



RAYA BIG-SAMA & Parent's Day Special

3 – 31 May 2021

Info & Tips

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BIG Kongsi Rezeki

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7 ways to maintain healthy during this festive season

Festive season is coming soon! In these exciting times, dishes like rendang, ketupat and loads of mouth-watering specialty desserts would make a comeback. The tricky part is you may be compromising your health due to overeating. This should never be the case. Your health matters more than temporary indulgence.

Here are a few *tips and tricks* for you to stay healthy but still have fun during Eid!

Try to limit sugary drinks



Overconsumption of sugar can cause your blood sugar level to be high and may increase your weight. Opt for plain water whenever you can since it will not give you additional calories. If you really want to indulge in sugary drinks, limit it to only one glass per day. Save the calories for better food!

Never let yourself become too hungry



Don't skip your meal especially breakfast. Skipping meal in the morning and starving yourself will lead to overeating during lunch. It's better to eat something in the morning before you enjoy the feast that usually happens after Eid prayers.

Eat slowly and in small portion



Eating slowly and having smaller portions won't just let you eat varieties of food but will indirectly control the calories too. Take smaller portions every time you eat and leave just enough space for your tummy to fit in pants. Never rush when eating.

Say 'later' when you can't say 'no' to food



Aunties and grandma will definitely ask you to eat more and more since they love you too much even though you're watching your calories. Afraid not, always say 'later' when they call you to eat and you're trying not to offend the beloved elderly. It works every time.

Manipulate your traditional dishes into a healthier version



If you're in charge of making the rendang or lontong for the family feast, show off your cooking skill by spicing up the dishes into a healthier version. Replace high-calorie ingredients like coconut milk with a lower-calorie option such as low-fat milk. Time to get creative.

Keep moving around



Rather than laying in front of the TV after meal, get some physical activity by strolling around the neighbourhood or help with the house chores. This way, it will help you to burn off all the calories and prevent you from gaining too much weight. Bond through fun activities like badminton or football with your entire family.

Avoid sitting too close to the food table



You are more likely to be tempted to reach for food if it is visible or just a few centimetres away. Stay as far as you can from the temptation and hide all those kerepek and candies from your eyes and hands when you've had too many of them.

Don't Miss This For Your Raya



RM82⁹⁰
EACH

Bio-Life Organic Spirulina
500mg 100s x 2



RM45⁸⁰
EACH

Bio-Life Executive B
Complex 30s x 2



RM13⁸⁰
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Redoxon Double Action
Effervescent Orange /
Blackcurrant 10s



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Radiant Organic
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Cool Rhino 02 /
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Anessa Perfect UV
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Sanitizer (Omilla / Primlab
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3

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Proviton Daily Multivitamins is enriched with panax ginseng to provide the energy you need to take on the day. When your body is running at its best, it's easy to do the things you want. Selfcare is the greatest strength. Love yourself first so you can love others.

This is a supplement product advertisement | KKLIIU 1114/2020 | Adv expiry date 31 Dec 2022



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Get a **FREE** Reusable Mask
1 - 31 May 2021



with minimum spend of RM138 on any VitaHealth products in a single receipt.

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Ini adalah iklan produk suplemen. KKLIIU 1008/2021 Tarih Tamat Tempoh: 31 Disember 2023



Sokongan nutrisi untuk Ramadan lebih bermakna

@BlackmoresMY | blackmores.com.my | **Begin Better Every Day**

PERCUMA

satu (1) beg serbaguna* dengan setiap pembelian produk Blackmores bernilai RM 35 dan ke atas.

*Sementara stok masih ada



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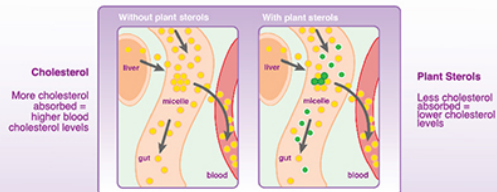
Think Pharmacy Think BIG

Vyterol
Powerful Dual Actions Dietary Therapy

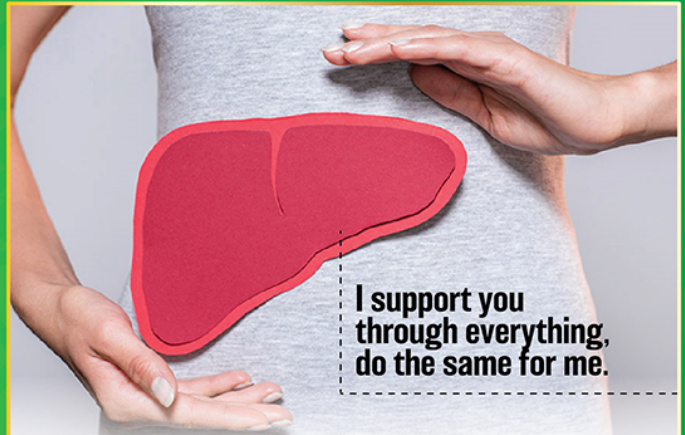


TWO SOURCES OF CHOLESTEROL LOWERING EFFECT WITH VYTEROL

Besides beta-glucan, Vyterol contains plant sterols that can partially block the absorption of cholesterol from the gut, significantly lowering blood cholesterol levels



