























July 26-27th 2025 Vindico Arena, Cardiff

www.ukcharityallstars.com



WEEKEND SCHEDULE

Friday Evening

Meet and Greet

Saturday

11.30AM - 7.00PM Day 1 Action

From 7.00PM Alistars Party

Sunday

12.00pm - 7.30pm Day 2 Action roeso to the 16th
Edition of the UK Charity
Allstars weekend.

We are delighted to be back at the Vindico Arena, here in Cardiff Bay and are looking forward to another great weekend with even more memories made on and off the ice. We are so lucky to be blessed with people from all around the United Kingdom taking part in our weekend and it was fantastic to be able to go back to Sheffield for last year's event.

After that C word that impacted everyone's lives, to be able to return to the rotation of venues that allows our players and supporters to be able to attend one of our events was one of the last 'tick boxes' to do to feel like we've found as much normality for out event.

Last year saw the event once again break the record of amount raised at one event, and this one was more special as this was the first time we went north of £150k in fundraising. It may seem like a broken record but we can't do this event without the players putting in fantastic efforts with their fundraising, and the supporters who continue to back our players. To consider we are all living in a cost-ofliving crisis and still able to not only raise huge sums but ensure that parts of our community are still supported is something that we all can be proud of. Will we do it again this year? Time will tell....

The 2024 season saw the debut of Mental Health Hockey, the progression from Team Mind and with the same spirit of the Barbarians, it allows the event to not only raise money for more



WELCOME FROM THE COMMITTEE

Mental Health causes, but it allowed for the advocacy of further causes through this event. They might not have lifted the main trophy at the end of the weekend, but it was another successful campaign and so far, 'off the ice' it's going to be another successful one.

These events need a lot of spinning parts to work together for it to work, and we do our 'thank you' further in the program, however from a committee perspective, we need to thank a few group of people for their efforts in this years event. The captains of all eight teams have once again stepped up and ensured that the teams have been as active as they are. We always ask so much of our captains and to their credit it's done without complaint – so thank you one and all for the work that you have put in to the 2025 campaign.

Cross Check Clothing for years have kitted out our Allstars on and off the ice, and not only are they hockey fans, but they also 'get' what the weekend is about and what we try to achieve year on year. The work they do with us but also with the captains to bring the ideas of all of the teams to life – and this year they've once again raised the bar. Pete, Ann-Marie, Ryan and the rest of the team thank you once again for what you have done for this year's event.

The first view of the Allstars weekend when you arrive at the rink – our front desk. These ladies work throughout the weekend ensuring

the sale of tickets goes smoothly, a problem that the committee doesn't have to worry about. Year on year they're the team that we trust the most and they never fail to deliver, so to Debs, Sharon and Susan – as ever thank you for all that you do on the desk.

The officials on and off the ice – without them we don't have a weekend on the ice, they're the events 'panto villians' but do so without complaint. The off-ice team keeps the scoreboard ran and work with our MC Craig to ensure that the games and the tournament goes smoothly. So, to Jason, Nathan, Andrew, Huw, Sarah, Andrew and Graham - thank you.

If you are a player, or one of the fans reading this and are in your seat for 12pm, take a look around when we do our group photo. Everyone on the ice will be taking part this year because the cause they're representing is important to them, or it's in memory of someone dear to them. Sunday will see a team lift the winner's trophy but everyone taking part and raising money for the teams on the ice are the true winners.

So, the best of luck to all players taking part, and to the fans in the stands pick your team and cheer them on to victory. Let's remember those no longer with us, who drive us all and the 'why' we take part in this weekend and let's enjoy Cardiff 2025.

Yours in Hockey

UK Charity Allstars Committee



CAPTAIN: DAVE WILLIAMS

It's finally here, UK Charity Allstars 2025.

It has been another amazing year for fundraising for us as a team. We have raised over £12,000 (at the time of writing) for around 20 charities across the UK, with more to come. Since the Barbarians team was formed ahead of the 2022 Allstars weekend, we have now raised over £50,000 for over 30 charities and good causes across the UK.

As my time as Captain comes to an end, I'd like to thank all the players that have worn the black and white kit over the last couple of years for all their fundraising efforts, laughter and friendship on and off the ice. This is only our fourth Allstars as a team but we've shown we're here to raise money for some incredible charities and have fun playing hockey with friends old and new.

We've won the competition and finished third in my first two years as Captain and I'm looking forward to seeing where we finish in the standings this year and how much we raise along the way.

Allstars 2025 is also the final tournament for two players who have been involved in the event far longer than I have. Simon Phillips and Claire Fay have decided that this year will be the last year that they pull on an Allstars jersey having represented a number of teams over the years. Thank you both for representing the Barbarians ethos of Leaving The World Better Than We Found It.

I'd also like to thank everyone who has supported me over the last couple of years as Captain. Hubbs and Wrighty, you've been right there to bounce ideas off, design jerseys and pick the team with. Brandon and Lee, you've become part of the Barbarians Brains Trust this year and have both been such a huge part of the organisation of the team behind the scenes.

Lee, thank you as well for designing the best Barbarians jersey we've had... so far! To my wife Bec, just thank you. Thank you for helping me with my fundraising, for putting up with me when... well, just putting up with me really! There's a reason you're the Director of Hockey for the team, you're the one that makes sure I get stuff done.

