, Quality Produce You Can Rely On

Our Prep Brochure is filled with time-saving solutions, including freshly prepared vegetables and mixes, helping chefs cut down on prep time without sacrificing quality. Perfect for busy kitchens, our range ensures consistency, reduces waste, and keeps service running smoothly.



Prepared Potatoes

Freshly prepped and ready to go—our range of prep potatoes saves time without compromising on quality.



ORDER BY
12 PM
ORDER BY



PARISIENNE POTATOES
1x2.5kg | D010

ORDER BY
6 PM
ORDER BY



ORDER BY
6 PM
ORDER BY



SLICED POTATOES
4mm
1x2.5kg | D005
1x5kg | D005V

ORDER BY
12 PM
ORDER BY



ORDER BY
12 PM
ORDER BY



**POTATOES LONG
THINLY SLICED**
1x5kg | D043V

ORDER BY
12 PM
ORDER BY

ORDER BY
12 PM
ORDER BY



**ROUND POTATO
FONDANT**
65mm x 30mm
each | D021V

ORDER BY
12 PM
ORDER BY



ORDER BY
12 PM
ORDER BY



**POMME CHATEAU
POTATOES**
each | D011V

ORDER BY
6 PM
ORDER BY



**GRATED RED SKIN
POTATO**
1x5kg | D042V

Prepared Vegetables - McClures



PEELED POTATOES
MEDIUM CUT
1x5kg | D086V



PEELED 1/2 CUT
POTATOES
1x5kg | D087V



PEELED RED SKIN
POTATOES 5KG
1x5kg | D007V



BABY ROAST POTATOES
1x5kg | D001V



PEELED UNCLE DAVIDS
1x5kg | D076
(SEASONAL)



PEELED SWEET
POTATOES
1x2.5kg | D088



GRATED SWEET
POTATO
1x1kg | D009V



HANDCUT DICED SWEET
POTATOES 50mm
1x1kg | D085



DICED SWEET
POTATOES
1x1kg | D003

Perfect Roast Potatoes



Prepared Chips

Freshly prepared and full of flavour—our chips are cut in-house to save you time in the kitchen while delivering the perfect balance of crispness and fluffiness. A true classic, ready to serve and enjoy.

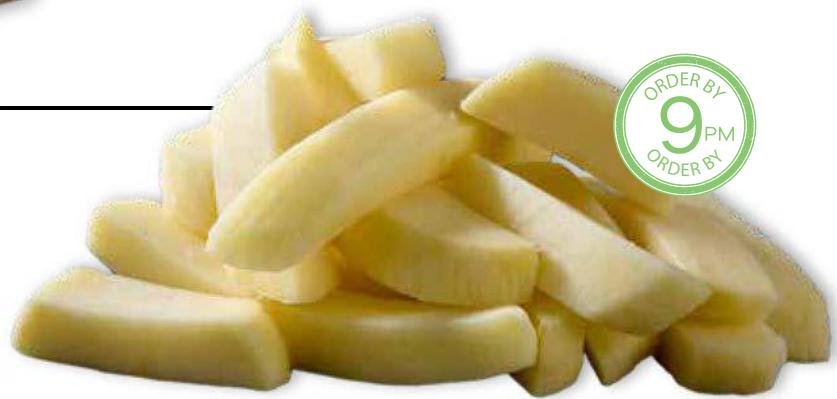




15MM MACHINE CUT
CHIPS
1x5kg | D003V



MACHINE CUT
20MM CHIPS
1x2.5kg | D086
1x5kg | D058



SHOESTRING FRIES
1x5kg | D088V



GEORGE & DRAGON
CHIPS
1x5kg | D071



JENGA CHIPS
1x5kg | D006

Prepared Root Veg

Save time in your kitchen with freshly prepared root vegetables—perfect for sides, stews, roasts, and more!





