



EVELYN K. DAVIS PARK

DES MOINES PARKS AND RECREATION

Activities Guide

SPRING/SUMMER 2026

Facility Rental Deadline

Seven days before the event date.

Refund/Cancellation/Transfer Policy

To request a refund/transfer, call (515) 237-1386 **AT LEAST 10 days** prior to the program/reservation.

Refunds/transfer requests received (10+ days prior to the program/reservation):

- Rental/Program Fee (Under \$100) – Refund minus a \$10 processing fee
- Rental/Program Fee (Over \$100) – Refund minus a \$30 processing fee

NO REFUNDS/RESCHEDULING for any of the following:

- **Requests less than 10 days prior to the program/reservation.**
- Inclement weather on the day of the facility rental.

Program Cancellations

Events and programs in this guide may change due to availability, interest, date conflicts, unforeseen circumstances, and public health concerns. For the latest updates, please check online.

Registration Reminders

Participants' age must fall within age requirements by the program's beginning date. Participants are not registered until payment is received.

Accommodations

If you need special accommodations to participate, please contact our office by phone or in writing. We are waiting to serve you.

Please Note

Participants in any program assume full responsibility for any risk, implicit or direct, by participation in said activity or utilizing facilities. You are advised that the City does not provide medical insurance covering injuries to participants.

Photographs

Photographs taken during programs, events, or at facilities could be used for future communications, marketing and public relations efforts, including social media.

Weather Cancellations

There will be no Parks & Recreation youth activities when Des Moines Public schools are (1) dismissed early or (2) canceled for the day due to heat or winter storms. All efforts will be made to make an announcement as soon as possible.

Register or learn more at dmparks.org

Parks and Recreation Information



Des Moines Parks and Recreation Office

1551 E. Martin Luther King Jr. Pkwy
Des Moines, Iowa 50317

(515) 237-1386
parks@dmgov.org

Hours

Mon - Fri: 8 a.m. - 5 p.m.



KNOW BEFORE YOU GO!

Text any of the following keywords
to 84483 to sign up for updates.

DSMEvents DSMPopUp
DSMPools DSMVolunteers
DSMSports BrentonSkating
DSMTrails

Explore our programs and register
online at dmparks.org



About Us

The Des Moines Parks and Recreation Department was established in 1892 and is responsible for the management of 92 parks, 4,000+ acres of land, 100+ miles of trails, 8 cemeteries, 3 Community Recreation Centers, and much more! Des Moines Parks and Recreation is committed to providing opportunities for people of all races, genders, and abilities across our community.

Parks and Recreation Board

Maria Alonzo	Luke Garnaas
Brooke Avila	Sarah Lohmeier
Marc Beltrame	Anna Loiocono
Barb Bremner	Erin Lowe
Debra Chiodo	Brent Millis
Jack Daugherty	Joel Potter
George Davis	William Thompson

James Bollard (Chair)

Our Mission

Helping Des Moines live well, play hard and protect the earth.



Message from the Director: Ben Page

At Des Moines Parks and Recreation, creating opportunities for connection, wellness and fun is at the heart of everything we do. Our programs and events are thoughtfully designed to reflect the many interests of our community... whether you're hitting the pickleball court, exploring your creative side, enjoying the outdoors, or simply looking for new ways to stay active!

From making a splash at our family aquatic centers to participating in Adapted Recreation opportunities and discovering newer initiatives like the Park-N-Play Mobile Recreation Vehicle, we're proud to offer experiences that are welcoming and accessible for all ages and abilities.

Our parks, trails, and facilities are more than amenities, they're gathering places. They're where neighbors meet, families spend quality time together, and healthy habits take root. This spring and summer, we encourage you to get outside, try something new and take part in the wide variety of programs and events happening across the city.

Thank you for being an important part of our parks community. We can't wait to see you enjoying all that Des Moines Parks and Recreation has to offer!



[@DesMoinesParks](https://www.facebook.com/DesMoinesParks)



[@DesMoinesParks](https://www.instagram.com/DesMoinesParks)



[@DesMoinesParks andRecreation](https://www.youtube.com/DesMoinesParksandRecreation)

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Rentals

Rentals



Planning a special event? Check out the wide variety of facilities available from Des Moines Parks and Recreation. No matter what you are planning, we offer multiple sizes of venues to meet your needs.

Enclosed Shelters

Enclosed Shelters



Our parks system offers 11 enclosed shelters and 35 open-air shelters for rent. Shelters offer a number of amenities. To view all shelters, amenities and virtual tours, visit DSM.city/ShelterRentals.

Other Rentable Facilities:

- Amphitheaters
- Aquatic Centers and Swimming Pools
- Brenton Skating Plaza
- Christine Hensley Terrace at Gray's Lake
- Community Recreation Center Multi-Purpose Rooms and Gyms
- Floral Gardens
- Open Air Shelters
- Open Spaces
- Sports Courts
- Sports Parks
- Trails

Plan ahead for the best opportunity to reserve your preferred location and date. Facility reservations are available one year in advance. Review pricing and options online at dmparks.org.

*Ding Darling Shelter is temporarily unavailable for rent due to upcoming construction.

Greenwood Park - Jay Spence Enclosed Shelter



MacRae Park - W.C. Walker Enclosed Shelter



Principal Riverwalk - Hub Spot Enclosed Shelter





Scholarship Programs

Des Moines Parks and Recreation offers two different scholarships.

Greater Des Moines Recreational Activity Scholarship Program (GRASP)

Discount program for families to receive 50–75% off recreational activities offered through Des Moines Parks and Recreation.

Youth Recreational Scholarship Program (YRSP)

Offered in partnership with Des Moines Public Schools (DMPS) and allows students to receive \$5 swim lessons and/or youth sport experiences.

Qualification Criteria

Des Moines residents with a qualifying household income. Total income based on number in household. For family sizes exceeding 8, add \$12,850 for each additional person.

Family Size	Income
1	\$39,900
2	\$54,100
3	\$68,300
4	\$82,500
5	\$96,700
6	\$110,900
7	\$125,100
8	\$139,300

Students enrolled in Des Moines Public Schools who qualify for free and reduced fees based on their household income.

Eligibility Verification

Verification of total income through IMPACT Community Action Partnership using approved list of documents (i.e. paycheck, taxes, etc.).

Call (515) 518-4770 to set up an appointment with IMPACT at one of their two locations.

Opt-in for Des Moines scholarship program via DMPS website. Promoted during annual enrollment. Available anytime on DMPS website.

Registration

After obtaining a GRASP card from IMPACT Community Action Partnership, community members can activate registration discounts through CivicRec by contacting the Des Moines Parks and Recreation Administration Office.

To confirm the child's eligibility on the approved DMPS list (opt-in required first), please reach out to Des Moines Parks and Recreation Office. Once verified, participant accounts will be updated, enabling electronic registration via CivicRec.

Discounts & Benefits

Both GRASP & YRSP: \$5 Youth Sports Registrations for grades K - 7 Including all sports except Tennis

Both GRASP & YRSP: \$5 Swim Lessons for grades K - 12

GRASP Only: \$5 PeeWee Sports Registrations for ages 3 - 5

GRASP Only: \$5 Swim Lessons for infant - 5 years

GRASP Only: 50% off open-air shelters and boat or bike rentals at Gray's Lake Park

GRASP Only: 75% or more off season swim passes and community garden plot

GRASP Only: (1) FREE child admission with a paid adult admission to Brenton Skating Plaza, Science Center and Blank Park Zoo

Adapted Programs

[Learn More](#)



Adapted programs are specifically designed for children and teens with mental or physical disabilities and chronic health conditions. Through our Can Play sports partnership, our team individually adapts the sports and activities to accommodate the abilities and needs of each participant to ensure everyone has an opportunity to play, learn, join a team, and have fun.

Interested in volunteering with Adapted Programs? Let's connect! Apply online at DSM.city/Volunteer.

