

DIVISION 2 WEST CENTRAL



SEASON 2025/26



SOUTH GOWER

VS



PENCOED

SAT 14 FEB | PWLLDU LANE | 2:30PM KO



PRINCIPAL SPONSOR



MATCH SPONSOR

# CHAIRMAN'S WELCOME

Croeso i Pwlldu Lane.

I hope you've treated your loved ones to the best gift there is - a day out at the rugby! Hopefully it'll be a dry one (I won't push it in asking for the sun!), full of some running rugby, in what's sure to be a fiercely fought game.

A warm welcome to all the travelling supporters joining us this afternoon from Penceod RFC, a club with whom we share close links. Our incredible volunteer Bomber - who is on gate duty for the final time today - has many friends at the club, and our own club steward, Alexis Jones, hails from the town. Hopefully her head isn't quite as sore as it was after the away fixture!

The club has been busier than ever recently, hosting Swansea Schoolboys, West Swansea Hawks Girls, alongside our regular fixtures. A huge thank you to Kevin Painter for staying on top of the maintenance during what feels like a never-ending deluge. It's remarkable how much rugby we've managed to get played.

It wouldn't be Welsh rugby without a mention of the Six Nations. It was a tough start for the boys at Twickenham, but now more than ever they need our backing, despite the ongoing turmoil surrounding the game in Wales. The club still has a number of tickets available, with tickets for tomorrow's match now being offered at reduced prices, so please get in touch if you'd like to attend.

I hope you enjoy a romantic drink on the touchline today and back the boys in black.

**Diolch all**

*Ben Davies*

Chairman





**SOUTH  
GOWER**



**#ONECLUB**

**#UPPASEAHORSE**

# MATCH SPONSOR



MEDDYGFA

# BRYNTEG

SURGERY



[BRYNTEGSURGERY.WALES.NHS.UK](https://bryntegsurgery.wales.nhs.uk)



SOUTH  
GOWER

# THANK YOU BOMBER



**After three decades of service to South Gower RFC we say thank you and farewell to John 'Bomber' Jenkins, one of our most ardent and longest-serving volunteers.**

Over the years, 'Bomber' has been involved in so many ways and has been a loyal servant to South Gower RFC, first as a player and then as a volunteer.

Volunteers like Bomber underpin every community rugby club across the country and we are very fortunate to have people like him keep our club ticking over.

Diolch yn fawr Bomber, for everything you have done. It is greatly appreciated by our members, both past and present.

If you'd like to hear more about Bomber's remarkable time with South Gower RFC you can [read his story on our website](#) written by the man himself.



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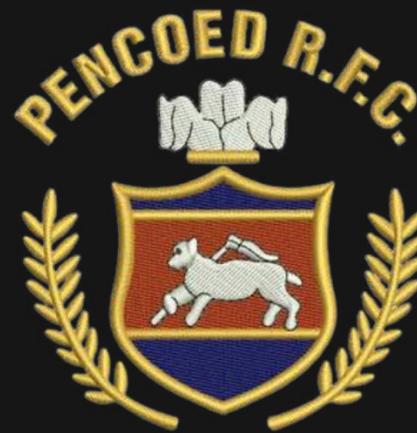
# TEAMSHEETS



1. Harry Brown
2. Morgan Israel
3. Laurence Hyde
4. George Moore
5. Dan Gibbon
6. Jake Newington
7. Fraser Deer (C)
8. James Tune
9. Tom Greenwood (VC)
10. Olly Heinrich
11. Sam Davies
12. Angus Morris
13. Sam Court
14. James Wild
15. Josh Jones

## **Substitutes**

16. Leo Woollacott
  17. Kaesh Vigneswaran
  18. Scott Bennett
  19. Aiden Ellard
  20. Lewis Price
- TR. Noah Williamson  
TR. George Matthews



1. Connor Davies
2. Morgan Richards
3. Dylan Bishop
4. Connor Jones (C)
5. Lewis Bowen
6. Jake Hall
7. Harry Roberts
8. Tom Geere
9. Cai Harries
10. Rhys Clarke
11. Elliot Frewen
12. Gavin Henson
13. Harri Pascoe
14. Rhys Anthony
15. Jack Bevan

## **Substitutes from**

- Paul Hicks  
Callum Duckett  
Aaron Songhurst  
Dom Hurley  
Tom Cross  
Llyw Gibbons

Referee: Brian Powell

# FIXTURES AND RESULTS

## THIS WEEK'S OTHER LEAGUE FIXTURES

Sat 14 Feb 2026	KO: 14:30
<b>BIRCHGROVE RFC</b>	
<b>ABERAVON HARLEQUINS RFC</b>	
Sat 14 Feb 2026	KO: 14:30
<b>BRYNAMMAN RFC</b>	
<b>MUMBLES RFC</b>	
Sat 14 Feb 2026	KO: 14:30
<b>BRYNCETHIN RFC</b>	
<b>NEATH ATHLETIC RFC</b>	
Sat 14 Feb 2026	KO: 14:30
<b>PORTHCAWL RFC</b>	
<b>MORRISTON RFC</b>	

