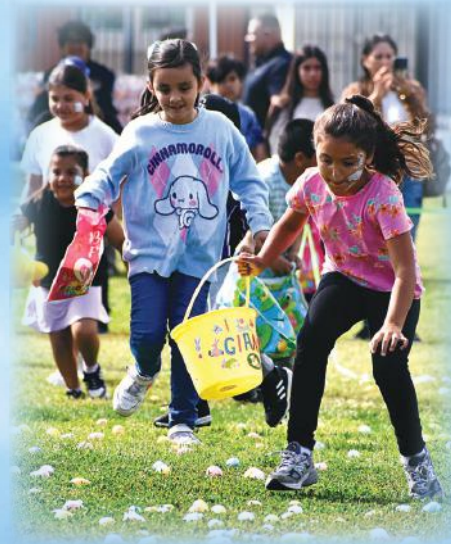




# *The* LAWNDALIAN

[www.lawndale.ca.gov](http://www.lawndale.ca.gov) | (310) 973-3200

En español: ¡Vea la pagina 14!



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*Egg Hunt*  
*2025*



# Welcome to the City of Lawndale

Lawndale City Hall is located at 14717 Burin Avenue. It can be reached by calling (310) 973-3200 between the hours of 7:00 a.m. and 6:00 p.m. Monday through Thursday. Website: [www.lawndale.ca.gov](http://www.lawndale.ca.gov)

## Lawndale City Hall

14717 Burin Avenue | (310) 973-3200 | [www.lawndale.ca.gov](http://www.lawndale.ca.gov)  
Hours: Monday - Thursday, 7 am to 6 pm

Mayor **Robert Pullen-Miles** ..... (310) 973-3214  
Mayor Pro Tem **Pat Kearney** ..... (310) 973-3217  
Councilmember **Sirley Cuevas** ..... (310) 973-3216  
Councilmember **Bernadette Suarez** ..... (310) 973-3219  
Councilmember **Francisco Talavera** ..... (310) 973-3218  
City Clerk **Erica Harbison** ..... (310) 973-3212  
City Manager **Dr. Sean M. Moore** ..... (310) 973-3202

### City Clerk

14717 Burin Avenue | (310) 973-3213  
Hours: Monday - Thursday, 7 am to 6 pm

### Community Development Department – Planning & Building

14717 Burin Avenue | (310) 973-3230  
Building Permits: (310) 973-3236 | Hours: Monday - Thursday, 7 am to 6 pm  
Building Inspector: (310) 973-3237 | Hours: Monday - Thursday, 7 am to 9 am  
Inspection Hours: Monday - Thursday, 9 am to 12 pm

### Community Services Department –

#### Harold E. Hofmann Community Center

14700 Burin Avenue | (310) 973-3270  
Hours: Monday - Thursday, 7 am to 8 pm; Friday, 7 am to 2 pm  
Saturday – see website for updated hours.  
*Closed on Sundays & City-observed holidays.*

### Municipal Services Department

14616 Grevillea Avenue  
General Info: (310) 973-3220  
Office Hours: Monday - Thursday, 7 am to 6 pm  
Patrol Hours: Monday - Sunday, 7 am to 6 pm  
Telephone Service: Monday - Sunday, 7 am to 6 pm

### Public Works Department

4722 Manhattan Beach Blvd. | (310) 973-3260  
Hours: Monday - Thursday, 7 am to 6 pm

## Parks and Facilities

### Dan McKenzie Community Garden

4324 W. 160<sup>th</sup> Street *(Must be a registered gardener to enter)*  
Hours: Monday - Sunday, Dawn to Dusk

### Jane Addams Park\*

15114 Firmona Avenue | Hours: Monday - Sunday, 10 am to 8 pm

### William Green Park\*

4558 W. 168<sup>th</sup> Street | Hours: Monday - Sunday, 10 am to 8 pm

### Rogers-Anderson Park\*

4161 W. Manhattan Beach Boulevard | Hours: Monday - Sunday, 10 am to 8 pm  
*Closes at 8 pm or Dusk, whichever is earlier.*

### Hogan Park

4045 W. 167<sup>th</sup> Street | Hours: Monday - Sunday, 10 am to 8 pm

### Hopper Park

4418 W. 162<sup>nd</sup> Street | Hours: Monday - Sunday, 10 am to 8 pm

### Rudolph Park

14725 Larch Avenue | Hours: Monday - Sunday, 10 am to 8 pm  
*Closes at 8 pm or Dusk, whichever is earlier.*

*\*Shared school/park site*

## County Services

### Sheriff's Service Center

15331 Prairie Avenue | (310) 219-2750 *(Use 911 for emergency purposes)*

### Sheriff's Department / South LA Station

1310 W. Imperial Highway, Los Angeles, CA 90044 | (323) 820-6700  
*(Use 911 for emergency purposes)*

### Lawndale Fire Station #21

4312 W. 147<sup>th</sup> Street  
Non-emergency dispatch: (310) 679-1131 | Office: (310) 676-4606  
*(Use 911 for emergency purposes)*

### Los Angeles County Help Line

Telephone Number 2-1-1

### Los Angeles County Lawndale Library

14615 Burin Avenue | (310) 676-0177  
Hours: Tuesday, Wednesday & Thursday, 10 am to 8 pm  
Friday & Saturday, 10 am to 6 pm.  
*Closed Sundays, Mondays & County Holidays.*

### Los Angeles County - Alondra Regional Park

3850 W. Manhattan Beach Boulevard  
General Information (310) 217-8366 | Reservations (800) 404-5888

## Important Phone Numbers

Animal Control Services.....	(310) 973-3220
Building Inspections.....	(310) 973-3230
Business License.....	(310) 973-3246
Lawndale City TV.....	(310) 973-3259
Chamber of Commerce.....	(310) 679-3306
Code Enforcement.....	(310) 973-3220
Community Development/Planning.....	(310) 973-3230
Community Services.....	(310) 973-3270
Emergency Preparedness.....	(310) 973-3220
Fire Department.....	(310) 679-1131
Graffiti Removal Hotline.....	(310) 973-3264
Lawndale Little League.....	(310) 489-2266
Library.....	(310) 676-0177
Neighborhood Watch (Sheriff's Department).....	(310) 219-2750
Parking Enforcement.....	(310) 973-3220
Personnel.....	(310) 973-3200
Post Office.....	(310) 679-9804
Railroad Information (Public Utilities Commission)....	(213) 576-7000
Senior Services.....	(310) 973-3284
Sheriff's Department.....	(310) 219-2750
Shopping Cart Retrieval Hotline.....	(310) 973-3264
Trash Pickup and Street Matters.....	(310) 973-3260

## Community Center Holiday Closures

Juneteenth Holiday  
Independence Day Holiday  
Labor Day Holiday

Thursday, June 19, 2025  
Thursday & Friday, July 3 & 4, 2025  
Monday, September 1, 2025

# City Manager's Office News

The City Manager's Office is located at City Hall and can be reached by calling (310) 973-3202. The City Clerk's Office is located at City Hall and can be reached by calling (310) 973-3213 between the hours of 7:00 a.m. and 6:00 p.m. Monday through Thursday.

## Welcome from the City Manager



**Dr. Sean M. Moore, AICP, DPA, MPA, MAPS  
ICMA-CM**

As the city manager, I have been reviewing all the details of our upcoming budget requests for the new fiscal year that begins July 1, 2025. I can assure you that I am keeping an eye on expenses and revenue so we may continue to serve you in a fiscally responsible manner. I am pleased to say that Lawndale is in good shape due to fiscal policies that the City Council has put in place over the years. What you may not know is that each year the state requires cities to have a fully balanced and approved budget adopted by June 30<sup>th</sup> of each year. The City of Lawndale strictly adheres to this requirement. This year is no exception. At the time of this writing (April) I have been meeting with department heads and going over the details prior to budget requests being submitted to the City Council for approval. Once finalized, the fiscal year budget is formatted in a manner that can be uploaded from the Finance Department to the city website for your convenience.