To all the players who have worn the black and white jersey, thank you for creating some amazing memories and as we're at the start of another Allstars weekend, let's create some more.

Let's go BaaBaas!!

BARBARIANS ROSTER

- 2 PAUL WRIGHT A
- 10 **CLAIRE FAY**
 - 11 LEE JONES A
 - 11 MARK PALMER
- 16 ABIGAIL FAY
- 17 **SAM PHILLIPS**
- 19 **STEVE WESTERN**
- 19 **SIMON LENNOX**
- 19 BRANDON MCADOREY A
- 20 LEWIS MCCULLOUGH
- 40 RACHEL ALEXANDER NM
- 40 DYLAN PHILLIPS NM
- 44 **SCOTT TAYLOR**
- 47 DAN FAY
- 47 **KEITH HINDE**
- 61 **SIMON PHILLIPS**
- 62 LEWIS PHILLIPS
- 64 ELENA STONER A
- 71 KIAN ROGERS
- 84 DAVE WILLIAMS C
- 90 GARETH SMITH
- 90 **JOSH CUMMINGS**
 - 91 GARETH HUBBACK A



CAPTAIN: STEVE MERRY

Wow, has it been a year already?

It's been a crazy year for us here at Mental Health Hockey. Firstly, I would like to congratulate our previous illustrious captain, Rachel, and her husband, Kieran, on the birth of their son and I'm sure he will be a future all-star.

I remember sitting in Slough one evening when I got a call from the committee asking me to take over from Rachel, and all I can say is that this has been a huge learning curve for me and I have enjoyed every minute of it. It's a huge honour to take over from someone who lives and breathes Allstars.

As a team, we are continuing to spread the word when it comes to Mental Health, with us supporting different mental health organisations. These are displayed on the players' jerseys throughout the weekend.

We have some fresh blood in the team this year as well as a good mix of former team players and I can safely say that the team have been amazing at welcoming them into the team. I just hope that no one from MI5 looks at our team WhatsApp chat. They have

as ever worked so hard in training money for all the charities we support. They have helped and supported each other throughout the year and I am proud to be their captain.

Once again, we have been supported by numerous sponsors, and the team has done an amazing job at sorting this for us by smashing our original target of £15k, at the time of print, we are at £28k.

A few of the examples of this are that some of the team have been raising money through physical challenges by taking part in various running events. Well done, Rob, Luke, Immy and Vikki. Our team, new guy Lee "Thor" Dodge, has been raising money at various gigs with his Rock Band, with people donating to him.

Wez Spurret, who is not here this year, has been amazing, raising money for us as well, through the Rob Craig Memorial Game. Welsh TV Star Vikki has been a powerhouse again, raising money and spreading the mental health message. Danny has been doing an amazing job with his Instagram Live interviews.

We are also supported off the ice by Ryan, Sarah and Leonie, who will be with us this weekend posting on our socials and helping us all out. We have our Rachel and Rob on

MENTAL HEALTH ICE HOCKEY ROSTER

the Bench as our coaching team.

I want to give a massive shout out to Arlo and Sam for the amazing efforts they have put in with their fundraising.

There are a few people I need to thank. Rachel and Danny for the help and advice throughout the year, especially when I first started as captain. Woody, for keeping me grounded and offering help, as well as all the social media posts you do for us. Vikki, Lewis, Woody, Rob, Ryan and Sarah have helped on the leadership team.

Thank you everyone for your support this year.

Steve and the MHH Team

BENCH COACHES ROB SMITH & RACHEL MILES

TRAINERS

ISAK MERRY & CONOR DUDLEY

MASCOTS ARLO CLARK & SAM DODGE

4 WILL FRY

- 11 VIKKI ALEXANDER A
- 14 LEWIS ASTILL A
- 16 **BETH THOMAS**
- 17 **JANNE VIRTANEN**
- 18 KIERAN MILES NM
- 19 **ANDREW DAVIE**
- 22 DANNY LANGHORN NM
- 23 LUKE STERRY
- 23 LIAM O'KEEFFE
- 25 STEVE MERRY C
- **27 JON JON ROGERSON**
- 27 LIAM PAGET
- 30 ADAM WOODLIFFE A
- **34 LUKE CLARKE**
- 45 **DEAN PRESCOTT**
- 56 **IMOGEN SKEY**
- 66 JAMES MORGAN
- 77 KATIE EDGINGTON
- 86 LEE DODGE
- 88 GARETH DUTTON
- 96 MATTHEW SALISBURY

PATRICK SMYTH

It's a game, it's a sport and it's a passion.

One which we all love being a part of. There is a level to which a culture has developed over the decades. The history will stretch back across all of the UK and Ireland. Be that the infamous 1936 Olympic victory when Edgar "Chirp" Brenchley scored the winning goal over Canada within the final 90s of the game at the Olympia-Kunsteisstadion in Garmisch-Partenkirchen to seal Gold for Team GB, or even to what we have no with that same national team returning to the top table of the IIHF World Championships across Switzerland next Spring.

But in that we often hear that the game needs to grow; to develop and we need more players coming through the ranks to ensure it remains strong. In years gone by we always have had the same question. "Are the players coming through" and in time yes, they have. The Tony Hands and David Longstaffs were succeeded by the Robert Dowds, Colin Shields or Jono Phillips.

