



LAKELAND  
FRESH

CUMBRIAN PREPARED VEGETABLES



Mcclures

Delivering the finest food for over 75 years

Prepared  
**Vegetables**



# McClures

## Welcome to the McClures Family!

Founded in 1945 by Bill McClure, who began by selling Morecambe Bay shrimps from a hand cart, we are now a thriving business based in Windermere. With over 150 employees, 30 vehicles, and 4,000 product lines, we proudly serve 1,200 customers throughout the region.

Our product range has something for everyone, from budget-friendly options to premium selections all offering great value for money.



## Contact us...



015394 42636



[sales@wmclure.co.uk](mailto:sales@wmclure.co.uk)



[wmclure.co.uk](http://wmclure.co.uk)



@wmclures

### Customer Service

Mon - Fri: 8am - Midnight  
Saturdays: 8am - Midday  
Sundays: 5pm - Midnight

### Cash & Carry

Mon - Fri: 8am - 4pm  
Saturdays: 8am - Midday  
Sundays: 8am - Midday

All products subject to availability while stocks last. All prices and information correct at time of going to press but subject to change. While we strive to provide accurate product information, we strongly advise all customers to double-check food labels and specifications before serving. Due to ongoing uncertainty, prices and availability may be more susceptible to change than usual.



Certificate Number 24252

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## Next-Day Delivery? Don't Miss the Cut-Off Time!

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Our prep range is made fresh to order, so to make sure it's ready and delivered next day, please place your order before the cut-off times listed on each product. We don't hold stock — everything's prepared just for you, so getting your order in on time helps us keep things fresh and reliable.

**Click on the  
image of the  
products to  
shop now !**





# Fresh, Quality Produce You Can Rely On

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Our Prep Brochure is filled with time-saving solutions, including freshly prepared vegetables and mixes, helping chefs cut down on prep time without sacrificing quality. Perfect for busy kitchens, our range ensures consistency, reduces waste, and keeps service running smoothly.







# Prepared Potatoes

Freshly prepped and ready to go—our range of prep potatoes saves time without compromising on quality.







**PARISIENNE POTATOES**  
1x2.5kg | D010



**DICED POTATOES 15mm**  
1x2.5kg | D004  
1x5kg | D004V



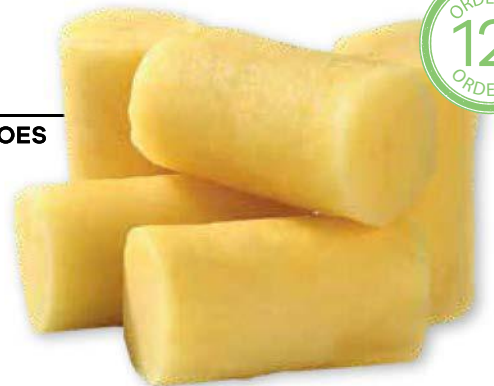
**SLICED POTATOES**  
4mm  
1x2.5kg | D005  
1x5kg | D005V



**PARMENTIER POTATOES**  
20mm  
1X1kg | D025



**POTATOES LONG THINLY SLICED**  
1x5kg | D043V



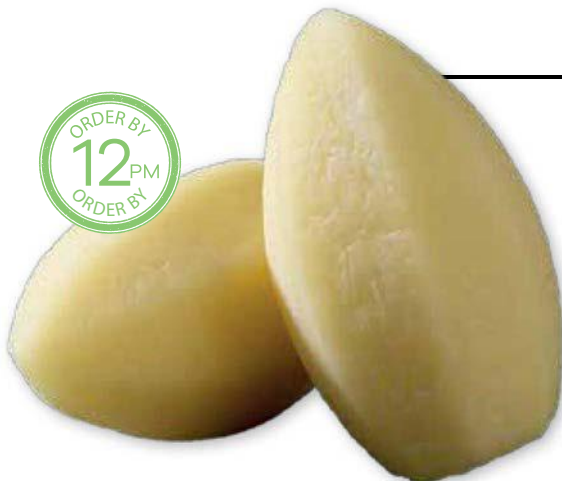
**CANNON POTATOES**  
80 x 40mm  
each | D015V



**ROUND POTATO FONDANT**  
65mm x 30mm  
each | D021V



**GRATED POTATOES**  
1x1kg | D0663



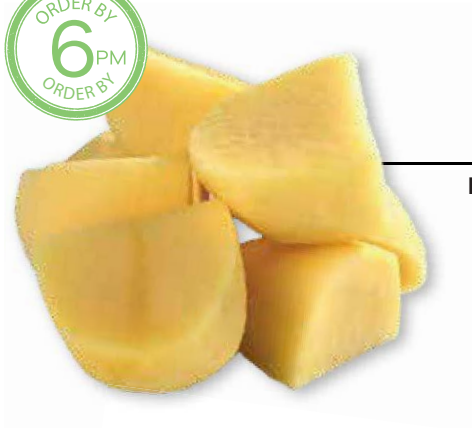
**POMME CHATEAU POTATOES**  
each | D011V