Regarding all things **COMMUNITY**, the Youth Day Parade may have been rained out this past April 26, but as we approach the warmer weather in summer and fall, staff continues their planning for our annual special events. These events draw the community and families together and make our City what it is!

On **June 7**, we have our Health & Safety event featuring the Pet Fair @ Jane Addams Park from 10 am to 2 pm. This is **ALWAYS** a great time for family and kids to enjoy a wide variety of booths, along with animals (sometimes exotic) and reptiles. For those music lovers, stay tuned! We have added a new music festival to the line-up of events this year, scheduled for its first year debut at Jane Addams Park on **June 28** from noon until 6 pm. Dust off your chairs, bring some snacks and settle in for a relaxing day at the park with a wide variety of music. These are just a few of the special events offered to the community. As we head into the fall and holiday season, you will see more information on the website and social media pages regarding community events and activities. Browse our website at [www.lawndale.ca.gov](http://www.lawndale.ca.gov) and our social media accounts to stay up to date on all things **COMMUNITY**! You can also call us at (310) 973-3200, Extension 0 or (310) 973-3288 to see what new event is just around the corner.

As a reminder, I continue to open my doors to members of the public for walk-in meetings twice a month, to informally talk on **all things Lawndale**, without an appointment. The first Wednesday of each month from 11 am to 1 pm and the 2<sup>nd</sup> Monday of each month from 8 am to 10 am. Feel free to call my office at (310) 973-3202 for any updates on the schedule; however, no appointment is necessary.

Wishing you and yours a safe, happy, and fun summer! I hope to see you and your family out in the **COMMUNITY**!



## City Clerk

### Did you know?

The City Clerk is the local official who administers processes such as elections, access to city records, and all legislative actions ensuring transparency to the public.

The City Clerk serves as a liaison to the public and provides easy access to information. The City Clerk is often the first person a member of the public contacts when seeking assistance from City Hall.

As the Custodian of Records for the City, the City Clerk is responsible for ensuring compliance with the Public Records Act and overseeing the Records Management Program.

The Office of the City Clerk coordinates, prepares and produces the City Council agenda and corresponding meeting materials for each City Council meeting. City Council meetings are held on the first and third Monday of each month. The agenda is posted on the City's website the Thursday before the scheduled City Council meeting. The agenda may be viewed on the City's website by visiting [www.lawndale.ca.gov](http://www.lawndale.ca.gov).

You may contact the City Clerk's Office at (310) 973-3213 for further assistance.

### On the cover:

Photos from the 2025 Egg Hunt Event.

Photos by Leuzinger High School Multi-Media Careers Academy students: Araceli Hernandez (main & right), Alexandra Cordova (left), and Alexander Alvarado (center).

# Community Development Department News

The Community Development Department (310) 973-3230 can be reached between the hours of 7:00 a.m. and 6:00 p.m. Monday through Thursday.

## New Businesses Coming Soon

### Mateo's Ice Cream (14611 Hawthorne Blvd.)

It is currently going through active construction. The ice cream store will be occupying vacant suites that were previously medical offices.

### Fat Tomato Pizza & ETL Boba (15734 Hawthorne Blvd.)

Currently in building plan check for revisions. Will be occupying vacant suites in the commercial plaza.

### Starbucks

(14400 Burin Ave.)

To be constructed in the existing parking lot.



### Zankou Chicken

(17100 Hawthorne Blvd.)

This new restaurant Zankou Chicken will occupy and remodel the former Boston Market restaurant. The scope of work is remodel of existing restaurant with interior dining and kitchen modifications. This restaurant has 12 locations within Southern California and is known for their spit-roasted chicken, shawarma, falafel, and tahini.



## Housing Element Update

The City's General Plan 2045 and its Housing Element sets forth goals, policies, and objectives for the next 20 plus years. The City has a 6<sup>th</sup> Cycle Housing Element (2021-2029) that was certified by the State's Department of Housing and Community Development Department, subject to several conditions of approval/program requirements. One of the program requirements is to rezone properties and establish a Housing Opportunity Overlay Zone. This overlay zone allows for more flexible zoning regulations to enable the construction of various types of housing and is a key part of the City's strategy to address housing needs. The Housing Opportunity Overlay Zone was established for various areas of the City and within the Hawthorne Boulevard Specific Plan. This Overlay Zone applies to areas with a hash line when viewing the City's Zoning Map.

For information visit the Community Development webpage at [https://www.lawndale.ca.gov/government/departments/community\\_development](https://www.lawndale.ca.gov/government/departments/community_development).



## Shop Local Home Improvement Rebate Program

*Introducing the City of Lawndale's Shop Local Home Improvement Rebate Program.*

**Program Details:** Each Resident of Lawndale is eligible to receive up to Five Hundred Dollars (\$500.00) in rebates for supporting local (Lawndale Based) businesses. Only receipts for home improvement related purchases are eligible for this program. Receipts for under \$50.00 cannot be combined. Receipts over \$50.00 will be rounded down to the nearest \$50.00 increment for rebates.

*For more information on this program please contact the Finance Department at: (310) 973-3246 or the Community Development Department at: (310) 973-3230.*



## How to reach us?



### Planning and Zoning, Building & Safety

Monday – Thursday, from 7 am to 6 pm

(310) 973-3230 – General Line

(310) 973-3206 / (310) 973-3240 – Planning Department

(310) 973-3236 – Building & Safety Department

### Building Inspections

Inspection Hours: Monday – Thursday, 9 am to 12 pm

Inspector's Office Hours: Monday – Thursday, 7 am to 9 am

(310) 973-3237 – Building Inspector

(310) 973-3236 – Building Permit Technician

### Building Plan Check

Plan Check Hours: Tuesdays only, 7:30 am to 11:30 am

Call (310) 973-3236 or (310) 973-3230 to reach the Building Plan Check Engineer.



# Community Services Programs

The Community Services Department is located at 14700 Burin Avenue, Lawndale CA 90260, and can be reached by calling (310) 973-3288 between the hours of 7:00 a.m. and 8:00 p.m. Monday thru Thursday; 7:00 a.m. and 3:00 p.m. Fridays. Saturdays, Sundays and City-Observed Holidays are closed until further notice.

## Seniors, Take Advantage of the Lawndale Special Transit!



The Lawndale Special Transit Program is a door-to-door service which operates Monday through Friday from 7:30 am to 3:00 pm and provides FREE transportation to Lawndale seniors at least 60 years of age. All rides must originate within the geographical boundaries of Lawndale, and all riders must live within City of Lawndale geographical boundaries. Rides are available for essential appointments such as medical, dental, laboratory, pharmacy or grocery shopping. Transportation is available for other purposes such as visits to the beauty salon, bank, post office, barber or others; however, medical and dental transportation takes precedent over all others. The Special Transit's medical service area includes rides to the incorporated cities of Lawndale, Hawthorne, Gardena, Torrance, Manhattan Beach and Redondo Beach. The designated transportation boundaries are as follows:

- Imperial Highway – Northern Boundary
- Torrance Boulevard – Southern Boundary
- Western Avenue – Eastern Boundary
- Sepulveda Boulevard – Western Boundary

To make a reservation for a ride, please call our 24-hour voicemail at (310) 973-3287 no less than 48 hours in advance and leave a message if the call is not answered. Calls will be prioritized on a first come, first served basis. Medical and dental appointments take priority over all others and will be scheduled first.

## Senior Destinations Lawndale Special Transit Trips are Back!

Seniors 55 and over are welcome to join us as the Lawndale Special Transit bus heads to local destinations like Parks, Farmers Markets, the Beach, Shopping, Art Galleries and more! The bus trip is free, but the fun is up to you!

Lawndale resident registration begins a week before the trip, and non-resident registration begins a day later.

For this month's trips, call the Hofmann Community Center at (310) 973-3288. Space is limited, so don't wait!

