

DAY 1: MONDAY, NOVEMBER 17

LIFE WITHOUT LIMITS: WELCOME TO THE CENTER

6:30 AM Optional early arrival group.

9:30 AM Main group flight arrival. Group transfer from the airport.

11:00-2 PM Welcome Lunch at the Israel ParaSport Center with a Guest of Honor Meet athletes from The Center, hear their stories, and witness how the organization is transforming lives through adaptive sports.

Travel to Kiryat Shmona.

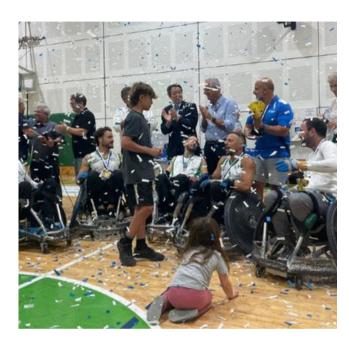
4 PM - Israel ParaSport Goes to the North

Meet individuals whose lives have been impacted by the recent conflict and discover how The Center's *Shesek* program provides critical services for war-affected Israelis with disabilities. Hear firsthand accounts of the difference The Center is making in helping individuals rebuild their lives after tragedy.

Travel to the hotel and check in.

Welcome Dinner at the hotel in a private room, with potential guest attendees.

Overnight: Canaan Hotel





Your Itinerary DAY 2: TUESDAY, NOVEMBER 18

FROM COUNTRY ROADS TO CITY SKYSCRAPERS

7:30-8:45 AM Breakfast at hotel and check out.

Travel to the Lebanese border.

9:30-11:00 AM Hezbollah, Lebanon, Syria and the Iranian Connection

Embark on a jeep ride for a geo-strategic survey along Israel's northern border with Lebanon and gain insights from an expert on Israel's strategic challenges in the region.

Travel to Tulip Winery.

12:00-1:00 PM Lunch at Tulip Winery

Located in the hillside in Kfar Tikva, a small and pastoral settlement for residents with special needs, the Tulip Winery showcases an inspiring model, employing community members and providing a platform for their integration into the labor market.

Travel south.

2:00-3:30 PM Top Gun

Heighten your understanding of Israel's geopolitical challenges from the seat of an F-16 or F-35 simulator. While traveling at 1,320 mph and 50,000 ft, you'll learn from senior IDF fighter pilots about Israel's complex geography and strategic location, as well as the techniques and methods used to train Israel's elite air force.

Check into Kempinski Hotel.

6:00 PM Casual Dinner at local restaurant.

7 PM Watch a live **wheelchair basketball game** with competitive athletes who train at The Center







DAY 3: WEDNESDAY, NOVEMBER 19

AM YISRAEL CHAI

7:00-8:00 AM Breakfast at hotel.

8:00-9:30 AM Depart hotel and travel south.

9:30-10:00 AM Meet with Nimrod Palmach

On October 7th, Nimrod Palmach, a former special forces soldier, drove south to the kibbutzim near the Gaza border after hearing reports of the unfolding attack. Armed only with a handgun and feeling under-equipped, he joined a convoy and soon found himself fighting alongside an unnamed unit in the early hours of the assault. His heroic actions helped save dozens of lives. Nimrod is also the CEO of a nonprofit, ISRAEL-is NGO, dedicated to educating and empowering young Israelis to become advocates for Israel.

10:00-10:30 AM We Will Dance Again

The Nova Festival massacre claimed 364 lives and left hundreds injured. Pay tribute as you visit the festival's site, now a devastating memorial, and meet survivors, many of whom are receiving rehabilitative and social services through the *Shesek* program at the center.

10:45 AM-12:15 PM Bear Witness

One of the most horrific tragedies of October 7th, Kibbutz Nir Oz was left completely helpless in the face of evil. Visit the remains of this once peaceful community and meet a local resident. Participate in a volunteer project to assist the Kibbutz.

12:15-1:00 PM Travel to Be'er Sheva.





DAY 3: WEDNESDAY, NOVEMBER 19

AM YISRAEL CHAI

1:00 - 4 PM The Israel Parasport Center in the Negev

Learn about the Israel ParaSport Center's satellite program in Be'er Sheva, a rapidly growing community since it's founding in 2021. As an extension of The Center's mission to empower Israelis with disabilities, the satellite program offers a variety of adaptive sports, including wheelchair basketball, para-archery, boccia, swimming, goalball, and more.

Enjoy **lunch** with members of the Israeli goalball team at a local restaurant and meet Lihi Ben David, The Center's goalball coach, one of the world's top players and a silver medalist at the Paris Paralympics. Then, **step onto the court** and experience the sport firsthand.

4 PM Travel back to Tel Aviv.

7:30 PM Dinner with Israel's Paralympic Trailblazers

Enjoy an exclusive dinner with The Center's Paralympic champions. Meet their coaches and representatives from the Israeli Paralympic Committee and engage in a meaningful conversation about shaping resilient communities, creating new opportunities, and empowering athletes to thrive.

Overnight: David Kempinski Tel Aviv





DAY 4: THURSDAY, NOVEMBER 20

THE JOURNEY COMES TO AN END

Enjoy breakfast at the hotel and checkout.

9:00 - 10:30 AM Inside Israel's Start-Up Nation: Meet the Innovators

How did Israel earn its reputation as the "Start-Up Nation?" Discover the answer during a visit to an Israeli startup, where you'll have the chance to speak with entrepreneurs and gain valuable insights into their groundbreaking work and the challenges they face.

11:00 - 12:00 PM Discovering Your Senses

See the world in a new way with the acclaimed Dialogue in the Dark exhibition, where you'll explore a sightless world accompanied by a sight-impaired guide.

Lunch

Hostage Square visit or meet with a released hostage.

Free time for Shopping.

4:00 PM Celebrating 65 Years of Life Without Limits

We'll conclude our journey at The Center in Ramat Gan, celebrating 65 as one of the world's leaders in adaptive sports. Join us for an inspiring event with children, parents, and volunteers from The Center, alongside Nova survivors benefiting from our Shesek program.

8:00 PM Group departure for airport for 12:05 AM flight to the USA.



