

October 6, 2025

Starling,

This Aries Full Moon is not meant to be tamed, but trusted.

It is a time to feel your fire, release hesitation, and act from the clear pulse of your heart.

Surrender to courage, open to decisive beginnings, and let instinct remind you: you are the spark and the path

xoxo, Twin Stars

Aries Full Moon • Sacred Rage

Artemis & the Hunt

Warrior's Heart

I hunt with the wild

I guard what is sacred

I rise with a warrior's heart





Under the Aries Full Moon, instinct returns to the throne. This is a culmination point that illuminates clarity, catalyzes courage, and consecrates action. With Mars in Scorpio and Mercury entering Scorpio, words and will have voltage. Tend anger as sacred fuel, not a wildfire; let it reveal the boundary, the truth, and the next devoted step. We stand between Mabon and Samhain, with the Crown Chakra overhead like a halo of seeds—gathered wisdom ready to descend and root.

Aries



Symbol: The Ram

Element: Fire

ARIES enthusiastic, energetic, passionate, identity-focused

Modality: Cardinal

initiates, activates, bold beginnings, action-oriented

Polarity: Yang (+)

outward, active, expressive, individualistic

Ruler: Mars

planet of will, desire, action, sacred rage, and assertion

Orientation: Personal

centered on self, instinct, and individual growth

Astrology & Energy

Aries Full Moon

Culmination, Courage, Action

Qualities: initiating, bold, independent,

present-focused, trailblazing

Shadows: impatience, reactivity,

self-focus

Medicine: move the body, choose one clear action, lead with heart

Mars in Scorpio

Depth, Precision, Power
Will with strategy; penetration of
surface to truth

Watch for stings in conflict; channel power toward purposeful aims.

Mercury in Scorpio

X-ray Insight, Transforming Words

Communication can feel like "electric

current": piercing honesty, sudden

reveals

Practice: journal for excavation; name the core truth you're avoiding

Antemis



Roman Equivalent: Diana

Origin: Ancient Greece - Olympian goddess, daughter of Zeus and Leto, twin sister of Apollo

Symbols: Bow and arrows, crescent moon, stag, hunting dogs, wild animals

Sacred Animals: Deer, bear, hunting dogs

Elemental Resonance: Fire (instinct, action) +

Earth (nature, wilderness)

Roles & Attributes

Protector: guardian of wild animals, young women, & sacred spaces

Huntress: embodiment of instinct, precision, & sovereignty

Moon Goddess: tied to lunar cycles, intuition, & liminality

Midwife: aided in the birth of Apollo immediately after her own birth

Avenger: swift to defend herself and her followers, often with sacred rage

Rite of Artemis: The Protector's Vow

Altar: a white candle, a bowl of water, a twig or small branch, and a simple cord/ribbon.

Center breath. Touch the water to brow and heart.

Speak: "I keep watch over the wild within and without."

Name one boundary you will honor. Tie the cord as a vow.

Extinguish the candle with fingers dipped in water, sealing fire with feeling rather than force.

Moon Reflections

Use these prompts to deepen your practice:

Where is instinct pointing me right now?

What boundary clarifies my love and self-respect?

What single bold step will I take this week?

How can I honor anger as sacred guidance rather than suppression or explosion?

What devotion makes my courage useful to the world?



. Stay in the Circle .

We'd love to see your ritual!





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