



REPRESENTATIVE SCHOOL SPORT 2025



EVENT PROGRAM



5Rs response to concussion

The 5Rs is an easy to remember concussion management strategy to support the health and wellbeing of students of all ages.

Parents and carers can use the 5Rs to support the response of a suspected concussion.



Concussion is defined as “a form of mild-traumatic brain injury that occurs as a results of a direct impact to the head or the body that cause transmission of forces to the head and brain”. Early recognition is the key to successfully responding to and managing a concussion. Signs and symptoms may not show up until 24-48 hours after the head injury.



To protect the health and wellbeing of the competitor, medical advice states that the competitor is removed from play and monitored for signs and symptoms. The signs of concussion include: appearing dazed or stunned, repeating questions, confusion, drowsiness, headache, blurred vision, nausea, loss of balance or just does not seem right.



Any signs or symptoms should be assessed by a doctor. It is important that signs and symptoms are recorded. Doctors will need to know when each sign or symptom was noticed, how long it lasted and whether the sign or symptom was mild or severe.



Medical advice states that anyone who suffers a concussion needs complete physical and cognitive rest for at least 24-48 hours. This includes a break from exercise, use of computer screens, video games or study. Time away from school and sports should follow doctor's advice.



A gradual and staged return to school and sporting activities should be planned by the young person's doctor. This plan should be shared and followed by parents, carers, school staff and coaches.

New South Wales Primary Schools Sports Association

Cross Country Championship



Sydney International Equestrian Centre

Wednesday, 23 July 2025

New South Wales Primary School Sports Association in conjunction with the NSW
Department of Education School Sport Unit



Education

<https://app.education.nsw.gov.au/sport/>



Acknowledgement of Country

New South Wales Primary School Sports Association would like to begin by acknowledging the Cabrogal Clan, Traditional Custodians of the land on which we gather for these championships, the Darug Nation and pay our respects to their Elders past and present. We extend that respect to Aboriginal and Torres Strait Islander peoples here today.

Welcome Message from the NSW PSSA President

Welcome to the 2025 NSW Primary School Sport Association Cross Country Championship.

We are thrilled to welcome all students who have earned the opportunity to represent their school, zone, and Association after progressing through a series of pathway events. These championships align with the Personal Development, Health, and Physical Education curriculum, reinforcing the importance of an active and healthy lifestyle.

We encourage all participants and their families to embrace the experience both on and off the field. This is a chance to compete with passion, build friendships, explore host cities and towns, and enjoy the spirit of teamwork and camaraderie.

A sincere thank you to our dedicated teachers and school staff who generously volunteer their time to support school sport pathways. We also extend our gratitude to Principals for their ongoing encouragement and backing.

We appreciate the invaluable support of the NSW Department of Education and the School Sport Unit, whose contributions help make these programs possible. A special thank you to our Executive Officers, administrative staff, sport conveners, championship managers, local associations, and volunteer officials, your hard work and dedication bring these championships to life.

Best of luck and enjoy the championships!



Tracey McKinnier

President, New South Wales Primary Schools Sports Association



Welcome Message from the NSWPSA Cross Country Convener

Welcome to the NSWPSA Cross Country Championships.

It is my pleasure to extend a warm welcome to competitors, team managers, officials, parents, and spectators attending this year's event.

We are grateful to the Sydney International Equestrian Centre for providing a world class venue that showcases the significance of these Championships.

A special thank you to GyMEA Technology High School for generously supporting the event with over 20 student volunteers assisting in official roles.

Congratulations to athletes on reaching this level of competition. Your selection reflects the countless hours of training, commitment and perseverance.

To each of you competing today, good luck!



Troy Moran
Cross Country Convener
NSWPSA



New South Wales Primary Schools Sports Association Executive

President	Ms Tracey McKinnier	NSW Department of Education
Senior Vice President	Mr Ben Thomas	Avoca Beach PS
Vice President	Mr Les Daley	Murwillumbah PS
Vice President	Mrs Jayne Rixon	Dapto PS
Treasurer	Mr Glenn Hidson	NSW Department of Education
Executive Officer	Mr Jason Wilesmith	School Sport Unit
Cross Country Convener	Mr Troy Moran	Sydney Catholic Schools

Competing Associations

Association	Colours
Hunter	Royal blue / Gold
North Coast	Gold / Green
North West	Sky blue / Black
Riverina	Black / White
South Coast	Aqua / Yellow / Navy
Sydney East	Red / White / Royal blue
Sydney North	Black / Red
Sydney South West	Bottle green / White
Sydney West	Blue / Black / Gold
Western	Red / Green
West Darling	Maroon / White / Yellow
Mackillop	Maroon / Sky blue
Polding	Gold / Maroon
Barrier	Red / Blue / Gold

SPORTING CLASSIFICATION

Did you know?

