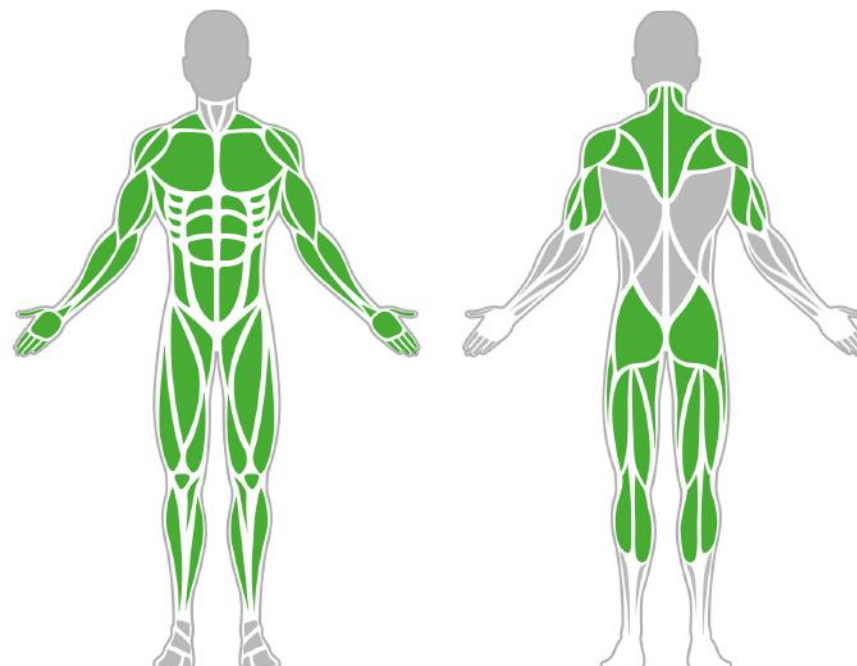## Muscle Groups Focus

Wall Bars 1900

The wall bar is one of the most versatile fitness equipment that can be used for a variety of exercises popular with own bodyweight training. With its help, the entire muscle profile can be trained and refined. In addition, the rib wall is not only suitable for strengthening, but also for stretching, and is one of the best aids for back pain or spinal complaints.
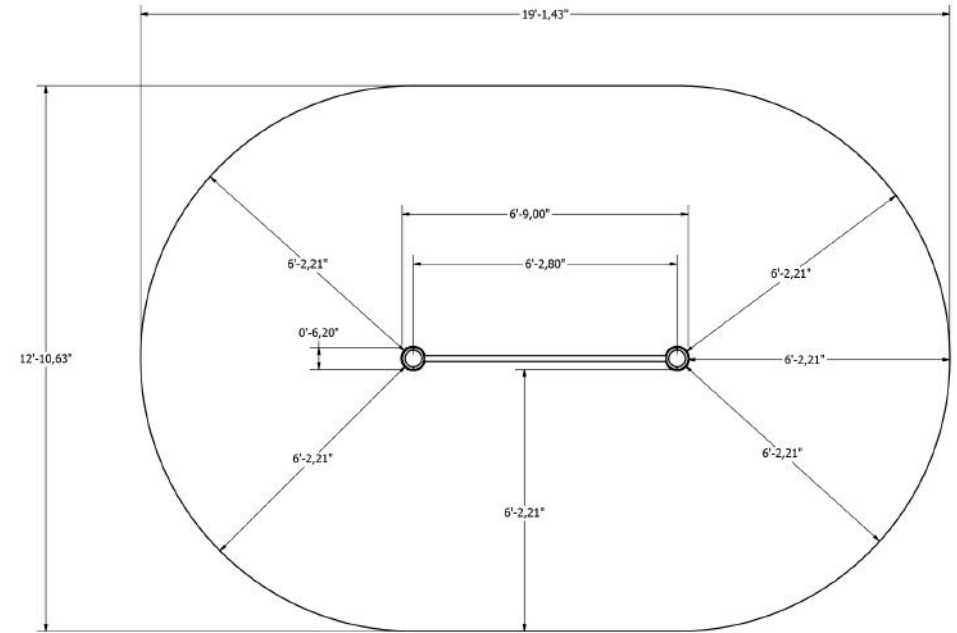
Attributes