And while at the top level of the game we have seen some hockey hotbeds, like that in the North East, fall silent from the EIHL, that has not stopped the development, nor the players, coming from those area. Billingham, birthplace of the aforementioned Mr Dowd, gained great success this season, while likewise you see players coming through at Telford, Solway, Bristol, Blackburn. This week in Manchester, Josh Crawley, himself the son of former Manchester Storm player Nick Crawley and Grandson of legendary kit man John "JC" Crawley, secured himself a professional contract with his home town team, having

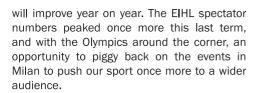
played his trade in Blackburn and a passing time in North America. Now time will tell if the likes of Josh get the ice time under Cam Critchlow to flourish and cement his place as a solid GB player. But the players are there.

The argument is always "where do they develop" and often countered by the idea that the EIHL "is not a development league" and yes, that to an extent is a sentiment I often agree with (apologies to my good friend Anthony Russell if he is reading this and rolling his eyes). But that is not to say the EIHL abdicates its responsibility to nurture the talent at the top table. Throw in to this, the successes of Team GB. Again, caveated by the sprinkling of dual-nationals like Ben Lake or Sam Ruopp, and as frustrating as this is to many, you need only look to Rugby Union or Cricket to see that this is not something unique to ice hockey. So, I would subsequently argue that the approach of the EIHL has drawn out its own successes with the standard of players delivering at the top level.

There is always more to do. There is always room for improvement and Ice Hockey UK, the EIHL and all governing bodies in the country should find a way to meet on common ground so often elusive due to their own goals and targets. But you need only look on the ice this weekend, at the number of people playing, the number of people watching, the number of people involved to see just how strong the game is among the public of the UK. People who play recreationally, people who play professionally, all coming together for a greater cause because they love the game.

The idea of the sport being a "well-kept secret" is a dying mantra. The game is flourishing and





Enjoy the weekend, enjoy the summer hockey, and as we all prepare for the circus to once more come to town over the autumn and winter, remember... to so many of us, this is as much of a culture, as it is a sport.



** At time of print







CAPTAIN: SCOTT SMITH-MYERS

All Stars 2025! Let's do this.

When asked if I would be captain for this year, my answer was undoubtedly yes. This was a huge honour for me as someone who has ties to charity through friends and as someone who has played and represented the charity at many events. I owe a big thank you to those who put faith in me to be captain this year, but less about me and more about the team.

I wanted this year to be a new start for the team, after a break away from the competition as it headed to Sheffield, a new captain and a new look was something I thought would be needed. Introducing our new logo. Based on the fictional 'Iron Giant', local artist Stu Bob helped to bring the vision to life. A logo and a character that symbolises safety and protection that the vulnerable children at Ty Hafan need.

Once the team was announced I set what I thought would be a big goal. A goal which would not only take it close to a record year for the Ty Hafan team but would also take the overall raised for Ty Hafan through the All Stars competition to over £100,000! As I

sit writing this, I'm delighted to say that we have smashed that target!

I have so many people that I would like to thank from Helen, Rachel and the team at Ty Hafan who have supported us in everything we have done, to our incredible sponsors who have helped make this year so special and to help us achieve our goals. A big thank you to all the friends, family, fans and everyone who have supported us throughout the year and who continue to support us over the incredible All Star weekend. The team have been phenomenal this year in fundraising and in getting involved with team visits to the hospice and social media interviews.

My biggest thank you goes to them! From walking Hadrian's Wall to cake sales and from half marathons to bingo cards, the team have really pulled together and raised so much money for this incredible charity. To all of you, Thank You. I appreciate everything you have done making my life easier and for the charity.

I hope to see as many supporters loud and proud wearing the Ty Hafan green and hopefully we can bring home some silverware.

Scott Smith-Myers #60

TY HAFAN ROSTER

- 60 SCOTT SMITH-MYERS C
- 28 DAMIAN HARTY NM
- 26 CJ DAVIES
 - 5 **BEN SMITH**
- 22 DAN SELF
- 55 EMMA GORDON
- **34 SPENCER TIMOTHY**
- **39 JOE TAYLOR**
- 93 EVAN COLES NM
- 58 **RICK STRANG**
- 16 MICHAEL HUTCHINGS A
 - 8 PHIL JONES
- 15 **JOSEPH MYERS**
- 11 LOKEL WONG
- 91 JAY CHARD
- 23 MATT KNIGHT A
- 51 JAMES DAVIES
- 7 HAYLEY JAYNE
- 37 **JEFF ROSS**
- 13 **CHRIS THOMAS**
- 50 **KYLE BAKER**
- 12 **LOUISE ADAMS**



CAPTAIN: BENNO THOMPSON

Once again, UK Charity Allstars rolls round, another year and another full throttle fundraising campaign.

This year, I have been given the honour to Captain BHF Hockey, raising vital funds for the British Heart Foundation.

I have big shoes to fill, its not every year you get given the challenge to follow a record-breaking year in both fundraising and performances for the team, however that is the challenge I have accepted.