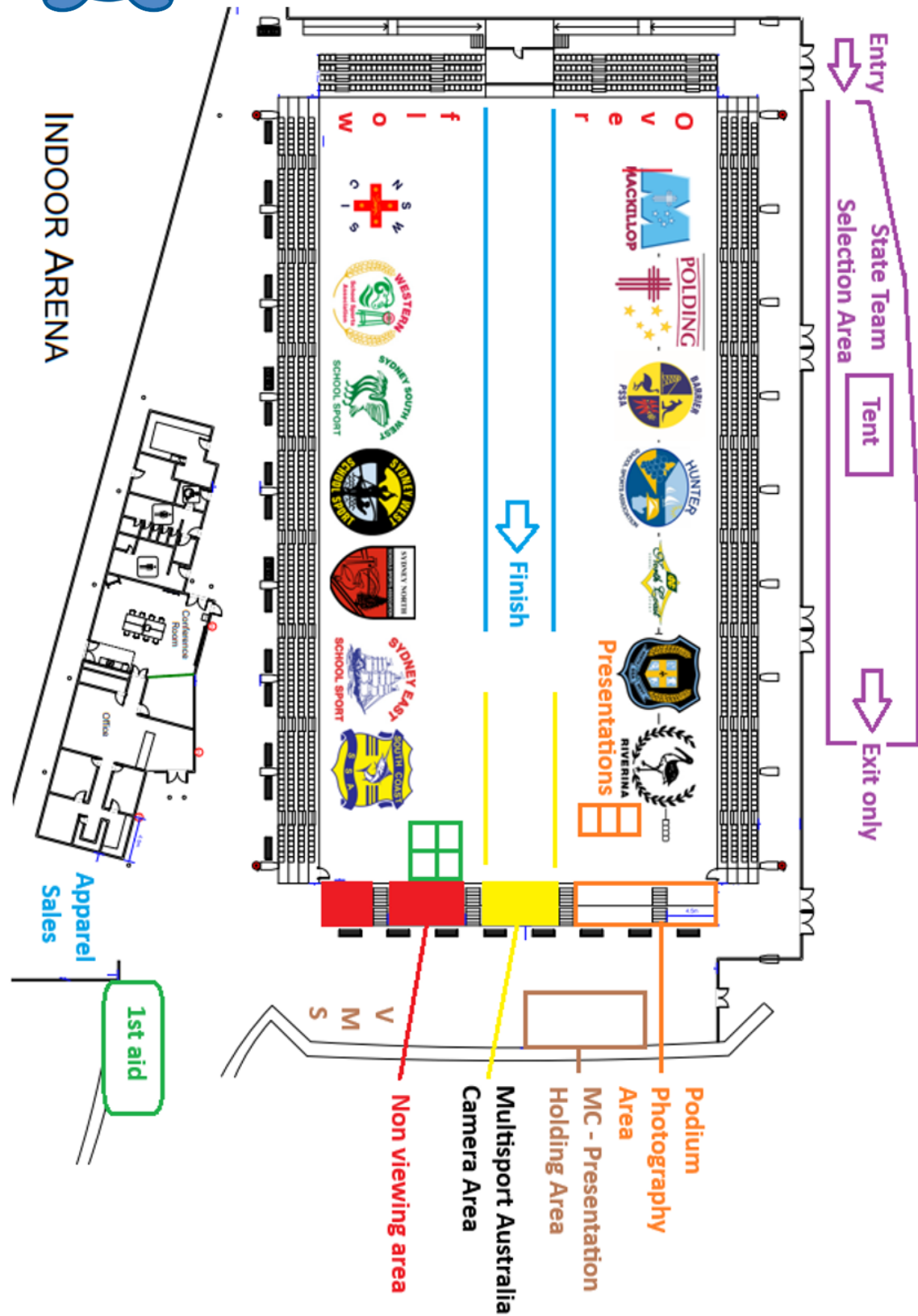
Sporting classification can provide wonderful opportunities for students with disability to participate in competitive sport. Scan the QR code to find out about eligibility and to apply.







