

COUNTRY MUSIC JAMBOREE

Let's fall into country music! Join the Ingersoll Country Music Jam-boree at the Masonic Hall, 190 Thames St, Ingersoll 1-4pm ev-ery other Fri. Walk-ins welcome! Qualifications: love of 1950-70's country music. Perform, listen, dance, enjoy! Oct 3, 17 & 31, Nov 14 & 28, Dec 5.

FALLING FOR FASHION

Trinity United Church presents: Falling for Fashion - Show & Des-erts, Fri, Oct 3. Tickets \$25, available at the church office 118 Church St, Ingersoll on weekday mornings or call 519-485-0820.

SACRED HEART PARISH EUCHRE

We invite everyone to join us for a euchre afternoon. It will be held in Henderson Hall 133 John St, Ingersoll. Tues, Oct 14 & 28, 1pm. Refreshments provided. Contact: Martha 519-320-0785.

INGERSOLL CREATIVE ARTS CENTRE

Visit the Gallery & Artisan Market Open Mon-Fri 9-4pm & Sat 1-4pm. We are located at 125 Centennial Lane, Ingersoll, in the heart of Victoria Park. We offer membership, artists' studio times for var-ious mediums, adult and youth classes, as well as handcrafted gifts in our Artisan Market. Check out our Facebook page to see what events are happening now!

Current Exhibition: Oxford Quilters' Guild Until Nov 1, the ICAC gal-ery will feature quilts from the Oxford Quilters' Guild's Vice-Pres-ident's Day throughout the years. For over 40 years, the Oxford Quilters' Guild has had a day of sewing--come to be known as "Vice-President's Day"--wherein guild members work on their own interpretation of the year's chosen pattern. Come & celebrate the quilts from this four-decade long tradition!

Upcoming Classes: Paint Your Own Pottery. Thur, Oct 9, 6-8pm.

Window Ink Art with Grace & Lily's Attic. Sat, Oct 11, 1-4pm.

Oil Pastels with Mercedes Victoria. Tues, Oct 21, 7-9pm.

Quilted Twister Wreaths with Susan Butler. Sat, Oct 25, 10-3:30pm.

2025 Deck the Halls Artisan Market Nov 21 & Nov 22 our annual holiday Artisan Market sale featuring the cookie walk as well as pottery, paintings, fibre art, and a wide variety of other handmade items! Find the perfect gifts for this holiday season at the ICAC's Deck the Halls Artisan Market.

THE GREAT PUMPKIN RISES...

...over Oxford County beckoning to all who have pumpkins and/or squash beyond their needs. There are 12 sites around the county accepting pumpkins as fodder for pigs, goats, chickens & other farm animals. This is your chance to haul them in from your porch for personal uses or divert them from waste to livestock. Check out The Great Pumpkin Rescue on Facebook for some great cookery and a list of locations.

HOLLY DAZE BAZAAR

The CWL of Sacred Heart Church, Ingersoll will be holding their annual Holly Daze Bazaar Sat, Nov 8, 9-2pm at Hen-derson Hall, 133 John St, Ingersoll. Check out the Bake Table with fruit pies, meat pies, tarts & squares! Our Penny Table is always a hit. We will have Christmas décor for indoors & outdoors. The Country Store, Quilt Draws and 50/50 Raffle will all be back, too. Enjoy a coffee break with a friend or a hearty chili lunch in our café and get an early start on the Christmas season at the same time!

SCRAPBOOKING

We are holding our scrapbooking event to raise funds for MS on Sat, Nov 15, 8-9pm at the Unifor Hall in Ingersoll. It will be \$60 in-cluding lunch, supper & snacks all day. Silent Auction, door prizes & lots more. Please register: Kathy kwinlaw13@hotmail.com.

INGERSOLL UKES (I UKES)

Join us if you're interested in singing & strumming your ukulele with others. All instruments welcome. Weekly on Thursdays 7-8:30pm at the Ingersoll Legion, 211 Thames St. N. 5\$ per week, music supplied. For more info. email ingersollukeleles@gmail.com.

CHRISTMAS MAKERS MARKET

This year Crossroads Bible Church will be hosting their 3rd an-nual Christmas Makers Market at their new location, 184 Oxford St, Ingersoll. The building will be bustling with festive activity as dozens of vendors sell their handmade wares & as good food and live music are enjoyed by all! Come join us for this fun family event Sat, Nov 15, 11-4pm. Don't forget to bring some cash so that you can get a head start on your Christmas shopping! All are welcome and we look forward to seeing you there!

28TH ANNUAL ROTARY CHRISTMAS PARADE

On Sat, Nov 15, 11am, the 28th Annual Ingersoll Rotary Christmas Parade will once again bring festive cheer to our streets, this year sparkling under the theme "Santa's Workshop." The Rotary Club of Ingersoll is inviting bands, schools, businesses & community groups to get involved & showcase their creativity. Entries are free, and the club is hoping to see as many floats, costumes, and fes-tive displays as possible to help make this year's parade the best yet. If your group would like to be part of this wonderful community tradition, visit ingersollrotary.com to register today.

THAMESFORD TROJANS HOME GAMES

Fri, Oct 10, Port Stanley
Fri, Oct 17, North Middlesex
Fri, Oct 24, Exeter

All games at 7:30pm at
Thamesford Area Recreation Centre.



INGERSOLL SERVICES FOR SENIORS

250 Ingersoll St. S. ~ 519-485-3869 ~ info@ingersollseniors.com

October is Community Support Services Month

GROCERY BUDDY Our friendly volunteers will pick up groceries for you! Volunteers are needed as this program grows.

FROSTY MEALS \$7.50/entrée \$2.50/soup or dessert. Free delivery.

MEALS ON WHEELS \$7/day, served at lunchtime Mon-Fri

CURBSIDE MEALS Full meal & dessert on Tues, \$10. Pick up 11:45-12:15pm. Free delivery to Ingersoll and Thamesford available.

Dine In Full meal & dessert on Friday in our Dining Room, \$10. Free delivery to Ingersoll and Thamesford available. For Tues & Fri meals, call to book by 12pm the day before!

HOME HELP & MAINTENANCE PROGRAM We are looking for people to clean homes & do landscaping. Do you have a truck to help with large deliveries?

TRANSPORTATION for older adults & those with disabilities in Ingersoll & surrounding areas. Rides to & from appointments, errands, etc. We have very reasonable rates & reliable drivers. 3-day notice preferred. We are looking for people to drive, please call us to fill out an application today. Drivers are reimbursed for their mileage.

ASSISTIVE DEVICE LOAN PROGRAM This free program has a wide range of equipment from crutches to wheelchairs. We also take donations! DROP OFF & PICK UP Mon-Fri 9-12pm. We currently have electric wheelchairs & scooters available to lend. We also have 2 monitors that will magnify text, images & objects.

HELP WITH FORMS Free, by appointment. CPP, OAS, GIS & passport forms, etc. We are assisting those with simple taxes.

TELEPHONE REASSURANCE Security checks can make all the difference to an individual alone at home. If you or a loved one would like to talk with a friendly volunteer once a day or once a week.

FOOT CARE CLINIC \$31. Call for appointment.

VOLUNTEERS We are looking for volunteers to assist with Meals on Wheels delivery on Mon, Wed & Fri 11:30-1pm in Ingersoll. Please call Victoria 519-485- 2269 if you're interested.

Bits 'n Clips

ELLIOTT

October 18, 1975-2025 ~ 50 Years!

Len & Catherine Elliott invite family & friends to an Open House at Trinity United Church, Ingersoll on Saturday, October 18, 2025, 2-4pm.

Best wishes only. (PS, it's also Catherine's birthday!)

GORDON

In loving memory of Bruce Gordon who passed October 2021.

You did so many things for us, your heart was kind & true.

And when we needed someone, we could always count on you.

The special years will not return when we were all together.

But with the love within our hearts you will walk with us forever.

Forever loved & never forgotten,

Carole, Steve & Laura, Bill & Shelley, Sharon & Tim, Bob, grandchildren & great grandchildren.



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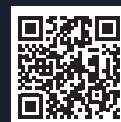
COOKING CONNEXIONS

Cooking Connexions is designed for single people living alone in Thamesford & surrounding area. Together we prepare a nutritious home style meal & everyone participates in the preparation, cooking & clean-up. Each participant pays \$10 and that gives you a lovely sit-down meal to enjoy together & enough food left for another meal to take home. This will be a 3 course meal consisting of soup/salad/appetizer, a main course, followed by a yummy dessert served with coffee & tea. We meet at Westminster United Church at 10:30am and are usually all wrapped up by 2pm. If you would like to participate, please contact Mariette Bardoel 519-533-7515 or mbardoel65@hotmail.com, your first meal is on us, so come out & see what we are all about. Our next dates are Oct 23, Nov 20, Dec 18.