## Meals on Wheels

The City of Lawndale, in partnership with the Salvation Army, Redondo Beach, offers daily home delivered meals to Lawndale residents. The meals are delivered to Lawndale elderly residents 60 years of age or older who are unable to prepare their own meals due to illness, physical handicap, or condition. Meals are delivered to resident homes Monday through Friday, between 10:00 am and 12:00 pm, no meals delivered on weekends or holidays. The cost of meals is \$5.50 per day per meal, and participants will be billed monthly.

For information, please contact the Meals on Wheels program through the Lawndale Senior Services Division at (310) 973-3247 to get qualified.



## Senior Nutrition Program

The Lawndale Community Services Department offers a daily congregate meal program Monday through Friday from 11:30 am - 12:30 pm. Enjoy a delicious hot meal that includes the five primary food groups plus dessert provided by friendly Lawndale Community Services Department staff and volunteers. This program is intended to provide hot and nutritious meals for individuals seeking social interaction in a safe, clean, and relaxed environment. Participants must fill out a universal intake form to join the program. Seniors must be 60 or older to join the program. There is a suggested voluntary meal contribution of \$5.00 per lunch for qualifying participants. Guests under 60 years may participate at a cost of \$7.00 per meal.

For more information, or to make a meal reservation, please call (310) 973-3278 at least 24 hours in advance.

This program is funded by Los Angeles County and operated by the Community Services Department in conjunction with the Free Lawndale Special Transit Program. Transportation to and from the Senior Nutrition Program is available by calling the transit hotline at (310) 973-3287 no less than 48 hours in advance of the desired transportation date. For more information about this program, please contact (310) 973-3284.

## The Lawndale Senior Travel Club

Join us for a variety of excursions throughout the year, including casinos, museums, historical landmarks, and entertainment!

Call the Community Services Department at (310) 973-3288 for more information.



# Public Works Department News

The Public Works Department is located at 4722 W. Manhattan Beach Boulevard and can be reached by calling (310) 973-3260 between the hours of 7:00 a.m. and 6:00 p.m. Monday through Thursday. Public Works Department customer service hours are Monday through Thursday from 7:00 a.m. to 6:00 p.m.

## Capital Improvement Program Update

The Public Works Department is pleased to provide you with this quarterly update of the City's Capital Improvement Program (CIP). The program covers street, concrete, and traffic improvements (including sidewalk, curb and gutter), parks, and city facilities improvements. Projects are currently under construction or are in the planning and design phases.

## Current Projects

### Public Works and City Hall Facility Needs Project

This project is part of the American Rescue Plan Act offering a valuable opportunity for local agencies to enhance their infrastructure development. The Public Works and City Hall Facilities are upgrading the interior of their buildings which involves enhancing various aspects to improve functionality, aesthetics, and overall user experience. Key elements include renovating flooring, updating lighting, modernizing kitchens and restrooms, and refreshing paint/wall finishes. These upgrades will increase the building's value, improve energy efficiency, and create a more inviting environment for occupants and visitors. These improvements contribute to better safety standards and accessibility, ultimately fostering a more productive and appealing space.

### Parks Irrigation Systems Assessment, Design and Implementation Project

The irrigation project at Rogers-Anderson, Jane Addams, and William Green parks aims to improve water management and enhance the health of landscaping and recreational areas. This initiative will involve designing and installing a modern irrigation system that efficiently distributes water to various plantings, ensuring optimal growth while conserving resources. Key components will include installing drip lines, sprinklers, and moisture sensors to automate watering schedules based on weather conditions. The project also focuses on minimizing water waste and promoting sustainability. Ultimately, the improved irrigation system will contribute to a vibrant, well-maintained park environment, benefiting both visitors and local wildlife.



### FY 2023/24 Citywide Sign Replacement Project

The citywide sign replacement project aims to enhance safety, visibility, and navigation throughout the city by upgrading outdated or damaged signs with new, high-reflectivity materials that meet current standards. These improvements benefit drivers, cyclists, and pedestrians alike by reducing confusion, improving traffic flow, and supporting emergency response efficiency. The project also contributes to a cleaner, more modern city aesthetic.



### FY 2023/2024 Street Project

The City's annual street improvement program provides continual preventative maintenance to extend the life of Lawndale streets. The annual street improvement project consists of rehabilitation and reconstruction of City streets. The scope of work for this project includes pavement improvements, street striping, street reconstruction, repairing damaged sidewalks, driveways, cross gutters, and curbs and gutters. The improvements will occur on the following street segments:

- Mansel Avenue (147<sup>th</sup> Street to 145<sup>th</sup> Street)
- Burin Avenue (145<sup>th</sup> Street to Rosecrans Avenue)
- 145<sup>th</sup> Street (Hawthorne Boulevard to Larch Avenue)
- Larch Avenue (147<sup>th</sup> Street to Rosecrans Avenue)
- 165<sup>th</sup> Street (Freeman Avenue to Osage Avenue)
- Freeman Avenue (Marine Avenue to Cul-de-Sac)
- Eastwood Avenue (154<sup>th</sup> Street to Cul-de-Sac)
- Osage Avenue (154<sup>th</sup> Street to Cul-de-Sac)
- 153<sup>rd</sup> Street (Hawthorne Boulevard to Freeman Avenue)
- 154<sup>th</sup> Street (Hawthorne Boulevard to Larch Avenue)
- Larch Avenue (Manhattan Beach Boulevard to 153<sup>rd</sup> Street)
- Grevillea Avenue (Manhattan Beach Boulevard to 159<sup>th</sup> Street)
- 159<sup>th</sup> Street (Grevillea Avenue to Hawthorne Boulevard)
- Freeman Avenue (165<sup>th</sup> Street to 163<sup>rd</sup> Street)

The project is funded through Senate Bill (SB1), Prop C, Measure M, and General Funds. The project is scheduled to occur in the Summer of 2025.

### FY 2024/2025 Street Project

The City's annual street improvement program provides continual preventative maintenance to extend the life of Lawndale streets. The annual street improvement project consists of rehabilitation and reconstruction of City streets. The scope of work for this project includes pavement improvements, street striping, street reconstruction, repairing damaged sidewalks, driveways, cross gutters, and curbs and gutters. The improvements will occur on the following street segments:

- Firmona Avenue (147<sup>th</sup> Street to Rosecrans Avenue)
- Condon Avenue (154<sup>th</sup> Street to Marine Avenue)
- 153<sup>rd</sup> Street (Inglewood Avenue to Firmona Avenue)
- Wharff Lane (156<sup>th</sup> Street to Cul-de-Sac)
- 163<sup>rd</sup> Street (Grevillea Avenue to Cul-de-Sac)
- 165<sup>th</sup> Street (Firmona Avenue to Cul-de-Sac)
- 165<sup>th</sup> Street (Grevillea Avenue to Hawthorne Boulevard)
- 171<sup>st</sup> Street (Grevillea Avenue to Cul-de-Sac)
- 173<sup>rd</sup> Street (Firmona Avenue to Cul-de-Sac)
- 154<sup>th</sup> Street (Mansel Avenue to Grevillea Avenue)

The project is funded through Senate Bill (SB1), Prop C, Measure M, and General Funds. The project is scheduled to occur in the Fall of 2025.



# Public Works Department News

The Public Works Department is located at 4722 W. Manhattan Beach Boulevard and can be reached by calling (310) 973-3260 between the hours of 7:00 a.m. and 6:00 p.m. Monday through Thursday. Public Works Department customer service hours are Monday through Thursday from 7:00 a.m. to 6:00 p.m.