Adapted Programs

Program	Registration Period
Baseball	4/6 - 5/1
Kayak Camp	5/4 - 5/29
Flag Football	5/4 - 6/5
Soccer	6/1 - 7/10
Try Adapted	7/6 - 8/14



Sports



Baseball

Month	Date	Day	Time	Ages	Location	Cost
May	5/4 - 5/25	Mon	5:30 - 6:15 p.m.	7 - 16	Miracle League Field	\$5

Flag Football

Month	Date	Day	Time	Ages	Location	Cost
June	6/8 - 6/29	Mon	5:30 - 6:15 p.m.	7 - 16	Pioneer Columbus CRC	\$5

Soccer

Month	Date	Day	Time	Ages	Location	Cost
July - Aug	7/13 - 8/3	Mon	5:30 - 6:15 p.m.	7 - 16	Pioneer Columbus CRC	\$5

Try Adapted

This 4-week "Try" Adapted program in partnership with Can Play offers a range of physical, emotional, and social benefits for children with disabilities or chronic health issues. Participants will get to try different adapted sports and open their eyes to new types of fun.

Month	Date	Day	Time	Ages	Location	Cost
Aug - Sept	8/17 - 9/14* Labor Day Off	Mon	5:30 - 6:15 p.m.	7 - 16	Pioneer Columbus CRC	\$5



Camps

Kayak Camp

The first day of camp will be held at Nahas Aquatic Center where campers will learn the fundamentals of kayaking. The second day of camp, we transition out to Gray's Lake where the campers will take their new skills out onto the lake.

Month	Date	Day	Time	Ages	Location	Cost
June	6/4 - 6/5	Thurs & Fri	5:15 - 6:15 p.m.	7 - 16	Nahas Aquatic Center & Gray's Lake	\$5

Aquatics

[Learn More](#)



Before You Go

Stay informed about open hours, which are weather-dependent, by visiting DSM.city/Aquatics or texting “DSMPOOLS” to 84483 for text alerts.

Admission - Pools & Aquatic Centers

Age	Cost
2 and Under	FREE
3 - 8, 60+	\$3
19 - 59	\$5



Memorial Day Weekend

Northwest Aquatic Center will open for Memorial Day weekend prior to the normal season opening on June 6.

Date	Time
5/23	11:30 a.m. - 6 p.m.
5/24	1 - 5 p.m.
5/25	1 - 6:30 p.m.

Pre-Season Weekend

All Family Aquatic Centers and Swimming Pools will open for the weekend prior to the normal season opening June 6.

Date	Time
5/30	11:30 a.m. - 6 p.m.
5/31	1 - 5 p.m.

Rotating Closures

Each paid aquatic facility will be closed one day every week throughout the season. This Rotating Closure schedule allows all aquatic facilities to be fully staffed and operational throughout the season. All facilities will be open Saturdays and Sundays. *Weather and other unpredictable closures may still occur.

Day	Facility Closed
Mondays	Nahas
Tuesdays	Birdland
Wednesdays	Northwest
Thursdays	Ashworth
Fridays	Teachout



Normal Season Hours

[Interactive Map](#)



Swimming Pools: \$ Ashworth & Birdland

Pre-Season Weekend May 30 - 31

June 6 - Aug 9

Mon - Fri	1 - 6:30 p.m.
Sat & Sun	1 - 5 p.m.

Family Aquatic Centers: \$ Nahas, Northwest & Teachout

Pre-Season Weekend May 30 - 31

June 6 - Aug 9

Mon - Fri	1 - 6:30 p.m.
Sat	11:30 a.m. - 5 p.m.
Sun	1 - 5 p.m.



Splash Pools: FREE

- Ashby Park • Pete Crivaro Park
- MLK Jr. Park • Union Park

Memorial Day Weekend: May 23 - 25

Pre-Season Weekend: May 30 - 31

Regular Season: June 6 - Aug 9

Ashby & MLK Jr. Park open through Sept. 1

Mon - Fri	10 a.m. - 7 p.m.
Sat/Sun/Holidays	12 - 6 p.m.

Spraygrounds: FREE

Open Daily: May 1 - Sept 30

9 a.m. - 8 p.m.

- Bates Park
- Burke Park
- Chesterfield Park
- Columbus Park
- Drake Park
- E.K. Davis Park
- Fairmont Park
- Good Park
- Grandview Park
- Gray's Lake Park
- Greenwood Park
- Jordan Park
- MacRae Park
- McHenry Park
- Sargent Park
- Sayers Park
- Sheridan Park
- Stone Park
- Tower Park
- Western Gateway Park
- Woodlawn Park

*For the most up-to-date hours by location and facility type, please visit DSM.city/Aquatics

Special Events, Programs & Discount Days

Private Pool Rentals

Rent one of our aquatic facilities for your next event. Rentals are available to all persons, organizations, clubs and youth groups. Reservations are arranged on a first-come, first-served basis and depends on the availability of staff. Visit the online registration page for private rental availability beginning April 1. Rentals must be made 10 days in advance.

Location	Registration Period	Rental Period	Cost
All Pools	4/1 - 7/16	6/13 - 7/26	\$250/per hour (2-hour block)

Swim Lessons

American Red Cross classes available from six months to adults. Sessions include Baby and Me, Preschool Swim, Learn-To-Swim Levels 1-5, Adult, and Private Lessons. Each session consists of five lessons, and are taught at all city pools.

Session	Dates	Time	Cost
Session 1	6/8 - 6/12		
Session 2	6/15 - 6/19		
Session 3	6/22 - 6/26		
Session 4	7/6 - 7/10	Class start times vary between 9 - 11:45 a.m. & 6:45 p.m. - 7:40 p.m.	\$30
Session 5	7/13 - 7/17		
Session 6	7/20 - 7/24		
Session 7	7/27 - 7/31		
Session 8	8/3 - 8/7		

Springboard Diving Lessons

Learn the basics of springboard diving technique, safety and competition rules. No previous diving experience is required, but the participants must be at least 8 years old, be able to swim comfortably in deep water and easily swim a minimum distance of 25 yards.

Session	Dates	Time	Cost
Session 1	6/8 - 6/12		
Session 2	6/15 - 6/19		
Session 3	6/22 - 6/26		
Session 4	7/6 - 7/10	Class start times vary between 9:30 - 11:40 a.m.	\$30
Session 5	7/13 - 7/17		
Session 6	7/20 - 7/24		
Session 7	7/27 - 7/31		
Session 8	8/3 - 8/7		

Swim Lessons



Program	Dates	Days	Time	Location	Ages	Cost
Lap Swim	5/30 - 8/9	Mon - Fri Mon - Sun	8 - 9 a.m. 12 - 1 p.m.	Ashworth & Birdland	12+	Daily Admission
Fitness Hour	5/30 - 8/9	Mon - Fri Sat - Sun	8 - 9 a.m. & 12 - 1 p.m. 12 - 1 p.m.	Ashworth & Birdland	All	Daily Admission
Sensory Swim	5/31 - 8/9	Sun	12 - 12:45 p.m.	Nahas, Northwest & Teachout	All	Daily Admission
Total Body Aqua	6/9 - 8/7	Tues, Thurs & Fri	12 - 12:45 p.m.	Ashworth	12+	Daily Admission
Tsunami Board Yoga	6/10 - 8/5	Wed	12 - 12:25 p.m. 12:30 - 12:55 p.m.	Ashworth	16+	\$8

Event	Dates	Days	Time	Location	Ages	Cost
Birdland Bash	6/6	Sat	6 - 8 p.m.	Birdland	All	\$5
Teachout Tiki Luau Party	6/20	Sat	6 - 8 p.m.	Teachout	All	\$5
4th of July Slip n' Slide	7/4	Sat	1 - 3 p.m.	Nahas	All	Daily Admission
Northwest Glow Party	7/18	Sat	6 - 8 p.m.	Northwest	All	\$5
Mermaid Princess Pool Party	8/1	Sat	6 - 8 p.m.	Nahas	2 - 12	\$15 - Registration Required
Ashworth After Dark	8/1	Sat	8 - 10 p.m.	Ashworth	18+	\$10
Doggie Dip	8/9	Sun	3 - 5 p.m.	Nahas	All	Daily Admission + \$5/dog - Nahas



