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“We take great pride in being the world’s greenest airline”

Hello, and thank you for choosing to fly with Wizz Air today. It is my pleasure to welcome you on board.

Here at Wizz Air we take great pride in being the world’s greenest airline and, I’m delighted to say, our efforts to be more sustainable have not gone unnoticed. Wizz Air was named Global Environmental Sustainability Airline Group of the Year at the inaugural CAPA (Centre for Aviation) Asia Aviation Summit and Sustainability Expo in Singapore. We also received recognition as the EMEA Environmental Sustainability Airline of the Year. The awards recognise airlines and airports who put climate change at the forefront of their business and strive for carbon neutrality.

Wizz Air’s success underlines our continued commitment to be greener and reach the bold target of reducing our already industry-leading CO2 emission by passenger kilometre by 25% by 2030. It’s a pledge that is driven by our A321neo aircraft which have nearly 50% reduction in noise footprint, a 20%

reduction in fuel consumption and 50% reduction in nitrogen oxide emissions.

Wizz Air is continually looking to expand and 2022 saw us take delivery of 34 aircraft and add more than 230 new routes and more than 20 new destinations to our schedule.

And we have announced several winter-only and year-round routes from Poland, Italy, the UK and the UAE. You can now book a ticket from Gdansk or Krakow to sunny Malaga or fly from Poznan to Verona, the inspiration for Shakespeare’s Romeo and Juliet. You can also travel from Abu Dhabi to Tashkent and enjoy the Uzbek capital’s amazing architecture. We have launched three new routes from Larnaca in Cyprus to Dammam, Jeddah and Riyadh, four new routes from Warsaw and connected Tirana in Albania to Italy and Poland.

No matter where you are heading today, I and everybody at Wizz Air wish you a safe journey.

József Váradi
Chief Executive Officer



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Your Warmth This Winter

ICELAND'S ALL-NEW GEOTHERMAL LAGOON

Minutes from the City Centre

in this **issue**

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WIZZ is published on behalf of
 Wizz Air by LXM Media and Publishing

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Editor's letter

It may not be the first destination on your winter travel list, but it's big wave season on the central Portuguese coast. These notorious moving mountains can be safely witnessed, as they crash into shore, from a perfectly positioned viewing platform on the headland off Praia do Norte. We spoke to the brave souls in the water taking on this perilous final frontier in adventure, shortly before they tragically lost one of their own; surfer Márcio Freire (p32). In Morocco, our writer explores Marrakesh and the surrounding countryside by vintage sidecar – which allows tourists to encounter obscure locations, while bringing a smile to whoever they meet along the way (p18).

Over in Stockholm, we go underground to take a look at how – 90 years after its inception – the transit system has evolved into the longest art gallery on Earth, while meeting the artists who inspire commuters every day (p44). Wherever you're travelling this season, I hope your trip is filled with adventure.

Jade Bremner, Acting Editor

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Instagram Go behind the scenes with our staff on #IamWIZZcrew or get inspired by beautiful shots on #IamWIZZtraveller and enter our photo contests.

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Where to go, what to do and why

inplace



Strike a pose in Venice

“Greta Garbo and Monroe, Dietrich and DiMaggio...” all the vintage stars of *Vogue* will be striking a pose at *Chronorama: Photographic Treasures of the 20th Century*, the first-ever major exhibition of photographs and illustrations from the Condé Nast archives.

The show will feature more than 400 works from *Vogue* and other CN titles including *Vanity Fair*, *House & Garden*, *Glamour* and *GQ*, drawing inevitable crowds to Palazzo Grassi on the Grand Canal from 12 March - 7 Jan 2024.

palazzograssi.it

✈️ Wizz Air flies to Venice



Meet them, don't eat them in Iceland

Animal rights campaigners have been rejoicing after the whale-hunting ban (lifted in 2003) was reinstated in Iceland, in particular the Meet Us, Don't Eat Us project between the International Fund for Animal Welfare (IFAW) and IceWhale, the Icelandic Whale Watching Association. So, where to meet the northern realm's gentle giants? Try these three wildlife-loving trips (below). ✈️ **Wizz Air flies to Reykjavik**



1. Whale Watching

From Reykjavik, board Andrea, one of the largest whale-watching boats in Iceland. You'll see the sea mammals, hear stories about their history in Iceland and pass around bones, teeth and baleen plates. specialtours.is



2. Whales of Iceland

Get hands-on with 23 different life-size whales – from the gigantic blue to the endangered North Atlantic right – at this exhibition. Watch the documentary *Sonic Sea*, about how noise pollution affects marine life. whalesoficeland.is



3. Arctic Sea Tour

Head up to Dalvík in North Iceland for the real Arctic experience. This three-hour tour often takes in white-beaked dolphins, porpoises, minke and even blue whales. Warm overalls provided (and needed). arcticseatours.is

Augment your reality

in Cyprus

One of the pleasures of visiting Italy, Greece and Cyprus is learning more about the classical myths and legends. This has become a lot easier in Paphos – birthplace of the goddess Aphrodite and the EU's Smart City for 2023 – with the launch of the Aphrodite's Birthplace app, which uses augmented reality (AR) to show tourists at Petra tou Romiou (Rock of the Greek) how she might have looked emerging from the sea or lounging on the sand.

“By pointing your device to various locations on the beach, the app allows you to experience an animated Aphrodite in a real-world environment,” explains Nasos Hadjigeorgiou, head of the Paphos board of tourism. “It converts the intangible part of the experience into tangible, providing interaction in a real-world environment.”

Download the app from the Apple or Google stores.

✈️ Wizz Air flies to Larnaca



Heat up the club (literally)

in Scotland

One for the green-thinking clubbers. Glasgow nightclub SWG3 is pioneering a new way to power its venue – by harnessing the heat of the clubbers themselves. Its BodyHeat circular energy captures the heat given off by dancers' heaving and moshing, storing it in boreholes in the ground to be used at a later date. “As well as being a huge step towards becoming net zero, it will hopefully influence others from our industry to follow suit, working together to tackle climate change,” says Andrew Fleming-Brown, managing director of SWG3.

[swg3.tv/explore/
going-net-zero](https://swg3.tv/explore/going-net-zero)

✈️ Wizz Air flies to Edinburgh



Stay on top of the world in Dubai

Dubai doesn't just have the world's tallest building (the 828m Burj Khalifa), it's also now home to the world's tallest hotel, opening this year. Ciel, named from the French for sky, will stretch up 365m over 82 storeys, houses more than 1,000 guest rooms and is topped with an infinity pool and bar. If heights aren't your thing, you might prefer to stay at one of the city's other two landmark 2023 openings: the world's first floating hotel, solar-powered Kempinski Floating Palace, and Jumeirah Marsa Al Arab, a luxurious complex designed to look like a super yacht. When it comes to Dubai hotels, you're spoiled for choice, indeed. ciel-tower.net

✈️ Wizz Air flies to Dubai



Mourn a dead fish in Tenerife

February must be the best month to head to the Canaries – all the same great sun, sea and sand as usual, but paired with an incredible carnival. Santa Cruz de Tenerife has what's thought to be the world's second best party (only trailing Brazil), when locals and tourists alike dress up in crazy costumes to mark the start of Lent. Although there are events for most of February (the biggest on the 15th, 17th, 19th, 21st, 23rd and 25th), the weirdest one might well be Entierro de la Sardina (Burial of the Sardine), where crowds dress in black on Ash Wednesday (22nd) to burn and then mourn the eponymous sardine.

guidetocanaryislands.com

✈️ Wizz Air flies to Tenerife

Nod off in Madrid

Tired of sightseeing? Why not pop in to Siesta & Go's new "micro-nap" concept in Madrid. This hostel in the Tetuan district allows would-be snoozers to rock up and pay per hour for a private room (€10) or bunk bed (€5.50). Bedding is changed for every punter, and there's free Wi-Fi too.

siestaandgo.com

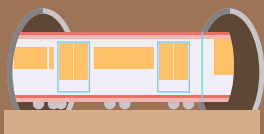
✈️ Wizz Air flies to Madrid



Illuminate your journey in Riyadh

The Saudi capital is on a mission to make every part of your trip as cultural as possible, with its 2023 Riyadh Art extravaganza. Not only are there dozens of cultural shows happening this year – both outdoors and in galleries – but the art attack is spilling over into the city’s Metro, BRT and bus stations too. riyadhart.sa

✈ Wizz Air flies to Riyadh



Art in transit

Other cities that bring new meaning to ‘underground art’



LONDON

Use the map on the TFL website to find the best bits of art on the Tube, like Eduardo Paolozzi’s iconic mosaics at Tottenham Court Road and Alexandre da Cunha’s *Sunset, Sunrise, Sunset* at Battersea Power Station. art.tfl.gov.uk

✈ Wizz Air flies to London



NAPLES

The Italian city’s decade-old decision to commission modern art to deck out its stations paid off when Toledo was voted the most beautiful in Europe in 2014. Others to see are Garibaldi, Municipio and Università. visitnaples.eu

✈ Wizz Air flies to Naples



VIENNA

The city’s U-Bahn (Underground) has been a gallery for over 20 years. Stop off anywhere along the “art lines” – U1, U2 and U3 – and you’ll find works from artists such as Ken Lum, Nam June Paik and Anton Lehmden. wien.info

✈ Wizz Air flies to Vienna



Eat like a king for less in Copenhagen

Gluttons, epicureans and gastronomers – it’s the week you’ve been waiting for. During Copenhagen Dining Week (10-19 Feb) you can get a three-course meal for 215DKK (around €28) per person at over 200 restaurants in the birthplace of New Nordic. Restaurants can be found on the event’s website (below) – look out for the ones offering 10-course tasting menus for the same price. Perfect for foodies who want to widen their palettes and explore Danish dishes they’ve never tried. diningweek.dk

✈ Wizz Air flies to Copenhagen

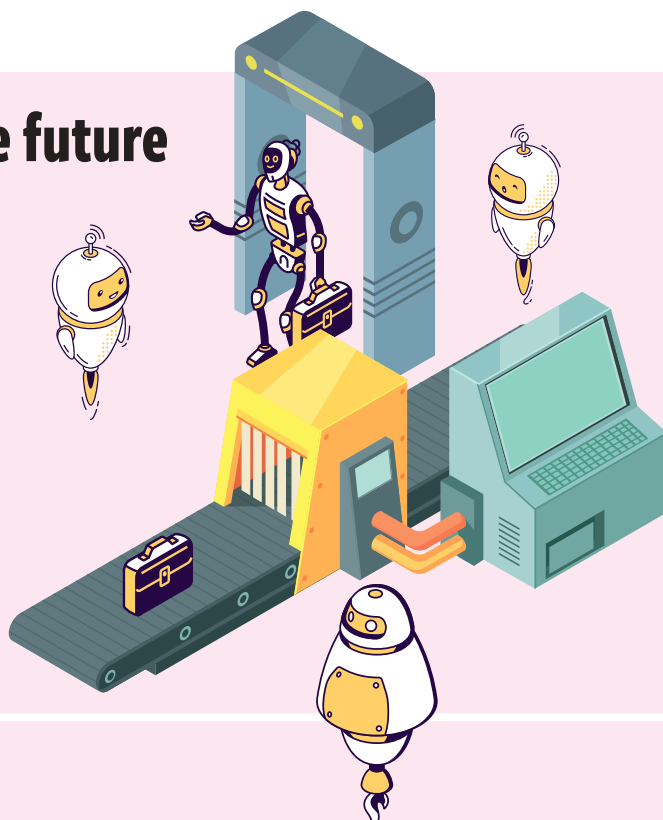
Design the airport of the future in Rome

Robots that can deliver food to passengers anywhere in the airport; solar-powered machines that clean when needed and transform into benches when at rest; self-driving wheelchairs; AI security checks and tech solutions that cut CO2 emissions. This might well be a vision of the airport of the future – and we’re not talking light years away. In fact, all of these are projects being developed by startups working at Rome’s Aeroporti di Roma Innovation Hub right now.

Located in Terminal 1, the new business accelerator and its 30-strong staff welcome companies who want to test their products on a real-world audience. So, while you’re in Rome airport this year don’t be surprised to encounter a few robots. Or if you have an idea to make your airport experience even better, you know where to take it.

adr.it/web/aeroporti-di-roma-en/innovation

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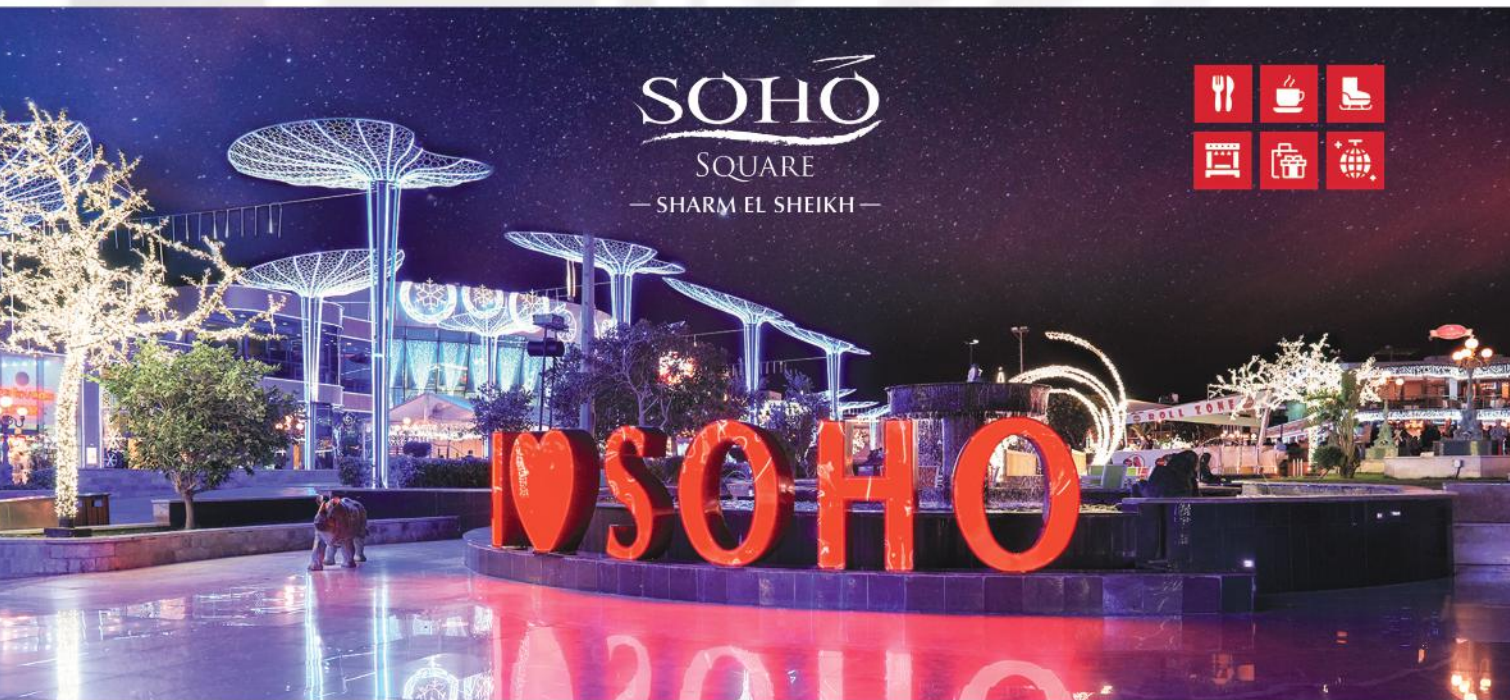
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The Hungarian National Museum is the first and largest museum in Hungary, which collects and presents tangible memories of over 1000 years of Hungarian history with over 3.5 million artefacts as well as prehistoric finds spanning more than 400,000 years. In the museum, people of all ages can immerse themselves in the treasure-filled exciting history. Now, in a special, interactive exhibition, you can learn about the world-famous successes that Hungarians have achieved at world exhibitions over the past 170 years.