The effects of plant sterols on cholesterol absorption



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KKLUJ 1270/2020



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Raya Special

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Cucumber Peel Off Mask 100ml
*with purchase of Fatigue Wellness Twin Pack



Cystone Twin Pack

RM47.30
EACH

Karela Twin Pack

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EACH



Lucky Draw

RM20

Himalaya Cash Voucher 20x Winners

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Viartril-S
GLUCOSAMINE SULFATE
the original

BREAK FREE FROM JOINT PAIN

Don't let JOINT PAIN stop you from doing your favourite activities

Efficacious
In relieving joint pain¹

Improve
joint flexibility and mobility²

Safe
for long-term use¹

Suitable
for diabetics and hypertensive patient³

Viartril-S is a special crystalline glucosamine sulphate, which is clinically proven to stabilize the changes in osteoarthritic joints by modifying the structure of joints. As such, it helps to protect cartilage and delay disease progression in the long-term.^{1,2}

*Please consult your healthcare professional for more information prior to starting the treatment.

This is a medicine product advertisement

Reference:
1. Register JV et al: Long-term effects of glucosamine sulfate on osteoarthritis progression: a randomized, placebo-controlled clinical trial. *Lancet* 357, 251-256 (2001).
2. Pavekka K et al: Glucosamine sulfate use and delay of progression of knee osteoarthritis: a 3-year, randomized, placebo-controlled, double-blind study. *Arch Intern Med* 162, 2113-2123 (2002).
3. Patisso dos Reis, R., Galicovsek, G., Giacomi, F., Andre, R., Bonazzi, A. and Rovati, L.C. 2011. Crystalline glucosamine sulfate in the treatment of osteoarthritic: evidence of long-term cardiovascular safety from clinical trials. *The open rheumatology journal*, 5(1).

MY-VIA-2020-05-01
KKLUJ-1257/2020

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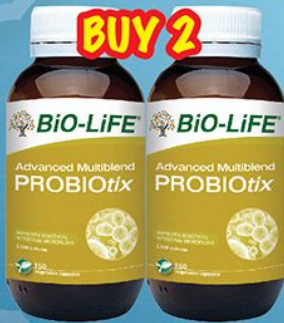
MEGA We care

BIO-LIFE®

3rd May - 31st May 2021

PROBIOTICS FOR LIFE

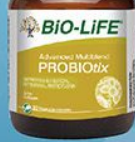
ADVANCED MULTIBLEND PROBIOTIX 150S



BUY 2

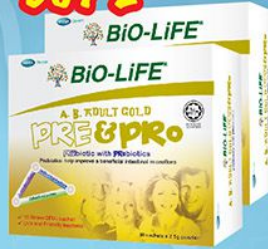
ADVANCED MULTIBLEND PROBIOTIX 30S

FREE 1



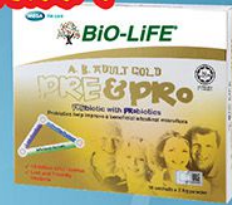
A.B. ADULT GOLD PRE & PRO 30SX2

BUY 2



A.B. ADULT GOLD PRE & PRO 10S

FREE 1



A.B. JUNIOR PRE & PRO 50SX2

BUY 2



A.B. JUNIOR PRE & PRO 10S

FREE 1



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50 prizes to be given away!



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2 SEND

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*Participating products: Calcium Magnesium Plus, Celery Extract, Flexsa 1500, Flexigen, Glucosamine 750mg, Glucosamine+Chondroitin, Vita D3

* while stocks last.

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 DARIPADA
 PEDIH ULU HATI +
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MAL 09032031X

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MAL 09032013X

MAL 19910209X

MAL 19910209X

MAL 09042384XR

KKLIU 2669/2020. Tarikh Tamat Tempoh: 31 Disember 2022

Ini adalah iklan produk ubat.

Tindak balas individu mungkin berbeza.

* Gaviscon Double Action Product Characteristics - Strugala V, Dettmar PW, Serratt K (2010). A Randomized, Controlled, Crossover Trial To Investigate Times To Onset of the Perception of Soothing and Cooling by Over-the-counter Heartburn Treatments. The Journal of International Medical Research 2010; 38: 449-457

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Festive Goodness WITH RADIANT



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RM11.90

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RM31.80

RM31.80

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GRAND PRIZE WORTH RM900 x10

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Contest 1st April - 31st May 2021
T&C Apply

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- ✓ DAIRY FREE
- ✓ NON GMO
- ✓ VEGAN FRIENDLY
- ✓ NO MSG
- ✓ NO ARTIFICIAL FLAVOURS & PRESERVATIVES

DID YOU KNOW?