INDOOR ARENA



NSWPSSA Cross Country Officials 2025

NSWPSSA Convener	Troy Moran	Sydney Catholic Schools
Event Mangers	Jason Wilesmith Matt Mee Grant Newell	NSW Primary Schools Sport Association NSW All Schools Penrith High School
Leader of School Sport Unit (R)	Lucette King	NSW School Sport Unit
Announcer	Nathan Breen	Gymea Technology High School
Sign on	Chris Kelleway	NSW School Sport Unit
NSWPSSA State Team Managers	Johl Storey (MIC) Joanne Williamson Evelyn Wiles Meg Isbester	Dural Public School Cronulla Public School Sadleir Public School Glendale East Public School
Referees	John Morris Barry Pecar Ron Haworth	NSW School Sport Unit NSW School Sport Unit York Public School
Secondary Student Officials		Gymea Technology High School
First Aid Manager First Aid Responder First Aid Support Officials	Shannon Mulcahy Sideline Medical Sally Staniforth Sandra Riches	Coolah Central Regentville PS
Marshall Coordinator Marshalls	Lindy White Michelle Pigram Trent Reynolds	Terrigal HS Sydney East EO Western EO
Multi Class Manager Multi Class Officials	Anthony Moyes Peter Cardy Rebecca Hanrahan Carolyn Sparkes	NSW School Sport Unit NSW School Sport Unit Mater Dei College, Camden CSSA
Start Area Coordinator Starter Starter's Assistant	Peter Yeo John MacIntosh Matthew Thomas Neil Sherring Grant Parker	North West EO NSW School Sport Unit All Saints College Maitland NSW School Sport Unit NSW School Sport Unit
Athlete Count Coordinator Athlete Tracking	Rebecca Wade Wendy Breen	Sydney North EO CSNSW Sport

NSWPSSA Cross Country Officials 2025 cont.

Finish Line Coordinator Finish Line	Richard Rowlings Greg Allen Sarah Young Chris Ohlback	NSW School Sport Unit North West SSA Mayrung PS NSWCIS EO
Team Medals Coordinator	Andrew Downes	Campbelltown East PS
Presentation Coordinator Presentations	Meegan Dignam Bob Harrison Michael Kirwin	South Coast EO Hunter EO North Coast EO (R)
VMS/ WhatsApp	Robert Cormack	NSW School Sport Unit
Apparel	Andrew Hooper Helen Christie Keellie King	Emu Heights PS NSW School Sport Unit NSW School Sport Unit
Course Manager Course Management	Ross Higgins Rob Pugh Alan Pike Shane Ellis	NSW School Sport Unit NSW School Sport Unit NSW School Sport Unit Sydney South West EO
Course Officials	Anthony Simone Daniel Gorrie Dominic Ofria Georgia Justice Gordon Bromhead Greg Breen Ingrid Harris Jackson Stanfield Jordan Pollack Julia Hooper-Mitchell Kali Herb Katrina Morrow Marcus Walker Martin Russell Mia Hartley Celeb Groves Sharon Twigg Therese Scicluna Wilson Truong Yuya Tanase	Mount Riverview PS St Ives North PS CSNSW Sport CSNSW Sport CSSA CSNSW Sport Taren Point PS CSNSW Sport NSW School Sport Unit Abbotsleigh (IPSHA) Sylvania Heights PS Eastwood PS Manning Valley Anglican College (HRIS) Christadelphian Heritage College (ASISSA) HICES Macarthur Anglican (CASA) St Peters AC (SASSA) CSNSW Sport NSW School Sport Unit Danebank School (IPSHA)