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INGERSOLL LIBRARY

Local History Speaker Series: "Oxford's Pioneers" Oct 4, 2pm. The 4th & final presentation in this year's Local History Speaker Series, Scott Gillies's presentation "Oxford's Pioneers" will examine an array of Oxford County's earliest settlers & their descendants, particularly those that helped put Oxford "on the world map". This presentation will also be available to watch virtually on Zoom – registration is required to participate in this event virtually.



Murder Mystery Night: Oct 17, 6pm. Everyone is a suspect. Can you figure out who did it? Guests are invited to Mistletoe Manor to toast the 5th anniversary of the Detective Club. Participants will join the game in character to help solve the mystery & will receive character information & a small script before the event. Costumes are encouraged, but not required. Adults 18+. Registration required.

Film Club Screening of "Arrival": Oct 22, 5pm. Please note that this program is for adults 18+.

True Crime Trivia: Thur, Oct 23 or 30, 6pm. Adults 18+ only. Register your team of up to 6 adults for an evening of true crime trivia.

Film Club Discussion: Oct 29, 5pm. Each month 4 themed films will be available for the club to borrow, watch & discuss. One of those films will be screened at the Ingersoll Library. This year the theme is "Cinema through the decades", and October films will cover the 2010s! For information email lheinbuck@ocl.net. Registration required. *Please note that this program is for adults 18+.

Huggable Monstrosities: Oct 16, 5:30-6:30pm. Create your own one-of-a-kind lovable monster in time for spooky season! We'll use all kinds of materials that will make Frankenstein jealous. This event is for tweens & teens grades 7-12. Regist. required.

Five Nights at Freddy's Escape Room: Oct 27, 6pm. Join others while you investigate Freddy Fazbear's Pizza after a gruesome murder. Learn the secrets of the restaurant & survive to tell the tale. This event is for tweens & teens grades 7-12. Regist. required.

Shake, Rattle, & Read: Wednesdays, Oct 1-29, 9:30am-10am. Best suited for ages 2-6 with their caregiver. No registration required. Together we will boost our early literacy skills by singing songs, reading stories, and having fun!

Messy Monday: Mon, Oct 6, 10-11am. Ages 5 & under with their caregiver. Explore learning through play, building & creativity.

PA Day Mini Pumpkin Painting: Fri, Oct 10, 10-12pm. Ages 12 & under. Drop by to paint your own mini pumpkin. While supplies last.

Halloween Crafternoon: Thur, Oct 23, 2:30-4:30pm. Ages 12 & under. Drop by to make a beaded spider on a web.

Tween Time: Masks: Tues, Oct 28, 4-5:30pm. Ages 9-13. Drop by the Ingersoll library to make a masquerade mask.

Truck or Treat: Sat, Oct 25, 10-12pm. All ages welcome. Rain or shine event. Drop in. Wear your costume & bring your own bag to trick or treat to community helpers & their vehicles!

THAMES CENTRE COMMUNITY CHOIR

The TCC Choir is in full swing, welcoming new members & singing a wide variety of music. You will find the choir at Banner United Church on Sun, Oct 5, 3pm music service. Rehearsals are on Tues 7pm at the Thorndale Lions Community Centre, 265 Queen St, Thorndale. New singers are always welcome. Please email c_baskerville@hotmail.com for more information.

BEACHVILLE MUSEUM SPEAKER SERIES

Tues, Oct 14, 7pm at the Beachville District Museum the Beachville District Historical Society Speaker Series guest speaker will be Scott Gillies with "Superstitions". Join us for a spooky evening with lunch to follow. All are welcome.

Ayyyyy!

Linda & Lois
met the Fonz



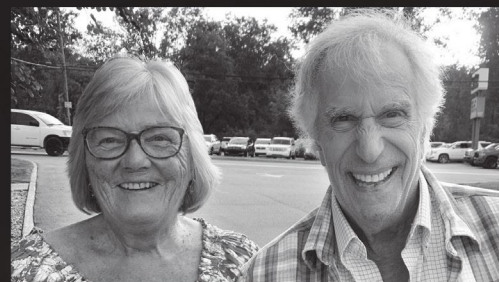
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FITNESS AT INGERSOLL 50+ CENTRE

250 Ingersoll St. S. ~ 519-485-3869 ~ info@ingersollseniors.com
FITNESS ROOM is open to all members & is equipped with: treadmill, elliptical, recumbent bike, spin bike, weights & more. If you want to work out independently, this is the place to do it! A fitness orientation is needed before the first use. \$1/use.

Registered Programs: FUNCTIONAL MOVEMENT Tues 11am. This class addresses the serious issues of aging independently and well. This class is low to no impact.

PILATES Thur 11am. Low-impact exercise, focusing on the core. Stretching & strengthening. All levels welcome.

STROKE RECOVERY, COPD, PARKINSON'S DISEASE FITNESS Tues/Thur 10:30am. Light to moderate intensity exercise with a focus on functional movement.

DROP-IN FITNESS CLASSES: TAI CHI Mon 12:30pm. A gentle exercise incorporating graceful, slow movements to help restore balance.

VON SMART Exercise Class Mon & Thur 1:30pm. Safe & effective exercise & fall prevention program.

TOTAL TONING TIME Mon 5:30pm. Full-body workout to leave you feeling powerful & energized. Options for every fitness level, you'll tone & tighten from head to toe.

CIRCUIT TRAINING Mon 4:30pm. Target different muscle groups with little rest in between.

LINE DANCING Beginner Mon 6pm - Improver Mon 7:15pm - Absolute Beginner Wed 10:30am.

TOTAL BODY WORKOUT Mon & Tues 9am. Energetic, fully standing class set to fun music, focusing on cardio, balance, resistance.

CHAIR YOGA Tues 10am, Thur 10:30am. A mostly seated class, gentle yoga poses are used to strengthen and stretch the body.

WALKING CLUB Wed 9am. Enjoy a morning walk at various trails/locations. Call to get exact walking locations (members only).

PICKLEBALL Mon/Wed/Fri 9am. Outdoor courts. Come out and try your hand at this popular sport. Drop-in rate \$2/week.

CHAIR FITNESS Wed 9am. A seated class for those that may have mobility or balance issues. A gentle yet vigorous workout.

CARDIO GROOVE Wed 5:30pm. Upbeat dance cardio class! Feels more like a party than a workout. No dance experience needed.

YOGA FOR A HEALTHY BACK Wed 6:45pm. Strengthen core muscles, increase spinal flexibility & help to improve posture.

GENTLE YOGA Thur 9am. Poses both standing & on the floor.

STRENGTH & STRETCH Fri 9am. Increasing strength helps with activities of daily living. Pumping weights, flexibility & relaxation.

OSTEOFIT Fri 10:30am. Gentle total body workout for those concerned with osteoporosis. Also suitable for those with osteoarthritis. The class can be done standing or seated.

ZUMBA GOLD® Fri 11am.

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SWEABURG LIONS EUCBRE

The Sweaburg & District Lions Club Euchre is Sat, Oct 25, at the Sweaburg United Church. Doors open at 6:30pm. Admission is \$10 & light refreshments are available. Everyone is welcome. Come have a friendly evening of euchre.

"SONGS MY FATHER SANG TO ME"

Old St Paul's Anglican Church, 723 Dundas Woodstock, welcomes the renowned Reverend Mark Curtis with his musical sermon, "Songs My Father Sang To Me" on Sat, Oct 18, 2pm. Come visit our historic church to worship with this talented priest & singer-songwriter. Good will offerings only. All are welcome. Refreshments will follow.

CUCKOO'S NEST 2025-26 CONCERT SEASON

PAUL McKENNA Sun, Oct 5, 7:30pm, Chaucer's Pub, 122 Carling St, London. Direct from Scotland Paul has long been ranked among our finest singers & songwriters, armed with a powerful yet intensely emotive voice and passionate social conscience.

IAN TAMBLYN Sun, Oct 19, 7:30pm, Chaucer's Pub. Ian was born in Thunder Bay in 1947. His first "professional" and self titled album was recorded in 1976.

SIMON KEMPSTON Sun, Nov 9, 7:30pm, Chaucer's Pub. Simon is 'one of Scotland's very best songwriters' (The Sunday Herald). For Information call 519-319-5847 or email folk@iandavies.com.

CHRISTMAS CONCERT

The inter-Church is excited to announce the 3rd annual Christmas Concert with Ted Cominsky & local musicians, Victoria Thompson, Peter Cox, Bob Breen, and Jim Gonder. This event will be held at Sacred Heart Church, Sat, Dec 6, 7pm. Tickets will be available at Lesser Brothers Jewelers, Patina's or call 519-857-7458.

