



3 Month Training Program - with Petra Stormen

THE LEADER AS COACH

Do you want to grow personally and learn to coach? And engage your team while you learn?

Then this is your call!

Our Coaching SkillsLab is for YOU ... when

YOU WANT TO... Grow in your ability to coach, through authenticity and trust and get amazing results

YOU ARE TIRED OF... Not feeling secure whether you are equipped to help your staff under various circumstances

YOU DREAM OF... An effortless approach to coaching, leading and managing others

YOU ARE READY TO... Let go of your ego and investigate you, yourSelf and embrace the full potential of the coach inside you



We noticed that...

more and more of the companies we work with are expecting their leaders to act as coaches. A skill that good managers at all levels need to develop and deploy, but without training and practice more can go wrong than right. At the heart of our online Coaching SkillsLab is a commitment to providing participants with practical and hands-on learning opportunities. We have designed all learning materials to be engaging and interactive, helping participants develop their coaching skills and build their confidence as coaches.



*It's time for you to coach
with confidence*

...without fearing that you are
not prepared!

Whether you're new to coaching or an experienced coach looking to enhance your skills, our online skillslab provides a valuable opportunity to learn, practice and refine your coaching techniques in a supportive and collaborative environment. Our learning materials are carefully curated to provide participants with additional resources and tools to support their ongoing development as leaders and coaches.

Many leaders make the mistake of trying to do their best instead of learning real coaching skills and practice...

*And finally stop wasting
your precious time...*

We believe learning to coach is an essential skill for leaders, and leaders who learn to coach develop stronger communication skills, empower their team members, improve performance and productivity, develop talent, and enhance their own leadership abilities. These benefits can lead to stronger teams, increased engagement, and better results for the organization.



You were not meant to walk this path alone...so join us at MySkillsLab and benefit!

- Unlock the power of your coaching potential.
- Embrace a secure and nurturing environment for growth.
- Tap into a valuable network of connections.
- Discover the strength of real practice in your journey.
- Harness the wealth of diverse perspectives and backgrounds.
- Find mentors and sponsors who will guide your progress.
- Step beyond your core role and explore new horizons.
- Witness the immediate, tangible impact of your efforts.
- Promote awareness and contribute to the community's betterment.

Here's an insiders Look at What You'll Learn:



Module 1:

Introduction

The entire program is designed in such a way that you apply the coaching techniques, tools and strategies on yourself first, before you ever apply them on anyone else. You get to see first-hand just how powerful and transformative these tools are and you get to be a coach who walks their talk, someone who inspires others by being the very best version of themselves.



Module 2:

What is Coaching and what not

Coaching is not about telling people what to do or giving them all the answers. Instead, it's about empowering them to find their own solutions, tap into their potential, and take ownership of their growth and development. By the end of this module, you'll have the skills and tools you need to become a more effective leader and coach.



Module 3:

Coaching Skills and Techniques

Effective coaching requires more than just good intentions. It requires a set of specific skills and techniques that enable coaches to create a supportive, empowering, and goal-focused environment. In this module, you'll learn the key coaching skills and techniques including active listening, powerful questioning, goal setting, feedback, and more.



Module 4

Coaching Practice

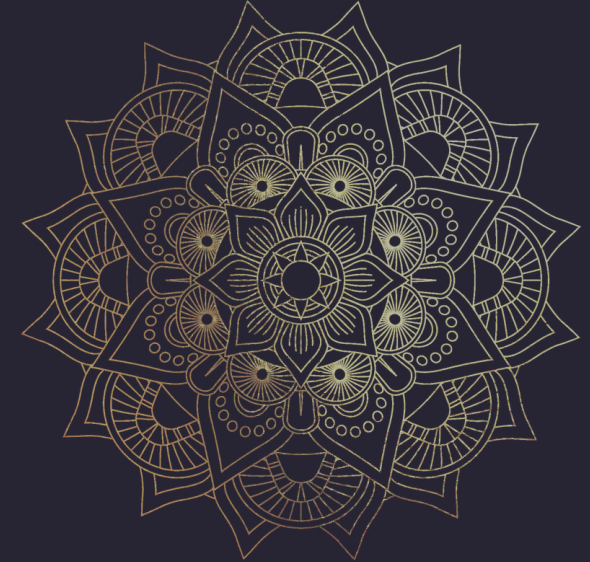
In our coaching clinics, you'll have the opportunity to apply your coaching skills in a supportive and collaborative environment. Through role-playing, feedback, and reflection, you'll hone your coaching skills and learn how to adapt your approach to different coachees and situations.