First and foremost, I want to thank Gareth Dutton for leading the team for the last 2 years, guiding the team to 2 consecutive 5 figure totals, with last year setting the benchmark of £18k to reach. I hope the team this year will be a team you are proud of watching as well as the fundraising we have completed.

Secondly, I want to thank the committee for trusting me with this position of leading the team, pulling together a great group of people, raising vital funds for a cause that is close to many of the teams' hearts.

Thirdly, to my team of assistants and the most important CEO. Having your support to bounce ideas off, seek advice and provide counsel, has been vital in bringing together the team.

To everyone who has donated this year, from friends and family to companies and strangers that have a close link to people that they have lost due to heart issues, I want to issue my heartfelt thanks for supporting the team.

Returning to Cardiff this year will be emotional for some; however, it's an opportunity to make memories, and hopefully go one better than Sheffield 2024.

We have a few new teammates this year, some with some Allstars experience, and those that are new to the event and team. We have brought together a team consisting of former professionals, current league players, decent rec players and those who literally only play once a year.

We also have a couple of players who have moved to an off-ice role this year due to injury, however they remain key parts of the team, and their support will be vital as we push towards our goal!

Most of the team have personal reasons as to why we play for this team. Some of our

BHF ROSTER

team have children who have heart conditions, which mean times of worry and stress ahead, some of our team members have lost family members due to heart disease, sudden heart failure, suffering from their own heart problems, whilst some of the team where there when Craig collapsed on the ice and helped save his life.

Cardiff 2025 also marks a massive milestone for the team, 2025 is the 10th year that there has been a British Heart Foundation team at Allstars, and in the previous 9 vears the team has taken to the ice, we have raised over £72,000 collectively. From stepping onto the team as a late replacement in 2018, to being here now as the captain in a landmark year for the team is a testament to what the event is. Being part of a tournament started by two people and one game with 2 teams, to now being one of the highlights in the ice hockey calendar is truly special and I am lucky that I get to be a part of it year after year.

Now that we have reached the weekend. I hope all those involved have a wonderful weekend, and whilst Saturday and Sunday are about the hockey, the real winners are the charities involved and the vital funds being raised for amazing causes that benefit from the efforts of all those taking part.

Enjoy the hockey, enjoy the weekend and most importantly have fun!!!

- 85 DAVID GRANT (NM) A
- 29 RICHARD DEAN NM
- **26 NATHAN WEBB**
- **34 JAMES WOOD**
- 23 **ANDY WAY A**
- 48 PHIL MANNY
- **35 JOHN SISNETT**
- 76 LIAM KAY
- 89 DANNY KEELAN
- 56 TORR BALDWIN
- 93 PAUL PROCTOR
- 66 WILL JORDAN A
- **28 JOE WAIT**
- 26 JORDAN PHIPPS A
- 79 LUCY FARESTVEDT
 - 5 DAVE NASH
- 88 STEWART SMITH
- 72 BENNO THOMPSON C
 - 5 LAUREN DENNESS
- 86 ANNIE BOLTON
- 89 DAVID EATON
- 82 BRANDON BRENKLEY

Grant-Hubback Award

The Grant-Hubback award is given to a person who, in the opinion of the committee goes above and beyond what you would expect from an Allstar, named after two men serve within their own communities was an inspiration to the early years of the Allstars weekend, and certainly was the completed – those men being Owen Grant and Roy Hubback.

Over the years we have been blessed to have how the weekend looks with the way they fundraise and the lengths they go in promoting the advocacy of their cause, and that Owen and Roy was renowned for. The previous winners have all demonstrated in their own ways what it means to be an Allstar... and some and this year's winner is no exception. If you're reading this before the start of the weekend, please make sure you are at your seat by 11:30am to see this year's presentation.

Previous Winners

2011 - Susan Gray

2012 - Sharon Grant

2013 - Geraint Walters

2014 - Jo Hinde

2015 - Maureen Smyth

2016 - Marvin

2017 - Mia Thorne

2018 - Adam Clarke

2019 - Sarah/Andy Davies

2022 - Kelly Coles

2023 - Rachel Miles/Danny Langhorn

2024 - Rick Strang

2025 - ???

Who will win this award in 2025?



The Scarlett Cup

A new award in 2023, the Scarlett Seren Thomas award is presented to the person who, over the weekend epitomised the spirit, fun and positivity of the weekend, characteristics that was in abundance of the person who the award is named after, Scarlett Seren Thomas, a lively little girl who could like up a room with her smile.

Last year's winner was another easy selection, someone who not only works hard for the event in advance of the weekend, but works as hard during it. He also brings a huge amount of fun to his contribution and can cheer up even the most tired... allstar player.

