

# Welcome to Northern Threads Magazine

Our Northern Stories Woven Together

Est. 2025



## Reflections From The Editor



Sometimes, as I sit at my desk, the memories of my youth don't just whisper; they roar.

It's a strange thing, isn't it? Memories, even the best ones, can be heavy. They bring a cocktail of emotions, happiness, a bit of sadness, and that deep, aching sense of longing for times that have long since slipped through our fingers.

I grew up in a part of the world that many of my friends today would call "desolate." They'd look at the map and see a patch of green and grey and call it uninhabitable. But for me? That place is a sweet spot. It's a sanctuary in my mind that I visit whenever the world gets too loud.

Let's take a drive. If you were to head north from North Bay on Highway 11 for about six hours, you'd eventually pass a town sign. But here's the catch: there is no town. The sign says Lowther.

If you look to your right, all you see is an empty field. But in my mind, in my artist's eye, that field is alive. I can still see the streets. I can see the kids running toward the park, the neighborhood baseball games, the groups of us walking to Brownies or Guides, and the tiny faces at the nursery school. It wasn't just a "military community." It was a heartbeat in the middle of the bush.

In that empty field, my memories turn sweet. It's funny how the mind works. I don't remember the hardships first; I remember the smell of citronella candles and the crackle of summer bonfires. I remember the winter air, that specific, cold, dry Northern air that still tickles my nostrils if I think back hard enough.

Some of my most treasured friendships were forged right there, in the rough wilderness of the Northern landscape. We weren't just neighbors; we were a tribe. We were connected by the isolation, by the beauty of the trees, and by the sheer resilience it takes to thrive where the sun sets early and the snow piles high.

Now, drive another 5km up the highway toward Hearst. Stop. Look to your left.

This is where I lived.

You can't see the houses now. They've long since been moved off-site, scattered to other towns or dismantled. But this was home. This was Tran-

sCanada Pipeline Station 92.

My father worked there, and we were part of a very specific, very proud culture. We even had a slogan. It's the kind of thing no one today would understand, but we wore it like a badge of honor on our baseball t-shirts at company meets: "We're NUT Sure!"

It was an inside joke, and I suppose that joke dies a little more every time one of us passes away. But back then? It meant we belonged.

Life at Station 92 and Lowther wasn't about convenience. It was about community.

I think about the company curling bonspiels that brought everyone together, regardless of the weather. I think about the long, grueling hours spent on charter buses, traveling to Thunder Bay or New Liskeard just to play a game or meet other families. We spent half our lives on those highways, traveling to school or work, but something beautiful was born in those long miles.

There was a quiet, stubborn resilience that grew deep within us.

We weren't just "living in the North." We were the lifeblood of it. There was a connection to the small towns around us that transcends years, hardships, and the separate paths we all eventually took. It's a vein that runs through all of us, keeping us tied together through shared stories and common experiences.

Never does this connection ring truer than when you hear of the passing of a friend.

You might not have spoken in decades. You might only know what they've been up to because of a stray social media post. But when that news hits, it hits hard. That invisible thread pulls tight. Today, I learned of the death of a young man who spent time with his family on CFS Lowther. He was considerably younger than I was, a boy when I was already finding my way as a young adult. I saw the news on his brother's social media. My mother is still in touch with his, though they aren't exactly "social media mavens."

When I read the update, it struck me right in the chest.

His brother had posted a photo from our days at the base. Suddenly, I wasn't at my desk anymore. I was 16 again, at my sister's wedding, and I could see Scotty dancing. He was full of life, a part of that community fabric that made us who we are.

I don't know the circumstances, and in many ways, it doesn't matter. What matters is that a family is missing someone. I know that feeling, the raw, hollow emotion of losing someone far too young.

But as I read the comments on that post, I saw something familiar. I saw the names of people from the North. I saw the outpouring of love from people who haven't lived in Lowther for thirty years. It hit me just how much our time there still connects us. Even without daily, weekly, or even yearly communication, we are still a part of one

another.

**I have to admit, I worry sometimes.**

I look at the youth of today, and I wonder if they will have these types of connections to carry into their adult years. I'm fearful they won't. In a world of digital noise, are we building the kind of foundations that can withstand decades of silence?

At Northern Threads Magazine, we talk a lot about being the "thread" that connects our communities. This isn't just a catchphrase for us; it's a mission and right now, we are working hard to create opportunities for our Northern youth to connect. We want to give them the chance to build their own "Lowther" or "Station 92", to find that sense of belonging that carries you through the storms of life. As adults, it is our responsibility to give them these opportunities. We owe them the chance to build a foundation as solid as the ones we grew up with.

Life in the North was never all roses. There were rough times, lean winters, and the sheer exhaustion of living so far from everything.

But you never felt alone. I see it everytime I go back.

I can stop at a grocery store in Hearst and run into an old friend like Louise Laflamme without any planning at all. I can walk into a Tim Hortons and have five people I knew from grade school greet me with smiles, hugs, and, most precious, memories of years gone by.

I can walk around the towns I once called home and hear the voices of the past. They are joyful voices, reminiscing about baseball games or cross-country runs.

These places and these people are a part of me. Some I see more than others, but the memories are solid. They are the foundation of who I am. They are why I try so hard to be the thread that connects people in my life now.

It is fitting that the keyword at my wedding, the one that brought my wife and me together, was connection.

That connection is vital. It's what keeps us upright when the world tries to knock us down. It's what brings us back to an empty field in Lowther and makes it feel like home again.

If you have a story about your Northern roots or want to get involved with our youth mentorship programs, please reach out to us. We'd love to hear your voice.

### ***A Note of Remembrance:***

This month, I am remembering the life of Scott Jamison. My thoughts and prayers are with his family, his friends, and all those who were lucky enough to know him. May his memory be a blessing, and may the threads that connect us all remain strong.

Cherish All of your memories and make more connections,

**Karrie O'Connor, Editor**

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## The Yellow and Blue Streak: Inside the Return of the Northlander

by KARRIE O'CONNOR



Hear that whistle? It is the sound of a comeback story over a decade in the making! If you have lived in Northern Ontario for a while, you know exactly what we are talking about. The iconic yellow and blue colors of the Ontario Northland Railway are officially back on the tracks, and the buzz in North Bay is absolutely electric.

Testing has officially kicked off, and we are getting an inside look at what the future of Northern travel looks like. Grab a coffee and get comfortable: we are diving deep into the return of the Northlander.