REGULAR SALT
Contains only sodium and chloride

NUTRITIONAL YEAST FLAKES
Contains fiber, protein, calcium, iron, magnesium, phosphorus, potassium, sulphur & zinc

ZERO fibre content

2g of fibre per 3 tablespoon of nutritional yeast

ZERO vitamin content

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- ✓ Undergoes stringent quality control with double inspection process
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Note: Only applicable for first time user



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Bersahur bersama NUTREN UNTUK DIABETIK*



- Indeks Glisemik Rendah
- 50% WHEY
- Protein Whey Tinggi
- Dirumuskan mengikut Garis Panduan Diabetes Antarabangsa*

*Dari harga runcit yang disyorkan sebanyak RM105. Nestlé Products Sdn. Bhd. (197901000966) Petaling Jaya, Selangor.

Rujukan 1, International Diabetes Federation Guideline Development Group, Diabetes Res Clin Pract 2014;103:254-268

www.nestlehealthscience.my




smectaGo
With you wherever diarrhoea strikes

- Stops & treats diarrhoea in adults and children above 2 years
- Convenient & ready-to-use liquid sachet
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K.K.L.I.U. : 1963/2020 MAL19116030XC This is a medicine product advertisement.

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- High Strength Curcumin
- Reduce Inflammation
- Relieve Joint Discomfort
- Once a day formulation

Introducing **Bioglan CurcuFlex**, an excellent natural remedy traditionally used to reduce symptoms of joint inflammation, relieve joint discomfort and increase joint mobility.

K.K.L.I.U. : 1963/2021 This is a traditional supplement advertisement.

six in one *formulation to fulfill all skin needs.*



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Youth Age-Defying Collagen Mix

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- Nippi Collagen: Firming and anti-wrinkle
- Fermented Yeast Extract: Whitening
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- Broccoli Extract: Cell Detox
- White Tomato Extract: Radiance

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- * Constipation
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Active Your Life Everyday

Probiotic
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TRY Salonpas

WORLD'S BRAND NO. 1
OTC topical analgesics in patch category*

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15% Off
SALONPAS Patch 40's
RM12.67 EACH

Buy 2nd @ 30% Off
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Buy 2nd @ 30% Off
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RESURGE™

Living with diabetes does not mean that you must give up on your sweet tooth. Enjoy this yummy custard that does not give extra burden on your blood glucose with your family during this festive period!

Vanilla Custard

5 scoops (52g) Resurge DM, 200ml water, 1 egg yolks, 1 tbsp corn-starch

Instructions

1. In a medium saucepan, combine the sugar & corn-starch.
2. Slowly whisk in the Resurge DM powder and egg yolk.
3. Place over medium heat and bring to a boil. Cook about 1 minute, stirring constantly, until thickened. (it will thicken more as it cools) Pour into serving cups and let stand to cool or
4. refrigerate, undisturbed, until it's set.



Nutrition	
Energy	293kcal
Carbohydrate	31.1g (2 Exchange)
Protein	16.6g
Fat	12.0g
Fibre	3.0g



Resurge™ DM

Nutritious meal replacement that is low in GI, sodium with cholesterol lowering effect. For people living with metabolic syndrome-combination of overweight / obese, blood glucose, blood pressure and cholesterol issue.

ROHTO
EYE DROPS

EXTRA COOL

Eye Drops for Digital Eye Strain

WORLD'S NO.1 Eye Care Brand

COOLING LEVEL 7

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RM1260 - RM1500 EACH

Rohto Eye Drops Extra Cool/Cool NP: RM17.45 - RM18.90

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Used in healthcare facilities around the world - including Europe, UK, Russia, North America, Japan, China, India and Middle East.

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Purchase RM 250 of Omron products, entitled to get FOC 1x Umbrella

* while stock last

Please consult your healthcare professional for the interpretation of result and diagnosis

1. Based on an independent survey by MIMS in Jul 2019 on 600 doctors in India, Indonesia, Philippines, Malaysia and Vietnam.
2. According to international organisations such as Association for the Advancement of Medical Instrumentation Standard (AAMI) and European Society for Hypertension (ESH).

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PWP RM0.99

QBax Hand Sanitizer 100ml

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RM125⁹⁰ EACH



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Reference: ¹ Brazg RL, Klaff LJ, Sussman AM. New Generation Blood Glucose Monitoring System Exceeds International Accuracy Standards. J Diabetes Sci Technol Nov 2016.
Please consult your doctor for interpretation of results.

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Limited stock

RM3990 EACH

Premium Face Mask
 Hari Raya Collection Gift Set

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EBENE Bio-Ray Healthcare

HEALTH is BEST GIFT for your PARENTS

EBENE Bio-Ray Technology

EBENE Bio-Ray
 Tourmaline Knee Guard (asst.)
RM12190 EACH

EBENE Bio-Ray
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X30 GRAND PRIZE
 EBENE Health Talk Pass (1 pair) +
 Health Products Hamper worth RM250

X100 PARTICIPATION PRIZE
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 Touch N' Go Credit Reload worth RM20

Contest Period:
 1st May - 30th Jun 2021
 *Terms & Conditions Apply

more info

EBENE HEALTH WORKSHOP PASS

Touch n Go eWallet

EBENE Bio-Ray Healthcare

KINTRY

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 GWP 1 giftpack

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LPM 951 KNEE SUPPORT

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Recommended by: **INSTITUT SUKAN NEGARA MALAYSIA**