## CDBG 602487-22 Sidewalk & ADA Ramp Project

The City's annual Community Development Block Grant (CDBG) program provides continual preventative maintenance to repair existing damaged Lawndale sidewalks and ADA curb ramps. The annual CDBG Sidewalk & ADA Ramp project consists of removal and replacement of repairing damaged sidewalks, driveway approaches, ADA curb ramps, and curbs & gutters. The improvements will occur on the following street segments:

- Mansel Avenue (147<sup>th</sup> Street to 145<sup>th</sup> Street)
- 153<sup>rd</sup> Street (Hawthorne Boulevard to Freeman Avenue)
- 154<sup>th</sup> Street (Hawthorne Boulevard to Larch Avenue)
- Grevillea Avenue (Manhattan Beach Boulevard to 159<sup>th</sup> Street)
- 159<sup>th</sup> Street (Grevillea Avenue to Hawthorne Boulevard)
- Driveway Approach at 4321 W. 159<sup>th</sup> Street
- Driveway Approach at 15436 Mansel Avenue

The project is funded through Community Development Block Grant (CDBG) funds. The project is scheduled to begin in late April and be completed by mid-May 2025.

## CDBG 602719-24 Sidewalk & ADA Ramp Project

The City's annual Community Development Block Grant (CDBG) program provides continual preventative maintenance to repair existing damaged Lawndale sidewalks and ADA curb ramps. The annual CDBG Sidewalk & ADA Ramp project consists of removal and replacement of repairing damaged sidewalks, driveway approaches, ADA curb ramps, and curbs & gutters. The improvements will occur on the following street segments:

- Eastwood Avenue (154<sup>th</sup> Street to Cul-de-Sac)
- Mansel Avenue (147<sup>th</sup> Street to 145<sup>th</sup> Street)
- Grevillea Avenue (Manhattan Beach Boulevard to 159<sup>th</sup> Street)
- 159<sup>th</sup> Street (Grevillea Avenue to Hawthorne Boulevard)
- 145<sup>th</sup> Street (Avis Avenue to Prairie Avenue)

The project is funded through Community Development Block Grant (CDBG) funds. The project is scheduled to begin in the Summer of 2025 and be completed by end of Summer of 2025.



## Lawndale Security Improvement Project

The security camera project at the Public Works, Sheriff's Service Center, City Hall and Municipal Services Department facilities enhanced safety and security by installing a comprehensive surveillance system. The initiative involved assessing current security needs, selecting appropriate camera technology, and determining optimal placement for maximum coverage. The project focused on key areas such as entrances, parking lots, and high-traffic zones. Additionally, it included features like remote monitoring and data storage to ensure efficient management and response to incidents. By improving surveillance capabilities, the project deters unauthorized access, enhances safety for employees and visitors, and provides valuable evidence in case of security incidents.

## Putting a Stop to Illegal Dumping

If you spot an illegal dump site or graffiti in the public right-of-way, don't ignore it. *Instead, note the location and report it to the City of Lawndale Public Works Department at (310) 973-3260.* If you see someone dumping illegally, do not confront them. If possible, discreetly take a photo of the activity. Write down a description of the person, as well as vehicle make, color and license plate number. *Call the Lawndale Sheriff's Service Center's non-emergency number at (310) 219-2750 to report this activity.*

***Working together, we can keep our community looking good for residents and visitors.***



## Completed Projects

### ADA Transition Plan

The ADA Transition Plan project enhanced accessibility for individuals with disabilities throughout the city. The comprehensive initiative involved evaluating existing facilities, public spaces, and transportation systems to identify barriers and compliance issues with the Americans with Disabilities Act (ADA). The plan included specific strategies for making necessary improvements, prioritizing projects based on urgency and available funding. Community engagement was a key component, especially input from residents with disabilities. Ultimately, the project created a more inclusive environment, promoting equal access to city services and facilities for all citizens.

# Public Works Department News

The Public Works Department is located at 4722 W. Manhattan Beach Boulevard and can be reached by calling (310) 973-3260 between the hours of 7:00 a.m. and 6:00 p.m. Monday through Thursday. Public Works Department customer service hours are Monday through Thursday from 7:00 a.m. to 6:00 p.m.

## At-Home Composting

### Did you know?

The City of Lawndale is also providing residents with Food Waste Bins. As a result of the passing of Senate Bill 1383 the City has received grant funds to purchase food waste bins that can help decrease the amount of organic material in the landfills. These food waste bins are FREE for Lawndale residents. Proof of residency is required and there is a limit of one (1) bin per household as supplies are limited.



### Did you also know?

The City of Lawndale is providing Backyard Composting Bins for residents that want to create their own compost. These compost bins, like the one pictured to the right, are FREE for Lawndale residents. Proof of residency is required and there is a limit of one (1) bin per household as supplies are limited.



For information on composting classes visit the Smart Gardening Workshops at <https://cleanla.lacounty.gov/smartgardening/>.

## Contactless Document Shredding Day

**Saturday, October 18, 2025**  
**9:00 a.m. to 12:00 noon**

Lawndale Public Works Department  
4722 Manhattan Beach Blvd.,  
Lawndale, CA 90260



- Free, safe and secure document shredding.
- Max three (3) "banker" sized boxes of documents for shredding.
- Place boxes in the trunk of your vehicle and staff will carry them to the shredding trucks. Attendees must remain in their vehicles until informed by an attendant that their documents are shredded.
- Proof of Lawndale residency required.
- On-site shredding will be available on a first come, first served basis.
- Once the trucks are full, the event will be over.

For more information, please call the Public Works at (310) 973-3260.

## SHARPS Mail-in Collection Program

Republic Services offers the residents of Lawndale, at no additional charge, the collection of used Sharps. Within one week of request, a Sharps container will be delivered to each requestor for proper disposal. Simply call Republic Services at (800) 299-4898 to request a Sharps container.



## Do your part to keep Lawndale clean! – BULKY ITEM PICKUP SERVICE

### Guidelines and Instructions

- Single family homes get 6 free pickups per year. Multi-family residents get one bulky item pickup per year per unit.
- Republic Services will pick up 6 items at a time at no extra cost.
- Place items where trash and recycling are picked up.
- Items placed on private property will not be collected.
- Lawndale Municipal Code states that materials cannot be placed for collection earlier than 3 pm the day before the scheduled collection.

### Prohibited Items

- Construction Materials: wood, concrete, bricks, dirt, wall-to-wall carpeting.
- Auto parts: Car seats, batteries, doors, fenders, motors, gas tanks, tires.
- Items that cannot be safely handled by two persons: Spas, hot tubs, pianos, pool tables.
- Household Hazardous Waste.



Single family and multi-family dwellings that exceed the number of pickups or place more than 6 items out per pickup, or do not schedule their pickup in advance with Republic Services, will be charged a fee of \$27.72 for each additional item collected (rate subject to change in 2025).

To schedule a bulky item pickup, simply call Republic Services at least 24 hours in advance of your regular trash collection day at (800) 299-4898.

## Used Motor Oil & Filter Collection Program

Do you change the motor oil from your car, truck, motorcycle, boat, or lawn mower? Did you know that recycling used motor oil conserves energy and natural resources. Oil can be re-refined for reuse as motor oil or as fuel for ships. Oil filters, which are up to 80% steel, can also be recycled into useful products. It's up to you to make sure used oil and oil filters are properly discarded. Republic Services provides a free pickup service for residents to discard their non-contaminated used motor oil and filters. The Public Works Department provides supplies such as oil collection containers for the used oil and filters, funnels, and shop rags to make changing your own motor oil easy. Public Works is located at 4722 Manhattan Beach Blvd.

If you have any questions, please call (310) 973-3273. Thank you for doing your part in keeping Lawndale and our environment clean.



# Municipal Services Department News

The Municipal Services Department is located at 14616 Grevillea Avenue. Office hours for the Code Enforcement and Animal Control divisions are Monday through Thursday from 7:00 a.m. to 6:00 p.m. Staff is also available seven days a week by calling (310) 973-3220 between the hours of 7:00 a.m. and 6:00 p.m.

## Monthly Neighborhood Watch Meetings Open For All Residents

In August of 2024, the City of Lawndale staff in partnership with Los Angeles Sheriffs Department deputies began hosting Neighborhood Watch meetings. Neighborhood Watch began several decades ago after community members decided they wanted to play a larger role in assisting law enforcement with crime prevention and community policing. Over the years, the Neighborhood Watch program has evolved into a 100,000-person strong voice for citizens nationwide to meet with their local law enforcement personnel and speak safely about crime concerns, policing policies and other issues concerning residents.