Module 5

Coaching in the workplace

Coaching can help boost productivity, engagement, and retention. In this module, you'll learn how to use coaching as a leadership style, create a coaching culture in your organization, and apply coaching techniques to improve performance, support career development, and plan for succession.



**PLUS, You'll Also Get
Access to...**



PRINTABLE DOWNLOAD

Course Workbook



WHAT'S INSIDE

All possible easy to understand and easy to use templates to support you and ensure you can focus on the real work: leading! Documents are available in your personal online environment, and can be always accessed during the course.

PRINTABLE DOWNLOAD

Course Guidebook

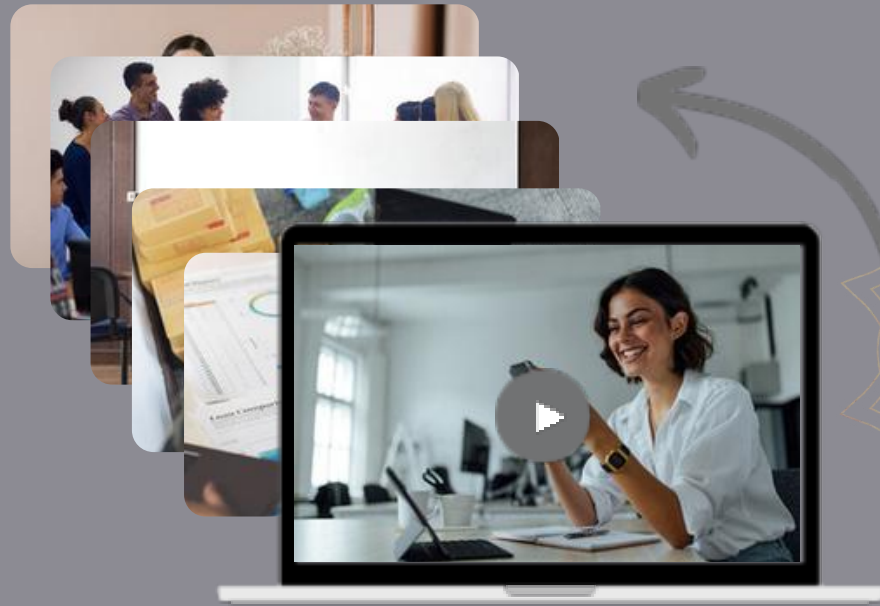


WHAT'S INSIDE

The guidebook provides you with guidance on how to interpret information, reading suggestions and supporting information to make the most out of your personal growth roadmap during this program.

INSTANT ACCESS

Course Videos



WHAT'S INSIDE

Videos are purpose made and give you the opportunity to look and listen to the information at your convenience, whenever works best for you.

5 SESSIONS

Coaching Clinics



WHAT'S INSIDE

You run your own coaching sessions, evaluate, learn and feedback from these sessions.

COACHING CLINIC

personal coaching session



WHAT HAPPENS

In the SkillLab, you'll have the opportunity to prepare a personal action plan related to your coaching topic. This action plan will serve as the basis for an one-hour coaching session facilitated by skilled coaches. During the session, you'll experience firsthand the power of coaching and how it can help you achieve your goals. By the end of the session, you'll have valuable insights and tools to apply to your coaching practice.

AT THE END

Certification



WHY CERTIFICATION

We believe that certifications are a great way to set yourself apart from the competition! The benefits of a certified program leaves you feeling motivated, engaged, and confident in your professional status. As positive contribution, submission of your assignments and tests are part of the overall certification program.