### The Heartbeat of the North is Restarting

For many of us, the cancellation of the Northlander in 2012 felt like a personal loss. It wasn't just a train; it was our connection to family, specialized healthcare, and the big city lights of Toronto. For fourteen years, we relied on highways that could be unpredictable in a Northern winter.

But the wait is almost over! By late 2026, the Toronto–Timmins rail line will be fully operational, reconnecting our communities with a level of comfort and reliability we haven't seen in a generation.

### Testing, Testing... 1, 2, 3!

Right now, the action is centered in North Bay. If you have been near the tracks lately, you might have caught a glimpse of the new Siemens Venture trainsets. These aren't your grandfather's rail cars. They are sleek, modern, and built specifically to handle our rugged environment.

The testing phase is intensive. We are talking about "burn-in" testing, where the trains run for over 1,600 kilometers to simulate real-world conditions. The engineers are checking everything:

- How the cars handle the curves of the Canadian Shield.
- The responsiveness of the safety systems.
- How the climate control holds up against our "spring" weather (which we all know is just winter with more mud).
- The accessibility features to ensure every Northerner can ride with ease

It is a massive undertaking, but seeing those yellow and blue streaks flying past the North Bay station proves that the dream is finally becoming a reality.

### What Does the New Northlander Look Like?

You might be wondering what to expect when you finally step on board in late 2026. These new trainsets are designed with the modern traveler in mind. Think of it as "Quiet Luxury" for the rails: practical, comfortable, and seriously stylish.

Each train set features 169 seats, and they aren't the cramped seats you find on a discount airline. We are talking about spacious, ergonomic seating with plenty of legroom. Here is a quick breakdown of what is coming:

1. Full Accessibility: Level boarding, spacious aisles, and accessible washrooms.
2. Tech-Ready: High-speed Wi-Fi and power outlets at every seat so you can stay connected (or catch up on the latest from Northern Threads Magazine).
3. The View: Large windows designed to showcase the stunning landscapes of Northern Ontario.
4. On-Board Service: A selection of snacks and beverages to make those long hauls feel like a breeze.

### Reconnecting the 16 Stops

The Northlander isn't just a straight shot from Toronto to Timmins. It is a lifeline for 16 different stops along the 740-kilometer route. Whether you are heading to Cochrane for a connection or coming down from Temagami for a weekend in the city, this line is built for you.

Reconnecting these communities means more than just a ride. It means students can get home for the holidays without braving a blizzard on Highway 11. It means seniors can get to medical appointments in Toronto without the stress of city driving. It means businesses in our downtown cores will see a boost from tourism and increased foot traffic.

### The Price of Progress

Let's talk numbers. We know that affordability is

a huge concern for everyone right now. Current estimates suggest that fares will be roughly 10% above standard bus rates. For example, a ticket from Toronto to Timmins or Cochrane is expected to hover around \$188.

While that is a bit more than the bus, the trade-off in comfort, speed, and the ability to work or relax while you travel is massive. Plus, there will be discounts available for seniors, students, and those traveling for medical reasons. It is all about making the North accessible to everyone.

### Why Nostalgia Matters

There is something deeply nostalgic about rail travel in the North. It reminds us of a time when the world moved a little slower, and the journey was just as important as the destination. Seeing the return of the Northlander feels like reclaiming a piece of our identity.

We have heard stories from readers about their first trips on the old Northlander: meeting future spouses in the dining car, children pressed against the glass looking for moose, and the feeling of relief when the train finally pulled into a snowy station at midnight.

By bringing back this service, we aren't just building infrastructure; we are building new memories for the next generation. If you have a story about the old Northlander you'd like to share, contact us! We would love to feature your memories in a future issue.

### Looking Ahead to Late 2026

We still have a bit of a wait before the official grand opening, but the progress in North Bay is the strongest sign yet that we are on the right track. The investment of over \$500 million into these new trains and the infrastructure shows a real commitment to the people of the North.

In the meantime, keep your eyes on the tracks! The testing will continue throughout the year, and each pass of the train brings us one step closer to a more connected Northern Ontario.

### How You Can Get Involved

Are you as excited as we are? Here is how you can stay in the loop:

- Follow the Progress: Check back here for regular updates on the testing phases.
- Plan Your Trip: Start thinking about where you want to go first when the line opens in late 2026.
- Share the News: Tell your friends and family! The more support this line has, the stronger our Northern transit network will become.

The return of the Northlander is a victory for every person who calls the North home. It is a testament to our resilience and our refusal to be left behind.

So, here is to the yellow and blue streak: may it run long and proud through our forests and towns for years to come!

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### Built by the North: Celebrating Award-Winning Indigenous Housing

by KARRIE O'CONNOR



Thunder Bay was buzzing last week, and for all the right reasons!

The energy in the room at the recent First Nations Housing Awards was absolutely electric. We aren't just talking about a standard awards gala with stiff suits and long speeches. This was a celebration of survival, innovation, and the deep-rooted talent that lives right here in Northern Ontario.

For too long, the conversation around housing in the North has been about what's missing. But if you look at the projects being honored this year, the story is shifting. It's no longer just about "making do." It's about leading the way.

From Fort Albany to Iskwetwizaagegan #39, Indigenous communities are proving that they have the blueprints for the future of Northern living. And honestly?

The rest of the world should be taking notes.

#### More Than Just Four Walls

When we talk about "housing," it's easy to get bogged down in the technical stuff: insulation R-values, square footage, and lumber costs. But in our neck of the woods, a house is so much more than a structure. It's a shield against a -40°C wind. It's a space for traditions to be passed down. It's the foundation of a healthy community.

The projects recognized in Thunder Bay this year didn't just win because they look good (though, trust us, they look incredible). They won because they were designed with heart. They were built by the North, for the North.

Take a look at what's happening in Fort Albany, for example.

#### A Sanctuary in the Muskeg: Fort Albany's Women's Shelter

One of the most emotional highlights of the night was the recognition of Fort Albany's new women's shelter. If you've ever been up to the James Bay coast, you know the landscape is as beautiful as it is challenging.

Building anything there requires a massive amount of logistics. But building a place of healing? That requires vision.

This shelter isn't just a building; it's a lifeline. It was designed to provide safety and support in a way that feels like home, not an institution. The architects and community leaders worked together to ensure the space felt culturally grounded. It's a place where women and children can find peace and the resources they need to move forward.