Since that first meeting the City has hosted a half dozen Neighborhood Watch meetings and we are happy to say that the turnout has been very reassuring. Many residents who are concerned about their safety in Lawndale have attended the neighborhood watch meetings, in which brief presentations on safety and crime avoidance measures are given by deputies. LASD Captain Nicole Palomino or Lieutenant Ricky Osburn have attended all of the meetings along with LASD Sgt. Justin Smith and the Special Assignment Officers (SAO) Team. All meetings also have a question-and-answer portion at which time residents are free to ask deputies specific questions about safety issues, crime trends, home safety techniques, and other topics related to law enforcement and crime reduction.

*Please contact the Municipal Services Department at (310) 973-3220 for further information.*



## Lawndale to Host its Fourth Annual National Night Out Event this Summer



Each summer season in beautiful Southern California brings the promise of sunshine, hot days and warm nights, and wonderful outdoor activities with family. The City of Lawndale is happy to be a part of that family fun when the City hosts its annual National Night Out event. The event takes place on the first Tuesday in August and was created to honor and celebrate our Law Enforcement Professionals.

This is a Nationwide event which has traditions dating back several decades when communities decided that they wanted to host a collective celebration honoring local law enforcement. Since its humble beginnings, National Night Out has grown into a cross-country celebration where communities all across America host BBQ's, carnivals, live music, and activities to shine as a community in support of their law enforcement professionals.

This year's event will include a DJ, giveaways, community information booths, lawn games and other local guests. Our Sheriff's department will also be on hand to meet with residents, answer questions, and have fun with all of our community members.

There is no cost for admission and the entire community is encouraged to attend this one of a kind celebration. This year's National Night Out will be held on August 5<sup>th</sup> at the Lawndale Civic Center Plaza from 5:00 until 7:00 pm. If you want to have a fun night out with family, neighbors, and local community groups, then be sure and mark your calendars for this once a year event.

## Lawndale Beautification Committee



The Lawndale Beautification Committee has become a vibrant force in enhancing the city's charm and fostering civic pride. Composed of five dedicated volunteers, the committee works year-round to make Lawndale a cleaner, more welcoming place for residents and visitors alike.

Among the committee's signature initiatives are twice-annual community clean-up events. These efforts not only help keep Lawndale looking its best but also include added incentives like free yard sales and unlimited bulky item pick-ups, encouraging residents to participate in keeping their neighborhoods tidy and organized.

The committee's newest and most colorful venture is an art-in-public-spaces project. Local artists were invited to submit artwork that would be chosen to decorate utility boxes throughout the city, transforming once-overlooked infrastructure into vibrant displays of creativity. This initiative not only supports local artists but also adds a unique visual appeal to public areas.

The Lawndale Beautification Committee meets monthly, and the public is encouraged to attend. Whether you're interested in volunteering, contributing ideas, or simply supporting the city's beautification efforts, your participation is welcome and valued.

*For more information on upcoming events or how to get involved, visit the city's website or contact the Municipal Services Department at (310) 973-3220. Together, we can help Lawndale shine even brighter.*

# Community Services Classes

For questions pertaining to any of the following classes, please contact the Community Services Department directly at (310) 973-3270.

## Registration Information

Registrations for both Recreation and Senior Fitness Classes will begin Monday, June 16, 2025 at 7:30 am. Registrations are accepted using one of the two following methods:

### 1) Walk-in basis at Lawndale Community Center:

■ Monday – Thursday, 7:30 am to 5:00 pm.  
Cash, personal checks, money orders, cashiers checks, credit and debit (Visa, MasterCard and Discover) cards.

■ Monday – Thursday, 5:00 pm to 7:30 pm, Friday, 7:30 am to 2:30 pm and Saturday 9:00 am to 12:30 pm. Credit and debit (Visa, MasterCard and Discover) cards only.

### 2) 24/7 Online Basis: Visit the Youth Activities and Programs link at City website at:

<https://www.lawndale.ca.gov/cms/One.aspx?portalId=16676137&pageId=17108212> and look for the button Register Online go!

\*Online registration fees apply.

**Registration Details:** For online registrations, first time visitors will be required to setup up an Active Net account. Return visitors may register online using existing username and password. Pre-enrollment is strongly recommended, space may not be available for drop-ins on first date of class. All classes and activities are open to Lawndale residents, and non-residents.

\*Online registration fee:

Online Payment Receipts \$0-\$149 =

8.3091% + \$0.57

Online Payment Receipt \$149-\$499 =

4.4769% + \$5.68

Online Payment receipt \$500+ =

3.1996% + \$11.36

## Princess Ballet

Twirl into Princess Ballet! Dancers learn beginning ballet and gross motor skills in an encouraging environment for the budding ballerina. Class also includes short story times and a craft. Leotards, tights, and ballet shoes are required. \$5 craft fee per session. Please read before first class:

[socaarts.com/policies-procedures](http://socaarts.com/policies-procedures). #

**Location:** Exercise and Dance Room at Lawndale Community Center

**Ages:** At least 2.5 but less than 5

**Instructor:** SoCa Arts, Elysian Arts & Events, LLC

**July 10 - August 14, 2025**

**Fee:** \$79 | **Number of Classes:** 6

5529 Thursday 4 pm - 4:45 pm

## Beginning Ballet

Leap into the world of ballet! Dancers will learn beginning ballet with an emphasis on proper placement, musicality, spatial awareness, and coordination in this structured, yet nurturing class for the budding ballerina. Leotards, tights, and ballet shoes are required. Suitable for beginners and those continuing from princess ballet or tap combo class. #

**Location:** Exercise and Dance Room at Lawndale Community Center

**Ages:** At least 5 but less than 10

**Instructor:** SoCa Arts, Elysian Arts & Events, LLC

**July 10 - August 14, 2025**

**Fee:** \$79 | **Number of Classes:** 6

5526 Thursday 5:50 pm - 6:35 pm



## Ballet, Jazz, & Tap Combo

The perfect introduction to dance! Children learn beginning ballet, jazz, and tap in a fun, non-competitive environment. Class includes creative movement activities and participation helps improve gross motor skills, coordination, and rhythm. Leotards, tights, ballet and tap shoes are required.

**Location:** Exercise and Dance Room at Lawndale Community Center

**Ages:** At least 3 but less than 6

**Instructor:** SoCa Arts, Elysian Arts & Events, LLC

**July 10 - August 14, 2025**

**Fee:** \$79 | **Number of Classes:** 7

5527 Thursday 4:55 pm - 5:40 pm

## Pop Star Hip Hop

Dance like your favorite pop star! Children will learn hip hop and jazz technique and choreography to their favorite pop hits. Class promotes confidence, musicality, and stage presence. All movement and songs are age-appropriate. Athletic attire and sneakers required. #

**Location:** Exercise and Dance Room at Lawndale Community Center

**Ages:** At least 5 but less than 11

**Instructor:** SoCa Arts, Elysian Arts & Events, LLC

**July 10 - August 14, 2025**

**Fee:** \$79 | **Number of Classes:** 6

5528 Thursday 6:45 pm - 7:30 pm

## Soo Bahk Do, Korean Karate

Soo Bahk Do is a traditional Korean Martial Art program that focuses on effective self-defense techniques as well as the cultivation of the mind and body. Through training in Soo Bahk Do you will help boost self-confidence, improve fitness, relieve stress and push yourself to new limits. ##

**Location:** Main Event Room at Lawndale Community Center

**Ages:** 12 - Adult

**Instructor:** LLC, Duncan's Soo Bahk Do

**July 7 - August 28, 2025**

**No Class July 16.**

**Fee:** \$85 | **Number of Classes:** 16

5521 Mon/Wed 6 pm - 7 pm

## Soo Bahk Do, Korean Karate (Invitation Only)

Soo Bahk Do is a traditional Korean Martial Art program that focuses on effective self-defense techniques as well as the cultivation of the mind and body. Through training Soo Bahk Do you will help boost self-confidence, improve fitness, relieve stress and push yourself to new limits.