**GRATED RED SKIN POTATO**  
1x5kg | D042V

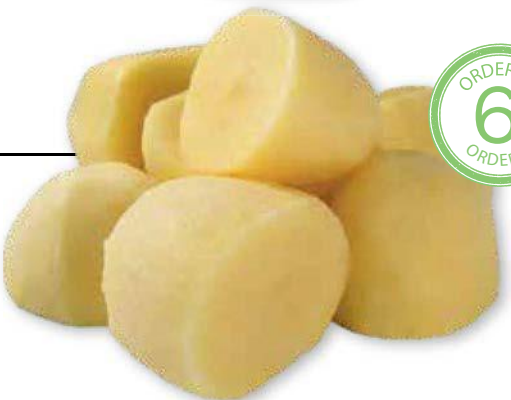


Prepared Vegetables - McClures



**PEELED POTATOES  
MEDIUM CUT**  
1x5kg | D086V

**PEELED POTATOES**  
1x2.5kg | D002  
1x5kg | D002V



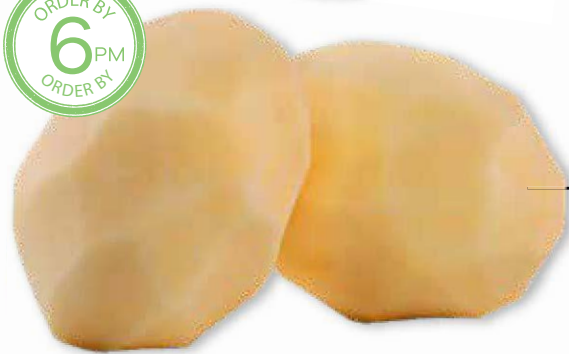
**PEELED 1/2 CUT  
POTATOES**  
1x5kg | D087V



**PEELED RED SKIN  
POTATOES 5KG**  
1x5kg | D007V



**BABY ROAST POTATOES**  
1x5kg | D001V



**PEELED UNCLE DAVIDS**  
1x5kg | D076  
(SEASONAL)



**GRATED SWEET  
POTATO**  
1x1kg | D009V



**PEELED SWEET  
POTATOES**  
1x2.5kg | D088



**HANDCUT DICED SWEET  
POTATOES 50mm**  
1x1kg | D085



**DICED SWEET  
POTATOES**  
1x1kg | D003



# Perfect Roast Potatoes





# Prepared Chips

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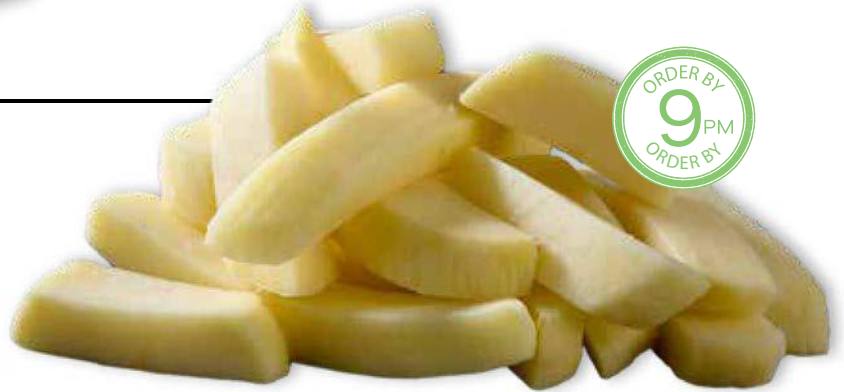
Freshly prepared and full of flavour—our chips are cut in-house to save you time in the kitchen while delivering the perfect balance of crispness and fluffiness. A true classic, ready to serve and enjoy.







**15MM MACHINE CUT  
CHIPS**  
1x5kg | D003V



**MACHINE CUT  
20MM CHIPS**  
1x2.5kg | D086  
1x5kg | D058



**SHOESTRING FRIES**  
1x5kg | D088V



**GEORGE & DRAGON  
CHIPS**  
1x5kg | D071



**JENGA CHIPS**  
1x5kg | D006



# Prepared Root Veg

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Save time in your kitchen with freshly prepared root vegetables—perfect for sides, stews, roasts, and more!