GRATED CARROTS
1x2.5kg | D052



DICED CARROTS
1x2.5kg | D022
1x5kg | D022V



SLICED CARROTS
1x1kg | D048
1x2.5kg | D020
1x5kg | D020V



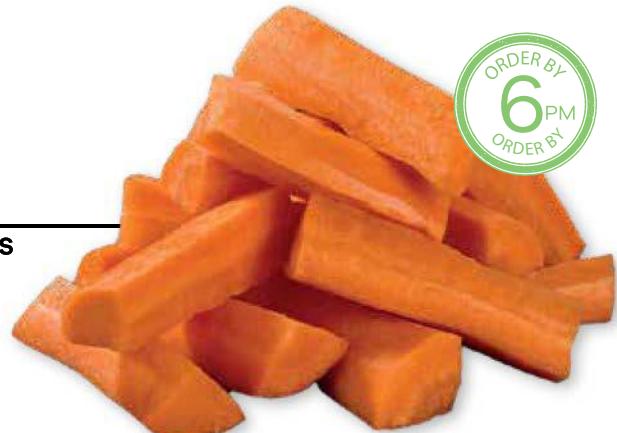
CHUNKY CARROTS
1x5kg | D025V



BATON CARROTS
1x2.5kg | D024
1x5kg | D024V



QUARTERED CARROTS
1x5kg | D0221V



PEELED WHOLE CARROTS
1x2.5kg | D018
1x5kg | D018V



CARROTS ALBERT
10mm
1x5kg | D0222V





**1/2 LONG SLICED CARROTS
TOPPED & TAILED
120 - 140mm
1x5kg | D033V**



**CHUNKY ROAST
VEG MIX**
Carrots, Swede, Parsnips
1x5kg | D096V

CARROT & SWEDE MIX
1x2.5kg | D027
1x5kg | D027V



**DICED BUTTERNUT
SQUASH**
1x1kg | D057



**HAND CUT BUTTERNUT
SQUASH**
1x1kg | D079



BATON SWEDE
1x2.5kg | D094
1x5kg | D036V

Tasty **Butternut Squash**



Prepared Vegetables - McClures

PREPARED SLICED PARSNIP
1MM
1x5kg | D0391



ORDER BY
6PM
ORDER BY

DICED SWEDE
1x2.5kg | D030



ORDER BY
6PM
ORDER BY

BATON PARSNIPS
1x2.5kg | D036
1x5kg | D036V



ORDER BY
6PM
ORDER BY

DICED PARSNIPS
1x2.5kg | D044V



WHOLE PARSNIPS
1x5kg | D035V



ORDER BY
6PM
ORDER BY

QUARTER PARSNIPS
1x1kg | D0390
1x5kg | D037V



ORDER BY
6PM
ORDER BY

SLICED BEETROOT 1MM
1x5kg | D0392



ORDER BY
12PM
ORDER BY

GRATED BEETROOT
1x1kg | D0662
1x5kg | D0664



ORDER BY
12PM
ORDER BY

DICED BEETROOT
1x1kg | D072



Save time in your
Kitchen



Prepared Onions

Make cooking easier with our freshly prepared onions—perfect for sauce bases, tarts, soups, and more. No peeling, no chopping—just convenience and great flavour!



ORDER BY
12 PM
ORDER BY



SLICED LEEKS
1x1kg | D0541
1x5kg | D054V

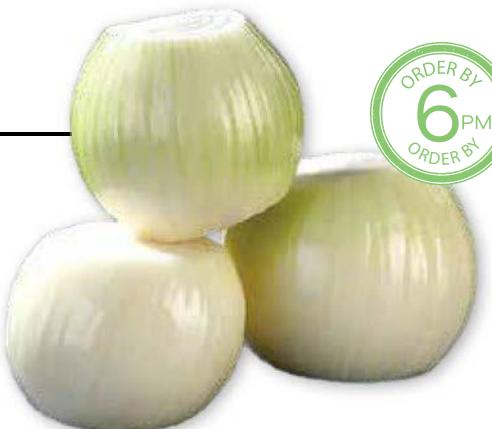
ORDER BY
6 PM
ORDER BY



ORDER BY
6 PM
ORDER BY



WHOLE WHITE ONIONS
1x5kg | D047V



SLICED WHITE ONIONS
1x2.5kg | D040
1x5kg | D040V

ORDER BY
6 PM
ORDER BY

ORDER BY
12 PM
ORDER BY



DICED ONIONS
1x1kg | D093
1x5kg | D041V



ORDER BY
6 PM
ORDER BY

BANANA SHALLOTS
1x5kg | D0413V



ORDER BY
6 PM
ORDER BY

ORDER BY
6 PM
ORDER BY



WHOLE RED ONIONS
1x2.5kg | D0403

SLICED RED ONIONS
1x1kg | D0402
1x5kg | D0402V

ORDER BY
6 PM
ORDER BY

DICED RED ONION
1x1kg | D104V



Prepared Cauliflower, Broccoli & Cabbage

Conveniently prepared cauliflower, broccoli and cabbage —ready to use for effortless cooking and fresh, delicious meals.





