



SANCTUARY  
PAKBENG LODGE

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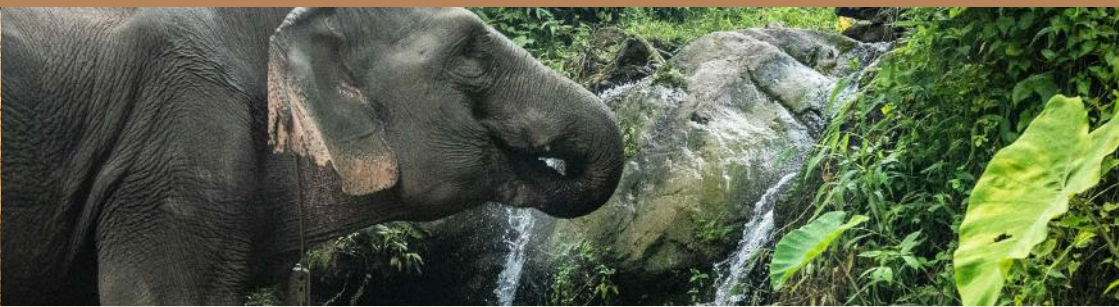
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# ACTIVITY GUIDE

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## THE MEKONG ELEPHANT PARK

A Non-riding Elephant Preservation Sanctuary

LOCATED OPPOSITE THE SANCTUARY PAKBENG LODGE, THE PARK WISHES TO ENCOURAGE TRAVELLERS TO RAISE AWARENESS TO SUPPORT THE PROTECTION OF THE ASIAN ELEPHANTS.

### ► THEIR VISION ◀

#### Preservation through ecotourism:

Their aim, through a sustainable tourism policy, is to give new life to elephants that have been exploited by the logging industry or mass tourism.

### ► ACTIVITIES AND EXCLUSIVE TOURS ◀

**Boat Transfers:** Free of charge to and from the Sanctuary Pakbeng Lodge.

**Opening Hours:** From 9am onwards.

**Bar & Restaurant** available on site.



MORNING ONLY  
FROM 9:00AM TO 1:00PM

#### Elephant Wonders

9:00 AM - 1:00 PM

65\$/Pers | 40\$/Ch

- ◆ In-depth presentation of the elephants
  - ◆ Elephant encounter in the forest
  - ◆ Walk by the elephant's side
  - ◆ Observation of the Elephant Bath and/or their Snack time
  - ◆ **Lunch (full menu)** at the restaurant of the park
- \*Inclusions: All tours are with private guide*

Ref: EPH01



FROM 9:00AM TO 4:00PM

#### Elephant Herd Day Tour

85\$/Pers | 45\$/Ch

#### MORNING

- ◆ In-depth presentation of the elephants
- ◆ Elephant encounter in the forest
- ◆ Walk by the elephant's side
- ◆ Observation of the Elephant Bath and/or their Snack time
- ◆ **Lunch (full menu)** at the Park's restaurant

#### AFTERNOON

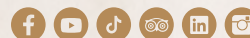
- ◆ Activity of the day
- ◆ Observing traditional craft workshops: bamboo weaving, loom weaving, blacksmith
- ◆ Elephant check-up
- ◆ Mekong Elephant Bath

*\*Inclusions: All tours are with private guide*

Ref: EPHFD

All packages and tours booked at the Sanctuary are subject to availability and upon reservation only.

Timings and Activities may vary depending on the weather conditions, or any special needs the elephants or the mahouts could require



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## TREKKING

### ■ PBL01T – Half Day Tour – 3h

#### Itinerary

- Meeting point at the Sanctuary Pakbeng Lodge reception followed by a walk down Pakbeng's main street and visit the market. Leave Pakbeng for a walk into the surrounding mountains.
- Arrival in Ban Kieng Xang, a Khamu village, and a walk around the village followed by continuation of the walk along the bank of a beautiful river.
- Arrival at Pakbeng's oldest temple Vat Si Chom Cheng. Temple visit.
- Return to the Lodge.

**Notes:** This tour is available all year round in the morning or afternoon - The walk is easy except for a steep climb 15 minutes after visiting the market.