The award recognized the project's commitment to community-led design. It proves that when we build for our most vulnerable, we strengthen the entire community.

#### Timber and Tradition: Iskwetwizaagegan #39

Further west, Iskwetwizaagegan #39 (Shoal Lake #39) is making waves with their energy-efficient timber homes.

Have you ever walked into a house and just felt like it belonged in the forest? That's the vibe here. These homes aren't just eco-friendly; they are a masterclass in utilizing local resources.

By using energy-efficient timber construction, these homes are designed to withstand the brutal Northern Ontario winters while keeping heating costs low. Let's



be real: we all know how much a hydro bill can hurt in January. By prioritizing energy efficiency, the community is ensuring that families can live comfortably without the financial stress that often comes with Northern living.

The coolest part? These projects create local jobs. From the harvesting of the wood to the final nail, these houses are a product of local hands and local pride.

#### Why This Matters for You

You might be wondering, "That's great, Karrie, but why is Northern Threads Magazine focusing on this?" Because this is our future.

Whether you're living in a dorm in Sudbury, a flat in North Bay, or a cabin in the bush, the way we build impacts our environment and our economy. These award-winning projects are the "blueprints" we've been waiting for. They show that we don't need to look to Toronto or Vancouver for design inspiration. We have the expertise right here.

We're seeing a shift toward sustainable, culturally relevant architecture that respects the land. And for the younger generation: our "Frequency X" crowd: this is a massive opportunity.

#### The Next Generation of Builders

If you're under 20 and living in the North, look at these projects. They represent a booming industry where you can make a real difference. We need more Indigenous architects, more Northern engineers, and more skilled tradespeople who understand the unique challenges of our geography.

This is exactly why we're launching our new youth-led section. We want to hear from the young people who see these buildings going up in their communities. What does "home" mean to you? How do you want to see your community grow?

Working with our established team of mentors here at Northern Threads, you can learn how to cover these stories, connect with other youth across the North, and make sure your voice is part of this building boom.

#### The Blueprint for the Future

So, what's next?

The First Nations Housing Awards aren't just a one-off event. They are a signal that the North is reclaiming its narrative. We are moving away from "temporary" solutions and toward permanent, high-quality, beautiful spaces that reflect who we are.

These homes in Fort Albany and Iskwetwizaagegan #39 are just the beginning. Across Northern Ontario, more and more communities are looking at how they can use energy-efficient technology and local materials to solve the housing crisis.

It's about sovereignty. It's about health. And honestly, it's about style. Who says a sustainable, energy-efficient home can't be the most stylish house on the block?

#### Join the Conversation

We want to hear from you! Have you seen an amazing new building in your community? Do you know someone who's working on a cool housing project?

Or maybe you have thoughts on how we can make Northern living more affordable and sustainable?

Don't be shy: reach out! We are always open, and we're looking for contributors who want to dive deep into these social topics.

Whether you're an aspiring writer, a photographer, or just someone with a strong opinion, Northern Threads Magazine is your platform. Let's keep celebrating the people and the projects that make the North the best place to live and thrive.

#### Quick Tips for a "Built by the North" Lifestyle

Even if you aren't building a timber mansion tomorrow, you can still take some inspiration from these award-winning designs:

- 1. Think Local:** When you're decorating or doing small repairs, look for local materials and makers. It supports the economy and fits the Northern vibe

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## The Northern Chuckle

by GILLIAN HEBERT @StudioGillian  
Artwork By Gillian Hebert

If you've ever locked eyes with a piece of machinery and thought, "we're really doing this today, huh?". Then this one's for you.

I made this comic after one of those classic work moments where the printer decided it had free will, refused to cooperate, and communicated only in cryptic error codes. As someone who worked in print for a few years, I'd like to think I understand the basics of these machines... but every now and then, they remind me who's really in charge.

This comic is a little love letter (and a tiny rant) dedicated to the unpredictable, paper-jamming, error-message generating chaos that keeps my new job... interesting.

That said, somewhere between the frustration and the trial-and-error, there was also something really satisfying about figuring it all out. Learning the process of printing, getting into the rhythm of it, and finally seeing the whole job through to the end felt like a quiet little victory.

Enjoy my little rendition of the more stressful part of my work day and may your print jobs go through on the first try.



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perfectly

- Efficiency is Key:** Small changes to your home's energy efficiency can make a big difference. Check your window seals before the first frost!
- Community First:** These housing projects succeeded because the community was involved from day one. Reach out to your neighbors, stay informed about local developments, and show up for community meetings.

The North is rising, one timber beam at a time. Let's keep building something great together!

*Stay inspired, stay warm, and keep thriving.*

### UPCOMING EVENTS

#### NOJHL Championship Finals: Sudbury Cubs vs. Timmins Rock

**When:** April 16 – 29, 2026

**Where:** Gerry McCrory Countryside Sports Complex (Sudbury) & McIntyre Arena (Timmins)

#### National Canadian Film Day Screenings

**When:** Wednesday, April 15, 2026

**Where:** Sudbury Indie Cinema, Sudbury

#### Algoma University GLISME Music Auditions

**When:** Saturday, April 25, 2026

**Where:** Algoma University, Sault Ste. Marie

#### National Youth Week: Kick-Off & Art Showcase

**When:** May 1 – 7, 2026

**Where:** Various locations, Thunder Bay (Kick-off at Thunder Bay Art Gallery)

#### Woof Fest 2026

**When:** Saturday, May 2, 2026

**Where:** Grace Hartman Amphitheatre, Sudbury

#### Quest: Tech & Gaming STEAM Festival

**When:** May 9 – 10, 2026

**Where:** Fort William Gardens & Curling Club, Thunder Bay

#### “Calling the Rock Home” – Play Premiere

**When:** May 12 & 14, 2026

**Where:** Sault Community Theatre Centre, Sault Ste. Marie

#### The Traveling Milburys – Tribute to The Traveling Wilburys

**When:** Friday, May 8, 2026

**Where:** Timmins

#### 14th Annual Nordik Wado Kai Karate Tournament

**Where:** Hearst

**When:** April 18:

*A regional staple for martial arts fans.*

## New Wings for the Wild: Gearing Up for the 2026 Fire Season

### by KARRIE O'CONNOR



The smell of spring in Northern Ontario is usually a mix of wet cedar, melting slush, and that first hint of sun-warmed pine. But for those who live and work in the Boreal, mid-April brings a different kind of tension.

Fire season is officially here.