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SWEABURG BEEF SUPPER

Sweaburg Church is hosting a drive through Beef Supper Wed, Oct 22, 5-6pm. Beef, vegetables & pie. \$25. Advance tickets only at rdgarfat@outlook.com or 519-456-8810.

CANADIAN HARVARD AIRCRAFT ASSOC.

Experience the exhilaration of flying in a Second World War warbird while looking down upon the beauty of fall colours surrounding Tillsonburg. While the public can fly with us any Saturday, we welcome you to join us at our last Open House & Fly Day of the season Sat, Oct 4 (Rain date: Oct 5) during our special 40th anniversary season. Come out to the Tillsonburg Regional Airport and bask in the surrounding fall colours. These FREE family-friendly outdoor events offer the opportunity to see our collection of Second World War Harvard aircraft up close, tour our hangars, explore our restoration projects, purchase souvenirs, and best of all, go for a flight! (additional cost for flights). Come explore North America's largest fleet of Harvard aircraft & what the volunteers are doing to keep the history & legacy of these warbirds alive. In case of inclement weather, check our Facebook page for updates. While pre-booking flights is not necessary, it is recommended. Contact crewflights@harvards.com to ensure your seat. In addition to our October Open House & Fly Day, we have Harvard back-seat flight experiences available for 2 of our commemorative Remembrance Day flights - Oct 19 over Ohsweken, and Nov 9 over Sheddon. Flights are \$550 per seat. One seat per aircraft. Contact crewflights@harvards.com to see if seats are still available.

INGERSOLL SKATING CLUB

REGISTRATION is now open on our website. We are offering Canskate, Power Skating, Parent & Tots, and Starskate programs. Canskate is a learn to skate program that teaches stopping & forward and backwards skating skills. We are excited to be offering some new pricing options. Our programs are offered Wed evenings & Sat and Sun at the Ingersoll arena. All ages & skill levels are welcomed. For further information please visit our website at www.ingersollskatingclub.com or email us at ingersollskatingclub@outlook.com.

INGERSOLL MEDITATION

\$10 donation, Tues 7-8pm. No experience necessary. Just come, get comfortable & listen as the meditation guides you into relaxation & ease. Join "Ingersoll Meditation Group" on Facebook to get all the info & address or call 519-485-0629.

A CHRISTMAS FAIR

Join us at St. John's Anglican Church, Thamesford as we present A Christmas Fair. Baking, crafts, etc. Sat, Dec 6, 9-Noon. Wheel chair accessible.

Community Futures



Oxford

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The Ingersoll 50+ Activity Centre
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BELLS AND BOWS CHRISTMAS BAZAAR

Our Bazaar will feature:

- Bake Table**
-delicious baked goods, Build-a-Box
- Dasher's Deli**
-homemade meat pies, cabbage rolls, preserves and more!
- Fresh Greens**
-outdoor and indoor arrangements
- Santa's Attic**
-Christmas yard sale items
- Silent Auction**
-unique items to bid on
- Advent Pull**
-\$20/pull, guaranteed win
- Lunch Room**
-sandwiches, soups, and desserts
- 12 Days of Christmas**
-12 wonderful baskets to win
- Mrs. Claus' Closet**
-ladies wear, jewelry, home decor items
- Vendor Sales**
-variety of items from local vendors
- Artisan's Alley**
-hostess gifts, handmade items from our woodshop

**We are looking
for vendors,
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volunteers to
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successful
fundraiser for
our Centre!**

**Saturday,
Nov. 23rd
9am to 2pm**

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519-485-3869 ~ info@ingersollseniors.com



THANKS FOR THAT OLD STUFF!

Actually, it was vintage! If it got to either of the Reuseapalooza- has this fall, chances are good it is being used & up-cycled. Bryan Smith and the Oxford Coalition for Social Justice thank Zorra again, and add thanks to SWOX Township, the board of the Mt Elgin Community Centre, and the Engage & Inform Committee for their commitment to zero waste. See you again in the spring.

EMBRO LEGION BRANCH #318 128 Huron St, Embro
Brunch reopens Oct 5 and is the 1st Sunday each month, Oct - May
Karaoke with Karaoke Steve Nov 15, 7-11pm, everyone welcome!
Brunch Only Dec 7
Trivia Night Jan 17

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INGERSOLL MUSEUM

Mystic Market Are you ready for a night of mystique? Join us for the Mystic Market at the Ingersoll Cheese Museum Fri, Oct 10, 6-10pm. Explore a world of eerie delights with vendors offering all things spooky & macabre. Get a glimpse beyond the veil with tarot readers & mediums, learn the secrets of ghost hunting from the local paranormal investigators, and see some intriguing artifacts from Dustin Wade of Wade Manor in Woodstock. Francisco is back to share his paranormal magic with you. New this year: Jim Munch the Zombie! Walking Among Us, Paranormal Investigators. Come for a hauntingly good time—if you dare!

PumpkinFest This fall family-friendly event is one you won't want to miss Oct 25! There will be a costume contest for adults & children, a petting zoo, kids crafts, activities, and MANY vendors to visit. We will have free pumpkins for children to pick & take home.

New Exhibit: Superstitions: Fact, Fiction & Folklore Now open. From ancient traditions to modern-day habits, superstitions offer a window into our collective fears, hopes & the stories we tell ourselves to make sense of the world. Through interactive displays & historical context, we invite visitors to uncover the origins of these captivating customs & the meaning they hold for people around the globe.



THORNDALE DINNER THEATRE

Think you would like to be an actor? The Thorndale Agricultural Society Is holding auditions for the 2026 dinner theatre Oct 16 & 21 at the Thorndale library 7pm. The play, 'A Murder of Scarecrows' by Pat Cook runs Feb 21, 22, 25, 27 & 28. Tickets will go on sale Dec 6. For more info, call Jackie 519-461-0218.



WEDNESDAY AFTERNOON LADIES LEAGUE




2025 - 2026 season has begun! Weekly games over 200: Week 1 Kim Overton 249; Week 2 Bonnie Johnstone 213, Kim Overton 208; Week 3 Michelle Kirwin 225 & 208, Toni Scaiff 200. We are off to another fun filled season. Good Luck Ladies.

AFFECTED BY SOMEONE'S ADDICTION?

Nar-Anon groups are a worldwide fellowship for those affected by someone else's addiction. We offer our help by sharing our experience, strength & hope. Helpline 1-800-477-6291. Please contact your local area or region for specific information regarding group changes. Some group, area, and regional website information can be found at <https://www.nar-anon.org/other-sites>.


SALFORD LEISURE CLUB

At this season, we do hope everyone has had a chance to get out and enjoy this warm & beautiful fall weather. Even better, take the car out for a ride to sightsee all the beautiful colours of our native maple trees. Soon enough the leaves will be giving us a workout, raking them up and then sending them off to the compost. Some of our members are still on summer hours & unfortunately Roz Force & Martha Wrona are under the weather. Sending out well wishes to them both. So our numbers are down for shuffleboard & we could use some euchre players to add another table or two. Everyone is welcome to come out & enjoy the fun and fellowship of our Leisure Club. Call for info 519-485-3652.



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**NOVEMBER 28TH, 2025
6 - 8 PM**

Join us in the Sakura House gardens to walk amongst the lanterns and pay tribute to your loved ones.

THAMESFORD FRIENDSHIP CLUB

Wed, Oct 22 the Thamesford Friendship Club can look forward to our annual 'Autumn Outing'... always a time of glorious colours. This year we will head north of London & stop in Arva to check out the mouth watering aromas of the Red River Bakery. We'll then have a tour through the Arva Flour Mill by the scenic dam & waterfall. We'll continue north to check out Crunican Orchards. It is a 4th generation family apple orchard & farm market with a wide selection of local food products & apples. By then you will be ready to enjoy lunch at the North Star restaurant on Highway 7 at Elginfield Rd. Details: be at the Thamesford Library parking lot by 9:45am so that we can be on the road by 10am with prearranged carpooling. You will need to let us know that you are coming by Wed, Oct 15, so that we can make arrangements with restaurant & drivers. Please call Bunny 519-902-2054 or Helen 519-285-2024 to reserve your spot. You will need to bring money for your lunch & any other purchases you wish to make at the shops. The TFC is a 55+ group of folk living in or around Thamesford. We meet 10 months of the year, most times at the Beaty Room to enjoy a catered meal followed by dessert & entertainment in the form of music or speaker. To find out more, give us a call.

INGERSOLL CHORAL CONCERT

Join the Ingersoll Choral Society as they present their first concert of the season, "Connecting with Nature". Enjoy a variety of nature themed pieces – Song for the Mira, Wind and the Flower, What a Wonderful World to name just a few. Oct 25, 2pm & 7pm performances, at Ingersoll Christian Reformed Church, 429 King St W, Ingersoll. Tickets \$25, available at Patina's, Ingersoll or any ICS member.



See Our Website for Monthly Specials!