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RM50⁹⁰ EACH

Flavettes Vitamin C with Buffer C Plus Bioflavonoids 60s x 2



BEST BUY

Pharmaton Capsules 100s



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Tong Garden 35g / 40g (assorted)



RM50 REBATE RM5

Listerine Range



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RM6⁵⁰ RM7⁵⁰ EACH

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Chriszen 98% Aloe Vera & Rice Milk Day & Night Cream 50g



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NUK Baby Wipes Paraben Free (10 Pcs x 5 Packs)
*Available at selected stores



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Johnson's Baby Gold Shampoo 300ml
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Evin Disposable Breastpad 40s



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Perskindol Spray 150ml



RM1⁶⁹80 EACH

Vitashine 22 Daily Nutrition Vanilla 900g x 2



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RM1⁵⁰ RM1⁶⁰00 EACH

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Smith & Nephew Jelonet 10cm x 10cm / 5cm x 5cm 5s



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Surya Apple / Pomegranate / Dates Cider Vinegar with Natural Honey 450ml



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Sunsilk Shampoo 650ml (assorted)



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Hurix's Gastro Aid Syrup 100ml



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Tolak Angin Herbal Liquid 15ml x 5s



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Minyak Hangat Afiat 55ml



RM2⁸⁰20 EACH

Tsubaki Premium Shampoo / Conditioner 490ml



RM4⁹⁹ EACH

Summer Naturale Hair Shampoo 1L (assorted)



RM3⁰⁰90 EACH

L'Oréal Elseve Extraordinary Oil 100ml (assorted)



RM1⁶⁵00 EACH

HS Hair & Scalp Solution 50ml



The older your parents become, the more you have to be wary of what they eat everyday. Many of age-related diseases such as diabetes and high cholesterol stems from unhealthy eating habit. As children, we have the responsibility to take care of them as much as they've taken care of us when we were kids. Here are some ways you can care for their eating habits:



Your parents might not be aware that they're buying something unhealthy for themselves during grocery shopping. As children, you can help provide them with better groceries choices like switching to lower calorie choices instead of the high ones. Help them choose.



Elderly parents may be more sensitive when it comes to educating them about healthy eating. You can try to slow talk and include health food topics in your conversation. Give them rewards and compliment whenever they eat healthy.



Elderly may not be able to chew as well as young adult due to teeth loss or swallowing issue. It is important for their children to make sure they are eating the correct food texture to prevent from any unwanted consequences.



Eating together will encourage a better eating habit especially if you are showing them a good example. Try to include more high fibre and low fat food such as vegetables, fruits and high fibre bread or rice. As you eat together, give them compliments when they practice good eating habits.



Despite we always try to get all nutrition from food, there may be some nutrition that your parents need more than youngsters. For example, calcium, vitamins and some minerals. Adding supplemental beverages or supplement might be a good way to top-up their nutrition needs.



Did you know dehydration is one of common disorders among elderly? Encourage them to drink more water by making it available all the time. You can buy them an attractive tumbler to put on their bedside table and provide them with a water cooler for easier access to water.



Fruits and vegetables are high in vitamins, fibre and minerals that are beneficial for your loved ones. If your parents has chewing issue, turn hard fruits such as apples and carrot into juices or smoothies. You can also turn them into complete meal by adding milk powder or whey protein. Always be creative when it comes to elderly meals.



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BIG PHARMACY®

Think Pharmacy Think BIG

Karihome®
 The Star of All Natural Goatness

Stronger Immunity Healthier Children

Natural Immunity Booster

Rich in immunity boosting nutrients (nucleotides & sialic acid)

Good For Digestion

Goat milk is digested 3 times faster than cow milk

Height & Weight Gain

Rich MCT & calcium that ensures healthy growth

Faster Learning

Rich in DHA to support brain development



WG
 (Kids 7 Years Old and Above)



STEP 3
 (Age 1-3 Years Old)



STEP 4
 (Age 4-6 Years Old)



Karihome Goat Whole Milk Powder

Purchase 3 cans & above to get **FREE** Radiant Quick Oats Wholegrain (500g)

Raya Promo Period:

14 - 17/5/2021

Karihome STEP 3 / Karihome STEP 4

Purchase 2 cans & above to get **FREE** 1 pack of Karihome Tablets (Subject To Available Flavor)

Karihome Malaysia

NO 1* IN TOTAL MALAYSIA IN GOAT MILK SEGMENT WITHIN GROWING-UP MILK CATEGORY *Based on Retail Audit for Growing-up Milk Category (Based on Nielsen's Global Track product definition) for the 12 months ending May 2019 in Total Malaysia (Copyright © 2019, The Nielsen Company (M) Sdn Bhd)



www.karihome.com.my



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Ibu Ratu Hatiku



*While stocks last

RM48⁹⁰
EACH

Brand's InnerShine Berry / Prune Essence 12 x 42ml



BUY 2 AT RM35.90

Naturalle Diamelon Capsules 500mg 60s



RM92⁹⁰
EACH

Total Image Whita Glo L-Glutathione 400mg 30s



RM30⁸⁰
EACH

Caltrate 600 Plus 60s FOC Centrum 7s



RM62⁹⁰
EACH

Lennox Collagen FirmUp+ 50ml x 16 + 4 Bottles



RM89⁹⁰
EACH

Nestle Nutren Fibre 800g



RM38⁹⁰
EACH

Revlon Top Speed Women Twin Pack (assorted)