## PREVIOUS RESULTS - 31.1.26

Sat 31 Jan 2026	KO: 14:30
<b>ABERAVON HARLEQUINS RFC</b>	<b>P</b>
<b>SOUTH GOWER RFC</b>	<b>P</b>
Sat 31 Jan 2026	KO: 14:30
<b>MORRISTON RFC</b>	<b>P</b>
<b>BRYNCETHIN RFC</b>	<b>P</b>
Sat 31 Jan 2026	KO: 14:30
<b>MUMBLES RFC</b>	<b>18</b>
<b>PORTHCAWL RFC</b>	<b>19</b>
Sat 31 Jan 2026	KO: 14:30
<b>NEATH ATHLETIC RFC</b>	<b>P</b>
<b>BIRCHGROVE RFC</b>	<b>P</b>
Sat 31 Jan 2026	KO: 14:30
<b>PENCOED RFC</b>	<b>P</b>
<b>BRYNAMMAN RFC</b>	<b>P</b>



## ADMIRAL DIVISION 2 WEST CENTRAL FIXTURES

# 2025/26



# FIXTURES

**FEBRUARY**

**14 | PENCOED**

**28 | BRYNAMMAN**

**MARCH**

**21 | BRYNAMMAN**

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Home  
Away



# ADMIRAL DIVISION 2 WEST CENTRAL TABLE

Pos	Team	Pl	Pts
1	 Neath Athletic RFC	12	48
2	 Pencoed RFC	13	40
3	 Aberavon Harlequins RFC	8	37
4	 Porthcawl RFC	12	34
5	 South Gower RFC	14	33
6	 Birchgrove RFC	10	19
7	 Morrison RFC	10	18
8	 Mumbles RFC	14	18
9	 Brynamman RFC	9	17
10	 Bryncethin RFC	14	16

For the full and up-to-date table  
visit our website:

**[www.southgowerrfc.com](http://www.southgowerrfc.com)**



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# STATISTICS

## APPEARANCES



C Hylkema

BLINDSIDE FLANKER

14



F Deer

BLINDSIDE FLANKER

14



J Tune

OPENSIDE FLANKER

13

## MOST POINTS



S Williamson

FLY HALF

48



A Morris

47



S Davies

LEFT WING

47

## MOST TRIES



E Weatherley

OUTSIDE CENTRE

6



S Davies

LEFT WING

3



G Wintle

FULL BACK

2

17

PLAYED

9

WON

0

DRAWN

8

LOST



## AVERAGE POINTS:

17.9

FOR

17.9

AGAINST

# MEET THE PLAYERS



**Age:** 28

**Job:** Whatever is required of me  
**Favourite Rugby Moment:** Any moment when walking onto the pitch down the Lane.

**Rugby Hero:** Ross Greenwood

**Favourite Food:** I like Tuna Father Jack, I won't lie to you.

**Best Away Ground:** Tonna

**Pre-Match Food:** Pastaaa

**Pre-Match Song:** Unwritten, Natasha Bedingfield

**Drink:** The finest lager on offer

## GUSSY MORRIS

### OUTSIDE HALF

#UPPASEAHORSE



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# LAST TIME AT HOME

## SOUTH GOWER 3- 8 NEATH ATHLETIC



# SOUTH GOWER



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# VOLUNTEER SPOTLIGHT



## VOLUNTEER SPOTLIGHT JOHN 'BOMBER' JENKINS

### INTERESTING FACT

I ONCE DID THE NEW YORK MARATHON FOR A WONDERFUL CHARITY, GETKIDSGOING. I STILL HAVE THE RECORD TIME FOR THE CHARITY, EVEN THOUGH 40,000 HAVE NOW DONE SO. IT'S THE SLOWEST EVER. IT IS STILL THE RECORD FOR THE MOST PUBS AND MCDONALDS VISITED!



### CURRENT ROLE

MATCHDAY VOLUNTEER / STEWARD

### RUGBY HERO

GRAHAM PRICE MBE. I USED TO DO CHARITY WORK FOR THE IRB KIT AID PROJECT, SO I HAVE MET HIM MANY TIMES. GREAT BLOKE.



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GOWER

# VOLUNTEER SPOTLIGHT

## FAVOURITE PAST GOWER PLAYER

DAI WINTLE. HE USED TO CHARGE IN FROM FULL-BACK TO RUCKS AND WIN  
TURNOVERS BACK IN THE 1980S. HE WAS 30 YEARS AHEAD OF HIS TIME.  
INCREDIBLE TALENT.