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Ingersoll, ON
N5C 3J6

Tel: 519-425-0428
Fax: 519-425-1714
Cell: 519-630-6649
Email: shane@greatfloors.ca

BROWNSVILLE LIBRARY

Coffee & Connect The Brownsville Library in partnership with the Brownsville Community Hall & Park Committee will be hosting a Coffee & Connect Drop-in program the 1st Thur of every month. Join us Thur, Oct 2, 10am in the Brownsville Community Hall. Community members are welcome to stop by & chat over a free cup of coffee!

Tales for Tots Join us at the Brownsville Library on Thur mornings in October 10-11am for our Tales for Tots program! There will be a storytime with songs & rhymes followed by a craft and play time.

An Evening of Cooking Join us at the Brownsville Library on Tues, Oct 14, 5-6pm for an evening of cooking & fun with the talented Jed Lau! Jed will provide a demonstration to the group on how to cook a flavourful dish that participants will get to sample. This program is for adults, please register at www.ocl.net.

FEBRUARY DEPARTURES WITH ISE:

ISE-Ontario, aka International Student Exchange, is happy to announce that their European partners have lots of wonderful teens to share interests, time, and perspectives with teens in Oxford. ISE offers 9 week exchanges, including their Go First option starting soon in the new year, and a 3 week summer exchange. For more information check out www.iseontario.on.ca or contact bryasmit@oxford.net.

THISTLE THEATRE - EMBRO

Perils of Persephone The Box Office for Thistle Theatre's production of "The Perils of Persephone" by Dan Needles is now open. We're bringing back our very first production at Thistle Theatre from November 1995 to celebrate our 30th Anniversary. Show dates: Nov 14, 15, 20, 21 and 22, 7:30pm; or Nov 16 & 23, 2pm. Tickets \$25 at www.thistle-theatre.com or by calling 226-785-3353. Interested in dinner & a show? Once again, Knox United Church is hosting a special meal before the show at 5:30pm on Sat, Nov 15 & 22. You can add these on to your ticket purchase for an additional \$25. Nov 15 is homestyle meatloaf or Nov 22 is turkey dinner. This play by Dan Needles, who is most well-known for his series of "Wingfield" plays, first premiered at the Blyth Festival in 1989. The play is set in the same fictional farming community of Persephone Township as the "Wingfield" plays. The play tells the story of a truck with radioactive material that crashes into a swamp near a family farm in rural Ontario. The farm community is pitted against government people from the city who want to downplay the situation, with hilarious results. Are you interested in being a volunteer or being part of the crew for this production? Please reach out to John.john.a.turvey@gmail.com. We still have a few spots to fill.

Beachville Baptist Church

8 King St. Beachville

Even in uncertain times, all that is old can be new again. Join us Sundays 10:30am as our new pastor, Ellie Muir, shares the message of God's Everlasting Love (Jeremiah 31:3). Please come to share the love of our community. Discover the power of faith & the joy of belonging to something greater than yourself.

**We can't wait to meet you.
We welcome you
and your gifts & talents, whatever they may be.**
Contact: Ellie Muir 519-533-3694 call or text



FREE YOUTH PROGRAM

Free youth program for ages 12-18. 201 Royal Canadian Air Cadet Squadron: * Participate in survival training exercises * Fly simulators * Learn leadership skills & make lifelong friendships * Join the squadron pipe & drum band. * Earn community service hours * All training & uniforms are free of charge. The squadron meets weekly on Wednesday at the Dorchester Optimist Club, 6:30-9pm. For more info: email: captain.higgins@outlook.com. <http://www.aircadets.ca/201/>

INGERSOLL DISTRICT NATURE CLUB

Annual General Meeting Sat, Oct 18, 2pm at the Lawson Nature Reserve where we will also support & participate in SW Oxford's 1st Annual Hike for Hunger & Health, which will run at the Reserve 1-3pm. We will meet at the Reserve at the front gate. Please join club members at 2pm to walk the property, sit on our newly installed benches & enjoy some time in our woodlands. We will hold a quick meeting in the pavilion to acclaim our executive members, talk about the upcoming year & planned projects for the Reserve. Refreshments will be provided & bring your binoculars!

1st Annual Hike for Hunger & Health at the Reserve 363695 McBeth Rd. Salford Oct 18, 1-3pm is sponsored by South-West Oxford's Engage & Inform Committee. Food & monetary donations will be accepted for the Oxford Food Project. Please join in & donate if you can. There will be a scavenger hunt for children & refreshments will be provided by the committee. For more information on the Ingersoll District Nature Club please contact Sheila 519-485-2645 and www.ingersollnatureclub.com.

OPERATION CHRISTMAS CHILD

Shoebboxes can be obtained from Connect Hearing & Enjoy Travel (Wagonlit) in Ingersoll & Woodstock, as well of the Fire Hall in Ingersoll. Please return your filled boxes to those locations by Nov 19 if you have 10 or less. Larger numbers can be taken to Movement Church, 65 Lansdowne, Woodstock during the specified hours <https://www.samaritanspurse.ca/drop-off-locations>.

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COME CELEBRATE WITH US

Please join us Sun, Nov 2, 2pm at St James' Anglican Church in Ingersoll. The Bishop of the Diocese of Huron, The Right Reverend Todd Townshend, will officially open & consecrate our new location at 130 Thames St. South in Ingersoll. There will be a time of fellowship following the service. All are welcome to come & celebrate with us our journey to our new home.

BEACHVILLE LEGION

434852 Zorra Line, Beachville

Gentle Chair Yoga Oct 1, 8, 15, 22, 7-8pm. \$10.

Fundraiser & Dance for Woodstock Kitten Nursery & Rescue Sat, Oct 4, 7:30-12:30am. 19+ event.

Bluegrass & Old Time Country Jam Sat, Oct 4, Sat, Oct 18, Sun, Oct 26, 1-4pm. Play with us in Open Mic Jam (acoustic) or come listen.

Ham & Scalloped Potato Dinner Fri, Oct 10, 5:30pm.

Pasta Dinner Fundraiser for Kitten Nursery Sat, Oct 18, 5-9pm.

Karaoke Oct 18, 7-11pm.

BBQ Beef on a Bun Dinner Fri, Oct 24, 5:30pm.

Annual Parks & Rec/Legion Halloween Dance Sat, Oct 25, 8-1am.

General Meeting Wed, Nov 5, 7pm.

Men's Dart League Mon 7pm commencing Oct 20. Sign up by Oct 6. \$50. Call Dave Lapierre 226-888-7246.

Line Dancing Thur 7-8pm, \$10.

Into to Ballroom Dancing Thur 8:15-9:15pm \$10. No partner required.

Euchre Thur 7pm • Darts Fri 8pm • Free Pool

Hall rental for meetings, parties, receptions. Follow us on Facebook or visit our website for additional events & updates.

We Will Remember Them We at Beachville Legion along with family members of local Veterans are proud to display many Veterans Banners throughout the village. It is a way for us to remember & honour those who served.

November will bring our Annual Remembrance time. On Sat, Nov 1 the Beachville Legion will be canvassing in Beachville, Foldens, Sweaburg & Dorland Subdivision for our Annual Poppy campaign. We will hold a Remembrance Day Service at our Cenotaph on November 11th at the 11th hour. All are welcome for this day of Remembrance with a lunch inside the Legion after the service.



BUY LOCAL FOOD

• When American sources, EWG for instance, warn you off eating multiple foods, the Dirty Dozen, because of the excessive use of pesticides on American farms, it's a good time to shop for local Canadian crops.

• When farmers' markets & roadside stands are loaded with fresh, local food that has not travelled days 'cooking' in a truck, it's a good time to buy for use immediately; canning, bottling, or freezing for winter.

• When innovation is at markets & restaurants in Oxford, it's a great time to buy your food and/or your meals locally.

Bryan Smith applauds your purchases of locally grown food.

ITOPA

7-10 Split by Michael G. Wilmot - Season opener now in rehearsals Oct 10-12, 16-19. Since his aspirations to be a pro bowler went off the rails, Earl has tried one get rich quick scheme after another. This time, things are different when a rich Count from the internet has offered him money to help save his fortune. What could possibly go wrong? For full details, visit ITOPA.ca.

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GRIEF & THE HOLIDAYS

The Caring Hearts Support Network is hosting: Grief & the Holidays. Join us Nov 26 & Dec 3 at St David's United Church for support as the holiday season approaches. These sessions will focus on navigating the festive period in a way that feels right for you. It's completely understandable if you're not feeling joyful; we'll share practical tips & strategies to help you through this challenging time. In our 2nd week together, we'll craft memorial ornaments to honour our loved ones. Call, text or email to register 519-536-3370, info@caringheartssupportnetwork.com.