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www.mnm.hu

Colourful characters from around the network

in person



**Seeing sights
from a sidecar**
in Marrakesh

p18

**Making cool
cocktails**
in Paris


p23

**Becoming a
happier skier**
near Grenoble

p26

“The sidecar experience is quite the ride – one worth every bone-rattling minute”

We discover why one Moroccan city is best explored on three wheels with the wind in your hair

 Words by Sarah Rodrigues





Left The Scarabeo tented camps in the Agafay desert
Below Fresh produce on the go at a roadside stall



“**M**int leaf?” asks my rider, Hussein, seeing my nose crinkle as we enter a neighbourhood of tanneries, where

fermented pigeon poo reigns as the magic ingredient in the leather-making process. This is not exactly what I had in mind when I signed up for a motorcycle trip through Marrakech with tour operator Marrakech Insiders. I had visions of wind-tousled hair and silken scarves swathing my face and shoulders, drinking in the Moroccan city as a pillion passenger. At sidecar level, I'm indeed wholly immersed in Marrakesh. Over my five-day trip, I venture to rarely visited corners of the Medina and get eye-to-eye with weary donkeys and impassive locals, engaging in their daily lives, away from the colourful ceramics and haggling that characterise the more touristy souks.

As we ride, street signs are written in French and Arabic, but also in Berber, in a revival of indigenous culture. Stopping by a brightly painted alleyway, Hussein points to a door. “That’s where my family lived when I was growing up,” he says, with a childhood anecdote or two, and gesturing to the local school, where children wear white coats over their clothes, like tiny scientists.

I'd previously overlooked life beyond the Medina, but the Palmeraie is an oasis that, thanks to ancient irrigation systems, once provided Marrakech with its produce. Grand gates (some with guards) and walled gardens explain the area's ‘Beverly Hills’

nickname. Most of these properties are off-limits but, thanks to guide Safoune, we're invited into a 1920s home that once hosted some of the area's most glamorous parties – photos of elegant former guests adorn the walls. We make our way to the Gueliz district (new town), our guide pointing out remnants of a 20th-century French Protectorate, where art deco design blends with Moorish motifs and lavish restaurants and bars. The Bill Willis-designed La Trattoria, an extravagant place with 70s glam, is one of Safoune's favourites.

The lavishness of the Palmeraie, the colour of the Medina and the chicness of the Gueliz contrast with the bleak moonscape of the Agafay desert, with rocky, bleached yellow undulations slashed by rain-fed greenery. The sidecar experience is quite a ride – one worth every bone-rattling minute.

We pass the Scarabeo tented camps, which Madonna booked out for a recent birthday, and see people dune-bashing in the desert, but our next stop is Jardin Rouge, an artist community and exhibition space, and the Dar el Sadaka – a 25-acre playground of visual art by Jean-François Fourtou. Guide Felix points out surreal gardeners, seemingly tending the grounds. “They're in different positions every time

The challenge MARRAKECH



I visit: it freaks me out,” he laughs. We climb into an upside-down house, one of Fourtou’s interactive pieces. The idea for the installation came after a dream in which the artist’s grandfather threw his house from the sky. My stomach lurches as I descend a ladder and walk gingerly underneath a tureen of gravity-defying soup on an upside-down table.

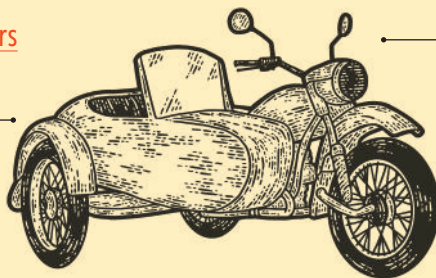
Marrakech Insiders founder Thomas Chabrières’ love for sidecars began in China. His mother forbade him from having a motorbike, so when he went to Beijing, aged 19, he bought the biggest one he could find “and purchased a sidecar from a Red Army guard,” he tells me. Years later, stifled by his career in advertising, he combined his three passions – sidecars, travelling and meeting people – into a business and exported it to other places so riders can experience a place as “a traveller, not a tourist”.

Before Chabrières shipped his 12 sidecars here, the last person to own one was Mohammed V of Morocco (who reigned from 1957 to 1961). The king used them in his royal escort. Locals now look on at Insiders’ fleet of vintage Ural sidecars, modelled on German BMWs, with nostalgia. “We get laughs and thumbs up most of the time,” says guide Thomas.

Ural sidecars

Transmission —
4 speed

Max speed —
**72 km/h -
100 km/h**



Passenger capacity
**One driver and
two passengers**

Fuel tank capacity
200km

Average speed
25 km/h

My final day in Morocco sees me rumbling out beyond the city, into the souk of nearby Tameslohte. “We call him The Doctor,” grins my rider, Mounir, as a vendor slices, with surgical precision, mounds of liver, which we then hand, wrapped in paper, to a man handling a smoking grill. After being cooked, they’re delivered to us, in the form of brochettes, with bread and mint tea: fuel for the journey into the Atlas Mountains.

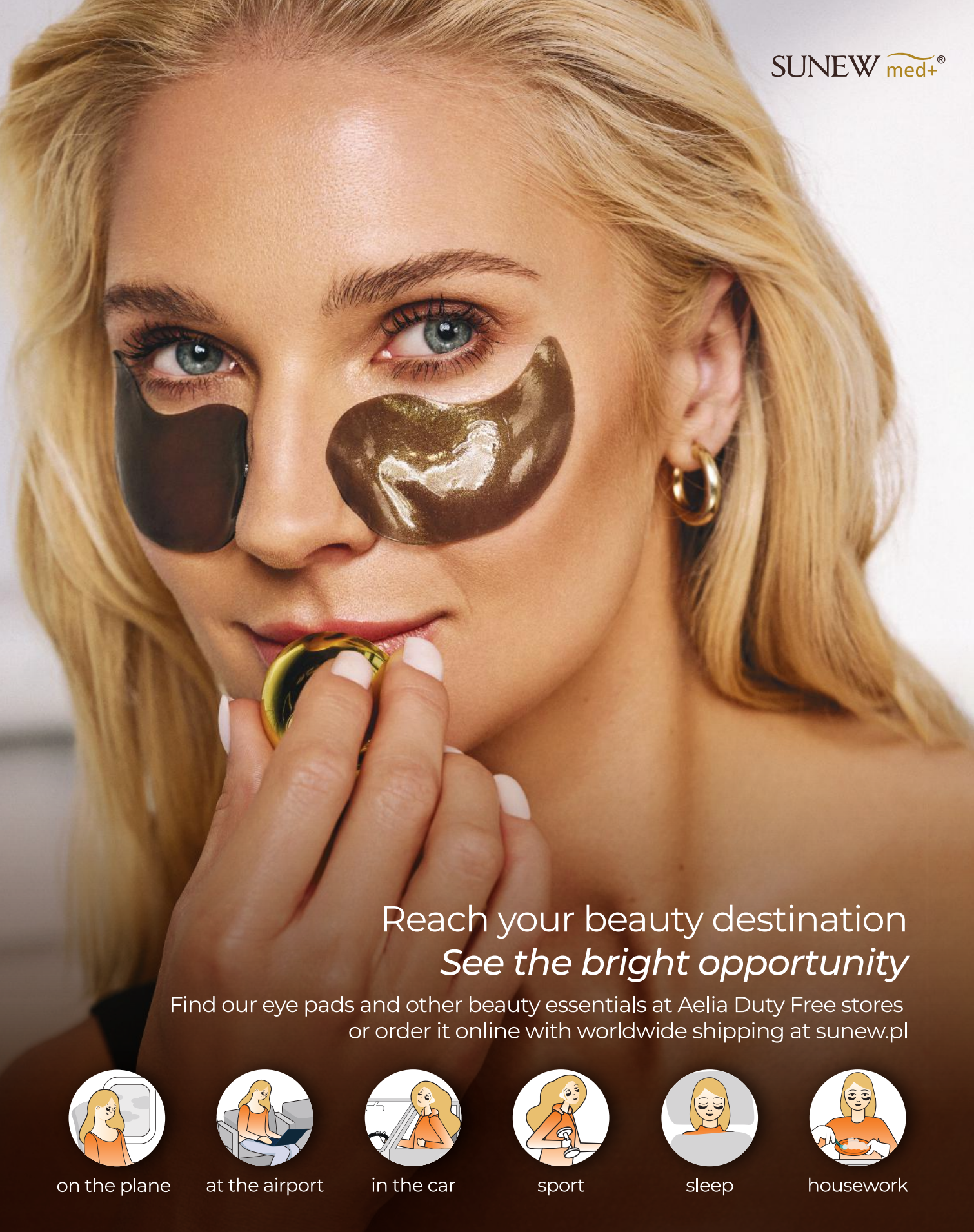
I carefully pick at one, but Mounir urges me to eat several: “You’re in Morocco now!” he encourages. Riding on, rocky expanses gradually yield to evergreens and conifers, which perfume and moisten the air. Sure, I could access this area on four wheels, but I can confirm that a sidecar journey back into Marrakech is far more conducive to a food coma snooze than a pillion ride.

90-minute rides from €180.

marrakechinsiders.com

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Top left Riding in a sidecar allows you to connect with the local community
Above Fourtou’s upside-down house at Dar el Sadaka



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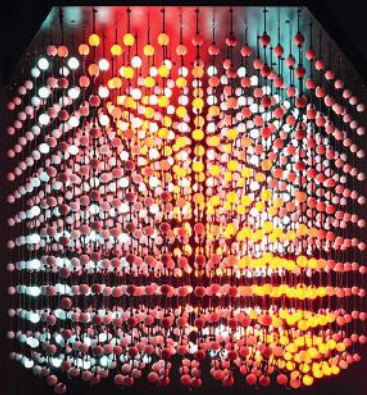
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“Mixing people is as important as mixing drinks”

We find out why, on the 100th anniversary of its name, Harry's New York Bar is still going strong, and where to make the legendary drinks brought to life here

 Words by Helen Elfer

My cocktail is sweet, cold and tangy, perfectly balanced, elegantly presented, and as it slides down, I realise it might be one of the most dangerous drinks I've ever tasted.

Bartender extraordinaire Dante has just expertly demonstrated how to mix a French 75, said to have been invented right here in Paris at Harry's New York Bar. I watched him across the famous mahogany bar as he poured lemon juice, simple syrup, gin and "a few dashes of absinthe" into a cocktail shaker, shook it vigorously with ice, strained the liquid into a coupe and topped it up with champagne. Admittedly, I'm not expecting the absinthe in there, but the hit of anise really lights up the drink - and gives it an enormous extra punch.

"How is it?" asks Dante. "Strong..." I reply. He nods knowingly, with the understanding of a barman who must have seen this particular cocktail get the better of many a patron. "Legend has it that the original drink was named after a cannon used by the French army in World War I," he says, showing me a replica of the 75mm ammunition that sits on a shelf of spirits behind the bar. Makes perfect sense.

Harry's is a Paris institution, and the artillery story is just one of the countless anecdotes told here. The oldest cocktail bar in Europe, it was opened in 1911 by famous American jockey Tod Sloan, who dismantled

a bar on Manhattan's 7th Avenue and had it reassembled here at 5 Rue Daunou ('Sank roo doe noo,' expats were told to tell the taxi driver). The polished wooden panels that line the walls, and of course the bar itself, remain in place today, adding to the venue's old-world charm.

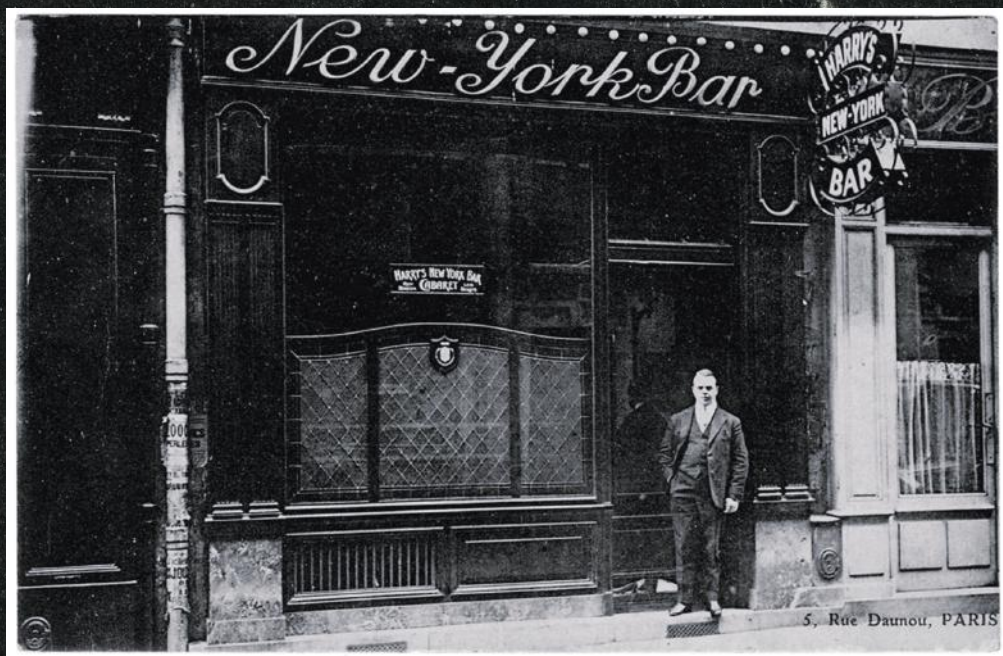
Bartender Harry MacElhone was quickly hired, and years later took it over himself, formally renaming it Harry's New York Bar in 1923 - 100 years ago this year. Since then, this small watering hole has had an outsized influence on the cocktail scene, with a dizzying number of the world's best-known drinks brought to life here. The Bloody Mary, White Lady, Sidecar, Blue Lagoon and the French 75 are among them, created by bartenders through the decades.

Franz-Arthur MacElhone, great-grandson of Harry, is currently at the helm of the business, and attributes the place's iconic status to the talent behind the bar. "First

Below left The Boulevardier cocktail
Below A counter where many a celeb has perched
Right The historic bar first opened in 1911



"Quentin Tarantino comes in sometimes - he loves Chartreuse"



MIX YOUR OWN

Fancy a go at shaking and stirring yourself? Try one of these Paris cocktail classes

Hemingway Bar, The Ritz

Held by three-time winner of the World's Best Bartender award Colin Peter Field, this two-hour cocktail masterclass takes place in the heritage hotel's classic bar, named after Ernest Hemingway and decorated with tributes to him. ritzparis.com

Jacques' Bar, The Hoxton

Learn cocktail basics in some great-value sessions at The Hoxton, which includes a drink and snacks, plus two more classic cocktails you mix yourself. thehoxton.com

Curiosity collective

This speakeasy-style cocktail workshop is held in an underground cave in the Marais district and focuses on cocktails mixed with French liquors. The workshop includes three cocktails, plus you get to create one of your own. curiositycollective.com

and foremost we've been fortunate enough to have great bartenders," he says. "Mixing people is as important as mixing drinks."

And what a mix it has been. Over the years, the bar has been visited by a long list of luminaries – F. Scott Fitzgerald, Marlene Dietrich, Ernest Hemingway, Humphrey Bogart and others. George Gershwin is even said to have composed *An American In Paris* on the bar's piano.

How about now, I ask – do any famous faces drop in? Franz, although clearly a little reluctant to name-drop, eventually tells me: "Quentin Tarantino comes in sometimes – he loves Chartreuse. Liam Gallagher has been in, and his brother Noel, separately. Zazie, the French singer and the Prince of Monaco." The Prince of Monaco? "There was a big rugby game on, and we must have had around 200 Irish supporters in the bar, and maybe another 300 outside. I was looking after the bar when I suddenly received a call that the Prince of Monaco wanted to come in and could we reserve a table? So we did, of course.

"He arrived, had a drink, it was all very low-key. And there were rugby fans who didn't recognise him, tapping him on the shoulder, asking if he was French and what he thought about the rugby game. I just thought: this is so Harry's Bar."

On the more ordinary evening of my visit, there's a warm, international crowd of cocktail enthusiasts, expats and tourists gathered around the wooden bar. Dante is juggling conversations in French, English and Italian as he mixes, telling stories, making recommendations and debating twists on classic recipes. I hear a New Yorker in raptures over the Cointreau-soaked cherry added to her cocktail. A Milanese man, sips one of Dante's bespoke creations, sighs and declares it to be 'perfetto'.

"We don't want to be a museum," emphasises Franz, adding that the 'traditionally inventive' slogan the bar goes by is extremely important to him. It's not all about living in the past, but being part of a contemporary cocktail community too, in Paris and beyond. The Harry's 'brand' is evolving. A sister branch opened in Cannes in the summer of 2021, serving drinks in a more outdoorsy setting. And there are plans for a Dubai launch in the near future.