Petra Stormen

Petra's impressive credentials include being a certified business coach with Marshall Goldsmith and The Global Coach Group. She is also a licensed MBCT (Mindfulness-Based Cognitive Therapy) practitioner, Passion Test Facilitator, PMP (Project Management Professional), PCC (Professional Certified Coach), and 6SBB (SixSigma Blackbelt). With a specialization in Communication and training for Transformational Growth, Petra possesses a well-rounded skill set to drive meaningful change. For over 20 years, Petra has been a catalyst for growth and development, empowering clients to weather any storm and emerge stronger than ever. Her career as an independent senior business consultant and certified coach has brought her face-to-face with the challenges and opportunities that define transformational journeys, and in the presence of Petra, change takes on a new energy.

Throughout her journey, Petra has worked closely with C-suite executives, international management teams, and (aspiring) leaders during critical moments of transformation and change. Her expertise lies in crafting and implementing roadmaps that guide organizations towards sustainable growth and success. Through hundreds of sessions, events, workshops, and trainings, Petra has fostered an environment where both individuals and organizations flourish. Drawing from her extensive experience, Petra has harnessed resources and tools used by Fortune 500 companies, while also studying under renowned spiritual teachers and global leaders. This unique combination allows her to provide a truly transformative experience for each person she works with. Petra continuously integrates the knowledge gained from top-notch mentors worldwide into her practice, ensuring her clients benefit from the latest insights and strategies.

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FOUNDER MYSKILLSLAB



The Leader as Coach

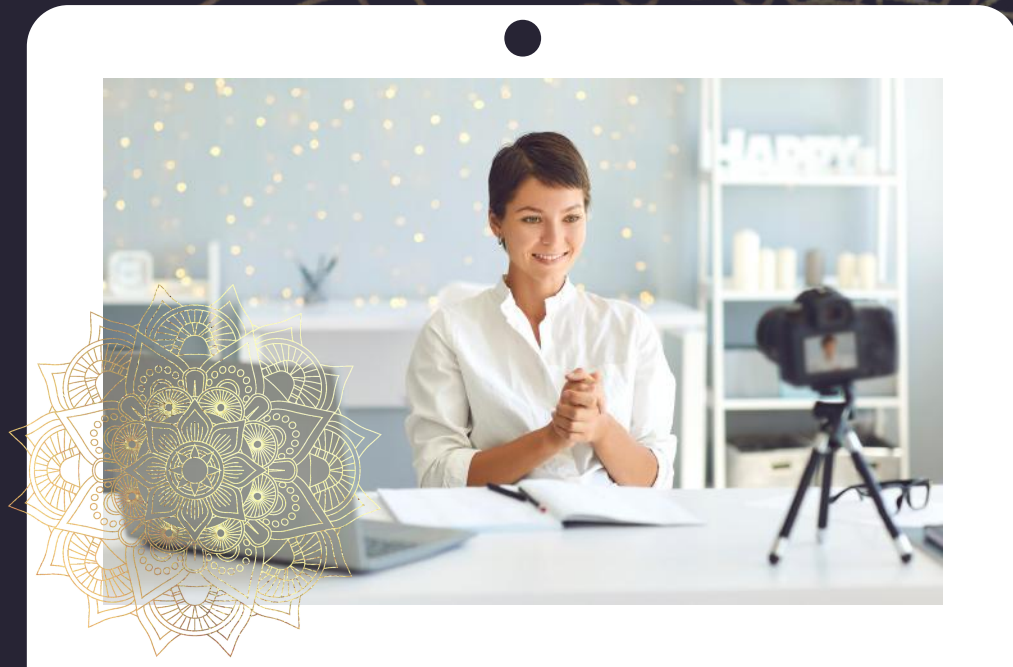
3 MONTH PROGRAM

This online and live web class guided coaching for leaders is developed by and for business coaches, to better equip leaders to navigate and grasp the many opportunities that coaching provides. Please connect with us to be shortlisted for the start of our 2023 Fall Program.

Package Price

€ 2575.-

ex VAT





The best training ever!
Simply 5 stars, I can only recommend it!

What others say about working with Petra

Your unique perspective added so much value. Your dedication to help me grow and develop is relentless.

★★★★★

You have been a point of reference for me and my team, you made the difference.

★★★★★

Working with you was an enlightening experience. You showed us that the unachievable can be achieved.