2024 Winner Pete Weeks







SATURDAY'S FIXTURES

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12:00	1	Prostate Cancer UK	Mental Health Hockey
12:23	2	British Heart Foundation	Help For Heroes
12:46	3	Ty Hafan	Breast Cancer Now
13:06		Ice Cut	
13:21	4	Dreams Come True	Barbarians
13:44	5	Breast Cancer Now	Mental Health Hockey
14:07	6	British Heart Foundation	Ty Hafan
14:27		lce cut	
14:42	7	Dreams Come True	Help For Heroes
15:05	8	Barbarians	Prostate Cancer UK
15:28	9	British Heart Foundation	Mental Health Hockey
15:48		lce cut	
16:03	10	Prostate Cancer UK	Breast Cancer Now
16:26	11	Dreams Come True	Ty Hafan
16:49	12	Barbarians	Help For Heroes
17:09		lce cut	
17:24	13	Dreams Come True	British Heart Foundation
17:47	14	Ty Hafan	Prostate Cancer UK
18:07		lce cut	
18:22	15	Help For Heroes	Mental Health Hockey
18:45	16	Breast Cancer Now	Barbarians



SUNDAY'S FIXTURES

12:00	17	Ty Hafan	Help For Heroes
12:23	18	Breast Cancer Now	Dreams Come True
12:46	19	Prostate Cancer UK	British Heart Foundation
13:06		Ice Cut	
13:21	20	Mental Health Hockey	Barbarians
13:44	21	Prostate Cancer UK	Help For Heroes
14:07	22	Dreams Come True	Mental Health Hockey
14:27		Ice Cut	
14:42	23	Ty Hafan	Barbarians
15:05	24	British Heart Foundation	Breast Cancer Now
15:28	25	Dreams Come True	Prostate Cancer UK
15:48		Ice Cut	
16:03	26	British Heart Foundation	Barbarians
16:26	27	Ty Hafan	Mental Health Hockey
16:49	28	Help For Heroes	Breast Cancer Now
17:09		Ice Cut	
17:24	29	7th PLACE	8th PLACE
17:47	30	5th PLACE	6th PLACE
18:27		Ice Cut	
18:42	31	3rd PLACE	4h PLACE
19:02	32	1st PLACE	2nd PLACE

27.07.25



CAPTAIN: DAVY BROWN

Allstars, becoming Big Shoe and what it has all meant.

Where do I start to try and keep this short and sweet and not take up the whole programme.

I was drafted into Allstars in 2018 as a reserve and assigned Dreams as my team. I knew no one in the team but from my reccy hockey mates in Scotland was told this team was the place to be. How right they were for so many reasons. Its now 2025 and my 6th tournament due to the COVID stoppage. And I have always played for Dreams as from Day one Dreams became a family.

The whole Allstars community is one big family, and it stems from there. And I love each and every person that has been involved or is still involved in this amazing event in any way possible. So many good people all with one common goal. Raise as much money as humanely possible for all these great charities, Play Hockey extremely hungover, Enjoy yourself and then out out and POPWORLD.

Allstars is such an amazing event and to say I have contributed towards at all is amazing but as I hit my 6th and last year my fundraising total is hitting nearly 6k in total since 2018

individually and I am so happy I was able to help contribute to the total in such a positive way. Everyone fundraises in different ways which is to be admired, and it is difficult to get money but to see the event surpass £1 million total and be there when it did is something I will remember forever, and I am glad I was a small part in this amazing achievement.

The Committee are awesome David, Gareth, Geraint (The Dreams Dad) Kelly, Steve. I applaud your achievements guys; the amount of effort and planning that goes into this every year is a full-time job so hats off to you all.

My personal on ice Allstars experience has been a great one too. From making the final in 2018 and losing in front of Ethan Mclean bothered me as we so desperately wanted to do it for him. To soon realising it means nothing in the end as the charities and the event are the winner. To going to the 3rd place playoff in 2022 and winning that and getting a pic with Ethan and a trophy on the ice is fulfilling. We then had the incident with Craig Povnter in 2023 having a cardiac arrest in our game and being airlifted to hospital to going full circle of winning the whole thing last year in 2024 with Craig on the ice. And again, the Allstars community showed how quickly they turn a negative into a positive with the Last Night An Allstar Saved My Life campaign and

DREAMS COME TRUE ROSTER

the national defib campaign to get defibs in every rink in the UK and then the CPR training at last years event.

There are too many people to mention here but my Dreams Family will always be with me as I sign off especially our Captain Davy Brown maddest guy I know but extremely committed to this cause and our team and the event.

To all the kids we have helped I hope they have had some form of joy from what we do as a team for them because that's the biggest reason we do it and why others raise for their charities and their causes

And finally to the Likes of Brenda Walsh, Kelly Coles, Mr and Mrs Davies, Cross check, Photographers and the list goes on and on, Thank you for all you do as well, whether its working behind the scenes, in the score booth, or simply turning every year in the stands to watch, Thank you without you guys it doesn't work as it does.

Big Shoe #96 Dreams signing off saying ALLSTARS keep up the great work and if you haven't been involved yet get involved. It's the best thing you will do, and you will make a new family and help some amazing causes.

Let's have a blast in 2025 and my last Allstars weekend and remember "IT'S THE CHARITIES THAT WIN ALLSTARS EVERY YEAR OVERALL"

- **33 KEVIN PORTER**
- 99 **GEMMA DAVIES**
- **37 KURT TAROFF**
- 14 SAM HAZELDINE A
- **45 JACOB JACKSON-WYNCH**
- 00 BRIAN MCCALLUM
 - **3 HOBIE BLAIR**
- 22 **JENNIFER HEPP**
- 96 JORDAN SIMPSON
 - 7 GERAINT WALTERS A
 - 11 DAVY BROWN C
- 15 JORDAN POWELL
- 00 MIKE MCCRUDDEN
- 68 RYAN MARKS
- **24 SANIJS PETERSONS**
- 77 MEGAN RATHBONE
- 13 ADAM BAILEY
- **39 JASON BAILEY A**
 - **4 ASH TAYLOR**
- 86 JAMES FRAYLING
- **26 ANGUS WILSON**
 - **5 STEVE SANDERS**





CAPTAIN: MELISSA HEMMING-BOSWORTH

Team Heroes is back and ready for battle!