Events Page



Athletics

PeeWee Sports (Ages 3/4 and 5/6)

Sport	Registration Period
Kiddie Kickball	3/1 - 5/1
Flag Football	6/1 - 8/1

Youth Sports (Grades 1-7)

Sport	Registration Period
T-Ball	3/1 - 5/1
Coach Pitch Baseball (Grades 2 - 3)	3/1 - 5/1
Baseball (Grades 4 - 7)	3/1 - 5/1
Tennis	3/1 - Varies
Rugby	5/1 - 6/1
Flag Football	6/1 - 8/1

Adult Sports (Team Registration)

Sport	Registration Period
Bags - Spring	2/1 - 4/1
Bags - Summer	4/1 - 6/1
Bags - Fall	6/15 - 8/15
Flag Football	5/1 - 8/1
Kickball - Summer	2/1 - 4/15
Kickball - Fall	6/15 - 8/15
Pickleball - Spring Tournament	2/1 - 5/15
Pickleball - Fall Tournament	7/1 - 9/1
Pickleball - Spring	2/1 - 4/15
Pickleball - Summer	5/1 - 7/1
Pickleball - Fall	6/1 - 8/15
Slowpitch Softball - Summer 1	2/1 - 4/1
Slowpitch Softball - Summer 2	2/1 - 6/1
Slowpitch Softball - Fall	6/15 - 8/15
Fastpitch Softball - Summer 1	2/1 - 5/1
Fastpitch Softball - Summer 2	2/1 - 7/15
Tennis Clinic - Drill & Play	4/1 - Varies
Tennis Clinics - Beginner and Intermediate	4/1 - Varies
Ultimate Frisbee - Spring	2/1 - 4/15
Ultimate Frisbee - Summer	5/1 - 6/1
Ultimate Frisbee - Fall	7/1 - 9/1

Register for Sports



PeeWee Sports (Ages 3/4 and 5/6)

GRASP Scholarship eligible

Kiddie Kickball

This six-week, coed program teaches kids the basics of kickball. The program runs early June through mid July, and all equipment will be provided.

Month	Day	Time	Ages	Location	Cost
June - July	Mon	5:30 - 8:30 p.m.	3 - 4	James W. Cownie Soccer Park	\$40

Flag Football

This program introduces children to team sports, teammates and game situations while learning the basics of flag football in a fun atmosphere. Each team has a parent/coach volunteer and will meet for six weeks. The first two weeks will be practice only, followed by four weeks of scrimmaging against different opponents. All equipment, including a team jersey, will be provided.

Month	Day	Time	Ages	Location	Cost
Sept - Oct	Tues OR Thurs	5:30 - 8:30 p.m.	3 - 4	James W. Cownie Soccer Park	\$40

Youth Sports (Grades 1-7)

GRASP/YRSP Scholarship eligible, excluding Tennis and Cheerleading

T-Ball

This six-week, coed program teaches kids the basics of baseball. The program runs early June through mid-July, and all equipment will be provided, except for baseball gloves.

Month	Day	Time	Grades	Location	Cost
June - July	Tues OR Thurs	5:30 - 8:30 p.m.	K - 1	James W. Cownie Soccer Park	\$40

Coach Pitch Baseball (Grades 2-3)

This six-week, coed program teaches kids the basics of baseball. The program runs early June through mid-July, and all equipment will be provided, except for baseball gloves.

Month	Day	Time	Grades	Location	Cost
June - July	Practice Mon OR Tues Games Thurs	5:30 - 8:30 p.m.	2 - 3	James W. Cownie Soccer Park	\$50

Baseball (Grades 4 - 7)

This six-week, coed program teaches kids the basics of baseball. The program runs early June through August, and all equipment will be provided, except for baseball gloves.

Month	Day	Time	Grades	Location	Cost
June - Aug	Practice Mon OR Tues Games Thurs	5:30 - 8:30 p.m.	4 - 7	James W. Cownie Soccer Park	\$50 or \$475/team

Tennis

**Not eligible for scholarship*

Partnering with Life Time Fitness, beginners learn stroke mechanics and technique. As skills progress, instruction shifts to stroke development, shot selection and advanced techniques. The focus includes implementing match play strategies, refining technical, tactical and physical foundations. Players will enhance their patterns of play, vary spin and shot depth and select appropriate footwork patterns. Participants are required to bring their own racket.

Month	Day	Time	Grades	Location	Cost
June - Aug	Mon - Thurs Bi-Weekly	Varies	1 - 7	McCullum-Waveland Tennis Complex	Varies

Rugby

Youth Rugby is a league that introduces children to team sports, teammates and game situations while learning the basics of rugby in a fun atmosphere. Each team has a parent/coach volunteer. The first two weeks will be practice, followed by four weeks of games against different opponents. If numbers do not allow for a full league to be played, we will offer weekly clinics instead. The program runs Late July through September, and all equipment, including a team jersey, will be provided.

Month	Day	Time	Grades	Location	Cost
July - Sept	Tues	5:30 - 8:30 p.m.	1 - 7	James W. Cownie Soccer Park	\$50

Flag Football

Youth in grades 1 - 7 are welcome to participate and will learn the basics of football in a fun, recreational atmosphere. Parent/coach volunteers will lead practices and games. Youth will be divided by single grades if registration numbers allow, otherwise grades will be combined.

Months	Days	Time	Grades	Location	Cost
Sept - Nov	Games/Practice Sat	Start 1 p.m.	1	Savage Softball Fields	\$50 or \$475/team
	Practice Weekdays Games Weekends	Practice 5:30 p.m. Games start 8 a.m.	2 - 7		

Adult Sports (Ages 18+)

Bags - Spring, Summer & Fall

Bags (cornhole) league will play Wednesdays at Captain Roy's. Teams of two adults compete for seven weeks plus a post-season tournament. Duos race to a score of 21 and play a set of three games each week.

Session	Month	Day	Time	Ages	Location	Cost
Spring	April- May	Wed	5:30 - 9 p.m.	18+	Captain Roy's	\$35/team
Summer	July - Aug	Wed	5:30 - 9 p.m.	18+	Captain Roy's	\$35/team
Fall	Sept - Nov	Wed	5:30 - 9 p.m.	18+	Captain Roy's	\$35/team

Flag Football

Adult Flag Football is a league that consists of a six-game schedule plus a post-season tournament. Teams play one game per week with league choices of Sunday, Tuesday, or Thursday. Rosters may be up to 20 players, with seven players on the field at a time.

Months	Days	Time	Ages	Location	Cost
Aug - Oct	Sun, Tues, or Thurs	Weekdays 6 - 9 p.m. Weekends 10 a.m. - 2 p.m.	18+	Savage Softball Fields or James W. Cownie Soccer Park	\$250/team

Kickball - Summer & Fall

Des Moines Parks and Recreation offers a coed Adult Summer & Fall Kickball league. Come out and join us for some fun as you run around the bases and enjoy food and drinks from our on-site concession stand! This league consists of a six-week regular season schedule plus a post-season tournament. Rosters can have up to 20 participants.

Session	Months	Day	Time	Ages	Location	Cost
Summer	May - July	Thurs	6 - 9 p.m.	18+	George Davis Softball Park	\$195/team
Fall	Sept - Oct	Thurs	6 - 9 p.m.	18+	George Davis Softball Park	\$195/team



Pickleball - Tournaments

The tournament style will be based on the number of registrants but can be a round robin, single elimination, or double elimination format. Divisions will be divided by age and skill level indicated on registration form. Men's, women's and coed divisions available.

Session	Month	Date	Day	Time	Ages	Location	Cost
Spring	May	5/16	Saturday	8 a.m. - 2 p.m.	18+	Stone park	\$20/team
Fall	Sept	9/19	Saturday	8 a.m. - 2 p.m.	18+	Stone Park	\$20/team

Pickleball - Summer & Fall

Pickleball is a blend of tennis, badminton, and table tennis. This is a coed league with teams divided by skill. Games outdoors when possible, but may move indoors if needed. Register as a duo, bring your own paddles.