We all remember the hazy skies of years past. The orange suns. The smell of woodsmoke drifting into our bedrooms at night. It's part of life in the North, but in 2026, the game is changing.

Ontario is putting its money where the smoke is. We're talking about a massive \$500 million investment in our wildland fire program.

It's about new wings. New faces. And a brand-new approach to keeping our communities safe.

#### The Half-Billion Dollar Upgrade

Let's talk numbers. \$500 million is a staggering amount of money, but when you're protecting millions of hectares of forest, every cent counts.

The centerpiece of this investment? A fresh fleet of state-of-the-art waterbombers.

If you've ever lived near a lake in North Bay, Dryden, or Timmins, you know the sound. That deep, guttural roar as a yellow-and-red plane skims the surface of the water, scoops up thousands of liters, and thunders back into the sky.

#### It's the sound of help arriving.

These new planes: specifically the next generation of De Havilland DHC-515s: are built right here in Canada. They are faster. They carry more weight. They can drop water with surgical precision.

By the time the heat hits its peak in July, these “Wings for the Wild” will be stationed across our northern hubs, ready to strike before a small lightning strike turns into a runaway monster.

#### Meet the New Frontline: Youth on the Rise

It isn't just about the machines. It's about the people on the ground.

This year, there is a massive push to bring fresh energy into the Ministry of Natural Resources and Forestry (MNR) crews. We aren't just talking about summer jobs for college kids. We're talking about long-term careers.

Our new Frequency X section is all about this. We want the youth of the North to see themselves in these roles.

This season, hundreds of new recruits are finishing their training camps. They've been practicing hose lays, digging fire lines, and learning the rhythm of the forest.

#### The best part? They aren't doing it alone.

The province has established a mentorship program that pairs these “green” recruits with veteran Fire Rangers who have decades of experience. It's a passing of the torch.

- Learn the industry from the legends.
- Connect with other youth from across the North.
- Get paid to protect the land you love

If you're under 20 and looking for a way to make your mark, this is it. You aren't just a number; you're the first line of defense for your own backyard.

#### Why the Urgency? The 2026 Outlook

You've probably noticed the winter was... weird.

Less snow in some pockets. Higher-than-average temperatures in others. While we're currently dealing with the “Spring Freshet” (that lovely time when our basements might flood), the experts are looking three months ahead.

The ground is drying out faster than we'd like.

Early-season wildfire risk is already trending “above normal” for several regions in the North. Lightning strikes are the primary concern, but human-caused fires are still a massive factor.

That's why the \$500 million investment includes better tech for spotting fires before they even break the canopy. We're seeing more AI-driven mapping and drone surveillance being deployed out of regional centers like Sudbury and Thunder Bay.

We're getting smarter. We're getting faster. We have to.

#### Protecting Your “Northern Thread”

While the pilots and the ground crews are doing their part, there is a lot you can do at home. Whether you're living in a bungalow in Elliot Lake or a cabin on the shores of Lake Superior, your property is part of the forest ecosystem.

Here is your “Spring Refresh” checklist for fire safety. Do these now, before the blackflies get too thick (*Con't On Page 6*)



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to breathe:

1. **Clear the Gutter Slush:** Clean out those dead leaves and pine needles that collected over the winter. One spark is all it takes.
2. **The 10-Metre Rule:** Keep your woodpiles and flammable materials at least 10 metres away from your home.
3. **Limb Up:** Trim the lower branches of the trees on your property. This stops a ground fire from climbing into the treetops.
4. **The “Go Bag”:** Make sure you have an emergency kit ready. Documents, meds, and enough supplies for 72 hours.

### Community Resilience: The Northern Way

There is something unique about how Northern Ontarians handle a crisis.

When the smoke rolls in, we don’t just close the windows. We check on the neighbor who lives alone. We offer a spot on the couch to friends who have been evacuated.

This 2026 season is about reinforcing that resilience. The investment in waterbombers is great. The new recruits are vital. But the strength of the North has always been its people.

We are a community built on the edge of the wild. We respect the fire, but we don’t let it define us.

### How to Stay Informed

In a fast-moving fire season, information is your most valuable tool.

Don’t rely on rumors from the local coffee shop. Stay tuned to official channels and keep an eye on our News for updates on local conditions.

We’ll be featuring interviews with pilots, ground crews, and the engineers who are keeping those “New Wings” in the air.

### A Message for the Youth: Join the Crew

If you’re reading this and thinking, “I want to be on that plane,” or “I want to be on that fire line,” reach out.

The industry is hungry for talent. They need people who understand the land. People who aren’t afraid of a little mud and a lot of hard work.

You’ll work with an established team of mentors. You’ll learn how the industry actually works: from logistics to aviation to environmental science.

And most importantly, you’ll connect with other youth across the North who have an interest in being heard and making a difference.

This is your forest. This is your future.

### Final Thoughts

The 2026 fire season will be a test. It always is.

But with \$500 million in new equipment, a fresh generation of brave firefighters, and a community that knows how to stand together, we’re ready.

## Closure in Elliot Lake: A Decade-Long Journey to Justice

by KARRIE O’CONNOR



Elliot Lake is a place that knows a thing or two about standing tall! If you’ve spent any time in our corner of Northern Ontario, you know that resilience isn’t just a buzzword here: it’s a way of life. Today, Wednesday, April 15, 2026, we are finally seeing the sun peek through the clouds on a legal journey that has spanned over a decade.

We’re talking about closure. Real, hard-earned closure.

Last week, on April 10, a judge officially put the stamp of approval on a \$10 million settlement for the victims of the 2012 mall collapse. For the families who have been waiting for this day for fourteen years, it’s about so much more than the money. It’s about acknowledgment. It’s about justice. And most importantly, it’s about finally being able to turn the page.

### A Community That Never Gave Up

Let’s take a second to look back, even though it’s tough. When the roof of the Algo Centre Mall gave way in 2012, it didn’t just break concrete and steel. It shook the very heart of Elliot Lake. In a small town, a mall isn’t just a place to shop; it’s where you meet your neighbors for coffee, where you grab your groceries, and where you see the faces that make your community feel like home.

Since that day, the people of Elliot Lake have been navigating a maze of legal proceedings, inquiries, and headlines. But through it all, you stayed loud. You stayed united. And that is exactly why we are standing here today with a settled case.

### Breaking Down the \$10 Million Settlement

You might be wondering what a “decade-long journey to justice” actually looks like on paper. It’s complicated, but we’re here to break it down for you in plain English.