This year sees a mix of returning favourites and new players joining the squad, all pumped up for their first ever Allstars. With so many people wishing to give back to a charity that has helped them through some of the darkest moments of their lives, it's an honour to be able to host players that can tell you firsthand just how essential Help for Heroes' work really is

We'd like to give thanks to an important part of our 'Off Ice Team' in the form of our corporate sponsors, some of whom have returned for another year. HelloFreshUK and Nowak Transport Ltd are both back for 2025 along with Rapidfix Ceilings and local school charity Stepping Stones 4 Schools. Thanks again for your support...it really means the world!

So, what have we been up to this past year as we've been preparing for Allstars?

Well...our Heroes have been pushing the boundaries even further with their fundraising and what a build up it's been! Our returning Assistant Captain Jess Leslie and Goalie Ben Mills took on the Gosport 5k run...in full kit...in scorching heat! Father and son Pete and Ozzie

Frith went on the hunt for the infamous B29 bomber crash site in the Peak District, during a heat wave, in full kit...whereas our

Captain Mel Bosworth took things to the other extreme and carried out a swimsuit snowboard in the arctic circle! We don't do things by halves on this team!

As well as our returning Frith father and son duo, 2025 sees the return of The Kimbers! Not one, but three of them! The Kimbers bring a wealth of hockey and military experience to Team Heroes and we're honoured to have them back with us! As part of their fundraising this year, they have hosted the inaugural Team Heroes vs. Team Prostate charity scrimmage in Nottingham as a build up to Allstars which saw players from past and present jump on the ice to see who would reign supreme!

As Captain, it has been an honour to lead this group of players over the past 3 years and I am extremely proud of how they continuously pull together as a team to motivate each other and keep pushing the boundaries of what's possible. We've raised an incredible amount of money for Help for Heroes over the past few years and 2025 is no different. Our off-ice support team, Mark and Karen Locke, have been a core part of that motivation, continuously smashing targets and breaking team fundraising records. They

HELP FOR HEROES ROSTER

dedicate so much of their time to fundraising for Help for Heroes and taking charge of the charity mascot Hero Bear. We simply couldn't do what we do on the ice without them cheering us on in the background!

Make sure you visit them on the charity stall and see all the fun Heroes has going on over the weekend. You might even get a cheeky selfie with Hero Bear and his Pals!

Cardiff promises to be another epic year of hockey and Team Heroes is ready to lace up and take to the ice in pursuit of Allstars glory!

- 14 MELISSA
 HEMMING-BOSWORTH C
- 70 **JESSICA LESLIE A**
- 22 GEORGE HAWKRIDGE A
 - 6 SAMMO PAYNE
- 24 BETH HILL
- 96 AALIYAH HEMMING
 - 6 SARAH KIMBER
 - 17 GRACE RALPHS
 - 12 MICHAEL DE KEYSER
 - 15 BLAKE ADAMS
- 69 MORGAN BULL
 - **5 SALLY WILLIAMS**
- **30 LEIGH MCHATTON NM**
- 82 BEN MILLS NM
- 95 JAKE BROUGH
- 13 **OZZIE FRITH**
- 65 **PETE FRITH**
- **26 ASHLEY BURROWS**
- 41 EMMA ADAMS
- 77 **STEVE KIMBER**
 - 7 JAMES KIMBER
 - **3 WILL CRIT NOLAND**



ANTHONY RUSSELL

Earning power

Another year and another edition of "David Grant asks Anthony to fill column inches in the All Stars programme". Admittedly, he did at least message me after breakfast this time so that's a bonus.

I can't lie, it's been a bit of a weird year. 23/24 ended with me commentating on Peterborough winning the playoffs and then standing on the ice watching the celebrations as the curtain came down and the summer silly season began.

Romford nearly fell out of existence and the one year hiatus for my club became two because apparently, you can't play ice hockey in a depilated shed with subsidence. This led me to, again, staring at the fixture list and going off on my adventures. I covered the length and breadth of the country and saw some good and hilarious hockey again. I got the chance to call a playoff weekend again, to see and make loads of new friends and experience this great sport in ways I never imagined. It makes where I find myself at the time of writing all the more unusual.

Long story, short? The travelling in that way, is over for now. The fact that there's somewhere to hang my hat again is a nice feeling, if only for my wife because she now doesn't need to wonder if I'm in Swindon or Slough or wherever. I'll be in one place. I'll have a proper routine hockey routine back again where I will hit a load of the same points before the puck drops. It'll feel more normal again is what I told myself. Except it won't.

For those of you who missed it, the guy who spent all this time talking about Basingstoke and the NIHL has made the jump to the Elite League to commentate. Don't get me wrong, this isn't some sort of weird regret piece where I lament for what I'm missing out on by not being at the start of the new era. Also (and David will attest to this), it's not like I'm going to stop talking about the NIHL. It's where the future is, after all.