SHREDDED WHITE CABBAGE

1x1kg | D046

1x5kg | D045



SHREDDED RED CABBAGE

1x1kg | D056

1x5kg | D057V



SHREDDED SAVOY CABBAGE

1x1kg | D102V

1x5kg | D055V



BROCCOLI FLORETS

1x1kg | D0812

1x5kg | D062V



CAULIFLOWER FLORETS

1x5kg | D039V

Prepared Veg Mixes

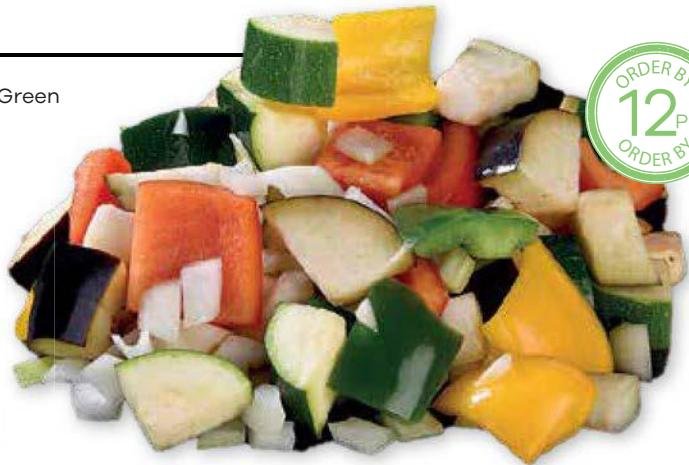
Designed for busy kitchens, our expertly prepared mixes offer chefs consistent quality and convenience, allowing you to create exceptional dishes with ease and precision.





RATATOUILLE MIX

Aubergine, Red Peppers, Green Peppers, Yellow Peppers, Courgette, Onion
1x1kg | D028
1x5kg | D028V



STIR FRY MIX

Bean Sprouts, Grated Carrot, Sliced White Onion, Sliced Mixed Peppers, Sliced Leeks, Sliced Pak Choi
1x1kg | D066



SOUP MIX

Carrots, Swede, Leeks
1x2.5kg | D059
1x5kg | D059V



CASSEROLE MIX

Carrots, Swede, Onion, Leeks
1x1kg | D0661



WINTER SOUP MIX

Carrot, Swede, Leeks, Butternut Squash
1x5kg | D061V



MEDITERRANEAN ROASTING VEG

Red peppers, yellow peppers, green peppers, red onion, courgette
1x1kg | D089
1x5kg | D089V

Prepared Coleslaw

Make prep effortless with our range of fresh, high-quality coleslaw mixes—saving you time while delivering great taste and consistency in every serving. Simply add your mayo or any sauce of your choice for a quick, fresh, and delicious mix.



COLESLAW MIX

Shredded White Cabbage, Grated Carrot
 1x1kg | D051
 1x5kg | D051V

**RED COLESLAW MIX**

Shredded Red Cabbage, Grated Carrot
 1x1kg | D063

ASIAN SLAW MIX

Sliced Red Onion, Grated Carrot, Fine Sliced Pak Choi, Fine Diced Red Chilli, Ginger
 1x1kg | D100
 1x5kg | D100V

**ASIAN SLAW MIX -****NO ONION**

Grated Carrot, Fine Sliced Pak Choi, Fine Diced Red Chilli, Ginger
 1x1kg | D105

**BEETROOT SLAW**

Shredded Red Beetroot, Shredded Golden Beetroot, Red Cabbage
 1x1kg | D080



DICED PEPPERS
1x2.5kg | D0641



SLICED PEPPERS
1x2.5kg | D064



PREPARED SLICED COURGETTE
1x5kg | D093V



PREPARED SLICED FENNEL
1x5kg | D091V



SLICED MUSHROOM
1x5kg | D092V





Customer Service

Mon - Fri: 8am - Midnight
Saturdays: 8am - Midday
Sundays: 5pm - Midnight

Cash & Carry

Mon - Fri: 8am - 4pm
Saturdays: 8am - Midday
Sundays: 8am - Midday

Get in Touch

 015394 42636
 sales@wmclure.co.uk
 wmclure.co.uk

Follow us for
news and offers    @wmclures

All products subject to availability while stocks last. All prices and information correct at time of going to press but subject to change. While we strive to provide accurate product information, we strongly advise all customers to double-check food labels and specifications before serving. Due to ongoing uncertainty, prices and availability may be more susceptible to change than usual.

Online prices may vary from those in store. In certain circumstances it may be necessary to withdraw products without prior notice.