Initially, the class action lawsuit was aiming for \$30 million. After years of negotiations and looking at the facts, the final settlement landed at a total of \$10.7 million. Here is where that money is going:

1. **\$10 Million:** This is the core settlement fund for the plaintiffs.
2. **\$700,000:** This portion is carved out specifically for legal expenses and administrative costs.
3. **The Plaintiffs:** There are roughly 300 people included in this suit. This includes residents who were injured, workers who lost their jobs overnight, and business owners who saw their livelihoods disappear in an instant.

It’s a massive relief to see these funds finally moving toward the people who need them. While no amount of money can erase the memories of 2012, it provides a foundation for people to move forward with their lives.

### Who is Paying?

One of the biggest questions on everyone’s mind in North Bay, Sudbury, and especially Elliot Lake is: Who is footing the bill?

The City of Elliot Lake is taking on the largest share of the responsibility, contributing \$3.5 million to the settlement. This is a significant moment for the city’s leadership. It’s a public admission of the role the municipality played and a commitment to making things right for its citizens.

For those of us living in the North, we know that municipal budgets are always a hot topic. But this isn’t just a line item in a ledger. This is a community taking care of its own. It’s about accountability.

### The Long Road to “The End”

Fourteen years is a long time to wait for a “yes.” Think about where you were in 2012. You might have been in elementary school, or maybe you were just starting your first job. Some of the youth involved in our new “Frequency X” section weren’t even born yet!

For the 300 plaintiffs, these fourteen years have been filled with depositions, meetings, and the constant weight of an unresolved tragedy. The legal system isn’t always fast, especially when it comes to complex cases involving multiple parties and structural failures. *(Con’t On Page 7)*

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But the persistence of the legal team and the courage of the victims kept the fire burning. This settlement represents the final legal chapter. There are no more appeals to wait for. No more “what ifs.”

The judge’s approval on April 10 was the final green light.

## Healing: The Next Chapter for Elliot Lake

So, what happens now?

Justice in a courtroom is one thing, but healing in a home is another. Elliot Lake has already shown incredible strength by rebuilding and finding new ways to thrive. The city has rebranded, focused on its beautiful natural surroundings, and continued to be a hub for retirees and young families alike who love the Northern lifestyle.

But healing is a process. This settlement allows the community to stop looking back at the tragedy of the mall and start looking forward to the future of the land and the people. It’s about reclaiming the narrative. Elliot Lake is no longer “the town where the mall collapsed.” It’s the town that stood up, fought for over a decade, and won.

## Why This Matters for All of Northern Ontario

Whether you’re reading this from Timmins, Thunder Bay, or right here in North Bay, this story matters to you. It sets a precedent for how our communities are protected. It reminds us that our voices have power, even when we’re up against big institutions or complex legal webs.

## We want to hear from you.

Did you live in Elliot Lake during the collapse?

Do you have a story of Northern resilience you want to share?

Connect with us through our email:  
[info@northernthreadsmagazine.ca](mailto:info@northernthreadsmagazine.ca).

## Looking Toward a Brighter Future

As the snow finally starts to melt (mostly!) and we head into the rest of April 2026, there’s a sense of renewal in the air. The “The Yellow and Blue Streak” is returning to the rails, new housing is being built in our First Nations communities, and now, Elliot Lake has its justice.

The North is changing. We’re getting more connected, we’re standing up for our rights, and we’re making sure that no one gets left behind.

*To the victims and families of the 2012 collapse: We see you. We honor your journey. And we celebrate this moment of peace with you.*

## The April Refresh: ‘Quiet Luxury’ Meets Northern Practicality

by KARRIE O’CONNOR

Welcome to April in Northern Ontario!

It is that specific time of year where the sun starts to feel warm on your face, but the ground is doing everything in its power to ruin your shoes. We call it “The Great Thaw,” but let’s be honest: it’s mostly just mud, slush, and that legendary “North Bay Puddle” that looks like a small pond but is actually deep enough to swallow a compact car.

You want to look good. You’re ready to shed the heavy parkas and the “I’m just trying to survive a blizzard” vibe. But how do you stay fashion-forward when you’re navigating a Sudbury sidewalk that’s currently 40% ice and 60% mystery slush?

The answer is the biggest trend of 2026: *Quiet Luxury*.

But we’re doing it the Northern way. We’re talking about “Quiet Luxury” meets Northern Practicality. It’s about looking expensive while being completely prepared for a sudden April downpour or a muddy walk to the local coffee shop.

### What Exactly Is ‘Quiet Luxury’?

If you haven’t been scrolling through the fashion feeds lately, “Quiet Luxury” is all about understated elegance. Think high-quality materials, neutral colors, and absolutely zero loud logos. It’s the “if you know, you know” style.

In 2026, the world is moving away from fast fashion. People want pieces that last. In the North, we’ve always valued things that last: mostly because if they don’t, we end up freezing!

Quiet Luxury is perfect for us because it prioritizes function and fabric over flashiness. It’s about investing in a coat that keeps the wind out but looks tailored, or a sweater that’s soft enough for a cozy night in but sharp enough for a business meeting in Timmins.

### Navigating the Mud: The Practical Footwear Pivot

Let’s talk about the biggest challenge first: your feet. You cannot pull off the “Quiet Luxury” aesthetic if you’re soaking wet or slipping on a patch of black ice.

The 2026 refresh is all about the Elevated Utility Boot. Forget the chunky, bright yellow rain boots of the past. To hit that luxury vibe, you want sleek, matte finishes in earthy tones like olive, chocolate brown, or charcoal. Look for Canadian-made brands that specialize in waterproof leathers.

### Pro-tip for the Northern Practicality side:

Look for a boot with a heavy tread. You want a sole that can handle the slush of a grocery store parking lot without making you look like you’re ready to go deep-sea fishing. When you pair a high-end waterproof boot with tailored trousers, you’re hitting that perfect balance of “I have my life together” and “I can hike the Laurentian Escarpment if I need to.”

## The Art of the Layer: Canadian-Made Essentials

April in Northern Ontario is the season of “Is it 2 degrees or 15 degrees?” You might experience four seasons in a single afternoon. This is where layering becomes your best friend.