**GRATED CARROTS**  
1x2.5kg | D052



**DICED CARROTS**  
1x2.5kg | D022  
1x5kg | D022V



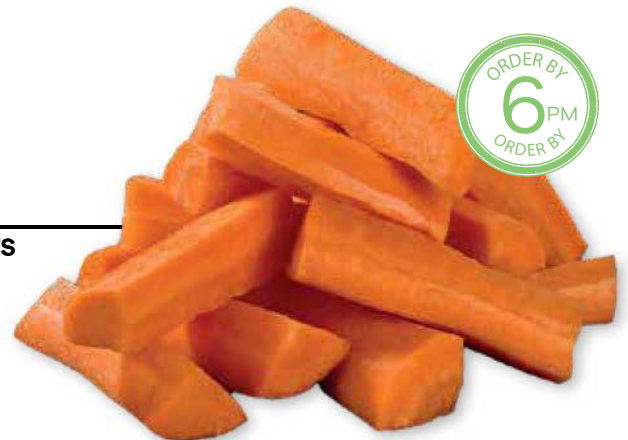
**SLICED CARROTS**  
1x1kg | D048  
1x2.5kg | D020  
1x5kg | D020V



**CHUNKY CARROTS**  
1x5kg | D025V



**BATON CARROTS**  
1x2.5kg | D024  
1x5kg | D024V



**QUARTERED CARROTS**  
1x5kg | D0221V



**PEELED WHOLE CARROTS**  
1x2.5kg | D018  
1x5kg | D018V



**CARROTS ALBERT 10mm**  
1x5kg | D0222V





**1/2 LONG SLICED CARROTS  
TOPPED & TAILED**  
120 - 140mm  
1x5kg | D033V



**CHUNKY ROAST  
VEG MIX**  
Carrots, Swede, Parsnips  
1x5kg | D096V



**CARROT & SWEDE MIX**  
1x2.5kg | D027  
1x5kg | D027V



**DICED BUTTERNUT  
SQUASH**  
1x1kg | D057



**HAND CUT BUTTERNUT  
SQUASH**  
1x1kg | D079



**BATON SWEDE**  
1x2.5kg | D094  
1x5kg | D036V



# Tasty **Butternut Squash**

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Prepared Vegetables - McClures

**PREPARED SLICED PARSNIP**  
1MM  
1x5kg | D0391



**DICED SWEDE**  
1x2.5kg | D030



**BATON PARSNIPS**  
1x2.5kg | D036  
1x5kg | D036V



**DICED PARSNIPS**  
1x2.5kg | D044V



**WHOLE PARSNIPS**  
1x5kg | D035V



**QUARTER PARSNIPS**  
1x1kg | D0390  
1x5kg | D037V



**SLICED BEETROOT 1MM**  
1x5kg | D0392



**GRATED BEETROOT**  
1x1kg | D0662  
1x5kg | D0664



**DICED BEETROOT**  
1x1kg | D072



Save time in your  
**Kitchen**





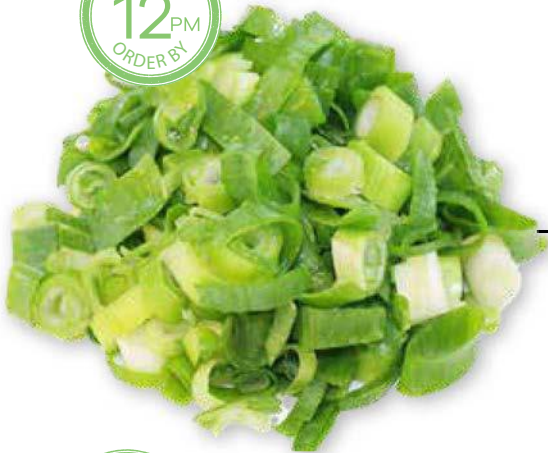
# Prepared Onions

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Make cooking easier with our freshly prepared onions—perfect for sauce bases, tarts, soups, and more. No peeling, no chopping—just convenience and great flavour!



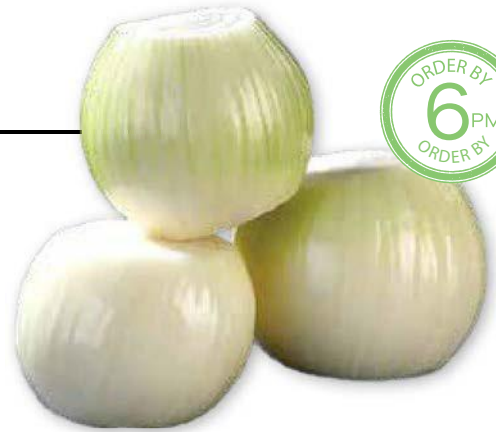




**SLICED LEEKS**  
1x1kg | D0541  
1x5kg | D054V



**SPRING ONIONS**  
Bag | D058V



**WHOLE WHITE ONIONS**  
1x5kg | D047V



**SLICED WHITE ONIONS**  
1x2.5kg | D040  
1x5kg | D040V



**DICED ONIONS**  
1x1kg | D093  
1x5kg | D041V



**BANANA SHALLOTS**  
1x5kg | D0413V



**WHOLE RED ONIONS**  
1x2.5kg | D0403



**SLICED RED ONIONS**  
1x1kg | D0402  
1x5kg | D0402V



**DICED RED ONION**  
1x1kg | D104V



# Prepared Cauliflower, Broccoli & Cabbage

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Conveniently prepared cauliflower, broccoli and cabbage —ready to use for effortless cooking and fresh, delicious meals.