Visit the School Sport Unit website today



Education

NSWPSSA Cross Country Association Team Managers 2025

Hunter	Rebecca Street Debbie Healey	Singleton Public School Kurri Kurri Public School
MacKillop	Carolynne Daher Ian Goodochkin Joelle Maguire	St Joseph's, Enfield Sacred Heart Central, Cootamundra St Brigid's, Coogee
North Coast	Natalie Mealing Owen Werner Tania Jean	Kempsey West Public School Tweed Heads Public School Port Macquarie Public School
North West	Greg Allen Rebecca Dowe Sally Staniforth Nicole Wilson Jay Sisson	North West SSA Carroll Public School Coolah Central School Coolah Central School Sandon Public School
NSWCIS	Ashley Harris Chris Ohlback Eliza Marshall Kate Baily Kellie Reinhold	Toongabbie Christian College CIS CIS CIS Bishop Druitt College
Polding	Andrew Spencer Lionel Conroy Matthew Hayes	Corpus Christi, St Ives Lismore Diocese The Assumption Catholic Primary School, Bathurst
Riverina	Sarah Houston Josh O'Callaghan Reece Mastellotto	Hay Public School Wagga Public School Franklin Public School
South Coast	Matt Batley Blake Davis Liam Murphy (MC)	Russell Vale Public School Queanbeyan South Public School Barrack Heights Public School
Sydney East	Justin Mealing Joanne Williamson Michelle Hanley (MC)	Cronulla Public School Cronulla Public School Carlton Public School
Sydney North	Madison O'Connell Gail Farrell	Gorokan Public School Gorokan Public School

Sydney South West

Rebecca Cooper
Deb Salter

Oran Park Public School
Gregory Hills Public School

Sydney West

Ashley Rodgers
Ryan Buckland
Tiah Santarossa

Colyton Public School
Kellyville Public School
Bidwell Public School

Western

Jack Daintith
Danielle McManus

Orange Public School
Forbes North Public School

INSTANT PHOTOS

Since 1995

AUSTRALIA

Action photographs will be taken of the competitors at the championship.

The photos can be viewed at the white 'Instant Photos' trailer.

The photos will NOT be placed online and are only available while we are at the Sydney International Equestrian Centre.

We are a fully customised service and everyone is welcome.



Visit the School Sport Unit website today



Education

Program of events Wednesday 23 July 2025

Note: the times listed are estimates, events may run prior to this published time.

Primary championships - 2KM

8:00am - Primary competitors arrive at venue.

8:30am - Primary teams and managers walk the course (weather permitting)

8:35am - Entrance to the course closed

9:00am - Course will be closed

Event	Marshalling	Event time	Event name	Distance
1	9.00am	9.15am	10 years boys	2000m
2	9.15am	9.30am	10 years girls	2000m
3	9.45am	10.00am	8/9 years boys	2000m
4	10.00am	10.15am	8/9 years girls	2000m
5	10.15am	10.30am	Multi Class 8/9 years boys and girls Multi Class 10 years boys and girls Multi Class 11 years boys and girls Multi Class 12/13 years boys and girls	2000m

Primary championships - 3KM

The primary championships - 3KM will commence at 11:00am.

11:00am - Primary Competitors and managers walk the course (weather permitting)

11:05am - Entrance to course closed

11:30am - Course will be closed

Event	Marshalling	Event time	Event name	Distance
6	11.30am	11.45am	11 years boys	3000m
7	11.45am	12.00am	11 years girls	3000m
8	12.00am	12.15am	12/13 years boys	3000m
9	12.15am	12.30am	12/13 years girls	3000m

Visit the School Sport Unit website today



Education

Sydney International Equestrian Centre Course Map

2km Course



Course Map – 3km

Sydney International Equestrian Centre Course Map

3km Course



NSWPSSA Cross Country Previous Winners

Year	Association	Year	Association	Year	Association	Year	Association
1977	St George	1988	Sydney South West	1999	MacKillop	2010	CIS
1978	South Coast	1989	Sydney South West	2000	MacKillop	2011	CIS
1979	North Sydney	1990	Sydney South West	2001	MacKillop	2012	CIS
1980	North Sydney	1991	South Coast	2002	MacKillop	2013	CIS
1981	North Sydney	1992	North Coast	2003	-	2014	CIS
1982	North Sydney	1993	Sydney West	2004	CIS	2015	CIS
1983	North Sydney	1994	Sydney West	2005	Sydney West	2016	CIS
1984	Sydney East	1995	Sydney West	2006	Sydney North	2017	Sydney East
1985	Sydney East	1996	MacKillop	2007	CIS	2018	Sydney East
1986	North Coast	1997	MacKillop	2008	Sydney North	2019	Sydney East
1987	Sydney South West	1998	MacKillop	2009	Sydney North	2022	CIS
2023	CIS	2024	CIS/ Sydney North				

NSWPSSA souvenir apparel

NOW OPEN



Primary School competitors may purchase souvenir apparel online via our website – scan our QR code below





NSWPSSA CROSS COUNTRY RESULTS



*Event results will be published on the NSWPSSA website post event. On-the-day results will be posted on the Multisport Australia website (QR Code above).