SAVE THE DATE

Announcing The Woodstock Choralaires' Christmas Concert, "Merry Christmas, Merry Christmas!" Sat, Dec 6, 3pm, at Knox Presbyterian Church, Woodstock.

A SCOTTISH CEILIDH (PARTY)

We are holding our 3rd annual ceilidh Sat, Oct 25, 7-11pm at the Ingersoll Pipe Band Hall, 108 Wonham Street S, Ingersoll. Entertainment begins at 7:30pm with fabulous music provided by featured performers "The Paddy Stones", Sim School of Highland Dance, and the Ingersoll Pipe Band. Patrons will also have the opportunity to try out Scottish Country dancing expertly led by local volunteers. A light lunch will be served during the evening & there will be a cash bar, and a silent auction with plenty of wonderful items to bid on. Tickets for the ceilidh are \$35 each. Call or text 519-878-4494 to reserve yours, or send the IPB a message through Facebook Messenger to have your orders filled.

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FROM SOUTHWESTERN PUBLIC HEALTH

Belonging starts here: How public health & schools are helping youth feel seen, heard & supported. Grade 12 student Ava Meadows is seated beside her school's social worker. The room is silent, aside from Ava's voice & a rolling video camera as she recounts her experiences being a student leader at St. Mary's Catholic High-school in Woodstock. "I know so many of my friends here have bad days. But they're always telling me what's going on & that they're there for me. It's OK, I'm going through tough times too, it's OK." Ava's words capture something essential: belonging isn't just about being present in a classroom, it's about feeling safe, valued, & supported. Her experiences are central to the latest installment of Vital Perspectives, a miniseries by Southwestern Public Health that highlights important issues impacting the community like the opioid crisis & climate change. This 3rd installment shines a light on the powerful connection between belonging & youth, and how schools & public health professionals are working together to create environments where young people can thrive.

Why belonging matters For youth, particularly during adolescence, the need for connection is more than social; it's developmental. Belonging helps shape identity, builds coping skills, and protects against mental health challenges like anxiety, depression, and loneliness. Students who feel they belong are better equipped to manage stress and adversity, leading to stronger academic and emotional outcomes. "Our local school boards are already working on building belonging and inclusivity within schools," adds McLean. "Public health supports this work through collaborative efforts that put students' voices and well-being at the centre."

A call to action Parents, teachers, coaches & community members all play a role in creating spaces where youth feel like they matter. It starts with kindness, curiosity & connection, and it continues through partnerships that place student mental health at the heart of school culture. To hear directly from students, educators, and public health professionals, watch the latest Vital Perspectives video at swpublichealth.ca/vitalperspectives.



BROWNS EUCHRE

Join us for euchre 2nd & 4th Thurs of each month. Cost \$5. Our euchres start with a light snack at 1pm with euchre to follow. Contact: Carol 519-702-2871.



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COLOURING THROUGH GRIEF

Third Wed monthly. One time fee of \$15. Registration is required. Call 519-536-3370. Visit www.caringheartssupportnetwork.com.

THORNDALE HORTICULTURE

Our next meeting will be Oct 8 in the Thorndale Community Centre, 7:30pm, room 3. Our speaker will be Heather Jerrard and her topic will be: Imagining Eden, Designing Landscapes with Climate & Technology Advancement in mind. We are so lucky to have all these interesting speakers thanks to Liz E. one of our board members. Come & join us, everybody is welcome. This is the time for renewing your membership when we start our new fiscal year. Memberships are still the same as last year, \$15 and \$10 for the 2nd person in the same household. To get in touch with us go to Thorndalehort@gmail.com or follow us on Facebook.

VOLUNTEERS - WESTMINSTRAL PLAYERS

We need people to help behind the scenes with our upcoming production. Please contact the office 519-285-3212 or info@makingconnections.com. This is a great & fun way for adults to be part of something together or for high school students to get their community service hours.



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ATTENTION SINGERS!

Save the Date – Sat, Nov 8, 9:30-12:30pm. You won't want to miss this half day Workshop, "Choral Singing from the Voice Teacher's Perspective", led by guest conductor/professional voice instructor, Brandon Leis, from Wilfrid Laurier University. Topics include: vocal health, improving your voice, improving pitch, tips for singing in a chorus, the aging voice & much more. At the Ingersoll CRC, 429 King St W, Ingersoll. Cost is only \$15. For more information or to register, contact Holly Langohr holly.langohr@gmail.com or 226-984-1957.



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EVERYDAY ORGANIZED

A home renovation is exciting! Fresh paint, new layouts, and the chance to make a space feel more like "you." But anyone who has lived through one knows: the dust, the boxes & the shifting piles of stuff can quickly turn excitement into overwhelm. After recently going through my own home project, I came away with a few lessons worth sharing.

1. Have a plan. Renovations are unpredictable. There are delays, extra steps, and those "while we're at it" moments. Having a plan for your belongings helps you feel more in control when everything else feels uncertain.

2. Organize what you pack. It's tempting to toss things into boxes, but take the extra 2 minutes to label. You will need something unexpectedly - a charger, a sweater, the dog's leash. A clear label saves you from tearing through 3 boxes to find it.

3. Declutter twice. Packing is a perfect chance to let go of what you no longer need. Be honest: if it hasn't been used in years, do you want to pack, store & unpack it? And when you unpack, weed again - you'll notice items you didn't miss or that don't fit your refreshed space.

4. Start with less. Your renovated space will feel bigger & calmer if you begin with only the essentials. Bring things in slowly & intentionally to prevent old clutter from sneaking back in.

5. Create one storage hub. No matter how carefully you plan, things will shift around. Having a designated "parking spot" for items you're not actively using means less moving of boxes.

6. Live in it first. Once everything is back, give yourself a few weeks before making anything permanent - like installing drawer inserts or adding shelving. A new space may work differently than you expect. By living in it first, you'll learn how it truly functions.

Renovations are messy, but they're also an opportunity to reset. With some planning, weeding & a temporary storage system, you'll enjoy not just the new look of your home but the fresh sense of order that comes with it. If you're planning a renovation or just feeling like your home could use a reset, I'd be glad to help. everydayorganized.ca.

CHRISTMAS BAZAAR

Old St Paul's Anglican Church, 723 Dundas Woodstock, will be having its Treats 'n' Treasures Bazaar Nov 8, 11- 2pm. We will feature a silent auction, baking, frozen meat pies & soups, candy, books and a Café. All are welcome. No entry charge.

AN AFTERNOON OF MUSIC

Trinity United Church Ingersoll presents "An Afternoon of Music" Oct 26, 2pm in the sanctuary at 118 Church St, Ingersoll. This concert will feature local musicians Ken Archer & Jim Gonder, and singer Ian Masson. There will be a free will offering at this event. Come & enjoy an entertaining afternoon - all are welcome!



ALPACA FARM DAY

Sat, Oct 18, 10-4pm. Alpacas love to be in pictures! Meet Rory & Hershey born this year. Alpaca items (socks, scarves, ponchos, throws, mitts, hats) for sale. Activities for children. Face painting. Relax & enjoy alpacas' calming pace of life. Fee: donation to Big Brothers, Big Sisters Oxford in lieu of admission charge. This is an outdoor event, rain or shine. Location: Carol & Jim Harrison, 335358 - 33rd Line, Embro. Our farm is in the heart of Oxford County's rural community.

THAMESFORD LIBRARY

Community Employment Services Tues 1:30-4pm. Your job is out there. A consultant from CES is available to help you find it by preparing a resume, training opportunities & information you need to achieve your goals. CES wants to connect people looking for work with employers who are currently hiring.

Tales for Tots Wed 10:30-11am. Half hour of fun featuring songs, rhymes, stories & more followed by freeplay & social time. For ages 0+ with a caregiver. No story time Oct 22.

Mahjong Wed 1-3pm.

Knits 'N' Knots Fri 10-11:30am, a relaxing time of knitting, crocheting (or other crafty hobby) & casual conversation. This is an adult social drop-in program. Please bring your own supplies.

Oxford Reads Gala Event Fri, Nov 7, 7pm. For more details and to reserve your free ticket, visit www.oxfordreads.ca.

Writing Group Are you a creative writer looking to meet other writers? Come out to meet a friendly bunch who enjoy sharing stories, poems & other writings, both oral & written. Tues, Oct 21, 2-4pm.

Thamesford Library Book Club Wed, Oct 29, 3pm, stop by the library to pick up this month's read.

After-school Hangout Join us at the Thamesford Branch Tues 3:45-4:45pm for an after-school activity. Ages 7-12, all are welcome but younger children may need assistance. Please register.

STEM Club Thur, Oct 2, 16 & 30. Play with tech toys, make STEM crafts & learn about the science of everyday objects! For ages 8+.

Worm Petting Zoo Sat, Oct 11, 10:30-11:30am. Stop in to meet Amanda, the Worm Wrangler, and her amazing compost worms. Together we will learn about worms, soil & vermicompost. This program is open to all ages but the focus will be for children & families.