\*Students must qualify to enroll in this class. See Master Duncan for qualification information. ##

**Location:** Main Event Room at Lawndale Community Center

**Ages:** At least 7 but less than 13y 11m

**Instructor:** LLC, Duncan's Soo Bahk Do

**July 7 - August 28, 2025**

**No Class July 16.**

**Fee:** \$85 | **Number of Classes:** 16

5520 Mon/Wed 6 pm - 7 pm

#The fall session includes optional performance opportunities with additional fees. September-December enrollment required to participate in performances. Parents are asked to remain on site but outside the dance room during class.



# Community Services Classes

For questions pertaining to any of the following classes, please contact the Community Services Department directly at (310) 973-3270.



## Little Dragons A

The Little Dragons class is a beginning martial arts class designed to introduce children to the Korean art of Soo Bahk Do. Training focuses on improving motor skills, coordination, self defense, fitness and developing an "I CAN" attitude. ###

**Location:** Main Event Room at Lawndale Community Center

**Ages:** At least 5 but less than 12y 11m

**Instructor:** LLC, Duncan's Soo Bahk Do

**Session I: July 7 - August 25, 2025**

**No Class July 16.**

**Fee:** \$55 | **Number of Classes:** 8

5518 Monday 5 pm - 5:40 pm

## Little Dragons B

The Little Dragons class is a beginning martial arts class designed to introduce children to the Korean art of Soo Bahk Do Moo Duk Kwan. Training focuses on improving motor skills, coordination, self defense, fitness and developing an "I CAN" attitude. ###

**Location:** Main Event Room at Lawndale Community Center

**Ages:** At least 5 but less than 12y 11m

**Instructor:** LLC, Duncan's Soo Bahk Do

**Session I: July 9 - August 27, 2025**

**No Class July 16.**

**Fee:** \$50 | **Number of Classes:** 7

5519 Wednesday 5 pm - 5:40 pm

## Gym Babies

A fun basic gymnastics class for kids that builds movement skills through play! It starts with a warm-up of stretches, jogging, jumping jacks, and animal walks. The instructor cheers on each child, creating a positive vibe where everyone gains confidence. The class ends with a cool-down and a fun game to practice what they've learned.

**Location:** Main Event Room A at Lawndale Community Center

**Ages:** At least 1 but less than 3y 11m

**Instructor:** LLC, Just Dance Company

**July 8 - August 26, 2025**

**Fee:** \$100 | **Number of Classes:** 8

\$10 JDC T-shirt (must wear in class).

5540 Tuesday 4:30 pm - 5:30 pm

## Gym Kids Beginners

A fun basic gymnastics class for kids that builds movement skills through play! It starts with a warm-up of stretches, jogging, jumping jacks, and animal walks. The instructor cheers on each child, creating a positive vibe where everyone gains confidence. The class ends with a cool-down and a fun game to practice what they've learned.

**Location:** Main Event Room A at Lawndale Community Center

**Ages:** At least 4 but less than 7y 11m

**Instructor:** LLC, Just Dance Company

**July 8 - August 26, 2025**

**Fee:** \$100 | **Number of Classes:** 8

\$10 JDC T-shirt (must wear in class).

5543 Tuesday 5:30 pm - 6:30 pm

## Gym Kids Advanced

A fun, advanced gymnastics class for kids that builds key movement skills through playful activities. It starts with a warm-up full of stretches, jogging, jumping jacks, and animal walks to get everyone moving!

**Location:** Main Event Room A at Lawndale Community Center

**Ages:** At least 4 but less than 7y 11m

**Instructor:** LLC, Just Dance Company

**July 10 - August 28, 2025**

**Fee:** \$100 | **Number of Classes:** 8

\$10 JDC T-shirt (must wear in class).

5542 Thursday 4 pm - 5 pm

## Gym Juniors Beginners

A fun basic gymnastics class for kids that builds movement skills through play! It starts with a warm-up of stretches, jogging, jumping jacks, and animal walks. The instructor cheers on each child, creating a positive vibe where everyone gains confidence. The class ends with a cool-down and a fun game to practice what they've learned.

**Location:** Main Event Room at Lawndale Community Center

**Ages:** At least 8 but less than 14y 11m

**Instructor:** LLC, Just Dance Company

**July 8 - August 26, 2025**

**Fee:** \$100 | **Number of Classes:** 8

\$10 JDC T-shirt (must wear in class).

5541 Tuesday 6:30 pm - 7:30 pm

## Gym Juniors Advanced

A fun, advanced gymnastics class for kids that builds key movement skills through playful activities. It starts with a warm-up full of stretches, jogging, jumping jacks, and animal walks to get everyone moving!

**Location:** Main Event Room at Lawndale Community Center

**Ages:** At least 8 but less than 14y 11m

**Instructor:** LLC, Just Dance Company

**July 10 - August 28, 2025**

**Fee:** \$100 | **Number of Classes:** 8

\$10 JDC T-shirt (must wear in class).

5544 Thursday 5 pm - 6 pm



## \$35 plus tax for uniforms ordered from instructor. Optional testing every other session for \$25. See instructor for details. Optional Federation Membership for \$89. See instructor for details.

### \$35 plus tax for uniforms ordered from instructor. Optional testing every other session for \$15. See instructor for details.

# Community Services Classes

For questions pertaining to any of the following classes, please contact the Community Services Department directly at (310) 973-3270.

## Mexican Folkloric

**Location:** Exercise and Dance Room at Lawndale Community Center  
**Instructor:** LLC, Chapala Dance Academy  
\$15 uniform Fee. Additional shoes and costumes may vary.

### Mexican Folkloric For Beginners

The class introduces basic dance techniques and rhythms. Students will learn traditional movements and songs, building a strong foundation in this vibrant dance style. **Ages:** At least 3 but less than 18

**Session I: July 7 - July 30, 2025 | Fee: \$65 | Number of Classes: 8**  
5530 Mon/Wed 5 pm - 6 pm

**Session II: August 4 - August 27, 2025 | Fee: \$65 | Number of Classes: 8**  
5531 Mon/Wed 5 pm - 6 pm

### Mexican Folkloric For Intermediate

This class builds on prior experience, refining techniques and introducing advanced skills. Students will master new movements and learn traditional songs. **Ages:** At least 6 but less than 18y 11m

**Session I: July 7 - July 30, 2025 | Fee: \$65 | Number of Classes: 8**  
5532 Mon/Wed 6 pm - 7 pm

**Session II: August 4 - August 27, 2025 | Fee: \$65 | Number of Classes: 8**  
5533 Mon/Wed 6 pm - 7 pm

### Mexican Folkloric Invitation Only

This class focuses on professional-level techniques. Try-out and instructor approval are required for enrollment. You must be approved by dance director, prior to sign up. Please contact marthasfolklorico@gmail.com  
**Ages:** At least 3 but less than 17

**Session I: July 7 - July 30, 2025 | Fee: \$65 | Number of Classes: 8**  
5534 Mon/Wed 4 pm - 5 pm

**Session II: August 4 - August 27, 2025 | Fee: \$65 | Number of Classes: 8**  
5535 Mon/Wed 4 pm - 5 pm

### Mexican Folklore For Adults

This class introduces basic techniques and rhythms. Dancer will learn foundations of the dance style. No prerequisite or experience needed.  
**Ages:** 18+

**Session I: July 12 - August 2, 2025 | Fee: \$35 | Number of Classes: 4**  
5536 Saturdays 10 am - 11 am

**Session II: August 9 - August 30, 2025 | Fee: \$35 | Number of Classes: 4**  
5537 Saturdays 10 am - 11 am

### Mommy & Me Folklorico Class

The class introduces basic dance techniques and rhythms for children under 3 year old. Students will learn to listen and follow traditional music and songs. Parents are required to be with child to offer support for a fun and engaging class. **Ages:** 1-2

**Session I: July 12 - August 2, 2025 | Fee: \$35 | Number of Classes: 4**  
5538 Saturdays 9 am - 10 am

**Session II: August 9 - August 30, 2025 | Fee: \$35 | Number of Classes: 4**  
5539 Saturdays 9 am - 10 am

## OTHER LAWDALE COMMUNITY CENTER RECREATION FACILITIES

### 15-Station Fitness Room

Individuals must complete a waiver prior to working out for the first time. See reception office for details. Please bring a towel and wipe down equipment after each use. No food, or drinks allowed. Exception: bottled water. No children allowed in the fitness room. The maximum number of individuals in the room at one time is eight (8).