Section 5.6 – Cross Country State Championship

Amended November 2021

5.6.1 Refer to **General State Championship Rules**.

5.6.2

(a) Each Association may enter a maximum of six (6) competitors per event.

(b) Athletes in Multi Class Events

(i) Entry Numbers

Each Association may enter three(3) athletes in the following Multi Class events: Boys 8/9 Years, Girls 8/9 Years, Boys 10 years, Girls 10 Years, Boys 11 years, Girls 11 Years, Boys 12/13 Years Girls 12/13 Years provided qualifying times and students are officially classified by their governing body.

(ii) Eligible Classifications

- **Deaf/hard of hearing** - T01 (AU2)
Athletes competing with T01 (AU2) classification will be required to remove any hearing devices prior to the commencement of the race or once final instructions have been given by the starter.
- **Visual impairment** - T11, T12 or T13
 - T11 athletes must have a guide
 - T12 and T13 athletes may elect to have a guide
 - For guide runner information and requirements refer to School Sport Australia Cross Country Rules and Guidelines Appendix 6.8 - Sighted Guide Guidelines.
- **Intellectual impairment – T20, T21**
- **Physical impairment:**
 - **Cerebral Palsy** - T35, T36, T37 or T38
 - **Short Stature** - T40* or T41
 - **Upper limb** - T42, T43, T44, T45 or T46
 - **Transplant** - T60*
 - **Lower limb** (with prosthesis) - T62*, T63* or T64*

* The classifications with an asterisk require medical clearance to participate in the Championships. Medical clearance documentation to be provided to replace with name of document the convener 14 days prior to the NSWPSA State Cross Country Championships.

(iii) Athletes in Multi Class events must be currently classified with the appropriate body and should appear on the Athletics Australia (AA) or Sport Inclusion Australia (SIA) Master lists.

- Athletes with a Physical classification should appear on the AA Master List with an official classification status of Provisional or Review National Classification.
- If an association enters an Athlete in a Multi Class event but the Athlete does not appear on the AA or SIA Master Lists, the association is to provide the Championship Convener with classification documentation from the governing body 14 days prior to the commencement of the NSWPSA State Cross Country Championship that the classification has been verified and the student will appear on the AA Master List when an update occurs.

NSWPSSA Cross Country rules continued

- Athletes who fail to meet the above requirements will be ineligible to compete at the NSWPSSA Cross Country Championship.

(iv) Multi Class Event Structure.

- Primary Multi Class events run over a distance of 2km for all ages (i.e. 8/9, 10, 11, 12/13 yrs). The Championship convener can combine and/or separate Athletes in Multi Class events based on the number of entries in age groups and gender.

(v) Suggested Qualifying Standards

- Suggested qualifying standards are provided to assist associations in determining athlete progression in Multi Class events to the NSW PSSA State Cross Country Championship. NSW PSSA State Cross Country Championship suggested qualifying standards are adapted from the School Sport Australia (SSA) qualifying standards.
 - 12/13 years age category is provided a 10% addition to the SSA qualifying standards
 - 11 years age category is provided a 10% addition to the SSA qualifying standards
 - 10 years age category is provided a 10% addition to the SSA qualifying standards
 - 8/9 years age category is provided a 20% addition to the SSA qualifying standards for the 10 years age category

(vi) Placings

Placings for Primary events will be determined using Baseline Performance. comparing the athlete's time to the Athletics Australia 1500m Baseline Performance for their classification and determining the percentage. All percentages for all classifications will be calculated and the highest percentage wins, second highest second etc. The calculation method for placings may change to be aligned to the School Sport Australia Multi Class event calculation system.