CHRISTMAS HAMPER PROGRAM

The inter-Church has begun meeting to plan for the 2025 Christmas Hamper Program. The inter-Church provides emergency funding for housing, utilities & health needs in our community; along with supporting the "Lunch Bunch" school meal program & the Christmas Hampers. Last year we delivered hampers & gifts to over 380 families in our local community. The estimated costs our hampers will be \$100 for a family of 2, both perishable & non-perishable food. This will feed the family for 2 days including the holiday meal. Many of our local families are struggling this year due to higher costs in rent, utilities & groceries. The inter-church has been supported by our local community & we hope this generosity will continue this year. The inter-Church is 100% volunteer & much of the work we do is supported by our local service clubs in Thamesford & Ingersoll. All financial support stays in the local community. To donate by cheque, mail to: Ingersoll & District inter-Church, 56 Thames St S, Ingersoll N5C 2S9 or e-transfer to interchurch2005@gmail.com. Please include your address for a tax donation receipt. If you need to speak to someone in person, please call 519-857-7458. The process for receiving a hamper will be the same as last year, this information will follow in the November Village Voice. Hampers will be delivered Thur, Dec 18, registration will begin Nov 15. Thanks for all you do, your support last year was incredible. inter-Church committee.

TOURISM OXFORD

Wander through a corn maze, farm market, or village fueled by fall flavours in Oxford County. Find the perfect pumpkin, go apple picking, or surround yourself with fall colours & golden fields at an Oxford Fresh farm (OxfordFresh.ca). Find a new favourite cheese as you travel the cheese trail or hit the road with a Your Next Stop ready-to-explore itinerary. Use our new 'My Trip' tool online to build your very own itinerary and Embrace our Rural Routes: www.TourismOxford.ca.

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ALZHEIMER SOCIETY SOUTHWEST PARTNERS

Are you concerned about changes in memory? We're here to help. The Alzheimer Society Southwest Partners is the local community agency dedicated to supporting individuals living with dementia and their care partners. We provide a circle of care through our programs and services which include dementia education, counselling and support and therapeutic recreation. With offices in London, St. Thomas and Woodstock, we are truly your partner in dementia care. For more information visit alzswp.ca or call 1-888-495-5855.



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ST MARYS FRIENDSHIP CENTRE

Education-Memory & Aging 4 week session, Oct 1-22, 1-3pm. An education session about memory change as we age, provided by Alzheimer Society Huron Perth. Training manual included, \$25.

Education-A Time for Me Thur, Oct 2-Nov 20. A personal growth group for adults 50 plus. This group will explore: getting to know oneself better, becoming more aware of your own personal strengths & skills, improving communication skills and much more! Offered by Family Services Perth Huron, \$25.

Create a Junk Journal with Corrine. Tues, Oct 7-Nov 11, 1-3pm. Bring your junk papers & create an amazing journal! Paper will be supplied, \$15 for members, \$20 non-members.

Education-Staying Safe In Your Home Wed, Oct 8, 10am. Join Constables Wanda & Rachelle to learn steps to help deter intruders from entering your home. FREE!

Apple Tasting Workshop Fri, Oct 17, 1pm. Join us for a feast of the senses, sample lesser-known and uncommon apples and learn about their history. Cost: \$5 for members, \$7 for non-members.



Learn the Ukulele! 4 week session, Nov 6-27, 1:30-3pm. FREE! Bring your own instrument or ask Eliza if you need to borrow one. Contact information: 317 James St S, St. Marys, email: friends@town.stmarys.on.ca, www.townofstmarys.com, 519-284-3272.

BROWNSVILLE TREE LIGHTING

Brownsville Community Center Nov 21, 5-7pm. Light supper for a small charge.

Vendor Show Brownsville Hall Board, Nov 22, 10-3pm. \$2 admission at Brownsville Community Center.



FOOD ADDICTS ANONYMOUS

The only requirement to membership in FA is a desire to stop eating addictively. No dues, no fees, no weigh-ins. No in person meetings, visit <http://www.foodaddicts.org> for zoom. For information, call Gayle 226-927-4025.

HURON PARK BAPTIST CHURCH

Seniors Lunch Oct 23, 12pm. Please call 519-421-4722 for more information and to register.

OXFORD PIONEERS

Discover the fascinating stories of some of Oxford's earliest settlers & their descendants. Oxford County Library & Oxford County Archives present the final Local History Speaker Series event for 2025: Oxford Pioneers, Sat, Oct 4, 2-3pm at Oxford County Library, Ingersoll branch. Join local historian Scott Gillies for a riveting discussion about the pioneers who helped shape Oxford County as we know it today. The presentation will examine an array of Oxford County's earliest settlers and their descendants, particularly those who helped put Oxford "on the world map." This is a drop-in event; no registration is required. However, registration (with an email address) is necessary for the online format. To register for the live Zoom format, call the Tillsonburg branch 519-842-5571 or Ingersoll branch 519-485-2505 libraries for assistance, or register online via the Programs and Events calendar at www.ocl.net.

PROSTATE CANCER SUPPORT GROUP

We meet in person & via Zoom 7-8:30pm on the 1st Wed of the month except July & Aug at 140 Pine Valley Blvd, London. Everyone welcome! Contact: Carl 519-852-4277, carlkelly39@gmail.com. Visit our Facebook page at: London Prostate Support Group and www.pcsupportgroup.ca.



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THORNDALE SENIORS ACTIVE LIVING

www.thamescentre.on.ca/seniorcentre, call 519-268-7334 ext 730 or email kschruder@thamescentre.on.ca for information.

MON Chair Yoga 9am, Gentle Yoga 10am, Strength & Tone 9am, Pickleball 1pm.

TUES Pole Walking 9am, Shuffleboard & Kurling 12pm, Euchre 1pm.

WED Strength & Tone 9am, Men's Coffee Hour 10am, Women's Coffee Hour 10am, Pickleball 1pm.

THUR Stitch & Chatter

FRI Chair Yoga 9am, Gentle Yoga 10am, Line Dancing 9am, Tai Chi 10:30am, Old Guys Poker 1pm, Pickleball 1pm. All programs except Pickleball are offered for members & non-members.

Movie Afternoon Oct 8, 2pm. "Mother of the Bride". Movie overview: Brooke Shields stars as a mother coming to terms with her daughter Emma's wedding plans in Thailand. The groom turns out to be the son of a former flame, now a rival, leading to unexpected emotional challenges, cultural differences & humorous situations. Contact me at kschruder@thamescentre.on.ca to register today.

Wreath Making Workshop Oct 10, 1pm.

Thorndale Book Club first meeting Oct 7 where we will be discussing the book "The Bucket List". The book is available for pickup now.

Thames Centre Community Choir welcomes singers from teens to seniors to sing Tues 7pm at Thorndale Lions Community Centre. No auditions, just a love of singing. Contact Cathy 519-461-1679.

Royal Winter Fair – Exhibition Place, Toronto, Wed, Nov 12. Celebrate the best in agriculture, local food & equestrian competitions from across the country. Your trip includes general admission and free horse shows (call us to get the full schedule).

Food Bank Did you know Thames Centre has a Food bank? Call Jean Davis 519-268-7872 for more details.

We are looking for a Zumba instructor If you know someone who may be interested, please let us know!

If you have any questions about any of the programs listed above, contact Karleigh at kschruder@thamescentre.on.ca, Lucinda at lheuvig@thamescentre.on.ca or call 519-268-7334 ext 730.

INGERSOLL FALL PROGRAM GUIDE

The 2025 Community Services Fall Program Guide is now available & open for registration! Inside you'll find swimming, skating, & fitness schedules, along with Fusion programs, camps, and much more for all ages to enjoy. To register online, visit app.univerusrec.com/ingersollcspub/. For those without internet access, printed schedules are available at Victoria Park Community Centre - just stop by and staff will be happy to assist.

VISIBLE RALLIES

You will want to see & be seen protecting public health by attending the Visible Rallies organized by the Oxford Coalition for Social Justice. Each occurs on a Friday, afternoon, 3-3:30pm at a prominent intersection. Oct 3rd, we're in Embro near the Highlander. Oct 10th at the Tavistock 5-corner intersection. Oct 17th at Huron & Dundas in Woodstock; Oct 24th at King & Thames in Ingersoll. Halloween afternoon at Main & 59 in Norwich. Publicly funded hospitals ensure our physical, mental & economic health. Join us – we will lend you a sign. Do a friendly wave as you drive by. Bring others with you. Meet Bryan Smith in these locations.

