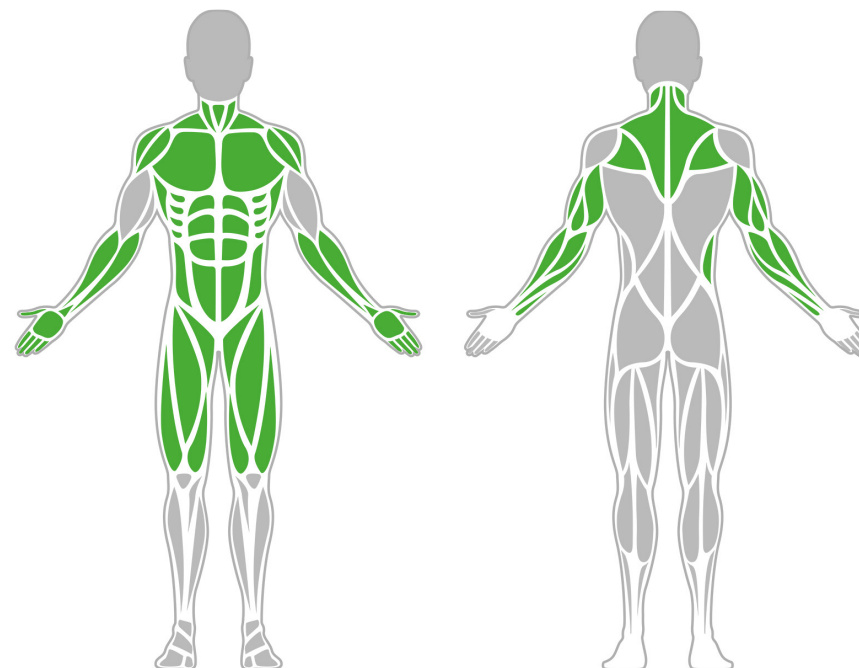




## Muscle Groups Focus



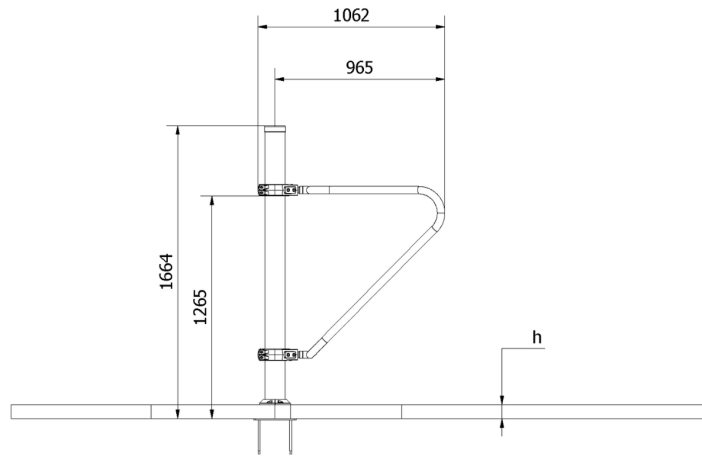
### Dip Bar - Lite

Push-ups are perhaps the simplest of the movements, yet they are a highly effective form of bodyweight training. Pushing is a great way to work and develop a wide range of muscle groups, and this dip bar is a great exercise tool. Thanks to its open design, everyone can find the optimal grip width for their body.

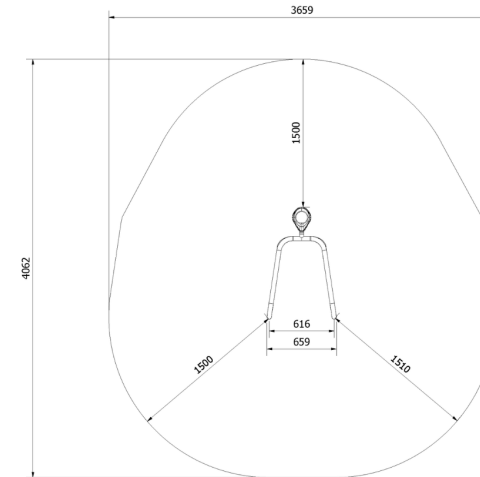
### Attributes

Product code	1-1-714
Certificate	EN 16630
Age group	14 + years
Capacity	1 person
Max. weight load	99 kg
Type	Calisthenics
Difficulty level	Medium

## Side View




## Plan View



## Installation information

Number of installers (concrete)	At least 2 people
Total installation time (concrete)	45-75 min.
Number of installers (equipment)	At least 2 people
Total installation time (equipment)	20-30 min.
Excavation volume	0.2 m <sup>3</sup>
Concrete volume	0.2 m <sup>3</sup>
Size of the base structure	0,5 x 0,5 x 0,8 m
Anchoring options	In-ground or surface
In combined structures, the volume of concrete required varies.	

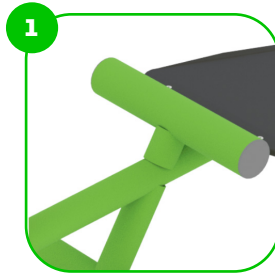
## Technical specification

Safety surface area	Around 1,5 m radius
Net weight	19 kg
Material	S235
Critic fall height	1375 mm
Color options	
For more color options, discuss with your sales representative.	

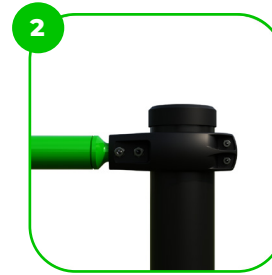
## Warranty

Structure	25-15 years
Steel	5-10 years
Paint	2 years
Plastic	5-10 years
Rubber	1-3 years
Moving parts	2 years
Detailed information in the warranty document	

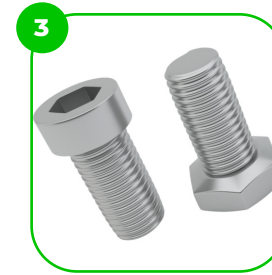
# Material specification



1 The element is made of high quality S235 steel, which has been cleaned via sandblasting. A corrosion resistant powder coating finish is then applied. Also available with galvanized surface for even greater protection and longevity!



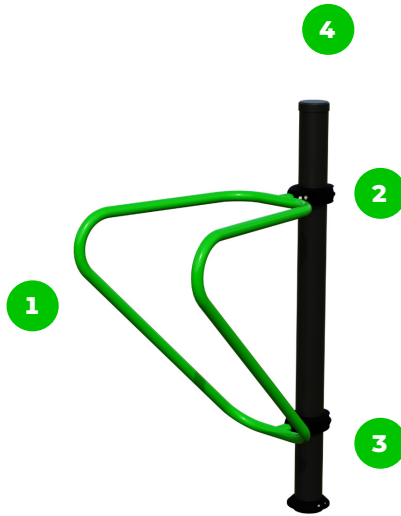
2 The plastic clamp system allows for easy assembly and extreme stability.



3 The connecting elements are fastened with vandal-proof stainless steel screws and nuts.



4 The ends of the bars and posts are sealed with injection-moulded plastic caps.



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