(vii) State Selections

Maximum of 3 competitors per event will be selected provided they meet the School Sport Australia National Cross Country Championships selection/ entry criteria. (c) All competitors must compete in designated association uniform. NB The wearing of compression garments should be under such designated uniform. If the association does not have shorts as part of their official uniform and compression garments are worn in place, they must match the colour of their association uniform.

5.6.3 List of events

Girls 8/9 years – 2000 metres	Boys 8/9 years – 2000 metres
Girls 10 years – 2000 metres	Boys 10 years – 2000 metres
Girls 11 years – 3000 metres	Boys 11 years – 3000 metres
Girls 12/13 years – 3000 metres	Boys 12/13 years – 3000 metres
All Athletes in Multi Class events – 2000 metres	

* The distances run are to remain in accordance with School Sport Australia distances/standards.

5.6.4 Judging/recording

If electronic timing is in use:

- (a) Results of all races will be determined by electronic timing (providing it is in use at the Championship).
- (b) Judges will hand the first eight (8) placegetters place cards indicating their finishing position. In the event of a dispute or tie then timing system results to 4 decimal places will determine the final position.

NSWPSSA Cross Country rules continued

(c) The first eight (8) placegetters in the 10, 11 and 12 years divisions will be retained by the "two (2) outfitters" to be measured for State team apparel.

Note:

(i) The first six (6) placegetters qualify as State team members. The seventh and eighth placegetters (7-8) are reserves and measured in case of withdrawals.

(ii) There is no 8/9 year division at the National level. Children are not permitted to compete out of their age group.

If electronic timing is not in use:

(a) Judges give a place card to each competitor as they finish.

(b) Competitors line up in finishing order and proceed to the recorders.

(c) Recorder one (1) records the place of each competitor (in his/her association column on "the point score sheet"). The best four (4) places for each association are totalled to arrive at the team point score (and hence place) for each age division. Age division point scores are totalled to determine overall point scores and championship placings.

(d) Recorder two (2) records the name and association of the 1st seven (7) placegetters on "the major placings sheet".

(e) Competitors retain their own place card as a record of their finishing position. Team managers will be given participation certificates to hand on to team members.

(f) The first eight (8) placegetters in the 10, 11, and 12 divisions will be retained by the "two (2) outfitters" to be measured for state team apparel.

Note:

(i) The first five (6) placegetters qualify as state team members. The seventh and eighth placegetters (7 – 8) are reserves and are measured in case of withdrawals.

(ii) There is no 8/9 year division at the interstate level. Children are not permitted to compete out of their age group.

5.6.5 Scoring

If manual recording system is used:

(a) Points are scored against each team for positions finished.

Note: The best (lowest) four (4) places only are counted towards the team point score.

(b) The association with the lowest aggregate in each division will be Champion Association in that Division.

(c) The Association with the lowest aggregate over all divisions will be the Overall Champion Association. A Competitors who fail to finish receive last place plus one (1).

If electronic timing is used:

Each association will be eligible to compete for the team event championship.

(a) When electronic timing is used then the four fastest finishing times will be used to gain a combined time for the four fast finishers in each event. The team with the lowest combined time will be awarded 15 points, the second fastest team 14 points, decreasing by one point for each place.

(b) Competitors who fail to finish receive last time plus one (1) minute.

(c) Gold, Silver and Bronze medals will be awarded for the placegetters.

(d) The association with the highest number of points over all events will be declared the Champion Association.

5.6.6 Program

Program and Timetable to be at the Convener's discretion.

School sport for parents

Welcome and thank you for attending these championships and supporting your child. Parents, caregivers, coaches, teachers and volunteers play a significant role in the motivation and development of young people.

Due to the regularity of contact and the influence parents and caregivers have as role models for young people, they particularly have an opportunity to shape the behaviours, enthusiasm and respect young people demonstrate in their sporting endeavours.

Please find below some suggestions that might enhance the enjoyment of all those involved in the school sporting pathway.

1. Enjoy the journey.

- Sport is a journey that provides physical, social and emotional benefits for children. Enjoyment and having fun with friends is their greatest reward. You also share in this enjoyment.

2. It's better if the first question you ask your child is "did you enjoy it?" rather than "did you win?"

- Not every child is going to become a champion but every child has the opportunity to continue enjoying sport through coaching, managing or supporting.