Session	Months	Days	Time	Ages	Location	Cost
Spring	April - June	Tues OR Thurs	5:30 - 9 p.m.	18+	Stone Park	\$35/team
Summer	July - Sept	Tues OR Thurs	5:30 - 9 p.m.	18+	Stone Park	\$35/team
Fall	Sept - Oct	Tues OR Thurs	5:30 - 9 p.m.	18+	Stone park	\$35/team

Slowpitch Softball - Summer & Fall

Adult Slow-Pitch Softball league for coed, men's and women's teams. Come out and join us in a fun atmosphere as you run around the bases and enjoy food and drinks from our on-site concession stand. We have multiple sessions and days available. Rosters up to 20 participants.

Session	Months	Days	Time	Ages	Location	Cost
Summer 1	April - June	Sun - Fri	Weeknights 6:15 - 9:15 p.m. Weekends 10 a.m. - 2 p.m.	18+	George Davis Softball Park	\$390/team
Summer 2	July - Aug	Sun - Fri	Weeknights 6:15 - 9:15 p.m. Weekends 10 a.m. - 2 p.m.	18+	George Davis Softball Park	\$390/team
Fall	Sept - Oct	Sun - Fri	Weeknights 6:15 - 9:15 p.m. Weekends 10 a.m. - 2 p.m.	18+	George Davis Softball Park	\$390/team

Fastpitch Softball

Adult Summer Softball league for men's and women's fast-pitch teams. This league consists of a six-week regular season plus a post-season tournament. Rosters up to 20 participants.

Session	Months	Days	Time	Ages	Location	Cost
1	May - July	Tues	6 - 9 p.m.	18+	George Davis Softball Park	\$400/team
2	Aug - Sept	Tues	6 - 9 p.m.	18+	George Davis Softball Park	\$400/team

Adult Sports (Ages 18+)

(continued)

Tennis Clinic: Drill & Play

Together with Life Time Fitness, this 1.5-hour coed class features "live ball" drills to enhance tennis skills with enjoyment. Ground strokes, volleys, and mini competitions are included in this 10-week program led by certified pros. Bring your own racket.

Sessions	Month	Day	Time	Ages	Location	Cost
Multiple	June - Aug	Mon	6 - 7:30 p.m.	18+	McCollum-Waveland Tennis Complex	TBD

Tennis Clinics: Beginner and Intermediate Clinics

Together with Life Time Fitness, this program is geared for beginner and returning players. Developed specifically for busy adults looking to learn quickly, these partner-based, action-packed group lessons are taught by certified tennis professionals. Participants must bring their own racket.

Sessions	Month	Day	Time	Ages	Location	Cost
Multiple	June - Aug	Wed	6 - 7:30 p.m.	18+	McCollum-Waveland Tennis Complex	TBD

Ultimate Frisbee

Seven-game schedule followed by a post-season tournament. Players sign up individually and are assigned to teams based on position and skill level. Ultimate frisbee combines elements of soccer, basketball, and football, aiming to pass the frisbee between teammates down the field to score.

Session	Month	Day	Time	Ages	Location	Cost
Spring	March - May	Wed	6 - 9 p.m.	18+	James W. Cownie Softball Park	\$25/person
Summer	June - Aug	Mon & Wed	6 - 9 p.m.	18+	James W. Cownie Softball Park	\$25/person
Fall	Sept - Oct	Wed	6 - 9 p.m.	18+	James W. Cownie Softball Park	\$25/person



Cemeteries

Cemetery Tours

The Des Moines Municipal Cemeteries offer four tour types, requiring reservations. Cost: \$10/person, 2 - 2.5 hour duration, walking up to 1.5 miles, suitable for ages 12+. Tours are historically accurate and entertaining, supporting cemetery preservation. Group rate: \$7.50/person for 10+ reservations. Safety precautions enforced; confirmation includes details. *Golf Cart Assisted Tours - 5 participants are able to listen and ask questions from a golf cart, 30% standing and walking is still required.



Tour	Location	Date	Time
Civil War History	Woodland Cemetery	5/16, 6/13*, 7/11, 8/15	10 a.m. - 12 p.m.
Glendale History	Glendale Cemetery	5/2, 6/5*, 10/3, 10/17	10 a.m. - 12 p.m.
Notable Women of Early Des Moines	Woodland Cemetery	5/16	9 - 11 a.m.
		6/20*, 9/19	1 - 3 p.m.
Woodland History	Woodland Cemetery	4/4, 5/16*, 9/12*, 10/10	1 - 3:30 p.m.
		6/20*, 7/18*, 8/8*	9 - 11:30 a.m.

Tour Sign Up



Adopt-A-Block & Event Assistance

Preserve Des Moines' history and honor our community by helping maintain a cemetery block at one of our seven municipal cemeteries. From April - Nov, help maintain adopted blocks by picking up small branches, cutting back dead flowers, picking up litter, and reporting damage. Honor our veterans by helping with flag decoration or join us in hosting Memorial Day events. For more information or to volunteer, visit [DSM.city/Volunteer](https://www.dsm.city/Volunteer) or call (515) 248-6320.

Program	Date(s)	Location	Ages
Adopt-A-Block	4/1 - 11/20	All Cemeteries	All
Flag Placement	May	Glendale/Laurel Hill	All
Memorial Day	5/23 - 5/25	Glendale/Laurel Hill	18+
Flag Removal	July	Glendale/Laurel Hill	All
Decoration Cleanup	3/1, 7/1	All Cemeteries	All



Community Recreation Centers

CRC Info



Reichardt

915 College Ave
(515) 237-1819

Open Recreation:
M - F 8 a.m. - 8 p.m.



Pioneer Columbus

2100 SE 5th St.
(515) 248-6316

Open Recreation:
M - F 8 a.m. - 8 p.m.



Fourmile

3711 Easton Blvd.
(515) 248-6315

Open Recreation:
M & W 8 a.m. - 3 p.m.
T & Th 8 a.m. - Noon
F 8 a.m. - 8 p.m.

Admission

Age	Gym Cost	Reichardt Pool & Gym Cost
Youth (10 - 18)	FREE	\$3 (Ages 2 and under FREE)
Adult (19 - 59)	\$2/day or \$24/month	\$5
Senior 60+	\$1/day or \$12/month	\$5

Yearly memberships available.
Children under 10 must be accompanied by an adult.

Reichardt Coming Soon - Spring 2026

Reichardt program information is coming soon!
Visit DSM.city/Reichardt to learn about amenities.

Open Recreation

Open Recreation is available for ages 10+. Basketball, volleyball, game tables, weights, cardio, and public computers available during Open Recreation hours.

Polk Co. Meal Site (Seniors 60+)

Free lunch offered to seniors Monday through Friday from 9:30 a.m. - 1:30 p.m. at Pioneer Columbus and Fourmile Community Recreation Centers.

Join us for a meal and stay a while to meet new people, play games, learn a craft or begin a new exercise routine!



Des Moines Table Tennis Club

Everyone age 15 and older is welcome to participate in table tennis with the Des Moines Table Tennis Club (DMTTC). DMTTC is a great place to enjoy table tennis action, have fun and meet people.

Months	Days	Time	Ages	Location	Cost
Year Round	Tues & Thurs	5:30 - 7:30 p.m.	15+	Fourmile CRC	\$160/half year or \$240/year

Hip Hop & Street Dance

Join us for Hip Hop and Street Dance classes with Creative Network! International artist Kelli Forman and local dancer Xavier will cover dance fundamentals, history, choreography, and freestyle—while building confidence, community, and healthy habits. Kelli, a seasoned performer from X-Factor, Dancing with the Stars, and America's Got Talent, brings her expertise to inspire the next generation.