RM9⁹⁰
EACH

Whisper Cottony Soft Protection 28cm 16s x 2



RM12⁹⁰
EACH

Betadine Feminine Wash 100ml (assorted)



BUY 1 FREE 1

SkinLabs Supreme Ginger Cream 200ml



RM18⁹⁰ - RM54⁸⁰
EACH

Hiruscar Anti-Acne Range



RM19⁹⁰
EACH

Simple Daily Skin Detox Purifying Facial Wash 150ml



RM8²⁰
EACH

Ammeltz Yoko-Yoko Menstrual Pain 2 Patches



RM46⁹⁰
EACH

Physiogel AI Cream 50ml



RM5⁹⁰ - RM15⁹⁰
EACH

Fruit of the Earth Rose Petal Aloe Vera Gel 56g / 170g



RM123⁰⁰
EACH

GoodMorning VGrains 2.5kg



RM39⁰⁰
EACH

Kiyo Laundry Liquid Capsule Detergent 20s



RM245⁹⁰
EACH

Medisana TDP Tens Unit 4 in 1

My Dad is My BIG Hero



RM105.00 EACH

Essentiale Forte N
50s x 2



BUY 2 AT RM46.80

Centrum Silver
Multivitamin 30s



RM66.90 EACH

Live-Well Clearogout
30s x 2 + 15s



RM32.90 EACH

Harwany Pati Ikan Haruan
Asli / Gamat 75ml x 6 + 1



RM150.90 EACH

Abbott Ensure Gold
Vanilla / Wheat 1.6kg



RM16.90 EACH

HiGoat Serbuk Susu
Kambing 21g x 15s



RM11.90 EACH

Lifebuoy Bodywash
850ml Refill (assorted)



RM25.90 EACH

Dr. Mist Body Spray
75ml x 3



RM11.50 EACH

Biore Men's Double Scrub
Range (100g)



RM25.70 EACH

L'Oreal Men Expert Hydra
Energetic / Power Lotion 120ml



RM12.00 - RM12.90 EACH

Garnier Men Turbolight / Power
White Foam 100ml (assorted)
FOC Garnier Men Black Bottle 500ml
With Minimum Spend of RM20 On
Any Garnier Men Product

FREE

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RM4.90 EACH

Salonpas Patch
13cm x 8.4cm 2s



RM4.90 EACH

HY Minyak Gamat
Asli Plus 60ml



RM9.50 - RM11.20 EACH

Sensodyne Toothpaste Freshmint /
Gumcare / Gentle Whitening /
Cool Gel / Multicare 100g



RM75.90 EACH

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50 Test Strips

LIMITED PACK



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Ebene Bio-Ray Foot Massage
Socks MenBlack Twin Pack



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Insect Repellent Lotion 100ml

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CLEANSER
La Roche-Posay Effaclar Purifying Foaming Gel 200ml
RM79.90

15% OFF
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RM99.90

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1x Effaclar Foaming Gel 7ml & 1x Effaclar Duo(+) Moisturiser 3ml

EFFACLAR RANGE *Purchase any La Roche-Posay products worth RM60

MamyPoko
エアフィット
Air Fit
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**Softest to skin,TM
Breathable Comfort**

Air Silky Softness

Soft Fit Gathers

Breathable Dry Cover

MAMYPOKO
Air Fit Tape
NB90's / S84's / M64's / L54's / XL44's

Air Fit Pants
Unisex: M58's
Boys & Girls: L44's / XL38's / XXL26's

RM50⁹⁰ EACH

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(1) Based on Internal R&D result conducted by Unicharm Japan on all range of MamyPoko Tape diapers in Malaysia.

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Raya semakin meriah!*



Garnier Skin Naturals
Rangkaian Light Complete
NP : RM25.90 - RM41.50

* Berdasarkan Light Complete Super Essence. Berbanding Krim Siang.

Soothing Raw Raw!
WITH PINETARSOL

- ✓ HAND ECZEMA
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- SOAP-FREE
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SOLUTION GEL BATH OIL

- Natural pine tar
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*This is a medicine product advertisement. Always read the label, use only as directed. If symptoms persist, consult your healthcare professional.

Pinetarsol

DERMATOLOGIST RECOMMENDED

Touching moments create strong bonds

A gentle range to help care for your baby's delicate skin.



QV baby

- SOAP, COLOUR, FRAGRANCE FREE
- WITH ADDED VITAMIN B3*

PRICE RANGE

RM15⁹⁰-RM55⁹⁰ EACH

QV every day.
Where beautiful skin begins.