TILLSONBURG'S NIGHTINGALES

Mon, Oct 20, 7pm - Oxford Branch of Ontario Ancestors presents: Tillsonburg's Nightingales Nursing Sisters in WWI with Laurel Beechey. The Canadian nurses who served in World War I were called Bluebirds because of their blue uniforms & white veils. Laurel will guide us through the journey of 5 young nurses from the Tillsonburg area, leaving home & through their service with the Canadian Army Medical Corps. They are our unsung heroines. Caution - some pictures are graphic. This is a virtual meeting of Oxford Branch of Ontario ancestors. Everyone is welcome. To register for the meeting, please visit our website at <https://oxford.ogs.on.ca> to find the link to join the meeting.

DIABETES 101:

Are you at risk of developing Diabetes, have recently been told you have Prediabetes or Type 2 Diabetes or simply need a refresher? Join our dietitians for a 2 hour session on how simple changes can set you up for a healthier future! To register for this class call, 519-485-1700, ext 8611.

Ingersoll Tues, Oct 14, or Tues, Nov 4, 10-12pm.

Tillsonburg Tues, Oct 28, or Tues, Nov 18, 2-4pm.



INGERSOLL HORTICULTURAL SOCIETY

Meets Oct 28, 7:30pm at the Ingersoll Masonic Centre, 190 Thames St. S. "Your Garden Harvest Presented & Sampled". This is an opportunity for members or guests to bring in some dish, delicacy or preserves they have made to show & tell us about. Multiple copies of recipes could also be brought to share. A great time of delighting in our gardens' bounty is the goal of the evening!



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EVENT SPACE FOR RENT

Salford Community Centre (capacity: 149). Call to book: 519-425-2657.

PROGRAMS AT INGERSOLL 50+ CENTRE

250 Ingersoll St. S. ~ 519-485-3869 ~ info@ingersollseniors.com

WORLD ISSUES Fri 1pm. Weekly discussions on world topics.

SKETCHY SENIORS Tues 1-3:30pm. Drop-in session for creative minds. Bring your project & learn from other like-minded individuals. Painting, storytelling, there are no limits in this program.

BOARD GAMES Wed 9:30-11:30am. Bring your own game or join in on one from our selection.

CARD & TABLE GAMES See our newsletter for a more detailed schedule. Bridge (Wed, Fri), Bid Euchre (Mon), Pepper (Tues, Thur), Bingo (Wed), Mah Jongg (American on Mon, Chinese on Thur), Mexican Dominoes (Fri), Carpet Bowling (Tues), Billiards (all week), and Darts (Thur).

WOOD CARVING Mon 1pm. Enjoy carving pictures into wood, creating beautiful figurines and more.

WOODSHOP We have a well-equipped shop for you to create your projects from start to finish.

ACROSS THE AGES Biweekly sessions encouraging older adults & local youth to learn from one another, volunteer together, and socialize. Sessions are held at either the Ingersoll 50+ Activity Centre or Fusion Youth Centre. There is no cost to attend and the session includes a light meal & refreshments. Call for specific dates.

BETHLEHEM WALK 2025

Thur, Nov 20, Fri, Nov 21 & Sat, Nov 22. Bethlehem Walk is a live outdoor drama of the Christmas Story. Hi-Way Pentecostal Church, 584118 Beachville Rd, Ingersoll. Church office: 519-485-0961. To reserve your free tickets, available on Thanksgiving weekend, visit our website: www.hiwaypentecostal.ca.

STOPPING TO SMELL THE FLOWERS:

A Healing and Resource Centre ~ Echoing a remembrance of your magnificence through short story awakenings ~

Guided Meditation Take time out for you, feel grounded, calm & centered. Tues 7-8pm, 4 sessions \$125. Oct 28, Nov 4, 11, 18.

The Light Circle Interact with the Stopping to Smell the Flowers short stories while connecting with a like-minded group who wish to explore energy around us, emotions & taking inspired action; ends with a guided meditation. Thur 7-8:30pm, 4 sessions \$175. Oct 30, Nov 6, 13, 20.

11 Sessions Over a cup of tea, you talk it out & receive a Therapeutic Touch energy healing followed by a guided meditation. Move stored emotion out of the body, making room for more goodness to flow in. Book daytime or evenings 1.5 hours \$85.

To register, text/call: 519-719-5453 or stephaniemalo@hotmail.com. Sign up now to hold your spot! Visit the Stopping to Smell the Flowers Meditation Hut gift shop by appointment for Stopping to Smell the Flowers books & merch!

Facebook Page: Stopping to Smell the Flowers: Extraordinary Observations of Everyday Life Instagram: [@therealstephaniemalo](https://www.instagram.com/therealstephaniemalo) www.stoppingtosmelltheflowers.com.



Worship With Us

Banner United Church www.bannerunitedchurch.com
602800 Road 60 at Line 15, Zorra Twp. bannerunitedchurch.com

Crossroads Bible Church 519-900-6281
184 Oxford St Ingersoll, crossroadsingersoll.ca,
FB: [crossroadsingersoll](https://www.facebook.com/crossroadsingersoll) & IG: [ingersollcrossroadschurch](https://www.instagram.com/ingersollcrossroadschurch)
Services at 8:45am & 11:15am

Livingway Church 519-423-9191
434809 Zorra Line, Beachville, Home Bible studies offered
SUN 3pm Worship Service WED 7pm Bible Study

Southwest Oxford United Churches
Emergency Contact: Rev. David Van Patter 519-402-0179
vanpatter007@gmail.com
West Oxford 354395 Church Line 9:30am
Sweaburg 474425 Dodge Line 9:30am
Foldens 374097 Folden's Line 11am

First Baptist Church Rev Trevor Whittingham
235 Thames St S, Ingersoll, fbcingersoll.com, 519-485-3046
SUN 10:30am Worship Service
Oct 4 Men's Breakfast 8am
Oct 15 Primetimers Lunch 11:30am
Oct 18 The Well 7pm
Oct 31 Harvest Friends Outreach 6:30pm

SPECIAL EVENTS AT INGERSOLL 50+ CENTRE

PA DAY Fri, Oct 10. A fun morning at Key Putt mini golf, playing lawn games & decorating our own golf balls. Morning snacks and a hot dog & hamburger lunch.

SPEAK MENOPAUSE: INVESTING IN YOUR 2nd HALF Tues, Oct 21, 1pm. Shirley Weir is coming to help us understand the unique health needs after age 50: from hormone therapy to bone health to vulva, vaginal & urinary health! Understand your options.

SPEAKER SERIES Join us Tuesdays for an informative presentation at 1pm (optional lunch at noon). Oct 7: This presentation is all about YOU – Youth Opportunities Limited. We'll learn about the various projects & opportunities available to youth, how you can support & various volunteer roles. Oct 14: Wheelchair Rugby – Hear all about this exciting, adrenaline filled sport from Ian Crowe. You'll learn the rules & how you can volunteer with the team. Oct 28: The FOOD Project. Learn what this is all about & how you can be involved.

MURDER MYSTERY Fri, Oct 24. Call for more info. Limited tickets available. Must purchase tickets prior to the event.

FALL SIGN MAKING WORKSHOP Mon, Oct 27, 6-8pm. Stop in to see the workshop choices and complete your registration.

AL-ANON

Friends, families & adult children suffering from the effects of a loved one's drinking find understanding, support & hope at Al-Anon meetings. There are no dues or fees. Call 24 hours 519-434-2613. al-anon.alateen.on.ca, al-anon.org
Tues 7pm St. Pauls Church, 56 Thames St. S, Ingersoll.

Oxford Church 184 Oxford St - www.oxfordchurch.ca
Pastor Meine Veldman 519-602-7386 meine73@yahoo.com

St. Paul's Presbyterian Church Rev. Allan Brouwer
56 Thames St. S, Ingersoll, 519-485-3390; paulsingersoll.ca
stpauls@execulink.com, Like us on Facebook
SUN Worship 10:30am. In-person & on YouTube
Sunday School & Nursery - All children are welcomed!
TUES Coffee Conversation, 10:30am
WED Bible Study, 10am
Oct 5 World Wide Communion Sunday
HOLD THE DATE: Roast Pork Dinner - Fri, Nov 7

Trinity United Church 519-485-0820, 118 Church St
Rev. Joy Cowan, revjoy@execulink.com, office: 519-485-0820
trinityingersoll@rogers.com
Sunday Service: 10:30am livestream: tucingersoll.ca

Huron Park Baptist Church 199 Berwick St, Woodstock
519-421-4722, office@huronparkchurch.org
10:30am Sunday Service Mid-week programs Tues & Thur

Ingersoll Christian Reformed Church ingersollcrc.ca
519-485-4941, 429 King Street West, Pastor Derek Ellens
SUN 10am Live Stream or YouTube - Ingersoll CRC

Reynolds Creek United Church Putnam Services 10am

Free Reformed Church of Oxford County
284793 Pleasant Valley Rd, Pastor D. Kranendonk, oxfordfrc.com

St James' Anglican Church stjamesingersoll.com
130 Thames St S, Ingersoll, 519-485-0385
10:30am services begin in this location beginning Oct 19.
Livestream service on our Facebook page.