**SHREDDED WHITE CABBAGE**

1x1kg | **D046**

1x5kg | **D045**



**SHREDDED RED CABBAGE**

1x1kg | **D056**

1x5kg | **D057V**



**SHREDDED SAVOY CABBAGE**

1x1kg | **D102V**

1x5kg | **D055V**



**BROCCOLI FLORETS**

1x1kg | **D0812**

1x5kg | **D062V**



**CAULIFLOWER FLORETS**

1x5kg | **D039V**



# Prepared Veg Mixes

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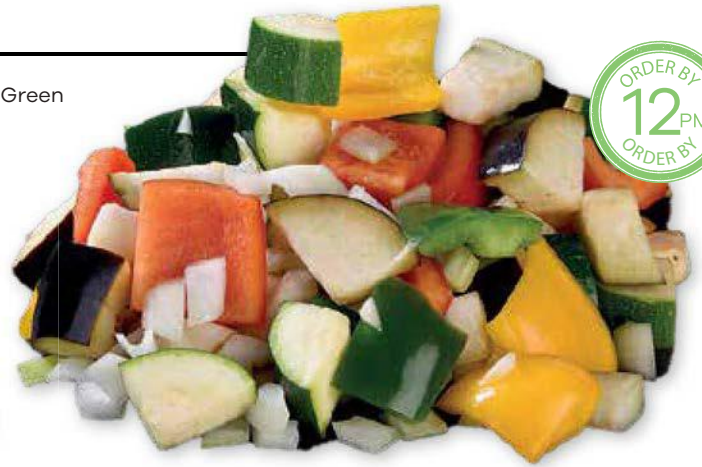
Designed for busy kitchens, our expertly prepared mixes offer chefs consistent quality and convenience, allowing you to create exceptional dishes with ease and precision.





**RATATOUILLE MIX**

Aubergine, Red Peppers, Green Peppers, Yellow Peppers, Courgette, Onion  
1x1kg | **D028**  
1x5kg | **D028V**



**STIR FRY MIX**

Bean Sprouts, Grated Carrot, Sliced White Onion, Sliced Mixed Peppers, Sliced Leeks, Sliced Pak Choi  
1x1kg | **D066**



**SOUP MIX**

Carrots, Swede, Leeks  
1x2.5kg | **D059**  
1x5kg | **D059V**



**CASSEROLE MIX**

Carrots, Swede, Onion, Leeks  
1x1kg | **D0661**



**WINTER SOUP MIX**

Carrot, Swede, Leeks, Butternut Squash  
1x5kg | **D061V**



**MEDITERRANEAN ROASTING VEG**

Red peppers, yellow peppers, green peppers, red onion, courgette  
1x1kg | **D089**  
1x5kg | **D089V**



# Prepared Coleslaw

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Make prep effortless with our range of fresh, high-quality coleslaw mixes—saving you time while delivering great taste and consistency in every serving. Simply add your mayo or any sauce of your choice for a quick, fresh, and delicious mix.





**COLESLAW MIX**

Shredded White Cabbage, Grated

Carrot

1x1kg | **D051**

1x5kg | **D051V**



**RED COLESLAW MIX**

Shredded Red Cabbage, Grated Carrot

1x1kg | **D063**

**ASIAN SLAW MIX**

Sliced Red Onion, Grated Carrot, Fine Sliced

Pak Choi, Fine Diced Red Chilli, Ginger

1x1kg | **D100**

1x5kg | **D100V**



**ASIAN SLAW MIX - NO ONION**

Grated Carrot, Fine Sliced Pak Choi,

Fine Diced Red Chilli, Ginger

1x1kg | **D105**



**BEETROOT SLAW**

Shredded Red Beetroot, Shredded

Golden Beetroot, Red Cabbage

1x1kg | **D080**



DICED PEPPERS  
1x2.5kg | D0641



SLICED PEPPERS  
1x2.5kg | D064

PREPARED SLICED COURGETTE  
1x5kg | D093V



PREPARED SLICED FENNEL  
1x5kg | D091V

SLICED MUSHROOM  
1x5kg | D092V











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### Get in Touch



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Online prices may vary from those in store. In certain circumstances it may be necessary to withdraw products without prior notice.