ORIGINALLY DEVELOPED FOR QUEEN VICTORIA HOSPITAL MADE IN AUSTRALIA

*Included in QV Baby Gentle Wash, QV Baby Skin Lotion & QV Baby Moisturising Cream

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The Reliable Brand For Your Skin With pH5.5 Protection



Ideal pH of a healthy skin



100% free from soap & alkali



Hypo-allergenic



Dermatologically tested



RM27⁵⁰ EACH

Sebamed Antibacterial Cleansing Foam (150ml)



RM23⁹⁰ EACH

Sebamed Moisturizing Body Lotion (200ml)



RM25⁹⁰ EACH

Sebamed Olive Face & Body Wash (200ml)



RM67⁹⁰ EACH

Sebamed Children's Shampoo (750ml)



RM26⁹⁰ EACH

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RM44⁹⁰ EACH

Sebamed Baby Protective Facial Cream (50ml)



RM23⁸⁰ EACH

Sebamed Baby Diaper Cream (100ml)



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Reduce Acne, Blackheads & Whiteheads Effectively!

Get A Healthier, Beautiful Skin This Raya!

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For Oily Skin Type

Cleanse Treatment Moisture

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NP : RM51.50 - RM83.50

- 1 ▶ Tea Tree Daily Face Wash 150ml
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Treat Yourself Naturally





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LA' MIUX

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Target Treatment

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Ezerra Cream 50g

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Ezerra Ointment 25g



More Than Moisturise!



Cetaphil

Kasih Dikongsi Ramadan Berseri

Beli dan Menang

1 April - 31 Mei 2021



NP : RM23.70

RM15.50 (each)

Cetaphil Gentle Skin Cleanser 125ml
FOC Moist Cream 15g (on pack)



*While stocks last.



HADIAH UTAMA x 1
Kid Touch 'n Go
Lisa Surihani bernilai RM 1,000



HADIAH BONUS x 30
Hamper Cetaphil bernilai RM200
HADIAH x 40
Kid Touch 'n Go Lisa Surihani bernilai RM 50
Cetaphil Mystery Hamper worth RM150 x 40

Cara pernyataan:



Beli produk Cetaphil :
Bernilai RM 60 & ke atas dalam satu risik



Hantar butiran dan resit melalui whatsapp:
010-298 6863

*Tertakluk kepada terma & syarat

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skin#repair
THE DRY SKIN SPECIALIST

Rosken Skin Repair AD Probiotic Cream 75ml
RM19⁹⁰ EACH
(NP: RM24.90)

Rosken Skin Repair AD Probiotic Cream 400ml
RM57⁹⁰ EACH
(NP: RM74.90)

SUNPLAY SKIN AQUA DAILY

PHYSICAL SUNSCREEN SAFE & GENTLE ON SKIN

- ULTRA LIGHT & MOISTURIZING
- CLINICALLY TESTED ON SENSITIVE SKIN
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NO Chemical Sunscreen • NO Alcohol • NO Paraben
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NEW

SKIN AQUA
PHYSICAL SUNSCREEN
SPF50+ / PA++++

25% OFF

RM59⁹⁰ EACH

Sunplay Skin Aqua Physical Sunscreen SPF50+ 50ml
NP: RM79.80

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SKIN BEAUTY • CONFIDENCE

Secret to **MOIST RADIANT** skin

PREMIUM WHITENING

UP TO 25% OFF

RM27⁹⁰ - RM58⁹⁰ EACH

Hada Labo Premium Whitening Range
NP: RM34.90 - RM81.50

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Raya Special

20% OFF

Lucky Draw

RM20 **Himalaya Cash Voucher 20x Winners**
*with purchase of RM30 Himalaya products and above entitle to participate lucky draw

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50 MEGUMI

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50 Megumi Brand Ambassador

8 key Anti-Hair Fall benefits
Anti-Hair Fall - Increased Volume - Firmer - Thicker - Nourish - Healthier - Stronger - Darker

20% OFF



RM40.00

50 Megumi
Anti-hair Loss Range
Shampoo / Conditioner
(Moist / Fresh) 250ml
NP: RM50.00

PWP 30%



RM105.00

50 Megumi
Anti-hair Loss
Treatment Essence
160ml
NP: RM150.00
with minimum purchase RM35.00
& above in Big Pharmacy

Nature's Defense Against Hair Fall

ezySWISS

Ezyswiss Diamond
Electronic Toothbrush

5 Brushing Modes with Illuminated Display

Noise Free Performance

Rechargeable Handle

Smart Reminder

Waterproof and Washable



RM19900 EACH



Buy any color toothbrush
FREE refill one box (3s)
(random refill)

*while stock lasts

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MELINDUGI TERSAYANG DENGAN SEPENUH KASIH SUCI

Setiap usaha kecil kita

melindungi si manja yang tersayang



RM1750 EACH

Dettol Sabun Tangan
3 x 250g PEK NILAI

RM520 EACH

Dettol Sabun Tangan
Pek Isian 225g

RM550 EACH

Dettol Sanitizer
Tangan 50g*

RM1290 EACH

Dettol Tisu
Antibakteria
50 Keping

*Terdapat dalam pelbagai variasi

Dettol

KEMPAEN **SUCI SELALU**
BELI & MENANG!
Tempoh Perolehan: 1 April - 31 Mei 2021



Hadiah Utama x1 Perodua Axia 1.0 E (M)



Hadiah Sihat-hati x100 Set Hadiah Dettol bernilai RM120

BELI produk Dettol bernilai RM15 dalam satu resit tunggal

JAWAB soalan ini: Apakah nama kempen Dettol Ramadan?