Beyond the iconic history, the wild stories and the legendary clientele, one of the reasons Harry's remains so beloved is simply that it's a really good bar – an experience that travelled across the Atlantic a century ago. No doubt it will be welcomed with open arms as it travels again. harrysbar.fr

✈ Wizz Air flies to Paris

“Be more present, calmer and your skiing will improve”

Can mindfulness make you better on the slopes and a happier person?

 Words by Andrew Dickens

 Illustration by Michal Bednarski

The man sat opposite me gives a knowing look. Surrounding our ski lift is the most dramatic scenery available to humanity: an endless, glistening, awe-inspiring, perspective-altering snowscape of mountain and forest.

The look is inspired by the four other people in our cabin; each is on their phone, whipped out as soon as the doors closed, eyes and minds drawn to TikTok and Instagram, and away from this glorious scene. The man opposite is Clément Lepage, an instructor at the First Tracks ski school here in Courchevel. He's teaching me the art of mindful skiing, an increasingly popular approach to the sport around the world. The general idea is to be more present when you ski – or sit in a ski lift. This should then give you a sense of calm, which should make you a better skier, which should give you a sense of calm, which should... you get the idea.

I came late to skiing and have had to play catch-up, literally and metaphorically, with my friends. As a result, my skiing is about the destination rather than the journey – get to the bottom, preferably fast. I'm neither calm nor smooth. For me the buzz comes from an endorphin rush at the end of a challenging run or section.

I want more than speed and survival, though; I want to enjoy the journey and for that happier state to make my skiing more graceful, more efficient and more confident. Clément is working on that. He's already spent two hours getting me to breathe. It turns out that I don't do it quite right. In fact, sometimes I don't do it at all.

“Breath is the connection between the conscious, subconscious and body,” he told me. “When you're stressed you breathe quickly or hold your breath. When you ski well, there is a vertical motion, a rise and fall, and a rhythm. Concentrate on breathing rhythmically and match it to the rise and fall. Like an accordion.”

It worked, too, apart from when I breathed too quickly and got a bit dizzy. I had more rhythm and could change that rhythm between short and long turns. This notion of connection is key, says Clément. When we're mindful of what our body and mind are doing, and of our environment, these things come together to be greater than the sum of their parts.

Over a beer and steak tartare at La Cave des Creux (arguably the best on-piste lunch spot in Courchevel), we get more philosophical. This is France, after all.

“What you say about the journey and the destination is relevant,” says Clément. “Mindfulness reminds us of the reality of time, that it is long, that things take time, and that we should be present for each moment.”

“I've done Vipassana meditation. Twelve days in complete silence. You begin to appreciate everything. In life, you can be mindful of any activity. As you do the washing-up, focus on your actions, how things feel, look and smell. Don't be elsewhere. You will feel calmer.”

Clément has been using mindfulness in skiing for 10 years. I ask if it's changed the way he teaches. “Yes, because it's not about how to ski – that will happen, I promise – it's about being aware of the opportunity to be here, to do this, how amazing it is to be alive.”





Ski, après, love

Three alternative European resorts to try mindful skiing

After lunch, the exercises continue. To make me more aware of my environment, Clément encourages me to ski with my head up: looking farther ahead, plotting a route, noticing people and things that might affect me, such as changes in terrain and small children.

He gets me to think about my ankles. Are they loose? It's not something I consider on a daily basis, but once I do – and realise that they are not – everything else seems to follow. Knees, hips, shoulders all relax.

By focussing on my movements and my path ahead, I have fewer distractions. This morning I'd been distracted by a very cute puppy, a shadow and the promise of steak tartare. Such things are to be appreciated – and taking time to do so is part of mindfulness – but not at 40km/h. Every skier I know has received a mouthful of snow because they were thinking about lunch.

By the end of the day, my skiing feels better. Clément says it looks better, too. But having skied all day under his watchful eye, can I continue the progress alone?

The next morning arrives and it is glorious. I've skied the Three Valleys area for years and each valley – Courchevel, Méribel and Val Thorens – has its unique appeal. Courchevel, in my mind, with its blend of

Troodos, Cyprus

Cyprus's only ski resort is small, quiet and beautiful, making it perfect to focus on your movements. Be at peace weaving through the forests of Mount Olympus and, with the season often stretching to April, you can continue your meditation at the nearby beaches.

Mount Parnassus, Greece

The home of Delphi and the Muses, sacred to Dionysus and Apollo, Mount Parnassus is a place to absorb the myths and legends of Ancient Greece, concentrate on being at one with the mountain, and ignore the stresses of modern life as you ski.

Gudauri, Georgia

Gudauri is popular among back-country skiers looking to escape the crowds, combine climbs with descents, and be mindful of their actions and surroundings. A ski tour to the Lomisa Monastery is a meditative experience.

dramatic rock formations and winding forest pistes, is the prettiest. Today, bathed in December sunshine, it's at its best.

I take myself to Creux, a long run from high on the Sommet de la Saulire mountain between Courchevel and Méribel that begins with more challenging steep sections, flattening to a long, undulating section in the shadow of imposing cliff faces and evergreen trees. An ideal test bed.

From the top, I look down into Méribel and across the Alps to Italy. I breathe in the mountain air and take a moment to, as Clément says, appreciate the opportunity to be here. And then I go.

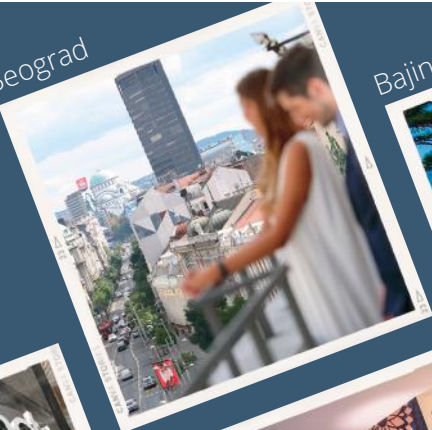
I won't claim to ski perfectly, but I certainly ski better. I'm a human accordion, rhythmical and controlled, calm and confident. In my head, I look pretty smooth, too. There's a more significant difference, though: I'm enjoying every turn. So much so that my usual 'rush' at reaching the bottom is gone, replaced with a sense

of disappointment that it's come to an end.

I now know that no matter where I ski or who I'm with, I will enjoy the journey as much as the destination. I just need to apply this to the washing-up.

✈ Wizz Air flies to Grenoble, Larnaca, Athens and Kutaisi

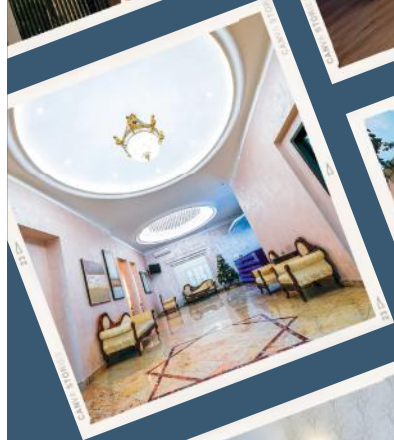
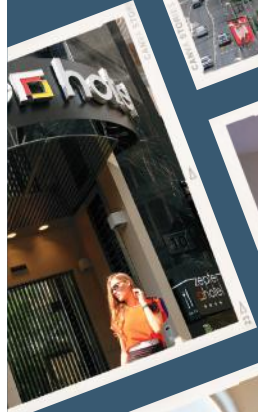
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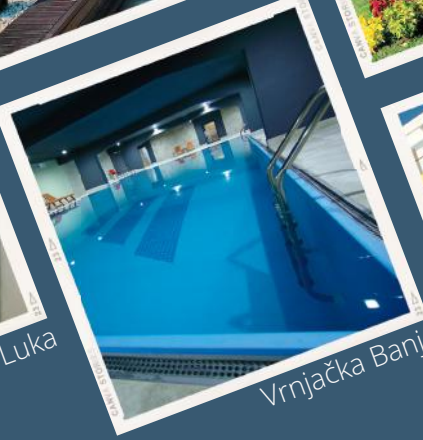
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Getting to the heart of the story

in depth



**The hunt for
100ft waves**
in Portugal

p32

**Underground
artwork**
in Stockholm

p44



**A late-night
culinary tour**
in Tel Aviv

p52

**Meeting
reindeer**
in Tromso

p58

In the town of Nazaré, an hour north of Lisbon, the race is on to ride a 100ft wave. Here visitors can watch fearless surfers attempting to make history

 Words by Jade Bremner  Photography by Ben Read



STANDING ON THE



SHOULDERS OF GIANTS



Our jet ski pulls up to the side of the cliff, much closer than I would like considering a wave bigger than I've ever seen is crashing onto the rocks with a thunderous boom. We're just off the headland, with Nazaré's distinctive red lighthouse looming above, as the detonated spray rains down leaving a lingering mist. My belly flips in anticipation of where we're headed - to the 40ft (12m) savage, unpredictable waves that lie beyond, at Nazaré's point.

But this is a "small day", locals kept telling me before we left shore. Relatively speaking, they're right, the biggest waves on Earth have been recorded here in Portugal off Praia do Norte and

waves as high as apartment buildings regularly roll in. However, their small day looks pretty big to me.

Winter, between November-April, is big wave surfing season on Portugal's west coast. Surfers and tourists from around the globe descend on the once sleepy and traditional fishing village of Nazaré, with its cobbled streets, traditional restaurants, pristine sandy beaches and picturesque churches, to be a part of history in the making. In the past decade, record upon surfing record has been smashed here - and those who dare can achieve the unthinkable. The quest to ride a 100ft (30m) wave is on and has become the final frontier of adventure, like a modern-day moon landing or race to the South Pole. The current Guinness World Record for the biggest wave ridden here is held by German Sebastian Steudtner, who in 2020 surfed a menacing 86ft (26.2m, or five stacked two-storey houses) wave at Nazaré - but many say this record has already been smashed.

Just hours ago, we were standing safely on the shore, watching these moving mountains barrel into

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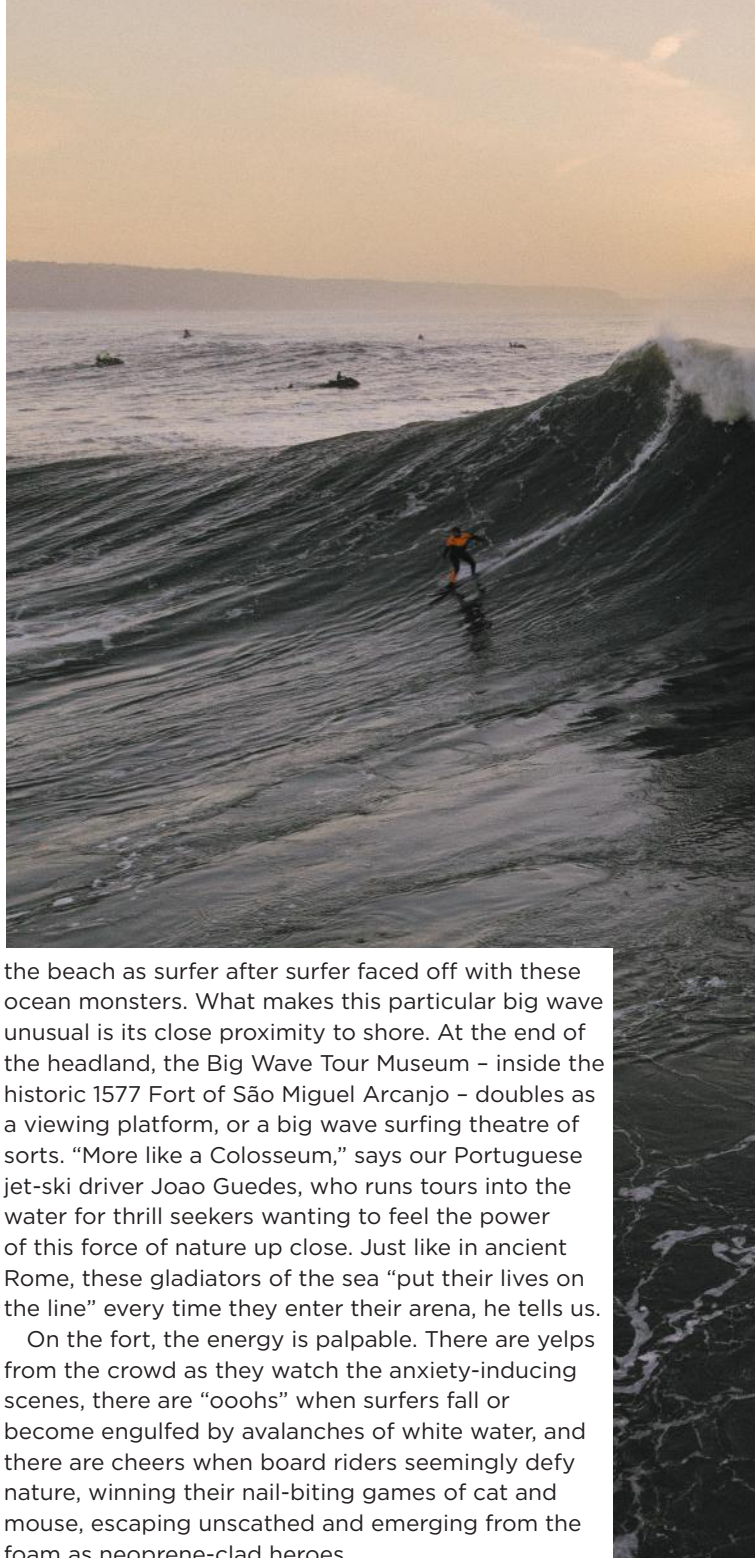
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the beach as surfer after surfer faced off with these ocean monsters. What makes this particular big wave unusual is its close proximity to shore. At the end of the headland, the Big Wave Tour Museum – inside the historic 1577 Fort of São Miguel Arcanjo – doubles as a viewing platform, or a big wave surfing theatre of sorts. “More like a Colosseum,” says our Portuguese jet-ski driver Joao Guedes, who runs tours into the water for thrill seekers wanting to feel the power of this force of nature up close. Just like in ancient Rome, these gladiators of the sea “put their lives on the line” every time they enter their arena, he tells us.

On the fort, the energy is palpable. There are yelps from the crowd as they watch the anxiety-inducing scenes, there are “ooohs” when surfers fall or become engulfed by avalanches of white water, and there are cheers when board riders seemingly defy nature, winning their nail-biting games of cat and mouse, escaping unscathed and emerging from the foam as neoprene-clad heroes.

“On the biggest wave days there are thousands of spectators lining the cliff, it’s like a festival,” says Joao, who is not only part of a skilled jet-ski rescue crew but surfs these giant peaks himself. “Being on the top of a wave is amazing, you drop so fast you can ride 90km/h,” he says. “You need legs, strong legs.” As we motor nearer to where the waves are breaking,

Joao has to carefully navigate the sets; jet skis have previously gone over the falls or have been caught inside breaking waves. Those who make one mistake can have 1,000 tonnes of water crash down on them. This is about as extreme as sports get.

As we make it to a 'safe zone', we spot Brazilian big wave riding legend Lucas 'Chumbo' Chianca, who in 2022 made a new claim for the largest wave ever ridden – his wave was a reported 97.3ft (29,6m) – and he's with pioneer of tow-in surfing (using artificial assistance to catch faster-moving waves) Carlos Burle, who has reportedly surfed similar sizes to Lucas. We greet them as a wall of water builds in front of us, blocking our view of the entire horizon. The wave peaks and its lip froths. "It's going to break," I shout to our driver. But he just

Predicting waves

While winter is the season for big wave surfing in Portugal, swells can only be estimated around a week in advance. The best way to see these giant sea monsters in all their glory is to keep an eye on the surf forecasts. Search Nazaré on Magic Seaweed (magicseaweed.com) and look for a good star rating, then book your travel for the week ahead.

Surf science

The best place to learn about the riders of Nazaré's moving mountains, and the reason the waves form, is at the Big Wave Tour Museum, inside the Fort of São Miguel Arcanjo. Here visitors can view more than two dozen surfboards used to break surfing records on Praia do Norte, plus big wave photography displays and videos of surfers conquering massive waves. Stand on the roof of the building for a bird's-eye view of the surfers in action.

Get close to the action

To really feel the energy of Nazaré, visitors can book a boat or jet-ski driver to take them near the waves with Nazaré Water Fun (nazare-waterfun.com). For an extra thrill ask your driver if you can lie on the rescue raft (in calm water!), and feel what big wave surfers experience as they hold on while the driver mimics zooming at full speed to escape breaking waves crashing towards them.