★★★★★

Thank you for all your unique insights!

★★★★★

Without your passion and effort we could not have made the transition.

★★★★★

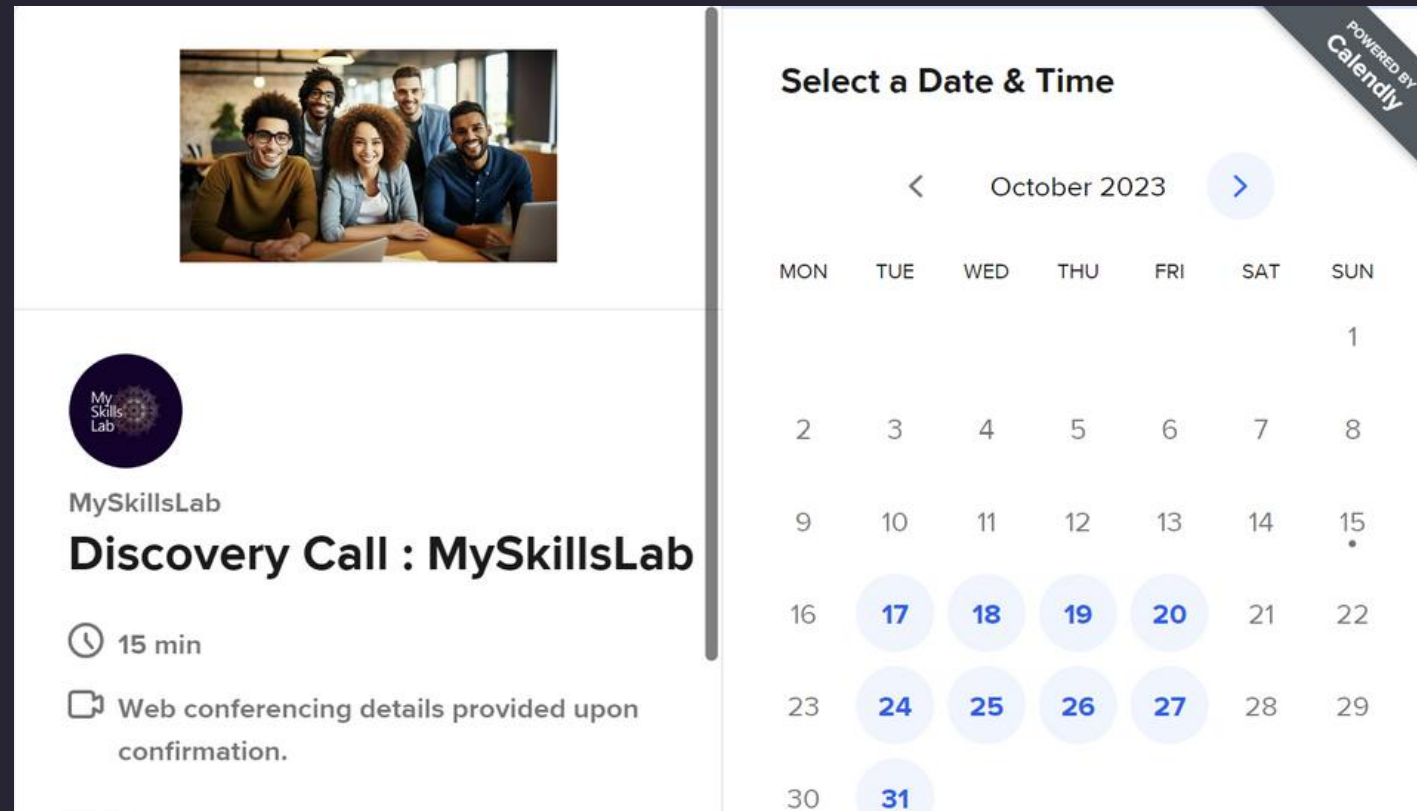
You always let me feel the consequences of my mistakes, though you protected and trusted me in the process. I learnt and grew incredibly from your coaching.

★★★★★



Experience the power of Coaching.

Click below and book your free intake today!



Select a Date & Time

October 2023

MON	TUE	WED	THU	FRI	SAT	SUN
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