Session	Months	Dates	Days	Time	Ages	Location	Cost
1	April - May	4/7 - 5/12	Tues	5:30 - 6:30 p.m.	6 - 11	Pioneer Columbus CRC	\$55
2	Sept - Oct	9/1 - 10/6	Tues	5:30 - 6:30 p.m.	6 - 11	Pioneer Columbus CRC	\$55

Indoor Pickleball

Get your pickleball fix year-round! All skills and ages are welcome (under 18 must be accompanied by an adult). Balls and paddles available, but you are welcome to bring your own.

Months	Days	Time	Ages	Location	Cost
Year Round	Mon - Fri	8 a.m. - 12 p.m.	10+	Pioneer Columbus CRC	\$2/visit or \$15/month
Year Round	Mon & Wed Tues & Thurs	3 - 8 p.m. 12 - 3 p.m.	10+	Fourmile CRC	\$2/visit or \$15/month

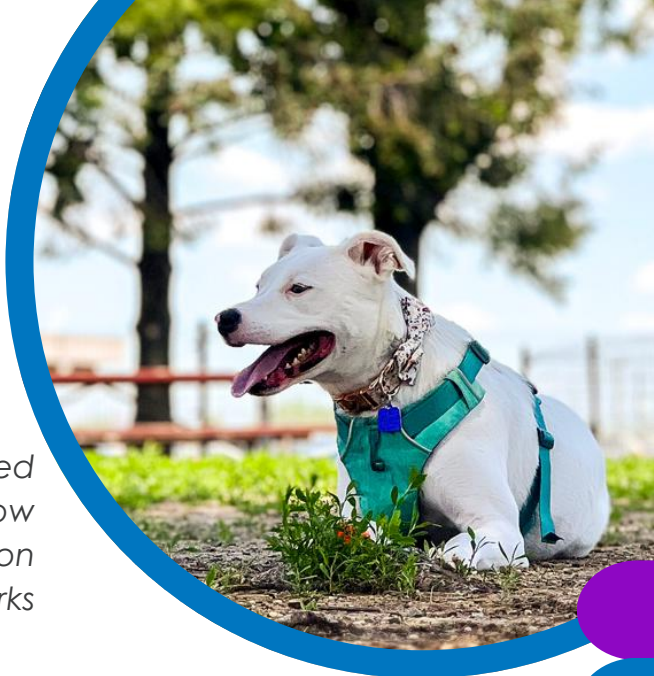
Yoga

All fitness levels are welcome to this 45-minute yoga class focusing on balance, strength, flexibility and relaxation.

Session	Months	Dates	Days	Time	Ages	Location	Cost
5	March - May	3/30 - 5/7	Mon & Thurs	6 - 6:45 p.m.	14+	Pioneer Columbus CRC	\$56/Session



Dog Parks



Locations and General Info

There are three dog parks in Des Moines – Ewing, Reno Memorial and Riverwalk. Permits are required for entry and the annual cost is \$20. The permits can be purchased online or in-person at the City Clerk's Office which is now located in the T.M. Franklin Cownie City Administration Building – City Hall. Permits may be used at all three parks and are good January 1 - December 31.

Hours: All parks open year-round, daily, 6 a.m. - 10 p.m.



Ewing Dog Park
4660 Indianola Ave.



Reno Memorial Dog Park
3325 Hubbell Ave.



Riverwalk Dog Park
1111 Illinois St.

Rules / Requirements:

- Current dog license from the City of Des Moines or home jurisdiction
- Current dog rabies vaccination certification
- Dog must be at least four months old
- Permits and tags pertain to specific dogs, not the dog park and cannot be transferred to other dogs or dog owners



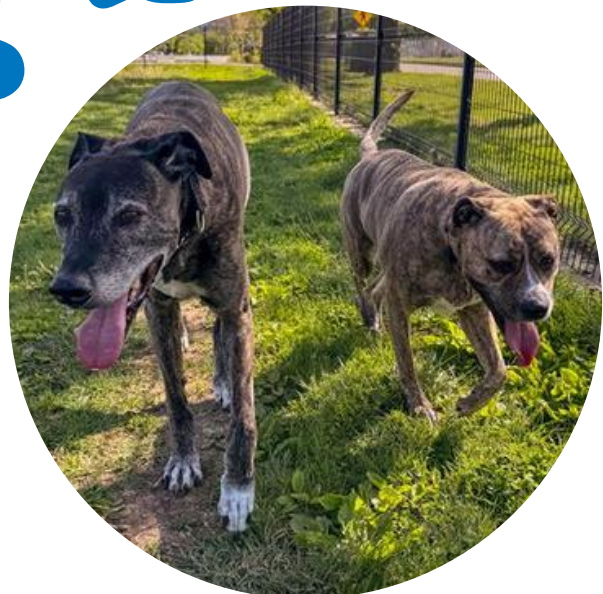
Dog Park Ambassador Program

Join our team of grrrr-eat dog-loving volunteers and help welcome dogs and owners to the park.

[Learn More](#)



[Apply](#)



Dog Park Special Events

Leprechaun Loop & Wag

Bring your energy, your leash, and your love for pups and let's make this St. Paddy's celebration one to remember! Enjoy some fresh air, meet fellow dog lovers, and have a blast with your pup! All proceeds benefit the City of Des Moines Dog Parks.

Date	Day	Time	Ages	Location	Cost
3/15	Sun	10 a.m. - 12 p.m.	All	Gray's Lake Park	\$5/dog

Egg-Paw-Looza

Come celebrate Easter with an egg hunt at Ewing Dog Park! The egg hunt will take place in the large dog park. Dogs must remain on leash during the hunt. Small dogs (max. 20 lbs.) will be from 10 - 10:30 a.m. Large dogs will be from 11 - 11:30 a.m. *Current dog park permit and pre-registration required.

Date	Day	Time	Ages	Location	Cost
3/28	Sat	10 - 10:30 a.m. Small Dogs 11 - 11:30 a.m. Large Dogs	16+ / 10+ with a guardian	Ewing Dog Park	\$5/dog

*Please note that a minimum number of registrations need to be met for special events to be held.

Open Houses

Bring your furry friends and explore our dog parks. Everyone in attendance will be entered into a raffle for an opportunity to win a free permit! *Current dog license from the City of Des Moines or home jurisdiction required. *Dogs must be at least four months old and have current rabies vaccination certification.

Dates	Day	Time	Ages	Location	Cost
6/14	Sun	12:00 - 2:00 p.m.	16+ / 10+ with a guardian	Reno Memorial Dog Park	FREE
7/19	Sun			Ewing Dog Park	
8/21	Fri			Riverwalk Dog Park	



[Register](#)



Gray's Lake Park

[Learn More](#)



Concessions & Rentals



At the Beach

The concession stand is located on the north side of the park at the beach. Hot food, cold drinks, ice cream, and snacks available for purchase. Limited watercraft rentals.



Christine Hensley Terrace

Concession stand located in the southwest corner of the park at the Christine Hensley Terrace. Cold drinks, ice cream and snack food are available for purchase. Bicycles and watercrafts are available for rent.



Dates

Hours

5/1 - 5/24

*Terrace side only

Mon - Fri: 4 - 8 p.m.

Sat - Sun: 10 a.m. - 8 p.m.

5/25 - 8/9

Daily 10 a.m. - 8 p.m.

8/10 - 9/7

Mon - Fri: 1 - 8 p.m.

Sat - Sun: 10 a.m. - 8 p.m.

Bike Rentals

Ages/Type	Per Hour Rental	6 Hour rental
13+	\$15	\$45
12 & younger	\$10	\$30
Tandem Bike	\$25	\$50



Watercraft Rentals

Type	Per Half Hour	Per Hour	Location
Pedal Boats (4 person)	\$8	\$15	Terrace
Canoes (2 person & 3 person)	\$8	\$15	Terrace
Standup Paddle Boards	\$8	\$15	Beach & Terrace
Row boat	\$ 8	\$15	Terrace
Kayaks (single & double)	\$10	\$18	Terrace
Sailboats	-	\$25 - 2 hour min.	Beach

*Life vests will be provided free of charge. All watercrafts must be returned 30-minutes prior to close.

Nature Programs

Learn More



All ages welcome. Participants 16 and under must have an adult/guardian present.