Above A surfer makes a drop on to a large wave at Nazaré after being 'towed in'



smiles as it falls, almost teasing us, before rolling on. “Don’t worry, you’re safe here,” says Joao, who has years of experience in this spot. Lucas picks out the giant wave behind for Carlos to ride. He amps up the throttle on his jet ski and drops down the wall – pulling Carlos on a rope behind. Like falling off a cliff, they both disappear from view. “Look down,” says Joao as our jet ski hovers over the lip in a vertigo-inducing tilt, forcing our stomachs into our mouths as the wave churns under us.

During a moment of calm, Portuguese pro-surfer-turned-big-wave-surfer Joana Andrade appears from nowhere. She’s lying prone on a jet ski sled, with a beaming smile across her face, having been picked up after catching an enormous wave. At 5ft tall, she’s proof that even the small can face the mighty. She became the first Portuguese woman to surf here in 2014, being towed in by American Garrett McNamara, the godfather of big wave surfing at Nazaré. One of her most impressive rides was a 68ft (20.7m) behemoth.

In the beginning, Joana would frequently come to watch Garrett surf here, after he discovered the spot more than a decade ago and moved to Nazaré permanently. “I was like, wow, this is crazy. It’s like surfing Everest, it’s another level.” It took her a year to pluck up the courage to join him in the water. “I said, ‘Can I try one wave?’ He said, ‘Yes it’s going to be beautiful tomorrow’. I just thought, ‘not

Top left Visitors at the lighthouse watching the surfers
Top right A surfer is picked up by the jet-ski rescue team
Bottom right Big wave rider Joana Andrade at Nazaré Marina after a session



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This image Big wave surfer Joao Guedes drives guests to Nazaré's waves on a jet ski

tomorrow, please not tomorrow'. When we went to the break I was feeling so afraid but at the same time so peaceful. He towed me onto a wave and at that moment I felt calm. I remember feeling like the wave would never finish." The risks are huge at Nazaré, but so are the rewards. "I knew it was big. When I went home it was on the news everywhere," says Joana.

The reason this "freak of nature," as Joao calls it, exists is due to the Nazaré Canyon, which sits under the water to the south of the lighthouse at between 50m and 5km deep (three times the size of the Grand Canyon). When swell moves along the canyon at speed, it compresses and creates a wedge shape. Unlike other big waves there's no channel where the waves aren't breaking to get off to safety. The nature of a beach break is that waves can appear anywhere, depending on where the sand below has moved - meaning jet-ski drivers need to be ultra-skilled and perform rescues at a moment's notice.

Of course, Portuguese scientists, locals and fishermen have always known about this dangerous

wave; local fishermen feared it, and it claimed the lives of many in the village. Surfers, with a lot of other waves to choose from on Portugal's west coast, understandably steered clear. It wasn't until a local named Dino Casimiro emailed a picture of the wave to Garrett, who was renowned in the big wave surfing community, that things started to change.

In the decade that followed, Garrett started studying the break, surfing it and searching for the pinnacle in big wave surfing - a 100ft wave. He's also since helped to build a safety infrastructure with Portuguese locals including Lino Bogalho, who owned a beach company before Garrett arrived in Portugal. Lino now owns a fleet of jet skis and employs local tow-in drivers at Nazaré. He has three board lock-ups on Nazaré Marina, where surfing legends store their equipment ready to go at a moment's notice during big swells. In one lock-up is a display of broken boards, snapped by numerous surfers while riding these giants, acting as a stark reminder for all before they venture into the unknown. At the lock-up, I meet

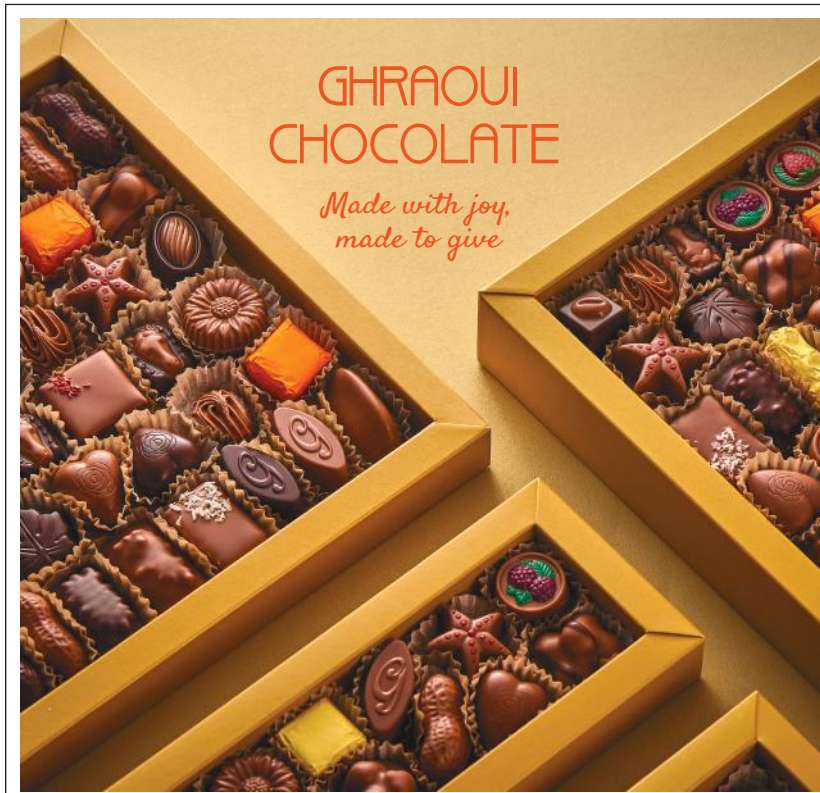


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Brazilian big wave rider Michelle des Bouillons and British big wave pioneer Andrew Cotton. “If you want a career in big wave surfing, this is the place to train, you train here and you take your skills to spots like Jaws in Hawaii or Mavericks in California and it becomes easy,” Andrew tells me. Tourists here can also get their hands on a rare piece of surfing history. Lino sells the boards the pros have ridden at Nazaré but no longer need. I spy one surfed by American big wave surfer Kai Lenny in the rack. Lino also takes visitors into the waves on jet skis for a better view, and is launching an exclusive behind-the-scenes tour where surfing fanatics can go into the ocean with their big wave-riding heroes – and learn what it takes to surf the most intimidating break on Earth.

We later join local spotter and surfer Andre (aka Barra) high on the dunes, opposite Praia do Norte. He’s part of French big wave surfer Justine Dupont’s safety team. His job is to scour the horizon for waves and radio the jet skis with her location if she wipes out. “For people in Nazaré the sea has always been a place to make a living and provide food, it’s not a place to go and play. Fishing boats used to go out to sea with no forecast, and when they came back they just hoped there were no big waves,” Barra tells me while we’re waiting for Justine to arrive in the line-up.

This image Sets off Nazaré point, below the lighthouse, as spectators watch the power of nature from above

Due to its wave consistency and unpredictability, Nazaré is a treacherous proving ground, drawing the world’s big wave-riding professionals to train here during the winter. “If you can make it here with this white water and lines of moving mountains, you can make it anywhere,” Barra says. Garrett walks onto the dunes beside us to review the waves. How would you describe this wave, I ask him. “Intense,” he says. “This is raw nature,” Barra agrees. “But if you’re a big wave surfer you can ride the best waves of your life here.”

I remember Joana telling me earlier, “You have to be a little crazy to surf big waves.” But everyone I meet is intoxicated by the energy of this place. “They’re on a constant adrenaline high,” Joana says. As I’ve learned, it’s as nail-biting being a spectator.

✈ **Wizz Air flies to Lisbon**

Editor’s note: As WIZZ magazine went to print, the team learned of the tragic death of Brazilian surfing legend Márcio Freire, who travelled the world to ride giant waves and starred in the surfing movie *Mad Dogs*. Márcio lost his life surfing Nazaré on 5 January 2023, aged 47. Our thoughts are with his family, friends and the wider big wave surfing community.

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UNDERGROUND ART

Celebrating
90 years of the
Stockholm Metro,
affectionately known
as 'the world's longest
art gallery'

 Words by Chris Wright

DESCENDING

34m below ground level, I find myself in a mad fairy kingdom, among a psychedelic mishmash of kitschy mosaics, lurid green rock faces, checkerboard flooring, spiral pillars and classical statues. Curiously, I'm not in an immersive experience in one of Europe's most contemporary art galleries, but in Kungsträdgården underground station on the Stockholm Metro. This bizarre environment was created in 1977 by famed Swedish artist Ulrik Samuelson.

Some 150 artists are represented at various points along Stockholm Metro's 110km network of track. Since its inception in 1933 (as premetro), the transit system has evolved into what locals call 'the world's longest art gallery'. And, while Kungsträdgården may not be the oldest of Sweden's art stations – that distinction belongs to nearby T-Centralen, whose cavernous interiors were covered with vivid blue

leaves and shadowy construction workers in 1957 – it can certainly lay claim to being one of the weirdest and most notorious.

In the early 1970s, when construction began on the Kungsträdgården metro station, locals took to the streets in protest, distressed by the destruction of ancient trees in the historic park above. Today, the so-called Elm Conflict is a dim memory, and Kungsträdgården station has emerged as a celebrated cultural destination – an odd thing to say about a subway stop, perhaps, but even more so about an entire transit network.

"This is a very democratic way to exhibit art – it's available to everyone for the price of a subway ticket," says Klara Källström, who was in her 20s, and one of the project's youngest contributors, when she completed her art at the Danderyds Sjukhus station in 2008. "It also serves as a kind of historical document,



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Right The scarlet-coloured Solna Centrum station
Below right The famous rainbow at Stadion station

a collection of Swedish artists representing different eras. There's political art from the 1960s and postmodern art from the 1980s."

Of Stockholm's hundred or so stations, 94 have been transformed into art installations since the mid-1950s, many of which have been dubbed 'cave stations'. "The cave stations are very atmospheric, and they played a part in the overall art project here," says guide Marie Andersson, who leads art tours of the subway. "When they built the Metro in the 1950s and '60s, they blasted through the rock and made these caves. Politicians and engineers worried that people would associate a cave with something bad, like hell or that sort of thing. So they had artists paint the rock and make it seem brighter."

In 1973, Enno Hallek, along with fellow artist Åke Pallarp, brightened up the Stadion cave station with a baby blue paint job on the ceiling, overlaid with a rolling rainbow at the entrance to the platform in cosmic orchestration. Stockholm's Pride festival has since centred on the hip Östermalm district nearby, making the rainbow not only cheery but culturally apt. At the age of 91, Enno can still recall the thrill of being chosen to co-create the art at Stadion, along with the thinking behind the resulting work.

"We wanted the light blue colour to be like the sky, so people wouldn't be afraid of going down there," Enno explains. "The rainbow in the vault comes from my childhood living on a fishing boat. Motifs such as sunsets and rainbows have followed me through my life. I also had a great experience in the 1950s when I visited the Lascaux in France and saw the cave paintings, so I was so pleased to get the opportunity to do my own."

Sky is similarly a dominant theme at Solna Centrum, though here it is painted bright red. Riding the escalators, which seem to descend through billowing fire, it's like entering Dante's netherworld. The walls of the station below depict more worldly items: trees, houses, an elk. Even so, seated on one of the benches waiting for my train, it feels like being cast in a strange post-apocalyptic movie - certainly a step up from the tedium and frustration that usually accompany our daily commutes.

For sculptor Karin Lindh, elevating the everyday is a key part of the city's underground art project. Installed in 2017 at the then-new Stockholm City station, Karin's *Commuters' Cathedral* takes a roundabout approach to depicting the sky, using a



"We wanted the light blue colour to be like the sky, so people wouldn't be afraid of going down there"

mirror at the top of the escalators to throw light onto a series of suspended prisms, which project colourful patterns on the walls. “The idea was to capture daylight and have it paint the space,” she says. “It would create this ever-changing artwork connecting to everyday lives.”

When they reach the foot of the Stockholm City escalators, commuters pass beneath an arch that appears to be made of pale pleated fabric, as if entering a ceremonial chamber. “When I looked at drawings of the station, I saw it had the proportions of a cathedral, with the space below topped by a kind of dome, but it was sunk into the ground rather than reaching for the sky,” Karin says. “We spend a lot of our lives commuting, and we often do it in our own minds. Here, you’re sharing a moment with the people around you, a feeling of being somewhere.”

For Karin, the sense of connection and commonality is an important part of the Metro project’s appeal. “I grew up in Stockholm, so I have a strong relationship with the subway, which has seen me through so much – different hair colours when I was young, different companies I’ve worked for,” she says. “I mean, this is

“Here, you’re sharing a moment with the people around you, a feeling of being somewhere”

where life happens. I love the idea of making art down here, where the whole station becomes an artwork.”

‘Immersion’ is frequently bandied about in the art world, but in Stockholm it takes on a literal meaning. Not only do commuters physically descend into these spaces, the spaces themselves are part of the work. At the Rådhuset cave station, you’ll find relics – a column, a gate, a discarded shoe – partially obscured by the rock, as if you’ve entered an archaeological dig. At Thorildsplan station, meanwhile, images of a dot-gobbling Pac-Man and other classic video game motifs are made to look pixelated by the tile-work on which they appear.

Then there’s Östermalmstorg – in 1965 the pioneering artist Siri Derkert made the entire station her medium, carving scores of playful, expressive, politically bold line drawings into the concrete walls. “She depicted heroes like Virginia Woolf and Simone de Beauvoir, along with Swedish artists, writers and activists,” says Karin, who named Östermalmstorg as her favourite art station in the city. “The drawings are so fresh and spontaneous. Marvellous.”

David Svensson, whose work *Life Line* was installed in the new Odenplan commuter station in 2017, is a repeat creator of public art and a firm believer in the benefits of a push-pull dynamic between art and its surroundings. “For me,” he says, “the space is always part of the work.” Comprising 400m of jagged LED lighting, *Life Line* endows an otherwise bland and functional space with an eerie, alien feel. The reality is more personal – the glowing lines that surround commuters are inspired by the heartrate of his unborn son, captured by CTG monitors in the months leading up to the Odenplan commission.

“Most people who see it probably won’t think of a pulse. Maybe they’ll think of mountains,” David continues. He believes everyone who enters Odenplan will share at least one thing – the sense of being a participant in the work rather than (as in a normal gallery) a mere spectator. “In the underground system, the art and the people become part of the same story,” he says, “the meaning of the place.”



Left The video game-themed Thorildsplan station
Below Artist David Svensson
Opposite page David’s Odenplan artwork *Life Line*





“If you pay attention, you’ll see something new every time you travel”



For people and art becoming part of the same story, you can’t do much better than *Memory Pillar*, a strange, elaborate sculpture installed in a concourse at Hornstull station a decade ago. The surface of this piece practically writhes with an array of random items – flowers, purses, chain links. There are also dozens of human lips, noses and hands, moulded from the body parts of locals by artist Eva Ziggy Berglund. “We opened a workshop called Beauty Salon in which we offered people passing by the chance to be a part of the artwork,” Eva recalls. “And they did; they shared a piece of themselves with us.”

Danderyds Sjukhus, a suburban stop north of the city centre, also has local people as a central theme. On large tiles beside the tracks, subjects are depicted as green-coloured silhouettes standing in various poses beside thin tree trunks, casting shadows that end somewhere beyond the edges of the tiles. “It was amazing to get that opportunity so early in my life,” says artist Klara Källström, who was in her early 20s when she completed the work. “I was very honoured.”



Clockwise from left
Mörby Centrum station; the
Memory Pillar at Hornstull
station; artist Eva Ziggy
Berglund

Danderyds Sjukhus is located in a pretty neighbourhood, and Klara’s aim was to transport people, however briefly, away from the musty gloom of the station. “The work gestures at what is right outside,” she says. “I wanted to bring that down and put it on the station walls.” When pressed, Klara concedes there is also a slightly desolate feel to these images. “I suppose they do look quite lonely,” she says. “I really wanted to portray that bubble people enter when they commute, standing there with nothing to do but look at your phone or read the paper, that feeling of being alone with yourself.”