Quiet Luxury thrives on textures. Instead of a bulky puffer, think about these layers:

- The Merino Wool Base: It’s breathable, moisture-wicking, and looks incredibly high-end.
- The Waxed Cotton Jacket: This is a Northern staple. It’s water-resistant, durable, and develops a beautiful patina over time. It screams “quiet wealth” without needing a brand name on the chest.
- The Cashmere Scarf: Keep it in a neutral tone like sand or slate. It’s the easiest way to elevate a simple outfit while keeping that spring breeze from hitting your neck.

### Why This Matters for the North

At Northern Threads Magazine, we believe fashion isn’t just about looking at a runway in Milan. It’s about how we live our lives in places like Sault Ste. Marie, Kenora, and Thunder Bay.

We live in a rugged environment. Our clothes have to work as hard as we do. The “Quiet Luxury” trend is a celebration of that durability. It’s a shift toward buying less but buying better. When you choose a well-made, Canadian-made wool coat over a cheap synthetic one, you’re supporting our economy and the environment. Plus, you’ll still be wearing it five years from now.

### Youth Voice: Frequency X and Mentorship

Speaking of the future, we have some huge news!

As part of our April refresh, we are officially launching Frequency X. This is a brand-new section of the magazine written by the youth of the North for the youth of the North.

We know the under-20 crowd in Northern Ontario is thriving. You are artists, activists, and innovators. Frequency X is your mic. We’ll be featuring articles on youth initiatives, art, culture, and the social topics that actually matter to you.

This is a massive opportunity for you! If you have an interest in fashion, journalism, or digital media, Frequency X lets you:

- Work with mentors: You’ll get to collaborate with our established team of editors and creators at Northern Threads Magazine.
- Learn the industry: Get a behind-the-scenes look at how a professional publication works.
- Connect with the North: Meet other youth from across the region who want to be heard.

Whether you want to write about the best thrift finds in North Bay or the social issues affecting your community, we want to hear from you.

### The April Color Palette: Inspired by Our Landscape

To really master the “Quiet Luxury” look this month, take a look out your window. The Northern landscape *(Con’t On Page 8)*

# Welcome to Northern Threads Magazine

Our Northern Stories Woven Together

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in April is actually beautiful if you look past the mud.

Think about the colors of the Shield:

1. **Granite Grey:** A perfect neutral for trousers or blazers.
2. **Deep Pine:** For your outerwear and accessories.
3. **Washed Navy:** Like the sky right before a spring storm.
4. **Cream and Oatmeal:** The colors of the remaining snow patches (before they get dirty!).

By sticking to these tones, your wardrobe will feel cohesive and timeless. You won't have to worry about things going out of style next year. You are building a "Northern Capsule" that works for your life.

## Safety First: The Spring Freshet

While we're talking about being practical, we have to mention the water. The spring freshet is no joke this year. We're seeing high-water alerts across Sudbury and North Bay, and states of emergency in Central Manitoulin.

Looking good is great, but staying safe is better. If you're heading out for some "geotourism" or a walk to enjoy the fresh air, stay away from fast-moving water and banks that look unstable. Your "Quiet Luxury" boots might be waterproof, but they aren't life rafts!

## How to Start Your Refresh Today

Ready to edit your closet? Here is your "Quiet Luxury" checklist for a Northern April:

1. Edit your footwear: Clean your boots. Apply a fresh coat of waterproof spray. If they're beyond repair, look for a high-quality, treaded replacement.
2. Delete the logos: Try to put together an outfit where no brands are visible. Notice how it changes the "vibe" of your look.
3. Invest in one "Hero" piece: Maybe it's a locally made knit sweater or a high-end raincoat. Make it something that will last a decade.
4. Layer intentionally: Don't just throw things on. Think about textures: smooth cotton against rougher wool.

## Join the Conversation

We want to see your "Northern Practical" looks! How are you styling your spring refresh while dealing with the mud?

Tag us on social media or send us a message through our Facebook Page

Northern Ontario is a place of resilience and beauty. Our style should reflect that. It's not just about the clothes; it's about the confidence to walk through the slush and know you look: and feel: your absolute best.

Are you ready for the thaw? Let's get to work.

## Northern High-Water Alert: Navigating the 2026 Spring Freshet

by KARRIE O'CONNOR

Spring in Northern Ontario usually sounds like the return of the geese and the drip of icicles melting off the eaves. But this year, the soundtrack is a little louder. It's the roar of the rivers and the rush of the creeks.

As of today, Wednesday, April 15, 2026, we are officially in the thick of the spring freshet. While the "big thaw" is a sign that winter is finally losing its grip, it's bringing some serious challenges to our doorsteps. From Central Manitoulin to the streets of North Bay, the water is rising, and it's time for all of us to stay sharp.

At Northern Threads Magazine, we're all about living and thriving in the North. Right now, thriving means staying dry and keeping our communities safe. Here is everything you need to know about the current high-water situation and how we're handling it together.

### The Situation in Central Manitoulin

If you've been following the news today, you know that Central Manitoulin has officially declared a State of Emergency. The combination of a rapid melt and recent heavy rainfall has pushed local water systems to the brink.

Roads that were clear yesterday are underwater today. We're seeing significant washouts on secondary roads, making travel difficult for residents and emergency services. If you're on the Island, please stay tuned to local radio and check in on your neighbors.

The community spirit is already shining through, though! Local farmers have been out with their heavy equipment helping to clear debris from culverts, and volunteer sandbagging stations have popped up faster than the spring buds. It's a classic Northern response: when the water rises, we step up.

### Sudbury and North Bay: Rainfall Warnings

It's not just the Island feeling the soak. Environment Canada has maintained rainfall warnings for the Sudbury and North Bay corridors. We're looking at another 20–30mm of rain over the next 24 hours.

Why is this a big deal? Because the ground is still frozen or completely saturated. It can't soak up any more water. That means every drop of rain goes straight into our streams, rivers, and, unfortunately, some basements.

The Junction Creek area in Sudbury is being monitored closely, and in North Bay, the usual suspects like Chippewa Creek are running extremely high. If you live near these waterways, now is the time to move your valuables to higher ground.

### What Exactly is a "Freshet"?

We use this word every year, but what does it actually mean? Simply put, a freshet is the flood of a river from heavy rain or melted snow. In Northern Ontario, our freshet is a major event because of the sheer volume of snow we accumulate over the winter.

This year, the "Spring Freshet 2026" is particularly intense because we had a late-season dump of heavy, wet snow followed by an immediate heatwave and rain. It's the "perfect storm" for high water.

### Safety First: Stay Back from the Banks

We get it, the rushing water looks incredible. It's powerful and mesmerizing. But please, keep your distance!