Product code	1-1-027
Certificate	EN 16630, ASTM F3101
Age group	14 + years
Capacity	1 person
Max. weight load	218.26 lbs
Type	Calisthenics
Difficulty level	Easy

Side View
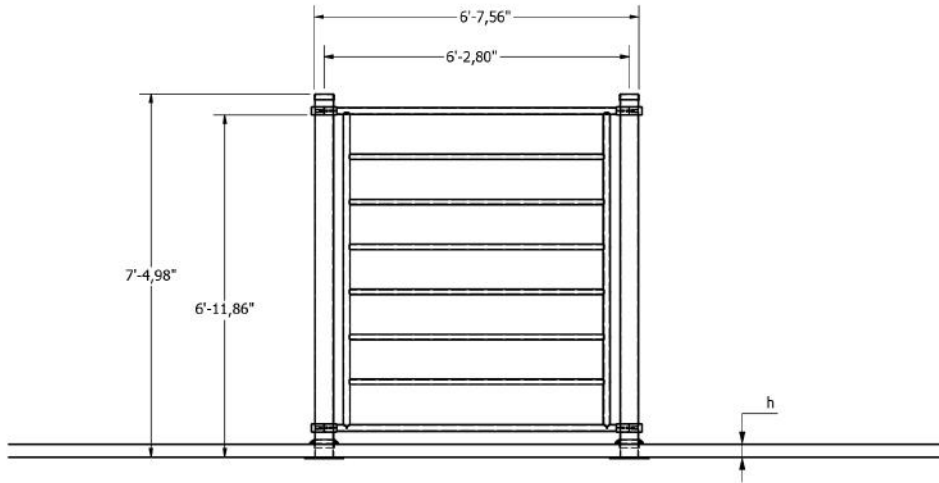
Plan View

Installation information

Number of installers (concrete)	At least 2 people
Total installation time (concrete)	45-90 min.
Number of installers (equipment)	At least 2 people
Total installation time (equipment)	20-30 min.
Excavation volume	14,13 ft³
Concrete volume	14,13 ft³
Size of the base structure	2pc 19.69 x 19.69 x 31.5 „
Anchoring options	In-ground or surface

In combined structures, the volume of concrete required varies.

Technical specification

Safety surfice area	Around 6.89 ft radius
Net weight	132.28 lbs
Material	S235
Critic fall height	81.69"
Color options	

For more color options, discuss with your sales representative.

Warranty

Structure	25 years
Steel	15 years
Paint	2 years
Plastic	5-10 years
Rubber	1-3 years
Moving parts	2 years

Detailed information in the warranty document

Material specification

1
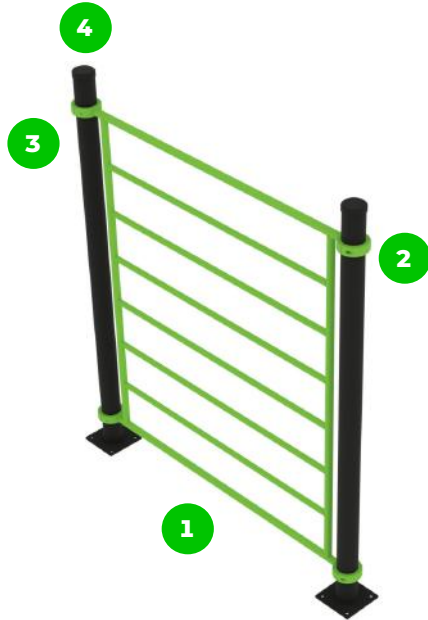
The element is made of high quality S235 steel, which has been cleaned via sandblasting. A corrosion resistant powder coating finish is then applied. Also available with galvanized surface for even greater protection and longevity!

2

The clamp system allows for easy assembly and extreme stability.

3

The connecting elements are fastened with vandal-proof stainless steel screws and nuts.

4

The ends of the bars and posts are sealed with injection-moulded plastic caps.

BESTRONG

Sport and fitness products are compliant with the EN16630 and ASTM F3101 Standards.