Artworks like Klara’s have given millions of commuters something else to do with their time as they wait for trains or gaze out of windows. “Most people are planning what they’ll have for dinner or which exit they’ll get off,” says the guide Marie Andersson, “but if you pay attention, you’ll see something new every time you travel.”

Over the next decade, people here will get to experience an influx of new works in scores of stations thanks to a new Yellow Line and an extension of the Blue Line. More than a dozen artists have been earmarked to provide the pieces in their stations. The prospect has created a buzz among devotees and visitors – which, incidental or not, is almost every person travelling across the city.

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Israel's second-largest city has evolved into a dining destination for night owls, with visitors and nocturnal tech workers enjoying extraordinary meals at all hours

Late Night Eats

Words by Noga Tarnopolsky

Photography by Jonas Opperskalski



It is a Friday night at 11:30pm, and my friend Yulia Chernin and I are craving something meaty, something bracing. We head out, first dropping by her local, Geula, a popular Allenby Street bistro-bar known for its 24/7 service. As we arrive, Ariel, a computer engineer, is leaving after a spaghetti-and-red-sauce dinner with two of his children.

Tel Aviv, Israel's business capital, dubs itself 'the city that never stops', and by nightfall it confirms its status as a place ready to serve you a proper meal at any hour. Over glasses of local Malbec, Dan Etzioni, Geula's manager, acknowledges that business hasn't yet completely gone back to its pre-pandemic verve. These days, he usually closes the kitchen down by 3am or so, still late by any city's standards, but "the city that never stops - stopped," he says.

A number of factors have made Tel Aviv a city in which, with no special effort, you can get yourself a full meal at any time of the day or night - not least its standing as Israel's 'Silicon Wadi', with thousands of tech bros and sistas working on California time.

The tech sector also provides a regular rotation of nomadic personnel flying in and out, but even before the tech boom, Tel Avivians enjoyed year-round fine weather, spending much of their time outdoors. Unlike in California, but much like in other beachy Mediterranean towns, dinner is usually served late here and Israel's famously informal and family-friendly ethos makes it common to see multi-generational families enjoying a late night out, sometimes with a sleeping child across a few chairs.

Just before daybreak, at about 5am, the athletes emerge, runners grabbing a coffee and a hot bun from one of the all-night bakeries, or, if they're after a workout, often asking for *beitza*, which means egg and is shorthand for a local Palestinian delicacy, a small, round soft bread topped with egg and a sprinkling of za'atar or ground beef.

Abulafia is the most famous of these and has two branches, one in Jaffa, in the far south of the city, the other on a gritty stretch of Allenby. Yussef Elbassy, the night manager at the Allenby Street branch, tells



me that the nights are a bustling time at the bakery. Occasionally, at about 4am, he says, you see people coming in after a big night.

At about 6.30am, clusters of cyclists who have finished their daily routes flock to Benedict, a 24-hour-a-day chain of only breakfast restaurants for protein pancakes or hefty omelettes, or to Café Nona, a friendly canteen, for the muffins and grits. Or to Levontin 10, for the shakshuka.

We'll get there too but for now, just after midnight, we head to Minzar, a beloved Tel Aviv institution also on Allenby - one of Tel Aviv's main drags - where at midnight the night is very young. Inside, Lior Hargil, Minzar's founder and animating spirit, sits at the busy bar. At the ripe old age of 30, Minzar - its name means monastery in Hebrew - is the godfather of Tel Aviv's loose grid of restaurants and bars that never ever close. For these establishments, staying open 24/7 is a proud part of their hospitality DNA.

It is a balmy December evening, and we seat ourselves at a table outdoors, amid potted mini-palm trees that sway in the breeze. At Minzar, just after midnight, no kids are in evidence, but patrons range from teenaged backpackers to tables of regulars in their seventies. It's a mellow place. Minzar survived the pandemic partly due to a crowdfunding campaign



Left to right Late-night treats at Cafe Nona, Abulafia bakery and Minzar

that raised \$72,790 (€69,000) from its loyal fan base, some of whom see the gastropub as a home away from home. Among other things, Minzar offers a hearty home-made hummus and a Sunday rib roast complete with all the sides and brown sauce at 2am on a Tuesday or at 5pm on Friday, or whenever you may feel a hankering. The kitchen is always open.

Yulia orders Minzar's signature beef tartare – her usual – a shiny puck of hand-chopped beef fillet topped by a shiny egg yolk served unadorned on a plate. I've gone ultra-local, and get a gin and tonic made with Akko gin – the “wild gin of the Galilee”, made by Hargil's brother Yuval, owner of the Jullius Distillery, Israel's first (and many say best) producer of fine spirits – and the house's own tonic water.

The drink sparkles with bursts of wild rosemary and za'atar and, truth be told, it seems Tel Avivians are on to something. As we sit there, eating and drinking and enjoying the lively scene, nothing seems more pleasant or restorative than a midnight meal of good meat and good drinks.

For my main, I order the mysteriously named “pork neck schnitzel”, a crunchy and substantial pork tonkatsu floating on a bed of polenta studded with rounds of fresh chili. So far, so good. It's our duty to survey Tel Aviv's all-night eateries, and we march on.

We head next to a very different sort of Tel Aviv establishment: Shawarma Bon Taam. Bon Taam is not for everyone, but it is a superior Middle Eastern version of a greasy spoon.

Another friend, Chrystelle, joins us here, and together we step in to see the glistening towers of veal and lamb fat and more than a dozen small vats of freshly-made salads: cubed beets in orange juice, cauliflower pickles, regular pickles and tahini. Outside, beside their parked motorbikes, Hebrew and Arabic-speaking men hunker down over sandwiches and bowls of soggy chips.

Chrystelle, who is French and is gazing suspiciously at the surroundings, mentions that even places that would feel seedy elsewhere don't come up to that level in Tel Aviv. The city has generally low levels of street crime and at Bon Taam, the plastic chairs and shared tables are clean, and the shawarma drips with delicious juices.

We hop into a cab to head to Benedict's flagship locale on Rothschild Boulevard. At almost 3am, the place is brightly lit and jam-packed. A stern bouncer supervises the aspiring patrons outside.

Famously, Benedict offers six versions of its eponymous breakfast classic, from the traditional English-muffin-hollandaise-and-boiled-ham plate to



a fanciful, Mediterranean-inspired Shrimps Benedict, with wine-braised scampi sandwiched between a butter croissant and a poached egg.

Fighting for a spot, we get a simple stack of pancakes with bacon, which does the job – nourishing whole wheat cakes and crispy bacon. No matter what time it is, Rothschild Boulevard is a pleasant place to linger, with 24-hour-a-day juice and coffee kiosks replenishing cyclists, marathoners, dog-walkers and simple wanderers strolling under its panoply of trees.

After 3am, outside the main arteries, the city is fairly quiet. About a 10-minute cab ride away from Benedict is Café Nona on Ibn Gvirol Street, another of Tel Aviv's main drags. It's another world. No one is fighting to get in. Instead, tables are generously arrayed on an expansive sidewalk – most are full – and as I walk in, having by this point lost both Yulia and Chrystelle, I am offered a cup of coffee.

Nona's laminated, multi-page menu invites you to "become our friend". You might think you've stumbled upon a welcoming midwestern roadside diner transported to the Middle Eastern riviera. Without seeming to lift her eyes from her laptop, Shelly Koppel, 24, in tights and a boyfriend sweater, urges me to get a chocolate mousse with my espresso. "Do you work here?" I ask. "No, but I kind of live here," she explains.

Chocolate mousse feels a bit much. Instead, I choose biscotto. At a nearby table, an American couple who look to be of retirement age give me thumbs up about the phyllo dough boreks, which are coming apart in their hands. A gent at the bar sips soup.

Shelly Koppel tells me she once lived in the neighbourhood but now comes back because Nona is so homey. I get a Cubano sandwich to take away. By the time I get to Florentin 10, at about 4am, I have begun to wane, and to have doubts about the city

Clockwise from left
Local favourite Benedict;
another buzzing nightspot,
Salon Berlin; getting cosy
at Café Nona



that never stops, and about the very concept of all-night restaurants. Who wants food at this hour? Who seeks anything other than bed at this hour?

Then I remember the excitement of my own late-night arrivals in Buenos Aires – long ago, when my uncle would take me from the airport directly to an asado joint, and I would get my fill of Argentine goodness before thinking of sleep – and I get a second wind.

Florentin 10 – its name is also conveniently its address – is a good reminder of one of the rules of eating out in Tel Aviv: if your waiter looks half asleep and is wearing ripped jeans, it should not give you pause about the kitchen. In Tel Aviv, at any hour, casual is a way of life. The people sitting here could be any of us; one is nursing a coffee, another is digging into a huge burger, perched over his computer. Before night turns into day I order the quintessential Israeli breakfast, a shakshuka, but turn down the offer of beer.

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The Arctic's last reindeer herders

As climate change threatens their existence, tourism is helping to preserve Sámi traditions near Tromso in northern Norway

 Words by Jade Bremner  Photography by Ben Read

My hand is filled with dried grass pellets. As I raise it, a majestic reindeer – with antlers more than a metre wide – leaves the herd, saunters over and eats from my palm. I've never been this close to an animal with spikes on its head. While I know these storybook creatures aren't aggressive towards humans, it's a thrill. Reindeers can run 80km/h and travel up to 40km a day, and can be fierce when faced with predators. I instinctively lean back as sharp antlers come within centimetres of my face.

Johan Isak Turi Oskal, his wife Piia and their three children are the guardians of this 200-strong reindeer herd, 30 minutes from Tromso in the ancient lands known as Sápmi (formerly known as Lapland). Surrounded by chilly fjords, craggy peaks and birch forests, 350km north of the Arctic Circle, visitors can feed this herd, which has been protected for generations. The Oskals are part of the Sámi group – the only indigenous peoples left in Europe, hailing from Russia, Finland, Sweden and Norway, and speaking 10 different languages between them.

Dressed head to toe in traditional Kautokeino clothing, with trousers made of reindeer leather, a

Here Johan Oskal's mother, Anne Marie Turi
Right Alf Mathis Eira, Johan's stepfather
Far right Johan lassos one of his reindeer



handmade dark blue felt tunic and a belt with circular buttons on it, Johan is one of the last reindeer herders in this part of Norway. “Round belt buttons are for men who aren’t married, and square buttons are for men who are married. I got married recently, but still haven’t changed my belt,” he laughs.

Reindeer have provided transport, food and clothing for Sámis for thousands of years. “We use everything from the reindeer, the meat for food and skin for jackets, hats, gloves and winter shoes,” he says holding up a pair of elf-like boots – with a curved toe – cleverly shaped to trap air and keep the toes warm in temperatures dropping to -25°C in the coldest months. Until seven years ago, Johan lived a nomadic lifestyle, herding reindeer between Mauken (‘winter land’) and Tromsdalen (‘summer land’) 200km away.

But reindeer herders have had to adapt, due to rapidly changing natural environments. Climate change is affecting the Arctic four times faster than the rest of the world, according to recent scientific studies. The past several winters have been uncharacteristically warm in this area – when we arrive in Tromso in early December, we witness the first snowfall of the winter (typically it would have been snowing here since October). Instead of snow, there is rain, or freeze-thaw conditions, which create a layer of ice under the snow, making the ground too slippery for sledding and too

hard for the reindeer to forage for food. The animals use their hooves to dig for lichen in the ground, but solid ice prevents them from accessing their main winter food, putting them at risk of starvation. An added threat is the increase in predator numbers in the ‘winter land’, including lynx, wolverine and eagles – the latter attack reindeer calves by puncturing their lungs before stealing them from their mothers.

Seven years ago, Johan made the decision to protect his reindeer herd and remain in the ‘summer land’ near Tromso. “I had a feeling about this place,” he explains, prompting him to sing a traditional Sámi song named a joik. Reindeer heads turn as he bellows his melodic folksy lyric-less joik for me. “Don’t worry, the reindeer are used to us joik-ing,” he laughs.

Slowly, tourists found out about the reindeer here. “People would rent cars and come and visit,” Johan says, “they asked if they could feed the animals.” Following the Sámi custom of welcoming strangers, he gladly obliged. Tourists now help feed Johan’s reindeer daily, while learning about Sámi culture. His Tromso Arctic Reindeer tours help to pay for reindeer food.

I walk among the herd, tipping my remaining grass pellets on the snow. Some creatures glance inquisitively as we roam together in the stark, beautiful environment, enjoying the last of the day’s hazy light. Johan is preparing a sled, but first he needs to throw



Snow and tell

Sámis have more than 200 descriptions for snow. Johan teaches us five must-know indigenous words for Norway's icy flakes.

Cuonju

Very hard snow, usually comes in spring, when it's warm in the day and cold at night.

Obas

A lot of soft snow.

Njahcu

Very wet snow. Slushy and icy.

Seannjas

Very soft snow. If it is seannjas in the winter it's great for reindeer as they can easily hunt for food.

Vacca

A lot of new snow.



Clockwise from below

Piia Oskal with her herd; Piia with a reindeer lasso; a lavvu with a roaring fire



a lasso to hold a reindeer before it is masked up for sledding. “We start the reindeer on the sleds when they are around one and a half years old,” he explains. Visitors can try sledding experiences as part of his tours (when there is enough snow). Swinging a loop, Johan perfectly lands it on a reindeer’s antlers before pulling it close, then looks in the animal’s mouth. “We tell their age by looking at their teeth,” he says.

But, alas, our sled never gets moving. Dusk quickly turns to dark, as an ominous cloud looms on the horizon before becoming a blizzard.

“This is what we’ve been waiting for,” smiles Johan, who has been praying for more snow. We take shelter in one of the three traditional lavvus (large tent structures made of wood and canvas). A roaring fire at its centre warms the space, as the smell of reindeer stew bubbling in a pot fills the air – if the blizzard clears, tonight’s dinner will come with a sideshow of Northern Lights.

By the flicker of candlelight, Johan explains there are other threats to his indigenous culture. Sámi people have long been persecuted, from the witch trials of the 17th century to the banning of indigenous languages in local schools, well into the 1950s. “We were forced to be more Norwegian,” says Lone Beate Ebeltoft, a ‘Sea Sámi’ native to Tromsdalen who I meet at camp.



Under historic laws, reindeer herders have rights to use these lands for grazing, but no permanent structures are allowed. The lavvu can be disassembled and rebuilt. “We’re able to take houses like this into the mountains,” says Piia, pointing to a small shed-like cabin on skis outside the tent.

The community worries about future developments in the area threatening their right to roam. Johan explains how there were recent plans for a shipping container port in this herding location. But, as luck would have it, indigenous artefacts dating back 11,000 years were allegedly found in the area during the development process – giving the Oskal family a fighting chance to remain. Tourism helps the Sámi cause, explains Johan. “Tourism is good for these lands. When you come to Tromso you are not interested in seeing a big city, you come here to see the Northern Lights and nature.”