Birding Basics

Participants will take a casual walk to search for migrating and residential birds. John Bissell leads the group while pointing out birds, talking about their habitats, and answering questions.

Months	Dates	Day	Time	Ages	Location	Cost
Mar - May	3/4 - 5/27	Wed	11 - 11:45 a.m.	All	Gray's Lake Park (Beach Lot/SE Lot)	FREE

Carp Fest

We are teaming up with Des Moines Izaak Walton League & Iowa Department of Natural Resources for Carp Fest! Free carp fishing tournament registration starts at 8 a.m., fishing from 9 - 11:30 a.m. Prizes for longest carp in adult & children's categories. Bait and gear provided, no fishing license required. Keep or donate your catch to Saving Our Avian Resources (S.O.A.R.).

Date	Day	Time	Ages	Location	Cost
6/6	Sat	8 - 11:30 a.m.	All	Gray's Lake Park (Peninsula)	FREE



GPS Egg Hunt

Participants will learn how to use a handheld Global Positioning System Unit then use the GPS to find hidden "eggs" in the park. Pre-registration is required.

Date	Day	Time	Ages	Location	Cost
3/29	Sun	12:30 p.m. and 2:30 p.m.	All	Ewing Park Lilac Arboretum	\$12



iEARTH Camp

Campers learn about ecology, hiking and the natural world from outdoor enthusiasts, art teachers and environmental specialists alike. Activities will usually take place outdoors so be sure to dress for all kinds of weather! Registration and pricing is available through the Science Center of Iowa.

Grades	Date	Time	Location
2-3	6/15 - 6/19, 7/13 - 7/17	9 a.m. - 4 p.m.	MacRae Park
4-5	6/22 - 6/26, 7/20 - 7/24	9 a.m. - 4 p.m.	MacRae Park
6-8	6/29 - 7/2, 7/27 - 7/31	9 a.m. - 4 p.m.	Gray's Lake Park

Introduction to Stand-Up Paddleboarding

This program is designed to introduce participants to stand-up paddleboarding in a flat water setting. We will cover launching, board control and different paddling strokes used when on the water. Registration fee includes equipment and instruction. Pre-registration is required and gear is limited.

Date	Day	Time	Ages	Location	Cost
7/9	Thurs	5:30 - 8 p.m.			
7/25	Sat	9 a.m. - Noon	18+	Gray's Lake Park (Peninsula)	\$30
8/11	Tues	5:30 - 8 p.m.			
8/29	Sat	9 a.m. - Noon			

Star Party

Join us for a Star Party during the peak of the Perseid meteor shower for crafts, science experiments, guest speakers, an outdoor movie on the giant LED screen and more!

Date	Day	Time	Ages	Location	Cost
8/8	Sat	6 - 11 p.m.	All	Ewing Park Lilac Arboretum	Free

Mother's Day Plant.Grow.Fly.

Participants will explore the new Greenhouse, learn about pollinators' needs, and decorate and fill a flower pot to support them. Registration is limited.

Date	Day	Time	Ages	Location	Cost
5/9	Sat	10:00 a.m.	All	Des Moines Greenhouse	\$12



PARK-N-PLAY MOBILE RECREATION

Program Overview

Park-N-Play, Des Moines' Mobile Rec vehicle, is a traveling program that brings the fun to you! This van is jam packed with different games, sports equipment, crafts, and so much more to help the whole family find their fun!



Spring Schedule: 3/23 - 5/30

Times	Mondays	Tuesdays	Wednesdays	Thursdays	Saturdays
12:00 - 1:30 p.m.	-	-	-	-	Evergreen Park
2:30 - 4:00 p.m.	-	-	-	-	Cheatom Park
3:00 - 5:00 p.m.	Park Ave Elementary	Studebaker Elementary	Sheridan Park	Cattell Elementary	-

Summer Schedule: 6/8 - 8/15

Times	Mondays	Tuesdays	Wednesdays	Thursdays	Saturdays
10 - 11:30 a.m.	Redhead Park	Studebaker Elementary	Tower Park	Park Ave Elementary	-
1:30 - 3:00 p.m.	Chamberlain Park	Sheridan Park	Cattell Elementary	Bates Park	-
12:00 - 1:30 p.m.	-	-	-	-	Laurel Hill Park
2:30 - 4:00 p.m.	-	-	-	-	McHenry Park



[Learn More](#)



Special Appearances

Rendezvous on Riverview Appearances

Riverview Events host free concerts every Friday in June and July. The Park-N-Play van will be bringing additional fun to keep younger ones busy while parents enjoy the live music.

Months	Dates	Day	Time	Ages	Location	Cost
June - July	6/12 6/26 7/10 7/24	Fri	5:30 p.m.	All	Riverview Park	FREE

Free Flicks Appearances

The Park-N-Play van will be making special appearances at select Free Flicks screenings this summer. Learn more about Free Flicks on pg 30 or by visiting DSM.city/FreeFlicks

Months	Dates	Day	Time	Ages	Location	Cost
June August	6/19 8/14	Sat	5:30 p.m.	All	Brody Middle School Reichardt Rec Center	FREE

Indoor Dates

Park-N-Play is for all, from the youngest residents to our more experienced community members. Indoor Saturdays at Des Moines Public Library offer the perfect space for little ones to crawl, explore and play!

Months	Date	Day	Time	Ages	Location	Cost
March - Aug	3/21 4/18 5/16 6/20 7/18 8/15	Sat	10:00 - 11:00 a.m.	All	Central Library	FREE

[Learn More](#)



Special Events

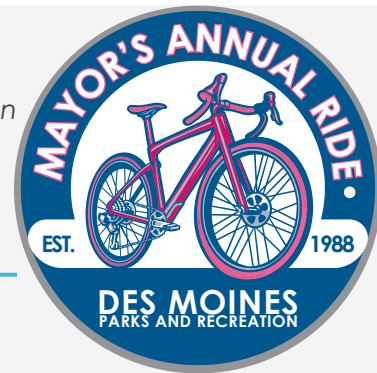
Spring Break Staycation

Whether you are looking for structured activities or opportunities to get up and moving, Des Moines Parks and Recreation has plenty of ways to stay active over spring break. Get ready for mini sports clinics, nature programs, recess games, and open gym.

Dates	Day	Time	Ages	Location	Cost
3/16 - 3/20	Mon - Fri	9 a.m. - 12 p.m.	5-12	Pioneer Columbus CRC	\$1/day

Mayor's Annual Ride

Ride your bike and help support our trails! Register for the 2026 Mayor's Annual Ride on Saturday, May 2 and your contribution will help fund trail projects. The route will have views of the Des Moines River. Register by April 1 to guarantee a t-shirt in your size!



Date	Day	Time	Ages	Location	Cost
5/2	Sat	10 a.m.	All	Begin/End at Richard A. Clark Municipal Service Center	\$35/adult by May 1; \$50 on-site \$5/child (Children 4&U ride free)



31 Miles (+Beyond) Your Way

Join us for a fun challenge! Complete 31 miles your way in 31 days. Choose a 50K, 100K, or 150K challenge. Simply register, track your miles, and accomplish your goal by walking, running, biking, swimming, or any other way you prefer.

Dates	Day	Time	Ages	Location	Cost
5/1 - 5/31	Mon - Sun	All Day	5+	N/A	\$10

Friday Night Skate Dates

Grab your roller skates or blades and head down to Brenton Skating Plaza on a select Friday of every month from June - September. No skate/blade rentals are available. Limited concessions will be for sale.

Months	Dates	Day	Time	Ages	Location	Cost
June - Sept	6/5, 7/10, 8/7, 9/4	Fri	6 - 9. p.m.	All	Brenton Skating Plaza	\$5

Yoga in the Park

Start your Saturday with free yoga at Gray's Lake. Join us every week from June 6 - September 26 for free classes led by volunteers. These classes are perfect for all skill levels from beginner to advanced yogi. Classes will not be held in the event of rain.