## FAVOURITE CURRENT GOWER PLAYER

SAM COURT, AS HIS FATHER PAYS £10  
AT THE GATE!

## WHY SOUTH GOWER?

'YOU CAN CHECK OUT BUT YOU CAN NEVER LEAVE'

## FAVOURITE GOWER MOMENT

ALL THE FRIENDS I'VE MADE AT THE CLUB FAR EXCEED ANYTHING  
THAT HAS HAPPENED OVER THE COURSE OF 80 MINUTES.



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# VOLUNTEER SPOTLIGHT

## WORST HABIT

GETTING SENT OFF ... AGAIN ... AND AGAIN.  
ACTUALLY, GETTING CAUGHT IS MY WORST  
HABIT.

GO TO DRINK  
GUINNESS

DESCRIBE SOUTH GOWER IN 3 WORDS  
WALES' BEST WELCOME



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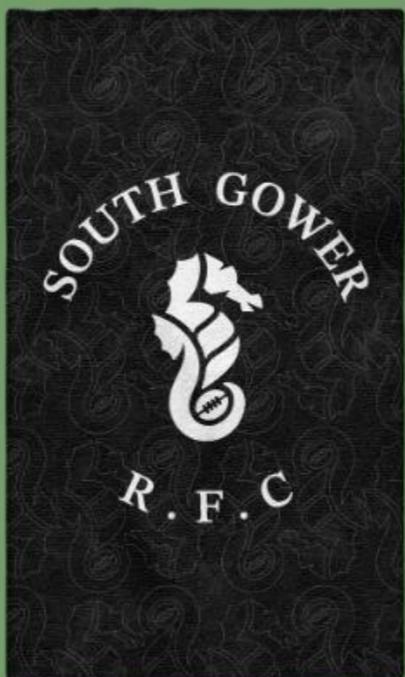


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# SOUTH GOWER RFC CLUB SHOP



**Closes Monday 2 March**



Get set for summer with the South Gower RFC club shop!

Fan favourites are back including the **Bucket Hat**, **Basketball Jersey**, and the infamous **Budgies** 🐣 - plus a special one-off retro jersey you won't want to miss.

For those attending Junior Tour, you'll also be able to purchase a 2026 Tour **T-shirt** and **Polo shirt**.

Check out the full range here:

[🔗 https://southgowerrfc.sumupstore.com/page/club-shop](https://southgowerrfc.sumupstore.com/page/club-shop)

🕒 Order window closes at 10am on Monday 2nd March

📦 Delivery expected w/c 13th April, so order now to make sure you're kitted out in time for Summer and Junior Tour.

If you're ordering for a group or a whole team, please contact **Ben Davies** on **07772 184544**

# INTERNATIONAL TICKETS AVAILABLE

We have following tickets available for  
Wales' 6 Nations HOME matches



Wales v France - 15/02

- 8 x £50\*
- 12 x £55\*
- 4 x £60\*



Wales v Scotland - 21/02

- 9 x £45\*
- 8 x £80\*
- 13 x £95\*



Wales v Italy - 14/03

- 10 x £95\*
- 8 x £110\*



(\*Under 18s are half price)

If you are interested please message our  
club secretary John Haslam directly on

**07557996724**



# U16s Fundraising For Final Junior Tour

**Thanks  
For  
Your  
Support**

*U16's are cycling 500 miles  
The distance from Swansea to Scotland*

*Feb the 14th 2025*

*At the Seniors Home Game v Pencoed*

All donations welcome



## **HELP OUR U16S RAISE MONEY FOR THEIR FINAL TOUR**

At the First XV's home game against Pencoed RFC this Saturday our U16s are cycling 500 miles - the distance from Swansea to Scotland - in aid of their final Junior tour.

They are looking to raise as much as possible, so if you are able to donate please transfer to the following bank details:

South Gower RFC

SC: 403324

AC: 61415662

Reference: U16s & Player's Name

**From all of our U16s thank you so much for your support!!!**



# JUNIOR FIXTURES



## 13 FEBRUARY

U14s v Porthcawl (A)

## 15 FEBRUARY

U7s v Morriston (A)

U8s v Morriston (A)

U9s v Morriston (A)

U16s v Tonmawr (H) 10KO



## SOUTH GOWER

# JUNIOR SPOTLIGHT

## INTRODUCING OUR U15S



It is a pleasure to introduce you to the **South Gower Under 15s** squad. They are coached by Andrew Burns, Simon Perry, Lee Davies and John Webb and managed by Andrew Hinds.

The team is having a fantastic season and has put in some fantastic performances so far. They are also becoming a fantastic asset to the club with regular social activities taking place.