As the snow and wind whirl outside the cosy lavvu, we tuck into the organic reindeer stew, which Jonas tells me “has as much omega-3 as fish”. We see there’s much to admire about this hardy, self-sufficient existence, away from the din of development. “Here you can disconnect,” says Johan. “If we destroy nature, tourists will no longer come, and nature will never come back.” And neither, I realise, will the Arctic reindeer herders. tromsoarcticreindeer.com



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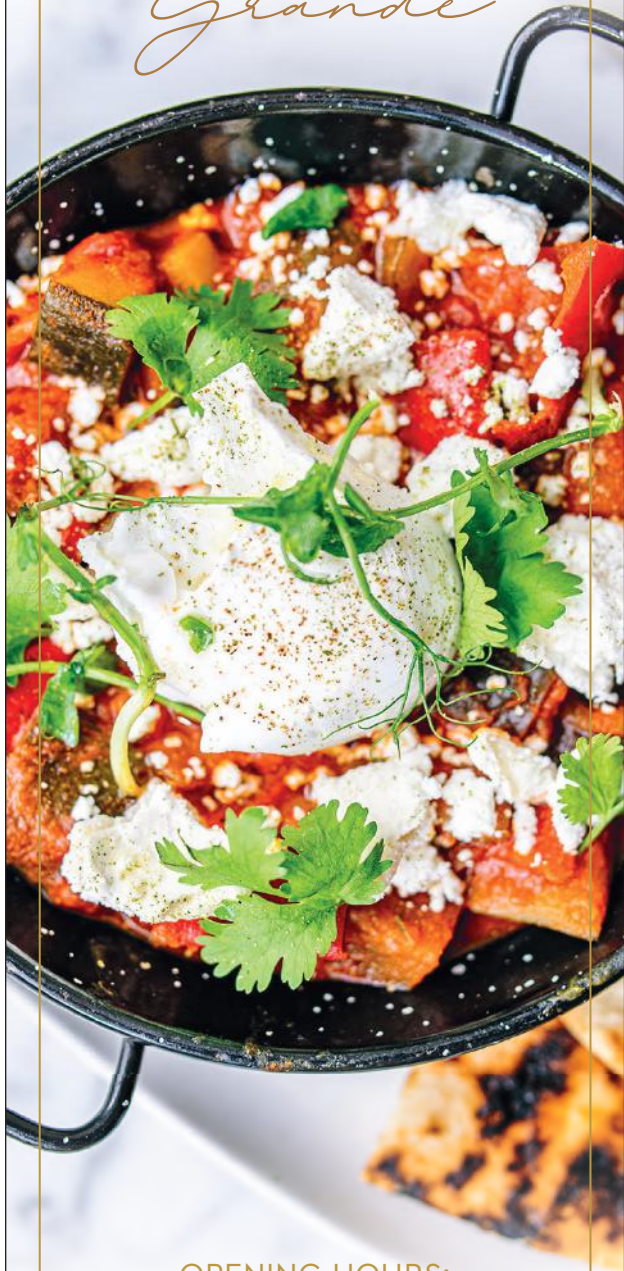
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Rhinoceros

Rome

If you're looking for an apartment with a designer edge for your Roman holiday, look no further than this aparthotel in the trendy Velabro quarter. These immaculately stylish rooms are an adjunct to the Fondazione Alda Fendi gallery, known for its boundary-pushing cultural experiments. If the name sounds familiar, yes, Alda is the youngest daughter of the fashion designer.

The building's design is no less high-concept. Converted from a 17th-century palazzo by architect Jean Nouvel, it

blends Romantic architecture and industrial-minimalist décor. Look out for the idiosyncratic yet classy touches, such as preserved graffiti, bubble sofas or stainless-steel barrel baths.

Velabro is located just below the Palatine Hill where Rome was born, and the name Rhinoceros is said to be a nod to its location, reflecting Rome's enduring power. Spot the life-sized model of a rhinoceros installed right outside – by no means the only impressive yet quirky aspect to a stay at this modern Roman icon.

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Lebay Beach Hotel

Cyprus

Found on the water's edge of a unique twin bay in Larnaca, Lebay Beach Hotel gives guests a slick modern take on the seaside holiday.

Its clean, modernist boutique hotel is fronted by a kidney-shaped infinity-style pool and flanked by a long stretch of sandy beach. Every convenience and comfort you can imagine is provided, from COCO-Mat pillows and marble bathrooms to a fully equipped on-site gym.

Located just 10 minutes' drive from the town centre and its popular restaurants, bars and bustling shopping centre, and 15 minutes from Larnaca International Airport, it's a great choice for families and those for whom convenience is paramount.

This contemporary escape would also appeal to those travellers who appreciate a feel of understated luxury. Sun, sea and sand in a truly seductive modern package.



Four Seasons Resort

Sharm El-Sheikh

An established favourite of the Red Sea resort, the Four Seasons had an overhaul last year, getting a spruce-up in time for COP27. The hotel has added 115 spacious rooms and suites, a scuba school and four new dining venues, including Asian and Lebanese. If you're feeling really flush, there's also a private villa with two pools, a spa room and terrace, aptly named The Palace.



Mona

Athens

Located in a 1950s textile factory in the grime and glamour of the Greek capital's Psirri neighbourhood, this new opening feels like the pad of some young artist made good. The look is humble yet seductive, mixing raw industrial architecture with soft fabrics and low lighting. The cherry on top is the irresistible rooftop bar that has write-home-about views of the Acropolis.



THE EATS

Where to go for a great meal across the WIZZ network



Nine's Warsaw

Football and beer are natural bedfellows and it's apparent here at one of Poland's most exciting recent openings. Nine's is named for the number on the back of one of its founders, Polish football star Robert Lewandowski, and is located in the former Haberbusch and Schiele brewery, now Browary Warszawskie, a hub of food halls, shops, restaurants and trendy startup offices.

Sports fans should head for the basement bar, where matches are shown at all hours, while the upstairs restaurant showcases "American cuisine with an Asian

and Polish twist" – as interesting as it sounds. Surf and Turf burgers and Giant Sticky Ribs are joined by Bulgogi steak and green curried prawns on a hearty main menu.

Unlike most sports bars, though, the vision for Nine's is designed for those who play as well as watch sports. Healthier options include salmon tartare, crispy Thai salad and Purple healthy bowls featuring quinoa, sweet potato, chicory, cabbage and watermelon radish. Take home a bottle of oat milk, pressed on site – an apt souvenir for this place of unexpected pleasure. nines.com.pl



44 Group

Cardiff

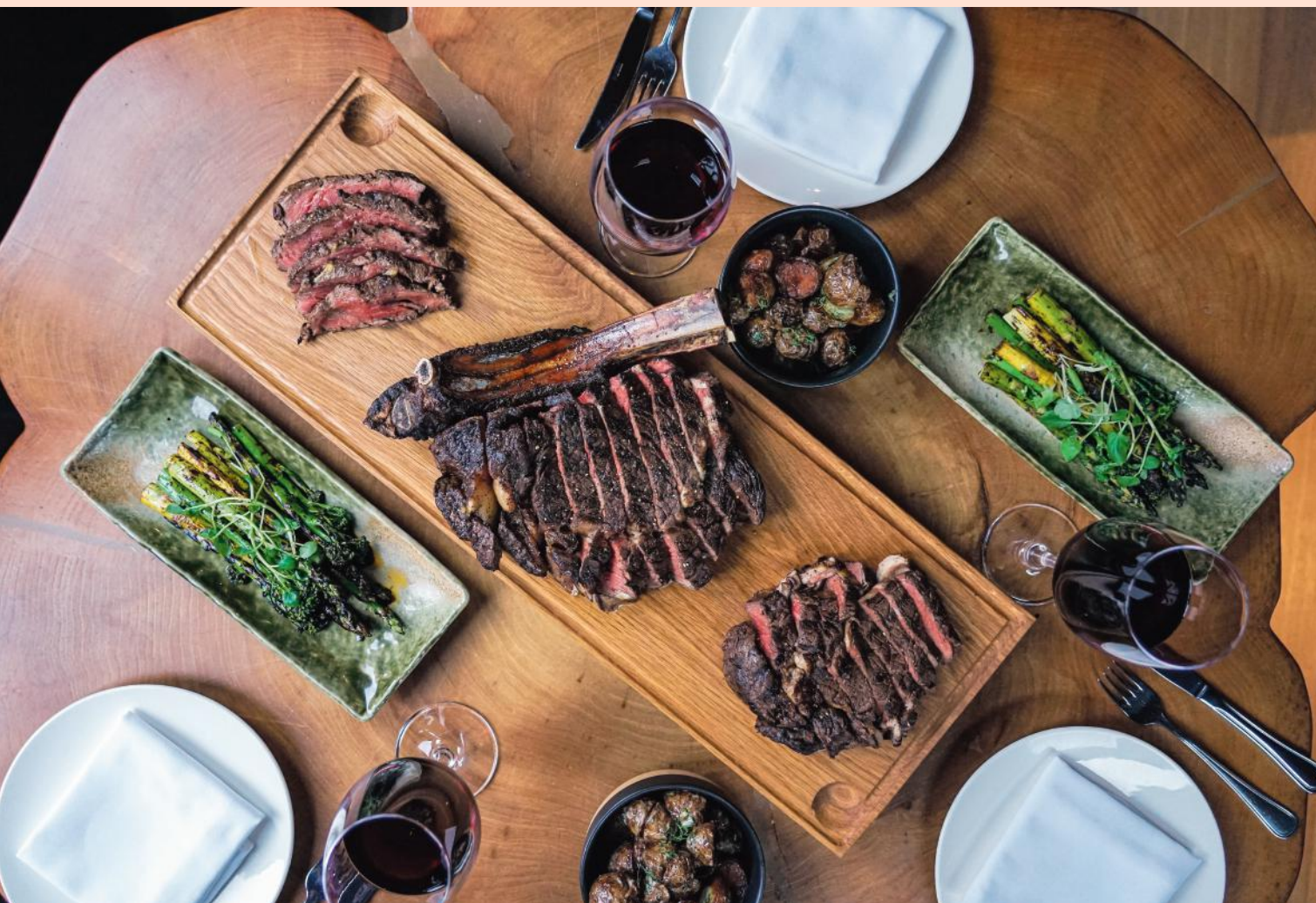
It's somewhat surprising but one of the most exciting Spanish food spots of the moment can be found in the Welsh capital, serving dry-aged steaks, suckling pig and cod cheek. Hispanophiles Owen and Tom Morgan now have a crowd-pleasing Basque-Spanish bar and restaurant, cookbook and shop, plus an Andalusian-themed boutique hotel. grupo44.co.uk



Mayabay

Riyadh

Riyadh is fast becoming a blockbuster destination for culinary outposts from around the world. This year alone is set to see the arrival of beloved LA restaurants Crustacean, Bianca and CUT plus Ferdi from Paris, Gymkhana from London and Amazónico from Madrid. First to open will be this import from Monaco (via Dubai), complete with high-end Thai-Japanese menus, next-level mocktails and a large outdoor terrace. mayabayrestaurant.com



Grillmarkaðurinn

Reykjavik

Steak is the name of the game at “Grill Market”, an established barbecue restaurant in central Reykjavik – and it’s a game head-chef duo Hrefna Rósa Sætran and Guðlaugur P. Frímansson are clearly winning. Over the past decade, the restaurant

has developed a reputation of excellence, built on a firm bedrock of fresh Icelandic ingredients. From beautifully marbled beef from Midey in Landeyjum, which is left to hang for 35 days, to traditional skyr made to a centuries-old recipe, everything is authentically sourced, Iceland-made and completely delicious. The decor

also takes its inspiration from the Icelandic landscape – patterns evoke moss, lichen, dark troubled skies and wide open peatscapes. For a suckerpunch of a dining experience opt for the 800g Tomahawk steak (to share) – not just any steak but the big daddy of the steak world and a powerhouse of seared perfection. **grillmarkadurinn.is**

THE DRINKS

Where to go for a strong cocktail across the WIZZ network



Mama Shelter Lisbon

Rooftop bars might be a dime a dozen in Portugal's capital but this new one from Millennium Hotels brand Mama Shelter is an elevated option in more ways than one.

It helps that it's literally above the coolest quarter of the moment - the upscale Príncipe Real - and just steps from Avenida da Liberdade, with epic 360° views over the red roofs, Tagus river and towards the sea.

Point yourself towards the setting sun and sip on one of Mama Shelter's signature cocktails, including Mama Loves You, the

muddling of elderflower and pomegranate in a vodka-fuelled embrace, and Amália Rodrigues, a take on a negroni, infused with cherry and thyme.

DJs play live three nights of the week (Thursday to Saturday), while on quieter nights there are arcade games or table soccer to entertain guests.

It's open until 1.30am each night, but make sure you're here by midnight if you want to enjoy the wood-fired pizzas. And we guarantee you will want to. mamashelter.com/lisboa

The Cross London

You only have to look at Gen-Z fashion trends to know that the 90s are back, big time. Now a little piece of that decade's nightlife history has been resurrected with the return of The Cross nightclub.

Once the city's most famous dance venue, it could be found in the arches of what is now foodie hotspot Coal Drops Yard in King's Cross, and was attended by all the capital's brightest young things from 1993-2007. Resurrected last September, The Cross 2.0 can be found in the former site of The Driver pub, now expanded into a six-floor nightlife one-stop shop.

As well as the minimalist basement club, open till 3am at weekends playing an array of underground sounds, its six floors house three bars, a restaurant

and a rooftop terrace, so punters can come for dinner and then stay on to party like it's 1999.

thecrosslondon.com



Esencia

Barcelona

Barcelona is doing well in the boozing stakes, claiming number one and three on the list of the World's 50 Best Bars (for Paradiso and Sips). Now the latter is raising the stakes further with this bar-within-a-bar concept, launched by 'startenders' Simone Caporale and Marc Alvarez who serve up drinks curated into themed journeys. [instagram.com/sips.barcelona](https://www.instagram.com/sips.barcelona)



Röda Huset

Stockholm

This new Swedish venue won "One to Watch" at the World's 50 Best Bars awards last year and has been lauded for revolutionising Stockholm's cocktail scene. Mixologist Hampus Thunholm's immaculate drinks are crafted with all-Swedish ingredients, such as 'cold-pressed birch with Roku gin and forest oil' or 'yoghurt flavoured with Åhus Akvavit and cloudberries from Gnarp'. One to watch indeed. rodahuset.nu



A Magical Mystery Tour to the home of Fradi

A super fan of Hungary's most successful football team relives watching Ferencvárosi TC win the championship

Fradi is a magical word in a mysterious language. The first time I heard it was in Millwall, London, where I grew up, and where everybody supported the local team. Except for our neighbour Uncle Pali, who was not even twenty years old when he came to London. We listened to his stories for hours about how he protected the outskirts of Budapest with his friends in 1956 against the Soviet army. But for me, his most interesting stories were about the legendary football team of that district, his beloved team Ferencváros, or as he called them: Fradi. "You know, it is a Hungarian word, which has three meanings. Morality, strength, consensus," he said. And showed me a small green

and white flag, which had three E's in its crest (all three of the magical words start with an E in Hungarian).

I recalled all of this on my way to the stadium of Fradi from Budapest Airport. Little did I know that, just like the legendary Beatles album, the Magical Mystery Tour had only just begun. I already knew a lot about the team, thanks to Uncle Pali.

For more than a hundred years it has been the most popular Hungarian sport club. This is where three players of the legendary Magical Magyars have played. Supporting Fradi is a lifestyle and Groupama Arena is not a stadium, it is a shrine. Both on a national and international level, this is the most successful Hungarian football team

of all time. The match I'm going to watch is like an Arsenal-Tottenham in London. It's called Fradi-Újpest, the Derby.

My friends and a mysterious animal were waiting for me outside the stadium – a huge eagle cast in iron was standing in front of the entrance, the symbolic bird of FTC, Ferencvárosi Torna Club. Getting my compulsory Fradi Supporter Card was fast, and entering a word-class stadium I did not meet rough security officers but beautiful hostesses who showed me the way to B-Middle, the stand of the ultras of Green Monsters behind the goal. Instead of monsters, I found an amazing group of supporters and an amazing atmosphere. The stadium

was filled with of more than twenty thousand spectators. Hearts were beating as one as the capo of the ultras leads the supporters on a megaphone. I'm lost for words during a magical moment - before the kick-off a live eagle flies around the stands, the living symbol of the team. Fradi has also been flying in recent years. In the past four years, they've become a fierce European club football competitor, in the 2022/23 season winning first place in their group in the Europa League. They won four consecutive championships, finishing at the top of the table. So let the Derby begin!

The stakes were high, this game was for their 33rd championship title. The green and whites didn't want to leave this to the hands of fate, after leading 2-1 it was time for a half-time break. But around the pitch, the magic didn't stop. A real festival: food trucks, football juggling competition, darts football, power shot competitions.

There's a buffet with a first-class selection of foods and drinks, which I could even order from the Fradi App. In the stands, there's a dance cam, T-shirt cannons, and a competition for the loudest supporter title. The biggest magic - a surprise ticket to the VIP from my friends for the second half.

In the VIP area, it was more dangerous than among the lads of Green Monsters. If you are not careful, it is easy to get distracted from the game by the all-you-can-eat international cuisine, and the all-you-can-drink bar, plus the numerous celebrities, and live match analysis by legendary Hungarian players.

I felt like I was flying like the eagle of Fradi. On the pitch, the players of Újpest felt just the opposite, Fradi confidently won the second half -and took home the 33rd championship title!

Leaving the stadium, now with my two feet on the ground, it was no



surprise to me that Jason Statham politely bid me farewell. At least I thought so, until I realised that the spitting image of the tough, bald English star was an elegantly dressed security officer, who greeted me with perfect English, and that mysterious Hungarian accent that Uncle Pali had.

fradi.hu



Health and wellness

Spring is the time for self-care, read on for our ultimate wellness guide to help nourish body and mind and practise healthy living habits this season



TOP SPA BY THE SEA

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casadifiore.com

Casa di Fiore SPA & Medical is a hot spot for balneological tourism, also known as therapeutic bathing. Voted best Sea SPA Hotel for 2022 by the Bulgarian Union of Balneology and Spa Tourism, Casa di Fiore SPA & Medical is situated in Kranevo, 32km from Varna Airport - the impressive complex is only a few meters away from azure sea waters and fine golden sand.