3. Model good behaviours and never accept poor sportsmanship from your child or their coach.

- Children learn more by seeing than hearing, particularly from people they care about. No matter what the circumstances, be someone they can admire and respect.
- Parents aren't judged on their child's accomplishments, however parents are often held responsible for their child's behaviour.

4. Your child's results should not affect your mood.

- Never get upset after an event where results don't go the way of your child.

5. Give your child space to grow and mature.

- All children are different. Accept your child for who they are. Fault finding makes the child question their self-worth. Letting a child know how much you care about them makes them proud and builds resilience.

6. Focus on the processes rather than the outcomes.

- Parents should understand that the best athletes focus on the process, because the result is often out of their control.

7. Avoid going over the top about your child's talent.

- Every sport has talented athletes, but for various reasons they do not always reach the pinnacle.

8. Encourage good attitudes.

- Good attitudes carry over into all aspects of life.

9. Support the coach, especially in public and in front of your child.

- If there is a disagreement, settle it privately.
- Negatively discussing other parents or coaches in front of your child can be detrimental
- No matter how private conversations are, they can become public very easily.

10. Build good relationships with other parents.

- Parents of your children's friends will often become your friends.

11. You should not compare your child's journey to another child's journey.

- Children mature at different rates. All children are different. Try to understand your child's views of the world around them.

12. If your child makes mistakes, let them experience the consequences of their actions.

- This is how they learn and grow and become independent, resourceful and confident.
- Set-backs and failures are opportunities for improvement. Explain to your child that continued effort, practice and learning are the keys to success.

13. Recognise your child's results don't define you.

- Your child's success or disappointment does not change other parents' views of you.

14. Develop your child's strengths.

- Help your child to identify their strengths and develop them. These children experience success, become inspired, confident and resilient.

PLAYERS, TEACHERS, COACHES AND SPECTATORS CODE

YOUNG PEOPLE INVOLVED IN SPORT
HAVE A RIGHT TO PARTICIPATE IN A
SAFE AND SUPPORTIVE ENVIRONMENT

- 
- The goals of the game are to have fun and improve skills.
 - Be modest in success and generous in defeat.
 - Play for the fun of it.
 - Play by the rules and always respect the decisions of officials.
 - Make no criticism either by word or gesture.
 - Deliberately distracting or provoking an opponent or player is not acceptable or permitted in any sport.
 - Be a good sport. Applaud good performance and efforts from all individuals and teams. Congratulate all participants on their performance regardless of the game's outcome.
 - Condemn unsporting behaviour and promote respect for opponents.
 - Condemn the use of violence in any form.
 - Respect the rights, dignity and worth of all participants regardless of their gender, ability, cultural background or religion.
 - Ensure any use of social media about or around this event/team/management is responsible and appropriate.
 - Place the safety and welfare of the participants above all else.
 - All school sports events are alcohol and smoke free zones.

For more information and results of all events, please see
<https://app.education.nsw.gov.au/sport>



Respect · Resilience · Relationships

AUSTRALIAN FOOTBALL · CRICKET · BASKETBALL · NETBALL · BOWLS
ROWING · SAILING · TOUCH · FOOTBALL · SWIMMING · DIVING · WATERPOLO
HOCKEY · TENNIS · BASEBALL · SOFTBALL · VOLLEYBALL · ATHLETICS
TRIATHLON · GYMNASTICS · GOLF · FOOTBALL · RUGBY LEAGUE
RUGBY · AUSTRALIAN FOOTBALL · CRICKET · BASKETBALL · NETBALL
BOWLS · ROWING · SAILING · TOUCH · FOOTBALL · SWIMMING · DIVING
WATER POLO · HOCKEY · TENNIS · BASEBALL · SOFTBALL · VOLLEYBALL
ATHLETICS · TRIATHLON · GYMNASTICS · GOLF · FOOTBALL · RUGBY
RUGBY LEAGUE · AUSTRALIAN FOOTBALL · CRICKET · BASKETBALL
DIVING · WATER POLO · HOCKEY · TOUCH · FOOTBALL · SWIMMING
VOLLEYBALL · RUGBY LEAGUE · TRIATHLON · AUSTRALIAN FOOTBALL · GOLF
NETBALL · BOWLS · ROWING
HOCKEY · TENNIS · BASEBALL · SOFTBALL
ATHLETICS · TRIATHLON · GOLF · DIVING · SWIMMING