**Location:** Community Center, Third Floor

Dates	Day	Time	Ages	Fee
Ongoing	M - Th Fridays Saturday	8 am-7 pm 8 am-2:30 pm 9 am-12:30 pm	18+	\$0

### Fitness Room Orientation

The orientation will cover the proper use of strength training and cardio equipment, general principles of exercise, safety, policies and procedures for the Fitness Center, other available services and offers a chance to meet the staff. To schedule your orientation please call (310) 973-3277 or email Darrion Spratley / dspratley@lawndalecity.org.

**Location:** Community Center, Third Floor

Dates	Day	Time	Ages	Fee
July 8 August 12	Tuesday	11 am-11:30 am 6 pm-6:30 pm	18+	\$0

### Game Room

ACTIVITIES FOR TEENS include ping pong, foosball, checkers, chess, Xbox and hang-out time. Teens interested in bringing their own Xbox games must have them approved by staff before use.

ACTIVITIES FOR ADULTS AND SENIORS include ping pong, foosball, checkers, chess, cards.

**Location:** Community Center Meeting Room 1 **Instructor:** Staff

Dates	Day	Time	Ages	Fee
Seniors: June 3 - August 29	Tuesday Wednesday Fridays	10 am-12 pm	55+	\$0
Teens: June 5 - August 28	Thursday	1 pm-3 pm	Teens	\$0
Adults: June 3 - August 26	Tuesday	5 pm-7 pm	18+	\$0

### 9-Station Computer Room

Registration required. See reception office for details. Users will be required to obtain login credentials prior to using a computer station.

**Location:** Community Center, Second Floor

Dates	Day	Time	Ages	Fee
Ongoing	M - Th Friday Saturday	8 am-7 pm 8 am-3 pm 9 am-12:30 pm	18+	\$0



# Senior Programs

\*Silver Sneakers Members Welcome! Come Check out the Fitness Center and Classes for Seniors.

## Bingo

Enjoy a spirited round of bingo after lunch. No registration is required. Prizes included!

**Location:** Community Center Main Event Room, Full Room

**Instructor:** Volunteer

Dates	Day	Time	Ages	Fee
July 25, August 22, September 26	4 <sup>th</sup> Fridays	1 pm-2 pm	55+	\$0

## Watercolor

Enjoy making a fun and easy arts and crafts project after lunch. No registration required.

**Location:** Community Center Main Event Room, Full Room

Dates	Day	Time	Ages	Fee
July 7, July 21, August 4, August 18, September 15	1 <sup>st</sup> and 3 <sup>rd</sup> Mondays	1 pm-2:30 pm	55+	\$0

No Class on September 1

## Zumba Gold

**Location:** Community Center Main Event Room, Full Room

**Instructor:** OPUS Ventures, LLC (OV, LLC)

Dates	Day	Time	Ages	Fee
July 28 - August 26	Tuesday	8:30 am-9:15 am	55+	\$0
July 11 - August 29	Friday	9:45 am-10:30 am	55+	\$0

## Wellness for Seniors

**Location:** Community Center Meeting Room

**Instructor:** Harlika O' Balles

Dates	Day	Time	Ages	Fee
July 7 - August 28	Monday & Thursday	10:30 am-11:30 am	55+	\$0

- Physical Exercises based on senior's capabilities, mostly chair exercises.
- Tips on senior safety
- Discussions about specific food groups that are better for seniors' overall health.
- Breathing exercises and healthy tips for senior well-being.
- No registration required.

## Yoga Fusion (Chair)

Fusion is a refreshing blend of Yoga, Pilates, and functional movement, tailored to be performed while seated or using a chair for support. This class helps create stability and flexibility while creating a mind/body balance. A mindful meditation is included to complete the experience.

**Instructor:** Amalea Joy Fisher, LLC (AJF)

Dates	Day	Time	Ages	Fee
July 7 - August 27	Monday & Wednesday	9 am-9:45 am	55+	\$0

## Mindful Movement Chair Exercise

Is a gentle practice that combines stretching, mobility strengthening, and mindful movement, all with the support of a chair. Suitable for all levels, it's perfect for beginners or those seeking a gentler, restorative session. This class improves flexibility, strength, and balance while promoting relaxation, ending with a calming mindful meditation.

**Instructor:** Amalea Joy Fisher, LLC (AJF)

Dates	Day	Time	Ages	Fee
July 10 - August 28	Thursday	9 am-9:45 am	55+	\$0

## Arthritis Exercise Workshop

If your arthritis or other joint condition makes it difficult to participate in traditional exercise, this program is for you! Participate in low-impact exercises and gentle activities to help increase joint flexibility and range of motion, and to help maintain muscle strength. Sessions take place for 1 hour twice per week for 6 weeks. (This is a temporary six-week. Pre-registration is required this class is limited to the first 20 sign ups.)

**Location:** Community Center Dance Room

**Instructor:** Partners In Care Foundation

Dates	Day	Time	Ages	Fee
July 8 - August 14	Tuesday & Thursday	10 am-11:00 am	50+	\$0

## Cancer Treatments and CSB Services to Support Cancer Patients and Families

Come and enjoy a one-hour workshop presented by Cancer Support Community South Bay.

**Location:** Community Center Main Event Room, Full Room

Dates	Day	Time	Ages	Fee
May 22	Thursday	10:30 am-11:30 am	55+	\$0
July 24	Thursday	10:30 am-11:30 am	55+	\$0
August 28	Thursday	10:30 am-11:30 am	55+	\$0

## Mental Wellness Series for Older Adults

Come and enjoy a one-hour workshop presented by the Los Angeles County Department of Mental Health.

**Location:** Community Center Main Event Room, Full Room

Dates	Day	Time	Ages	Fee
Managing Your Medication				
May 5	Monday	10:45 am-11:45 am	55+	\$0
Preserving Your Memory				
June 2	Monday	10:45 am-11:45 am	55+	\$0
Holiday Blues				
July 7	Monday	10:45 am-11:45 am	55+	\$0
Social Isolation				
August 4	Monday	10:45 am-11:45 am	55+	\$0



# The LAWNDALIAN

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EN ESPAÑOL

## Noticias del Departamento de Desarrollo Comunitario

Puede ponerse en contacto con el Departamento de Desarrollo Comunitario (310) 973-3230 entre las 7:00 a.m. y las 6:00 p.m. de lunes a jueves.

## Programa de descuentos para mejoras en el hogar de Shop Local

Presentamos el programa Shop Local Home Improvement Rebate de la ciudad de Lawndale.

**Detalles del Programa:** Cada Residente de Lawndale es elegible para recibir hasta Quinientos Dólares (\$500.00) en reembolsos por apoyar negocios locales (Basados en Lawndale). Sólo los recibos de compras relacionadas con mejoras para el hogar son elegibles para este programa. Los recibos por menos de \$50.00 no se pueden combinar. Los recibos de más de \$50.00 se redondearán a la cifra inferior más cercana a \$50.00 para los reembolsos.

Para obtener más información sobre este programa, póngase en contacto con el Departamento de Finanzas en: (310) 973-3246 o al Departamento de Desarrollo Comunitario al: (310) 973-3230.