**Included:** Drinking water during the trek - Non English speaking guide.

#### ► PBL01T

Price per pers:

1 > 2 pers: 26\$

3 > 4 pers: 22\$

5+ pers: 20\$

### ■ PBL02T – Full Day Tour

#### Itinerary

**8:30:** Meeting point at the Sanctuary Pakbeng Lodge reception followed by a walk down Pakbeng's main street and visit the market. Leave Pakbeng for a walk into the surrounding mountains.

**11:15:** Arrival at Ban Houey Ka and a walk around the village. Picnic on a riverbank near the village.

**13:30:** Walk through magnificent countryside to Ban Kieng Xang, a Khamu village, and a walk around the village followed by refreshments and continuation of the walk along the banks of a river.

**15:00:** Arrival at Pakbeng's oldest temple Vat Si Chom Cheng. Temple visit.

**16:45:** Return to the Lodge.

**Notes:** This tour is available during the dry season only from October 15<sup>th</sup> to April 30<sup>th</sup> - The walk is easy except for a steep climb 15 minutes after visiting the market.

**Included:** Drinking water during the trek - Non English speaking guide - Picnic Lunch provided by the Sanctuary Pakbeng Lodge.

#### ► PBL02T

Price per pers:

1 > 2 pers: 37\$

3 > 4 pers: 32\$

5+ pers: 26\$



## TREKKING

### ■ PBL04T – Short Tour – 1h30

#### Itinerary

• Meeting point at the Sanctuary Pakbeng Lodge reception followed by a walk down Pakbeng's main street and visit the market.

• Walk across Pakbeng into the forest towards Ban Kieng Xang, a Khamu village well off the main tourist trail.

• Return by Tuk-tuk and visit Pakbeng's oldest temple, Vat Si Chom Cheng. Return to the Lodge.

**Notes:** This tour is available all year round in the morning or afternoon - The walk is easy except for a steep climb 15 minutes after visiting the market.

**Included:** Tuk-tuk transfer - Drinking water during the trek - Non English speaking guide

#### ► PBL04T

Price per pers:

20\$





## HEALTH CLINIC VISIT

### Les Médecins de CHINGUETTI PAKBENG

The Sanctuary Pakbeng Lodge hosts on its ground a health centre managed by Les Medecins de Chinguetti doctor association that delivers free care to the local population in Pakbeng and its surrounding villages.

Our team can invite you for approximately 15- 20min to visit the centre so you may discover the dispensary itself, learn about the care provided, how the medicine is collected but also the daily challenges faced by the medical team and the remote communities in regards to access to basic needs.



**Notes:** These visits are only made possible outside consultation hours and are subject to availability and acceptance of the medical team. We thank you for the understanding.

This tour is free of charge but given its sustainable dimension, any donation towards the NGO will be very much appreciated.



## BACI

**Thirsty for traditions**, we are offering a Baci Ceremony, organized as a welcome by the Shaman of Pakbeng and the people of the village. Perfect occasion if the Sanctuary Pakbeng Lodge is the first step of your journey in Laos. In this case we are going to put the spirits on your side!

PRICE PER CEREMONY. 130\$

The Baci is a popular ceremony practiced by Lao people in all important circumstances of daily life. It intends to attract beneficial influences, by bringing back to the person several of the 32 souls (khovan) that possess each human being, according to the Lao Tradition.

(Duration: 1h30)

## HANDICRAFT WORKSHOPS

**Bamboo weaving:** One of the most popular handicrafts in Laos. It would be the local's pleasure to initiate you to this practice. Create your own typical souvenir by making your own basket, table set, coasters,...

PRICE PER PERS. 8\$

**Kratong Workshop:** Make your own decorated floating basket. These banana flower based baskets, completed with candles and incense sticks, often resembling lotus flowers are essential in promoting good fortune!

## COOKING CLASS

Discover the art of Lao cuisine at our organic farm, and the local market. Surprise your friends and family upon your return, with an exotic gourmet experience which will leave a lasting impression.

PRICE PER PERS. 25\$

Our chef and his team will accompany you to the market, where you will learn to choose ingredients, and then cook the regional dishes that you'll enjoy during your stay at the Sanctuary Pakbeng Lodge.

## PÉTANQUE

**Nothing is more friendly than a game of "pétanque".** The opportunity to mingle with the local population. We therefore invite you to the "pétanque" field, the most popular of Pakbeng ... good mood guaranteed!

FREE OF CHARGE

Be aware: the local Lao Lao (rice whisky) and the Beer are always flowing!