Casa di Fiore SPA offers all year round outdoor and indoor pools, filled with rich



mineral water and a spacious thermal zone. There's also a wide variety of spa therapies, aesthetic treatments for face and body, plus restorative baths, mud therapy, physiotherapy and a beauty salon.

Food is a top priority, many ingredients are sourced from the hotel's own farms. Rejuvenate with a five star experience at Hotel Casa di Fiore SPA & Medical this season.

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maxivelingrad.com

The luxury thermal **Medite Spa & Villas** five-star resort, situated in Bulgarian town Sandanski, includes 50,000m2 of parkland, three restaurants, numerous swimming pools, a spa & wellness centre and an eco path. Its design concept, hospitality and thermal mineral water facilities helped it to win the most prestigious international and regional recognition for best luxury spa destinations in the World Luxury Hotel Awards.



The five star **Maxi Park Hotel & Spa**, meanwhile, is located in the Bulgarian spa capital of Balkan Velingrad. It's a heaven of tranquillity, with spectacular thermal swimming pools, and hot tubs for relaxation.

There's an extensive spa menu which uses Anne Semonin treatments, combining an ingenious blend of aromatic essential oils, trace elements, and marine ingredients with a classic and a holistic approach to treating the individual needs of your body and skin.

Each Anne Semonin treatment is tailor-made for maximum pampering, absolute luxury, and outstanding results.

VEMOHERB

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vemoherb.com

Bulgaria is famous for its rich and diverse healing herbs, most of which are unique due to the specific climate and geographic location.

There are more than 4100 higher plants and herbs (700 remedial) growing in Bulgaria, which ranks third in the world for herbal diversity.

The Bulgarian Tribulus terrestris herb is one of the most effective and popular worldwide, known to support the natural production of hormones (testosterone in men). It also supports prostate health and offers many

positive benefits for both men and women – it increases energy, supports fat loss and increase muscle strength and growth.

VemoHerb® Bulgarian Tribulus uses top-quality wild-grown herb, gathered at a specific phase of growth in ecologically clean regions.

The company has a unique know-how technology for obtaining the most potent herbal extract from the plant raw material and offers a refined herbal product with guaranteed effectiveness.



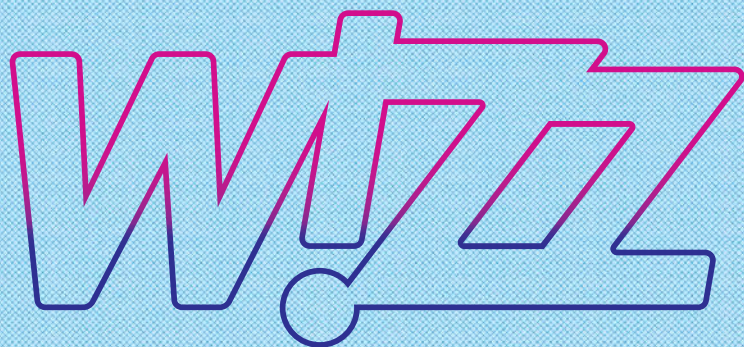
RENEW BOUTIQUE HAIR CREAM

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miamantehair.bg

Developed by leading professional hair stylists, Mi Amante Professional Ella Renew Hair Cream is a nourishing cocktail of deeply replenishing extracts with quick and cumulative benefits, instantly repairing, protecting against damage and optimising shine. Ingredients include panthenol (a

powerful humectant), to plump individual fibres and optimise volume, and flaxseed oil (a rich source of essential fatty acids) to strengthen and stimulate growth. Every strand is sealed to help minimise frizz and shield from humidity, heat and the harmful effects of aggressors like sun and pollution. The cream is suitable for all hair types and textures, and aids detangling, minimises drying time, improves hydration, leaving hair looking phenomenally glossy. Available at Amazon and notino.com



The WIZZ pages

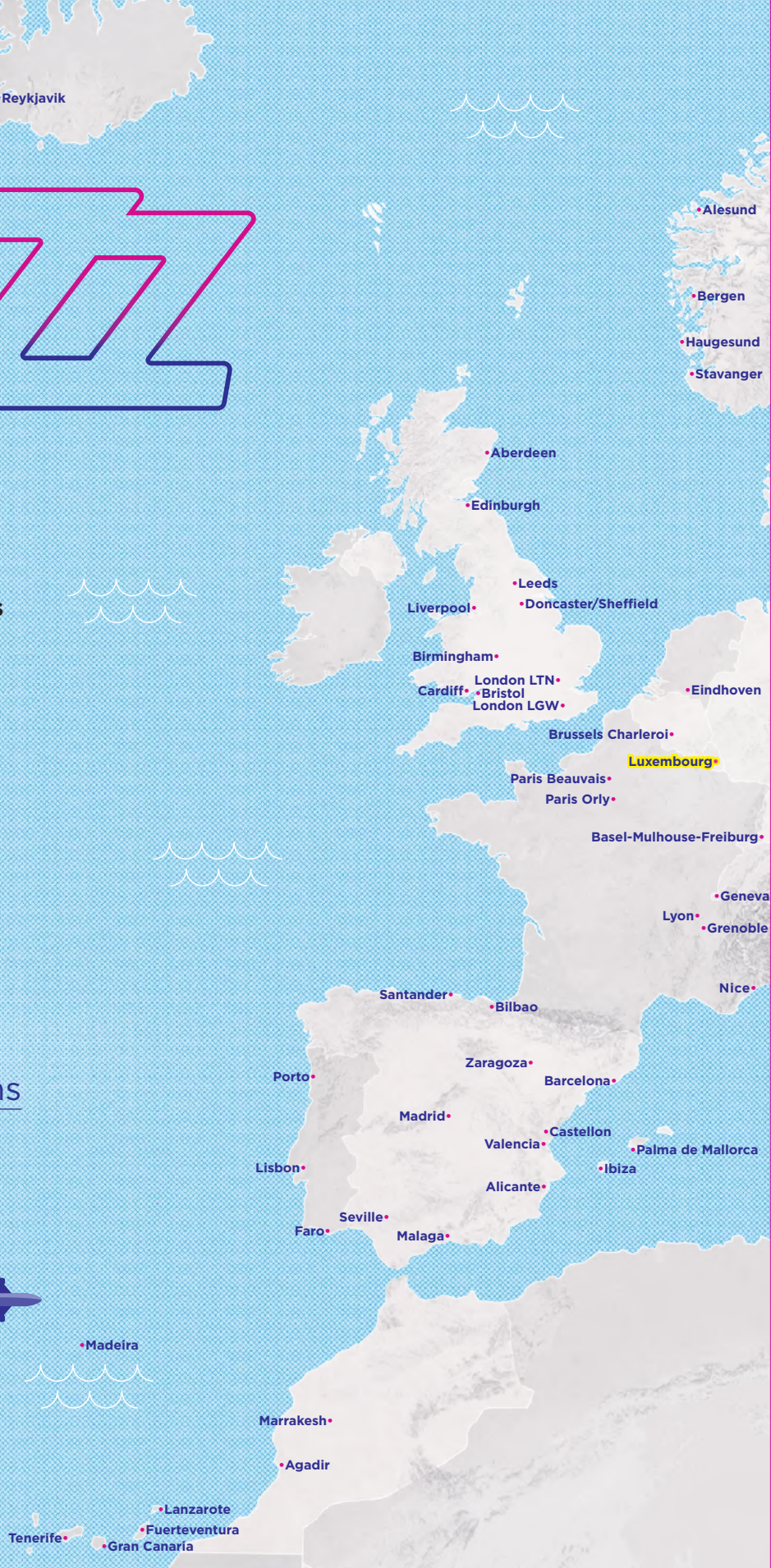
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54 countries

190+ destinations

950+ routes

174 aircraft



Check out our

new destinations

We never stop searching for new destinations - we fly to more than 190 places in 54 countries and counting - to add to your bucket list and make planning your next holiday a breeze.



DATA AS OF 1 JANUARY 2023



news

Want to know where we're flying next, how to get the most out of your journey and what's new in the dynamic world of WIZZ? Then read on...



WIZZ wins green award

Wizz Air has been named the world's most environmentally sustainable airline.

WIZZ scooped the Global Environmental Sustainability Airline Group of the Year award at the Centre for Aviation (CAPA) Asia Aviation Summit and Sustainability Expo in Singapore, and also won EMEA Environmental Sustainability Airline of the Year. "We are truly honoured to receive this prestigious recognition," said József Váradi, Group Chief Executive Officer.

"When it comes to decarbonising aviation, Wizz Air is laser focused on the technology and innovations available here and now."

By investing in the most modern aircraft and engines, Wizz Air is confident it will be able to reduce passengers' carbon footprint and deliver its targeted CO2 intensity decrease by 2030 and beyond.

"We stay committed to making Wizz Air the most environmentally efficient choice of air travel," Váradi added.

A year to remember

What a year 2022 was for Wizz Air as we carried more than 45m passengers. We took delivery of 34 state-of-the-art new planes to finish the year with more than 170 aircraft.

Wizz Air launched more than 230 new routes to 23 exciting destinations. We also strengthened our footprint in Europe and beyond with new bases as the continent's fastest-growing airline kept getting bigger.



Wizz
by
numbers



174
aircraft



190+
destinations
in 54 countries



38
bases in
17 countries



950+
routes



7,000+
staff



45+m
passengers
carried*

*FIGURE FOR 2022

Travelling all year round

Here at Wizz Air we don't stop just because the temperature drops. Last month we announced a major expansion across the WIZZ network, including several winter-only and year-round routes. Passengers can now fly to captivating destinations like Verona, Malaga and Tashkent from Poland, Italy, the UK and the UAE.

In the Andalucian city of Malaga on the shores of the Mediterranean, temperatures start to rise in February with a brilliant display of almond blossoms indicating that



spring is just around the corner. And, as you would expect from the birthplace of Pablo Picasso, there is a brilliant museum dedicated to the artist you can explore.

Meanwhile, lovers of Shakespeare will need no second invitation to fly off to gorgeous Verona in Italy

and follow in the footsteps of Romeo and Juliet.

And for those who adore architecture, there is plenty to marvel over in beguiling Uzbek capital Tashkent, including the blue-domed Chorsu Bazaar and the beautiful Minor Mosque.



Tel Aviv is calling

Famous for its white beaches, vibrant nightlife and fascinating culture, Tel Aviv should be near the top of everyone's travel list. Thanks to Wizz Air you can now visit the White City from Suceava and Barcelona. The two exciting routes come less than a month after WIZZ opened its new base at Suceava Ștefan cel Mare International Airport with two new aircraft supporting existing operations to France, Belgium, Italy, Cyprus and the Netherlands.

PHOTO: ADOBE STOCK

New routes



Abu Dhabi – Madinah, Tashkent

Gdansk – Malaga, Tirana, Verona

Katowice – Madeira

Kraków – Malaga

Kutaisi – Brussels, Frankfurt, Hamburg, Madrid, Poznan

London Gatwick – Lyon

Poznan – Tirana, Verona

Tel Aviv – Barcelona

Warsaw – Seville

Rome Fiumicino – Abu Dhabi, Baku, Castellon, Kuwait, Luxembourg

Suceava – Brussels, Eindhoven, Larnaca, Paris, Tel Aviv, Venice Treviso

Tirana – Brindisi, Gdansk, Lamezia Terme, Naples, Poznan, Trieste

Venice Marco Polo – Yerevan

Vienna – Bilbao, Kuwait

“In the near future, female pilots won’t be a rarity anymore”

Meet two of our women pilots who are making the skies more representative and inspiring girls around the world

Gabriella Gombkoto and Sanne Braams remember clearly what it was that made them want to be pilots. Gabriella was mesmerised by the professional atmosphere and stunning view when she visited the flight deck as a former cabin crew. For Sanne it was the moment she looked up at planes circling overhead while in a traffic jam. Through hard work and perseverance, both women’s dreams have become a reality at Wizz Air.

Gabriella is a Captain at Wizz Air Hungary and Sanne is a Senior First Officer at Wizz Air UK. They are part of a growing number of female pilots at Wizz Air, an airline that’s playing a leading role in making the industry more representative. With figures showing that just 5% of pilots in the world are women, Wizz Air last year pledged to boost female pilot numbers through its 24-month Cabin Crew to Captain Programme, helping cabin crew to become a pilot through financial,

travel and accommodation support. “Gender diversity ensures an overall success for any company and for the individuals as well,” says Gabriella, who’s from Hungary and joined Wizz Air in 2011. “However, the barriers that still hold female applicants back need to be revealed and resolved through scholarships and gender diversity awareness, surrounding the profession. I am confident in the near future that gender equality will be achieved and female pilots won’t be a rarity anymore.”

While the playing field is being levelled, female pilots are still facing challenges their male counterparts don’t.

“I was eager to become part of this fast-growing airline”



“Being a female pilot can be challenging at times, as people may underestimate the responsibilities we face and the expertise we have to demonstrate every day,” says Sanne.

“My postman required a signature for a parcel when I opened the door dressed in uniform. He asked if my parents were at home. He has never looked at me the same way since I told him I was dressed in a pilot’s uniform, about to go fly 230 passengers across Europe. My strategy is simple, kill it with

Here Sanne Braams (middle) with her WIZZ colleagues
Below left Gabriella Gombkoto



kindness and knowledge!”

Sanne, who is from the Netherlands, applied for the job as First Officer at WIZZ in 2017. Before long her boyfriend (now husband), who she met in flight school, joined the airline as well. “I was eager to become part of this quick-growing airline, which has opportunities for everyone who is curious to constantly develop themselves,” she recalls. “My boyfriend also caught the nearly infectious positive vibe and joined Wizz Air too! It didn’t take me too long to realise that joining as a pilot is so much more than just flying airplanes. For Wizz Air, it is about continuous personal and corporate development.”

Gabriella started off as a check-in agent, flew as cabin crew and later joined WIZZ as a crew controller in the operations control, all the while collecting flying experience on multi-engine planes and working as a pseudo pilot in the simulator for the air traffic controllers.

For both women, inspiring the

next generation of female pilots is very important. “Whenever I meet a young aspirant with great potential, I motivate and support them, reassuring that everybody has equal chances. When I can see them a few months later in the right-seat, evolving from a student to a professional pilot, that makes me feel rewarded and fulfilled,” said Gabriella.

Sanne adds: “A friend of mine’s little daughter once told me, ‘my daddy is a pilot!’ I said, ‘well shall I tell you a little secret? I am too!’ The look on her face said it all. She was full of excitement and surprise. She will go to school and tell her friends what she learned over the weekend, and somewhere, a little girl at that school might aspire to become a pilot too. It is so important for women to know that they can also do the job, because the sky is the limit! It makes me feel proud when I open that door to people, because many women wouldn’t even consider it, until they hear that it is possible.”

Join the WIZZ family

Feel inspired to become part of the Wizz Air family? There are plenty of opportunities for you to join of Europe’s fastest growing and most sustainable airline. Wizz Air flies to 54 countries and has a team of more than 7,000 enthusiastic professionals in various fields of the company, representing more than 85 nationalities. Visit careers.wizzair.com to see what exciting vacancies are available at WIZZ, whether it be pilot, cabin crew or office jobs. We look forward to meeting you!

World of WIZZ

At **wizzair.com** you'll find the answers to all of your travel needs, from adding luggage and changing flights, to car rental, airport parking and more

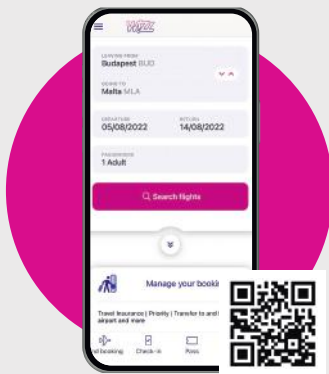
NEW!

Our 26kg bag

We now have a 26kg checked-in bag option. Upgrade from 20kg to 26kg on a WIZZ Go ticket, or add the bag separately. You can travel with up to six 26kg bags (per passenger) in the hold. Max. 149 x 119 x 171 cm



The right fare for you



Download our app!