As ever, I like to try and give these articles a positive message because this is a positive weekend where people come together. They push themselves for something, which is raising money for charity and getting drunk at a roughly 70/30 split.

I wrestled heavily with this change. It's a big one where I wasn't sure if I could or even should take the leap. I wondered if I'd earned the right to do something big. The honest answer, if we look hard enough is that we have all worked hard for the things we want. I did have to give myself permission to accept that I've worked hard for this opportunity, even if there's a part of me that thinks I may never have earned it.

So that's my message to you, dear reader. If you're playing this weekend, you earned your spot so go and take every single second out there. Block every shot, shoot every puck you get the chance. If you're selling 50/50s or whatever this weekend, shout that little louder If you're struggling with what's happening away from the rink, you deserve to enjoy things and take those big chances when they come.

The right place is here, the right time is now and the right person is you. It might take some time to come to terms with it because it feels so self aggrandising to say "I earned this moment". This whole event started from a small idea that never stopped being bold

and brash and brave. If you're prepared to do the same then you will achieve that thing you want, or at least get close. If there's anything more All Stars than believing in what you can make of something, then I don't know what is.

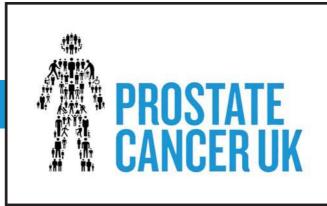
I wish everyone a fantastic weekend. Be safe, enjoy yourselves and please at least pretend to drink responsibly. I'm off to read social media to try and understand this Scott Conway chap. Wait, what?

Back in 2011. Anthony Russell started Banners On The Wall (https:// bannersonthewall.wordpress.com) to write about the Basingstoke Bison. Since then it has become a source of British hockey news and information in written and video format. After commentating for 4 clubs and at two NIHL playoff weekends, he became Guildford Flames' match night commentator for 2025/26. He will 100% get someone's name wrong and make someone cross before Christmas.









CAPTAIN: ROSS TOOMEY

Alright Team PC,

We're back. We've got sticks taped, skates sharpened, and enough tape on our ankles to mummify a goalie. As your returning captain, it's an honour to lead this wild and wonderful crew into another year of Charity AllStars mayhem, all for a cause that matters.

We've already raised an incredible £7,898 for Prostate Cancer UK, chasing that sweet £10,000 target like a breakaway in overtime. Every pound gets us closer to better treatments, greater awareness, and ultimately, a cure for prostate cancer, a disease that affects 1 in 8 men in the UK. We're not just here to play, we're here to fight for dads, brothers, mates, and future generations.

This year's team? An electric mix of fresh blood and seasoned vets. We've got rookies lacing up for the first time, and pros who've already broken ankles (on the ice, we hope). Two huge additions this year are Evan Mosey (GB international and Cardiff Devils dynamo) and Sam Gospel (Leeds Knights netminder and wall of human talent). With them on board, morale is sky-high, and so are expectations for post-game banter.

Oh, and let's talk about the jersey.

Designed by the creative genius that is Evan Mosey, it's what happens when leopard print crashes a neon rave inside a locker room. This is not just a jersey — it's a fashion revolution on skates. It's loud. It's proud. It's somewhere between retro-cool and retina-searing. Opponents might lose us on the ice, but no one's losing sight of this cause when we're dressed like legends.

If you haven't seen it yet, just picture a blue leopard, on Red Bull, at London Fashion Week. And yes, we absolutely skate faster when we look this good.

Let's also shout out our amazing sponsors, our friends and families, and everyone who's already chipped in or cheered us on. You are the reason we've made it this far, and if anyone out there is thinking of donating, now's the time to push us over the line and help us smash that target.

So here's the game plan:

- · Play with heart
- · Laugh often
- · Raise loads
- And remember: you can't cure cancer quietly. Let's make some noise, and make a difference.

PROSTATE CANCER UK ROSTER

See you on the ice, in the bar, and probably on someone's social feed wearing that jersey.

Ross Toomey (captain)

#TeamPC
#PlayForACure
#LeopardPrint
ForTheWin
#CharityAllStars
2025



- 51 ROSS TOOMEY C
- 17 EVAN MOSEY A
- 27 SAM GOSPEL
- 28 STEVE BOSWORTH A
- **44 JACOB DEMUTH**
 - 6 NATE WATT
- 93 PAUL BRAISBY
- 70 JOSH VIZOR
- 16 CHRIS MEE
- **27 ALED HOPKINS**
 - 9 **JEZ PORTER**
- 15 ELLIOT COX A
- 24 LUCAS MORGAN-D'SOUZA
 - **3 DEAN BAKER**
- 63 DAN PROUD
- 39 JAMES GUEST (NM) A
- 27 LAURA DANCE A
- 72 MATTHEW MARSHALL
- 39 MACKENZIE MCNAMARA NM
 - 11 CRAIG ROBERTSON
- 73 MCKENZIE PARSONS
- 55 ALEX WYATT
- 65 MATHEW CHURMS

BREAST CANCER NOW The research & care charity

CAPTAIN: JANU MICALLEF

It is my 3rd and final year as Captain for Breast Cancer Now. It's been an incredible journey, one which I will never forget.