Truth Community Church 519-285-2112
154978 15th Line, Thamesford, truthcommunitychurch.ca
Pastor Steve Twinem, tccthamesford@gmail.com

Hi-Way Pentecostal Church 519-485-0961
584118 Beachville Rd, Ingersoll hiwaypentecostal.ca
SUN 10am Livestream www.facebook.com/hiwayingersoll

The Ark New Beginnings Assembly TheArknba.com
Salford Commty Center, 383908 Salford Rd SUN 10:30am

Sacred Heart Roman Catholic Church
519-485-1802 131 Thames St. N, Ingersoll N5C 3C9
Website - nocfop.dol.ca or email shingersoll@dol.ca
Masses – Tues & Thur 11:30am, Sunday 10:15am & 6pm

Beachville Baptist Church Pastor Ellie Muir 519-533-3694
SUN 10:30am

OCTOBER

SUN	MON	TUES	WED	THUR	FRI	SAT
			1 <ul style="list-style-type: none"> • Shake, Rattle, Read, Ingersoll Library • Pickleball, Ing. 50+ • Air Cadets, Dorchester • Chair Yoga, Beachville Legion • Tales for Tots, Thamesford Library • Prostate Cancer Group 	2 <ul style="list-style-type: none"> • Ingersoll Ukes • Pilates, Ingersoll 50+ • Coffee & Connect, Brownsville Library • Line Dancing, Beachville Legion • Stitch & Chatter, Thorndale Seniors 	3 <ul style="list-style-type: none"> • Country Jamboree • Falling for Fashion • Strength & Stretch, Ingersoll 50+ • Darts, Beachville Legion • Knits & Knots, Thamesford Library • World Issues, Ing 50+ 	4 <ul style="list-style-type: none"> • Oxford Pioneers • Cdn Harvards Fly Day • Fundraiser Dance, Beachville Legion • Thankful Market, Thmfd
5 <ul style="list-style-type: none"> • Thames Centre Choir, Banner Church • Cuckoos Nest Concert • Embro Legion Brunch • Thankful Market, Thamesford Arena 	6 <ul style="list-style-type: none"> • Messy Mon, library • Tai Chi, Ingersoll 50+ • Total Body Workout, Ingersoll 50+ • Chair Yoga, Thorndale • Wood Carving, Ing 50+ 	7 <ul style="list-style-type: none"> • Functional Movement, Ingersoll 50+ • Chair Yoga, Ing. 50+ • Meditation, Ingersoll • Employment Services, Thamesford Library • Junk Journal, St Marys • Sketchy Srs, Ing 50+ 	8 <ul style="list-style-type: none"> • Shake, Rattle, Read, Ingersoll Library • Walking Club, Ing. 50+ • Thorndale Horticulture • Mah Jong, Thamesford Library • Movie Afternoon, Thorndale Seniors 	9 <ul style="list-style-type: none"> • Paint Your Own Pottery, ICAC • Browns Euchre • Ingersoll Ukes • Gentle Yoga, Ing. 50+ • Tales for Tots, Brownsville Library 	10 <ul style="list-style-type: none"> • Thamesford Trojans Game Night • PA Day Activity, library • Mystic Mkt, Ing Museum • Ham Dinner, Beachville Legion • 7-10 Split, ITOPA 	11 <ul style="list-style-type: none"> • Window Ink Art, ICAC • 7-10 Split, ITOPA • Worm Petting Zoo, Thamesford Library
12 <ul style="list-style-type: none"> • 7-10 Split, ITOPA 	13 	14 <ul style="list-style-type: none"> • Sacred Heart Euchre • Superstitions, Beachville Museum Speaker Series • Cooking with Jed Lau, Brownsville Library • Kurling, Thorndale Seniors • Diabetes 101, Ingersoll 	15 <ul style="list-style-type: none"> • Shake, Rattle, Read, Ingersoll Library • Chair Fitness, Ing. 50+ • Air Cadets, Dorchester • Colouring thru Grief • Men's Coffee Hour, Thorndale Seniors • Board Games, Ing 50+ 	16 <ul style="list-style-type: none"> • Ingersoll Ukes • VON Smart Exercise, Ingersoll 50+ • Thorndale Theatre Auditions • Intro Ballroom Dancing, Beachville Legion • STEM Club, Thamesford Library 	17 <ul style="list-style-type: none"> • Country Jamboree • Thamesford Trojans Game Night • Murder Mystery Night • 7-10 Split, ITOPA • Apple Tasting, St Marys 	18 <ul style="list-style-type: none"> • Hearts for Ethiopia • Elliott Celebration • Songs My Father... • Nature Club AGM • Hike for Hunger, Lawson Reserve • Karaoke, Beachville Legion • Alpaca Day
19 <ul style="list-style-type: none"> • Cuckoos Nest Concert • 7-10 Split, ITOPA 	20 <ul style="list-style-type: none"> • Total Toning, Ing. 50+ • Pickleball, Ing. 50+ • Men's Dart League, Beachville Legion • Tillsnrg Nightengales <div>VILLAGE VOICE DEADLINE</div>	21 <ul style="list-style-type: none"> • Oil Pastels, ICAC • Total Body Workout, Ingersoll 50+ • Al-Anon, St Pauls • Thorndale Theatre Auditions • Writing Group, Thamesford Library • Menopause, Ing 50+ 	22 <ul style="list-style-type: none"> • Arrival Film Screening • Cardio Groove, Ing 50+ • Sweaburg Beef Supper • Thamesford Friendship • Women's Coffee Hour, Thorndale Seniors 	23 <ul style="list-style-type: none"> • Browns Euchre • Cooking Connexions • Ingersoll Ukes • True Crime Trivia, library • Halloween Crafts, library • Euchre, Beachville Legion • Srs Lunch, Huron Park 	24 <ul style="list-style-type: none"> • Thamesford Trojans Game Night • Osteofit, Ing. 50+ • Beef on a Bun dinner, Beachville Legion • Murder Mystery, Ing 50+ • Public Health Rally 	25 <ul style="list-style-type: none"> • Quilted Wreaths, ICAC • Trick or Treat, library • Sweaburg Euchre • Pumpkinfest, Ingersoll Museum • Ingersoll Choral Concert • Halloween Dance, Beachville Legion • Scottish Ceildh Party
26 <ul style="list-style-type: none"> • An Afternoon of Music 	27 <ul style="list-style-type: none"> • Escape Room, library • Circuit Training, Ing 50+ • Pickleball, Thorndale • Fall Sign Making, Ingersoll 50+ 	28 <ul style="list-style-type: none"> • Sacred Heart Euchre • Stopping to... Meditation • Tween Masks, library • Pole Walking, Thorndale Seniors • Diabetes 101, Tillsbrg. • Ingersoll Horticulture • Food Project, Ing 50+ 	29 <ul style="list-style-type: none"> • Film Club, library • Shake, Rattle, Read, Ingersoll Library • Healthy Back Yoga, Ingersoll 50+ • Book Club, Thamesford Library 	30 <ul style="list-style-type: none"> • Ingersoll Ukes • Stopping to Smell... Light Circle • True Crime Trivia, library • Chair Yoga, Ing. 50+ • STEM Club, Thamesford Library 	31 <ul style="list-style-type: none"> • Country Jamboree • Pickleball, Ing. 50+ • Zumba Gold, Ing. 50+ • Line Dancing, 	1

Community Contacts

Telehealth Ontario 866-797-0000
Poison Info Centre..... 800-268-9017
Women's Emerg. Centre 519-539-4811
Kids Help Phone..... 800-668-6868
Information Oxford.....211
 Arena 519-485-5023
 Big Brothers Big Sisters..... 519-485-1801
 Creative Arts Centre 519-485-4691

Crime Stoppers..... 800-222-8477
 Fusion Youth Centre 519-485-4386
 Girl Guides..... 877-323-4545 Ext 6401
 Health Care Connect..... 888-579-6707
 Hockey, Minor..... 519-485-5858
 Horticultural Society..... 519-485-3649
 Ingersoll & District Inter-Church..... 519-933-7730
 Kiwanis Club..... 519-319-3937
 Library..... 519-485-2505
 Lions Club..... 519-536-3528

Museum, Cheese & Agri..... 519-485-5510
 Performing Arts (ITOPA) 519-485-3070
 Rotary Club..... 519-485-0750
 Seniors Services..... 519-485-3869
 Skating Club 519-485-1039
 Social Assistance Support Line 888-999-1142
 Trillium Drug Program..... 800-575-5386
 Victoria Park Comm Centre..... 519-425-1181
 Village Voice 519-285-3249
 VON..... 519-539-1231

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