WHATSAAPP jawapan anda dengan gambar resit, nama (mengikut Kad Pengenalan) dan No. KP ke 017-251 3924

Imbas untuk menyertai:



Sila layari www.facebook.com/DettolMalaysia untuk maklumat lanjut dan terma dan syarat penuh.

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Width



Lubrication



Thickness

BEST BUY



RM13⁵⁰ - RM38⁹⁰
EACH EACH



RM7⁵⁰ - RM23⁹⁰
EACH EACH



RM6⁰⁰ - RM19⁵⁰
EACH EACH



CELEBRATE RAYA WITH FRESH SMILE THAT LASTS

NEW! IN MALAYSIA



DARLIE Double Action Regular Toothpaste 250g FREE GTP 40g (on pack) **RM10⁰⁰**



DARLIE All Shiny White Supreme Enzyme Toothpaste 120g Asst **RM10⁹⁰**



DARLIE Double Action Toothpaste 180gx2/225gx2 FREE DDA 75g-80g (on pack) **RM17⁸⁸**



DARLIE Bunny Kids Toothpaste 40gx2 Asst **RM4⁵⁰**



DARLIE Jolly Junior Kids Dental Set **RM10²⁰**



DARLIE Volcanic Charcoal 2U/Charcoal Gold Toothbrush B2F1 **RM11⁹⁰**



DARLIE Sonic Clean Powered Toothbrush 1s **LESS 30%**

Halal logo refers to toothpaste only. Hawley & Hazel Marketing (Malaysia) Sdn. Bhd. Registration No. 198301010293 (105656-T)

NÜNATURE
nurture and nature



Prevent hair fall

Strengthen hair root



Promote hair growth



Fundraising Campaign

1 April - 30 June 2021

For every bottle of Nünature Anti-Hair Fall Shampoo* sold, RM2 will be donated to support the work of NCSM. www.cancer.org.my



Going Home Celebrating Life

*Applicable to 250ml, 450ml and 580ml. Other T&C apply.



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DEEPLY REPAIRS FOR VISIBLY BRIGHTER SKIN IN 7 days*



RM18⁹⁰
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Vaseline
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350ml (assorted)

RM8⁹⁰
EACH

Vaseline
Deodorant Dry Serum
50ml (assorted)



Celebrate Your Noor

BUY 2 AT RM14.90

Good Virtues Co.
Shampoo/Conditioner
300ml (asst.)



ANTI BACTERIAL
KILLS GERMS
99.9%
With Chlorhexidine Digluconate

Celebrate
Eid Mubarak
with Happiness

BUY 2 AT RM19.90

Good Virtues Co.
Shower Cream 700ml (asst.)

RM9⁹⁰
EACH

Bad Lab
3-in-1 Hair, Face &
Body Cleaner
400ml (asst.)



RM9⁹⁰
EACH

Bad Lab
Deodorant Spray
100ml (asst.)



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LABORATORY

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Tarikh peraduan : 15 April - 31 Mei 2021

Safar Aidilfitri

daripada **P&G**

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MENANGI

Nissan Almera 1.0 Turbo VL



Langkah peraduan :

1. Beli
 produk P&G bernilai RM30 (dalam satu resit)

2. Lengkapkan
 Saya menyambut raya dengan P&G ... (tidak melebihi 20 palah perkataan)

3. Imbas / Hantar
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 Muat naik gambar resit pembelian & salikan informasi dibawah
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 <Nama Penuh> <C>
 <No Resit> <Slogan>

Jenama-jenama P&G terlibat :



OLAY

PANTENE

Rejoice



RM9⁹⁰ - RM10⁹⁰
 EACH EACH

Pantene Shampoo 340ml / Conditioner 335ml (assorted)



RM16⁹⁰
 EACH

Pantene Micellar Shampoo / Conditioner 300ml (assorted)



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Herbal Essences Shampoo / Conditioner 400ml (assorted)



RM19⁹⁰
 EACH

Oral-B Toothbrush 3D White 3s



RM28⁹⁰
 EACH

Olay Total Effects 7-in-1 Cream 50g (assorted)



RM12⁹⁰
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Gillette Blue 3 Disposables 4s (assorted)



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Buy Sukin Body Wash 1L or any Sukin products above RM 50 will get 1 FREE 50ml item.
(While stock lasts)



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Colgate

Don't just smile,
SHINE!
with whiter teeth in 1 week*

RM10⁹⁰
EACH

COLGATE
Toothpaste Optic White
100g (Assorted)



Volcanic Ash from Jeju Island

*After use as directed. For aesthetic use only. Not a substitute for regular dental visits. Results may vary.