Months	Dates	Day	Time	Ages	Location	Cost
June - Sept	6/6 - 9/26	Sat	9 a.m.	All	Gray's Lake Park (SE Lawn)	FREE

Free Flicks

Enjoy Free Flicks, our summer outdoor movie series in local parks. Films start at 6:30 p.m. on our LED screen. Admission is free. Bring blankets and chairs. Rain cancellation updates will be made by 4 p.m. on movie day via website, Facebook, and Twitter. Visit DSM.city/FreeFlicks for details.



Dates	Day	Location(s)	Movie	Cost
6/12	Fri	Northwest Aquatic Center Parking Lot	Finding Dory	FREE
6/19	Fri	Brody Middle School	Willy Wonka and the Chocolate Factory	
6/26	Fri	Iowa State Fairgrounds	The Wizard of Oz	
7/4	Sat	Union Park <i>*Begins at 4 p.m.</i>	TBD	
7/10	Fri	Weeks Middle School	Zootopia 2	
7/24	Fri	Brook Run Park	The Little Rascals	
8/14	Fri	Reichardt CRC	Elio	
8/21	Fri	Gray's Lake Park	Back to the Future	

Brenton Night Roll

Brenton Night Roll is an 18+ only roller skating experience at Brenton Skating Plaza that brings together music, movement, and nightlife vibes on the ice rink. This bring-your-own skates or blades event offers a relaxed, social atmosphere for skaters of all skill levels. Limited concessions will be available for purchase.

Dates	Day	Time	Ages	Location	Cost
6/20 & 9/19	Sat	7 - 10 p.m.	18+	Brenton Skating Plaza	\$5

Parks & Rec Month - Bucket List Challenge

July is Parks and Recreation Month! Join us in celebrating by taking part in our Bucket List Challenge. Explore Des Moines' hidden gems, snap photos, and submit them for a chance to win an amazing grand prize. Simply visit designated locations, capture the magic, and enter to win.

Dates	Day	Time	Ages	Location	Cost
7/1 - 7/31	Mon - Sun	Park Hours	All	DSM.city/ParksMonth	FREE

Adult Recess

Mark your calendars, arrange the babysitters, and rally your friends! Adult Recess is back for 2026! Adult Recess is a 21 and up only FREE event that allows adults to be kids for a night. There will be nostalgic playground and tailgate games, a DJ playing all the hits of the 80s and 90s, food and beverage specials from Captain Roy's and so much more.

Date	Day	Time	Ages	Location	Cost
8/7	Fri	6 - 9 p.m.	21+	Captain Roy's	FREE



Summer Camp

General Information

Summer Camp is uniquely designed to serve children in our community by providing affordable recreation services in City parks. The program is intended for youth looking to have a day camp experience. Activities will include arts & crafts, sports, field trips, STEM programs, nature-based programs, swim lessons, and more! Lunch and snacks will be provided. Learn more at DSM.city/SummerCamp.

Registration - Week-By-Week Sign Up

In 2026, our summer camp will be offered on a weekly basis. Participants, ages 5-14, may register for individual weeks at a cost of \$5 per week. Participants may choose one or multiple weeks based on availability. Online registration begins March 25, 2026. Email us at SummerCamp@dmgov.org with questions. Scan the QR code to register!



Register



Camp Details



Columbus Park
1921 SE 1st St.



Drake Park
2300 Drake Park Ave.



E.K. Davis Park
1400 Forest Ave.



MLK Jr. Park
1650 Garfield Ave.



Weeks Middle School Park
901 E Park Ave.

Session	Dates	Days	Time	Cost
Week 1	6/8 - 6/12			
Week 2	6/15 - 6/19			
Week 3	6/22 - 6/26			
Week 4	7/6 - 7/10			
Week 5	7/13 - 7/17	Monday - Friday	Drop Off: 9 - 9:15 a.m. Pick Up: 3:30 - 4 p.m.	\$5/week
Week 6	7/20 - 7/24			
Week 7	7/27 - 7/31			
Week 8	8/3 - 8/7			
Week 9	8/10 - 8/14			



Volunteer

Make an Impact in Your City!

Volunteers bring creativity and vitality to our organization enhancing our efforts to preserve and maintain our public spaces, supporting award-winning programs and facilities, and making Des Moines a great place to live, work, and play! We offer opportunities for all ages, skill levels, and group sizes, and invite you to join us. For more information, please visit DSM.city/Volunteers.

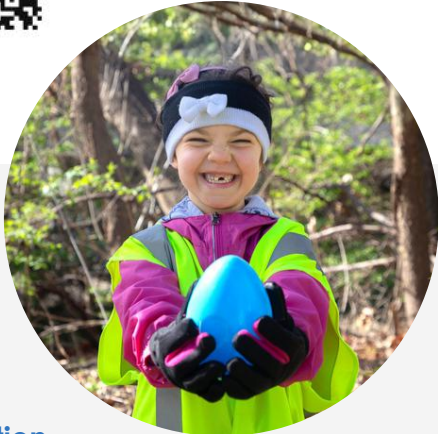


 **Questions?** parksvolunteer@dmgov.org

Volunteer Opportunities

Program	Registration Period
Cache In Trash Out	2/23 - 3/27
Earth Day Trash Bash	3/1 - 3/31
Adapted Programs	Ongoing
Adopt-a-Park/Trail	Ongoing
Dog Park Ambassador	Ongoing

Volunteer



Cache In Trash Out

Join us for a family-friendly eco-hunt with the Iowa Geocacher's Association and the Westwood Neighborhood Association. Help clean up our trails and creeks, find "cached" prizes, and improve water quality in central Iowa. Supplies provided. Please register online at DSM.city/volunteer by 3/27.

Date	Day	Time	Ages	Location
4/4	Sat	9 - 11:30 a.m.	All ages with adult supervision	Walnut Creek Watershed

Earth Day Trash Bash

Join Des Moines, Boone County Conservation, Polk County, Des Moines Water Works, Trees Forever, Iowa Natural Heritage Foundation, West Des Moines, Clive, Johnston, Norwalk, Pleasant Hill, and partners for Iowa's largest Earth Day volunteer event! Celebrate by giving back and greening up Des Moines. Register by 3/31 at Earthday.dsm.city.

Dates	Days	Time	Ages	Location
4/18 - 4/25	All Week	Various	All ages with adult supervision	Various throughout Des Moines metro

Ongoing Opportunities



Adapted Programs

Assist our coaches (staff) in our adaptive sports programs. Together, you'll help youth build self-confidence and self-esteem, relieve stress, improve their health, encourage collaboration and team building, and foster social connections. Learn more about volunteering at [DSM.city/Volunteers](https://www.dsm.city/Volunteers). Specific program information is on pages 7 & 8.

Volunteer Period	Time	Age Requirements
Ongoing	Evenings	18+

Adopt-A-Park / Adopt-A-Trail

Help us clean and beautify our parks and trails. Select from a list of available locations online and commit to hosting (at minimum) quarterly work days for a year. After your first clean up, an adoption sign will be placed with your family, business, organization or individual name.