1. **Keep Kids and Pets Away:** Riverbanks are incredibly unstable right now. The soil underneath can wash away, leaving a "shelf" of grass that looks solid but will collapse the second you step on it.
2. **Stay Off the Ice:** Any remaining ice on our lakes or rivers is "rotten." It's thin, honeycomb-like, and won't support any weight. If you see someone out on the ice, call them back.
3. **Avoid Fast-Flowing Water:** Even 15cm of fast-moving water can knock an adult off their feet. Don't try to wade through flooded areas.
4. **Watch the Roads:** If you see a "Road Closed" sign, believe it. There might be a massive sinkhole hidden under that puddle.

(Con't On Page 9)

# Welcome to Northern Threads Magazine

## Our Northern Stories Woven Together

Est. 2025

### Community Alert: Helping Each Other Out

One of the best things about living in the North is how we look out for one another. We've heard stories today of youth groups in Sudbury heading out to help seniors move furniture out of threatened basements.

If you have some free time and are physically able, check in with your local municipality or contact us to see where volunteers are needed for sandbagging.

### Protect Your Home: Quick Tips

If the water is creeping closer to your foundation, here are a few immediate steps you can take:

- **Check Your Sump Pump:** Make sure it's plugged in and actually pumping water away from the house. If you don't have a battery backup, now might be the time to look into one.
- **Clear Your Gutters:** Ensure your downspouts are clear of ice and debris so they can direct roof water at least two meters away from your walls.
- **Clear the Drains:** If there's a storm drain on your street blocked by ice or leaves, give it a quick clear to help the street water move along.
- **Document Everything:** If you do experience flooding, take photos before you start cleaning up for insurance purposes.

### The Road Ahead

When will it end? The current forecast suggests that once this rain system passes through tomorrow evening, we'll have a few days of cooler, dryer weather. This is exactly what we need to slow down the melt and give the rivers a chance to catch up.

We'll be keeping a close eye on the situation across all our northern communities.

### A Message to Our Readers

Stay safe, stay dry, and keep looking out for each other. We are a resilient bunch up here, and a little high water isn't going to dampen our spirits.

Do you have a story about how your community is handling the freshet? Or maybe some amazing photos of the rushing water (taken from a safe distance, of course!)? We'd love to hear from you. We're always looking to feature local voices in our upcoming issues.

Stay tuned for more updates as the weeks progress.

We're in this together, Northern Ontario!

## The Lion Heart Awards 2026

by KARRIE O'CONNOR

Have you ever met someone who quietly changes lives without ever asking for a thank you? You know the type. They are the ones staying late after practice, the ones offering a safe place to vent, and the ones who see potential in a kid that the rest of the world has already written off.

In the North, we call these people the backbone of our communities. We call them heroes.

And this year, we are calling them to the stage! Northern Threads Magazine is beyond thrilled to announce the official return and major revamping of the Lion Heart Awards for 2026. This isn't just an awards ceremony; it's a movement of gratitude hosted by Northern Threads Magazine.

### A Journey of Resilience: The History of Gateway to the Arts & Nick's Place For Us

To understand the heart of these awards, you have to understand where they started. Gateway to the Arts opened between the first and second pandemic lockdowns, when small businesses were struggling just to stay afloat, but the founders still pushed forward with a vision for a collaborative space rooted in mutual support and creativity. As the world reopened, they saw how deeply youth had been affected by isolation and recognized the need for something more focused. In March 2024, that vision moved from two storefronts in downtown North Bay to the Northgate Shopping Center, creating a safer, more accessible home under the name Gateway & Nick's Place.

The center was named in memory of Nicholas, the nephew of one of the founders, whose life was shaped by drugs, abuse, and abandonment from a very young age before he was tragically murdered just two blocks from the original gallery. His story inspired the work the center did and now drives the Lion Heart Awards and Northern Threads Magazines desire to support and work with youth, especially those on non-traditional life paths, by giving them a voice. While the center closed in 2025, the owner has pivoted and has kept aspects of the work alive through initiatives within the community that often include youth from the original center. They are giving opportunities for expression Nicholas never had

### What Are the Lion Heart Awards?

The Lion Heart Awards were created to shine a light on the unsung heroes who work tirelessly with youth.

Often, the people making the biggest impact are the ones who never get a headline. They aren't doing it for the glory; they're doing it for the kids. We host these awards in memory of Nicholas to acknowledge these local legends. By highlighting their contributions, we hope to inspire others to step up and show the public exactly what kind of incredible services are available in our neck of the woods. And this year? We are taking things to a whole new level!

### What's New for 2026?

We've heard your stories, and we know the talent and heart in Northern Ontario stretch far beyond city limits. That's why for 2026, the Lion Heart Awards are:

- **Open to all of Northern Ontario:** Whether you are in Sudbury, Timmins, Thunder Bay, or a small whistle-stop in between, we want to hear about your heroes.

- **Youth-Led Planning:** We've brought in the incredible youth from Frequency X to be part of the planning committee and the judging panel. This is about youth recognizing the adults (and peers) who actually make a difference in their lives.
- **Northern Threads Partnership:** We are proud to announce that every winner will receive a special prize pack and a featured profile right here in Northern Threads Magazine!

### The 2026 Award Categories

We are looking for individuals who have significantly impacted youth through education, mentorship, innovation, or well-being.

### Which category does your hero fit into?

- **Dawn Ellen Valois Memorial Award:** This is our premier general support award. It was renamed in honor of 2024 winner, the recipient should be an individual whose support of youth programming was unwavering and deeply felt by the community.
- **Educational Impact:** Do you know a teacher, tutor, or coach who goes far beyond the curriculum? This award honors those who enhance youth education and ignite a lifelong love of learning.
- **Community Leadership:** This is for the grassroots organizers. The people starting local initiatives, building parks, or creating safe spaces. They lead by example and bring the community together for the sake of our youth.
- **Mentorship Excellence:** Sometimes, all it takes is one person who believes in you. This award celebrates those who provide one-on-one guidance, support, and a steady hand to young people navigating life's challenges.
- **Innovative Programs:** The world is changing, and so are the needs of our youth. This category recognizes those who have created unique, impactful programs that solve modern problems in creative ways. Youth Leadership Award: Leadership isn't just for the older generation! This award is specifically for young leaders aged 18 to 30 (as of December 31, 2026) who are already working to support and better the lives of their peers.