RM9⁹⁰
EACH

COLGATE
Toothpaste Sensitive
Pro-Relief
110gm / 114gm (Assorted)



RM17⁹⁰
EACH

COLGATE
Toothbrush Cushion
Clean 2S/ Cushion Clean
Charcoal 2S/ Slimsoft
Advanced Volcanic 2S



RM7⁹⁰
EACH

COLGATE
Plax
250ml (Assorted)



Benefits of
Eating DATES



Night Blindness

When ingested orally,
it reduces night blindness



Weight Loss

Help to improve
weight management



Energy

Boost energy and
increase sexual stamina



Protect

Reduce risk of stroke and
others health related diseases



Nervous System

Boost the nervous
system health



Digestion

Healthy bowel movement
and control diarrhea



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NATURAL DELIGHTS
FRESH MEDJOOOL DATES



Adabi Ketupat Mini Lazat



Adabi Tepung Goreng Ayam Asli 100g



Adabi Perencah Rendang



BUY 2@ NP: RM34 each
RM55⁰⁰

Bard Valley Natural Delights Medjool Dates 454g

BUY 2@ NP: RM95 each
RM140⁰⁰

Bard Valley Natural Delights Medjool Dates 906g



ALL ABOUT CANCER



CANCER SCREENING

To get screened, visit :

Venue : BIG Pharmacy @ Damansara Uptown
Date : 21 - 23 May 2021
Time : 11am - 4pm

CALLING ALL PJ FOLKS!

Services :

- iFOBT - **RM10**
- Hepatitis B & Hepatitis C - **RM10** (On-site testing available)



(Hepatitis B surface antigen) (Hepatitis C antibody)

Supported by:



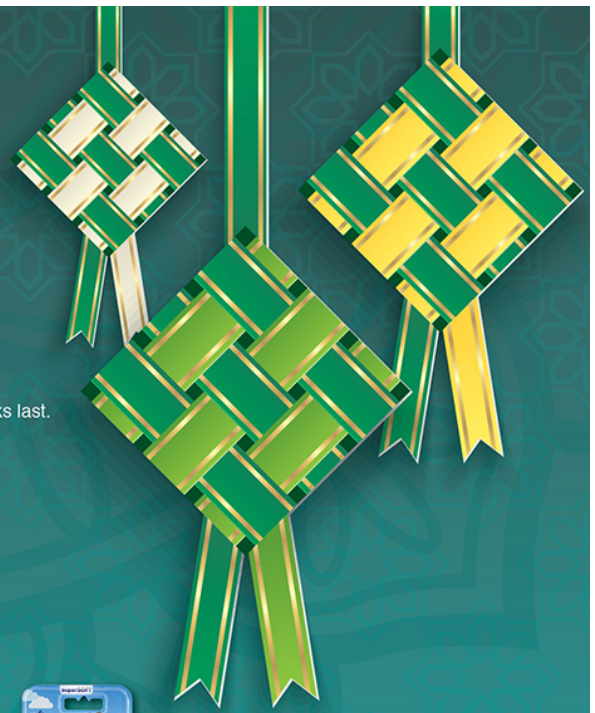
For more information, call Navi at 03-26987300 or email : ncsmfobt@gmail.com



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WITH MINIMUM PURCHASE OF **RM35**

you can get 1 unit of the following items at **super low price**. *In a single receipt. While stocks last.



RM19⁵⁰
EACH

Citrex Vitamin C 1000mg 50s



RM35⁹⁰
EACH

Himalaya Skin Wellness 60s



RM32⁰⁰
EACH

Berocca Effervescent Tab Orange 2s



RM9⁹⁰
EACH

Jordan Toothbrush Step 1 (0-2 Years) Twinpack



BUY 5 AT RM5.50

Maalox Suspension 4.3ml x 1s



RM17⁹⁰
EACH

Green Paradise Organic Rooibos Tea 50s x 2.5g



RM6⁹⁰
EACH

Surya Apple Cider Vinegar with Natural Honey 150ml



RM10⁹⁰
EACH

Offen Natural Mosquito Repellent Spray 75ml



RM12⁵⁰
EACH

Ego QV Lip Balm 15g



RM50⁹⁰
EACH

Offen Antibacterial Disinfectant 2L



RM20⁹⁰
EACH

Grand PawPaw Manuka Honey 20+ Ointment 25g



RM17⁹⁰
EACH

Gillette Mach3+ Razor+2 Cartridge



RM1⁰⁰
EACH

Wetty Mini Wipes 8s (assorted)



RM5⁹⁰
EACH

Mediheal Watermide Hydrop / Collagen Impact / Vita Lightbeam Essential Mask Rex 1s



RM15²⁰
EACH

Garden of Eden Gentle Exfoliating Facial Scrub 75ml



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Member Discount



Exclusive Invites



Exclusive Vouchers



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Enjoy Merchant Partner Benefit

RM1 = 1 POINT

Redeem Your Points
Every
1000 = RM10
Points

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