Volunteer Period	Age Requirements
Flexible, Annual Commitment	18+ for volunteer leaders or open for all ages with adult supervision

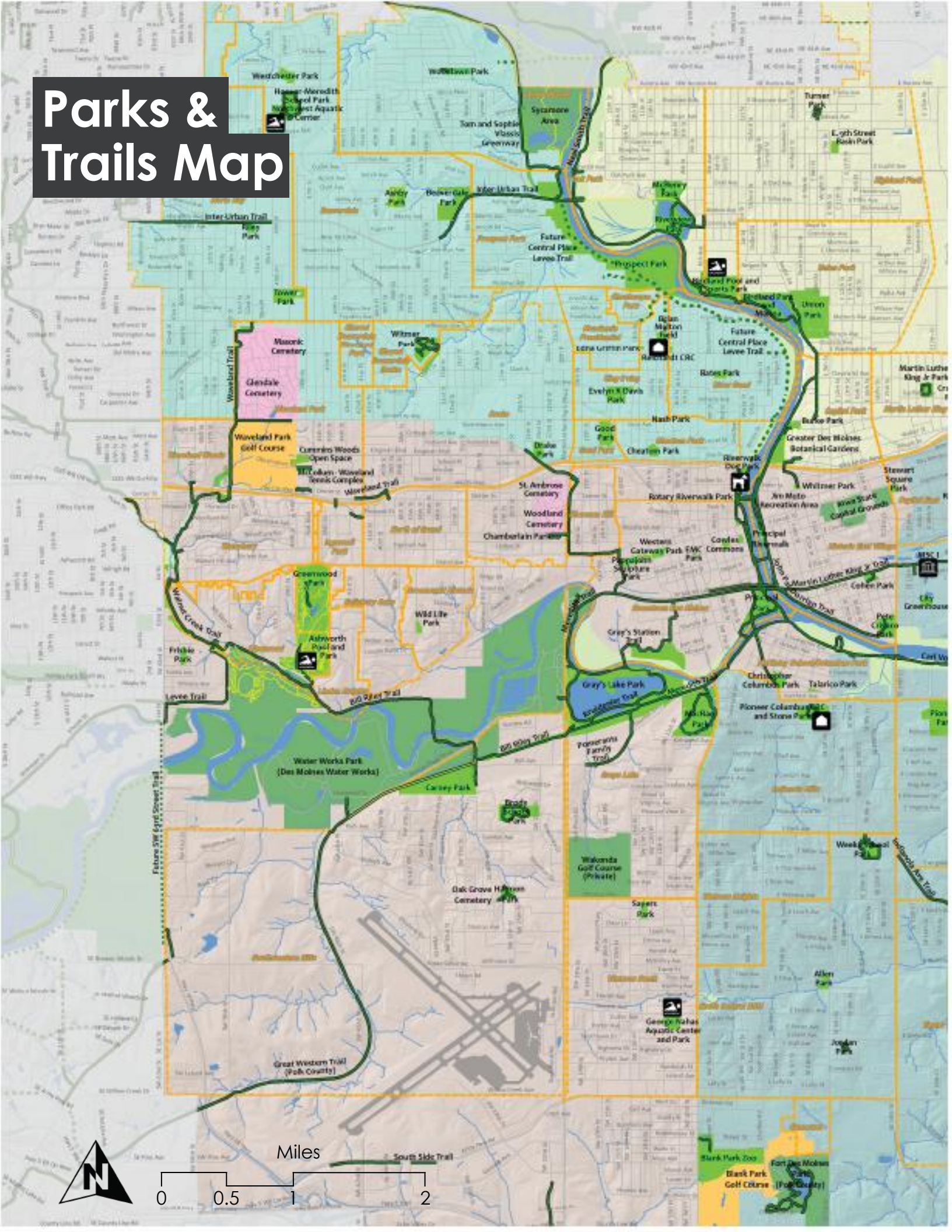
Dog Park Ambassadors

Join our grrrr-eat team of Dog Park Ambassadors welcoming permitted dogs and owners to our parks. Volunteer throughout the year and receive a FREE dog park permit for the following year. To learn more about how ambassadors create a safe and enjoyable dog park experience, scan the QR code on page 22.

Volunteer Period	Time	Age Requirements
Flexible, Year-Round	Flexible shifts	18+ or 16+ with adult supervision



Parks & Trails Map
















Miles



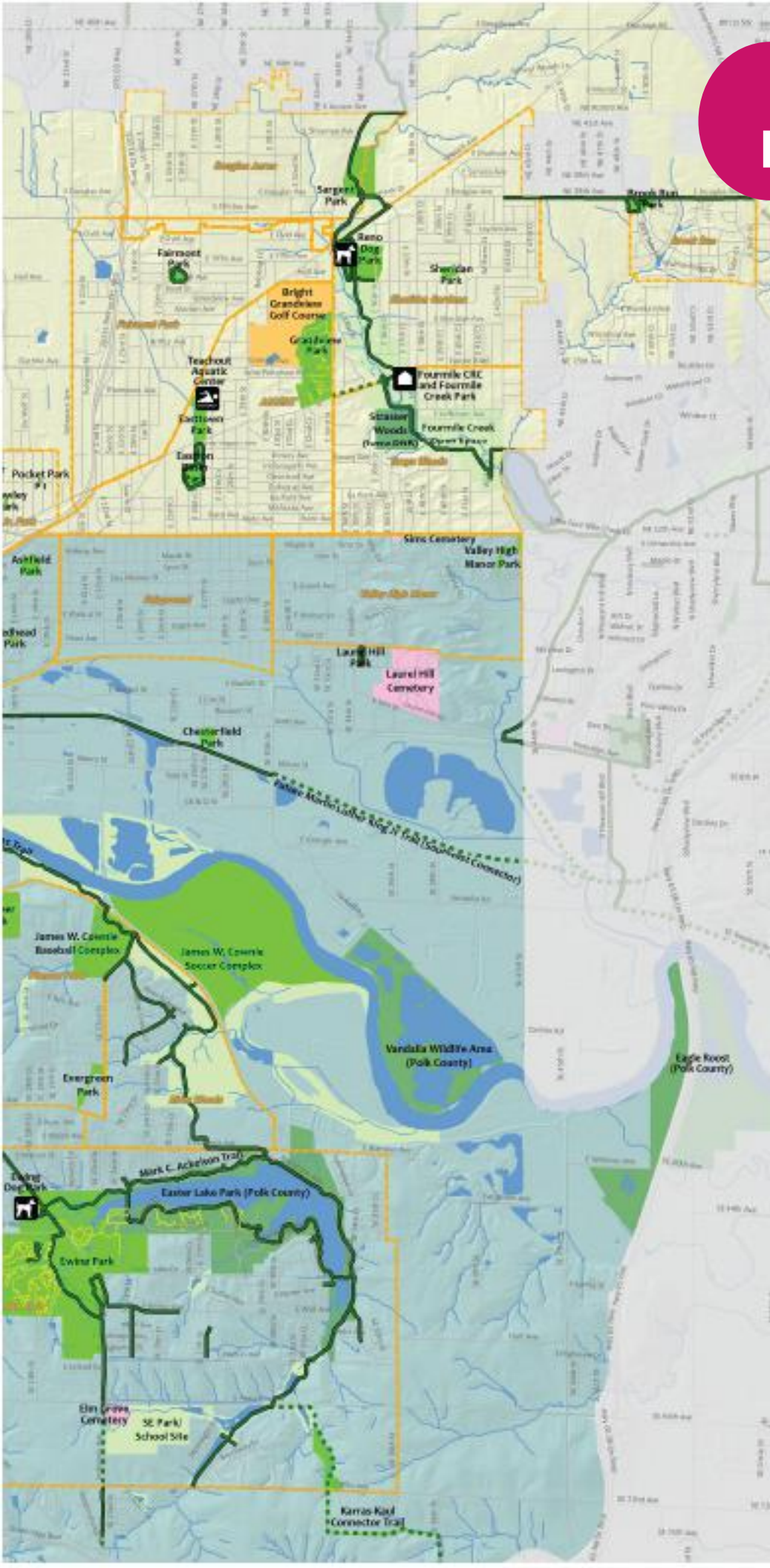
Des Moines Parks and Trails

[Learn More](#)



-  Parks
-  Other Parks
-  Open Space
-  Cemetery
-  Golf Course
-  Paved Trails
-  Nature Trails
-  Future Trails
-  Neighborhood Boundary
-  Municipal Service Center Parks and Recreation Dept.
-  Community Recreation Center
-  Pool/Aquatic Center
-  Dog Park

City Council Wards



Golf



A.H. Blank
711 County Line Rd.



Grandview
2401 E. 29th St.



Waveland
4908 University Ave.

Don't forget! Des Moines also has three public golf courses, each providing a distinct experience catering to all levels of play, as well as offering family-friendly activities like mini golf at Blank Golf Course - scan the QR code for more info!



Parks and Recreation Office
1551 E. Martin Luther King Jr. Parkway
Des Moines, IA 50317
(515) 237-1386
parks@dmgov.org