UK Charity All Stars has been going since 2008. 17 years on and the organisation has gone from strength to strength, helping raise over £1 million for multiple, incredible charities. The organisers deserve every bit of recognition they get, they have made this a possibility and brought so many people together, whilst raising a huge amount of money.

£10,000 target for Team Boobies

I'm pleased to say that we have smashed the £10,000 target and the number is still climbing! The team has been working tirelessly over the last couple of months to raise the funds for Breast Cancer Now. Players and supporters have been taking part in lots of fundraising activities including raffles, race nights, bingo, 10K run challenges, sweepstakes, ice hockey games and 5-a-side football tournaments.

Where the money goes

Here is a little break down of what the money we have raised for Breast Cancer Now is used for, and how important it is to raise as much money as we can...

"£225 could pay for 1 day of research. That's another day of progress. A day closer to breakthroughs. And a day closer to a world where everyone with breast cancer lives, and lives well".

"£1,550 could keep our breast cancer support app Becca running for a whole year. Becca is your pocket companion to primary breast cancer, with reliable information and real-life stories from people who've been there".

"£3,200 could keep the Breast Cancer Now Tissue Bank open for 2 whole days. It's full of samples of breast cancer tissue and it's a crucial resource for our researchers. Using real tissue, they can make breakthroughs faster and find new ways to prevent and treat breast cancer, to stop the disease from taking lives".

As you can see, the money doesn't stretch that far, so it's incredibly important that we all pull together and raise everything we possibly can to defeat breast cancer.

It's not just about raising money!

fundraising Awareness: Every effort, regardless of the amount raised, serves to raise awareness of the charity, the work they do and why they do it. Whether it's a bake sale, a sponsored run, or a social media campaign, these activities spark conversations, educate people, and bring issues into the spotlight. This increased visibility can attract new volunteers and supporters and for health charities, it can also raise awareness of screening programmes and early identification of potential health issues.....so check your breasts!

Building connections: The fundraising has brought people together. Events, challenges, and fundraising is fun! We've all met new people, had a laugh and raised some money for a good cause.

The charity: Ultimately, the funds raised directly help the charity carry out its essential work. Breast Cancer Now do a lot of essential work! They promote the signs and symptoms of the disease, host free-courses, events, groups, have a helpline where you can speak to nurses, provide trusted health information, campaign for change and carry out world-class research that is working to tackle secondary breast cancer, develop better treatments, prevent and diagnose breast cancer early, and improve people's quality of life.

Team effort!

I have really enjoyed skippering Teamboobies, it's been challenging but lots of fun and really rewarding. I'd like to say a big well done to the team, you should be so proud of your efforts – turning up and encouraging your friends, family, work mates and anyone else you can find to support such a great cause. To think that our hard work could contribute to saving people's lives is a wonderful thing and you should all be chuffed. I hope the team have enjoyed the ride as much as I have. You're all legends!

A few words from our Assistant Captain Michael Cooke...

I've been playing hockey for three years with the Nottingham Cyclones. This is my second year hitting the ice with Team Boobies at the All Stars Weekend!

In 2022, my mum lost her battle with cancer. This tournament is my way of giving back, helping families cope with the challenges of a cancer diagnosis and treatment.

Last year, I tried to get my workplace involved in fundraising but missed the deadline. This year, I was determined to make a difference. I nominated Breast Cancer Now as an employee-chosen charity through The Access Foundation and worked with Rachael from BCN to secure a significant donation.

My wife, my best friend and teammate Martyn, and I also sponsored Team Boobies through our clothing company, Ruckus. We're joined by my PT and Physio who keep me just about fit enough to play the greatest sport in the world while supporting this amazing charity.

I'm pumped to pull on the Team Boobies jersey again! Fans, bring the noise and we'll bring the chaos!

Join us in supporting Breast Cancer Now along with all the amazing charities being represented this weekend through our Just Giving pages and let's make 2025 the best one yet!

All the Best, Michael x



Roster overleaf...

BREAST CANCER NOW ROSTER

- 28 JANU MICALLEF C
- 22 STEVE BAKER A
- 76 CORMAC O'KEEFE A
- 25 CHRIS CRONIN NM
- 55 MICHAEL COOKE A
- 73 **CHRISTOPHER DOWNEY**
- 67 **JOSEF TOMLINSON**
- 33 RICHARD MARTIN NM
 - 7 ANN MACLEAN
 - 11 MARTYN KETTLE
- 12 **HEATHER METCALF**
- 33 LUCY MATTHEWS
- 91 **KIERAN ANNIS**
- 95 **LUCY ELLIS-DAVIES**
- 13 **DYLAN WEBB**
 - **8 JEFF MONAGHAN**
- 69 **NIGEL ROOKE**
- 45 **AIMEE PARFITT**
- 90 MIKE HODGE
- **44 LEWIS STEVENS**
 - 21 WILLOW OATLEY
- 88 BEN BEST



















THANK YOU

As ever, the Allstar weekend takes a lot of different things to make it happen – and without them, we're not having as good a weekend as we do – so to all the following people/teams/companies – thank for your support in helping Cardiff 25 be the success we know it will be:

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