### Important Dates: The 2026 Timeline

Mark your calendars! We are launching the nomination portal on June 21, which would have been Nicholas's birthday. It's a day of celebration, memory, and looking forward.

- June 20: Nomination Launch Announcement (Web links go live!)
- June 20 – July 20: Nominations are officially open.
- July 23 – August 31: Panel Judging (The Frequency X team and committee get to work)
- September 5: Recipients are officially notified.
- Ceremony of Recognition: Date TBA (Stay tuned!)

Help us find these "Lion Hearted" individuals!

**STAY TUNED FOR SPONSORSHIP INFORMATION AND NOMINATIONS TO OPEN!**

# Frequency 'X'

(launching May 2026)

## Frequency X: The New Voice of the North (By Us, For Us)



### The North is loud.

You might not hear it if you're just passing through or if you're only looking at the quiet, snow-covered postcard versions of our towns. But if you live here: if you're navigating the hallways of high schools in Sudbury, skating under the lights in North Bay, or creating digital art in a basement in Thunder Bay: you know exactly what we're talking about.

There is a hum. A buzz. A frequency that belongs entirely to those of us 12-20.

For too long, the narrative of Northern Ontario has been written by people who haven't stepped foot in a classroom in twenty years. It's been about "industry," "mining," and "the great outdoors" through a lens that feels a bit... dusty.

That ends today.

Welcome to **Frequency X**.

This isn't just a new section of Northern Threads Magazine. This is a signal boost. This is a takeover. We've carved out a space specifically for the youth of the North to speak to the youth of the North. No filters, no "adult-splaining," and no fluff.

### What is Frequency X?

Think of Frequency X as your primary source for everything happening in the 705, the 807, and every rural route in between. We wanted a name that felt like a radio signal cutting through a storm. The "X" represents the variable: it's the unknown, the next generation, and the intersection of all our different lives across this massive landscape.

We aren't just one thing. We are creators, activists, students, and explorers. We are living and thriving in a place that the rest of the province sometimes forgets exists. Frequency X is here to make sure we are impossible to ignore.

This section is 100% youth-run. That means the stories are pitched by you, written by you, and edited by your peers. If it doesn't matter to someone under 20, you won't find it here.

### Cutting Through the Static: Art & Culture

Northern Ontario has a vibe that you can't find anywhere else. It's a mix of rugged isolation and intense creative connection. Frequency X is going to be the gallery for that energy.

Are you a photographer capturing the neon lights of a Timmins winter? Are you in a band that only plays in garages because there aren't enough all-ages venues? We want to see it.

We're moving past the traditional "nature art" (though we still love a good lake view) and diving into the contemporary scene. We're talking:

- Northern Youth Scene:** What is going on in your school, your town, your life that may interest others?
- The Underground Music Scene:** Interviews with local rappers, punk bands, and bedroom pop producers from Sault Ste. Marie to Kenora.
- Digital Frontiers:** How Northern youth are using tech to connect with the global art world from small-town Ontario.

Check out our past issues to see how we've featured local news and events in the past, but expect **Frequency X** to bring a much sharper, younger edge to the conversation.

### News That Actually Impacts Your Friday Night

Most news outlets focus on city council meetings or tax rates. Let's be real: that's not what we're talking about in the Discord server.

### Frequency X is about the news that changes your daily life.

- Is that one local hangout spot getting shut down? *We'll cover it.*
- Are students in your board protesting for better mental health resources? *We're there.*
- Is there a new skate park proposal in your town? *We'll give you the details on how to back it.*

We want to highlight youth initiatives that are actually making a difference. Whether it's a youth-led climate strike or a group of teens starting a community garden, if it's happening in the North, it's on our radar.

### Social Topics: Real Talk

Growing up in the North comes with its own set of challenges and perks. It's not always easy, but it's always interesting. Frequency X is a space for social topics that matter to our demographic.

*We're going to dive into:*

- Mental Health in the North:** Navigating isolation, finding resources that actually work, and breaking the stigma in small towns.
- Identity & Belonging:** Stories from Indigenous youth, LGBTQ+ teens, and newcomers finding their feet in Northern Ontario.
- Life After Grade 12:** Do you stay? Do you go? The internal struggle of loving the North but wanting to see the world.

We believe that our voices are the most powerful tool we have. By sharing our stories, we realize we aren't as isolated as the geography might suggest

### Why You Should Care

If you're reading this and you're under 20, this is your house.

You've probably felt it before: that feeling that "noth-

ing ever happens here" or that the "real world" is somewhere else like Toronto or Ottawa. Frequency X is here to prove that the real world is exactly where you are standing.

The North is a playground for innovation. Because we don't have the same crowded infrastructure as the south, we have the space to build our own thing. We have the space to be loud. We have the space to fail and try again.

Frequency X is the hub for that energy. It's the Directory for your generation's movement.

### How to Get Involved

We aren't looking for "professional" journalists with degrees. We're looking for people with something to say.

1. Do you have a rant about the transit system in your town? Send it.
2. Did you take a sick photo of your friends at the quarry? Send it.
4. Are you worried about how climate change is affecting the bush behind your house? Write it down.

We want your raw, unfiltered perspective. This is a platform to build your portfolio, find your voice, and connect with other like-minded people across the region. It's also a great opportunity to work with an established team of mentors, learn the industry, and connect with other youth across the North who want to be heard.

### The Signal Starts Now

This is just the beginning. Frequency X will be a recurring feature, growing and evolving as we do. We aren't interested in being a "youth column" that gets tucked away in the back of the magazine. We are the signal that cuts through the noise.

Northern Ontario is changing. The "Threads" that hold us together are being re-woven by our generation. We are more connected, more aware, and more creative than ever before.

It's time to stop waiting for permission to speak. Turn up the volume. Tune in.

This is Frequency X. And we're just getting started. Want to learn more about Northern Threads?

If you're new here and want to see what we're all about before you dive into the Frequency X takeover, check out our About page. We've been documenting the culture of the North for a while, and we're stoked to finally let the younger generation take the wheel.

You can also check out our Standards to see how we keep our reporting fair and local. We're big on community, and we want to make sure Frequency X stays true to the values of Northern Ontario while pushing the boundaries of what a magazine can be.

### Get Involved

If you want to contribute to Frequency X, you can reach out to us directly at: [info@northernthreadsmagazine.ca](mailto:info@northernthreadsmagazine.ca) and we'll connect you to our amazing youth resources!