We are always looking for new players, so if your child would like to join our team, please contact team manager Andy on 07764 413304



**SOUTH  
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# SOUTH GOWER RFC JUNIOR SECTION



## SEAHORSE SQUAD

TRAINING: FRIDAYS, 5.00PM - 6.00PM

U3S - U5S ... JESS REWBRIDGE ... 07799715463

## MINIS

TRAINING: WEDNESDAYS, 6.00PM - 7.00PM

U6S ... BEN DAVIES ... 07772184544

U7S ... CORINNE ACHILLEOS ... 07949512258

U8S ... LAURA GILL ... 07939405242

U9S ... SARAH O'NEIL ... 07946376393

U10S ... JP CRONJE ... 07946 204032

U11S ... JAMIE TAYLOR ... 07989 550548

## JUNIORS

TRAINING: WEDNESDAYS, 7.30PM - 8.30PM

U12S ... CORINNE ACHILLEOS ... 07949512258

U13S ... CATH SILVEY ... 07894434548

U14S ... RHIAN MILLAR ... 07834459824

TRAINING: THURSDAYS, 6.00PM - 7.30PM

U15S ... ANDY HINDS ... 07764413304

U16S ... CHRIS HEALINGS ... 07980109789

JUNIOR CHAIRMAN ... JOHNATHAN LEWIS ... 07854424309



# GIRLS RUGBY AT SOUTH GOWER



On Sunday 8<sup>th</sup> February we were delighted to host West Swansea Hawks for their game against Ogwr Hawks, with the Swansea West Hawks featuring our very own Tarynn Perry from the U11s.

After a great afternoon which saw the Swansea Hawks win 22-15 we hope we can host the Swansea West Hawks again in the future.



# OSPREYS U18S REGIONAL AGE GRADE CHAMPIONS



Huge congratulations to our Youth lads Josh Drew, Ross Rossi, Evan Jones and Luke Fender, and all their Ospreys Rugby U18s teammates, on being crowned Regional Age Grade Champions 2026.

What an outstanding achievement!

Well done lads



**SOUTH  
GOWER**

# REPRESENTATIVE HONOURS 2025/26



**OSPREYS**

*Ospreys  
Regional Age Grade*

***Evan Jones  
Luke Fender  
Ross Rossi  
Josh Drew***



**SCARLETS**

*Scarlets  
Regional Age Grade*

***Sam Cawsey  
Hudson Nevin***



*Bristol Bears  
Regional Age Grade*

***Noah Williams  
William Moore***



*Gloucester Academy  
Regional Age Grade*

***Tommy Davies***



*Wales Under 20s*

***Noah Williams  
Hudson Nevin  
Evan Morris***



*England Under 18s*

***William Moore***



*Welsh Under 18s Touch Rugby*

***Noah Williamson***

# REPLAY

KEEPING KIT  
IN PLAY FOR  
LONGER



## OUR CLUB COMMITS TO:



Reduce waste by rethinking what we do with old sports kit and equipment.



Encourage our members to Replay their pre-loved gear through Loopeto.



Inspire players, families and communities to join the circular movement.



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Not sure what to do with your child's old sports kit? Or want new kit without paying full price for something they'll outgrow in no time?

Now, thanks to the \*West Wales Sports Partnerships' Replay Campaign\*, you can donate, sell, or buy pre-loved sports kit using \*Loopeto\*, a circular resale platform for sports kit and equipment (like Vinted but for sports gear).

Simply sign up at [loopeto.com](https://loopeto.com) or download the app, and upload your items individually or connect directly with our club store to pass on good-quality kit to someone who needs it.

For help on how to get started with Loopeto check out this short 'How to Guide' - [bit.ly/loopeto-guide](https://bit.ly/loopeto-guide)

# CHARITY OF THE YEAR



## OSPREYS IN THE COMMUNITY

We are pleased to announce that Ospreys in the Community is our **charity of the year**.

Ospreys in the Community is a fantastic organisation working hard to improve the health and well-being of our communities.

We are proud to be sponsoring them in their fundraising efforts and look forward to collaborating on some special events throughout the year.





**PLEASE  
DRIVE  
CAREFULLY**

## **A REMINDER TO EVERYONE TRAVELLING TO AND FROM THE CLUB**

When travelling to and from the club, please drive carefully and no faster than 15mph to avoid harming any people or animals who may be in the lane or residents trying to leave their homes.

If travelling by foot and walking dogs please be vigilant to ensure they do not access neighbouring fields and cause distress to livestock. If appropriate, remind members of the wider public as well.

Please do not park in front of the gate that opens onto the Clubhouse pitch. This gate is used in emergencies to allow ambulance access to the pitches and should not be blocked at any time.

**Thank you for your cooperation**



**SOUTH  
GOWER**



# SOUTH GOWER

# #UPPASEAHORSE



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