## Noticias del Departamento de Servicios Municipales

El Departamento de Servicios Municipales se encuentra en 14616 Grevillea Avenue. Las horas de oficina para las divisiones de Aplicación del Código y Control de Animales son de lunes a jueves de 7:00 a.m. a 6:00 p.m. El personal también está disponible los siete días de la semana llamando al (310) 973-3220 entre las horas de 7:00 a.m. y 6:00 p.m.

## Comité de Embellecimiento de Lawndale

El Comité de Embellecimiento de Lawndale se ha convertido en una fuerza vibrante para realzar el encanto de la ciudad y fomentar el orgullo cívico. Compuesto por cinco dedicados voluntarios, el comité trabaja todo el año para hacer de Lawndale un lugar más limpio y acogedor tanto para los residentes como para los visitantes.

Entre las iniciativas más destacadas del comité se encuentran los actos de limpieza de la comunidad, que se celebran dos veces al año. Estos esfuerzos no solo ayudan a mantener a Lawndale con su mejor aspecto, sino que también incluyen incentivos añadidos como ventas de garaje gratuitas y recoger artículos voluminosos sin límite, animando a los residentes a participar en el mantenimiento de sus barrios ordenados y organizados.

La aventura más reciente y pintoresca del comité es un proyecto de arte en espacios públicos. Se invitó a artistas locales a presentar obras de arte que serían elegidas para decorar las cajas eléctricas de toda la ciudad, transformando infraestructuras que antes pasaban desapercibidas en vibrantes muestras de creatividad. Esta iniciativa no sólo apoya el talento local, sino que añade un atractivo visual único a las zonas públicas.

El Comité de Embellecimiento de Lawndale se reúne mensualmente, y se anima cordialmente al público a asistir. Si usted está interesado en ser voluntario, aportar ideas, o simplemente apoyar los esfuerzos de embellecimiento de la ciudad, su participación es bienvenida y valorada.

Para obtener más información sobre los próximos eventos o sobre cómo participar, visite el sitio web de la ciudad o póngase en contacto con el Departamento de Servicios Municipales llamando al (310) 973-3220. Juntos, podemos ayudar a Lawndale a brillar aún más.





# Programas de Servicios Comunitarios

Para preguntas relacionadas con cualquiera de los siguientes programas, por favor contacte directamente al Departamento de Servicios Comunitarios al (310) 973-3288.

## ¡Adultos mayores, aprovechen el tránsito especial de Lawndale!



El Programa de Tránsito Especial de Lawndale es un servicio de puerta a puerta que funciona de lunes a viernes de 7:30 am a 3:00 pm y proporciona transporte GRATUITO a las personas mayores de Lawndale de al menos 60 años de edad. Todos los viajes deben originarse dentro de los límites geográficos de Lawndale, y todos los pasajeros deben vivir dentro de los límites geográficos de la ciudad de Lawndale. Los transportes están disponibles para las citas esenciales tales como médico, dental, laboratorio, farmacia o compras de comestibles. El transporte está disponible para otros propósitos tales como visitas al salón de belleza, banco, oficina de correos, barbero u otros; sin embargo, el transporte médico y dental tiene prioridad sobre todos los demás. El área de servicio médico de Special Transit incluye viajes a las ciudades incorporadas de Lawndale, Hawthorne, Gardena, Torrance, Manhattan Beach y Redondo Beach. Los límites de transporte designados son los siguientes:

- Imperial Highway – Límite norte
- Torrance Boulevard – Límite sur
- Western Avenue – Límite Este
- Sepulveda Boulevard – Límite oeste

Para reservar un viaje, llame a nuestro buzón de voz 24 horas al (310) 973-3287 con al menos 48 horas de antelación y deje un mensaje si no se responde a la llamada. Se dará prioridad a las llamadas por orden de llegada. Las citas médicas y dentales tienen prioridad sobre todas las demás y se programarán en primer lugar.

## Destinos para mayores Vuelven los viajes especiales de Lawndale!

Las personas mayores de 55 años son bienvenidas a unirse a nosotros cuando el autobús Lawndale Special Transit se dirija a destinos locales como parques, mercados agrícolas, la playa, tiendas, galerías de arte y mucho más. El viaje en autobús es gratuito, pero la diversión depende de usted.

La inscripción de los residentes en Lawndale comienza una semana antes del viaje, y la de los no residentes, un día después.

Para los viajes de este mes, llame al Centro Comunitario Hofmann al (310) 973-3288. El espacio es limitado, ¡así que no espere!

## Comida Sobre Ruedas (Meals on Wheels)

La ciudad de Lawndale, en colaboración con el Ejército de Salvación de Redondo Beach, ofrece comidas diarias a domicilio a los residentes de Lawndale. Las comidas se entregan a los residentes mayores de Lawndale de 60 años o más que no pueden preparar sus propias comidas debido a una enfermedad, discapacidad física o condición. Las comidas se entregan en los domicilios de los residentes de lunes a viernes, entre las 10:00 am y las 12:00 pm horas, no se entregan almuerzos los fines de semana ni los días festivos. El coste de las comidas es de \$5.50 dólares al día por almuerzo, y se facturará mensualmente a los participantes.

Para obtener información, póngase en contacto con el programa Meals on Wheels a través de la División de Servicios para Mayores de Lawndale en el (310) 973-3247 para obtener la calificación.

## Programa de Nutrición para Adultos Mayores

El Departamento de Servicios Comunitarios de Lawndale un programa diario de comidas congregadas de lunes a viernes de 11:30 am - 12:30 pm. Disfrute de una deliciosa comida caliente que incluye los cinco grupos principales de alimentos, además de postre proporcionado por el personal amable Lawndale Departamento de Servicios Comunitarios y voluntarios. Este programa está destinado a proporcionar comidas calientes y nutritivas para las personas que buscan la interacción social en un ambiente seguro, limpio y relajado. Los participantes deben llenar un formulario de admisión universal para unirse al programa. Las personas mayores deben tener 60 años o más para participar en el programa. Se sugiere una contribución voluntaria de \$5.00 por almuerzo para los participantes que cumplan los requisitos. Los invitados menores de 60 años pueden participar a un costo de \$7.00 por almuerzo.

Para más información o para reservar una comida, llame al (310) 973-3278 con al menos 24 horas de antelación.

Este programa es financiado por el Condado de Los Angeles y operado por el Departamento de Servicios Comunitarios en conjunto con el Programa Especial de Tránsito Free Lawndale. El transporte para ir y venir del Programa de Nutrición para Adultos Mayores está disponible llamando a la línea directa de tránsito al (310) 973-3287 con no menos de 48 horas de anticipación a la fecha de transporte deseada. Para más información sobre este programa, por favor llame al (310) 973-3284.

## Club de Viajes de la Tercera Edad de Lawndale

Acompáñenos en diversas excursiones a lo largo del año, que incluyen casinos, museos, lugares de interés histórico y espectáculos!

Llame al Departamento de Servicios Comunitarios al (310) 973-3288 para obtener más información.

The LAWNDALIAN is published biannually by the City of Lawndale and is distributed as a public service to the homes and businesses of the City. The City of Lawndale welcomes your comments, suggestions and questions regarding the LAWNDALIAN. Please write:

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14717 Burin Avenue Lawndale, CA 90260,  
or call (310) 973-3272, or email [jminter@lawndalecity.org](mailto:jminter@lawndalecity.org)

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# THE CITY OF LAWDALE REMINDS YOU THAT THIS

# 4<sup>TH</sup> OF JULY

## THERE ARE NO ILLEGAL FIREWORKS ALLOWED IN LAWDALE!

- Possession of illegal fireworks is a misdemeanor and punishable by fine, imprisonment, or both (LMC. 8.12.120)
- Property Owners may be cited for possession of illegal fireworks on their property
- Anyone using or possessing illegal fireworks will be cited, and the fireworks will be confiscated
- Violating parties shall receive citations as follows:
  - \$2,500 for the 1<sup>st</sup> offense
  - \$5,000 for the 2<sup>nd</sup> offense



City of Lawndale | 14717 Burin Avenue | [www.lawndale.ca.gov](http://www.lawndale.ca.gov) | (310) 973-3200