Booking cheap flights is now even easier. Use our app to buy WIZZ Discount Club membership, review bookings, add baggage, upgrade, choose or change seats, get travel insurance, check in, check your flight status and board.

		BASIC	WIZZ GO	WIZZ PLUS
BAGS	Carry-on bag 40x30x20cm	✓	✓	✓
	Trolley bag 55x40x23cm		✓	✓
	20 kg checked-in bag		✓	
	32 kg checked-in bag			✓
SEATS	Seat selection		✓	
	Premium seat selection			✓
CHECK-IN	Online check-in	✓	✓	✓
	Airport check-in		✓	✓
	Priority check-in		✓	✓
	Auto check-in			✓
BOARDING	Priority Boarding		✓	✓
FLEXIBILITY	WIZZ Flex			✓
	Refund to WIZZ account			✓

*ON ALL FARES EXCEEDING €19.99 WHICH INCLUDE ADMINISTRATION FEE, TAXES AND NON-OPTIONAL CHARGES. THIS EXCLUDES DOMESTIC ROUTES AND SPECIAL FLIGHTS.
** FOR TICKET PRICES OVER €14.99 THE ITALY DISCOUNT CLUB MEMBER MUST BE INCLUDED IN THE SAME BOOKING FOR HIS/HER COMPANION(S) TO ALSO RECEIVE THE MEMBERSHIP BENEFITS.
*** FURTHER INFORMATION ABOUT WIZZ FLEX IS AVAILABLE AT WIZZ.AIR.COM



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Our WIZZ Discount Club offers a wide range of discounts on travel* and related services.

Standard membership €39.99

Suitable if you usually travel solo or with one companion, as they'll also enjoy the discount.



Member +
one companion



Ticket
discount



Save on each
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You can secure the fare of your selected tickets for 48 hours before you complete your booking for bookings made more than seven days prior to the outbound flight's departure date.

WIZZ Flex***

You can modify your tickets (including passenger name) without paying a flight change fee, or cancel your flight and request a full refund (additional services will not be refunded) to your WIZZ account, which can be used for 90 days to purchase new tickets.

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Our travel insurance now includes medical expenses and cancellation cover following COVID-19 infection. Just add the insurance to your basket together with your flights.

Flexible travel partner

Create a new reservation without providing each passenger's name at the time of booking.



On the ground

Car rental

Book your flights and car rental in one easy step. Just add your car rental to your basket together with your flights. Get attractive discounts and enjoy our WIZZ credit back promotions.

Airport parking

Our long-standing partner ParkVia offers great prices and availability for airport parking across Europe, with fast and easy booking and significant savings, whether you're travelling for business or pleasure. Book online at wizzparking.com.

WIZZ Ride

Book your taxi in one easy step from your WIZZ App. You can benefit from great discounts for your private transfer even upon arrival to your destination with our partner Cartrawler.



Italy Discount Club

If you have our Italy Discount Club membership, you can enjoy premium discounts on domestic flights during your membership.

Standard membership €19.99

Group membership €34.99

Benefits include:



Ticket discount**



WIZZ Priority

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Suitable for those who fly with families and friends, as you'll get the discount for up to five other passengers.



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Ticket discount



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We are glad to invite you to the heart of contemporary Romanian gastronomy at our two ZEXE restaurants in Bucharest. A meal at ZEXE isn't solely limited to please the aesthetic, olfactory and gastronomic senses, but it touches an entire emotional registry - always enriching, always memorable!



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Our fleet





Younger, greener and growing

Wizz Air has a single-type fleet of 174 aircraft from the Airbus A320 family. It's among the youngest and most efficient in Europe – and the safest. Our planes already have

sophisticated safety equipment and, by 2030, we will have 500 aircraft. We're also the most sustainable airline in Europe – our neo airliners feature advanced systems and engines that

reduce our carbon footprint, as well as noise and cost, helping us keep fares low and accessible so everyone can fly with one of Europe's safest and greenest airlines.





Airbus A320ceo

-  **Max. cruise speed** 903km/h
Economical cruise speed 840km/h
-  **Wingspan** 35.8m (117ft 5in)
-  **Number of aircraft*** 50
-  **Seat capacity** 180/186
Flight crew 2 **Cabin crew** 4



Range 6,200km





Airbus A321ceo

-  **Max. cruise speed** 903km/h
Economical cruise speed 840km/h
-  **Wingspan** 35.8m (117ft 5in)
-  **Number of aircraft*** 41
-  **Seat capacity** 230
Flight crew 2 **Cabin crew** 5



Range 5,950km





Airbus A320neo

-  **Max. cruise speed** 903km/h
Economical cruise speed 840km/h
-  **Wingspan** 35.8m (117ft 5in)
-  **Number of aircraft*** 6
-  **Seat capacity** 186
Flight crew 2 **Cabin crew** 4



Range 6,300km

Airbus A321neo

-  **Max. cruise speed** 903km/h
Economical cruise speed 840km/h
-  **Wingspan** 35.8m (117ft 5in)
-  **Number of aircraft*** 77
-  **Seat capacity** 239
Flight crew 2 **Cabin crew** 5



Range 7,400km

Top marks for safety

Wizz Air is registered under the International Air Transport Association's (IATA) Operational Safety Audit (IOSA), the global benchmark in airline safety recognition. Wizz Air has also been awarded the **highest seven-star safety ranking** from the world's only one-stop airline safety and product rating agency, **AirlineRatings.com**

*DATA AS OF 1 FEBRUARY 2023

Your onboard safety

Please show consideration for fellow passengers and pay attention to the following information. Remember that by purchasing your Wizz Air ticket, you have accepted the Wizz Air General Conditions of Carriage (available in full at wizzair.com)



Safe handling of hand luggage

Ensure hand luggage remains safely stowed in the locker or under the seat in front of you for takeoff, landing, and at any time as instructed by the crew. Passengers seated in the emergency rows and first row must store their cabin bags in the overhead lockers. Take care when opening lockers, as falling items may injure fellow passengers.

In case of evacuation, all baggage must be left on board and the instructions of the cabin crew must be strictly followed.



Safety equipment

It is an offence to tamper with or remove safety equipment, including adult and infant life vests, infant safety belts or extension belts. You are not allowed to remove or damage any onboard informative placards.



Sharp items

To dispose of any sharp items (e.g. hypodermic needles), please contact a cabin crew member. Do not leave your needle or syringe behind.



Turbulence management

Turbulence can occur unexpectedly. Whenever seatbelt signs are switched on, remain seated, keep seatbelts fastened, and stow away large electronic devices.



Safety of infants on board

Wizz Air has a clear procedure for infant (a child under two) restraint systems. You can only use the single hook infant seatbelt - vests/slings cannot be used with the infant seatbelt. Wizz Air only accepts aft-facing car seats when an extra seat is purchased. **However, during take-off and landing, and whenever the seatbelt sign is switched on, infants should sit on an adult's lap with the seatbelt fastened.** Life vests for infants are available and are provided whenever flying over water. All lavatories are equipped with a changing table. Do not leave children unattended in the cabin.



Lithium batteries

Portable electronic devices (PED) such as phones, laptops and tablets can contain lithium batteries. When damaged, faulty or overheated, these batteries can catch fire and explode. **If you recognise any issues with your device, inform the cabin crew immediately.**



Electronic devices

Some electronic devices can be used during the flight with **WLAN/Wi-Fi/Bluetooth turned off.**

Larger electronic devices that cannot be held comfortably in one hand, exceed ca. 1kg in weight and do not qualify as handheld devices (e.g. laptops, notebooks etc.) must be stowed in the overhead stowage compartments for takeoff, landing and whenever required by the cabin crew. **If in doubt, please ask your cabin crew.**

Inflight health tips

Read these tips on how to stay fit when travelling.



Before your air travel

Consult your doctor before travelling if you have any medical concerns. Pregnant women and those with heart or respiratory problems, blood diseases or ear, nose and sinus infections should seek medical advice before flying. **Crew members are entitled to call for medical assistance pre-flight if they deem it necessary and are in doubt about your fitness for the flight.**



Medical supplies on board

Keep any medication you may need in your hand luggage and in its original packaging. **Inform cabin crew of allergies or illnesses.** If you are seriously ill or travelling post-surgery, you will need a medical certificate confirming that you are fit to fly. If you have limited mobility, are hearing- or sight-impaired, pregnant, or unable to understand/react to safety instructions, you will be unable to sit in the emergency exit rows or the front row.

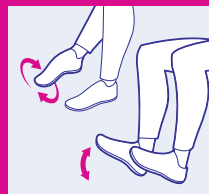
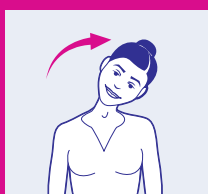
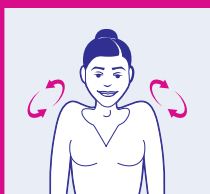


Nut allergy

During our WIZZ Café service we offer peanuts and some snacks containing peanuts/nuts traces. **We strongly encourage those with allergies to take all necessary medical precautions before flying and inform the cabin crew during boarding about your allergy.**

If you start to feel unwell during the flight, do not hesitate to talk to the cabin crew.

Exercise Be as active as possible. Try the following routine every 30 minutes:





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Your security

...is one of our top priorities. To ensure a smooth and pleasant flight, please read the following rules of conduct

Please do...

- Always follow crew instructions
- Respect the crew and other passengers
- Behave in an appropriate manner
- Stay calm and cooperative
- Consider wearing a face mask, ensuring it covers your nose and mouth while on board

...so you can:

- Travel in a nice, pleasant and peaceful atmosphere
- Relax on board
- Get to your destination as soon as possible

Do not...

- Smoke on board (including classic cigarettes or e-cigarettes, pipes, vapers)
- Put e-cigarettes in your checked-in bags or charge them on board
- Breach, or refuse to follow, crew instructions
- Harass in any way fellow passengers and/or crew members (including sexual harassment)
- Threaten or be aggressive towards fellow passengers and/or crew members
- Be violent or behave in a hostile, erratic manner
- Damage the aircraft or onboard equipment
- Waste, pollute or contaminate the cabin in any way
- Endanger the safety of the flight by any means
- Consume alcohol that was not purchased on board. Alcohol is served at the crew's discretion to passengers of legal drinking age. The crew reserves the right to stop serving alcohol to any passenger who is, or appears to be, intoxicated
- Be under the influence of drugs or medical substances that may affect your behaviour or self-control
- Film or photograph the cabin crew without their permission

...or face the consequences:

- You are fully responsible and accountable for your behaviour. Unruly or disruptive behaviour on board and before boarding will not be tolerated and will be reported to the authorities. You will be held legally and financially responsible in all cases.

The following consequences* will occur for such misconduct:

- Denied boarding
- Penalty/fine or arrest by local police:
 - Smoking on board, including lavatory: up to €3,000*
 - Unruly behaviour due to intoxication: up to €5,000 and two years in prison*
 - Endangering the safety of an aircraft: up to five years in prison*
- Diversion of flight and arrest
- Reimbursement of cost of diversion: €10,000–€80,000*
- Criminal procedure and court litigation*
- Cancellation of all of your existing Wizz Air flight bookings
- A ban from Wizz Air flights in the future

*Subject to applicable jurisdiction

For more information, please refer to the General Conditions of Carriage on wizzair.com



HAIRMITAGE

TRICHOLOGY, HAIR TRANSPLANT & AESTHETIC CLINIC

EXPERIENCE WORLD-CLASS HAIR RESTORATION AND TREATMENT IN POLAND.

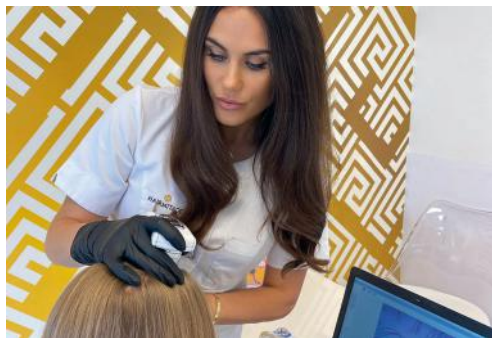
Our surgeons only use the most up-to-date and clinically proven method of hair transplantation called follicular unit extraction (FUE). Local anesthesia is applied to block the sensation of pain, therefore the procedure is virtually pain-free. The procedure lasts one day only so your downtime is limited to the bare minimum. **What does it look like step by step?**



- | | | |
|---|---|--|
| 1 Consultation and trichoscopic examination | 2 Qualification for the procedure | 3 Preparatory guidelines provided to qualified candidates |
| 4 Procedure performed: graft extraction (FUE) and implantation | 5 Post-procedure guidelines provided | 6 Post-operative care |

WHAT CAN YOU EXPECT?

Your hair transplant procedure will be performed in a safe manner in comfortable conditions. Our experienced personnel will perform the procedure with the utmost accuracy and precision. After the procedure we will provide post-operative care to ensure your result meets your expectations and is long lasting while your recovery is quick. Thanks to our proven treatment methods, your hair will regain a completely natural and healthy appearance.



WE GUARANTEE:

- ATTRACTIVE PRICES
- SAFE AND COMFORTABLE PROCEDURE
- VISIBLE AND LASTING EFFECTS
- POST-OPERATIVE CARE
- HOTEL ACCOMMODATION

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📍Mărășești St. no. 10, Timișoara 📞+40256.282.282 🌐www.locandadelcorso.ro

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Argentinian Steakhouse: Elevated cuisine

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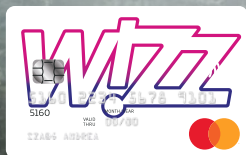
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IGÉNYELJEN WIZZ AIR HITELKÁRTYÁT ÉS VÁLTSA REPÜLÉSRE KEZDÉSNEK KAPOTT 10 000 ÜDVÖZLŐPONTJÁT!



THM: 44,16%

a 2023. 02. 01. – 2023. 07. 31. között újonnan igényelt Wizz Air hitelkártya főkártya esetén,
a THM 375.000 Ft-ra és 12 hónap futamidőre került meghatározásra.

Jelen tájékoztatás nem teljes körű, és nem minősül ajánlattételnek. A 10 000 pontot a Bank a 2022. 10. 01. – 2023. 03. 31. között újonnan igényelt és jóváhagyott Wizz Air Hitelkártya főkártya igénylések esetén biztosítja, abban az esetben, ha a főkártyabirtokos a Hitelkártya igénylőlapon mobil telefonszámot és e-mail címet ad meg, annak érdekében, hogy az Erste Bank ezen megadott elérhetőségekre, termékeire és szolgáltatásaira vonatkozóan megkeresse telefonon, SMS-ben, e-mailen, internetbanki és mobilalkalmazási szolgáltatáson, illetve a Wizz Air honlapján regisztrált és rögzítette a Wizz számlaszámát vagy e-mail címét az internetbanki szolgáltatásban a Wizz Air Hitelkártya főkártya jóváhagyástól számított 60 napon belül, valamint legalább egy alkalommal egy tranzakciót végez a kártyával a kártya Bank általi jóváhagyását követő szintén 60 napon belül. Amennyiben az akció keretében igényelt Wizz Air Hitelkártyát a Főkártyabirtokos annak kibocsátásától számított 12 hónapon belül megszünteti, a Bank jogosult a 10 000 pont megvonására akként, hogy 10 000 forinttal a Főkártyabirtokos hitelszámláját megterhelje. Társkártya igénylése esetén a Bank nem biztosít Üdvözlő pontokat. A részletes kondíciókat és szerződéses feltételeket az Erste Bank mindenkor hatályos Lakossági Hitelkártya ASZF-je és a Lakossági Hitel Hirdetmény, a Wizz Air Kártyák Pontgyűjtési Feltételei tartalmazza. Ezek a dokumentumok megtalálhatóak a bankfiókokban és a www.erstebank.hu címen. Wizz Air Hitelkártyák esetén a Főkártyabirtokos a Pontgyűjtési Alap összegével megegyező összértékű vásárlási tranzakció után jogosult pontok gyűjtésére, amelyben a társkártyával történt vásárlások is beleszámítanak. A Teljes Hiteldíj Mutató (THM) meghatározása az aktuális feltételek, illetve a hatályos jogszabályok figyelembevételével történik, a feltételek és a jogszabály változása esetén mértéke módosulhat.

ERSTE
Bank



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